



First snow

If he were still with us, financier and one-time resident J.P. Morgan, who built Morgan Park, might have grabbed a camera to capture the beauty of the city's first snowfall there on Monday. The snow didn't last long, but it did make for picturesque views of the park.

New LIRR schedules leave O.B. commuters feeling forgotten

By LAURA LANE

llane@liherald.com

Many commuters on the Long Island Rail Road's Oyster Bay line did not celebrate Monday's launch of the new schedules, adjusted to accommodate service to the second Manhattan terminal, Grand Central Madison.

Service on the line has always been bad, they say, but now, with some trains canceled, it will be

even worse. Passengers on only two trains avoid a change at Jamaica — and even those trains still stop there. Additionally, the line uses diesel trains, which are slower than electric lines. The average ride time has always been over an hour, and now it will be longer.

Commuters like J.D. Patrick, of Glen Cove, have found a different way to get to Manhattan. "The Oyster Bay line has never

helped residents or bolstered the towns on it," Patrick said. "I gave up on the Long Island Rail Road. I drive to Forest Hills, park and take the subway.'

Roger Donnelly worked for the Metropolitan Transportation Authority from 1992 until 2019, when he retired. A subway electrical supervisor, the Sea Cliff resident commuted to Manhattan on the Oyster Bay **CONTINUED ON PAGE 14**

Seniors to have liaisons from county

By ROKSANA AMID

ramid@liherald.com

County Executive Bruce Blakeman has made the lives of senior citizens across Nassau County more convenient by signing a proclamation requiring county agencies to

designate a liaison for seniors. Blakeman put

pen to paper while visiting the Glen **Cove Senior Center** on Feb. 23. The initiative is set to give seniors better access to county services and benefits. He also presented a new bus to help with the center's transportation needs.

The county initiative, and the new bus, are steps in the right direction for seniors like Carol Rubin, who struggles to get around town. The 101-year-old attributes her longevity to a fair amount of luck and being physically active, but her social ties are most important to her.

Rubin said it's been difficult navigating the city without a car. She stopped driving in April 2022, when her eyesight affected

her driving. Riding the bus from the senior center gives her a chance to socialize and save money.

"Having the bus is a tremendous help," Rubin said. "If I didn't have the bus, I'd be taking taxis all the time."

The City of Glen Cove took steps to help its aging population when it became a Nassau County Age-Friendly Center of Excellence. The city is one of five Centers of Excellence in New York state. AARP's Net-

PAM PANZENBECK work of Age-Mayor, Glen Cove

Friendly Communities is an affili-

ate of the World Health Organization's Age-Friendly Cities and Communities Program, "an international effort launched in 2006 to help cities prepare for rapid population aging and the parallel trend of urbanization,' according to the website.

"I know Nassau County is filled with senior centers. I happen to think ours is stellar," said Glen Cove Mayor Pamela Pan-

CONTINUED ON PAGE 19

he senior center is a home away from home for so many

people.

OPENHOUSE March 11th & 12th 12:00pm - 3:00 pm



Country Pointe PLAINVIEW

Don't be fashionably late!

With over 90% sold, now's the time to visit L.I.'s #1 Lifestyle Community.

Country Pointe Plainview is a 55+ active adult community offering unsurpassed single-level living, the flexibility of a carefree home, an incredible 29,000sq.ft.+ Clubhouse & remarkable value.

Priced from \$760,000 to over \$1,000,000*

Appointments recommended.

Call today! 516-619-8135

Exceptional Amenities Included

- 29,000+ sq.ft. Clubhouse
- State-of-the-art Fitness Center
- Game Room & Card Rooms
- Movie Theater
- Outdoor Heated Pools
- Tennis, Pickleball & Bocce Courts
- Indoor & Outdoor Lounges & Bars
- and much more!

FINAL PHASE NOW SELLING!



SALES GALLERY OPEN DAILY 10AM – 5PM 1 Charles B. Wang Blvd, Plainview, NY 11803

BeechwoodHomes.com

*Prices, taxes and availability subject to change without notice. The complete terms are in offering plans available from the Sponsors. File No. CD16-0218, CD16-0219, CD16-0342, CD16-0343, CD16-0348 and CD17-0106. **Actual onsite photos. Equal housing opportunity.



HERALD NEIGHBORS



3

GLEN COVE HERALD - March 2, 2023

THE GLEN COVE Fire Department showed their support for the VFW members by attending the gala. Many first responders in the city are also veterans.

Roksana Amid/Heralo

Phoenix Rising fundraiser will help VFW rebuild

devastating fire left members of Glen Cove's James E. Donohue Veterans of Foreign War Post 347 without a home in August 2021. Since the fire, VFW members have been meeting at the Glenwood Landing American Legion Post. While they've appreciated the generosity, VFW members want to rebuild their home.

In December 2021, Glen Cove resident Gaitley Stevenson-Mathews joined with friend and owner of the View Grill, Jeanine DiMenna, to create the Phoenix Rising Awards, to help offset some of the construction costs. In a few weeks, a committee of nine was formed. Meetings were organized with the leadership of the VFW and plans were made to produce an event that would also honor the city's veterans.

The committee's second fundraiser was held on Feb. 4 at The Metropolitan, raising roughly \$23,000.

The gala and awards ceremony began with an invocation, the presentation of colors, a welcome on behalf of Mayor Pam Panzenbeck and former post commander, Ben Farnan. Throughout the evening, 11 awards were presented to veterans and veteran supporters. Plaques were presented to Fire Chief Robert Retoske and the Glen Cove Volunteer Fire Department on behalf of both the VFW and the Tribute and Honor Foundation in appreciation of their contributions to help rebuild the VFW. Additionally, the president of the foundation, Stevenson-Mathews, presented a 40-inch framed image of the Post's insignia to the commander on behalf of the foundation

board.

Below the insignia was inscribed, "JAMES E. DONAHUE VFW POST 347, Thanks to the resilience of its members and the support of the community, like a phoenix rising from the ashes, our beloved VFW Hall is restored."

The evening also recognized members of the VFW for their accomplishments throughout their careers and to their community. The scope of recognition was broad, also recognizing non-veterans for their support of veterans' causes.



EVELYN KANDEL RECEIVED the 2023 impact award from Wayne Cohen. She was honored for her service as a marine and contributions as a poet.



CHRIS CHRISTINE, LEFT, and Howard Stillwagon proudly held flags for the ceremony's opening.

Protesters take to their cars to condemn Santos

By ROKSANA AMID

ramid@liherald.com

About 30 drivers honked their horns while driving on a route from Nassau to Queens on Feb. 25. But they

GLEN COVE HERALD weren't doing so as a response to errors made by 2023 erratic drivers. Instead, the angry motorists from the March 2, North Shore's 3rd District had gathered to continue their protest to U.S. Rep. George Santos. They have never given up hope that they will convince Congress

> to expel him. The morning's caravan was led by MoveOn.org, Courage for America, Concerned Citizens of NY-03, other local activists and their dogs, who gathered for "Drive Out Santos," a constituent caravan.

The protest was unintentionally organized on the

backdrop of the "National Day of Hate," where white supremacist groups attempted to nationally organize antisemitic activities. Nassau police issued extra units to patrol across the county.

While campaigning, Santos claimed that he had Jewish heritage, but retracted his claim weeks later His confession prompted a backlash from Jewish groups, and Nassau County Democrats and

People like really understand the depth of what they did because he doesn't see it as anything serious.

DULCE URENA

resident, Glen Head

this is an insult to our country," Casey Sabella, a Glen Cove resident and community organizer with Courage for America, said.

Sachs.

is a charity he claims to have set up to

Furious protestors have said someone

with a character like San-

tos' shouldn't be represent-

semitism is growing and

becoming much more of a

the country, having some-

ibly offensive," Charlie Rob-

bins, a MoveOn member

that he'd earned a college

directly with Goldman

doesn't do something about

"Every day Congress

Santos also fabricated

and NY-3 constituent, said.

"At a time when the anti-

ing anyone in Congress.

help distressed animals.

The caravan's route included five stops that were physical representations of Santos's scams and scandals. The first stop was Michael J Tully Dog Park, which neighbors the Garden City Animal Hospital. It highlighted Santos' fraudulent animal charity. The next was Citibank in New Hyde Park, which highlighted San-



Trusts Create Order Out of Chaos

saying "trusts create order out of chaos" -for three major reasons:

First, as noted in previous columns, an ever-increasing number of Americans suffer a period of legal disability later in life. Without your own private plan for disability, consisting of a trust and a "prescription strength" elder law power of attorney, you run the risk of a state appointed legal guardian. Do you want the people you choose to be in charge in the event of your disability, with the freedom to act immediately in your best interests, or do you want the state to appoint someone who will require court permission to protect your assets and your family ---which permission is sometimes denied. A guardianship proceeding is expensive, time-consuming and stressful in other words, chaotic. Trusts create an orderly process whereby your appointed trustees consult with your elder law attorney and are free to act immediately without court interference.

Secondly, trusts avoid probate court proceedings on death whereby wills, even

At Ettinger Law Firm, we are fond of though supervised by an attorney, with two witnesses and a notary, must first be proven to be valid in court proceedings. The client has no control over probate court proceedings - the time they will take or the amount they will cost. Typically, it takes months and, not unusually, one to two years or more. Meantime, property cannot be sold and assets cannot be reached to pay bills. In other words, chaos. With a trust, the trustee may act immediately upon death, list property for sale and access investments and bank accounts.

> Thirdly, wills provide no plan for protecting your home and life savings either from the cost of in-home care or nursing home care. Nothing is more chaotic then seeing one's home and life savings used up in a few short years to pay for the high cost of long-term care. Properly drafted Medicaid Asset Protection Trusts (MAPT) protect your assets from long-term care costs and allow you to leave a legacy to your children and grandchildren. When the time comes, your MAPT will allow you to qualify for Medicaid benefits for your care at home or in a facility.



100 Merrick Rd., Rockville Centre • 3000 Marcus Ave., Lake Success Other offices in Huntington • Melville • Islandia



DULCE URENA, A Glen Head resident and daughter of immigrant parents, said Santos is a disgrace to American democracy.

tos' fabricated work history and the third stop, the Lake Success Jewish Center, was representative of his false claims of Jewish heritage. The fourth stop, Il Bacco Italian Restaurant, where he spent \$26,000, is a key player in the investigation being led by the FBI into Santos' campaign finances. The final stop, where dozens of protests were previously held, was the congressman's district office in Douglaston, Queens.

"There is no question in my mind that Mr. Santos is not fit to represent the people of Congressional District 3," Robbins said. "We have no idea what he stands for except himself and his power and greed."

One of the motorists protesting was Dulce Urena, a Glen Head resident and parent to two college-aged students. Urena is a physician at a night clinic for union laborers, a job she feels pays homage to both her immigrant parents who were also laborer's.

"I've been thinking about this as the

daughter of Dominican immigrants who left their country for a better life," she said. "For me, it's about preserving our democracy.

Urena said she wished she could do more than protest.

"In the few weeks they've been in recess in Congress he has not reached out to his constituents to see what it is that we need in the 3rd District, and we need so much to be done," Urena said.

That Santos admitted to fabrications in an extended interview with Piers Morgan, a British broadcaster on TalkTV, didn't surprise Urena. Although she said Santos' admission to lying was a step in the right direction, it's not good enough for her. She'd rather see him resign, since, she said, people voted for someone that doesn't exist.

"People like that don't really understand the depth of what they did because he doesn't see it as anything serious,' Urena said.



HOW TO REACH US

Our offices are located at 2 Endo Blvd, Garden City, NY 11530 and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday,

MAIN PHONE: (516) 569-4000

WEB SITE: glencove.liherald.com

12064

- E-MAIL: Letters and other submissions: glencove-editor@liherald.com
- EDITORIAL DEPARTMENT: Ext. 327 E-mail: glencove-editor@liherald.com
- SUBSCRIPTIONS: Press "7" E-mail: circ@liberald.com Fax: (516) 569-4942
- CLASSIFIED ADVERTISING: Ext. 286 E-mail: ereynolds@liherald.com Fax: (516) 622-7460

DISPLAY ADVERTISING: Ext. 249 E-mail: rglickman@liherald.com Fax: (516) 569-4643

The Glen Cove Herald USPS 008886, is published every Thursday by Richner Communications, Inc., 2 Endo Blvd. Garden City, NY 11530. Periodicals postage paid at Garden City, NY 11530 and additional mailing offices. Postmaster send address changes to Glen Cove Herald, 2 Endo Blvd. Garden City, NY 11530. Subscriptions: \$50 one-time payment within Nassau County or \$60 outside of Nassau County or by qualified request in zip codes 11542, 11545, 11547, 11548 or 11579 Copyright © 2023 Richner Communications, Inc. All rights reserved

5



RAISING HEALTH WITH AWARD-WINNING CARE

Glen Cove Hospital Northwell Health

Glen Cove Hospital is among the nation's best for acute rehabilitation—and we don't stop there. From achieving national recognition in nursing and patient experience to being named an Age-Friendly Center of Excellence, we're proud to offer our community a level of care that exceeds expectations.

Northwell.edu/GlenCoveBest







Commuters criticize long rides, canceled trains

CONTINUED FROM FRONT PAGE

line. Donnelly remembers his excitement when he heard about the East Side Access project, which he expected would make his commute easier. Ten years ago, he watched the work being done underground in Long Island City.

"I wish I had stayed at work long enough to try it," Donnelly said. "Originally, they said they wanted to run the Oyster Bay branch every half hour. We've always felt like the red-headed stepchild in Nassau County, compared to the Port Washington branch, which runs like a subway."

Seasoned Oyster Bay line commuter Sara Director, of Locust Valley, gave the Syosset line a try on Monday, though she worried that it would be hard to find parking. The new schedules are an inconvenience, she said, and will affect not only riders, but businesses near train stations, too.

People want to take the train where they live, Director said. She stops at local businesses near the station regularly for a cup of coffee or a bottle of wine, or buys a pizza for her family before driving home.

She'll miss doing so, but said she had to abandon the Oyster Bay line because the train she ordinarily takes home from Penn Station — the 4:49 p.m. — has been canceled, replaced by one at 4:24. Although the trip to Locust Valley on the 4:49 took 81 minutes, she had enough time to take her two children to sports events. The new train is too early for many people to leave work, and there isn't another train for an hour. That would get her in at 6:40, too late to take her children to their activities.

Although it seems to commuters as though trains have been cut from the Oyster Bay line, David Steckel, media liaison for the MTA, said that isn't the case. The number of trains will increase to 32 on weekdays, up from 28, Steckel wrote in an email. And there will continue to be off-peak, midday, weekday service every one to two hours, with weekend service every two hours.

Director signed a petition on change.org, which, as of press time, had garnered more than 1,700 signatures. It requests that the MTA create schedules that reduce travel time on the Oyster Bay line to Penn Station and Grand Central Madison during rush hour, among other sugges-

tions. The petition states, "In the 'draft schedules,' all morning rush hour trains to Grand Central or Penn will take between 80-83 minutes. That is not improved from the legacy schedules to Penn (76-81 minutes) and some commutes will actually be lengthened." *(See box.)*

According to Steckel, commuters will benefit from a 41 percent increase in service. "We will review, monitor and assess ridership patterns with customer feedback, and consider adjustments to the schedule where appropriate," he wrote.

The opening of the 700,000-square-foot Grand Central Madison terminal marks the conclusion of the MTA's \$11.1 billion East Side Access project.

Glen Cove Mayor Pam Panzenbeck said that residents were hoping that after so much money was spent on the project, they would benefit. Although there are three LIRR stations in Glen Cove, commuters say that the service is so bad on the Oyster Bay line that they often use the Manhasset station.

"I think they'd take the Oyster Bay line

if it was beneficial," Panzenbeck said. "People are very disappointed. They've been contacting me."

Frank Ferrante, of Glen Cove, works in Midtown Manhattan. Although the MTA needs to do a better job for commuters on the Oyster Bay line, Ferrante said, he is hopeful that, with the new terminal, there will be positive changes ahead.

First on his list is a genuine express train. The LIRR's



THE NEW SCHEDULES make trips on the LIRR's Oyster Bay line longer, and some popular trains, like the 4:49 p.m. from Penn Station to Locust Valley, have been eliminated.

version now saves only four minutes, he said. "It would be nice to get a true express train that skips a few stops," Ferrante said, "so we could have, like, a 45-minute ride."

As for traveling to another station, Ferrante said it isn't worth it. Once in a while he'll drive to the Manhasset station to experience a 30-minute train ride, but it takes 15 minutes to get there, he said.

 On Feb. 21, Glen Cove Councilwoman Danielle Fugazy Scagliola cosigned a letter with Assemblyman Charles Lavine, addressed to Janno Lieber, chair and CEO of the MTA, and Catherine Rinaldi, interim LIRR president, sharing their concerns about the impact of the new schedules on North Shore commuters. Fugazy Scagliola and Lavine also asked for an increase in service on the Oyster Bay branch. They have not received a reply.

Fugazy Scagliola has ridden the Oyster Bay line for 25 years. "After spending billions of dollars, no one's commute should be worse," she said. "When the MTA works on a line, we're like the forgotten line."

Fugazy Scagliola went to the first meeting between the MTA and area municipalities about service changes to accommodate the trains going to Grand Central Madison in 2020, but when the coronavirus pandemic hit, the meetings were discontinued. When she saw the new schedules, she called Lavine and asked for help.

"The East Side Access is an historic development, but some commuters are being disadvantaged," Lavine said. "I want to work with the MTA to take steps so riders are pleased with the experience. It's a democracy, and our voices will be heard, and in the end, there will be accommodations."

What incenses longtime Glen Cove commuter Dawn Bartolotta is that people using the Oyster Bay branch pay just as much as other riders and get less. "At this point, I want a discount on my ticket for having half the service as other lines," Bartolotta said. "It's so unfair."

Excerpts from LIRR petition

The change.org petition lists proposed solutions for perceived problems on the LIRR's Oyster Bay line.

• MTA should add an additional rush-hour train direct to Penn Station on the O.B. line. While other LIRR lines will get increased direct service to NYC, Oyster Bay will be stuck with only one direct rush-hour train to Penn, at 5:50 a.m., and this train is being lengthened from 76 to 82 minutes.

• MTA should pilot an "express train" on the O.B. line during rush hour. Many other LIRR branches have express trains, but every O.B. train stops at every station — many of which are only two to three minutes apart, in some cases less than a half-mile. Ideally, express trains would make convenient connections at Jamaica, allowing faster service to Grand Central.

• MTA should invest in battery-electric trains for the O.B. line. The line has 13 miles of unelectrified track east of East Williston, and the branch is serviced by a fleet of diesel trains. In 2021-22, the MTA conducted a pilot test using Alstom's battery-electric trains on the O.B. line. The technology was proven effective and significantly less expensive than full electrification.

Battery-electric trains would improve service/capacity across the LIRR network; allow the MTA to replace the noisy, carbon-emitting diesel fleet with quiet, reliable, zero-emission trains; help New York state meet its energy objectives; and minimize the need for electric substations.

The petition can be found at change.org/p/improveservice-on-the-oyster-bay-lirr-line.

runs like a subway.

ROGER DONNELLY Former commuter, Sea Cliff

e've always

felt like

the redheaded

Nassau County,

compared to the

Port Washington

branch, which

stepchild in

WHITESTONE FORI Astoria Lyn Flushing Hun Ditmars Gle Bayside

NE FOREST HILLS LYNBROOK G HUNTINGTON GLEN COVE

Gaint Datricks HIGH-RATE CD SPECIALS!

 $4.76^{\%*}_{APY}$

09 MONTH CERTIFICATE OF DEPOSIT

*Annual Percentage Yield. *\$500 Minimum Balance. *Certificates of Deposit.

4.60%*

10 or 14 MONTH CDS

OPEN ONLINE MYFCSB.COM/CDS



*Certificate of Deposit (CD): The Annual Percentage Yields (APYs) are effective as of 02/16/2023 and subject to change at any time. To earn the APY, the account must be opened with and maintain a minimum balance of \$500. Stated APY assumes principal and interest remains on deposit for

the term of the CD. Early withdrawal penalties apply. Fees may reduce earnings. Terms and conditions apply. No brokered deposits accepted.



First Central Savings Bank

Participating in, instead of watching, history

Susan Gottehrer couldn't ignore inequality, even as a young girl

By KARINA KOVAC

he described herself in college as a "timid soul" with a fear of public speaking. Meet Susan Gottehrer now, and you'll find out that's nowhere near accurate.

The 60-year-old is director of the Nassau Chapter of the New York Civil Liberties Union, advocating through the years for women's and LGBTQ+ rights, along with police reform and overall equity. She is using her decades of experiences to continue developing class consciences — all of which started during her days at SUNY Oneonta.

"I somehow fell in with the political crowd," Gottehrer said. "I didn't feel like a well-formed person at that point at all, but I guess I had it in me because we became student leaders."

As in leading fellow students to lobby for lower tuition fees in Albany, speak out against the 21-yearold drinking age, and attempt to keep Ronald Reagan from winning another presidential election.

But when Gottehrer graduated in 1985, she found options for women like her were limited. Unless becoming a secretary was a career goal.

"Unfortunately, I could actually (type) very well, and so I became an executive secretary," she said but on her own terms, of course.

"I said, 'OK, well, if I have to be a secretary, let me at least be a secretary to nonprofits that I care about." So, I got into the communications department at the March of Dimes."

Created by Franklin D. Roosevelt in 1938 during the polio epidemic, the March of Dimes took on a noble task of working to prevent birth defects and infant mortality.

Yet, eight years in, Gottehrer was not feeling fulfilled. She needed a change and wanted to start a family. She had met a man she wanted to marry — but who was going to take whose last name? Not exactly the kind of conversations couples had at the tail end of the 20th century, when there wasn't much talk about equity.

Gottehrer harked back to when she first started consciously thinking about gender as a young girl.

"I was developing a conscience about it," she said. "When I would be sitting in temple and listening to God be referred to as 'he,' I didn't know it at the time, but I really did have a very rebellious spirit from the time I was little."

That spirit would become more pronounced as she grew older, coming to a head during early married life and motherhood. It was there she faced the decision between family or career.

"Ironically, I had my first child and I did not want to go back to work," Gottehrer said. But she also had good reason. Her mother died when she was 7, and Gottehrer wanted to spend time with her baby.

"It went against all my feminist everything to say I want to be home with my children," she said, doing exactly that, although she acknowledges losing "a lot of career time."

Gottehrer's son, however, ended up with her name, not her husband's.

When her son was old enough, Gottehrer went back to school, earning her master's degree in public administration from New York University in 1993, and another master's in political science from the New School for Social Research in 2010. She also attended Columbia University to become a certified social studies teacher.

Using that knowledge, Gottehrer has taught along the way as an adjunct at Pace University, Adelphi University and Long Island University. But she hasn't taught since before Covid-19.

"If they call, I'll teach," Gottehrer said, stressing



Courtesy Susan Gottehrer

SUSAN GOTTEHRER, DIRECTOR of the Nassau chapter of the New York Civil Liberties Union, has witnessed, participated and taught about the power of protests and essential need to speak up for rights and overall human equality.

HISTORY MONTH

that "it's really super-important to be able to teach the good and the bad — what a country has done because we learn from history."

Those topics have included government and radical social movements. Living through many of the definitive moments of human history, Gottehrer talks to students about the various movements that have been used so effectively over the years such as Act Up — looking to improve the lives of people living with AIDS — the structures of power that take away a person's dignity, and having community voices shouted from on top of the soap box.

All of these play a role with her finally ending up at the ACLU, where she most often advocates for police reform in New York.

"I have a really hard time describing why I do this work," Gottehrer said. "It relates to power, and it relates to dignity and powerlessness. And it relates to the most intense sense of outrage, that anybody thinks that they can have power over somebody else's life and their dignity."

Gottehrer believes in the promising power of dignity, and how having — or not having — it can lead down very different paths.

"It gives people hope," she said. "It gives people a positive path forward. When you are treated with punishment, it is demeaning. It is condescending. It is somebody exerting power over you. And usually, if you take two human beings, and take a negative path of one and take a positive path with the other, the one that you give the positive path to is going to do better."

Gottehrer says her biggest achievement with the NYCLU is the implementation of a police reform report analyzing law enforcement conducted in Nassau County.

"The prison system and the jail systems are the most entrenched and difficult to change because of how the people inside those structures are viewed," she said. "These faces are some of the most closed in our society, and the most dangerous because of that."

Yet, so much work still needs to be done.

"There is a at least a five-times-more-likelihood that Black and brown communities will be stopped, patted down, field interviewed, or any of those things," Gottehrer said. "As far as complaints go, that is still very, very hidden. Because the police department investigates its own officers, there is no independent oversight."

Handling advocacy of vulnerable populations can get tense, and sometimes targeting.

"I walk out of some situations just going, 'Wow, that felt almost even threatening to me as a woman, that level of power coming at me in a very degrading way.' It feels frightening sometimes," she said. "So yes, that is that is something but you have to be able to carry it — carry it, and you have to be able to come back at them."

But you don't need to be Gottehrer, or have a position like hers, to have your voice heard.

"Speak your truth," she said. "Keep fighting for what you need to fight for, and your credentials as a human being will be what has to win the day."

March 2, 2023 – GLEN COVE HERALD

Webinars focus on health, staying safe as seniors

By BEN FIEBERT

It won't be long before flowers are blooming and birds are chirping once again. Those are not only sure signs of spring, but also the return of the Herald Inside LI webinars.

The free online events return Wednesday, March 8, delivering informative Zoom sessions intended on improving not just your health, but your safety, too.

It all beings March 8 with Dr. Kimon Bekelis shares his expertise on brain health, beginning at 6 p.m. Bekelis is director of The Stroke & Brain Aneurysm Center of Long Island. And he comes with extraordinary credentials, according to Amy Amato, executive director of corporate relations and events for RichnerLive, which runs the webinars.

"Dr. Bekelis was recognized as an award winner for the Herald Excellence in Healthcare award," Amato said. "He was also voted by the public as top neurosurgeon in the Long Island Choice Awards in 2021."

The brain health webinar will discuss Del Giudio ways to detect problems in your brain early on before they become life-threatening. Bekelis will share risk factors, prevention, and treatment options for both brain aneurysms and stroke.

He'll also take a moment to help you determine if a headache is just stress, or something to call for concern.

AARP Long Island returns next month with a pair of webinars intended to give you the tools to fight against fraud on Thursday, April 13 and Thursday, April 20. And it will all happen while you enjoy your lunch at home, with a noontime start for each.

This particular webinar series focuses on scams that



Courtesy Herald Inside LI YouTube

AARP LONG ISLAND returns with another pair of online webinars to talk about issues affecting older adults in our community. Past panelists have included U.S. Postal Inspector Joe Marcus, AARP associate state director Bernard Macias, and Postal Inspector Michael Del Giudice talking about scam prevention at the mailbox.

> have targeted Long Island for a while, with tips on how to avoid it given directly by members of the U.S. Postal Inspection Service — Donna Harris and Michael Del Giudice. Such scams include identity theft, elder fraud abuse, and frauds that target finances.

While anyone can be a victim of a scam, these specific ones tend to target people older than 50.

Joining them, of course, is Bernard Macias, associate state director of AARP Long Island. The April 13 webinar focuses on how to protect personal identifiable information with tips to safeguard your identity. Then, on April

Mark your calendar

Herald Inside LI returns with its free online webinar series this spring with hour-long discussions:

■ Dr. Kimon Bekelis from The Stroke & Brain Aneurysm Center of Long Island talks brain health on Wednesday, March 8 at 6 p.m. Register at LIHerald. com/BrainHealth.

■ AARP Long Island returns with a short series of webinars fighting against fraud set for Thursday, April 13 and Thursday, April 20 – both at noon. Register at LIHerald.com/Identity for April 13 on identity theft, and LIHerald.com/Elder for April 20 on elder fraud.

■ Dr. Lawrence Cardano, director of The Hearing Center of Long Island, talks hearing clarity solutions on Wednesday, May 3 at 6 p.m. Register at LIHerald. Com/Hearing.

20, the speakers will focus on grandparent-in-need, lottery, sweepstakes and investment scams.

All of this wraps up Wednesday, May 3 when Dr. Lawrence Cardano joins the Zoom to talk about hearing clarity and at-risk dementia. Cardano is the director of The Hearing Center of Long Island, and also will share ways to improve your mental acuity and quality of life.

Herald Inside LI was launched in 2020 with the goal of bringing together local leaders to discuss pertinent issues currently impacting Long Island residents during the height of the coronavirus pandemic. To learn more about the free webinars and how to register, visit RichnerLive.com/InsideLI.

BREAKING DOWN BOUNDARIES WITH CANCER BREAKTHROUGHS



LIJ Medical Center is in the top 10% of hospitals nationally for oncology, according to *U.S. News & World Report.*

Our doctors are raising health by pioneering innovative approaches to cancer—from novel chemotherapy techniques to first-in-the-nation robotic mastectomies with minimal scarring. Because when it comes to cancer, there's no status quo. There's only "how far can we go?"

Northwell.edu/NoLimits

Northwell[™] Cancer Institute RAISE → HEALTH



Congratulations, Mark Meisner!

We at AMI Management are thrilled to congratulate Mark on being honored at the Herald Real Estate Achievement & Leadership Awards event. This award is a testament to his vision, commitment, and expertise in the real estate industry.

We are privileged to work alongside Mark and The Birch Group and look forward to continuing to provide exceptional real estate services to our clients.

Once again, congratulations Mark, on this well-deserved recognition!



101 HUDSON STREET SUITE 1703 JERSEY CITY, NJ 07302 (212) 852-6468 INFO@AMIMGT.COM https://amimgt.com/

Aarch 2, 2023 – GLEN COVE HERALD

STEPPING OUT When broke, TREVOR NOAH news broke, TREVOR NOAH By Michael Hinman

Who is Trevor Noah?

That was the collective cry across those audiences who loved mixing comedy with news — especially those who tuned into Jon Stewart every night on Comedy Central for "The Daily Show."

But Stewart was moving on — guite literally to greener pastures. And replacing him was a rather unknown comedian (at least to American audiences) who had been in the United States barely a minute before getting the nod.

Trevor Noah had his work cut out for him. "The Daily Show" was a storied franchise that launched the careers of everyone from Stephen Colbert, to Steve Carell, to John Oliver, and some could argue even Stewart himself, who struggled with a number of intuitive projects that just never connected with audiences.

If there was a mold to what a host of an American news satire show should be, Noah broke it. He spent his entire life in South Africa. Had only been on the comedy stand-up stage for about a decade or so. And his own late-night talk show back home barely lasted a year.

Yet, here he was. Sitting in Jon Stewart's chair. In front of Jon Stewart's audience. But it wasn't Stewart's chair, or his audience. From his very first words, Trevor Noah showed why Jon Stewart's "Daily Show" was now Trevor Noah's "Daily Show

'Before we get started, I just want to say a few things," Noah said at the top of his first episode on Sept. 28, 2015. "First of all, this is surreal for me. I'm not going to lie. Growing up in the dusty streets of South Africa, I never dreamed I would one day have — well, two things, really. An indoor toilet, and a job as host of 'The Daily Show.'"

Noah would go on to earn nearly a dozen Emmy nominations — winning once in 2017. Hosting the last three Grammy broadcasts, including the most recent last

month. And becoming a star in his own right, making headlines again when he left "The Daily Show" late last year after seven seasons.

Who is Trevor Noah? Ask him yourself on Tuesday, March 7 when the comedian makes a stop at Tilles Center for the Performing Arts for "A Conversation with Trevor Noah."

For Tom Dunn, bringing Noah to Tilles is a fantastic way to officially start his tenure as executive director there — especially as audiences slowly start returning to live events.

"Look, we are in an increasingly competitive marketplace," Dunn says. "As we emerge from the pandemic, there's certainly a hunger to return to live entertainment. But we're still seeing a lingering hesitancy as well

But, you know, when we bring in world-class talents and voices like Trevor, there is tangible excitement."

Fresh from his latest Grammy-hosting sting, Noah is about to launch his "Off the Record" world tour. But what he's bringing to Tilles is different. There's no script, Dunn says. Just a conversation he'll have with comedian and regular "Daily Show" correspondent Roy Wood Jr.

"He's out touring the country and the world, selling out arenas," Dunn says. "So, to have the opportunity here on Long Island — to see this talent in our intimate concert space — is something that we're really, really excited about."

While it's almost a certainty Noah will talk about "The Daily Show" and the Grammys — maybe even last year's White House Correspondents Dinner — the comedian has other work he'll want to share, too. Like the 12 comedy specials he has written, produced and starred in - including his third for Netflix, "I Wish You Would," which was released last November.

He's also the author of the best-seller "Born a Crime: Stories from a South African Childhood." And his stand-up special, "Trevor Noah: Son of Patricia," that itself earned a Grammy nomination for best comedy album in 2020

Dunn can't say it enough: There's plenty to talk about, and you don't want to miss a single word.

'Come hear a singular world-class talent and voice talk about the issues of the day. Talk about his incredible life journey, to what sort of got him here," Dunn says

"You'll come away being entertained, informed, and having spent an evening out in the community in a way I think we all need as we emerge from this pandemic.



• Tuesday, March 7, at 8 p.m. Tickets start at \$95: available at TillesCenter.org, or Ticketmaster.com, or call the Tantleff Box Office at (516) 299-3100 • Tilles Center for the

Performing Arts, LIU Post, 720 Northern Blvd., Brookville



Brandon 'Taz' Niederauer

The young guitar sensation visits the Landmark stage. Brandon Niederauer, nicknamed "Taz" for his ferocious guitar playing, is living proof that dreams really do come true. The 19-year-old has performed in some of the most legendary venues with many of the most prominent musicians of our time. And the young guitarist, singer-songwriter has already earned himself guite the reputation. It all started at 8 years old, when he watched the movie 'School of Rock.' Already inspired by his father's record collection, Niederauer instantly realized he was destined to play guitar. From that moment on, his guitar rarely left his hands. Just four years later, Brandon was cast in the principal role of guitarist Zack Mooneyham in the Tony Award-nominated Andrew Lloyd Webber Broadway production, 'School of Rock: The Musical.' And he never looked hack

Saturday, March 6, 8 p.m. \$30, \$25. Jeanne Rimsky Theater at Landmark on Main Street, 232 Main St., Port Washington. (516) 767-6444, or LandmarkOnMainStreet.org



Big Bad Voodoo Daddy

The contemporary swing revival band will have the joint jumpin'. April marks the 30th anniversary of Big Bad Voodoo Daddy's remarkable arrival onto the music scene. Since its formation in the early '90s in Ventura, California, the band has toured virtually nonstop, performing on average over 150 shows a year, and has produced a sizable catalog of recorded music. The band, cofounded by singer Scotty Morris and drummer Kurt Sodergren, was at the forefront of the swing revival, fusing the classic American sounds of jazz, swing and dixieland with the energy and spirit of contemporary culture. Their efforts to promote and revitalize swing music have taken shape as much more than a simple tribute. Their original horn-infused music and legendary high-energy show introduces the genre to a younger generation, while remaining respectful of the music's rich legacy.

Thursday, March 23, 8 p.m. \$55, \$35, \$25. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or Ticketmaster.com or ParamountNY.com.

11

GLEN COVE HERALD - March 2, 2023



¹² YOUR NEIGHBORHOOD THESCENE





The Sicilian Tenors

The Sicilian Tenors bring their marvelous tenor voices to Tilles Center. Saturday. March 18, 8 p.m. The three classically trained tenors sing their own interpretation of the world's best music, in this lively evening of glorious music on the LIU Post campus, 720 Northern Boulevard, Brookville. Take a romantic journey from Hollywood to Broadway to Italy with these operatic tenor voices performing a wide variety of beloved songs. Combined with light-hearted fun,

Aaron Caruso, Elio Scaccio and Sam Vitale always provide a great show for everyone. They are a fresh and accessible take on the great Italian musical tradition and they are always in demand. Tickets are \$ \$52, \$42, \$32; available at TillesCenter.org or (516) 299-3100.



StepCrew

StepCrew brings their Celtic flair to the Adelphi University Performing Arts Center stage, Saturday, March 11, 7:30 p.m. The talented cast of dancers and musicians is led by Long Island's Cara Butler and the Pilatzke Brothers, Jon and Nathan, All three are longtime touring members of the acclaimed The Chieftains. The StepCrew boasts Celtic and World music from three world-class fiddle players backed by a five-piece ensemble, featuring three dance styles — Irish, Tap, and Ottawa Valley step dance. Tickets start at \$55, with discounts available to seniors, students, Adelphi alumni and employees. Adelphi University Performing Arts Center, 1 South Ave., Garden City. (516) 877-4000 or Adelphi. edu/pac.

Chef Rob

Join Chef Rob, at Oyster Bay-East Norwich Public Library, Wednesday, March 8,1 to 2 p.m. Make spring green onion chicken lettuce wraps, 89 East Main Street. To register, contact Marion Dodson at (516) 922-1212 or mdodson@ oysterbaylibrary.org.

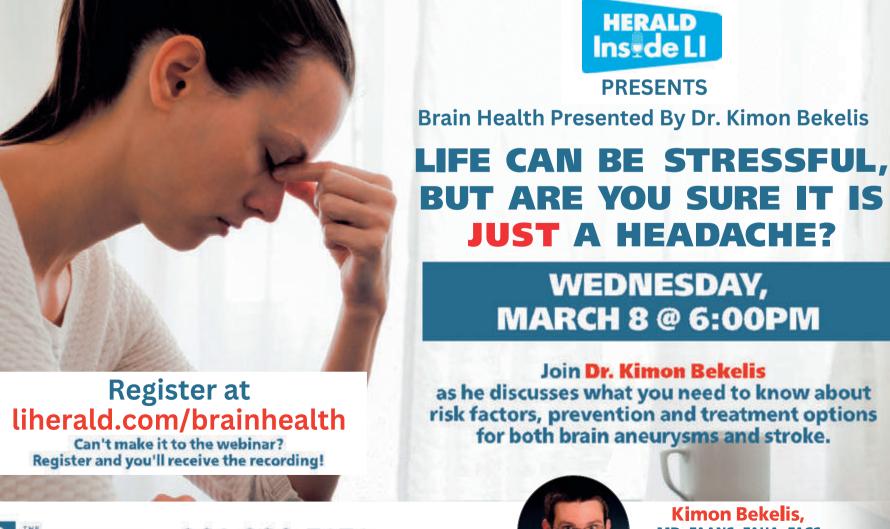
Breastfeeding Support Group

Mercy Hospital offers a peer to peer meeting for breastfeeding support and resources, facilitated by a certified breastfeeding counselor, every Thursday, 10:30 a.m.-11:30 a.m. Bring your baby (from newborn to 1 year) to the informal group setting. All new moms are welcome, regardless of delivering hospital. Registration required. Call breastfeeding counselor, Gabriella Gennaro, at (516) 705-2434 to secure you and your baby's spot. Mercy Hospital, St. Anne's Building, 1000 North Village Ave., Rockville Centre. For information visit CHSLI.org.



David Epstein

Tune in with the Gold Coast Public Library for a virtual meeting with author David Epstein on Monday, March **13**. 1 p.m. Epstein will be discussing his most recent book, "Range: Why Generalists Triumph in a Specialized World." To register, go to GoldCoastLibrary.org. For more information reach out to (516) 759-8300





STROKE & BRAIN

URYSM CENTER

LONG ISLAND

631.983.7072 strokecarelongisland.com

MD, FAANS, FAHA, FACS Director The Stroke and Brain Aneurysm **Center of Long Island**

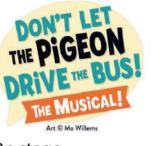


Everyone's Irish on St. Patrick's Day

Enjoy an evening of Irish music, Irish drinks and good company, at Bailey Arboretum, Saturday, **March 4**, 4 to 7 p.m. The event, 194 Bayville Road in Locust Valley, includes an open bar, Irish dinner buffet Purchase tickets at call Courtney at (516)

Senior Lunch Program

Enjoy visiting friends, with a delicious lunch and chair yoga, at the popular senior program hosted by Mutual Concerns. every Tuesday, at Saint Luke's Episcopal Church, at 253 Glen Ave., in Sea Clifff. Those iinterested in joining the lunch program can call Peggie Como at (516) 675-7239.



On stage

Mo Willems' popular The Pigeon comes alive on the Long Island Children's Museum stage, Thursday and Friday, March 9-10, 10:15 a.m. and noon; Saturday, March 11, 2 p.m. Pigeon is eager to try anything. LICM, Museum Row, Garden City. (516) 224-5800 or LICM.org

Having an event?

Items on The Scene page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to thescene@liherald.com.

Scout Shabbat

All Girl and Boy Scouts are welcome at North Country Reform Temple for a Scout Shabbat, Friday, March 3, 7 p.m., at 86 Crescent Beach Road, in Glen Cove, Get a patch when you come. All interested leaders should contact the Temple at (516) 671-4760 or office@ncrt.org.

Deep Roots Farmer's Market

Browse among varied items at Deep Roots Farmers Market's Indoor Winter Market, Saturday, March 4, 10 a.m. to 2 p.m., at St. Paul's Episcopal Church, 28 Highland Road in Glen Cove. For more information email deeprootsfarmersmarket@ amail.com



Nature's Best Hope

Doug Tallamy, Chair of Entomology and Wilfdlife Ecology at the University of Delaware, discusses his book, "Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard" Tuesday, March 7, 6-8:30 p.m., at Planting Fields Arboretum, 1395 Planting Fields Road, Register at PlantingFields.org.



Join Nassau County Museum Director Charles A. Riley II, PhD, for a Director's Seminar, Sunday, March 5, 3 p.m. He'll discuss "Ray of Light: The Life and Art of Man Ray," examining the impact of the tailor's son from

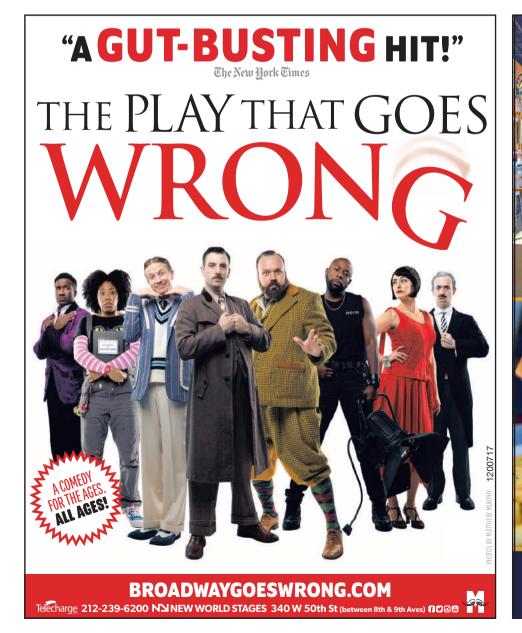
Art talk

South Philly, s a protégé of Alfred Stieglitz in New York, who was on the scene in Paris during the Jazz Age (shooting Picasso, Chanel, and others, celebrated by the Surrealists for his wicked wit. Participation is limited; registration required. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. (516) 484-9337 or NassauMuseum.org



Family theater

Everyone's favorite cat comes to mischievous life in this theatrical adaptation of the Dr. Seuss classic, presented Plaza Theatrical Productions, Saturday, March 11, 11 a.m.; Sunday, March 12, noon. See what goes on during that rainy day when two siblings are home alone with their pet fish while their parents are out of town, and the tall cat wearing a hat appears. Tickets are \$15. Visit the Plaza stage at The Showplace at Bellmore Movies, 222 Pettit Avenue, Bellmore. For information/tickets, go to PlazaTheatrical.com or call (516) 599-6870.



0 We are a Micro-Brewery & Restaurant Serving Lunch, Dinner and Brunch on Sundays Craft Beer, Cocktails, Wine & Spirits Lunch & Dinner Menu, Sushi and Brunch with Weekly Specials! Trivia Tuesday Nights & Taco Tuesday Specials.

Happy Hour 1/2 off Apps 4-6pm Weekdays. Inquire for Your Next Private Event on our Website. Tasting Room & Dining Room with dock & dine access. Visit Us on Open Table to make a reservation. **aproom Hours:** Mon-Thurs: 2pm-9pm | Mon-Thurs: 2pm-9pm | Friday-Saturday: 12pm -11pm | Sunday: 12pm-9pm Restaurant Hours: Monday: Closed | Tuesday-Thurs: 5pm-9pm | Fri: 12pm-10pm | Saturday: 12pm-10pm | Sunday: 12pm-9pm

0 D

1205870

45 Herb Hill Road Glen Cove, New York 11542 516.927.8300 garviespointbreweryandrestaurant.com

Orsted

Congratulations to all of the R.E.A.L. Award Winners

A clean energy future connects us all. Learn more → us.orsted.com

Library meets future with 1.9M digital checkouts

By KEPHERD DANIEL

kdaniel@liherald.com

Read a book. Listen to a book. But don't feel like you have to physically pick up the book.

It's been around for more than a decade, but the Nassau Library System's Digital Doorway digital book consortium continues to grow, offering more than 40,000 titles that were checked out a record-breaking 1.9 million times last year.

The milestone illustrates the continued growth of library lending of e-books, audiobooks, and digital media, all as part of meeting different needs for different members of the community.

The library system's Digital Doorway consortium is a network of more than 50 public libraries in Nassau County. It gives patrons a chance to download books to their electronic devices — like smartphones and computer tablets — and even have a chance to listen to books if they don't have a chance to sit down and read it themselves.

"We are thrilled at the continued success of Nassau Digital Doorway and the role it has played in ensuring that our patrons continue to have access to a wide selection of reading material for both pleasure and educational purposes," said Grace Palmisano, Digital Doorway's resources and discovery manager.

Digital Doorway libraries have provided readers access to e-books and audiobooks for several years through Libby, a library-reading app. The large collection serves readers of all ages and interests, and usage has grown every year.

One silver lining from the coronavirus pandemic for the Nassau Library System was when people were not able to come to the library because of the lockdown, Digital Doorway started to grow exponentially.

"It was a program that was incrementally growing



THE NASSAU LIBRARY System offers a tech mobile, which brings digital access. technology help and library services to those patrons who might not have those services otherwise. It experienced nearly 2 million digital checkouts last year - or more than 5,000 per day.

GLEN COVE HERALD - March 2, 202

Courtesy Grace Palmisano

throughout the years, but it took off and it continues to be so successful because we've got a huge collection of available titles — way larger than you could have in one single physical building," Palmisano said. "You can access it whenever you want. It can be 2 o'clock in the morning, and you can download that item when the library itself is closed."

Libby, the friendly face attached to a smartphone app., is available through the Apple App Store as well as Google Play. It offers not only books like "The Rose Code" from Kate Quinn and "The Radium Girls" from Kate Moore, but also magazines like Us Weekly, The New Yorker and Good Housekeeping.

For younger readers, titles like Sesame Street's "The

Monsters on the Bus" is a click away, while older kids might like "Puddlejumpers" by Mark Jean.

Some of the more popular audiobooks available include "A Mystery of Mysteries: The Death and Life of Edgar Allan Poe" by Mark Dawidziak, and "The Queen: Her Life" by Andrew Morton.

Anyone who can't find Digital Doorway through their library's website or on their phone can also visit Nassau. Overdrive.com.

"It's such a digital world these days," Palmisano said. "While there will always be a place for the physical items, it's very convenient to have your book on your phone right there in your pocket whenever you're out and about."

Business owners: Don't be your accountant's ERTC guinea pig.

The Employee Retention Tax Credit (ERTC) is one of the best kept secrets around and was recently expanded to benefit more businesses. Even if you received a PPP loan, you can still qualify for this federal Covid-19 benefit for **up to \$26,000 per employee**.

Our team at Easy Tax Credits has helped thousands of businesses like yours claim hundreds of millions of dollars in ERTC funds. The ERTC program is complicated. Be sure to use experts that understand the nuances of the program so you can maximize your claim.



Book a free, no obligation phone call with the expert lawyers and accountants at Easy Tax Credits today!

\$1,000 BONUS! Free advertising offer with Herald Community Media* Use reference code LIHERALD-2023



EasyTaxCredits.com Phone: 1-234-CREDITS (273-3487)

Promotional offer: some restrictions apply. To qualify for promotional offer, business must enter into an agreement with Easy Tax Credits, LLC, and be eligible to receive ERTC funding *Promotional offer furnished by Herald Community Media; Easy Tax Credits, LLC, not responsible for fulfillment of promotional offer.

¹⁶ George Santos update **U.S. Rep George Santos lies in court and on Twitter**

U.S. Rep. George Santos

By WILL SHEELINE

wsheeline@liherald.com

CSLB 1082165 NSCB 0082999 0083445

George Santos's lies continue to emerge on the national stage. There is evidence that the representative from New York's 3rd Congressional District lied while under oath in court in 2017, and Santos sent out a misleading tweet about an encounter he had with Nassau County Legislator Josh Lafazan.

Since The New York Times exposed Santos for fabricating much of his personal and professional background, the congressman has retracted some of his claims, acknowledging, for instance, that he did not attend any college, despite having asserted on his resume that he had studied at Baruch College and New York University.

It now appears that Santos has been misrepresenting the truth for some time, given the report by Politico on Feb. 24 that he lied to a Seattle judge about working for Goldman Sachs while speaking at a 2017 bail hearing on behalf of a "family friend." During last fall's campaign, Santos also claimed to have worked for Goldman Sachs, in addition to Citibank.

According to Politico, Santos, who was testifying on behalf of a man who later pleaded guilty to fraud in an

NORTH AMERICA'S

Selling Walk-In Tub

Featuring our Free Shower Package

ATM skimming scheme, was asked by Kings County Superior Court Judge Sean O'Donnell about his employment. Santos replied that he was an aspiring politician who worked

for Goldman Sachs in New York.

When questioned by The New York Times during its initial investigation into Santos, a Goldman Sachs spokesperson said that the company had no record of Santos working for them. Later. in an interview with The New York Post. Santos admitted that he had never worked directly for the investment bank. but claimed to have worked with Goldman Sachs while employed by

LinkBridge Investors. Santos also claimed that he knew the man accused of the fraud. Gustavo Ribeiro Trelha, through their parents, who Santos said knew each other in Brazil. In a telephone interview with Politico reporters, however, Trelha claimed that he had met Santos through a Facebook group for Brazilians living in Orlando, Florida, and had moved into Santos' apartment in 2016.

In addition, a new detail of Santos'

resume embellishment has emerged, and this one may be the strangest yet. In 2011, a Wikipedia user named Anthony Devolder, one of the congressman's many aliases, created a Wikipedia entry about himself, claiming to be an established actor.

In a narrative highlighted by poor grammar and misspellings. the Wikipedia author claimed that Devolder had starred in several popular Disney Channel shows, including "Hannah Montana" and "The Suite Life of Zack and

Cody." He also said he had starred in a 2009 movie called "The Invasion," alongside Uma Thurman — despite the fact that Nicole Kidman starred in the film.

Neither Anthony Devolder nor George Santos nor any of his other aliases were listed on the IMDb pages

for any of the films or shows that were listed.

On Feb. 23, meanwhile, Santos tweeted his thanks to Nassau County Legislator Josh Lafazan for "stopping by" his district office in Douglaston, Queens, for a conversation.

"It was so great to sit down & discuss the concerns that were addressed in the letter he brought in," the tweet read.

The tweet was yet another falsehood from Santos. Lafazan had not stopped by for a chat, but rather had hosted a protest outside Santos' office, calling on him to resign.

The letter he had handed Santos demanded that the congressman stop wasting police resources by stationing officers outside his offices. Lafazan, who has been a constant and outspoken critic of Santos since the truth about his resume emerged, had asserted in a news release that Santos' use of police officers as bodyguards was a financial drain on his district and made it harder for them to do their jobs.

While crime is rising across Long Island and Queens," the release stated, "our incredible officers deserve to be at posts in our communities, not attending to a Congressman who is hiding from the very citizens he serves.

Now you can finally have all of the soothing benefits of a relaxing warm bath, or enjoy a convenient refreshing shower while seated or standing with

Safe Step Walk-In Tub's FREE Shower Package!

- ✓ First walk-in tub available with a customizable shower
- ✓ Fixed rainfall shower head is adjustable for your height and pivots to offer a seated shower option
- ✓ High-quality tub complete with a comprehensive lifetime warranty on the entire tub
- ✓ Top-of-the-line installation and service, all included at one low, affordable price

Now you can have the best of both worldsthere isn't a better, more affordable walk-in tub!

15% OFF with No Payments for 18 Months!² plus a Free Shower Package





safester

aived if the purchase amount is paid before the expiration of the promotional period. There is no minimum monthy payment required during the promotional period. Safe Step Walk-In U. Financing is provided through third-party lenders unaffiliated with Safe Step Walk-In Tub, LLC under terms and conditions arranged directly between the customer and such lender. All su Is astisfactory completion of finance documents. Any finance terms advertised are estimates only. Other available in select makets, not available in Canada. Participating dealers only. Oth Is astisfactory completion of finance documents. Any finance terms advertised are estimates only. Other available in select makets, not available in Canada. Participating dealers only. Oth





MEET THE 2023 AWARD WINNERS^{*}

ACCOUNTING

Tax Manager Grassi Accountants and Advisors JACQUELYN DIIORIO Audit Supervisor Grassi Accountants and Advisors DIANE GIORDANO Tax Partner Marcum LLP

BANKING & FINANCE ANDIE PERLMUTTER

COO, Associate General Agent Forest Hills Financial Group DAVI TSERPELIS, M.S. SVP Business Banking Manager City National Bank

ADVERTISING, MARKETING & PUBLIC RELATIONS

SANDRA BRENNAN CEO & Founder Senior Living Renaissance, LLC VALENTINA JANEK President and Founder Long Island Breakfast Club

JESIKA KALIKA Marketing Communications & Business Development Consultant

LISA MIRABILE President & CEO Vertigo Media Group

EDUCATION MARIA P. CONZATTI Interim President

Nassau Community College BARBARA J. HOLAHAN CFO, VP for Financial Affairs & Treasurer New York Institute of Technology MAURIE MCINNIS President

Stony Brook University

ENERGY & ELECTRIC JENNIFER HAYEN Director of Communications Long Island Power Authority

ENTREPRENEURS

JOSEPHINE FITZPATRICK Nutrition and Weight Loss Specialist Innovation Weight Loss & Healthy Market MARYANNE HYLAND Dean of the Robert B. Willumstad School of Business Adelphi University

ELLEN PELLEGRINO Entrepreneur/Movie Producer Windows on the Lake The Beach Club Estate Age of New Beginnings

MAUREEN TARA NELSON

MTN Matchmaking GOVERNMENT LISA M. BLACK

LISA M. BLACK Chief Deputy County Executive Office of the Suffolk County Executive HEALTHCARE & WELLNESS

MELANIE BASILE Chief Growth Officer The Smilist Dental

DR. MICHELLE A. CHESTER Senior Director Operations, Occupational Health Services Northwell Health

DR. GAIL CORREALE Optometrist

THERESA DILLMAN, DNP (C), MSN, MHA, RN, NE-BC Associate Executive Director and Chief Nursing Officer

Glen Cove Hospital, Northwell Health System **DR. ODETTE HALL** Chief Medical Examiner Suffolk County Office of the Medical Examiner **NITZA KAHALON HASIS**

Clinical Director New Horizon Counseling Center - Valley Stream STEPHANIE MONTANO M.S., CCC-SLP CEO & Co-Owner Theralympic Speech CHRISTIANA NEOPHYTOU M.S., CCC-SLP CEO & Co-Owner

Theralympic Speech **REBECCA SANIN** President & CEO Health & Welfare Council of Long Island **JULIE WEXLER** Director of Business Development The Bristal Assisted Living HUMAN RESOURCES ELIZABETH MARIE SAITTA Executive Director SHRM Long Island Chapter

INSURANCE CATIA ALATI Vice President

Lockton Companies

PAULA PARRINO ALTIERE Chief Administrative Officer & VP of Operations Nationwide Court Services, Inc.

STEPHANIE A. CLARK Lead Attorney Law Offices of Stephanie A. Clark ERIKA L. CONTI

Partner Sahn Ward Braff Koblenz PLLC DEANNA M. EBLE

Partner Russo Law Group, P.C. LAUREL KRETZING Partner Jaspan Schlesinger Narendran LLP

DINA L. VESPIA Partner Cullen and Dykman LLP

NICOLE L. WEINGARTNER Director of State Government Affairs, Regulatory Analyst, Cannabis Practice Group Davidoff Hutcher & Citron LLP

MEDIA DANA ARSCHIN KRASLOW Holocaust Storyteller The Holocaust Memorial and Tolerance Center of Nassau County (HMTC) PEI-SZE CHENG Emmy® Award-winning reporter, Member

NBC 4 New York's investigative unit, the I-Team MUSIC

DR. YEOU-CHENG MA Executive Director The Children's Orchestra Society NOT-FOR-PROFIT TERRI ALESSI-MICELI President & CEO HIA-LI

ELIZABETH EINHART Executive Director and Vice President The Theresa Foundation

THERESA SANDERS President & CEO Urban League of Long Island Inc. TAMMY SEVERINO President & CEO Girl Scouts of Suffolk County

KRISTEN REYNOLDS President & CEO Discover Long Island

SPECIAL AWARDS

NEXT GENERATION: UNDER 30 KATHLEEN DONNELLY Senior Associate Long Island Architecture Studio LIANNE WEBB

Miss Long Island 2023 Long Island Pageants

LEGACY AWARD MEREDITH WALDNER STERN President Waldner's Business Environments

valaner's Business Environments

RISING TEEN AWARD NATALIA SUAZA Miss Long Island Teen 2023 Miss Long Island Pageants

TRAILBLAZER AWARD DANI RYLAN-KEARNEY Founder & Former Commissioner National Women's Hockey League (NWHL)

1207102



GLEN COVE HERALD - March 2, 2023

North Country Reform Temple Shabbat

Rabbi Churgel will be holding an inperson Shabbat Service on March 3 where all Boy and Girl Scouts are welcome to attend and will be given a badge. Oneg will follow services in celebration of Larry Jacobs' special birthday.

Services and oneg will be held at North Country Reform Temple - Ner Tamid, at 86 Crescent Beach Rd., Glen Cove, will be from 7 to 8 p.m.

HTMC screening

The Holocaust Tolerance and Memorial Center will screen "The Blinding of Isaac Woodard" presented by the David Taub Reel Upstanders Film Series on March 5.

Isaac Woodard, a Black army sergeant in 1946 on his way home to South Carolina after serving in WWII was pulled from a bus for arguing with the driver. The local chief of police savagely beat him, leaving him unconscious and permanently blind. The incident made national headlines when an all-white jury acquitted the police chief.

Based on Richard Gergel's book "Unexampled Courage," the film details how the crime led to the racial awakening of President Harry Truman, who desegregated federal offices and the military two years later. The event also set the stage for the Supreme Court's 1954 Brown v. Board of Education decision, which jumpstarted the modern civil rights movement.

Screening will be held at the Holocaust Memorial and Tolerance Center of Nassau County, at 100 Crescent Beach Rd., Glen Cove on March 5 at 1 and 3 p.m. There is a suggested donation of \$10.

- Roksana Amid

THE TOP 3 FINALISTS* IN WAR O PSEG

SPORTS

Congrats to all the Top 3 Finalists in the 2022 Herald Long Island Choice Awards presented by PSEG Long Island! Check back each week for the Top 3 Reveal in each category leading up to the Oscar-style awards ceremony in April 2023. Did your favorites make it to the top? Visit www.LIChoiceAwards.com!

*Finalists are listed alphabetically, not in order of placement.

Hewlett Lawrence Soccer Club

KIDS' SPORTS LEAGUE:

Lynbrook Little League

Lynbrook Titans Football

BICYCLE STORE:

Brands Cycle and Fitness Long Beach Bicycles South Shore Bicycle and Fitness

BOAT RENTAL:

Long Island Boat Rentals **Montauk Yacht Sales** NY Boat Rentals

BOXING CENTER:

Fit Theorem iLoveKickboxing - Carle Place **TITLE Boxing Club Syosset**

CROSSFIT GYM:

CrossFit Nine7 F45 Training Hewlett Bay Park Lyfe Fitness / LF CrossFit

GYM & FITNESS CENTER:

Club Pilates- Oceanside Hollywood Health Club Lyfe Fitness / LF CrossFit

ICE SKATING RINK:

The Rinx **Grant Park** Northwell Health Ice Center

PGA Junior League at Timber **Point Golf Course PERSONAL TRAINER:** Leah Stukov - Fit in 50 Rosie Santana & Dylan McManus Theresa Hellers-Foders

ENERGY FOR ALL

PERSONAL TRAINING FACILITY:

AB Fitness Center BeachFIT Training Center Personal Training Institute of **Rockville Centre** Personal Training Studio

PILATES:

A more

MODERN grid for greater

RELIABILITY

Club Pilates- Oceanside Fit4Life Studios, Inc Pilates Center of Long Island

PLACE TO PLAY POOL:

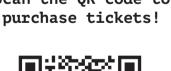
Bay Shore Billiards Michael's Billiards Raxx Pool Room

YOGA:

Bikram Yoga Fit4Life Studios, Inc Peaceful Yoga

> CHECK BACK NEXT WEEK FOR THE **TOP IN** ... VEHICLES, **DEALERS** & **SERVICES!**

Interested in attending to see who won... LIVE?! Scan the QR code to





CRIME WATCH

Arrests

■ A 26-year-old Glen Cove male was arrested on Feb. 24 for criminal contempt on Chadwick Street.

■ A 31-year-old Levittown male was arrested on Feb. 20 for assault and endangering the welfare of a child on Knott Drive.

■ A 29-year-old Glen Cove male was arrested on Feb. 19 for DWI and license restriction violation on Landing Road

■ A 48-year-old Glen Cove male was arrested on Feb. 19 for petit larceny on Glen Street and open first district warrant.

■ A 24-year-old Glen Cove male was arrested on Feb. 18 for criminal mischief on Sea Cliff Avenue.

■ A 38-year-old Glen Cove female was arrested on Feb. 18 for criminal possession of a controlled substance, possession of a forged instrument, speed violation and operating unregistered MV on Landing Road.

■ A 33-year-old Glen Cove male was arrested on Feb. 18 for grand larceny on Laurel Avenue.

OBITUARIES Nancy DeLucia

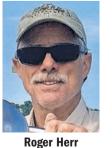


Nancy DeLucia, 85, of Glen Cove, N.Y., died on Feb. 14. Mother of Joanna (Robert Alexander) Peter; adored grandmother of Nicole Alexander; sister of Ralph Vetrino (Sandy) and Vincetta Graziose (Ronnie). Also survived by many nieces,

Nancy DeLucia

nephews, great nieces and great nephews. A private visitation to be held at Dodge-Thomas Funeral Home. Interment Holy Rood Cemetery.

Roger F. Herr



Roger F. Herr, 74, of Glen Cove, N.Y., died Feb.14. Husband of Nubia; father of Giselle Malenchek & Rachel Malenchek; brother of Evelyn Herr Anderson (Judd P.); uncle of Christina Menchini (Zack) and Clare Anderson (Jay DeRose); great uncle

of Freddy, Hugo and Radley, Visitation was held at Dodge-Thomas Funeral Home. Memorial Service to be held at a later date. Interment private.



GLEN COVE HERALD

2023

March 2, :



Roksana Amid/ Herald

Pre

our

at.

NASSAU COUNTY EXECUTIVE Bruce Blakeman signed a proclamation at the Glen Cove Senior Center authorizing each county department to appoint liaisons to assist senior citizens. He also helped the center obtain a fourth bus.



all

square

Kumar

LEGAL NOTICE SUPREME COURT OF THE STATE OF NEW YORK -COUNTY OF NASSAU NEW PENN FINANCIAL, LLC, DBA SHELLPOINT MORTGAGE SERVICING,

HERNAN MARTINEZ, ET

NOTICE OF SALE NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated December 16 2022, and entered in the Office of the Clerk of the County of Nassau, NEW wherein PFNN FINANCIAL, LLC, DBA SHELLPOINT MORTGAGE SERVICING is the Plaintiff and HERNAN MARTINEZ;, ET AL. are the Defendant(s). I, the undersigned Referee will sell at public RAIN OR SHINE at the NASSAU COUNTY SUPREME NORTH COURT, SIDE SUPREME STEPS, 100 SUPREME COURT DRIVE, MINEOLA, NY 11501, on March 14, 2023 at 2:30PM, premises known as 71 CLEMENT STREET, GLEN COVE, NY Section 31, Block 11542: 2, Lot 148 & 351: ALL THAT CERTAIN PLOT, PIECE OR PARCEL OF LAND, SITUATE, LYING AND BEING IN THE CITY OF GLEN COVE, COUNTY OF NASSAU AND STATE

OF NEW YORK Premises will be sold subject to provisions of filed Judgment Index # 006507/2013. Scott Farrell Guardino, Esq. Referee Robertson, Anschutz, Schneid, Crane Partners, PLLC 900 Concourse. Merchants Suite 310, Westbury, New York 11590, Attorneys for Plaintiff. All foreclosure sales will be conducted in accordance with Covid-19 guidelines including, but not limited to, social distancing and mask wearing. *LOCATION OF SALE SUBJECT TO CHANGE DAY OF IN ACCORDANCE WITH í OF hy WITH COURT/CLERK DIRECTIVES. 137279

hearing. Dated:

BOARD

137734

LEGAL NOTICE

CITY OF GLEN COVE when PLANNING BOARD PLEASE TAKE NOTICE opportunity that a Continued PUBLIC their views HEARING will be held by application Academy the City of Glen Cove Planning Board on Tuesday, March 7, 2023, at 7:30 p.m., at the Council Chambers, City Board construction of a Hall, 9 Glen Street, Glen 19,000 Cove, New York 11542, when all interested interested existing persons will be given an opportunity to express their views The hearing will be on the application of RXR Realty Investments LLC seeking a special use permit and site plan approval for the construction of a self-storage facility including a new 3-story, 244,503 square foot building, accessory parking, and loading facilities, situated on four parcels comprising 3.31 acres located at 26 Morris Ave, Glen Cove, NY 11542, designated on the Nassau County Land and Tax Map as Section 21, Block A, Lots 6, 425, 427 & 428 the city's within 1-3 Industrial District. The above application is on file at the city offices located at 9 Glen Street, Glen Cove, NY where it may be seen during regular business hours of

LEGAL NOTICE

create a new Innovation Center with associated improvements site include walkways, utilities and drainage. The property is located at 270 Duck Pond Road, Locust Valley, NY designated on the Nassau County Land and Tax Map as Section 23, Block F, Lots 204, 709, 1737 & 1739 within the city's R-1 One-Acre Residence District The above application is on file at the city offices located at 9 Glen Street, Glen Cove, NY where it may be seen during regular business hours of the usual business days until the time of the hearing Dated: February 21, 2023 ANDREW KAUFMAN Chairman GLEN COVE PLANNING BOARD the usual business days until the time of the 137733 notices online at Search for www.newyorkpublicnotices.com LEGAL NOTICE January 26, 2023 ANDREW KAUFMAN **REQUEST FOR PROPOSAL** Universal Kindergarten PROPOSALS DUE:April 3, GLEN COVE PLANNING 2023 TIME:10:00 a.m. The North Shore Central School District is To place a notice here call us at 516-569-4000 x232 or send an email to: legalnotices@liherald.com requesting proposals from qualified Universal Pre-Kindergarten as described CITY OF GLEN COVE CITY OF GLEN COVE PLANNING BOARD PLEASE TAKE NOTICE that a PUBLIC HEARING will be held by the City of Glen Cove Planning Board on Tuesday, March 7, 2023, at 7:30 p.m., at the Council Chambers City. complete RFP. The District will receive sealed proposals at North Shore Central School District on or prior to 10:00 a.m. on Monday, April 3, 2023. Proposals Council Chambers, City Hall, 9 Glen Street, Glen received after stated date

will be returned to the

unopened Cove, New York 11542 andar interested proposals must persons will be given an submitted in a sealed to express envelope plainly marked on the outside: RFP:Universal The hearing will be on the of Fri seeking Kindergarten Addressed to: Friends special use permit and site plan approval for the James Pappas Assistant Superintendent new for Business foot Shore North Central School District extension between the Wang 112 Franklin Avenue library and fieldhouse to Sea Cliff, NY 11579 For additional information or copies of the complete RFP please contact James to Pappas at 516-277-7815 or e-mail him at or e-mail him at pappasjr@northshorescho or visit ols.org wehsite https://sites.google.com/n orthshoreschools.org/nort hshorelearningresource/upk Proposals will be opened on the stated date. The names of the proposing firms shall be available following the proposal opening. The Board of Education of The North Shore Central School District, reserves the right to reject any or all proposals that they consider not to be in the best interest of the school district James Pappas Assistant Superintendent for Business North Shore Central School District 137730 PUBLIC AND LEGAL NOTICES. Printed in this publication can be found online. To search by publication name, go to: wyorkpublicnotices.com TO PLACE AN AD CALL 516-569-4000 x 232 Providers PUBLIC AND LEGAL NOTICES... Printed in this publication can be found online. To search by publication name, in the

> www.newyorkpublicnotices.com TO PLACE AN AD

> > CALL 516-569-4000 x 232

19 **Seniors to have access** to county departments GLEN COVE HERALD -

CONTINUED FROM FRONT PAGE

zenbeck. "The senior center is a home away from home for so many people,'

Senior centers are more vital as people are living longer. In Nassau, the 65-to-69 age group rose from 80,398 in 2020 to 81,776 a year later. According to the U.S. Census Bureau, the number of U.S. residents 65 years and older will increase by 105.2 percent by 2060. Residents 50 and older account for nearly a 75 percent increase in the growth of population in Nassau County.

"New York's 65-and-older population is over 3.5 million people right now," Blakeman said. "That's larger than many states "

Blakeman said the new liaison office will network with all government agencies in Nassau County. He added the office will "break down the silos and barriers [to make sure seniors] have access to everything Nassau County has to offer."

The liaison office is comprised of one representative from each county department serving as a point person on senior issues, while interfacing with the Office of the Aging. It will function at no additional cost to county residents.

According to Beth Finkel, state director for AARP, the organization has more than 250,000 members in the county. She said the new liaison office can improve communication between various agencies serving seniors, including the Department of Health, libraries, college campuses and parks.

"This will create a more seamless way for people to get a good response to some of their issues," Blakeman said.

Blakeman noted that seniors have many of the same needs as other residents, but often need more assistance fulfilling tasks like filling out tax forms. "Some of our seniors are veterans

and we want to make sure they get their benefits," Blakeman said.

The city's new bus will be funded through state and local grants. The buses are mainly for transportation for seniors that live in Glen Cove, Glen-Head, Sea Cliff, and Glenwood Landing. The buses offer rides twice daily from the senior center picking up members from their homes.

"We also have food shopping twice a week on Mondays and Thursdays, where (the bus) takes them from the senior center to Stop and Shop because that's the only one here now," Jacqui Tecce, site manager for senior center, said.

Tecce said the center has two drivers, with one designated to its adult day program for seniors experiencing cognitive decline. The buses were bought in 2011, 2016, 2018, and the newest addition will serve as a backup.

"[Seniors] are the foundation of this county," Blakeman said. "They are the foundation of America, they built this country."



JAMES ENGELHARDT'S BODY was found by workers from Safe Harbor Marina.

Body discovered in G.C. harbor on Monday

Workers from Safe Harbor Marina, at 128 Shore Road discovered the body of 68-year-old James Engelhardt floating in the water in Glen Cove on Monday at 7:45 a.m. The Glen Cove Police Department, Glen Cove Harbor Patrol and Nassau Marine Bureau and Emergency Services responded to the scene.

Engelhardt, who had been living on a boat at the marina, was pulled from the icy waters by members of

the Glen Cove Harbor Patrol, was pronounced dead by members of Glen Cove Emergency Medical Services

The Glen Cove Police Department and the Nassau County Homicide Unit jointly investigated the death

According to Det. Lt. John Nagle of the Glen Cove Police Department, it has been determined that Engelhardt's death was accidental.

March

 $\overline{\mathbb{N}}$



OPINIONS It's time to give Joe Biden a break

esides his

D success

internationally.

bipartisan wins.

he's notched

a series of

ince taking office, President Biden has been the subject of all manner of criticism Most of it focuses on his age. He is

described as weak, bumbling, demented and a host of other unkind adjectives. But somehow, in just two years, he has accomplished more than some presidents could ever have hoped to do. Isn't it time to give Biden a



JERRY

KREMER

break? His recent trip to the Ukraine, against the wishes of the Secret Service, sent a message to the world that he was not afraid of the Russian army or anyone else, in his determination to show his support for the Ukrainian

people. Taking a 10-hour train ride into a country at war was a historic moment, and showed that "Scranton Joe" wasn't afraid of the consequences.

Following his trip to the Ukraine, he met with leaders of NATO countries and leaders of nations that share borders with Russia. At a time when Russia has made it clear that it wishes to once again be a world power, Biden has united virtually all of Europe, which sends a powerful message to Russian president Vladimir Putin that the West will not allow him to succeed in his dangerous power

play. On top of his interna-

tional success. Biden has notched a series of bipartisan wins on infrastructure, chip manufacturing and climate change. Over the next five to 10 years, communities all over America will benefit from the construction of new bridges, the reconstruction of aging highways, the revitalization of mass transit and thousands of other public works programs that will produce

millions of new jobs. Prior to its passage by Congress, there had not been a major infrastructure bill since the early 1990s.

There is no doubt that the country has suffered the fallout from a tough period of inflation, but there has been a sharp rebound, and the prediction of a crushing recession has not proved accurate. The unemployment rate is the lowest since the early 1960s. To date, over 8 million new jobs have been created in numerous industries, and with the bipartisan silicon chip bill, many more will be added. Not to be forgotten is the climate change law that gives the federal government extensive powers to clean up the environment.

Biden's record has not been all roses. He continues to be plagued by problems at the Southern border, as millions of people from poor countries seek new lives and have overwhelmed the federal bureaucracy. The president has yet to propose a comprehensive immigration plan to send to Congress. But it is also a fact that Congress has no appetite to pass anything that will solve the problem. We are still waiting for legislation

that will protect the millions of so-called Dreamers.

Critics looking for signs of mental weakness were disappointed by Biden's State of the Union address. He displayed a strong command of his long-term goals, and managed to trap his Republican opposition into backing off on their desire to cut Social Security and Medicare. But the next two years promise to be a daily battle with the newly empowered Republican House majority, and it

will be a further test of Biden's political abilities.

He has strongly hinted that he will seek another term, and many Democratic office holders have pledged to support him if he runs. Polling shows that the country is clearly ready for a younger nominee, but the politics of 2024 are so muddled that Biden could win another term, especially if former President Donald Trump fails to win the Republican nomination and runs as a third-party candidate.

There is no way to predict whether Biden will continue to have the stamina to hold on to the presidency, but to date he has defied his detractors. He is an 80-yearold man who has defied the odds. History will probably treat him better than his critics, because the facts are out there for all to see. He has shown that all of the harsh predictions about his strength and abilities have proven to be wrong. So maybe it's time to give the president a break, and a few pats on the back.

Jerry Kremer was an Assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He now heads Empire Government Strategies, a business development and legislative strategy firm. Comments about this column? jkremer@liherald.com.

Open to learning new stuff? Jump on my list.

orn with the teaching gene and not likely to recover any time soon: That is my self-diagnosis. I write, do book talks and edit, but sit by my side for a minute and I will

likely try to teach you something. I can't help it. I started out as a teacher with a blackboard, some chalk and a

captive student. I was 8 years old and undaunted by



RANDI

KREISS

Pinky the dog's limited attention span. My teaching

CV is, I started teaching Pinky, and went on to teaching everyone I know. I learn a lot by reading, and I have the sense that my family and friends

will be as fascinated as I am about "The Book of Eels" or the lives of rogue gold miners who live underground for years in South Africa's illegal mines. This is my blind spot. I'm excited to learn something new, and I want to share it. Can I be pedantic? Yes.

There are also the articles I send to deliver a message. Within the family, I want to offer kids or grandkids something they may not know, or a point of view they haven't considered. Overstepping? Perhaps, but what if, with all the clicking and scrolling they do, they never get to read why the only safe alcohol consumption is zero?

I have sent my grandson Jacob many unsolicited articles on football and injuries. For example,

"Explaining the NFL's Latest Concussion Controversy and Policy Change," from NPR. I have no idea if he reads the articles, but I feel better knowing I put

them out there. Recently I sent one hiphopping granddaughter "An 'audacious dream': The birth of NYC's Universal Hip-Hop Museum," from CBS News. This fits into

the noncontroversial Grandma offerings.

I don't know if my husband reads the articles I send him daily. Most of them focus on pertinent health issues, and I feel as if I'm doing my duty without engaging in a back-and-forth. French fries as health food or not? Golf when it's 98 degrees or not? "Why Men Don't Ask for Directions" on PsychCentral. com. Last week I shared with him, "The secret to a long-lasting marriage," from The Washington Post. Probably the secret is not to send your partner pointed articles.

This year I sent a few women friends "Margaret Atwood on Envy and Friendship in Old Age," from The Atlantic, and it stirred a big, open discussion when we met in person.

I share a layperson's interest in science with a friend, and I recently sent her "Scientists raid DNA to explore Vikings' genetic roots,' from National Geographic.

I gifted "Want to be healthier? Hang out with your friends," from The Post, to grandkids and kids and friends, an article for all ages

Three weeks ago, David Brooks wrote, "How Do You Serve a Friend in Despair?" in The New York Times. It garnered a big

response in letters, and I shared it with people I thought would be receptive.

"19 Sensational Southeast Asia Recipes," in Food and Wine magazine, went out to my daughter. "Best Way to Experience Sicily," from Backroads Travel Update, was texted to my son.

I helped launch a rich discussion with a group of women with an article from The Atlantic, "Why Women's Friendships Are So Complicated." We pinged and ponged ideas back and forth for days in our texts. To a friend I know is feeling lonely, I sent "How Volunteering Can Help Ease Loneliness," from The Times.

To my kids and grandkids I sent, "The Effects of Social Media on Children," published on the Cleveland Clinic website. Also, "How Using Social Media Affects Teenagers," from the Child Mind Institute. We cannot bang this drum loudly enough.

In the interest of salacious entertainment and shock value, I sent out "The Corrupt World Behind the Murdaugh Murders," from The New Yorker. I forwarded a Wikipedia article about where to find wild orchids in the Corkscrew Swamp Sanctuary on the west coast of Florida to a dear friend. I suggested a bushwhacking adventure, which she promptly declined. For the best article about articles, you want to read, "David Brooks Announces the Sidney Awards for Best Essays," from The Times last Dec. 29.

Last week I was wowed by a story about finding awe in nature and finding comfort in our place in the universe. "The 'Small Self' Effect," by Shannon Stirone, can be found in The Atlantic.

Let's start an exchange. Send me an article you want me to read, and I'll return the favor. The idea is to elevate, illuminate and entertain. To teach.

Copyright 2023 Randi Kreiss. Randi can be reached at randik3@aol.com.

S it by my side for a minute and I will likely try to teach you something.



Incorporating Gold Coast Gazette LAURA LANE Senior Editor ROKSANA AMID

Reporter RHONDA GLICKMAN Vice President - Sales

OFFICE 2 Endo Boulevard Garden City, NY 11530 Phone: (516) 569-4000 Fax: (516) 569-4942 Web: glencove.liherald.com E-mail: glencove-editor@liherald.com Twitter: @NSHeraldGazette Copyright © 2023 Richner Communications. Inc.

HERALD

COMMUNITY NEWSPAPERS Cliff Richner Publisher, 1982-2018 Robert Richner Edith Richner Publishers, 1964-1987

STUART RICHNER Publisher

MICHAEL HINMAN Executive Editor JEFFREY BESSEN Deputy Editor JIM HARMON

Copy Editor KAREN BLOOM Features / Special Sections Editor

> TONY BELLISSIMO Sports Editor TIM BAKER

Photo Edito

RHONDA GLICKMAN Vice President - Sales

Executive Director of Corporate Relations and Events

LORI BERGER Sales Director

ELLEN REYNOLDS Classified / Inside Sales Director

> JEFFREY NEGRIN Creative Director

CRAIG WHITE Art Director

Production Coordin

DIANNE RAMDASS Circulation Director

HERALD COMMUNITY NEWSPAPERS Baldwin Herald Bellmore Herald Fast Meadow Herald Franklin Square/Elmont Herald Freeport Herald Glen Cove Herald Hempstead Beacon Long Beach Herald bok/East Rockaway Herald ne/West Hempstead Herald Merrick Herald Nassau Herald Oceanside/Island Park Herald Ovster Bay Herald Rockaway Journal lockville Centre Herald South Shore Record Valley Stream Herald Wantagh Herald Sea Cliff/Glen Head Herald aford Herald Uniondale Beacor

MEMBER:

Local Media Association New York Press Association Glen Cove Chamber of Comme

Published by Richner Communications, Inc. 2 Endo Blvd. Garden City, NY 11530 LIHerald.com (516) 569-4000

HERALD EDITORIAL A year later, still defending freedom, democracy

he moment Russian President Vladimir Putin marched his forces across the border into neighboring Ukraine, the world was shocked. Not that Putin was *going* to do it — it was an open secret that an invasion was imminent. No, the world was

actually did it. "How this can happen in a modern world, in a modern country, is beyond me." Those were the words of Oleh Balaban, the Ukrainian-born owner of Ole Fajitas in Wantagh, in the days following the Feb. 24, 2022, invasion. Balaban has lived in the United States since he was 11, but has plenty of family back home including a cousin who was drafted into the Ukrainian army at the start of the conflict.

shocked because it couldn't believe he

"I'm watching the news every day, hoping that maybe something turns positive," Balaban said. "That maybe Russia decides to call back and say: 'Retreat. We don't want to do this anymore.' But that is never coming."

It was the largest European invasion since World War II, pitting a superpower — Russia — against a much smaller, yet far grittier, opponent, Ukraine. Yes, there was ample pride on the Ukrainian side, where they waved the blue-and-yellow flag. But this was Russia we were talking about.

More than 900,000 soldiers, with another 2 million on standby — triple the numbers Ukraine boasted, according to a CNN report at the time. Nearly 16,000 tanks, 1,400 planes, nearly 1,000 helicopters, compared with Ukraine's total of barely 3,500 in all three of those categories of armaments.

And Russia has dedicated more than \$45 billion per year to defense spending, while Ukraine spends \$5 billion.

On top of that, its president, Volodymyr Zelenskyy, had spent his entire life as a comedian and actor, not a politician or even a military leader. This wasn't going to be a long campaign.

Or so we thought. It turns out that underestimating Ukrainians' tenacity, pride and desire to stay independent is a mistake. Especially if you're Russia.

More than 100,000 Russian soldiers have been killed in the conflict, according to NBC News, compared with 13,000 Ukrainians. But so have more than 7,000 civilians, including hundreds of children. Then again, it's likely that casualties on both sides are actually far higher.

And that is the truest cost of war. Not the billions of dollars poured into it, but the lives that are damaged or destroyed, and especially those that are lost. Governments see war as territorial expansion, or acquisition of resources. Sometimes it might be necessary to remove someone truly evil, or it could simply be over what kind of faith you practice.

But in the end, all it really accomplishes is turning the world upside-down. Even after Russia bullied its way into the Crimean Peninsula, Ukraine was home to 44 million people who lived their lives the same way we do — looking to leave our society in a better place than we found it. Getting married. Having kids. Spending time with our grandchildren. Working dream jobs. Counting down the days toward retirement and relaxation.

Some 8 million people have left Ukraine since the invasion, and many will never return. Even if they do, with the blue-and-yellow stripes flying above Kyiv, it will take years — if not decades — to rebuild. To heal. To move forward.

"I know a great deal of the horrors and tragedies of war," U.S. Army Gen. George C. Marshall once said. "The cost of war in human lives is constantly spread before me, written neatly in many ledgers whose columns are gravestones. I am deeply moved to find some means or method of avoiding another calamity of war."

Yet the constant deluge of horrors from war is never enough to turn us off from it. As long as there are people on Earth, there will be wars. Most of us are fortunate we haven't been caught up in it, but we don't have to be there to feel the pain.

Just ask Oleh Balaban. When his cousin left for the military, he had to leave his wife and young son behind.

"I hope this comes to an end so I can stop worrying what I'll wake up to see on the news," Balaban said a year ago. "It's tough to watch, but I remain hopeful and optimistic that Ukraine will keep defending their freedom, their democracy and their homeland."

But the fact is, Ukraine never should have had to.

LETTERS 'We were scammed' by Santos

To the Editor:

Re Randi Kreiss's column "Minx or madman: the George Santos Story" (Feb. 16-22): I have been a resident of Glen Head, part of the Town of Oyster Bay and part of the 3rd Congressional District, since 1975. The state Democratic Party did a horrible job of running its campaigns last fall. I saw thousands of signs for Lee Zeldin, the Republican candidate for governor, and George Santos. I only saw a handful of signs for Robert Zimmerman, Santos's opponent. I got one phone call from New York State United Teachers — I'm a retired teacher — to urge me to vote for Zimmerman. I got daily robocalls from the Zeldin/Santos campaign on my answering machine.

One local newspaper, The Leader, had a story before the election that George Santos was a fake, but no big newspaper (Newsday, N.Y. Times) checked it out or mentioned it anywhere. How did The Leader know something that the Republican and Democratic parties did not?

I wasn't surprised that Zeldin and Santos won on Long Island. I am surprised that the local Republican Party didn't vet their congressional



March 2, 2023 – GLEN COVE HERALD

OPINIONS At the Capitol, it was almost as if I'd never left

fter my

friends'

initial shock at

from the past, it

was like old times.

seeing a face

ast month I made my first visit to Capitol Hill since Dec. 28, 2020, the day I had cast my final vote on the floor of Congress before my

retirement from the House of Representatives. Actually, the absence from Congress seemed even longer, because Covid restrictions had severely reduced the days I spent in Washington for most of 2020.



PETER

KING

Bruce Blakeman and GOP Chairman Joe Cairo to meet with members of New York's congressional delegation, I couldn't help thinking of Thomas Wolfe's caution that "You Can't Go Home Again." Not that

Driving down to

Washington with

County Executive

Washington was ever my home, but I had spent three to four days a week there for most months of the 28 years I was in Congress. During those almost three decades there were highs and lows, victories and occasional defeats, but never a moment of regret about being there. It was the experience of a lifetime. Now I wondered how it would be coming back.

After the almost five-hour drive, we checked in at the Hay-Adams Hotel, across from the White House, in mid-afternoon.

Our first stop on Capitol Hill would be U.S. Rep. Anthony D'Esposito's office in the Longworth Building. D'Esposito is my congressman, and represents many of the South Shore Nassau County communities I had represented. Driving up Indepen-

dence Avenue to Capitol Hill, my first view of the massive Capitol dome brought back good memories and a sense of reassurance.

D'Esposito graciously welcomed us to his fifthfloor office. Over sandwiches and coffee he discussed his first weeks in Congress, including the turbulent five days, and 15 ballots, which finally resulted in Rep. Kevin McCarthy's election

as speaker of the House. As a former chairman of the Homeland Security Committee, I was particularly interested in D'Esposito's appointment to that committee and his designation as chairman of its subcommittee on Emergency Preparedness, which is so vital to New York and Long Island. Learning that Long Island Congressmen Andrew Garbarino and Nick LaLota would also be on the Homeland Security Committee gave me further reassurance that our security interests would be protected.

Walking through the underground tunnels to the Capitol with D'Esposito, Blakeman and Cairo, I began to feel I was back. Capitol Police officers recognized me and said hello, as did clerical staff manning the information booth. I ran into old Republican friends like Mario Diaz-Balart, from Florida, and Democrats like Jim

McGovern, from Massachusetts, a committed progressive if there ever was one. After their initial shock at seeing a face from the past, it was soon like old times.

Garbarino then joined us for a meeting with House Majority Leader Steve Scalise in the Louisiana congressman's conference room. I always had a great regard for Steve. He had been on the edge of death in 2017 from severe gunshot

wounds suffered in an assassination attempt by a gunman who was shot dead by Capitol Police. After multiple surgeries and extensive rehab, Scalise is almost fully recovered, and is fighting as hard as ever. I was especially thankful that he was a strong ally of mine in passing 9/11 health care legislation.

Giving us a lot of his time, Scalise readily acknowledged that Republicans wouldn't be the majority party without the seats we won in New York last November, especially on Long Island and in Rockland County. He emphasized that our congressional agenda would focus on hardworking middle-income families and support for the police.

Voting on the House floor began at 6:30. As a former House member, I retain floor privileges, but it felt surreal to enter the House chamber again. Within seconds, though, I felt as if I had never been away. After their initial surprise, former colleagues couldn't have been more welcoming. When the voting concluded, D'Esposito was given the honor of serving as speaker for the proceedings that followed. He looked like the real deal in the speaker's chair!

Later that evening, we were joined for dinner at Mastro's Steakhouse by Representatives Nicole Maleotakis, from Staten Island, and Nick Langworthy, from Erie County. As in all of our meetings that day, Bruce Blakeman and I stressed the importance of restoring the income tax deduction for state and local taxes and retaining local control of zoning to preserve our suburban communities.

After a few drinks back at the hotel as we reviewed the events of the day, we called it a night. Beginning the drive back to Long Island the next morning, I took another look at the glorious Capitol dome shining in the morning sun. The trip had been bittersweet, but I was truly glad to be back. God bless America!

Peter King is a former congressman, and a former chair of the House Committee on Homeland Security.

LETTERS

candidate, and the Democrats didn't, either — maybe they assumed the Republican Party had?

I have written to Santos, asking him to resign, since he is a liar and ran a fraudulent campaign. (No response.) I have also written to House Speaker Kevin McCarthy, asking him to ask for Santos's resignation. (No response.) In New York state there is no recall law, so it seems we are stuck with Santos for two years and probably longer, since the Republican Party is very strong here. If he had been a teacher with bogus credentials, he would have been fired immediately.

We were scammed.

AMY KEMPTON Glen Head

Please, keep the food donations coming

To the Editor:

I serve not only as the pastor of Wantagh Memorial Congregational Church, but also as treasurer of the Long Island Council of Churches. The emergency food pantry in Freeport is a mission of that organization.

Each year, after significant donations during the Thanksgiving and Christmas seasons, we experience a significant decrease in donations in the following months. This has required me to write significant checks from our operating budget to keep food on our shelves in January and February. This year, with the cost of food much higher due to inflation, we are seeing more and more folks coming to the pantry and less and less food on our shelves.

The People's Food Drive began as a mission project of the Community Presbyterian Church of Malverne 12 years ago. Over the years, to increase the impact of its successful mission, the food drive has been extended to businesses, civic organizations and caring individuals across the South Shore. In 2022, over 200 people showed up on Move the Food Day, an annual event when all of the collected donations are packed up and taken from Lynbrook to the LICC Food Pantry in Freeport. This year, my church has decided to bring the People's Food Drive to Wantagh at this crucial time.

You can participate in several ways. You can drop off nonperishable food at the church, at 1845 Wantagh Ave., from 10 a.m. to 2 p.m. Monday through Friday. There will also be collection boxes at the front and rear doors if you can't come during those hours. We will also be conducting a food drive at the King Kullen on Wantagh Avenue on March 11, from 9 a.m. to 2 p.m. The church will also be collecting food or financial donations during

FRAMEWORK by Tim Baker



'Speedcubing' at the library - East Meadow

this year's St. Patrick's Day parade.

If you would like to get your neighborhood, place of worship or civic organization involved, please contact me at (917) 940-6447 or ron.garner@gmail.com. And if you would like to be involved in a "hands on" experience, Move the Food Day, when volunteers gather at the food pantry in Freeport, will be on March 25. Your kindness and compassion for the food insecure will be greatly appreciated. THE REV. RON GARNER Pastor, Wantagh Memorial Congregational Church



In "Chris Ortiz is Glen Cove's first Hispanic police chief" in our Feb. 23 issue, we should have said he is the first deputy police chief. GLEN COVE HERALD - March 2, 2023



GRACE MERRELL SLEZAK Licensed R.E. Broker/President 516-768-1000 grace.slezak@gmail.com



HOMES • ESTATES • ACREAGE • CONDOS • NEW CONSTRUCTION RESIDENTIAL • COMMERCIAL



Set in the most magnificent, prime location overlooking endless verdant views and an awe-inspiring panorama of the golf course, this mint condition end unit offers gracious entertaining rooms, comfortable family living, and tranquility with a relaxed lifestyle in this highly sought after gated community, The Knolls. Enter the foyer with guest closet and elegant powder room. Proceed to the gracious living room with fireplace and enter the dining room with sliding door to the expansive deck with exquisite views. The updated kitchen features excellent cabinet space, beautiful granite counter tops and stainless steel appliances. Den/library leads to the 2 car garage. The spacious primary bedroom suite with sitting area by the decorative fireplace and spa bath with jetted tub and separate shower, walk-in closet and private balcony deck crown this serene retreat. Two additional bedrooms, a full hall bath and linen closet complete the second floor. The lower level is finished with a large family room, laundry room, utility room and storage area. Hardwood floors are throughout this home including under the wall-to-wall carpeting. Additional features include central vac, humidifier, upgraded electrical system to charge your electric car, remote security system, etc and the accourtements which provide your dream lifestyle. Convenient to shopping, schools, commuting, fine and casual dining, country clubs and golf courses. North Shore School District. **ML# 3456370**

24

To Arrange an Appointment Contact Grace at 516-768-1000