



Goodbye to summer

A single sunbather soaked up the last rays of the season at Glen Cove's Morgan Park. More photos, Page 10.

Chaos erupts at council meeting Residents show their support for The View Grill

By ROKSANA AMID

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An hour before the Glen Cove City Council meeting on Tuesday, about 20 protesters gathered outside the doors of City Hall, chanting, "Save the View." The phrase surfaced last month, after the city announced its request for proposal for property it owns at 111 Lattingtown Road, now being leased by Jeanine DiMenna, owner of the popular restaurant The View Grill.

At the rally, protesters clutched neon-pink signs of protest, and Gracie Donaldson Cipriano held a large poster-board with a photo of the Herald front page on which DiMenna was named the paper's 2021 Person of the Year.

John E Schepanski, a local small-business

owner and the founder of the Facebook group Save the View-Glen Cove, said he organized the rally because he knows DiMenna has "always done good for the community." Schepanski said he believed that since DiMenna has a longstanding positive history in the community, she deserves special consideration for a new city contract

The RFP calls for extensive capital improvements to the property, including a second story, or a total demolition of the structure to facilitate a catering hall with a capacity of 200, an increase from the 133 patrons the existing structure allows, excluding 111 more in the outdoor dining areas and a tiki bar.

The RFP elicited two proposals, one from **CONTINUED ON PAGE 4**

Maragos: I'll be Glen Cove's 'top salesman'

By ROKSANA AMID ramid@liherald.com

George Maragos, a Democrat vying to replace Glen Cove's Republican mayor, Pamela Panzenbeck, on Nov. 7, is an immigrant who attained the American dream. He says he wants to use his background in finance to give back to his

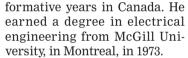
community. A mayor must

have a vision of what the economy should be, Maragos said, and how to better attract businesses that will create a vibrant economic environment. "One of the jobs of the mayor,"

he said, "is to be the top salesman for the city," and to attract businesses. And he would like to see another major grocery store in Glen Cove.

"I can make the city much better, "Maragos said. "I can improve the economy, I can improve the quality of life, fix our infrastructure, and do it cost-effectively. I have those skills that are lacking.'

Maragos' family emigrated from Greece to Canada when he was young, and he spent his



When he began his career at Bell-Northern Research, Maragos was one of the company's voungest managers. He researched electromagnetic theory in advanced and wire-

> less telecommunications in its early stages of development. In 1978, he moved to New York to become an associate consultant at Booz Allen & Hamilton, an American government and military contractor, specializing in

intelligence, and he eventually became an associate in charge of developing information technology solutions for multinational commercial clients.

In 1981, Maragos joined what was then Chase Manhattan Bank, as vice president of system banking operations, risk management and security. He implemented the first corporate global electronic-fundstransfer network, establishing market leadership and reduc-**CONTINUED ON PAGE 2**

skills that

for mayor



have those

Former comptroller has an economic vision

CONTINUED FROM PAGE 1 september 28, 2023 – GLEN COVE HERALD

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salesman for

GEORGE MARAGOS

Democratic candidate

the city.

for mayor

ing processing costs. He managed strategic regional processing centers in London, Hong Kong and South America to support the bank's global expansion.

Maragos earned an MBA in finance in 1983 from Pace University, and was later promoted to vice president at Chase. He became a

naturalized U.S. citizen in 1985.

From 1986 until 1989, Maragos was a vice president at Citicorp, where he oversaw the investment banking system. While there, he also served as telecommunications director for Citibank's treasury systems.

In 1989, Maragos founded his own business, SDS Financial Technologies, and was its president and CEO for over 20 years, until he was elected Nassau County comptroller in 2009. He was the county's 13th

comptroller, and the first of Greek origin. As comptroller, Maragos monitored the county bud-

get and its financial operations, audited government agencies — and agencies with county contracts — in search of waste and abuse, and reviewed county contracts and claims. He reported on matters that affected Nassau's financial health and operations, worked with the administration and the Legislature to help the county overcome its fiscal challenges, and oversaw the preparation of Nassau's annual financial report and the administration of its payroll and employee health benefits.



Former Nassau **County Comptroller George Maragos** hopes to replace Pamela Panzenbeck as Glen Cove's mayor in the election on Nov. 7.

Roksana Amid/Herald

In 2012, Maragos was an unsuccessful candidate for U.S. Senate, but was re-elected county comptroller in 2013. He is credited with reducing government spending by over 30 percent, and for reducing the long-term county debt by over \$100 million.

In. 2016 Maragos and his wife, Angela, moved from Great Neck to Glen Cove, which George described as a "down-to-earth" community. That same year, he sought the Democratic nomination for county executive, but lost to Laura Curran.

Maragos is running for mayor because he has seen

what he called a "steady erosion" of the city's economy and its quality of life. He said he is concerned about Glen Cove's empty storefronts and crumbling infrastructure, and increased bacteria levels at the city's beaches caused by pollution.

If elected, he said, one of his first priorities would be to fix the city's finances, which, according to his campaign website, are categorized by state Comptroller Thomas DiNapoli's office as "under stress." He also wants to tackle the problems residents face with flooding and unpaved roads.

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Josephine DeMarco, who works at the Glen Cove Public Library part time, helped organize books for the two-day event.

Library's book sale, first time in 20 years

By ROKSANA AMID

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Howling winds and rain didn't stop bookworms from attending the second day of the Glen Cove Public Library's book sale on Saturday, organized by the Friends of the Library.

The organization, a non-profit established in 1970, raised \$1,600, surpassing their projected amount of \$1,000. The two-day event was last held over 20 years ago, but resurfaced at the suggestion of Marissa Lee, chair of the Friends' fundraising committee.

"Before we even finished setting up, there were people looking to purchase books and we didn't even have our cash box ready, and they were handing us money," Lee said about the prior day's sale. "I was actually a little nervous that we weren't gonna have any customers, but then it just took off."

The friends' are the liaison between the library and the community, serving the preschooler to the retiree, and are dedicated to supporting the activities and mission of the Glen Cove Public Library.

The Friends strive to enrich the resources of the library, as well as to express the public voice about its operation.

Some of their past accomplishments have been sponsoring lectures and concerts, the purchase of a piano for the community room, book and author luncheons, new public use computers and the co-sponsorship of the popular museum pass program. Coincidentally, the library had received an influx of donations a few weeks before the event.

Maria and her daughter Ava Buchholtz, a first grader in the city's school district, found out about the book sale through flyers and posts on Facebook. The pair go to the library on Saturdays to spend quality time together while picking out their favorite books for Ava's reading chart.

When Ava meets her reading goals,



Ed Schlee, better known by his stage name Eddie Havoc, loves reading while touring with his band Media Crimes.

she gets heart shaped stickers. When she meets her next reading goal, she will earn a Furby,

Edd Schlee, better known by his stage name Eddie Havoc, says he loves to read while on tour with his band Media Crimes. The self described reada-holic says he and his wife frequent the library as much as they can. His favorite genres are science fiction, history and biographies. He said he appreciates libraries because they're a free resource,

"These books are printed, they exist, they're finite," Schlee said. "No one can edit them on the internet, vis-à-vis Orwell. Books are a continuous representation of what's real and physical as opposed to what somebody just makes



Nadeline Kilada, who loves reading fiction and classic literature, attended the second day of the library's book sale.

up and puts on the internet."

Katina Csillag, the new president of Friends of the Glen Cove Public Library, said she's thankful for those who generously donated books and to all the staff and volunteers who helped organize the sale.

Csillag said that many who showed up to the sale asked when the event would happen again. Although she couldn't confirm a next date or how frequently the event would occur, she said she looks forward to holding another sale.

Ava, left, and Maria Buchholtz frequent the Glen Cove Library on Saturdays to check out their favorite books for the week. Ava has a reading chart to help meet her reading goals.



Community support for restaurant continues

CONTINUED FROM PAGE 1

DiMenna and the other from Kent Monkan, owner of KVM Food Corp. In a phone interview, Fred DiMenna stated that plans for The View include enlarging the catering room to 90 seats and removing some interior walls to combine three rooms. The DiMennas would also add doors opening to the tike bar, update the building's HVAC system, relocate a walk-in refrigerator, repair the restaurant's floors, paint the walls and relocate the dumpster enclosure.

At the meeting, Councilman Kevin Maccarone said he had seen both proposals, and noted that Monkan did not plan to expand the space. He added that the only structural change would eliminate the exterior "sunroom."

"People are saying 'They want to bring in these catering halls, and there's not enough parking, and we're going to compete with the Glen Cove mansion," Maccarone said after the meeting. "No one wants to come in and put in a monster catering hall."

The entire meeting ran from 7:30 to 10:45, and pandemonium erupted when attendees expressed their frustration with the parameters of the RFP, complaining that its requirements were beyond DiMenna's reach. Twelve people approached the dais to say the process lacked transparency, and that there wasn't enough information about the process made available to the public.



An hour before the City Council meeting, protesters showed support for the The View Grill, whose lease is set to expire in 2024.

Mayor Pamela Panzenbeck and Maccarone said that those who were concerned about the process could file Freedom of Information Law requests for the details of the RFP process.

"There is no decision," Panzenbeck said. "It's almost as though people are assuming as though we made the decision of where this is going to go. We have not."

Councilwoman Marsha Silverman said she did not ask to see both submissions, but for the pre-council meeting on

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100 Merrick Rd., Rockville Centre • 3000 Marcus Ave., Lake Success Other offices in Huntington • Melville • Islandia Sept. 19, she requested an update on the proposals.

"I did it through that process so that all City Council members would get the same information at the same time. At pre-council last week, Pam . . . did not tell us anything about the submissions, so I thought that (information) was being kept confidential at that point. I was unaware that other council members already had information about the proposals."

Silverman added that the purpose of an RFP is to create an objective process with a level playing field.

"My main concern is that all the council members are not receiving information simultaneously, and the information promised has not been forthcoming timely to all elected officials," she said. "That's why I was concerned when it became clear that others had information that was not provided to all."

The proposals are being reviewed by members of an advisory committee that were chosen by Panzenbeck, Deputy Mayor Donna McNaughton and City Attorney Tip Henderson. They include Louis Fugazy Jr., Scott Grupp, Pat Hall, Cherise Kramer, Vincent Hartley, Cynthia Ayres and Lisa Travatello. The group is expected to submit its suggestions to the City Council next month.

At the meeting, Peter Budraitis said

he understood that the RFP was necessary by law, but he felt that the committee and the council should keep Glen Cove residents in mind when awarding the contract. Many of the city's small businesses, Budraitis said, went out of business because larger corporations have impacted local sales. He cited Brinkman's, CVS and Ace Hardware as examples. He added that DiMenna's financial hardship during the pandemic put her at a financial disadvantage, even though she offered discounted prices on food to help those in need.

"The current RFP, I feel, was a little bit biased towards larger businesses, and would have been difficult for Jeanine to compete with," Budraitis said. "Don't turn The View into something it shouldn't be. So many businesses in Glen Cove and surrounding areas have all stepped up and said that they don't want that to happen. When are we going to look out for the small businesses in town? It's more than just The View — it's about what it represents that we're trying to do."

When Budraitis asked if the decision on the new occupant of 111 Lattingtown Road would be made before the Nov. 7 election, Panzenbeck replied, "Probably, yes," adding that she did not intend to delay awarding the contract until Election Day.



HOW TO REACH US

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George Santos update Santos supports Menendez's right to due process

By ROKSANA AMID

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During the summer, Congressman George Santos sought a venue to hold a town hall meeting with constituents, but his attempts to schedule those public meetings in Hempstead, North Hempstead and Oyster Bay were denied.

On Sept. 15 he announced a town hall to be held on Sept. 22 at the Westbury Public Library. The event was cancelled "due to Congress being in session," Pat Young, Santos' press secretary wrote in an email. When asked by The Point whether a new date has been set, Young replied. "Not vet."

Ironically, right after Santos cancelled the public meeting, Republican Speaker Kevin McCarthy said he hoped to keep members in Washington for a weekend session regarding the GOP threat of a partial government shutdown that would begin on Oct. 1. Chaos ensued, and McCarthy decided not to call them into session until Sept. 25.

Santos has been at the center of controversy since allegations surfaced of him falsifying his background during his campaign. The embattled lawmaker currently faces 13 federal criminal charges related to alleged financial crimes, but he's not the only elected official facing indictment charges.

Senator Bob Menendez, a Democrat from New Jersey, and his wife, have joined Santos, charged with conspiracy to commit bribery, conspiracy to commit honest services fraud and conspiracy to commit extortion under color of official right. The bribes the couple received include "cash, gold bars, payments toward a home mortgage, compensation for a low-or-no-show job, a luxury vehicle and other items of value," the indictment alleges. Prosecutors allege that Menendez, along with his wife, Nadine, accepted hundreds of thousands of dollars in bribes to assist three New Jersev businessmen and interests in Egypt. Federal authorities found nearly \$500.000 in cash and \$100,000 in gold at the couple's residence during a raid last year, the alleged payment for the bribes.

Santos said the senator should not resign from his position amid the recent indictment on federal charges.

"He's innocent until proven guilty," Santos initially told NBC News Capitol Hill correspondent Julie Tsirkin at the U.S. Capitol. "The media has to stop acting like everybody is guilty before they're even judged by a jury. So, no, I think everybody is innocent until proven guilty. When did we walk away from the fabric of our Constitution that everybody has a presumption of innocence before anything else? So, no, I don't think he should resign."

In an unlikely alignment, Democrat Senate Majority Leader Charles Schumer and Santos were quick to offer support for the embattled senator to stay in office even as fellow Democrats, led by New Jersey Governor Phil Murphy, called for his resignation.

Both Santos and Menendez have denied the charges against them and insisted they will not resign as their separate cases play out in the courts. They have both echoed the sentiment that their calls for resignation are akin to a 'smear campaign.'

The news surrounding Menendez financial entanglements seems to have overshadowed Santos missed deadline to submit a key financial disclosure report to the House Committee on Ethics, a months-long delay the embattled New York Republican blamed on his federal taxes and the desire to avoid inaccuracies in the findings. The disclosure is meant to provide a public snapshot of the representative's personal finances.

In an emailed statement to the Associated Press, Santos acknowledged being tardy, but said he would "rather be late, accurate and pay the fine than be on time, inaccurate, and suffer the consequences of a rushed job."

He received a 90-day extension for the

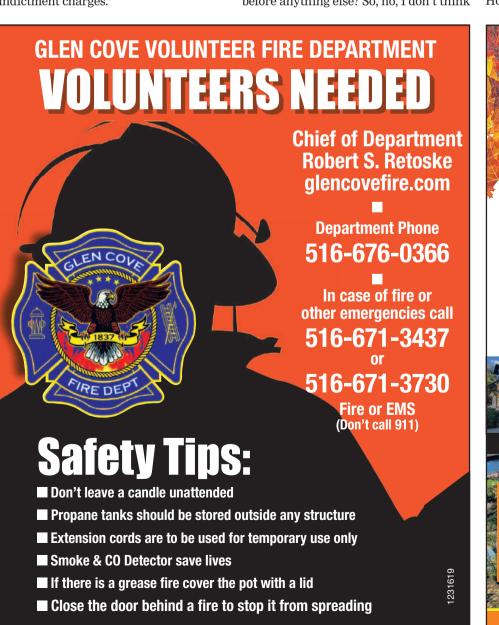


Herald file photo

GOP Congressman Santos supports Democrat Senator Bob Menendez's right to due process. Both elected leaders face federal indictment charges.

then missed the due date in August. At the time, he said he planned to file the disclosure within a 30-day grace period permitted by the federal government.

House Speaker Kevin McCarthy has said he won't support Santos in his bid for re-election, but has not called for Santos to resign, saying he believed in due process. However, McCarthy has called





Tolerance center to make room for more

 By ROKSANA AMID

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The Holocaust Memorial and Tolerance Center is constructing an auditorium to increase the number of visitors they can accommodate. With the increasing amount of antisemitism in the state, they say education is an essential tool to combat hateful acts.

PBS reports that antisemitism rose in the United States in 2022 and "shows little sign of abating worldwide." Based on a report released by Tel Aviv University's Center for the Study of Contemporary European Jewry and the U.S.-based Anti-Defamation League. Researchers claim that political radicals have gained mainstream popularity.

In recent years, the center has experienced an uptick in antisemitic instances, such as swastikas spray painted on the center's property.

"We understand that what we provide is something so important for our community," Mojgan Pourmoradi, the new director of the center said. "We want to make it accessible to as many people as possible."

Beginning in the 1880s, entrepreneur and philanthropist Charles Pratt acquired nearly 1,100 acres of land in Glen Cove. As they married, Pratt gifted each of his six sons and daughters' portions of the coastal property to build summer residences. Welwyn Preserve on Crescent Beach Road was passed down to Nassau County in 1969. The mansion and immediate surroundings became home for the Holocaust Memorial and Tolerance Center in 1992, while 204 acres are a preserve of wooded trails leading to the Long Island Sound shore.

Completion for the 6,000 square-foot auditorium is estimated to take three years. The museum is accepting donations to fund the \$2 to \$3 million dollar educational resource. The space is intended for student visits, lectures and a place for discussions.

Joe Yacobellis the senior associate and director of design for MOJO.STUMER + ASSOCIATES in Greenvale said the design centers around a modern aesthetic, and will resemble a "glass enclosed, jewel box." He said they're looking to emphasize how significant it is with the design. The structure will be connected by a "glass box." When visitors walk into the main lobby under the main staircase there will be a large set of double doors



The 'glowing glass box' design is contrasts the heaviness and the solidness of the existing brick building.

which will link the rear of the museum to the structure via a glass framed narrow corridor. "The design is kind of

intended be almost like a box within a box," Yacobellis explained. "If you view the building from the grounds from the outside, it's an allglass facade with a very thin floating roof. It's meant to be very light and be very different, like a floating in landscape."

Within the "glass box" visitors can expect to see a series of wood walls that houses the actual auditorium where visitors can move around the perimeter of the building along the glass wall. There will be hallways that will take visitors out and around into the rear amphitheater. Once inside the

auditorium itself, visitors are within that inner box of wood walls and inside the auditorium space. Within that inner box of wood walls will be Jerusalem stone panels, which will have inscriptions of engraved names of victims of the Holocaust. Yacobellis added there will be an opportunity for more "remembrance elements."

"Our intention was for the new building to be distinctly different from the existing building," Yacobellis said. "The fact that it's this sort of glowing glass box

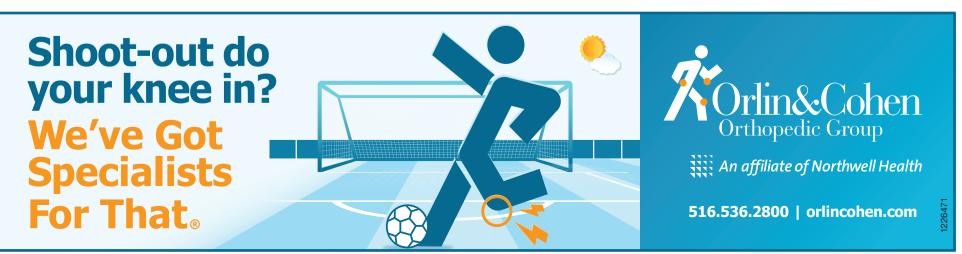


The Holocaust Memorial and Tolerance Center is constructing an auditorium to increase the number of visitors they can accommodate. The auditorium will resemble a floating glass box.

is in significant contrast to the heaviness and the solidness of the existing brick building. It was always our intention for this building to have a very clear separate identity from the existing building."

Howard Maier, chairman emeritus of the museum's board, said the center underwent extensive renovations about 20 years ago. The 100-year-old kitchens that were no longer in use were removed. The heating and air conditioning systems were updated as well as the second floor with excessive rotting, as well as an update of the leaking roof. "We put in a state-of-the-art museum, after we did the renovation," Maier said. "As part of the renovation we put in a handicap accessible elevator from the basement to the third floor, and we did not have a functioning elevator prior. All those renovations were done, as well as putting in the new museum. We were closed for about 18 months."

The center already has a designated room inside the building for speakers and presentations which accommodates about 80 people, but Maier said the auditorium will almost double the capacity.



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REAL ESTATE

Honoring heroes with 'humanitarian spirit'

By ROKSANA AMID

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The American Red Cross is known for being there when people need them most, but even those heroes have heroes of their own. And on Thursday, Oct. 26, the Long Island chapter will celebrate those who have taken extraordinary actions to save lives and perform unselfish and extraordinary acts to help their communities.

It's all part of the Long Island Heroes Celebration, set to begin at 6:30 p.m., at the Cradle of Aviation Museum in Garden City. There, the Red Cross will honor Kevin Rivera of Uniondale, Barbara and Robbie Donno of Plandome Manor, and First Quality Enterprises.

Headquartered in New York City, the Greater New York Region of the American Red Cross has served more than 12 million people for a century not just in the city and on Long Island, but also in Rockland and Westchester counties, as well as Greenwich, Connecticut.

"The Long Island Heroes Celebration is an opportunity for us to recognize members in the community who really reflect the humanitarian spirit of the Red Cross," said Desiree Ramos Reiner, the chief external affairs officer for the Greater New York Region. "We like to take this moment to really recognize people who live on Long Island, or who have companies on Long Island, and really make a difference in people's lives every day."

Rivera, a former Amazon driver from Uniondale, is being hailed a hero for coming to the rescue of a Syosset family during a house fire last year. He had just made his final delivery and was driving away when he noticed a small fire near the front entrance of a neighboring home.

He pulled over to call 911, but when he took a closer look, he saw a woman holding a child inside the house completely unaware of the danger that was quickly spreading. When Rivera got to the front entrance, he



Courtesy American Red Cross, Long Island chapter

Kevin Rivera of Uniondale rescued people from a burning house. He is one of three honorees who will be celebrated by the Long Island chapter of the American Red Cross at its Long Island Heroes Celebration.

frantically knocked before breaking the door down.

Once inside, Rivera realized the woman and child were not alone, so he rushed to pull everyone outside. Despite a language barrier, Rivera led the six occupants and two dogs to safety through thick black smoke, and the sounds of windows breaking and wood cracking around them.

Rivera — who will be awarded a Good Samaritan Hero — said he hopes to one-day contact the family to see how they've been since the fire.

First Quality — a manufacturer of household paper,

Want to go?

The Long Island Heroes Celebration takes place Thursday, Oct. 26 at 6:30 p.m., at the Cradle of Aviation Museum, on Charles Lindbergh Boulevard, in Garden City. Tickets start at \$300. For more information, visit tinyurl.com/LIHeroes.

adult, feminine, and baby care products — has been a committed Red Cross supporter for more than a decade, contributing to unprecedented disasters such as Hurricane Sandy and Hurricane Harvey, and recently supporting communities impacted by Hurricane Ida in 2021 and Hurricane Ian in 2022.

The Donnos reflect the humanitarian spirit of the American Red Cross because they have dedicated their lives to service. They serve the community through elected office and also through the education system.

Prior to her tenure as mayor, Barbara was a member of the Manhasset School District education board, leading as its president for four years. She is also a former elementary school teacher.

Robbie is the co-founder and chair of Gift of Life, which provides life-saving operations for more than 2,000 people each year. The couple also helps treat children with health ailments in 80 countries, and have a partnership with more than 300 Rotary clubs in order to support these children.

"They really have such a deep commitment to the community and to bringing people together to make a difference," Reiner said. "They personify the work of the Red Cross."



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Lung Force walk debuts on Long Island

By KEPHERD DANIEL

kdaniel@liherald.com

More than 500 walkers are expected to test their lungs — and help others by defeating lung disease and improving lung health — with the inaugural Lung Force Walk on Long Island.

Set for a 9:30 a.m., start at Eisenhower Park, the American Lung Association-sponsored event is intended to raise awareness — and funds — for vital lung disease research, education and advocacy.

There also will be a range of activities and informational tents set up around Lot 6 to learn about lung health and lung disease. An opening ceremony will kick off the walk at 11 a.m., with routes of a mile and three miles. Afterward, walkers will be welcomed back with a barbecue in the park.

Since the campaign began in 2014, it has grown into a larger awareness and communication project, culminating in walks across the country. Participants walk for all impacted by chronic lung diseases — from cancer, to chronic obstructive pulmonary disease, to asthma and pulmonary fibrosis.

For the Eisenhower Park event, the local band from Acoustic Overlook will perform live music. Event speakers include Dr. Nagashree Seetharamu of Northwell Health, and lung cancer survivor Carol Silva.

Funds from the Lung Force Walk will support the lung association's annual work in research, educational initiatives, and its advocacy work on state and federal levels.

Emily Amitin, a development director with the lung association's metro New York and Northern/Central New Jersey area, says the Lung Force Walk came about when organizers realized many people didn't know how dangerous some lung inflictions — especially cancer — are.

"Through a lot of our surveying, we realized that

while cancer was top of mind for individuals, people don't know that it's the number one cancer killer nationwide of both men and women," Amitin said. "Anyone with lungs can get lung cancer. It's not just a smoker's disease."

Next year, New York City will host its 10th annual Lung Force Walk. Its debut on Long Island came after the organizers noticed a large number of participants from the Manhattan event actually came from Long Island.

"It only makes sense to bring the community that brings a groundswell of support their own event," Amitin said. "We see participation in these events from a range of people who've been affected by lung cancer, COPD, asthma, and a range of health conditions — or people that simply care about clean air."

Touching on awareness about healthy lungs, Hewlett High School students Daniel Tkach and Ryan Weinman started their own New York chapter of the organization For Future Lungs last spring. The parent organization seeks to promote the risks associated with smoking and tobacco use for teens, and promote events dedicated to discussing the risks of tobacco.

Throughout the summer, the two 16-year-olds actively collaborated with an array of organizations, including the American Lung Association. They worked together to create a website, and got involved with a fundraiser that will ultimately benefit the lung association.

They also host a podcast online intended to help spread awareness about the harms of smoking, and how it affects mental health.

Tkach and Weinman will bring a representative from the Nassau County health department to the Lung Force Walk, educating participants about the detrimental effects of smoking.

Suzanne Vo is the development coordinator locally for the lung association, and was the Tkach and Weinman's

Want to go?

Registration for the inaugural Lung Force Walk Long Island – set for Saturday, Oct. 7 at Eisenhower Park – is free. To learn more, visit LungForce.org/longisland.

first contact when they sought to collaborate.

"Ryan and Daniel email me every day," Vo said. "Since it's a larger organization that was started on the west cxoast, they wanted to bring it to the east coast and into their high school to get more students involved."

In the meantime, the teen duo are working with the lung association to plan a school presentation after the Lung Force Walk about vaping and other lung diseases.

"It takes some time out, but we're doing it for a good cause," Tkach said. "If it's going to result in us staying up an extra hour or two in addition to our schoolwork and everything else we have going on in our lives, that's totally fine."

The New York City walk saw 1,000 people participate, raising \$275,000. The Long Island walk wants to raise \$110,000, and is on track to exceed that goal.

It's not very often students reach out directly, and Amitin commends the Hewlett teens for taking the lead on these important health issues.

"Within schools, requests to come into and work with students usually come from the administration," Amitin said. "The fact that these students are taking it upon themselves is unique for us, at least for the metro New York program. I think it's very encouraging to see people taking action and recognizing the issue."



GLEN COVE HERALD – September 28

,2023

HERALD NEIGHBORS



The pier at Prybil Beach is a great place to fish.

Elisa Dragotto/Herald photos

Farewell to one hot summer in Glen Cove

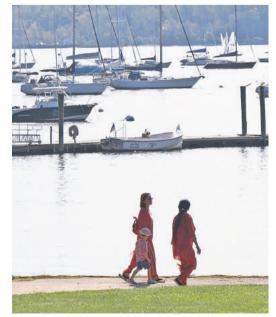
The end of summer in Glen Cove means yellow and orange leaves in parks, apple picking and cooler air throughout the city.

But some members of the community took the opportunity to enjoy the final days before the change in seasons. Some went strolling through the city's parks including Morgan Park's paved paths. Beach enthusiasts soaked up sunshine while lounging at Prybil Beach.

Although snow shovels and winter attire will be on everyone's minds before you know it, it was nice to enjoy the last days of summer.



Fishing is a popular sport in Glen Cove, especially in the summer.



Those who walk through Morgan Park enjoy the iconic backdrop of Hempstead Harbor.



Beachgoers soaked up the sun at local beaches before the cool autumn breeze flows through the city



Boaters at Crescent Beach drove through warm waters before cold winter weather forms ice on boats and piers.

STEPPING OUT



He's king of the neighborhood

Leaps from screen to stage

By Karen Bloom

t always turns out to be a beautiful day in the neighborhood when Daniel Tiger and his friends welcome families into their world. The latest stage show, based on PBS's acclaimed long running hit series "Daniel Tiger's Neighborhood,"

arrives at Tilles Center on Oct. 14. For those who may need a refresher, the pint-sized tiger in the familiar red sweater is actually the "son" of the original Daniel the Tiger who appeared on the beloved "Mister Roger's Neighborhood."

In this modern makeover, Daniel and his friends are involved in a new adventure in the Neighborhood of Make-Believe, where Daniel learns just what it takes to be king. New songs, a lively story, and surprise guests captivate the preschool set as Daniel finds out there's more to being king than being powerful. In this tale, goodness and friendship rule the day.

"Our story is all about kindness, and we need that now more than ever — especially after the last three years," says Amanda Lupacchino, who commands the show as Daniel. "This is a wonderful honor to Mister Rogers, and I'm so proud to be a part of it.

"Fred Rogers left behind a legacy that's incomparable. One of inclusivity, kindness, love and collaboration."

Lupacchino, 32, caught on to Mister Rogers as a child. Dancing and performing since she's been young, she's come full circle now. "I truly feel the connection," she says. Based in New York City, she's been charming audiences as Daniel since she joined the show in December 2018. The stage production, along with the PBS series, certainly resonates with families, just as the original Mister Rogers did for so many parents now sharing the "neighborhood" with their kids. Many of the same (or similar) characters — including King Friday, O the Owl (X the Owl's "nephew") Mr. McFeely — and songs continue to delight.

"Anyone who watched Mister Rogers as a kid will feel right at home," Lupacchino says. "Yet, it's also thoroughly modern for today's generation. In this tale, the audience follows along with Daniel and his friends through a school day, their lessons, and different activities."

It ends with a "school performance" with all the characters — What

Saturday, Oct. 14, 2 p.m. her favorite moment. "Daniel and his classmates put on a 'p within a play.' It takes pieces of their journer brings over their journer

Tickets start at \$30.60; available at DanielTigerLive. com or TillesCenter.org
Tilles Center for the Performing Arts, LIU Post
720 Northern Blvd., Brookville "Daniel and his classmates put on a 'play within a play.' It takes pieces of their journey and brings everything together in a way that's joyous and meaningful. I walk away with a lot of joy." In fact, more than joy. Her character's relationship with her young audience brings her to tears.

Lupacchino describes as

"I love experiencing it all with the kids. At the end of every show, I'm crying. The kids sing with me and blow me kisses. I just live for that. My connection with them all is truly special." From the moment everyone hears "Do you want to

From the moment everyone hears "Do you want to make-believe with me?" you know you've arrived in that special Neighborhood of Make-Believe.

"Expect a lot of singing and dancing, and interactive moments with all the characters," Lupacchino says. "Plus you'll leave in good spirits — and filled with love."

Courtesy Mills Entertainment Daniel Tiger, O the Owl, Miss Elaina, Katerina Kittycat, Prince Wednesday, and more familiar friends welcome everyone join them as Daniel becomes King for a Day.



Momix's Alice

See Alice in Wonderland as you never have before. Seamlessly blending illusion, acrobatics, magic, and whimsy, Momix Dance Co., will send you flying down the rabbit hole in Moses Pendleton's newest creation, Alice. You'll be taken on a mind-bending adventure inspired by Lewis Carroll's classic, 'Alice in Wonderland.' Alice encounters time-honored characters, including the undulating Caterpillar, a lobster quadrille, frenzied White Rabbits, a mad Queen of Hearts, and a variety of other surprises. Filled with visual splendor and startling creative movement, Alice reveals that nothing in Momix's world is as it seems. As with every Momix production, you never quite know what you are going to get. Audiences will be taken on a journey that is both magical, mysterious, fun, eccentric, and much more. As Alice falls down the rabbit hole and experiences every kind of transformation, so will you.

Saturday, Sept. 30, 8 p.m. Tickets start at \$45. Tilles Center for the Performing Arts, LIU Post campus, 720 Northern Blvd., Brookville. (516) 299-3100, or TillesCenter.org.



Ben Folds

Indie icon and National Symphony Orchestra artistic advisor Ben Folds visits Long Island on the heels of his recently released What Matters Most. Folds says his first full-length studio album in eight years is his most 'true' to date. 'There's a lifetime of craft and experience all focused into this one record,' Folds explains. 'Sonically, lyrically, emotionally — I don't think it's an album I could have made at any other point in my career.' One of the major music influencers of our generation, Folds' body of genrebending music includes a string of classic albums with Ben Folds Five and a glorious mix of collaborations and special projects. He takes success in stride and continues to be the humble musician he was been for so many decades. A self-confessed enigma, he prefers to stay out of the limelight, except when touring — but can easily claim credit for some of music's most unlikely trends.

Monday, Oct. 2, 8 p.m. \$99.50 \$79.50, \$69.50, \$59.50, \$39.50. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or Ticketmaster.com or ParamountNY.com.

¹² YOUR NEIGHBORHOOD THE SCENE

Oct.

6

Suzanne Vega

Acclaimed as a masterful storyteller, the singersongwriter visits the Landmark stage, Friday, **Oct. 6**, 8 p.m., for "An Intimate Evening of Songs and Stories." She will be joined

on stage by her longtime guitarist, Gerry Leonard, performing a career-spanning show including favorites like Tom's Diner, Luka, and more. Vega emerged as a leading figure of the folk-music revival of the early 1980s when, accompanying herself on acoustic guitar, she sang what has been called contemporary folk or neo-folk songs of her own creation in Greenwich Village clubs. Since the release of her self-titled, critically acclaimed 1985 debut album, she has given sold-out concerts in many of the world's best-known venues. Known for performances that convey deep emotion, Vega's distinctive, "clear, unwavering voice" (Rolling Stone) has been described as "a cool, dry sandpaper-brushed near-whisper" by The Washington Post, with NPR Music noting that she "has been making vital, inventive music" throughout the course of her decades-long career. Bearing the stamp of a storyteller who "observes the world with a clinically poetic eye" (The New York Times), Vega's songs have tended to focus on city life, ordinary people and real-world subjects. Notably succinct and understated, her work is immediately



recognizable — as utterly distinct and thoughtful \$195 and \$99 premium VIP packages, \$61, \$51, \$41. Jeanne Rimsky Theater at Landmark on Main Street, 232 Main St., Port Washington. (516) 767-6444 or LandmarkOnMainStreet.org.



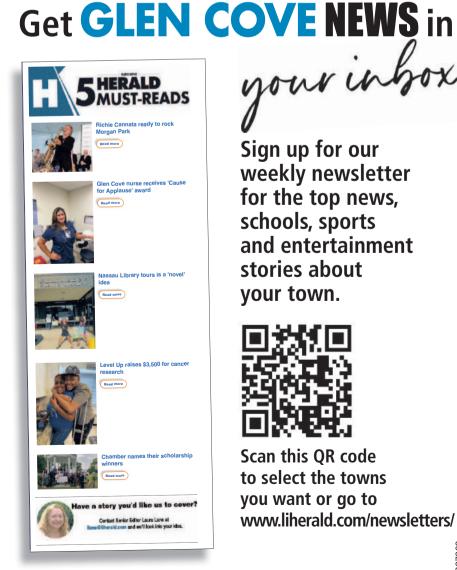
On exhibit View the landmark exhibition "Modigliani and the Modern Portrait," at Nassau County Museum of Art. Devoted to the way that Modigliani powerfully re-defined the art of portraiture, the show includes his masterworks along with paintings and drawings by his Parisian contemporaries (Picasso, van Dongen, Laurencin). Modigliani's enduring influence on artists even in our own time is shown in a selection of Contemporary paintings by such important figures as David Hockney, Eric Fischl, Elizabeth Peyton and others. The exhibition is being curated by Dr. Kenneth Wayne, founder of The Modigliani Project, which authenticates paintings and drawings (two of the works in the show have been recently approved by the committee). Through Nov. 5. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. (516) 484-9337 or NassauMuseum.org.

Oysters and more

The Oyster Festival, known throughout the region for its fun mixture of new activities and old favorites that are certain to entertain the entire family including live entertainment, ships, top-notch artisans, pirate shows, midway rides, and the iconic oyster eating and shucking contest. And of course, the food court, where volunteer chefs and culinary pros work side by side, cooking and serving dozens of unique oyster, clam and other seafood concoctions along with traditional festival fare. Festivities take place throughout Oyster Bay's downtown, Saturday and Sunday, Oct. 14-**15**. Visit TheOysterFestival.org for information

Art talk

Grab your lunch and join Nassau County Museum of Art Docent Riva Ettus for her popular "Brown Bag Lecture," now back on-site at Nassau County Museum of Art, Thursday, Oct. 19, 1 p.m. Enjoy an in-depth presentation on the current exhibition "Modigliani and the Modern Portrait." Participants are invited to ask questions at the end of the program and to join the 2 p.m. public tour of the exhibit. 1 Museum Dr., Roslyn Harbor. (516) 484-9337 or NassauMuseum.org.



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Long Island Heroes Celebration Thursday, October 26, 2023 | 6:30 p.m. Cradle of Aviation Museum, Garden City, NY To purchase tickets and sponsorships, scan the QR code **American Red Cross** on Long Island redcross.org/LIGala

Art

classes Nassau County Museum of Art



welcomes those interested in improving their art skills or those who simply want to explore their creativity to participate in one of their many stimulating classes. The fall schedule includes Watercolor Florals: Beginner to intermediate levels (adults and teens 16+), Thursdays, 9:30 a.m.-noon, Nov. 2-Dec. 14. \$300, \$270 members. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. For information and to register visit NassauMuseum.org or call (516) 484-9338.

Trivia show

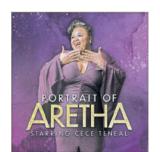
Enjoy drinks and a free trivia show in a cozy atmosphere, every Wednesday, at 7 p.m., at Campground Craft Beer Market in Sea Cliff. Tango Time Trivia shows are fun and free to play, and the winner gets a prize. Hosts bring the energy, jokes, good music and fun to help unwind after work. Bring your friends, co-workers and family. Campground serves a wide range of delicious craft beers and warm finger foods to enjoy while competing for first place. 208 Sea Cliff Ave. Visit Campgroundbeer.com for information.



An inspired concert . Conductor-composer

Steven Sametz directs The Princeton Singers in "Inspirations," a program of diverse musical selections, Adelphi's Performing Arts Center stage, Saturday, Sept. 30, 4 p.m. They have captivated audiences and listeners for 40 years through their versatile musicianship. Inspirations is a look at how contemporary composers take their inspiration from chant, carnival songs, and spirituals, including works by Josquin des Prez, Johann Sebastian Bach, Johannes Brahms, Steven Sametz, and Adelphi faculty member Sidney Boquire. \$35. Adelphi University Performing Arts Center, 1 South Ave., Garden City. (516) 877-4000 or Adelphi. edu/pac.

Having an event? Items on The Scene page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to thescene@liherald.com.



Tribute concert

Plaza Theatricals continues its tribute series, Saturday, Sept. 30, 7:30 p.m., with Portrait of Aretha." CeCe Teneal honors the legacy of the Queen of Soul with personalized interpretations of both popular and lesser-known songs from this 18-Grammy-Awardwinning icon's 50-year career, including "Chain of Fools," "You Make Me Feel Like A Natural Woman," "Rock Steady," and "Until You Come Back to Me (That's What I'm Gonna Do)." It's performed at the Elmont Library Theatre, 700 Hempstead Tpke., Elmont. \$40, \$35 seniors. Elmont. For tickets, call (516) 599-6870 or visit PlazaTheatrical.com.

Westbury House Tour

For many years visitors to Westbury House at Old Westburv Gardens asked what was beyond the first floor corridor. Now beyond the door and discover "secrets of the service wing," during a 60-minute guided tour, Friday, Sept. 29, noon-1 p.m.; Sunday, Oct. 1, 1:30-2:30 p.m. and 3-4 p.m.; Monday, Oct. 2, noon-1 p.m.; Wednesday and Thursday, Oct. 4-5, noon-1 p.m. Be introduced to the intensive labor required to create the lifestyle



experienced by the Phipps family and their quests; tour the many rooms that were "behind the scenes" to create the formal dining experiences of early 20th century. Go along the corridors to the butler's pantry and silver cleaning room then descend the 17 steps to the kitchen, scullery, and wine storage rooms located on the ground floor. Reservations required. 71 Old Westbury Rd., Old Westbury. For information contact (516) 333-0048 or visit OldWestburyGardens.org.

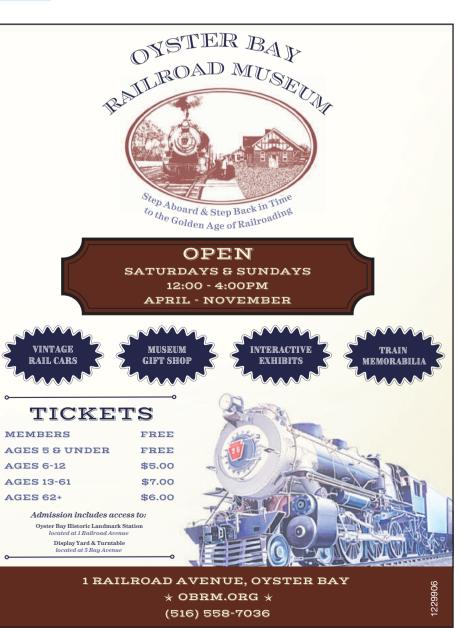
Spooky Fest is back

A Halloween experience not to be missed, Spooky Fest is an outdoor adventure perfect for families who don't want to be scared - or maybe just a little. Join in the fun at the Center for Science, Teaching and Learning, every Friday, Saturday and Sunday throughout October. Along the way in the updated and beautifully lit up, Enchanted Walk you will see dinosaurs, aliens and friendly witches, costumed characters and more. Get your fortune told, make a craft and danceg with the Halloween DJ, along with face painting and the new Amazing Glow tent. For those who want to get a little scared, venture into the Dino Woods. Be on the lookout for the Zombie Robotic Dinosaurs. 1450 Tanglewood Road, Rockville Centre. Visit CSTL.org for more information.

Library Walking Club

Participate in Glen Cove Public Library's at-your-own-pace hour walk, every Thursday, at 9:15 a.m. All fitness levels are welcome and attendees are encouraged to walk at their own pace, 4 Glen Cove Ave., Glen Cove. Register at GlencCoveLbrary.org or call (516) 676-2130 for more information.





YOUR HEALTH and WELLNESS — with a focus on LIVING WELL



Your life — your way

Live longer, live better

his month is the time to celebrate life and turn over a new leaf. September is Healthy Aging Month, a month dedicated to helping individuals gain a more positive outlook about growing older.

The core message here applies to everyone at all ages: build a foundation early on with the principles of good health for well being throughout your life.

Do you ever wake up and think "Wow, I don't feel as young as I used to?" It's a sentiment shared by people of every age group. Fortunately, it doesn't matter if you're 20 or 60 — feeling fit and aging well can be a reality with the right mindset and proper exercise and nutrition.

Young adults: Up to age 30

Starting a career, getting married, perhaps even buying a home — these are just a few big life events people in this age category often experience. It also means less time to focus on fitness, and often an increase in unhealthy eating on the go.

Physical activity: Young adults should do what they enjoy most, fitting it in on a regular basis, suggests Tavis Piattoly, a sports dietitian and nutritionist.

Nutrition: "The metabolic rate of this age group is declining, so they can't live on fast food for breakfast, lunch and dinner like they did in college," Piattoly says."It's time to clean up the diet and make smarter choices such as reducing sugar intake and avoiding fast food as much as possible. Prevention should be the focus."

Supplements: A multivitamin and probiotic supplements can also be helpful, according to Piattoly.

Middle age: 30 to 50

Regular checkups with a physician are more important than ever now. The stress of having children and growing a career can take a toll. Eating out due to lack of time becomes common and can cause weight gain.

Physical activity: Regular strength training three to five days per week to prevent the progression of muscle loss that begins around age 35, according to Piattoly.

"For cardiovascular-related exercises, it is important to do what you enjoy as you are more likely to stay motivated and consistent," he says. "Yoga is recommended for those individuals who are looking to balance stress."

Nutrition:"It's important to eat smaller more frequent meals throughout the day, such as every three to four hours, and to make sure a source of lean protein is includ-

ed at every meal and snack," Piattoly says." Protein is more thermogenic than fat and carbohydrates, so your body burns more calories when consuming protein."

Supplements: In addition what is recommended for the young adult group, Piattoly suggests vitamin D and turmeric extract, a great natural anti-inflammatory agent, for 30 to 50-year-olds.

Boomers: 50 plus

People of this age are concerned with their health and risk for disease due to family history or lifestyle factors from their youth. Additionally, progressive loss of muscle mass and weaker bones increases risk for injury.

Physical activity: Regular strength training three to five days per week prevents the progression of muscle loss and maintains good bone strength to prevent falls, Piattoly recommends. "For cardiovascular-related exercises, it is important to do what you enjoy as you are more likely to stay motivated and consistent," he says. "You can still participate in cardiovascular-related sports like tennis and basketball. For lower-impact sports that are easier on the joints, I like swimming and cycling."

Nutrition: "Since the immune system is not as strong as it once was for this age group, a diet rich in fruits and vegetables is key, such as five to 10 servings per day," Piattoly says. "Protein is also a critical nutrient for the preservation of muscle mass. I usually recommend making a smoothie or shake at least once a day, which can include protein powder, fruit and some veggies."

Supplements: A vitamin D supplement for bone health and, potentially, calcium for osteoporosis, and creatine to reduce the risk of age-related muscle decline are worthwhile considerations.

For all ages

Adopt a healthy routine. The longest living folks tend to have a fondness for daily and weekly routines. Routines that feature healthy diets, exercise and connecting with others are key. However, one study found 75 percent make it a point to laugh or giggle everyday and 60 percent meditate or practice some spiritual activity each day.

Photo: Get off that couch. Research proves that the equation is pretty simple: sitting for long bouts of time = a shorter lifespan and other health risks.



A cupful of good health

Getting to the bottom of a cup of tea

Tea may taste good and be especially soothing on a cool day, but there are also many medical benefits to this drink.

Tea is an ancient beverage that has been enjoyed for centuries thanks to its healing benefits. An estimated three billion cups of tea are consumed across the globe every day, with many people looking to tea when they are sick or to prevent illness.

As popular as tea has become, certain misconceptions about tea have spread over the years. Read on to learn more about what's in your cup.

Myth: Different tea varieties come from different types of tea plants.

Fact: Commercial tea comes only from the leaves of the camelia sinensis plant. Different methods of processing determine which variety of tea is produced. Black and oolong tea develops from oxidizing and fermenting tea leaves, while green tea is produced by steaming wilted leaves.

Myth: Adding milk to tea negates the health benefits.

Fact: According to a study published in the Journal of Agricultural and Food Chemistry, the same amount of catechins, which are antioxidants associated with a reduced risk of some diseases, can be absorbed tea that contains milk as tea that does not.

Myth: Anything with the name "tea" is true tea.

Fact: Only tea from tea plants constitutes real tea. Herbal varieties of tea are actually tisanes made from flowers and bark of other plants.

Myth: Fruits and vegetables contain more disease-fighting antioxidants than tea.

Fact: Research indicates that tea has about 10 times the amount of antioxidants of vegetables and fruit. Individuals who consume reduced-calorie diets often find tea that is a good, no-calorie source of antioxidants.

Myth: Antioxidants can turn back aging.

Fact: Antioxidants may contribute to personal longevity, but they cannot reverse signs of aging. Antioxidants have been known to neutralize free radicals in the body that can contribute to many different diseases, including various forms of cancer.

Myth: Tea never goes bad.

Fact: It may take some time for properly stored tea to spoil, but the level of antioxidants in tea does begin to diminish after a few months. Research by the Journal of Agricultural and Food Chemistry indicates catechins in green tea decrease by 32 percent in just six months. Tea is most beneficial to human health when it is consumed within six months of its production.

Myth: Tea has much less caffeine than coffee.

Fact: The amount of caffeine in tea can vary. The average amount of caffeine in tea ranges from 14 to 61 mg per eight-ounce cup. Coffee, on the other hand, can contain between 27 and 200 mg per serving.

Myth: Hot tea is better for you than cold tea.

Fact: As long as the tea is steeped in water long enough, both hot and cold tea provide the same bang for your buck.

Photo:Regarded for thousands of years in the East as a key to good health, happiness, and wisdom, tea has caught the attention of researchers in the West, who are discovering the many health benefits of different types of teas.

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15

MOVING IS KEY TO A HEALTHY LIFESTYLE. WHETHER YOU ARE AN ATHLETE OR JUST SETTING FITNESS GOALS, THE Y IS HERE TO HELP! START YOUR MEMBERSHIP TODAY AND LET'S MOVE TOGETHER!

Sept 9 - Oct 8

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YMCALI.org/FallMembership

HEALTH MEMOS

Parker Jewish Institute's President & CEO Michael N. Rosenblut honored with the 2023 Humanitarian Award by Voices for Truth and Humanity



Michael N. Rosenblut Parker Jewish Institute's President & CEO

he Parker Jewish Institute is pleased to announce that its President and CEO Michael N. Rosenblut was recognized with the Humanitarian Award by Voices for Truth and Humanity. The honor was presented to Mr. Rosenblut at the 4th Annual Remembrance Awards dinner, at Crest Hollow Country Club in Woodbury on Wednesday, Sept. 27.

Voices for Truth and Humanity promotes U.S. public-school education about the Holocaust, slavery, and genocide. The organization aims to fight hatred against Jews as well as all bigotry.

These values resonate with the Parker community. Since its inception in 1914, Parker has stood for inclusion, aiding New York's most vulnerable population, including immigrants and older adults. That tradition remains steadfast at Parker, a culturally rich institution that welcomes people of all backgrounds, whether they are patients, residents or team members.

Parker is now home to an Indian Cultural Unit, the first of its kind, serving East and West Indian older adults in the region. Through a grant from the Jewish Federation of North America, Parker recently deployed its Hope and Healing program. This innovative program is designed to address the unique challenges faced by family caregivers of older adults with dementia and a history of trauma, regardless of their age, gender, race, ethnicity, geography, or sexual orientation.

Under Mr. Rosenblut's direction, Parker embraces diversity and meritocracy, where team members boost their skill sets through education and mentorship. Parker focuses on service, where staff takes pride in exceeding expectations of the Institute's patients, residents and their families, treating everyone with respect.

On Wednesday, Mr. Rosenblut said he was honored to accept this recognition from Voices for Truth and Humanity.

"I am very humbled to receive the 2023 Humanitarian Award," Mr. Rosenblut said. "As leaders, we all have a role to play in fighting hate in all forms. Educating our children and leading by example, is the best insurance against a repeat of the atrocities of the past. Thank you Voices for Truth and Humanity for this truly distinguished honor."

About The Parker Jewish Institute for Health Care and Rehabilitation

The Parker Jewish Institute for Health Care and Rehabilitation is headquartered

Parker Jewish Institute • (718) 289-2212 • Iscacco@parkerinstitute.org Health memos are supplied by advertisers and are not written by the Herald editorial staff. in New Hyde Park, New York. The facility is a leading provider of Short Term Rehabilitation and Long Term Care. At the forefront of innovation in patientcentered health care and technology, the Institute is a leader in teaching and geriatric research. Parker Jewish Institute features its own medical team, and is nationally renowned as a skilled nursing facility, as well as a provider of community-based health care, encompassing Home Health Care, Medical House Calls, Palliative Care and Hospice. Parker Jewish Institute is also home to Queens-Long Island Renal Institute (QLIRI), led by an interdisciplinary team of experienced Nephrologists and Dialysis Registered Nurses, a Renal Social Worker, and a Registered Renal Dietitian.



Queens Long Island Renal Institute provides dialysis patients care, safety and convenience

he award-winning Queens Long Island Renal Institute focuses on care, safety and convenience for kidney dialysis patients in the New York metropolitan area. Located in the lobby level of Parker Jewish Institute for Health Care and Rehabilitation with its own entrance, the center provides care to Parker's residents and patients as well as to the general public.

Queens Long Island Renal Institute offers the finest quality of care, state-of-the-art technology and uncompromised dignity, in a bright, ultramodern and comfortable setting.

The center is a certified 5-Diamond Status Facility, and is recognized for its demonstrated commitment to quality improvement by building and promoting a culture of patient safety. To earn this status, dialysis facilities must apply for the recognition each year. They must complete the program's Culture of Safety module each year. A facility's entire staff - including dieticians, management, nurses, medical directors, social workers and technicians - must participate in the program in order to qualify.

Licensed by the New York State Department of Health, QLIRI is led by a dedicated, interdisciplinary team of experienced nephrologists and dialysis registered nurses, a



renal social worker, and a registered renal dietitian. The team is ready to meet the individual needs of dialysis patients and families, and provides individual and family health education, as well as nutritional counseling and social work services.

QLIRI is outfitted with an in-center chronic hemodialysis. It features comfortable, state-of-theart, private treatment stations with personal TVs. There is also a homelike reception area with a large-screen TV as well as free wireless access. It accommodates stretchers, and offers valet parking.

"With Queens Long Island Renal Institute conveniently located in Parker's first-floor lobby, we continue to safely and comfortably meet the needs of our patients and residents, as well as members of the New York community who also benefit from our services," said Michael N. Rosenblut, President and Chief Executive Officer of Parker Jewish Institute for Health Care and Rehabilitation. About Parker Jewish Institute for Health Care and Rehabilitation

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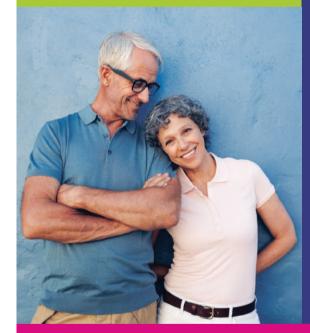
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EVENT AGENDA: VISIT EXHIBITORS 10AM-11:30AM

PANEL DISCUSSION + Q&A 11:30AM - 12:30PM

RAFFLE DRAWING AT 12:30PM



A night at the theatre for charity soon

North Shore Village Theatre presents 'Love Letters'

By WILL SHEELINE

The North Shore Village Theatre is kicking off its fall season with an upcoming performance of the A. R. Gurney play "Love Letters."

wsheeline@liherald.com

The local thespian troupe will use the performance to raise money for local food banks as well as helping the group save up to establish a permanent theater in the area.

The Village Theatre is a nonprofit community theater company made up of residents from Sea Cliff, Glen Cove, Glen Head and Glenwood Landing. Founded in 2018, the group had a handful of performances before the coronavirus pandemic shut down their live shows indefinitely, although they held a virtual variety show in 2020.

"Love Letters," features two characters, Melissa Gardner and Andrew Makepeace Ladd III, who sit side-by-side and read notes, letters and cards, never directly addressing the other. Over nearly 50 years, the two characters share their hopes, dreams and defeats with each other and the audience.

Jeanne Whelan, who plays Gardner, said that "Love Letters" reflects the development of relationships over time, from elementary school to Gardner's and Ladd's 50s. The Glen Cove resident added that she wanted to act in it for some time, and had even been told about it by Matthew Broderick.

"(Love Letters) is just this relationship that is expressed in these letters that has a lot of depth and is very heartwarming," Whelan said. "It speaks to the changes to the dynamics of love that can happen at different points in our lives. So it really is a beautifully written play."

Christopher Moll, the theatre's artistic director and co-founder, explained that the idea to do the play came about from conversations he had had with Whelan and Andrew Bennett, who plays Ladd. Moll is the drama club advisor at Robert Finley Middle School in Glen Cove, where Whelan's son Leo and Bennett's son Parker participated in drama.

After a performance by the drama club two years ago, Moll said he was approached by the two boys who told him their respective parents were actors and that they wanted to do a play with him. Although the pandemic had put the Village Theatre's performances on hold, the three said that they didn't stop thinking about performing "Love Letters" until they were able to produce it this year.

While planning the show, Moll, Bennett and Whelan decided to turn the event into a three-part fundraiser. Each of them chose a charity to donate a third of the money raised.

Whelan decided to donate to The Fellowship Café at St. Paul's Episcopal Church's, a monthly food service program. The second charity, chosen by Bennett, is NOSH Deliver's, Inc., a free food distribution service charity based in Glen Cove.

Moll said that he chose the Village Theatre for his charity, setting aside funds to



Actors Jeanne Whelan, left, and Andrew Bennett and director Fred Stroppel will perform the play 'Love Letters,' which focuses on the nearly 50-year relationship of two elementary school friends.

Courtesy Jeanne Whelan

help with the nonprofit organization's long-term goal of building a community culture center and theater in downtown Glen Cove.

"They both really wanted to perform this show and they didn't need to be paid to do it, so we just thought the best route would be to donate to local charities," Moll said. "We've had a couple of fundraisers and with "Love Letter," the money that we make will go to that goal again."

The show, directed by screenwriter and playwright Fred Stroppel of Glen Cove, has been an interesting experience to prep for due to the lack of props and the reliance on the skill of only two actors, Bennett said. He added that the show really puts the focus on the performance of the actors and their chemistry.

Both he and Whelan have been acting for decades, although neither has pursued acting since the early 2000's. Whelan was part of a small theatre company called "A Small Company in America" in the 1990s, while Bennett was a theatre major at SUNY Binghamton, and later started two theater companies in Manhattan before leaving the industry to pursue a career in education.

Bennett and Whelan added that they had both been very interested in doing the play for a while and were excited to get the chance to act again.

"(Love Letters) really makes me laugh, makes me cry, it makes me go through basically every emotion in the hour and a half that it takes to get through the play," Bennett said. "One of the things for me to look forward to is none of my three kids have ever seen me act, so this is a way or me to put myself out there and show them what used to be my whole life."

"Love Letters" will be performed at Glenwood Life Center, 71 Grove St., Glenwood Landing on Oct. 6 and 7 at 8 p.m. To purchase tickets, which are \$25, visit nsvillagetheatre.com.



LEGAL NOTICE NOTICE OF SALE SUPREME COURT OF COUNTY NASSAU U.S. BANK NATIONAL ASSOCIATION AS LEGAL TITLE TRUSTEE FOR TRUMAN 2016 SC6 TITLE TRUST, Plaintiff, vs. DAVID A. JOHNSON A/K/A DAVID JOHNSON, A/K/A DAVID Jonne ET AL., Defendant(s). Pursuant to an Order Seferee Confirming Referee Report and Judgment of Foreclosure and Sale duly entered on August 3, 2023, I, the undersigned Referee will sell at public auction on the front steps on the north side of the Nassau County Supreme Court, 100 Supreme Court Drive, Mineola, NY 11501 on October 18, 2023 at p.m., premises as 111 Elm 2:00 known Avenue, Glen Cove, NY 11542. All that certain plot, piece or parcel of land, with the buildings improvements thereon erected, situate. lying and being in the City of Glen Cove, County Nassau and State of York, Section 23, New Block 71 and Lot 54 f/k/a Section 23, Block F and Lot 1742. Approximate amount of judgment is amount of judgment is \$368,589.13 plus interest and costs. Premises will sold subject filed provisions of Index udgment 607335/2020. This foreclosure sale will be held on the north side steps of the Courthouse,

rain or shine. COVID-19

safety protocols will be followed at the followed at the foreclosure sale. If proper social distancing cannot be maintained or there are other health or safety concerns, the Court Appointed Referee will cancel the sale. Brian J. Davis, Esq., Referee Friedman Vartolo LLP, 85 Broad Street, Suite 501, New York, New York 10004, Attorneys for New York 10004, Attorneys for Plaintiff. Firm File No.: 193350-1 141944 LEGAL NOTICE To be sold to satisfy a garageman's lien 2020 Honda Subn

Vin#3CZRU6H55LM72660 8 Owner Honda Least Trust on 10/06/2023 at 236 Glen Cove Ave Glen

236 Glen Cove Ave Glen cove, NY 11542 at 9am 142079

LEGAL NOTICE CITY OF GLEN COVE PLANNING BOARD PLEASE TAKE NOTICE that a PUBLIC HEARING will be held by the City of Glen Cove Planning Board on Tuesday, October 3, 2023, at 7:30 p.m., at the Council Chambers, City Hall, 9 Glen Street, Glen Cove, New York 11542, when all interested persons will be given an opportunity to express their views. The hearing will be on the application of Cobb

The hearing will be on the application of Cobb Properties, LLC seeking a special use permit and site plan approval for the

their views.

construction of a new one story 3,230 square foot Bethpage Federal Credit Union bank with a drive-through facility. The property is located at 14-18 Forest Avenue, Glen Cove, NY designated on the Nassau County Land and Tax Map as Section 23, Block 1, Lots 225, 226, 227 within the city's B-2 Peripheral Commercial District. The above application is on file at the city offices located at 9 Glen Street, Glen Cove, NY where it be seen during mav regular business hours of the usual business days until the time of hearing. Dated: September 19, 2023 ANDREW KAUFMAN Chairman GLEN COVE PLANNING BOARD 142211 PUBLIC & LEGAL NOTICES To place a notice here call us us at 516-569-4000 x232 or send an email to: legalnotices@liherald.com LEGAL NOTICE PUBLIC NOTICE OF HEARING Glen Cove Planning Board PLEASE TAKE NOTICE that a PUBLIC HEARING will be held by the City of Will be need by the City of Glen Cove Planning Board on Tuesday, October 3, 2023, at 7:30 p.m., at City Hall, 9 Glen Street, Glen Cove, New York, when all interested persons will be given an opportunity to express

The hearing will be on the applications of RXR Glen Isle Partners LLC (Applicant) for (i) Special Use Permit for a Third Amendment to the Unit Planned Development (PUD) Master Development Plan Approval to change the configuration of the parcels and open space and eliminate the 50,000 square foot office building, approved (ii) PUD Subdivision Approval for parcels comprising Blocks D, E & F, and (iii) PUD Site Plan Approval for parcels co Blocks D, E & F, in comprising connection with proposed Garvies the Point Waterfront Proiect Redevelopment on the north side of Glen Cove Creek, in the MW-3 Zoning District. A copy of the proposed Amended PUD Master Development Plan proposed PUD Subdivision Plan, and the proposed PUD Site Plan, are available for inspection during normal business hours at the Office of the Planning Board, City Hall, 9 Glen Street, Glen Cove, NY. Dated: September 20, 2023 ANDREW KAUFMAN Chairman GLEN COVE PLANNING BOARD 142210 Place a notice by phone at 516-569-4000 x232 or email:

legalnotices@liherald.com



OPINIONS We've had great people working for us at the U.N.

very September, the annual opening of the United Nations General Assembly wreaks havoc, confusion and congestion for everyone who must travel to and from Manhattan. I was reminded of this when it took me a half-hour in mid-afternoon to drive the five and a half blocks from the FDR Drive's 49th Street exit to a parking



KING

to a parking garage on 48th Street on my way to co-hosting "Cats and Cosby" at the WABC-AM studio. Arriving at the studio, however, I received no sympathy or compassion from station employees, who told me about their experiences earlier in the day with

endless gridlock or being unable to call an Uber or hail a taxi.

All of this made me think back on some of my experiences with the United Nations during my time in Congress and the question of the efficacy of this international body.

The General Assembly is a security nightmare for New York, as world leaders from far and wide descend on Manhattan. They include friends and foes; democratically elected leaders and tyrannical despots; serious players and dilettantes. It takes carefully coordinated efforts by all levels of law enforcement, including the FBI, the Secret Service and, most significantly, the NYPD, to provide the necessary security and transportation arrange-

ments for all these leaders. Not surprisingly, the one

who generates the most attention is the president of the United States. I have been at General Assembly events for Presidents Clinton, Bush 43 and Trump. No matter how jaded you might become after years in politics and government, and no matter the president's political party, it is always exhilarating to watch our president on the world stage. I had significant interac-

tions with several of the American ambassadors to the U.N., beginning with Madeline Albright, in the first Clinton administration. Albright and I developed a friendly relationship from the start, sharing memories of Long Island, where she lived in Garden City during the early years of her marriage.

She was a true foreign policy expert, and I distinctly recall her comparing the successful Irish peace process with the inability to get Balkan leaders to follow that example. My last in-depth meeting with Albright was on a visit to Sarajevo with Clinton in 2015, when we reminisced about bipartisan foreign policy efforts. Albright was succeeded by New Mexi-

co Congressman Bill Richardson, who had an international reputation as a hostage negotiator. I got to know Richardson well when we were in Congress together.

particularly when we traveled to Ireland, Britain and Israel. Bill combined educational knowledge with solid street smarts to find ways to work through insoluble problems and achieve common-sense results.

My wife, Rosemary, and I have a great memory of when we and our daughter, Erin, had dinner with Bill and his wife, Barbara, at his ambassador's residence in the Waldorf-Astoria. He

went on to become governor of New Mexico, and then continued his work as a hostage negotiator until he died on Sept. 1.

Richard Holbrooke, a career diplomat who served as Clinton's second-term U.N. ambassador, was a larger-than-life force who took no prisoners. I met Holbrooke when he was ambassador to Germany, and then he was assistant secretary of state for Europe, where I saw up close his efforts to resolve the wars in the Balkans, first in Bosnia and then in Kosovo. As a member of the Foreign Affairs Committee, I accompanied him to Sarajevo in 1996 to observe Bosnia's first free elections. Holbrooke brought the same energy and drive to the United Nations. He was later appointed special representative to Afghanistan and Pakistan by President Obama. Holbrooke died during heart surgery in 2010.

I have great regard for Trump's first U.N. ambassador, Nikki Haley. A former governor of South Carolina, she was a tough, strong and articulate defender of the U.S. at the U.N., unafraid to face down America's adversaries such as Russia and China. Haley was particularly effective in defending Israel, our strongest ally and the only real democracy in the Middle East, from hypocritical, biased resolutions. I visited her at her U.N. office with my family, and she couldn't have been more gracious. Haley is currently running for president, and I wish her well. If elected, she would do an outstanding job.

Our presidents have appointed very able and dedicated Americans to represent us at the U.N. Unfortunately, while the U.N. has done effective humanitarian work, it has never fulfilled its potential as a force for peace because Russia and China have veto power, and have prevented meaningful action. Nonetheless, our ambassadors have used the U.N. as a forum for defending American values.

Peter King is a former congressman, and a former chair of the House Committee on Homeland Security. Comments? pking@ liherald.com.

No more delays in distributing opioid settlement funds

ith our children back in classrooms and the leaves beginning their autumnal change, the nation is high-

lighting another vital milestone as we observe September as National Recovery Month.

Since being established in 1989 by the Substance Abuse and Mental Health Services Administra-



DELIA DERIGGI-WHITTON treatment and prevention practices, honoring the hard work and courage of Americans in recovery, and rec-

ognizing the

tion, National

Recovery Month

erful vehicle for

promoting and

supporting new

has become a pow-

countless service providers, communities and organizations that make recovery available for all who seek it.

In Nassau County and across the country, the perils posed by the disease of addiction are more severe than I can ever remember. As if the fentanyl crisis wasn't frightening enough, drugs like "tranq" are adding a new kind of danger. Formally known as xylazine, tranq is an animal tranquilizer that is increasingly being used as an additive to heroin, cocaine and fentanyl. It's beginning to appear in drug tests at Nassau County treatment centers, and its effects on users are truly horrific. Worse yet, we're learning of an emerging group of synthetic opioids

that may be even more powerful than fentanyl.

In two major recent drug busts in our region, 30 people were arrested in Suffolk County, and illegal guns, two kilograms of cocaine and one kilogram of fentanyl — enough to kill 380,000 people — were seized. A day later, a dozen more people were indicted for their alleged involvement in a South Shore Nassau drug ring. There, three kilograms of cocaine and 430 grams of

of cocaine and 430 grams of fentanyl were recovered and confiscated.

All of these disturbing new developments illustrate how high the stakes are in the ever-evolving battle against addiction. Now more than ever, if there is a potentially life-saving resource that we can add to our toolkit, we must avail ourselves of it. That's why my office was one of the first in Nassau County to begin hosting Narcan training sessions years ago, and I have continued to work closely with stakeholders since then to expand on these tools.

During this legislative term, my minority caucus colleagues and I have cosponsored legislation that would require the county to add fentanyl-detecting test

strips to all Narcan kits that we distribute. A second proposed law would facilitate the distribution of kits that safely destroy and dissolve unwanted prescription drugs at home. While I'm disappointed that the legislative majority hasn't even held a public hearing on these proposals, I won't give up in the fight to enact common-sense, low-cost and, most important, potentially life-saving policies.

I also remain concerned about the manner in which the county is distributing tens of millions of dollars that we have received from various settlements with opioid manufacturers, distributors and sellers. While significant sums have been earmarked for an array of worthwhile entities that are serving on the front lines of the addiction crisis, we have received little, if any, information from the administration on whether the county has distributed the funds. In fact, our most recent available budget data shows that only \$2.24 million of the \$30 million appropriated for the last two years — and nearly \$83 million overall — has been delivered. With so many threats on the horizon, it is essential for these resources to be delivered in as expeditious and transparent a manner as possible.

As new proceeds arrive from future settlements, I believe that Nassau County would be well served by using those funds to expand Nassau University Medical Center's detox and in-patient rehab facilities to ensure that no one is ever prevented from getting treatment for addiction because there isn't a bed available. Our unique relationship with NUMC offers the county a golden opportunity to establish ourselves as a regional leader in the delivery of recovery opportunities, and it is one we should take full advantage of.

Never forget that people who are in recovery very seldom do it alone — and if you are struggling as you read this, I want you to know that there are people out there who care about you and are eager to extend a helping hand. If you need assistance with substance abuse or a mental health crisis, I encourage you to call the Nassau County Crisis Helpline, at (516) 227-8255, and take that first step toward reclaiming your life.

Delia DeRiggi-Whitton represents Nassau County's 11th Legislative District.

ow about using some of them to fund NUMC's detox and inpatient rehab? ,2023

21

B ut traffic, security challenges, and Russia and China work against us.



Gold Coast Gazette LAURA LANE Senior Editor ROKSANA AMID Reporter RHONDA GLICKMA

RHONDA GLICKMAN Vice President - Sales

OFFICE

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HERALD EDITORIAL Deadly Wild West in our backyard

rive a mere exit or two on any of Long Island's main thoroughfares, and you are sure to see at least one roadside shrine remembering the victim of a fatal car crash.

These memorials — already too commonplace — will only become more ubiquitous if nothing is done to stem the rising tide of dangerous drivers on these roads. In fact, just last week, Peninsula Boulevard was sadly the site of two separate fatal accidents. On the same day.

We all have seen the tricked-out cars and motorcycles that zig and zag through traffic — exceeding the speed limit in spades — with no concern about repercussions from law enforcement or consequences to the lives of others.

That sickening feeling you get when your heart skips a beat and you thank heaven to be alive because yet another vehicle comes out of nowhere at 100 mph to cut you off, and then does the same thing to the next car? And the next car? All of us, especially on Long Island, know this feeling all too well.

Reckless (and noisy) drivers — threatening both public safety and community tranquility — are operating with impunity. And they know it.

Their cars are hard to miss with their illegally modified mufflers that can be heard miles away at all hours of the day and night. Illegal license plate covers and fake temporary tags protect their callous disregard for law and order by making it impossible for anyone to catch their plate, including law enforcement tools like speed cameras. And their friends are now sometimes even setting up lawn chairs on the side of the road to watch cars race in broad daylight missing the irony that a crash victim's memorial is often just over their shoulders.

More than 75 people lost their lives

and another 13,000 were injured in nearly 37,000 traffic accidents in our county last year. Those are unacceptable numbers.

It's difficult to find law enforcement on these central thruways. We need more — not less — patrolling of our roads.

We need more — not less — enforcement of sensible laws already on the books.

We need more — not less — coordination between state and local law enforcement.

And we need more stringent laws and harsher penalties coming out of Albany so that we can make these reckless drivers as scared to continue these dangerous activities as we are to witness them.

We implore all jurisdictions to work together to reign in the scourge of irresponsible, dangerous and selfish drivers.

Because even one more roadside shrine is one too many.

Are we sure Trump's guilt would be enough?

To the Editor:

In his column "Sometimes you just may be guilty until proven innocent," Jerry Kremer is, I fervently hope, correct in his conclusion that all the facts in the Trump indictments go against him, so he will not escape conviction by some "Houdini" trick. I agree that inside the courtroom, with its rational procedures, Trump's lawyers will not save him. However, he is not there yet, and outside there is latitude, and time, for manipulation, and for many of his allies to assist. My concerns include:

LETTERS

■ The "delay" escape. It's temporary, but it allows other interventions to ripen. It's in the attorneys' motions.

■ The "electoral" escape. Should Trump, or any MAGA candidate, become president, the get-out-of-jail-free card will be played. This is well under way, from the Freedom Caucus to the Wisconsin legislature to the intimidation tactics of the NY Citizens Audit Civil Fund and Trump's busy campaign.

■ The "hung jury" escape. It only needs one to succeed. Trump's "colossal chutzpah" does not shrink from gangsterism, intimidation, bribery, extortion or falsehood. We have seen it. Trump's recent speeches invite volunteers, his militia-trained thugs remain loyal, deluded acolytes persist, and polls indicate large reservoir of fervent ideologues. These too, are facts — less rational than Mr. Kremer's, but active for years now, and thus well-practiced. The Houdinis are busy.

Sometimes you may be guilty, but just not convicted.

> BRIAN KELLY Rockville Centre



Trump's guilty? What about Biden?

To the Editor:

As long as we still have free speech in this country, I would like to address Jerry Kremer's accusations against Donald Trump in "Sometimes you just may be guilty until proven innocent." The Democratic Party has put up a strong smokescreen to avoid the bigger and more important issue of how ineffective Joe Biden has been as leader of our country.

Biden undid everything Trump achieved as an act of spitefulness. He opened the borders, millions of unvetted illegals are here, and the schools are inundated with non-English-speaking children. He shut down the Keystone XL pipeline, many people lost their jobs, and the price of gas soared to over \$4 per gallon. He ran out of Afghanistan and gave

September 28, 2023 – GLEN COVE HERALD

OPINIONS To serve its riders, the MTA needs proper governance

he agency

across the Island.

is failing

hundreds of

thousands of

LIRR riders

he Metropolitan Transportation Authority is, unfortunately, usually in the news for billion-dollar boondoggles. But local issues and corporate governance problems plague the agency that affects the daily lives of so many riders in Nassau County. The MTA needs some corporate governance and a renewed focus on the commuters it



JAKE

serves, and only then will it be able to lead us out of the pandemic era and into a robust recovery

The MTA is the largest public transit system in America, shuttling over 11 million passengers **BLUMENCRANZ** on an average

weekday, covering 14 counties,

employing 70,000 people and serving over 850,000 vehicles across seven bridges and two tunnels. Because of its importance to New Yorkers' livelihoods and the economy, it is critical that it functions efficiently and serves its constituency well.

The agency has certainly hit some big milestones recently, including increased ridership, back to pre-pandemic levels, and registering over 2 million OMNY fare-payment taps in one day. But at the

same time, the MTA is failing my constituents in the 15th Assembly District, as well as the hundreds of thousands of daily LIRR riders across the MTA's Long Island footprint.

My district stretches along the eastern border of Nassau, from

Farmingdale to Locust Vallev, a large portion of which is served by the notoriously problemplagued Oyster Bay line. For years, commuters in this area have had to choose between leaving work ridiculously early in order to make it home to their families, or staying at work longer and missing activities at home.

At first, the excitement over the recent East Side Access project was palpable among Oyster Bay line commuters. After years of unreliable service and difficult train schedules, it seemed like more options were finally

becoming available. To our dismay, it turned out that, once again, the line will suffer the brunt of bad schedule changes. The few popular peak trains available are now even fewer and farther between, and require changing in Jamaica.

The situation has become so dire that many people are opting to drive to other stations on other lines. This not only defeats the purpose of commuter rail, it

also negatively affects small business owners around the Oyster Bay line train stations who are there to serve commut-

The problems LIRR riders are facing are a direct result of corporate gover-

> nance failures at the top. When Phillip Eng retired as LIRR president over a year ago, the MTA announced that Metro-North Railroad President Catherine Rinaldi would serve as president of both the LIRR and Metro-North. While Rinaldi may be a capable transit executive, the very nature of this dual role divides her focus and allegiance, which is not fair to Metro-North or

LIRR customers, especially those who use the Oyster Bay line.

This arrangement would be untenable in any other arena of government, nonprofit or private business, and we need to get a fast and thorough executive search under way now. The fact that ridership is climbing to pre-pandemic levels means we needed a dedicated and focused LIRR president months ago.

But it's no surprise that this structure isn't sounding any alarm bells within the MTA. The same problem exists at the very top of the organizational chart. Janno Lieber, the chairman of the MTA,

also serves as its chief executive officer. Much like the dual-president role, giving the same person the chairman and CEO powers is an inherent conflict of interest, and runs counter to the transparency and accountability that is supposed to be the bedrock of a public authority.

The private sector has for years now recognized this conflict, and more corporations are splitting the functions of the chairman and CEO. This allows the chair and the board to perform their vital oversight duties, including establishing budgets, ensuring transparency and accountability, engaging in shortand long-term planning, and evaluating executive performance, among other functions, independent of conflict.

These are problems with clear solutions. If the MTA had a better corporate structure, it would be a more transparent, accountable and efficient public authority that serves its customers better. Projects would be delivered closer to on time and on budget, and closer attention would be paid to customers throughout the system.

A clear organizational chart, with dedicated roles and talented executives, including a separate LIRR president, is the first step toward an efficient and responsive MTA. New Yorkers deserve nothing less.

Jake Blumencranz represents the 15th Assembly District.

LETTERS

the Taliban a gift of billions of dollars of equipment to use against us, and left soldiers and civilians to die

Trump was accused of colluding with Russia, and was exonerated, but where is the outcry? He recognized Jerusalem as the capital of Israel and moved our embassy from Tel Aviv, as other previous presidents failed to do. He kept North Korea at bay, and kept Putin from invading Ukraine. Now look at the mess we're in!

As Teddy Roosevelt said, "Walk softly and carry a big stick.'

> PAT KING Merrick

We're weary of 'dense housing' proposals

To the Editor:

Re Alan Singer's column, "New housing on L.I.? Not in my backyard" (Sept. 7-13): Greedy developers and passive local government have resulted in Long Island being bulldozed over for nearly 100 years. Nassau County is now virtually

devoid of open fields, natural woodlands and marshes, and the working farms I remember as a child. Traffic clogs our roadways, and critical aquifers are being depleted. For example, one mega-development, Riverside Rediscovered, in Suffolk County, is being held up due to a lack of sewage capacity.

These are just some of the reasons many are weary of "dense housing" proposals — not because all Long Islanders are inherently racist, as Mr. Singer quickly concludes. It's true that most low-cost housing is being constructed in Black and Latino locations. It's also true that those areas have the greatest need for housing of this kind.

Long Islanders are tired of the false choice being foisted upon us by non-residents: giant multi-story structures that no one here wants, or no affordable housing, period. Our residents, elected officials and developers should work together to find forward-looking, creative solutions to our housing crisis that are scaled appropriately. "Build, baby, build" just doesn't cut it anymore.

> ROBERT KENNEY Sea Cliff

FRAMEWORK by Tim Baker



It was a day for the dogs (and their friends) at the Rec Center pool - Freeport

GLEN COVE HERALD – September 28

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