

# HERALD



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VOL. 32 NO. 44

OCTOBER 26 - NOVEMBER 1, 2023

\$1.00



Courtesy Gaitley Stevenson-Matthews

## Celebrating 100 years of Polish pride in Glen Cove

A Polish American Folk Dance company shared their talent at the centennial celebration of the Polish National Home of Glen Cove last Saturday. Story, more photos, Page 9.

## Lafazan prays Israeli family will be safe

By WILL SHEELINE

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For millions of Jewish-Americans and Jews living across the world, the past few weeks have felt surreal, with emotions running between sadness, fear, anger, and an overwhelming sense of loss.

For many like Josh Lafazan, legislator for Nassau County's 18th district, there is an added layer of worry for family members living in Israel as the war with Hamas shows no signs of stopping.

Lafazan explained that his uncle Eric Lafazan moved with his family to Israel from Rockland County in upstate New York roughly 20 years ago. The legislator explained that he grew up playing with his cousins, and over the years has stayed in close contact with them, frequently visiting for family and religious celebrations.

"There's a really dynamic

and vibrant community of a lot of Americans who have moved over there to be closer to the Jewish faith and to live in Israel, and they have absolutely loved it," Lafazan said. "We as a family have visited them numerous times, whether it's been for weddings, bar mitzvahs, or just to see them for the holidays."

**T**o not know who was involved and not know if family members were safe was such a terrifying experience.

**JOSH LAFAZAN**  
Nassau County legislator

Lafazan's uncle, aunt and five cousins live on the outskirts of Jerusalem, and there are also extended family members who reside in Tel Aviv "and all over Israel." With only roughly 16 million Jewish people across the world, and roughly 2 million in New York metro alone, he added that most Jewish-Americans have friends, relatives or acquaintances living there.

So when the news of the attack was first announced, he said he was not alone in feeling a sense of terror and fear for his relatives living abroad. Fur-

CONTINUED ON PAGE 2

## The View Grill's future uncertain, no decision made by city before election

By ROKSANA AMID

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For three months, North Shore residents have been waiting for Glen Cove's decision on its recent request for proposal that will determine the fate of The View Grill, on Lattingtown Road. Now they will have to wait until after the Nov. 7 election for the results.

At Tuesday's City Council meeting, frustrated residents asked Mayor Pamela Panzenbeck about the delay. "When I spoke a couple of council meetings ago, I asked, when will the decision be made?" Peter Budraitis said. "You said probably before Election Day."

Panzenbeck said she had hoped it wouldn't work out this way, and Budraitis asked for clarification, given that this was the last meeting before Election Day. Panzenbeck added that the decision was a "process."

Asked if the decision would be made after the election, Panzenbeck said, "I would think so." When Budraitis asked for either a yes or no, Panzenbeck said that it would "most likely not happen." Pressed further by Budraitis on whether her answer was no, Panzenbeck answered, "No."

She added that the final scoring by the committee that is evaluating the bids is expected around Nov. 3. At that point, the committee will

CONTINUED ON PAGE 7



# Anger and fear among Jewish-Americans

October 26, 2023 - GLEN COVE HERALD

CONTINUED FROM PAGE 1

thermore, his grandmother Marcia was visiting his uncle at the time, and only managed to return to the United States last week.

“For all of us, it was so terrifying to not know the extent of the attacks,” Lafazan continued. “To not know who was involved and not know if family members were safe was such a terrifying experience. It’s been such a harrowing two weeks.”

Lafazan said adding to the fear was the difficulty of communicating with his relatives in the immediate aftermath of the Oct. 7 attack, as Israelis across the country were sheltering in place. While thankfully no one among his extended family was killed or taken hostage on that fateful day, he added that not everyone across Long Island and the state was so lucky.

The legislator said that his five cousins, whose names have not been included for their protection, have been called up on reserve duty, having previously completed their military service. While he added that he’s of course worried for their safety, Lafazan stressed the immense pride he feels in them for their selflessness in putting their lives on the line to defend their home, family, and nation.

“These are cousins who I grew up with as kids, right, and to see them as soldiers in uniform, it’s awe-inspiring,” he said. “Of course I’m worried about their safety every single day, but at this perilous moment for Israel I couldn’t be prouder of them. So my fear for their safety is trumped by my pride and gratitude for their service.”

Although Hamas, designated a terrorist organization by the U.S. State Department, the European Union, Israel, and other Western countries, has mostly been pushed back into the Gaza strip, where roughly



Courtesy Josh Lafazan

Josh Lafazan has visited his relatives in Israel many times over the years, and is one of many Jewish-Americans who continues to fear for the safety of his loved ones as the conflict continues.

two million Hamas-controlled Palestinians live, they have continued launching rockets into Israel. While the ground attacks on Israel have largely ceased, Lafazan said that his relatives and the nation are still emotionally reeling and trying “to absorb that kind of shock and collective trauma of the nation and its citizens.”

One of the worst aspects of this experience has been seeing the tremendous outpouring of antisemitic rhetoric and attacks across the United States and the world following the outbreak of the war, according to

Lafazan. Since Oct. 7, the Anti-Defamation League has tracked at least 168 incidents of antisemitic incidents across the country, and while there have been many peaceful protests to promote the need of humanitarian aid for Gaza residents and to raise awareness for the suffering of Palestinians, others have used the conflict as an excuse to promote hateful rhetoric and call for the deaths of all Israelis and Jews.

“There’s so much anger that so many of us feel in the shocking rise in antisemitism over the past two weeks alone,” Lafazan said. “To not have a worldwide, unified show of solidarity is frustrating, but at the same time we’ve had such a great show of support from local governments all across this country, and allies and citizens in this country have really stepped in to fill the void.”

Lafazan was adamant that Israel has the right to defend itself and retaliate against Hamas for this atrocity, and added that he believes that destroying the group will ultimately not just provide safety for Israelis, but also will free Palestinians from living under the yoke of Hamas.

“The innocent civilians of Palestine need to have Hamas eradicated from this earth,” Lafazan continued. “We have to stand with (the Israeli Defense Forces) no matter how long it takes, no matter how tough it gets.”

Lafazan added that he sponsored a bill last week to create the Nassau County-Israeli Commission, “dedicated to exploring opportunities to support Israel.” In addition, he said that Long Island residents interested in supporting Israel and providing resources should look to nonprofits such as the Jewish National Fund, and that even a small amount of dollars “is so important. It adds up, and it makes a real difference.”




Re-Elect

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GLEN COVE CITY COUNCIL

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EARLY VOTING SATURDAY OCT 28<sup>TH</sup> THROUGH SUNDAY NOV 5<sup>TH</sup>

Office	Justice of the Supreme Court <small>(vote for up to four)</small>	County Court Judge <small>(vote for up to two)</small>	Family Court Judge <small>(vote for up to two)</small>	District Court Judge District 4 <small>(vote for one)</small>	Glen Cove Mayor <small>(vote for one)</small>	Glen Cove Council Member <small>(vote for up to six)</small>	County Legislator District 11 <small>(vote for one)</small>								
	Juez de la Corte Suprema <small>(vote hasta por cuatro)</small>	Juez de la Corte del Condado <small>(vote hasta por dos)</small>	Juez de la Corte de Familia <small>(vote hasta por dos)</small>	Juez del Distrito Distrito 4 <small>(vote por uno)</small>	Alcalde <small>(vote por uno)</small>	Concejala <small>(vote hasta por seis)</small>	Legislador del Condado Distrito 11 <small>(vote por uno)</small>								
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Working Families												Marsha F. Silverman			

Democratic

14

Marsha F. Silverman

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Democratic Row A

Working Families Row D

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# Were Halloween traditions always spooky?

By **ROKSANA AMID**

ramid@iherald.com

Every year during Halloween, neighborhoods around the North Shore are lined with jack-o-lanterns and festive Halloween decorations on the lawns of creative homeowners. Youth crowd the streets celebrating Halloween dressed up as ghosts, vampires or monsters while going door-to-door to ask for savory candies.

The beloved Halloween traditions originated with the ancient Celtic festival of Samhain, when people would light bonfires and wear costumes to ward off ghosts. The Celts, who lived 2,000 years ago mostly in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year on Nov. 1.

This day marked the end of the summer harvest, the beginning of the darkness associated with winter, a time of year that was often associated with human death. On the night of Oct. 31 they celebrated Samhain, when it was believed that the ghosts of the dead returned to earth. The Celts believed that on the night before the New Year, the boundary between the worlds of the living and the dead became blurred. The early pagan holiday of Samhain involved many ritualistic ceremonies to connect to spirits, as the Celts were polytheistic. While there isn't a lot of detail known about these celebrations, many believe the Celts celebrated in costume.

Pope Gregory IV added All Saints' Day to the universal Christian calendar, officially extending the celebration from Rome to churches everywhere. With the Christian celebration of All Saints' Day on Nov. 1 came All Hallows' Eve, or Halloween, on Oct. 31, as well as All Souls' Day on Nov. 2, a three-day holiday collectively called Hallowtide.

During the Middle Ages the Christian Roman holiday of All Saints' Day spread to other Christianized areas. In Celtic regions that formerly celebrated Samhain, the local Christian Halloween traditions that arose included jack-o-lanterns, bonfires, and costumes.

The Irish custom of lighting jack-o-lanterns to ward away evil spirits worked in tandem with Christian allegories. A character named Stingy Jack outsmarts the devil and avoids hell, but his sinful dealings keep his soul out of heaven. Instead, his soul roams the earth, lighting his path with an ember held in a carved radish.

By the end of the 1800s, more communities were partaking in a more secular set of rituals. People started holding parties that included harmless Halloween games, fall seasonal treats and fun costumes over witchcraft and mischievous troublemaking.

Now, Halloween celebrations have spread to businesses holding larger events and neighbors welcoming one another into homes to celebrate the spooky season in style.

**Black cats and witches represent Halloween superstitions and mischief. In Medieval France and Spain, black cats were considered bringers of bad luck and curses to any human they came near, and were associated with witchcraft.**



Courtesy Metro Creative

**Carving Jack-o-lanterns has been a long-standing Halloween tradition.**

Those living on the North Shore can look forward to events like: The Glen Cove Mansion's Halloween breakfast with villains on Oct. 29, from 11 a.m. to 1 p.m., and Oyster Bay's Raynham Hall Halloween Ghost Walk and Dance Party on Oct. 28 at 5:30 p.m. Youth can also look forward to Glen Cove schools trick or treat street on Oct. 30 from 6 to 8 p.m.

Those roaming eerie streets can look forward to decorations on Sea Cliff's Main Street and Prospect Road. The Macnow family will be hosting their 3rd Halloween Roast on Oct. 31 at 7 to 9 p.m. with Halloween themes snacks, glow sticks on 13 Hitching Post Lane, Glen Cove.

Other spooky sights include Glen Cove's Halloween parade on Oct. 28 at 1:30 p.m. The community will also have a chance to participate in the downtown's first murder mystery role-play game. John Robinson, the game's curator, says the event promises intrigue, suspense and a journey through the town's business district. Participants will be told a tale of archeological discovery and shadowy secrets while solving the murder of renowned archeologist James Dalton. As investigators, participants will embark on a quest to unravel the mystery, following a trail of clues scattered across Glen Cove.



Roksana Amid/Herald

**Samantha Gullo wore her Beetlejuice costume to celebrate the day's festivities, which won her first prize at her school's costume contest last year.**



## NEWS BRIEF

# Tracey Edwards new senior VP at Sands New York

Tracey Edwards, a longtime Long Island advocate and community leader, is the new senior vice president and New York corporate social responsibility officer for Las Vegas Sands. In this role, she'll oversee corporate social responsibility for the company's planned resort in Uniondale.

"Tracey's knowledge of and commitment to corporate responsibility truly makes her an outstanding choice for this position," said Robert Goldstein, chair and chief executive of Sands, in a release. "We know she will make a profoundly important contribution to our project in New York and beyond."

Edwards is currently the Long Island regional director of the NAACP, and is a member of the NAACP national board of directors. She is a former Huntington town councilwoman, and an executive director of Habitat for Humanity of Suffolk.

She most recently served as commissioner of the state Public Service Commission, announcing her retirement from there just last week.

"Nurturing collaborative and produc-

tive relationships with Long Island's communities and organizations is a critical opportunity for Sands, and one I'm excited to be leading," Edwards said, in a release.



TRACEY EDWARDS

"In this role, I look forward to putting my experience in municipal government, public advocacy, and community engagement to use to ensure that the proposed Sands project delivers for Long Island."

The Sands — which wants to redevelop the Nassau Coliseum site to turn into hotels, high-end stores, public meeting spaces, a casino and spas — has already hosted multiple

procurement academies that have welcomed more than 1,000 Long Island small businesses with a focus on how minority, women and veteran-owned enterprises can contract with the Sands.

The organization has already announced a workforce training partnership with Nassau Community College, and plans for new degree programs with Long Island University.

In addition, Sands established the Sands Cares Youth Empowerment Initiative as part of its global priority on youth education and mentoring.

## CRIME WATCH

### ARRESTS

Oct. 15 - Oct. 21

■ A 41-year-old Hicksville man was arrested Oct. 16 for two counts of criminal contempt on Ann Street.

■ A 48-year-old Glen Cove man was arrested Oct. 16 for criminal possession of a controlled substance on Glen Street.

■ A 30-year-old Glen Cove man was ar-

rested on Oct. 20 for robbery on Bella Vista Avenue.

■ A 23-year-old Glen Cove man was arrested on Oct. 21 for criminal mischief on Manor Place.

■ A 39-year-old Locust Valley woman was arrested on Oct. 21 for assault and criminal possession of a weapon on McLoughlin Street.

People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.

## NEWS BRIEFS

# The passage of Election Day proposal on ballot would affect city's schools

When residents in Glen Cove go to the polls on Nov. 7 to vote for legislator, mayor and city council members they will also be asked to vote on whether to approve an amendment to the New York State Constitution. Passage of Proposal 1 would eliminate the constitutional debt limit for small city school districts including Glen Cove City School District. The change would align the constitutional borrowing limits of small city school districts with the limits that apply to public school districts.

As it is now, small city school dis-

tricts have a 5 percent constitutional limit on the amount of debt it can incur for educational purposes. If the proposal passes, district's like Glen Cove would be on equal footing with public school districts in New York state, whose borrowing limits are set by statute, and which may be modified by the Legislature more easily than amending the constitutional amendment.

For further information and details on 2023 Statewide Ballot Proposal 1, visit [www.elections.ny.gov](http://www.elections.ny.gov) or [www.glen-coveschools.org](http://www.glen-coveschools.org).

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## Book Review: "Outlive"

by Peter Attia, MD (Part Two)

In his book, Dr. Attia describes the tactics necessary for the "compression of morbidity" — meaning shrinking the period of decline at the end of life and increasing the length of healthy life. To live longer without disease rather than simply extending the duration of disease.

Centuries of observations have shown that simply eating less extends life and prevents the onset of disease. As the old saying goes, "Eat breakfast like a king, lunch like a prince, and supper like a pauper." Similarly, the powerful adverse effects of poor sleep on metabolism and cognitive ability are fleshed out, including tips on sleeping better.

Tips for avoiding cardiovascular disease, including a review of the current cholesterol lowering medications, is provided. Cancer is analyzed for how it works in the body and the current as well as promising future therapies, while advocating for the best cancer treatment of all — "early detection."

Whereas Alzheimer's and other neurodegenerative diseases were, until recently, thought to be unpreventable, that is no longer true. While quality of sleep and nutrition play a role in preventing cognitive decline, nothing compares to exercise — both strength training and aerobic exercise — which reduce inflammation and oxidative stress and increase vascular function. Regular exercisers also live as much as a decade longer than sedentary people.

As the author states, "This is our objective: to delay death, and to get the most out of our extra years. The rest of our lives becomes a time to relish rather than to dread." It is not an easy read but with the healthy prescriptions provided in a range of areas, it is a worthwhile addition to the ever burgeoning literature on life extension. As Muhammad Ali said "I never won a fight in the ring; I always won in preparation."

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## Text-to-911 comes to Nassau County

Nassau County residents can now text 911 in the event of an emergency. Nassau County Police Commissioner Patrick Ryder confirmed the service's availability during an Oct. 10 legislative budget hearing focused on the county's public safety entities. With this activation, Nassau County joins New York state counties, including Suffolk, Ulster, Niagara, and Putnam Counties, where text-to-911 is available to the public.

The rules committee voted on Aug. 7 to approve a \$106,417 purchase order with the Intergraph Corporation for a custom text-to-911 interface. The vote followed Legislator DeRiggi-Whitton's

July 31 filing of legislation that would have mandated the implementation of text-to-911 in Nassau County in compliance with a May 2023 settlement in a case alleging violations of the Americans With Disabilities Act.

Experts stated that text-to-911 service is especially beneficial for people who are deaf or hard of hearing; have limited English proficiency, or need to reach authorities discreetly, such as in an active shooter, hostage, or domestic violence crisis. Anyone who misuses text to 911 would be subject to the same penalties as those who misuse 911 by phone

GLEN COVE  
**HERALD**

HOW TO REACH US

Our offices are located at 2 Endo Blvd. Garden City, NY 11530 and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday.

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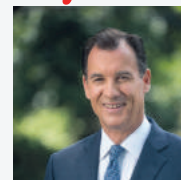
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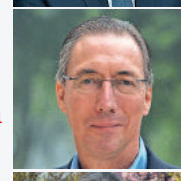
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**NY Senator Jim Gaughran**



**Legislator Delia DeRiggi-Whitton**



### PRIORITIES

- ✓ Fix Glen Cove finances to avoid tax increases and layoffs by modernizing operations to reduce costs and eliminate waste. NY State Comptroller recently described City finances under "STRESS"
- ✓ Revitalize our downtown by attracting new businesses, young entrepreneurs and the arts
- ✓ Improve our quality of suburban life with enhanced local transportation, better traffic and parking rules, more youth activities and stronger code enforcement
- ✓ Upgrade our roads, water, drainage and environmental infrastructure
- ✓ Keep us safe by supporting our Police, EMS, Fire and DPW services

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# Who will end up getting the city contract?

CONTINUED FROM PAGE 1

submit its recommendations to the City Council, which will vote to award the contract for the city-owned property to one of two proposers, Jeanine and Fred DiMenna, of The View Grill, and Kent Monkan, owner of KVM Food Corp.

The city's request for proposal called for extensive capital improvements to the property, which is currently leased by Jeanine DiMenna. Monkan, who owns two restaurants on the North Shore — the Brass Rail, in Locust Valley, and the Heirloom Tavern, in Glen Head — submitted the only other proposal.

Since late September, submissions have been reviewed by a committee that includes Louis Fugazy Jr., Scott Grupp, Pat Hall, Cherise Kramer, Vincent Hartley, Cynthia Ayres and Lisa Travatello. Meetings between the proposers and the committee have been facilitated by Yelena Quiles. The committee was originally scheduled to submit its suggestions to the City Council by early this month.

Gracie Cipriano, one of DiMenna's many supporters, reminded council members that if she doesn't get the council's vote, her employees must plan to find new jobs. Cipriano added that The View Grill, whose lease expires in February, is unable to book events for 2024 until a decision is made.

Since the community first learned about the RFP, many of DiMenna's sup-



Roksana Amid/Herald

Protesters waited outside City Hall to make their voices heard in support of Jeanine DiMenna and her bid for the city contract.

porters have signed petitions and held protests before council meetings, hoping to sway committee members and the council. Those hoping that Monkan will take over the lease have not been as outspoken as those rooting for DiMenna, but at Tuesday's meeting, Maureen Pappachristou expressed concerns about DiMenna remaining at The View.

"The city can't just do a nice thing for Jeanine because she is part of the city," Pappachristou said. "Elected officials doing favors for people will get them in

trouble."

As stated in The View Grill's lease, 5 percent of its gross revenues beyond \$600,000 are turned over to the city as added rent, and any gaps in payment were due after 45 days after its yearly lease ended. Pappachristou asked if the restaurant was up to date on its payments, after the restaurant missed payments in 2018 and 2019.

City controller Michael Piccirillo stated that the RFP process revealed that DiMenna had underreported her

revenue, and owed the city \$25,000 in rent.

In a phone interview with the Herald after the meeting, DiMenna said that her accountant, Nester Chopin, brought the matter to her attention just after the RFP proposals were due, and she urged him to report his findings to the city.

Chopin told the Herald that the underreported revenue was the result of misreporting by Clover Point of Sales, which the restaurant uses to gauge its profits.

"If they tell us how much we owe them, we're going to pay them," Fred DiMenna said. "It was an error on our part."

DiMenna added that he regretted not being more vigilant about Chopin's bookkeeping, explaining that Chopin was consulted only because he worked for the restaurant that previously operated at the Lattingtown Road site.

The DiMennas said they were seeking legal counsel to address Chopin's alleged negligence over the past two years. They believe the committee has delayed its decision because of its diligence in assessing the proposals.

"We like what the city has done for us — that's why we want to stay," Fred DiMenna said. "If we felt they were unfair, we were going to get the hell out of there. We liked what they've done for us."

Mayor Pam

# Panzenbeck

Councilman Kevin

# Maccarone

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- Raising Money For Youth Sports!
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**RETURN** Grady Farnan for Council

**RE-ELECT** Barbara Bella-Peebles for Council

**ELECT** Michael Ktistakis for Council

**RE-ELECT** Jack Mancusi for Council

**ELECT** Roni Sue Jenkins for Council

Early Voting,  
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**Chief of Department  
Robert S. Retoske**  
[glencovefire.com](http://glencovefire.com)

Department Phone  
**516-676-0366**

In case of fire or  
other emergencies call  
**516-671-3437**  
or  
**516-671-3730**

Fire or EMS  
(Don't call 911)

### Safety Tips:

- Don't leave a candle unattended
- Propane tanks should be stored outside any structure
- Extension cords are to be used for temporary use only
- Smoke & CO Detector save lives
- If there is a grease fire cover the pot with a lid
- Close the door behind a fire to stop it from spreading

# Glen Cove passes \$63.5 million budget

By **ROKSANA AMID**

[ramid@liherald.com](mailto:ramid@liherald.com)

The Glen Cove City Council unanimously voted to pass the city's 2024 budget of \$63.5 million on Tuesday night, the final session before the Nov. 7 election. The budget decreases the total property tax levy from \$33.2 million in the 2023 budget, to \$33.1 million in 2024. Last year, the tax levy was \$33.3 million.

During the budget presentation on the Oct. 10 council meeting, Mayor Pam Panzenbeck stated the property tax rate for homeowners remains unchanged from the 2023 budget, while the commercial tax levy dipped 5.83 percent.

When the budget was first presented to the council during a pre council meeting on Panzenbeck stressed the plan also included an \$884,000 bump in full-time salaries, including for emergency medical services workers, members of the Police Benevolent Association and the city's union workers. The increase for EMS workers was needed to remain competitive against a Nassau County program that elevated the pay of its EMS academy trainees, stating the salary increase was necessary for the city to continue its ambulance service.

All council members said they were happy residents didn't see higher taxes, but Councilwoman Marsha Silverman cautioned against using one-shot revenues towards the budget, citing an anticipated \$750,000 payment from RXR for building modifications towards new development at their Garvies Point location.

"I think there are discrepancies in this budget, but the way that our cycle works is that this budget will pass anyway," Silverman said. "I think there are a lot of positives in the budget, but as I say almost every year budgeting should not be a once-a-year exercise."

During the public portion of the hearing, critics, including George Maragos, the former Nassau County comptroller and current Glen Cove Democratic mayoral candidate, expressed their analysis of the budget saying it had discrepancies.

"This deficit can increase further due to unaccounted inflation and higher interest rates on debt," Maragos said. "The primary sources of the deficit are from the administration's

overly optimistic projection of an 84 percent increase in building department revenues from the prior year and a 14 percent decrease in debt expense during rising interest rates."

Maragos also added the budget contains a small property tax increase of .23 percent in 2024 on top of what he alleges is a previous unannounced property tax increase for homeowners of .54 percent

"In 2023 for a total two-year tax increase to homeowners of .77 percent," Maragos said. "These property tax increases on homeowners are used to provide tax reductions to commercial properties of 5.11 percent."

In an email to the Herald, City Controller Mike Piccirillo countered

Maragos' statements, saying an individual homeowner's property assessment is multiplied by the tax rate, which determines the amount of property taxes paid.

"The tax rate for 2024 is the same as 2023," Piccirillo wrote. "So if the individual's property tax assessment is the same in both 2024 and 2023, then the amount of taxes to be paid will remain the same (with) no tax increase."

Among Maragos' numerous budget analysis was a finding that there's less money being budgeted for snow removal, recreation and parks,

saying the budget under invests in the quality of life.

According to Piccirillo, the recreation's budget is lower because there was a transfer of funds to the Youth Bureau Department since programs and resources were consolidated.

Piccirillo also noted the parks department budget reflects a decrease because funds were transferred to roads due to the transfer of an employee who was miscategorized in the incorrect department, and that all DPW departments combined have an increased investment of approximately \$300,000 or 3.7 percent.

Panzenbeck anticipates the city will likely finish 2023 with an operating surplus of \$596,000. If it does, this would mark the third consecutive year Glen Cove maintained a surplus. This surplus could potentially remove the city from state Comptroller Thomas P. DiNapoli's state-wide report of municipalities facing fiscal stress, which stated the city was susceptible to it. Since last year's report, the city's rating decreased 50.4 to 47.1, indicating a trend towards a "no stress" designation.

**I** think there are discrepancies in this budget, but the way that our cycle works is that this budget will pass anyway

**MARSHA SILVERMAN**  
City councilwoman



# Polish National Home celebrates 100 years

By **ROKSANA AMID**

ramid@liherald.com

A sea of red, white and black patterned dresses whirled throughout the main room of the Polish National Home of Glen Cove on Saturday during a celebration of its 100th anniversary. The flowing outfits came from the Krakow region as dancers performed to polka and polonaise music.

During the event, Corinne Kaufman shared her memories of weddings and studying the Polish language as a child at the National Home. She reconnected with them when she received an invitation to the centennial. From there, she contacted all the Polish people she knew so they too could join the once in a lifetime experience.

"It also rekindled my love of the Polish culture that I grew up in which gave me a strong platform for my life," Kaufman said. "I am reminded of the Polish strength as a culture, their dedication to their heritage, their love of Polonia and America."

The home came to fruition on Aug. 31, 1922 when 25 citizens from Glen Cove and the surrounding areas met to discuss purchasing the former St. Patrick's Church, at 10 Hendrick Ave. The building was put up for sale for \$6,000, but contributions and donations only reached \$615. Selling 50 printed bricks from the previous church at \$100 each raised the remaining amount. The newly formed organization



Courtesy Margaret Dochnal

Margaret Dochnal, left, celebrated the home's 100th anniversary with former Congressman Tom Suozzi and dancers with the Polish American Folk Dance Company.

— Polish National Home of Glen Cove and Vicinity, Inc. — received a charter on Nov. 21.

The home saw a large influx of membership in the 1930s, and faced many financial challenges with the Great Depression and the social and cultural shifts with the first and second World Wars. The home served as a safe haven for those escaping their war-torn homeland, helping immigrants become United States citizens, and assimilate to a new country.

The home still offers resources to their members of differing ages, working in

tandem with the Paderewski Polish School in Glen Head. For over 90 years, the Polish school has kept the heritage of the country alive for new generations born in the United States for whom Polish is typically a second language. Students who attend the school typically take the Languages Other Than English exam to qualify for three- to six language credits which they can apply to their college requirements.

The home also offers scholarships to students preparing for higher education. First established in 1967, the scholarship

was awarded to Barbara Buddy. This year's scholarship was awarded to Glen Cove high school senior Alexander Piascik, who plans to attend Stony Brook University to study civil engineering.

Older members who may face language barriers in their daily lives can rely on workshops for help, including on purchasing and managing health insurance. Monika Zietek, a health insurance broker specializing in retirement, was invited to the home to instruct senior members about insurance coverage. She said she appreciates the community mindset the home offers its members, and added the home is always looking for experts in different industries to help older members.

The home remains a staple for many Polish people in Glen Cove and the surrounding areas. It serves as a center of Polish social and cultural life, hosting parties, family gatherings and holiday celebrations, which are at the center of the establishment.

To join, members must have at least one parent or grandparent who is Polish, and preferably live on the North Shore, although because membership has declined, residency is flexible.

Although the home has seen many challenging historic events, it continues to help its members maintain their cultural identity.

"The warmth of Polish culture made me feel secure, loved and a sense of belonging," Kaufman said. "My world respected family, institutions and faith."

## RE-ELECT



November 7th

*"I am proud of my time as a councilwoman, and I am eager to continue what I have started. I am a Glen Cove mom, business owner, friend, volunteer and more. I love this city. I will continue to work hard for all of Glen Cove."*

# DANIELLE FUGAZY SCAGLIOLA

## GLEN COVE CITY COUNCIL

### EXPERIENCE:

- Financial Journalist for 20 years
- President of the Glen Cove Education Foundation
- Active Board Member of the Business Improvement District
- Liaison to the Glen Cove Youth Bureau
- Longtime softball coach
- Longtime PTA member

### IN THE LAST 2 YEARS:

- Worked with the Senior Center & GCPD to ensure seniors have a reliable Medical Transport Vehicle
- Worked with LIRR to make commutes shorter for Oyster Bay riders
- Raised more than \$35,000 toward the rebuilding of the VFW
- Worked with library to bring Veteran Hero Among Us Banners program to Morgan Park
- Raised more than \$100,000 for scoreboards and trees at City Stadium, local food pantries and Glen Cove School District



Paid for by friends of Danielle Fugazy Scagliola

WORKING HARD FOR ALL OF GLEN COVE



# Bottoms up! The wonder-fall time of year

October 26, 2023 - GLEN COVE HERALD

Glen Cove brimmed with celebration as the city celebrated Oktoberfest at St. Patrick's Church and the Glen Cove Ferry Terminal. Aside from delicious traditional foods like pretzels, bratwurst and beer, festival-goers enjoyed raffles and food trucks while enjoying the crisp fall season.

The event, which started in Munich in 1810, gained international popularity and is the world's largest folk festival. Oktoberfest began as a wedding celebration more than 200 years ago when Bavaria's Crown Prince Ludwig married Princess Therese of Saxony-Hildburghausen on Oct. 12, 1810. The wedding was celebrated with multiple days of drinking, feasting and horse races.

Besides the food and beer, the festival is full of traditional Bavarian music, open-air performances, a grand entry and parades, vendor tents, carnival rides, a shooting competition, and traditional German outfits. The German festival is now a worldwide phenomenon celebrating Bavarian culture and flowing pints of beer.



Samantha Samant/Herald photos

Matthew and Giana Villatoro had fun pretending which Henry Villatoro captured on film.



Oktoberfest is the perfect opportunity for friends and family to celebrate the fall season.



Grace Becklo, left, Makenzie Alessandro, Tessa Becklo and Arianna Geoghegan tapped into their creative sides to draw images of Oktoberfest.



Tammy Lanham/Herald

Sienna Poppishil, and Felicity Coreas, took photos of "Pop-pop" Frank Pos and Marguerite Meditz at Oktoberfest at the Glen Cove Ferry Terminal.



Tammy Lanham/Herald

Myah Grella, and Olivia Bifano joined Glen Cove Mayor Pamela Panzenbeck in serving pizza samples at the ferry terminal's Oktoberfest.





**HERALD**  
*Community Newspapers*

October 26, 2023



**LOCAL**

**ELECTIONS**

★ ★ ★ ★ ★ **GUIDE** ★ ★ ★ ★ ★

CANDIDATE PROFILES, BALLOT INFORMATION AND MORE INSIDE!





ELECTION '23

## GLEN COVE MAYOR

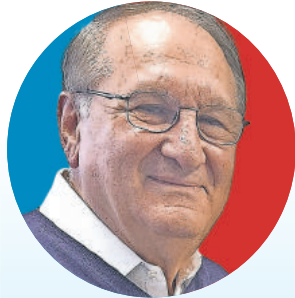
### On the issues:

Maragos, a former county comptroller, plans to use his finance background to benefit the community and address transparency issues in city hall. He initially started his political career as a Republican but switched parties in 2016.

He oversaw budgeting, financial operations, and audited government agencies and also reviewed county contracts and claims.

Now, he's concerned about transparency with the current city administration, as he faced challenges obtaining audited financial statements for 2022.

Local issues in Glen Cove, including empty storefronts, deteriorating infrastructure, and increased pollution affecting the beaches, also trouble him. If elected, his top priority would be to address the city's financial challenges. He's witnessed a decline in the city's quality of life, with residents reporting problems like unpaved



**George Maragos**

Party: Democrat

roads, speeding, and noise pollution.

Maragos emphasizes the importance of timely repairs to downtown parking garages, believing that delays will lead to higher costs in the long run. He criticizes the city's use of one-shot revenues and argues that raising employee salaries while reducing benefits is not a sustainable approach. Maragos also advocates for maintaining city-operated facilities that

align with the community's needs, suggesting a more modest redevelopment of a site on Lattingtown Road.

He questions the structure of a current request for proposal for the city owned property at 111 Lattingtown Road, believing it favors larger companies. He proposes revising the RFP to better suit the city's requirements. Overall, he aims to bring about positive change and address pressing issues in Glen Cove.

### On the issues:

She's focused on promoting Glen Cove's revitalization plans and financial stability, aiming to sway influencers like Moody's Investors Service. She says the upgraded credit outlook reflects her efforts to improve the city's fiscal condition, despite a decade on the state comptroller's fiscally stressed list.

She highlights achievements like revitalizing parks and beaches since taking office.

Challenges remain, especially regarding the three Long Island Rail Road stations and a potential commuter ferry service from Garvies Point.

She's cautious about the ferry's cost-effectiveness compared to the LIRR. The competition for redeveloping 111 Lattingtown Road, involving Jeanine DiMenna and Kent Monkan, has garnered regional attention. Panzenbeck, though friends



**Pamela Panzenbeck**

Party: Republican,  
Conservative

with DiMenna, emphasizes the need to follow due process.

Reflecting on her upbringing, Panzenbeck values the diverse population of Glen Cove, which she believes was crucial for her personal growth. She laments the lack of exposure to different cultures in her earlier teaching career outside the city. Panzenbeck is committed to preserving Glen Cove's momentum and ensuring thoughtful

decision-making for its future.



ELECTION '23

## LEGISLATOR — NASSAU COUNTY, 11TH DISTRICT

### On the issues:

Delia DeRiggi-Whitton, the incumbent Nassau County Legislature member representing North Shore residents, emphasizes her commitment to their well-being.

Operating as a bridge between Democrats and Republicans, her moderate approach aims to minimize government conflicts. Despite recent redistricting, her consistent constituency benefits from her stability, especially regarding environmental projects. DeRiggi-Whitton champions collaboration, likening politics to a business venture, aiming for unity in governance.

Significant achievements underscore her tenure, she says, such as securing funds for the cleanup of Scudder's Pond, combating pollution around Hempstead Harbor.

She facilitated sewage line connections in Sea Cliff, providing reimbursements to resolve



**Delia DeRiggi-Whitton**

Party: Democrat

longstanding sewage problems.

Additionally, she spearheaded initiatives in Sea Cliff and Glen Cove, enhancing Shore Road residents' lives through traffic calming measures and neighborhood improvements.

DeRiggi-Whitton's focus on quality of life extends to economic considerations. While supporting Glen Cove's economic growth, she scrutinizes proposals like the one for 111

Lattingtown Road.

Concerned about potential parking issues and noise pollution from large-scale facilities, she advocates for fair treatment of local businesses post-pandemic.

Her legislative successes include banning hydraulic fracturing waste at sewage plants and introducing 24/7 text-to-911 services, enhancing emergency response.

### On the issues:

John Stalzer, a first-time candidate from Sea Cliff, is running for a seat in the Nassau County Legislature to bring a sense of common sense to the current chaotic political landscape. With a background in environmental consulting and regulatory procedures, Stalzer aims to address pressing issues related to the environment and housing in his district. His motivation also stems from his family, which holds diverse political views. Currently working as an environmental regulatory procedures specialist at PSEG, Stalzer has been actively involved in environmental activism and research for over three decades.

Stalzer's focus is on protecting the delicate ecosystem of Hempstead Harbor, advocating for the expansion of sewer systems to combat high nitrogen levels. He emphasizes the importance of local governance and



**John Stalzer**

Party: Republican,  
Conservative

opposes state interventions that could impact communities like Sea Cliff. Stalzer aims to increase sewage lines in North Shore communities and reduce reliance on cesspits, proposing reimbursement initiatives for residents connecting to sewage lines.

Additionally, Stalzer is concerned about the high costs of Liberty water services and advocates for the

municipalization of the water district to make it more affordable for residents. His candidacy represents his party's platform, aiming to push forward concepts he believes in, even if they differ from his party's norms.

In summary, John Stalzer's campaign revolves around bringing practical solutions to environmental and housing issues, prioritizing local governance, and advocating for affordable and sustainable services for his constituents.





PANELIST

**DONNA M. STEFANS,  
ESQ., AIF®**  
FOUNDER &  
LEAD ATTORNEY  
**WEALTH ADVISORY ASSOCIATES**



HOST

**MICHAEL HINMAN**  
EXECUTIVE EDITOR  
**HERALD COMMUNITY  
NEWSPAPERS**



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NOVEMBER 9, 2023**



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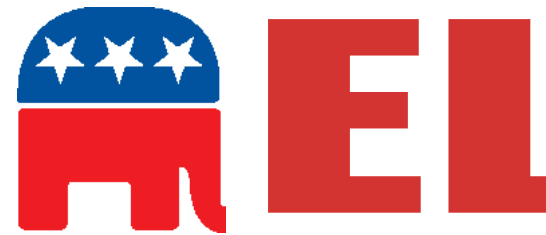


# GENERAL ELECTION CANDIDATES



November 07, 2023  
NASSAU COUNTY  
BOARD OF ELECTIONS

GLEN COVE



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### Extending Sewage Project Debt Exclusion From Debt Limit

The proposed amendment to Article 7, Section 5 of the Constitution extends for 10 years the authority of counties, cities, towns and villages to remove from their constitutional debt limits debt for the construction of sewage facilities. Shall the proposed amendment be approved?

### Removal of Small City School Districts from Special Constitutional Debt Limitation

The proposed amendment to Article 8, Section 4 of the Constitution removes the special constitutional debt limitation now placed on small city school districts, so they will be treated the same as all other school districts. Shall the proposed amendment be approved?

### Legislator — Nassau County, 1st District

Legislador — Condado de Nassau, Distrito 1 Vote for One (1)

- Scott M. Davis (D) |  Michael J. Lucchesi (R,C)

### Legislator — Nassau County, 2nd District

Legislador — Condado de Nassau, Distrito 2 Vote for One (1)

- Siela A. Bynoe (D,WFP) |  Karin B. Campbell (R,C)

### Legislator — Nassau County, 3rd District

Legislador — Condado de Nassau, Distrito 3 Vote for One (1)

- Carrie Solages (D,WFP) |  Sheharyar Ali (R,C)

### Legislator — Nassau County, 4th District

Legislador - Condado de Nassau, Distrito 4 Vote for One (1)

- Alexis N. Pace (D) |  Patrick C. Mullaney (R,C)

### Legislator — Nassau County, 5th District

Legislador - Condado de Nassau, Distrito 5 Vote for One (1)

- Seth I. Koslow (D) |  Joseph A. Baker (R,C)

### Legislator — Nassau County, 6th District

Legislador — Condado de Nassau, Distrito 6 Vote for One (1)

- Debra S. Mulé (D,WFP) |  Benjamin Jackson (R,C)

### Legislator — Nassau County, 7th District

Legislador — Condado de Nassau, Distrito 7 Vote for One (1)

- Tanvir Ahmad (D) |  Howard J. Kopel (R,C)

### Legislator — Nassau County, 11th District

Legislador - Condado de Nassau, Distrito 11 Vote for One (1)

- Delia M. DeRiggi-Whitton (D) |  John F. Stalzer (R,C)

### Legislator — Nassau County, 12th District

Legislador - Condado de Nassau, Distrito 12 Vote for One (1)

- Matthew Pasternak (D) |  Michael J. Giangregorio (R,C)

### Legislator — Nassau County, 8th District

Legislador - Condado de Nassau, Distrito 8 Vote for One (1)

- Biju Chacko (D)

### Legislator — Nassau County, 9th District

Legislador - Condado de Nassau, Distrito 9 Vote for One (1)

- Jake Scheiner (D)

### Legislator — Nassau County, 10th District

Legislador - Condado de Nassau, Distrito 10 Vote for One (1)

- Matthew W. Malin (D)

### Legislator — Nassau County, 13th District

Legislador - Condado de Nassau, Distrito 13 Vote for One (1)

- Joshua Alexander Lafazan (D)

### Mayor — Glen Cove

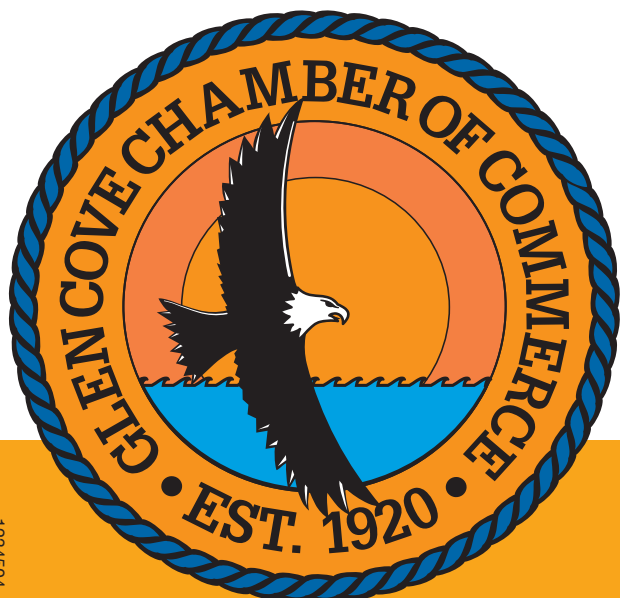
Alcalde — Glen Cove

- George Maragos (D)

### City Council — Glen Cove

Ayuntamiento — Glen Cove

- Marsha F. Silverman (D,WFP)
- Danielle Fugazy Scagliola (D)
- John F. Zozzaro (D)
- Joseph M. Manfredi (D)
- Joanne Yee (D)
- Theresa Rose Pergola (D)



## Glen Cove Chamber of Commerce

Enhancing The Health & Profitability of Our Member Businesses

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- Recognition In Support of Our Members
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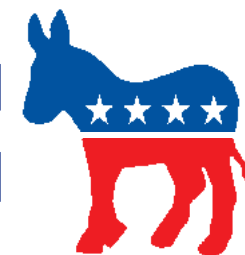


(516) 676.6666 • info@GlenCoveChamber.org





# ELECTION '23



Actual ballot, but a composite of several sample ballots so as to reflect all the districts within the communities covered. Specific candidates for individual communities are identified in blue. Complete reporting on candidates running in districts covered by the Herald.com under the Elections '23 tab. For election results after the polls close Tuesday night, go to LHerald.com

**County, 13th District**  
Distrito 13  
Vote for One (1)  
 Thomas McKeivitt (R,C)

**County, 14th District**  
Distrito 14  
Vote for One (1)  
 C. William Gaylor (R,C)

**County, 15th District**  
Distrito 15  
Vote for One (1)  
 John Ferretti (R,C)

**County, 18th District**  
Distrito 18  
Vote for One (1)  
 Samantha A. Goetz (R,C)

Pamela D. Panzenbeck (R,C)

**Glen Cove**  
Vote for Six (6)  
 Kevin P. Maccarone (R,C)  
 Jack Mancusi (R,C)  
 Barbara A. Peebles (R,C)  
 Roni Sue Jenkins (R,C)  
 Grady M. Farnan (R,C)  
 Michael I. Ktistakis (R,C)

**Supervisor — Town Of Hempstead**  
Supervisor — Ciudad de Hempstead  
Vote for One (1)  
 Olena Nicks (D,WFP) |  Donald X. Clavin Jr. (R,C)

**Clerk — Town Of Hempstead**  
Secretario - Ciudad de Hempstead  
Vote For One (1)  
 Susan E. Cools (D) |  Kate Murray (R,C)

**Receiver Of Taxes — Town Of Hempstead**  
Receptor De Impuestos — Ciudad De Hempstead  
Vote For One (1)  
 Michael F. Reid (D) |  Jeanine C. Driscoll (R,C)

**Town Council — Hempstead, 2nd District**  
Ayuntamiento — Hempstead, 2nd Distrito  
Vote For One (1)  
 Lawrence E. Nedelka (D) |  Thomas E. Muscarella (R,C)

**Town Council — Hempstead, 3rd District**  
Ayuntamiento — Hempstead, Distrito 3  
Vote for One (1)  
 Ingrid G. Izaguirre (D) |  Melissa L. Miller (R,C)

**Town Council — Hempstead, 4th District**  
Ayuntamiento — Hempstead, Distrito 4  
Vote for One (1)  
 Darien D. Ward (D) |  Laura A. Ryder (R,C)

**Town Council — Hempstead, 5th District**  
Ayuntamiento — Hempstead, Distrito 5  
Vote for One (1)  
 Jasmine Peña (D) |  Christopher J. Carini (R,C)

**City Council — Long Beach**  
Ayuntamiento — Long Beach  
Vote for Three (3)  
 Elizabeth M. Treston (D) |  Brendan P. Finn (R,C)  
 Tina M. Posterli (D,WFP) |  Christopher E. Fiumara (R,C)  
 James E. Hodge (D) |  Michael G. Reinhart (R,C)

**Supervisor — Town Of Oyster Bay**  
Supervisora — Ciudad de Oyster Bay  
Vote for One (1)  
 Jared S. Behr (D) |  Joseph S. Saladino (R,C)

**Clerk — Town of Oyster Bay**  
Secretario — Ciudad de Oyster Bay  
Vote for One (1)  
 Susan G. Mintz (D) |  Richard L. LaMarca (R,C)

**Receiver Of Taxes — Town of Oyster Bay**  
Receptor de impuestos - Ciudad de Oyster Bay  
Vote for One (1)  
 Vincent Macchio (D) |  Jeffrey P. Pravato (R,C)

**Town Council — Oyster Bay**  
Receptor de impuestos - Ciudad de Oyster Bay  
Vote for Three (3)  
 Ravin R. Chetram (D) |  Steven L. Labriola (R,C)  
 Danielle M. Medeiros (D) |  Laura L. Maier (R,C)  
 Sydney K. Martin (D) |  Vicki A. Walsh (R,C)

## Commerce

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Full Bar • Cocktail hour • Dinner • Desserts by St. Rocco's Bakery • Raffles • Silent Auction

Nov 4<sup>th</sup>  
SATURDAY

5pm - 10pm  
EVENING

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# Hundreds attend Herald Senior Health Expo

October 26, 2023 – GLEN COVE HERALD

By Alexa Anderwkavich

The Mansion at Glen Cove hosted the Herald's Health & Beyond Expo on Oct. 16 — the fifth expo of the 2023 series.

This community-favorite event featured more than 35 businesses and service providers sharing their expertise with members of the Long Island community.

HearingLife conducted free hearing examinations. Northwell Glen Cove Hospital provided free blood pressure tests, courtesy of Parker at your Door. Also, the Parker Jewish Institute Mobile Vaccination Station there was to provide free Covid-19 and flu vaccines.

Attendees enjoyed snacks, coffee and panel discussions led by Lori Berger, sales director for Herald Community Newspapers, who also cracked a few jokes.

Panelists included Donna Stefans from Stefans Law Group, Ana Arevalo from CenterLight Healthcare PACE, Margueritta Steele from Aetna, Jill Wasser from the state Department of Public Service, and Pablo Rendon from Parker Jewish Institute for Healthcare & Rehabilitation.

Guests received goody bags filled with the expo's special section, keepsakes, and valuable take-home materials. Raffle prizes included tickets to "The Play that Goes Wrong," gift certificates, and Mary Kay gift baskets.

The expo's success was made possible by sponsors like Stefans Law Group, HearingLife, Atena, CenterLight Healthcare PACE, Parker Jewish Health Care & Rehabilitation, Long Beach Nursing and Rehabilitation Center, and New York Department of Public Service.

The Nov. 3 Herald Senior Health & Beyond Expo has been postponed. Check RichnerLive.com for the new date.



Debbie D'Amato, left, and Ana Arevalo from Centerlight Healthcare PACE.



Panelist Donna Stefans from Stefans Law Group talked to attendees about Estate Planning: What You Need to Know Now.



Panelist Jill Wasser from the state Department of Public Services talks about resources she offers.



The Northwell Health Glen Cove Hospital table who provided free blood pressure screenings for attendees!



Anjelika Blyakhar, left, joined Roman R. Khalmov at the Margaret Tietz Nursing and Rehabilitation Center (Cassena Care) table.



Margueritta Steele from Aetna, one of the event's Silver Sponsors



Betsy Pierre-Louis, left, joined Pablo Rendon and Dennis Perez from Parker Jewish Institute.



# STEPPING OUT

## Scare up a monstrous bash

*Let a mad scientist's lair take over your home*

By Karen Bloom

The countdown is on to spooking and assorted revelry. The signs of that festive day are all around us as those ghouls, witches and wizards — along with princesses, pirates, etc. — look forward to Oct. 31.

So, throw on a costume and act like a kid — with or without the kids. Transform your house into Frankenstein's lab with a few party tricks and Halloween goodies. Set the scene with a mad scientist-themed sweets table, and carry it home with a crazy good menu featuring frightfully yummy appetizers, some mocktails for the kids (and non-drinkers in your crowd) and, of course, treats.



### Melted Witch Punch

Play mixologist with a perfect potion recipe featuring a few easy ingredients.

- 6 cups water
- 1 cup white sugar
- 1 (6 ounce) package lime-flavored gelatin mix
- 1 (46 fluid ounce) can pineapple juice
- 2 quarts orange juice
- 1/2 cup lemon juice
- 2 (2 liter) bottles chilled lemon-lime soda

Mix water, sugar, and gelatin mix in a large saucepan and bring to a boil; reduce heat to medium and cook at a boil, whisking frequently, until gelatin and sugar have dissolved, about 3 minutes. Stir pineapple juice, orange juice, and lemon juice into gelatin mixture and transfer into resealable plastic bags. Place in freezer until slushy, about 4 hours.

### Bring Frankenstein to life

It's not a mad scientist Halloween party without Frankenstein. This easy Frankenstein cake makes a big statement, a fantastic centerpiece for your sweets table and will make others green with envy over your decorating skills.

- 6 cups favorite cake recipe or mix
- 4 cups white ready-to-use decorator icing
- Green food coloring
- Black icing (in pouch with tips)
- Large candy eyeballs

#### Tools needed:

- 6-by-3-inch round pan
- 10-by-16-inch cooling grid
- Cake plate
- Cake leveler
- 13-inch angled spatula
- 12-inch disposable decorating bags

Prepare cake according to instructions and make two layers using 6-inch round pans. Bake and cool on cooling grid.

Prepare green icing. Stack layers on cake plate for a two-layer cake, using leveler as needed. Ice cake sides smooth.

Use black pouch icing without tip to cover top of cake. Use tip of spatula to create spiral effect. Use black pouch icing with star tip to pipe pull-out bangs around top edge and two hair strands on cake top.



Prepare a disposable decorating bag with more green icing; cut a hole in point of bag (the size of tip 3)SO. Attach candy eyeballs with dots of green icing. Pipe green eyelids.

Use black pouch icing with round tip to pipe dot nose and neck bolts, outline mouth and stitches.



### Spooky Graveyard Pie

Eventually the monster's lair will lead out to the "graveyard." Set the mood with this treat.

- 3 cups (about 32) finely ground chocolate sandwich cookies, divided
- 3 tablespoons melted butter
- 1 can (12 fluid ounces) evaporated milk
- 1 3/4 cups (11.5-ounce package) milk chocolate morsels
- 2 large egg yolks
- 2 tablespoons cornstarch
- 8 chocolate filled vanilla wafer cookies
- Black and purple decorator writing gels
- Assorted Halloween candies

Combine 1-1/2 cups cookie crumbs and butter in 9-inch pie plate. Press crumb mixture onto bottom and upsides of pie plate. Set aside remaining 1 1/2 cups crumbs for dirt topping.

Whisk together evaporated milk, egg yolks and cornstarch in medium saucepan. Heat over medium-low heat, stirring constantly, until mixture is very hot and thickens slightly; do not boil. Remove from heat; stir in morsels until completely melted and mixture is smooth.

Pour into crust. Sprinkle with remaining 1-1/2 cups cookie crumbs. Press crumbs down gently. Refrigerate for 3 hours or until set.

Decorate cookie tombstones with writing gels as desired; let set. Insert tombstones around edge of pie. With spoon, mound cookie crumbs to form "fresh graves." Decorate graveyard with candy to make the pie as spooky as you want it to be!

Makes 8 servings.



### Colin Quinn

The Brooklyn-based comedian is back with his latest off-Broadway comedy special, 'Colin Quinn: Small Talk.' Quinn is most widely known for political humor, but his 'Small Talk' comedy show has a different focus: the art of charisma. In his latest attempt at humor, Colin breaks down the one area he's actually gifted in: personality. He has been chatting it up with friends, family, municipal employees and counter people his whole life, and now he can want to teach everyone how to stop sucking the energy out of the room. Quinn's most recent stage show, 2021's 'The Last Best Hope,' combined a similar premise (Quinn's charisma) with his trademark political comedy, focusing on why his is a voice worth listening to in today's social-media saturated age where everyone has a platform. Quinn has indeed built a sizable social media platform, with more than 500,000 followers on X — formerly known as Twitter — alone, but he's a stalwart of the in-person New York City comedy scene, too.

Friday, Oct. 27, 8 p.m. Tickets start at \$45. Tilles Center for the Performing Arts, LIU Post campus, 720 Northern Blvd., Brookville. (516) 299-3100, or [TillesCenter.org](http://TillesCenter.org).



### Pink Talking Fish

Three mammoth bands. Three musical phenomenons. One idea inspired by love of the music. That's Pink Talking Fish, who visit the Landmark stage with their hybrid tribute fusion act. Pink Floyd, The Talking Heads and Phish are all more than just bands to Eric Gould on bass, Richard James on keyboards, Zack Burwick on drums, and Cal Kehoe on guitar. PTF has discovered that fusing the material together creates an amazing story. The epic emotion of Pink Floyd. The funky, dance-able layerings of The Talking Heads. The styles, unique compositional structures and pure fun of Phish — to merge these three into one gives music lovers a special experience. Discovering connections is part of the fun: Pink Floyd's 'On The Run' seamlessly fitting in the middle of the composition of Phish's 'You Enjoy Myself.' Perfectly placing Phish's 'Sand' into the groove of The Talking Head's 'Slippery People,' and more.

Saturday, Oct. 28, 8 p.m. \$45 and \$40. Jeanne Rimsky Theater at Landmark on Main Street, 232 Main St., Port Washington. (917) 567-5842 or [LandmarkOnMainStreet.org](http://LandmarkOnMainStreet.org).



# THE SCENE

Nov. 10

## The Joni Project

The Joni Project visits the Landmark stage,

Friday, **Nov. 10**, 8 p.m., celebrating Joni Mitchell's 80th birthday. The musically sophisticated band is fronted by remarkable multi-instrumentalist and singer Katie Pearlman, who impressively plays Joni's songs in their original open guitar tunings, and also includes jazz and jam band mainstays Dave Berg (guitar), Dan Ehrlich (bass), Alan Lerner (drums), Mark Mancini (keyboards), Steve Finklestein



(percussion), Premik Russell Tubbs (saxophone and flute) and Victoria Faiella (backing vocals). Collectively, they've performed with members of the Grateful Dead, The Band, The Doors, the Neville Brothers, and many others. Together, they bring fresh interpretation to Joni's legendary tunes from their many eras and genres — particularly from the time of her stunning and dynamic collaboration with Jaco Pastorius, Pat Metheny and Michael Brecker. From the deep folk roots of her musical beginnings, Joni's music evolved over the years to include elements of funk, rock and the full palette of harmonic colors embodied by modern jazz. Her brilliantly original chord progressions were paired with beautifully crafted melodies adorned by lyrics of unmatched poetic profundity to create some of the most powerfully enduring and well-loved songs of all time. Pearlman faithfully performs in true Joni style, her tunings remain as fresh today as they were when first performed. \$45, \$39. \$33. Jeanne Rimsky Theater at Landmark on Main Street, 232 Main St., Port Washington. (917) 567-5842 or LandmarkOnMainStreet.org.



## On stage

See "Alabama Story," presented by Nassau Community College Theater and Dance Thursday through Saturday, **Oct. 26-28**, 7:30 p.m.; Sunday, Oct. 29, 2 p.m.; panel discussion follows Sunday performance at 4:30 p.m., discussing book banning and censorship. Also online streaming show, Nov. 3.

Kenneth Jones' new play is based on the real life story of Emily Wheelock Reed, a librarian who defended a book that caused a minor uproar in 1959 Alabama. A gentle children's book with an apparent hidden message stirs the passions of a segregationist state senator, just as the civil rights movement is flowering. A contrasting story of childhood friends — an African American man and a woman of white privilege, reunited in adulthood in Montgomery that same year — provides private counterpoint to the public events of the play. Nassau Community College's Little Theatre, Garden City. Tickets \$12; NCC students free with valid ID; \$10 veterans, alumni, seniors 60+, students and NCC employees. For tickets/information, email throff@ncc.edu or call (516) 572-7676.

## On exhibit

View the landmark exhibition "Modigliani and the Modern Portrait," at Nassau County Museum of Art. Devoted to the way that Modigliani powerfully re-defined the art of portraiture, the show includes his masterworks along with paintings and drawings by his Parisian contemporaries (Picasso, van Dongen, Laurencin). Modigliani's enduring influence on artists even in our own time is shown in a selection of Contemporary paintings by such important figures as David Hockney, Eric Fischl, Elizabeth Peyton and others. The exhibition is being curated by Dr. Kenneth Wayne, founder of The Modigliani Project, which authenticates paintings and drawings (two of the works in the show have been recently approved by the committee). Through Nov. 5. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. (516) 484-9337 or NassauMuseum.org.

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Sands New York is aiming to redefine Long Island hospitality.

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### Art classes

Nassau County Museum of Art welcomes those interested in improving their art skills or those who simply want to explore their creativity to participate in one of their many stimulating classes. The fall schedule includes Watercolor Florals: Beginner to intermediate levels (adults and teens 16+), Thursdays, 9:30 a.m.-noon, **Nov. 2-Dec. 14**. \$300, \$270 members. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. For information and to register visit [NassauMuseum.org](http://NassauMuseum.org) or call (516) 484-9338.

### Deep Roots Farmers Market

Choose from all sorts of food items and more at the Deep Roots Farmers Market, Saturdays, through October, 9 a.m.-1 p.m., rain or shine. Browse among more than 30 vendors offering local organic produce, eggs, honey, breads, sweets, fresh pastas, prepared food and more, plus weekly guest art and craft vendors. 100 Garvies Point Road, in Glen Cove.

### Día de los Muertos

Bring the family to Nassau County Museum of Art, Saturday, **Nov. 4**, when everyone can immerse themselves in the Mexican tradition of Day of the Dead. Participate in family art making, a Spanish and English language story time, music, traditional foods, and a display of artwork by a local Mexican-American visual artist exploring cultural themes. Choose from two sessions, 11 a.m.-12:30 p.m. or 1-2:30 p.m. Suitable for children aged 2-14 and their adult companions. Everyone may participate in art making and each adult attending must purchase a spot. This is not a drop-off event. Children under age 18 must be accompanied by an adult. \$20 non-member adult, \$10 member adult, \$10 non-member child. Registration required. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. (516) 484-9338 or [NassauMuseum.org](http://NassauMuseum.org).



### Dog Days Weekend

Enjoy the glorious grounds of Old Westbury Gardens with your pooch (leashed of course), Saturday and Sunday, **Oct. 28-29**, 10 a.m.-6 p.m. With dog parade and costume contest on Sunday, 3-5 p.m. Prizes awarded to best dog costumes, including Prettiest, Most Handsome, Most Original, Best Duo or Group, Funniest. Costume contest participants must register at the map stand by 2:30 p.m. Advance ticket purchase for weekend events required. Old Westbury Gardens, 71 Old Westbury Rd., Old Westbury. For information contact (516) 333-0048 or visit [OldWestburyGardens.org](http://OldWestburyGardens.org).

### Westbury House Tour

For many years visitors to Westbury House at Old Westbury Gardens asked what was beyond the first floor corridor. Now beyond the door and discover "secrets of the service wing," during a 60-minute guided tour, Friday, **Oct. 27**, noon-1 p.m.; Sunday, **Oct. 29**, 1:30-2:30 p.m. and 3-4 p.m.; Monday, **Oct. 30**, noon-1 p.m. Be introduced to the intensive labor required to create the lifestyle experienced by the Phipps family and their guests; tour the many rooms that were "behind the scenes" to create the formal dining experiences of early 20th century. Go along the corridors to the butler's pantry and silver cleaning room then descend the 17 steps to the kitchen, scullery, and wine storage rooms located on the ground floor. Reservations required. 71 Old Westbury Rd., Old Westbury. For information contact (516) 333-0048 or visit [OldWestburyGardens.org](http://OldWestburyGardens.org).



Oct. 31

### The Great Give Back

Support the public library system's Great Giveback community service initiative. This year the Glen Cove Public Library is supporting Cove Animal Rescue in its mission to increase the adoptability of these animals through training, socialization and a cage-free environment that facilitates a smooth transition to a forever home. Bring your donations to the circulation desk by **Oct. 31**. 4 Glen Cove Ave.

### Having an event?

Items on The Scene page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to [thescene@liherald.com](mailto:thescene@liherald.com).

### Blood pressure screenings

Obtain free blood pressure screenings with a registered nurse from St. Francis Hospital, Wednesday, **Nov. 3**, 1-3 p.m., at Glen Cove Library. No appointment required. Participation will be on a first-come, first-served basis. 4 Glen Cove Ave. Visit [GlenCoveLibrary.org](http://GlenCoveLibrary.org) for more information.

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CATHI TUROW

## ON THE ROAD WITH A TAKEOUT QUEEN

# Some filler uppers to go

I don't eat three meals a day. Instead, I graze from morning till night as I travel from one takeout restaurant to the next. Last week my stomach said to me, "Stop buying bits and pieces of everything! It's exhausting and you're driving me crazy. Just buy one meal that's filling and feel satisfied for a while!" Since I value my stomach's opinion, I found four new restaurants where I could do just that.

**Kiko Ramen (26 School St., Glen Cove)**  
In this peaceful, new Japanese Ramen

restaurant, it was hard to decide if I wanted to order the gyoza as an appetizer along with an avocado green salad, or an oversized rice bowl with Japanese style fried chicken, or one of the 10 different ramen soups. I chose tofu ramen soup with broccoli, kikurage, edamame, corn, bamboo shoots, bean sprouts, soft tofu, and noodles.

When the server brought an exceptionally large bowl of soup to my table, I thought to myself, "This looks delicious, but I doubt I'll be able to eat it all." Short-

ly after that, my bowl was empty. On my way out, I couldn't resist grabbing a slice of the rainbow Japanese crepe cake to go. I counted 20 paper-thin layers of rainbow-colored cake sitting beneath light, creamy icing.

**Dirty Tacos & Tequila (10 Matinecock Ave., Port Washington)**

Though this chic, casual restaurant opened several months ago, I waited to write about it until customers could order meals to go. The menu is wonderfully innovative. It features Vietnamese shrimp tortillas, caramelized Brussels sprout tortillas, and the Bali bowl salad I ordered with Thai peanut tofu, thin strips of apples and roasted carrots, quinoa, and Asian slaw. The ingredients were perfectly balanced, so each happily took a turn in every bite. The salad was also very large. When I lifted it from my takeout bag, I thought to myself, "There's no way I'll eat all this." The next thing I knew, my plate was empty.

**Sabrina's Candy & Creamery (96 South St., Oyster Bay)**

I was driving around doing errands when my stomach started growling. I needed to stop for a filling snack. This charming, classy café hit the spot. As soon as I walked in the door, it screamed creativity and imagination. The 24 ice cream flavors include cookie dough French toast, fresh brewed coffee ice cream, and fluffy fluff. My pumpkin crumb donut ice cream had just the right pop of pumpkin flavor to taste like autumn. There are also gourmet cookies, brownies, elegantly wrapped peanut butter popcorn bags, and more. An enormous wall filled with kid-fun candies is the biggest treat of all.

**Tropical Smoothie Café (100 Village Sq., Suite 140, Glen Cove)**

I was craving something substantial for dinner. A 24 oz. smoothie plus a meal from this café did the trick. You can choose from 20 types of smoothies divided into four categories: veggie, balanced fusion, fruit blend, and tropical treats. The smoothies are joined by a fun variety of wraps, sandwiches, salads, flatbreads, and quesadillas. I filled up on the new sweet and savory mango bacon brie flatbread and the pomegranate plunge smoothie. After that, I didn't crave a midnight snack.

Well, it's time to fill up. See you next month!

Cathi Turow can be reached at:  
[cturowtakeout@gmail.com](mailto:cturowtakeout@gmail.com)

## Let us Know

News Brief items including awards, honors, promotions and other tidbits about local residents are welcome. Photographs may be emailed as well. Deadline for submissions is noon Thursday, week prior to publication. Send to [llane@liherald.com](mailto:llane@liherald.com)



# HERALD WRAPPING PAPER DESIGN CONTEST

## CONTEST RULES:

**Who can enter:** There will be 2 categories:

Students in grades k-5 • Students in 6-12

One entry per student

**Deadline:** Entries must be received by 5 p.m. Wednesday, Nov. 15, 2023.

**Grand prize:** Winners will have their design printed as wrapping paper in the Herald and will be featured in an article in their local Herald paper.

**Entry format:** Please use an 8 1/2 by 11 inch piece of unlined paper. All entries should have the student's name, age, address, telephone number, email, grade and school printed on the back. Design can be reflective of all religious holidays. Entries will not be returned.

**Mail or hand-deliver to:**

Wrapping Paper Contest  
Herald Community Newspapers

2 Endo Boulevard, Garden City, NY 11530 OR

**Scan and email to:** [mkaur@liherald.com](mailto:mkaur@liherald.com)

**(must be a high-res jpg) No Photos of Artwork Will Be Accepted.**

Winners will be notified by email or phone by November 27

## ATTENTION KIDS: THE HERALD IS HOLDING A CONTEST TO DESIGN HOLIDAY WRAPPING PAPER

THE WINNING DESIGNS WILL BE  
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YOUR HERALD COMMUNITY  
NEWSPAPER

## HELPFUL HINTS

- Must use 8 1/2 x 11" unlined paper, copy paper or construction paper.
  - Be creative & original.
- Drawings should represent any of the December holidays.
  - Use bright colors.
  - Fill the entire page.
- Choose paint, crayon, chalk, markers or pens, or other creative materials.
  - Remember your design will be repeated to make a real sheet of wrapping paper.

For more information contact Manny Kaur at  
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### EVENT AGENDA:

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FROM 11:35AM - 12:25PM

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# Families in need get a treat this Halloween

## Love Your Neighbor Project donates costumes

By WILL SHEELINE

wsheeline@liherald.com

The efforts of Love Your Neighbor Project and St. Boniface Martyr Catholic Church will make this Halloween fun by providing costumes for roughly 75 children whose families are struggling financially.

With Halloween right around the corner, these children can trick or treat around the North Shore in costumes provided through the Project's Connect to Spooky Goodness Halloween Costume Drive.

St. Boniface Martyr, located in Sea Cliff, has run its Outreach Pantry and Thrift Shop for the past 25 years, providing residents in Sea Cliff, Glen Head, Glenwood Landing, and Glen Cove with healthy food and gently used clothing. Jody Fleischmann, one of the program's coordinators, explained that for the last three years, the church has partnered with the Love Your Neighbor Project every Halloween to help families that use the pantry, acquire costumes for their children, with a focus on children between the ages of 2 and 12.

"There's a lot of families that don't have the money to go out and spend, you know, \$20 or \$30 or \$40 on a costume," Fleischmann said. "This really serves so many purposes and helps so many families in need that simply can't afford a costume."

The project is a charity organization founded in 2020 focused on promoting community growth, participation and supporting one's neighbors. While in the first few years they provided costumes to roughly 30 children, this year they were able to get enough donations to provide costumes for as many as 75 children, with enough extras that there were a range of choices to pick from.

Jaime Teich, founder and chief neighbor of the project, said the project had worked closely with Fleischmann and St. Boniface's outreach coordinators in the past, helping provide food donations during the dark days of the coronavirus pandemic as well as helping to provide Christmas gifts to other families in need. Teich said that when she had heard about the pantry's need for Halloween costumes, she knew that the project could help.

"Sea Cliff is so known for Halloween, so we didn't want any family or any child to feel like they couldn't partake in the celebration that happens in the area," Teich said. "Because of what was happening in the pandemic, equalizing accessibility was really our aim, and we wanted these children to have the same experience as everyone else."

Teich and Fleischmann added

that each year has been incredibly successful, with community members turning out in droves to provide costumes for their neighbors. Fleischmann said that the families in need have also been hugely appreciative of the effort, and with many coming back year after year.

"Love Your Neighbor Project is just a wonderful, wonderful local program and is one of the few really good highlights and positive things that have come up out of that horrific pandemic," Fleischmann said. "This is just one of the many success stories that came from them, and they certainly continue to help us at St. Boniface's."

At the heart of St. Boniface's outreach program is a unique approach to food assistance. Instead of pre-packaging items, they offer a "healthy choice" pantry, allowing clients to select the food items they need, including fresh eggs and frozen chickens.

The outreach pantry gets donations from several local food banks, including Long Island Cares and the Harry Chapin Food Bank, as well as contributions from parishioners and community members. It also gets a wide variety of clothing items from local businesses and donations from North Shore residents, which it sells to families at a significant discount.

The pantry and thrift shop serves roughly 60 families per week and is open every Saturday from 10 a.m. to 1 p.m. Anyone interested in learning more about the outreach pantry and the project can visit their respective websites, StBonifaceMartyr.org and LYNP.org.



Photos courtesy Love Your Neighbor Project

**Dozens of parents and children have collected costumes thanks to the work of Love Your Neighbor Project and Jody Fleischmann, right, of St. Boniface Martyr Catholic Church's Outreach Pantry and Thrift Shop.**



Families from around Sea Cliff and neighboring municipalities donated roughly 100 costumes to Love Your Neighbor Project's Connect to Spooky Goodness Halloween Drive.

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## OPINIONS

# Why is Israel urged not to ‘overreact’ against Hamas?

If ever there were a just war, it is Israel's war against Hamas. If ever there were a war in which there is no moral equivalence, it is Israel's war against Hamas. If ever there were a war with potential regional and global implications, it is Israel's war against Hamas.

That's why I believe it is disgraceful and indefensible for so many in the media, in academia and in political circles to be suggesting, and acting as if, there were “two sides” to this war. As if Israel has to defend its military action, and somehow it is the Palestinians in Gaza who are victims.



**PETER KING**

The war began when Hamas

launched a terrorist attack targeting Israel's most innocent noncombatants, murdering children, women and the elderly, killing 1,400 Israelis and taking more than 200 hostages. These noncombatants were not “collateral damage.” They were Hamas' intended victims. This was the ultimate in depraved terrorism. Israel has not only the legal and moral right to retaliate against Hamas, but the moral

obligation to defend its citizens by doing all it can to destroy Hamas.

Yet with each passing day, we see media commentators, student demonstrators and morally challenged politicians such as U.S. Rep. Rashida Tlaib, of Michigan, anguishing over the plight of the Palestinians and the concern that Israel will “overreact” to a terrorist attack that resulted in the equivalent of 40,000 dead in the United States. Most shockingly, we saw the same cast of characters accept Hamas' unsubstantiated claim that an Israeli rocket had destroyed a hospital in Gaza, causing more than 500 innocent fatalities.

Some Americans are calling for a ceasefire. Unfortunately, President Biden added to the moral and strategic confusion when, during his meeting in Israel with Prime Minister Benjamin Netanyahu, he referred to Hamas as the “other team” and cautioned Israel against overreacting.

What has happened to our ability as a people to make moral distinctions and judgments and recognize the difference between good and evil, victim and assailant?

Would anyone have suggested in the

days following the attack on Pearl Harbor that President Franklin D. Roosevelt call for a ceasefire with Japan, or that he and Gen. Douglas MacArthur assure the world that the United States would not overreact? Would FDR, then Gen. Dwight Eisenhower and British Prime Minister Winston Churchill have been called on to ensure that they would observe the rules of war in combating Hitler?

Would the media have felt obligated to give “both sides” of the story? To give equal time to Hitler and Japanese Emperor Hirohito? Would any American, let alone the president, have referred to Nazis or the Gestapo as the “other team”? Would the media have gone through the streets of Dresden, Hamburg or Berlin looking for civilian casualties, or taking at face value Nazi claims of American war crimes?

The reality is that there will always be unintended civilian casualties in any war. This will be especially true in any war with Hamas, which intentionally locates its fighters, rockets and artillery in densely populated civilian areas. Unlike Hamas, Israel will make every effort to avoid civilian deaths, and cer-

tainly won't target noncombatants.

Waging war against Hamas goes far beyond retaliation or revenge. Hamas must, to the greatest extent possible, be annihilated, to prevent future attacks on Israel's citizens. Hamas is also a proxy for Iran, which is the largest state sponsor of terror in the world and an ever-growing military — and soon to be nuclear — threat to the region and the world. Hezbollah, headquartered just north of Israel in Lebanon, possesses over 100,000 rockets, and is also a wholly owned subsidiary of Iran.

Israel is our strongest ally and the only democracy in the Middle East, the most volatile region in the world. This current war is not a battle for turf or bragging rights. It is a struggle that Israel is waging for itself and for all civilized peoples. Israel deserves our full, unqualified support for its own success and security, and the future of the world as we know it.

It is also time for the United States to restore its sense of moral balance, and accept the reality that there can be no moral equivalence in this struggle between good and evil. Stand with Israel!

*Peter King is a former congressman, and a former chair of the House Committee on Homeland Security. Comments? pking@liherald.com.*

## Surviving, and thriving, after breast cancer

Twenty years ago, I became one of the more than 4 million women in America who are breast cancer survivors. As I reflect on this milestone, my heart is brimming with gratitude and a renewed drive to raise awareness about the second-leading cause of cancer deaths in women in the United States.



**SIELA A. BYNOE**

At age 36, I discovered a lump in my breast as I was traveling with family to St. Kitts for a birthday celebration. As soon as I got home, I scheduled a doctor's appointment to embark on further exploration. Following a mammogram, a sonogram and a needle-stick

biopsy, my worst fears were realized — it was breast cancer.

The discovery added a great deal of uncertainty to a particularly active chapter of my life. At the time I was working full-time as the assistant executive director of the North Hempstead Housing Authority, and studying for a master's in public administration at LIU Post.

Amid this personal adversity, however, my thoughts turned to softening the impact of this news for my friends and

loved ones. When it came time to break the news to my family, I put on my bravest face and told them, “I have a plan in effect, and everything's going to be all right.” But despite my confident presentation, there were many hurdles.

After I started a course of chemotherapy early in treatment, I was treated for a rare allergic reaction that sent me into anaphylactic shock. Later I was hospitalized with neutropenia, a serious condition in which my neutrophils — a type of white blood cell — dropped to dangerously low levels. As my support circle reassured me that I would rebound, my thoughts turned to the Bible, and Jeremiah 29:11.

*“For I know the plans I have for you,” the Lord declares. “Plans to prosper you and not to harm you, plans to give you hope and a future.”*

I soon learned that those plans included a tremendous groundswell of love and support. One of the examples I will always carry with me is the generosity of my family and friends — and my colleagues at the North Hempstead Housing Authority. As a relatively new employee, I had accrued only a small amount of sick leave, and it was being consumed quickly amid my treatment. But Loreen, Dolly,

Frann and Susan donated *their* time off to ensure my continued care and give me some much-needed peace of mind. I will be forever grateful to these women — my friends for life — for their generosity.

After completing chemotherapy and radiation, I finished my master's, continued my advocacy for affordable housing in 15 years at the helm of the Huntington Housing Authority, served on the Westbury Board of Education, and since 2014 have been blessed with the humbling privilege of representing the residents of Nassau County's 2nd Legislative District.

All of this was made possible by the love and support of my friends and family, the expertise of outstanding medical professionals, and the practices that led to prompt detection and treatment. For Black women, that is especially crucial. According to the American Cancer Society, we are more likely than white women to develop breast cancer before age 40, as I did. Furthermore, Black women have the highest death rate from breast cancer among any racial or ethnic group. A large factor in that sobering statistic is the fact that one in five of us develop triple-negative breast cancer, which tends to grow and spread faster, has fewer treatment

options, and usually has a worse prognosis.

Given these troubling statistics and the prevalence of this disease on Long Island, advocacy has been a significant part of my life as a survivor. My office will partner with NuHealth to bring the Nassau University Medical Center breast cancer screening van to the Lakeview Public Library, at 1120 Woodfield Road in Rockville Centre, on Oct. 26, and to Magnolia Gardens, at 899 Broadway in Westbury, on Nov. 2.

From 8:15 a.m. to noon on both dates, women over age 40 who have not been screened in more than a year can receive services including a breast exam by a nurse, a mammography, and self-examination instructions like the ones that led me to the discovery of my own breast cancer. Appointments are free for uninsured women based on eligibility guidelines, and you can make an appointment by calling my office, at (516) 571-6202, while supplies last.

If you have not undergone testing in some time, please heed the lessons of my own experiences and avail yourself of this opportunity. I am living proof that abundant life can be on the horizon after a breast cancer diagnosis — but we must take a courageous first step to begin that journey.

*Siela A. Bynoe, of Westbury, represents Nassau County's 2nd Legislative District.*



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# HERALD EDITORIAL

## Have a fun – and safe – Halloween

October marks the return of the “spooky season.” But before you get all dressed up and head out to celebrate Halloween, it’s important to remember that safety must come first.

A study conducted by State Farm found that one of every four pedestrian deaths on Halloween are children out walking between 6 and 7 p.m. And a vast majority of those deaths occur away from a crosswalk or intersection.

Halloween is supposed to be a time for fun, costumes and candy — not rides in ambulances. There are lots of cars on the roads, even when kids are trick-or-treating. And on this night it’s more important than ever to use crosswalks, look both ways, and stay on the sidewalks. Especially with the uptick in reckless driving the Herald has reported on in recent weeks in different neighborhoods.

Also, wear bright, reflective colors, or add strips of reflective tape to costumes to make them more visible to passing vehicles.

But that’s not all. The Consumer Product Safety Commission warns parents to buy only flame-resistant costumes — generally made of fabrics like polyester or nylon — and to ensure that costumes aren’t too long or too wide,

which could cause our young ones to trip.

Children should travel in groups accompanied by parents or responsible adults, and only knock on doors of well-lit homes that have porch lights on.

Instead of masks that can obscure your vision, use makeup and hats instead. Just be sure makeup is Food and Drug Administration-approved, especially anything applied on the face or around the eyes. And avoid decorative contact lenses that change eye color.

All of these are warnings many of us have heard every year. But what about all that delicious Halloween candy? We all grew up hearing horror stories about razor blades in apples, and evil people poisoning the miniature candy bars they hand out.

But dangers today may not even be intentional. Last year, for example, authorities at Los Angeles International Airport confiscated nearly 12,000 fentanyl pills hidden inside wrapped bags and boxes of candy. While it’s highly unlikely that children were the targets of the smugglers, police, as always, advised parents to inspect the candy their trick-or-treaters brought home. That’s more important these days than ever, and if you find anything suspi-

cious, do not touch it, and notify law enforcement right away.

Another new threat is THC edibles and candies that may look like something intended for children, but are anything but. They come in shapes similar to Sour Patch Kids, gummy worms and chocolate bars, but they contain psychoactive substances. The worst part? Some people may not even realize they’ve bought it, and could give it out to kids without even realizing what’s inside.

While the effects of THC ingestion in children vary, some telltale symptoms may include sedation, shortness of breath, anxiety, and quivering. If you believe a child has accidentally consumed THC edibles, call the National Capital Poison Center, at (800) 222-1222.

Of course, The FDA advises not accepting or eating anything that is not commercially wrapped. Inspect wrappers for any signs of tampering, including an unusual appearance, discoloration, pinholes, or tears in the wrappers. And if anything in your child’s trick-or-treat bag looks suspicious, throw it away.

There are so many things all of us can be for Halloween this year. But the last thing any of us wants to be is a statistic. So plan ahead, stay safe and alert, and fun will surely follow.

## LETTERS

### Vote for Fugazy-Scagliola and Maccarone

To the Editor:

As Election Day nears, our candidates in Glen Cove are all posturing to win your support to be elected to the City Council. The council is a collective body that legislates to help shape the landscape of our city.

There are two council members running for re-election that exhibit the mindset of working together to achieve more for the community, Democrat Danielle Fugazy-Scagliola and Republican Kevin Maccarone.

I ask you to support them. Both are diehard Glen Covers and exhibit what is good about government. They have strong family values and community spirit. Fugazy-Scagliola and Maccarone work behind the scenes researching, promoting and listening to the people.

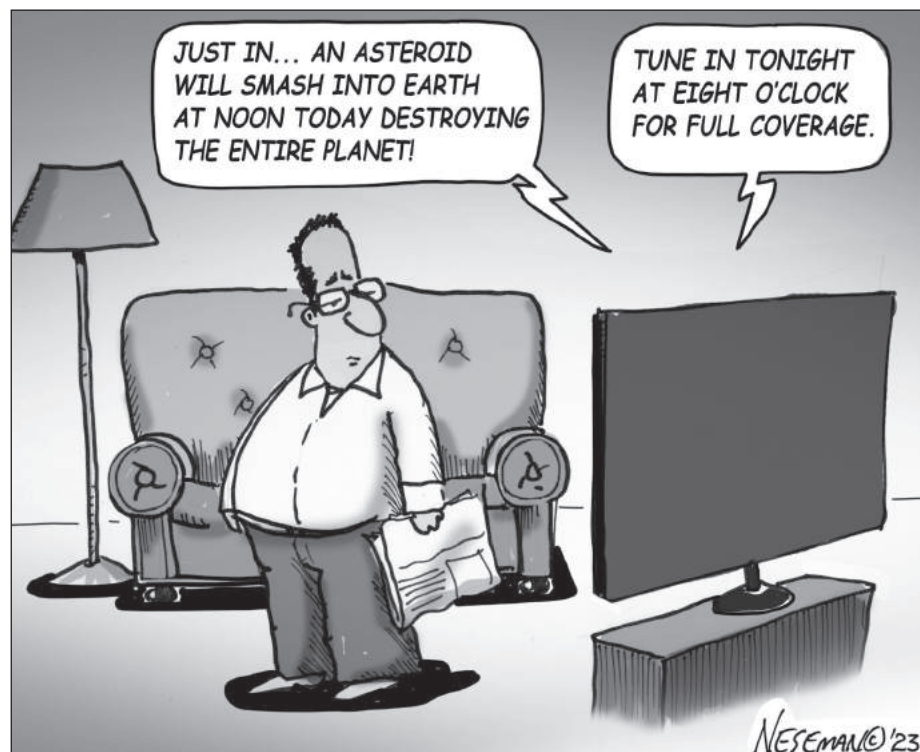
Having served with Danielle on the City Council in 2021 and worked with her on several issues and projects, I have always found her willing to listen, evaluate and adapt to find the right solution refreshing and honest.

Kevin has an innate ability to listen, evaluate the issues and cut through the rhetoric to find the answer.

It’s time to forget party politics and vote for our community. This is not a popularity contest. Test the candidates, and ask questions to see where their minds are on the issues.

Let’s all get out and vote!

JOHN PERRONE  
Glen Cove



### What’s Santos doing in the Herald?

To the Editor:

I was appalled to see the photo of

George Santos, along with his commentary, in your Oct. 19-25 edition. How does a liar, cheat and crook deserve that right and recognition, in spite of all his underhanded misleadings to the public?

He never should have been sworn



## OPINIONS

# The people of Israel live

**F**ollowing Hamas's attack on the nation of Israel, I attended several vigils, including one at the Sid Jacobson Jewish Community Center in Greenvale. It was a very poignant event with a lot of emotion.



**CHARLES  
LAVINE**

Among the attendees were Israel Nitzan, the former deputy consul general and acting consul general of Israel in New York, and several Israeli students I had met previously, who are part of the Shinshinim exchange program.

At the event, we heard the phrase "Am Yisrael Chai." These Hebrew words translate to "The people of Israel live." I had assumed

that this refrain, a tribute to the resiliency of the Jewish people, had first been used centuries ago. I was wrong. The words were first uttered by survivors of the Bergen-Belsen concentration camp as they were freed by British troops in April 1945.

As we mourn Israel's dead, it is bitterly ironic to reflect on the fact that the number of Jews killed in the Oct. 7 attacks was the most on any single day since the Holocaust.

The despicable sneak attack against the Israeli people is a war crime. The taking of hostages; the wholesale murder of civilians; the use of torture; the beating, mutilation and killing of captured soldiers; and the parading of their bodies, and the bodies of dead civilians, through the streets of Gaza were a cruel, barbaric

and brutal throwback to primitive times.

And as we stand in solidarity with the Jewish state, let us confront the

**C**an a free, liberal and democratic nation defeat a culture founded on tyranny?

profound question of whether a free, liberal and democratic nation can defeat a culture founded on tyranny. Nor is it Israel alone that is at risk.

America, plagued by rising anti-Jewish hatred and rising hatred for "the other," is in danger as well. It is the very future of democracy itself that is at stake.

The answer to that question is clear: We will win, the good people will win, as long as we stand together, united.

I do want to share my fear that in the days to come, forces aligned with Hamas, Russia and Iran will do their best to turn public opinion against

Israel. This is the same tactic now being used by proponents of tyranny and oppression to undermine American support for Ukraine.

You and I will not let that happen. Not on our watch.

As fate would have it, the interests of the Jewish people and the interests of American democracy have become so interrelated and intertwined that, as meaningful as it is for us in the face of persecution to pronounce, "Am Yisrael Chai," the time has now come for us all to say as well, "Am America Chai."

We must resolve to continue to fight for democracy.

It is crucially important that the Israeli people have our support, and I encourage members of our local communities to give what they can by simply Googling 'donations to Israel.'

*Charles Lavine represents New York's 13th Assembly District, and chairs the Judiciary Committee.*

## LETTERS

into Congress — any other entity would have released him in two days, upon finding out all his deceit and the lies he fabricated. His arrogance in refusing to step down is unconscionable, and he has made a mockery of the rules and regulations that this country was founded on. Any privileges and recognition should be denied.

I do hope you will not allow him the privilege to have any other column appear in future issues.

GRACE A SEARBY  
*Oyster Bay*

## It's time for many to choose a Medicare plan

To the Editor:

As a physician, the last thing I want is for patients to make decisions about their health and well-being based on the cost of care and medication rather than their actual needs.

Right now is a critical time for the over 3.8 million individuals in New York who rely on Medicare for their health insurance. Evaluating your health care needs can help you select a plan that will cover you when you need it the most and fit within your budget.

While it's impossible to foresee all health issues that may require treatment, there are several things to consider during the Medicare Advantage and prescription drug plan annual election period, which runs through Dec. 7:

■ **Future health risks:** In addition to making sure your plan covers your current health needs, speak to your

doctor about health risks that may require additional treatment. For instance, if you have prediabetes, consider the potential for future diabetes management.

■ **Prescription drug benefits:** Prescription drug coverage is included in many Medicare Advantage plans, unlike original Medicare. If you prefer original Medicare, you can opt for a stand-alone prescription drug plan through a private insurer. Prepare a list of your current medications so you can compare costs while choosing plans.

■ **Doctors and hospitals:** If you have a favorite doctor, make sure he or she accepts your plan, to avoid any additional expenses for out-of-network providers. Also, determine whether the plan requires referrals for specialized care.

■ **Other benefits:** Consider additional benefits that can positively impact your health and well-being. Medicare Advantage plans may include dental, vision and hearing coverage; fitness programs; transportation to doctors' visits; and even allowances that help eligible beneficiaries pay for healthy food and other essentials, like rent and utilities.

■ **Costs:** Different plans have different costs, so understand the full picture when comparing plans in your area. Consider monthly premiums, deductibles and co-pays for hospital stays and doctor visits. Also, pay attention to annual maximum out-of-pocket costs — if you reach the limit, you'll pay nothing for covered services the rest of the year.

■ **Quality:** The Centers for Medicare &

## FRAMEWORK by Tim Baker



At the Fall Festival, claiming her prize — Seaford

Medicaid Services reviews and rates all Medicare Advantage plans before the enrollment period each year to help consumers make informed decisions. Plans are rated on a scale of 1 to 5, with 1 indicating poor performance and 5 indicating excellence.

Your health insurance carrier is a partner that helps you get the care you need. If you're eligible for Medicare, take time to research your options and ensure that you select the plan that best

meets your personal health and financial needs.

The Medicare Plan Finder at Medicare.gov can help compare plans and benefits and estimate costs for each plan. Visit the website or call (800) MEDICARE (633-4227) 24 hours a day, seven days a week. TTY users should call (877) 486-2048.

DR. BOB ZOROWITZ  
*Regional vice president of health services for New York, Humana*



**ELECT FOR CITY COUNCIL** ★ ★ ★ ★ ★ ★ ★ ★ ★ ★



**ELECT**

**RONISUE JENKINS**

- Co-founder of a women's website and advocate for women
- Award-winning advertising career
- Past PTA President and active member of our schools
- Coached several youth sports teams
- Numerous recognitions as a "Hometown Hero" - NEWS12, Herald
- 18-year committee member of the DRI, a Hibernian, St. Patrick's Day Parade, committee & emcee, Top Fundraiser for the National MS Society, and City of Glen Cove Finance committee
- Long-time resident and mother of three Glen Cove public school children



**RE-ELECT**

**KEVIN MACCARONE**

- Current member of City Council and member during 2018-2019
- Local attorney in family run law firm
- Staunch record of voting against raising taxes, and advocating against over development and increased fees for residential services
- Co-founder of Glen Cove Recreation fundraiser; raised \$100K over the last 18 months
- Volunteer with Glen Cove Jr. Baseball & Softball, Glen Cove Hall of Fame, and the Sons of Italy
- Lifelong resident and Glen Cove homeowner



**RE-ELECT**

**JACK MANCUSI**

- Retired from Glen Cove Police Department; current safety and security specialist
- Current City Council member
- Delivered on promise to restore access to fishing grounds, access taken away by prior administration
- Helped put Glen Cove on a positive trajectory by trimming the amount of borrowing done by the City
- Will continue efforts to reduce the deficit and keep Glen Cove's finance's moving positively forward
- Glen Cove High School Graduate and homeowner

**RE-ELECT PAM PANZENBECK FOR MAYOR**



**VOTE FOR REAL LEADERSHIP & EXPERIENCE**

**The Panzenbeck Team Will Continue To:**

- Improve our infrastructure
- Invest in our City's recreational facilities
- Further the development of small businesses
- Control spending and hold the line on taxes
- Be fully accountable and responsive to all residents

**VOTE ROW B**  
**VOTE TEAM PANZENBECK**

VOTE TUESDAY, NOV. 7  
 EARLY VOTING STARTS OCTOBER 28  
 AT GLEN COVE CITY HALL

Paid for by the Glen Cove Republican Committee

