GLEN COVE azette

Empire State Fair takes on Long Island Page 16



G.C. Board of Ed retains president

Page 8



Celebrating 101 big years in G.C.

Page 3

VOL. 26 NO. 29 JULY 20-26, 2017 \$1.00



Celebrating Glen Cove big time at Brew & BBQ

MARK JENNINGS, 12, was happy to spend his Saturday night helping to serve some tasty treats at the Brew and BBQ fundraiser, hosted by the Glen Cove 350 Anniversary Committee. More photos, Page 9.

Kenkel wins nursing fellowship

By DANIELLE AGOGLIA

dagoglia@liherald.com

Working with cancer patients takes a strong, selfless and compassionate person, and each day Brianna Kenkel is growing more confident that she is that person.

Kenkel, 21, is one of two fellows in the highly competitive, eightweek Susan D. Flynn Oncology Nursing Development Program at Stamford Hospital in Connecticut. Originally from Glen Cove, she is entering her senior year in Fairfield University's undergraduate

nursing program.

In memory of his wife, who died of ovarian cancer in 2013, Fred Flynn developed the fellowship to stimulate the career interest and foster the professional development of potential oncology nurses.

In her senior year of high school at Long Island Lutheran in Glen Head, Kenkel had to decide on the direction in which she take her career. "I wanted to pick a career path where I could work with people on a daily basis," she said. "In nursing, you can go into

so many different directions."

After watching her grandmother and uncle suffer from cancer, Kenkel said she was inspired by their nurses. "I was in awe of the respect and compassion with which the nurses delivered their care," she said. "The way they treated my family as their own, all while radiating a sense of hope through the toughest times, inspired me to try and be that person."

She knew the fellowship would offer her an important **CONTINUED ON PAGE 7**

BID, Youth Bureau spruce up garage

By DANIELLE AGOGLIA

dagoglia@liherald.com

In collaboration with the Youth Bureau, the Glen Cove Downtown Business Improvement District is beautifying the

Brewster Street parking garage, inside and out.

Throughout July, members of the Youth Bureau are helping to paint directional signs in the garage, making it easier for drivers to find their way. One side will be painted with red signage, and the other with blue. "It really benefits the downtown businesses, because I feel like we've made this more userfriendly," said Patricia Holman, the new BID director.

"The work is certainly some-

thing they're going to remember," said Brian Mercadante, chairman of the BID's Capital Improvements Committee. "When they're done, they'll have a big sense of accomplishment, and the BID is very excited about having them help the downtown look better.'

The Capital Improvement Committee paid for the stencils and materials, and the Aboff's store across the street donated

the paint.

Youth Bureau volunteers will finish painting the signs on every floor of the garage over several weeks. "It's a good way to give back to the community," said Mykaela Pajuelo. "I don't drive yet, but even when we come in here, it's hard to tell where you are and what level you're on or where you're going. So,

> Youth Bureau Coordinator Jacquelyn Yonick said that the vouth bureau

> with these, it'll be

a lot easier.'

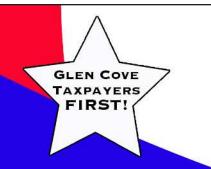
members were excited about helping with the project. "We're always looking for projects that are substantial for students to do during the summertime," Yonick

CONTINUED ON PAGE 12



YOUTH BUREAU **MEMBER** Mykaela Pajuelo helped paint new signs in the Brewster Street garage.

THE 2017 GLEN COVE DEMOCRATS



IT'S TIME FOR TEAM TENKE



TIM TENKE FOR MAYOR OF GLEN COVE

FOR CITY COUNCIL

ANDREW BENNETT

MARCELA DE LA FUENTE

COUNCILMAN ROD WATSON

ROGER WILLIAMS

ANNIE PHILIPS

GAILTEY STEVENSON-MATHEWS

LEARN ALL ABOUT US AT www.GCDEMS.org

A 101 birthday celebration in Glen Cove

BY DANIELLE AGOGLIA

dagoglia@liherald.com

Talking long walks is something Anne Kozinsky said she always enjoyed doing. And at the age of 101, she still doesn't need any assistance from a cane, a walker, or especially not a nurse.

Last Saturday Kozinsky celebrated her 101st birthday at The Regency in Glen Cove. "It just happened," she said, insisting that she doesn't have any secret to a long life. "It's all God's will. I had nothing to do with it really."

You would never guess that Kozinsky had reached a century; she appears to be in her late 70s at the most. She dresses herself, knows what jewelry will look best, does her hair, and is completely self-sufficient

Kozinsky's parents came to the U.S. from Sicily, Italy, on their honeymoon, and ended up staying. As second-generation Italian Americans, Kozinsky and her five siblings were raised in a household

where everyone spoke Italian. "My first words were Italian because my mother couldn't speak any other language," she said. "We learned English when we went to school." Unlike today with preschool and English as a Second Language classes, Kozinsky and her siblings learned the language with the help of their neighbors, and then picked up the rest when they started school.

When Kozinsky's father died when he was 50, she stepped up to help her mother raise the family. Even though she had an older sister, Kozinsky became the caretaker for her four younger brothers. She said her father had always called her "the little mother."

"My mother was left with six children and she didn't know the language," Kozinsky said. "I had to be the interpreter in those days."

She believes that God works in mysterious ways because although she married, Kozinsky never had any children. But she attended to her younger brothers

like they were her children, and she feels like they were to this day.

Kozinsky continued to be a caretaker into her adult life. She lived with and took care of her mother, her husband, and two of her brothers, all towards the end of their lives

Even though her father died relatively young, it's possible longevity runs in their family. Kozinsky mother lived into her 80s, her brothers into their 80s and 90s, and her older sister will be turning 102 in January.

Both Kozinsky and her sister, Sara Calabro, are independent in their centennial age. In fact, neither of them take any kind of medication, which maybe, is the secret after all.

Kozinsky said she's done so many things in her life, it's hard to keep track. She was a dress-maker, an ice skater, and a motel manager, but she insists she lived a simple life. "When the time comes then I'll write a book," she said. "That's a different story."



Elisa Dragotto/Herald

THE REGENCY IN Glen Cove they threw a 101 birthday party for Anne Kosinsky.

Residents disagree over potential stop signs for East Island

BY DANIELLE AGOGLIA

dagoglia@liherald.com

You would think a simple way to prevent speeding in residential areas would be to install stop signs. However, residents of East Island have different opinions on whether stop signs will deter young drivers and taxis from flying through intersections.

Glen Cove Mayor Reggie Spinello opened a public hearing on the matter at the city council meeting on June 27 because he said he needed convincing from residents that the stop signs were really necessary. The roads under consideration were Westland, Eastland, Shell and Soundbeach drives.

"We decided as a community that we needed some stop signs," said Madelyn Fugazy, an East Island resident for 33 years. "Part of the problem is that we have a lot of young children who ride their bikes, who play in the street, and people come down here and they just zip around, or nobody has any consideration that there are kids out."

At the City Council meeting President of The East Island Association Brian Liebowitz, said they had sent out a survey asking residents if they believed that stop signs were necessary.

"I'm sure there were people that said no, but the majority said they wanted it," said Carolyn Boz, who has lived on East Island for 36 years. "My children are grown and gone, but new families move in with children, and there's a lot of children now playing in the street."

However, Rosemary Dilgard, who has lived on East Island for 39 years, said a stop sign would not hinder speeders. Dilgard, who lives on Mansion Drive, has her daughter's family staying with her, which includes three young grandchildren. "I'm in front of that bus stop with them picking them up, the young adults



Danielle Agoglia/Herald

MAYOR REGGIE SPINELLO is considering putting a stop sign at the intersection of Shell and Westland Drive after residents expressed concerns over speeding cars.

just have no concept of speeding," she said. "As far as I'm concerned, the stop signs are not going to stop them."

Dilgard said she would like to see more of a police presence in the area to not only deter young adults from speeding, but also alert taxi drivers and distracted sightseers. "I spoke to the police and the mayor and they said they would try, but I'm sure they have their hands full," added Dilgard. "I haven't really seen [police] down there."

"We really don't utilize stop signs to cure speeding problems," said Deputy Police Chief Chris Ortiz. "They're more to control traffic and to make intersections that are unsafe, much more safe to travel."

Ortiz said when they are thinking of installing stop signs the department looks at accident and some speeding data, resident complaints, and other external factors.

"In this particular instance we were approached by the neighborhood association," said Ortiz. "There is a boat ramp right there and people do trail boats in and out of the water, and it creates a difficult situation in terms of cars possibly causing an accident."

Ortiz added there haven't been many accidents on East Island, but they have heard from residents regarding "close calls." He said the best way to prevent speeding is to put an officer with a radar gun in the area, but the department does not always have the manpower to do that

The city has not made a decision yet whether it will install the stop signs, and Spinello is still seeking resident feedback.

County offers summer heat safety tips

Summer is here and along with it ■ Fatigue comes hot and humid conditions. Rising temperatures and upcoming heat waves can create a dangerous environment for the residents and visitors of Nassau County. In an effort to help prevent heat related medical conditions, we have put together some tips to keep Nassau residents aware of the signs and symptoms of heat related medical conditions such as dehydration, heatstroke, and heat exhaustion. In addition, we have also listed some tips on how to prevent heat stroke and dehydration and how to treat heat stroke and heat exhaustion.

We would like to remind residents to dial 911 at the first sign of a medical emergency. In addition residents should check on their family, friends and neighbors, especially if they are senior citizens.

Signs and symptoms

Heat exhaustion

- Severe thirst
- Fatigue
- Muscle cramps
- Aches
- Muscle weakness
- Nausea and/or vomiting
- Fast, shallow breathing
- Irritability
- Headache
- Increased sweating
- Cool, clammy skin
- Elevation of body temperature to 105 degrees Fahrenheit or higher

Heat stroke

- Severe throbbing headache
- Dizziness
- Disorientation, agitation or confusion
- Sluggishness or fatigue
- Seizure
- Hot, dry skin that is flushed but not
- A high body temperature
- Loss of consciousness
- Rapid heart beat
- Hallucinations

Dehydration

- Thirst
- Less-frequent urination
- Dry skin

- Light-headedness
- Dizziness
- Confusion
- Dry mouth and mucous membranes
- Increased heart rate and breathing
- In children, additional symptoms may include dry mouth and tongue; no tears when crying; no wet diapers for more than 3 hours; sunken abdomen, eyes or cheeks: high fever: listlessness: irritability; skin that does not flatten when pinched and released.

How heatstroke can be prevented

- Drink plenty of fluids during outdoor activities; water and sports drinks are preferred; tea, coffee, soda and alcohol should be avoided
- Wear lightweight, tightly woven, loose-fitting clothing in light colors.
- Schedule vigorous activity and sports for cooler times of the day.
- Protect yourself from the sun by wearing a hat, sunglasses and using an umbrel-
- Increase time spent outdoors gradually get your body used to the heat.
- During outdoor activities, take frequent drink breaks and mist yourself with a spray bottle to avoid becoming overheated.
- Try to spend as much time indoors as possible on very hot humid days.

How dehydration can be prevented

- Drink plenty of fluids, especially when working or playing in the sun.
- Make sure you are taking in more fluid than you are losing.
- Drink appropriate sports drinks to help maintain electrolyte balance.
- Infants and children should be given Pedialyte to maintain their electrolyte balance/

How to treat heatstroke and heat exhaustion

- Bring the person indoors, or into the shade immediately.
- Remove their clothing, and gently apply cool water to the skin followed by fanning to stimulate sweating.
- Apply ice packs to the groin and armpits
- Have the person lie down in a cool area with their feet slightly elevated.

CRIME WATCH

GCPD Arrests

- Female, 30, from Port Washington, was arrested for criminal mischief in the third degree on Deasy Lane on July 15.
- Male, 29, from Glen Cove, was arrested for assault in the third degree on Glen
- Male, 19, from Glen Cove, was arrested for assault in the third degree on Forest Avenue on July 9.
- Male, 52, from Glen Cove, was arrested for assault in the third degree on Leech Circle North on July 9.
- Male, 39, from Locust Valley, was arrested for urinating in a public place on

Forest Avenue on July 7.

- Male, 53, from Glen Cove, was arrested for attempted petit larceny on School Street on July 6.
- Male, 47, from Baldwin, was arrested for false impersonation on William Street on July 6.
- Male, 37, from Glen Cove, was arrested on two counts of criminal mischief in the third degree at the Glen Cove LIRR station on July 6.
- Male, 25, from St. Albans, was arrested on five counts of criminal possession of a forged instrument in the second degree and criminal possession of forgery devices on Elm Avenue on July 3.



1-800-244-TIPS

Nassau County Crime Stoppers

The public is asked to call Crime Stoppers if they have any information about any crimes.



Enter the county's poster contest

If you are between 12 and 15, Nassau County invites you to enter a poster contest to raise awareness of Substance Abuse Awareness Month in September and highlight the dangers of illegal and prescription drugs, and the importance of day no to these substances.

The theme of the contest is in line with the 2017 National Red Ribbon week campaign: "Please Join Me in Being Drug Free."

'Prevention and early intervention are ultimately the key to stopping drug misuse and abuse that claims the life of at least one Long Islander a day," said County Executive Mangano. "This poster contest offers our youth the opportunity to learn about the dangers of drugs and to convey anti-drug messages to their classmates and peers.'

The posters will be displayed at Nassau County's first-ever Recovery Health & Wellness Fair on Saturday, Aug. 26 at Eisenhower Park in Parking Field 8, from 2 to 5 p.m.

Attendees at the fair will have an opportunity between 2 and 3:30 p.m. to view and choose the poster they think conveys the best message. Winners will be announced at 4 p.m., and prizes will be awarded to the winning students in each age group.

Poster submissions should be dropped off at, or sent to, the Theodore Roosevelt Executive & Legislative Building at 1550 Franklin Ave. in Mineola by Aug. 15

to the attention of Eden Laikin. Children wishing to participate should write their name, age, grade and school on the back of their poster submission. Only one submission per child. Posters should be no larger than 22" x 28." For more information, call (516) 571-6105.

Our offices are located at 2 Endo Blvd. Garden City, NY 11530 and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday,

MAIN PHONE: (516) 569-4000

- WEB SITE: glencove.liherald.com
- E-MAIL: Letters and other submissions: glencove-editor@liherald.com
- EDITORIAL DEPARTMENT: Ext. 327 E-mail: glencove-editor@liherald.com Fax: (516) 569-4942
- SUBSCRIPTIONS: Press "7" E-mail: circ@liherald.com Fax: (516) 569-4942
- CLASSIFIED ADVERTISING: Ext. 286 E-mail: ereynolds@liherald.com Fax: (516) 622-7460
- DISPLAY ADVERTISING: Ext. 249 E-mail: sales@liherald.com Fax: (516) 569-4643

Don't miss out!



on our next exciting SPECIAL SECTION call your sales representative today 516-569-4000, x249

The Glen Cove Herald Gazette USPS 008886, is published every Thursday by Richner Communications, Inc., 2 Endo Blvd. Garden City, NY 11530. Periodicals postage paid at Garden City, NY 11530 and additional mailing offices. Postmaster send address changes to Glen Cove Herald Gazette, 2 Endo Blvd. Garden City, NY 11530. Subscriptions: \$30 for 1 year within Nassau County, \$52 for 1 year out of Nassau County or by qualified request in zip codes 11542, 11545, 11547, 11548 or 11579 **Copyright © 2017 Richner Comr**

THE WEEK AHEAD

Nearby things to do this week



KEVA for kids

Gold Coast Public Library in Glen Head is calling on all budding architects and engineers! Explore ideas related to building construction and structural functions on Wednesday, July 26, 4:30 p.m. Based on the popular KEVA blocks, make your own structures, experiment with gravity, speed and enjoy your cool creations! Info: (516) 759-8300.



The power of food

Robert Dell'Amore will share tips on how to prepare healthy meals at the Glen Cove Public Library on Tuesday, July 25, 7 p.m. Learn skills and cool hacks to easily prep and serve more fruits, vegetables and grilled lean meats for your family. Small plate samples for tasting. For families with children from grades kindergarten through five. Info: (516) 676-2130.



Yoga in the Sunken Garden

Experience ultimate Zen and relaxation with yoga in the Sunken Garden of the Mill Neck Manor on Sunday, July 23, from 12 to 1 p.m. The yoga session, located at 40 Frost Mill Road, will be an all-levels flow class. Beginners

are welcome. Suggested donation \$10 to benefit deaf children and adults. Payment can be made online when you register, or on the day of the event via cash or check. Please bring a mat and a towel or small blanket if you have one. Info: (516) 628-4241 or events@millneck.org.

Musical interlude with the **David Glukh Duo**

Explore Russian musical traditions with trumpeter David Glukh and pianist/vocalist louri Grichetchkine on the Landmark on Main Street stage, Wednesday, July 26, at 2 p.m. Hear romances by Tchaikovsky and Rachmaninov, Russian Gypsy and folk music, louri's own compositions, Russian melodies that became swing standards in America and much more. Info: (516) 767-6444 or www.landmarkonmainstreet.org



Swinging tunes for a summer's

Step lively when the George Gee Swing Orchestra visits Old Westbury Gardens, as part of its Picnic Pops series, on Wednesday, July 26, at 7 p.m. (gates open at 5 p.m.) Bring a lawn chair or blanket, even some friends, and let the acclaimed orchestra provide the

soundtrack for an enjoyable evening that may even get some folks up on their feet - or at least fingers snappin' and toes tappin'. Info: (516) 333-0048 or www.oldwestburygardens.org.

Something even my parents didn't plan for... NURSING HOME CARE & PROTECTING ASSETS "Preparation would have meant peace of mind" We didn't want to think about it then. Now, I wish we had. We just didn't realize that Tradition & Trust Funeral Pre-Arrangement would have been so helpful when Dad needed Nursing Home Care.

"A Tradition & Trust Counselor could have even come to Dad's home'

I've since discovered that Tradition & Trust Pre-Arrangement counselors approach all of their consultations with sensitivity and professionalism.

With one phone call, I could have even arranged for a knowledgeable counselor to come to Dad's pre-arrangement prior to Nursing Home admittance at no obligation or cost to us.

If you have a loved one who needs Nursing Home Care call your local Tradition & Trust Pre-Arrangement Counselor. The peace of mind you'll gain will be a gift to yourself - and your family too.

> Bienvenidos a todos los Hispanos. Se Habla Español



WHITTING FUNERAL HOME

The North Shore's Leading Funeral Home

300 Glen Cove Ave., Glen Head, LI, NY, 11545-1199 Tel: (516) 671-0807 (800) 671-0864 / www.whitting.com

Family Owned & Operated by The Whitting Family Since 1940







HERALD SPORTS Ducks seek second-half surge

By TONY BELLISSIMO

tbellissimo@liherald.com

Of its many positive traits, the Atlantic League of Professional Baseball's split-season concept gives six of the eight teams a reboot every year and an opportunity to qualify for the playoffs regardless of the first 70 games.

The Long Island Ducks, who finished a respectable 36-34 in the first half but were six games off the pace of Liberty Division frontrunner Somerset, are looking to make the most of a fresh start and make a run at their third league title in six years.

"We have all the parts," said young second baseman Giovanny Alfonzo, who played 48 games in the opening half and led the Ducks with a .340 batting average (54-for-159) while driving in 22 runs. "We've got the hitting, pitching and defense," he added. "We've just got to get all three going at the same time. The pitching's been excellent and we're trying to find that rhythm and string atbats together on a consistent basis."

John Brownell continues to be the ace of the staff and earned his first ALPB All-Star Game appearance. With a pair of wins already in the second half, bringing him to 79 in a Ducks uniform, he's 7-1 with a 2.95 ERA and 57 strikeouts. "No situation is too big for John and it was great to see him named an All-Star," manager Kevin Baez said. "We know exactly what he's going to give us every time he steps on the mound. He's as reliable as they come."

Brownell, Rafael Perez, Matt Larkins and Dennis O'Grady have been fixtures in the rotation all season with at least 13 starts apiece through last weekend's series with Somerset. "Overall, the pitching has been very good," Baez said. "A few of the guys, especially Larkins, hasn't been getting enough run support but we're hoping to change that in the second half."

Perez, a lefty from Freeport who played seven MLB seasons with the Cleveland Indians, upped his record to 6-5 last Saturday night with a quality outing against the Patriots. The first-year member of Long Island has a 3.98 ERA with 65 strikeouts and only 18 walks

Larkins made considerable strides as of late, firing a pair of one-hitters over the span of a month to significantly lower his ERA from 5.24 to 3.95. He allowed only a ninth-inning hit in a 3-1 victory at Somerset on June 15 and then came back four outings later to stymie Lancaster on July 5 in a 1-0 win with 10 strikeouts. "Everything is going well and my confidence is through the roof," he said. "We've got a strong staff and everyone is picking each other up. As a team, we're just waiting for that



DELTA CLEARY JR. is looking to recapture his offensive success from 2016 when he batted .321 with 52 RBIs and 32 steals.

moment where everything clicks."

O'Grady has four wins on the campaign and gobbling up innings (79), while Patrick Crider (2.85 ERA) and Zach Treece (6 wins) are spearheading the bullpen bridge to closer David Aardsma. With nine MLB seasons and 69 saves under his belt, Aardsma is making a case to return to the big leagues. In 17 innings of work with the Ducks, he compiled eight saves, a 1.03 ERA, and 23 strikeouts.

If the pitching continues to shine and the offense returns to 2016 form when the Ducks batted .270, they'll be dangerous. They finished this year's first half hitting .251 yet remained aggressive on the bases with 58 steals and slugged 51 homers. They lost 15 games by one run, a statistic Baez said needs to change.

Delta Cleary Jr. (.321, 52 RBIs and 32 steals last year), Fehlandt Lentini (.313, 9 HRs, 75 RBIs, 51 steals) and Dan Lyons (.272, 7 HRs, 49 RBIs) are trying to bury subpar offensive performances in the first half, while Alfonzo, Angelo Songco (14 HRs, 36 RBIs), Elmer Reyes (teamleading 74 hits, .305 average) Marc Krauss (7, 33) and veteran Lew Ford (5, 21 in only 32 games) will look to maintain or better their numbers over the first 70 games.

"The first half didn't go the way we wanted to," Baez explained. "We just have to get after it for the second half and try to get in the playoffs."



Photos by Peter Frutkoff/Herald

MATT LARKINS has enjoyed a strong stretch on the mound as of late, allowing just one hit in two of his past five starts while lowering his ERA to 3.95.

Jersey Auction

The Ducks' annual patriotic jersey auction is under way. Fans are able to bid on these special red, white and blue jerseys the players wore in their July 4 win over Lancaster and will don again Aug. 5 when Bridgeport visits on Military Appreciation Night. Bidding will run through the conclusion of the top of the seventh inning that evening and proceeds go to the QuackerJack Foundation, the charitable arm of the franchise. Current leading bids can be viewed at LIDucks.com.

2018 All-Star Game

Bethpage Ballpark will be home to the 2018 ALPB All-Star Game, marking the third time the Ducks host the event. Long Island has led the league in attendance in 14 of its 17 seasons with more than 7 million fans coming through the gates. "It's a great honor to host the All-Star Game and festivities," President/General Manager Michael Pfaff said. "We are looking forward to celebrating a special event that will be memorable for all that attend." Tickets will be included in all 2018 season packages.

Nursing student gets on-the-job training

ou can never

let them think

that you're going

BRIANNA KENKEL

to give up on

them.

Glen Cove

CONTINUED FROM FRONT PAGE

opportunity, because relatively few nursing programs have an oncology component.

Kenkel said that working as a nurse gives her the rare opportunity to help people at the times when they are most vulnerable. "I love getting to know people, and if I can bring a smile to their face, then I did my job," she said.

As with any profession, the hands-on experiences Kenkel has had have been most valuable. Midway through the fellowship, she has learned more than in her three years of nursing school, she said.

"The experience has been amazing, to say the least," she said excitedly. "That firsthand experience of working directly with patients has really opened my eyes."

Each day, the fellows work closely with oncology nurses and are involved in the medical and surgical aspects of the job, including research, chemotherapy, radiation, infusion, palliative care, as well as hospice and family and patient support programs.

Most of all, Kenkel said, she enjoys working with patients and getting to know them. "People have the most amazing stories, especially in this unit," she said, noting that she is inspired by their strength and humbled that she is allowed into their lives. "I walk away with a sense of gratitude every day. And I know I'll walk away from the unit keeping their stories with me."

The most difficult part of her work she said is the emotional challenge that comes with helping patients decide on their end-of-life care. "It's hard to let go

sometimes," Kenkel said.
"But at the same time, it's
great to see in those
moments the amount of
support there is. Part of
being a nurse is being
there for these people when
they're going through
these times."

When faced with emotional difficulties, Kenkel said, she talks with family members and friends, who are supportive and helpful.

Having a sense of humor is another vital lesson she has learned during her fel-

lowship. "You have to look at the positive, even when it seems like there's no hope," she said. "It makes a big impact in the way you feel and the way your patients feel. You can never let them think that you're going to give up on them."

The Susan D. Flynn Oncology Nursing Development Program started at Stamford Hospital four years ago, and has since been replicated at hospitals up and down the East Coast.



Courtesy Stamford Hospital

BRIANNA KENKEL, LEFT, reviewed a patient's diagnosis with her mentor, oncology nurse Courtney Hayes, at Stamford Hospital.

Out of more than 20 applicants, only two or three are chosen as fellows each year. A panel, and Flynn himself, make the decisions.

Mary McKiernan, Stamford Hospital's director of professional development, said that the program has remained relatively unchanged but continues to evolve based on fellows' feedback. "We love being able to orient them to Stamford, and we

want them to come back and work for us," McKiernan said.

As for her future, Kenkel has no definitive plans, but said that her certainty that she will become an oncology nurse is growing, thanks to the fellowship. "As a specialty that is continually changing with new advancements in treatment," she said. "I know oncology will always challenge me to grow."

Need survivors to volunteer

The Adelphi NY Statewide Breast Cancer Hotline & Support Program seeks breast cancer survivors of all ages, race and ethnic groups — men as well as women — to become volunteers. The program seeks a diverse group of volunteers to reflect the diversity of the people who are calling the hotline.

The three-day training program will take place on consecutive Tuesdays, Sept. 12, 19 and 26, from 9 a.m. to 4 p.m. at Adelphi University in Garden City. This in-depth training includes presentations by nurse

navigators and social workers on basic breast cancer education, active listening skills and tips on engaging the community.

"It is so important for people who call our hotline to speak with someone who has been there," said social worker Alida Rubenstein, volunteer and hotline coordinator.

To arrange an interview, contact Rubenstein at (516) 877-4315 or arubenstein@adelphi.edu

To reach the Adelphi NY Statewide Breast Cancer Hotline, call (800) 877-8077.



Have a great story?

Call our editors today 516-569-4000 or email execeditor@liherald.com

HERALD
Community Newspapers

HELP WANTED:

Bookkeeper / Administrative Asst - PART TIME

Small Storefront office in Sea Cliff.

Quick Books a must; Responsibilities to include: Interaction w/ clients.

Monitoring accounts payable & receivable.

Independent worker, congenial, enjoys people. Salary open.

516-656-3200

PERSONAL ASSISTANT

Professional music couple seeks proactive problem solver with ability take on communications, travel scheduling, light research, personal tasks and household management. This reliable, discreet personal assistant is needed for approx 20hr/wk.

Must excel in organization, with impeccable and polite follow up email/PHONE skills. Much room for growth for the right person in this fun and media-diverse position. Solid gold references, current NY driver's license, sense of humor required.

EMAIL RESUMES BY AUGUST 10TH TO: songbizassistant@optonline.net

Full day pre-K in Glen Cove City School District?

By LAURA LANE
Ilane@liherald.com

for kindergarten.

Dr. Michael Israel, the assistant superintendent of curriculum, instruction and technology at the Glen Cove City School District, shared information regarding a New York State Education grant that if acquired, could fund full day pre-K in the district. The district, which now offers morning and afternoon half-day pre-K classes at Deasy Elementary with 60 spots, hopes to allow for a full time option

The Expanded Pre-K Grant (EPK2 Grant), which was discussed at the July 13 meeting of the Glen Cove City School Board, would provide for \$5,400 for full day and \$2,700 for half-day pre-K, per pupil. But the district can't accomplish this alone.

for pre-K, to prepare children even more

"We want to do this in collaboration with another community based organization," Israel said, adding that this is required in order to apply for the grant. "Then we can submit an application for the grant that will include the community organization."

The district would continue to offer half-day pre-K, but with the EPK2 grant could offer additional spots for parents interested in having their children attend full day pre-K classes by holding these classes at a facility in the community.

"Pre-K is now more geared toward academics," he explained. "And it's where children learn to socialize and are read to. It's important to provide these opportunities for our children."

But the grant is very competitive, Israel cautioned. "There will be a lot of school districts that will apply and the entire state is eligible," he said, adding that acquisition of the grant is based on the poverty rate and demographics within a district.

The district already has acquired another grant that they can use in combination with the EPK2 grant. But this may not be an advantage. "Our lunch count (students who receive free or reduced price lunch) and demographics will help us, but preference is for a district with no grant at all that has the demographics," he explained.

The application for the grant must be postmarked by Aug. 9 for consideration.

"I'm looking at this as if we won't get it this time but we will be prepared for the next time," Israel said. "But I want to give it a shot."



Laura Lane/Herald

MARIA ELENA VENUTO was elected as vice president and was sworn by Christopher Venator, an attorney from Ingerman Smith LLP.

Reorganization leads to election of leaders

Board member Maria Venuto nominated Amy Franklin to become the president of the board.

"I did a lot of training this past year which I can bring back to the board," said Franklin, who was the president this past year. "I will try to be proactive if elected and do additional training."

Then Alexander Juarez nominated Gail Nedbor-Gross for president.

"It's my 10th year on the board," said Nedbor-Gross, when explaining why she'd make a good president. "We need to be more cohesive, learn to work together and be more productive. But I will work with the board regardless of whether I am elected as president."

Franklin was reelected, garnering

The next position, that of vice president was won by Venuto, who was nominated by Franklin, against Nedbor-Gross, who Juarez nominated.

"I came onboard as a passionate person who wanted to change things," Venuto said. "I want to get things done for our kids. I'm organized and work well with Amy."

Further business

There was some discussion regarding which board members would join five committees.

It was decided that the Audit Committee, which meet six times a year, would include Franklin, Venuto and Nedbor-Gross. Members meet with internal and external auditors and also review the auditor's findings.

The Facilities Committee will include Nedbor-Gross and David Huggins. It meets monthly to review the various projects being done throughout the district.

Robert Field, Nedbor-Gross and Venuto volunteered to be on the Policy Committee. Established four years ago, members research the background of policies, review them and then bring the policies to the board.

The Technology Committee will include Field, Juarez and Monica Alexandris-Miller. This committee stays abreast of new innovations in the field as well as addresses any issues with the technology already present at the district.

The Nutrition Committee will include Alexandris-Miller. It works to implement healthy snacks and be consistent with the district's wellness policy.

Later, Venuto proposed that the board hold education work sessions, which will allow for the public to be present but not participate. The purpose of the sessions would be to provide an arena for in-depth discussion on education issues. It was decided that the work sessions would be considered once again at the next school board meeting on Aug. 2 at 7:30 p.m. A decision was also made by the board to hold future board meetings on Wednesdays.

Tips on how to keep your car "cool" this summer

Summer can take a toll on your vehicle and it is important to know its limits. Allstate suggests taking a few preventative measures to keep a car rolling down the road instead of being stranded beside it.

- Check the cooling system. One of the greatest causes of summer breakdowns is overheating. Overheating can be serious and may result in permanent engine damage. Be sure to check the coolant level. If low, add antifreeze as necessary.
- Engine performance. Be sure to check the gas cap. This is a critical component of a vehicle's emission control system. If it is not airtight, it could lead to triggering the vehicle's "check engine" or "emission service" light on the dashboard.
- Belts and hoses. Summer's heat and humidity will worsen the condition of deteriorating belts and hoses. Hose or belt

failure can result in a breakdown. Inspect belts and hoses for excessive cracks, frays, leakage or swelling.

■ Tires. If you used winter tires, now is the time to change to summer tires. Have the tires rotated at 5,000 mile intervals or as recommended in your owner's manual. Summer heat also causes the air in your tires to expand. Occasionally check your tire pressure while the tires are cold and adjust accordingly. Be sure to check spare tires as well.

■ Brakes. Hot weather can increase the temperature of a car's braking system, causing brake pads to wear quicker. If brake pads wear through, it can lead to sever rotor damage.

For more tips from Allstate, visit www. allstate.com

HERALD NEIGHBORS



Photos by Elisa Dragotto/Herald

IT WAS A BEAUTIFUL summer evening for residents to enjoy local beer and food at the ferry terminal during the Glen Cove 350 Celebration Committee's Brew & BBQ.

Glen Cove 350 hosts Brew & BBQ

Beer, barbeque and a nice view was the theme of the Brew and BBQ event hosted by the Glen Cove 350 Celebration Committee at the ferry terminal on July 15. A new, limited edition Summer Ale from Garvies Point Brewery was available for tasting, and Sid's All American provided their BBQ. Glen Cove's own Matt Grabowski also sang and played the guitar for attendees.

KRISTINA TESTANI AND MICHAEL VINAS enjoyed their Garvies Point Brewery beer waterside. (At right)

RESIDENTS ENJOYED TASTING Garvies Point Brewery's new limited edition 350 anniversary beer. (Far right)

MARK JENNINGS, 12, served the new local Heritage Bakers' popovers to guests at the Brew & BBQ. (Below)







COMMUNITY CALENDAR

Thursday, July 20

Build a better world with bracelets

Locust Valley Public Library, 170 Buckram Road, Locust Valley, 7 p.m. Join us as we learn about building a better world and giving back to those that need your help. Reason2Smile Inc. is a non-profit organization that supports one school and orphanage in Kenya to educate orphans and at-risk children. Each teen will make two bracelets. The library will sell one and give the proceeds to Reason2Smile, and one is for to keep. (516) 671-1837.

Sunset Serenade

Memorial Park, 130 Prospect Ave, Sea Cliff, 7 p.m. Hosted by the Sea Civic Association featuring Rusty String Band.

Painting on glass for teens

Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove, 7 p.m. Create a painting inspired by Monet's Garden in Giverny, France on glass. (516) 676-2130.

Friday, July 21

Build an edible sand castle

Gold Coast Public Library, 50 Railroad Ave., Glen Head, 10:30 to 11:30 a.m., 4:30 to 5:30 p.m. Build the ultimate sand castle out of rice krispie treats, ice cream cones and candy. (516) 759-8300.

Serenity Zen Garden

Oyster Bay-East Norwich Library, 89 Ea st Main Street, Oyster Bay, 4 p.m. Soothe a stressful day as you create a peaceful zen garden filled with sand, painted rocks, shells, and a mini rake. For grades five through twelve. (516) 922-1212.

Friday Night Music at the beach

The Blvd., Sea Cliff, 7 p.m. Live music performance by Rolling Stoned (Rolling Stones Cover Band). (516) 671-0080.

Downtown Sounds

Intersection of Glen, School, and Bridge Streets, Glen Cove, 7:30 p.m. Soul Sound Revue. Known for following the "Motown Tradition", Soul Sound Revue recreates the dynamic vocal harmonies and musical styling of classical Motown groups of the 60's, 70's, 80's: The Four Tops, The Temptations, Stevie Wonder, The Supremes and many more. Free admission. Bring seating. Free parking in nearby municipal garage. Visit www.downtownsoundslive.org for artist listings and full details. (516) 759-6970.

Dancing in the streets

Audrey Avenue around the Bandstand, Oyster Bay, 7 to 9 p.m. Mark James, assisted by Karen Lupo. Diane.writes4@ gmail.com,(516) 313-1683.

Saturday, July 22

Cinema in the streets

School Street, Glen Cove, 8:30 p.m. Bring a chair and a blanket and enjoy free popcorn with this week's movie,

Beauty & the Beast. (516) 676-2000.

Fish and chicken fry

Calvary A.M.E. Church, 80 Cottage Row, Glen Cove, 1 to 5 p.m. Come and enjoy fish and chicken fry dinners. Dinners are \$10, sandwiches are \$8. Take-out available. (516)764-1841.



Glen Cove Rotary Club Golf Outing

Grab your golf clubs and get some swings in for a meaningful cause as the Glen Cove Rotary Club hosts their 22nd annual golf outing on Monday, July 24. Sign-in starts at 9 a.m. at the Glen Cove Golf Club on Lattingtown Road and there will be BBQ lunch before tee-off at 10:30 a.m. Cocktails and dinner will served following the golf outing at The Metropolitan. Kathy Gibson, former district governor, is this year's honoree.

Proceeds from the outing will go towards Dress-A-Child, the rotary club's annual winter project. The club gathers winter gear for children who are in need. For more information, call Martin Wertheim at (516) 671-0427.

Farmers Market

St. Luke's Church, 253 Glen Avenue Sea Cliff, 9 a.m. to 1 p.m. Every Satruday through October, rain or shine. Browse a selection of organically grown vegetables, eggs and flowers, fresh baked bread and sweets, honey, maple syrup, jams and jellies and more! All products are grown or produced on Long Island. https://www.facebook.com/seaclifffarmersmarket.

Pokemon Trade Event

Locust Valley Public Library, 170 Buckram Road, Locust Valley, 2 to 4:40 p.m. Justin Toys is having a Pokemon Trading Card Event here at the Locust Valley Library! \$10 material fee includes 2 packs of Pokemon Sun & Moon: Burning Shadows. Please bring EX's and rare Pokemon to this trading event. No registration required. Material fee will be collected at the trading event. (516) 671-1837.

Sunday, July 23

Morgan Park Summer Music Festival

Morgan Memorial Park, Germaine St, Glen Cove, 7:30 p.m. Faith Festival, featuring the rich musical heritage of Glen Cove's many houses of worship (516) 671-0017.

Monday, July 24

Golf Tournament

Glen Cove Golf Course, 109 Lattingtown Road, Glen Cove. Starts at 9:30 a.m. Lunch at golf course. Call

Tuesday, July 25

Town board meeting

Town of Oyster Bay, Audrey Ave., Oyster Bay, 10 a.m. (516) 624-6332.

Tuesday afternoon at the movies

Sea Cliff Village Library, 300 Sea Cliff Ave., 1:15 to 3 p.m. "The Zookeeper's Wife" tells the story of Antonia and Jan Zabinski, keepers of the Warsaw Zoo, who helped save the lives of hundreds of people and animals during the German invasion. Rated PG-13. (516) 671-4290.

Teen Blackout Poetry Box

Locust Valley Public Library, 170 Buckram Road, Locust Valley, 7 to 8:30 p.m. Build up your art skills by painting your storage box then use pages from old books to design and decoupage the cover. Get as creative as you like using different artistic mediums. For teens in grades six through twelve. (516) 671-

Wednesday, July 26

Tai Chi for fitness

Locust Valley Public Library, 170 Buckram Road, Locust Valley, 5:30 to 6:30 p.m. Join certified teacher Nancy Chin on Wednesdays at the library for Tai Chi. Registration and fee required. 10 sessions, \$50. Fee is due prior to the first class and is payable at the main desk. (516) 671-1837.

On-the-go natural healing medicine

Gold Coast Public Library, 50 Railroad Ave., Glen Head, 7 p.m. Learn how to create custom Herbal Salves For Pain, for calm. for colds, chemical-free cleaning products by using natural and organic essential oils in your everyday cleaning experience. In class we will learn to blend an anti-bacterial and anti-microbial spray for the surfaces of your home. You will breathe with ease! We will be learning from 6 to 12 essential oils and their therapeutic properties to use in your blends and learning about infusing different herbs for different purposes. We will also be making our very own Calamine lotion. (516) 759-8300.

Cheese-making demonstration

Locust Valley Public Library, 170 Buckram Road, Locust Valley, 7 to 8:30 p.m. Join us for a demonstration on making fresh mozzerella and ricotta cheese. Jessica Affatato, owner of Harbor Cheese and Provisions, will explain the process during her demonstration. Tasting will follow the demonstation. Registration and \$3 material fee required. Please register and pay material fee at the circulation desk. (516) 671-1837.

Cloud computing for personal use

Oyster Bay-East Norwich Library, 89 East Main Street, Oyster Bay, 6:30 p.m. This workshop will teach you what, why and how to use the Cloud storage on the Internet for personal use. Learn how to find free and paid Cloud storage providers and how to store your documents and photos on the cloud and access it through your computer, smartphone, and tablet devices. With Professor Ed Hom. (516) 922-1212.

Thursday, July 27

Sunset Serenade

Memorial Park, 130 Prospect Ave, Sea Cliff, 7 p.m. Hosted by the Sea Civic Association featuring Chicken Head.

Friday, July 28

Friday Night Music at the beach

The Blvd., Sea Cliff, 7 p.m. Live music performance by RiDe. (516) 671-0080.

Downtown Sounds

Intersection of Glen, School, and Bridge Streets, Glen Cove, 7:30 p.m. Nonstop To Cairo. Nonstop to Cairo brings a unique blend of ska, hip-hop and funk, to a dedicated fan base up and down the East Coast. Free admission. Bring seating. Free parking in nearby municipal garage. Visit www.downtownsoundslive.org for artist listings and full details. (516) 759-6970.

Saturday, July 29

Cinema in the streets

School Street, Glen Cove, 8:30 p.m. Bring a chair and a blanket and enjoy free popcorn with this week's movie, Back to the Future. (516) 676-2000.

HAVING AN EVENT?

Submissions can be emailed to Ilane@liherald.com.



Sunset Serenade in Sea Cliff

Bring your lawn chairs and enjoy music by Chicken Head as the sun sets on Thursday, July 27 at Memorial Park, 130 Prospect Ave., Sea Cliff, at 7 p.m.

NEIGHBORS IN THE NEWS



Glen Cove YMCA

THE GLEN COVE YMCA hosted Healthy Kids Day on May 10, where children and families participated in fun activities and learned about the importance of eating healthy and staying active.

YMCA hosts Healthy Kids Day in Glen Cove

The YMCA of Long Island recently celebrated Healthy Kids Day, an event that has addressed critical health and wellness issues facing families for 26 years. As the nation's largest health day for children, Healthy Kids Day reaches more than 1.2 million children and parents nationally. Locally, Bethpage Federal Credit Union once again served as the generous underwriting sponsor. The event was held at five YMCA branches in Nassau and Suffolk County, including East Hampton, Patchogue, Great South Bay, Huntington and Glen Cove. During the day of activities, children and families enjoyed fun, Long Island visit www.ymcali.org.

and healthy activities, games, arts & crafts, all aimed at teaching the long-term benefits of exercise and proper nutrition.

"More children and teens are overweight now than ever before; that's why we encourage children to learn healthy habits early, and work to inspire a lifelong love for fitness and exercise," said Anne Brigis, President, and CEO of the YMCA of Long Island. "Regular physical activity can prevent serious health problems associated with being overweight or obese, such as diabetes and cancer.'

To learn more about the YMCA of

Finley students attend Virtual Enterprise Program at Long Island University

Finley Middle School students Michaela Adam and Colin Gallagher participated in the Summer Honors Institute Virtual Enterprise Program at LIU Post where they learned to develop and advance their business and leadership skills.

The pair, who will be entering eighthgrade in the fall, attended seminars that taught them the fundamentals of starting a business and the basics of entrepreneurship. They also worked with other students from various schools who participated in the program to create a business pitch, which was presented to Iris Blanc, executive director of Virtual Enterprise International, and Dr. Christopher Salute of LIU Post.

From their collaboration, the students were successful in achieving a certificate of Best Presentation Overall for their business pitch, "Round the World."



Glen Cove City School District

MICHAELA ADAM AND Colin Gallagher attended a summer Virtual Enterprise program where they created a business pitch "Round the World," and took home the Best Presentation Overall award.

Does the thought of wearing a 😂 make you feel 😳 ?

Have you tried eating less 🝟 🥯 💗 and more 🌭 🔌 🍅 but the scale won't budge?

Its time to **the** 99! In 30 days you will be \| \psi \| \psi \quad you did!

\$100 OFF PLUS NE MONTH FREE!



516.284.8248 | DrBosDiet.com





Photos by Danielle Agoglia/Herald

JUSTIN MENDEZ, LEFT, and Justin Richardson painted one of the garage columns.

BID, Youth Bureau collaborate on garage

CONTINUED FROM FRONT PAGE

said. "It gives them that sense of community pride while they're accomplishing something for their first job experience."

In addition to the new signage, the BID has implemented an irrigation system outside the garage to water the landscaping, a project that the organization has pursued for years. "We had plants that we had planted, and they always died because there was no water," Holman said. The irrigation system was installed

by Grennan Irrigation, and the new flowers, shrubbery and grass were planted by Cabo Landscapers, both local businesses.

"I'm really glad that this came to fruition," Mercadante said. "The city and the youth program, they got together and made something nice happen for the community."

In the future, the BID will replace the parking garage signs on the streets, and BID officials hope to eventually create a painted mural inside the garage to add even more color and life to the area.



CAROLINE YEE PAINTED one of the columns a bright blue to help drivers navigate the garage.



VINCENZO DIGRACI PAINTED over the old parking garage signage.

'SCAPES OF THE GOLD COAST

The magic of curb appeal

So, What's the APPEAL, in curb appeal?

hether you're
Buying, Selling or
Coming Home,
you should hear
"Welcome Home" and capture
your heart at the curb!

Any respectable real estate agent will tell you that one of the most important factors in selling your home is making sure it has "curb appeal"! If you are a buyer, you have experienced that "thing" that makes you say "ahhh' as you pull up to the home of your dreams! If you're coming home, then, well I guess you found the ahhh or need to find the wow!

One may hire a landscape designer or professional designer to create this attraction. Homeowners can surely attempt these results on their own by following a few basic rules in making some simple improvements.

There are the basic simple rules on any budget — Make That Statement!

- Clean up the front door right down to a shiny doorknob.
 Try a splash of color on the front door or even dress it up with a decorative planter.
- Find a suitable item of furniture such as a rocking chair to fit that picture perfect porch or a bicycle parked at the front walk or gate.
- Pay attention to flower beds; add a touch of seasonal flowers to let people know you care.
- Take out the trash and present clean waste cans and a recycle bin to let people know how conscious you are (and please be).
- Check the walkways or stepways to make sure they are structurally sound to send a 'solid' message to the inside as well.



Photos courtesy of Susan Giordano

- Make sure you create a theme, one that sends a message of continuity, such as the use of red geranium on the cute country home or the accent window boxes.
- And please, no overgrown lawns ... or weeds.

I know it may sound overwhelming or financially stressful, but fact is just one or two of the above are very doable and cost conscious. During the summer months there are youth groups that you can tap into in order to achieve these results as well as local talent that can carry out all projects.

Call on your town, city or village to guide you ... or just call me for a free consultation. You'll be surprised, with just a few details one could actually feel peaceful coming home, buying the house of your dreams OR deciding not to sell, but stay....

 Susan Giordano, Landscape Designer Licensed Real Estate Sales Associate
 516-445-6273, sgiordanodesigns@yahoo.com

Chasing the dream of homeownership

What New York may be doing to help

inding a dream home is on everyone's list at one point in their lives. But how about buying that first home? For a lot of us that remains a dream.

First-time homebuyers are struggling to put enough money away, not just for a down payment, but also for enough to cover New York's absurdly high closing costs (not to mention broker fees, moving costs, inspection charges, etc.). For them, (us — I'm with you!) a little help goes a long way.

New York is looking to do just that — help alleviate some of the costs associated with closing, thanks to a new bill called NY First Home.

This little-known bill has somewhat secretly made its way through the House and Senate, and is awaiting Governor Cuomo's approval to become law.

If all goes through, first-time homebuyers will be able to put away \$5,000 after-tax dollars (\$10,000 per couple) in a special account each year, and receive deductions on their state income taxes for all principal saved. All accrued interest will also remain untaxed when used to purchase or build a first home—all according to the initiative's website, nyfirsthome.com.







Not to be completely dramatic, but the reality that is homeownership in New York can be scary, particularly for first-timers. We have the highest closing costs in the nation(!) according to Bankrate.com; have the lowest home ownership rate in the country, according to the 2016 census; are ranked number 48 out of 50 states, for first-time homebuyers (Bankrate); and have the largest percentage in 75 years of millennials still living with their parents, according to the Wall Street Journal.

Thankfully — hopefully — with this initiative, it's not all doom and gloom! And even more fortunately, we live in an area that, despite being expensive, has some great starter homes if you know where to look. That's where we can help.

If you're looking for a first-time home in and around Sea Cliff and Glen Head, we've been here 20 years, we know the market, and we're happy to help you search.

And if you're interested in this bill moving forward, there is also an online petition you can sign to alert Gov. Cuomo that you're interested; a quick Google search should get you there.

Good luck, happy hunting, and don't hesitate to give us a call when you're ready!

Amy Tempesta, Sherlock Homes Realty 516-671-1717, amytempesta@gmail.com

- (1) John and Angela Simeone closed on their first home July 10 in Glen Cove. Sale by Kimberly Kines of Sherlock Homes Realty
- (2) Living space at the Simeone's Glen Cove home, upon purchase (photo from MLS).
- (3) The same living space showing a fresh paint job. Newly polished floors were also among the first DIY renovations the Simeones tackled (not shown in photo).



Practice for nearly 25 years.

THOUSANDS OF SATISFIED PATIENTS!!

Frank R. DiMaio, M.D., F.A.A.O.S Peter Lementowski, M.D., F.A.A.O.S. Boby Manu, R-PA Bryan Cabrera, R-PA

UNIVERSITY PLAZA

877 Stewart Avenue, Suite 1 Garden City, NY 11530

NEW! EAST HILLS BUSINESS & MEDICAL PARK 2200 Northern Blvd, Suite 115 East Hills, NY 11548

www.LIJRS.com • Phone: (516) 325-7310 • Fax: (516) 325-7311



VIEWFINDER

Bv SUSAN GRIECO

THE OUESTION:

What's up with the LIRR?



Don't you mean the "Long Island Fail Road?" They're terrible!



I would like to not see the price hikes as often, but I guess as long as it keeps riders safe, I can deal with it. The railroad is still better than the subways!





This is the worst summer ever! My morning train always has at least a 10-minute delay, and going home is hit or

TRAVIS ROBINSON



I choose not to work in the city because of the railroad... it's too expensive and not reliable. And when I do have to go into the city, I'm forced to drive.

LISA WEINGARDEN

Actress

I haven't been affected by any delays yet, so I have no complaints.





With all the new schedules and the unreliable service-and then having to take the subway-it's just easier to drive than to deal with all the changes and rush hour mess.

DANIEL BABST Con Ed



Real Warmth. Real Care.

Emotional bonds run deep here. That's what family is all about. This is an assisted living setting that's easy to wrap your arms around. Vital, engaging seniors who share your interests and feelings; an experienced and caring staff who keep things fresh and stimulating; and upscale amenities that elevate comfort to another level. But seeing is believing. Come visit us, and experience, the warmth and secure feeling that comes with sharing your life with true friends, and caregivers who offer a special touch when needed. The Regency is more than an elegant assisted living residence. It's home.



94 School Street, Glen Cove, NY 11542 Tel: 516.674.3007 • Fax: 516.674.4144 www.theregencyatglencove.com

Fr. Daniel leaves St. Patrick's but not Glen Cove

Father Daniel celebrated his final mass as pastor of St. Patrick's Church on June 25. Then a lively reception followed the mass, attended by many parishioners including Glen Cove resident Congressman Tom Suozzi.

But Father Daniel is still in Glen Cove, assuming the assignment as pastor of St. Rocco Church.

And St. Patrick's has a new pastor —the Very Rev'd Dom Daniel Gabriel Rach, Can Reg.

FATHER DANIEL CELEBRATED

his final mass on June 25 at St. Patrick's.



Tony Gallego/Herald

Facts about generalized anxiety disorder and how to cope

The SAFE Glen Cove Coalition conducted a community survey in which 1,408 Glen Cove residents participated in 2016. The results indicate that alcohol, depression and anxiety are areas of concern in the city. The National Co-Morbidity Survey-Replication found that 83 percent of people with some form of anxiety also suffer from depression and substance-use disorders.

The Diagnostic and Statistical Manual of Mental Disorders maintains the following:

- Anxiety involves a general feeling of apprehension about possible future danger.
- Anxiety disorders affect approximately 29 percent of the U.S. population at some point in their lives.
- Anxiety disorders are the most common category of disorders for women and the second most common for men.
- Anxiety disorders are also associated with an increased prevalence of a number of medical conditions including asthma, chronic pain, hypertension, arthritis, cardiovascular disease and irritable bowel syndrome.
- Generalized Anxiety Disorder (GAD) is the most common form of anxiety disorder. According to the Substance Abuse and Mental Health Services Administration, approximately 3 million cases are reported in the United States annually.

GAD is characterized by:

- Excessive, exaggerated anxiety and worry about everyday life events with no obvious reasons for worry.
- People with symptoms of GAD tend to always expect disaster and can't stop worrying about health, money, family, work, or school.

■ GAD can occur at any age

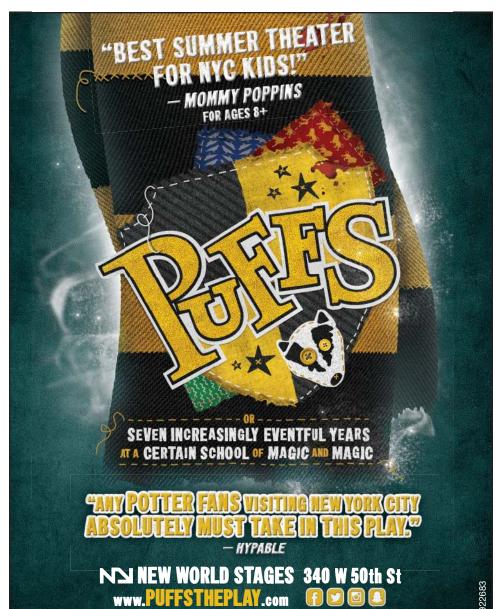
A common treatment approach for GAD is Cognitive Behavior Therapy, a talk therapy focused on modifying negative thoughts, behaviors and emotional responses associated with psychological distress. This form of treatment is often coupled with antidepressant medications, such as Zoloft or Lexapro.

Basic strategies used to cope with GAD include but are not limited to the following:

- Proper sleep, healthy diet and physical exercise such as aerobic activity 20-30 minutes a day five days a week.
- Disconnect from social media, but connect with people instead. Spending time with family and friends helps people become less anxious and creates human bonds that allow us to feel more secure and supported.
- Relaxation techniques such as deep breathing, meditation, yoga, rhythmic exercise, and other activities can reduce symptoms of stress.

For more information about Generalized Anxiety Disorder please visit the Anxiety and Depression Association of America https://www.adaa.org/living-with-anxiety/ask-and-learn/resources or Substance Abuse and Mental Health Services Administration at www.samhsa.gov.

The SAFE Glen Cove Coalition serves as a think tank to examine community needs, assess data, implement alcohol and substance abuse awareness campaigns, educate the public regarding ongoing and emerging alcohol and substance abuse trends, and pursue viable funding streams to address gaps in community services. For more information about SAFE and its other initiatives please contact the office at: (516) 676-2008 or visit the website at http://www.safeglencove.org.





516-486-7500 // 333 Baldwin Road Hempstead, NY 11550

STEPPING OUT

Where to go, what to do, who to see

The midway beckons

Long Island welcomes the Empire State Fair

t's fair time at Nassau Coliseum. The newly reinvigorated arena shares some summer fun with area residents with the debut of the Empire State Fair.

Circus-type spectacle, including animal acts, along with musical entertainment, plenty of thrill rides for all ages, and midway action are all a part of this summertime extravaganza, which runs for 11 days, now through July 30.

For those who are still enticed by circus acts, the All American Thrill Show picks up where Ringling Bros. left off. Fairgoers will be dazzled by these adept daredevils, as they walk the high wire, swing on the flying trapeze and dangle skillfully from a 90-foot swaypole, high above the crowds.

And then there is that fair favorite

- Swifty Swine's Racing Pigs. A mainstay of the fair circuit, all the way from the great state of Texas, they'll have fairgoers going "hog wild." Watch this group of potbellied speedsters sprint, oink and jostle their way around the track at "Pork Chop International Speedway" and cheer on your favored

Everyone has plenty of chances to see these hogs in action, since they go at it



Photos courtesy Empire State Fair

Those crowd-pleasing racing pigs are off to the races in a wild sprint to the finish line.

five times a day.

More animal antics can be found at the Commerford Petting Zoo, where kids can get up close and personal with a variety of exotic animals from the four corners of the globe — a favorite

spot to take selfies. Kids can meet and greet the animals and even go for a

The entertainment lineup features hypnotist Steve Baynor, who will unleash the power of the subconscious mind with his combination of wit, stage presence and charisma, according to those who have seen him perform. "Hypnotizing people is something I love," says Baynor: "Each

show is as different as each personality is different. Every show is a challenge with new people and new

experiences."

Gemini Lombardi, a familiar face on the regional comedy scene, is ready with some laughs, when he performs his high-energy act, July 24-25, July 27 and July 30. The quick-witted Brooklyn-born entertainer's show combines magic, stand-up and ventriloquism to delight kids and adults. He also brings several "friends" along with him as part of his routine, including Sonny, Betty and Smokey the puppy. As he says, "I do a little bit of comedy and a little bit of magic. What you laugh at, that's the comedy. What you don't, well, that's the magic.'

'It's a warm family-friendly show and it always amazes me to see how the kids react. I am so looking forward to appearing at this event. It's going to be wild and fun."

Of course, what would a fair be without rides? The carnival midway features over 50 rides and attractions,

including a large Kiddie-land for younger visitors. From the thrilling Zyklon roller coaster, the Fireball and the Cliffhanger to the large portable Ferris Wheel, there are enough rides to occupy all ages. That Ferris Wheel, transported all the way from Holland. is considered the fair's main attraction, according to organizers who proclaim it to be the largest of its kind. Once you have had your fill of the rides, check out the midway and try your luck at one of the classic carnival games.

This fair offers plenty of summer fun to keep everyone amused for hours. It's operated by the same group that runs State Fair Meadowlands at MetLife Stadium in New Jersey, who have now ventured forth to Long Island. "This has been a family business for so long it's in our blood." says Al Dorso, State Fair Group's president. "Our fourth generation is now working on our fairs, so family and wholesome family fun is tremendously important to us."

Karen Bloom



The giant Ferris Wheel commands attention throughout the fairgrounds.

porker to win.



IN CONCERT Pierrot Consort

EMPIRE

STATE FAIR

Preview July 20, through July

Unlimited Ride Hand Stamp

Where: Nassau Coliseum,

information, discounts and

Uniondale. Visit www.

empirestatefair.com for

30. Admission is \$12 for

fairgoers 13 and older:

is \$27.

promotions

When: Opening Night

The acclaimed Pierrot Consort, LIU Post's faculty ensemblein-residence continues to showcase its exciting repertoire throughout this season's Chamber Music Festival. The ensemble, featuring Susan Deaver, flute: Dale Stuckenbruck, violin: Veronica Salas, viola; Maureen Hynes, cello; and Heawon Kim, piano are joined by festival faculty members Nam-Sook Choei Lee, violinist and Frank Cassera, percussion. The dynamic program, "Sounds

WEEKEND

Out and About

of Nature," includes Haydn's String Quartet in D Major, Op. 6 No. 5 "The Lark"; Barke's "Snowfeathers" for erhu, violin, piano and percussion; Foote's Nocturne and Scherzo for flute and string quartet; Elgar's Piano Quintet in A minor, Op. 84. Friday, July 21, 8 p.m. \$20, \$10 seniors and students. Hillwood Recital Hall, LIU Post, Route 25A, Brookville. Info: (516) 299-3100 or www.tillescenter.org.

FAMILY FUN

Enjoy a summer afternoon at Nassau County Museum of Art, indoors and out. Take the kids on a docent-led walk-through of the new exhibition, "New York, New York," which portrays 140 years of the city's grit and glamour, excitement and bustle, as interpreted by varied artists. Converse, collaborate and create during supervised art activities

beginning at 1:30 p.m., which draw inspiration from the exhibit. Also enjoy the summertime blooms in NCMA's sculpture park, which features over 50 pieces of all sizes. For more outdoor fun, stroll along a nature trail among the museum's 145 acres, ideal for family hikes. Sunday, July 23, 1 p.m. Free with museum admission. \$12. \$8 seniors 62 and older, \$4 children 12 and older. One Museum Dr. (off Northern Blvd.), Roslyn Harbor, (516)

484-9337 or www.nassaumi



ARTS & ENTERTAINMENT

Coming Attractions

Performances/ On Stage



Grease

The kids from Rydell High are back on stage, Thursday and Friday, July 20-21, 8 p.m.; Saturday, July 22, 3 and 8 p.m.; Sunday, July 23, 2 and 7 p.m.; Tuesday and Wednesday, July 25-26, 8 p.m. \$76 and \$71. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900.

Music Jan

Bring an acoustic instrument and voice and join in or just listen, Thursday, July 20, 7:30 p.m. Sea Cliff Library, 300 Sea Cliff Ave., Sea Cliff. 671-4290 or www. seaclifflibrary.org.

Soul Asylum

The alternative rock band in concert, with Cracker, Thursday, July 20, 8 p.m. \$35 and \$25. The Space, 250 Post Ave. Westbury. 800-745-3000 or www.ticketmaster. com or www.thespaceatwestbury.com.

Mid-Summer Night Dance

Step lively with the Merengue by Charlie Wood, Thursday, July 20, 6:30 p.m. \$22, \$30 at door. Vanderbilt Museum, 180 Little Neck Rd., Centerport. (631) 854-5562 or www.vanderbiltmuseum.org.

Rusty String Band

The bluegrass-rock band in concert, as part of the Sunset Serenade series, Thursday, July 20, 7 p.m. Veterans Memorial Park, Sea Cliff.

International Orange

The jazz ensemble in concert, Friday, July 21, 9:30 p.m. \$15 (\$10 members). Sky Room Cafe at Cinema Arts Centre, 423 Park Ave., Huntington. (631) 423-7611 or www. cinememaartscentre.org.

Macbeth

Shakespeare's classic tale of the fall of the great warrior, Friday, July 21, 8 p.m.; Sunday, July 23, 7 p.m.; Wednesday, July 26, 8 p.m. \$15. Arena Players, Vanderbilt Museum Carriage House Theater, Suffolk County Vanderbilt Museum, 180 Little Neck Rd., Centerport. 293-0674 or www. arenaplayers.org.

Rolling Stoned

The Rolling Stones tribute band in concert, as part of the Summer Music Series, Friday July 21, 7 p.m. Sea Cliff Reach. Sea Cliff.

Soul Sound Revue

The dynamic Motown tribute band in concert, as part of Downtown Sounds summer concert series, Friday, July 21, 7:30 p.m. Village Square Plaza at Glen, School and Bridge St., Glen Cove. Visit www.downtownsoundsalive. org for more information.

Vic Dibitetto

The energetic comedian on tour, Saturday, July 22, 8 p.m. \$79.50, \$69.50, \$59.50, \$49.50, \$39.50, \$29.50. NYCB Theatre at



Little River Band

Australia's classic rock hitmakers continue to thrive, with current LRB members carrying on the band's legacy when they visit The Paramount, on Friday Aug. 4, at 8 p.m.

With 11 hit songs breaking the Top 40, Little River Band was one of the most successful groups to emerge from down under. LRB is still going strong, showcasing their polished style with a rock/country crossover sound and the unmistakable feeling of a band really enjoying itself. The band's reincarnated lineup brings their vocal and musical energy along with some updated arrangements to those timeless classic hits. Fans will be treated to an entertaining mix of new material as well as such classics as "The Night Owls," "Lonesome Loser," "Lady" and "Cool Change."

Tickets are \$89.50, \$79.50, \$59.50, \$49.50, \$39.50, \$29.50; available at (800)745-3000 or www.ticketmaster.com or www.pararmountny.com. The Paramount, 370 New York Ave., Huntington.

Westbury, 960 Brush Hollow Rd., Westbury. (800) 745-3000 or www.livenation.com.



Los Lonely Boys

The Tex-Mex rockers in concert, Friday, July 21, 8 p.m. \$45, \$35 and \$29.50. The Space, 250 Post Ave. Westbury. 800-745-3000 or www. ticketmaster.com or www. thespaceatwestbury.com.

Faith Festiva

Glen Cove's faith community shares their musical traditions, Sunday, July 23, 7:30 p.m. Ensemble from seven houses of worship perform. Morgan Park, Germaine St., Glen Cove. 671-0017 or www. morganparkmusic.org.

Craig Ferguson

The acclaimed late show host-comedian shares his trademark brand of sharp humor in "The New Deal Tour," Tuesday July 25, 8 p.m. \$79.50, \$59.50, \$49.50, \$39.50. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

George Gee Orchestra

The swing orchestra in concert, celebrating the centennial of Ella Fitzgerald, Wednesday, July 26, 7 p.m.; gates open at 5 p.m.; dance lessons begin at 6:30 p.m. \$12, \$10 seniors. Old Westbury Gardens, 71 Westbury Rd., Old Westbury. 333-0048 or www.oldwestbury.org.

Kansas

The progressive rockers in concert, Wednesday, July 26, 8 p.m. \$99.50, \$69.50,

\$49.50, \$39.50. NYCB Theatre at Westbury, 960 Brush Hollow Rd., Westbury. (800) 745-3000 or www.livenation.com.

For the Kids

Painting on Glass

Create a painting on glass inspired by Monet's Garden in Giverny, France, Thursday, July 20, 7 p.m. For grades 6 12. Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove. 676-2130 or www.glencovelibrary.org.

Edible Sandcastle Workshop

Build the ultimate sandcastle out of Rice Krispie treats, ice cream cones and candy, Friday, July 21, 10:30 a.m. or 4:30 p.m. Gold Coast Public Library, 50 Railroad Ave., Glen Head. 759-8300 or www. goldcoastlibrary.org.

Serenity Zen Garden Workshop

Soothe a stressful day by creating a peaceful Zen garden filled with sand, painted rocks, shells and a mini rake, Friday, July 21, 4 p.m. For grades 5-12. Registration required. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212.

Think Up: Stumping Sculptures

Investigate the wonders of nature and history's mysteries at Old Westbury Gardens, Saturday, July 22, 12 p.m. Go on fact-finding hunts through Westbury House and the gardens, uncover clues and solve riddles. For ages 8 and up. Free with admission. Old Westbury Gardens, 71 Westbury Rd., Old Westbury. 333-0048 or www.oldwestbury.org.

Mermaid Tea Party

Join in a celebration of mermaids, Sunday, July 23, 12-1 p.m. (ages 3-6); 2-3 p.m. (ages 6-12). Decorate a tiara, explore beautiful shells, and enjoy yummy treats. \$15 adult/child; \$4 each additional child. The Whaling Museum, 301 Main St., Cold Spring Harbor. (631) 367-3418 or www. cshwhalingmuseum.org.



Movie Fun

See "The Lego Batman Movie," the animated superhero comedy in which a cooler-than-ever Bruce Wayne must deal with the usual suspects as they plan to take over Gotham, Thursday, July 27, 11:30 a.m. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212.

Museums/ Galleries and more...

Earth Muse: Art and the Environment

An exhibition of worrks by artists who view the earth as a muse for contemplation of nature's beauty and diversity, of her eternal rhythms, and of the physical record of geological and human history on the planet. Evocative aerial images of Long Island waters by Alex Ferrone, photograms of ocean waves by Melissa Fleming, topographical constructions of the Adirondacks by Winn Rea, and photographs by Barbara Roux encourage an alternate experience of familiar landscapes, while works by Michelle Stuart, Peter Beard, and Brandon Ballengée reflect on man's place within nature and our impact on the environment. Through July 30. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631)

351-3250 or www.heckscher.org.

Romero Britto

A collection of artworks and sculpture by the acclaimed pop artist. His bold, vibrant and colorful patterns reflect his optimistic view of the world around him. Through July 23. With artist receptions, July 22, 6-8 p.m.; July 23, 2-4 p.m. LaMantia Gallery, 127 Main St., Northport. (631) 754-8414 or www.lamantiagallery.com.



Creative Crossroads

Works by Adam Handler and Luis Zimad Lamboy are on view in this two-person exhibition of color and shape. Through Sept. 15. Gold Coast Arts Center, 113 Middle Neck Rd., Great Neck. 829-2570 or www.goldcoastarts.org.

Summer Fun!

A showcase of works by gallery member artists, who express their feelings about summer through varied works. Through July 30. B.J. Spoke Gallery, 299 Main Street, Huntington. (631) 549-5106 or www.bjspokegallery.org.

Thaddeus Holownia: Walden Revisited

This exhibition pays homage to Henry David Thoreau. Presented as a full-gallery installation that approximates Thoreau's and Holownia's experience of Walden Woods, the images focus closely on individual trees, creating a portrait of the site and encouraging quiet contemplation of nature's grandeur. A companion exhibition," Earth Muse: Art and the Environment," features artists whose work continues the theme of reflection. highlighting nature's beauty and diversity, the eternal rhythms of the natural world, and man's impact on the environment. Through July 30. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

Movie Time

See "Everybody Loves Somebody," a romantic comedy set in Los Angeles and Baja that centers on a successful doctor trying to heal her personal life, Thursday, July 20, 2 and 6:30 p.m. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212.

Film Screening

See "The Hippopotamus," a comedy based on Stephen Fry's novel, as part of Gold Coast Arts Center's Summer Series, Wednesday, July 26, 7:30 p.m. \$15. Bow Tie Square Cinemas, 155 Middle Neck Rd., Great Neck. 829-2570 or www.goldcoast-filmfestival.org.

Having an event?

Submissions can be emailed to kbloom@liherald.com.

RALD MCIKET PICCE TO PLACE AN AD CALL 516-569-4000 PRESS 5



Robert Reimels Agency Owner

Honor Ring Robert Reimels Agency Inc

Allstate Insurance Company 71 West Main St. • Oyster Bay, NY 11771

> Phone 516-922-5025 Fax 516-922-7100 RobertReimels@allstate.com

24-Hour Customer Service

WIREMAN/CABLEMAN 🦃

- CAMERA SYSTEMS FLAT SCREEN TV'S INSTALLED
- TELEPHONE JACKS / CABLE TV EXTENSIONS
- HDTV ANTENNAS SURROUND SOUND / STEREOS • COMPUTER NETWORKING • CAT 5/6 CABLING
- COMMERCIAL & RESIDENTIAL TROUBLESHOOTING

COMPETITIVE PRICING

FREE ESTIMATES • ALL WORK GUARANTEED! LICENSED & INSURED LIC. #54264-RE • DAVEWIREMAN.COM

516-433-9473(WIRE) • 631-667-9473(WIRE)

black Brian E. Pickering works

Cesspools, Dry Wells, Trenching, Grading, Clean Fill, Topsoil & Bobcat Service

Chimney King, Ent. Inc.

Chimney Cleaning & **Masonry Services**

(516) 766-1666

Done By Firefighters That Care chimneykinginc.net





Allistate.

 Chimneys Rebuilt, Repaired & Relined Stainless Steel Liners Installed

Fully licensed and insured *H0708010000

Helping you pursue your financial goals.

Claude Turner, MBA

Stocks, Tax-Free Bonds, IRAs, 401(k), Retirement Planning Call me to review your current account

(516) 663-5412 | turnerc@stifel.com

1225 Franklin Avenue, Suite 150 | Garden City, New York 11530

Stifel, Nicolaus & Company, Incorporated Member SIPC & NYSE | www.stifel.com











REPERTOIRE LISTS





WE BEAT ALL **COMPETITORS' RATES**

T&M GREENCARE

(516)223-4525 • (631)586-3800

www.tmgreencare.com Residential & Commercial

TREE REMOVAL

PRUNING

- STUMP GRINDING
- Lowest Rates

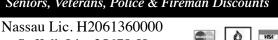
FREE

ROOF LINE CLEARING

Seniors, Veterans, Police & Fireman Discounts

Suffolk Lic. 35679-H Owner Operated-Lic./Ins





grace.slezak@gmail.com

Vinyl Tile Residential • Commercial • Marine Showroom By Appointment

Carpet • Linoleum

516-674-9417 Cell: 516-903-0786

Email: bobbybs1@optonline.net Shop at Home

Sales Installation Free Estimates

EXPERT - ALL PHASES OF HOME IMPROVEMENTS Kitchen/Bathroom Remodeling Roofing - Slate Roof Expert Painting Interior/Exterior Wallpaper Removal, Spackling Flooring/Tiling/Carpeting Decks, Driveways, Fences Power Washing Patios/Housesww · Residential/Commercial Luis or Rayo: 516-667-3210 or 516-943-7914

TO PLACE AN AD IN THE MARKETPLACE

ASBESTOS INSPECTORS

516-763-0450

PLEASE CALL 516-569-4000 ext. 286 **OR EMAIL** ereynolds@liherald.com





www.CollegeArtsAdmissions.com

GRACE MERRELL SLEZAK B.A., M.A. LICENSED BROKER / PRESIDENT

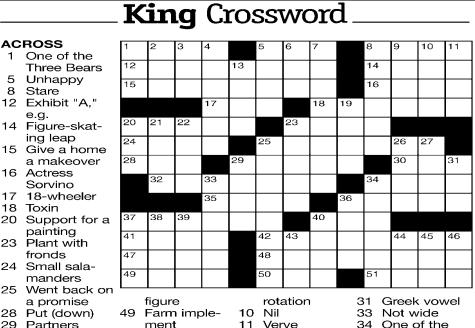
EXPERT NORTH SHORE BROKER

516-768-1000





HERAL Crossword Puzzle



ment Collection

51 Isn't well

Churchill's

Changed the

Matterhorn's

eating critter

Nervous sys-

tem disorder

Frau's mister

gesture

Tempo

range

Bamboo-

Relatives

Hertz deal

Too

48 Geometric

title

32

36

40

Apiece "Hail, Caesar!" 21 Bowling tar-

Worships Unseen prob- 25

Performance Intensified

doings Center of Verve

Satan's specialty Raw minerals

Moray, for In the dis-

tance 22 Eyelid woe Big parties "O'er the -

we watched 26 Divisible by

two Out of play 29 Masculine

© 2017 King Features Synd., Inc.

One of the bunch?

36 Pocket bread 37 Fellow

War, to Gen. Sherman

Approximately Make a

sweater Before

Hollywood trickery, for short

The whole enchilada 46 In medias



\$19.93/hr. Benefit Rate \$21.93/hr.*

*Non-Benefit Rate *Available After 90 Days of Employment

\$19.16/hr.*

you need to obtain your commercial drivers license.

*Non-Benefit Rate

· Safety and attendance incentive

Family leave in emergency

*Available After 90 Days of Employment

*Some restrictions may apply.

We also offer...

- Flexible hours
- A 401K plan with matching funds

• Easy To Drive Vans!

Retirees Welcome!FREE CDL TRAINING

For Qualified Candidates. We Will Train You For The Road Test

Call Today To Begin Training!

- Health insurance
- Life insurance

Plus...

· Make new friends

Positions also available for mechanics and bus attendants!

Become a NYS Certified School Bus Driver!

bonus twice a year

Positions available in Nassau and Suffolk...Call Today!

EOE

Market Place



WE HAVE THE HELP YOU

HHA's, LPN's, Nurse's Aides • (Eldercare • Housekeeping • Da

> NO FEE TO EMPLOYERS SERVING THE COMMUNI **FOR OVER 17 YEARS**



Evons Service 516-505-5510









TO PLACE AN AD IN THE MARKETPLACE

PLEASE CALL 516-569-4000 ext. 286 OR EMAIL ereynolds@liherald.com

PUBLIC NOTICES

Index No.: 8636/2016 Date of Filing: June 26, 2017 PREME COURT OF THE STATE OF NEW YORK STATE OF NEW YORK
COUNTY OF Nassau
FAREVERSE, LLC IN LIEU OF
TRUE COMPANY NAME
FINANCE OF AMERICA REVERSE, LLC, Plaintiff,

-against-LILLIE MORTON AS HEIR AT LIÈLIE MORTON AS HEIR AT
LAW AND NEXT OF KIN OF
NORMA
ROBINSON A/K/A NORMA
JEAN ROBINSON A/K/A
NORMA ROBINSON,
EDWARD ROBINSON,
EDWARD ROBINSON AS
HEIR AT LAW AND NEXT OF
KIN OF NORMA MORTON
ROBINSON A/K/A
JEAN ROBINSON A/K/A
NORMA RORINSON A/K/A JEAN ROBINSON A/K/A
NORMA ROBINSON; "JOHN
DOE" AND "JANE DOE" 1
THROUGH 50, INTENDING
TO BE THE UNKNOWN
HEIRS, DISTRIBUTEES,
DEVISEES, GRANTEES.
TRUSTFF5

TRUSTEES, LIENORS, CREDITORS, AND ASSIGNEES OF THE ESTATE NORMA MORTON OF NORMA MORTON ROBINSON A/K/A NORMA JEAN ROBINSON A/K/A NORMA ROBINSON WHO WAS BORN IN 1935 AND DIED ON JUNE 20, 2016, A RESIDENT OF THE COUNTY RESIDENT OF THE COUNTY
OF NASSAU, WHOSE LAST
KNOWN ADDRESS WAS 9
DONAHUE STREET, GLEN
COVE, NY 11542, THEIR
SUCCESSORS IN INTEREST
IF ANY OF THE AFORESAID
DEFENDANTS

DEFENDANTS DECEASED, THEIR RESPECTIVE HEIRS AT LAW, RESPECTIVE HEIRS AT LAW,
NEXT OF KIN, AND
SUCCESSORS IN INTEREST
OF THE AFORESAID
CLASSES OF PERSON, IF
THEY OR ANY OF THEM BE
DEAD, AND THEIR
RESPECTIVE HUSBANDS,
WIVES OR WIDOWS, IF
ANY, ALL OF WHOM AND
WHOSE NAMES AND
PLACES OF RESIDENCE ARE
UNKNOWN TO THE UNKNOWN
"PLAINTIFF"; CAPITAL ONE BANK; LVNV FUNDING LLC; NEW YORK STATE DEPARTMENT OF

TO THE AMERICAN CENTURION; STATE DEPARTMENT OF TAXATION & FINANCE; PALISADES COLLECTION LLC; PARK AVENUE OPERATING CO., LLC D/B/A PARK AVENUE EXTENDED CARE FACILITY; PEOPLE OF THE STATE OF NEW YORK THE STATE OF NEW YORK DISTRICT COURT OF
NASSAU COUNTY; PEOPLE
OF THE STATE OF NEW
YORK - GLEN COVE CITY
COURT; PEOPLE OF THE
STATE OF NEW YORK NASSAU COUNTY POLICE
DEPARTMENT; PEOPLE OF
THE STATE OF NEW YORK
C/O NASSAU COUNTY

C/O NASSAU COUNTY CLERK; TAX CORRECTION AGENCY INC.; UNITED STATES OF AMERICA O/B/O SECRETARY OF HOUSING

AND URBAN
DEVELOPMENT; "JOHN
DOES" and "JANE DOES",
said names being fictitious,
parties intended being possible tenants occupants of premises, and corporations, other entities or persons who claim, or may claim, a lien against the premises, Defendants.

the premises, Defendants.
TO THE ABOVE-NAMED
DEFENDANTS:
YOU ARE HEREBY
SUMMONED to answer the
complaint in this action and
to serve a copy of your
answer, or, if the complaint
is not covered with this is not served with this summons, to serve a Notice of Appearance on the Plaintiff's attorney(s) within twenty (20) days after the service of this summons, exclusive of the day service, where service

made by delivery upon you personally within the State, or within thirty (30) days after completion of service where service is made in any other manner, and in case of your failure to case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint.

NOTICE
YOU ARE IN DANGER OF
LOSING YOUR HOME
If you do not respond to this
summons and complaint by serving a copy of the answer on the attorney for the on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. lose your home.

Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property.

protect your property.
Sending a payment to your
mortgage company will not
stop this foreclosure action.
YOU MUST RESPOND BY
SERVING A COPY OF THE
ANSWER ON THE
ATTORNEY FOR THE

PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

YOU ARE HEREBY PUT ON NOTICE THAT WE ARE ATTEMPTING TO COLLECT A DEBT, AND ANY
INFORMATION OBTAINED
WILL BE USED FOR THAT

TO THE ABOVE-NAMED DEFENDANTS:

DEFENDANTS:
The foregoing summons is served upon you by publication pursuant to an Order of the Honorable Julianne T. Capetola of the Supreme Court of the State of New York signed on June of New York, signed on June 20, 2017, and filed with supporting papers in the Office of the Clerk of the

County of Nassau, State of New York. The object of this action is to foreclose a mortgage upon the premises described below, executed by NORMA MORTON ROBINSON A/K/A NORMA JEAN ROBINSON A/K/A NORMA ROBINSON and JOSEPH ROBINSON

A/K/A JOSEPH N. ROBINSON, to MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., AS NOMINEE FOR NATIONWIDE EQUITIES CORP., ITS SUCCESSORS AND/OR ASSIGNS bearing date December 20, 2012 and recorded in the County of Nassau on March 2, 2013 in Liber Book M. 20270 of the county of Nassau on March 2, 2013 in Liber Book M. 20270 of the county of Nassau on March 2, 2013 in Liber Book M. 20270 of the county of Nassau on March 2, 2013 in Liber Book M. 20270 of the county of Nassau on March 2, 2013 in Liber Book M. 20270 of the county of Nassau of the county of in Liber Book: M 38370 of

Mortgages at Page 424.
Thereafter said mortgage
was assigned to FINANCE
OF AMERICA REVERSE LLC by assignment of mortgage bearing date August 17, 2016 and recorded in the County of Nassau on August 22, 2016 under Book M, Volume 41450 of Mortgages

at Page 109. Said premises being known as and by 9 DONAHUE STREET, GLEN COVE, NY

May 26, 2017

Batavia, New York Andrea Clattenburg, Esq. ROSICKI, ROSICKI ASSOCIATES, P.C. Attorneys for Plaintiff
Batavia Office 26 Harvester Avenue Batavia. NY 14020 585.815.0288 Help For Homeowners In Foreclosure

requires that we send you this notice about the foreclosure process. Please read it carefully. Mortgage foreclosure is a complex process. Some people may approach you about "saving" your home. You should be extremely careful about any such promises. The State encourages you to become informed about your options in foreclosure.
There are government informed There are government agencies, legal aid entities agencies, legal and entures and other non-profit organizations that you may contact for information about foreclosure while you are working with your are working with your lender during this process. To locate an entity near you, you may call the toll-free helpline maintained by the New York State Banking Department at 1-877-BANKNYS (1-877-226-5697)

The State does not guarantee the advice of these agencies. www.banking.state.ny.us.
The State docs

or visit the Department's

LEGAL NOTICE NOTICE IS HEREBY GIVEN that a Public Hearing shall be held on Tuesday, July 25, 2017, at 7:30 p.m., in Pratt Auditorium at Northwell Auditorium at Northwell Health Glen Cove (Glen Cove Hospital), 101 St. Andrews Lane, Glen Cove, New York, to discuss amending fee schedule for Chapter 87 Animals All interested parties will be given an opportunity to be heard.
Tina Pemberton

Tina Pemberton

City Clerk 83329

LEGAL NOTICE
NOTICE IS HEREBY GIVEN
that a Public Hearing shall
be held on Tuesday, July 25,
2017, at 7:30 p.m., in Pratt
Auditorium at Northwell
Health Glen Cove (Glen
Cove Hospital), 101 St.
Andrews Lane, Glen Cove,
New York, to discuss New York, to discuss amending Sec. 168-7 (C) (Word usage; abbreviations; definitions), of the Code of

Ordinances.
All interested parties will be given an opportunity to be Tina Pemberton

City Clerk 83328

LEGAL NOTICE NOTICE IS HEREBY GIVEN that a Public Hearing shall be held on Tuesday, July 25, be held on Tuesday, July 25, 2017, at 7:30 p.m., in Pratt Auditorium at Northwell Health Glen Cove (Glen Cove Hospital), 101 St. Andrews Lane, Glen Cove, New York, to discuss amending Sec. 168-43 (Open areas), of the Code of Ordinances.

All interested parties will be All interested parties will be

given an opportunity to be heard. Tina Pemberton City Clerk 83327

Search for notices online at: www.mypublicnotices.com

LEGAL NOTICE PUBLIC NOTICE IS HEREBY GIVEN that a public hearing pursuant to Section 859-a of the General Municipal Law, as amended (the "Act"), will be held by the Geler (Over Industrial Industrial Development Agency (the "Agency") on the 9th day of August, 2017, at 5:30 p.m., local time, at Second Floor Conference Room, City Hall, Glen Cove, New York, with respect to the following project: RXR GLEN COVE VILLAGE

SQUARE OWNER LLC, a limited liability company organized and existing under the laws of the State of Delaware and authorized to do business in the State
of New York (the of New York (
"Applicant"), presented certain application financial assistance ("Application") to the Agency, which Application requested that the Agency consider undertaking a project (the "Project") consisting of the following:

(A) the acquisition of an interest in an approximately. (A) the acquisition of an interest in an approximately 2.5-acre parcel of land located on Village Square, City of Glen Cove, County of Nassau, New York (Section 31, Block 85, Lots 16, 37) (the "Land"), together with related improvements to the related improvements to the Land, the demolition of the existing structures on the Land, and the acquisition and installation therein and thereon of certain buildings aggregating approximately 165,000 square feet (together, the "Building") furniture. fixtures machinery and 'Equipment"), all of the foregoing for use as a mixed-use residential, commercial and public use facility, including certain public infrastructure and amenity work (collectively, the "Project Facility"); (B) the granting of certain "financial assistance" (within the meaning of Section 854(14) of the Act) with respect to the foregoing including to the including foregoing, including potential exemptions or partial exemptions from real property taxes, mortgage recording taxes and sales and use taxes (collectively, the "Financial Assistance"); and (C) the lease (with an obligation to purchase) or sale of the Project Facility to

the Applicant.
The Project facility would be initially owned, operated and/or managed by the Applicant or such other entity as may be designated by the Applicant and agreed

by the Applicant and agreed upon by the Agency (the Applicant or such other entity, the "Company"). The Company would receive financial assistance from the Agency in the form of potential exemptions or partial exemptions from real property taxes, mortgage recording taxes and sales and use taxes (collectively, the "Financial Assistance").
A representative of the Agency will at the abovestated time and place hear and accept comments from all persons with views with respect to the Project and the Financial Assistance. Interested parties present their views oarties may views both orally and in writing with respect to the Project and the Financial Assistance.

Copies of the Application, which includes a description of the anticipated costs and benefits of the Project, are available for review by the public during business hours at the offices of the Agency at City Hall, 9-13 Glen Street, Glen Cove, NY (from 9:00 a.m. to 5:00 p.m. Monday through Friday). Dated:July 17, 2017 GLEN COVE INDUSTRIAL

GLEN COVE INDUSTRIAL DEVELOPMENT AGENCY

A. Peebles, Executive Director

THE GREAT BOOK GURU

Resetting a moral compass

ear Great Book Guru, With heavy rain ruining my plans last week (I was so disappointed — The Lazy Dogs, Tril-

ogy, and Kingfisher were all rained out), I am hoping for better weather this week. But if not, do you have a good book I can have on hand — something set far away and with maybe a moral dilemma or two thrown in?

Summer Rain Ranter

Dear Summer Rain Ranter,

I just finished a book that might be what you are looking for — "Waking Lions," by

Ayelet Gundar-Goshen. Neurosurgeon Eitan Green lives a privileged life. He and his police detective wife and their two young sons have a lovely home in Beersheba, an Israeli desert town. Driving home in his luxury SUV after an exhausting night of surgery, he hits an Eritrean immigrant. Determining there is nothing to be

done for the severely injured man and fearful of criminal prosecution, Green leaves the man to die. Shortly after he arrives home, Sirkit, the man's wife, appears with

Green's wallet. He offers her cash, but she is not interested in his money. Instead, she threatens to go to the police unless he follows her directions. She wants him to help her run an underground hospital in an abandoned garage behind the fast food restaurant where she is a dishwasher. His patients will be African immigrants who cannot find medical care elsewhere. While this certainly seems a way to atone for his crime,

things are not as morally clear as they might seem. There are many surprises throughout that soon leave us questioning our own moral rectitude. Highly recom-

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.



OBITUARIES

Anne Michelle Troy

Anne Michelle Troy, (nee Ahearn), 69, of Old Saybrook, CT., died on June 29, 2017. She was born in Sea Cliff in 1947, to Mary and Jim Ahearn. She married Edwin Trov in 1969 and moved to Old Saybrook, CT, in 1976. Her husband Edwin died there in

Troy graduated from Southern Conn. State University in 1997 with a degree in economics. Among many positions in the marine industry, she finished her professional career with a long tenure at Brewer Deep River Marina. Troy was an accomplished sailor and a long time member of the North Cove Yacht Club. She served as the club's Commodore and won many club

Troy is survived by sons Christian (his wife Larissa and their children Charlie and Arabella) E. Hampton, N.Y.; Edwin (his wife Amanda and their son, Tommy) Westbrook, CT.; and William Troy, Charlotte, S.C. She leaves six siblings: M.L. Fusillo, Jeanne Giacobine, Ruth Loeber, and brothers: Robert, John and Edward

A memorial service was held on July 2 at the Swan Funeral Home in Old Savbrook, CT. In lieu of flowers, the family asks that donations be sent to Smilow Cancer Hospital, Yale New Haven at https:// www.ynhh.org/smilow.

Answers to today's puzzle Solution time: 21 mins. P L O W S E T A I L S

-							-						
Ξ	Γ	G	Z	Þ	_	α	Τ		0	S	_	A	
π	¥	0	A	4	Ν	П	ш		α	ш	П	Η	
			Z	_	К		A	ш	П	0	Ι	C	
A	O	Z	٧	σ		S	В		A				
Т	٧	П	W		а	П	Ν	⋖	Z	П	$\boldsymbol{\alpha}$		
Ξ	П	>		S	Π	Т	A	Σ		Υ	A	П	
	۵	Э	В	П	Ν	П	Я		S	Т	П	3	
			Ζ	π	Ξ	щ			3	S	A	Ξ	
И	þ	Ş	\vdash	þ	ф		Ð	F	П				
\forall	IJ	_	Ζ		Ш	Τ	A	٨	0	Ν	Ξ	Я	
٦	П	Х	A		П	0	Ν	Ξ	٥	_	٨	3	
П	Ν	A	Ω		а	Þ	S		Þ	σ	\forall	Ъ	
_													

LEGAL NOTICE

NOTICE IS HEREBY GIVEN
that a Public Hearing shall
be held on Tuesday, July 25,
2017, at 7:30 p.m., in Pratt
Auditorium at Northwell
Health Glen Cove (Glen
Cove Hospital), 101 St.
Andrews Lane, Glen Cove,
New York, to discuss Local
Law 03-2017,
amending fee schedule for
Chapter 87-31; Redemption
fees. LEGAL NOTICE

NOTICE IS HEREBY GIVEN,
that the Glen Cove City
Council meeting scheduled
for July 25, 2017, will be
held in Pratt Auditorium at
Northwell Health Glen Cove (Glen Cove Hospital), 101 St. Andrews Lane, Glen Cove, New York, 7:30 p.m. Cove, New York, 7:30 p.m.
Please use Family Practice
Group entrance, located on
Trubee Place. Free valet
parking will be provided
beginning at 7:00 p.m.
Tina Pemberton fees.
All interested parties will be

Place a notice by phone at 516-569-4000 x232 or email: egalnotices@liherald.com

given an opportunity to be heard.

To Place A Notice Call 516-569-4000 x232

To Place A Notice Call 516-569-4000 x232 LEGAL NOTICE Glen Cove

District is applying for a Universal Pre-kindergarten (UPK) grant and requesting that all applications from non-public pre-kindergarten providers (community based agencies) be submitted in writing to: Dr. Michael Assistant Israel, Superintendent Superintendent for Curriculum, Instruction & Technology, through an RFP, no later than July 31, 2017, for the 2017-2018 through the 2019-2020 school years. The link to the RFP can be found on the Glen Cove School District

website www.glencove.k12.ny.us If you need furthe assistance, please contac Dr. Michael Israel a 516-801-7020. Please b advised, however, that the District reserves the right to the regarding participants
Therefore, the District
reserves the right to accept or reject any proposal submitted and onl completed applications wi be considered. 83322

To place a notice here cal us at 516-569-4000 x232 send an email to: legalnotices@liherald.com

OPINIONS

Let's get our eye back on the ball

ith reallife issues

looming, Congress

and the president

remain obsessed

with repealing

Obamacare.

hen you turn on the news or read the papers these days, do you get a sense of disconnection between what really affects our daily lives and our families' well-being, and what passes for important news in the media and in political circles? I do, and I think it's a symptom of a distraction



ALFONSE D'AMATO

from reality that is undermining our common purpose.

When I ask my fellow Long Islanders what they worry about most, they invariably talk about the high cost of living, exorbitant property taxes, the squeeze on family income (even for those with two incomes), strato-

spheric college bills, the uncertainty over whether their young people will find jobs here and afford to live as well as their parents have, and trains that don't get them to work on time.

Then I turn to the news, and I'm informed that the biggest question is whether the Russians tried to influence the 2016 election. Pardon me, but I assume the Russians have tried to influence every election in my lifetime, just as we've probably tried to influence every one of theirs, at least since they've been having them. During the Cold War, we each spent vast sums trying to

undermine and destabilize each other. Afterward, we warily circled each other rather than finding a way to work together.

So now we're dealing with the fallout from this endless U.S.-Russia conflict. And no matter what's proposed to ease tensions between us, it's filtered through this conflict and thrown into needless dispute. It may be inconvenient for the U.S. media and political pundits to report or admit it, but Presidents Trump and Putin actually made some significant progress in their first face-toface meeting. While it has garnered far less attention than deserved, the two leaders nego-

tiated a cease-fire in parts of Syria that just might signal a winding down of that horrible war at long last.

And they put on the table a worthy idea to establish a shared cybersecurity effort that was mercilessly attacked in the U.S. without a chance to be heard. Remember, we already cooperate with Russian today. Americans fly into space on Russian rockets and share the International Space Station with them. Both countries are susceptible to hacking that can cripple power plants and electric grids, financial institutions and transportation systems.

Remember President Reagan's Star Wars missile defense proposal, which he even offered to share with the Russians? He was derided as naïve by his detractors, but now, with threats from rogue nuclear nations like North Korea, the U.S. is racing to build just such a missile defense system. Today, cyberse-

curity is one of the world's biggest challenges, so what's so terrible about the idea of a "hot line" like the one we've had for years to avoid nuclear weapons miscues? Maybe by sharing in a common defense, the U.S. and Russia could reduce the tensions that plague our relations.

Rather than nay-saying the president and second-guessing his every move, our leaders need to get their eyes back on the ball and address the hard issues that actually matter to

working middle-class families. That means, first and foremost, kick-starting our economy with carefully targeted tax reform to stimulate business and job growth. Cutting U.S. corporate taxes, which are among the highest in the world, would help repatriate trillions of dollars these companies are hoarding overseas to avoid high taxes here. This money could be directed toward badly needed infrastructure improvements.

Which leads me to the situation in our own backyard. The Metropolitan Transportation Authority must get its act together and fast-track long-overdue improvements to our ailing rail system. Frankly, I'm tired of hearing the excuses for foot-dragging on rail projects that get tied up in the MTA

bureaucracy for years.

And the agency should stop complaining about its finances. It is sitting on billions of dollars in available transit improvement funds, just waiting to be put to use fixing problems that have persisted for ages. I'm hopeful that under the leadership of Joe Lhota, who has returned to take over the MTA helm, things will finally start to move there. If anybody can light a fire under the MTA bureaucrats, he can!

These are the kinds of real-life issues that ought to be the focus of our attention. Congress and the president should get past their obsession with repealing Obamacare and instead work to fix the problems with our health insurance system to help hold down spiraling insurance costs. They should attack the ridiculously high cost of college education that is crushing young Americans with debt. They should continue to reduce the regulatory burden that strangles small businesses and community financial institutions. They should trim wasteful spending to slow down deficits and mounting national debt.

If our leaders finally do get their eyes back on the ball, there's real hope that our nation and state could build a more prosperous future. That's what Long Islanders expect, and it's what they deserve.

Al D'Amato, a former U.S. senator from New York, is the founder of Park Strategies LLC, a public policy and business development firm. Comments about this column? ADAmato@liherald.com.

'Nothingburgers' and other Trumpgate terms

inat Akhmetshin. Remember the name. He may be an answer to an esoteric political trivia question in a few years. Apparently Mr. Akhmetshin was in the room when Donald Trump Jr., Jared Kushner and Paul Manafort met with Russian operatives, allegedly to discuss damaging information on Hillary Clinton that the Russkies might turn over to the Trump campaign.

Now "in the room" has become a thing.



RANDI KREISS

Who wasn't in the room? Hard to say. Initially, the Trump people insisted there was never any such meeting. Then they said there was, but it was poorly attended and ended early, and no one was even paying attention, probably playing Candy Crush or something instead of trading secrets.

Then Donald Trump Jr. confessed that there was a meeting (one minute before it was revealed in The New York Times), and he said he was being totally "transparent" and that was that. Except it turns out there were more people in the room, including Akhmetshin, a former Soviet intelligence officer. There was the Russian lawyer, Nata-

lia Veselnitskaya, and, as we go to press, more information is coming out about additional people in on the ever-more-intriguing black ops meeting.

President Trump's surrogates assured the public this was all a big "nothingburger," adding to the lexicon of the Trumpgate scandal. The president himself told us his son is "a good boy," even though the "boy" is the same age as the president of France, with whom Trump was meeting at the time the news of the ever-growing meeting broke.

And far from being a "nothingburger," the Trump-Russian secret meeting was a Kobe steak burger with the works.

Another useful term being bandied about is "opposition research," which is a highfalutin term for rumor, dirt and embarrassing information one political party can dig up on another. In fact, the president said that his son's meeting with the Russians was just that, clearly bypassing the obvious truth that Americans don't ever meet with and accept campaign help from hostile foreign powers. It's illegal, unethical and immoral. And what else? Yes, it's un-American.

Trump Jr. and Kushner met with Russian operatives in order to get information on Hillary that would damage her campaign. This goes way past bad judgment, and is well on its way to collusion or worse. But let's leave that to Special Counsel Robert Mueller and to Congress, if it can ever find the courage to stand up for our country and do the job it was elected to do.

Another timely turn of phrase is "circular firing squad": the gathering of presidential advisers and lawyers trying to defend their client's inconsistent and possibly self-implicating tweets and manic outbursts.

Iternative facts? 'In

the room'? if you

Example? Trump tweets that he only learned about the meeting between his son and the Russians "very recently," while many of us expect the update any day now that he's known for months and has been lying about it.

You hear the words "drip, drip" and you should be thinking about the slow but relentless flow of damning testimony and facts leaking from the White House. Related to this turn of phrase is "It isn't the crime; it's the cover-up," a truth that emerged during Watergate and the Lewinsky affair. The first, best advice is to lance the boil, release the toxins and then begin to repair the damage.

want to follow the Story, you need to know the lingo.

There's also the ever-popular "smoking gun," a reference to any key piece of evidence that potentially clinches the case against someone. In the case of Junior, the smoking gun very well may be the stream of emails he released himself, proving his meeting with the Russians.

Of course, "fake news" became part of our language as soon as the press began calling out Trump Sr.'s serial lies and he decided that reporters were the enemy and their product was fake. It will be tricky for the president to dismiss the coverage of Donald Jr.'s meeting as "fake news" since this particular news came from Sonny Boy himself.

It is possible, however, that the president will borrow a different expression from his adviser Kellyanne Conway, who coined the term "alternative facts" to explain away her boss's lies about election results, crowd size and such. Yeah, that's right, let's go with that: Donald Jr. confessed to "alternative facts," when in fact there was never any meeting with Russian operatives. It was all just a big miscommunication mash-up.

If we want to follow this story, we need to know the lingo. When you hear "travel ban," think Trump's efforts to keep Muslims from entering the U.S. And when you hear "death spiral," this is the president describing any of President Obama's initiatives, from health care to the environment.

Will we ever really know who was in the room after the drip, drip, drip ends? As readers and observers, we are becoming desensitized to shocking revelations. Tell me Anastasia Romanov was in the room and I'll buy it.

Copyright © 2017 Randi Kreiss. Randi can be reached at randik3@aol.com.

GLEN COVE

Incorporating Gold Coast Gazette

> LAURA LANE Editor

DANIELLE AGOGLIA NAKEEM GRANT

Reporters

ANGELA FEELEY

rtising Account Executive

OFFICE

2 Endo Boulevard Garden City, NY 11530

Phone: (516) 569-4000 Fax: (516) 569-4942 Web: glencove.liherald.com

nail: glencove-editor@liherald.com Copyright © 2017 Richner Communications, Inc.

HERALD

COMMUNITY NEWSPAPERS

Robert Richner Edith Richner Publishers, 1964-1987

CLIFFORD RICHNER STUART RICHNER Publisher

MICHAEL BOLOGNA

ROBERT KERN General Manage

SCOTT BRINTON Executive Edtitor

JIM HARMON Copy Editor

CHRISTINA DALY

Photo Edito

TONY BELLISSIMO Sports Editor

KAREN BLOOM Calendar Editor

RHONDA GLICKMAN

SCOTT EVANS

Sales Manager **FLLEN REYNOLDS**

Classified Manage

LORI BERGER Digital Sales Manage

JEFFREY NEGRIN Creative Director

BYRON STEWART

CRAIG CARDONE Art Director

LEIANNE CRAMER

DIANNE RAMDASS

Circulation Director

HERALD COMMUNITY NEWSPAPERS

Baldwin Herald Bellmore Herald Life East Meadow Herald Franklin Square/Elmont Herald Freeport Leader Long Beach Herald Lynbrook/East Rockaway Herald falverne/West Hempstead Herald Merrick Herald Life Nassau Herald Oceanside/Island Park Herald Oceanside/Island Park Hera
Oyster Bay Guardian
Rockaway Journal
Rockville Centre Herald
iea Cliff/Glen Head Herald Ga
South Shore Record
Valley Stream Herald
Wantagh Herald Citizen

Wantagh Herald Citizen Seaford Herald Citizen MEMBER:

Local Media Association

HERALD EDITORIAL

A convention could be good for New York – or not

ou would think that holding a convention to review and rewrite the New York State Constitution would be a no-brainer. After all, we're Americans. We held a constitutional convention to lay down the framework for our very country.

In New York, however, nothing is that straightforward. Politics always plays a role.

On Nov. 7, New York voters will decide whether a convention should be held. By law, every 20 years, the question of whether we should convene one comes up on the ballot. 2017 is that year.

Section Two of Article 19 of the State Constitution requires the vote every two decades. The question is framed as a single sentence: "Shall there be a convention to revise the constitution and amend the same?"

It's little surprise that many, if not most, voters have no idea what is being asked of them.

Already there are special interests of all sorts that are lobbying for and against a convention. New York State United Teachers, a union, opposes a convention, for example. So do the AFL-CIO, the State Professional Fire Firefighters Association and numerous smaller labor groups. State pensions are constitutionally guaranteed in New York. A convention would open the possibility albeit remote — that those pensions could be pared down or taken away.

Many environmental groups, including the Adirondack Council and Environmental Advocates of New York, also oppose a convention because it would open the possibili-— again remote — that the 6 million-acre

Adirondack Park — one of the largest preserves in the world, full of precious timber - could lose its "forever wild" designation. Lumber companies could then seize the opportunity to harvest forests that they have salivated over since the 1800s, when the Adirondacks were finally preserved after a century of overcutting left many sections of them as wastelands.

Sound crazy? Maybe. On the federal level, however, we now see efforts by the Trump administration to open national forests to lumber and mining companies. With the wrong administration in place in Albany, it could happen in the Adirondacks without the "forever wild" designation.

The concerns raised by unionists and environmentalists are likely overblown to one degree or another. Still, they

are not entirely without merit.

constitutional convention

could bring critical

ethics reforms

that would limit

future chicanery

in Albany.

We should also note that conventions aren't cheap. Estimates are that holding one could cost tens of millions of dollars money that might be better spent on programs to help people.

On the other hand, a host of nonprofit groups that have long sought campaign finance reform, nonpartisan redistricting and term limits are fighting vehemently for a convention. Among the groups seeking one are Citizens Union, the State Bar Association and the League of Women Voters.

Their position is simple: There just aren't enough people voting in state elections to create a groundswell of support for the type of meaningful ethics reforms that would rein in corruption in the state Legislature. Ergo, we

must hold a convention to get the job done.

If voters were to approve a constitutional convention this November, they would elect delegates the following year in the November election.

Delegates would begin meeting in April 2019 and would have to conclude their work by November of that year.

There hasn't been a constitutional convention in New York in 50 years. The Legislature actually called for the last one, in 1967. After that convention, voters rejected a proposal to repeal the Blaine Amendment, which bars the state from allocating education aid to religious schools, thus preserving the separation of church and state. New York is one of 38 states that do not allocate funds for religious education.

The last time New Yorkers voted to hold a convention was 1938, toward the end of the Great Depression. At the time, people were demanding change of the government. They wanted greater labor protections — and pensions to protect them in their old age.

If done right, a constitutional convention could bring critical ethics reforms that would at least limit the chicanery that far too many of our state legislators have engaged in in recent years, including disgraced leaders such as Dean Skelos and Sheldon Silver. On the other hand, it could devolve into one long, very expensive argument that accomplishes little.

Is a constitutional convention the best way to fix Albany? Over the coming weeks, the Herald will present voices for and against such a conclave. However, with or without a convention, nothing will happen unless constituents demand change of their representatives.

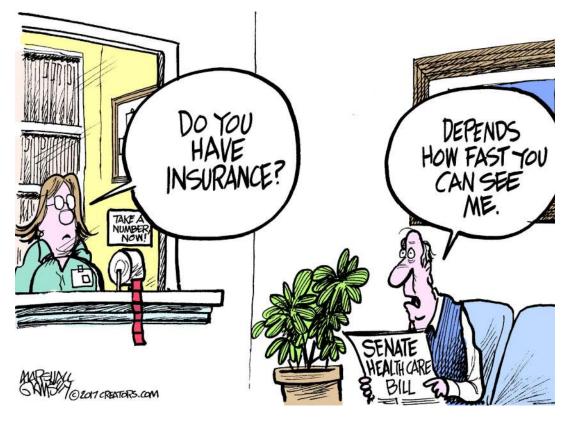


Promise to put people over politics

To the Editor:

I am seeking re-election in this year's upcoming election for City Council. I was elected to the Glen Cove City Council in 2015 and am a lifelong resident of the city. As a state licensed social worker since 2008, I hold a master's in social work from Stony Brook University and have extensive experience in the human services field. I am currently a social worker at the State Veterans Home in Jamaica, Queens.

Since taking office, I have been unsettled by how my former political party, the local Republican Party, has used its majority control of the city to dictate the long-term direction of Glen Cove. It is my belief that with all the issues that need to be addressed in our city government, the political majority has emphasized pleasing developers over listening to the concerns of residents, whose needs I believe,



OPINIONS

Our future depends on immigrants

y friend Nelson

Melgar, born in

Honduras and

now thriving here,

is living proof of

how immigrants

benefit the U.S.

hen I met Nelson Melgar, the only thing we thought united us was a shared concern for our community. We met by chance at an event at the Holocaust Memorial and Tolerance Center of Nassau County, in Glen Cove, that drew parallels between the plight of Jewish children



CHARLES D. LAVINE

fleeing Nazi Germany before and during World War II, and the child migrant crisis the U.S. is currently facing.

Nelson had emigrated from Honduras with parents who were trying to escape poverty, and his family's story resonated with my own. I trace my immigrant roots to

Russia, Ukraine and Lithuania, and my grandparents came to the U.S. as Jewish immigrants fleeing persecution.

On the surface, the paths that brought us here could not have been more different, but we share more in our beliefs and our love of the U.S. than could ever have seemed possible. We both live and work in a state where diversity and inclusion are at the heart of the culture. And we're united in our conviction that immigration is fundamental to the future of the U.S., economically, culturally and socio-politically.

Today, Nelson works on my staff, thanks to Deferred Action for Childhood Arrivals, a kind of administrative relief from deportation that also provides young immigrants like him with work permits. He is also the co-founding president of the North Shore Hispanic Civic

His journey wasn't an easy one. He grew up working long, hard hours on a coffee farm to provide for his family. When he was 13, his family made the painful decision to leave all they knew behind to come to the U.S. in search of a more prosperous life. Nelson progressed from not knowing English to taking honors and Advanced Placement classes in school. He earned a degree from Hunter College — working long hours

Association.

to pay for it — and became an active member of the community.

Unfortunately, because the DACA program was created by an executive order issued by President Obama in 2012, Nelson's work permit could be revoked at any time, which would leave him without the ability to work, pay taxes and continue to contribute to the only country he knows as home.

Immigration has been vital to this country throughout its history. As famine, war and persecution have punished popula-

tions around the world, the U.S. has provided refuge and opportunity to those who imagined a different future for their families. We are seen as a land of hope in which people can live the American dream.

In June, we celebrated Immigrant Heri-

tage Month, when people like us were encouraged to explore our own traditions and reminded that we need a modern immigration system that embraces our strong immigrant heritage. We have seen leaders in business and politics, of all backgrounds, support comprehensive immigration reform with a pathway to citizenship. It is time we stand with them and demand the same for our friends, family members, colleagues and neighbors.

When my family first came here, they suffered

injustices stemming from misguided hatred. I remember how, as a young boy, I had to collect our mail at the post office because my grandmother was terrified of the postman. Her brother had been killed because he had dared to ice skate in an area where Jews were prohibited. She was terrified of the government.

As a state assemblyman, I take great care to honor my family's sacrifices, and work to make our government the just and inclusive government that they, sadly, never knew.

There is no question that immigration has made the U.S. the country it is today. Immigrants invigorate our economy, enrich our culture, energize our cities and strengthen our communities. Today, however, we are living in a time of fear that has fueled a misguided resistance to immigration.

Rather than deporting hardworking immigrants like Nelson, we must consider the need for change with equanimity. Nativism and fear are not the way forward. The deportation of, at the very least, 11 million undocumented immigrants would be a national disaster of the highest order, destroying families, crippling our economy and fraying the social fabric in every corner of our nation. We need to bring those millions of undocumented immigrants out of the shadows by giving them the opportunity to apply for permanent legal status, and to continue to encourage highly skilled entrepreneurs around the world to study at our schools, start businesses here, innovate and lead.

In this time of division and rancor, we must move past our petty differences and instead look to the unifying qualities that make us uniquely American to help us face the crises of our time. The world looks to us for leadership. Imagine what we could do if we all worked together for a better future

New York State Assemblyman Charles D. Lavine represents the 13th District and chairs the Assembly Ethics Committee.

LETTERS

should always be put first. When I vote, I put the interests of the residents of Glen Cove above everything else. I did not believe that the current administration was doing that, which is why I felt the need to change my party affiliation to Democratic.

Before I was elected, I believed that some Glen Cove officeholders made many empty statements and promises while campaigning. Some repeated clichéd topics as their platform, such as supporting term limits, protecting against overdevelopment and doing what's right for the community. Yet, once they were elected, they did the very opposite, at times blatantly breaking every promise they made. I don't want to be judged for my words, but rather for my actions and how they reflect my love and support of Glen Cove. Since I was elected, I have created cultural events that raised funds to benefit our youth, spent time listening to the concerns of our residents, and I've been invited by various local organizations to discuss the issues in city government.

I believe our government needs to go back to the basics and focus on the needs of our citizens. Our city was meant for all to enjoy. Growing up in this community, your socioeconomic status didn't matter, as long as you loved and respected Glen Cove. People stayed in town to raise

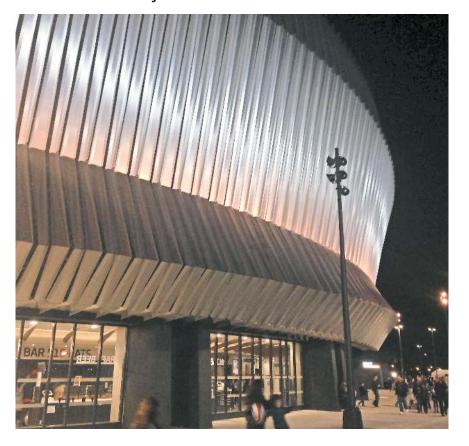
their families, grow old and live in a community meant for all to enjoy. Many of us have grown up together, with the next generations doing the same. This feeling of community is what made people, young and old, stay here and not want to leave. I fear that is changing. The focus has become about attracting the "haves" to Glen Cove, while ignoring the needs of those who are here.

Please vote for me in the primary election on Tuesday Sept. 12. I will be on the ballot for the Democratic Party, the Working Families Party and the Women's Equality Party. When you vote please remember that I will put people over politics.

RODERICK WATSON Glen Cove City Councilman

Send letters to the editor to llane@liherald.com

FRAMEWORK by Scott Brinton



The new, stylishly lit Coliseum — Uniondale

OUR NEWEST LISTINGS IN GLEN COVE







GLEN COVE, NY

This beautiful, spacious and sunny expanded Ranch on a secluded cul-desac offers 3 bedrooms and 3 full baths, eat-in kitchen, den with fireplace, updated energy efficient windows and a large full finished basement with full bath and an extra room for office space. Also boasting 2-car garage with storage above and large fenced yard. SD #5. MLS# 2950096. \$575,000. Jean Marie Stalzer, c.516.509.7564





GLEN COVE, NY

Expanded and completely gut renovated in 2008. This Colonial set in mid-block location features a formal living room with fireplace, gourmet eat-in kitchen that opens to formal dining room, incredible master suite, den with sliders to patio all on fenced property. SD #5. MLS# 2949042. \$719,000.

Giselle DiMasi, c.516.459.7667 Janine Fakiris, c.516.492.1480 Bryan McMillen, c.917.544.6566





GLEN COVE, NY

Charm galore in a location convenient to shops and transportation, this renovated Colonial offers new kitchens and baths and comfortable living space. Move right in to this sun-filled home at a great value with low taxes. SD #5. MLS# 2952616. \$485,000.

Samuel Marcus, 516.674.2000 c.516.456.1664 Ann Hance, 516.674.4440 c.516.660.1680





GLEN COVE, NY

Classic 6-bedroom Colonial with 3 full levels of living space that was just totally renovated with custom chef's kitchen and sparkling marble baths. This home offers large spacious rooms with high ceilings and is located in North Country Colony on almost 2 private acres with room for a pool. Launch kayaks from your private beach house on LI sound and enjoy golf rights. SD #5. MLS# 2953177. \$1,650,000. Debra Quinn Petkanas, c.516.359.3204

Glen Head/Old Brookville Office | 516.674.2000 | 240 Glen Head Road, Glen Head, NY Sea Cliff Office | 516.759.6822 | 266 Sea Cliff Avenue, Sea Cliff, NY