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'Change Comes' to the Madison Theatre Page 17



SEPTEMBER 6-12, 2018

End of summer is not a bummer

Page 6

Courtesy Mitch Schlime

Courtesy Mitch Schlimer

BEFORE THE KIDS' Fun Run, volunteers led children in stretches to make sure they were loose.

For a mother, memorial 5K run is 'medicine for healing'

By ZACH GOTTEHRER-COHEN

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Last Sunday, more than 600 runners and their supporters and fans gathered at Glen Cove High School for the sixth annual Nicholas Pedone 5K run and walk. The fundraiser — which, over the past five years, has yielded \$250,000 — promotes awareness of childhood cancer, from which its namesake, Nicholas Pedone, died in 2013, at age 7.

Josephine Pedone, Nicholas's mother, said that he was not an average child. "He wasn't one to climb trees. He wasn't one to throw rocks," she said. "He was always so cautious and caring."

After showing symptoms of what looked to his parents like appendicitis in October 2012, Nicholas underwent a CT scan, which revealed a large, aggressive tumor in his abdomen. After seven months of treatments, he

died

Since then, his family members have turned their grief into a positive, working to honor Nicholas's memory by bringing smiles to children with cancer. From "smile packs" filled with goodies and toys to hundreds of thousands of dollars in contributions to local pediatric oncology centers, the Nicholas Pedone Foundation is focused on turning tragedy into acts of

CONTINUED ON PAGE 14

Tailoring the American dream in G.C.

By ZACH GOTTEHRER-COHEN

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This is part two of a series.

Grzegorz "Gregory" Jon remembers how he felt when his mother brought home new clothes for him. Growing up in communist

Poland in the 1970s, he experienced firsthand the economic crunch of Cold War scarcity. Stiff embargoes from countries west of the Iron Curtain against all of the Soviet Union's satellites — Poland included

— meant that new clothes were a rare luxury for his family. According to Jon, his mother waited in line for days for a pair of pants. But when they came, he said, "It was like a holiday."

"That must be why I do it," he added, gesturing to his sewing machine. Jon, 50, is a tailor who lives in Glen Cove and runs a humble workshop on Forest Avenue, next to a Polish deli, which he frequents for paczki, a type of filled doughnut.

On any given day, the tables in his workshop are full of spools

of thread, scraps of fabric — silk is his favorite — and collages of illustrations and photos given to him by his clients to help him understand what they're looking

Nowadays, Jon's clients are locals, like Rosanda Filipovich, who recently needed a couple of

dresses customized before a wedding. Jon had shortened and shaped a leopard-print dress for her, and had added sleeves to an elegant black one. "I've been coming here for years," Filipovich said. She attribut-

ed her loyalty to Jon's attention to detail, his perfectionism and the fact that "he does it exactly the way you want it."

Another customer, Angela Feely, said that working with Jon is a true collaboration. "He listened to what my goals were," she said, "and I listened to his expertise. It's such a pleasure to work with him."

Before he moved to Glen Cove to open his own studio in the early 2000s, Jon worked in a studio on Madison Avenue in Man-

CONTINUED ON PAGE 12



2018 High School Football Sports Preview Look Inside

The known unknowns of Crescent Beach

By ZACH GOTTEHRER-COHEN

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When Glen Cove's Mayor Tim Tenke broke the news at the last City Council meeting in August that an Environmental Protection Agency study found no trace of human feces in the contaminated stream that has kept Crescent Beach closed for nearly 10 years, and that the source was likely animal, the finger pointing began.

Many locals on Facebook accused dog walkers who let their furry friends do their "business" in the marshlands uphill of the beach of failing to clean up after their canines. Others were virulently skeptical of the findings, conspiratorially insinuating that septic problems on the properties adjacent to the beach went un-remedied. because the homeowners didn't want the public infringing on their private beach.

The Herald Gazette has obtained a copy of the EPA's study, spoken to officials at the state Department of Environmental Conservation, elected leaders who have been involved in meetings on the subject, and an independent laboratory in Suffolk. Here's what we know.

The EPA's study took 16 samples from as many different locations around the wetlands between 1 and 3 p.m. on May 7, 2018, which, in terms of the weather, was a clear day. Of those 16 samples, none of them contained either of two markers of human

Four contained levels of coliform — a



THE STREAM OF water pouring out of the storm grate sometimes contains 1,000 time the acceptable levels of bacteria.

biological contaminant — so high that the EPA lab's instruments were unable to measure it. Scott Curatolo-Wagemann, a stormwater specialist at the Cornell Cooperative Extension, an education center and lab in Riverhead, said that sometimes when making scientific measurements, there's a tradeoff between the integrity of a sample and the precision with which it gets measured, and that while he couldn't be certain, he suspected that the EPA had made such a tradeoff.

Eric Swenson, of the Hempstead Harbor Protection Committee said that timing was important here. "It doesn't take much [feces] to have a very high reading," he said,

"especially if you happen to catch it right after the animal did what it does."

Only one sample showed these immeasurably high findings across three different measurements: E. coli, coliform, and fecal coliform. That same sample showed much higher levels of enterococcus, another intestinal bacteria, than all the other samples.

This study by itself doesn't clarify much beyond the total absence of human excrement from all of the samples, without exception. The DEC said in a statement that a single animal could produce the amount of coliform found in the Crescent Beach stream. It clarified that there has been no

speculation about whether there are one or many animals to blame, but merely providing tangible context for the degrees of contamination found.

The DEC did not respond to questions about whether they would conduct further

Curatolo-Wagemann's Suffolk-based, Cornell University-affiliated lab has the capacity to check which of 14 species human, dog, horse, fox, raccoon, muskrat, deer, or one of seven species of bird — is the source of a sample of coliform. In order to conduct the test accurately, he would need six samples, which would cost \$4,200, or \$700 per sample.

The DEC said that in a statement that they were preparing a "confirmatory round of DNA sampling during wet weather events in the coming weeks.'

County Legislator Delia DiRiggi-Whitton thinks that more tests are a good idea. "I am glad the DEC is repeating the DNA test," she said. "The previous findings surprised me, especially since Nassau County Board of Health found human results in its prior testing.'

Mayor Tenke said he's not really interested in identifying which species has been contaminating the water, although, he added, "I would want to know, is it a domesticated animal or a wild animal?" Tenke doesn't think that dog walkers are responsible. "I would find it very hard to believe that a person who walks a dog with a leash wouldn't be carrying a baggie," he said.

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PINE HOLLOW CEMETERY, in

Oyster Bay, is now included in the National Registry of Historic Places. Eleven Civil War veterans of color are burried there as are many residents' family members dating back to the 1800's.

Photos by Laura Lane/Herald Gazette

Pine Hollow Cemetery joins historical registry

By LAURA LANE

llane@liherald.com

Pine Hollow Cemetery, where 11 African-American Civil War veterans are buried, was placed in the National Registry of Historic Places on July 27. The small Oyster Bay cemetery, which dates back to 1884, is private, and dependent on charitable donations for its upkeep. It is owned by the Hood African Methodist Episcopal Zionist Church of Oyster Bay.

The National Registry effort took over four years — a long road for the church's pastor, the Rev. Linda Vanager, and its members. Their journey began in February 2014, when Denice Evans-Sheppard, a congregant who is now the executive director of the Oyster Bay Historical Society, spoke with Vanager about completing the National Registry nomination application.

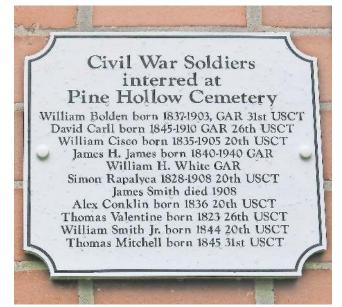
The process required the deed of the cemetery, which had to be found, and information about the community in 1884, Evans-Sheppard said. However, she does wonder whether the date is correct, because the church was donated to Nancy Brown in 1848, a gift from John and Alice Weeks of the Methodist Zion Church. Evans-Sheppard said with a laugh that someone involved in record-keeping may have been dyslectic, and reversed the year's last two digits. There are several people buried in the cemetery that predate its existence, including the Civil War veterans, which also casts suspicion on the 1884 date.

The cemetery was originally called the Pine Hollow Colored Cemetery, when cemeteries were segregated. It was the Rev. Ken Nelson, the pastor at Hood A.M.E. from 1981 to 2013, who opened the cemetery to all races and religions, though Evans-Sheppard can't remember exactly when its name was changed.

Once the application was submitted to the National Registry, Vanager waited three years for an answer. When she appeared on June 7 before the state review board in upstate Waterford, there were 19 applicants being considered that day, and Pine Hollow Cemetery was number 13. "A lot of people perceive 13 as being an unlucky number, but it was lucky for us," said Vanager, smiling. "It was an all-day meeting and I had to speak, which I had no problem doing because I'm a preacher."

She believes that what she said, that the cemetery was important to the community because so many members of Oyster Bay's African American community dating back to the 1800's are buried there and that it is a historical treasure because it is the final resting place for African American Civil War veterans convinced the board.

But she also believes that letters of support from elect-



ELEVEN AFRICAN AMERICAN Civil War soldiers are interred at Pine Hollow Cemetery.

ed leaders like Assemblyman Charles Lavine helped. Vanager received the news a week or two after appearing before the board and was told the board's vote was unanimous to add Pine Hollow Cemetery to the National Registry of Historic Places.

"It is hallowed ground in so many ways," said Lavine, upon hearing the news. "The cemetery is an integral part in an untold history in the hamlet. Black Americans were here as long as anyone else and the black Civil War veterans, who fought to end slavery merits respect from us all."

For Evans-Sheppard the acquisition of inclusion in the National Registry is personal. Her great-great-grand-father, David Carll, enlisted in the Union Army in 1864 after President Lincoln's approval that colored soldiers could join. He served as a private in the 26th U.S. Colored Infantry during the Civil War and fought in many battles. Carll nearly died in Georgia when his regiment was ambushed by a passing Confederate train. Only he and a friend survived. He was discharged in 1865.

Carll is buried at Pine Hollow Cemetery. Evans-Sheppard said most of her family, who came to Oyster Bay in 1795, are also buried there. She is elated and proud that the cemetery has acquired National Registry status. "We are now acknowledging that these people were here in Oyster Bay and played a part in this community in those

National Register of Historic Places

The National Register of Historic Places is the official list of the nation's historic places worthy of preservation. Authorized by the National Historic Preservation Act of 1966, the National Park Service's National Register of Historic Places is part of a national program to coordinate and support public and private efforts to identify, evaluate, and protect America's historic and archeological resources.

-National Parks Service

early days," she said. "This cemetery is not in the center of town but it's the gateway to the town. I'm speaking for those who can't speak for themselves."

There is at least one tombstone from a member of the Townsend family at Pine Hollow. Robert Townsend, George Washington's intelligence operative during the Revolutionary War, lived at Raynham Hall in Oyster Bay. When Claire Bellerieau, the education and public programs director at Raynham Hall, now a house museum, was asked if Elliott J. Townsend, (1891-1988) entombed at the cemetery, could be a relative of Robert, who died in 1838, she said she wasn't sure. "In the census records you find many African Americans named Townsend," said Bellerjeau, adding that there were also several Townsends living in Oyster Bay that didn't live at Raynham Hall. "The problem is slaves from Raynham Hall we only have first names for with a couple of exceptions. Those that we know of with a last name are not buried at Pine Hollow.

When asked if African Americans who were connected to the Townsends, either as slaves or as freed servants may have taken on the family name of their master/employer she said she wasn't certain. "I've found sometimes they took the master's last name and sometimes they didn't," she said. "Maybe they worked for people named Townsend or maybe they liked them."

The cemetery is valuable as a historic site because there were many African Americans living in Oyster Bay, she said, and like Evans-Sheppard, believes it is important that their stories be told. "In the 1790 census I found that in Oyster Bay 16 percent of the population were African American," she said. "That's hundreds and hundreds of people that lived and died here. Where were they buried?"

Home aide arrested

On Tuesday, Sept. 4, the Glen Cove bank account was emptied." Police arrested home health aide Joanna I.

Bugnacka, 45, of Ridgewood, for second-degree grand larceny and third-degree forgery. Bugnacka allegedly stole checks from the Glen Cove victim she was caring for. According to police, she then forged the victim's name on the checks and cashed them.

"This is a horrible example of a person deciding to steal from an elderly person she was hired to care for," Detective Lieutennant John Nagle. of the Glen Cove Police, said.

an arrest was made before the victim's

The thefts occurred between December

2017 and August 18,2018. In total, 21 checks totaling over \$50,000 were cashed against the 97-year-old victim's account. After the theft was discovered the Glen Cove Police were notified and Detective Milanese started an investigation.

Milanese and Lieutenant John Nagle arrested the defendant inside the Glen Cove home of the victim. The defendant was arraigned on Wednesday, Sept. 5, at the First

'Thankfully the theft was discovered and District Court in Hempstead. None of the stolen money has been recovered.



Joanna I. Bugnacka

Fire in the Landing area

The Glen Cove Fire Department, along with four other departments, responded to a fire at 8 Elizabeth Street in the Landing neighborhood around 10:30 p.m. on Aug. 30.

Firefighters could not ascertain the cause of the fire and called in the Fire Marshals to investigate. The investigation is ongoing, according to Michael Uttaro. an assistant chief at the Nassau County Fire Marshal's office. He added that nothing stood out as suspicious, but they had vet to determine the exact cause.

The Glen Cove Fire Department declined to discuss an ongoing investigation.

Uttaro said two civilians were brought to the hospital, one for light smoke inhalation, and one for unknown reasons. Both had been treated and released. No other injuries, including from firefighters, were reported.

Firefighters were "met with a heavy fire" upon their arrival at the scene, Uttaro said. After "a very aggressive push to extinguish the fire," which he estimated lasted for about an hour, the blaze was put down.

When The Spine Shifts...

- Arm Pain
- Asymmetry
- Bone Spurs
- Carpal Tunnel(Wrist)
- Canal Stenosis
- Decreased Motion
- Degenerated Joints
- ▶ Digestive Disorders
- Disc Herniations
- Dizziness (Vertigo)
- Dowager's Hump
- Fatigue
- Fibromyalgia
- Golfer's Elbow Headaches
- Hearing Issues
- Low Back Pain
- Mid Back Pain
- Migraine Headaches

- Muscle Spasm
- ▶ Muscle Tension
- Muscular Imbalance
- Neck Pain
- Numbness/Tingling
- Pinched Nerve
- Poor Posture
- Rotator Cuff Issues
- Scoliosis
- Shoulder Pain
- Sinus Conditions Spinal Decay
- Strenath Issues
- ▶ Tendonitis
- Tennis Elbow Thoracic Outlet
- ▶TMJ Issues
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CRIME WATCH

Arrests

- Male, 34, from Glen Cove, arrested on Shore Road for second-degree criminal contempt on Aug. 27.
- Female, 46, from Glen Cove, arrested at Pryibil Beach for two counts of thirddegree assault and two counts of endangering the welfare of a minor on Aug. 27.
- Male, 21, from Glen Cove, arrested on Elm Avenue for third-degree criminal mischief and unlawful possession of mariiuana on Aug. 28.
- Female, 48, from Glen Cove, arrested on Glen Street for petit larceny and an open MTA warrant on Aug. 29.
- Female, 42, from Glen Cove, arrested on Cottage Row for DWI on Aug. 30.

People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.



any information about any crimes

Crime Stoppers The public is asked to call Crime Stoppers if they have



9/11 sunset ceremony at Mill Pond Park

Remembering

the fallen

Edward J. Lehman

Matthew T. McDermott

John F. Puckett

Joseph J. Zuccala

In recognition of the 17th anniversary of a day that forever changed the lives of Americans — Sept. 11, 2001 — the City of Glen Cove will hold a special sunset cere-

mony on Tuesday, September 11 at 6:30 p.m. The ceremony will begin at Glen Cove's Heritage Garden at Mill Pond Park, Glen Cove Avenue and Herb Hill Road with the recognition of four paving stones that were donated by the city in memory of four Glen Cove residents who lost their lives on Sept. 11. The opening ceremony will

also feature a color guard presentation, performance by noted saxophonist Richie Cannata and a special daffodil planting in honor of 2,997 people whose lives were lost 17 years ago.

From Glen Cove's Heritage Garden,

guests will be invited to follow bagpiper Robert Lynch as he leads the group down Glen Cove Avenue to the site of the city's 9/11 Memorial located at Pratt Park, 10

Glen Cove Avenue. At the park, Tenke will join representatives of the Glen Cove Police Department, Fire Department, Emergency Medical Services, Auxiliary Police, Harbor Patrol, Glen Cove Chamber of Commerce and Downtown B.I.D. along with family members, local veterans and dignitaries, musicians, the city poet laureate

Victoria Crosby and residents for the laying of a memorial wreath at the 9/11 memorial, special remarks and patriotic performances.

Compiled by Zach Gottehrer-Cohen

Our offices are located at 2 Endo Blvd. Garden City, NY 11530 and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday,

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THE WEEK AHEAD

Nearby things to do this week



Library Card sign-up month

Join the Glen Cove Public Library in celebration of Library Card Sign-Up Month this September. Glen Cove residents are encouraged to stop by the library to apply for the card. Proof of residency is required, so be sure to bring valid identification with you. 4 Glen Cove Ave., Glen Cove, (516) 676-2130.

2018 Dalhia Show Exhibit

On Sept. 15 and 16, the Mid-Island Dahlia Society will host its annual Dalhia Show Exhibit at Planting Field Arboretum's Conference Center. On exhibit will be prize-winning Dahlias of all sizes and colors. 1395 Planting Fields Rd., Oyster Bay, 1 to 5 p.m. Info: (516) 731-6380.



Guided nature walk

On Sept. 9, take the path less traveled and observe the differences and similarities between major groups of trees at Sands Point Preserve. Utilize expert clues to distinguish trees. The walk will be followed by an indoor workshop for a closer examination of specimens collected along the walk.

127 Middle Neck Rd., Sands Point, 3 p.m. Info: (516) 571-7901.

An evening with Brewer & Shipley

Brewer & Shipley bring their enduring sound to My Father's Place at the Roslyn Hotel, on Friday, Sept. 7, at 8 p.m. One of the most successful folk rock duos of the '70s, Michael Brewer and Tom Shipley have remain true to their original form for five decades. Although best known for their Top 10 signature song, "One Toke Over The Line," the duo has so much to offer than just that one hit. Info: (516) 413-3535 or www.myfathersplace.com.





Music in the garden

Enjoy some cabaret classics with pianist Jack Kohl and vocalist Jen Fellman, on Friday, Sept. 7-9 p.m. Planting Fields State Park's Coe Hall is the setting for this inspired evening musical delights. Info: (516) 922-8600 or www.plantingfields.org.



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HERALD SCHOOLS



Photos courtesy Glen Cove School District

DEASY SCHOOL KINDERGARTNER Julian Escobar showed off the picture he colored for the first day of school.

First day of school for Glen Cove kids

Glen Cove City School District educators welcomed new and returning students to school for another academic year filled with unique learning opportunities on Sept. 4.

Excitement was in the air throughout the district, including at Deasy School, where students in grades K-2 listened attentively as teachers read stories aloud. Kindergartners in Michelle Mardiney's bilingual class practiced writing their names and colored pictures to celebrate the first day of school, while first-graders in Jen Cleary's class enjoyed "free choice time" as part of their new routine. The first-grade students built structures from blocks, played games and flexed their creativity by drawing.

Meanwhile, at Gribbin School, second-graders in Coleen Brunhuber and Jennifer Hajok's class enjoyed participating in writing assignments that focused on how they were feeling during the first day of school. Students were asked to select three emojis and then describe how what they chose reflected their feelings.

Kindergartners in Arianna Bekios's class took part in circle time and shared what they did over the summer months, while Irene Kamola's students created pictures of what they like to do together with other people. Ms. Kamola's theme for the day was "being together" to celebrate the class' first day as a group.







DEASY SCHOOL SECOND-GRADE teacher Marci Notice read a book to her class on the first day of school.

GRIBBIN SCHOOL SEC- OND-GRADER Massimo
Marotta and his classmates wrote about their feelings on the first day of school.

DURING CIRCLE TIME,

Gribbin School kindergartner Yajaira Hernandez-Trejo told her new friends about her summer swim lessons...

Where science, technology and art meet

By SCOTT BRINTON

sbrinton@liherald.com

Educators from the Brooklyn Institute of Arts and Sciences started to gather in Cold Spring Harbor in 1890 to conduct marine biology studies and hold classes over the summer, living in cottages and tents. It was a humble start to what would become one of the world's most prestigious research centers over the next 128 years - known today as Cold Spring Harbor Laboratory.

A group of Herald staffers and interns recently toured the 117-acre lab, walking its winding paths through garden-lined grounds to unassuming buildings that house some of the most advanced research equipment on the planet.

Eight scientists who have worked at CSHL have won the Nobel Prize, including the lab's director from 1968 to 1994, Dr. James Watson, one of the three researchers awarded the prize for the discovery of the double-helix, or double-spiral, model of DNA, the carrier of our genetic code. Watson later became CSHL's president and chancellor, before retiring in 2007. At 90, he still lives at the laboratory, often visiting his office on the Structure Lab's top

Jessa Giordano, the facility's events and community relations manager, and Katarina Meze, a doctoral student at CSHL's Watson School of Biological Sciences, were our guides.



KATARINA MEZE, CENTER, a doctoral student at Cold Spring Harbor Laboratory's Watson School of Biological Sciences, recently led Herald staffers and interns on a tour of the 117-acre lab. Listening in were, from left, interns Zoe Malin, Alicia McGowan, Nia Matthews and Justin Zion.

Meze, 26, a chemist from Slovenia, began the tour not with science, but with art, stopping by a series of oversized, purple-aqua globules, attached at seemingly random points along a thick metal wire, to form one bigger statue. With a fluorescent sheen, the amorphous masses looked like they were made of plastic, but they

were cast in metal. Some resembled raindrops, while others looked vaguely like

Sculptures are scattered throughout the lab's grounds, creating an outdoor museum. This abstract piece, Meze explained, is intended to imitate a biological process. What might that be? she

A handful of guesses later, no one in our group had arrived at the answer though intern Justin Zion, who attends Binghamton University, was on the right track.

The statue, completed in 2003 by Mara **CONTINUED ON PAGE 16**

Dr. Berger & Associates Presents...

Back to School Photo Contest!

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Share your back to school photos with us and get a FREE kids ice cream sundae from Applebee's and FREE teeth whitening for LIFE from Dr. Berger and Associates!*

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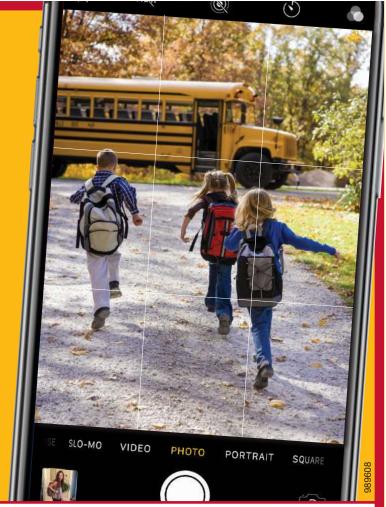
Get full details and enter now at LIherald.com/contests







*While supplies last, first 300 entries will receive one "free kids ice cream" card. No purchase necessary to enter or to win. Contest period is 9/4/18-9/30/18. Many will enter. One Grand Prize winner will receive dinner for a year from Applebee's, two runner's up will receive dinner for 2 certificates. For complete details and rules, visit www.LIHerald. com/contests. All entrants will receive free teeth whitening for life (\$400 Value) with paid examination, digital x-rays, and cleaning or entrant can choose to receive a free new patien special (\$285 value) including exam, digital x-rays, consultation and second opinion



HERALD SPORTS Molloy looking to build on success

By TONY BELLISSIMO

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In its first season under coach Steve Price, Molloy women's soccer team posted a winning mark (5-3) against East Coast Conference rivals and earned its first berth in the ECC Tournament since 2011.

"We've been trending up for some years now and we're looking to build off the success," Price said. "We've got a difficult schedule, but I prefer it that way."

The Lady Lions, who finished 8-8-2 overall, return four All-ECC selections and feature a roster bolstered by nine newcomers — two transfers and seven freshmen. Molloy was picked fourth in the conference preseason poll. "The talent level in the ECC is up across the board," Price said.

Opponents will be game-planning to contain Molloy's Dana Poetzsch, who dazzled as a freshman with a conference-leading 16 goals. She earned Rookie of the Year and All-ECC First Team honors. "Dana is fast and strong and creates so many problems for a defense," Price said. "Everyone is aware of how dangerous she is."

Another key sophomore is goalkeeper Jackie Carty, who ranked at or near the top of most categories last season. She made 99 saves and posted 7 shutouts. "She's athletic and agile and changed everything we did defensively," Price said.

Senior Felicia LaPera returns to anchor a defense that includes freshman Sabrina Bell. Senior Daria Castrogivanni and sophomore Carli Fonseca bring experience to the group, while senior Amanda Milazzo, who never came off the field last season according to Price, lends defensive support from the midfield. Sophomore Lauren Marinello is an attacking middie who had a couple of goals and three assists last fall.

The Lady Lions play their first four games on the road, capped by the ECC opener at Daemen, before opening at home Sept. 18 against non-conference opponent Georgian Court.

Defense main focus for Lions

Molloy men's soccer coach Danny Longo believes the Lions (5-12 overall in 2017) have one of the best, if not the best, goalkeeper in the ECC. The problem last season, however, was Raul Bonilla didn't get much support in the back.



FELICIA LAPERA ENTERS her fourth season as a key part of Molloy's defense.

"We've rebuilt the entire defense," Longo said. "After giving up 41 goals, that was our main focus during the offseason and we got it sorted out. I think we'll be much closer to the defense we put on the field two years ago."

Bonilla, entering his senior year, was the ECC Goalkeeper of the Year in 2016 with 10 wins, including 7 shutouts, and an .802 save percentage. "Raul is the top keeper in the conference in my opinion," Longo said of the three-year starter. "He's a vocal leader with tremendous footwork."

The defense has been revamped and features three newcomers as well as junior captain Matt Miller, who moved from midfield to center-back. "Matt's big and tough and willing to do whatever it takes to win," Longo said. A lot is expected of talented sophomore Nikola Aleksic, who'll play in the center with Miller. At



Photos courtesy Molloy College Athletics

SENIOR RAUL BONILLA started all but two of Molloy's 17 games last season after capturing ECC Goalkeeper of the Year honors the previous year.

fullback, freshmen Bryan Argueta and Francesco Cirigliano represent the present and the future.

The midfield has no shortage of depth and the goalkeeper's brother, junior Carlos Bonilla, is a huge addition, Longo said. "Carlos can do it all," the coach said. "He can play anywhere and be productive. We're thrilled to have him."

Junior Paul Morales (five assists last season) is a ball-possessing middie with playmaking skills, sophomore Oscar Magnusson is a weapon on restarts and corner kicks, and junior newcomer Agustin Vassalo will play a key supporting role for the defense.

With leading goal scorer Dan Massey

(16 goals) departed, the Lions are short on proven threats aside from junior Anthony Cestaro on the wing. In his first two seasons, Cestaro has a combined 7 goals and 12 assists. "Anthony is fast and skilled," Longo said of the 2016 ECC Rookie of the Year. "He's aggressive and tough to stop," he added. An impressive work ethic and athleticism has junior Zuberi Symister at top of the depth chart at forward as the season approaches. "He's earned the opportunity," Longo said.

The Lions have four non-conference games to prepare for the ECC opener at Bridgeport on Sept. 11. They won't face a conference opponent at home until LIU Post visits on Sept. 22.

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HERALD NEIGHBORS



Photos by Tab Hauser/Herald Gazette

GLEN COVE RESIDENTS danced to the musical stylings of Richie Cannata, a native of the city and a celebrated saxophone player.

Sax-master comes back to Glen Cove

esidents crowded in to Glen Cove's downtown area on Aug. 17 to watch the city's own Richie Cannata perform at the Village Square Plaza. A crowd-favorite among the acts that comprise the Downtown Sounds concert series, the renowned sax player brought the heat, even as the 2018 season drew to a close.

Cannata — who, growing up, also studied piano, clarinet, flute and keys — found his forte on the tenor sax. His first big act came in the 1970s, when he toured with Billy Joel. The two still play together occasionally, including at the New Year's Eve Millennium Show at Madison Square Garden in 2000, and a 12-show run in 2006.

During the 1990s, Cannata toured with the Beach Boys, and recently contributed to Brian Wilson's new album.

In 2015, Cannata achieved the ultimate recognition when he was inducted into the Long Island Music Hall of Fame. Through it all, he has never been too busy to gig in his hometown and was excited to continue performing at Downtown Sounds.









THE RICHIE CANNATA show was one of the last installment of the Downtown Sounds summer concert series

CANNATA, CLAD IN blue, blew out some potent blues riffs.

BOB AND MARYANN Francis enjoy the show from their seats on School Street.

COMMUNITY CALENDAR

Thursday, Sept. 6

Teen Advisory Board

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 7 p.m. Meet up with all your TAB friends (new and old), take a tour of the new teen room, and brainstorm ideas for the upcoming year. Recommended for children grades 6 and up. (516) 676-2130.

Friday, Sept. 7

Tea Time

Gold Coast Library, 50 Railroad Ave., Glen Head, 11 a.m. It's hard raising and taking care of a child. Tea Time is a great way to meet other parents and discuss the challenges you're facing, but it's also a wonderful way for your children to meet other children, learn to play together, and make friends. Tea and coffee will be served. (516) 759-8300.

Saturday, Sept. 8

Sea Cliff Farmers Market

St. Luke's Church, 253 Glen Ave., Sea Cliff, 9 a.m. to 1 p.m. Sea Cliff Farmers Market is an open-air market offering a selection of locally grown vegetables, fresh baked goods, fresh pressed juices and micro-greens and sprouts. All products are grown or produced on Long Island, mostly right in Nassau County.

Antique truck and car show

Saint Boniface Martyr Church, 145 Glen Ave., Sea Cliff, from 9 a.m. to 4 p.m. The antique truck and car show event features music, food, raffles and trophies. Admission is free but donations are welcomed. All proceeds to benefit the church. Contact Jim O'Donnell at (516) 671-5199 for more information.

Paper shredding

Gold Coast Library, 50 Railroad Ave., Glen Head, 9 a.m. to 12 p.m. Gather together all your papers and bring them to the parking lot of the library to get them shredded. No need to worry about privacy; they are shredded right on the spot in the shredding truck. (516) 759-8300.

Celebrate Grandparent's Day

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 2 p.m. Spend time with some of your favorite people. Interview your grandparent, read to them and create a simple craft together. (516) 676-2130.

Tuesday, Sept. 11

9/11 Rememberance Ceremony

Glen Cove Heritage Garden, 8 Glen Cove Ave., Glen Cove, 6:30 p.m. The City of Glen Cove will honor the lives lost in the terror attacks on Sept. 11, 2001 with a memorial walk to the 9/11 monument in Pratt Park.

Zumba

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 7:30 p.m. Join instructor Christina for Zumba at the library. This fun-infused workout involves dance and aerobic movements performed to energetic music. (516) 676-2130.



Courtesy Metro Creative Connection

Regency University presents 'The Rodgers & Hammerstein Era: Reinventing Musical Theatre'

Join performing arts expert Marc Courtade at The Regency Assisted Living Center on Sept. 12 at 2:30 p.m. for this special presentation. Richard Rodgers and Oscar Hammerstein changed the structure of musical theatre forever by integrating the music and dance into the plot, propelling the story forward. The team also captured an idealized image of Americana, and the model allowed them to explore topics that were untypical of Broadway musicals at the time. This program will explore various musicals and analyze their similarities and differences in reflecting American culture. RSVP: (516) 674-3007. 94 School St., Glen Cove.

Senior Club

Locust Valley Library, 170 Buckram Rd., Locust Valley, 10:30 a.m. All Seniors 55 and older are welcome to join. Seniors in towns surrounding Locust Valley are also welcome. (516) 671-1837.

Wednesday, Sept. 12

St. Francis outreach bus

Gold Coast Library, 50 Railroad Ave., Glen Head, 10 a.m. to 2 p.m. The St. Francis outreach bus will be parked at the library to provide free healthcare screenings, including blood pressure, BMI, diabetes, and more. (516) 759-8300.

Make jewelry at Garvies Point this fall

Garvies Point Museum and Preserve, 50 Barry Dr., Glen Cove, 10 a.m. to 1 p.m. This eight-week course includes projects designed for beginners and experts alike, you will learn ring making, stone setting, wax carving, and more. Learn to saw, form, drill, hammer, solder and polish your very own jewelry pieces. The cost is \$240. (516) 571-8010.

Northport Chorale Casting Call

Northport High School choir room, 154 Laurel Hill Rd., Northport, 7 p.m. All voices are welcome to audition. Contact Debi at (631) 704-6144 or visit www. northportchorale.org.

Thursday, Sept. 13

American Legion meeting

Glen Cove Senior Center, 130 Glen St., Glen Cove, 11 a.m. The post 76 will hold its monthly meeting. (516) 676-1294.

Book discussion with Ida Weiss

Gold Coast Library, 50 Railroad Ave., Glen Head, 7 p.m. In the darkly comedic novel "Big Guns," written by former Congressman Steve Israel, we find the CEO of an arms company facing a dire



Roni Chastain/Herald Gazette

Senior Recognition Day in Glen Cove

The Glen Cove Senior Center will honor the community's oldest members: its beloved senior citizens. This free event will celebrate Glen Cove's seniors and centenarians with music, a trash and treasure sale, vendors, food and more. For more information call (516) 759-9615. 130 Glen St. Glen Cove, 11:30 a.m. to 2:00 p.m.

situation. When efforts to ban handguns in American cities threatens his bottom line, he fights back by introducing federal legislation that would require every American to own a gun. Join the discussion of this satirical book concerning the very real issue of gun control in America. Bring your feedback and comments to the author when he visits the library on Sept. 27 at 7 p.m. (516) 759-8300.

Friday, Sept. 14

Paper shredding

Locust Valley Library, 170 Buckram Rd., Locust Valley, 10 a.m. A Shred Away, Inc. will have a truck parked in the lower parking lot to shred your unwanted documents. Each person is allowed to bring up to three boxes of materials to shred. This free service is on a first-come, first-served basis. (516) 671-1837.

Saturday, Sept. 15

Coastal cleanup

Tappen Beach, 494 Prospect Ave., Sea Cliff, 9:30 to 11:30 a.m. Help protect your local wildlife on International Coastal Cleanup Day by beautifying Tappen Beach. Bring gloves.

Babysitting class

Gold Coast Library, 50 Railroad Ave., Glen Head, 11 a.m. Learn practical babysitting safety guidelines and tips. Everyone will receive a certificate of completion and will make their own childcare bag to take home. Recommended for children grades 6 through 12. (516) 759-8300.

Astronomy Nights

Sagamore Hill National Historic Site, 20 Sagamore Hill Rd., Oyster Bay, 7:30 p.m. The event includes an outdoor presentation on celestial activities and stargazing through telescopes. All ages are welcome. Bring flashlights, refreshments, chairs, and a blanket. (516) 922-4788.

Favorite book display

Gold Coast Library, 50 Railroad Ave., Glen Head, 3 p.m. What are some of your favorite books? Display them on the end of a pencil and put them together for a great project using pencils, crayons, and fun accessories. Recommended for children grades K through 5. (516) 759-8300.

Sunday, Sept. 16

Sunday Concert - Frank Sinatra

Gold Coast Library, 50 Railroad Ave., Glen Head, 2 p.m. Hearing Jesse Posa as Frank Sinatra will be the best Sunday afternoon you have spent in a very long time. He will sweep you off your feet with his amazing impersonation of "'Ol Blue Eyes." (516) 759-8300.

HAVING AN EVENT?

Submissions can be emailed to Ilane@liherald.com.

NEIGHBORS IN THE NEWS

City recognizes teen golf champ

Glen Cove golfer and Kellenberg High School graduate Ashley Harding was presented with a citation of achievement by Mayor Timothy Tenke to recognize her victory at the Catholic High School Athletic Association State Golf Championship. Harding's impressive 8-over-par 80 led her to win the impressive title. During her time at Kellenberg, Ashley won two Nassau-Suffolk County league titles and is now looking forward to being a part of the Union College women's golf team.



Courtesy City of Glen Cove

MAYOR TIM TENKE presented Ashley Harding with a City of Glen Cove Citation of Achievement for winning the CHSAA State Golf Championship.

Chefs face off at Atria in Glen Cove

In mid-July, two of Glen Cove's top chefs faced off at Atria at Glen Cove to see who could prepare the best summer salad. There were five judges and about 25 residents that sampled their fare. Atria chef Sharon Ellenbogen's dish — an heirloom tomato salad with ricotta salata and pesto vinaigrette — prevailed over a tomato avocado salad prepared by Claire Fastenanu, a chef from Glen Cove Hospital.



Photos courtesy Scott Evans

COMPETITORS, ATRIA STAFF, judges and event sponsors filled their stomachs at the Chef Showdown 2018.

ATRIA CHEF SHARON Ellenbogen plotted her plating strategy.



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representing their connection to Alzheimer's — a disease that currently has no cure. But what if one day there was a flower for Alzheimer's first survivor? What if there were millions of them? Help make that beautiful day happen by joining us for the world's largest fundraiser to fight the disease. Register today at alz.org/walk.

September 15 | Eisenhower Park, Westbury, NY | 9 a.m. September 23 | Belmont Lake State Park, North Babylon, NY | 9 a.m. October 14 | Suffolk County Farm, Yaphank, NY | 9 a.m.

Join Honorary Chair Bud Harrelson (Mets legend and co-owner of the LI Ducks) on September 23!



Edward Jones 8



L'Shanah Tovah - 5779 -Happy New Year

From the Staff of the Community Newspapers

Cliff Richner Publisher

Scott Brinton **Executive Editor**

Stuart Richner Publisher

Rhonda Glickman V.P. Sales





TAILOR GRZEGORZ

JON showed off some of his handiwork.

THE ROSES ALONG the neckline of this dress are a testament to Jon's attention to detail.

Eastern bloc seamster settles in Glen Cove

hen you're

your profession ...

you have to try.

'GREGORY' JON

Glen Cove tailor

GRZEGORZ

crazy about

CONTINUED FROM FRONT PAGE

hattan, the very pinnacle of fashion. There he tailored garments for stars and those in their circles, like Rachael Ray.

Blythe Danner, Alec Baldwin's girlfriend and Yoko Ono.

He remembered his first brush with stardom at the Madison Avenue studio: Barbra Streisand. "When she walked into the store for a fitting, I was frozen like this," Jon said, dropping his jaw and raising his eyebrows almost to his hairline. Streisand must have been all too familiar with his look of surprise, because she rolled her eyes and said, "What?"

She told Jon to sit down and relax, he recalled. "She told me, 'Who do you think I am? No. I'm the same as you. I just have a little more money.'

When Jon came to America, he had no inkling that he would end up working with celebrities in a Madison Avenue studio. He didn't even know he would be staying for more than a few weeks. In 1996, in the midst of Eastern Europe's recovery from the dissolution of the Soviet Union, he got a call from a cousin, a doctor living in New York, inviting

> him to visit for a vacation. "OK," he remembers telling him, "Why not?"

> When he arrived, he recalled, "It was a shock for me." He flew in to Newark International Airport, where his cousin picked him up and drove him to his home in Queens, by way of Manhattan. "There was a lot of plastic garbage bags," he recounted. He had arrived the day before a trash pickup. "Is this the New York everybody talks

about?" he asked his cousin. "I think maybe this is not for me."

But two weeks later, when his cousin suggested that he stay and try to find a job tailoring, he said, bells started ringing in his head. "When you're crazy about your profession," he said, "and you have a chance [to make it happen] in United States, in New York, you have to try."



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Zach Gottehrer-Cohen/Herald Gazette

RUNNERS BLEW PAST the starting line at the sixth annual Nicholas Pedone 5K run and walk, raising money for, and awareness of, childhood cancer.

Running in memory of Nicholas Pedone

CONTINUED FROM FRONT PAGE

everyday heroism. For example, the 5K.

"This year was definitely a bigger year," Josephine said. "We're very fortunate to have the community we have. It's a saving grace, a blessing in disguise."

She thanked nearly 60 volunteers who worked from dawn until noon to keep the event running smoothly. Josephine called it "one of the most organized" of all the races on Long Island, and credited her team for its efforts.

"This started out, five years ago, as really a neighborhood fundraiser," said one of the 5K's board members, Mitch Schlimer, "and it grew, and it grew, and it grew." This year, the run was more competitive, with the addition of prizes for first, second and third place in male, female and wheelchair categories. "It's a true, serious 5K," Schlimer said.

There was also a less serious Kids' Fun Run, which gave youngsters a chance to support the cause along with their community. Afterward, they enjoyed entertainment, like a juggler on stilts, and refreshments, like cotton candy.

Josephine said she hopes the event will help raise awareness not only of childhood cancer, but also of Childhood Cancer Awareness Month, which is September. "Tie a [gold] ribbon to a tree," she said. "Start a conversation — anything to bring attention to childhood cancer for the month of September."

Danielle Agoglia contributed to this story.

PETE HAWKINS, THE only wheelchair racer to compete, top, led the crowd in the main race.

THE KIDS' RACE, near right, was as fiercely competitive as the adults'.

KENNY STACK, 8, far right, wasn't too tired after the run for the hula hoop contest. Juggler Cheryl Schryefer cheered him on.



Courtesy Mitch Schiller



Courtesy Mitch Schlimer



Zach Gottehrer-Cohen/Herald Gazette

Rosh Hashana messages



'Rosh Hashana: The birthday of the world'

At sundown on Sunday, Sept. 9, we will usher in the holiday of Rosh Hashana, the Jewish New Year. This holiday celebrates the birthday of the world and is observed for two days in most Jewish communities around the world including in Israel.

It is customary to go to synagogue for services during this holiday. Families gather for festive meals and celebrate together. The shape of the challah, the bread that we eat, is round instead of oval to represent the cycle of the continuous year. We dip the challah and apples into honey to signify our hope for sweetness in the year to come.

Rosh Hashana is part of the High Holy Day cycle. During the period between Rosh Hashana and Yom Kippur, the Day of Atonement, our tradition instructs us to make amends with people we have hurt to ask for forgiveness, and to grant forgiveness to people who come asking us. The holiday period is marked with introspection. It is a time for us to examine our lives and see what areas we need to improve in the coming year.

In Reform synagogues on the first day of Rosh Hashana, we read the portion called the Akedah from the book of Genesis. This difficult passage deals with "the almost sacrifice of Isaac." This portion tells us that the God of Abraham no longer demanded or wanted human sacrifice, which is a major point that separates Judaism from pagan religions.

Abraham passes God's test by showing God that he was willing to do whatever is required for him, and, at the last crucial moment, a ram is substituted for the sacrifice. The tradition of blowing a "shofar," a ram's horn, is connected to this event in Genesis. The hearing of the shofar is a Jewish obligation for Rosh Hashana and is often a focal point of the service. The sounding of the shofar is meant as a wake up call to stir us to action, to propel us forward into a New Year with actions and deeds that are worthy and needed.

In our congregation we are using the new High Holy Day Machzor prayer book "Mishkan Hanefesh," published by the Central Conference of American Rabbis, which has beautiful, uplifting and thought-provoking readings meant to stir us, and help us contemplate and elevate our souls. That combined with beautiful music makes the experience unique, and is a warm and welcoming to all.

I wish everyone a sweet and happy and healthy New Year.

Rabbi Dr. Janet B. Liss North Country Reform Temple, Glen Cove

'If nothing changes, then nothing changes'

So here we are again at the dawn of Rosh Hashana — the Jewish New Year — reviewing our lives as Jewish tradition encourages us to do. Why bother?

By now, we know ourselves. There are habits and grudges and behavior cycles that we maintain, sometimes with great pride. We tell ourselves that there is no purpose in trying to change.

At this time of year, we begin a 10-day period of reflection, as we remember those mornings where we have awoken unhappy and alone, lost in loops that are so difficult to break.

The great Sage, the Vilna Gaon taught that the purpose of life is to "make ourselves into something better." But the truth is, life sometimes hurts. And there are ways that we numb ourselves to that reality, yet there is a window to freedom.

Traditionally, Rosh Hashana is a time to count our blessings. There is happiness as we celebrate with our families and friends. We eat sweet foods, we dip apples and challah in honey, and we look at the joyous faces around our dinner table. There is so much to be grateful for — our families, our friends, our country. But Rosh Hashana also provides an opportunity to focus energy through the media of reflection, forgiveness and prayer and commit to making ourselves just a little bit better.

Our classic tradition has often tried to guilt us into change, but I don't believe that approach leads to positive outcomes. Rather, it should be within a spirit of optimism and potential that we enter these High Holidays. As author Courtney C. Stevens wrote in her book "The Lies about Truth," "If nothing changes, nothing changes. You want change, make some."

Judaism points us toward hope this time of the year. It is a gift, but we must take the time to unwrap the box. Inside we will find ourselves; how wonderful we are, how much better we can be, and how much higher we can go.

Through an aged formula of "repentance, prayer and charity" we commit to breaking the cycle. During this time, families and communities commit to identifying the things that hold us back, and develop strategies to improve the integrity of our lives and our interactions with others. Indeed, there is no prerequisite within Judaism to believe in anything, only to perform acts of lovingness in order to assist God in completing creation. Belief comes in the doing.

So along with the joy around the dinner table, let us remember the personal and private side of the High Holidays. Let us both celebrate the sweetness of our lives while summoning the courage to

help repair an often imperfect world. May we be blessed with peace, health, insight and hope as we embark on this journey, and let us summon the courage to

embrace the full potential of our lives.

Rabbi Irwin Huberman Congregation Tifereth Israel, Glen Cove

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We wish our readers of the Jewish faith a Happy Rosh Hashana.

From the Sea Cliff/Glen Head and Glen Cove Herald Gazette staff Laura Lane, Zach Gottehrer-Cohen and Alyssa Seidman

VIEWFINDER

THE QUESTION:

What new or returning TV show are you looking forward to this fall?



This is Us! It's a great show that takes you through the 70s, 80s and present day, and it's never boring! This season, they are going to show what happened to the dad, Jack, in Vietnam.

MARIE-CLAIRE **BIANCANIELLO**



I'm excited for Stranger Things to return, It's a good story, and I'm curios to see what happens next to those

ALISON RUBIN Marketing



I am looking forward to the return of Blue Bloods. Eager to see what season 9 brings to the Regan family. And Tom Selleck is still easy on the eyes after all these years.

MARY KELLER Data Analyst



There's a spinoff of The Middle, starring the eternal optimist daughter, Sue, I'm definitely looking forward to that.

SANDRA GRIECO Office Manager



Shameless is on it's ninth season because it's such as great show! It's about a dysfunctional family, but they're hysterical!

ANGELA HEITMAN **Public Safety Officer**



Goliath is one of the actually like. It has a good storyline and the acting is great. It's about a downtrodden lawyer who takes cases for lost causes.

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IANICE RAY Teacher

THE COLD SPRING Harbor Laboratory offers sweeping views of the harbor for which the

Touring CSH Lab

CONTINUED FROM PAGE 7

Haseltine, is titled "Waltz of the Peptides," and illustrates the creation of a single protein by a multicellular organism, according to the artist's website. The piece shows how polyribosomes, specialized structures within cells, synthesize, or produce, the proteins that are vital to maintain organs and tissues.

With Meze's mini-lesson, visitors quickly realized that CSHL is steeped not only in scientific data, but also culture. It is a place where the imagination can roam free.

Next up, Meze showed the group an 8,000-pound, \$7.5 million cryo-electron microscope, as tall as the specially sealed room that houses it. It is capable of peering so deep within biological structures that samples are measured in micrometers. A mi-crometer equals one millionth of a meter. "Literally, you can see atoms," Facilities Manager Dennis Thomas said.

Samples are transformed into glass-like

Crossword Puzzle King Crossword

HERAL

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- Fencing prop DLI doubled Eastern bigwig (Var.) Church seat-
- 46
- trimming tools
- © 2018 King Features Synd., Inc

structures by flash-freezing them with liquid ethane, eliminating any stray ice crystals that might interfere with a scientist's view of the samples, which are kept frozen while in the microscope with liquid nitrogen. Hidden at the molecular level, scientists believe, are secrets that might help them better understand the origins of disease — and of life itself.

One of CSHL's primary research focuses is cancer, Meze said. It has been a National Cancer Institute-designated Cancer Center since 1987. By studying biological structures at their tiniest, most elemental levels, scientists hope eventually to be able to detect cancer at its earliest formational stages, at the very moments when it begins to mutate cells and metastasize to ravage the body.

CSH Laboratory

Founded: 1890

Number of employees: 1,200 Annual budget: \$148.5 million

Address: 1 Bungtown Road. Cold Spring Harbor 11724 **Phone:** (516) 367-8800 Email: info@cshl.edu

Website: www.cshl.edu

CSHL offers tours for \$5 per person. For more, go to bit.ly/20e5lv0.

Meze finished the tour by the harbor, at the water's edge, where caught whales were brought to process for their oil from 1836 to 1862, when whaling was the community's primary industry. It must have been a bloody scene back then. Today, however, the harbor is serene, with white sailboats anchored in its calm waters.

Our guide ended with another piece of art — a bronze statue of Charles Darwin, the 19th century father of evolutionary biology. Darwin is pointing his walking stick, with one of his famed Galapagos Islands finches resting on the end, looking toward the harbor, as if he were planning his next journey to sea.

And that is what science is — a journey, whether it is a deep dive into the internal composition of an organism or a trek around the world to catalog fauna and flora. For more than a century, Cold Spring Harbor Laboratory has supported such journeys.

STEPPING OUT

Where to go, what to do, who to see

'Change' comes to Long Island

Mark Stuart aims to make a difference with his revamped Off-Broadway musical

ever has a production been more appropriately titled than it has with "When Change Comes: A Movement Forward," which arrives at the Madison Theatre, on the Molloy College campus, for three performances on Friday and Saturday, Sept. 7-8.

Not only has the acclaimed dance musical, formerly known as 'Standard Time,' literally changed as its concept has evolved, but director and co-creator Mark Stuart, who grew up in Wantagh, also tells the Herald that the new piece is an important metaphor for a world that needs to find compassion and the ability to listen to one another:

"Right now voices of fear and division are louder than the voices of tolerance and equality," says Stuart of the mission behind bringing 'Change' back to the stage after runs Off-Broadway and regionally. "I think what we've lost is the ability to see each other as human beings in the way that we can say, 'I see that you have valid life experiences and filters, you're right, and that's great. I completely disagree with you, but you're right based on your life and experience."

'Change,' which he refers to as a social change project, features dancers, singers and musicians, follows three love stories through the Great Depression, the civil rights movement and LGBTQIA+ activism.

The dance musical welcomes special guest stars for its premiere performances here. Tony Award nominee Laura Osnes ("Bandstand," "Cinderella"), and Dan DeLuca ("Newsies" national tour) will join the company on Sept. 7, while Adam Kaplan ("A Bronx Tale," "Newsies") performs on Sept. 8.

performs on Sept. 8.

"The goal is to get young students in the door to inspire them with this story about equality and tolerance," says Stuart. Every production will feature talkbacks during which audiences will be encouraged to discuss three actions they can take as soon as they walk out the door.

"We can commit small, everyday acts of



Courtesy Rachel Neville

"When Change Comes" transports audiences through a century of music, movement and human connection against a backdrop of our nation's most defining moments.

kindness, learn to see each other, and have honest conversations with people we disagree with, where we learn about them and are curious, and not trying to change their minds," adds Stuart, who also hopes to build communities of those people to stay engaged and accountable with each other.

'Change' is a family affair, Stuart's brother, Jeff Eckstein, co-produces, and Stuart's fiancée, Jaime Verazin, is a co-creator and performer in the show. The fact that it has made its way to Long Island is a "miracle," says Stuart, as he was about to give up on show business when the production process began.

"With 'Standard Time,' I realized that I

"With 'Standard Time,' I realized that I had forgotten over the years that it was supposed to stand up to hate, speak out against intolerance, and prove that love wins." It wasn't until he found himself watching the March for Our Lives rally that he embraced his guilt in not getting involved. "Where do you start? There are so many things going wrong in this world, how does one person make a difference?" he asked himself.

He brought his company to Martha's Vineyard, where they experienced a "life-changing artistic retreat that changed not just our lives, but the way we look at the show and the way we look at telling stories," he says. "We discovered the importance of learning to see each other, to be vulnerable and to be honest and genuine in the moment." Thus, 'Change' was born.

Stuart, who is also known for his work as an associate choreographer on Broadway's Tony-winning "Bandstand" and ABC's "Dirty Dancing" was urged to contact Madison Theatre Artistic Director Angelo Fraboni, to see if he had any ideas about what to do with 'Change' next.

"[Fraboni] said, 'Come use our theatre for three weeks. Make it what it needs to be, and then we'll do a couple of performances," Stuart recalls. "Angelo is a Broadway guy and he wants to support young artists and new shows, and give them opportunities. Their theater is amazing. He is a saint!"

He aims for the Madison Theatre production aims to be a launching point



Courtesy Travis Kelley

Mark Stuart, the creative force behind 'Change', believes that there's magic within all of us

for a university tour next year.

"We hope to put students in a scene from the show with the cast and say, 'You try these parameters, because this is just learning to see people; you don't need to do the choreography, you just need to be human beings," says Stuart. "Eventually we want to give the show to universities and high schools and say, 'Now do your version. Tell your story of equality and tolerance. That is what I think will make change."

Stuart originally created his unique company of dance performers (Mark Stuart Dance Theatre) 10 years ago because "art changes people, and people change the world." If he has anything to say about it, 'Change' will live up to its title.

"This [project] is why we are in the arts. The arts can make a difference," he says. "Broadway is great, we've done that. It's time to do what matters, and create work with which we are best-equipped to make the biggest differences. That is here, with this show."

Tickets are available by visiting www. madisontheatreny.org or by calling (516) 323-4444.

— Iris Wiener kbloom@liherald.com



FAMILY FUN Magnificent Mansion

Bring the kids to visit Coe Hall, the Elizabethan revival Gold Coast mansion built by insurance magnate William Robertson Coe and his wife, the Standard Oil heiress Mai Rogers Coe, in 1921. The Nature Sunday program includes a guided tour of the mansion –

WEEKEND

Out and About

a link to the grandeur of the Gold Coast. — with a look back at the estate's history of the and the Coe family. Step back in time and be inspired by Coe Hall's historically furnished rooms featuring original stained glass windows imported from England's Hever Castle. Later create a stained glass masterpiece.

Sunday, Sept. 9, 12-1:30 p.m. For kids ages 6 and up. Coe Hall, Planting Fields Arboretum

Sunday, Sept. 9, 12-1:30 p.m. For kids ages 6 and up. Coe Hall, Planting Fields Arboretum State Park, 1395 Planting Fields Rd., Oyster Bay. For information, call (516) 922-8600 or www.plantingfields.org.

ART ADVENTURES NCMA's Family Day

Share some artistic collaboration with the family at Nassau County Museum of Art Take a docent-led walk-through of the new exhibition, "True Colors." The full range of color's magic is on display in this exuberant show of over 100 works from the 19th



century to today's hottest talents. Supervised art activities are offered, beginning at 1:30 p.m. Explore new art materials, vocabulary and ideas in the museum's studio, drawing inspiration from the varied works on view, Also, spend some time in NCMA's sculpture park, which features over 50 works, many of the monumental in size. For more outdoor fun, the museum's 145 acres include many nature trails through the woods, ideal for family hikes. Sunday, Sept. 9, 1 p.m. Free with museum admission. \$12 adult, \$8 seniors 62 and older, \$4 students and children 4-12. Nassau County Museum of Art, One Museum Dr. (off Northern Blvd.), Roslyn Harbor. (516) 484-9338 or www.nassaumuseum.

ARTS & ENTERTAINMENT

Coming Attractions

Performances/ On Stage

Carrie and the Cats

The local funk-rock band in concert, with Gnarly Karma, Thursday, Sept. 6, 8 p.m. My Father's Place at the Roslyn Hotel 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

Dave Diamond Band

The roots Americana band in concert, Friday, Sept. 7, 8:30 p.m. Still Partners, 225 Sea Cliff Ave., Sea Cliff. 200-9229 or www.stillnartners.com



Brewer & Shipley

The folk rock duo in concert, with John Dudek, Friday, Sept. 7, 8 p.m. My Father's Place at the Roslyn Hotel 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

Gail Storm

The jazz singer-songwriter in concert, Friday, Sept. 7, 7 p.m. Explore museum exhibitions during free extended hours, 5-8:30 p.m. with performance in the galleries. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.



Don McLean

The iconic singer-songwriter in concert, wth special guest Pure Prarie League, Saturday, Sept. 8, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Rd, Westbury. (800) 745-3000 or www.tickemaster.com.

The Orchestra

Former ELO members regroup, Saturday, Sept. 8, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

WMDs

The rock band in concert, Saturday, Sept. 8, 6 p.m. Planting Fields State Park, Hay Barn, 1395 Planting Fields Rd., Oyster Bay. 922-9210 or www.plantingfields.org.

The Magpie Salute

The blues rock band in concert, Sunday, Sept. 9, 7 p.m. The Space, 250 Post Ave. Westbury. (800) 745-3000 or www.ticketmaster.com or www.thespaceatwestbury.

Norm McDonald

The actor-comedian on his standup tour,



JJ Grey

The southern rocker visits the Landmark on Main Street stage, on his solo tour, on Saturday, Oct. 13, at 8 p.m.

From the days of playing greasy local juke joints to headlining major festivals, JJ Grey remains an unfettered, blissful performer, singing with a blue-collar spirit over the bone-deep grooves of his compositions. Onstage, Grey delivers his songs with compassion and a relentless honesty, reflecting the fierceness and intimacy that defines a Grey live performance

Tickets are \$38; available at (516) 767-6444 or www.landmarkonmainstreet.org. Landmark on Main Street, Jeanne Rimsky Theater, 232 Main St., Port Washington.

Sunday, Sept. 9, 7 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com



Dana Carvey

The comedian on his "The Humans are Fantastic" tour, featuring the Carvey Brothers, Tuesday, Sept. 11, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

Dee Snider

The Twisted Sister frontman in concert. Wednesday, Sept. 12, 7:45 p.m. The Space, 250 Post Ave. Westbury. (800) 745-3000 or www.ticketmaster.com or www. thespaceatwestbury.com.

Warren Schein

The vocalist in concert, Wednesday, Sept. 12, 2 p.m. Program includes favorites from the Great American Songbook and Broadway showtunes. Jeanne Rimsky Theater at Landmark on Main Street, 232 Main St., Port Washington. 767-6444 or www.landmarkonmainstreet.org.

Celtic Thunder X Tour

The Irish vocal group in concert, celebrating 10 years, Thursday, Sept. 13, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Rd, Westbury. (800) 745-3000 or www.tickemaster.com.

The singer-songwriter in concert, Thursday, Sept. 13, 8 p.m. The Space, 250 Post Ave. Westbury. (800) 745-3000 or www.

ticketmaster.com.or www. thespaceatwestbury.com.



Man of La Mancha

The classic musical based on Cervantes' "Don Quixote," Thursday and Friday, Sept. 13-14, 8 p.m.; Saturday, Sept. 15, 3 and 8 p.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or www.engemantheater.com.

Rick Springfield

The singer-songwriter in concert, with special guest The Mylars, Thursday, Sept. 13, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

For the Kids

Eat Up! What's Cooking in the Gardens

Discover tasty deights in Old Westbury Gardens beds, Saturday, Sept. 8, 10:30 a.m. Concoct and sample a simple recipe full of delicious seasonal flavors. Free with admission. Old Westbury Gardens, 71 Westbury Rd., Old Westbury. 333-0048 or www.oldwestbury.org.

Makers in Space

Climb aboard the International Space Station in an immersive experience, Wednesday, Sept. 12, 5:15-6:15 p.m. Build a space probe and construct an alien species. Registration required. For ages 6 and up. Oyster Bay-East

Norwich Public Library, 89 East Main St., Oyster |

Museums/Galleries and more...

Coast Guard Art

An exhibit depicting the mission of the U.S. Coast Guard, including search and rescue and boat patrols, along with buoy tending and training exercises. Artists on view include James Consor, Karen Loew, and Glen Head residents Susanne Cor belletta and Charles Van Horn, among others. Through Sept. 15. North Shore Historical Museum, 140 Glen St., Glen Cove. 801-1191 or www.northshorehistoricalmuseum.org.

Long Island Biennial

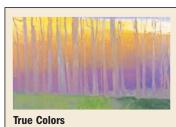
A juried exhibition of 52 works by artists representing Nassau and Suffolk Counties. Paintings, sculpture, photography, works on paper, and mixed media encompassing diverse styles, subject matter, and themes are included. Through Nov. 11. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

Seashells...Nature's Inspired Design

An exhibit of seashells from around the world, in celebration of Garvies' 50th anniversary. Garvies Point Museum and Preserve, 50 Barry Dr., Glen Cove. 571-8010 or www.garviespointmuseum.com.

The Tile Club: Camaraderie and American Plein-Air Painting

An exhibit of tiles, drawings, sculpture. and prints that document the life and times of this lively artiistic society. One of many that emerged following the nation's Centennial in 187, it comprised a select group of artists, writers, and musicians, including Winslow Homer, William Merritt Chase, Augustus Saint-Gaudens, Edwin Austin Abbey, J. Alden Weir, and Stanford White, Meetings were known for spirited conversation and experimentation with painted tiles. Through Nov. 11. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www. heckscher.org.



A full range of color's magic is on display in this exuberant show of over 100 works from the 19th century to the current hot talents. From Monet and Matisse to Mark Rothko and Frank Stella, and onward to the huge Color Field canvases and pulsing neon sculptures of today, color as a means of expression is the keynote for this exhibition. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. 484-9338 or www.nassaumuseum.org.

Urban Pop

An exhibition of artists who bring a myriad of visual cultural influences to their fine art

practice. Some hone their skills on the street, others working in the studio find their own version of pop urban art, some having unique language of their own, that can't be categorized within a specific movement. Through Sept. 8. Gold Coast Arts Center, 113 Middle Neck Rd., Great Neck. 829-2570 or w ww.goldcoastarts.org.

Wearable Art

A showcase of art and design, in an homage to New York Fashion Week. Through Sept. 15. Main Street Gallery, 213 Main Street, Huntington.

Book Signing

Join legendary basketball coach Rick Piting as he speaks about and signs copies of his new memoir, "Pitino: My Story," Thursday, Sept. 6, 7 p.m. Hear Pitino relate the story of the saga of the biggest recruiting scandal in college baseketbal history and the hard truth about how college hoops has been pushed to the brink of disaster by greed and shoe company money. Book Revue, 313 New York Ave., Huntington. (631) 271-1442 or www.bookrevue.com.

Film Showing

See the 1948 Western classic "Red River," starring John Wayne, Friday, Sept. 7, 2 p.m.; also "Chappaquiddick," the retelling of Senator Ted Kennedy's tragic accident and its aftermath, Tuesday, Sept. 11, 2 p.m. Gold Coast Public Library, 50 Railroad Ave., Glen Head. 759-8300 or www. goldcoastlibrary.org.

Friday Flick

See "Chappaquiddick," the dramatic retelling of Senator Ted Kennedy's tragic accident and its aftermath, Friday, Sept. 7, 2 p.m. Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove. 676-2130 or www.glencovelibrary.org.

Old Time Base Ball

See teams from the 1864 league play base ball following the rules and customs of the 19th century in vintage uniforms, Sunday, Sept. 9, 11 a.m. Old Bethpage Village Restoration, Round Swamp Rd., Old Bethpage. 572-8401 or www.obvrnassau.com.

Sketching in the Galleries

All ages can express their creativity and sketch in the museum's gallery space, Sunday, Sept. 9, 11 a.m.-5 p.m. Help yourself to a variety of drawing supplies, grab a seat and create. Free with admission. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

Film Screening

See the documentary "Rothko: An Abstract Humanist," a rare examination of the life and work of Mark Rothko, Tuesday through Sunday, Sept. 11-16, 12 p.m. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. 484-9338 or www.nassaumuseum.org.

Having an event?

Submissions can be emailed to kbloom@liherald.com.

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Panel of pros discuss assisting the aging

By ALYSSA SEIDMAN

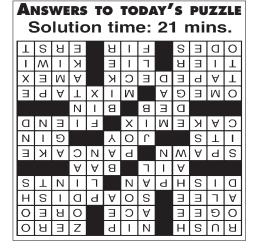
aseidman@liherald.com

U.S. Rep. Tom Suozzi, a Democrat from Glen Cove, recalls growing up with all four of his grandparents in his childhood home. His family had abstained from placing the elders in a nursing home. Inspired by their generosity, and his own experience as a caretaker for his parents, he hosted a panel discussion called "Aging in Place" on Tuesday, to learn about support systems that enable seniors to age in place.

"I want to learn about the different programs in my district: NORCs, Project Independence and our network of senior centers," Suozzi said, "And understand the challenges they face." NORC stands for Naturally Occurring Retirement Community. "Senior programs are essential to getting people the services they need at home instead of warehousing them somewhere else. This is a very real issue."

cials and medical professionals who specialize in senior issues and eldercare to get a better sense of what services are in place. His hope is to draft legislation that would provide a framework of community-based resources aimed at keeping aging individuals at home.

'There are almost 310,000 residents over the age of 60 in Nassau County,' said Jorge Martinez, Deputy Commissioner for the county's Office for the Aging. "In the next 15 years, it'll be the largest segment of the population." Martinez added that the county's 60-and-



The congressman invited local offi-

Waldman said one way the center could become designated as a NORC is through federal funding

from New York State's Office for the Aging. Acting Director Greg Olsen said the office not only provides aging resources at the local level, but also works to redefine what aging is.

"There's this understanding that at a certain point aging individuals are no longer valuable to the community, but there is much economic and social capital older adults can bring, if the resources are made available," Olsen



PhotoS by Alyssa Seidman/Herald Gazette

A PANEL OF eldercare professionals from the state, county and surrounding municipalities spoke at the Manhasset Public Library Tuesday about different support systems for aging demographics.

up demographic is expanding in diversity as well as population.

There are 14 senior centers across

Nassau County. Carol Waldman is the director of the Glen Cove Senior Center, which services approximately 2,000 seniors between the ages of 60 and 100. "The senior center is similar to a NORC in that we serve as a resource and an advocacy arm for seniors and identify and assess circumstances for those who might be in trouble or in crisis," she said. "We also serve the senior who is well and healthy and wants to continue to grow and expand their life."

U.S. Rep.

issue.

enior programs

are essential to getting people the services they need at home instead of warehousing them somewhere else. This is a very real

TOM SUOZZI

It was through the state Office for the Aging that the Town of North Hemp-

stead was able to establish Project Independence in 2006. The multi-service initiative, which partners with a handful of nonprofits, provides townwide nursing services, transportation, and recreational programs to any resident over the age of 60. Additionally, the project's built-in advisory committees act as a direct link to the population, and help inform town officials about what its seniors need.

Similarly, the Mid-Island Y JCC NORC, which services aging residents in Plainview and Old Bethpage, connects with its seniors through

its transportation service. This acts as a point of entry to ensure a senior is taking their medications or has substantial social contact. "You're building relationships before a health crisis situation occurs," said Director Alana Rosenstein, "So a senior can have someone they know come to their home.'

Suozzi said he was impressed with the initiatives' partnership with nonprofits, and use of volunteers, to help supplement the laborious efforts associated with aging in place. Martinez said sharing these types of resources to aid seniors is critical.

"We need to partner up and work together, because in some areas we are overlapping but in other areas we're coming up short," he said. "We could get all the resources together to serve the people. We need to care."

Waldman said she believes the most important piece of the puzzle is promoting awareness of the population to fight ageism. "There is an older, thriving population with needs and demands, but also with resources and with value, that still want to give back to their community," she said. "The problem is getting people to make that paradigm shift within themselves their communities that older adults still matter, and they still feel like there is meaning in their life if you give them the chance.'

THE GREAT BOOK GURU A friendship revisited

ANN

DIPIETRO

ear Great Book Guru, This Saturday will be the Sea Cliff Civic Associa-

tion's annual Movie Madness at Roslyn Park. The fun will start around 7 p.m. and everyone is invited. I'm getting there early to set up my blanket and picnic dinner, but I would like something exciting to read while I'm waiting for the show to begin. Any ideas?

-Movie Madness Maven

Dear Movie Madness Maven,

I just finished a crime noir novel with a strong feminist bent that I think you will enjoy: "Give Me Your Hand," by Megan Abbott. She has written a number of books using different milieus, but always featuring strong women and intricate female friendships. This latest novel probes the internecine conflict in a

research lab where post docs vie for positions in a project headed by the formidable Dr. Servin, a woman of great fame and much mystery. Into this volatile mix comes Diane Fleming a childhood friend and adversary of Kit Owens, long standing member of the lab. Years before the two women had shared a secret that now returns to haunt them both as they compete in this politically charged arena. An explosive tale of passion, obses-

sion, and deceit. Recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.



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Dated: August 8, 2018

OPINIONS

'No day shall erase you from the memory of time'

ext Tuesday, we'll

remember the

lives lost on a

horrible day for

the 17th time.

ext week is the 17th Sept. 11 since Al Qaeda terrorists attacked the United States, flying airliners into the World Trade Center and the Pentagon and crashing in a Pennsylvania field. Schools and villages will, I hope, commemorate those events, reminding us all and educating the young about the infinitely sickening evil that men can do—and about the gloriously selfless good that

men can do.



JOHN C. O'CONNELL

We remember the thousands who lost their lives: husbands, wives, children, parents, siblings and friends. We recall reading the long lists of those killed — office and service workers, executives, tourists and first responders — and seeing the

names of people we knew from school or with whom we used to work. People we knew from the community.

We remember how stunned we were, for days and weeks, and how a pall of enormous weariness came over us, one that only great grief can cause.

I remember the flags on most every lawn, porch, door or window. Only the prayerful were taking a knee in the autumn of 2001.

As the editor of the Valley Stream Herald then, I went to dozens of funerals, at Holy Name of Mary and Blessed Sacrament in the village, and in Franklin Square, Lynbrook, Rockville Centre, Brooklyn and Queens. The funerals con-

tinued for weeks — months — after the horrible day, as more remains were found and identified. The agony was cruelly prolonged.

I listened to homilies from clergy and eulogies from tearful family members. I remember seeing then New York City Mayor Rudy Giuliani at many of the services, especially for firefighters and police officers, often saying how the loss was almost too much for us to bear. It was.

Sitting, solemn, in those pews, along with local firefighters by the hundreds, we'd hear a baby cry or see a fidgety child squirming in a seat. I clearly remember wondering what those kids would think years later, when the tears of their parents had dried and their lives had moved on, as lives must. They are now young adults with hardly a memory of what happened.

Many city firefighters and police officers couldn't attend the funerals in the weeks right after the attack. They were working at the pile, the massive mound of humanity, concrete, metal, jet fuel and highly toxic materials fused by the pressure of the falling towers. As they searched for their comrades day after day among the sacred, pulverized, carcinogenic stones, few guessed that many of them would become future victims of the evil

done that day.

Retired FDNY Firefighter Michael McDonald, 64, just died, having been diagnosed with a 9/11-related illness. His wake and funeral took place in Lake Ronkonkoma on Aug. 29. According to an article by Thomas Tracy in the Daily News, McDonald died of lung and brain cancer. He had retired in 2012, after 28 years of service.

"Michael's long, illustrious career as a member of

the FDNY was matched by few, and this warrior will be mourned by all in the 9/11 community as we offer our shoulders to our brothers and sisters in the FDNY," survivor advocate John Feal told Tracy.

While 343 firefighters were killed in the attack, another 181 members of the FDNY have died since. And the Officers Down Memorial Page reports that 72 police officers died on 9/11.

As of June, there were 86,740 people enrolled in the World Trade Center Health Program, according to the Centers for Disease Control and Prevention. According to Feal, a first responder who toiled at ground

zero dies of a 9/11-related illness every 2.7 days.

Thousands of courageous Americans joined the armed forces soon after 9/11 and in the succeeding years. Many have been killed and wounded, physically and mentally, in the wars the attacks provoked.

The novelist William Faulkner wrote a line I love to quote: "The past is never dead; it's not even past." This profound insight is certainly true of that horrible day 17 years ago next week. Long after the 3,000 died that day, the death toll mounts; the evil continues. But God be praised that bravery and unselfish heroism continue, too, in the daily deeds of those who respond to disasters, in the generosity of family and neighbors in times of desperate need, in the deep patriotism and sacrifice of those in military service, and in the caring and skilled medical professionals who put patients before themselves.

Next Tuesday, pause to remember that day. The mourning and the profound sadness, the flags, the praise we had for fire-fighters and cops. If you're too young to know about these things, then study, watch videos of what happened, ask older people to tell you. Because, as the poet Virgil urged, we should let nothing erase those who died from the memory of time. And because the past really isn't past at all.

O'Connell retired as the Herald's executive editor in 2016. Comments about this column? OConnell11001@yahoo.com.

Leaving mom at the schoolhouse door

know all too

well how my

feels, fretting over

granddaughter

who will sit with

her at lunch.

suggested that my granddaughter put out her school clothes for her first day back at school as a fourth-grader.
When I popped into her room at bedtime, she had done what I suggested.
Exactly. On the floor was her entire outfit, laid out like a crime scene: T-shirt, jeans placed carefully over the shirt, striped socks perfectly tucked at the ankles of the

RANDI KREISS

bottle.

at the ankles of the pants and sneakers splayed right and left, over each of

the socks.

Her lunch was a study in pre-school anxiety channeled into food preparation: six compartments in her bento lunchbox containing carrot sticks, PB&J, apple slices, a granola bar, popcorn and a water

When we're anxious, we control what we can control, right?

First day of school, at the corner of my block, a huge backpack with two little legs sticking out waited at the bus stop. Under the backpack, engulfed by it, waited a little boy. He kicked the grass and looked away from the cluster of other kids and other moms. His mom was turned away from

him, chatting with a neighbor, but I noticed as I walked by that his thin fingers were intertwined with hers so tightly that they were almost white.

Maybe he was 6 or 7, a first- or secondgrader, and looking at his so-serious face

reminded me of myself a hundred years ago, struggling through first grade because I was gripped by separation anxiety. Or at least now I know that's what it was. Back then it was thought that I was just too sensitive, that I popped out of the shell without a good insulating laver. In fact, my first-grade teacher told me I needed to grow an elephant's skin. My father told me to shape up. My mother seemed perplexed by my misery.

Who knows what it was? Basically, I couldn't stand that my mother was home with my baby sister, letting her play with all my toys.

This brings me to the woman in the camel hair coat and matching beret.

After I suffered weeks of school phobia, my mother asked me what she could do to make me feel better, and I said I'd like her to come to school during recess. Just that. I wanted her to appear, to be real and not even to talk to me, just to stand there for a

few minutes and then leave.

Bless her, she did it. And in my mind's eye, I can see her standing outside the schoolyard in her camel hair coat and matching hat. Her hair was black and curly, and she waved a little and stood

there and then walked away.

Now, the odd thing is, the visual image I have is powerful, and she looks so beautiful as I see her standing there, but I'm not absolutely sure my mother owned a camel hair coat. She remembers coming to school, but she doesn't remember the coat. I may have imagined it. Or it may have happened exactly like that.

The angst over separation eventually abated and I got through school just fine. But

it's a recurring theme. I agonized about going away to college, and only got as far as NYU. (I did sleep there, though.) I never went to camp, and when my kids did, because I wanted them to be able to do what I could not, I dreaded it.

My kids endured various degrees of discomfort in separating from me. My daughter screamed every day of nursery school and day camp. I became the woman in the camel hair coat, offering comfort and encouragement. She went on to become an Outward Bound instructor, hiker, trekker and traveler. She moved to California.

Overcompensation, you say? Maybe. My son left home after high school and never moved back. When I visit them and when they visit me, it's still very difficult to say goodbye. I think it's just the price we pay for loving one another.

When I began second grade, my sister finally started school, so she wasn't home any more to monopolize Mom, and I felt real joy — for about a week. Then my mother gave me the job of taking my sister to her kindergarten classroom every day. She would clutch my hand, and as I brought her to the classroom door, she would start to holler, "Randi, don't leave me. Don't leave me."

It was awful. Nobody knew better than I how she felt. And I know how the little boy with the backpack feels getting on that big bus every day. And I know how my grand-daughter feels, fretting over who will sit with her at lunch.

I would like to tell them that it gets much better with time but that it never really goes away. If you go through life with an elephant's skin, you don't cry as often, but you don't laugh as often, either, or love as deeply.

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HERALD EDITORIAL

The enemies at our gates: gangs and pushers

ince last October, Nassau County police have identified the bodies of six teenagers who were hacked to death with machetes by members of the El Salvadoran gang MS-13. After the most recent discovery of remains, in the woods behind Kellenberg High School in East Meadow, the angry comments came fast and furious on the East Meadow Herald's Facebook page.

Two posts criticized police, saying law enforcement hadn't paid proper attention to the area. Another post called for people to stop condemning police and instead blame elected leaders.

It's about time that all of us stop playing the blame game. If we are to reduce crime on Long Island, we will need a concerted, united front that shows the gangbangers and drug pushers that all of us who abide by the law are looking out for one another — and are ready and willing to attack criminal activity in our backyard.

Between January 2017 and February 2018, more than 800 Nassau County residents overdosed on opioids, including heroin. Some 200 died. That's what you call a full-fledged crisis, which is often directly related to gangs. MS-13 isn't a cartel, law enforcement experts say. Rather, it is a loosely affiliated network of smaller gangs that engage in street-level drug dealing — in particular, of heroin — and human trafficking.

This spring, police adopted a multipronged approach to tackling the opioid epidemic by identifying and targeting the communities that have been most affected by it. Many people welcomed the effort, while others resorted to blaming anyone and everyone, from police officers to parents, school administrators to students.

All of this brings to mind Episode 22 of "The Twilight Zone," titled "The Monsters Are Due on Maple Street." In it, a dark shadow passes over a perfectly normal neighborhood with friendly people. There's a sudden loss of power, and weird doings follow. Cars won't start. There's talk of an alien invasion.

As night falls, a shadowy figure walks into the neighborhood. One man fires a shotgun at the figure, thinking it must be an alien. As it turns out, it's not; it's a neighbor. In the end, we learn that it was indeed aliens that were playing tricks on the neighborhood to get people to turn on one another, which they did.

The episode, which aired 58 years ago, should serve as an object lesson for us today. It is an acutely accurate metaphor for the situation that Nassau now finds itself in. Rather than turn on one another, we must all work together to defeat the aliens — the gangs, the drug dealers — that are invading our neighborhoods.

That begins by recognizing that we have serious problems that require attention. Gang slayings were once seen as a problem confined to the inner city. Six, however, have taken place in perfectly normal, middle-class neighborhoods over the past year, including Baldwin, East Meadow, Freeport-Merrick and Mass-

apequa.

Massapequa, police tell us, has long been the epicenter of the heroin crisis in Nassau County, but the crisis exists in any of our local communities. Suburban parents can no longer say, "Not my child." School administrators can no longer say, "Not my school." Elected leaders can no longer say, "Not my district." The gang and drug crises are all of our problems.

That's why we must support Problem Oriented Policing, in which officers are assigned to act as community liaisons with residents and local leaders to identify trouble spots within communities and develop strategies to fix them.

We must support after-school programs to keep young people in safe environments in which they feel supported and can develop their interests and skills.

Nassau County must hold community forums to get the word out about the gang and drug crises. Parents need the best possible information so they can talk with their children in an informed way.

And parents must take the time to speak with their kids on a regular basis. Parents, it's been said, are the drug antidote. We agree.

At the same time, we mustn't turn on one another. We must remember who our enemies are. Police are *not* the enemy. School administrators and teachers are *not* the enemy. Parents and children are *not* the enemy.

Gangbangers and drug dealers are. Period.

LETTERS

Ensuring that a child succeeds in college

To the Editor:

As many of our community members start the college term, some students and parents are becoming more and more anxious. Starting college is a huge undertaking that often leads to a disconnect between parents and their children. The pressure of facing a new social environment while trying to do well in courses can be overwhelming for many students. Parents are asked to accept their children's independence, while worrying about the academic and emotional challenges that college presents.

Parents are writing huge checks and hoping that their children will adapt to the rigors of a new academic atmosphere. Students are asked to navigate sophisticated syllabi and textbooks while often waiting to receive feedback on their progress from professors until the semester is half over.

Studying with accountability, preparing for tests and writing at the college level without parent supervision and input can be an obstacle for even the brightest and most well-meaning student.



OPINIONS

Avoiding interpersonal warfare in the age of Trump

eclare a

truce on

political talk, with

the first one to

break the deal

paying a fine.

y every account, there is no question that America is more politically polarized than ever before. Husbands and wives are battling it out over President Trump. Relatives have stopped speaking because their feelings are so strong. Long-term golf partners have stopped playing together. Friends and neighbors speak slowly and

carefully, and avoid Trump stuff.





someone, start out by declaring a truce. Tell the other side that for now, let's agree on no political discussions until at least the November election. Promise that the truce will be ironclad and agree on a monetary fine for the first one to break the deal.

If it's you and your spouse or significant other, try an excursion to some interesting place or attraction. It'll be a good diversion, and you should agree that there will be no partisan discussions. If you decide to go shopping, obviously, don't suggest a Make America Great Again hat as a gift. During the peaceful times, your spouse has suggested things he or she would love to have, so try hard to remem-

ber what item was considered something special.

If the differences of opinion are with your grown children, make it a point to compliment them on some character trait or bring up some funny incident from when they were little kids. Talk about some great trip you took together, and suggest that someday in the future, you'd love to take them there again to renew the memories. If your kids

have kids, focus on the wonderful things your grandchildren are doing or something really clever that they recently said.

If the schism is with one of your best friends, talk about sports. The differences between Yankees and Mets fans aren't (normally) as dramatic as the Trump and anti-Trump camps. And now that the football season is upon us, there's that much more to talk about.

If you can't agree on baseball or football teams, change the subject to movies. Almost everybody has a favorite movie,

and there's much less controversy in the world of show business.

Arguments at work are harder to deal with. Fighting with a superior about some Trump tweet could lead to a demotion, a reassignment, a firing or some

other ugly result. So if your supervisor starts talking politics, quickly change the subject to the problems with the copy machine, or gush about the photo of his or her cute 3-year-old on display in his or her office. Politics and the workplace are a lethal combination.

One of the characteristics of the current political schism is that at social events, like-minded guests tend to break off into small

groups or retreat into corners. Because they all agree on their loyalties or grievances, their discussions will be subdued but passionate. Under no circumstances should you attempt to interrupt those on the other side or try to join their conversation. Keep a safe distance until they break up their little retreat. Then seek out the least uptight member of the group and offer a compliment on a tie or a pair of earrings or ask about the daughter who just won a scholarship.

If you walk into a friend's house and

the television is tuned to Fox and you're anti-Trump, turn away from the set and ask if they have the Golf Channel, because Tiger Woods is playing well in some tournament somewhere and closing in on the leader. By no means should you make a sour face if Sean Hannity appears on the screen. If you remember any good mother-in-law jokes, now's the time to share them, to help break the tension.

Holiday meals will be the toughest challenge this year, because there are often simply too many people gathered around the table to avoid political discussions. You can't stop your crazy Uncle Floyd from tossing a partisan hand grenade just as the turkey is being carved. So Thanksgiving will be the best time to complain about your nonexistent migraine headache in order to change the trajectory of the discussion.

If none of these suggestions help, you're on your own; just do your best to survive. The 2020 election isn't that far away.

Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He now heads Empire Government Strategies, a business development and legislative strategy firm. Comments about this column? JKremer@liherald.com.

LETTERS

Moreover, students with a variety of learning differences, from attention deficit hyperactivity disorder to executive functioning deficit, are put in a difficult bind. I've seen many students eligible for support programs at college decide they can go it alone. The reality that the student must initiate contact with available services and their professors can be a difficult and costly lesson to learn.

To succeed, students must advocate for themselves. Making connections with professors and fostering relationships with academically motivated students are key ingredients to weathering the storm. Freshmen must learn to organize, prioritize and strategize, and be willing to check the temptations and distractions that are abundant on campus. Students who are overwhelmed by the pressure of difficult classes must seek help as quickly as possible. Parents must realize that hovering over your child is no longer possible or advisable.

Now is certainly the time for parents to have a heartfelt conversation with their college-bound children about honest expectations. It's wise to set up an appropriate communications framework with them. Consider consulting an academic coach as soon as you sense the semester is not going well.

College is both an incredible opportunity and a major investment. Ensuring your children's success as they go off to college is a matter of monitoring with care and diligence.

ODEY RAVIV, PH.D.

My diagnosis won't stop me

To the Editor:

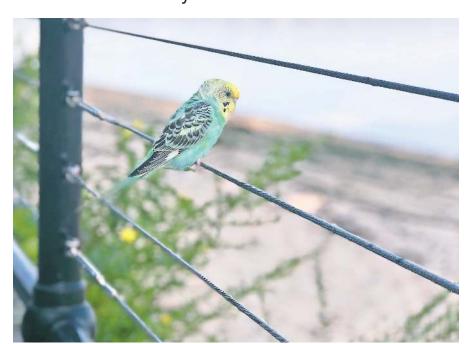
Last Nov. 7, I had the honor of being elected to the Glen Cove City Council. Since then I have worked tirelessly to ensure that the concerns of residents, regardless of political affiliation, were heard by City Hall.

While I continue to fight to make sure your voices are heard, I feel obligated to tell you that I am facing another obstacle in my life: I was recently diagnosed with cancer. I intend to fight it with the same resolve that I fight for you on the City Council and overcome this latest setback.

I have dealt with several medical adversities over the course of my life, and this challenge is no different than others I have met head-on, conquered and, as a result, become even stronger. While the road to survival might be long and arduous, I vow that as long as I have the strength to join my fellow council members on the dais, I will continue to perform the duties that I was elected to carry out.

From the day I was born, my life has been a blessing. I owe my health and success to the United States of America. I have surpassed the expectations of medical experts thanks to my will and the care I received in this country. I am living proof that a boy who came to this country from Italy can achieve whatever he puts his mind to, regardless of the obstacles in his way. I see no better way to pay back the country

FRAMEWORK by Zoe Malin



Bird on a wire - Sea Cliff

and the city that I love than to fulfill my duties as your duly elected official. In return, I only ask that you continue greeting me with the same warmth and happiness you always have shown me. Glen Cove is more than just a city to me. It's my home, and I consider you all to be my family.

MICHAEL ZANGARI Glen Cove city councilman

CORRECTION

In the story "For police, engagement goes 'further than handcuffs,'" Aug. 16-22, Mary Stanko was mistakenly identified as the current president of the Glen Cove Chamber of Commerce. She is a former president. The current president is Lisa Cohn. We regret the error.

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