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**Ripe for the picking**  
 Page 20



**Your Home: Ready for Fall**  
 Page 15



Zach Gottehrer-Cohen/Herald Gazette

**TWO TEENAGE SIKH** martial artists showed off their gatka skills. The Punjabi sword-fighting style is a tradition that Sikhs — who proudly call themselves “soldier-saints” — hold dear.

## A cultural exchange in G.C. Sikh Turban Fest welcomes guests of all faiths

By **ZACH GOTTEHRER-COHEN**  
[zgottehrer@liherald.com](mailto:zgottehrer@liherald.com)

When a truck bound for the 14th annual Sikh Festival in Glen Cove, carrying food and other supplies, stopped at a checkpoint in South Carolina, the drivers were asked to give a number of evacuees seeking refuge from Hurri-

cane Florence a ride to Virginia, where they could wait out the storm. The drivers, true to their Sikh faith, which demands acts of *sewa*, or selfless service, happily complied.

The Sikh Festival is held every year at the Sikh temple, or gurdwara, of Glen Cove, one of three such temples in

Nassau County. Manmeet Lamba, a Glen Cove gurdwara member, conceived of the event 14 years ago, as a way to bring her children — the only Sikhs in their elementary school classes at the time — together with others who, like them, were bound by their

CONTINUED ON PAGE 12

# Glen Cove schools link safety, bullying

By **ZACH GOTTEHRER COHEN**  
[zgottehrer@liherald.com](mailto:zgottehrer@liherald.com)

Over the past year, mass shootings have dominated discourse around the country — particularly the tragedy at Marjory Stoneman Douglas High School in Parkland, Fla., in February that left 17 students and faculty dead. For much of the 2017-18 school year, discussions at Glen Cove’s Board of Education meetings focused on keeping district students safe. As the new school year begins, some new initiatives are being implemented.

At a school board meeting on Sept. 12, Superintendent Dr. Maria Rianna said that the materials for a “man trapper” vestibule at Glen Cove High School, designed to prevent intruders from entering the building, were en route to the district.

the spring of 2017, will present its findings at the next board meeting, scheduled for Sept. 26. The committee has conducted walkthroughs of all of the district’s facilities, accompanied by

**B**ullying has changed drastically since the days of our parents. It used to end at 3 p.m. at the schoolhouse doors.

**JOSH LAFAZAN**  
 County legislator,  
 18th District

district architects and engineers, to discuss capital improvements, including some that would improve the buildings’ security.

The high school has also signed on to Rachel’s Challenge, a nationwide anti-bullying program started by Darrell and Sandy Scott, the parents of the first student killed in the 1999 Columbine High School shooting. Glen Cove has its own chapter of the Friends of Rachel club, which — following a school-wide assembly about bullying and school violence — trains student participants to promote a culture of compassion to minimize the psychological factors that lead to school shootings.

Rianna said that high school

A bond committee, formed in

CONTINUED ON PAGE 7

# Harbor Patrol name new boat after WWII POW

By ZACH GOTTEHRER-COHEN  
zgottehrer@liherald.com

An earnest ceremony was held on Monday to officially christen a new Harbor Patrol vessel, donated to the City of Glen Cove by the state Department of Parks, Recreation and Historic Preservation.

The 26-foot Boston Whaler Justice Patrol boat is named after the late Private First Class Louis J. Noon, a Glen Cove native and World War II veteran who was held by German forces for a year as a prisoner of war at the Luckenwalde POW camp near Brandenburg before being liberated at the end of the war.

Noon raised his six children in Glen Cove. His daughter, Christina — herself a member of the Air National Guard, slated to deploy to the Middle East in the coming months, her second deployment to the region — performed the actual christening.

Noon thanked the city and said that it was appropriate that her father's memory live on in the form of a harbor patrol boat, "so that his spirit can watch over the men and women . . . as they protect the waters that he and I both enjoyed when I was a little girl."

P.F.C. Noon enlisted in the Army in 1943 when he was 19 years old, and after a year and a half of training, was deployed to Normandy shortly after D-Day in June, 1944. After six months in the European theatre, his entire 12-man squad was captured by German forces.

While he was interred in Luckenwalde, Noon came down with an ear ailment that threatened to deafen him. His captors allowed a fellow prisoner to operate on him, and his hearing was saved.

After returning home, Noon lived in Bellmore, where he worked as a milkman and volunteered for the Bellmore Fire Department, where he ultimately worked his way up to chief. He died in Aug. 2017 of complications from a fall and is remembered by his family as carefree and happy-go-lucky, always with a nice thing to say about everyone.

For the christening ceremony, Mayor Tim Tenke threw a bough of green leaves onto the bow of the vessel, and Christina Noon poured a bottle of sparkling water over it.

Glen Cove Director of Veterans Affairs Tony Jiminez said that the christening of a ship is a time honored tradition, rooted in superstitions about the sea. In ancient Mesopotamia, he said, animals were sacrificed on the hull of new ships. Vikings sacrificed human enemies, he said, and then urinated on the vessel. Ancient Greeks and Romans solidified the tradition of pouring wine over the bow as an offering to the god of the sea — Poseidon or Neptune, respectively.

According to legends, the sea-gods kept a ledger of ships that had been christened. If they saw a boat that wasn't in their ledger, the gods would conjure a storm to sink the ship, sending it and its crew into the depths of Davy Jones' locker.



Tab Hauser/Herald Gazette

**CHRISTINA NOON, CHRISTENED** the new Harbor Patrol vessel, named in honor of her father, World War II veteran and POW Private First Class Louis J. Noon.







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# Regents reverse course on opt-out penalties

BY ERIK HAWKINS

ehawkins@liherald.com

The State Education Department last week announced that it would pull back on plans to penalize schools that have high numbers of students boycotting state standardized tests.

The decision came after the education department and Board of Regents received almost 2,000 comments from activist groups, parents and educators concerned about the state punishing districts academically and financially if 95 percent of students did not participate in the tests.

Schools with 95-percent participation rates on Long Island — considered the birthplace of the test-boycott movement — are scarce. In recent years, about half of third- through eighth-graders in Glen Cove have opted out of state math and English tests.

On Monday, a committee of the Board of Regents unanimously approved rescinding some of the penalties; the full board was expected to approve the changes on Tuesday, after which a 30-day public comment period will begin (see sidebar).

Regents nixed one of the most controversial penalties, which would have forced some schools and districts to set aside part of their Title I funding — federal money for schools with high numbers of students from low-income families —

to improve test participation rates.

Education Commissioner MaryEllen Elia was quoted Monday night in the Albany Times Union that the penalty was misunderstood, but caused “too much stress and tension.”

The initial plan also called for schools with “excessive percentages of students” not participating in the tests to be placed under public school registration review — which could eventually lead to them being closed.

State officials, in documents attached to the new amendments, responded to criticism of the registration-review provision by arguing that the department had similar powers for more than a decade.

Still, the provision was struck entirely.

Also, per the amendments under discussion on Monday, schools would no longer be required to enact a participation improvement plan if the schools’ weighted average achievement index is above the state average — even if the school has high opt-out rates.

Elia had said that the penalties were needed in order to bring the state in line with the federal Every Student Succeeds Act, which does require 95 percent of students to take some form of standardized

test, but leaves to the states how to get to that 95 percent.

North Bellmore mother Jeanette Deutermann founded the group Long Island Opt Out, which helped spur the nationwide movement of student test boycotts. In May, she called the proposed regulations “absolute insanity.”

Officials from New York State United Teachers decried the proposed penalties as “a direct frontal assault on the rights of parents to opt-out their children.”

NYSUT officials added, in a May 29 letter to Elia, that the regulations would make it all but impossible for schools to exit comprehensive or targeted support and improvement status if 95 percent of students don’t take the tests — regardless of the school’s academic performance.

On Monday, before the Board of Regents meeting, Deutermann said she was pleased with the apparent course-reversal by the education department.

“The Board of Regents has clearly listened to feedback from the public that overwhelmingly rejected [Elia’s] plan for punishing districts whose parents have chosen to opt out of NYS assessments,” Deutermann said. “Thankfully, our Board of Regents took the necessary steps to



MaryEllen Elia

## What’s next?

After approval by the full Board of Regents, the amendments will be effective as an emergency measure on Sept. 18.

A public comment period will then open from Oct. 3-Nov. 2.

The Board of Regents will vote to permanently adopt the amendments at its December meeting, and they will become a permanent rule on Dec. 26.

walk back the plans of the commissioner by rejecting the plans to reallocate Title I money into marketing campaigns for flawed assessments, and rejecting the plan to allow the commissioner to have unilateral power to convert public schools into charter schools.”

Deutermann added that she would also advocate that the language on participation improvement plans be cleaned up to make sure that only districts that “cherry-pick” students to exclude from testing are identified for improvement.

The complete amendments, along with a summary of public comment received by the education department, can be read at: <https://bit.ly/2NQq7KN>.

## State schools chief:

# No education dollars to arm teachers

By ERIK HAWKINS

ehawkins@liherald.com

Apparently reacting to media reports in August that U.S. Secretary of Education Betsy DeVos might allow schools to use federal education dollars to train and arm teachers, New York’s education commissioner on Thursday issued a memorandum banning public schools from doing just that.

Commissioner MaryEllen Elia, in a Sept. 12 memo, affirmed the rights of all New York students “to attend school in a safe and secure environment that is free of weapons.” The memo said that local educational agencies could not use any federal or state funds for purchasing or training school staff in the use of firearms, no matter the case.

“There is no place in our schools for weapons, no matter the intentions,” Elia said.

DeVos’s staff pushed back on the initial report in late-August, insisting that

the department was responding to an inquiry from education officials in Texas, and no decision had been made.

Still, according to CNN, the Department of Education left the matter open. Spokeswoman Liz Hill told reporters that the department “is constantly considering and evaluating policy issues, particularly issues related to school safety.”

Nassau County Executive Laura Curran, a Democrat, responded to the report by saying that her administration opposes the use of federal funds to arm teachers. “Every penny of federal

grants should go towards our children’s educational enrichment,” Curran said,

**E**very penny of federal grants should go towards our children’s educational enrichment, not towards bringing firearms into their classrooms.

**LAURA CURRAN**  
Nassau County Executive

“not towards bringing firearms into their classrooms.”

Elia said that even if federal guidelines allowed states to use education money for arming teachers and related expenses, states generally have the ability to be more restrictive when it comes to their schools. Guns in the hands of teachers and other staff would also run contrary to the state’s Every Student Succeeds Act guidelines, Elia said. “We simply cannot afford to use federal education dollars that are intended for teaching and learning to pay for weapons that will compromise our schools and communities,” Elia added.

State Sen. Todd Kaminsky, who wrote Elia in August expressing concern about the possible federal changes, agreed with the NYSED memo.

“Sadly, the administration in Washington believes that more guns is the answer,” Kaminsky said. “The educators that I regularly speak with instead believe that guns in classrooms make everyone less safe, and that precious federal funds should be spent on increasing access to educational resources.”

DeVos had said, in an Aug. 31 letter to Rep. Bobby Scott, of the House Committee on Education and the Workforce, that she intended to leave the matter up to the states.

“Let me be clear: I have no intention of taking any action concerning the purchase of firearms or firearms training for school staff,” she said. “Congress did not authorize me or the department to make those decisions.”



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**HERALD**  
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# He's living his best life in retirement

## Former New York Mets legend gives tips on how to stay fit and feel young

By **NADYA NATALY**  
nnataly@iherald.com

Despite the rain, fans donning navy blue New York Mets ponchos were seen milling throughout Citi Field on Sept. 9 as they waited for the start of the Mets game against the Philadelphia Phillies.

In celebration of Grandparent's Day, Aetna partnered with the Mets and hosted a private event before the game with former Major League Baseball outfielder and coach, William Hayward "Mookie" Wilson. Wilson's biggest moment in blue and orange came when he hit a ground ball in the 10th inning of Game 6 during the 1986 World Series, which rolled through the legs of Red Sox first baseman Bill Buckner — one of the most infamous moments in baseball history. The Mets would go on to win that game, and the series.

The event gave seniors and families the opportunity to meet Wilson during his discussion on health, wellness and insight on how to "age actively." Wilson encouraged grandparents and middle-aged adults to find ways to stay active and reconnect with a younger version of themselves, while demonstrating step-by-step chair stretches and exercises.

"When you get to my age you nap a lot," Wilson said with a laugh.

Practically 32 years later, Wilson, 62,



Nadya Nataly/Herald

**FORMER MAJOR LEAGUE** Baseball outfielder and coach, William Hayward "Mookie" Wilson, right, signed autographs for Nassau County residents Mary Stedman and her daughter, Erin.

says baseball is behind him and has dedicated his life to serving as a minister for Zion Mill Creek Baptist Church in Columbia, S.C. When he's not at church or working with fellow seniors, he's speaking to athletes of all ages across the

country about baseball, health and wellness and God.

A number of Nassau County families attended the event, including Mary Stedman, 69, and daughter Erin, 32, from Farmingdale, who attended the event to

meet Wilson. The elder Stedman said meeting Wilson was a dream come true, as she's been a Mets fan for many years.

"This is a great opportunity," she said. "I am thrilled, I had to bring my daughter who's been a Mets fan all of her life. This made my day."

Wilson retired at 40 and said leaving the game was a harsh reality he didn't want to face because he thought he could still play baseball. But after an injury and coming to terms with his retirement, Wilson left baseball on his own terms.

"It was time to shut it down and focus on the second part of [life]," Wilson said of his retirement.

Soon after leaving the sport, Wilson went back to school and earned a Bachelor's degree in finance and behavioral science and a Master's degree in organizational management from Mercy College. He sold securities or stocks and bonds for a few years.

Over the years, he has continued to keep in contact with former MLB players like Buckner, Dwight "Doc" Gooden, Tim Lincecum and others. However, his focus has been on his family.

"I spent all of those years training my body to play," Wilson said. "Now I am training my mind to survive outside of being so physical [in the MLB]."

## CRIME WATCH

### Arrests

- Male, 40, of Jericho, was arrested on Glen Cove Avenue for fourth-degree grand larceny on Sept. 10.
- Male, 25, of Glen Cove, was arrested on Pulaski Street for second- and third-

degree aggravated unlicensed operation of a vehicle, circumventing the interlock operate without a device and other VTL violations on Sept. 12.

- Male, 49, of Glen Cove, was arrested on Glen Cove Avenue for driving under the influence and other VTL violations on Sept. 15.

*People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.*

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# THE WEEK AHEAD

## Nearby things to do this week



### Waste collection day in G.C.

On Saturday, Sept. 22, between 8:30 a.m. and 3:30 p.m., residents can dispose of their hazardous household items at the city's Department of Public Works, 100 Morris Ave., Glen Cove. Eligible items include: enamel, oil and lead based paints, paint thinner, non-rechargeable batteries, brake and transmission fluid, antifreeze, aerosol cans with contents, air conditioning refrigerants, household cleaning liquids, pesticides, fertilizers, pool chemicals, propane tanks, unused flammable liquids and fluorescent light bulbs.

### Baking biscuits

In this hands-on class on Wednesday, Sept. 26 at 6:30 p.m., participants will bring home delicious Lemon-Almond-Ricotta Biscuits, inspired by the sweet treats of Little Italy. Bakers will also enjoy a pre-cooking snack: delicious artichoke bruschetta prepared by Chef Rob Scott. Bring a muffin pan with liners, a whisk, and a medium and large bowl. Non-refundable \$7 fee due at time of registration. Gold Coast Library, 50 Railroad Ave., Glen Head, (516) 759-8300.



### Interfaith Family Day

Experience Moses and the Amazing Multi-Colored Chuppah on Sunday, Sept. 30 from 10 a.m. to 12 p.m. Children will learn interfaith lessons taught by educators, while parents meet campus leaders and other families. The Interfaith Community of Long Island is a resource for families who practice both Jewish and Christian faiths. Brookville Multifaitth Campus, 2 Brookville Rd., Glen Head.

### Theatrical showcase

Brooklyn-based singer-songwriter Jay Adana, the 2018 Jonathan Larson Grant winner, is the featured performer at this year's Larson Legacy Concert at Adelphi University's Performing Arts Center, on Sunday, Sept. 23, at 3 p.m. She'll present excerpts from her new musical, *The Loophole*, which tells of a brilliant biracial scientist, living in her white father's house in Atlanta during the last year of the Civil War, who must ultimately choose between her family and her life's work, or fight for love and freedom. Info: (516) 877-4000 or [www.aupac.adelphi.edu](http://www.aupac.adelphi.edu).



### Mid Autumn-Moon Festival

Experience a unique Asian festival celebration without a flight to Asia, Sunday, Sept. 23, 12-5 p.m. Planting Fields State Park is the setting for this lively cultural showcase. The festivities include traditional Chinese arts and crafts, non-stop entertainment, kid-friendly activities, interactive games, an art fair, and much more. Info: (516) 922-8600 or [www.plantingfields.org](http://www.plantingfields.org).



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- ▶ Fatigue
- ▶ Fibromyalgia
- ▶ Golfer's Elbow
- ▶ Headaches
- ▶ Hearing Issues
- ▶ Low Back Pain
- ▶ Mid Back Pain
- ▶ Migraine Headaches
- ▶ Muscle Spasm
- ▶ Muscle Tension
- ▶ Muscular Imbalance
- ▶ Neck Pain
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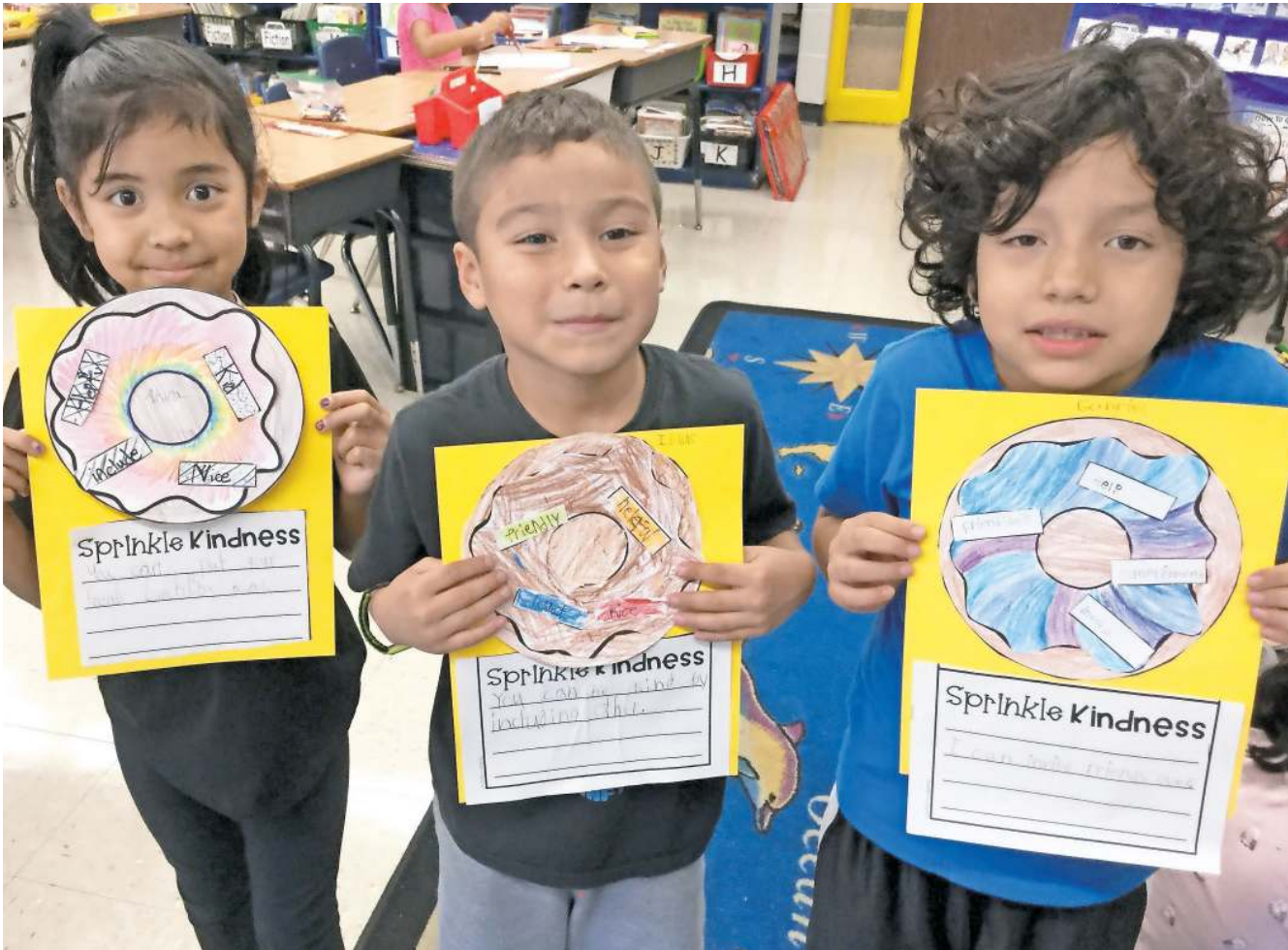
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# HERALD SCHOOLS

## Doughnut forget to be kind!



Glen Cove City School District second-graders in Coleen Brunhuber and Jennifer Hajok's class at Gribbin School participated in a lesson about spreading kindness as a beginning of the year, community-building activity.

The teachers feel it's important for the kids to accept and treat each other with respect and kindness. They shared that together with students, they become a classroom family and take care of each other all year long. They read the book "Jelly Donut Difference," by Maria Dismundy, and decorated a picture of a donut that included "sprinkles" with acts of kindness written on them, picked one act of kindness and constructed a sentence about it.

**GRIBBIN SCHOOL SECOND-GRADERS** Akira Yamaji, left, Isaac Hernandez and Gabriel Cardoza showed off their kindness donuts.

Courtesy Glen Cove School District

## Glen Cove High School bleachers revitalized

Those attending sporting events on Glen Cove High School's J.C. Maiden Field will enjoy beautifully refurbished bleachers to sit on, thanks to New York State Senator Carl Marcellino.

Marcellino secured a \$500,000 grant to aid the district in its efforts to repair the bleachers, which are used by many throughout the year, and had fallen into disrepair. Superintendent of Schools Dr. Maria Rianna expressed her gratitude to Marcellino for his continued support of the district and its students. The entire community is looking forward to using the bleachers this sporting season and going forward.



**THE BLEACHERS AT** the high school have recently undergone renovations.

Courtesy Glen Cove School District

# School district focuses on safety and bullying

CONTINUED FROM FRONT PAGE

students who were saddened by the Parkland shootings had urged the school to create the club, and that Principal Antonio Santana had implemented the program. "We want our students to be compassionate young people," Rianna said, "and understand that small acts of kindness go a long way."

## An anti-bullying clearinghouse

On Sept. 12, Nassau County unveiled a new website, NassauStopBullying.org, aimed at aggregating anti-bullying information for parents, which County Legislator Josh Lafazan, the driving force behind the site, said would help bring parents' understanding of bullying into the 21st century.

"Bullying has changed drastically since the days of our parents," Lafazan said. "It used to end at 3 p.m. at the schoolhouse doors. With the advent of social media, bullying is now a 24/7 vicious nightmare for these kids."

In addition to educational resources for parents, the site features Chonkey the Donkey, a character created by cartoonist Michael Kellison. Kellison, 43, was bullied as a child, and has said he hopes Chonkey will help teach kids to be kind to one another.

The Dignity for All Students Act is a state law that was enacted in 2012. It requires schools to include anti-bullying

## Glen Cove's DASA coordinators

Glen Cove High School	Antonio Santana	asantana@glencove.k12.ny.us	516-801-7610
Finley Middle School	Nelson Iocolano	niocolano@glencove.k12.ny.us	516-801-7510
Connolly Elementary School	Julie A. Mullan	jmullan@glencove.k12.ny.us	516-801-7310
Deasy Elementary School	Melanie Arfman	marfman@glencove.k12.ny.us	516-801-7110
Gribbin Elementary School	Francine Santoro	fsantoro@glencove.k12.ny.us	516-801-7210
Landing Elementary School	Benjamin Roberts	bproberts@glencove.k12.ny.us	516-801-7410

Information courtesy NassauStopBullying.org

measures in their codes of conduct, and to gather data on bullying incidents. The county's new website lists each school's DASA coordinator, a faculty member who ensures that the law is implemented at the school level. Lafazan said that the list was created in response to reports from parents around the county that they didn't know who their schools' DASA coordinators were.

Rianna said that a school's DASA coordinator is usually the principal or an assistant principal, and that the district has several ways to report bullying incidents, including emailing any faculty member. She stressed that all faculty, including maintenance staff, lunch

monitors and parent volunteers, are trained to handle bullying and harassment complaints.

According to DASA-mandated incident reporting data made available by the State Education Department, Glen Cove schools reported 11 incidents of bullying in 2017, compared with a county average of 16 incidents per district and a statewide average of 42.

A state Department of Education spokeswoman said that the department was exploring ways to make DASA reporting requirements more practical. A Safe Schools Task Force Workgroup on Data Use and Reporting had, prior to the 2017-18 school year, amended some

Chonkey Donkey says:

If you think someone could use a friend.  
Then be one.



**THE COUNTY'S WEBSITE** features Chonkey Donkey, a character who has been bullied himself, but doesn't let that stop him from caring for others.

definitions of the requirements "to make reporting less complicated and to [emphasize] accurately identifying violent incidents to facilitate accurate reporting."

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# HERALD SPORTS

## Glen Cove falls to South Side

### SPOTLIGHT ATHLETE



**CAILEY WELCH**  
North Shore Senior Soccer

**WELCH WAS A** catalyst for the Lady Vikings in their memorable run to the Nassau Class A championship last season and will look to lead them to a repeat title as a senior captain. An All-County and Second Team All-State selection in 2017, she has a strong all-around game and features explosive speed and an accurate shot with both feet. She'll be taking her talents and work ethic to Hofstra University.

### GAMES TO WATCH

#### Thursday, Sept. 20

Girls Tennis: Glen Cove at Wheatley.....4:15 p.m.  
Girls Volleyball: Glen Cove at V.S. Central .....4:30 p.m.  
Boys Soccer: V.S. North at North Shore.....4:30 p.m.  
Girls Tennis: North Shore at Locust Valley.....4:30 p.m.  
Girls Soccer: Floral Park at Glen Cove.....4:45 p.m.  
Girls Soccer: North Shore at C.S. Harbor .....4:45 p.m.  
Girls Volleyball: Division at North Shore ..... 5 p.m.

#### Friday, Sept. 21

Girls Tennis: G.N. South at Glen Cove.....4:15 p.m.  
Girls Soccer: Mineola at Glen Cove.....4:30 p.m.  
Girls Tennis: Wheatley at North Shore.....4:30 p.m.  
Girls Swimming: East Meadow at North Shore .....4:30 p.m.  
Boys Soccer: Glen Cove at Bethpage.....5:30 p.m.

#### Saturday, Sept. 22

Girls Soccer: North Shore at Garden City..... 10 a.m.  
Football: Glen Cove at Hewlett..... 2 p.m.  
Football: Division at North Shore ..... 2 p.m.

#### Monday, Sept. 24

Girls Soccer: Glen Cove at G.N. North.....4:15 p.m.  
Girls Tennis: Glen Cove at Jericho.....4:30 p.m.  
Girls Tennis: North Shore at Herricks.....4:30 p.m.  
Girls Volleyball: North Shore at Calhoun..... 5 p.m.  
Girls Volleyball: Glen Cove at V.S. South ..... 6 p.m.  
Boys Soccer: Division at Glen Cove..... 7 p.m.

BY J.D. FREDA

sports@liherald.com

South Side's football team traveled to Big Red Stadium last Saturday and soundly defeated Glen Cove, 35-14, for its second straight win to start the season.

The Cyclones' success was centrally focused on their ability to spread the ball amongst their collection of big-play capable playmakers. Senior quarterback Trent Davis and junior quarterback William Pickett were interchanged at various points of the afternoon, both having a large impact in the Nassau Conference IV matchup.

"We wanted to keep it very similar to what we have been doing, we know we run a two-quarterback system with William Pickett and Trent Davis, they both do a lot of things nicely and we try to distribute the wealth between them," South Side head coach Phil Onesto.

Both quarterbacks were nearly equally effective, as all five of the Cyclones scores came from them. Davis, the more traditional pocket passer, completed 10 of 14 passes for 133 yards and 2 touchdowns. Pickett scurried for 118 yards and 3 touchdowns on only 6 carries, bringing his yards per carry to just under 20 yards a tote.

Junior wideouts Nick Licalzi and Ezavier Brewster both caught touchdowns from Davis and were heavily involved in the passing game.

"When you've got playmakers like Nick (Licalzi) or 'Zay (Brewster), you want to get them the ball in space and see what they can do," said Mike DiGiamo, one of Onesto's assistant coaches.

Although South Side marched out to an early 14-0 lead in the first quarter, Glen Cove nearly started a rally back. Just after South Side's Pickett rushed for a 19-yard score, the Cyclone's defense had forced a three-and-out from Glen Cove. A few plays later, the Big Red had punched out a forced fumble and recovered it. Devon Christopher, Glen Cove's starting quarterback, could only muster a few yards before having to punt once more with 3:23 left in the half.

Just a few seconds later, the ball was sent into South Side territory and had hit off of a Cyclones player, making it a live



Anthony Hughes/Herald

**GLEN COVE'S MAYAN** Letellier tried to avoid South Side's Ezavier Brewster during last Saturday's Conference IV game won by the visitors, 35-14.

ball. The Big Red fell on it for its second forced turnover in as many possessions, and was in good field position with ample time on the clock.

Just after Christopher ran for a first down, Glen Cove (0-2) was faced with a third down inside the red zone. Christopher, as he had been much of the game, was pressured and hit as he threw, and the ball was intercepted.

One play later, with 1:03 left in the half, Davis threw a quick hitch route to Licalzi who took it 75 yards for a touchdown to

make it 28-0. "We just wanted to get the ball out of bounds," Onesto said. "Then Nick takes it for 75 yards. It's great to have him on the team."

Glen Cove's two scores came in the second half via an 80-yard interception return for a touchdown by Mayan Letellier and a late-game 10-yard scramble by backup quarterback Anthony Rant.

"We weren't doing the right things, but they are positive, and we are going to move forward with a positive attitude now," Glen Cove head coach Pete Kopecky said.

## VIEW PHOTOS WE'VE TAKEN AT GAMES AND OTHER EVENTS IN YOUR COMMUNITY!



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# HERALD NEIGHBORS



Photos by Tab Hauser/Herald Gazette

**CHRISTINE MAMMONE, ASSISTANT** coach of the Gritty Buddha soccer team, shared some words of encouragement with players Fabiola Bautista, far left, Adrianna Romero and Elianna Cavese.

## Soccer season begins with a parade

In celebration of its 50-year history, Glen Cove Junior Soccer took to the streets of Glen Cove on Saturday, Sept. 15, to kick off another season of play and good sportsmanship. Hundreds of children and their families marched behind the Wildcats, Glen Cove Girls' Long Island Junior Soccer League's Under-18 Division champions from Glen Cove Middle School to John Maccarone Memorial City Stadium.

Under the leadership of Junior Soccer League President, Marty Shannon, the organization's board and volunteer coaches — as well as support from the Glen Cove Department of Parks & Recreation — Glen Cove Junior Soccer has grown consistently year after year. This year 44 teams of children age 5 to 16 will participate in the city's soccer program.

One of the critical driving forces behind the growth of soccer in Glen Cove for over five decades is Marco Malusa. Glen Cove Mayor Tim Tenke took a moment at the league's opening ceremony to honor Malusa's "timeless" contributions to the city's soccer program and presented him with a special clock.

"Marco has been a strong voice for youth soccer," Tenke said, "and his desire is for all children to have fun, play fair and most importantly, demonstrate good sportsmanship. We are grateful for his commitment to our children and for his 50 years of volunteer service."



**JOSEPH DIMAGGIO, LEFT**, Rosemary Martinez, Dylan Shonum, James Velazsvovez and Jack Bayer, marching behind, headed toward Maccarone Memorial Stadium at the Glen Cove Jr. Soccer Kickoff Parade.



**MAYOR TENKE, LEFT**, presented a commemorative clock and plaque to league founder Marco Malusa, while Marty Shanon, the junior soccer league president looked, on.

# COMMUNITY CALENDAR

## Thursday, Sept. 20

**'Intelligent Lives' premiere and panel**  
LIU Post Lecture Hall, Hillwood Commons, 720 Northern Blvd., Brookville, 11:30 a.m. to 2:30 p.m. The Center for Community Inclusion at LIU Post is hosting a free screening of "Intelligent Lives," which features three young American adults with intellectual disabilities who challenge prevailing perceptions of intelligence as they navigate high school, college and the work place. To reserve free tickets, email [LIEarlyChildhoodDC@liu.edu](mailto:LIEarlyChildhoodDC@liu.edu), or call (516) 413-8229.

**Make your own marble paper**  
Gold Coast Library, 50 Railroad Ave., Glen Head, 4 p.m. Do you know how marbles are made up of different colored swirls? Using just shaving foam and watercolor paints, we can make beautiful marble designs on paper to create unique greeting cards, bookmarks and more. Recommended for children grades K through 2. (516) 759-8300.

## Saturday, Sept. 22

**Sea Cliff Farmers Market**  
St. Luke's Church, 253 Glen Ave., Sea Cliff, 9 a.m. to 1 p.m. This open-air market offers a selection of locally grown vegetables, fresh baked goods, fresh pressed juices and micro-greens and sprouts. All products are grown or produced on Long Island, mostly right in Nassau County.

**Empire Defensive Driving course**  
Gold Coast Library, 50 Railroad Ave., Glen Head, 10 a.m. to 4 p.m. This course is designed for all licensed and insured drivers. The fee is \$38 for drivers up to age 60 and \$33 for drivers ages 60 and up. A non-refundable check payable to Empire Safety Council is due at time of registration. Cash is not accepted. On the day of the class, bring a brown-bag lunch. (516) 759-8300.

**Landscaping and Real Estate Value**  
Locust Valley Library, 170 Buckram Rd., Locust Valley, 1 p.m. Presented by landscape consultant Larry Gordon. Learn how a beautiful landscape increases the real estate value of your home. This program will prepare you for selling your property, and offer landscape pointers, design trends and structural ideas to enhance your home now and achieve greater, long-term financial appreciation. Registration requested. (516) 671-1837.

## Monday, Sept. 24

**Chair yoga: Get fit while you sit**  
Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 2 p.m. Barbara Croen and Leslie Arluck's class encourages fitness for those whose physical condition, restricted mobility or age limits their participation in conventional forms of exercise. (516) 676-2130.

**Owl wall clock**  
Gold Coast Library, 50 Railroad Ave., Glen Head, 4:30 p.m. Kids will enjoy creating a whimsical owl-shaped clock



Photos Courtesy Metro Creative Connection

## 'We are CASA: A Day of Wellness'

North Shore's Coalition Against Substance Abuse has planned this community event for Saturday, Sept. 29 at Tappen Beach (rain date: Sept. 30) from 10 a.m. to 3 p.m. The event includes wellness activities, a three-on-three basketball tournament, an art station, great food and even better music. "We are CASA" is intended to educate the community on what has been lost to substance abuse, and how NSCASA can bring everyone together to help. NSCASA will also take time to recognize the significant loss the community has suffered from substance abuse, and ensure that participants understand how it can impact us all. Shore Road, Glenwood Landing.

using cardboard, patterned paper and color foam sheets. Each clock comes complete with clock mechanism, hour, minute and second hand plus a battery. Recommended for children grades 3 through 6. (516) 759-8300.

## Tuesday, Sept. 25

**Narcan training**  
Sea Cliff Village Hall, 300 Sea Cliff Ave., Sea Cliff, 7 p.m. Nassau County Leg. Delia DeRiggi-Whitton is sponsoring a Narcan training, hosted by Sea Cliff Mayor Ed Lieberman. Each participant will receive a training kit. There is no fee for the event, but registration is required. Register with Delia's office at (516) 571-6211, or online at [nassaucountyny.gov/overdosetraining](http://nassaucountyny.gov/overdosetraining).

**Zumba**  
Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 7:30 p.m. Join Cristina at the library for this fun and rhythmic workout that combines Latin dancing with toning techniques. Class size is limited so register early. (516) 676-2130.

**Locust Valley Senior Club**  
Locust Valley Library, 170 Buckram Rd., Locust Valley, 10:30 a.m. All seniors 55 years and older are welcome to join. Seniors in towns surrounding Locust Valley are also welcome. (516) 671-1837.

## Wednesday, Sept. 26

**Health & Wellness at The Regency**  
The Regency Assisted Living, 94 School St., 1:30 p.m. The Regency will present a series of health and wellness events in

partnership with Northwell Health. The first program is Respiratory Care & Prevention. This event is free and open to the public. RSVP to Amy at the Regency. (516) 674-3007.



## Rotary Fashion Show

Join the Rotary Club of Glen Cove on Tuesday, Sept. 25 at 7 p.m. for an evening of fashion and fun, while helping leaders across Long Island. Includes full cocktail hour with complimentary wine and beer, a full dinner and fashion show. Models include New York Giants Cheerleaders and RYLA Youth Leaders. There will be entertainment, music and raffles throughout the evening. Tickets are \$85 and can be purchased at [www.eventbrite.com](http://www.eventbrite.com). Crest Hollow Country Club, 8325 Jericho Tpke., Woodbury.

**Healthy Living: Let's Dance and Move**  
Glen Cove Hospital, Pratt Auditorium, 11 Trubee Pl., Glen Cove, 6:30 p.m. Join in on an evening of fun for women in the community. A night focused on dancing and moving for health. Register by visiting: [GCdanceandmove.eventbrite.com](http://GCdanceandmove.eventbrite.com) or call (516) 674-1809.

## Genealogy Workshop

North Shore Historical Museum, 140 Glen St., Glen Cove, 7 p.m. These two sessions with genealogist Suzanne Danet will help plant and grow your own family tree. Session I: "Starting to Climb Your Family Tree," covers gathering basic facts and records, interviewing family members and DNA testing. \$10 per session or \$15 for both sessions. (516) 801-1191.

## Friday, Sept. 28

### The Harlem Hellfighters

North Shore Historical Museum, 140 Glen St., Glen Cove, 7 p.m. The Harlem Hellfighters were an African-American army unit in World War I, and spent more time in combat than any other American unit. Some of these brave men were from the Glen Cove area; three were awarded the Croix de Guerre, the French medal of valor. Come see this groundbreaking exhibit and enjoy wine and cheese in the historic museum. \$10 admission. (516) 801-1191.

## Saturday, Sept. 29

### Offbeat Artifacts sale

Village Green, 300 Sea Cliff Ave., Sea Cliff, 9 a.m. to 3 p.m. The Friends of the Sea Cliff Library have announced the next Offbeat Artifacts sale. Volunteers are welcome. All proceeds support the work of the Sea Cliff libraries (rain date: Sunday, Sept. 30).

### Nuremberg's 'Aggressive War Chief'

The Holocaust Memorial and Tolerance Center, Welwyn Preserve, 100 Crescent Beach Rd., Glen Cove, 2 p.m. Cecelia Goetz was the only female prosecutor to deliver an opening statement at the Nuremberg Trials, redefining a woman's role in the courtroom. This exhibition asks visitors to challenge what they know about the trials, and question the roles prescribed to women during the mid-20th century. Reservations recommended. RSVP to (516) 571-8040 x107.

### Genealogy: What's It All About?

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 2 p.m. Genealogist Patricia Ann Kellner will share what can be learned from DNA test results. Learn how to gain health insights by uploading DNA results to different websites such as AncestryDNA and 23andMe. (516) 676-2130.

## HAVING AN EVENT?

Submissions can be emailed to [llane@liherald.com](mailto:llane@liherald.com).

## NEIGHBORS IN THE NEWS



Courtesy City of Glen Cove

**STOP THROWING OUT** Pollutants or the S.T.O.P. program will be held in Glen Cove this weekend. Dispose of chemicals the safe way by participating

## Get rid of chemicals the safe way

Glen Cove's Fall "Stop Throwing Out Pollutants," or S.T.O.P. program will be held on Saturday, Sept. 22 from 8:30 a.m. to 3:30 p.m. at the DPW Yard on 100 Morris Avenue. The S.T.O.P. program provides Glen Cove residents with a safe way to dispose of old paint — enamel, lead and oil based only — paint thinner, household batteries, brake and transmission fluid, antifreeze, aerosol cans with contents, air conditioning refrigerants, pesticides, insecticides, fertilizers, oven cleaner, rug and upholstery cleaner, polish and wood

preservatives, pool chemicals, propane tanks with contents, unused flammable liquids, and fluorescent light bulbs.

No electronics, smoke detectors, fireworks, car batteries, motor oil, empty aerosol cans, light bulbs that are not fluorescent, explosives or medical waste is allowed. Residential waste only and proof of Glen Cove residency required. This program is supported by the NYS Department of Environmental Conservation and Winter Bros. Waste Systems. Contact the Depart. of Public Works at (516) 676-4402.



Courtesy U.S. Military/ National Archives

**THIS PHOTO OF** the Harlem Hellfighters was taken at Joint Base San Antonio.

## Harlem Hellfighters at NSHM

Though African American soldiers had served with distinction in every American war since the Revolution, with America's entry into World War I, many African Americans felt they again had an opportunity to prove themselves to the country at large. During the war approximately 380,000 African Americans served in the military. The most famous of these soldiers were the members of the 369th Infantry Regiment, known as the "Harlem Hellfighters." Their story is one of great determination, courage, and achievement in the face of unconscionable discrimina-

tion. It is at once a story of what has been both best and worst in our history.

An exhibit celebrating these soldiers opens at 7 p.m. on Friday, September 28 at the North Shore Historical Museum at 140 Glen Street in Glen Cove. The exhibit looks at the exploits of the 369th as a whole and focuses on the 40-plus members of the unit from Glen Cove and the nearby area. If you have ancestors who served with the 369th and possibly have items to contribute to the exhibit, please contact Professor Richard Harris at rharris@webb.edu.



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Photos by Zach Gottehrer-Cohen/Herald Gazette

**THESE DANCERS ADAPTED** traditional choreography to modern Indian music.

## Huge feast at Glen Cove's temple of 'soldier-saints'

CONTINUED FROM FRONT PAGE

Sikh faith to wear turbans.

This year, the first time the event was billed as a Turban Festival, Manmeet and other gurdwara members said they hoped to attract people of all cultures, to help them understand what the turban means.

According to their religious teaching, Sikhs have a responsibility to protect those who are in danger. "It was well known in India," where Sikhism was founded just over 500 years ago, Jasleen Sabharwal said. "People would tell their daughters, 'If anytime you're going down the street and you feel threatened . . . find a cabby who is a Sikh'" by looking for a turban, she added, "and you'll be safe."

Outside India, however, people often confuse Sikhs with Muslims. In 2001, Sabharwal worked in the World Trade Center, but had not yet arrived at her office when the first plane hit the north tower on the morning of Sept. 11. She walked east, with thousands of other New Yorkers, on her way home to Richmond Hill, Queens, where she lived at the time. She said that there was dust from the building on her face and clothes, but that didn't stop a group of high school kids from taunting her. "Hey," they called to her, "you did it again!"

In the wake of 9/11, 41 percent of Sikhs in New York reported being called names like "terrorist" or "Osama bin Laden," according to a 2009 study by the Sikh Coalition. It also found that 9 percent of Sikh adults had been physically assaulted.

The confusion puts Sikhs in an uncomfortable position. Because they are bound



**BHAVJEET SINGH BLENDED** modern tastes with traditional style, sporting a vest printed with emojis.

by their faith to accept people of other religions, they have to be careful when they explain that Sikhs are not Muslims so as not to sound like they are insinuating that being a Muslim is bad. The point, Rupinder Kaur said, is that "it's not that you shouldn't hurt me because I'm not a Muslim. You shouldn't be having those thoughts about a Muslim, either. Discrimination," she added, "is discrimination."



**CHILDREN AT THE** Turban Fest enjoyed all sorts of fun and games, including a train ride.

Because Sikhism is one of the world's younger religions, as Kaur characterized it, its founders had the opportunity to take the best values — like radical compassion and honest, hard work — from older faiths, and leave aside dogmas like

gender inequality and the distrust of outsiders.

In fact, many Sikh traditions focus on helping outsiders. *Langar*, for example, is a tradition in which visitors are invited to

CONTINUED ON PAGE 13



Laura Lane/Herald Gazette

**SIKH MUSICIANS ACCOMPANIED** the morning prayers, while two worshippers followed along.



Zach Gottehrer-Cohen/Herald Gazette

**BURMIT HIRA DRIZZLED** batter into hot oil to make jalebi, a candied funnel cake.

## Every dish a festival of sweet, sour, spicy

join Sikhs for a meal, regardless of their religion, gender, age or ethnicity. Langar meals must always be vegetarian, not because Sikhs are strict vegetarians — “Oh, we eat meat,” Sabharwal said — but because in India, many langar guests would be vegetarian Hindus.

The festival itself was essentially a large langar. Thousands of people, Sikhs from around Long Island as well as visitors, milled around the grounds of the gurdwara. The smell of Indian spices and frying oil emanated from a large white tent in the temple’s parking lot.

The dishes prepared there featured tangy, spicy and sweet flavors, often blended in offerings that were simultaneously light, refreshing and substantial. Highlights included a sweet dessert, jalebi, a thin-dripped funnel cake that is candied in boiling sugar water after it is fried; a

spicy, deep-fried mashed potato patty called tiki; and tamarind water, a spicy-and-sour chilled beverage to wash it all down.

The standout dish was Kaur’s street-style bhutta, corn on the cob. The curry that she slathered with butter onto ears of grilled corn would have been too much to bear in the heat that day, but the chill sour of the lemon juice that accompanied it made the sweet cob delicious.

Other than a parking kerfuffle that left several visitors’ vehicles trapped in the parking lot for hours, the event went smoothly. Traditional dance troupes and musicians playing Indian tablas and harmoniums performed. A group of children and teens demonstrated their skills in gatka, a martial art that makes use of swords, demonstrating that Sikhs still live up to their moniker, “soldier-saints.”



Zach Gottehrer-Cohen/Herald Gazette

**IN A MORNING** ceremony, a Sikh priest read from the Guru Granth Sahib, the religion’s holy book.



Laura Lane/Herald Gazette

**FESTIVAL ORGANIZERS SAID** they hoped people who do not practice Sikhism would feel welcome at the Turban Festival.

# Biz association presents: Fall Fest

By ALYSSA SEIDMAN

aseidman@liherald.com

The Gold Coast Business Association is making preparations for its fifth annual Fall Fest on Sunday, Sept. 30 at The First National Bank of Long Island's Glen Head branch. Over 40 business vendors from across the North Shore will set up shop in the bank's parking lot, offering local goods, fresh produce and handcrafted items to members of the community.

"Every year the main focus is to bring awareness to the businesses in our area, showcase them, and give people the chance to meet the owners," said Deborah Gordon, the president of the association. "People realize places that they pass every day, and it really places importance on shopping locally."

Gordon originated the event five years ago when she first joined the organization. Back then it was called the Glen Head-Glenwood Business Association, and the event was known as the Glen Head Farmers Market. But since the group's rebranding in August, Gordon has shifted the association and the event's reach beyond the two hamlets.

"The name change has definitely helped," she said, adding that the first meeting post-rebrand was attended by 40 people. "People feel even more welcome, and the new event name sounds fun and more inviting."



Elisa Dragotto/Herald Gazette

**MEMBERS OF THE** Glen Head community perused the produce and merchandise available at last year's Fall Fest.

Originally, Fall Fest was contained in a single parking lot with only 25 vendors. Then Rottkamp Brothers Farm, in Glen Head, was brought on as a vendor to draw people in. Five years later, Fall Fest now takes up two lots, with over 45 vendors.

In addition to the restaurants, gift shops and businesses that will be featured at Fall Fest, Gordon said there would be enter-

tainment, too. The Glenwood Landing Fire Department will be there with some fire trucks for kids to enjoy, and North Shore High School's dance team, Pulse, will perform a few routines.

"It's an explosion," said Rob Mansfield, who owns Grassroots, an organic bakery in Glen Head. His business has participated in Fall Fest since the beginning, and he

has watched it grow over the years.

"The association has worked to build a business community not just in Glen Head, but in surrounding areas as well," he added. "All these areas on our North Shore hamlet are pulled together through this event."

Mansfield said Fall Fest is a great opportunity to bring new customers into local storefronts. "People who wouldn't normally venture into the store are surprised by what they find," he said.

Resident Christina DeNovellis, who works at Beautiful Flowers Floristry in Glen Head, said she enjoys the camaraderie the event inspires among residents who attend. "It's different than being in your shop," she said. "You're out there, you see people walking through who you haven't seen in years, and you get to chat with other business owners in the community."

Mansfield agrees that the close-knit camaraderie of the Gold Coast, as well as its business association, gives both shoppers and storeowners a better respect for the community they live in.

"It's a togetherness," he said. "You're able to share information and share your stories. A community that's banding and branding together is a strong one."

Fall Fest kicks off at The First National Bank of Long Island, 209 Glen Head Road, Glen Head, on Sept. 30 from 10 a.m. to 3 p.m.

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# CUSTOMIZING YOUR KITCHEN

Keep that countertop looking new

**K**itchen remodels remain one of the most popular upgrades on a homeowner's to-do list.

Installing new cabinetry, countertops and appliances can transform the look of a kitchen, but you also must consider the functionality of design when renovating.

According to HomeAdvisor, a home-improvement informational guide, homeowners spend an average of \$22,000 on kitchen remodels. However, lavish projects can cost more than \$50,000. That kind of investment means you'll want to clearly consider your choice of kitchen components and the maintenance required to ensure the longest life possible. This includes the new countertops that make the kitchen look complete.

Countertops set the tone for the kitchen, so choose materials and a look that not only reflect your style, but also are in line with how you use the kitchen.

Granite is on the must-have list for many homebuyers. But engineered stone products made primarily of quartz are replacing granite in high-end design today, and their functionality as a stain-resistant, durable, sleek-looking surface fulfills lifestyle and aesthetic prerequisites for many.

Countertops come in various materials, not all of which should be treated the same way. Quartz, granite, marble, laminate, and tile countertops require different types of maintenance.

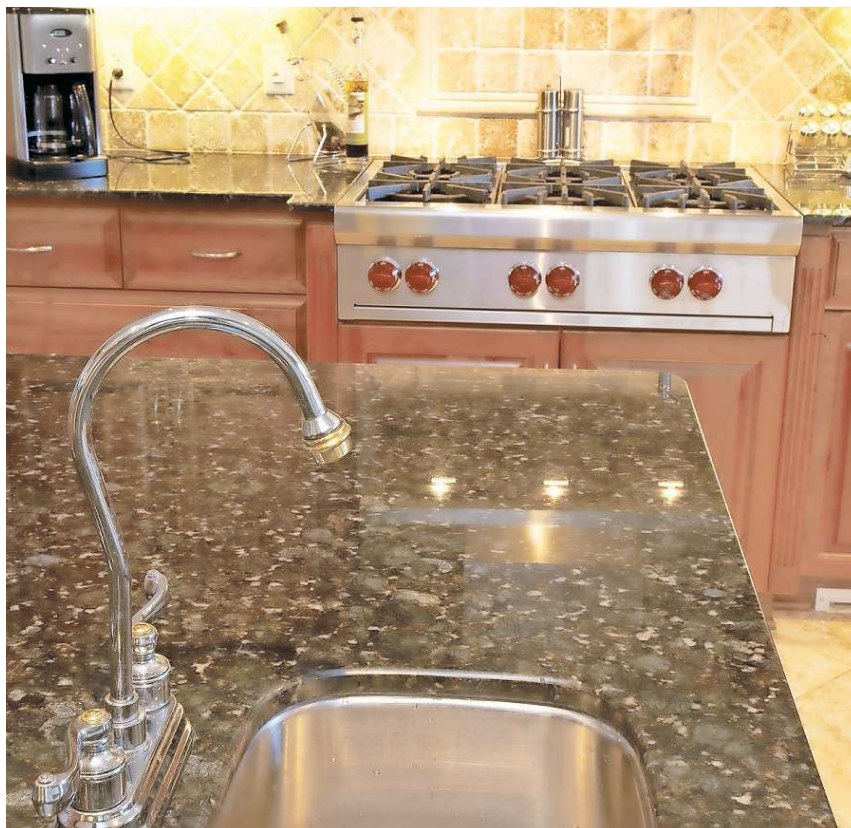
## Quartz

Engineered quartz countertops are popular. Quartz countertops are nearly maintenance-free and resistant to stains, scratches and even heat. Quartz will not need to be sealed like natural stone and can be cleaned using just a damp cloth with a mild, nonabrasive soap.

## Granite

Polished or honed granite countertops offer a high-end look that adds instant value to a kitchen. Natural variations in granite give each kitchen a custom look.

To keep granite countertops clean, avoid abrasive cleansers that can scratch, and opt for warm, soapy water instead. Stains are possible, but can be remedied with a baking soda paste left to sit for a couple of hours, advises Angie's List. Wipe up oils, acids and soda promptly to



From marble to granite to quartz, choosing the right kitchen countertop can be a daunting process.

avoid stains, and follow advised sealing routines.

## Marble

Marble is a natural stone that is porous and will need to be resealed periodically. Because marble has high levels of the mineral calcite, it can be reactive when acids come in contact with it, and etch marks may appear.

Promptly wipe away tomato juice, lemon juice, perfume, or toothpaste. Marble is softer than granite and will wear at a faster rate. Avoid scratching and exercise caution when using knives or sharp objects around marble.

## Laminate

One of the more budget-friendly materials, laminate countertops can be fabricated to mimic the look of natural stone, wood or even quartz.

Laminate is less resistant to damage than other materials and will need a gentle touch.

Formica® says to never use abrasive cleansers, scouring pads or steel wool when cleaning laminate countertops. For tough stains, an all-purpose cleaner should suffice when applied with a nylon-bristled brush. Test any cleanser in a discreet area first.

## Tile

Cleaning tile countertops requires getting into crevices along the grout lines. A toothbrush and a mildew-fighting cleaner or bleach diluted with water is advised. Also, unglazed tiles need to be sealed yearly. Some soap may leave residue, which can be removed with a solution of vinegar and water. ■

# Essentials of a kitchen makeover

## Design a more functional pantry

Many of us wish we had more storage space in our homes, and kitchens are one area where people seemingly can always use more storage.

Despite a desire for more kitchen space, until recently, kitchen pantries fell out of favor. Builders and architects may have thought that close proximity to supermarkets as well as multi-use cabinets in kitchens would offset the need for pantries. But according to a recent survey from the National Association of Home Builders, a kitchen pantry is the most desirable kitchen feature for buyers in the market for a new home.

In order to accommodate for spending more time in the kitchen, homeowners are directing additional attention to kitchen preparation and storage features. In fact, one recent trend in kitchen renovations is creating custom-designed pantries.

## Locate the appropriate space

Ideally, pantries should be in or adjacent to the kitchen. But not every home layout allows for this setup. Some folks need to move storage pantries into the garage, the basement or a mud/laundry room.

Various factors should be considered before placing a pantry outside a kitchen. Will food spoil? Is there a possibility that vermin or insects can infiltrate the room and access food? These factors will dictate whether to have closed cabinets, airtight bins or open shelves or if other modifications must be made to the room prior to building.

## Choose your pantry type

Accessibility is essential in a pantry. Everything should be easily reached and grabbed as needed without having to move too many things. Ideally, foods should be arranged in a single layer so that all items can be viewed at a glance. Shelves of various depths and heights can accommodate items of different sizes. Adjustable shelves are ideal because they can be modified as foods change. Sliding drawers can improve reach in cabinets.

In smaller spaces, French door-style reach-in cabinets are convenient and flexible. In complete kitchen remodels or new constructions, walk-in pantries offer the most space and flexibility.

## Must-have features

Pantries serve different functions in different homes. For the bulk shopper, a pantry with plenty of room for large items will be needed.

Lighting can be beneficial in all pantries. Lights can improve visibility when trying to locate items. Others prefer an outlet for charging hand-held vacuums or other small appliances. Counter space in the pantry enables homeowners to unload groceries directly onto pantry shelves.

For pantries located outside of the kitchen, built-in freezers can maximize storage possibilities, especially for those who freeze-and-eat after bulk shopping ventures. ■

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# FLOWERING IN THE FALL

## Adding a color pop to your garden for winter

By Julia Price

Gardens provide a source of seasonal nourishment, and they can serve as a beautiful pop of color that is joyful to admire. During fall, you may find yourself wondering how to add more electric color to your surroundings before winter. Flowering cabbage and kale are perfect companions for the change in weather, and regardless of whether they're spread throughout a garden, in a garden container or lining a walkway, these stunning bursts of a rainbow palette will charm you every day.

The aesthetics of flowering cabbage and kale complement many garden plants. They are even used as decorative food garnishes, as they are edible but have a bitter taste. Despite their name, they rarely put out real flowers. And though they come in similar shades of bold green, blue, purple, pink and white, you can differentiate them by the leaves: Kale has ruffled, frilly leaves, while cabbage leaves are rounder and smoother.

According to the UMass Amherst Greenhouse and Floriculture Extension and Better Homes and Gardens, some of the most well-known variations are the following:

- ✓ Tokyo cabbage: red or white leaves with a red center.
- ✓ Osaka cabbage: red or white leaves with a white center.
- ✓ Pigeon Red kale: red, pink, or purple leaves with a red center.
- ✓ Chidori White kale: blue-green heads with a white center.
- ✓ Glamour Red kale: red or purple leaves.
- ✓ Peacock Red kale: blue or green leaves with a red-purple center.
- ✓ Redbor Series kale: dark-purple leaves.



Flowering cabbage and kale are easily maintained plants that will bring your garden to life this winter.

If planting them in a garden, Better Homes and Gardens recommends planting them alongside chrysanthemums, leadworts and pansies. The Dengarden site for home and garden enthusiasts notes that they make great companion plants "because they give and receive benefits." Try planting them with artichokes, beets, celery, peas, potatoes, radishes, cucumbers, lettuces, onions and spinach. Suggested herb plant pairings are as follows: garlic, basil, mint, rosemary, dill, chamomile, sage and thyme.

These decorative plants require relatively little care, namely consistent watering and keeping the soil moist. They are relatively bug- and insect-free; however, all plants are attractive to some pests. It's common for caterpillars,

slugs, aphids and flea beetles to plan an attack and make their mark. Keep an eye out for holes in the leaves, trails of shiny liquid or other signs that they are being targeted. Treatment may vary depending on location, but detecting a problem early on is key.

**Both of these ornamental plants thrive in cool seasons.** When the temperature drops. Once the temperature hits lower than 50 degrees F, the true essence of these vibrant colors will begin to show. Though neither do well in the warmer months, you still want to plant them in an area where they will find direct sunlight or partial shade, for they won't grow as strong in the shade. Plant the seeds six to nine weeks before the first expected frost of the season, and in several months they'll grow to their full adult size. Plan ahead and you can have a beautiful blanket of color.

**Customize your garden design with a full arrangement or freely spread accent of either plant.** Since they can grow to be quite large, The Spruce says they "look especially good in a large planting, where their color really stands out." And since they grow low, they can serve as a walkway border or edging to protect your garden. Consider planting fewer plants in ceramic pots or window boxes, rather than scattered throughout the garden. Pinterest, Country Living magazine and Good Housekeeping magazine are inspiring places to start brainstorming and envisioning your perfect layout. They will help guide you through your garden goals no matter how green your thumbs are.

Adding color into your world can better your emotional well-being and trigger positive responses. Flowering kale and cabbage are flora and fauna that will put a little extra pep in your step no matter how gray it is outside. ■

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## Autumn's Spiderpalooza

You're not imagining there being a lot of spiders in the fall. Many kinds of spiders are very active this time of year, from gigantic Shelobs to diminutive Charlottes. But the big ones get our attention.

Fall is the active season for some of the larger species of garden spiders, which is why we see larger, more elaborate webs this time of year.

Spiders are beneficial garden predators; they help keep insect infestations under control.

Contrary to popular myths, most garden spiders are completely harmless and aren't the least

bit interested in humans. And if you can get over your Hollywood-inspired arachnophobia, many of them are quite beautiful.

This fall, make peace with the spiders in your yard. Sit outside one evening and watch an orb weaver spin an architectural masterpiece. Stare down a funnel weaver and see whether you can watch it disappear. (Bet you can't -- they're too fast!) Look for the sparkling gossamer silk of baby spiders traveling in an autumn breeze. And if you must disturb a spider web, gently relocate the spider to a spot where you can let it settle into a peaceful coexistence.

SOURCE: Today'sHomeowner.com




creators.com / Frank Mariani

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# STEPPING OUT

Where to go, what to do, who to see

Tastes of fall

## Venture forth to a nearby apple orchard

Those short-lived delights of the season are here to enjoy: juicy, crisp apples, sweet cider, harvest fairs, and, of course, some pumpkins along the way. Apple picking awaits and is underway at nearby u-pick orchards.

Apple season peaks around now, but there's still time to pick through mid October, according to area growers.

Growers are producing more of the varieties that everyone loves — including returning favorites Gala and Honeycrisp and the classics McIntosh and Empire. Select from the abundance of varieties available; such favorites as Zestar, Jonamac, and Macoun. Zestar is early season apple that's juicy, with a light and crisp texture.

Also consider newer varieties such as RubyFrost and SnapDragon. The RubyFrost's blend of sweet and tart flavors and its crisp texture make it a great choice for eating as is and in for use in baking salads and sauces. The sweet juicy SnapDragon is characterized by a "monster crunch." One of its parents is the Honeycrisp, and you'll love the spicy/sweet flavor.

Once you get home with your bounty, make some delicious apple treats.



Apple pie is always welcome, whether as a scrumptious ending to a meal or anytime in between.

### Fall's Best Apple Pie

Pastry for a 2 crust deep dish 9-inch pie  
8 cups peeled, cored, sliced apples  
2 tablespoons lemon juice  
3/4 cup sugar  
2 tablespoons unbleached all-purpose flour  
2 tablespoons cornstarch

1/4 teaspoon salt  
1 teaspoon cinnamon  
1/4 teaspoon nutmeg  
1/4 teaspoon allspice  
1/4 cup boiled cider or undiluted apple juice concentrate  
2 teaspoons vanilla extract, optional  
2 tablespoons butter, diced in small pieces

For the crust: Divide dough into two pieces, one about twice as large as the other. The larger piece will be the bottom crust; the smaller piece, the top crust. Pat each piece of dough into a disk about 3/4" thick.

Roll each disk on its edge, like a wheel, to smooth out the edges. Wrap in plastic and refrigerate for 30 minutes before rolling.

Preheat the oven to 425° F.

Lightly grease a 9" pie pan. Combine the sliced apples and lemon juice in a large mixing bowl. In a small bowl, whisk together the sugar, flour, cornstarch, salt, and spices. Sprinkle the mixture over the apples, and stir to coat them. Stir in the boiled cider (or apple juice concentrate) and the vanilla, if you choose to use it.

Roll the larger piece of pastry into a 13" circle. Transfer it to the prepared pan, and trim the edges so they overlap the rim of the pan by an inch all the way around. Spoon the apple filling into the pan. Dot the top with the diced butter.

Roll out the remaining pastry to an 11" circle. Carefully place the pastry over the apples. Bring the overhanging bottom crust up and over the top crust, pinching to seal the two and making a decorative crimp. Prick the crust all over with a fork, to allow steam to escape. Or cut decorative vent holes, if desired. Alternatively, you can weave a lattice.

For extra crunch and shine, brush the top crust with milk (or an egg white beaten with 1 tablespoon of water), and sprinkle with coarse sugar.

Crimp the edges of the pie, then place it in the refrigerator for 10 minutes to firm up the crust while the oven finishes heating.

Place the pie on a parchment-lined baking sheet. Bake the pie for 20 minutes, then reduce the oven temperature to 375°F and bake for 40 minutes more, until you see the filling bubbling inside the pie (and perhaps dripping onto the parchment). Check the pie after half an hour of baking time, and cover the edges with foil or a pie shield to keep them from browning too quickly, if necessary.

When the pie is done — you should see the filling bubbling vigorously, either around the edges, or via any

decorative vents — remove it from the oven.

Cool the pie completely before slicing, really. (Cutting any fruit pie that's still warm is a messy business. The filling continues to thicken as the pie cools, and if you cut it too soon it will run out all over the place.)

Store any leftover pie, lightly covered, at room temperature for several days. Freeze for longer storage.



Crumbles and crisps are a tasty alternative to pie; simple and easy, without having to fuss with a piecrust.

### McIntosh Country Apple Crisp

4 cups (4 apples) sliced McIntosh apples  
2/3 cup packed brown sugar  
1/2 cup all-purpose flour  
1/2 cup oats  
1/3 cup margarine, softened  
1 teaspoon ground cinnamon  
1 teaspoon ground nutmeg

1. Heat oven to 375° F.
2. Arrange apples in a greased 8" square pan. Mix remaining ingredients, sprinkle over apples.
3. Bake until topping is golden brown and apples are tender, about 30 minutes. Serve warm.

— Karen Bloom  
kbloom@liherald.com

## STEPPING BACK IN TIME

### Long Island Fair

The Long Island Fair, Old Bethpage Village's authentic recreation of a 19th century county fair, is always a welcome fall event. This popular annual festival offers an appealing glimpse of days gone by, including all sorts of historical entertainment and activities. Stilt walkers traverse the grounds, and entertainers enthrall families with puppets, juggling and storytelling, in addition to performances by brass bands, fiddlers, and special guests. Historical demonstrations, agricultural displays and competitions, livestock shows, tractor rides, Civil



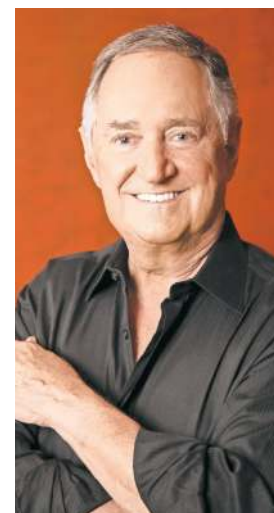
## WEEKEND

### Out and About

War and Rough Rider reenactments bring the 1800s century alive. Also see animals at the livestock barn and take part in corn husking and scarecrow-building contests. Additional attractions this year include a lumberjack show, Loop Rawlins' one-man Wild West show, and the return of Swifty Swine's pig racing. Saturday and Sunday, Sept. 22-23, 10 a.m.-5 p.m. \$15, \$13 seniors and children ages 5-12. Old Bethpage Village Restoration, Round Swamp Rd., Old Bethpage. (516) 572-8401 or [www.lifair.org](http://www.lifair.org).

### IN CONCERT Neil Sedaka

The renowned songwriter-composer-pianist stops on Long Island on his current tour, which he says will be his final before retiring from the road. Sedaka has earned the "legendary" epithet, evolving from a rocking and rolling teen-pop sensation in



the 1950s — selling 40 million records in between '59 and '63 — to penning hits and inspiring artists such as Frank Sinatra, Tom Jones, The Monkees and the King himself. His songwriting partnership with Howard Greenfield catapulted Sedaka to stardom and his enduring career has solidified that status. For over 50 years, Sedaka's compositions such as "Breaking Up Is Hard To Do," "Calendar Girl," "Little Devil" and "Happy Birthday Sweet Sixteen" have stood the test of time to remain all-time pop music favorites. He'll perform his classics, of course, as well as songs from his latest album, "I Do It for Applause." Saturday, Sept. 22, 8 p.m. \$109, \$83, \$63, \$53. Tilles Center for the Performing Arts, LIU Post, Route 25A, Brookville. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.tillescenter.org](http://www.tillescenter.org).

### Performances/ On Stage



#### Man of La Mancha

The classic musical based on Cervantes' "Don Quixote," Thursday and Friday, Sept. 20-21, 8 p.m.; Saturday, Sept. 22, 3 p.m.; Sunday, Sept. 23, 2 p.m.; Wednesday, Sept. 26, 8 p.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or [www.engemantheater.com](http://www.engemantheater.com).

#### Badfinger "Straight Up"

Bandfinger's Joey Molland in concert, performing the complete album and other hits, Thursday, Sept. 20, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or [www.myfathersplace.com](http://www.myfathersplace.com).

#### The League of Naughty Cubist

The band in concert, Thursday, Sept. 20, 8:30 p.m. Still Partners, 225 Sea Cliff Ave., Sea Cliff. 200-9229 or [www.stillpartners.com](http://www.stillpartners.com).

#### Million Dollar Quartet

The jukebox musical that dramatizes a 1956 recording session among early rock 'n roll/country stars, Thursday, Sept. 20, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or [www.tickmaster.com](http://www.tickmaster.com).

#### Music Jam

Bring an acoustic instrument and voice and join in or just listen, Thursday, Sept. 20, 7 p.m. Sea Cliff Library, 300 Sea Cliff Ave., Sea Cliff. 671-4290 or [www.seaclifflibrary.org](http://www.seaclifflibrary.org).

#### Jack Morelli Trio

The jazz ensemble in concert, Friday, Sept. 21, 9:30 p.m. Cinema Arts Center, 423 Park Ave., Huntington. (631) 423-7611 or [www.cinemaartscentre.org](http://www.cinemaartscentre.org).

#### Mighty Ramon and the Phantoms of Soul

The R&B-soul band in concert, Friday, Sept. 21, 8:30 p.m. Still Partners, 225 Sea Cliff Ave., Sea Cliff. 200-9229 or [www.stillpartners.com](http://www.stillpartners.com).



#### Nils Lofgren

The rocker in concert, with his acoustic duo, Friday, Sept. 21, 8 p.m. The Space, 250 Post Ave. Westbury. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.thespaceatwestbury.com](http://www.thespaceatwestbury.com).



### Jon Batiste

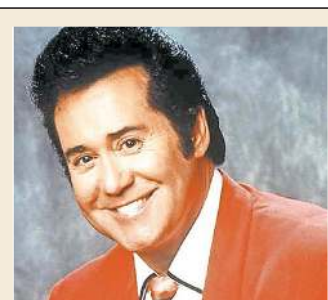
The innovative bandleader-jazz percussionist visits Tilles Center, on Friday, Sept. 28, at 8 p.m. The concert highlights his new solo album "Hollywood Africans," set to drop this month. With this recording, Batiste dives deep into his own personal and cultural heritage, weaving an intimate and emotional tapestry out of original material and American standards that carries the listener from the early jazz of New Orleans to the present day. The album's classic songs, which he'll share with his audience, include the New Orleans standard "Saint James Infirmary," "Smile," "The Very Thought of You," and Louis Armstrong's iconic "What a Wonderful World," slowed down to a soothing crawl. Tickets are \$55; available at (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.tillescenter.org](http://www.tillescenter.org). Tilles Center for the Performing Arts, LIU Post, Route 25A, Brookville.

#### Andre Rieu

The Dutch violinist in concert, Saturday, Sept. 22. Nassau Coliseum, 1255 Hempstead Tpke., Uniondale. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.nassaucoliseum.com](http://www.nassaucoliseum.com).

#### Black Tie Brass

The jazz-funk band in concert, Saturday, Sept. 22, 8:30 p.m. Still Partners, 225 Sea Cliff Ave., Sea Cliff. 200-9229 or [www.stillpartners.com](http://www.stillpartners.com).



#### Wayne Newton

The iconic entertainer in concert, Saturday, Sept. 22, 8 p.m. "Up Closer and Personal" includes stories and videos from his legendary career. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or [www.livenation.com](http://www.livenation.com).

#### Canta Libre

The chamber ensemble in concert, Saturday, Sept. 22, 6-7:30 p.m. Vanderbilt Museum, Reichert Planetarium 180 Little Neck Road, Centerport. (631) 854-5579 or [www.vanderbiltmuseum.org](http://www.vanderbiltmuseum.org).

#### Kip Moore

The country singer-songwriter in concert, with special guest The Wild Feathers, Saturday, Sept. 22, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-

3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.paramountry.com](http://www.paramountry.com).

#### Nights in a Spanish Garden

Poetica Musica in concert, Saturday, Sept. 22, 8 p.m.; Westbury House guided tour, 6:45 pm; pre-concert talk, 7:30 pm. Program includes works by Granados, Schumann, Schubert, Waxman and more, with pianist Hayk Arsenyan and Spanish violinist Jesus Reina. Old Westbury Gardens, 71 Westbury Road, Old Westbury. 333-0048 or [www.oldwestbury.org](http://www.oldwestbury.org).

#### The Liverpool Shuffle

The Beatles tribute band in concert, Sunday, Sept. 23, 1 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or [www.myfathersplace.com](http://www.myfathersplace.com).

#### Black Uhuru

The Jamaican reggae band in concert, Tuesday, Sept. 25, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or [www.myfathersplace.com](http://www.myfathersplace.com).

#### The Gipsy Kings

The flamenco-salsa band in concert, featuring Nicolas Reyes and Tonino Bailardo, Tuesday, Sept. 25, 7:30 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.paramountry.com](http://www.paramountry.com).

#### Ratt

The heavy metal band in concert, Wednesday, Sept. 26, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-

3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.paramountry.com](http://www.paramountry.com).

#### Eric Schenkman

The Spin Doctors' Eric Schenkman headlines a concert featuring Bridges & Tunnels and Andrew Weiss and Friends, Thursday, Sept. 27, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or [www.myfathersplace.com](http://www.myfathersplace.com).

### For the Kids

#### Think Up: Old Westbury Whodunit

Investigate the wonders of nature and history's mysteries at Old Westbury Gardens, Saturday, Sept. 22, 10:30 a.m. Go on a fact finding hunt through Westbury House and gardens to uncover clues and solve riddles. Free with admission. For ages 8 and up. Old Westbury Gardens, 71 Westbury Road, Old Westbury. 333-0048 or [www.oldwestbury.org](http://www.oldwestbury.org).

#### Pizza and Paperbacks

A book discussion for second-graders and up, Wednesday, Sept. 26, 3 p.m.; also Friday, Sept. 28, noon (for children entering Kindergarten in 2019) and 3 p.m. (Kindergarten and Grade 1). Registration required. Sea Cliff Library, 300 Sea Cliff Ave., Sea Cliff. 671-4290 or [www.seaclifflibrary.org](http://www.seaclifflibrary.org).

#### Dinosaurs in the Library

Explore dinosaur facts and books, Thursday, Sept. 27, 4 p.m. Also create a dinosaur themed craft and dinosaur trail mix. For ages 5 and up. Gold Coast Public Library, 50 Railroad Ave., Glen Head. 759-8300 or [www.goldcoastlibrary.org](http://www.goldcoastlibrary.org).

### Museums/Galleries and more...



#### True Colors

A full range of color's magic is on display in this exuberant show of over 100 works from the 19th century to the current hot talents. From Monet and Matisse to Mark Rothko and Frank Stella, and onward to the huge Color Field canvases and pulsing neon sculptures of today, color as a means of expression is the keynote for this exhibition. Nassau County Museum of Art, 1 Museum Drive, Roslyn Harbor. 484-9338 or [www.nassaumuseum.org](http://www.nassaumuseum.org).

#### Long Island Biennial

A juried exhibition of 52 works by artists representing Nassau and Suffolk counties. Paintings, sculpture, photography, works on paper, and mixed media encompassing diverse styles, subject matter, and themes are included. Through Nov. 11. Heckscher Museum of Art, Main Street and Prime Avenue, Huntington. (631) 351-3250 or [www.heckscher.org](http://www.heckscher.org).

#### Seashells...Nature's Inspired Design

An exhibit of seashells from around the world, in celebration of Garvies' 50th anniversary. Garvies Point Museum and Preserve, 50 Barry Drive, Glen Cove. 571-8010 or [www.garviespointmuseum.com](http://www.garviespointmuseum.com).

#### The Tile Club: Camaraderie and American Plein-Air Painting

An exhibit of tiles, drawings, sculpture, and prints that document the life and times of this lively artistic society. One of many that emerged following the nation's Centennial in 187, it comprised a select group of artists, writers, and musicians, including Winslow Homer, William Merritt Chase, Augustus Saint-Gaudens, Edwin Austin Abbey, J. Alden Weir, and Stanford White. Meetings were known for spirited conversation and experimentation with painted tiles. Through Nov. 11. Heckscher Museum of Art, Main Street and Prime Avenue, Huntington. (631) 351-3250 or [www.heckscher.org](http://www.heckscher.org).

#### At the Movies

See "Affairs of State," a political thriller involving a young campaign aide who gets in way over his head when he sleeps with the wife of a presidential candidate, Thursday, Sept. 20, 2 and 6:30 p.m. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212.

#### Film Time

See "The Shape of Water," the romantic sci fi fantasy thriller set against the backdrop of Cold War era America circa 1962, Thursday, Sept. 20, 6 p.m. Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove. 676-2130 or [www.glencovelibrary.org](http://www.glencovelibrary.org).

#### Movie Showing

See "Odds Against Tomorrow," the 1959 film noir about a disgraced former police officer, Friday, Sept. 21, 2 p.m.; also "Book Club," the rom-com about four lifelong friends whose lives are changed forever after reading "50 Shades of Grey" at their monthly book club, Tuesday, Sept. 25, 2 p.m. Gold Coast Public Library, 50 Railroad Ave., Glen Head. 759-8300 or [www.goldcoastlibrary.org](http://www.goldcoastlibrary.org).

#### Art Lecture

Examine "The Pastel Art Glass of Louis C. Tiffany," with collector Gordon H. Hancock, Saturday, Sept. 22, 3-4:30 p.m. He'll discuss his interest in glass created by Tiffany Furnace in 1919 when the company created a new line of tableware and decorative pieces to increase sales. Nassau County Museum of Art, 1 Museum Drive, Roslyn Harbor. 484-9338 or [www.nassaumuseum.org](http://www.nassaumuseum.org).

#### Broadway:

#### From Back Row to Backstage

Join theater enthusiast Brian Stoll for a discussion of all things Broadway, including its history and the Playbill, Saturday, Sept. 22, 2 p.m. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212.



### Having an event?

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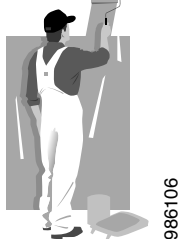
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**FROM THE DESK OF THE GLEN COVE MAYOR**

**Local water must be clean water**

By **TIM TENKE**

As I wrote in my last column, it is the responsibility of government to protect the taxpayer from irresponsible money management practices. However, it is also the responsibility of government to assure that the basic health and safety of our community is protected by investing in critical resources such as clean water.

As you may have read on June 26, the City Council voted down my proposed 25 percent increase in water rates. This increase would amount to less than a dollar per week for community residents yet allow us to correct a situation so severe that this summer we had to resort to purchasing water from Locust Valley to avoid an all-out crisis.



**Mayor Tim Tenke**

Years of neglect, past practice of shifting water surpluses to cover other expenses — in violation of state law — and the failure to responsibly address the need for a fee increase since 2004 left my incoming administration with a test of integrity. Go to the voters with the unpopular idea of raising fees or risk the collapse of our city water supply and future debt with no plan for repayment.

By passing the 25 percent increase, we would be able to pay debt related to needs for capital water improvements and rebuild the reserve fund to cover emergencies, maintenance and future improvements. Counter offers of 15 percent, 10 percent, or worse, no increase, were made but these amounts are inadequate to assure that the water you drink, cook and bathe with is available.

The current City Council, in refusing to approve adequate funds to protect this resource, is doing a disservice to our resi-

dents. Yes, we should be fiscally responsible when it comes to discretionary spending, but adequate investment in a basic human requirement is not a discretionary issue.

We have had to close two wells this year due to Freon-22 contamination, expend funds to create temporary fixes and establish plans to borrow significant capital for repairs and upgrades simply because no one in the past 14 years served as a responsible steward for this critical infrastructure. The City Council needs to join me in assuring that a reasonable plan for debt repayment and future maintenance is in place and adequately funded.

One need only to look as far as Flint Michigan to see what happens when a government tries to balance its books by compromising water costs without regard to quality or access.

Closer to home, we see our neighbors in Jericho and Hempstead also grappling with Freon-22, while Glen Head and Sea Cliff fight back against New York American Water because they do not have their own water department and are at the mercy of a company who overcharges for a basic necessity.

We can disagree about whether the fees should be tiered based upon usage rates, or if they should be carried predominantly by business or by residents. But none of us should be fighting efforts to adequately fund this critical aspect of our infrastructure.

I urge you to contact the Glen Cove City Council members and let them know that you, and your family, deserve our best efforts in assuring that no one is ever harmed by the simple act of drinking a glass of local water.



**VIEWFINDER**

By **SUSAN GRIECO**

**THE QUESTION:**  
Pumpkin spice or no pumpkin spice?



I love to use pumpkin spices in my baking, and with apples in season too, I'll be baking apple pies, apple tarts, pumpkin cake and muffins.

**ROSEMARY SENA**  
Retired



I start using my Dunkin Donuts pumpkin spice pods in September! I love them!

**CHRISTINA LOPES**  
Administrator



I'm originally from New England, so I love it! To me, it welcomes in the fall and reminds me of home.

**LIZ O'KEEFE**  
Freelance  
Video Producer



I love my lattes and pumpkin loaf from Starbucks. It makes me think of fall and family time in the pumpkin patch.

**AMY VACCHIO**  
Museum Assistant



No pumpkin spice! Would you believe I've never had pumpkin-spice anything?! The idea of it is revolting to me and I don't know why!

**ELLEN DeFRANCESCO**  
Website Publisher



I really hate the over-commercialization of the whole pumpkin spice thing. I feel like I'm being forced to eat it, whether I like it or not!

**LISA MAHAFFEY**  
Attorney

**HERALD**  
**Crossword Puzzle**

**King Crossword**

- ACROSS**
- 1 Edinburgh resident
  - 5 Letterman's network
  - 8 Tibetan priest
  - 12 Unaccompanied
  - 13 Illustrations
  - 14 Acknowledge
  - 15 Feedbag contents
  - 16 Neither partner
  - 17 Transaction
  - 18 Sloshed
  - 20 Portent
  - 22 What Sedaka said was "hard to do"
  - 26 Side road
  - 29 Tex- — cuisine
  - 30 Historic time
  - 31 "So be it"
  - 32 Dr.'s study
  - 33 Work units
  - 34 Hockey venue
  - 35 Author Fleming
  - 36 Beginning
  - 37 Recording
  - 40 Sea eagle
  - 41 Humans
  - 45 Short skirt
  - 47 Trawler need
  - 49 Sailor's jail
  - 50 Probability

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- 51 Mai — (cock-tail)
- 52 Protracted
- 53 Swanky
- 54 Curved line
- 55 Rams' mates
- 7 Caressed
- 8 Burdened
- 9 Comic-book team, with "The"
- 10 Extinct bird
- 11 Piercing tool
- 19 Attempt
- 21 Blend
- 23 Alter a text
- 24 Incite
- 25 History
- 26 Fisherman's supply
- 27 Village People hit
- 28 Saturdays and Sundays
- 32 Purplish-red shade
- 33 Dignify
- 35 Hostel
- 36 Have bills
- 38 Hibernian
- 39 Eye-related
- 42 Front of a ship
- 43 Profession
- 44 Omelet basis
- 45 Swab
- 46 Altar affirmative
- 48 Corn spike

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**HERALD**  
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We are seeking a professional, experienced, freelance photographer to cover a wide range of events throughout Glen Cove, Glen Head, Sea Cliff and Oyster Bay. Local resident preferred. Must have own DSLR camera and lenses, computer with photo editing software, transportation and cell phone. Assignment times vary and pay is \$30 per shoot.

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# OBITUARIES

## Frank A. Roldan

Frank A. Roldan, 95, of Glen Cove, N.Y., died on September 12, 2018. Beloved husband of the late Yolanda; loving father of Susan, Barbara (Mark Bologna) and Mark; dear brother of Mercedes Blanco (Raimundo) and the late Louis; adored uncle and great-uncle. Frank was a veteran who served in both World War II and also in the Korean War and a devoted parishioner of St. Patrick R.C. Church. Visitation was held at Dodge-Thomas Funeral Home of Glen Cove. Mass was held at St. Patrick R.C. Interred at Calverton National Cemetery.

## Richard A. Zambelli

Richard A. Zambelli, of Boca Raton, Fla., formerly of Glen Cove, died on Sept. 10, 2018. He is survived by his loving and longtime life partner Leslie Reilly; her children Tom, John (Luiza), Brian; their children John, Connor and Hunter; his sister of Linda (Ed) Convey; his children Jill Kinney (Shaun), Krista Zambelli, Erika Riccardi; and grandchildren of Christopher, Michael and Casey. Interment was private. In lieu of flowers, donations may be made to Trustbridge (Hospice), 5300 East Avenue West Palm Fla. 33407 (att: Donations).

## Linda M. Fahrner

Linda M. Fahrner, of Glen Head, N.Y. died on Sept. 9, 2018. Beloved wife of Donald; loving mother of Dina Ditrano (Paul), Alissa Palen (David) and Donald, Jr. (Aimee); cherished grandmother of Nicholas & Katie Ditrano and Jessica, Daniel and Rebecca Palen; dear sister of Rita Sila, MonaLisa Sanchez and Rick Conetta; Visitation was held at Whitting Funeral Home in Glen Head. Funeral Mass at St. Mary's R.C. Church, Roslyn. Interment Calverton National Cemetery, Calverton, NY. Contributions may be made to Franciscan Bread for the Poor, Inc., 144 West 32 St., New York, N.Y. 10001. stfrancisbreadline.org

## Theresa Stoehr

Theresa Stoehr, of Sea Cliff, N.Y. died on September 9, 2018. Beloved wife of the late Robert; loving mother of Geraldine Stallard (Ralph), Roberta Mulder (Larry), Gerard (Robin) and Rebecca Longobucco (Allan); cherished grandmother of Paul, Jennifer (Rodney), David, Amanda, Sara (Mark) and the late Christine; great-grandmother of Alexandra, Cameron, Jaxson, Wyatt, Regan, Mason & Kennedy. Visitation and funeral service was held at Whitting Funeral Home in Glen Head. Interment Calverton National Cemetery, Calverton, NY. In lieu of flowers contributions may be made to Susan G. Komen

"Race for the Cure" or St. Luke's Mutual Concerns, Sea Cliff, NY.

## James P. Sanfratello

James P. Sanfratello, of Glen Cove, died on Sept. 4, 2018. Loving brother of Rosemary (Bruce), Patricia, Michael (Janet); dear uncle of Gina, Alexander, Savanna and Karissa. Mass was held at the Church of St. Patrick. Interment at East Hillside Cemetery.

## Marybeth Colleary

Marybeth Colleary, 83, of Glen Cove, N.Y., died on Sept. 1, 2018. Beloved wife of Eugene; loving mother of Mary Elizabeth Poje (Craig Wills), Timothy, Patrick (Teri) and Susan (Jay Connett); proud grandmother of Cole, Missy and Kat; also survived by brothers and sisters. Visitation was held at Dodge-Thomas Funeral Home of Glen Cove. Mass at St. Patrick RC Church of Glen Cove. Interment Locust Valley Cemetery.

## Teodora Iannelli

Teodora Iannelli, 94, of Glen Cove, N.Y., died on Sept. 1, 2018. Beloved wife of the late Vincenzo; loving mother of Angela Cavallone (the late Frank), Frank (Jospehine) & Pasquale (Rose Marie); dear sister

of Valerio, Maria & Angelina; proud grandmother of 11; great-grandmother of 11; also survived by nieces & nephews. Visitation at Dodge-Thomas Funeral Home Mass at the Church of St. Rocco. Entombment Holy Rood Cemetery

## Marie Diglio

Marie Diglio, 81, of Glen Cove, N.Y., died on Aug. 31, 2018. Beloved wife of Stanley; also survived by loving nieces, nephews, relatives and friends. A memorial mass will be held at St. Gertrude RC Church of Bayville on Saturday, Sept. 15, at 11 a.m. Interment is private. Arrangements entrusted to Oyster Bay Funeral Home.

## Helen Spinello

Helen "Yell" Spinello, of Glen Cove, died on Aug. 30, 2018. Beloved wife of the late Anthony (Barry); devoted mother of Diana, "Disy" (Dominick) Grosso, Reginald (Coleen); cherished Nana of Darin, Derek (Nicci), Dustin (Michelle), Serena (Chris); precious great-grandmother of Dahlia, Dominick, Michael, Hannah. Dear sister of the late Jan, Tony, Moe, Ozzie, Edith, Mickey, Dominic and Chubby. Also survived by many nieces and nephews. Mass St. Rocco. Interment Holy Rood Cemetery. McLaughlin Kramer Megiel Funeral Home.

# HERALD PUBLIC NOTICES

**LEGAL NOTICE**  
NOTICE IS HEREBY GIVEN that a Public Hearing will be held before and by the Glen Cove City Council, New York at Council Chambers at Glen Cove City Hall, 9 Glen Street, Glen Cove, New York on Tuesday, September 25, 2018 at 7:30 p.m. The hearing will be to discuss Local Law 02-2018 - Flood Plan Map Revision promulgated by the Federal Emergency Management Agency (FEMA) by adding a new Section 154-6(A)(3). All interested persons will be given an opportunity to be heard at said hearing. Tina Pemberton City Clerk 101053

Search for notices online at: [www.mypublicnotices.com](http://www.mypublicnotices.com)

**LEGAL NOTICE**  
NOTICE IS HEREBY GIVEN that a Public Hearing will be held before and by the Glen Cove City Council, New York at Council Chambers at Glen Cove City Hall, 9 Glen Street, Glen Cove, New York on Tuesday, September 25, 2018 at 7:30 p.m. The hearing will be to discuss Local Law 03-2018 - authorizing a property tax levy in excess of the limit established in General Law 3-c. All interested persons will be given an opportunity to be heard at said hearing. Tina Pemberton City Clerk 101052

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**LEGAL NOTICE**  
Glen Cove Recreation Commission Meeting  
PLEASE TAKE NOTICE that the Glen Cove Recreation Commission will meet on Wednesday, September 26, 2018 at 6:30 PM- 7:30 PM, at Glen Cove City Hall, 9 Glen Street, Glen Cove, New York 11542 in the Main Chambers. The purpose of the meeting is for the Recreation Commission to discuss analysis of public-private partnership opportunities for the City of Glen Cove's

Waterside Recreational Redevelopment Planning for the South Side of Glen Cove Creek project. Darcy Belyea Glen Cove Recreation Commission 101054

**LEGAL NOTICE**  
Tow Company Application  
123 Covino Enterprises & Towing located at 162A sea cliff ave. Glen Cove and owned by Richard J. Covino, has made an application for a Tow Company License for 1 Vehicle in the City Of Glen Cove. Anyone with interest in this matter may submit a written statement to the Chief of Police of the City Of Glen Cove by date to be eight (8) days after the publication of this notice. 101051

## THE GREAT BOOK GURU Blessed are the peacemakers

Dear Great Book Guru,  
Last week I received an invitation to the Sea Cliff Civic Association's annual Newcomers Welcoming Party. I am so excited to be meeting my fellow newcomers. Apparently, there will be at least thirty of us attending. Of course, we will all be sharing Sea Cliff origin tales, but if I need an additional conversation starter, do you have a good book I can bring up to discuss?

--Newcomer to Sea Cliff

Dear Newcomer,



**ANN  
DIPIETRO**

You will have a wonderful time at the party, but you are wise to have a good book in your repertoire. I recently read Ronan Farrow's "War on Peace," a fascinating account of how the United States has abandoned its peacemakers. His main focus is his former boss, Richard Holbrooke, a much praised, much reviled diplomat who served under many presidents. Ironically, for such a master diplomat, Holbrooke was viewed by many as acerbic and unrelenting. Farrow presents

this incredibly gifted yet flawed man as a metaphor for the state of diplomacy in Washington today. Another figure he includes is Robin Raphel, a classic diplomat who did her job so well she was brought up on charges of espionage. She was eventually cleared but was left with huge legal bills and no job. The book ends on a pessimistic note: When diplomacy is shunned, war is the outcome. Highly recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at [annmdipietro@gmail.com](mailto:annmdipietro@gmail.com).

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## OPINIONS

# The economy's great. Let's keep it that way.

**T**he good news is that the U.S. economy is expected to grow by a solid 3.7 percent in the second half of 2018, while unemployment is now 3.9 percent. Even better news is that the benefits of this growth are flowing to American workers in the form of higher wages, which grew almost 3 percent this year.



**ALFONSE  
D'AMATO**

You might not have heard much about all this good news, because it's so often drowned out by the mainstream media's obsession with anything and everything negative related to Donald Trump. While the president invites the media's distractions — like a bear that takes the bait and there-

by encourages his detractors to attack more — he still deserves credit for helping steer the economy in the right direction.

Lower taxes and regulatory relief have combined to help fuel the growth. Manufacturing is on the rebound. American companies are building new plants and adding new workers. Construction is booming. Hiring signs are up everywhere.

Trump's relentless attention to the

economy might pay even greater dividends over the next few years. He's right to insist that free trade should be fair trade, too.

And his push for companies like Apple and Ford to move manufacturing production back to the U.S. is very much on target.

Apple employs a workforce of over a million people in Asia to make its highly profitable iPhones and other products. It's estimated that because of low wages, lax labor laws, and weak environmental and worker health protections in Asian countries, it costs Apple less than \$375 to make an iPhone that sells here for almost \$1,000. So when the president threatens to impose stiff tariffs on Apple imports and encourages the company to build its phones in America instead, he's making the kind of economic sense to working Americans they rightly believe has been missing for too long.

The same goes for American auto manufacturers. Ford's recent announcement that it intends to import a new compact car into the U.S. from China met with Trump's justifiable ire. He is pushing hard for Ford to relocate this production back to its American plants. Again, Trump is using the threat of increased tariffs if the cars aren't produced here. That may not sit well

with free-trade professors and pundits, but it resonates with American assembly-line workers whose jobs are at stake.

This focused presidential attention on U.S.-China trade matters is particularly timely. Last month China's trade surplus with the U.S. hit a record \$31 billion. That level of imbalance is simply not sustainable without eventually causing grave economic damage to the U.S. Wielding the stick of tariffs over American companies, along with the carrot of incentives for bringing factory jobs home, can help chip away at the deficit.

The next big challenge is making sure there are enough well-prepared American workers to fill all these new jobs. In some parts of the country there's already a worker shortage, with too few qualified applicants for available openings. Companies are responding by recruiting people who have been left out of the workforce, including the undereducated and undertrained.

The U.S. education system must get in sync with the need to train these workers, redirecting more resources into job-preparing schooling. Rather than saddling graduates with big debt and irrelevant degrees, America's colleges, especially, must turn their attention to making

young Americans employment-ready. Congress should work with Trump to see to it that federal funds for higher education go to benefiting rather than burdening students, by tying grants and loans to graduates' employment outcomes.

As the economy strengthens, it's also imperative that we take a longer look forward to build on our growing prosperity. When things are going so well, it's too easy to overlook some of the obvious challenges that are just down the road. No. 1 is the aging of the baby boom generation, and the impact this major demographic shift will have on the U.S. economy.

Economists of almost all persuasions agree that the pressure the retirement of baby boomers will place on the Social Security and Medicare systems is unsupportable for future generations. As lifespans have increased, modestly extending the eligibility age for future retirees' eligibility for these programs is something that should not be put off until the programs are in the red.

So as we celebrate our good times now, let's not avoid our responsibility to the future, too.

*Al D'Amato, a former U.S. senator from New York, is the founder of Park Strategies LLC, a public policy and business development firm. Comments about this column? ADAmato@liherald.com.*

## Promises kept, in the wilds of the High Sierra

**F**ifty-one years ago a handsome hunk of a guy showed up for Rosh Hashana dinner at my parents' house in Cedarhurst with an engagement ring in his pocket. He was all dark curls, red cheeks and heavy breathing, and he couldn't even wait for the chopped liver and crackers to ask me to marry him.

He took my hand, pulled me into

another room and gave me the diamond that had been his mother's. Of course, it wasn't a surprise. My future mother-in-law had (not very surreptitiously) measured my finger when I was having dinner with them one night. And, in



**RANDI  
KREISS**

truth, it was perfect timing, *erev* — the beginning — of everything: a New Year, a new commitment and the wild feelings of being in love in the Age of Aquarius, 1967.

When we married in July 1968, the people who stood under the wedding canopy — the *chuppah* — were our beloved, our mothers and fathers and sisters and brothers. The rabbi reminded us that throughout our married life, they would

be the ones who would hold up our house, especially when the walls trembled. The *chuppah* traditionally has a light and fragile covering, a metaphor for marriage, often tossed and torn in unexpected ways over the years.

For the 50 years after our wedding day, Rosh Hashana always felt particularly sweet to my husband and me. We knew that evening a half-century ago was our beginning and the moment when everything seemed possible.

This year, for the first time, we decided to spend the holiday apart, ironically, as an act of faith in our long marriage.

It's a story:

In 2002, my daughter got married in a sun-dashed field in Vermont. The *chuppah* was a gorgeous bower of cascading white flowers, and we stood there with the bridegroom's mother and father, the sisters and brothers, and we heard the same words we had heard at our own wedding ceremony.

A traveling rabbi, who had driven from Saratoga Springs to Middlebury, carried the ancient message. She told those of us under the wedding canopy that our own promise must be to hold up our children's marriage and their home in the years to

come, however we could.

We all moved on and geographically apart. For more than a decade, our daughter and her family have managed brilliantly on their own, cherishing the wilderness life in California, and loving their privacy and independence.

Then, this summer, the walls began to tremble. As I wrote earlier, my daughter discovered in late May that she has the BRCA1 gene variant. It was a life-changing bit of bad news, but she moved forward to do what she needed to do to stay healthy.

Late last month, she underwent a double mastectomy. More surgery will follow, which is part of the prophylactic protocol. My husband and I asked if we could help, and she and her husband said yes. So Don and I have been out West for two months in the small mountain town where they live, helping to hold up the household as we promised we would. Who could have imagined, 14 years ago, when our daughter got married, that life would take this turn?

We've been carpooling the kids, buying school supplies, cooking meals and doing the mundane tasks that keep a family moving along through a rough patch. When Rosh Hashana rolled around last

**W**ho could have imagined, 14 years ago, that life would take this turn?

week, there was business in New York that required my husband to go home. We talked about it, and agreed that I should stay. There was still work to be done.

My daughter wanted to have the holiday dinner at her own table. She felt ready to be with friends and put on a dress and make matzo ball soup. So I helped cooked Rosh Hashana dinner here in the mountains for 14 people, pretty much all the Jewish people in the high Sierra. By the time we sat down to light the candles and cut the challah, my husband was already asleep for the night in New York.

He and I have spent lots of time apart, but this separation, on this particular night, traced a new path in our journey. We have sat down to the same dinner table on every Rosh Hashana since 1968. Initially it felt sad, but then I realized that this is exactly what we promised each other 50 years ago: to build a life and a family. And this was the commitment we made at our daughter's wedding, to hold up the walls when they threatened to fall.

When our daughter told us about her plans for surgery, we knew we would fly out West and stay for as long as we were needed. It's quite simple, really. This summer, we are doing what we promised each other we would do, in the beginning, under the *chuppah*.

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# HERALD EDITORIAL

## It's hurricane season, so be prepared

The images of destruction caused by Hurricane Florence last week were haunting — the seawater inundation, the wall of rain, the high-powered winds forceful enough to topple age-old trees and gas station roofs. They were particularly frightening, though, for Long Islanders, many of whom are still reeling from the havoc and devastation that Hurricane Sandy wrought six years ago.

We must always be vigilant during hurricane season, which began June 1 and lasts through October. September is the height of the season, when the Atlantic Ocean is most “active” — meaning that the ocean waters have warmed enough to generate hurricanes.

Last year we saw three catastrophic hurricanes strike in short succession — in Texas, Florida and Puerto Rico. Long Island is vulnerable to a hurricane strike at any time during the season. It's critical that people review what to do and not to do if another major storm such as Sandy were to hit here.

For starters, if you live in a mandatory evacuation zone, by all means, leave when called on to do so. Staying at home would do no one any good. In fact, if you were threatened by rising sea waters, as was the case for so many of us during Sandy, you would endanger the first responders who would have to come get you — and they would be the first to tell you that they would likely be unable to get you.

According to the American Red Cross, as a hurricane is approaching, you should:

- Listen to local area radio, National Oceanic and Atmospheric Administration radio or TV stations for the latest information and updates.

- Be prepared to evacuate quickly, and know your routes and destinations. Find a local emergency shelter.

- Check your emergency kit and replenish any items missing or in short supply, especially medications or other medical supplies. Keep it nearby.

- Fill plastic bottles with clean water for drinking.

- Fill bathtubs and sinks with water for flushing the toilet or washing the floor or clothing.

- Fill your car's gas tank, in case an evacuation notice is issued.

- Turn off propane tanks and unplug small appliances.

- Bring in bicycles and patio furniture.

- Move your furniture and valuables to higher floors of your home.

### What an emergency kit should include

- Water.
- Nonperishable food.
- Flashlight.
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible).
- Extra batteries.
- First aid kit.
- Medications (seven-day supply).
- Multi-purpose tool.
- Sanitation and personal hygiene items.
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies).
- Cell phone with chargers.
- Family and emergency contact information.
- Extra cash.
- Emergency blanket.
- Map(s) of the area.
- Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes).
- Baby supplies (bottles, formula, baby food, diapers).
- Games and activities for children.
- Pet supplies (collar, leash, ID, food, carrier, bowl).
- Two-way radios.
- Extra set of car keys and house keys.
- Manual can opener.
- Whistle.
- N95 or surgical masks.
- Matches.
- Rain gear.
- Towels.
- Work gloves.
- Tools/supplies for securing your home.
- Extra clothing, hat and sturdy shoes.
- Plastic sheeting.
- Duct tape.
- Scissors.
- Household liquid bleach.
- Blankets or sleeping bags.

To donate to the American Red Cross's relief effort to aid the victims of Hurricane Florence, go to [redcross.org](http://redcross.org).

- Turn off utilities if told to do so by authorities to prevent damage to your home or neighborhood.

- Unplug small appliances to reduce potential damage from power surges that may occur.

- Consider a precautionary evacuation of your pets, especially if they're large or

numerous. Waiting until the last minute could be fatal for them and dangerous for you.

- Bring your companion animals indoors and maintain direct control of them. Be sure that your pet emergency kit is ready to go in case of evacuation.



## OPINIONS

# The AMA should reject physician-assisted suicide

**T**he Hippocratic Oath has been passed down through the ages because it contains some perennial wisdom: I will keep the sick from harm and injustice. I will neither give a deadly drug to anybody who asks for it, nor make a suggestion to this effect.



**RABBI AARON  
GLATT, M.D.**

The rabbis of the Talmud counseled centuries ago that no person ought to take action that might hasten another person's death, even if that person is ill, and most other major faith traditions have objections to hastening the end of a person's life.



**NATHAN  
DIAMENT**

Yet the American Medical Association voted in June not to affirm its own ethics council's recommendation to maintain its longstanding opposition to legalizing physician-assisted suicide, and has referred the issue back for further

study. There is an aggressive effort to have the AMA drop its opposition. If that were

to happen, it would put countless people at risk — especially those who are older or who have disabilities — undermine doctors' integrity and violate fundamental values held by millions of Americans.

Legalizing assisted suicide would put people at risk because no matter how carefully guidelines for physician-assisted suicide were established, financial, ethnic and cultural issues would potentially put the most vulnerable, socially marginalized and disabled people at the greatest risk of lethal harm. A great many people would be subject to pressures including mistakes in prognostication, potential abuse by greedy heirs or worn-out caregivers, and both subtle and explicit coercion as a result of financial considerations, denial or delay of coverage by insurers, and illness-induced depression.

Legalization would put physicians in the untenable position of being relied on to deliver healing treatments one moment and life-ending treatments the next. It would corrupt the medical profession by permitting the tools of healing to be used as techniques for killing. As well, physician-assisted suicide threatens to fundamentally distort the doctor-patient relationship, because it would reduce patients' trust in doctors and their commitment to the life, health and comfort of their patients.

Perhaps most significantly, physician-assisted suicide's most profound injustice is that it violates the fundamental values of human dignity and denies equality before the law. Every human being has intrinsic dignity and immeasurable

worth, whatever his or her health, or disability, might be. In the Jewish (and Christian) tradition, this is expressed by the biblical teaching that each person is created in the image of God.

No matter your worldview, assisted suicide is a fundamental break with equal protection under the law to give some people — namely the well and able — suicide prevention, while giving people with terminal illness and advanced disability suicide help. Many people living full and what they consider happy lives with advanced disability would be considered "terminal" under assisted-suicide laws.

For our legal system to be coherent and just, the law cannot discriminate against a class of people, but must uphold the inherent dignity in everyone. It does so by taking all reasonable steps to prevent the innocent, of any age or condition, from being devalued and killed. Classifying a subgroup of people as legally eligible to be assisted in their suicides would violate our values and our nation's commitment to equality before the law, and show profound disrespect for and callous-

ness to those who will be judged to have lives no longer "worth living," often the frail elderly and people with dementia or disabilities.

The suffering experienced by people with terminal illnesses is not to be dismissed or minimized. Relieving people of pain is a basic element of medical practice, and consistent with traditional values. Pain — both physical and mental anguish — must be properly addressed, and it can almost always be significantly, if not totally, alleviated. In the very rare case of intractable pain, sedation of the imminently dying is an appropriate option. Doctors, hospitals and hospices know how to deliver this relief, and the government can support and strengthen their ability to do so with more resources. But we must respond to suffering with great compassion and palliation, never actively assisting in suicide.

As an experienced physician, hospital administrator and clergyman, and a community leader, we call on the AMA to recommit to its opposition to physician-assisted suicide. This will best serve all those in the medical profession, as well as those for whom we care.

*Rabbi Aaron E. Glatt, M.D., is the chair of medicine at South Nassau Communities Hospital, a clinical professor at the Icahn School of Medicine at Mount Sinai and the assistant rabbi at Young Israel of Woodmere. Nathan J. Diament is the executive director of public policy for the Union of Orthodox Jewish Congregations of America.*

## LETTERS

### City's Financial Advisory Committee is valuable

To the Editor:

As the acting chair of the developing Financial Advisory Committee for Glen Cove, I feel obligated to respond to a recent letter in the Sept. 13-19 edition that criticized the decision to form this group. The writer seems to believe that the mayor's job includes not only recognizing structural failures and planning for correction, but also doing all of the research, writing and consensus building necessary to effect change by himself. In my years in leadership roles, I regularly relied on advisors, employees and committees who provided expertise, time and resources to set policy and help improve systems. The failure over many years to employ exactly this type of help is why systemic failures in the financial structure of the city exist. As a taxpayer and an admirer of good business practice, I am glad to see the city government reaching out to create stronger systems and accessing assistance toward those goals.

The Financial Advisory Committee's role is not to explain the need for policy, procedure, infrastructure and support personnel to the mayor or any of the

City Council members, all of whom seem to be well aware of these vulnerabilities. It is to dedicate the time and effort needed to do detailed analysis, create plans of correction and support the city in any way possible in implementing change. This committee's goal is to function as a support in helping Mayor Tenke achieve his stated goals of fiscally responsible management, not to set those goals or lead that process. I can assure the writer that in my discussions with the mayor that he is extremely cognizant of the issues on the table and fully engaged in this process.

The letter writer used an old saying to demonstrate his point. There is also an old saying — "It takes a carpenter to build a barn, but any jackass can knock it down." In creating this committee, Tenke and the City Council are doing the foundational work needed to build a strong and reliable structure for government. That process utilizes the time, effort, skills and resources of many people in many roles. I hope a greater effort is made to understand the mission and composition of the committee before anyone further disparages it.

**CYNTHIA LOVECCHIO**  
Glen Cove

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 Sept. 30th | 1:00PM – At Jacksonville Jaguars  
 Oct. 7th | 1:00PM – Vs. Denver Broncos  
 Oct. 14th | 1:00PM – Vs. Indianapolis Colts  
 Oct. 21st | 1:00PM – Vs. Minnesota Vikings  
 Oct. 28th | 1:00PM – At Chicago Bears  
 Nov. 4th | 1:00PM – At Miami Dolphins  
 Nov. 11TH | 1:00PM – Vs. Buffalo Bills  
 Bye Week  
 Nov. 25th | 1:00PM – Vs. New England Patriots  
 Dec. 2nd | 4:05PM – At Tennessee Titans  
 Dec. 9th | 1:00PM – At Buffalo Bills  
 Dec. 15th | TBD – Vs. Houston Texans  
 Dec. 23rd | 1:00PM – Vs. Green Bay Packers  
 Dec. 30th | 1:00PM – At New England Patriots

### GIANTS

Sept. 9th – Vs. Jacksonville Jaguars L 15-20  
 Sept. 16th – At Dallas Cowboys L 13-20  
 Sept. 23rd | 1:00PM – At Houston Texans  
 Sept. 30th | 4:25PM – Vs. New Orleans Saints  
 Oct. 7th | 1:00PM – At Carolina Panthers  
 Oct. 11th | 8:20PM – Vs. Philadelphia Eagles  
 Oct. 22nd | 8:15PM – At Atlanta Falcons  
 Oct. 28th | 1:00PM – Vs. Washington Redskins  
 Bye Week  
 Nov. 12th | 8:15PM – At San Francisco 49ers  
 Nov. 18th | 1:00PM – Vs. Tampa Bay Buccaneers  
 Nov. 25th | 1:00PM – At Philadelphia Eagles  
 Dec. 2nd | 1:00PM – Vs. Chicago Bears  
 Dec. 9th | 1:00PM – At Washington Redskins  
 Dec. 16th | 1:00PM – Vs. Tennessee Titans  
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