GLEN COVE

Bazette

OCTOBER 11-17, 2018



Rockin' with the **Nassau Pops**

Page 25



Boomers: Live your best life

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Residents 'batty' for Mini Mart

Page 15



TPS RECIPIENTS AND their supporters came to the Glen Cove Knights of Columbus on Sunday to welcome the Journey for Justice bus, which was on week eight of its 12-week trip around the country.

Glen Cove immigrants make 'Journey for Justice'

By ZACH GOTTEHRER-COHEN and NADYA NATALY

This is a continuation of the Herald Gazette's immigration series, "No place to call home."

On the morning of Oct. 7, dozens of local families cheered in the parking lot of the Glen Cove Knights of Columbus lodge, waving American and Salvadoran

flags to welcome a colorful bus. Painted on the side of the bus were scenes from an immigration court and of law enforcement officers separating a mother and child, and the words, "Not one more deportation" and "Jornada por la Justicia" — Journey for Justice

"What do we want?" Oscar Salinas, coordinator of Pro Residencia TPS Long Island,

yelled in Spanish as the passengers disembarked.

"Residencia!" the crowd yelled back over loud drumming and the crackling of a large wooden noisemaker.

"When do we want it?" Salinas hollered.

"Now!" the crowd responded. flags waving.

Followed by chants of "Si se puede," or "Yes we can," the **CONTINUED ON PAGE 13**

Anti-bullying 'starts at home'

ou may not be

friends with

them today, but

years down the

best friends.

Glen Cove parent

line, you might be

CARMELITA DIGRACI

Glen Cove parents, students organize awareness walk

By ZACH GOTTEHRER-COHEN

"When I was younger," Fran-Marie Hlatky-Rivera said, "I used to get beat up a lot." As she and her classmates grew and changed, so did the torment they

put her through. For a time, she said, they would push her around in the hallway between classes. "Then there was a time that they would go into my bag and steal stuff from me."

Now, two years before they leave high school behind, Fran-Marie's classmates have taken to recording vid-

eos of her and posting them on the internet. The videos, she said, are unspectacular, and show her going about her day, sitting in class or walking in the

"I'll hear someone laughing," the Glen Cove High School junior said. When she looks around to see what's so funny, she finds herself staring at a smartphone camera.

Some people are in on the joke, but Fran-Marie is not. "I've tried to understand," she said, "and I keep coming up with dead-ends.'

Around four years ago, her mother, Maria Rivera-Hlatky, teamed up with other parents

from around the school district to address the bullying that their children faced in school. The parents got together to ask then-Mayor Reginald Spinello to help them raise awareness. That was how the annual Glen Cove BullyProof Project Awareness Walk

The walk, now in its fourth year,

came to be.

will be held at Morgan Park on Sunday at 10 a.m. Speakers will include event organizer Carmelita DiGraci, Sgt. Ryan Nardone of the Glen Cove Police Department, Heather Lehman, author of "Bullied at the Dog Park," and Alexa Valentino, a 13-year-old singer-songwriter from Northport whose music has anti-bully-

CONTINUED ON PAGE 16



Tab Hauser/Herald Gazette

THE GLEN COVE City Council presented a heavily stripped-down budget proposal at Tuesday's meeting at City Hall.

City to cut camp subsidies and 'Celebrations'

By ZACH GOTTEHRER-COHEN

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Some Glen Cove residents voiced concern at Tuesday's City Council meeting over certain cuts being proposed in a draft budget. Namely, residents were concerned that the budget line for "Celebrations," which in 2018 had held \$80,000 to spend on city events like "Cinema in the Street" and the Downtown Sounds Summer Concert Series was completely cut. The public also reacted to the fact that the city will be eliminating subsidies for the city's summer camp program.

Celebrations

While Cinema in the Streets was funded entirely by the city, Downtown Sounds is the result of a public-private partnership between the city and the Glen Cove Downtown Business Improvement Dis-

trict. "This has been a summer tradition for over 20 years for the Glen Cove community," Patricia Holman, executive director of the BID, said, "and we want to continue it."

The city and the bid spend \$25,000 each on the summer concert series, which runs from July through August. If the city withdraws its portion, the series would only run for the month of July, Holman said.

"There's a lot of time between now and January," when the BID begins planning for the event, Holman said, adding that she hoped that by then, she would be able to secure a large sponsor.

The budget includes a 1.8 increase in the tax levy — the largest increase allowed by New York state law — but because the total value of residential property in Glen Cove increased by about 7.7 percent, that levy increase results in a residential tax rate *decrease* of nearly 5 percent.

Camp subsidies

The city also plans to end its practice of subsidizing summer camp registrations for families who need it. There had been a discussion at a recent pre-council meeting about both ending the subsidies and raising the camp fees by \$200 per camper. While the fee hike has been reduced to \$100, the termination of tax-payer-funded subsidies — which Tenke said was illegal anyway — will save the city approximately \$30,000 over last year.

Glen Cove resident Gaitley Stevenson-Matthews said that he hoped that members of the community — through donations — could help to provide financial assistance to families who needed it in order to send their children to camp. Tenke said that the city was exploring ways to obtain funding from the county, state and federal governments to pay for camper subsidies.

Budget gets political

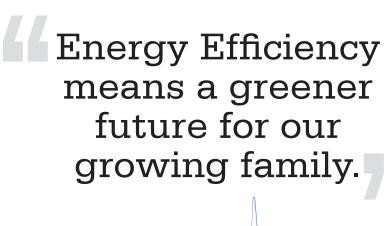
During the public comments section of the meeting former Glen Cove Mayor Reginald Spinello pushed back against frequent characterizations of fiscal mismanagement leveled at his administration by Tenke and Councilwoman Marsha Silverman.

To that end, Spinello spent a significant amount of time pointing out practices — one-shot revenues, for example — in Tenke's draft budget for which Tenke had previously criticized Spinello. Silverman noted that the one-shot revenues in the draft budget were being spent on one-shot expenses, which, she said, citing a recent report from the state comptroller, was a fiscally sound practice.

Responding to the former mayor's comments, Silverman, said, "I guess the 2019 election season has started early."



 $\textbf{\textit{Dominique \& Joseph Dickson}} \text{ -} \textit{Hempstead, NY}$







ELECTION 2018

A rematch for the North Shore's Senate District 5

By LAURA LANE

llane@liherald.com

Republican Senator Carl Marcellino, who has represented the North Shore's Fifth Senate District for 23 years, is once again being challenged by attorney, James Gaughran, a Democrat. The last race between the two in 2016 was a close one, with Gaughran losing by only 1,761 votes.

We provided the candidates with a few questions to assist voters in making their choice when they go to the polls on Nov. 6.

Herald Gazette: What can you do at the state level to help facilitate the economic development of the North Shore, and how should development be balanced against the area's historical character?

Carl Marcellino: Cutting taxes, creating jobs and investing in our local infrastructure are critical to the economic development of the North Shore. We need a business environment that attracts new companies and helps keep our current employers from looking for perceived greener pastures. This is achieved by cutting business taxes even more and fighting against endless efforts in Albany to raise taxes across the board.

I will sponsor and support legislation that will reduce the state's excessively high tax burden on businesses, remove regulatory barriers to growth, and invest in workforce development initiatives that provide better jobs.

We need to make sure the North Shore is getting its fair share of Regional Economic Development investments from the state. To date, over \$570 million and 667 projects have come to Long Island. We deserve more, and I will fight to make that happen.

Responsible development can be achieved without sacrificing the integrity of our community. Sound planning, and public input are critical.

James Gaughran: New York State must invest in repairing its crumbling infrastructure. A commitment to smart growth in our communities can help expand the tax base and lower all of our property taxes. But Albany keeps sending our tax dollars to other corners of the state. By ensuring we get our fair share of tax dollar reinvested into Long Island, we can repair the LIRR. Investing in our highways can help lower the transportation costs and end the NYS DOT's haphazard habit of providing minor patches when significant repairs are needed. But we're not seeing that here on Long Island. The same politicians keep sending our money Upstate and to NYC projects. This needs to change.

We must fight to preserve the North Shore's character. We need a voice in Albany to fight back against projects like the tunnel that would destroy the North Shore as we know it.

Herald Gazette: What changes can you affect in Albany to help the North Shore deal with some of its environmental concerns, contaminated wells and the ecologi-



Carl Marcellino (Incumbent)

Party: Republican

Age: 75

Family: Married, two grown children and grandchildren.

Hometown: Syosset

Education: Master of Science

Degree, NYU

Career: Biology Teacher, Oyster Bay

Town Clerk, Senator

Political experience: State Senator, Majority Whip, Chairman of Senate Education Committee

Party affiliations: Republican, Conservative, Independence, Reform

cal health of the Sound, for example?

CM: I believe the issues facing Long Island's water quality are complex and need a variety of programs to address them. A majority of our water quality funding comes from the Environmental Protection Fund. In 2007, my bill increasing the EPF to \$300 million became law.

Long Island needs significant wastewater infrastructure upgrades. The proper treatment of sewage will reduce the levels of nitrogen and phosphorus in the Sound.

I sponsored bills that require all water well drillers to be certified to ensure that our aquifers are protected. I supported the disposal of toxic dredge spoils in marine district waters to protect fish and birds from contamination and a bill that created the Harmful Algal Bloom and Hypoxia Commission, which works to find a solution with a four-point program to combat harmful algal blooms.

JG: As Chairman of the Suffolk County Water Authority, I've been able to provide our ratepayers with the lowest rates in the nation, while maintaining perfect AAA bond ratings from both Fitch and S&P. We need state funding to allow for smart sewage expansion so that discharges will not negatively impact groundwater or surface



James Gaughran (Challenger)

Party: Democrat

Age: 61

Family: Married with children

Hometown: Northport

Education: Juris Doctorate

Career: Attorney, Chair of the Suffolk

County Water Authority

Political experience: Suffolk County legislator, Huntington Town Board

trustee

Party affiliations: Democratic, Working Families, Women's Equality

water like the Long Island Sound.

State grants should be available for residents to replace aging cesspools with mini treatment systems. To pay for these programs, we need to pursue aggressive legal action against polluters, like Grumman, that have caused serious damage to our aquifers to assist with paying for remediation.

To prevent the contamination of our aquifer, we must work to prevent overdevelopment here on Long Island. One such step would be to convert the lands at the end of Route 135 into a "forever wild" preserve to prevent any future plans for a bridge or tunnel from ever gaining traction.

Herald Gazette: Significant portions of your districts have suffered from a reduction in the number of jobs. What can be done at the state level to reverse this trend?

CM: I will continue to stand with Long Island businesses to reduce taxes and reform the numerous regulations that hamper economic growth.

Workforce development initiatives, combined with cutting the red tape and cost of doing business in New York, will provide better opportunities to attract new businesses and allow our existing

businesses to grow and thrive.

JG: Too many of our small businesses are closing because our property taxes are just too high. For too long, Albany has treated Long Island as the state's ATM. For every \$3 we are taxed, only \$1 gets reinvested here.

By ensuring our tax dollars come back to Long Island, and increasing state aid to our public schools, we can provide real property tax relief for local residents and business owners, while maintaining high quality schools.

New York also needs to change the way that industrial development agencies operate. Far too often, IDAs give tens of millions of dollars in tax breaks to local developments that promise to create hundreds of jobs but end up only creating a handful. Legislation needs to be created that allows for regular audits of the PILOTs that take away from the local taxbase and ensure that the jobs promised are real. We should be rewarding the businesses that actually create jobs, not just the ones that talk about it.

Herald Gazette: What is your stance on gun legislation?

CM: New York State has the strictest gun control laws in the nation. I voted for the SAFE Act. During the 2018 session, I voted for a new law removing guns from domestic abusers and closing a loophole in state law that will ensure domestic abusers are required to surrender all firearms, not just handguns.

I believe we need to put our focus into greater investment in mental health initiatives and preventing individuals with mental health issues from obtaining guns. It is also important to continue to support legislation that removes the illegal guns favored by dangerous criminals from our neighborhoods.

JG: The New York State Senate needs to start passing common-sense gun safety legislation. Too many crucial bills go nowhere in the State Senate out of fear of upsetting the NRA.

We can pass the "red-flag" law, that would allow teachers and community members to identify to the authorities individuals that may be a danger to themselves or others. After an investigation and judicial review, if that individual is deemed too dangerous to own a gun, they will be prohibited from owning one.

Bump-stock trigger devices serve no justifiable purpose for hunting. All they do is allow a shooter to spray thousands of bullets like the Las Vegas shooter, but they're still legal here in New York. They shouldn't be.

We must ensure the authorities have a full 10 days to complete background checks on individuals seeking to buy a firearm, rather than automatically approving purchases where the background check cannot be completed within three days.

I recently proposed legislation that anyone on a sex offender registry be prohibited from owning a firearm.

The real housewives of whaling in CSH

By ALYSSA SEIDMAN

aseidman@liherald.com

In 1845, Mary Brewster sailed from Connecticut on the ship, "Tiger," to accompany her husband for a three-yearlong journey on the open seas. He was a whaler. At the time her decision was considered revolutionary, but despite constant seasickness — a detail outlined in her diaries — she never regretted going. Shortly

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thereafter, during the 1850s, one out of six ships carried the captain's wife aboard. Today on the cusp of the centennial cel-

Today, on the cusp of the centennial celebration of women's suffrage in New York, the Whaling Museum & Education Center of Cold Spring Harbor is highlighting the historic efforts of these "whaling wives" in a new exhibit, "Heroines at the Helm." At the heart of the exhibit are extensive first-person accounts that detail what life was like for women at sea.

"Whaling wives became trailblazers by necessity," said Executive Director Nomi Dayan. "The remarkable endurance they showed in spite of the many circumstances they faced offers inspiration for our lives today."

Whaling reached its peak in the mid-19th century and was one of Long Island's most prominent commercial industries; it was also dominated by men. While the husbands were away their "whaling widows" assumed the position as the head of the household, and were responsible for maintaining their families, paying the bills and tending to farmland. Others became entrepreneurs by running inns, becoming teachers or midwives.

Some, like Brewster, broke boundaries by joining their husbands at sea. And while enduring harsh conditions on board — storms, mutinies, dangerous whaling grounds and cramped quarters — the whaling wives were exposed to a feeling that was unknown to them.

"Although whaling [took place] way before suffrage, you can see the very earliest moments of the women's rights movement in this time period," said Elizabeth Marriot, the museum's collections and exhibition coordinator.

The exhibit illuminates the experiences of the whaling wives through everyday items like needlepoint kits, laundry basins and domino sets, period clothing, photographs, portraits, as well as letter and journal excerpts.

See the "Heroines at the Helm" through Labor Day at the Whaling Museum & Education Center of Cold Spring Harbor, 301 Main Street, Cold Spring Harbor.

For further information, call (631) 367-3418.



Christina Daly/Herald Gazette

GLEN COVE POLICE arrested attorney Eric A. Pack for having heroin with intent to sell.

G.C. lawyer charged with heroin possession

A Glen Cove man was charged with possession of a controlled substance on Sept. 27 after police found over 34 grams of heroin in his trunk. According to court records, Eric A. Pack, 38, was arraigned on two counts of third-degree possession of a controlled substance and other traffic-vehicle violations.

Glen Cove Police officers arrested Pack around 9:20 a.m. on Brewster Street for "driving without a license" and "failure to signal," according to records obtained from the district attorney's office.

During a search of Pack's vehicle, officers found a leather handbag in the trunk, which contained 34.8 grams of a "tan rock-

like substance" in a clear sandwich bag, according to the felony complaint. Police concluded that Pack "possessed the alleged heroin with the intent to sell" since the weight was not consistent with that of personal use.

At his arraignment on Sept. 28 in First District Court in Hempstead, Pack entered a plea of not guilty. A spokesman for the Nassau County District Attorney's office said the defendant is due back in court on Dec. 3.

Pack attended Touro Law School, and has been a registered criminal defense attorney for nine years.

-Alyssa Seidman

CRIME WATCH

Arrests

- Male, 34, from Glen Cove, arrested on Glen Cove Avenue for second-degree criminal contempt on Oct. 2.
- Male, 54, from Glen Cove, arrested on Forest Avenue for petit larceny on Oct. 4.
- Female, 24, from Glen Cove, arrested on Sea Cliff Avenue for seventh-degree

criminal possession of a controlled substance, unlawful possession of marijuana and failure to signal on Oct. 5.

- Male, 46, from Glen Cove, arrested on LaMarcus Avenue for third-degree menacing on Oct. 6.
- Male, 33, from Doral, Fla., arrested Glen Street for unlicensed motor vehicle operation and circumvent interlock operate without device on Oct. 6.



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HERALD

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THE WEEK AHEAD

Nearby things to do this week



Celebrate the birth of **Sea Cliff Village**

Sea Cliff celebrates its 135th birthday this year. To commemorate this special occasion, the Sea Cliff Village Museum will display with an exhibit on Friday, Oct. 12 at 7 p.m. It inloudes documents, photographs and artifacts from the founders of the village and a special reenactment. Call (516) 801-3401 for more information or visit seacliffmuseum.org. 95 Tenth Ave., Sea Cliff.

Slime science

Learn about the chemistry of slime at the Glen Cove Library on Thursday, Oct. 11 at 4:30 p.m. Teacher Chris Buchman will share her secrets on how to make diverse types of slime using different materials. Recommended for children grades 2 through 5. Register at glencovelibrary.org or call (516) 676-2130. 4 Glen Cove Ave., Glen Cove.





The Relationship Repair Shop

Romance Whisperer Cindi Sansone-Braff will present, "The Relationship Repair Shop" at the Gold Coast Library on Wednesday, Oct. 17 at 7 p.m. Learn the difference between soul mates and cellmates and understand the patterns of behaviors that keep you trapped in unhappy relationships. 50 Railroad Ave., Glen Head. Info: (516) 759-8300.

Groovin' to a foot stompin' beat

Enjoy the feel-good tunes of The Carolina Gents when they perform as part of Planting Fields Arboretum's "Music at the Mansion" series, on Friday, Oct. 12, at 7 p.m. Planting Fields Arboretum's Coe Hall is the setting for an inspired performance by the lively ensemble, featuring some of the best bluegrass, Americana, and country musicians in the New York/ New England area. They'll share the pure, sweet sounds of Appalachia, then crank up the hootin' and hollerin' on the dance floor; playing all songs with a south-



ern twang and effortless musicality. Info: (516) 922-8600 or www.plantingfields.org.



Frightful adventures

The season of Halloween hauntings is upon us. Check out those Crypts of the Coliseum if you dare enter Blood Manor, where creepy souls now inhabit the arena. Drop by for a visit, if you think you can face your darkest fears that awaits at the frightful spectacle inside, now through Nov. 3.

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HERALD SCHOOLS

More books, more excitement at Connolly

Fourth-grade students in Susan Bouza's class at Connolly School celebrated their classroom's new library of books with a ribbon-cutting ceremony on Sept. 27.

The hundreds of books include a variety of genres and align with units of study in Columbia University's Teachers College Reading and Writing Project, which the district implemented last school year. According to Connolly School Principal Julie Mullan, the program has inspired district students to write.

"We've watched our students go from hesitant writers to being more able and excited to write," Mullan said. "Their writing stamina has also increased."

While Bouza's class was the first to receive the library, it won't be the last, as all classrooms at Connolly and Landing schools in grades 3-5 are also receiving books. These new books were made available thanks to a 611 IDEA grant through the special education department to provide intervention and strategies for special education and general education students.



Courtesy Glen Cove Schools

CONNOLLY SCHOOL FOURTH-GRADER teacher Susan Bouza, left, Principal Julie Mullan, Landing School Principal Ben Roberts, and students Diego Zavala Ramirez and Hanaa Waly celebrated at the classroom library ribbon cutting ceremony.



Courtesy Glen Cove Schools

FINLEY STUDENTS IN the Youth and Government program visited Hofstra University for a simulation of the legislative process.

For good government, raise good citizens

The 2018 Robert M. Finley Middle School Youth and Government program, led by teachers Jacklyn Burnett and Tracy Roberts, had the opportunity to join a Hofstra University Political Science class where Suffolk County District Attorney Timothy D. Sini spoke.

Sini talked about the importance of civic participation, ethical leadership and making informed decisions. Later in the day, Finley students received a guided campus tour by former Glen Cove alumnus and current Hofstra University student Ste-

vens Martinez. Martinez also spoke to the students about his internship experience at the state capital.

In November, the Youth and Government Program will be participating in a three-day experiential learning conference in which students take part in a simulation of the state's democratic process. Students will act as senators and assembly members, writing, debating and voting on legislation that affects them. Students will also learn and model parliamentary procedures.

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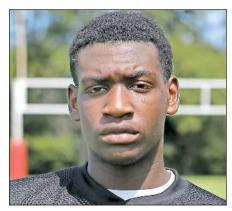


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DEVON CHRISTOPHER

Glen Cove Junior Football

CHRISTOPHER GUIDED THE Big Red to a come-from-behind 24-21 overtime victory over Division on Sept. 29. He had a pair of touchdown runs and a touchdown pass. Glen Cove won it on a 24-yard field goal by Jorge Rios. A 60-yard scoring strike to Peter Rodriguez and Rios' extra-point tied the game in the third quarter. Christopher also had touchdown runs in the first and second quarters and finished with 123 yards.

GAMES TO WATCH

Thursday, Oct. 11

Field Hockey: Friends Aca. at North Shore 4 p	.m.
Boys Soccer: Wantagh at North Shore4:30 p	.m.
Girls Swimming: North Shore at Hempstead4:30 p	.m.
Girls Volleyball: North Shore at G.N. North4:30 p	.m.
Girls Volleyball: Glen Cove at Division4:30 p	.m.

Friday, Oct. 12

Boys Soccer: Malv-ER at Glen Cove4:4	5	p.m.
Girls Soccer: Manhasset at North Shore4:4	5	p.m.
Girls Volleyball: Carey at North Shore4:4	5	p.m.
Girls Soccer: Malv-ER at Glen Cove	7	p.m.

Saturday, Oct. 13

Girls Soccer: North Shore at South Side	8 a.m
Boys Soccer: Manhasset at North Shore	10 a.m
Girls Soccer: Glen Cove at Friends Aca	11:30 a.m
Football: Glen Cove at South Side	2 p.m
Football: Hewlett at North Shore	2 p.m

Monday, Oct. 15

Boys Soccer: Glen Cove at Clarke	4:30 p.m
Girls Volleyball: North Shore at Kennedy	4:45 p.m

Tuesday, Oct. 16

Girls Volleyball: V.S. Central at Glen Cove	4:30	p.m.
Girls Soccer: Wantagh at North Shore	4:45	p.m.
Girls Swimming: North Shore at West Hemp	7	p.m.

HERALD SPORTS

Glen Cove geared for counties

By J.D. FREDA

sports@liherald.com

After graduating a number of key players from its 2017 roster, the Glen Cove girls' tennis team has seen some struggles, amassing 12 losses whilst playing stiff competition this year in Conference IIA. That doesn't sour the mood or expectations of head coach Chris MacDonald going in to the county tennis tournament this Saturday at Eisenhower Park.

'We're ready for the county's," Mac-Donald said. "We are hoping to get one singles, and two doubles in, but we're waiting for the meetings."

This Thursday, will be a calendar day for the Glen Cove Lady Big Red season, as some of its most skilled players look to represent the north shore town in a battle with all of Nassau County.

The alluded hopeful entries for Mac-Donald include sophomore first singles Axelle LaBaw, first doubles seniors Ivane Olivera and Fernanda Falcon, and second doubles seniors Natalie Corella and Colleen Lynch.

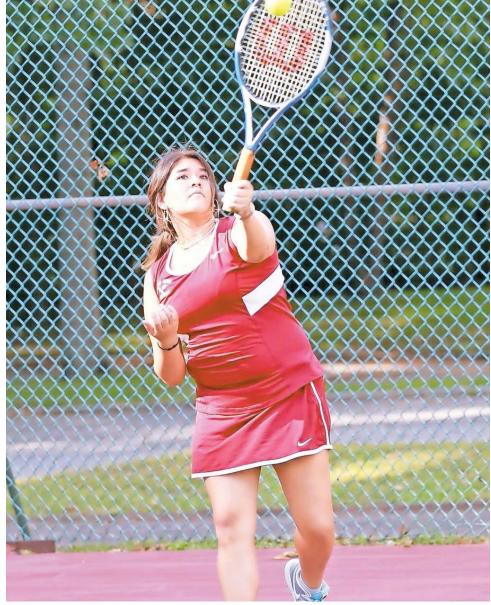
LaBaw, the first singles player for Glen Cove was a second singles competitor as a sophomore just a season ago for the Lady Big Red. "She is the number one player on our team," MacDonald said.

"Ivane and Fernanda have played in the county's the past two years, so they have experience there and are looking to make their way back there this year," MacDonald said.

The group of Corella and Lynch look to carry excellent confidence rolling in to county's as they collected a 10-2 record in second doubles with two matches still to play. Out of those two matches remaining on the regular-season schedule, Glen Cove will line up opposite Great Neck South for the second time this year, a team they lost to in a clean 0-7 sweep last time out. "We have played them already; they've got some great players," MacDonald said. "Maybe this time we can get an extra set or win a game against them here or there. It is all about making adjustments.'

Although winless thus far, MacDonald has taken the season in stride for what it is. "At this point, the younger girls are getting great experience for next season," he

MacDonald is a tennis staple in the



IVANE OLIVERA IS one of the senior leaders for Glen Cove, which is looking for a positive finish after enduring some tough results.

Glen Cove community, bringing about the genesis of a kid's tennis program starting in 2016. The program has expanded over the years from just a handful of kids to at least a couple dozen every day throughout a week-long clinic.

"I really credit the high school kids for giving their time to come out and help, give tips, and get the younger kids excited about a sport they can really play for the rest of their lives," MacDonald said. "It is nice to see because the fifth graders that were at the clinic two years ago are now seventh graders in the high school tennis program."

The next iteration of the Glen Cove youth tennis clinic will run the week of Oct. 22, Monday through Friday from 4-5:30 p.m. at the Glen Cove High School tennis courts.

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HERALD NEIGHBORS



Photos by Roni Chastain/Herald Gazette

AN ATRIA TEAM member throws a layup against the Wheelchair Sports Federation players, as both teams watched with bated breath.

Basketball on wheels with the Kiwanis

The Kiwanis Club of Glen Cove hosted its 2nd Annual "Wheelchair Basketball Challenge Tournament" on September 21st at Glen Cove High School. Organizers said that the event was a huge success and a lot of fun.

The professional wheelchair basketball players, led by Glen Cove City Councilman Mike Zangari, represented a team of athletes sponsored by Wheelchair Sports Federation. Other teams, including Glen Cove Police Benevolent Association, The Atria at Glen Cove, Kwon Wellness, and the Glen Cove Knights — High School faculty members — took on the pros making for some very exciting moments.

While Referee Tom Zimmerman called the shots, Sea Cliff's John Canning served as the game's announcer and master of ceremonies.

The game started with a beautiful perfor-

mance of "The National Anthem" by the Glen Cove Select Chorale. While fans in the bleachers rooted for their favorite team the Glen Cove Cardinals Junior Cheerleaders were on the sidelines preparing for a half-time show.

Funds raised by The Kiwanis Club of Glen Cove always go back into the community with a focus on serving children and families. The club sponsors the Glen Cove High School Key Club, the Middle School Builders Club and the Landing School K-Kids. Also, club members support the Glen Cove Youth Board. Throughout the year the club sponsors a family for the holidays, sends a child to camp, offers a scholarship to the most improved student, help feed the homeless and donate to Glen Cove Boys and Girls Club, Mama's House and others.

-Zach Gottehrer-Cohen





MEMBERS OF THE

Wheelchair Sports
Federation — dressed in
yellow — competed
against Glen Cove High
School faculty wearing
red, and the Aitria, who
wore green.

TONY TRIPP, THE former Glen Cove Fire Department Chief, who played for Atria took a shot.

COMMUNITY CALENDAR

Thursday, Oct. 11

Glen Cove American Legion Meeting

Second floor, Glen Cove Senior Center, 130 Glen St., Glen Cove, 11 a.m. The Glen Cove American Legion Post 76 will hold its monthly meeting. (516) 676-1294.

Essential oils

Sea Cliff Village Library, 300 Sea Cliff Ave., Sea Cliff, 7 p.m. Come and get educated about the basics of essential oils, and how to incorporate them into your daily life. Register by calling (516) 671-4290.

Italian for world travelers

Gold Coast Library, 50 Railroad Ave., Glen Head, 7 p.m. Planning a trip to Italy or just want to learn some basic Italian? Elena Florenzano will have you speaking the language in no time. This is a fourweek program. Registering for one session will register you for all sessions. There is a \$15 non-refundable fee due at the time of registraton. (516) 759-8300.

Haunted House wars

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 7 p.m. It's Haunted House vs. Haunted House in this tasty competition. Brainstorm and decorate your very own, one-of-a-kind Haunted House to be judged. Recommended for children in grades 6 and up. (516) 676-2130

Friday, Oct. 12

3D Pen Crafts: Halloween Edition

Gold Coast Library, 50 Railroad Ave., Glen Head, 4 p.m. Come to the library to sit back, relax and doodle anything you desire with our 3D pens. If you're in the Halloween spirit, learn how to create 3D spiders, bats and witch hats to make fun holiday decorations or jewelry. Recommended for children in grades 6 through 12. (516) 759-8300.

Saturday, Oct. 13

Sea Cliff Farmers Market

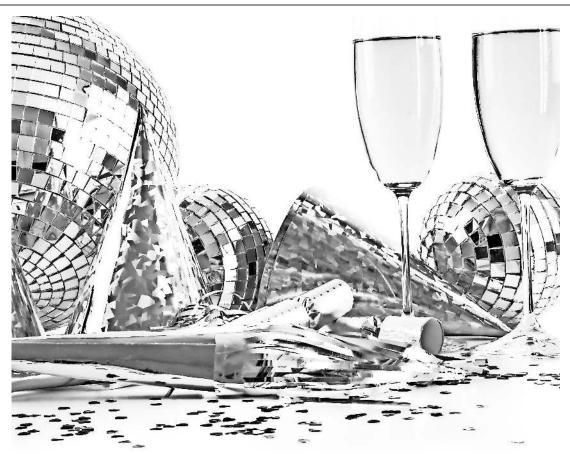
St. Luke's Church, 253 Glen Ave., Sea Cliff, 9 a.m. to 1 p.m. This open-air market offers a selection of locally grown vegetables, fresh baked goods, pressed juices, micro-greens and sprouts. All products are grown or produced on Long Island, mostly right in Nassau County.

DogVinci

Gold Coast Library, 50 Railroad Ave., Glen Head, 3 p.m. Unleash your inner artist with Dagger DogVinci, the painting dog. Learn about Dagger's training to become an assistance dog, and how he became a great artist. Then let Dagger show you how to paint your own masterpiece. Recommended for children in grades K through 5. (516) 759-8300.

The Great Give Back

Glen Cove Library, 4 Glen Cove Ave., Glen Cove. Enjoy a day of service at your local library. At 11 a.m., teens will participate in an AnySoldier Volunteer Program to send good wishes and organize donation boxes to bring to the Post Office. At 2 p.m., participants can create birthday cards for Long Island Cares'



Photos courtesy Metro Creative Connection

Groove to the music at Disco Prom

On Saturday, Oct. 13, the Glenwood Life Center and the North Shore Village Theatre will host a groovy disco prom, with proceeds benefitting both the center and the theatre. Strap on your dancing shoes, grab a date and head over to the center at to disco the night away. The energetic evening includes raffles, complimentary food, beer and wine, live lounge singers during cocktail hour, a live DJ spinning the classic disco hits of the 70s, prom photos, a costume contest and more. The cost is \$75 for singles and \$130 for couples. Tickets can be purchased at nsvillagetheatre.com or glenwoodlifecenter.org. 6 to 11 p.m. 71 Grove St., Glenwood Landing.

Birthday Party Supply Drive. Bring donations of new or unused birthday party supplies and/or presents to be donated. Register at glencovelibrary.org or call (516) 676-2130.

Sunday, Oct. 14

Blessing of the animals

Our Savior's Lutheran Church, 16 Glenwood Rd., Glen Head, 1 p.m. Believers will be able to bring their four-legged friends to be blessed at the church. The annual Blessing of the Animals gives residents the chance to have their pets blessed by Pastors Mark and Kimberly. In addition, fall plants, thrift shop treasures, and refreshments will be available for sale. For more information, call (516) 676-4540.

'Starry Starry Night'

Clifton Park, Sea Cliff, 7 p.m. Bring your own telescope and watch the night go by. The Sea Cliff Civic Association presents an evening of stargazing with the Amateur Observers Society of New York. Music by The Milky Ways. Recommended for children ages 7 and up. Admission is free.

Monday, Oct. 15

Haunted Long Island

Sea Cliff Village Libray, 300 Sea Cliff Ave., Sea Cliff, 7 p.m. Learn the real story behind "The Amityville Horror" and Oyster Bay's haunted Raynham Hall. Register at (516) 671-4290.

Game night

Gold Coast Library, 50 Railroad Ave., Glen Head, 7 p.m. Have you recently learned to play Mah Jongg or Canasta but have no place to play or no one to play with? Come on down to the library to solve all those problems. Registration is required for each session. Seating is limited. Bring your own game sets. (516) 759-8300.



A primer on climate change

On Wednesday, Oct. 17 at 6 p.m. the North Shore Land Alliance and the North Country Garden Club of Long Island present "C-Change Primer," an educational presentation and discussion about the risks and opportunities associated with climate change. For more information and to RSVP, call the North Shore Land Alliance at (516) 922-1028 or visit www.northshorelandalliance.org. Planting Fields Arboretum, 1395 Planting Fields Rd., Oyster Bay.

Eccential hath nile

Gold Coast Library, 50 Railroad Ave., Glen Head, 7 p.m. Join Andrea Giordano for an informative, fun class on essential oils. Bring home some relaxing, all natural bath salts and let the relaxing begin. There is a non-refundable \$3 fee due at registration. (516) 759-8300.

Tuesday, Oct. 16

Glen Cove F.D. Blood Drive

Glen Cove Fire Department, 10 Glen Cove Ave., 2 to 8 p.m. Head to the fire department to save some lives and donate blood. Every donor will receive a free t-shirt and a roast beef dinner. For more information, contact Pete Prudente at (516) 606-0014.

Unicorn pillow

Gold Coast Library, 50 Railroad Ave., Glen Head, 4:30 p.m. Kids will have a blast creating a unicorn-themed pillow using felt, glittery foam shapes and dimensional paints. Recommended for children in grades 3 through 6. (516) 759-8300.

Friday, Oct. 19

Halloween storytime

Gold Coast Library, 50 Railroad Ave., Glen Head, 4 p.m. Come to the library ahead of Halloween and enjoy stories, music and have lots of fun. Costumes are optional, but encouraged. Recommended for children ages 2 to 5. (516) 759-8300.

Escape the Room: Halloween edition

Gold Coast Library, 50 Railroad Ave., Glen Head, 7 p.m. Come to the library after we close for a special Halloween-themed "Escape the Library." Can you escape in 60 minutes? Recommended for children in grades 6 through 12. (516) 759-8300.

Saturday, Oct. 20

Pumpkin decorating

Gold Coast Library, 50 Railroad Ave., Glen Head,11 a.m. and 2 p.m. Decorate a pumpkin with your favorite designs. The library will provide paint, stickers and gauze for mummy pumpkins. Bring one pumpkin per child. Recommended for children in grades Pre-K through 5. (516) 759-8300.

Pet Parade and Show

Clifton Park, Sea Cliff, 11 a.m. Dress up your pet and show them off. All pets are welcome, costumes encouraged. Hosted by the Sea Cliff Civic Association.

Owl Discovery Program

Glen Cove Library, 4 Glen Cove Ave., 2 p.m. Volunteer for Wildlife will bring live owls and provide an in depth look at the fascinating world of these common, but seldom seen, local inhabitants. Register at glencovelibrary.org or call (516) 676-2130.

HAVING AN EVENT?

Submissions can be emailed to llane@liherald.com.

NEIGHBORS IN THE NEWS



Courtesy City of Glen Cove

JOSEPH HEFFERNAN WAS sworn in as a Glen Cove police officer on Tuesday night, surrounded by family and some of the top brass of local law enforcement.

Glen Cove native sworn in to GCPD

At Tuesday night's City Council meeting, Joseph Heffernan, a lifetime resident of Glen Cove, was sworn in as the Glen Cove Police Department's newest officer. Surrounded by family, Mayor Tim Tenke prompted him to take the oath, in which the new officer swore to protect, defend, and uphold the laws of the United States, New York, and the City of Glen Cove.

"I've known you a long time, and I know how long you've wanted this," said Councilman Kevin Maccarone, who grew up in Glen Cove with Heffernan.

Heffernan graduated from Glen Cove High School in 2006, where he played football and basketball. He graduated from C.W. Post in 2011 with a bachelor's degree in criminal justice. Soon after, he became a correctional officer at Riker's Island, where he served for two years. In 2015, he became an officer in the NYPD's 75th precinct, which covers East New York.

Heffernan has been — and continues to be — a football coach in the Glen Cove City League for 13 years. Det. Lt. John Nagle of the GCPD, had himself been Heffernan's coach when he was a child, and said he knows how important the coaching role is.

"Being a coach in the community is a special thing," Nagle said. "[The kids] look up to you." Nagle added, "That's the kind of police officer we're going to get here.'

Interagency Council meets at City Hall

The Inter-Agency Council of Glen Cove held its first monthly meeting after the summer hiatus on Sept. 12 at Glen Cove City Hall. Twenty one agencies were represented at the September meeting, which was held at City Hall. There are more than thirty human service agencies, who are members of IAC. Meetings are on the second Wednesday of each month at one of the member agencies.

The meeting was presided over by newly elected IAC president, Kathy Flynn, director of Glen Cove Library. Glen Cove Mayor Tim Tenke welcomed all attending, and addressed the group about the progress and problems of the city since he took office earlier this year,

followed by a question and answer period. Among the topics were clean water, and the city wells.

"Water is a people issue, not a political issue," Tenke told the group. The beaches were discussed, including the damage from winter storms at Pryibil

Beach, the bathrooms at Morgan Memo-Beach, the bathrooms at Morgan Memorial Park Beach, the contamination at Crescent Beach, and the work that is being done to remedy the problems.

Among the concerns raised by IAC 🛱 members were affordable housing, jobs and transportation. Pastor Travis Lee 28 and Courtney Callahan, from St John's of Lattingtown will coordinate local food pantries going forward.



Courtesy Glen Cove Interagency Council

MEMBERS OF THE Glen Cove Inter-Agency Council met in mid-September at City Hall to discuss their organizations' initiatives for the coming months.

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East Setauket Port Jefferson **Garden City** Lynbrook **Rockville Centre**

Glen Cove Manhasset Valley Stream

Hewlett Massapequa

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Shorecrest Community Of Glen Cove

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Furniture; dishes; bric-a-brac; books; lots more (Rain date - Oct. 14)

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THE GLEN COVE Hospital will end its cancer care in late November, shifting its focus to geriatric and rehabilitative medicine.

Glen Cove hospital to nix cancer care, focus on seniors

By ZACH GOTTEHRER-COHEN

zgottehrer@liherald.com

Officials in the Northwell Health System recently announced a slate of changes to Glen Cove Hospital, including the removal of its cancer treatment facilities to other, more oncology-focused sites in the healthcare system.

By Nov. 23, the hospital's Don Monte Cancer Center will have phased out its services, and its two medical oncologists will have transferred their practices — one to Long Island Jewish Medical Center in New Hyde Park, and the other to Huntington Hospital. Some of Glen Cove's oncology equipment will be moved to the Imbert Cancer Center in Bay Shore.

"As cancer care gets increasingly complex," Alexandra Zendrain, a spokeswoman for the health system's eastern region, told the Guardian, "you really need a full medical team, including surgical and radiation oncology." Moving cancer care resources to those other facilities, she said, would ensure that patients could have access to those teams in one place.

Carol Waldman, the executive director of the Glen Cove Senior Center, which serves seniors from around the North Shore, said that she was concerned about how the health system would handle patient transportation in the wake of the move. "Our medical transportation program is a city program that runs out of the senior center," she said. It only provides access to the Glen Cove area, and so we're concerned about how to get these people to Huntington and New Hyde Park.'

"A handful of people have already talked to me about it and expressed concern," Waldman added. "Chemo leaving is very disappointing to us.'

She said that on Thursday, as the Guardian goes to press, she has a meeting with Susan Kwiatek, the executive director of Glen Cove Hospital, to discuss transportation. Kwiatek said that the health system's "Cancer Service Line," which helps patients navigate their care, will work with each of them individually.

According to Zendrian, the hospital's

have their care "actively managed." As to whether they'll be treated in Huntington or in New Hyde Park, "It's really up to the patients," she said. Kwiatek added that the cancer service line would discuss transportation issues with each patient.

Waldman said she was looking forward to partnering with Northwell to get her members to their appointments.

Renewed focus on seniors

Amid the move, Glen Cove Hospital is expecting to spend several million dollars to expand other services — \$4.6 million on a "family medicine" unit, essentially primary care; \$450,000 on cosmetic upgrades to its inpatient rehab unit and \$360,000 for an "accountable care" geriatric unit.

Accountable geriatric care, Kwiatek said, is basically a holistic approach to managing the health of seniors as they age. "It includes preventative care, managing the care in the hospital and optimizing the care at home," she said, adding, "It coordinates the care across the continuum. You optimize outcomes and minimizes healthcare costs.'

The change is right for Glen Cove, she said, because of the area's "aging demographic." Those in need of geriatric care, she added, comprise "a large majority of the patients we serve."

Waldman said that despite her concerns about moving cancer care to other facilities, she was happy to hear about the added emphasis on senior care. "If there are additional efforts going into geriatric care locally," she said, "we embrace that effort. The health of our seniors really speaks to the health of our community."

The renewed focus on eldercare runs parallel to Glen Cove Hospital's efforts on physical therapy and rehab, domains in which Zendrian said, "they're really already a destination hospital.'

Earlier this year, the hospital spent over \$200,000 on a machine, called the G-EO, that helps patients re-learn how to walk after traumatic brain injuries like a stroke.

The hospital will also spend \$3.3 million on a new cooling system.

'Everybody was undocumented at some point'

CONTINUED FROM FRONT PAGE

crowd of 50 adults and children marched into the lodge, where they enjoyed traditional Salvadoran chicken sandwiches and conversations about the federal Temporary Protected Status program, or TPS.

The bus riders — who had traversed the country for seven weeks, starting in Los Angeles, before stopping in Glen Cove — were on a mission to educate people about the program and provide resources to immigrants who are legally in the country under TPS. The designation is given to people from certain countries who came to the U.S. seeking refuge from adverse conditions such as natural disasters and civil wars.

Pro Residencia TPS Long Island formed in June 2017, an effort by Salinas and Cecilia Martinez, from Glen Cove, to raise awareness of TPS issues. Together they worked on creating committees in Glen Cove and Hempstead, as well as in Suffolk County.

TPS holders, families, friends and supporters waved flags and chanted messages of hope and encouragement as the bus pulled up in a number of communities. On Saturday, its first stop was at the Salvadoran consulate in Brentwood, and that evening it parked in front of the Long Island Rail Road station in Hempstead. After leaving Glen Cove on Sunday morning, it headed to a church in Riverhead.

"I think we had a good effect in the community," Salinas said. "People who didn't know about our committees are now eager to help us grow and raise our voices. It was so important to get the community's support."

TPS holders from El Salvador, Haiti, Honduras, Nicaragua and Sudan — most of whom, at least in New York, have legally lived, worked and paid taxes in the United States for over two decades — face possible deportation as the Department of Homeland Security has gradually removed those countries from eligibility in the program.

On Oct. 3, a federal judge in California issued a pre-

liminary injunction that prevented DHS from continuing to do so. The injunction blocked the cancellation of TPS for El Salvador, Haiti, Nicaragua and Sudan, but did not include the cancellation for Honduras. Honduran officials have said that the country could begin reabsorbing the refugees who fled Hurricane Mitch in 1998, according to a June news release from DHS.

"Thank God for this judge," Jose Salinas, Oscar's father, a Glen Cove resident and a TPS recipient from El Salvador, said in his native Spanish through a translator. "I've been here 23 years. I pay taxes every single year. And now you want to tell me that I have to leave?"

The elder Salinas said that he had spent the past two decades building a life on the North Shore. "I have children here, I have grandchildren here," he said. "This is where I've rooted myself, and where I've grown."



THE TPS BUS'S passengers have been spreading information, support, music and activism to communities of immigrants.

Others said they were concerned about the conditions of the countries they would be forced to return to. "I'm afraid of El Salvador," Glen Cove resident Adela Rivas said. "I'm afraid of the violence and the crime. My children wouldn't have a future there because of the state of the country."

For those who can ponder the issue from a distance, Jose Salinas said, immigration can seem political. For him, and

the 10,000 other TPS recipients in Nassau County, he said, "It's personal. We're not political. We're just standing up for ourselves."

"I believe that if we stay quiet, Rivas said, "we're going to be forgotten."

Bringing the Journey for Justice bus to Glen Cove, Rivas said, was a way for local TPS recipients to stand up for themselves and raise their voices. "We want people to know what's going on," she said, "because we

need their help."

his is where

l've rooted

myself, and

JOSE SALINAS

Glen Cove resident

where I've

grown.

The bus's journey will end in Washington, D.C., on Nov. 9, where the passengers will rally in front of the White House. Pro Residencia TPS Long Island committee members have plans to attend.

Salinas said that TPS recipients can't stop because of the injunction, because "it's temporary, and it's not enough."

For him and Rivas, the journey's destination is permanent residency. The alternative, Rivas said, would be bad for the area's economy. "We are customers," she said. "We buy things in this community. Our departure is going to hurt your pocket."

Salinas said that this is an important moment in America's immigration story. "Everybody was undocumented at some point," he said. "Everybody's [relatives] came here and faced challenges before being accepted as citizens. This is us facing that."



Photos by Zach Gottehrer-Cohen/Herald Gazette

MANY TPS RECIPIENTS have been in the United States for more than 20 years, and have children who are citizens.



EVENT SCHEDULE

Vehicle Registration for Concours Participants 8am to 9:30am

Judging of Cars **9:30am to 1pm**

Awards Presentation **2pm**

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A family doctor 'takes pride in helping'

By LAURA LANE

llane@oysterbayguardian.com

Internists, pediatricians and surgeons had offices in Oyster Bay in 1978, but there weren't any family medicine physicians. After William J. Bennett did his residency at Glen Cove Hospital, he saw an opportunity to open an office on West Main Street. He never left, and said he is pleased and proud to be celebrating his 40th year in Oyster Bay. When asked why he is still practicing, Bennett, now 72, was quick to reply. "I love this. There is no better way to utilize your intelligence and compassion than practicing medicine and, in the process, you can improve your own life through continued learning and continued contact with people."

Bennett's waiting room is often filled with patients. Sonan Kayserian, Bennett's secretary for the past 15 years, can usually be found quietly working, inputting information into a computer. "Dr. Bennett is extremely compassionate and knowledgeable," she said. "He takes time with his patients and they love him. And he takes pride in helping them."

When Bennett started his practice there were two pharmacies in town, Snouders Drug Store, which has been shuttered for many years, and Sagamore Pharmacy, now a CVS. Bennett lived in Bayville, where he stayed for 37 years, before moving to Huntington five years ago. With his new practice came a decision to become entrenched in the Ovster Bay community. Although he can't remember when he was a firefighter with Atlantic Steamer Fire Company or a member of the Lions Club, he is certain that they were good experiences. It wasn't common to advertise in the 1970's, he said, so knowing people personally in town was of great assistance in building his practice.

He came to Oyster Bay with experience and some cash too. He was also working as the Nassau County Deputy Medical Examiner, which he continued to do until 1980. And he was employed by Harborfields School District in Greenlawn and Madonna Heights Group Residence in Huntington in 1978 as the school physician. He left those positions in 1988.

Bennett's early years

Doctoring ran in the family. His father, William L. Bennett, an internist, had been a family doctor in Huntington, which is where the family lived before retiring in 1977. But his son didn't initially plan to join the profession. When Bennett went to Providence College, he majored in history, but soon he switched to science. Upon graduation in 1967, he decided to go to medical school. The competition for entrance was tough, he said, as it is today. Bennett was accepted by schools in Mexico and Italy and decided on the latter, attending Universita Degli Studi di Bologna.

There was only one hurdle. Although he is half Italian, Bennett didn't speak a work of the language. "I had to learn Italian when I got there," he said, smiling. "The classes and exams were all in Italian. It took me a year to learn it."



Laura Lane/Herald Gazette

DR. WILLIAM BENNETT, who specializes in Family Medicine and Geriatric Medicine, is the program director of the Residency in Family Medicine program at Glen Cove Hospital. He has had an office in Oyster Bay for 40 years.

But it wasn't as hard as people might think, he added. He socialized with Italian medical students to practice the language and went to the movies too. When he returned home in 1973, he had no trouble securing a residency at Glen Cove Hospital.

Glen Cove Hospital

In 1989 North Shore Hospital purchased Glen Cove Hospital. Bennett was

asked to work there full time to teach hospital medicine to residents. He stayed on the job until 1999, running the inpatient medical teaching services at the hospital, while continuing his private practice in Oyster Bay. In 1999 he became the hospital's program director. Bennett said he's always loved teaching and has enjoyed the changes at the hospital, which went from a small health system to one that is huge. Today he also teaches at the Zuck-

er School of Medicine at Hofstra/Northwell as an assistant professor of family medicine.

Once Bennett worked full time at Glen Cove Hospital his own practice changed too. He converted it to a multi physician office and used it to train medical students and residents. He now also trains nurse practitioners and physician assistants.

Dr. Andrea Dory was hired to practice at Bennett's office in 2015. She did her residency at his office and graduated from the Hofstra Northwell Family Medicine program at Glen Cove Hospital. "I enjoyed it here when I was in my residency," she said. "So, I came back."

Changes in the profession

It's important for physicians to keep current, Bennett said, and with the massive increase of information and technology that can be challenging. "We have tremendous amounts of research providing us with a number of ways to treat a patient and the internet provides information to patients," he said.

Sometimes they come in with their own diagnosis, which he believes is good.

Patients demand more of a doctor, he said, and ask questions too. "The more questions you ask the more attentive a doctor needs to be," he explained. "Patients who are well informed do better."

Being a doctor isn't always easy, Bennett said. For one thing, doctors find it challenging to spend the appropriate amount of time with patients because of an increased demand for documentation. "There are more choices now of medication, procedures and he said "And the incurrence

diagnostics," he said. "And the insurance companies place so many limitations and requirements on physicians which aren't uniform."

Geriatrics

he more

you ask the more

attentive a doctor

WILLIAM J. BENNETT

questions

needs to be.

Family doctor

Bennett is board certified in Geriatric Medicine by the American Board of Family Medicine/Geriatric Medicine. Geriatrics, a subspecialty is an important field, he said, which needs doctors. "There are a lot of changes we are facing with the aging, including how we should deal with end of life care," he said. "Some studies show that 30 percent of a person's income is spent in the last few months of their life."

Although his Oyster Bay practice is cradle to grave, Bennett only takes care of adults. But he has four other family medicine physicians and one gynecologist now on staff to ensure coverage for all patients.

The future of medicine

Doctors entering the profession today are computer savvy and want group learning, Bennett said. But the primary difference between younger and older doctors he believes is personality. "Because of electronics we may see some erosion of physicians that are able to communicate with patients," he said.

Nurse practitioners and physician assistants are important professions in the future of healthcare, he said. "They can't replace physicians because they [NP and PS] don't have the education or experience," he said. "But some things they can do just as well, like if a patient has diabetes. A nurse practitioner can discuss diet, exercise and proper use of medications."

And nurse practitioners and physician assistants are needed, he added because in today's medical environment a doctor's time is limited.

"The future of medicine is team based with doctors hopefully being the leaders," he said. "The teams will include social workers and psychologists for example."

His wife of 32 years, Nancy, has been working with him since they married. She had worked at Glen Cove Hospital as a secretary for eight years before joining her husband in Oyster Bay.

When asked how Bennett's office differs from other doctor's offices, she smiled. "We are family oriented and know our patients like we know our family," she said. "That makes our patients comfortable here."



Tab Hauser/Herald Gazette

LOCAL BAND TIBERIUS rocked the crowd near Bart's Barber Shop on Sea Cliff Avenue.

A busy day at Mini Mart

By ALYSSA SEIDMAN

aseidman@liherald.com

The hum of live entertainment could be heard through the trees last Sunday morning as visitors searched frantically for parking spaces. The gray-white sky and the humid air did not deter the crowds from coming to Mini Mart, Sea Cliff's annual street fair. Luckily, after lunchtime, the sun broke through the clouds.

"We're a small village, but we have big heart," said Mayor Edward Lieberman, admiring the changing sky. "This is the day that everyone comes to Sea Cliff and enjoys our people, our businesses, our artists, and we love to have people come and explore and realize what a gem we are."

For the past 49 years, the village has shut down four blocks of Sea Cliff Avenue for Mini Mart, which has become the village's most anticipated community event. Starting early in the morning on the first Sunday in October, volunteers from North Shore Kiwanis, which organizes the event, mark the streets for more than 200 vendors that take part each year.

"It was a little misty [this morning] but there was still a lot of energy, and some vendors were starting to come at 6 a.m. in the dark," said Kiwanian Roger Hill. "A lot of people have been here for years, and they know their spots even though they're not marked."

Mini Mart started as an art fair, but has since evolved into a marketing opportunity for jewelers, crafters, restaurants and businesses. Local nonprofits like the Lions Club, the Knights of Columbus and Rotary publicize their work and attract new supporters. The money raised from booth rentals helps support Kiwanis's community programming.

Club President Julia Salat — who also advises North Shore High School's Key Club — has been involved in Mini Mart for the past 30 years. Her favorite part of the daylong event, she said, is seeing old students with whom she has worked with in years past.

"One of the things that's very near and

dear to my heart is the kids always know where I am," Salat said. "They always come back to see me and remember how this was so much fun."

In addition to longtime vendor, Hill said that more than 20 new ones took part this year. Barry Simon, of Merrick, was one of them. He sells custom-made decoupage boxes at crafts fairs across the county, but he said, "This is actually the best one for us, and certainly the most successful so far."

Simon, a native of Port Washington, remembers attending Mini Mart for many years, so it made sense for him to get his business involved. "Everyone's very friendly," he said. "There are great people here, and they're all very complimentary about our work."

Simon wasn't the only former North Shore resident at the event. Former Greenvale resident Jill Kantor, a member of the North Shore High class of 1974, enjoyed the sights, sounds and smells, and reconnected with some former classmates. "My mom and I used to do street fairs and things like that," she said, "and we attended the first few Mini Marts that there were."

It had been a long time since she visited the North Shore, and while she said that urban sprawl had changed the community, she noted that Sea Cliff has maintained its small-town appeal with Mini Mart.

"I've recalled a lot of fond memories even just driving here," she said. "Going past the Swan Club, Engineers Country Club, Tappen Beach. [Those places] elicit all kinds of memories."

Lieberman said that the welcoming atmosphere of Mini Mart — the aroma of barbecue, the warming taste of cinnamon sugar rimming pumpkin beers, the clamor of live music — is due in part to the people. "All the people that participate make it such a glorious day," he said. "What we have here is a culmination of everyone trying to have a good time, and for one day, the village is more alive than ever"

The 50th annual Mini Mart will be held next Oct. 6.



¹⁶ To stop bullies, give them 'space to change'

CONTINUED FROM FRONT PAGE

DiGraci said that even though a lot of bullying plays out at school, it doesn't start there. "[Home is] where the learning starts," she said. "They see it at home, or on TV, and they bring it into the schools."

But not always, she added. When her son was in seventh grade, he was being bullied through the online video games he was playing with his classmates. Many games allow players to speak to one another through their headphones while they play. DiGraci said that the dialogue sometimes got out of hand. "It goes from a joke to 'I want to fight you at school," she said, "or getting a group of kids to turn against you."

Parents struggle with teaching their children how to handle a bully without designating themselves, rather than the bully, as the party responsible for ending the situation. "You shouldn't have to," DiGraci said, "but as a parent, you want to make them aware of the [social] environment."

Before her son's freshman year, DiGraci transferred him to a Catholic school. "He needed that time apart from everybody," she said. A year later, he told her, "I've changed. They've changed. I'm ready to go back."

It's important, she said, to understand what drives bullies to act the way they do. "As much as you want to hate the



Courtesy City of Glen Cove

ORGANIZERS ARE EXCITED about this year's BullyProof Project Awareness Walk and hope it will be as successful as last year's, above.

child, you can't," DiGraci said. "You don't know what's going on in their lives. You've got to give them that space to

She added that, years later, her son actually had become close friends with one of the children who used to bully him. "You may not be friends with them today," she said, "but years down the line, you might be best friends."

Maria Rivera-Hlatky, Fran-Marie's mother, used to volunteer at the Child Abuse Prevention Center in Roslyn, giving workshops at schools around Long Island. She said that social media were partly to blame for the callousness of today's young people, which makes it easier for them to be cruel to one another. With more and more interactions happening not face to face, but face to screen,

Anti-bullying tips

- Try to learn as much as possible about your child's feelings and daily life outside of home.
- Stay connected with your children, and help them feel capable, significant and courageous.
- Teens may think what they are posting or texting is just a joke, but if you're on the receiving end, it may
- Cyberbullying is done impulsively and not planned, like traditional bullying.
- Teachers may not be fully aware of what your child is going through, so make an appointment and inform them.

Tips courtesy Maria Rivera-Hlatky

"They get desensitized," Rivera-Hlatky said. "They don't realize what they're typing is going to hurt whoever is on the receiving end."

Fran-Marie said that some days are worse than others. But as hard as it is, after enduring bullies since elementary school, she's learned to deal with it. "Getting used to it occurring," she said, "you just kind of block it out after a while.'



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Q&A for your 401(K)Bringing the future into focus

By Sharon Naylor

As you near retirement age, you're likely thinking about your investments, especially your 401(k). And you likely have questions. Robert Gustafson, a certified financial planner, first warns you not to panic when the curtain to retirement draws open. "Many people make a big mistake in cashing out their 401(k) when the market has dipped or when those foreboding financial reports on the news and online deliver less-than-encouraging news," says Gustafson. "We're a country that has been through a lot of financial ups and downs with wars and recessions, and there will always be dips in the market resulting in dips in financial portfolios."

Riding out those dips, and not giving into your emotions is, Gustafson says, important to securing a stronger financial future during your retirement.

That said, Gustafson answers some of the top Q&As related to 401(k) investment plans.

Is it too late to start a 401(K)?

"It's never too late," says Gustafson. "Everyone should have or start a 401(k,) since it's a great way to invest tax-deferred on pretax amounts." Of course, if you started your 401(k) when you were in your 20s, you not only have years of your investments earning interest, even with market dips affecting your totals in the short term, you also would have more years to make up for any mistakes or market changes.

Still, people are living longer, thanks to advances in medical testing and treatments, plus healthy lifestyles, which means that they could potentially live for decades after their retirement date. You'll need money to live on during those years, and a 401(k) started or strengthened now will help with your financial goals. "If you're lucky, you can potentially match your 401(k) investments,' says Gustafson.

Do I need a financial planner?

Investment information found online can be helpful, but a Certified Financial Planner knows more about the intricacies of investments, as well as evolving tax laws. They can also assess your particular 401(k) to better guide you in investing that will be best for your goals.

Gustafson points out another big benefit of having a financial planner to help you: "A financial planner is a disinterested third party who can help you tame your emotions when financial reports scare you, so that you don't make an expensive or devastating knee-jerk mistake in cashing out your investments." Financial advisers are experienced in riding out shifts in the market, so they can provide reassurance as they help you.

What should I ask my financial planner about my 401(k)?

"Ask about any special investment options in your plans," says Gustafson. "And



Mind your 401(k) for a happier retirement.

definitely ask about the fees, because some fees can be very problematic, costing you more money.

At the time of your retirement, you'll want qualified, professional advice about rolling over your 401(k) or integrating your 401(K) plans. In your retirement years, you may become widowed or become a widower, so your financial adviser can explain your options regarding the handling of your spouse's 401(k) plans as well as your own.

"In any relationship, opposites often attract," says Gustafson. "One of you may have been a saver, and one a spender, so your individual plans may be very different. When you acquire your spouse's perhaps heftier 401(k), you may need extra help in managing your next steps.

"Look at your 401(k) plan as if it's part of your overall investment portfolio when you're trying to allocate your 401(k)," says Gustafson, who adds that a healthy retirement portfolio combines several investment plans to maximize investments over the course of your retirement.

Again, if you invest at an earlier age, you have more time to make up for any investment mistakes. There is also more risk when you're older, because your assets are likely higher when you're at a later age." So a qualified financial adviser will become a valued partner in navigating the murky waters of your investments.

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Dish on dating

Finding a special someone later in life

By Kristen Castillo

Treva Brandon Scharf married for the first time when she was 50. Three years later, she's blogging about finding love later in life.

"My dating tips for people over 55 aren't too much different than the ones I have for younger people," says Scharf, whose blog is called The Late Blooming Bride. She recommends that daters be honest, give the date full attention and not set expectations. "The only thing I'd say to those over 55 is, 'Have more fun."

Dating After 50

A survey of 1,000 over-50 singles conducted for OurTime.com, the largest dating community for singles over 50, shows that those in the over-50 dating scene are interested in being sexually active and social.

While 72 percent of over-50 daters say they're open to finding love in the future, nearly half the daters in this group haven't been on a date in over five years.

The survey also revealed the three most difficult aspects of dating after 50: finding someone to date, asking someone on a date and getting to know a person before asking the person out. More than a third of over-50 daters are nervous about the first kiss.

Getting Started

When you're getting started dating, take things easy.

"Make sure you are light and breezy," says dating coach and matchmaker Karenna Alexander, explaining that many older daters have had heartbreak in the past.

"Like a job interview, the first few months of dating are a time to put your best foot forward," she says. "There is time in the future to bare your soul."

Present your best self, too.

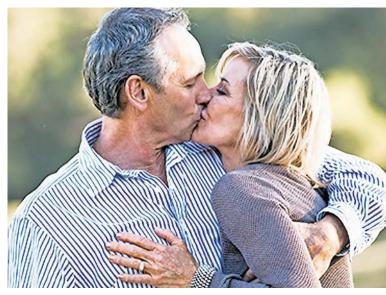
"Just because you are over 55 doesn't mean you aren't alive," says Alexander, who encourages older daters to keep up with grooming, including styling your hair, wearing makeup, working out and wearing nice clothing.

Be Yourself

Stay upbeat and avoid negativity and complaining.

Megan Weks advocates being your-

Convright © 2018 Richner Con



According to a recent survey, 72 percent of singles over 50 are open to finding love in

self on dates.

"You want the person to focus on the essence of what makes you you," she says. Show up "ready to talk about what you love to do and what about it lights you up."

Coffee Talk

Keep the early meet-ups simple and stick to light conversation.

"On a first date, don't talk about the future, what you want from a relationship or make demands," says Scharf, who suggests going out for coffee or cocktails for your first get-

Keep your sense of humor, too, and don't get political, which can be polarizing.

"Talking about the traveling you've done is always good," says Barry Gold, who runs the website Divorced Over 50. "It says a lot about you, and hearing about your date's adventures helps you get to know him or her."

Gold, who's also the author of "Gray Divorce Stories," advises asking your date about his or her grown children, which is an interesting topic that can give you insight into your date's values.

If the subject of divorce comes up, don't shy away from the discussion. Instead, "be prepared with an answer that's honest but avoids too much detail," says Gold, who also recommends not showing anger or bitterness about the divorce, which can be a turnoff.

Avoid discussing divorce details

"Even though it's easy to talk about your family or previous marriage situations with someone who has had similar experiences, it's ideal not to on a first date," says Weks, who also suggests choosing a dating venue where you're comfortable.

Select a place that has good lighting and appropriate amounts of background noise.

"Always be aware of your surroundings and meet your date in a place that's busy enough to be safe" but not so crowded that "vou cannot relax or hear your date," she says.

Online Adventures

These days, finding a date is often a website or a click away.

'Online dating offers something most over-55s never could have conceived of in their 20s," says Gold, who admits that though it may seem overwhelming at first, older singles are finding success

He met, or rather, re-met his match (a woman he went to high school with) on social media. He liked her when they were in school, but she wasn't interested in dating

"I say it took me 40 years to wear her down, but it was worth it," Gold says.



A couple's finances are of critical importance during divorce proceedings.

Late-life divorce Considerations and advice

By Nicola Bridges

Though divorce is becoming less common for younger adults, "silver" divorce is on the rise. According to a 2017 Pew Research Center study, the divorce rate for people who are 50 or older has roughly doubled since the 1990s. But before you cut ties and burn the marriage certificate, there are specific considerations for divorce late in life.

Relationship coach and counselor Jonathan Bennett, co-founder of Double Trust Dating, says that on the plus side, a late-life divorce can be freeing. "For people who married young and watched their marriage turn into an exercise in misery, a divorce later in life can be a liberating experience — a fresh start to finally live life on your terms after years of feeling trapped in a marriage you hate."

But divorce can be very scary after relying on your partner for decades. As Bennett notes, there's a lot to untangle.

The longer you're married the more shared history you have together, including assets," he says. "If the divorce is hostile, it can mean extended fights over property, bank accounts and pretty much everything else. You have a lot more to fight over." However, divorcing later in life can be less contentious because you no longer need to worry about child custody or support with grown children.

Finances are of critical importance — especially making sure you are protected in retirement. "When we represent the working spouse, who might have a spousal support obligation, we want to ensure that our client can retire at a reasonable age," Bennett says. "This can become particularly contentious when a nonworking spouse has been out of the workforce for significant time and may not be able to find work."

Divorce attorney Andrew Winters says that whereas younger divorces are about parenting plans, silver divorces are mostly about money.

"When older couples divorce, their retirement savings suddenly seem inadequate," he says. "Usually, assets are divided to put parties on equal footing going forward."

Winters says that if one spouse earns significantly more than the other, then alimony may be awarded. However, the amount and duration of alimony in these situations is difficult to set, as neither the court nor the lower-earning spouse has control over how long the higher-earning spouse will continue to work. For example, a 65-year-old who makes \$300,000 per year might claim that he is about to retire in order to avoid an alimony order, only to continue working for another 10 years after the divorce is final.

Another consideration is that living alone greatly impacts older divorcees' social lives — which can impact overall health. For that and other reasons, therapist Raffi Bilek strongly suggests counseling. He says that there is so much history and baggage involved that getting some

objective input can make a big difference. "Who can process three, four or five decades of relationship history on their own?" he says. "Couples therapy can help you take a fresh look at some of the things you may have taken for granted for so many years. We get used to things. We get into routines. And we never question some of the things we do or think. Having an outsider come and shake up our perspective can show things in a new light."

Ultimately, Bilek says, before making the decision to divorce, ask yourself and your spouse: What do I need out of this marriage that I didn't need in previous times? Are we capable of changing to meet each other's current needs? Why do we want to get a divorce? Why now? What will life look like for us if we do/do not get divorced at this point?



Paradise Just Got a New Set of Coordinates at Latitude Margaritaville

Latitude Margaritaville introduces 55-and-better communities inspired by the music and laid-back life-style of singer, songwriter, and best-selling author Jimmy Buffett. Visitors can tour designer model homes in new communities in Hilton Head, South Carolina and Daytona Beach, Florida. A third location is coming soon to Watersound, Florida.

Latitude Margaritaville features island-style homes and amenities with architectural stylings and vibrant colors reminiscent of the tropics. Latitude Town Centers are now under construction in Hilton Head and Daytona Beach with openings planned for 2019. Exciting amenities will include the Paradise Pool, FINS Up! Fitness Center, Last Mango Theater, Latitude Bar & Chill Restaurant, sports courts and much more. Each community boasts a lifestyle director who organizes year-round activities, events, and entertainment.

In the Heart of Carolina's Lowcountry

Within this Latitude Margaritaville community, residents enjoy endless opportunities for daily fun, fitness and recreation. Hilton Head, South Carolina is an area rich in history and one of America's premier coastal destinations for fun and relaxation, including beachcombing, fishing, boating, golf, and the laidback pleasures of the legendary Lowcountry lifestyle.

The World's Most Famous Beach

Daytona Beach, Florida is one of the world's most iconic destinations for fun, including surfing, fishing, boating, beachcombing and more. Planned amenities at Latitude Margaritaville even include a





private beach club, where residents can kick off their flip-flops, frolic in the surf and chill in the shade of a cool cabana. Providing front-row seats to the sparkling Atlantic Ocean, this fantastic beachfront hangout is just a free shuttle bus ride from the community. When residents are ready to hit the beach, all they will have to do is hop on board.

Residents can find their place in paradise with low-maintenance homes that feature open, airy spaces that maximize natural light and flow into uniquely designed outdoor living spaces. Floor plans are designed for relaxing, entertaining and comfortably accommodating houseguests. Spacious master suites feature large walk-in closets and raised height vanities in the master bath. Many premium features are included that are often considered upgrades in other communities. New homes start in the \$200s.

Latitude Margaritaville is a new portfolio of active adult communities developed by the global lifestyle brand Margaritaville and master developer Minto Communities. Offering resort-style amenities, Latitude Margaritaville is the ideal destination for those looking to live the Margaritaville lifestyle as they grow older, but not up.

For more information on Latitude Margaritaville visit LatitudeMargaritaville.com.



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Estate planning through the years

state Planning is important at any age. The type of planning required is different across the generations, such as during the earning and accumulating years, during the planning years in which a family is growing, and during the protecting years as a person approaches retirement and beyond.

One common denominator for all generations is the need for and importance of a Will and Advance Directives, advises Jennifer B. Cona, Esq., Managing Partner, Genser Cona Elder Law. Young and old, rich and poor should have a Power of Attorney,

Young and old, rich and poor should have a Power of Attorney, Health Care Proxy and Living Will. These legal directives ensure that appropriate agents are designated to make financial and health care decisions should you be unable to do so yourself.

Young families execute Wills in order to name guardians of minor children. Baby Boomers



and beyond should focus on both estate planning and asset protection planning. In many cases, this can involve establishing a living trust and funding the trust with real estate and possibly bank and brokerage accounts as well.

Transferring assets will begin the five year look-back for asset protection and Medicaid eligibility purposes. If there is no health care crisis within those five years, all of the transferred assets will be protected and can be inherited by loved ones.

Planning ahead allows for a maximum amount of assets to be protected. But one size does not fit all; there are many case-specific issues that affect estate and asset protection planning. Only an experienced Elder Law attorney can properly analyze each situation and make the best recommendation.



Genser Cona Elder Law

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Just a number

How old is a senior citizen?

By Chelle Cordero

Being labeled a "senior citizen" is a term relative to your social status, your employment, the number of discounts available and how old you really feel. In other words, there is no defined age at which a person officially becomes a senior citizen. And "senior" no longer means old.

Once considered a senior citizen group, the AARP begins membership at the ripe young age of 50 and offers myriad discounts on travel, dining, insurance, shopping and more; and if you are married to an AARP member, you don't even have to be 50 to enjoy privileges. Various discounts begin at different ages, but all of them that AARP helps facilitate are in place by age 65. Today, membership in AARP is deemed a rite of passage — not an admission or acceptance of "old age."

The United States government hasn't helped to determine what age qualifies one as a senior citizen. A baby boomer becomes a "partial" senior citizen at the age of 62, a "full" senior citizen at 66 and a "super" senior at 70, based on when he or she begins collecting Social Security retirement. And while it might affect your taxes, you don't even need to be retired to collect Social Security benefits.

Future financial considerations are making the age of senior citizen even more fluid; at this point, people born in 1960 or later will not reach full retirement age until 67. While the federal health insurance program for seniors, Medicare, still takes effect at age 65,

there has been talk of eventually raising that age to 67 because of funding limitations.

Live your way

Places where older Americans can live independently and age in comfort may have the moniker of an over-55 community, senior housing or retirement community. Some small, structured communities designed for seniors have recreational facilities, shopping, medical support, dining and preplanned social events right on campus.

Residences can range from free-standing private homes or town houses to smaller condos, apartments or even studios. Each residence is traditionally designed to allow for aging-in-place with outside maintenance taken care of to allow for an easy, relaxed life. Very often, you'll find 60-year-olds who are referred to as "the kids" and 80-year-olds who maintain very active lives. Age seems to disappear.

Defining 'old'

Even the world at large is beginning to lose the concept of senior citizens being "too old." Models used to be considered out of play by the ripe old age of 25. Today's hot female models and icons include Helen Mirren (73), Christie Brinkley (64), Jane Fonda (80), Veronica Webb (53) and Jessica Lange (69.) Super '60s model Twiggy has made a return and did a spot for L'Oreal at the age of 66. Women drool over "silver foxes" Pierce



Ties to family become increasingly important as we grow older.

Brosnan at 65 and Sting at 67. AARP has a list of the Sexiest Men Over 50, which includes George Clooney (57), Denzel Washington (63), Liam Neeson (66), Bruce Springsteen (69) and Mark Harmon (67). Beauty is no longer reserved for the 20-something millennials.

The practice of geriatric medicine and gerontology is for adults 65 to 85. Studies have shown a significant portion of this population suffers from frailty, loss of muscle mass, incontinence, memory issues and interactions from common age-related medica-

tions. Geriatricians are physicians specifically familiar with illnesses and disorders that affect this demographic, but everyone's body is different. When studies are done on a smaller portion of this age group — for example, people between 65 and 74 — there are fewer noticeable health issues than there are for adults even just 10 years younger.

How old is a senior citizen? Philosopher Francis Bacon once said, "I will never be an old man. To me, old age is always 15 years older than I am."



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patient care rooms.

The grand opening of the facility will bring Emerge administrators, doctors, care staff, and residents, along with local officials and the surrounding community, to a new and improved



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*Josh's Mon OTHERSOSHGOLEN.COM Westside Theatre, 407 W 43rd St. Telecharge 212-239-6200 FD ©

Confessions from the 'crepe siren': My life as a pastry chef'

I shouldn't have had dinner before heading to Gemelli's that night. I know that chefs who get questioned about their line of work are benevolent when it comes to sharing the flavors they create. They desire to feed you and feel you experiencing the tastes that may have taken them hours—sometimes days—to develop. I should know; I was one of them.

But I would quickly correct anyone who would refer to me as a "chef" — such a title is reserved for those who work ridiculously hard to earn it. I willingly entered the organized chaos of a professional kitchen the summer after I graduated high school, and for three years, I lived in "the back-of-house."

I used to work at Piping Rock Country Club in Locust Valley waiting tables in the dining room. The manager there realized I had tired from filling water glasses and preparing breadbaskets for seated guests. When that work was done I would often assist pastry by scooping ice cream and restocking ingredients on the dessert buffet. Eventually I handed in my waitress uniform for chef whites. The transition was almost seamless.

Growing up I'd fill my hours after school watching the Food Network. With the help

of Bobby Flay, Ina Garten and Giada De Laurentiis I became familiar with a dense dictionary of culinary vernacular. I was drawn to foreign ingredients and cuisines, and ordered offbeat dishes that would confuse the average diner. I was a foodie before it was cool.

While reporting in Gemelli's kitchen, I was immediately brought back to my stint as a pastry assistant. I pulled my hair off of my shoulders and twisted it into a low bun. I kept my arms locked at my sides to keep from taking up too much room. As I watched Patricia garnish the grouper I

noticed her nails were unpolished — a custom that prevents food contamination. But I knew I was helpless if a soup or sauce jumped out of a ladle and on to the tops of my exposed feet. Wearing open shoes in a professional kitchen is just plain stupid.

As the Gemelli team plated each course assembly-line style, I was reminded of the frantic feeling I'd experienced "behind the line" — that is, the kitchen space where the cooking is done. For big events with a large number of guests each cook was assigned a component to plate for a particular dish. When the manager yelled, "order fire," the plates passed between the cooks with rushed efficiency. In less than a minute, the plain white plate was transformed into a gastronomical beauty.

Since I was designated pastry I didn't get to play with fire much, but the multiple burn marks that scar my arms suggest otherwise. Most of the burns were the result of turning a hot sheet tray the wrong way while pulling it out of the oven; another occurred while I was placing a bowl of whipped cream on the dessert station from



Alyssa Seidman/Herald Gazette **LEMON BAR WITH** shortbread crumble,
raspberry mousse, toasted meringue and

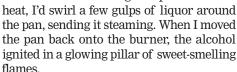
behind the table, forgetting the hot crepe pan I had just used was in my way. But during service you became someone who is

unconcerned with burns.

Flambéed crepes are the quintessential choice dessert among Piping Rock's membership, specifically Grand Marnier crepes,

which we often left swimming in the syrupy orange liquor if someone indicated they wanted them "wet." And even with a line of foot-tapping, sweettooth-aching, patience-flaring members eyeing me down, I never wavered.

I'd melt an indecent amount of butter in a pan until it foamed, which alerted me it was time to sprinkle in the sugar. Before it erupted into a full-on crackle I'd add our homemade crepes. The heat made them wriggle on the surface of the pan like an electrocution in slow motion. Removing the pan from the



My obvious excitement for this part of the job warranted me the nickname "crepe siren" from a member who would consistently turn down my offer to prepare him a plate. I didn't hate it.

It's been exactly a year since I left Piping Rock, but my time in pastry feels almost like a different lifetime — a sugardrenched dream. And for all the hours I scorned cutting strawberries, portioning dough, measuring ingredients and getting locked in walk-in fridges (true story!), there were a million more moments to be grateful. I was learning under the stewardship of some of the most talented and passionate chefs in the industry. They became my second family.

And while they may not have the fame of Flay or Garten or De Laurentiis, they taught me more than any celebrity chef ever could: they taught me how to cook.



ALYSSA SEIDMAN

STEPPING OUT

Where to go, what to do, who to see

Oh, what a concert

The Nassau Pops salutes those Jersey boys at annual gala

t's time to break out the skinny neckties and channel your inner falsetto. The Frankie Valli and the Four Seasons tribute concert, "Let's Hang On!" makes its way to Tilles Center on Sunday, Oct. 14, at 3

Hosted by Maestro Louis Panacciulli and the Nassau Pops Symphony Orchestra, these special guests bring some rock 'n roll flair to the Pops annual benefit concert for Cerebral Palsy of Nassau.

"Let's Hang On!" is billed as America's "#1 Frankie Valli tribute show." Based in Orlando. Fla., the band performs all over the country to sold-out crowds. When Panacciulli first heard about the group, he says he knew they would be perfect for the

"When it happens you know it. It's like going shopping for one special thing and suddenly it jumps right off the rack," he says. "I thought 'Jersey Boys' was great on Broadway and everyone loves the music of the Four Seasons." He was hooked — and they were booked.

The 70-member Nassau Pops Symphony Orchestra will join the four singers and four musicians, with Maestro Panacciulli conducting. Audiences will be taken on a trip down memory lane, hearing iconic mega-hits from the heyday of the Four Seasons. Those beloved tunes will include "Walk Like a Man", "Big Girls Don't Cry", "Ragdoll," "Who Loves You," "Sherry" and of course, "Let's Hang On," among other songs.

The performers capture that sleek 60s-inspired choreography with the crisp harmonies that are a trademark of Frankie Valli and the Four Seasons and made them one of the greatest vocal groups of all time. "Whether you lived through the 60s or not, the songs produced by this amazing group of musicians still resonate today," says Panacciulli. "I think a lot of people will be singing along."

The concert will shine with other musical performances as well, notably a solo outing by the Nassau Pops Symphony Orchestra performing arrangements



The "boys" will have the audience grooving to that authentic Frankie Valli and The Four Seasons sound.

inspired by the Four Seasons.

When putting together his program, it's clear Panacciulli is certainly not afraid to veer off the obvious path. He once booked a Liberace impersonator to perform at the gala. ("It was amazing," he

This time around he flirted with the idea doing other 60s hits but couldn't find orchestral arrangements to his liking. Then he got an idea. Instead of focusing on playing the music from the era, he decided to go with a medley of songs celebrating the real four seasons — as in spring, summer, winter and fall. Selections will include "Younger Than Springtime" from South Pacific and George Gershwin's "Summertime" from Porgy & Bess, among

No benefit concert would be complete without a performance by Creation, of course, the ensemble of singers who participate in the CP Nassau's Adult Day Treatment Program. They first performed in public 14 years ago at the premiere gala and Panacciulli is proud to see how their confidence has developed over the years. Featured singers Chris Wawrzonek and David Tindal will perform the moving ballad "He Ain't Heavy, He's My Brother," a song made famous by The Hollies; "Sweet Caroline." Neil Diamond's joyous ode to love and "Unchained Melody," which some argue is one of history's greatest love songs.

'I'm filled with such a sense of gratitude that I can affect two lives by giving them a chance to perform in front



Music Director Louis Panacciulli at the helm of the Nassau Pops.

of a full orchestra and a large audience," says Panacciulli. "We share something special when we share music together.

Panacciulli's enthusiasm for this event and passionate support of CP Nassau never wanes. He explains that his mother who passed away in 2013—encouraged him to get involved with the organization. That led to the first such concert, which 14 years later is stronger than ever. "It's a chance to use my music to reach out to people to do some good. Or to sum it up in three words to "give something back."

Panacciulli gratefully acknowledges Long Island-based credit union NEFCU, which has been the gala's title sponsor since 2012. All proceeds from every ticket sold are donated directly to CP of Nassau.

To purchase tickets (\$35, \$45, \$55), call the box office at (516) 299-3100 or visit www. tillescenter.org.

- Maria Lane

ON STAGE Pat Benatar and **Neil Geraldo**

Pat Benatar and Neil Giraldo have formed one of the most successful partnerships in music history. Their rock 'n roll love affair has endured for 38 years and they continue to tour every year, wowing audiences everywhere. On their current tour dubbed "A Very Intimate Acoustic Evening," the successful duo (both musically as well as in their marriage) shares their collection of hits in a stripped down.



acoustic style. It's a setting that will allow fans to experience the true power of the music while hearing the stories behind the songs. Their undeniable chemistry, Benatar's mezzo-

WEEKEND

Out and About

soprano vocal range and Giraldo's trailblazing work as a producer, guitarist and songwiter is evident in some of rock's most memorable hits. Hear "Promises in the Dark," "Hell is For Children," "We Live For Love," "Love Is A Battlefield," "Hit me with Your Best Shot" and "We Belong," among other popular tunes.

Friday, Oct. 12, 8 p.m. \$114, \$89, \$69, \$49. Tilles Center for the Performing Arts, LIU Post, Rte. 25A, Brookville. (800) 745-3000 or www.ticketmaster.com or www.tillescenter.org.

IN CONCET

The southern rocker makes his way to Long Island on his solo tour, featuring tunes from his latest album "OI' Glory." From days playing greasy local juke joints to headlining major festivals, JJ Grey remains an unfettered, blissful performer, singing with a blue-collar spirit over the bone-deep grooves of his compositions. Onstage,



Grey delivers his songs with compassion and a relentless honesty, reflecting the fierceness and intimacy that defines a Grey live performance. When he isn't touring. Grev exerts his prodigious energies on the family land, a former chicken farm in north Florida - with a recording studio, openair barn and some 50 pecan trees. For devoted listeners, there's something fitting, even

affirming about Grey's commitment to the land. It is as much a part of Grey's music as the Louisiana swamp-blues tradition.

Saturday, Oct. 13, 8 p.m. \$38. Landmark on Main Street, Jeanne Rimsky Theater, 232 Main St., Port Washington. (516) 767-6444 or www.landmarkonmainstreet.org.

ARTS & ENTERTAINMENT

Coming Attractions

Performances/ On Stage



Man of La Mancha

The classic musical based on Cervantes' "Don Quixote," Thursday, Oct. 11, 2 and 8 p.m.: Friday, Oct. 12, 8 p.m.; Saturday, Oct. 13, 3 p.m.; Sunday, Oct. 14, 2 p.m.; Wednesday, Oct. 17, 8 p.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or www.engemantheater.com.

A Boogie Wit Da Hoodie

The rapper in concert, Thursday, Oct. 11, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

Dave & Friends

The band performs a tribute to CSNY, Thursday, Oct. 11, 8 p.m. Still Partners, 225 Sea Cliff Ave., Sea Cliff. 200-9229 or www.stillpartners.com.

Les Dudek

The legendary southern rocker in concert, Thursday, Oct. 11, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

The Carolina Gents

The bluegrass Ameerican band in concert, Friday, Oct. 12, 7 p.m. Planting Fields Arboretum, 1395 Planting Fields Rd., Oyster Bay. 922-9210 or www.plantingfields.org.

Melvin Seals and JGB

A tribute to Jerry Garcia, Friday, Oct. 12, 8 p.m. The Space, 250 Post Ave. Westbury. (800) 745-3000 or www.ticketmaster.com or www.thespaceatwestbury.com.

Trivium

The heavy metal band in concert, Friday, Oct. 12, 7:30 p.m. With special guests Light the Torch and Avatar. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.



Englebert Humperdinck

The iconic vocalist in concert, Saturday, Oct. 13, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or www.livenation.com.

50+ Comedy Tour

The baby boomer themed stand-up show-



Bobby Conte Thornton

Bobby Conte Thornton, who recently starred in "A Bronx Tale," visits the Landmark on Main Street stage, on Friday, Oct. 19, at 8 p.m.

Direct from his Broadway debut as Calogero, Thornton performs his solo cabaret show "Blame It On My Youth." The special evening features his mentor Chazz Palminteri, who wrote "A Bronx Tale." Palminteri joins Thornton on stage to talk about their unique relationship and their collaboration on his life story.

Tickets are \$65, \$55, \$38; available at (516) 767-1384 or www.landmarkonmainstreet.org.

Landmark on Main Street, Jeanne Rimsky Theater, 232 Main St., Port Washington.

case, Saturday, Oct. 13, 8 p.m. Gold Coast Arts Center, 113 Middle Neck Rd., Great Neck. 829-2570 or www.goldcoastarts.org.

Jim Breuer

The comic continues his residency, with "Comedy, Stories & More," Saturday, Oct.13, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.



Spyro Gyra

The iconic jazz fusion band in concert, Sunday, Oct. 13,7 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

John Waite

The rocker in concert, Saturday, Oct. 13, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

Lisa Stansfield

The singer-songwriter on tour, Saturday, Oct. 13, 8 p.m. The Space, 250 Post Ave. Westbury. (800) 745-3000 or www.ticketmaster. com or www.thespaceatwestbury.com.

Poco

The acclaimed country rockers in concert, Saturday, Oct. 14, 7:30 p.m. Landmark on Main Street, Jeanne Rimsky Theater, 232 Main St., Port Washington. 767-1384 or www.landmarkonmainstreet.org.

Jack Russell's Great White

The rock vocalisst and his band in comcert, Sunday, Oct.14, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

The Tenors

The operatic vocal group in concert, Tuesday, Oct. 16, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or www.livenation.com.

Collective Soul

The rock band in concert, Wednesday, Oct. 17, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or www.livenation.com.

Music of Cream

The tribute band in concert, Wednesday, Oct. 17, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com.

J.D. Leonard

The country singer-songwriter in concert, with special guest Electric Mud, Wednesd-day, Oct. 17, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

Kate Usher and the Sturdy Souls

The alternative soul-pop-rock band in concert, Thursday, Oct. 18, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

The Kennedys

The husband and wife folk-rock duo in concert,, Thursday, Oct. 18, 7:30, p.m. Cinema Arts Center, Sky Room Cafe, 423 Park Ave., Huntington. (631) 423-7611 or www.cinemaartscentre.org.

Music Jam

Bring an acoustic instrument and voice

and join in or just listen, Thursday, Oct. 18,7 p.m. Sea Cliff Library, 300 Sea Cliff Ave., Sea Cliff. 671-4290 or www.seaclifflibrary.org.

The Price is Right Live

The hit interactive stage experience inspired by the long-runing TV game show. Thursday, Oct. 18, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or www.livenation.com.

For the Kids



The Little Mermaid Jr.

Journey "under the sea" with Ariel and her aquatic friends in the charming musical, adapted from Disney's 2008 Broadway production, Saturday, Oct.13, 11 a.m.; Sunday, Oct. 14, 10:30 a.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or www.engemantheater.com.

Slime Science

Explore the chemistry of slime, Thursday, Oct. 11, 4:30 p.m. Make different types of slime using varied materials. For grades 2-5. Registration required. Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove. 676-2130 or www.glencovelibrary.org.

Pizza and Paperbacks

A book discussion for second-graders and up, Wednesday, Oct. 17, 3 p.m; also Friday, Oct. 19, noon (for children entering Kindergarten in 2019) and 3 p.m. (Kingdergarten and Grade 1). Registration required. Sea Cliff Library, 300 Sea Cliff Ave., Sea Cliff. 671-4290 or www.seaclifflibrary.org.

Museums/Galleries and more...



True Colors

A full range of color's magic is on display in this exuberant show of over 100 works from the 19th century to the current hot talents. From Monet and Matisse to Mark Rothko and Frank Stella, and onward to the huge Color Field canvases and pulsing neon sculptures of today, color as a means of expression is the keynote for this exhibition. Nassau County Museum of Art, 1 Museum Drive, Roslyn Harbor. 484-9338 or www.nassaumuseum.org.

The Harlem Hellfighters

A groundbreaking exhibit about the World

War I African-American Army unit, consisting of 33 men from the Glen Cove area. North Shore Historical Museum, 140 Glen St., Glen Cove. 801-1191 or www.nshmgc.org.

Long Island Biennial

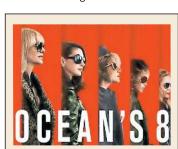
A juried exhibition of 52 works by artists representing Nassau and Suffolk counties. Paintings, sculpture, photography, works on paper, and mixed media encompassing diverse styles, subject matter, and themes are included. Through Nov. 11. Heckscher Museum of Art, Main Street and Prime Avenue, Huntington. (631) 351-3250 or www.heckscher.org.

Seashells...Nature's Inspired Design

An exhibit of seashells from around the world, in celebration of Garvies' 50th anniversary. Garvies Point Museum and Preserve, 50 Barry Drive, Glen Cove. 571-8010 or www.garviespointmuseum.com.

The Tile Club: Camaraderie and American Plein-Air Painting

An exhibit of tiles, drawings, sculpture, and prints that document the life and times of this lively artiistic society. One of many that emerged following the nation's Centennial in 187, it comprised a select group of artists, writers, and musicians, including Winslow Homer, William Merritt Chase, Augustus Saint-Gaudens, Edwin Austin Abbey, J. Alden Weir, and Stanford White, Meetings were known for spirited conversation and experimentation with painted tiles. Through Nov. 11. Heckscher Museum of Art, Main Street and Prime Avenue, Huntington. (631) 351-3250 or www.heckscher.org.



At the Movies

See "Ocean's 8," the all-female reboot of the popular heist movie, Thursday, Oct. 11, 2 and 6:30 p m. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212.

Sketching in the Galleries

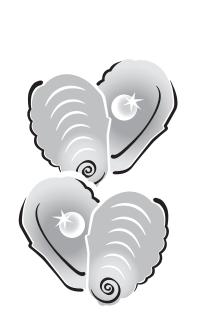
All ages can express their creativity and sketch in the museum's gallery space, Sunday, Oct. 14, 11 a.m.-5 p.m. Help yourself to a variety of drawing supplies, grab a seat and create. Free with admission. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

Film Screening

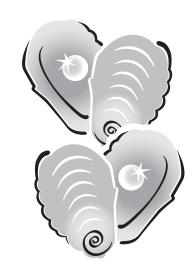
See the documentary "Rothko: An Abstract Humanist," a rare examination of the life and work of Mark Rothko, Tuesday through Sunday, Oct. 16-21,12 p.m. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. 484-9338 or www.nassaumuseum.org.

Having an event?

Submissions can be emailed to kbloom@liherald.com.







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VIEWFINDER

Bv SUSAN GRIECO

What's your favorite thing about fall?



Take a walk or go for a hike, or better yet, tour the wineries out east. It's cooler and not as crowded, and you can even grab an apple cider donut on the way!

MEGHAN LADUE

Waking up to cool fall

weather and taking a

crisp air and changing

ANNE MARIE KONZET

I just love the change of

walk in the park with the



KERRI KLUTH Customer Service Rep

We'll go apple picking

upstate and make it an

all-day event, picnic and



I like to enjoy the beautiful fall weather during Oktoberfest and sip my beer.



MARY KATE SCHNAARS **Building Clerk**



pumpkin beer rimmed and pretty much everything pumpkin.

Pharmacist



Money talks

ANN

DIPIETRO

ear Great Book Guru. Next Saturday, Oct. 20, at 11

a.m. in Clifton Park, the Sea Cliff Civic Association will be hosting the much beloved Pet Parade, once again chaired by Karen Kessler. While I don't have a pet to enter, I will be there to watch and enjoy the festivities. Before the fun begins, I will have some time to read a good book. Do you have something fast-moving and topical?

–Pet Parade Enthusiast

Dear Pet Parade Enthusiast,

A few weeks ago, I read a financial thriller with a strong feminist message, "The Banker's Wife," by Christina Alger. Annabel is living a luxurious expat life in Geneva, Switzerland with her banker husband. The story opens as he and a wealthy woman client board a plane which crashes in the Alps under very suspicious circumstances. Shortly

> after, bank officials arrive at Annabel's apartment to retrieve his laptop. Meanwhile, back in the United States, a young journalist is assigned a story by her editor involving a series of off shore banking schemes. When her editor is murdered on the same day as Annabel's husband dies, the two stories begin to merge. The women, in alternating chapters and unknown to one another, delve into the corrupt underbelly of interna-

tional politics and banking. No one is to be trusted and nothing is as it seems. A fast-moving novel and highly recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.



DR. DEB AMBROSINO HERA

Crossword Puzzle

ACROSS

- up (invigorates)
- Alphabet start "Pygmalion"
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- 32 Porch
- Blueprint
- 35 "Sad to say
- 36 Combination
- of tones Desert fox
- 40 - carte
- Out of
- control
- Exact Streamlet
- Taboo
- 49 A Great Lake

seasons with the crisp air, pumpkin picking, cozy sweaters, a warm fire and of course. Oktoberfest!

It's the season for with pumpkin cinnamon, spiced chestnut candles (from Williams-Sonoma)

TARA TOKLUCU

Have a great story?

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Ever wondered how to be included in our Neighbors in the News page?



It's not only for organizations, elected leaders or non-profits. Neighbors in the News is a celebration of our neighbors and everyone can participate.

A MARKAR

If you have a special moment you would like to share, like a 100th birthday celebration, your child's athletic achievement or a simple outing with your family in our coverage area send us your photo and a short descriptive paragraph.

> Email your submission to Senior Editor Laura Lane at llane@liherald.com

King Crossword 44 45 47 48

50 Beer cousin 51 Start a garden

49

- Piping material, for short
- Always, to a poet Paid athlete
- Horse's hangout
- Somewhat
- Lingerie item
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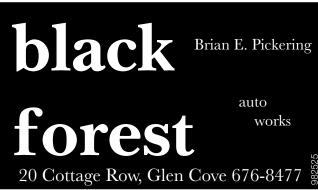
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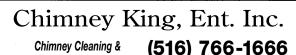












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Mangano corruption retrial pushed back to January

By ERIK HAWKINS

ehawkins@liherald.com

The second federal corruption trial for former Nassau County Executive Ed Mangano and his wife, Linda, has been adjourned until January, after a brief status conference on Tuesday.

The Manganos were originally slated to go to trial on Oct. 16, after a mistrial was declared in May, when jurors could not reach a unanimous verdict.

Attorneys for both sides will begin picking a new jury on Jan. 16.

The Manganos were originally tried alongside John Venditto, the former Oyster Bay Town supervisor. All were accused of participating in a scheme that used the town to guarantee loans for restaurateur Harendra Singh.

Singh testified during the trial that for years he gave gifts to Ed Mangano in exchange for political "juice" to help Singh's struggling businesses.

Venditto was acquitted of all charges in the federal case, and was referred to, sparingly, as John Doe in a new indictment against the Manganos when the "Town of Oyster Bay loan scheme" was mentioned.

Mangano's attorneys expressed concern in pretrial motions about picking a new jury. They asked that a stringent questionnaire be used, because of the nature of the charges and the "veritable firestorm of constantly updated media coverage."

Prosecutors, however, said that potential juror biases could just as easily be rooted out in oral examination. Also, they wrote, written questionnaires cost the government more than \$5,000 in printing at the last trial

Linda Mangano did not even purchase a copy of the completed questionnaires, prosecutors said, because "clearly the questionnaires were not necessary to justify their exorbitant cost."

Judge Joan Azrack last week, however, denied a motion by prosecutors to have the defense cover the cost of the questionnaires.

Defense attorneys last week also wrote Judge Azrack requesting 800 emails allegedly deleted by the former Town of Oyster Bay Deputy Attorney Fred Mei, which were related to dealings with Singh — if the government was able to recover them.

At a pretrial conference held at the federal courthouse in Brooklyn last week, the New York Post reported that Azrack told attorneys for both sides that jurors would not hear the word "retrial" throughout proceedings, even though Linda Mangano's attorney, John Carman, was quoted by the Post telling Azrack that jurors would inevitably remember "Long Island's trial of the century."

PUBLIC NOTICES

LEGAL NOTICE
NOTICE OF SALE
SUPREME COURT: NASSAU
COUNTY. HUDSON CITY
SAVINGS BANK, Pltf. vs.
KENNETH J. CALDWELL, et
al, Defts. Index #011887/14.
Pursuant to judgment of
foreclosure and sale entered
Jan. 23, 2018, I will sell at
publication auction on
Tuesday, Oct. 30, 2018 at
11:30 a.m. in the Calendar
Control Park (CCP)
Courtroom of the Supreme
Court, 100 Supreme Court
Dr., Mineola, NY prem. k/a 3
Barbara Lane, Glen Cove,
NY afk/a Section 30, Block
42, Lot 568. Said property
located in the City of Glen
Cove, County of Nassau and
State of New York, known
and designated as Lot
Numbered 568, Block 42 on
a certain map entitled,
"Map of Harbor View
situate City of Glen Cove,
Nassau County, N.Y., Joseph
E. Dioguardi, Licensed Land
Surveyor, Glen Head,
Nassau County, N.Y. dated
November 13, 1967, revised
February 21, 1968" and
filed in the Nassau County

Clerk's Office on August 1st, 1969 as Map Number 8240 and as amended by a certain map entitled, "Map of Amending Lots 559, 560, 565 and 566 in Block 42, on Map of Harbor View, filed August 1, 1969, File No. 8240, situated at City of Glen Cove, Nassau County, New York, Joseph E. Dioguardi, Licensed Land Surveyor, Glen Head, N.Y., June 29, 1972 and filed in the Office of the Clerk of the County of Nassau on August 28, 1972, as Map Number 8419". Approx. amt. of judgment is \$1,198,956.56 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale. RITA SOLOMON, Referee. COHN & ROTH, Attys. For Pltf., 100 East old Country Rd., Mineola, NY. #95694 101375

LEGAL NOTICE
CITY OF GLEN COVE
BOARD OF ZONING
APPEALS
NOTICE OF PUBLIC
HEARING

PLEASE TAKE NOTICE that a PUBLIC HEARING will be held by the Glen Cove Board of Zoning Appeals on Thursday, October 18, 2018, at 7:30 pm, at the Council Chambers, City Hall, 9 Glen Street, Glen Cove, N.Y. when all interested persons will be given the opportunity to express their views on the following applications: Case# 16 - 2018

52 Willits Road, Glen Cove Applicant is proposing an addition to an existing one car garage with less than the required lot width. Having an existing lot width of 85 feet where 90 feet is required. Applicant is proposing a side yard setback of 13 feet when 15 feet is the minimum required. This property is located in the R-3 Quarter-Acre Residential Zoning District as shown on the Nassau County Land and Tax map as Section 23, Block 46, Lot 12. Case #18 - 2018

The construction of a first and second story addition, and front porch, to an existing one family dwelling with less than the required minimum rear yard setback, and with more than the permitted maximum interior floor area. Applicant is proposing a rear yard setback of 22.8 feet when 25 feet is required, and a floor area ratio of 4,165 sq. ft. (37.8%) where 3,306 sq. ft. (30%) is the maximum permitted. This property is located in the R-3 Quarter-Acre Residential Zoning District as shown on the Nassau County Land & Tax Map as Section 23, Block 48, Lot 13. Dated:

Dated:
BY THE ORDER OF THE BOARD
October 9, 2018
OF ZONING APPEALS OF THE CITY

THE CITY
OF GLEN COVE
DONNA M. MCNAUGHTON,
CHAIRPERSON

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OBITUARIES

Camille Casling

Camille "Aunt Camille" Casling, 98, of Glen Cove, N.Y., died on Oct. 8, 2018. Darling wife of the late Albert; dear daughter of the late Frank A.D. and Concetta Andrea: dear sister of Phyllis Fallino and the late Frank; devoted aunt to 11 nieces and nephews; also survived by many great-nieces and nephews, as well as loving family in Bermuda. In the 1960s, Camille was the recipient of the Italian American Business Woman of the Year. She was a member of the Woman's Club of Glen Cove, Glen Cove Hospital Auxiliary and Board Trustee of the College of New Rochelle. Camille was a world traveler, loved to decorate and enjoyed gardening. Visitation was held at Dodge-Thomas Funeral Home of Glen Cove. Mass at St. Hyacinth RC Church of Glen Head Interment at Holy Rood Cemetery.

Carmela Sanimarco

Carmela Sanimarco, of Glen Cove, N.Y., died on Oct. 7, 2018. Beloved wife of the late Salvatore; devoted mother of Nickolas (Elena) and Robert (June); loving grandmother of Kara, Krista, Kurt, Marielle and Michael. Mass was held at St. Rocco Church. Interment at Nassau Knolls Cemetery in Port Washington. In lieu of flowers, donations in Carmela's name may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis TN 38105-9959.

Carmen A. Douso

Carmen A. Douso, of Glen Cove, N.Y., died on Oct. 6, 2018. He was a WWII Army Veteran. Beloved husband of Roseann (nee Graziosi); devoted father of Ave (Robert) Hockenjos and Carmen; loving grandfather of Gabriella, Robert (Katie) and Jeana; dear brother of Joseph and Rocco. Mass at St. Rocco Church. Interment at Holy Rood Cemetery.

Nicholas Bucaria

Nicholas Bucaria, of Glen Cove, N.Y., died on Oct. 4, 2018. Loving uncle of Janet Fulcher, Gerry Gaeta-Bartolomeo and Frank Amarante. Interment at St. Charles Cemetery in Farmingdale.

Taj Kapuscinski

Taj Kapuscinski, of Glen Cove N.Y., died on Oct. 3, 2018. Beloved husband of the late Connie; devoted father of Bob (Kathy) and

Solution time: 21 mins.

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Don (Candice); loving grandfather of Danny (Ali), Matt (Olivia) and Ben; dear brother of the late Walter, Chester, Stanley, Wanda and Helen. Mass was held at the Church of St. Rocco. Interment at Holy Rood Cemetery.

Carmen J. Rivas

Carmen J. Rivas, 72, formerly of Glen Cove, N.Y., died on Sept. 17, 2018. Beloved wife of the late Gilberto; loving mother of Maribel and Nancy; proud grandmother of 5. Longtime employee of Photocircuits of Glen Cove. Reposed at Dodge-Thomas Funeral Home of Glen Cove. Prayer service and interment at Holy Rood Cemetery.

Angelina Spegowski

Angelina Spegowski, of Glen Cove N.Y., died on Sept. 16, 2018. Beloved wife of the late Edward J; loving mother of Jeanette and Edward; cherished grandmother of Dana and Edward; dear sister of Theresa. Interment at Ferncliff Cemetery in Hartsdale.

Rosemary Sorrentino

Rosemary Sorrentino, 85, of Glen Cove N.Y., died peacefully in her home on Tuesday, October 2, 2018. Sorrentino touched and enriched the lives of many generations of Glen Cove residents. A respected Crossing Guard for more than 25 years, Sorrentino worked for the Glen Cove Police Department as an auxiliary police officer known then as "the Specials" - and a Matron, or chaperone, for female prisoners. Glen Cove students who attended Deasy School, the Middle School or GCHS between 1964 and 1991 most likely knew Sorrentino, Her confident, maternal, and friendly demeanor reassured several generations of children crossing Dosoris Lane as they hurried to and from school or summer camp. During the summer months, she was also worked security at Pryibil Beach and Morgan Park. Sorrentino was born in Brooklyn, New York on October 26, 1932, one of 12 children. After marrying, she moved to Glen Cove where she raised 3 children and worked for the GCPD. After retiring in 1991, she went to work at Genovese Drugstore in the film processing lab. Sorrentino spent several years after that working in the main office at the Glen Cove Senior Center doing clerical work. Sorrentino had a beautiful singing voice which graced St. Rocco's Choir for decades and the GCPD benefitted from Sorrentino's love and talent for baking; she endearingly became known to officers as the "Cake Lady." She is survived by her three daughters, Katherine Tongue, Rosemary Ventura and Christine Martinson; her grandchildren, Charles Jeffreys, Kaylan Millerick, Dustin Martinson, and Chloe Ventura: and Rosemary's two great-grandchildren Noah and Seth Martinson. Her third great-grandchild is due to be born on her birthday. Following a mass at St. Rocco's, the funeral procession drove down Dosoris Lane one last time in her honor, passing her two former posts, Dosoris Lane and Maple Avenue, and Dosoris Lane and Woolsey Avenue. Mass was held at the Church of Saint Rocco. Interment at St. Charles Cemetery Farmingdale.

OPINIONS

MRI: meditate, ruminate, imagine

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decided to think of my recent MRI, to check out an uncooperative leg bone, as an opportunity. It was much more productive than thinking of a magnetic resonance imaging the way I usually do, as a version of Edgar Allen Poe's "The Premature Burial," or a white tunnel of no return.

I could do better than that.

Many years ago I had an MRI, and, in



RANDI KREISS

anticipatory anxiety, I took an antianxiety pill, which turned out to be quite delightful. I wouldn't have known if they'd slid me into an MRI scanner or a pizza oven. I was so chill.

But in the interest of self-improvement and a desire to deal with stress-

ful situations more resourcefully, I decided not to take any medication this time. I was goin' in cold turkey.

You can do an MRI lying down, sitting down or standing up in a machine that is open or enclosed. These advances address the fear factor: being shoved into a long, narrow tube from which there is no escape other than the small rubber bulb they put in your hand and tell you to squeeze if you freak out and need to bust. I presume the "rescue" bulb is connected to someone observing outside the exam room, but I did have the thought that maybe it wasn't con-

nected to anything. You can also talk to the technician over a microphone when the machine isn't making awful grinding noises, which is most of the time you're in there.

Since imaging is a fact of life, especially as one's body matures (falls apart), I figured I should be able to handle my MRI without any personal drama.

You get to keep your clothes on, which is always nice for a medical experience. You do, however, need to remove every bit of metal, including jewelry or clothing with zippers. Apparently, if you go into the MRI machine wearing, say, a tiara, the entire room begins to shake and you get ejected into the parking lot. OK, so I don't know exactly what would happen, but flying metal apparently messes up the machine and possibly the patient.

I went in feet first, which is a plus in the claustrophobia department. The minus is

me; even feet first, I was engulfed by the machine.

In the waiting room, I had meditated for 10 minutes to get my breathing nice and slow, and as discretely as possible, I did some yoga stretches. By the time they took

me in, I figured it was down to 50-50 that I would slide into the machine, open my eyes, see the walls just inches away from my face and go for the rubber bulb.

"No," my inner Deepak Chopra said. "Do not go there." So I thought instead about my Thanksgiving menu. After the turkey was in the oven, I moved on to virtual closet organizing, travel planning and budgeting. I decided what plants to

buy in the spring and what gifts to buy for the grandchildren, and thought of all the ways to cook eggplant.

Still had 30 minutes to go. I was wearing headphones, which were playing Vivaldi, and eyeshades, so that if I did open my eyes, I wouldn't see the wall an inch away. The noise inside the tube was jarring, extremely loud and bizarre, as if Bob the Builder was jackhammering into my ear.

"But it's just noise," my inner Deepak said. "You're safe. Nothing hurts. You can get out of here as soon as the nice lady opens the 300-pound door and presses the button that slides you out of the machine.'

I thought about the 10 best books I've ever read, and planned my next imaginary trip, and it all was fine. I also wrote this column in my head, so please let me know if you think it's OK or if I should go back to my keyboard.

And then the voice on the microphone said, "Good job. You're done." And the nice lady came in and rescued me.

If an MRI is in your future, or whatever stressor lies ahead, I wish you a vivid and unconventional imagination, a few minutes of preparatory meditation, a basic knowledge of yoga and some mental chores. Don't give up. It isn't always easy to find your happy place. Sometimes you take a wrong turn.

My first idea was to reimagine the MRI tube as a rocket heading for outer space. Big mistake. Apparently, I have no inner astronaut. That idea never left the launch pad, but it's OK. There were plenty of other crazy distractions right behind it. Can *you* count backward by 3's from 100?

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Al D'Amato has the week off.

WHAT UNITES US, IGNITES US

Making Strides Against Breast Cancer of Long Island Jones Beach, Field 5 Sunday, Oct. 21, 2018

By joining Making Strides Against Breast Cancer, you're saving lives. The money you raise funds breast cancer research and helps patients get the things they need now. Like free rides to chemo, free places to stay near treatment, and a live 24/7 cancer helpline for answers and support. So join us at the Making Strides event near you.

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HERALD EDITORIAL

October reminds us to stand against bullying

nce upon a time — as in, 20 or 30 years ago — parents worried about bullies who might call their kids names or physically intimidate them. Moms and dads still do. Added to the long list of parental concerns today, however, is social media, where bullying often takes place beyond the schoolyard — and beyond the jurisdiction of school officials.

October is National Bullying Awareness Month, a time to educate young people about bullying prevention. Decades ago, bullying wasn't always seen as a bad thing. Some parents and school officials thought of it as a way to toughen up so-called "weaker" kids. The advice was often, if a bully hits you, you hit back. Stand up for yourself. We now know, however, that there is no upside to bullying.

It does not make kids stronger. It only beats them down, leading to poor grades, lost friendships, anxiety, even depression, not to mention the deleterious, long-term effects that it can have on self-esteem. Children who have been bullied regularly tend to have poor self-images compared with those who have not.

Statistics show that more than half of adolescents have been bullied online, and about the same number of young people have engaged in cyber-bullying. In addition, only 52 percent of students who experience cyber-bullying report the incidents to a parent or another adult, according to nassaucounty.gov. Some of the most common forms of cyber-bullying include:

- Repeated tormenting online.
- Sending insulting emails, texts or

messages.

- Starting a website or blog to embarrass, insult or threaten someone.
- Creating a fake profile to harm or ruin someone's reputation.
- Impersonating someone with the intent to cause harm.
- Sharing defamatory information.
- Threatening to share someone's personal information if he or she does not comply with a demand.

In the worst of cases, bullies have taken locker room photos of students changing clothes or showering, and shared them via social media. In the past, bullies didn't carry around cameras — and if they did, they would have quickly attracted the attention of those around them, including, most important, their teachers. Now, though, every bully carries a camera in the form of a phone. It's often impossible to say what bullies are doing with their phones until it's too late.

What's a parent to do?

For starters, make sure that your children's school has a zero-tolerance policy for bullying — and that it's enforced. Some schools speak of no-tolerance policies, but don't follow up often enough to ensure that bullies are, in fact, kept in check. Hence, parental vigilance is needed.

Help children understand bullying. To children, it might be difficult to interpret what is and is not bullying. Define it for them, and let them know that it is always unacceptable. Encourage children

to speak to a trusted adult if they are bullied or see others being bullied. Adults can provide comfort and support, even if they can't solve the problem right away.

Monitor social media accounts. Take a look at your children's social media pages on occasion. Make sure the content and dialogue that is shared with them is positive.

Keep the lines of communication open. It doesn't take much to spark a conversation with children about their daily lives and feelings — perhaps just sitting down with them for 10 or 15 minutes a day just to talk. The more you have these conversations, the more you can reassure them that they can turn to their parents or other trusted adults if they have a problem

Encourage children to find a passion. It's healthy for them to put their phones down and unplug from the internet every so often. Help them take part in activities or hobbies that they enjoy. From playing a sport to joining a youth group or a school club, there are countless activities for children to engage in. They offer an escape from social media and help kids build healthy relationships with people who have common interests. At the same time, they help build self-esteem.

Lead by example. Children pay close attention to adults and how they manage stress and conflict. By treating others with kindness and respect, adults show the children in their lives that there is no place for bullving.

When October ends, the battle against bullying should not. Be mindful of your child's habits — and keep the dialogue open.

LETTERS

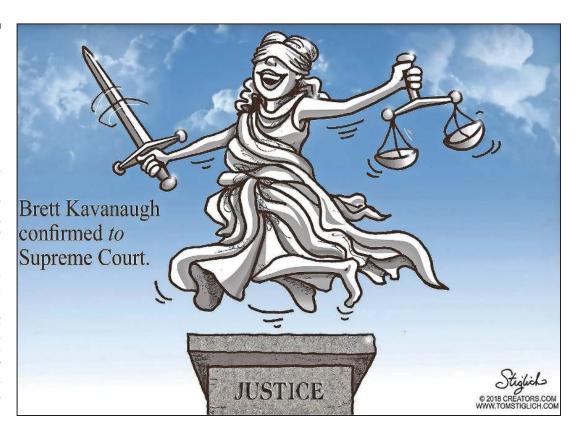
Hearing on aging set for Oct. 25

To the Editor:

The Nassau County Department of Human Services' Office for the Aging and its Advisory Council will convene a public hearing on the county's third annual update to its four-year Plan for the Federal Older Americans Act and the New York State Community Services for the Elderly Act.

The hearing will be held on Thursday, Oct. 25, at 9:30 a.m., in the Legislative Chamber of the Theodore Roosevelt Executive and Legislative Building, at 1550 Franklin Ave. in Mineola.

The plan is a working document describing how the Office for the Aging, as the designated Area Agency on Aging for Nassau County, proposes to fulfill the Area Plan requirement under Section 541 of the state Executive Law. The plan covers the period between April 1, 2016 and March 31, 2020.



OPINIONS

How can a college parent maintain key legal rights?

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problems can get

our 18-year-old has headed off to college. Despite what you may feel, she will now be considered an adult in the eyes of the law and the university. Your legal rights to make decisions on behalf of your child change entirely the moment she turns 18, so it's important that you're prepared for what this means now that

> she's no longer at home.





planning, you'll be able to establish some legal authority to make important financial and health decisions for him until he is entirely

With the fall semester in full swing, it would be wise to set up a health care proxy and power of attorney to be prepared for anything that happens along the way. You may be asking yourself, what's a health care proxy, and why do I

need one when my child is perfectly healthy? It's the same reason why you have insurance and (we hope) a will prepared: Unforeseen events will always happen. It's wise to take every precaution now so that in the case of an emergency, you can tackle things head-on.

The health care proxy will allow your child to appoint you or another trusted adult to make medical decisions for her in the event that she is unable to herself. It should include language consistent with the Health Insurance Portability and Accountability Act, or HIPAA, which would enable a doctor to disclose vital medical infor-

mation to you. An illness can develop more quickly than you think, and when you are, in some cases, hundreds of miles away from your child, you'll want information as quickly as possible.

A few years ago, a couple dropped off their excited 18-year-old daughter at a high-ranking university across the country. They stayed in a nearby hotel for a few days to make sure she had settled in before making their way back home. Three weeks later, a resident assistant called to inform them that she had been

taken to a hospital with a serious case of the flu. The R.A. was no longer there, because she had to get back to her shift, and their daughter was too ill to talk on the phone. Those well-meaning parents hadn't thought to set up a health care

proxy, leaving the doctors and nurses unable to disclose any information on her status, citing strict HIPAA laws that protect patient confidentiality.

The parents frantically called their lawyer on their way to the airport. They were leaving on the first plane they could book, and wanted his help to gain access to their daughter's medical information. He prepared a health care

proxy for them, but without their daughter's signature, the papers were useless until they landed and had her sign in the presence of witnesses. In the end, she recovered after a week in the hospital and two more weeks of bedrest, but the ordeal would have been much less fraught with anxiety if her parents had had immediate access to her medical

And your child's physical health isn't the only contingency you should prepare for; his financial health should be given

equal consideration. If he decides to study abroad, a durable power of attorney will enable you to wire money from his account to him or even sign important documents — such as an apartment lease — in his absence. While these may seem trivial now, you don't want to be stuck in a last-minute situation, power-

You may not think it's necessary to be able to transfer money from your child's account, but another story illustrates how important the power of attorney can be. A boy studying in Spain during his sophomore year was granted a prestigious internship for his return to the states. Since he would be starting the program just a few days after he got back, he needed to sign a lease in advance. Unfortunately, he couldn't complete the documents electronically for the summer sublet he found online, and overnighting the paperwork internationally was too expensive for him. If he had designated his mother as power of attorney before he left for Spain, she would have been able to sign the documents for him.

All of these legal preparations will make your life infinitely easier, so put them on your to-do list.

Patricia Marcin, an estate and tax attorney, is a partner at the firm Farrell Fritz in Uniondale.

LETTERS

The annual public hearing provides an opportunity for agencies and county residents to present comments on the services outlined in the proposed plan. People can review the plan and offer recommendations on existing programs and on new programs they would like to see developed in the future. Recommendations are used to anticipate the needs of and strengthen services for Nassau's older residents, who comprise nearly 20 percent of the county's population

With federal, state and local funds, the Office for the Aging contracts with agencies to operate more than 65 programs that address the current and projected needs of Nassau's older residents. An ongoing needs-assessment process has identified the following areas of concern, which will be considered during this plan period:

- Outreach
- Case management
- Social adult day care
- Home-delivered meals
- Caregiver services
- In-home non-medical services
- Group meal programs
- Minority outreach
- Elder abuse
- Law services
- Nassau NY Connects information and assistance

- Transportation
- Housing
- Health, wellness, and disease prevention and management.

Any resident who would like to present testimony should call the Office for the Aging at (516) 227-8919 by Friday, Oct. 19.

> LAURA CURRAN Nassau County executive

Unfair policies on immigrants

To the Editor:

I recently read comments in a major newspaper from an Immigration and Customs Enforcement assistant director about the prosecution — or lack thereof by the Brooklyn district attorney's office of undocumented immigrants who have committed crimes.

The office announced that it was hiring two immigration attorneys to make plea deals and reduce sentences for undocumented immigrants arrested and charged with local crimes.

As expressed by the ICE official, this means that if a citizen criminal and an undocumented immigrant criminal were charged with the same crime, the immigrant would have his or her charge and sentencing reduced to shield him or her from an immigration hearing. So, while the undocumented immigrant received a

FRAMEWORK by John C. O'Connell



A Halloween pennant at work - Floral Park

reduction or dismissal to protect his or her illegal status in this country, prosecution would proceed on the original charges for the American citizen.

As stated by the ICE official, "This policy results in the prosecution of individuals based on a political agenda" — and, I might add, puts the undocumented immigrant criminal back on the street to commit more crimes.

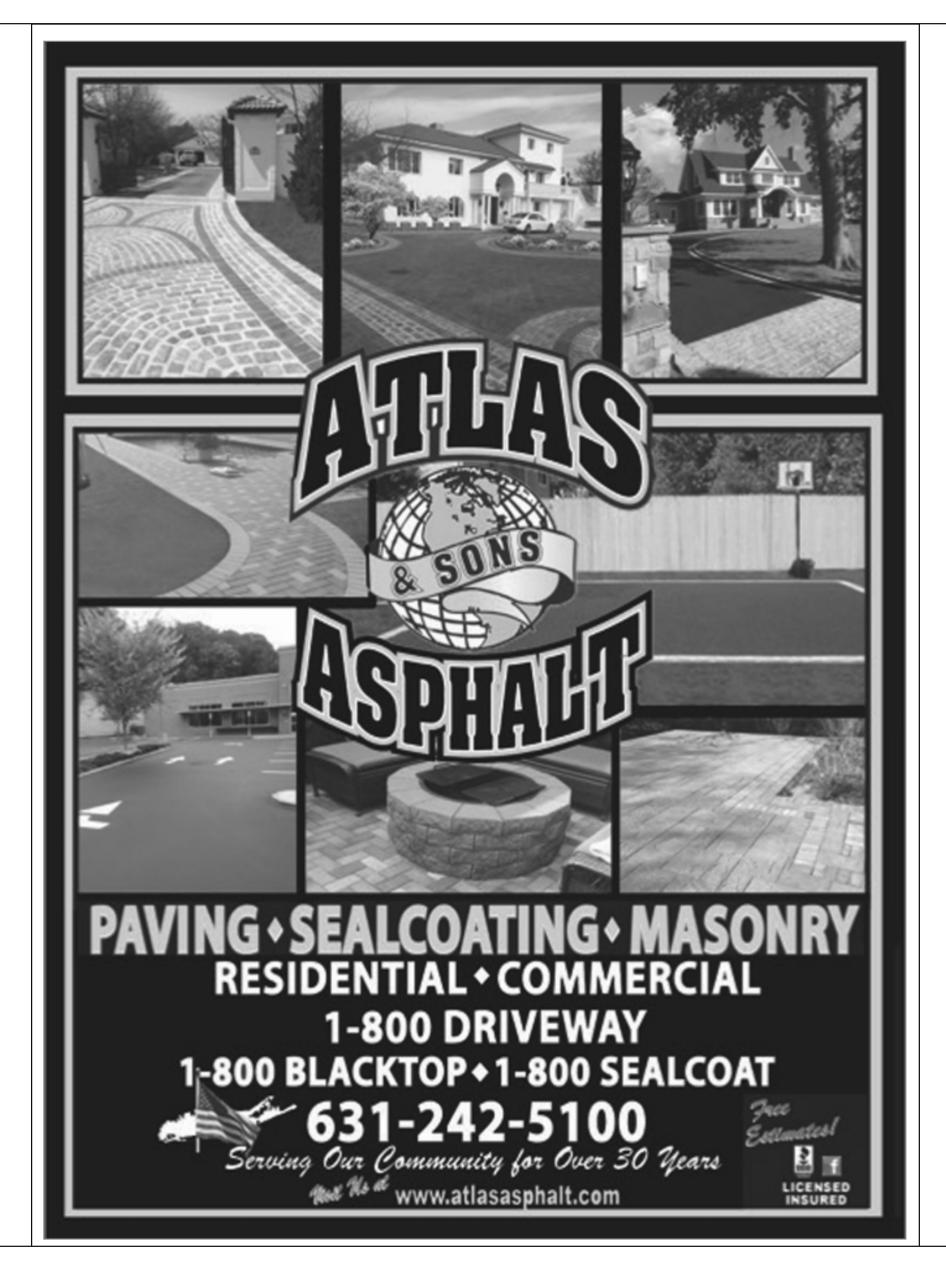
At the same time, Gov. Andrew Cuomo

has so far granted pardons to 24,000 prison parolees so they can vote in the November elections. He couldn't get the State Legislature to change the law, so the governor is just pardoning everyone for

STEVE GROGAN

Lvnbrook

Grogan is a retired federal agent and a former Lynbrook village trustee.



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OPEN HOUSE WEEKEND





Saturday, October 13th | 12:00 – 1:30pm 37 Fox Run, Roslyn Heights, NY SD #3. MLS# 3058435. \$1,250,000. **Sandi Lefkowitz, 516.674.2000, c.516.816.3461**



Saturday, October 13th | 12:00 – 2:00pm 66 Linden Lane, Upper Brookville, NY SD #1/3. MLS# 3049876. \$3,488,000.

SD #1/3. MLS# 3049876. \$3,488,000. SD #1. MLS# 3060064. \$659,000. Debra Quinn Petkanas, 516.674.2000, c.516.359.3204 Damian Ross, 516.759.6822, c.516.369.5868. Daniel Gutman, 516.626.7600, c.516.503.1435



Saturday, October 13th | 1:00 – 3:00pm 24 Post Street, Glen Head, NY SD #1. MLS# 3060064. \$659,000. Damian Ross, 516.759.6822, c.516.369.5868.



Saturday, October 13th | 2:00 - 3:30pm 46 Dubois Avenue, Sea Cliff, NY SD #1. MLS# 3036106. \$1,290,000. Vivian Parisi, 516.759.6822, c.516.236.0537



Sunday, October 14th | 11:00am - 12:30pm 4 Revere Court, Upper Brookville, NY SD #3. MLS# 3037852. \$1,599,000. Sandi Lefkowitz, 516.674.2000, c.516.816.3461



Sunday, October 14th | 1:00 – 2:30pm 16 Lattingtown Ridge Court, Lattingtown, NY SD #3. MLS# 3051785. \$1,499,000. Sandi Lefkowitz, 516.674.2000, c.516.816.3461



Sunday, October 14th | 1:00 – 3:00pm 3 Wildwood Court, Locust Valley, NY SD #3. MLS# 3028934. \$1,399,000. Bryan McMillen, 516.674.2000, c.917.544.6566 Alexandra Plebaniak, 516.674.2000, c.516.241.1106



Sunday, October 14th | 1:00 - 3:00pm 5 Private Road, Bayville, NY SD #3. MLS# 3029086. \$1,399,000. Bryan McMillen, 516.674.2000, c.917.544.6566 Bryce Levy, 516.674.2000, c.516.330.8870



Sunday, October 14th | 3:00 - 4:30pm 52 Glen Cove Drive, Glen Head, NY SD #1. MLS# 3067246. \$835,000. Sandi Lefkowitz. 516.674.2000, c.516.816.3461

danielgale.com

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YOUR WAY FORWARD