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**Road warriors
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 Schools Week**
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VOL. 28 NO. 4

JANUARY 24-30, 2019

\$1.00



Alyssa Seidman/Herald Gazette

MEMBERS OF THE Edge School of the Arts Dance Company paid tribute to the Rev. Dr. Martin Luther King Jr.'s legacy with a rousing performance.

Glen Cove ceremony honors Martin Luther King's legacy

By **MIKE CONN**
mconn@liherald.com

The wind chill on Martin Luther King Day plummeted below zero, but that didn't stop dozens of Glen Cove residents, city officials and state dignitaries from gathering in the First Baptist Church of Glen Cove for the city's annual march to honor the civil rights icon.

This year marked the city's 35th march. Sheryl Goodine, chairwoman of the Reverend

Dr. Martin Luther King Jr. Birthday Commemorative Commission, whose father was one of the event's creators, and First Baptist associate minister Carol Buchanan led the marchers in prayer before announcing that they would forgo the traditional walk to Finley Middle School in favor of a motorcade, so they could avoid being subjected to the lowest temperatures of the winter so far.

Once everyone arrived at Finley's Wunsch Auditorium,

the commemorative program began. After several calls of "Harambe!" Swahili for "all pull together," Goodine introduced the theme of this year's celebration, "Transforming Dr. King's Dream Into Action," which was echoed by its speakers and performers.

Mayor Tim Tenke spoke of his admiration for the students of the Glen Cove School District, who had created a "March for Our Lives" event

CONTINUED ON PAGE 12

Suozzi rejects Trump's deal on border wall

By **LAURA LANE**
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Three days after meeting with 13 members of the Problem Solvers Caucus, President Trump took to the airwaves last Saturday to offer a deal for undocumented immigrants who are protected by former President Barack Obama's Deferred Action for Childhood Arrivals executive order and Temporary Protected Status recipients.

In exchange for \$5.6 billion to fund border security that would include a wall, Trump proposed an additional three years of protection for 700,000

of the 1.8 million so-called "Dreamers" — undocumented immigrants who arrived in the U.S. as children — and for TPS holders, those who came to this country to escape natural disasters or war. Trump has promised to end the partial government shutdown, the longest in the country's history, if he receives the funding.

It was the first time that members of the Problem Solvers Caucus — 24 Democratic and 24 Republican members of the House of Representatives — met with the president in an effort to persuade him to reopen the government. Rep.

CONTINUED ON PAGE 7



Laura Lane/Herald Gazette

NELSON MELGAR, A "Dreamer," with U.S. Rep. Tom Suozzi at a news conference last year, when Suozzi invited Melgar to the State of the Union address.



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Center provides warmth for homeless men

By MIKE CONN

mconn@iherald.com

Homeless men will no longer have to suffer frigid temperatures outdoors because a new day center has opened in Glen Cove that is offering them shelter.

The center, which opened at the First Baptist Church of Glen Cove on Jan. 17, works in conjunction with the night shelter at the First Presbyterian Church, which houses homeless men overnight from 6 p.m. to 6 a.m. The day center is currently only available to men who also use the night shelter, and a sign-in sheet is used to keep track of those who come in. It is open from 1 to 5:30 p.m. on Tuesdays, Thursdays and Fridays.

The new shelter took nearly a year of planning by a committee that included representatives from various Glen Cove religious organizations and establishments, spearheaded by Deputy Mayor Maureen Basdavanos.

The current operations at the center are hopefully just the beginning of what will be a more comprehensive project to assist the homeless men. It's a three-month pilot program, funded entirely by donations, Basdavanos said, "just to get a feel for what the homeless community needs and what they'll be receptive to."

The idea for the day center came after Glen Cove residents reached out to city officials asking for help, she said. "It all started from some concerns that community members had raised about what seemed to be a lot more homeless people out on the street with nowhere to go," she explained.

Many of the homeless have been forced



Mike Conn/Herald Gazette

A DAY CENTER has opened at the First Baptist Church of Glen Cove for homeless men to take shelter from the cold.

to take shelter in public spaces such as the library, senior center and coffee shops to get out of the cold. Basdavanos said that the committee, formed in February 2018, wanted to make sure that these men had a permanent place to stay during the day instead of relying on places where they may not be entirely welcome.

After months of planning, the committee approached Reverend Roger C. Williams of the First Baptist Church, asking if he would be willing to provide space for the day center. Williams told the Herald

Gazette that the other members of the church "voted overwhelmingly" to open up the center after a night of prayer.

"We have a mandate by our faith to be a resource for those who are less fortunate," Williams explained. "We're very glad to be hosting."

Men who use the day center's services have access to food, coffee, and entertainment, such as board games, television and movies. There is also a counselor available at all times for the men and the church also tries to have at least two volunteers

working each day.

Church Mother Alice Pound is at the center every day to care for the day-to-day operations. She helps the men to become acclimated, gives them direction, and an opportunity to help her by doing chores.

She said when she heard about the center she was interested immediately in becoming involved. "I have a responsibility to my church," Pound said. "I love my church, so I said I would come down and help for the first few weeks."

Williams said he has seen a very positive response from the individuals who take part in the day center. "The men who have come have really enjoyed their time here and appreciate the fact that we provide this service," he said.

One of those men is Michael G., who preferred not to provide his full name. Prior to the opening of the center he would take a bus to Hempstead to seek refuge at a soup kitchen. He said that when he heard about the day center from people at First Presbyterian, he was relieved.

"I thought it was good," Michael G. said. "At least it's some place to keep warm. I don't like standing out on the street all day."

Mayor Tim Tenke said that he has been a supporter of the day center throughout its development. "I'm always of the opinion that we should help those less fortunate than us," he said.

Tenke and Basdavanos said that they are also looking to institute counseling services which would concentrate on issues that include addiction and housing in the future. "I'm glad that we're finally up and running and looking forward to it becoming better and better," said Basdavanos.

G.C. judge nudged out by Republican block

By ALYSSA SEIDMAN

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The vote to reappoint Associate City Judge Joseph McCann came before the City Council Tuesday night after Mayor Tim Tenke, who nominated him, asked that the item be tabled at a meeting on Jan. 8. And to the chagrin of his friends and family who filled city hall's chambers, McCann was voted out, 5-2, with all five Republican council members voting "no."

"Obviously I'm very, very disappointed with the result here," McCann said.

The decision was met with jeers from the audience. Some attendants walked out in anger; another exclaimed the decision was "disgusting." Many had made the assumption that McCann, a Democrat, was voted out based on partisan lines. During public discussion some residents questioned Republican council members as to why they removed McCann.

The next day Councilman Joseph Capobianco, a Republican, said not so.

"The public can be assured that the reasons had nothing to do with party affiliation," he said. Capobianco said he had spoken with court officials and attorneys who had appeared before McCann in court to inform his decision. "We did have good

reasons, which we chose not to share with the public out of respect for McCann."

More than half a dozen residents spoke on McCann's behalf, including his 20-year-old daughter, Margeaux. "Other than getting somebody off the freaking Supreme Court, you're never going to find somebody as qualified, or who even loved their job as much [as him]," she told the council as tears streamed down her face. She, too, accused the Republican block of submitting to party politics.

McCann dedicated 12 years to the Glen Cove City Court. He spent one year studying at Oxford University in England. Following his law school graduation from St. John's, he served as a law assistant in the N.Y. State Court of Appeals. He was then appointed Assistant United States Attorney in the Eastern District of New York for over seven years. McCann went on to serve as General Counsel for the Jacob K. Javits Conven-

tion Center before forming the law firm Murray & McCann.

Here is someone with great integrity, who has worked so many years bringing justice and good judgment to the people of Glen Cove.

GAITLEY STEVENSON-MATTHEWS
Glen Cove

"Here is someone with great integrity, who has worked so many years bringing justice and good judgment to the people of Glen Cove," said Gaitley Stevenson-Matthews. "In a broad way he is so vividly qualified, and the idea that we step aside and don't allow him to serve our city is sad."

Since his reappointment was held up, McCann's jurisdiction as a court judge, as well as his benefits, ceased on Jan. 1. "For that technical reason I am losing my dental benefits for my family and myself, and also vision benefits, which I would've had if I retired in the normal course of things," he said.

Some residents expressed disappointment with the mayor for tabling McCann's appointment, including former City Councilman Roderick Watson, who called the action an "embarrassment."

"It's unfair to tell someone who has already served the city that they have to wait for [the council's] approval," he said. "If the council had an issue with him prior to that, he should've never been put on the agenda."

Capobianco said that McCann's appointment wasn't brought to the council's attention until late December.

After the meeting, Tenke said he delayed the vote on the reappointment to give Republican council members another week to discuss it. He then said, "Knowing what I know now, that they weren't going to support him, I wouldn't have waited."

Others, citing the November election, implied that Republican council members could be voted out, too, if the partisan stronghold were to continue. "There's a lot of people who are going to be changed on this," said Nancy Hawkins. "There's a lot of people watching out there, and they're getting sick of it."

Tenke said a judge from the county would fill McCann's vacancy temporarily until another appointment is made. "The problem we face going forward is I don't have another candidate, and it's going to take some time to replace him," he said. "This is really doing a disservice to the people of Glen Cove."

Technology and law enforcement

January 24, 2019 - GLEN COVE HERALD GAZETTE

It's 2019! You may ask yourself where has the time gone? One thing for certain is that as time moves forward we become increasingly reliant on different forms of technology.

As a rookie on the police department in 1987, I vividly remember processing arrests and various police reports on something called a typewriter. Now, not many high school-aged students even know what a typewriter is. In the late 1980s, the police department incorporated computers making paperwork easier and allowing for the tracking of crimes and crime trends making everything much more manageable.

Now, it would be unthinkable to imagine not utilizing a computer for police work. As the years progressed our police radios continued getting smaller and more powerful. During the early 1990s police departments across the nation discovered that the bad guys had better guns than the police did. In 1990, the Glen Cove Police Department addressed this problem by issuing the police force new semi-automatic pistols, replacing the old revolvers. This increased the number of rounds the gun would hold from six rounds to 14.

When I was promoted to detective in 1997 I was given a pager. Whenever it went off I was required to contact headquarters immediately. Luckily around that time there were plenty of pay phones in and around the area, so contacting headquarters wasn't that difficult. Ask someone under the age of 16 if they know what a payphone even looks like, or what a pager is. They would probably reply in the negative. The thought of putting coins in a phone might even sound comical to them.

When conducting narcotic investigations' surveillance cameras and audio recording devices were once large and very hard to hide from drug dealers. These cameras and listening devices are so advanced and small now that they can be easily hidden in a button or hat. During the late 1990s communication became even easier and affordable with the widespread emergence of reliable cell phones. It was around that time that I can recall purchasing my first home computer and I was introduced to the internet via a dial-up modem.

In 2005, our police cars were equipped with mobile computers, which allowed us to connect with our headquarters and run plate numbers, warrant checks and license

checks. The department received a U.S. Department of Justice Grant in 2012 which was used to install cameras in and around the downtown area, as well as purchasing a truck which was equipped with communications, computers, and printers, which is currently used as our command center for serious incidents.

As technology continues to advance, opportunities will continue to open for enterprising people, but it also lends itself to those with nefarious intentions. Fast forward to the present day. Phone and televisions have become smart, the world wide web has a dark side, everyone knows someone named Siri and Alexa, social media is the norm, music is digital, and money can be transferred via smartphone and bitcoins. And with access to GPS, it's almost impossible to get lost.

We undoubtedly benefit from advances in technology, especially in the medical field, but there is also a downside. Some will argue that the advancement of technology comes at the cost of social skills and morality but that's an argument left for another day.

One thing for certain is that criminals are using this new technology to take advantage of unsuspecting victims. Internet scams, phone scams, identity theft, credit card fraud, and major data breaches have all been documented in the news. Computer viruses continue to be invented to steal your money, identity, or to hold your computer data inaccessible unless you pay the virus creator a monetary ransom. Information from the dark web can be used to commit different types of identity thefts, bitcoins are untraceable and are used to purchase items in anonymity. Data encryption is used by savvy criminals to stay one step ahead of law enforcement. Social media can be used to torment and bully others with the bully remaining anonymous.

There are things you can do to limit these intrusions into your private life and there are ways to avoid becoming a victim. Albert Einstein once said that "Technological progress is like an ax in the hands of a pathological criminal." Technology can be used to better one's life, but it can also be misused by those with evil intentions. In my next column, I will discuss specific ways you can protect yourself from some of these threats.



DET. LT. JOHN NAGLE
GLEN COVE POLICE

Let us Know

News Brief items including awards, honors, promotions and other tidbits about local residents are welcome. Photographs may be emailed as well.

Deadline for submissions is noon Thursday, week prior to publication.

Send to llane@liherald.com

CRIME WATCH

Arrests

■ Male, 51, of Glen Cove, was arrested for unlawful possession of marijuana, resisting arrest and on open warrants for Glen Cove and Nassau County on Jan. 18.

■ Male, 24, of Glen Cove, was arrested for second-degree aggravated unlicensed operation on Burns Ave. on Jan. 17.

■ Male, 31, of Glen Cove, was arrested

for false personation, operating a motor vehicle by an unlicensed driver and failing to signal on Mill Hill Road on Jan. 15.

■ Male, 30, of Bayville, was arrested for second-degree aggravated unlicensed operation and other VTL violations on Glen St.

■ Female, 21, of Glen Cove was arrested for DWI on Glen St. on Jan. 13.

NEWS BRIEF



Courtesy SAFE

THE SAFE GLEN Cove Coalition visited the Glen Cove Senior Center to educate attendees on the importance of protecting one's prescription medication.

SAFE Glen Cove advises to 'Lock Your Meds!'

Nicole Giordano, a social worker with the SAFE Glen Cove Coalition, conducted a presentation entitled "Lock Your Meds!" at the Glen Cove Senior Center on Jan. 15.

The Lock Your Meds national multimedia campaign is designed to reduce prescription drug abuse by making adults aware that they are the "unwitting suppliers" of prescription medications being used in unintended ways, especially by young people. The presentation educated seniors about the measures they can take to prevent prescription medication abuse in the home, placing a particular amount of emphasis on prescription opioids.

53 percent of abused medications come from family and friends. Lock Your Meds encourages people to secure and take regular inventory of their medication so it doesn't fall into the wrong hands. According to the National Institute on Drug Abuse (NIDA), prescription and over-the-counter drugs are the most commonly misused substances by Americans age 14 and older, after marijuana and alcohol.

For more information on NIDA, visit www.drugabuse.gov. For more information about Lock Your Meds, visit www.lockyourmeds.org.

-- Mike Conn



HOW TO REACH US

Our offices are located at **2 Endo Blvd. Garden City, NY 11530** and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday.

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The Glen Cove Herald Gazette USPS 008886, is published every Thursday by Richner Communications, Inc., 2 Endo Blvd. Garden City, NY 11530. Periodicals postage paid at Garden City, NY 11530 and additional mailing offices. Postmaster send address changes to Glen Cove Herald Gazette, 2 Endo Blvd. Garden City, NY 11530. **Subscriptions:** \$30 for 1 year within Nassau County, \$52 for 1 year out of Nassau County or by qualified request in zip codes 11542, 11545, 11547, 11548 or 11579 **Copyright © 2019 Richner Communications, Inc. All rights reserved.**

HERALD SCHOOLS

Many improvements for schools if bond passes

By **MIKE CONN**
mconn@iherald.com

The Glen Cove Board of Education have approved a proposed bond which would fund approximately \$84.6 million for various

improvements throughout each of the district's schools.

Plans for the improvements were decided upon after Superintendent Dr. Maria Riana and the Board of Education toured each school to see what renovations were needed.

The scope of the needed renovations was so great that they decided that they could not possibly fit the costs into a budget. Residents will have an opportunity on March 12 to vote for whether they approve of the bond.

If passed, all schools will receive heating,

ventilation and air conditioning improvements and security improvements such as door and window replacements. Additionally, each school will also receive renovations and improvements unique to its particular building.

Deasy Elementary School



Courtesy Glen Cove City School District

ALONG WITH ITS unique improvements, Deasy Elementary School will be ADA compliant.

- Removal of structure that links to Finley M.S.
- Additions of interior stairs, two classrooms, a library media center, an elevator and an art room
- Roadway and parking lot improvements
- Playground surfacing improvements

Gribbin Elementary School

- Elevator addition
- Second floor restroom addition
- Pavement and sidewalk replacements
- Playground surfacing improvements

THE WINDOWS ON the doors at Gribbin Elementary School are currently too big, not providing enough protection against potential intruders.



Courtesy Glen Cove City School District

Connolly Elementary School



Courtesy Glen Cove City School District

THE PARKING LOT of Connolly Elementary School does not drain well, sometimes resulting in six inches of water after an intense rainfall.

- Removal of link to Finley Middle School
- Additions of interior stairs, two classrooms, a library media center, an elevator and an art room
- Roadway and parking lot improvements
- Playground surfacing improvements

Landing Elementary School



Courtesy Glen Cove City School District

A PARTIAL ROOF replacement will help to keep water from seeping into the ceilings at Landing Elementary School.

- Additions of interior stairs, four classrooms and an elevator
- Cafeteria renovation
- Partial roof replacement
- Parking lot restoration and site improvements

Finley Middle School

- Removal of structure that links to Deasy Elementary School
- Student Research Center renovation
- Wunsch Auditorium improvement
- Cafeteria floor and ceiling renovation
- Transformer relocation
- Parking lot restoration
- Drainage and walkway improvements

THE FLOOR OF Finley Middle School's cafeteria will be completely restored.



Courtesy Glen Cove City School District

Glen Cove High School



Courtesy Glen Cove City School District

THE SCIENCE ROOMS at Glen Cove High School will be completely overhauled, with new tables and cabinets to be installed.

- Curtain wall replacement
- Science, art and music room renovations
- Cafeteria and kitchen renovations
- Tennis court restoration
- Athletic field and press box improvements
- Parking lot restoration and site improvements

Things have 'gotten too personal,' Suozzi says

CONTINUED FROM FRONT PAGE

Tom Suozzi, a Democrat from Glen Cove, is the group's vice chairman.

During the meeting, Suozzi said, Democrats aligned themselves with their party's leadership, arguing that the government needed to be open before any negotiations could move forward on border security.

Trump spoke for 15 to 20 minutes, Suozzi said, repeating what he has said publicly about the necessity of a border wall. Asked if he thought Trump's weekend announcement was influenced by the meeting with the Problem Solvers' seven Democrats and six Republicans, Suozzi paused. "It may have had an impact, but we didn't discuss [DACA and TPS] specifically," he said. "The government employees are going to get paid anyway — why not put them back to work? This is nonsensical."

The government can't be shut down any time the president is upset with Congress, Suozzi said, adding, "This is not a banana republic."

He was adamant that he would not accept the deal that Trump offered. Suozzi instead wants a permanent solution for DACA and TPS recipients. "It is so unfair to them that they were safe until the president undid their protection," he said. "We need to solve this once and for all."

Nelson Melgar, of Glen Cove, the leader of the North Shore Hispanic Civic Association, agreed. "I am a DACA recipient, and I don't want more DACA," Melgar said, noting that he works full time, serves his community and has a family in the U.S.

Melgar, 28, was brought to the U.S. illegally as a child. The son of a coffee bean farmer and a cleaning woman, he was born in Honduras. When he arrived in Glen Cove at age 13, he spoke no English. He eventually mastered the language, graduated with honors from Glen Cove High School and earned a degree from Hunter College. He now works in the compliance department of a heating and cooling company in Manhattan. Suozzi invited him to the State of the Union address in Washington in 2018.

"I want a permanent solution," Melgar said. "Trading my status for a symbol of division is dehumanizing, and this is unbecoming of a president of the United States of America."

He said that Trump's "ludicrous" offer didn't surprise him. "The president is like a thief who steals something valuable from you and wants to trade it for something else you have," he said.

Suozzi said that speaking for himself, and not the Democratic Party, he supports adding 200 miles of a physical structure on the border. "But that has to be married to improvements in technology, radar, better ports of entry and more custom border officials," he said. "We need to spend as



Herald file photo

SUOZZI SAID THAT fees paid by DACA and TPS recipients could pay for security.

much money on immigration judges, humanitarian aid, radar and drones as the money for the wall."

And, Suozzi said, all TPS and DACA recipients must be protected. Many have been here a long time, worked hard and never engaged in criminal activities, he reasoned.

He has an idea that he believes would help support the cost of border security improvements and protection for TPS and DACA recipients — fees to be paid by them.

As for ending the shutdown, Suozzi said that elected leaders want it to end. "I think the president, Nancy [Pelosi], Chuck [Schumer] are all ready to negotiate," Suozzi said. "But the president is using simplistic language — wall, wall, wall — and Pelosi is saying, 'Not one penny,' the cancellation of the trip to Afghanistan and the talk of canceling the State of the Union. It's all just gotten too personal."

Suozzi said he worries that some federal employees who continue to work might cause dangerous conditions. He cited air traffic controllers as an example. "They're dealing with very intense security issues while they're worrying about how they're going to pay their bills, or what they'll do if their car breaks down — how they'll pay to have it fixed," he said. "I know of someone who had to sell his car to pay his bills. The president is a big businessman. This just doesn't make sense."

Melgar doesn't know any federal workers, he said, but he has many friends who were working on obtaining their citizenship before the shutdown. "Their citizenship is stalled," he said. "One woman's residency card expired, and she was supposed to have her provisional card by the beginning of the year, but now she's in limbo."

"These are people's lives we're talking about," Melgar said. "It's high time Trump realizes the importance of his office."



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HERALD SPORTS

Glen Cove still eyes playoffs

SPOTLIGHT ATHLETE



JENNIFER WALTON

North Shore Junior Basketball

NOBODY IN NASSAU girls' basketball has been knocking down shots from long distance as much as Walton. With another trey in the Lady Vikings' tough 55-49 overtime loss to Wantagh on Jan. 10, Walton boosted her county-leading total to 45 treys. She also entered this week's action ranked sixth in Nassau in scoring at just under 20 points per game. She had eight three-pointers (33 points) in a Dec. 17 win at Lawrence.

GAMES TO WATCH

Thursday, Jan. 24

No Games

Friday, Jan. 25

Boys Swimming: North Shore at Hewlett.....4:45 p.m.
Boys Basketball: North Shore at V.S. North.....6:30 p.m.
Girls Basketball: V.S. North at North Shore.....6:30 p.m.
Boys Basketball: Glen Cove at Plainedge.....6:30 p.m.
Girls Basketball: Plainedge at Glen Cove.....6:30 p.m.

Saturday, Jan. 26

Cheerleading: Glen Cove at Bellmore-JFK.....9 a.m.
Wrestling: Glen Cove at Farmingdale tourney.....9:30 a.m.
Boys Basketball: Seaford at Glen Cove.....1 p.m.

Monday, Jan. 28

No Games

Tuesday, Jan. 29

Girls Basketball: Glen Cove at Division.....6:30 p.m.
Boys Basketball: V.S. South at North Shore.....6:30 p.m.
Boys Basketball: Division at Glen Cove.....6:45 p.m.
Girls Basketball: North Shore at V.S. South.....7 p.m.

Wednesday, Jan. 30

Air Rifle: Glen Cove at Baldwin.....4:15 p.m.
Gymnastics: Hicksville at North Shore.....6:30 p.m.

By **TONY BELLISSIMO**

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South Side spotted host Glen Cove 14 of the first 16 points in last Saturday's Nassau Conference A-III boys' basketball matchup, but showed the kind of poise and resiliency head coach Jerry D'Angelo hoped.

The Cyclones cut the margin to six by the end of the first quarter, took a three-point lead at the half, and never trailed the rest of the day on the way to a 54-45 victory.

Junior Eamon McGowan had 15 points and five rebounds, junior Quinn Shannon had 12 points, and senior Peter Pellegrini added seven points and 10 rebounds as first-place South Side completed a season sweep of the Big Red and improved to 7-1 in A-III. Senior Dajour Gibson had a game-high 16 points to lead Glen Cove (3-5 in A-III), which played without second-leading scorer Michael Vaughan due to a finger injury.

"Glen Cove is as athletic as any team in our conference," D'Angelo said. "They started strong and we didn't come out with the kind of energy we're used to bringing.

"I didn't want to burn any timeouts early," he added. "I'm trying to develop a sense of trust and it was nice to see the kids slowly dig themselves out of a hole."

Gibson was the biggest reason Glen Cove was sitting pretty after five minutes, leading 14-2. He finished the opening quarter with 10 points and also assisted on sophomore Jordan Mercado's trey.

"We played really well for a half," Big Red head coach Peter Falen said. "I thought the first five minutes of the second half defined the game when they came up with an offensive rebound on five straight possessions."

The Cyclones, who won the first meeting 56-48 on Dec. 17, closed the quarter on a 9-2 run but trailed by nine in the second before a trapping defense and hard work on the boards fueled the turnaround. During a 10-point run that vaulted the visitors ahead for the first time, 24-23, both McGowan and junior Ryan Ledwith had breakout layups off steals. Senior point guard Chris Thomas and Ledwith went 2-for-2 from the line to open and close the spurt, respectively, and junior Griffin O'Shea added a basket. South Side led 30-27 at halftime.

"Depth is one of our biggest strengths



Keith O'Reilly/Herald

SENIOR DAJOUR GIBSON scored a game-high 16 points last Saturday but the Big Red couldn't hold off South Side, falling 54-45 to its Conference A-III rival.

and I think we showed in the second quarter we can rely on our sixth, seventh and eighth guys to play important minutes," D'Angelo said.

"At the half we talked about what we needed to continue to do in the third quarter to get out of here with a win," he added.

Shannon dialed long distance twice and McGowan once in the third quarter to help the Cyclones extend their lead to 45-35. A collective rebounding effort resulted in second-chance points and limited Glen

Cove's possessions. Seniors Jared Jackson and Matt Graf added six points apiece for the Big Red, who visit Plainedge on Friday at 6:30 p.m.

"We need to win four of our last six to make the playoffs," Falen said. "We have work to do, but it's attainable."

South Side hosts Roslyn at 1 p.m. Saturday. "We're feeling pretty good, but this is only the first team we've played twice," D'Angelo said.











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HERALD NEIGHBORS

GLEN COVE HERALD GAZETTE – January 24, 2019



Photos by Christina Daly/Herald Gazette

CANTOR GUSTAVO GITLIN, left, Reverend Dr. Craig J. Wright, Rabbi Irwin Huberman, Reverend Roger C. Williams and Rabbi Neil Schuman were there to honor Anne Frank and Dr. Martin Luther King Jr.

Synagogue and churches honor Frank and MLK

The Congregation of Tifereth Israel, Calvary AME Church and First Baptist Church, joined together in a march to honor Anne Frank and Dr. Martin Luther King Jr. on Jan. 20. Both Frank and King would have turned 90 in 2019.

Marchers made their way from the Calvary AME Church to the Congregation of Tifereth Israel, an allusion to the 1965 Selma marches where African-American and Jewish activists joined together to march in protest of segregation.

Not only were the marchers honoring Frank and King, but they demonstrated their commitment to coming together to fight hatred.

“What we’re looking to do is to combine Jewish community and black community as we recommit ourselves to the abolition of hatred and racism in our society,” said Rabbi Irwin Huberman of the Congregation of Tifereth Israel before the march.

When marchers arrived at the synagogue, congregation and church leaders spoke to the crowd of the importance of unity in the face of prejudice and hostility. Following the speeches, actors performing as Frank and King read from their characters’ real-life diaries before engaging in a dialogue on the topic of conquering hatred.

—Mike Conn



RABBI IRWIN HUBERMAN, top left, said they all met before to pray after the shooting in Charleston and Pittsburgh.

“LET’S PUT THE dream in front of us and take action,” said Reverend Roger C. Williams, top, center, of the First Baptist Church.

REV. DR. CRAIG J. Wright, top, right, pastor of Calvary A.M.E. Church, used quotes from the film “Saving Private Ryan.”

EVERYONE MARCHED TOGETHER.

COMMUNITY CALENDAR

Thursday, Jan. 24

Guided salt cave meditation

Glen Cove Salt Cave, 70 Forest Ave., Suite 2B, Glen Cove. This group meditation will focus on energy healing. Participants will be guided to visualize energy and imagery for the purpose of cleansing, clearing and elevating their conscious state of awareness. Learn more about salt therapy at www.glencovesaltcave.com.

Teen open mic night

Locust Valley Library, 170 Buckram Rd., Locust Valley, 7 p.m. Read poetry, play a song on the piano or deliver a standup comedy set. Pizza and drinks will be served. (516) 671-1837.

Friday, Jan. 25

A Time for Kids

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 10:30 a.m. Children ages three months to five years and their parents can participate in this fun music and movement program. (516) 676-2130.

Immigration and the middle class

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 2 p.m. Join Howard Shurdut as he discusses the movement of people around the globe as well as current worldwide problems caused by illegal immigration. Possible solutions will be offered and debated. (516) 676-2130.

DIY craft club

Gold Coast Library, 50 Railroad Ave., Glen Head, 4:30 p.m. This club is a great chance for students in grades 6 through 12 to unwind after school by making DIY crafts and hanging out with friends. For this first session, the main project will center around the creation of friendship bracelets. Beginners and experts alike are welcome to join. (516) 759-8300.

Saturday, Jan. 26

Indoor winter market

Creative Arts Studio, 256 Sea Cliff Ave., Sea Cliff, 12 to 4 p.m. Shop fresh produce, baked goods, pickles, fresh juices, healthy snacks and other locally crafted goodies. Ongoing Saturdays through March. For more information visit [@seaclifffarmersmarket](https://www.facebook.com/seaclifffarmersmarket) on Facebook or Instagram.

Retro game free-play for teens

Locust Valley Library, 170 Buckram Rd., Locust Valley, 2:30 p.m. Teens and tweens are welcome to join Long Island Retro Gaming in finding out what video games were like decades ago. They can even try the games out for themselves. Light refreshments will be served and registration in the library or online is recommended. Contact Peter Barell at (516) 671-1837 for more information.

IMP benefit concert

Oyster Bay Western Waterfront, 1 West End Ave., Oyster Bay, 7 p.m. Singer/songwriter Captain Pete Macandrew and friends, will perform in a benefit for the Ida May Project. The show will take place in the blue building on West End Ave. For more information, call (516) 996-6209.



Photos courtesy Flickr

First Baptist Church Choir sings at NSHM

The First Baptist Church of Glen Cove's choir will be singing at the North Shore Historical Museum on Sunday, Feb. 3. With February being Black History Month, part of the inspirational and uplifting concert will include a brief history of the gospel songs performed. The museum currently has an exhibit honoring the Harlem Hellfighters, the company of African-American soldiers who fought bravely in World War I, many of whom came from Glen Cove and other North Shore communities. The concert will start at 3 p.m. and costs \$5 for museum members and \$10 for non-members, and refreshments will be served. 140 Glen St. Glen Cove, (516) 801-1191

Chino Pons Cuban music

Vivo Osteria, 242 Glen Cove Ave., Glen Cove, 9 p.m. Join Chino Pons for a night of live Cuban music. He will only be playing for one night, so reserve seats soon. Tickets are \$20 at the door and \$15 for pre-purchased. For more information on the show and how to purchase tickets, contact (516) 801-1450.

Sunday, Jan. 27

"Who Will Write Our History" screening

Holocaust Memorial and Tolerance Center, 100 Crescent Beach Road, Glen Cove. Over 150 organizations in 30 countries will be screening "Who Will Write Our History," a documentary about historian Emanuel Ringelblum and the secret archive he created in the Warsaw Ghetto. (516) 571-8040

The Karpenteers in concert

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 2 p.m. This cover band brings the best of the biggest pop group from the 70s: The Carpenters. (516) 676-2130.

Paint night fundraiser

Meritage Wine Bar, 90 School St., Glen Cove, 4 p.m. Paint for a good cause. All proceeds will benefit Harbor Glen Cove's Playground Fund. Sign up and purchase tickets prior to event. For more information call (516) 248-9855 or

email: dcinelli@harborchildcare.org.

Monday, Jan. 28

Gribbin, Landing, Finley school tours

Gribbin Elementary School, Landing Elementary School, R.M. Finley Middle School, 6:30, 7:15 and 8 p.m. Public tours of Gribbin, Landing, and Finley



First ladies of Long Island

Five first ladies have had ties to Long Island. Join Elizabeth Kahn Kaplan as she shares the inside stories and many other details as she discusses the fascinating lives of these exceptional and unique historical women. 2 p.m. on Feb. 2 at the North Shore Historical Museum, 140 Glen St., Glen Cove. \$10 per guest and \$5 per member.

schools will be given to help residents understand the improvements possibly coming to the district through the upcoming bond referendum. For more information, call (516) 801-7001

Tuesday, Jan. 29

Green Tea Workshop

Locust Valley Library, 170 Buckram Rd., Locust Valley, 6:30 p.m. Explore the diversity of green tea and learn how to select and prepare them more for the most enjoyable tea-drinking possible. Join tea expert Kristine Henderson as she leads a tea tasting and explains what makes each type unique. Registration at the library or online is required. (516) 671-1837.

Wednesday, Jan. 30

Wiggle Wednesday

Gold Coast Library, 50 Railroad Ave., Glen Head, 10:30 a.m. Children 3 to 5-years-old can make their way to the Annex for a morning of songs and stories read by Mr. V. It's a perfect chance to get those little ones moving. This is the first of four installments. (516) 759-3000

Thursday, Jan. 31

Arthritis education and exercise class

Glen Cove Hospital, south dining room, 101 St Andrews Ln., Glen Cove, 10:30 a.m. The hospital is hosting an exercise and education class for people with arthritis. For more information, contact Laura Marrone at (516) 674-7696.

Lego free play

Locust Valley Library, 170 Buckram Rd., Locust Valley, 3:45 p.m. All who need some extra space for the Lego structures of are looking for some building company are welcome to the MNA Community Room for an afternoon of Lego fun. The Legos and space are supplied, so creativity is the only requirement. No registration is necessary. Call (516) 759-3000 for more information.

Connolly, Deasy, GCHS school tours

Connolly Elementary School, Deasy Elementary School, Glen Cove High School, 6:30, 7:15 and 8 p.m. Public tours of Connolly, Deasy, and GCHS will be given to help residents understand the improvements possibly coming to the district through the upcoming bond referendum. (516) 801-7001.

Saturday, Feb. 2

Writers' group

Glen Cove Library, 4 Glen Cove Ave., Glen Cove. Join the Writers' group in a lively exchange of ideas. It's a perfect time to receive feedback on all serious writing ventures. (516) 676-2130.

HAVING AN EVENT?

Submissions can be emailed to llane@liherald.com.



Courtesy Office of Jim Gaughran

SENATOR JIM GAUGHRAN, far right, joined Assemblyman Charles Lavine, far left, Councilwoman Marsha Silverman and Glen Cove Fire Chief Robert F. Marino in honoring incoming officers to the Glen Cove Volunteer Fire Department.

Incoming G.C.F.D. officers honored

Senator Jim Gaughran honored 22 incoming officers at the Glen Cove Volunteer Fire Department on Jan. 12 at the Glen Cove Fire Dept. headquarters with a New York State Senate proclamation. Gaughran spoke of the vital role volun-

teer firefighters play in their communities and said that he was pleased to honor these first responders for their unwavering commitment to making Glen Cove a safer place.

Regency's moments to reminisce

The Long Island Museum visited The Regency at Glen Cove as part of the Regency University program. Residents reminisced about school memories and learned about Long Island Museum's 19th Century Schoolhouse. The program included a discussion inspired by photographs of the one-room schoolhouse as well as hands on experience writing with slate boards and pencils and dip pens and ink. Participants also read from McGuffey Readers, which were widely used school textbooks from the mid-19th to the mid-20th centuries.



Courtesy Regency at Glen Cove Assisted Living

ANNE KOSINSKY, 102, wrote with a pencil on a slate board.

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1. To qualify for this offer, you must have a new or existing Platinum Savings account and enroll the account in this offer between 01/21/2019 and 03/22/2019. This offer is subject to change at any time, without notice. This offer is available only to Platinum Savings customers in the following states: CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA. In order to earn the Special Interest Rate of 2.08% (Special Rate), you must deposit \$25,000 in new money (from sources outside of Wells Fargo Bank, N.A., or its affiliates) to the enrolled savings account and maintain a minimum daily account balance of \$25,000 throughout the term of this offer. The corresponding Annual Percentage Yield (APY) for this offer is 2.10%. The Special Rate will be applied to the enrolled savings account for a period of 12 months, starting on the date the account is enrolled in the offer. However, for any day during that 12 month period that the daily account balance is less than the \$25,000 minimum, the Special Rate will not apply and the interest rate will revert to the standard interest rate applicable to your Platinum Savings account. As of 12/10/2018, the standard interest rate and APY for a Platinum Savings account in CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA with an account balance of \$0.01 to \$99,999.99 is 0.03% (0.03% APY) and with an account balance of \$100,000 and above is 0.05% (0.05% APY). Each tier shown reflects the current minimum daily collected balance required to obtain the applicable APY. Interest is compounded daily and paid monthly. The amount of interest earned is based on the daily collected balances in the account. Upon the expiration of the 12 month promotional period, standard interest rates apply. Minimum to open a Platinum Savings account is \$25. A monthly service fee of \$12 applies in any month the account falls below a \$3,500 minimum daily balance. Fees may reduce earnings. Interest rates are variable and subject to change without notice. Wells Fargo may limit the amount you deposit to a Platinum Savings account to an aggregate of \$1 million. Offer not available to Private Banking, Wealth, Business Banking or Wholesale customers. 2. Annual Percentage Yield (APY) is effective for accounts opened between 01/21/2019 and 03/22/2019. The 11-month New Dollar CD special requires a minimum of \$25,000 brought to Wells Fargo from sources outside of Wells Fargo Bank N.A., or its affiliates to earn the advertised APY. Public Funds and Wholesale accounts are not eligible for this offer. APY assumes interest remains on deposit until maturity. Interest is compounded daily. Payment of interest on CDs is based on term: For terms less than 12 months (365 days), interest may be paid monthly, quarterly, semi-annually, or at maturity (the end of the term). For terms of 12 months or more, interest may be paid monthly, quarterly, semi-annually, or annually. A fee for early withdrawal will be imposed and could reduce earnings on this account. Special Rates are applicable to the initial term of the CD only. At maturity, the Special Rate CD will automatically renew for a term of 6 months, at the interest rate and APY in effect for CDs on renewal date not subject to a Special Rate, unless the Bank has notified you otherwise. Due to the new money requirement, accounts may only be opened at your local branch. Wells Fargo reserves the right to modify or discontinue the offer at any time without notice. Offer cannot be combined with any other consumer deposit offer. Minimum new money deposit requirement of at least \$25,000 is for this offer **only** and cannot be transferred to another account to qualify for any other consumer deposit offer. If you wish to take advantage of another consumer deposit offer requiring a minimum new money deposit, you will be required to do so with another new money deposit as stated in the offer requirements and qualifications. Offer cannot be reproduced, purchased, sold, transferred, or traded. 3. The *Portfolio by Wells Fargo* program has a \$30 monthly service fee, which can be avoided when you have one of the following qualifying balances: \$25,000 or more in qualifying linked bank deposit accounts (checking, savings, CDs, FDIC-insured IRAs) or \$50,000 or more in any combination of qualifying linked banking, brokerage (available through Wells Fargo Advisors, LLC) and credit balances (including 10% of mortgage balances, certain mortgages not eligible). If the *Portfolio by Wells Fargo* relationship is terminated, the bonus interest rate on all eligible savings accounts, and discounts or fee waivers on other products and services, will discontinue and revert to the Bank's then-current applicable rate or fee. For bonus interest rates on time accounts, this change will occur upon renewal. If the *Portfolio by Wells Fargo* relationship is terminated, the remaining unlinked Wells Fargo Portfolio Checking or Wells Fargo Prime Checking account will be converted to another checking product or closed.

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City's time capsule for 400th anniversary



Christina Daly/Herald Gazette

DAVE NIERI, CHAIRMAN of the Time Capsule Committee, deposited the container in a clock not far from City Hall.

By **MIKE CONN**

mconn@liherald.com

During this past May's commemoration of the 350th anniversary of Glen Cove's founding, residents celebrated the city's extensive history with a festival that took more than two years of planning. The success of the event was due in no small part to the 350 Committee, which was responsible for gathering information about Glen Cove's history to incorporate into the anniversary.

Now, some of those same people are looking to the future, having deposited a time capsule inside a clock in downtown Glen Cove on Jan. 19 to be opened in 2068 for the city's 400th anniversary. The clock is in front of North Shore Gold & Diamond at 15 Glen St., just 100 feet from the entrance to City Hall.

Dave Nieri, who was a member of the 350 committee, headed the Time Capsule Committee's efforts to assemble a capsule filled with everything necessary to show future residents what current-day Glen Cove was like. According to Nieri, the assembly was a collaborative effort that he spearheaded.

"I was doing a lot of research last year for the 350 down at the history room," Nieri said "I looked at it [as if] I was a person interested in history opening a time capsule. What would I want to see to tell me about 50 years or 100 years before?"

"It's a snapshot of 2018," he added.

Many documents and photographs gathered by Nieri and the rest of the committee were put into the cylindrical metal capsule. Also included were modern amenities such as a smartphone to give future residents a first-hand look at the things we all use today.

The committee members were influenced by past

compilations of Glen Cove's history, including papers from the 200th anniversary in 1868, which had speeches from all of the city's important dignitaries just after the end of the Civil War. Nieri also found a file about a time capsule from 1968 but couldn't locate it. In order to avoid this from happening 50 years from now, Nieri provided the city clerk with a detailed file on exactly where 2018's time capsule is, including its address and GPS coordinates.

Mayor Tim Tenke, saying he appreciated the committee's efforts, said he is hopeful that they captured an accurate representation of Glen Cove today. Regarding what he hopes future residents of Glen Cove will get out of the time capsule once 2068 rolls around, Tenke said, "I'd like for them to know that we were thinking about them in the future and about Glen Cove's future."

Tenke also said that he looks forward to future Glen Covers seeing what life was like while projects such as the construction at Garvies Point and Village Square were still under way. He said that he would also like those residents to see that "...we are excited about everything that's happening here in Glen Cove [today], and that all of these projects that are going on now will be completed by then. We really hope that Glen Cove will be a much better place."

For Nieri, the most important part of the time capsule is the possibility that it will inspire future Glen Cove residents to continue to be enthusiastic about the city's long history.

"I hope [future generations] see that we were appreciative of our history," Nieri explained, "and that they want to continue to honor the history of what I consider a really unique and fun community."

A call for respect, love and kindness in G.C.

CONTINUED FROM FRONT PAGE

after the school shooting in Parkland, Fla., last February. "When I look at the students in our audience," he said, "I want to acknowledge how the Glen Cove youth are standing up and taking action for what they believe in."

Tenke added that he was proud to see that Glen Cove's young people were following King's philosophy of caring for others through actions, a sentiment that elicited enthusiastic applause.

U.S. Rep. Tom Suozzi presented the Commemorative Commission with a certificate of congressional recognition, and spoke about the importance of taking

action. "That's where it started with this organization," he said. "That's where it starts with everything that's ever changed in the course of history."

The ceremony featured performances by Glen Cove High School's select chorale and drumline, young dancers from the Edge School of the Arts dance company and the First Baptist Church Adult Choir. The theme of all of the performances was the importance of speaking out about equality for all, and King's enduring legacy.

Before the ceremony, Goodine told the Herald Gazette that she believed it is as important to remember King's message now as it has ever been because of the

tumultuous state of the country. If King were still alive, she said, "I think he would be giving another speech about how the check has come back reading 'insufficient funds' because there is not justice and equality for all in our country as yet."

"I think he would be delivering another speech about how his dream has not been realized," Goodine added, "and what we need to do as a people [and] as a nation to make the dream finally be real

for everyone in this country."

Asked what Americans can do to make King's dream come true, she said, "I believe if people respected each other more, loved each other more, were kind to each other and add a sprinkling of tolerance, that would certainly help."

Goodine also noted the importance of getting to know people from other backgrounds. "Once you do," she said, "you'll realize that we all have much more in common than we have differences."



Alyssa Seidman/Herald Gazette

CAROL BUCHANAN, ASSOCIATE minister of Glen Cove's First Baptist Church, with Isiah Jackson, far left, and Michael Bailey, led a group of marchers in prayer.

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Catholic Schools *Week*

HERALD
Gazette
January 24, 2019



Catholic Schools: Learn. Serve. Lead. Succeed.

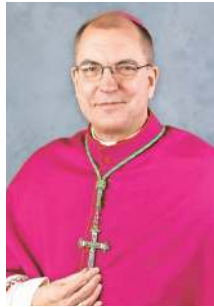
Dear Brothers and Sisters in Christ:

It is with joy, enthusiasm, and purpose-driven mission, that I invite you to celebrate National Catholic Schools Week from January 27, 2019 through February 2, 2019. Together we recognize the extraordinary contribution that our Catholic schools across Long Island make by forming young missionary disciples on fire with love for our Lord Jesus and the mission of the Catholic Church.

At the same time, we recognize our collective responsibility towards the future of Catholic education in our Diocese. Enrollment and investment in our Catholic schools depends on the leadership of each individual Catholic. Our willingness to witness to the transformative and destiny-changing experience of Catholic education to the families we meet makes all the difference.

On October 14, 2018 we celebrated the canonization of Archbishop Oscar Arnulfo Romero, a Catholic martyr who made the ultimate sacrifice of his life while celebrating the Holy Sacrifice of the Mass. This occurred during his homily on March 24, 1980 at the chapel of the Divine Providencia Cancer Hospital.

As a family, we must continue to embrace his Episcopal motto: "Sentir con la



Iglesia" or "Feel with the Church," a motto which means to experience, to live and to walk with the People of God. Our Catholic schools provide an opportunity for our young people to engage in service to our Church and faith community, bringing to life Catholic Social Justice teaching and the Corporal and Spiritual Works of Mercy.

Pope Saint John Paul II once said: "In order that the Catholic school and the Catholic teacher may truly make their irreplaceable contribution to the Church and to the world, the goal of Catholic education itself must be crystal clear. Catholic education is above all a question of communicating Christ, of helping to form Christ in the lives of others."

In Catholic Schools Week 2019, our Catholic schools recommit themselves to helping parents and extended families form successful, servant leaders who help drive dramatic missionary growth on Long Island and beyond.

With prayers for our shared mission and gratitude for your efforts, I am

Sincerely in Christ,

Most Reverend John O. Barres
Bishop of Rockville Centre

Faith-based education

Students put moral values to work in their lives every day

Strong spiritual guidance is an essential part of daily activities at Long Island's Catholic elementary schools, creating a special sense of community among children, families, teachers, and the local parish, which reinforces moral values and an abiding respect for others. Resourceful instructors use powerful spiritual teachings and real-world experiences to bring these values to life for children, while our smaller classes allow for more personalized and productive interaction between students and teachers.

Applying strong values in many selfless ways

Catholic school students apply the moral and spiritual lessons they learn in the real world by participating in charitable community initiatives throughout the year and by responding every day to others in a respectful and helpful manner. This spirit of caring and community in our students helps to give them the enduring moral foundation to become active, contributing members of society.


Through faith we grow

A strong Catholic identity as taught in Long Island's Catholic schools matters. These schools are uniquely empowered to help children in some very important ways. Catholic schools:

- Help socialize children in a positive way.



- Reinforce the positive values that you live in your family.
- Reassure children that they are safe and loved, and that God loves them.
- Teach children that their value is not based on how others see them.
- Feature teachers who are models of the faith. ■



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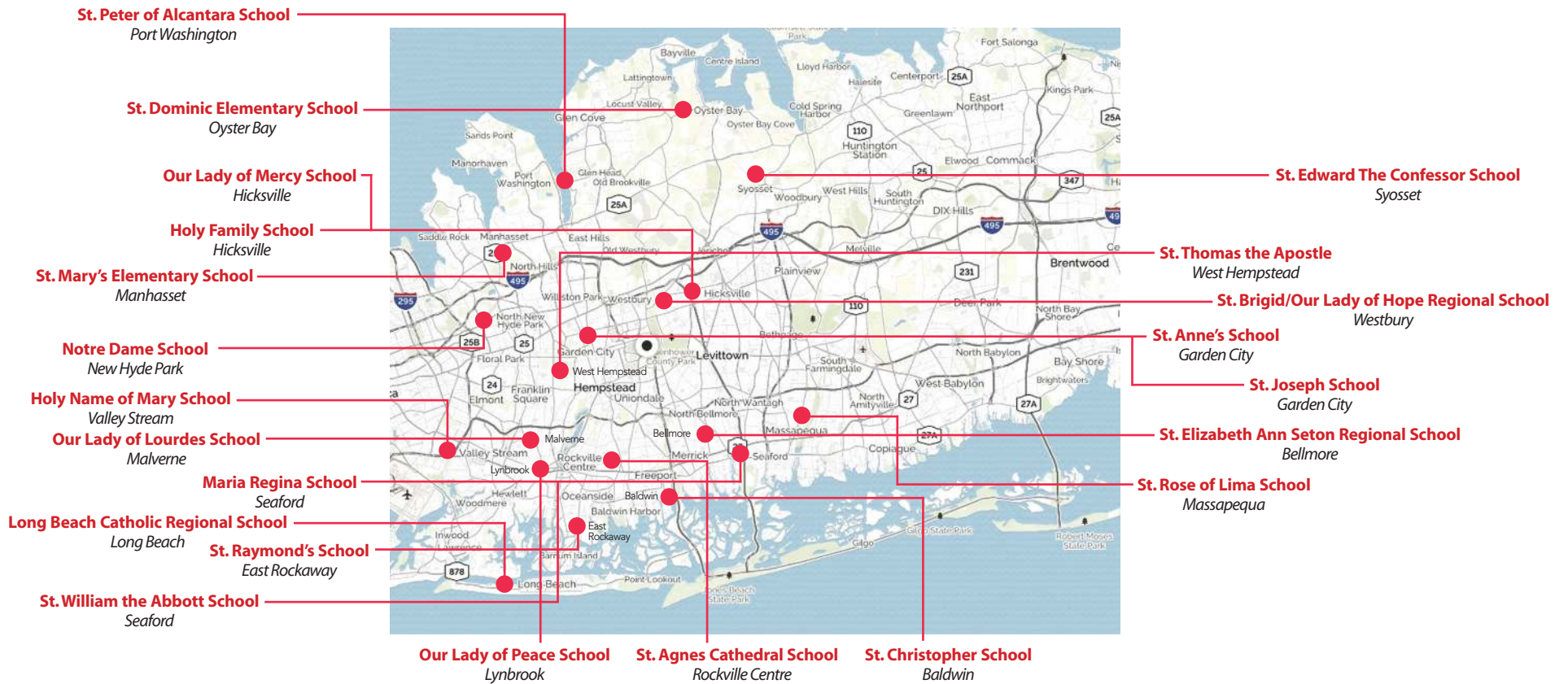
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Open House:
Sunday, Jan. 27, 11:30 a.m.-2 p.m.

Holy Name of Mary School
90 South Grove St., Valley Stream
(516) 825-4009 • www.hnomschool.org
Open House:
Sunday, Jan. 27, 11:30 a.m.-1 p.m.;
Tuesday, Jan. 29, 9:30-11 a.m.

Long Beach Catholic Regional School
735 W. Broadway, Long Beach
(516) 432-8900 • www.lbcrcs.org
Open House:
Sunday, Jan. 27, 11 a.m. - 12:30 p.m.;
Monday Jan. 28, 9:30-11 a.m.; Tuesday,
Jan. 29, 12-2 p.m.; Wednesday, Jan. 30,
9-11 a.m.; Thursday, Jan. 31, 7-8:30 p.m.

Maria Regina School
4045 Jerusalem Ave., Seaford
(516) 541-1229 • www.mariaregi-
naschool.org
*Open House for Early Childhood
Center:* Thursday, Jan. 24, 6-8 p.m.;
Grades Nursery, Pre-Kindergarten and
Kindergarten.
*Open House for all grades Nursery
through Grade 8:* Sunday,
Jan. 27, 12-2 p.m.

Notre Dame School
25 Mayfair Rd., New Hyde Park
(516) 354-5618 • www.ndsnet.org
Open House: Sunday, Jan. 27, 10 a.m.-
1 p.m., following 9 a.m. Family Mass;
Monday, Jan. 28, 9:30-10:30 a.m.
and 1-2 p.m.; Tuesday, Jan. 29, 9:30-
10:30 a.m.

Our Lady of Lourdes School
76 Park Blvd., Malverne
(516) 599-7328 • www.ollmalverne.org
Open House:
Sunday, Jan. 27, 10:30 a.m.- 12 p.m.;
following 9:30 a.m. Family Mass

Our Lady of Mercy School
520 S Oyster Bay Rd., Hicksville
(516) 433-7040 • www.olmshicks.org
Open House:
Sunday, Jan. 27, 11:45 a.m.-2 p.m.;
Wednesday, Jan. 30, 9:30-10:30 a.m.
and 1:15-2 p.m.

Our Lady of Peace School
21 Fowler Ave., Lynbrook
(516) 593-4884
• www.olpschoollynbrook.org
Open House:
Sunday, Jan. 27, 10:30 a.m.-12:30 p.m.,
following 9:30 a.m. Opening Mass;
Monday, Jan. 28, 10:30 a.m.-12:30 p.m.

St. Agnes Cathedral School
70 Clinton Ave, Rockville Centre
(516) 678-5550
• www.stagnes-school.org
Open House:
Sunday, Jan. 27, 11 a.m.-12:30 p.m.;
following 9:30 a.m. Family Mass and 10:30
a.m. Hospitality in the Parish Center.

St. Anne's School
25 Dartmouth St., Garden City
(516) 352-1205
• www.stannesgcschool.org
Open House:
Sunday, Jan. 27, 1:30-3 p.m.; following
11:45 a.m. Opening Mass

St. Brigid/Our Lady of Hope Regional School
101 Maple Ave., Westbury
(516) 333-0580 • www.stbolh.org
Open House:
Sunday, Jan. 27, beginning 2 p.m.

St. Christopher School
15 Pershing Blvd., Baldwin
(516) 223-4404
• www.stchris-school.org
Open House:
Sunday, Jan. 27, 10:30 a.m.-1 p.m.;
Tuesday, Jan. 29, 9:30-11:30 a.m.

St. Dominic Elementary School
35 School St., Oyster Bay
(516) 922-4233 • www.stdomsob.org
Open House: Sunday, Jan. 27, 11 a.m.-
1 p.m.; Monday, Jan. 28, 9 a.m.-1 p.m.

St. Edward The Confessor School
2 Teibrook Ave., Syosset
(516) 921-7767
• www.stedwardconfessor.org
Open House: Sunday, Jan. 27, 10:30
a.m.-1 p.m.; following 9:30 a.m.
Opening Mass

St. Elizabeth Ann Seton Regional School
2341 Washington Ave., Bellmore
(516) 785-5709 • www.steas.com
Open House:
Sunday, Jan. 27, 9 a.m.-1 p.m.

St. Joseph School
450 Franklin Ave., Garden City
(516) 747-2730
• www.st-josephschool.com
Open House:
Sunday, Jan. 27, 10 a.m.-12 p.m.
following 9 a.m. Opening Mass

St. Mary's Elementary School
1340 Northern Blvd., Manhasset
(516) 627-0184
• www.stmary11030.org
Open House:
Sunday, Jan. 27, starting at 12 p.m.

St. Peter of Alcantara School
1321 Port Washington Blvd., Port
Washington
(516) 944-3772 • www.stpeterspw.org
Open House:
Sunday, Jan. 27, 11 a.m.-1 p.m.;
Kindergarten Info Session, Tuesday,
Jan. 29, 8:30 a.m.

St. Raymond's School
263 Atlantic Ave., East Rockaway
(516) 593-9010 • www.srsny.org
Open House:
Sunday, Jan 27, 10:30 a.m.-1 p.m. fol-
lowing 9 a.m. Opening Mass

St. Rose of Lima School
4704 Merrick Rd., Massapequa
(516) 541-1546
• www.stroseschool.net
Open House: Tuesday, Jan. 29, 9:30-
10:45 a.m. and 7-8 p.m.

St. Thomas the Apostle
12 Westminster Rd., West Hempstead
(516) 481-9310
• www.stthomasschool.net
Open House:
Sunday, Jan. 27, 11:30 a.m.-1:30 p.m.;
following 10:30 a.m. Opening Mass;
Monday, Jan. 28, 9-11 a.m.

St. William the Abbott School
2001 Jackson Ave., Seaford
(516) 785-6784
• www.stwilliamtheabbot.net
Open House:
Sunday, 27, 12-2 p.m.; following
10:45 a.m. Family Mass

STEM to STREAM: An evolution

Long Island Catholic Elementary Schools add Arts and Religion to the popular STEM approach

One of the differentiating factors to a Catholic education has traditionally been the view of the world through the lens of the Catholic faith. Educationally, the concept of STEM, or eliminating the educational ‘silos’ of isolated, individual subjects and viewing them through the real-world application of Science, Technology, Engineering and Math place real value on the practical application of knowledge. The intersection of these two concepts create a framework for instruction called STREAM.

Working with St. John’s University School of Education, the Diocese is prototyping a move from the current STEM educational focus, where Science, Technology, Engineering and Math concepts are presented together to something called STREAM.

STREAM is a more evolved version of STEM that additionally incorporates Religion and the Arts. A simple example would be the inclusion of a ‘deeper dive’ into the ethical and moral implications of slavery in learning units on the Civil War.

The Catholic teachings of compassion, forgiveness and social justice provide a yardstick to evaluate historical events through the lens of the Catholic faith.

As one of the early adopters of STEM, and an original participant in Long Island’s original STEM event, Technology Day, the schools of the Diocese of Rockville Centre have long been on the leading edge of instruction that couples rigorous academic concepts with the real-world application of these concepts to build true understanding.

The characteristics of a STREAM educational framework include the integration Catholic identity into every aspect of the curriculum. Schools manifest this intent through projects based in social justice as well as in-depth experiential instruction in the teachings of the Church.

By design, STREAM schools provide a challenging learning environment focused on science, technology, math, arts, and the integration of education in the faith that inspires the joy of discovery. STREAM schools also promote a culture of innova-

tion and stress a commitment to ethical behavior.

STREAM is also student-focused, seeking to increase the participation of groups that are under-represented in the sciences, increasing content literacy students who do not pursue technology related careers and fostering an environment that encourages problem solving, group collaboration, and independent research.

As Pope St. John Paul II stated; “Faith and reason are like two wings on which the human spirit rises to the contemplation of

truth; and God has placed in the human heart a desire to know the truth- in a word, to know himself- so that, by knowing and loving God, men and women may also come to the fullness of truth about themselves.”

Throughout Long Island’s Catholic schools, the implementation of a STREAM framework for instruction moves us closer to the contemplation of that truth by exploring the relationship between faith and reason. ■



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Catholic Schools Week is an advertising supplement to the HERALD Community Newspapers.
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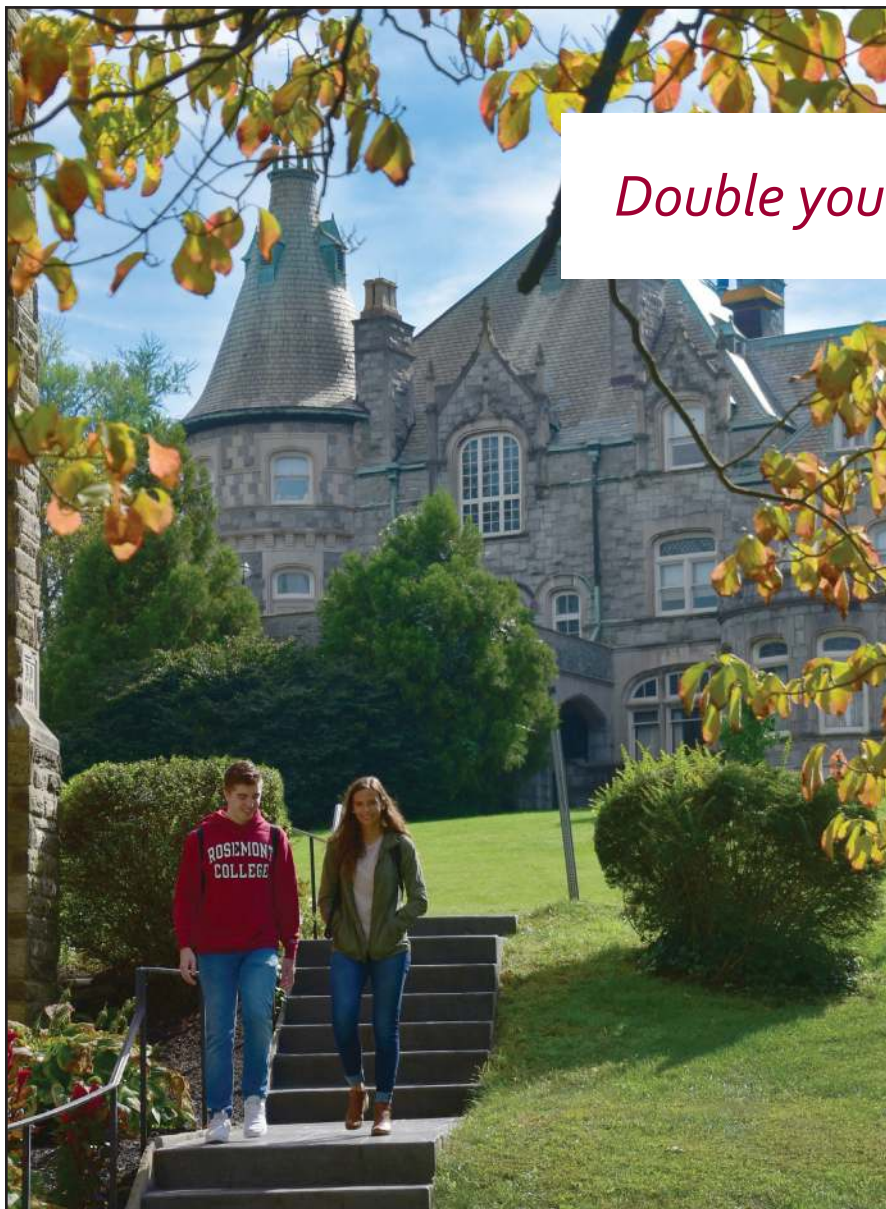
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St. Dominic Elementary and Middle Schools

ONE JOURNEY THROUGH FAITH & EDUCATION

Please join us

Admissions Open House

- Pre-K Early Childhood Development
- Elementary (K-5)
- Middle School (6-8)

Sunday, 1/27/19
11:00am–1:00pm

Monday, 1/28/19
9:00am–1:00pm

OR BY APPOINTMENT

T. 516.922.4233
www.STDOMSOB.org
35 School Street,
Oyster Bay NY 11771

Saint Dominic Elementary School was established in 1924 as one of the first Catholic schools on Long Island. Our primary mission is to incorporate the teachings, values, and traditions of our Catholic faith into the religious, academic, physical, and social development of our students to prepare them to become the leaders of tomorrow.





We warmly welcome all inquiries from families of All Saints Regional. Transfer Initiatives Available.

Join us for Family Mass and Open House on Sunday, January 27th at 9:30 am!

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Your local choice for K-8 Education

Often called the "hidden gem of the North Shore," St. Peter's School focuses on educating the whole child. Through differentiated curriculum, small class size, and a commitment to service to others, each student is given the tools to achieve their best - academically, socially and spiritually.

Come see the St. Peter's School Difference.

Call Barbara Bergin, Director of Admissions, at 516-944-3772 to schedule a tour.

St. Peter of Alcantara School Port Washington, New York



ON THE ROAD WITH A TAKEOUT QUEEN

Breakfasts to go

BY CATHI TUROW

When I wake up in the morning, as soon as I remember it's time to drive somewhere to order breakfast, I'm up and out the door. I'm excited to tell you this month several cafes have opened in our area where we can get amazing, culturally diverse breakfasts, as well as lunches and dinners. Why risk burning your own pancakes when you can go to...

■ **T-Swirl Crepe** (71 Middle Neck Rd., Great Neck) This new Japanese crepe café is a wonderland of elegant, healthy breakfasts, lunches and sweet treats, all served in light, crispy, homemade crepes. For breakfast, I ordered the egg white mushroom truffle and the presentation was delightful. I was served a fluffy crepe inside a cone-shaped cup, surrounded by delicate, fresh spinach leaves that looked like a flower. The egg whites, mushrooms and truffle sauce inside the flower were light and luscious. Salad crepes include: Thai chicken and shrimp avocado, and sweet treats include a caramel fuji apple crepe, and the famous "chocolate nut party." Each presentation is prettier than the next.

■ **Punto Rojo** (209 Forest Ave., Glen Cove) Coming soon! A traditional Columbian café will open in Glen Cove in February, but I couldn't wait that long. So, I drove to the other café in this restaurant chain in Hicksville and tried a meal (228 W. Old Country Road). The authentic, home cooked dishes are absolutely delicious. For breakfast, I was served a pretty platter of perfectly scrambled eggs with tomatoes and peppers, rice and beans with cumin and adobo seasoning and a corn cake with Spanish white cheese. There are also lots of traditional soups including: tripe, oxtail, and hen. Lunches

and dinners include: seafood rice style Paella; and chicken, beef and fish dishes served with green or sweet plantains, fried pork skins, avocados, and much more. Last but definitely not least, the shop is filled with home baked rainbow-colored cakes, cupcakes and cookies. The café in Glen Cove will have the same owner and chef!

■ **Boychik's Bagels & Eatery** (900 Port Washington Blvd, Port Washington) This friendly, comfy café opened recently as well. For breakfast, I had a hard time deciding between a bagel with blueberry cream cheese, jalapeno cream cheese, or chocolate chip. Hot off the grill, enjoy lots of different omelettes, challah French toast and buttermilk pancakes. At lunchtime, you'll love the side salads, chopped salad bar, sandwiches and freshly baked goods. In short, you'll want to hang out there all day.

■ **Kungfu Kitchen** (630 Old Country Rd., Garden City) I stopped by this new, Chinese café for a scallion pancake breakfast. It's the latest addition to the food court in Roosevelt Field, and there's an exciting menu. Ten different kinds of Ramen soup are offered, 10 types of Ramen stir fries, four kinds of dumplings, scallion pancakes for any time of day, and Shanghai pan-fried Peking duck or pork buns. Have a fun, fresh, flavorful feast!

■ **Starbucks** (Glen Cove, Sea Cliff, Greenvale) I'm a fan of the sous egg bites, so I immediately ordered the new version made with ham, cheddar and peppers. Yum! While you're there, also try the new ham and swiss panini, and red velvet marble cake.

So, there you have it. Though it's cold outside, the foods in these cafes will really warm you up. See you next month!

THE GREAT BOOK GURU

Search for success

Dear Great Book Guru,
Last weekend I was at a delightful dinner with friends (most delicious butternut squash soup ever!) where someone mentioned a new book about Lake Success, a neighborhood bordering Queens and Nassau that many of us knew. Are you familiar with this novel?

-Dining with Delight

Dear Dining with Delight,

"Lake Success," by Gary Shteyngart, is the story of one man's search for the perfect life. Barry Cohen is a 45-year-old Princeton grad who manages a billion dollar hedge fund and lives a life of incredible wealth and good fortune with \$20,000 glasses of whiskey and an extensive collection of million dollar watches.

When we first meet Barry in 2016, his fortunes have just taken a hit — his perfect wife despises him, his perfect child has been diagnosed as severely autistic, his perfect hedge fund is collapsing, and Barry himself is being pursued by the FBI for insider trading. His solution is to board a Greyhound bus and travel cross country in search of a long-lost college girlfriend who will make his life perfect again. Barry is a supremely narcissistic character that both horrifies and fascinates us. This Master of the Universe offers us a glimpse into a world in which most of us are outsiders looking on from the shores of a mythical Lake Success. Recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.



VIEWFINDER

By MAUREEN LENNON

THE QUESTION:

What is your favorite winter recipe?



I like to cook hot beef stew.

Meg Dempsey
PTA Member



I love to make Hungarian potato soup.

Phillip Zirkuli
Art Teacher



I make a beef stew that warms us up.

Gail Milne
Retired Director of Religious Education



I love to make a warm bowl of chili and pulled pork.

Angela Gallagher
Teacher Aide



My winter favorite is a hearty bean soup with great crusty bread and a side salad.

Linda Alanko
Retired



I love to cook a very tasty squash soup.

Mary Jo St. Surin
Teacher

HERALD Crossword Puzzle

King Crossword

ACROSS

- 1 Gumbo ingredient
- 5 MasterCard alternative
- 9 Night flier
- 12 Conks out
- 13 State with conviction
- 14 Formerly called
- 15 Healing
- 17 1933 dam org.
- 18 Porter
- 19 Different
- 21 What @ means
- 22 A crowd?
- 24 Soon, in verse
- 27 Exist
- 28 Cain's pop
- 31 Chaps
- 32 Workout venue
- 33 Eggs
- 34 Cookware
- 36 Cleopatra's slayer
- 37 Dance lesson
- 38 Core
- 40 "I think, therefore I —"
- 41 Massage
- 43 Meager
- 47 Fresh
- 48 Traveling, maybe
- 51 George's brother

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- 52 Boyfriend
- 53 Frat party garb
- 54 Plaything
- 55 Black, poetically
- 56 Stalk
- 8 Passion
- 9 Promptly
- 10 "— Only Just Begun"
- 11 Shakespear-ean king
- 16 Dine
- 20 Afternoon affair
- 22 Rendezvous
- 23 Rope fiber
- 24 Pump up the volume
- 25 Ultramodern (Pref.)
- 26 Getting there
- 27 Culture medi-um
- 29 "Hail!"
- 30 Chart
- 35 Vast expanse
- 37 Intelligence
- 39 Pueblo build-ing
- 40 Mimic
- 41 Make booties
- 42 Infamous fid-dler
- 43 Stay away from
- 44 Source
- 45 Wise one
- 46 Cheese choice
- 49 Kan. neighbor
- 50 Confucian concept

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 Game 2 Feb. 21
 Semi Finals Feb. 27
 Finals Mar. 2

*Dates subject to change, this is the schedule for boys, class a high school basketball, game dates are based on scheduling as determined by participating school districts.
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NASSAU COUNTY HIGH SCHOOL
HERALD
BALLER MADNESS
 2019
 BOYS 'CLASS A' BASKETBALL

STEPPING OUT

Where to go, what to do, who to see

Rev those engines

Monster trucks invade Long Island

Monster truck madness is back at Nassau Coliseum this weekend, during Monster Jam's Triple Threat Series three days of action-packed competition. Fans can watch their favorite "mechanical beasts" compete, along with newcomers to the circuit, Jan. 25-27.

The spectacle of the 12-foot-tall, 10,000 pound machines racing and ripping up a customer-designed track full of obstacles to soar over — or smash through — delights spectators, often bringing them to their feet throughout the six events.

The truck's names — Grave Digger, Alien Invasion, Megalodon, EarthShaker — reflect the outrageous mix of racing and showmanship that enthrall both the drivers and their fans.

"Who doesn't like to see a 12,000 pound truck go up in the air and crash?," says 22-year-old Armando Castro, who drives El Toro Loco "The roar of the truck, the smell of the methanol gas, hanging out with the fans, I love it all. Exhaust is like my perfume."

Driving in Monster Jam involves dexterity and stamina to maneuver these customized high-powered vehicles that include Speedsters, ATVs and the signature Monster Jam trucks, Castro's El Toro Loco among them.

Drivers undergo intense training to hone their skills for these fierce contests, highlighted by back flips, vertical two-wheel skills and racing up to speeds of 70 miles per hour.

"El Toro Loco is a Hispanic themed truck that's a crazy bull with smoke coming out of his nose," says Castro. "It was always one of my favorite trucks when I was younger so it's crazy for me now that I'm driving it."

Castro, the proud son of Mexican immigrant parents, grew up in the largely Hispanic community of Whittier, Calif., where the Monster Truck circuit is popular. His parents took him to his first show when he was just six-years-old and he was hooked.



Monster trucks reach epic heights in the latest edition of Monster Jam. Gravedigger and other popular trucks will thrill fans with exciting car-crunching feats in their customized high-power vehicles.

"I was always an adrenalin kid, up to no good, setting up ramps, getting hurt. I always wanted to drive a monster vehicle," says Castro.

Three years ago that dream came true when Castro landed an audition for Monster Jam. "When I first jumped in the truck to audition I got a little scared," says Castro. "That 1,500 horsepower is very powerful. It's like a dragster but with a weight difference."

But he certainly made an impression and became the new El Toro Loco driver in 2017.

Castro enjoys being the "newbie" on the circuit, joining some of the legacy drivers including Krysten Anderson, whose father Dennis is the Grave Digger creator, and

Tristan England, son of Big Kahuna driver Shane England.

"I'm part of the up and coming young generation," says Castro. Even though they are all friends, he acknowledges that "once those helmets come on, it's game time. Monster Jam is completely unscripted, what happens, happens. It's an adrenalin rush from start to finish."

The drivers put it all on the line to get the win and at the same time impress their fans with their crazy, outrageous and daring antics on the track.

Sure, it's entertaining, but it's also a serious competition for them. The eight drivers on each tour of the 2019 season are competing for the mantle of Tour Champion. The winner will receive an automatic

bid to the Monster Jam World Finals XX, held in Orlando, Fla. later this year.

Drivers are scored in different events starting off with racing in trucks, ATVs and a speedster obstacle course. Then it's time for the "stunt" events where the drivers really get to show off their skills in the wheelie competition, the doughnut competition and — everybody's favorite — the Freestyle.

"I love this part the best," says Castro, "You have 75 seconds to go as big and fast and you can. It really gets the fans engaged."

The monster truck phenomenon kicked off in a big way during the 1980s and has achieved a large, enthusiastic following over the years. As technology evolved, so, too, has the ability to better equip the trucks for safety.

Each truck is customized for the individual driver. "I don't let anyone jump in my seat," laughs Castro.

Drivers wear a fully contained harness including a neck brace. "That way when I jump, my head doesn't move," he says, "The truck takes the hit instead of my body."

Enhanced safety means the drivers can do bigger, bolder, riskier moves during the stunt competitions. "We have top-of-the-line equipment so we can push the limits, doing back flips and all these other amazing stunts." The audiences love every minute of it.

For Castro, who is a licensed EMT in addition to his career with Monster Jam, that's what matters the most. He loves being with spectators during the pre-event Pit Party where everyone can mingle with the drivers. Castro finds it especially inspiring to meet and encourage younger fans.

"I tell kids if I can do it, you can do it. It doesn't matter what color or race you are. You just have to have the dream, work hard and have the edge."

— Maria Lane
kbloom@liherald.com

FAMILY FUN

Laurie Berkner

The popular "Queen of Kindie rock," returns to the area with her Greatest Hits Solo tour. A true pioneer in children's music, beloved by kids and parents for over 20 years, Berkner gets everyone into her groove with this hit parade of her popular songs. Of course, she'll perform her much-loved hits, notably "Bumblebee (Buzz Buzz)," "Victor Vito," "We Are The Dinosaurs," and "Pig on Her Head." She'll also do other songs like "Bicycle," "Bubbles," and "I've Got So Much To Give," from her recent album "Superhero." Berkner's many favorites



WEEKEND

Out and About

include an array of tunes that encourage kids and grownups alike to get up and dance. Kids should plan to bring their "dancing shoes" and a stuffed animal (for their heads).
Sunday, Jan. 27, 11 a.m. and 3 p.m. \$87.50 (VIP), \$42.50, \$37.50, \$29.50, \$19.50.
The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

ART ADVENTURES

Draw In! Winterfest

Find creative inspiration at Heckscher Museum's Draw In! winter festival. Stay warm and explore the museum during the family event that features an array of winter-themed and exhibition-inspired art activities will appeal to all ages. View the Latin American art exhibition, "Rivera and Beyond," which highlights Joan and Milton



Bagley's noted collection of Latin American art. Featuring 20th century and contemporary artists from across Central and South America, the collection is a vibrant dialogue between indigenous culture, modernist art, and contemporary social commentary. In conjunction with the exhibit, meet inter-

nationally recognized Mexican-American artist Kelynn Z. Alder and make a colorful work of art with her in the galleries. Also create a 3-D winter scene collage, enjoy figure drawing under the guidance of artist and art educator Shawn Uttendorfer, and make a digital action painting.
Sunday, Jan. 27, 12-4 p.m. Heckscher Museum of Art, 2 Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

ARTS & ENTERTAINMENT

Coming Attractions

Performances/ On Stage



Buddy: The Buddy Holly Story

The musical biography of the early rock 'n' roller, Thursday and Friday, Jan. 24-25, 8 p.m.; Saturday, Jan. 26, 3 and 8 p.m.; Sunday, Jan. 27, 2 and 7 p.m.; Wednesday, Jan. 30, 8 p.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or www.engemantheater.com.

Carmen Lynch

The bilingual comedian on tour, Friday, Jan. 25, 9:30 p.m. Cinema Arts Centre, 423 Park Ave., Huntington. (631) 423-7611 or www.cinemaartscentre.org.

Voyage

The Journey tribute band in concert, featuring Hugo with special guest Bad Animals, Friday, Jan. 25, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

The Wall Live Extravaganza

The acclaimed Pink Floyd tribute, Friday, Jan. 25, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or www.livenation.com.

Chino Pons

The Cuban bandleader-singer in concert, Saturday, Jan. 26, 9 p.m. Vivo Osteria, 242 Glen Cove Ave., Glen Cove. 801-1450.

Lost Soul Found

The soul/R&B band in concert, Saturday, Jan. 26, 8:30 p.m. Still Partners, 225 Sea Cliff Ave., Sea Cliff. 200-9229 or www.stillpartners.com.

Robert Gordon

The neo-rockabilly singer in concert, Saturday, Jan. 26, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.



Scotty McCreery

The country music singer-songwriter in concert, Saturday, Jan. 26, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or www.livenation.com.

'70s Explosion

Tribute bands Disco Unlimited and 45RPM in concert, Saturday, Jan. 26, 8 p.m. The Space, 250 Post Ave. Westbury. (800) 745-3000 or www.ticketmaster.com.



Havana Cuba All-Stars

The Havana Cuba All-Stars visit Tilles Center with their jubilant spectacle of sizzling rhythms, joyous trumpets and authentic Cuban dancing, on Sunday, Feb. 3, at 3 p.m.

A celebration of Cuban music and dance styles, "Asere! A Fiesta Cubana" showcases the nation's rich culture and exceptionally diverse rhythms and melodies — from cha cha cha to rumba, from "Son Cubano" style to salsa. Featuring some of the country's renowned musicians and dancers, the ensemble presents the tapestry of Cuban music through a fresh, contemporary lens. You'll be transported to the island's cigar-infused Latin jazz clubs and festive white-sand beaches at this dynamic concert.

Tickets are \$65 \$45, \$35; available at (800) 745-3000 or www.ticketmaster.com or www.tillescenter.org.

Tilles Center for the Performing Arts, LIU Post, Route 25A, Brookville.

The Karpenters

The Carpenters tribute band in concert, Sunday, Jan. 27, 2 p.m. Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove. 676-2130 or www.glencovelibrary.org.



The Whiffenpoofs

The acclaimed collegiate a cappella group in concert, Sunday, Jan. 27, 3 p.m. Landmark on Main Street, Jeanne Rimsky Theater, 232 Main St., Port Washington. 767-1384 or www.landmarkonmainstreet.org.

Trivia Night: I Heart the '90s

A pop culture trivia event, Tuesday, Jan. 29, 7:30 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Road, Westbury. (800) 745-3000 or www.livenation.com.

Bass Rhythms with Morrie Loudon

The Morrie Loudon Duo in concert, Wednesday, Jan. 30, 2 p.m. Landmark on Main Street, Jeanne Rimsky Theater, 232 Main St., Port Washington. 767-1384 or www.landmarkonmainstreet.org.

Joi Koy

The energetic comedian on his "Break the Mold" tour, Thursday, Jan. 31, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

For the Kids

Picture Book Films

Watch short films based on favorite children's

books, Friday, Jan. 25, 10 a.m. For ages 2-5. Registration required. Gold Coast Public Library, 50 Railroad Ave., Glen Head. 759-8300 or www.goldcoastlibrary.org.

Seussical the Musical

A fantastical, magical, musical extravaganza narrated by the Cat in the Hat, Saturday, Jan. 26, 11 a.m.; Sunday, Jan. 27, 10:30 a.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or www.engemantheater.com.

Studio Saturday

Drop into Nassau County Museum of Art's Manes Center for hands-on activities inspired by the current exhibitions, Saturday, Jan. 26, 12-3 p.m. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. 484-9338 or www.nassaumuseum.org.

Pizza and Paperbacks

A book discussion for second-graders and up, Wednesday, Jan. 30, 3 p.m.; also Friday, Jan. 31, noon (for children entering Kindergarten in 2019) and 3 p.m. (Kindergarten and Grade 1). Registration required. Sea Cliff Library, 300 Sea Cliff Ave., Sea Cliff. 671-4290 or www.seaclifflibrary.org.

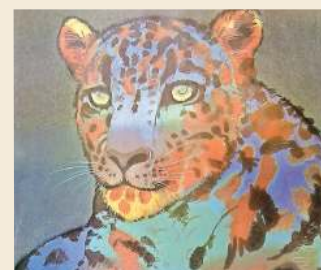
Museums/Galleries and more...

The Harlem Hellfighters

A groundbreaking exhibit about the World War I African-American Army unit, consisting of 33 men from the Glen Cove area. North Shore Historical Museum, 140 Glen St., Glen Cove. 801-1191 or www.nshmgc.org.

Artist Choice 2019

Local artists display their works. Through Feb. 24. B.J. Spoke Gallery, 299 Main Street, Huntington. (631) 549-5106 or www.bjspokegallery.org.



Wild Kingdom: Hunt Slonem and a Hundred Years of Animal Art

An exhibition that showcases artists whose paintings, drawings, and sculpture have immortalized the wild kingdom. On view are works by Pablo Picasso, Marc Chagall, John James Audubon and Jeff Koons among others. With an installation by artist-designer Hunt Slonem who creates a dream-like sanctuary for parrots, rabbits and butterflies; his signature motifs. Through March 3. Nassau County Museum of Art, 1 Museum Drive, Roslyn Harbor. 484-9338 or www.nassaumuseum.org.

Heckscher Collects:

Recent Acquisitions

An exhibition of two dozen 20th century and contemporary works that have been acquired by the museum over the past five years. With a selection of prints produced by more traditional and diverse experimental processes; experimental photography by Bill Armstrong, Ellen Carey, and Joe Constantino; New York City street scenes by N. Jay Jaffee; and images of Cuba by Bastienne Schmidt; along with abstract and representational paintings. Through May 12. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

Masters Showcase

An exhibit of varied works by local artists. Participating artists include Harper Bella, Patty Eljaiek, Steven Goldleaf, Jan Guarino, Lenore Hanson, Melissa Johnides, Drew Kane, Virginia Khuri, Joanne Klein, Margaret Minardi, Denis Ponsot, Alissa Rosenberg, & Patrick Shea. Through Feb. 9. Main Street Gallery, 213 Main St., Huntington. (631) 271-8423 or www.huntingtonarts.org.

Rivera and Beyond: Latin American Art

An exhibit of 20th century and contemporary artists from across Central and South America, from the collection of Joan and Milton Bagley. Masterworks by Fernando Botero, Elena Climent, Ana Mercedes Hoyos, Wifredo Lam, Julio Larraz, Roberto Matta, Carlos Mérida, Diego Rivera, and others are on view. Through March 31. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

Theodore Roosevelt: A Man for the Modern World

An exhibition that celebrates the presidency and legacy of Theodore Roosevelt, who is often considered the first modern president. On view are a collection of historic documents, photographs, and many never before seen artifacts that celebrate TR's major achievements and underscore his legacy. Highlighted objects include family sporting equipment and the

license plate from the Roosevelts' automobile, shown alongside presidential gifts such as a book inscribed by Booker T. Washington and a coal scuttle given after the resolution of the Anthracite Coal Strike of 1902. Some familiar artifacts from the Roosevelt home are also on display. Sagamore Hill National Historic Site, 20 Sagamore Hill Rd, Oyster Bay. 922-4788 or nps.gov/sagamorehill.



Film Screening

See "Drawn From Nature," the PBS American Masters' series film that tells the dramatic life story of naturalist John James Audubon, the adventurer and self-taught artist who saw more of the North American continent than virtually anyone of his time (1785-1851), Tuesday through Sunday, Jan. 29-Feb. 4, 12 p.m. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. 484-9338 or www.nassaumuseum.org.

At the Movies

See "The Spiral Staircase," the 1946 thriller about a mute servant girl working in a gothic mansion threatened by a murderer, Friday, Jan. 25, 2 p.m.; also "Galveston," a thriller about a heavy-drinking criminal enforcer and mob hit man whose boss sets him up in a double-cross scheme, Tuesday, Jan. 29, 2 p.m. Gold Coast Public Library, 50 Railroad Ave., Glen Head. 759-8300 or www.goldcoastlibrary.org.

Documentary Screening

See "Who Will Write Our History," the documentary about Emanuel Ringelblum and the Oyneg Shabes Archive, the secret archive he created and led in the Warsaw Ghetto, Sunday, Jan. 27, 1 p.m. Reservations required. Holocaust Memorial & Tolerance Center of Nassau County, 100 Crescent Beach Rd., Glen Cove. 571-8040 or www.hmtcli.org.

Sketching in the Galleries

All ages can express their creativity and sketch in the museum's gallery space, Sunday, Jan. 27, 11 a.m.-5 p.m. Help yourself to a variety of drawing supplies, grab a seat and create. Free with admission. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

At the Movies

See "Little Italy," the romcom about the blossoming romance between the son and daughter of rival New York pizzeria owners, Thursday, Jan. 31, 2 and 6:30 pm. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212.



Having an event?

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Making all voices heard in Nassau County elections

By **ALYSSA SEIDMAN**
aseidman@liherald.com

A group of officials watched, intrigued, as Kevin Greenstein, of Port Washington, demonstrated how to use an AutoMARK voter assist terminal, a machine designed for people with physical impairments to use to vote in elections. Greenstein has cerebral palsy.

Using the machine's touch-screen monitor, Greenstein selected his favorite pizza toppings — sausage and pineapple — and printed the corresponding ballot, to be processed by a Nassau County Board of Elections employee. As his ballot was fed into the reader, Greenstein gave the crowd a thumbs-up.

The demonstration took place at United Cerebral Palsy in Bayville on Jan. 17, as part of a news conference led by State Sen. Jim Gaughran, a Huntington Democrat, to kick off a public-service campaign to update local voters on the expansion of voting accessibility in New York state. The campaign comes a week after Senate Democrats passed a number of voting reforms in the state Legislature (see box, below right), which now await Gov. Andrew Cuomo's signature.

"We made some major changes to election law," Gaughran said, "changes that, quite frankly, should've been made a long time ago. We are doing this because we want to give everybody the right to vote."

Gaughran was joined by State Assemblyman Charles Lavine, a Glen Cove Democrat and chairman of the Legislature's Committee on Election Law, and David Gugerty, the Democratic commissioner of Nassau County's Board of Elections. While the agency has provided AutoMARK terminals at every polling site across the county since 2010, only "several hundreds" of Nassau County voters with impaired sight, hearing, or intellectual challenges use the machines. Gugerty said the recent voting reforms could boost that number since they would enable more people to get to the polls.

"The Board of Elections is where the rubber hits the road as far as voting rights and getting elections done," Gugerty said, "and a group that particularly has difficulty [voting] is people with impair-



Alyssa Seidman/Herald Gazette

NASSAU COUNTY BOARD of Elections employee Ricki Casta, left, helped Kevin Greenstein, of Port Washington, cast a vote for his favorite pizza toppings using an AutoMARK machine. The new device will help people with impairments cast their ballots in elections.

ments. We need to pull off elections for them, because their vote is just as important as anyone else's. These reforms are long overdue." Gugerty said the agency would look to designate UCP facilities as polling places to further expand accessibility for impaired voters.

Larry Greenstein, Kevin's father, said the AutoMARK machines allow the population to "vote as independently as anybody else."

"Before the ballot devices became easy to use, people would say, 'Well, have your father fill out your ballot for you, and that's not giving him the secret ballot,'" Greenstein said, referring to his son.

Greenstein added that Kevin, as a member of the Self-Advocacy Association of New York State, had advocated in Albany when the state was eyeing a transition from using lever-operated voting

machines in elections. "Kevin used to love the lever voting machines because he could use them," he said. "He lobbied [Assembly Speaker Sheldon] Silver to allow them to be used in non-partisan elections for another three or four years."

As an active voter, Kevin said standard ballot-marking devices take time to use. Voting via the AutoMARK, coupled with early voting, he said, "will help people like me avoid lines and crowds and vote more easily."

Gaughran acknowledged that early-voting procedures, as well as consolidation of federal and state primaries, would require funding. "We're going to work to make sure there's funding there, and make sure we're not passing this cost onto the county and the municipalities," he said.

A statement from Cuomo's communi-

More about AutoMARK

The AutoMARK is a hybrid of several devices: a scanner, printer, touch-screen display and input device. The data for an election is stored on a compact flash card. Using the system software, an election official is able to convert election data created for use in the AutoMARK.

During this process, it is possible to customize the election data, including adding translations or phonetic pronunciation of difficult names for use with the synthesized speech. Once the flash card has been programmed, it is inserted and locked into the AutoMARK. Secure voting is verified by a special program that fills in each oval on a ballot along with the candidate's name.

Accessibility features include a touch screen with a zoom and contrast feature, multiple language translation, keypad marked with Braille, puff-sip interface as well as an audio ballot feature.

Source: Verified Voting Foundation Inc.

cations director, Dani Lever, dated Jan. 17, reads, "We are committed to making voting easier and ensuring every New Yorker has an opportunity to exercise this sacred democratic right to make their voices heard. The [state] budget more than covers the cost of early voting by merging state and federal primaries to save counties \$25 million and eliminating the internet tax advantage to ensure collection of sales taxes, delivering \$390 million to local governments."

"It's a great step forward for our New Yorkers," Kevin said of the voting reforms.

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1017880

HERALD PUBLIC NOTICES

LEGAL NOTICE
PLEASE TAKE NOTICE THAT the Glen Cove City Council adopted the following resolution at the Glen Cove City Council Meeting of January 22, 2019:
BE IT RESOLVED, that the City Council hereby amend the Youth Bureau Glen Cove After 3 Program fees, effective January 1, 2019, as indicated:
Current:
\$150 per month
Proposed:
\$125 per month
Tina Pemberton
City Clerk
106279

LEGAL NOTICE
NOTICE OF SPECIAL DISTRICT MEETING OF THE CITY SCHOOL DISTRICT OF THE CITY OF GLEN COVE, IN THE COUNTY OF NASSAU, NEW YORK, NOTICE IS HEREBY GIVEN that pursuant to a resolution of the Board of Education of the City School District of the City of Glen Cove, in the County of Nassau, New York, adopted on December 12, 2018, a Special District Meeting of the qualified voters of said School District will be held on Tuesday, March 12, 2019 from 7:00 o'clock A.M. to 9:00 o'clock P.M. (Prevailing Time) at the following places:
School Election Districts
Location of Polling Place
A, B, C
High School, Dosoris Lane - Back Gym
D Connolly School, Ridge Drive - Auditorium
for the purpose of voting upon the following Bond Proposition:
BOND PROPOSITION
SHALL THE BOND RESOLUTION OF THE CITY SCHOOL DISTRICT OF THE CITY OF GLEN COVE ADOPTED BY THE BOARD OF EDUCATION ON

DECEMBER 12, 2018, ENTITLED: "BOND RESOLUTION OF THE CITY SCHOOL DISTRICT OF THE CITY OF GLEN COVE, NEW YORK, ADOPTED DECEMBER 12, 2018, AUTHORIZING THE CONSTRUCTION OF ADDITIONS, ALTERATIONS AND IMPROVEMENTS TO ALL DISTRICT BUILDINGS AND SITES, AT THE ESTIMATED TOTAL COST OF NOT TO EXCEED \$ 8 4 , 6 6 9 , 8 1 8 ; APPROPRIATING SAID AMOUNT THEREFOR, INCLUDING \$425,000 GRANT FUNDS EXPECTED TO BE RECEIVED FROM THE STATE OF NEW YORK; AND AUTHORIZING THE ISSUANCE OF NOT TO EXCEED \$84,244,818 SERIAL BONDS OF THE DISTRICT TO FINANCE THE BALANCE OF SAID APPROPRIATION," BE APPROVED?
Such Bond Proposition shall appear on the ballots to be used for voting at said Special District Meeting to be held on Tuesday, March 12, 2019 in substantially the foregoing form.
The voting at said Special District Meeting to be held on Tuesday, March 12, 2019 will be conducted by ballot as provided in the Education Law and the polls will remain open from 7:00 o'clock A.M. to 9:00 o'clock P.M. (Prevailing Time) and as much longer as may be necessary to enable the voters then present to cast their ballots.
FURTHER NOTICE IS HEREBY GIVEN that the qualified voters of the District may register for the Special District Meeting to be held on Tuesday, March 12, 2019 on any school day between the hours of 9:00 o'clock A.M. and 2:00 o'clock P.M. (Prevailing Time) in the main office of

each of the school buildings of the District and in the office of the District Clerk in the Administration Building up to and including Tuesday, February 26, 2019. In addition, the Board of Registration shall meet on Tuesday, February 26, 2019, from 9:00 o'clock A.M. and 7:00 o'clock P.M. (Prevailing Time), at the Administration Building, 154 Dosoris Lane, Glen Cove, New York, for the purpose of preparing the registers of the qualified voters of the City School District of the City of Glen Cove, New York. Any person will be entitled to have his or her name placed on such register, provided that he or she is known or proven to the satisfaction of the District Clerk, and the Board of Registration, to be then or thereafter entitled to vote at such Special District Meeting for which the registers are prepared. Any person otherwise qualified to vote who is not currently registered under permanent personal registration in the District by the last date found on the original or duplicate registers, or records, or list furnished by the Nassau County Boards of Elections, and has not voted at an intervening election, must, in order to be entitled to vote, present himself or herself personally for registration or otherwise register with the Nassau County Boards of Elections. **AND FURTHER NOTICE IS HEREBY GIVEN** that the registers so prepared for the Special District Meeting will be completed on Tuesday, February 26, 2019 and thereafter filed in the Office of the District Clerk of the Glen Cove School District, in the District Office, Administration Building, 154 Dosoris Lane, Glen Cove, New York, and will be open for inspection by any

qualified voter of the District between the hours of 9:00 o'clock A.M. and 3:00 o'clock P.M. (Prevailing Time), on each day prior to Tuesday, March 12, 2019, the date set for the Special District Meeting, except Saturdays, Sundays and holidays, including the day set for the Special District Meeting. **AND FURTHER NOTICE IS HEREBY GIVEN** that applications for absentee ballots for the Special District Meeting may be applied for at the Office of the District Clerk at the Administration Building, 154 Dosoris Lane, Glen Cove, New York, between the hours of 9:00 o'clock A.M. and 4:00 o'clock P.M. (Prevailing Time) on any school day. However, such application must be received by the District Clerk at least seven (7) days before the Special District Meeting if the ballot is to be mailed to the voter, or the day before the Special District Meeting if the ballot is to be delivered personally to the voter. No absentee voter's ballot shall be canvassed unless it is received in the office of the District Clerk of the said School District no later than 5:00 o'clock P.M. (Prevailing Time) on the date of the Special District Meeting. A list of all persons to whom absentee ballots shall have been issued will be available during regular office hours in the Office of the District Clerk on each of the five (5) days prior to the day of the Special District Meeting. Information regarding the election districts are set forth on the District's website - www2.glencove.k12.ny.us. A person shall be entitled to vote at said Special District Meeting only if such person is a qualified voter.

ANSWERS TO TODAY'S PUZZLE Solution time: 25 mins.



HERALD PUBLIC NOTICES

BY THE ORDER OF THE BOARD OF EDUCATION
Dated: December 12, 2018
Ida Johnson
District Clerk
106015

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LEGAL NOTICE
Notice of Adoption of a Positive Declaration pursuant to the State Environmental Quality Review Act and Filing of a Draft Scope for the preparation of a Draft Generic Environmental Impact Statement for the Glen Cove Orchard Neighborhood and Sea Cliff Avenue Corridor Brownfield Opportunity Area Step III Implementation Strategy

The City Council of the City of Glen Cove has determined that the adoption and implementation of the proposed Brownfield Opportunity Area Step III Implementation Strategy could result in one or more adverse environmental impacts and that a DGEIS must be prepared to further assess and mitigate identified issues to the maximum extent practicable. The Council therefore requests written comments from the public and involved and interested agencies regarding the necessary scope and content of the DGEIS. After comments are received, a Final Scope will be prepared, which will outline the required sections of the DGEIS and the extent of review and analysis required. A public hearing will be held following acceptance of the DGEIS and will be noticed once a date is selected. The Step III Implementation Strategy provides recommendations to support the redevelopment and revitalization of key sites/areas. The area under consideration is generally bounded by the City of Glen Cove's southern border, the LIRR to the west and north, and Cedar Swamp Road to the east (with the addition of the former Coles School property on the east side of Cedar Swamp Road). The adoption of the Step III BOA will allow the City of Glen Cove to move forward with recommendations that could include physical improvements to infrastructure including sidewalks, lighting and drainage as well as zoning amendments that will enable redevelopment consistent with the vision for the area. The Step III Implementation Strategy, Positive Declaration, and Draft Scope are available for review at the City Clerk's office located at 9 Glen Street,

Glen Cove, NY 11542 - Monday through Friday between the hours of 9:00 AM to 12:30 PM and 2:30 PM to 4:00 PM, or at the City's official website at: www.glencove-ny.gov/boastep-iii-implementation-strategy/
Please submit comments in care of
Ann Fangmann, AICP
Glen Cove CDA
9 Glen Street
Glen Cove, NY 11542
P: (516) 676-1625
F: (516) 759-8389
E : boafeedback@glencovecda.org

Written comments on the Draft Scope will be accepted until the close of business on Friday February 15, 2019. Written comments on the Draft BOA Step III document will continue to be accepted until the close of a comment period following the public hearing on the DGEIS. 106280

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LEGAL NOTICE
INVITATION FOR BIDDERS
PLEASE TAKE NOTICE that sealed bids will be received by the City of Glen Cove Purchasing Agent, City Hall, 9 Glen Street, Glen Cove, N.Y. 11542 until 10:30 a.m. on March 4, 2019 at which time they will be publicly opened and read aloud and the contract awarded as soon thereafter as practicable for:

IMPROVEMENTS TO THE BREWSTER STREET PARKING GARAGE LOCATED IN GLEN COVE, L.I., N.Y. CONTRACT NO. 2019-002
Bidding Documents may be obtained at the Office of the Purchasing Agent, City Hall, 9 Glen Street, Glen Cove, N.Y. 11542 upon non-refundable payment of \$30.00 in cash or certified check payable to City of Glen Cove for each set. Contract Documents will be available beginning January 25, 2019. Bidders are asked to please provide the Purchasing Agent with their business card when picking up the Bidding Documents. Each bid must be made on the proposal form prepared for this work and in the manner designated therein and be accompanied by a certified check or bid bond in an amount of no less than ten (10%) percent of the total bid, and shall be enclosed in a sealed envelope addressed to the Purchasing Agent of the City of Glen Cove and marked on the outside with the name and address of the bidder, and the words "Bid for IMPROVEMENTS TO THE BREWSTER STREET PARKING GARAGE LOCATED IN GLEN COVE, L.I., N.Y. - CONTRACT NO. 2019-002".
The Contractor will be required to complete the form of "Evidence of Successful Completion of Similar Projects" included in the proposal.
The successful bidder must comply with all State and Federal Statutes relating to labor and Workers' Compensation.
The City reserves the right to reject any and all bids received, to waive any informality in the bids received and to accept that bid which in its judgement best serves the interests of the City.
By:Yelena Quiles,
Purchasing Agent
City of Glen Cove, New York
106249

LEGAL NOTICE
PLEASE TAKE NOTICE THAT the Glen Cove City Council adopted the following resolution at the Glen Cove City Council Meeting of January 22, 2019:

BE IT RESOLVED, that the City Council hereby amend Glen Cove Golf fees, effective January 23, 2019, as indicated:

Cart Fees:

Permit Holders	Current Weekday	Amended Weekday	Current Weekend	Amended
Weekend				
18 Holes	\$31.00	\$32.00	\$35.00	\$36.00
9 Holes	\$21.00	\$22.00	\$23.00	\$24.00
Seniors 18 Holes	\$25.00	\$26.00	\$35.00	\$36.00
Seniors 9 Holes	\$15.00	\$16.00	\$23.00	\$24.00

REMOVE:

Outings:
Minimum 72 golfers (includes cart for two)
AM - \$55.00 Per Player*
PM - \$60.00 Per Player*

60-71 golfers (includes cart for two)
AM - \$57.50 Per Player*
PM - \$62.50 Per Player*

Less than 60 golfers (includes cart for two)
AM - \$60.00 Per Player*
PM - \$65.00 Per Player*

ADD:
All golf outings: \$60 per golfer

Twilight Golf:

	Current Tuesday - Friday	Amended Tuesday - Friday	Current Saturday/Sunday	Amended Saturday/Sunday
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OPINIONS

The state of New York state is sound. Let's keep it that way.

Gov. Andrew Cuomo's recent State of the State address was an impressive presentation of his accomplishments over the past eight years and his vision for the next four. He showed a command of detail and a masterful understanding of government that is a product of his distinguished years of public service.



**ALFONSE
D'AMATO**

I've known Cuomo since I supported his appointment as secretary of Housing and Urban Development in Washington when I served as a senator, and have watched him grow in stature and effectiveness through his years in Albany. I

believe that what has set him apart is his willingness to act clearly and decisively and without political favoritism. During his first two terms as governor, that meant working with a Republican-led State Senate that often represented a point of view different from his own.

Today that dynamic has dramatically shifted, and Cuomo now leads what has essentially become a one-party government. That may seem like an advantage, but it can make governing more challenging, because much of what he

has accomplished for New York has involved restraining rather than expanding the scope and cost of government. That's been key to strengthening New York's economic progress and its competitive viability.

In his address, Cuomo cited the strength of our state's economy. He pointed out that New York's 8.2 million jobs are a historic high, and its 3.9 percent unemployment a historic low. While the growing U.S. economy has contributed to this well-being, the governor's careful stewardship of New York has made a substantial contribution, too.

His 2 percent property tax cap has helped alleviate crushing property taxes that have the greatest impact on middle-class working people and retirees. His administration's careful management of the state's expensive Medicaid program has brought down excessive costs. His budgets' aid to local schools has been generous without breaking New York's fiscal back. And in the process, he has found significant dollars for upstate revitalization, community development and badly needed infrastructure projects, from replacing the Tappan Zee Bridge to rebuilding the aging LaGuardia and Kennedy airports.

All of this has been made possible by New York's strong economy, which has generated significant tax revenue. It is the goose that lays golden eggs. Cuomo proudly pointed to the state's fiscal soundness and high credit rating.

That's something that must be carefully protected during these good times. But if the Legislature orders the spending floodgates opened with irresponsible demands for unsustainable increases in the budget, these gains could evaporate in short order.

Right now, the state is on a trajectory for continued economic growth. Amazon's recent decision to build a headquarters in Long Island City will be a major financial boost to both the private and public sectors. Thousands of new workers will earn top salaries and pay big taxes. And if the financial markets continue to perform well, the state will benefit from large tax windfalls there as well.

But if the more radical voices in the State Legislature clamor for inordinately costly items like single-payer health insurance and other big-ticket expenditures, New York's good times could grind to a halt, especially if our already high income taxes are hiked further to help foot the bill. People and

businesses can and do vote with their feet, and other states are more than ready to siphon them away from New York.

What we'll need over the next few years is a carefully managed set of priorities. Cuomo is correct that at the top of that list is the rebuilding of the Metropolitan Transportation Authority's infrastructure. And his congestion-pricing proposal to help fund this needed spending is worth serious consideration. In addition, he and the Legislature should consider a modest increase in the state's gasoline tax, with the revenue dedicated to infrastructure projects across the state. In Washington we raised gas taxes in the 1980s and 1990s. The sky didn't fall, and roads, bridges and mass transit all benefited.

Over the next decade, New York is poised for continued fast-paced growth and progress. Our state has a highly educated work force well suited to the 21st-century economy. We're blessed with many advantages that other states can't easily match. Our governor has been an able steward of the Empire State's legacy. The state of the state is sound. Let's keep it that way.

Al D'Amato, a former U.S. senator from New York, is the founder of Park Strategies LLC, a public policy and business development firm. Comments about this column? ADAmato@liherald.com.

A modest proposal to trim America's fat

We don't need the KGB, ISIS terrorists or Chinese hackers to threaten our lives. No way. We Americans are doing a pretty good job of killing ourselves. According to a 30-year study published in *The Lancet* in 2017, we are eating and drinking ourselves to death at a disturbing rate. As time goes by,



**RANDI
KREISS**

people are getting fatter and sicker, and they are helping their children become diabetics and cardiac patients.

We Americans talk about fitness, we download dieting apps, join gyms and spend millions on low-fat foods. Yet our nation boasts

some seriously shocking statistics:

We have the highest proportion of overweight and obese people in the world. That includes some two-thirds of adults and one-third of children. Let that sink in. By gender, nearly 75 percent of men and 60 percent of women

are overweight or obese. There are more obese people living in America today — 78 million — than any other country in the world.

How did that happen?

Food has morphed from a staple of life, from eating to live to a form of entertainment. People happily identify as foodies, and many Americans spend a good part of their day eating. We have moved from three meals a day to full-time grazing, and some people pretty much eat all day.

The most recent absurdity in the world of food and entertainment is the advent of the dine-in movie theater. I went to my first upscale movie house recently. My observation? You take an increasingly obese population and you offer us yet another opportunity to eat, while sitting and watching a movie for a couple of hours. We can order whole meals, from drinks and appetizers to filet mignon. Worse, we can gorge on food while reclining in super-comfortable lounge chairs.

All I could think about was the insects that might be crawling around the darkened movie theater, sucking up the crumbs and food debris. The smells of other people's food were sickening.

Yet people seem to love the concept, and are flocking to the movies to kick back, relax, watch a flick and eat for two hours. The theater I went to also had a full bar. This translates to a movie night that costs upward of \$40 a person rather than \$8 to \$10.

The real cost? Rates of diabetes, cardiac disease and arthritis are soaring. Health care costs are out of control, and the ability of obese people to negotiate ordinary stairs, sit in regulation airplane seats and live healthy lives is diminished.

My suggestion is to put treadmills in movie theaters.

I'm not suggesting that we jog or run full speed; we could walk and watch a movie at the same time. Water would be available. No food. Well, maybe carrot and celery sticks, but no hot dogs,

grilled cheese or ice cream. Is this really such a crazy idea? Perhaps it's less crazy and more promising than serving high-fat meals to overweight people who can consume 2,000 calories while lying on their backs with their feet up.

Obesity is trending upward, and its increases are greatest in the world's richest countries, like the U.S. and Australia. We are, in fact, poisoning our children by feeding them high-fat foods, and at the same time feeding them hours and hours of sedentary screen time.

America has a lot on its plate at the moment, so to speak, from political misery to environmental crises to bona fide threats to our democracy. We don't need fries with that. We do need strength and endurance. We need to monitor what the schools are feeding our children. We need to take the empty calories off our plates, limit sugar intake, eat more vegetables and get up and out of the house.

When we do go out, we can walk or ride a bike or visit the gym. But until they install treadmills in multiplexes, I'd avoid the movies.

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The most recent absurdity in the world of food and entertainment: dine-in movies.

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HERALD EDITORIAL

State must do right by mental health patients

Society has long looked down on mental health patients, according to Andrew Malekoff, executive director of the Roslyn Heights-based North Shore Child & Family Guidance Center. So it has been all too easy for insurance companies to treat them as second-class citizens, often refusing reimbursements to care providers and hiking copayments for treatment.

Ailments of the mind have never been on a par with physical diseases, such as cancer or heart disease, Malekoff says. Rather, society stigmatizes mental health patients. Their issues, it is commonly believed, are of their own doing, not the result of variations in the brain's biochemistry or its neural network.

Malekoff recently met with the Herald's editorial board to discuss the complex insurance issues associated with mental health.

In particular, drug addicts are seen as less worthy by insurers. If users hadn't taken drugs in the first place, they never would have wound up in treatment, so they should just deal with it, the thinking goes.

All of us feel a deep sense of sympathy for a lung cancer patient, even if that patient spent a lifetime inhaling a pack of cigarettes a day. We can comprehend, if only on a basic level, the insidious mutations in lung structure that cancer causes. We understand the terrible, painful death that any cancer patient potentially faces.

But what of the schizophrenic stumbling aimlessly along a city street, talking gibberish? We move away, fearful. We don't understand this lost soul's tortured mind

— or how to help. We feel little or no sympathy, particularly given the mythology that such patients are a possible danger to society.

In rare instances, the mentally impaired do pose a physical threat. More often, they are victimized by bullies and vigilantes, beaten and chased out of town.

Mental health parity laws were supposed to make issues of the mind equal to those of the body, according to Malekoff. They haven't, however. In New York state, Timothy's Law, passed by the Legislature and signed into law by Gov. George Pataki in 2006, was supposed to ensure parity between treatments for mental and physical health. The law was named for a middle school student from upstate Schenectady who suffered from severe depression and a host of other mental health issues, and killed himself when he was just 12 years old. His family could no longer afford treatment after their insurance benefits had run out.

Timothy's Law took effect in 2007, and in 2009, the State Insurance Department reported that the law had significantly increased treatment for mental health patients. Lax enforcement, however, allowed the insurance companies to slip back into their old ways, according to a study released by the North Shore Child & Family Guidance Center last January, titled "Project Access."

2018 marked the 10th anniversary of the federal Mental Health Parity and Addiction Equity Act. It has never, however, brought true parity in New York and in states around the country, according to Malekoff.

In December, Gov. Andrew Cuomo signed the Mental Health and Substance Use Disorder Parity Report Act, which requires health insurance companies to report directly to the State Department of Financial Services and the commissioner of health on insurance payments for mental health patients. At the end of the year, Financial Services must prepare a report assessing the degree to which insurers are complying with mental health parity laws. The measure will take effect Sept. 1.

The annual report, according to Malekoff, will provide desperately needed accountability. Compiling a yearly report is one thing. Making sure that the insurance companies are actually complying not only with the reporting measure, but also with the mental health parity laws themselves, is another.

For starters, Financial Services will have to verify the information reported by the insurance companies to ensure its accuracy, Malekoff says. If state officials then find that the insurers are out of sync with the law, they will likely have to litigate to force compliance.

That's never an easy proposition. Lawsuits are costly, and insurance companies understand that state officials are often reluctant to litigate because of the expense, particularly in an era of state budget constraints. So our Assembly and Senate representatives will have to provide oversight of Financial Services and the health commissioner to ensure that they do their jobs.

Otherwise, mental health patients will remain as they long have been — in the shadows, ignored and hurting.

LETTERS

Pelosi is delusional

To The Editors:

Last week, after President Trump cancelled her taxpayer-funded trip to Brussels and Afghanistan, Nancy Pelosi complained that "Trump put my life at risk" by announcing her agenda.

Sorry, Nancy, but you are delusional. If anything, the Taliban and ISIS would probably be happy to have a parade in your honor! They would do anything to keep you safe.

Why? Democrats vote to curtail defense spending and slash money for the military. The U.S. military is the greatest enemy of ISIS and the Taliban in the world. The less money Democrats allocate for our military, the less damage the military can inflict on ISIS and the Taliban. Nancy, for all you know, you might be idolized in Afghanistan.

ROBERT KRALICK
Glen Head

**"We must live
together as
brothers or
perish together
as fools."**

— Martin Luther King, Jr.

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OPINIONS

In 2019, resolve to help save a life

Last year I learned of an extraordinary young boy from Long Island, Brandon VonBargen. Brandon, then a third-grader at Bayville School, was diagnosed in January with APML, a form of leukemia. This happy, caring 9-year-old required multiple transfusions of red blood cells, platelets and plasma during his initial phase of treatment. His family has attacked this illness with a positive attitude, and Brandon has demonstrated the will of a warrior. I couldn't have been happier to learn this week that Brandon, now a 10-year-old fourth-grader, is



NEELA LOCKEL

in remission.

Every day across Long Island, and across the country, people like Brandon rely on blood products for survival. More specifically, according to the National Cancer Institute, more than 15,000 children and adolescents in the U.S. are diagnosed with cancer each year. Childhood cancer patients may need blood products on a regular basis during chemotherapy, surgery or treatment for complications. Blood products can also help prevent life-threatening bleeding.

But the only source of blood and platelets for patients is volunteer donors. That's why any disruptions to donations can lead to an emergency need.

Unfortunately, as we often see at this time of year, we now find ourselves in the midst of such an emergency. A blood donation shortfall over the winter holidays has prompted the American Red Cross to issue an emergency call for blood platelet donors to give now to prevent a blood shortage from continuing throughout the winter.

Many people may not realize that blood products — which are needed every day for accident and burn victims, heart surgery and organ transplant patients, and those receiving treatment for leukemia, cancer or sickle cell disease — are perishable. When donations decline — as they did recently, and may do so further if winter weather becomes more severe and flu season worsens — lifesaving medical treatments could be delayed.

Nationally, the Red Cross collected more than 27,000 fewer blood and platelet donations during the weeks of Christmas and New Year's than needed to sustain a sufficient blood supply. During that period, about 1,350 fewer blood drives were hosted by volunteer sponsor groups than required to meet patient needs, as busy holiday schedules kept many donors away.

Right now, the Red Cross has less than a three-day supply of most blood types on hand, well below the ideal five-day



BRANDON VON BARGEN, 10, who was diagnosed last year with a form of leukemia, is now in remission, thanks in part to generous blood donors.

supply needed to respond to emergencies and daily hospital needs. Blood products are currently being distributed to hospitals faster than donations are coming in. As we proceed into a new year, we hope people can resolve to save lives now — when there is an emergency need — as well as throughout the year.

All eligible donors, especially platelet donors and blood donors with type O blood, are urged to make an appointment to give in the coming days to help restock the shelves for hospital patients. Type O negative is the universal blood type, and what emergency room personnel reach for when there is no time to determine the blood type of patients in

the most serious situations.

Eligible donors can find a blood or platelet donation opportunity on Long Island and across the region, and schedule an appointment to donate, by using the free Red Cross Blood Donor App, visiting RedCrossBlood.org or calling (800) RED CROSS (733-2767). Volunteer blood drive hosts are also critically needed to prevent the shortage from worsening this winter.

As Brandon's mother so poignantly told us, these blood donations "really do give people the chance to fight."

Neela Lockel is chief executive officer of American Red Cross on Long Island.

LETTERS

Don't blame the Democrats

To the Editor:

The letter "Taking a tax hit," (Jan. 17-23) that rants against liberal Democrats fails to point out the reason that there is a \$10,000 cap on state and local tax deductions going forward. The new tax laws that are now in effect did not have one Democratic member of Congress vote for them. So how exactly is this now the fault of the Democrats?

Take those responsible for drafting and passing this legislation to task, not those who voted against it. Perhaps with U.S. Rep. Tom Suozzi on the Ways and Means Committee, he can help facilitate change that will benefit, not harm, Long Islanders.

RABBI JANET B. LISS
Glen Cove

Proposed budget will hurt us

To the Editor:

When it comes to local governments and property taxes, the governor's pro-

posed budget fails to abide by its theme of "justice," as it would eliminate state aid for the vast majority of New York's smallest local governments. Every year, part of the state budget includes AIM (Aid and Incentives to Municipalities), but for 2020 the governor proposes cutting this funding. The need for it will not disappear; it will simply cause a shift that increases property taxes. This increase in property taxes within our local villages would be as follows: Sea Cliff +0.59 percent, Roslyn Harbor +0.45 percent and Old Brookville +0.48 percent.

If the goal this legislative session is to enact progressive tax reform, it will not be achieved by cutting local aid and removing municipalities' ability to follow through on the goal to reduce the regressive property tax burden. Our state legislators are called upon to fight to restore these cuts, preserve the essential municipal services funded by this aid and protect New Yorkers from state-induced increases in the regressive local property tax.

BRUCE KENNEDY
Sea Cliff Village Administrator

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