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Roni Chastain/Herald Gazette

## Taking steps for a cure

People from across Long Island kicked off National Childhood Cancer Awareness Month by taking part in the seventh annual Nicholas Pedone 5K on Sept. 1 at Glen Cove High. Story, Page 7.

# City tables pick for controller

## Worries grow over assembling 2020 budget

By **RONNY REYES**  
 rreyes@liherald.com

After the Glen Cove City Council interviewed Michael Piccirillo for the position of city controller on Aug. 20, to replace Sandra Clarson, who had been fired the week before, the council ultimately chose to table the vote in a 6-1 decision at its meeting on Aug. 27.

Councilwoman Marsha Silverman, who voted against the delay, said that the city needed to fill the position as soon as possible. “Controller is a critical role within the city,” Silverman said, “and needs to be occupied by an objective, qualified professional.”

Piccirillo was one of several candidates who have been interviewed for the job this year. Last

December, Tenke, a Democrat, sought to replace Clarson, who was hired by Republican former Mayor Reggie Spinello in 2016. After a leak from the controller’s office revealed that health care premiums had not been deducted from Tenke’s paychecks since he took office on Jan. 1, 2018, he renewed his call for Clarson to resign, and ultimately fired her

CONTINUED ON PAGE 4

# ‘Level the playing field’

## G.C. looks to regulate Airbnb

By **RONNY REYES**  
 rreyes@liherald.com

As Airbnb, the online service that helps homeowners rent rooms to travelers, expands on Long Island, the City of Glen Cove is hoping to regulate how it and other short-term lodging-rental businesses operate in the city. In June, City Councilwoman Marsha Silverman said she was concerned about the issue, and proposed passing legislation to limit how often homeowners could rent out rooms in a given year.

Silverman said that while the drafting of the legislation was left to City Attorney Charles McQuair, she had yet to hear an update on its progress until residents raised the issue at a City Council meeting on Aug. 27. There are about 10 Airbnb rental sites now operating in Glen Cove, and residents said that growth in the industry could negatively impact some neighborhoods in the city.

“This issue has been growing in Glen Cove,” Mayor Timothy Tenke said, “and we are looking to pass legislation on it.”

Silverman explained that because people tend to rent Airbnb rooms to vacationers, those visitors are not invested in the community and can bring noise, parking and trash problems to

otherwise peaceful neighborhoods. She said she also worried that if more Airbnb rentals were to spring up in Glen Cove, they would draw customers away from hotels and other lodging businesses in the city and on the North Shore. The fact that traditional businesses must have licenses and other certifications that Airbnbs don’t, Silverman said, puts an “unfair burden” on local lodging businesses.

**O**ur city code already doesn’t allow for commercial spaces in residential areas.

**NANCY HAWKINS**  
 Glen Cove resident

Bill Dougherty, the general manager of the Mansion at Glen Cove, said that if Airbnb lodgings are allowed in the city, they should have to meet the same standards as his hotel. Because Airbnbs don’t have to provide the same services as regular hotels or meet the same safety requirements, he added, they can offer lower prices that cost hotels customers and can impact the local economy. The Mansion employs residents of Glen Cove and Locust Valley.

“It’s awesome that the city is doing something about this, and the county should do the same,” Dougherty said. “They need to level the playing field and have Airbnbs follow the same rules as us.”

Concerns about Airbnb’s effects on a community’s economy and quality of life aren’t new

CONTINUED ON PAGE 15

# State weighs in on 'Taxin Tenke' political postcards

September 5, 2019 - GLEN COVE HERALD GAZETTE

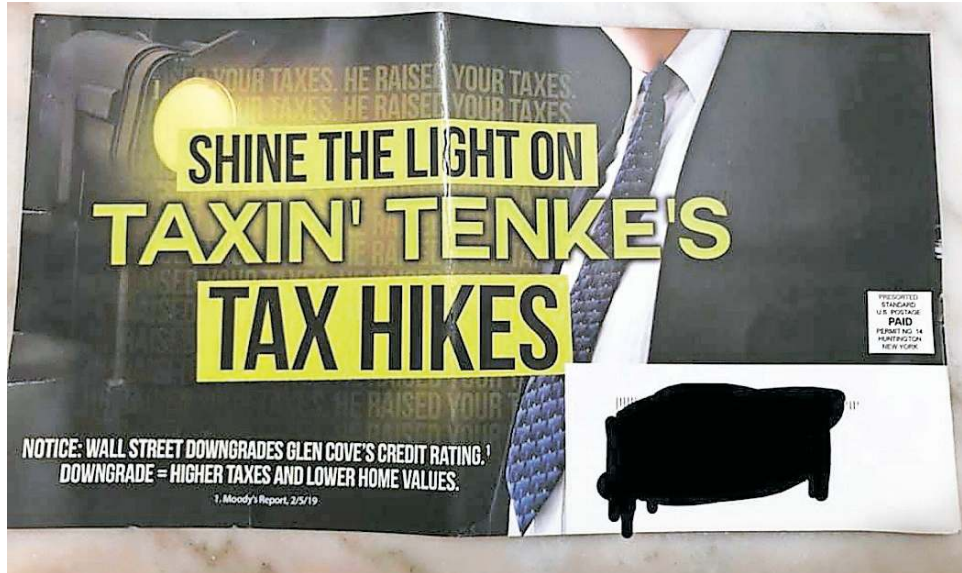
By **RONNY REYES**  
rreyes@liherald.com

Residents in Glen Cove began to receive political postcards in the mail on Aug. 19. Although the postcards seemed like the usual political ads during an election year, this one, which targeted Glen Cove City Mayor Timothy Tenke, made some residents uneasy because nowhere on the postcard did it read who paid for the ad. While some argued the validity of the claims on the postcard, which dubbed the mayor "Taxin Tenke," others wanted answers as to where the postcards originated.

During a City Council meeting on Aug. 27, Glen Cove resident Nancy Hawkins condemned the postcards. She said she believed they were actually in violation of New York State Board of Election law, which normally states that political ads such as those on the postcards come with a disclaimer on who paid for it and why.

"These are half truths, and, quite frankly, I consider it a cowardly act," Hawkins said. "I urge the City Council to find out why we have been served with this." Hawkins has filed a Freedom of Information Law request to find out who sent out the postcards.

John Conklin, a spokesperson for the State Board of Elections, said that while disclaimers would normally be necessary for radio and television-based political ads, such disclaimers are not required to



Nicholas Hoyo/Facebook

**RESIDENTS BEGAN RECEIVING** nameless political ads targeting Glen Cove Mayor Timothy Tenke on Aug. 19.

be included on printed materials unless they're done through an independent expenditure committee. According to the Federal Board of Elections, an independent expenditure committee is an official group of people who support or oppose candidates by funding communications through websites, newspapers, TV or direct mail ads that express the election or defeat of a clearly identified candidate and is not made in consultation or cooperation with, or at the request or suggestion

of a candidate, committee or party.

If the postcards were sent through an independent expenditure committee, the committee would have had to submit their request to the State BOE and gain approval to mail the postcards as they appeared. Even if the sender were not part of an independent expenditure committee, if they are affiliated with a campaign committee, they would have to submit a copy of all campaign materials, including postcards, to the State BOE

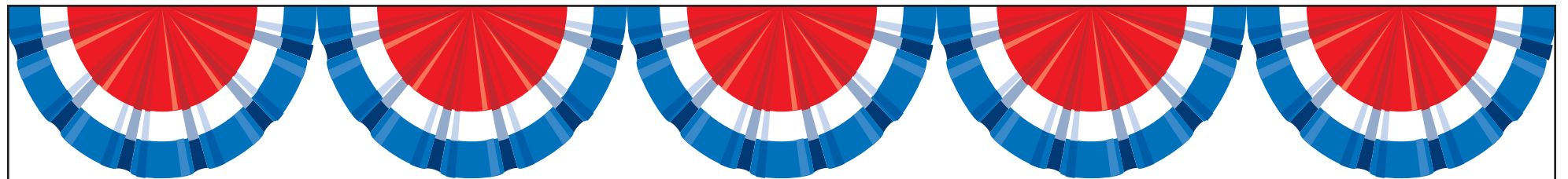


Ronny Reyes/ Herald Gazette

**NANCY HAWKINS EXPRESSED** her concerns over the postcards during a City Council meeting on Aug. 27.

after the election.

Although the postcards may be legal in their current form, residents feared a wave of no-name ads would begin to hit the City of Glen Cove similar to the post cards that were sent out during the school district's bond vote last March, where the bond was ultimately voted down. The City Council made no statement as to whether or not they would look into the postcards. Tenke did not reply to the Herald Gazette's request for comment.



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# Glen Cove City students head back to school

By **RONNY REYES**

rreyes@liherald.com

Kids and parents from all over Glen Cove made their journeys back to school during the first day of the 2019-2020 school year on Sep. 3. While the students made their bittersweet return to classes, they might also find changes coming to the Landing, Gribbin, Deasy and Connolly Elementary Schools, as well as at R. M. Finley Middle School and Glen Cove High School as the Glen Cove School District preps itself for another chance at passing an estimated \$76 million bond.

The bond, which failed to pass back in March, hopes to bring major renovations to the Glen Cove School District. It would help address overcrowding at Deasy and Connolly, relocate two classrooms that are in the basement at Landing and bring elevators in Landing and Gribbin up to compliance with the American with Disabilities Act. It would also provide finances for security and classroom upgrades.

"The needs we have identified will not go away," District Superintendent Maria Rianna told parents in a video on the school's website. "They will only worsen over time and will cost more to address if [they are] not taken care of now."

Residents will vote on the bond, split between two propositions, on Oct. 22. Board of Education President Gail Nedbor-Gross said that residents would be



**GLEN COVE SCHOOL** District Superintendent Maria Rianna greeted Julianne Klein who received a goodbye hug from her mother, Erica.

getting more information on the bond through the mail and will be invited to a bond forum and tour of the schools in the coming weeks.



**DEASY ELEMENTARY SCHOOL** student Anthony Dahne was excited to return to class as Anthony McDonald opened the door to greet him.



**CROSSING GUARD MIKE** McCaulley escorted Sandra Roldan, left, and her daughter, Leslie to school.

## Lavine hosts blood drive

By **RONNY REYES**

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About 60 people gathered at the Glen Cove firehouse to donate blood on Aug. 27. The blood drive, put together by State Assemblyman Charles Lavine with the help of Glen Cove Volunteer Firefighter Pete Prudente, ran successfully and exceeded its goal of getting 50 donors to give blood. Representatives from the New York Blood Center were also present at the blood drive.

New York has seen a dip in red blood cell donations over the past four years, according to the NYBC. Donations went from more than 270,000 in 2015 to about 185,000 in 2019, marking a 31 percent drop in donations. The data from the NYBC revealed that summer months often had the worst donor turn out, especially in the days leading up to the Memorial Day, Fourth of July, and Labor Day weekends. During these months, the NYBC usually announces a blood emergency, which indicates that blood supplies have dropped below a seven-to-nine day supply, especially for the O negative and B negative blood types.

The NYBC urged companies, community groups and individuals to host a blood drive throughout the

summer to rebuild the state's blood stock supply. While donated platelets can last for five days, red blood cells can last for 42 days, and plasma can be frozen for up to a year. In order to maintain a safe blood supply, a seven-day inventory needs to be continually replenished. During the summer, those reserves are below that minimum. Donations can also begin to drop as early as spring.

You can donate blood if you are in good health, are at least 17-years-old or at least 16 with written consent from a parent or legal guardian and weigh at least 110 pounds. Donors over the age of 76 must have a letter from a physician. All donated blood is tested for blood type, hepatitis, HIV, syphilis and other transmissible diseases. Blood can also be separated into various components, including red cells, platelets and plasma in order to help several people.

Those who donated to the blood drive also received free tickets to see the New York Mets.

"Assembly Lavine thanks everyone who came out, and we hope we can host another blood drive like this one sometime next year," said Giovanni Ortiz, the communications director for Lavine's office.



**STATE ASSEMBLYMAN CHARLES** Lavine donated blood during his blood drive on Aug. 27.

Courtesy Assemblyman Charles Lavine

# County Supreme Court to settle controller case

CONTINUED FROM FRONT PAGE

on Aug. 16.

Tenke said he had lost confidence in Clarson to do her job, because it is the controller's responsibility to make deductions from employee paychecks, but Clarson said the fault lay with the city's Human Resources Department. Clarson has filed a petition to the Nassau County Supreme Court to be reinstated. According to the city charter, the controller can be terminated only after a replacement has been found.

The court met for oral arguments on Aug. 28 and again on Tuesday.

At its Aug. 27 meeting, the City Council voted unanimously to approve hiring a special counsel for Tenke, at a rate not to exceed \$195 per hour. City Attorney Charles McQuair, who is representing the City Council in the case, said it was not uncommon for someone in Tenke's position to hire a special counsel, as when a board of directors is not in agreement with its chief executive officer. Councilman Kevin Maccarone said that it was the right move to allow the mayor a special counsel, and that he felt confident that the court would reinstate Clarson in the coming days.

"This issue is going to be resolved quickly," Maccarone said. "As a lawyer myself, I've done my research, and [Tenke] doesn't have the legal authority to fire the controller."

Tenke declined to comment, saying that he would not discuss pending litigation.

Maccarone explained that Clarson needed to return as controller to prepare the upcoming budget, which is due by the end of the month. While he thought Piccirillo — the first candidate the City Council had interviewed in over three months — was an impressive candidate, Maccarone said, he concluded that Piccirillo did not have the experience to assemble the spending plan in three weeks. Maccarone added that all the candidates so far had been Democrats, like Tenke.

"He was able to replace the Department of Public Works and information technology directors," Maccarone said. "That's fair game. We voted on it. But there needs to be a compromise . . . and



Ronny Reyes/Herald Gazette

**FORMER GLEN COVE** City Councilman Ron Watson asked Mayor Timothy Tenke to reinstate Sandra Clarson as controller at a City Council meeting on Aug. 27.

[Clarson] has been great."

Like Maccarone, former City Councilman Ron Watson said that the council should be focusing on the city budget. He urged Tenke to reinstate Clarson for the time being to help get an accurate budget done on time. Watson was a member of the City Council that appointed her. "If you wait until the election, you might find a more favorable council, and you can assign your own controller then," Watson said. "After the election, you might still be mayor, you might not, but the budget will still be here and needs to get done."

The City Council also voted 6-1 on Aug. 27 to allow Deputy Mayor Maureen Basdavanos to temporarily certify payroll and certain budget transfers as the city continues to operate without a controller. Maccarone, who cast the only vote against the measure, said he didn't know whether such action was legal. Tenke said that the council did have the authority to take it. Clarson previously told the Herald Gazette that she didn't believe Basdavanos was equipped to handle the position.

The Nassau County Supreme Court was scheduled to continue hearing oral arguments on Friday.

## CRIME WATCH

### Arrests

■ A male, 73, of Glen Cove, was arrested on Aug. 25, on Landing Road, for ability impaired by drugs.

■ A male, 30, of Glen Cove, was arrested on Aug. 26, on for aggravated unlicensed operation of a vehicle, circumvent interlock operation without device and operation of a moving vehicle by an unlicensed driver.

■ A male, 20, of Bayville, was arrested on Aug. 26, on Bridge Street, for criminal mischief and disorderly conduct.

■ A male, 25, of Glen Cove, was arrested on Aug. 26, on Stephen Oval, for criminal possession of a controlled substance.

■ A male, 27, of Glen Cove, was arrested on Aug. 27, on Glen Street, for DUI, criminal possession of a controlled substance, operation of a moving vehicle by an unlicensed driver and a vehicle traffic law equipment violation.

■ A male, 30, of Rego Park, was arrested on Aug. 30, on Glen Cove Avenue, for five counts of criminal possession of a controlled substance, aggravated unlicensed operation of a vehicle and equipment violation.

■ A male, 36, of Glen Cove, was arrested on Aug. 30, for two counts of criminal sale of a controlled substance, two counts of criminal possession of a controlled substance, criminal sale of marijuana, assault, reckless driving and unlawful fleeing of a police officer.

*People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.*

## Man arrested for vehicular manslaughter

A Locust Valley man was charged with vehicular manslaughter incident that occurred on Sept. 1, in Glen Cove.

Detectives said that an ambulance was heading south on Walnut Road, with its lights and sirens on as it was transporting a male patient with breathing problems. A 1997 Cadillac STS, operated by Alvaro Gutierrez-Garcia, 27, of Locust Valley, struck the ambulance at Walnut Road and Forest Avenue, overturning the ambulance at the road. Glen Cove City Police, Nassau County Police and multiple ambulances responded to the scene.

The ambulance driver, an emergency medical technician and a male patient were all transported to a nearby hospital. While the driver and EMT were treated for minor injuries, the patient, Denis Motherway, 85, of Bayville, was pronounced dead by hospital physicians on Sept. 2.

Gutierrez-Garcia was charged with vehicular manslaughter, two counts of driving while intoxicated and one count of aggravated DWI. He was arraigned at the Nassau County First District Court, in Hempstead, on Sept. 3.



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## THE WEEK AHEAD

### Nearby things to do this week



#### Colonial Day celebration at Raynham Hall

Raynham Hall Museum will host a historical re-enactment by The Huntington Militia on Sept. 8 from noon until 4 p.m. It will present a colonial encampment and offer demonstrations of colonial life skills. This event is free and open to the public and includes admission to the museum at 20 West Main St., Oyster Bay. (516) 922-6808.

#### 9/11 remembrance ceremony

The City of Glen Cove will host a memorial ceremony remembering those who lost their lives during the 9/11 attacks in 2001 on Sept. 11 at 6:30 p.m. The program will take pause to remember those who tragically lost their lives on that fateful day, recognize the heroic acts of early responders and everyday people and remind the Glen Cove community of how it came together to support its own. The ceremony will take place at Pratt Park at the intersection of Pratt Boulevard and Glen Cove Avenue. (516) 676-2000.



#### Barefoot & Black Tie Beach Party

Join the Crescent Beach Club for its second annual Gift of Life International Barefoot & Black Tie Beach Party on Sept. 10. Enjoy cocktails, food and dancin at 6 p.m. at 333 Bayville Ave. (516) 628-3000.

#### Gala Annual Music Party

The acclaimed American Chamber Ensemble kicks off their fall season with their annual gala concert at Hofstra University's Joan and Donald Axinn Library, on Sunday, Sept. 8, at 3 p.m. Guest soprano Karen Lehman DiMartino will join ACE Director, pianist Marilyn Lehman, along with pianist and founding Director Blanche Abram, and more. Info: (516) 586-3433 or [www.americanchamberensemble.com](http://www.americanchamberensemble.com).



#### Jazzin' it up

Planting Fields' Coe Hall welcomes Hot Club of Flatbush, on Friday, Sept. 6, from 7 to 9 p.m. Inspired by the American hot jazz and Parisian acoustic jazz bands of the 1920s and 1940s, the ensemble draws from the spirit of several legendary artists. Guitarist Jayson Goodner, violinist Ben Swan and vocalist Gretchen Vitamvas will perform in the historic cloister garden. Info: (516) 922-8600 or [www.plantingfields.org](http://www.plantingfields.org).



Courtesy Office of County Legislator Delia DeRiggi-Whitton

**GLEN COVE YOUTH** Bureau Director Spiro Tsirkas showed the computer lab to Nassau County Legislator Delia DeRiggi-Whitton and City Mayor Timothy Tenke.

## DeRiggi-Whitton secures \$20k for Youth Bureau

Nassau County Legislator Delia DeRiggi-Whitton, of Glen Cove, secured nearly \$20,000 in capital funding to help upgrade the Glen Cove Youth Bureau's computer lab. The funding was gained through the count's Community Revitalization program.

"Glen Cove's Youth Bureau does amazing work that ensures young people from our community have the opportunity to excel," DeRiggi-Whitton said. "By investing in the Youth Bureau's computer lab, we are helping this crucial agency succeed in a technology-driven world. I am pleased to support this effort and thank my colleagues for their support."

Youth Bureau Executive Director Spiro Tsirkas was ecstatic when he learned about the incoming funds. The money would be spent on not only upgrading the computers available in the

lab, but the Bureau also plans to purchase additional iPads for students to use. Tsirkas said that because of the limited amount of tablets currently available at the Youth Bureau, students could be left waiting for an iPad to become available.

"This reduces the waiting time and helps students in our after school programs," Tsirkas said. "The upgrades and equipment at the computer lab will really help the kids with their homework and schoolwork."

Along with the after school program at their office on Glen Street, the Youth Bureau also hosts the "Glen Cove After 3" program, which provides after school help to students at the Glen Cove schools. Tsirkas hopes to have the new equipment and upgrades ready for students by mid-October.

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# HERALD SPORTS

## Revamped Molloy eager for fresh start

By **TONY BELLISSIMO**

tbellissimo@liherald.com

An influx of talented and experienced transfers will look to help Molloy's men's soccer program get back on a successful path following a rough 2018 that produced just two wins in 17 games.

"Everything just snowballed out of control and we were unable to dig ourselves out of a hole," coach Danny Longo said. "We've added some big pieces in key areas and we're looking for a quick turnaround. We just have to stay healthy and get everyone on the same page and jelling."

The Lions enter the new season on an 11-game slide, including nine straight defeats against East Coast Conference rivals. The return to health of standout senior midfielder Carlos Bonilla, and proven newcomers in the midfield and defensive zone, has Longo feeling optimistic.

"I've never coached as dominant a center-midfielder like Carlos," Longo said of Bonilla, who suffered a broken wrist four games into last season and never returned. "He's the best player in the region in my opinion," he added. "He dictates everything we do in transition."

Midfielder Oscan Magnusson, a junior, stepped up as Molloy's most consistent performer in 2018, Longo said. "He plays with a lot of finesse and can be elusive," Longo said.

A year after being held to 17 goals, the Lions are counting on newcomer Kenny Garcia to take the offense to another level. An attacking middle, he scored 16 goals for St. Joseph's last season. "We recruited him to score goals," said Longo, who also brought in Eli Whyte to bolster the position. Angelo Bordenca is a four-year member of the club with 27 starts under his belt.

Senior wings Paul Morales and Anthony Cestaro scored four and three goals, respectively, to lead the Lions in scoring and Longo is hoping for more production with them seeing fewer double-teams with the added firepower around them.

Defensively, Longo is pumped about the additions of grad student Nick Bigilin, who had D-1 stints at Kentucky and Hofstra, sophomore Orlando Zambrano, and freshman Danny Muir. Senior Matt Miller moved from the midfield to central defender prior to last season, while sophomore



**SENIOR MATT MILLER** is a key piece to Molloy's defensive unit.

Bryan Argueta aims to rebound from an injury plagued debut campaign.

Redshirt freshman Dennis Mejia tops the depth chart at goalkeeper. He's joined by true freshmen Sergio Peralta and Silvestre Macias.

The Lions play their first five on the road before hosting New York Tech in the ECC opener Sept. 28.

### Lady Lions bring high expectations

Molloy women's soccer head coach Steve Price returns the majority of last year's roster, including the top four goal scorers and arguably the No. 1 goalkeeper in the ECC.

The Lady Lions, who finished 6-9-2 overall (3-5-1 ECC) in 2018, face a "very difficult schedule," Price noted, but have their sights set on a top four conference finish and tournament berth. "We're getting a lot more athletic all over the field," he said.

Junior striker Dana Poetzsch, who has 23 goals in two seasons, has been flying in practice, Price said, and enters the new campaign with a better understanding of how opponents will plan to defend her. Newcomers Kelsie Moinzadeh and Brenna Glover are expected to bolster an offense that also returns senior Amy D'Eloia and



Photos courtesy of Molloy College Athletics

**MOLLOY JUNIOR GOALKEEPER** Jackie Carty has 11 career shutouts and ranked second in the ECC in save percentage in 2018.

sophomores Joanna Graca and Lexi Verni, who combined for 10 goals.

Graca and Verni may also see action in the midfield, where senior Angela Caredu and junior Lauren Marinello bring a great deal of experience. Freshman Eleni Sofroniou appears to be in line for major minutes, while junior Jessica Mauro and sophomore Annie Coogan will also contribute.

On the back end, junior keeper Jackie Carty has 11 career shutouts and comes off a strong campaign that saw her post an

.828 save percentage (second in ECC) and 1.30 goals against average. "She has great hands and explodes to the ball," Price said.

The defense in front of Carty is relatively young, but talented, Price said. Grad student Daria Castrogivanni will set the tone and sophomore Sabrina Bell is also a returning starter.

The Lady Lions face stiff tests out of the gate with non-conference visits from Stonehill (Friday at 7 p.m.) and Bentley (Sunday at 2 p.m.) The ECC opener is Sept. 21 at home versus Lincoln (Pa.) at noon.

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# HERALD NEIGHBORS



Photos by Roni Chastain/Herald Gazette

**KIDS GATHERED AT** Glen Cove High School to join in on the seventh annual Nicholas Pedone 5K run and walk on Sep. 1.

## Glen Cove runs for cancer awareness



**SABRINA'S SQUAD, ONE** of the teams participating in the 5k, readied themselves to run for Sabrina, being lifted, who has cancer.

**JOSEPHINE AND NICK** Pedone organized the walk in memory of their son, Nicholas, who died of cancer at age 7.

**KRISTEN NAZIANZENO CAME** in third place in her age group.

**CANCER SURVIVORS CARTER** Suozzi and Michael Zangari helped sign in runners.



**R**unners and their supporters gathered at Glen Cove High School for the seventh annual Nicholas Pedone 5K run and walk on Sept. 1. The fundraiser, which has raised more than \$250,000 since its inception, promotes awareness of childhood cancer. The event was named after Nicholas Pedone, who died of cancer in 2013, at age 7.

Since Nicholas's death, his family have turned their grief into a positive force for good as hundreds join them every year for the 5K. During the event, the Nicholas Pedone Foundation give out "smile paks" to kids filled with goodies and toys. This year, there was a \$1,000 cash prize to the winners of the men's, women's and wheelchair races. There was also a Kid's Fun Run held to give kids a chance to join the event.

The money raised at the event will go to benefiting local pediatric oncology centers.



# COMMUNITY CALENDAR

## Thursday, September 5

### That 70's Band at The Pool

Glen Cove Mansion, 200 Dosoris Lane, Glen Cove, 6 p.m. Dine, drink and dance with That 70's Band with tunes that bring listeners back to the hayday of rock and roll, funk and disco. There will be a \$28 lobster roll special and seating depends on the amount spent on beverages. (516) 674-2955.

## Friday, September 6

### Finger paint fun

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 10:30 a.m. Preschoolers ages 2 through 5 will enjoy finger painting a picture and an apron. Participants should dress to mess. (516) 676-2130.

## Saturday, September 7

### Sea Cliff outdoor market

St. Luke's Episcopal Church courtyard, 253 Glen Ave., Sea Cliff, 9 a.m. Shop from a selection of locally grown vegetables, fresh eggs, flowers, baked goods, local honey, plant-based prepared meals and snacks, jams, soaps and more. Weekly guest artists and craft vendors will also be on site. Ongoing every Saturday through Oct. 26. (516) 318-5487.

### SAT/ACT practice test

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 1:30 p.m. High schoolers can take a combined practice test for the SAT and ACT. Attendees should bring their own calculator. (516) 676-2130.

## Sunday, September 8

### Celebrating religious unity

Brookville Reformed Church, 2 Brookville Road, Glen Head, 10 a.m. All are welcome to a Multifaith Worship Celebration where clergy of different religious backgrounds will teach from each other's holy scriptures. Enjoy music from both Christian and Jewish backgrounds as well as Muslim prayers. A time of food and fellowship will follow the service. (516) 626-0414.

## Monday, September 9

### Fun with knitting

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 9 a.m. Improve or learn knitting for the first time with the Glen Cove Woman's Club Knitting Group. The Knitting Group is seeking new members of all ages and skill levels to join their informal group. Many of the items created during these meetings are donated to charity. Registration is required. (516) 676-2130.

### Tai Chi relaxation

Gold Coast Library, 50 Railroad Ave., Glen Head, 11 a.m. Join Linda Cafiero as she teaches the basics of Tai Chi. Although Tai Chi serves as a martial art, it can also help improve balance, reduce pain and improve overall quality of life. (516) 759-8300.

### Furniture restyling workshop

Locust Valley Library, 170 Buckram Road, Locust Valley, 7 p.m. Join Carolyn

Photo courtesy Steve Lohrius

## Sea Cliff's 100th Anniversary "Welcome Home" Celebration

The Village of Sea Cliff will be celebrating the 100th anniversary of the "Welcome Home Celebration," which honored the 169 returning World War I veterans and eight of their fallen comrades. All residents and friends are invited to join in a parade, picnic and concert at Clifton Park on Sept. 7. The parade will begin at 3 p.m. at the intersection of Prospect and Sea Cliff avenues with all residents invited to Clifton Park, where a gala picnic will be followed by a concert with the North Winds Symphonic Band and the Sea Cliff Rock Jam Band, which will end at 7:30 p.m. (516) 671-0080.

DeCatri, designer and craftswoman, for an introductory furniture painting workshop. This is a hands-on class on how to properly prepare, paint and wax wood sample pieces using high quality chalk paint and wax. (516) 671-1837.

### A natural way to calm allergies

Oyster Bay-East Norwich Library, 89 East Main St., Oyster Bay, 7 p.m. Dr. Elisa de Junco from East Norwich Optics, will share some very interesting ways to help calm seasonal allergies with natural remedies. Informational fliers provided for people to take home. There will be an opportunity to sample some of the local honey. In addition, Francine Cosenza, a Beauty Counter manager, will also be there with information about natural ingredients in personal care products. (516) 922-6453

## Tuesday, September 10

### Online job applications

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 10:30 a.m. Spanish-speakers are welcomed to learn how to apply for jobs online. The course is in Spanish and will focus on building resumes, cover letters and preparing applicants for job interviews. (516) 676-2130.

### Free senior IDs

Locust Valley Library, 170 Buckram Road, Locust Valley, 12 p.m. Town Supervisor Joseph Saladino and the Town

Board are partnering with the Town of Oyster Bay Department of Community and Youth Services to issue free wallet-sized ID cards to any senior living within the Town of Oyster Bay. Seniors must show proof of residency and must be

over the age of 60 to obtain an ID Card. No registration required. (516) 671-1837.

**Nuclear propulsion with the U.S. Navy**  
Oyster Bay-East Norwich Library, 89 East



Courtesy Flickr

## A Run Through History

This 5K Run will take place on Sept. 8 at 8 a.m. in Theodore Roosevelt Memorial Park. Take a run through history to change our future by supporting PeerPals.org and its mission of inclusion for children with disabilities. Teddy Roosevelt will be there to start the race and take pictures at the finish line and t-shirts for the first 100 participants. Registration closes at 7:45 a.m. Adults are \$30, those 16 and younger are \$20. The park is located at 25 West End Ave., Oyster Bay. (516) 624-6202.

Main St., Oyster Bay, 7 p.m.

Representatives from the U.S. Navy will be presenting a lecture on nuclear propulsion. The key points they will be presenting will be the history behind nuclear programs in the Navy, types of platforms and the purpose of the program. They will briefly touch on program requirements for anyone interested in pursuing a career followed by Q&A. Questions will be open to the program or their personal experiences working on-board submarines. (516) 922-6453.

## Wednesday, September 11

### Mommy and me yoga

Gold Coast Library, 50 Railroad Ave., Glen Head, 10 a.m. Moms and dads can practice yoga with their children individually and collectively. The exercise uses breathing and yoga postures to bring a state of relaxation to both parent and child. Recommended for kids ages 3 to 5. (516) 759-8300.

### Super Soccer Stars ages 3 through 5

Oyster Bay-East Norwich Library, 89 East Main St., Oyster Bay, 10:30 a.m. At Super Soccer Stars, children learn soccer skills in a fun, non-competitive, educational environment. The philosophy is to use soccer to nurture and build self-confidence. The specially designed classes use positive reinforcement to ensure that each child learns at their own rate while having endless fun. (516) 922-6453.

## Thursday, September 12

### Healthy living for your brain and body

Gold Coast Library, 50 Railroad Ave., Glen Head, 2 p.m. At any age, there are lifestyle habits people can adopt to maintain or even potentially improve overall health. These habits may also help to keep our brains healthy as people age and possibly delay the onset of cognitive decline. (516) 759-8300.

### LIBN 30 Under 30 Awards ceremony

Crescent Beach Club, 333 Bayville Ave., Bayville, 6 p.m. The Long Island Business News 30 Under 30 Awards honor the bright and dynamic young professionals under the age of 30, who contribute to the Long Island community through public service and who have made significant strides in business. (516) 628-3000.

### The secrets of New York City

Bayville Free Library, 34 School St., Bayville, 7 p.m. Through stories, photographs, and maps, local author Michael Hartnett will reveal the hidden world of the city right at our doorstep. He will take the audience through an urban history that has layered one extraordinary secret over another. In the course of his discussion, he will offer advice on how to get more out of the many wonders and neighborhoods of the city. (516) 628-2765.

## HAVING AN EVENT?

Submissions can be emailed to llane@liherald.com.



## NEIGHBORS IN THE NEWS



Courtesy North Shore Kiwanis Club

**KIWANIS AND KEY** Club advisor Julia Salat, left, honored Elias Mastakouris and Jack Stalzer alongside Kiwanis president Cesar Sosa.

## North Shore Kiwanis Club welcome back past scholarship recipients

The North Shore Kiwanis Club proudly hosts four scholarships annually to deserving graduating seniors at North Shore High School. This year's honorees are Elias Mastakouris and Jack Stalzer, recipients of the \$4,000 Jim Hebron Scholarship. Both young men are returning to the Kiwanis Club to review their college experiences with the club. Mastakouris, returning for the third time and is in his last year at Yale,

related his world-wide travels and his hopes and aspirations for the future. Stalzer is in his second year at Fairfield, a private Jesuit University in Connecticut. He is a very confident sophomore who has become a Eucharistic Minister and is majoring in economics. Both young men are alumni of the North Shore Key Club sponsored by the Kiwanis Club.

## Nobel Savage Brewing thrives in G.C.

Dozens of Glen Cove residents gathered at the new Noble Savage Brewing Company to celebrate its successful launch on Aug. 16. Frank Bilello, the owner of the company, also received \$75,000 from PSEG Long Island and National Grid as part of their respective revitalization grant programs for improving Glen Cove's business district.

He also received an additional \$600 rebate from PSEG for installing energy efficient lighting.

"Noble Savage Brewing Company is thrilled to be a part of the revitalization of downtown Glen Cove," said Bilello. "We hope our presence brings the community together and enhances the local culture."

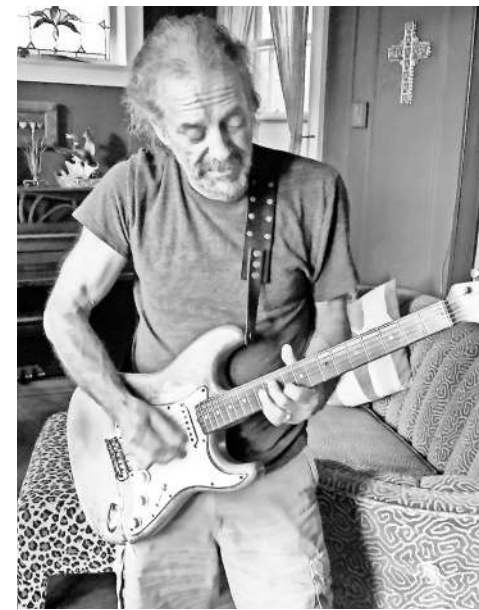


Ryan Hedlund/Herald Gazette

**FRANK BILELLO CUT** the ribbon during the opening ceremony of his business, Nobel Savage Brewing Company, on Aug. 16.



Courtesy Andy Aledort



Mike Conn/Herald Gazette

**AFTER JAMMING IN 1989**, Stevie Ray Vaughan, left, gave one of his guitars to Andy Aledort, who still treasures it today.

## Guitar legend inspires book

By **MIKE CONN**

mconn@liherald.com

Andy Aledort's Sea Cliff home pays homage to mid-20th century pop culture. There's a giant poster of the 1932 film iteration of "Scarface," and he and his wife, Tracey, named their dog Manix after the eponymous android secret agent in Alan Grant and John Wagner's comic strip serial from the 1980s. There's also a bookcase stuffed with rock 'n' roll books and memorabilia, as well as an acoustic guitar hung on one wall and a red electric guitar resting on the couch, waiting to be played.

Farther back in the house, there's a guitar that means the world to Aledort — an old orange and white Stratocaster. It's special, he said, because it belonged to Stevie Ray Vaughan, one of the greatest guitarists of all time and a personal idol of Aledort.

Vaughan was the focus of the book "Texas Flood: The Inside Story of Stevie Ray Vaughan," written by Aledort and his friend, Alan Paul. After three years and more than 400 interviews, the two published the book earlier this year and will be signing copies of it and performing some of Vaughan's music at Still Partners in Sea Cliff on Sept. 7.

Aledort said he hopes readers will realize that Vaughan was more than a musician. He was a person who overcame serious drug addiction, using his triumph over adversity to inspire others.

"To me, the story of Stevie Ray Vaughan really is about the strength of the human spirit of overcoming adversity," Aledort said, "and giving yourself the opportunity to become the best version of yourself that you can become, which is something that every single person can relate to."

Paul also said that Vaughan's journey through recovery is the most important message in the book. His addiction was so heavy and his sobriety so complete that he is often talked about at Alcoholics Anonymous meetings as an inspiration.

"He didn't just look at it as a way to quit his habits," said Paul, "but to change who he was and become a different person and reach out to others who needed

help."

"That's the way we should live," he added. "To help others."

Born in Little Neck, Queens, in 1956, Aledort has loved music for most of his 63 years. His mother was a singer with a record collection that spanned many genres. When she was pregnant with him, she bought a guitar that Aledort still owns today. He started to play guitar when he was 11, inspired by Beatlemania in the mid-1960s, although art was his first love. After graduating high school a year early, he attended the University of Hartford for a semester before realizing that he "hated it there." Aledort instead enrolled in the School of Visual Arts in Manhattan, earning a Bachelor of Fine Arts.

While in college, he formed a band called Lexis, his first somewhat professional music gig. After graduation, he continued playing guitar while also painting houses and teaching guitar. His career took a leap forward in 1984 when he became interested in a new magazine called "Guitar for the Practicing Musician." It was the first in the United States to provide not only written music, but also guitar tablature, telling guitar students which frets to place their fingers on, making it easy for people who cannot read music to learn songs.

Aledort sent a tablature transcription of a song to the magazine's editors. Shortly after, he received a response, saying it was the best transcription that they had seen, and by the end of 1984, he was the magazine's music editor. This was his first foray into music writing.

In 1986, Aledort was assigned to interview Vaughan after a Dec. 2 show at the Hudson Civic Center in Poughkeepsie. Aledort brought his guitar, and after the show, he jammed with Vaughan backstage, eventually interviewing him. He described the guitar legend as "the nicest guy" and met him five more times before Vaughan was killed in a helicopter crash on Aug. 27, 1990.

Nearly 30 years have passed since Vaughn's death, but Aledort said the gui-

CONTINUED ON PAGE 10

## HEALTH MEMO

## Acupuncture is a great last resort But, why wait?

**H**ave you ever felt stuck with a health issue? Chronic migraines, neck pain, sciatica, stress, digestion issues, anxiety or insomnia? Does that issue get in the way of truly feeling like you are living well?

There is a common thread I hear often from patients who walk through my doors — they have a health issue and they have tried EVERYTHING already to remedy it — acupuncture is their last resort. I always welcome these patients in and say, “great, acupuncture is a fantastic last resort!”

As a medicine that has been around for thousands of years, it has had time to observe and respond to a variety of illnesses and states of disease. It addresses symptoms, strengthens your constitution, and helps pre-



**Madeline Mindich**  
Family Acupuncturist (L.Ac.)

vents further issues. One reason acupuncture is a great medicine is that it can treat the “root and the branch,” or the symptoms and the underlying cause at the same time. It can help alleviate pain and prevent future pain, balance erratic hormones and stimulate the body to do this itself in the future.

Acupuncture is particularly good for people who are feeling stuck because it gets every system of the body moving. It is when things in our body stop moving that we run into problems, and we don’t always seek help until something is really wrong. So, whether you currently

have an issue and are searching for a last resort, or you’re feeling good and want to keep it that way, acupuncture is a great medicine to try!



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# Stevie Ray Vaughan’s recovery path inspires

CONTINUED FROM PAGE 9

tarist’s influence on his life has never wavered, leading him and fellow “Guitar World” magazine writer, Paul, to embark on a three-year journey in 2010 to tell Vaughan’s story.

Paul, who had written “One Way Out: The Inside History of the Allman Brothers Band,” was a successful writer, having also published in “Revolver” magazine in 2000.

The two interviewed hundreds of people, including some of Vaughan’s family members. The mantra for writing the book was, “We can’t lose Stevie ever, even from one page,” Aledort said. “Like if there’s this amazing story, but it doesn’t really have Stevie at the heart of it in some way, it’s going to have to take up like less than a page because Stevie has got to be on every page of this book.”

The 400-page book contains 170 photos of Vaughan, most of which have never been published before, cataloging his life from his Texas childhood to his legendary career.

Even more intimate is the epilogue by Vaughan’s brother, Jimmie. Aledort said that he and Paul had a difficult time interviewing Jimmie, because he was still reluctant to discuss his brother publicly. Shortly before the book was finished, Aledort reached Jimmie on the phone, who discussed what it was like to grow up in Texas and how both brothers fell in love with music.

“Texas Flood” also features quotes from rock legends, like Aerosmith’s Joe Perry, ZZ Top’s Billy Gibbons, Carlos Santana and Lucinda Williams, all of whom lauded Aledort’s and Paul’s ability to catalog Vaughan’s life.

Dan Roth, the owner of Still Partners, said having the book signing at his bar was “a no-brainer.” Aledort plays at the bar regularly, he said, and knows so much about music and music history. He’s thrilled to see that the book is a success.

“It’s an honor to have Andy play at our bar,” Roth said, “but in this situation, I’m so excited for him. For such a long-time player to have such a huge hit with the book, it’s just great.”



Photo courtesy Andy Aledort

**SEA CLIFF RESIDENT** Andy Aledort, left, interviewed and jammed with rock legend Stevie Ray Vaughan six times.

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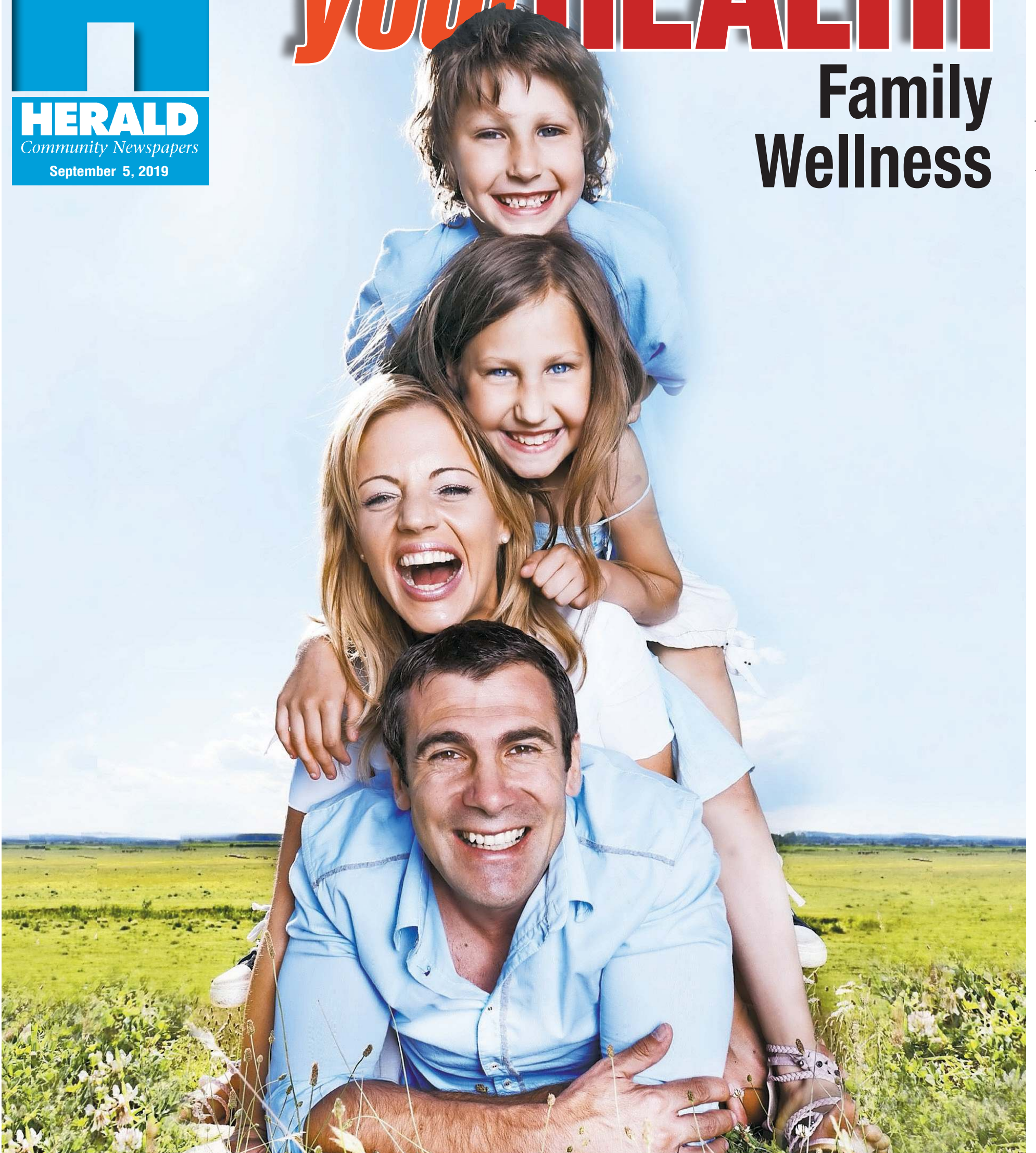
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body / mind / fitness

# *your* **HEALTH**

## Family Wellness



# A+ nutrition

## Food to fuel your child's education

By Chelle Cordero

**F**rom nursery school right up through college, your children need the right tools so they can learn and put their knowledge to use. With proper nutrition, they can strengthen their body and mind for all kinds of activities, whether it's playing with finger paint, running in the schoolyard, catching a football or pulling an all-nighter to cram for an exam.

If you create good eating habits with your children on the first day of school, they can continue through the rest of the year, and even for a lifetime. "Instilling good eating habits early can help put a child on the path to a healthy future," says Dr. Kathleen Reidy, registered dietitian and head of Nutrition Science for Meals and Drinks in Nestlé's Infant Nutrition department.

Your children will be filled with excitement from learning new things, making friends and taking on responsibilities. They'll be engaged in activities at all ages, remaining attentive for hours, running from classroom to classroom, doing homework and, before you know it, growing into young adults. Their bodies need fuel to sustain them and keep them healthy, alert and strong.

### Rev up your day

Food is fuel, and a healthy first meal of the day gets the engine going. It's a well-known fact that children who have a healthy breakfast before school will likely have more brainpower and learn better than those who come in hungry. A protein-rich breakfast containing things like

milk or eggs can help your young ones' concentration in the classroom.

Proteins are essential for a growing child, for they provide amino acids that help build muscles, and when combined with physical activity, those muscles are strengthened. Protein also keeps the stomach feeling fuller and satisfied, and it's rich with nutrients to help bones get stronger as they grow.

But what if they can't drink milk (one of the most complete foods available) or don't like eggs? Healthy alternatives include soy and rice drinks, Greek yogurt, peanut butter on rice cakes and homemade oatmeal bars (throw in some favorite ingredients like dark chocolate chips or raisins). With a little trial and error, you'll find out what they enjoy and what keeps them satiated.

### It's all about balance

More than protein, a growing child — and all of us, really — should be eating a balanced diet of protein (animal proteins are preferable to vegetable proteins), complex carbohydrates and healthy fats.

Think of fueling the body like building a campfire. Protein helps ignite the flame like kindling. Carbohydrates make the flame grow like tinder does, and fat fuel to the fire to keep it burning. Simple sugary carbohydrates like white breads and pastas, for example, will flare and make the fire burn out quickly, whereas complex carbs like sweet potato and brown rice will keep feeding the fire. Eating small snacks throughout the day tends the fire to keep it burning for hours.

This is especially important when your child



is going through the school day, in after-school programs and doing homework before dinner, for it can help to increase cognitive skills and function.

### Snack smart

Since many children tend to push their dinner veggies to the side, snacks with vegetables and fruits will help your kids reach the recommended five servings per day. Some easy, yummy snack foods that also sustain energy include the ever-popular Ants on a Log (peanut butter and raisins on celery) and variations; sliced apples spread with roasted sunflower seed butter; carrot and celery sticks with yogurt dip; and baked cauliflower tater tots (made with riced cauliflower, bread crumbs and garbanzo bean flour) served with ketchup or creamy avocado dip.

Whether homemade or store-bought, there are lots of alternatives to accommodate allergies and other dietary restrictions.

Many kid-approved snacks are a win-win for parents as well, since they're easy, healthy and delicious. Think of stovetop popcorn without butter and sprinkled with vegan or freshly grated Parmesan cheese; carrots and bean dip; glu-

ten-free crackers topped with avocado slices; fresh fruit; and the old hiking favorite GORP (trail mix), made with unsalted peanuts, raisins, pretzel bites and a few sweets like carob chips. Make any of these snacks for you to enjoy as a family throughout the day.

Healthy snacks are best washed down with healthy beverages. Sweetened and sugary drinks like sodas or commercial fruit punches are not recommended. Instead, give your kids lots of water or electrolyte beverages. To make water more flavorful, add a wedge of orange, lemon or lime, or just an ounce of natural juices. Hydration is key to sustaining energy and focus through learning, play and sports each day.

If you make your children's snacks (and even meals) look fun, or even let them help with the preparation, they will likely look forward to these lifestyle changes and have healthy bodies and healthy minds.

Above photo: Healthy snacks can be tasty and fun. Consider Ants On a Log, a snack made by spreading cream cheese, peanut butter, ricotta cheese or any number of spreads on celery and placing raisins on top.

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## HEALTH Tip

### Cook with your kids



Instead of picking up dinner on the way home or popping something frozen

into the microwave or oven, consider gathering up the whole crew to help make dinner at least once per week. You will probably prepare a healthier meal, have quality family time to talk and laugh, teach your children about mathematics and science through the cooking process, gain feelings of satisfaction for a well made meal, and start some long remembered family traditions. (And if the meal fails and you end up ordering pizza, at least you have a great story to tell at the holidays!)

Remember that cooking with the whole family may take a little longer and require more patience, so plan your family cooking nights when you are not coming home late from work or having to run off to another activity.



## Is it time for a 'shot'?

### Help kids overcome a fear of needles

Immunizations are an integral part of a healthy lifestyle. Physicians and various health organizations advise that children and adults adhere to a specific schedule of vaccinations that can help them develop antibodies to fend off a variety of illnesses. Unfortunately for kids who fear needles, most immunizations are administered intravenously.

Children fearful of needles are typically hesitant, if not petrified, to receive their immunizations.

The American Academy of Pediatrics' immunization schedule calls for children to get the bulk of their vaccines before age two. However, additional vaccines must be administered later in life. And while many children outgrow their fear of needles as they approach adolescence, some may still resist. As a caring parent, you can help. Perhaps you yourself have your own fear of needles.

**Put on a smile.** Children take their cues from their parents. If you show nerves or let on that you are nervous about the immunization shots, your son or daughter may take note of your apprehension and become even more scared of needles than he or she already is.

Make light of what is going to happen if the child understands what the visit is all about. Downplay any discomfort and resist the urge to say "don't worry." It may actually give the child the impression there is something to worry about.

**Be open and honest.** Older children may appreciate hearing the truth instead of being told a tall tale about the immunization process. Explain that the needle will only briefly penetrate the skin, meaning the procedure will be done very quickly.

**Don't make shots a form of punishment.** The threat "behave or the doctor will give you a shot," is not helpful at all. It will only compound fears of shots and paint the picture that they are a punishment rather than a necessity.

**Listen to concerns.** Let your child speak to you about why he or she is nervous about receiving a shot. Offer your support in a warm, matter-of-fact way.

**Offer a distraction.** Let the child hold a video game or incentivize the process by promising a sweet or favorite treat, which can take your child's focus off of the shot being administered. Hold your child. Kids may find that sitting on a parent's lap assuages their fears. For older children who can't fit on your lap, let them hug you or hold your hand for comfort.

**Use a topical anesthetic.** Ask the doctor or nurse if there is a numbing swab or spray that can be used to take the bite out of the needle.

**Lead by example.** Take your child with you when you receive vaccinations, so that he or she can witness that the process is both quick and painless.

Immunization shots are seldom fun for children or adults, but there are strategies to make the entire process less painful.

Above photo: You can have an active role in changing your child's attitude about the dreaded needle. What a parent says and does before, during, and after the doctor's appointment can help to calm a child, reduce her fears, and ensure that she develops a healthy attitude toward seeing the pediatrician.



## From top to bottom

### Go back to class with a healthy outlook

**W**ith a brand-new school year just around the corner, chances are you've already stocked up on school supplies for your children. But there's more you can do to help them prepare.

Establishing a few healthy habits now can help ease their transition back to the classroom. Try these tips to make this the best school year yet.

#### Start practicing mindfulness

You may be ready for your kids to go back to school, but don't be surprised if they're not as eager. "Whether it's a young child starting school and separating from parents for the first time, or an older child entering a new grade, the start of a new school year can often be an anxiety-provoking time for children and adolescents," explains child psychiatrist Christopher James, M.D.

Mindfulness, or the practice of paying attention to what's going on inside and around you, may help. Exercises often involve soft breathing, slow movements and taking notice of how you feel. When done regularly over time, mindfulness can help your children regulate emotions and respond to the world in healthier ways. Plus, research shows that it could also lead to better behavior and higher grades.

A glitter jar is one simple way to introduce kids to the concept of mindfulness. When they shake the jar, the glitter inside swirls around, representing the busy thoughts and feelings they may be having. Encourage them to focus on their breathing as they watch the glitter — and their emotions — slowly settle.

#### Make time for play and relaxing

When it comes to boosting your kids' physical and mental health, don't discount the importance of exercise and down time. Kids six years and older should have at least an hour of physical activity every day. And mentally unwinding, even for ten minutes a day, can help with stress management.

Relaxation, exercise, nutrition and sleep, also known as the "four pillars of health," work together to keep your mind and body healthy. Ignoring one could impact your ability to sustain the others. "The more we balance the four pillars within our lives, the better our chances of feeling good in the long run," explains psy-

chiatrist Dr. Gabriela Cora.

#### Enjoy healthy meals together

Need another reason to gather around the dinner table? Family meals have been shown to boost kids' language skills, lower their stress, and even improve the chances they eat more fruits and vegetables. What's more, research suggests that consuming healthy food can positively impact our mood, as it helps with the production of "feel-good" neurotransmitters, like dopamine and serotonin.

On your next grocery store run, stock up on nutritious foods, like leafy greens, beans, whole grains, fruit and eggs, and aim to serve a mix at meal time. If you have picky eaters, consider one-pot meals, like stews, casseroles and omelettes. Besides cooking up quickly, these dishes are an easy way to incorporate multiple food groups.

#### Get back into the habit of twice-daily tooth brushing (without the tears)

If your kids took a break this summer from brushing their teeth twice a day, now's the time to resume the habit. Besides an increased risk of cavities, poor oral health can also lead to missed school days and lower grades, according to a 2012 study conducted by the University of Southern California's Ostrow School of Dentistry.

To keep their teeth and gums healthy, experts recommend kids brush for two minutes twice a day and floss once a day. You can help make the task more enjoyable by turning it into a game, like encouraging your kids to brush away the "sugar bugs" or playing their favorite two-minute song to make the time go by faster.

#### Encourage a good night's sleep

Getting a good night's sleep is not only important for a child's growth and development, it's also key to their health and wellbeing. How much is enough? The American Academy of Pediatrics recommends 9-12 hours of shut-eye for children aged 6-12 years, and 8-10 hours for kids aged 13-18 years.

To help them ease back into the habit of going to bed early, try keeping a consistent schedule, creating a relaxing nighttime routine and powering down all electronics at least an hour before bed time.

Above photo: Saying goodbye to summer and going back to school can be difficult for kids. But by incorporating a few small changes to care for their mental and physical health, you can help make the transition a smooth one.

## your HEALTH

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## HEALTH MEMO

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## Introducing Sea Cliff Hemp Co.

**N**ow in our second year, Sea Cliff Hemp Co. is a locally owned and operated CBD business providing premium quality, farm sourced, hemp-derived CBD products. We specialize in Full and Broad Spectrum (zero THC) CBD oil and handmade topicals for pain and massage.

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Sea Cliff Hemp Co. is also committed to our community and believes everyone should have affordable access to a CBD lifestyle. With that in mind, Teachers, Vets and First Responders can register on our website to receive a coupon worth 40% off CBD oil purchased online — for life. Other situations may also be considered on a case-by-case basis.

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Courtesy Airbnb

**WHILE MOST AIRBNB** lodgings in Glen Cove range from \$60 to \$200 per night, one near Crescent Beach Road, a five-room house with a pool, goes for nearly \$600 per night.

# Worries about Airbnb in residential areas rise

CONTINUED FROM FRONT PAGE

to the North Shore: Glen Head residents lodged similar complaints in January. Members of the Estates Civic Association appealed to the Town of Oyster Bay's Code Enforcement Bureau about an Airbnb that operated about 100 feet from North Shore High School. At the time, Oyster Bay Town Councilman Louis Imbroto, who chairs the town's Quality of Life Task Force, said he was working on legislation focusing on Airbnb. Marta Kane, a spokeswoman for Imbroto, said the research portion of the legislation was being finalized.

At the Glen Cove City Council meeting on Aug. 27, McQuair told residents that he was working with code enforcement officers to draft legislation that would regulate short-term rental businesses like Airbnb. He added that he had heard about additional services being provided at Airbnb's sites aside from lodging, which would make them commercial businesses.

"Our city code already doesn't allow for commercial spaces in residential areas," Glen Cove resident Nancy Hawkins said. "We have a code for it already. It just needs to be enforced."

Silverman said she would like to see the city pass a law similar to one passed in Sea Cliff in 2017, which allows room rentals for up to 30 days as long as the homeowner obtains a permit from the village clerk. The permit can be issued only twice a year.

"We don't want to be overly restrictive on how homeowners can use their proper-

## Airbnb facts and figures

- The fastest-growing demographic of Airbnb hosts is seniors. Since 2017, there has been a 120 percent increase in the number of hosts over age 60.
- Senior women over 60 are rated the best hosts.
- About 15 percent of issues that guests face are scams, such as a host falsifying damages or demanding extra money.
- Airbnb's average per-night price for reservations is \$80.
- About 50 percent of customers use the service as an alternative to hotels.
- More than half use it because of the lower prices.
- Nearly 60 percent of Airbnb users are millennials.

Source: Airbnb, Morgan Stanley

ty," Silverman said. "People should be able to use their homes and make some money, but it can't become a revolving-door business. That's not an appropriate use of a residential area."



## What's online?

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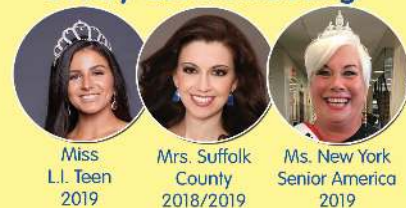
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# STEPPING OUT

Where to go, what to do, who to see

## Mort Künstler's masterful artistry Scenes from the 'Godfather' of pulp fiction

Today when consumers of popular American culture go looking for an adrenaline rush, they can just go see a blockbuster superhero movie. But once upon a time audiences had to turn to adventure magazines for their thrills.

And when it came to illustrating those long-gone adventure stories, it was Long Island's own Mort Künstler who was the industry's go-to artist. Years before Künstler became famous for his meticulously crafted historical paintings, he established his prominence in the pulp fiction genre, with work that adorned the covers of fishing hunting and men's adventure magazines, western paperbacks, and movie posters.

Now everyone can revisit those days. More than 80 of Künstler's works are on view, through Nov. 17, at the Heckscher Museum of Art's exhibition "Mort Künstler: 'The Godfather' of Pulp Fiction' Illustrators."

"I've had many exhibitions of these illustrations over the years, as early as 1977 at the Daytona Beach Museum of Art," says Künstler; from his home in Oyster Bay. "But this show currently at the Heckscher is a lot of fun."

The Brooklyn-born Künstler — a longtime Long Islander who has called the Oyster Bay area home for some 65 years — is of course best known for artwork representing U.S. historical subjects. Lesser known is his work in the men's adventure magazine genre in the 1950s through the '70s, and how it helped define an era in publishing.

According to curators at the Heckscher, the artist's captivating and sometimes provocative images became emblematic of that pop culture genre. "Nobody captured hard-boiled action better than Mort Künstler," says Michael W. Schantz, the Heckscher's executive



For Men Only cover, March 1966, from the original painting by Mort Künstler, Jet-Sled Raid ©1967 Mort Künstler, Inc.

director. "His full-throttle, action-packed, in-your-face images represent the very essence of the pulp era."

We're talking an astonishing range of subjects. Stampeded elephants. Men being pushed through skylights. A group hopping a boxcar. Smugglers pushing a dead man's body off a pier. Sailors in a rubber life raft fending off sharks. Patti Hearst in a beret, fist raised.

Künstler's attraction to the genre came early in life. He was encouraged to

be an artist by his family — in particular an illustrator. A Pratt graduate, he managed to secure work during a time when the commercial field was shrinking by focusing on men's action subjects.

They were images for which editors could not turn to photographs for illustration, and which required the imagination and accuracy he was able to offer.

"It just seemed I had a knack for taking a photo and working with it," he recalls.

What followed was opportunity after opportunity in the industry, during which Künstler mastered his style. "Of course the more you work the more you learn how to solve problems," he says.

"Those years were invaluable."

Originally featured in magazines such as "Stag, Male," "True Adventures," "True Action," and "For Men Only," the illustrations brought to life headlines that screamed adventure. And his images of men in combat, women in distress, and nature threatening man immediately caught on with readers.

"You try to pick a moment that will entice the reader and catch their attention and make them want to read the whole text," explains Künstler. "The whole goal is, as they're thumbing through a magazine, you want to have them stop and go, 'what's going on here?'"

Some of the illustrations on exhibit are based on real events: for instance, the sinking of the USS Indianapolis during World War II. Künstler drew real and imagined scenes from World War II, and illustrated stories about daring escapes and bold bank heists, creating a large portfolio.



From the original painting by Mort Künstler, Whale of a Tale ©2016 Mort Künstler, Inc.

And of additional interest is Künstler's work with Mario Puzo, author of "The Godfather," who wrote in the same magazines under the pen name Mario Cleri. Künstler illustrated "The Godfather" long before the movie franchise.

Unlike some artists, Künstler has never shied away from advertising art. "I loved painting, I didn't care what it was," he laughs. "It kept me off the streets. I didn't have the psychology ... that somehow you were betraying your art by doing advertising. It could be a woman holding a cake of soap, which I actually did. I had as much fun doing that as anything else."

In fact Künstler maintains that illustration stands shoulder to shoulder with other visual arts genres.

"What's the difference, wasn't Michelangelo an illustrator?" he asks. "His pitch size was different, he had funny places where the folds were. He had an art director who was the Pope. And he had a publisher ... which was the church. How different?"

Visitors to the Heckscher Museum will have an opportunity to answer those questions themselves.

— George Wallace  
kbloom@liherald.com

### ON STAGE

## Jonathan Butler and Kirk Whalum

The two contemporary jazz superstars have joined forces on the concert circuit. Butler remains a captivating and powerful performer, pouring his heart into selections from his immense catalogue. His genre-busting material has earned songwriter's awards and received abundant airplay in multiple radio formats. Butler's music has purpose, providing comfort and genuine inspiration. When he sings, he testifies to the glory and healing power of love. When he plays guitar, his fast fingers innately find notes of passion and divinity. In addition to being a popular draw at headline dates and festival shows he thrives on interacting with his fans. While Whalum, with a career spanning decades, including his infamous sax solo on Whitney Houston's "I



## WEEKEND

### Out and About

"Will Always Love You," has a sound that leaves an indelible imprint on the listener. Whalum soon followed that career high point with his phenomenal hit album, "For You," perhaps the most successful of over 25 solo recordings to date. Soulful, passionate, stirring are the words most often used to describe his music. Forged from his Memphis gospel roots and his 1980s initiation into the thriving Houston nightclub scene, Whalum's big, rich tenor sound is unmistakably his. Saturday, Sept. 7, 8 p.m. \$45-\$95. Madison Theatre, Molloy College, 1000 Hempstead Ave., Rockville Centre. (516) 323-4444 or www.madisontheatre.org.

### IN CONCERT

## Elliott Murphy

The veteran rocker garners an intense loyalty from fans worldwide. Murphy continues to demonstrate his staying power on his latest concert tour. This indefatigable rock troubadour has had an incredibly productive year, completing and

releasing three books, starring in a film based on one of his short stories, plus performing memorable concerts including sitting in with Billy Joel at Madison Square Garden. Joel also inducted Elliott into the Long Island Music Hall of Fame this past November. Joel says of Murphy, "His songs are honest and literate and pure, and those songs have attracted audiences far beyond his country. I've long envied his bravery and integrity, and I've always admired his lyric skill." As a prolific and multifaceted artist, Murphy is considered one of the greatest American singer-songwriters at work, his lyrics often being compared to high literature and poetry. Sunday, Sept. 7, 8 p.m. \$40. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd. Roslyn. (516) 413-3535 or www.myfathersplace.com.





### Performances/ On Stage

#### Donna The Buffalo

The band in concert, Thursday, Sept. 5, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or [www.myfathersplace.com](http://www.myfathersplace.com).



#### Jeffrey Gaines

The singer-songwriter in concert, Friday, Sept. 6, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or [www.myfathersplace.com](http://www.myfathersplace.com).

#### Alfio

The Australian-Italian tenor in concert, Friday, Sept. 6, 8 p.m. Program includes beloved classics, pop standards and original tunes. Jeanne Rimsky Theater, 232 Main St., Port Washington (914) 361-9333 or [www.landmarkonmainstreet.org](http://www.landmarkonmainstreet.org).

#### Pablo Francisco

The improv-based comedian on tour, Friday, Sept. 6, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.paramountny.com](http://www.paramountny.com).

#### Scofflaws

The ska band in concert, Friday, Sept. 6, 8:30 p.m. Still Partners, 225 Sea Cliff Ave., Sea Cliff. 200-9229 or [www.stillpartners.com](http://www.stillpartners.com).

#### Andy Aledort

A tribute to Steve Ray Vaughan, with Alan Aledort and Alan Paul, Saturday, Sept. 7, 9 p.m. Still Partners, 225 Sea Cliff Ave., Sea Cliff. 200-9229 or [www.stillpartners.com](http://www.stillpartners.com).

#### Wild Child

The Jim Morrison tribute band in concert, Saturday, Sept. 7, 8 p.m. With special guest Memphis Craw. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.paramountny.com](http://www.paramountny.com).

#### Yacht Rock

A soft rock showcase, Saturday, Sept. 7, 8 p.m. With Ambrosia ("How Much I Feel," "Biggest Part of Me"), John Ford Coley ("Nights Are Forever Without You," "I'd Really Love to See You Tonight"), Peter Beckett ("Baby Come Back," "How Long"), Robbie Dupree ("Steal Away") and Elliot Lurie ("Brandy"). Tilles Center for the Performing Arts, LIU Post, Rte. 25A, Brookville. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.tillescenter.org](http://www.tillescenter.org).

#### Dick Fox's Doo Wop Extravaganza

Iconic doo wop bands in concert, Sunday, Sept. 8, 6 p.m. Lineup includes The Duprees, Lou Christie, The Buckingham's Dennis Tufano, Jay Siegel's Tokens, The Marcel's, Eddie Holman. NYCB Theatre at Westbury, 960 Brush Hollow Rd, Westbury. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com).

#### Gypsy Kings

The flamenco-salsa group in concert, featuring Nicolas Reyes and Tonino Baliardo, Tuesday, Sept. 10, 8 p.m. The Paramount,



### Long Beach Jazz Festival

Long Beach is back in the groove as the City by the Sea prepares to wind down summer with the 16th edition of the Long Beach Jazz Festival, Sept. 19-22.

"The festival has been flourishing and thriving," says artistic director Steve Adelson. "We will once again present some major creative artists representing the various genres of jazz. It's with great pleasure that we bring some major talent to Long Beach. Drawing on our history, we're proud to bring back fan favorites and festival newcomers."

The returning roster includes innovative bassist Alex Blake, guitarists Frank Vignola and Vinnie Raniola, Paul Simon's legendary bassist Bakithi Kumalo (pictured above), and local Long Beach legend Dean Brown. Also in the lineup, former Peter Gabriel pianist Rachel Z appears with her band The New Unicorns.

Events will be held Thursday and Friday evenings, Sept. 19-20, 7-10 p.m., and Saturday and Sunday, Sept. 21-22, noon-6 p.m., at the Long Beach Public Library. Various restaurants will also participate, featuring evening performances.

For more information, visit [www.longbeachjazzfest.com](http://www.longbeachjazzfest.com).

370 New York Ave., Huntington. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.paramountny.com](http://www.paramountny.com).



#### Kevin James

The comic actor on tour, Sunday, Sept. 8, 7:30 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.paramountny.com](http://www.paramountny.com).

#### Louie Armstrong and Ella Fitzgerald

A multi-media presentation that showcases the lives and music of 'the King and Queen of Jazz,' with Marilyn Carmino, Wednesday, Sept. 11, 2 p.m. Jeanne Rimsky Theater, 232 Main St., Port Washington (914) 361-9333 or [www.landmarkonmainstreet.org](http://www.landmarkonmainstreet.org).

#### Sunset Boulevard

Andrew Lloyd Webber's musical adaptation of the award-winning 1950 film about a faded star of the silent screen era, Thursday and Friday, Sept. 12-13, 8 p.m.; Saturday, Sept. 14, 3 and 8 p.m.; Sunday, Sept. 15, 2 p.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or [www.engemantheater.com](http://www.engemantheater.com).

#### Yacht Rock Revue

The cover band in concert, Thursday, Sept. 12, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com).

### For the Kids

#### Story Tots

investigate color, shape, form and texture with art activities based on a story, Friday, Sept. 6, 10-11 a.m. Listen to story books read aloud while exploring various art materials and processes. Story time is followed by an art project. For ages 3-5. Registration required. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. 484-9338 or [www.nassaumuseum.org](http://www.nassaumuseum.org).

#### Storybook Stroll

Stroll Old Westbury Gardens and hear a reading of Shel Silverstein's "The Giving Tree," Saturday, Sept. 7, 10:30-11:30 a.m. Then make a take-home craft. For ages 3-5. Free with admission. Old Westbury Gardens, 71 Westbury Rd., Old Westbury. 333-0048 or [www.oldwestbury.org](http://www.oldwestbury.org).

#### Peppa Pig Live

The latest live show based on the popular long running animated TV series, Wednesday, Sept. 11, 6 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com).

#### Pizza and Paperbacks

A book discussion for second-graders and up, Wednesday, Sept. 11, 3 p.m.; also Friday, Sept. 13, 12 p.m. (for children entering Kindergarten in 2019) and 3 p.m. (Kindergarten and Grade 1). Registration required. Sea Cliff Library, 300 Sea Cliff Ave., Sea Cliff. 671-4290 or [www.seaclifflibrary.org](http://www.seaclifflibrary.org).

### Museums/Galleries and more

#### Energy: The Power of Art

The science of art meets the art of sci-

ence in this unique interactive exhibition. Working with the Brookhaven National Laboratories and the Tesla Museum, this innovative project juxtaposes masterworks in many media with images produced by the most advanced scientific instruments, and even an active "cloud chamber" to explore the supposedly "invisible" world of energy. Nassau County Museum of Art, 1 Museum Drive, Roslyn Harbor. 484-9338 or [www.nassaumuseum.org](http://www.nassaumuseum.org).

#### Harlem Hellfighters

A groundbreaking exhibit about the World War I African-American Army unit, consisting of 33 men from the Glen Cove area. North Shore Historical Museum, 140 Glen St., Glen Cove. 801-1191 or [www.nshmgc.org](http://www.nshmgc.org).

#### Landscapes: Home and Afar

An invitational small group show featuring Alexander Gordon, Margaret Henning and Maxine Jurow. Through Oct. 12. Main Street Gallery, 213 Main St., Huntington.

#### Mort Kunstler: The Godfather of Pulp Fiction Illustrators

An exhibition that showcases the acclaimed artist's larger-than-life role in the golden era of pulp fiction, unfolding in more than 80 original illustrations from the artist's private collection, almost all publicly exhibited for the first time. Originally featured in magazines such as Stag, Male, and For Men Only in the '50s, '60s, and '70s, the illustrations brought to life headlines that screamed adventure. Through Nov. 17. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or [www.heckscher.org](http://www.heckscher.org)

#### 60 Years of Music in the Park

An exhibition tribute to the Morgan Park Summer Music Festival. Through Sept. 7. North Shore Historical Museum, 140 Glen St., Glen Cove. 801-1191 or [www.nshmgc.org](http://www.nshmgc.org).

#### Theodore Roosevelt:

#### A Man for the Modern World

An exhibition that celebrates the presidency and legacy of Theodore Roosevelt, who is often considered the first modern president. On view are a collection of historic documents, photographs, and many never before seen artifacts that celebrate TR's major achievements and underscore his legacy. Highlighted objects include family sporting equipment and the license plate from the Roosevelts' automobile, shown alongside presidential gifts such as a book inscribed by Booker T. Washington. Some familiar artifacts from the Roosevelt home are also on display. Sagamore Hill National Historic Site, 20 Sagamore Hill Rd, Oyster Bay. 922-4788 or [nps.gov/sagamorehill](http://nps.gov/sagamorehill).

#### At the Movies

See "Little," the fantasy comedy that follows an overbearing boss who is transformed into the child version of herself, Thursday, Sept. 5, 2 and 6:30 p.m.; also "The Public," the drama about an act of civil disobedience on a public library's steps that becomes a stand-off with police and library officials, Thursday, Sept. 12, 2 and 6:30 p.m. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212.

#### Summer Stargazers

Join members of the Astronomical Society of

Long Island for a nighttime skywatching session Thursday, Sept. 5, 8:30-10 p.m. Old Westbury Gardens, 71 Westbury Rd., Old Westbury. 333-0048 or [www.oldwestbury.org](http://www.oldwestbury.org).



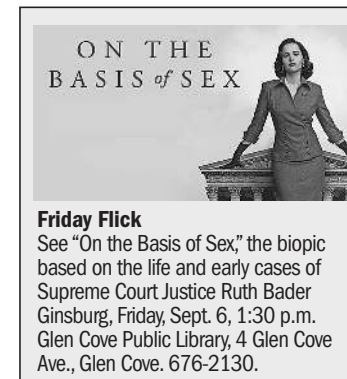
#### Seashells...

#### Nature's Inspired Design

An exhibit of seashells from around the world, from the collection of Garvies Point Museum. Garvies Point Museum and Preserve, 50 Barry Dr., Glen Cove. 571-8010 or [www.garviespointmuseum.com](http://www.garviespointmuseum.com).

#### Afternoon Movie

See the Clint East classic "Play Misty for Me," the neo-noir psychological thriller film, Friday, Sept. 6, 2 p.m. Gold Coast Public Library, 50 Railroad Ave., Glen Head. 759-8300 or [www.goldcoastlibrary.org](http://www.goldcoastlibrary.org).



#### Friday Flick

See "On the Basis of Sex," the biopic based on the life and early cases of Supreme Court Justice Ruth Bader Ginsburg, Friday, Sept. 6, 1:30 p.m. Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove. 676-2130.

#### Barbara Prey

Meet the artist when she appears at Nassau County Museum of Art during its "Artist in Residence" series, Saturday, Sept. 7, 3 p.m. The first woman commissioned more than once by NASA to be an artist in residence, she created the official commemorative print for the space shuttle Columbia. Her first-hand stories of working with NASA are glimpses into the excitement of art's highest-level interaction with science. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. 484-9338 or [www.nassaumuseum.org](http://www.nassaumuseum.org).

#### Cliff Hike

A hilly moderately paced hike through Caumsett State Park, Sunday, Sept. 8, 9:45-11:30 a.m. Registration required. Caumsett State Historic Park Preserve, 25 Lloyd Harbor Rd., Huntington. (631) 423-1770.

#### Migrating Birds" Nature Walk

Welcome September with stroll through Muttontown Preserve to check out the many species of birds that pass through as they begin their fall migration, Sunday, Sept. 8, 10 a.m.-12 p.m. A naturalist will guide participants. Registration required. Bill Paterson Nature Center, Muttontown Preserve, Muttontown La., East Norwich. 571-8500.

### Having an event?

Submissions can be emailed to [kbloom@liherald.com](mailto:kbloom@liherald.com).

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# FROM THE DESK OF THE GLEN COVE MAYOR

## Celebrating the meaning of Labor Day

BY MAYOR TIMOTHY TENKE

We celebrated Labor Day on Sept. 2, traditionally considered a day of picnics, parades and family time as we mark the unofficial end of summer. It's great to take time with our families and friends to bond over a barbecue, but as with many of our holidays, the importance of this day's origins and meaning can get lost in all the fun.

Labor Day was first officially celebrated in 1882 in Manhattan, planned by the Central Labor Union. Its purpose was to recognize the unity and strength of the country's labor unions and the importance of labor to the development of our country. It is difficult to understand today that the original labor organizers faced open hostility and violent efforts to restrict their influence. It was because of their brave and continuous efforts to improve the lives of working people that we have child labor restrictions, a minimum wage, 40-hour work weeks and holidays. Beyond these benefits, workplace safety became an issue of importance with unions leading the effort to assure that workers were not only fairly compensated for their efforts but also that they worked in safe conditions.

These goals and efforts should be honored by all of us on Labor Day and throughout the year. The struggle to assure that every work place is safe, fair and allows for a livable income is one that we should support.

As we move in the United State towards a "gig" economy, automation and increasing globalization, and away from prior models of stable, long-term employment, we need to be advocates for the people who keep our streets in order, teach our children, maintain our safety, care for us when we are ill, assist us in obtaining documents, build our infrastructure and in so many other ways improve our experience as Americans. Too often the issues of labor become political fodder, twisted by politicians or other special interests to score points. I would like to believe that all Americans still believe that people deserve support and advocacy in trading their time, work and best efforts to an employer in return for a living wage, a safe environment and the chance to move ahead in life.

I for one am proud of the employees of our city as well as the thousands of people who live here, go to work every day and make our lives easier, better and functional. As the city's leader, my efforts may

not always be perfectly executed, but I am dedicated to supporting our work forces in every way that I can. My door is always open to ideas for improvement from any of you.

I hope you all enjoyed a happy, healthy and safe Labor Day.



Mayor Tim Tenke

# HERALD Crossword Puzzle

## King Crossword

### ACROSS

- 1 ABC daytime offering, with "The"
- 5 Sand hill
- 9 Letterman's network
- 12 Con
- 13 Egg
- 14 "The Greatest"
- 15 Proper subject?
- 16 Obtains
- 17 Play on words
- 18 Oklahoma city
- 19 Felon's flight
- 20 Dweeb
- 21 Individual
- 23 Green, in a sense
- 25 Pesky pincered insect
- 28 Worldwide
- 32 Dentist's directive
- 33 Presses
- 34 Giggly sound
- 36 Outstanding, as debt
- 37 Tin Man's need
- 38 Sun. discourse
- 39 Distort
- 42 "— been had!"
- 44 Doctrines
- 48 Expert
- 49 "Yeah, right"
- 50 Speed along

|    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
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| 12 |    |    |    |    | 13 |    |    |    | 14 |    |    |    |
| 15 |    |    |    |    | 16 |    |    |    | 17 |    |    |    |
| 18 |    |    |    |    | 19 |    |    | 20 |    |    |    |    |
|    |    |    | 21 | 22 |    |    | 23 | 24 |    |    |    |    |
| 25 | 26 | 27 |    |    |    |    | 28 |    | 29 | 30 | 31 |    |
| 32 |    |    |    |    |    |    |    | 33 |    |    |    |    |
| 34 |    |    |    |    | 35 |    | 36 |    |    |    |    |    |
|    |    |    | 37 |    |    |    | 38 |    |    |    |    |    |
| 39 | 40 | 41 |    |    | 42 | 43 |    |    | 44 | 45 | 46 | 47 |
| 48 |    |    |    |    | 49 |    |    |    | 50 |    |    |    |
| 51 |    |    |    |    | 52 |    |    |    | 53 |    |    |    |
| 54 |    |    |    |    | 55 |    |    |    | 56 |    |    |    |

- 51 Anger
- 52 Grand
- 53 Birthright barterer
- 54 Blazed a trail
- 55 Teen hangout
- 56 "Yesterday," "Today" or "Tomorrow"
- 7 Eggnog sprinking
- 8 Ambulance org.
- 9 Mob boss
- 10 Unclear image
- 11 Go down
- 20 Ticket-holders' winnings
- 22 Japanese-Americans
- 24 "Crazy" singer
- 25 Small salamander
- 26 Beer cousin
- 27 Fish eggs
- 29 Feathery wrap
- 30 Blackbird
- 31 "Acid"
- 35 Biblical prophet
- 36 Handy
- 39 Cry like a banshee
- 40 Farm fraction
- 41 Clarinetist's need
- 43 String instrument
- 45 Mediocore
- 46 Complain
- 47 Overconfident
- 49 \$ dispenser

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# THE GREAT BOOK GURU

## War without end

**D**ear Great Book Guru,  
This Saturday, September 7, is the Village's 100th Year Anniversary of the celebration of the return of Sea Cliff's World War I soldiers. There will be a parade from Memorial Park to Clifton Park where there will be a picnic dinner, much music and scrumptious desserts. I would love to read a book on World War I before I head over for the festivities.

—Seeker of Knowledge



**ANN  
DIPIETRO**

world of the 19th century to the brutality of the 20th. He captures the harshness of trench wars, poison gas and psychological trauma.

Another book I found very informative was Diana Preston's "A Higher Form of Killing." In it, she describes a six-week period that changed modern warfare forever and continues to plague us. First was the use of poison gas — a scourge still used in attacks today. Then came the sinking of the Lusitania where civilians were targeted, and finally aerial bombing, which preceded the destruction of much of Europe during World War II. All in all, these two books show the incredible cruelty and far reaching effects of this War to End All Wars. Highly recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at [annmdipietro@gmail.com](mailto:annmdipietro@gmail.com).

Dear Seeker of Knowledge,

Recently I read a short history (240 pages) of what is ironically called The Great War. "World War I," by Norman Stone, tells the story of this horrific disaster. Fourteen million people died, four empires fell and the victorious nations were badly damaged. Stone shows how Europe, and eventually the United States, were dragged from the

# NEWS BRIEF

## G.C. Christian Church names new pastors

After beloved pastor Jim Phegley retired in July, the Glen Cove Christian Church announced that his replacement would be Pastor Joe Cortale and Pastor Tommy Lanham.

Cortale, 60, grew up in the City of Glen Cove and attended Glen Cove High School. He has served as the associate pastor for the last 9 years. He is also on the Board of Directors for the Fellowship of Fathers Foundation, an organization that promotes Christian-family values around the world. Cortale also holds a Masters of Arts in Christian Leadership and Ministry from Hope International University, in Fullerton,



**Joe Cortale**



**Tommy Lanham**

Ca. Lanham, 47, who recently moved with his family from Keavy, Ky., has more than 20 years of ministry experience, including roles as lead minister, youth minister and associate minister. He also ran

Upside Down Ministries for eight years. Lanham is a personality strategist, author and award-winning speaker. He holds a Bachelors of Science in Bible and Preaching from Johnson University, in Knoxville, Tn., and a Masters of Arts in Pastoral Counseling and Life Coaching from Liberty University, in Lynchburg, Va.

## OBITUARIES

### Rosella Rocco

Rosella Rocco, of Glen Cove, died on Aug. 18. She was the beloved wife of the late Phil, devoted mother of the late Chris (Patricia), loving grandmother of Christopher, Michael and Brendan and great grandmother of Alanna. She was also the dear sister of Marie Bruno. Funeral Services were held at McLaughlin Kramer Megiel Funeral Home. Interment Holy Rood Cemetery.

of the late Alba, loving father of Lou (Denise) and Liliana DeMartino (Angelo) and proud grandfather of Alyssa, Joseph, Austin, Brianna, Francesca, Brandon and Marissa. He was also survived by many nieces, nephews and friends. Visitations were held at the Dodge-Thomas Funeral Home, in Glen Cove. Interment Holy Rood Cemetery.

### Thomas Holke

Thomas Holke, 65, of Glen Cove, died on Aug. 31. He was the beloved brother of Catherine Emihovich (Ronald) and John V. (Wendy). He was also survived by three nieces and two nephews. Visitations were held at the Dodge-Thomas Funeral Home, in Glen Cove. The service and interment are private.

### Jamy Santoro

Jamy Santoro, 71, of Glen Cove, die on Sep. 1. She was the beloved mother of Joseph (Eileen), loving sister of Trina Tonorezos (Nick) and proud grandmother of one. She was also survived by nieces and nephews. Jamy loved painting scenes and folk art, and she enjoyed cooking and needlepoint. Reposed at Dodge-Thomas Funeral Home of Glen Cove. Services will be held at the Greek Orthodox Church of the Holy Resurrection. Interment at Nassau Knolls Cemetery.

### Steve Alter

Steve Alter, 67, of Glen Cove, died on Sep. 2. He was the beloved husband of Dorothy, loving father of Aja, devoted son of Beatrice and dear brother of Kevin. Steve coached the Glen Cove girls' softball teams for many years. Visitations will be held at Dodge-Thomas Funeral Home, in Glen Cove. Service and interment will be private.

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# HERALD PUBLIC NOTICES

LEGAL NOTICE  
STATE OF NEW YORK  
SUPREME COURT: COUNTY  
OF NASSAU  
M&T BANK  
Plaintiff,

vs.  
JOAN BLACKER LEVINE  
A/K/A JOAN BLACKER-  
LEVINE A/K/A JOAN A.  
LEVINE, STANLEY LEVINE  
A/K/A STANLEY E. LEVINE,  
et al.,

Defendants

NOTICE OF LEGAL  
POSTPONEMENT OF SALE  
IN FORECLOSURE

PLEASE TAKE NOTICE THAT

In pursuance of a Judgment  
of Foreclosure and Sale  
entered in the office of the  
County Clerk of Nassau  
County on April 24, 2019,

the Referee named in the  
Order to Substitute Referee  
granted on September 10,  
2019, will sell in one parcel  
at public auction on

September 10, 2019 at the  
Calendar Control Part (CCP)  
Courtroom, 100 Supreme  
Court Drive, Mineola,  
County of Nassau, State of  
New York, at 11:30 A.M.,

the premises described as  
follows:

3 September Lane  
Glen Cove a/k/a Glen Cove  
City, NY 11542

SBL No.: 30-42-593

ALL THAT TRACT OF  
PARCEL OF LAND situate in  
the City of Glen Cove,  
County of Nassau, State of  
New York

Pursuant to a Judgment of  
Foreclosure and Sale duly  
dated November 01, 2017 I,  
the undersigned Referee will  
sell at public auction at the  
Calendar Control Part (CCP)  
Courtroom of the Supreme  
Court, 100 Supreme Court  
Drive, Mineola, NY 11501,

on September 24, 2019 at  
11:30AM, premises known  
as 127 SHORE ROAD, GLEN  
COVE, NY 11542. All that  
certain plot piece or parcel

of land, with the buildings  
and improvements erected,  
situate, lying and being in  
the City of Glen Cove, Town  
of Oyster Bay, County of  
Nassau and State of New  
York, SECTION 21, BLOCK C,  
LOT 39. Approximate  
amount of judgment  
\$1,460,237.56 plus interest  
and costs. Premises will be  
sold subject to provisions of  
filed Judgment for Index#  
22502/08.

Thomas L. Carroll, Esq.,  
Referee  
Gross Polowy, LLC  
Attorney for Plaintiff  
1775 Wehrle Drive, Suite  
100  
Williamsville, NY 14221  
113784

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The premises are sold  
subject to the provisions of  
the filed judgment, Index  
No. 606100/2018 in the  
amount of \$1,135,846.56  
plus interest and costs.

This sale was originally  
scheduled for August 20,  
2019, at 11:30 A.M., and  
has been postponed to  
September 10, 2019, at  
11:30 A.M.

Kathryn E. Assini, Esq.  
Woods Oviatt Gilman LLP  
Plaintiff's Attorney  
500 Bausch & Lomb Place  
Rochester, NY 14604  
Tel.: 855-227-5072  
114496

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NOTICE OF SALE  
SUPREME COURT COUNTY  
OF NASSAU

U.S. BANK NATIONAL  
ASSOCIATION, AS TRUSTEE  
FOR RASC 2006-EMX8,  
Plaintiff  
AGAINST

JERRY OKO, et al.,  
Defendant(s)

Pursuant to a Judgment of  
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sell at public auction at the  
Calendar Control Part (CCP)  
Courtroom of the Supreme  
Court, 100 Supreme Court  
Drive, Mineola, NY 11501,

on September 24, 2019 at  
11:30AM, premises known  
as 127 SHORE ROAD, GLEN  
COVE, NY 11542. All that  
certain plot piece or parcel

of land, with the buildings  
and improvements erected,  
situate, lying and being in  
the City of Glen Cove, Town  
of Oyster Bay, County of  
Nassau and State of New  
York, AS TRUSTEE  
FOR THE  
CERTIFICATEHOLDERS  
OF  
CWABS, INC., ASSET-  
BACKED CERTIFICATES,  
SERIES 2007-1, Plaintiff -  
against - ROCIO RIOS, et al  
Defendant(s).

Pursuant to a Judgment of  
Foreclosure and Sale  
entered on June 21, 2018. I,  
the undersigned Referee will  
sell at public auction, at the  
Calendar Control Part (CCP)  
Courtroom of the Supreme

of land, with the buildings  
and improvements erected,  
situate, lying and being in  
the City of Glen Cove, Town  
of Oyster Bay, County of  
Nassau and State of New  
York, SECTION 21, BLOCK C,  
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and improvements erected,  
situate, lying and being in  
the City of Glen Cove, Town  
of Oyster Bay, County of  
Nassau and State of New  
York, AS TRUSTEE  
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LEGAL NOTICE  
REFeree'S NOTICE OF SALE  
IN FORECLOSURE  
SUPREME COURT - COUNTY  
OF NASSAU

THE BANK OF NEW YORK  
MELLON FKA THE BANK OF  
NEW YORK, AS TRUSTEE  
FOR

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## ANSWERS TO TODAY'S PUZZLE

Solution time: 24 mins.

|   |   |   |   |  |   |   |   |   |   |   |   |   |
|---|---|---|---|--|---|---|---|---|---|---|---|---|
| G | N | O | S |  | T | L | V | W |   | D | E | L |
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| M | O | O | Z |  | F | I | S | A |   | S | C | V |
| S | M | S | I |  | E | V | I |   |   | P | R | W |
|   |   |   |   |  | R | E | S |   |   |   |   |   |
| D | I | V | P |  | N | U |   | E | E | H | E | T |
| S | N | O | R |  | I |   |   | S | S | O | T | F |
| L | A | B | O |  | T | G |   | G | I | W | A | R |
|   |   |   |   |  | O | C | E |   | N | O |   |   |
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| N | U | P |   |  | S | J | E |   | G | E | N | O |
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| S | C | B |   |  | E | U | D |   | W | E | I | V |

## OPINIONS

# On trade, taxes and the economy, a steady hand is best

**A** half century ago, as President Richard Nixon sought to end the Vietnam war, he propounded a “madman theory” based on the idea that if the war didn’t end on terms acceptable to the U.S., Secretary of State Henry Kissinger should let North Vietnam’s negotiators know that Nixon just might be mad enough to use nuclear



**ALFONSE  
D'AMATO**

weapons on North Vietnam. Unfortunately, the risky gambit didn’t work, the war dragged on for years, and the U.S. suffered an ignominious defeat. These shortcomings notwithstanding, it’s said that President Trump admires Nixon’s madman theory, and that a variant of it underlies his approach to negotiating with both foreign adversaries and domestic opponents. If so, this may help explain Trump’s zig-zag negotiations on a number of trade, tax and other economic issues, and the head-spinning it’s causing.

On trade, the president has been right to vigorously protest China’s patently unfair trade practices toward the U.S. For many years, China aggressively manipulated its currency to keep its value artifi-

cially low, thereby making its exports cheaper and imports more expensive. China’s authoritarian leadership and its command economy have a long history of dumping products here at below cost, heavily subsidizing its favored domestic industries, stealing intellectual property, and doing nothing to stem the flow of the dangerous opioid fentanyl, which has poured into the U.S. from Chinese sources.

One American industry after another has been battered by unfair Chinese trade practices. And in truth, almost all previous efforts by American presidents of both parties have lacked the teeth and the tenacity to make a dent in those policies. Trump has shown a readiness to fight hard and long for a change in this situation, and he deserves credit for sticking to his guns against China. He has been willing to aggressively use all the tools in his arsenal — including tariffs — to bring China to the table for serious trade negotiations with the U.S.

It may be that these hard-nosed tactics are the only thing that will move the Communist Party plutocrats off the dime on trade issues and the fentanyl crisis. But there also may be limits to the effectiveness of swinging between tough and ten-

der with Chinese leader Xi Jinping, who, like his Vietnamese counterparts decades ago, may just try to outwait the U.S. until our will weakens. That’s what North Korea’s Kim Jong-un has been doing with his foot-dragging on nuclear disarmament, and it’s what Xi seems to be doing on trade.

**H**ard-nosed trade tactics may work, but this isn’t the time to tinker with the tax code.

In the meantime, the uncertainly in the international trading system is dragging down worldwide economic growth. Every bit of bad economic news raises the specter of recession, with fear feeding on fear, and full-fledged, old-fashioned panic just a few short steps away. Media commentators hyperventilating about every hint of recession don’t help. Nor do the thinly veiled comments by Trump’s opponents making clear that they hope his signature economic successes will fade in time for next year’s elections.

This may be a time when a steady hand on the tiller is more effective than sailing headlong into the economic headwinds. It’s not the time to tinker with the tax code. Reactively cutting payroll taxes or capital gains taxes, as has been bandied about by the administration, is counterproductive. We face a trillion-dollar federal deficit this year, so adding more red ink to the budget may do more harm than

good.

And while another cut in interest rates by the Federal Reserve might juice up the economy in the short term, it’s no panacea, either. Interest rates are already low, with loans readily available for businesses and homebuyers. What the CEOs of major American corporations say they need to plan for future economic growth is more certainty and predictability from Washington, not more knee-jerk reactions.

I have counseled before that our national leaders need to deal with the country’s major challenges. We must address the looming shortfalls in both Social Security and Medicare that threaten the financial stability of both of those critical safety net programs. And we should fix our broken immigration system.

It’s important to remember that our economy is still remarkably strong. Businesses — including those here in Long Island — are generally doing well. What may be helpful to recall is the admonition of another wily New York politician who made it to the White House, Franklin D. Roosevelt, and proclaimed, “The only thing we have to fear is fear itself!”

*Al D’Amato, a former U.S. senator from New York, is the founder of Park Strategies LLC, a public policy and business development firm. Comments about this column? ADAmato@liherald.com*

## Summer is over, except at the beach

**N**ote: This was written, and imagined, before I went on Labor Day holiday.

Age has its privileges. The big kids are off to college, the little ones are back in school, parents are kick-starting weekday routines, everyone has the back-to-business jitters, and me? I’m hanging at the beach.



**RANDI  
KREISS**

Yesterday, battered by the sights and sounds of political life and world events, I decided to take myself to Long Beach. It definitely helped that the day was a perfect 10. And, because Labor Day had passed, I could actually find a parking space near the boardwalk.

It wasn’t just an outing; it felt as if I were fleeing — escaping the barrage of bad news pulsing out of D.C., bad policy on our southern border, bad juju with our one-time friends and allies, bad attitude by Trump & Co. toward Jews and African-Americans and Hispanics and trans people and gays and endangered species and plants and clean water and pristine forests

and animal refuges. There basically is not one single humanitarian ethic or value or cause that has not been degraded by the policies of this White House.

We cannot catch up with ourselves because the stream of slurs and lies keeps coming. Nothing gets resolved. After the most recent horrific shootings, the president was *for* increased background checks on guns, then he wasn’t, then he was. But the issue got pushed out of view by the tariff threats and actions against China and the crashing stock market and the really smart people who are telling us that there is an unstable man at the helm of our ship of state.

We find ourselves in a scenario even the founders could not have foreseen: that we would knowingly vote into office a racist and sexist man with very little impulse control and a dangerously overblown sense of himself.

Meanwhile, back at the Democratic presidential race, the candidates are attacking one another — and President Obama — rather than the man who is deconstructing the country from the Oval Office.

So I fled to the beach and to the sea and sun and sand, which I hope and pray will survive the malicious neglect of this administration.

With school back in session, if it’s Thursday, it must be soccer practice or extra help classes, or ballet or orthodontist

**S**etting worries aside and immersing myself in a setting of joy, peace and beauty.

or religious school or play dates or flu shots. Yes, it’s all about lists, and checking off items and jumping into the car or onto the computer. And as if that isn’t enough, I’m thinking, what will I prepare for Rosh Hashana? If you think I’m joking, you’re wrong. Work pressures, family stuff and even the good times, like religious holidays and traditional meals, can pile items onto our to-do lists.

So, yes, suddenly I needed to bolt. I threw a chair in the trunk of my car and headed for the beach, which is spectacular in September. All over again I wondered at the deep, glorious expanse of white sand stretching down to the surf. It just doesn’t ever get old.

The sun was brilliant in a blue sky studded with darling little puffs of white. Oil tankers rode high on the horizon. The waves were lively, and crashed down and

around the jetties. I walked along the beach and took notice of everything I could hear: my rubber soles scuffing gently on the sand, the cawing of the seabirds roosting around me, a jet soaring overhead and the waves swishing onto the shore.

At the end of a jetty, someone had placed a large American flag, which was tattered by the wind.

It was a perfect experience. Isn’t this the most we can hope for — to leave our worries behind, or at least set them aside for a while, and immerse ourselves in a setting of perfect joy, peace and beauty? It’s the timelessness of the beach, the endless rhythms of the tide and the rising sun that remind us how beautiful and big the Earth is and how relatively small our concerns are.

A few people, widely scattered, were enjoying the day. The boardwalk was only sparsely populated, and people were doing cleanup and repairs, already getting ready for the winter.

A lone fisherman stood out on the rocks, casting into the surf. The scene was solitary. The heartbeat slowed, the mind quieted and I felt like my better self as I set new footprints into the sand.

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# HERALD EDITORIAL

## School bus cameras will make students safer

**O**n Aug. 6, Gov. Andrew Cuomo signed a law that will allow counties, cities, towns and villages throughout the state to outfit their school buses with cameras to catch motorists illegally driving past them while their stop signs are out.

With the school year kicking off, drivers should remember to stay at least 10 feet back from a bus and remain stopped until its red lights stop flashing. One careless driver can drastically alter a child's life for the worse.

The Herald supports the new camera law, and we hope all school districts and bus companies in Nassau County have cameras mounted on buses in the near

future. No parents should have to find out that their child was struck by a car while getting on or off a school bus.

The new law includes escalating fines for blowing through buses' deployed stop signs: \$250 for the first violation, \$275 for a second violation within 18 months of the first, and \$300 for each subsequent violation.

"No parent should ever have to worry that their child's bus ride to and from school is anything other than safe and easy," Cuomo said in a statement. "By signing this measure into law, we are providing school districts the tools they need to hold reckless drivers accountable and advancing New York state's bold initia-

tives to keep our school children safe."

The law takes effect on Sept. 5, and will stay in effect until Dec. 1, 2024. It will be up to local lawmakers and school district officials to work with private companies that will install these cameras.

If a vehicle passes a school bus with its stop arm outstretched — from either direction — the camera will snap a photo of the vehicle and its license plate in the act, the same way a red-light camera does. The registered owner will receive a violation notice in the mail that includes the date and time of the incident, the vehicle's registration number, the identification number of the camera and instructions for contesting the fine.

## Take a moment to reflect on 9/11

**N**ext Wednesday will mark the 18th anniversary of one of the most tragic days in U.S. history, when 2,606 people were killed in the 2001 terrorist attacks on the World Trade Center. It is always a painful anniversary for all of us in the metropolitan area.

It's a day when most Americans, particularly New Yorkers, can tell you exactly where they were and what they were doing when they learned that two planes had crashed into the twin towers, erupting in fireballs. Many Long Islanders remember scrambling to find out if their friends and family members in Manhattan were OK. Sadly, too many learned that their loved ones were *not* OK.

The Freedom Tower now soars above

the Manhattan skyline, but the magnitude of that terrible day is still felt in 2019. Thousands of public servants rushed to what was then known simply as "the pile" to help with rescue and recovery efforts. Too many of those first responders have since died because of 9/11-related cancers and other diseases caused by breathing toxic air for weeks, even months.

Luis Alvarez, a former New York Police Department detective and an Oceanside resident, died on June 29, at age 53, of Stage 4 colorectal and liver cancer, which was correlated to his time spent at ground zero. Alvarez was courageous to the end, urging Congress on June 13 to vote to extend the health care protection of first responders in the September 11th Victim Compensation Fund. The money was tem-

porary until Congress voted to replenish the fund by \$10.2 billion over the next 10 years. President Trump signed the measure into law on July 29.

As the years pass, a generation now growing up in a post-Sept. 11 world has only vague memories, or none at all, of that day. Almost all of the teenagers who will graduate from high school next June were born after 2001. But the stories of the heroism of first responders like Alvarez, living or dead, should be passed on to future generations forever.

While 18 years may not be a landmark anniversary, we encourage you to take a moment next Wednesday to reflect, and perhaps visit a local 9/11 memorial in your neighborhood to pay respects to those who paid the ultimate price on that awful day.

## LETTERS

### Stevenson-Matthews does truly care

To the Editor:

Gaitley Stevenson-Matthews, who is running for City Council this fall, is right for this city because he truly cares.

There was an issue I was working on with RXR involving its hanging of the American flag at its downtown worksite. The flag was hung incorrectly, and after a message to the mayor, to another council member and phone conversations with RXR's office, it remained unrectified. I even went so far as to speak to some of the workers at the site.

Stevenson-Matthews saw on Facebook how frustrated I was and contacted me immediately. Within a day, the situation was handled, and our flag was flying correctly. That's what I call results.

Stevenson-Matthews considers our concerns, no matter how big or small. He constantly tries to unite us as a community, whether by leading the dancing



## OPINIONS

# A letter to my fellow health care CEOs about guns

Dear Colleagues:

In the weeks and months following the school shooting in Parkland, Fla., last year that claimed 17 lives, a deputy sheriff who was onsite at the time was vilified and later brought to trial for his failure to act in an emergency.



**MICHAEL J. DOWLING**

As a nation, has our response to the gun crisis really been any different?

Gun violence in this country is a public health crisis that has grown increasingly worse under our watch. To date, we've collectively done very little to ameliorate it, and I would argue that in not so doing, we have

failed to provide for the health and wellness of our communities.

It's time for us to use our collective voice, the power of our lobby and the financial weight of the \$3.5 trillion health care industry to combat this crisis. We shouldn't take no for an answer.

To be sure, there is plenty of blame to go around for the growth of this epidemic. It's easy to point fingers at members of Congress for their inaction, at the vile

rhetoric of some politicians who stoke the flames of hatred, at the lax laws that provide far-too-easy access to firearms, or at the National Rifle Association's intractable opposition to any and all common-sense legislation. It's far more difficult to look in the mirror and see what we have — or haven't — done.

All of us have allowed this crisis to deepen. Sadly, as a nation, we have become numb to the bloodshed. Collectively, we have failed to generate sufficient public outrage to bring about the changes that would help prevent this mindless slaughter.

True leadership doesn't blame; it acts. And leadership isn't about having a title like president, senator or CEO. True leadership is found in bridging gaps and forging a path that others will follow. Leadership is thoughtful, responsible, unifying, positive and, when necessary, unyielding. In this case, it's understanding that you can support the Second Amendment and still have sensible gun laws to provide for public safety.

Recently, the comedian Jon Stewart provided a model of how health care public policy leadership can work when he and others held Congress accountable to "do your job" and approve an extension of the September 11th Victim Compensation

Fund. That model can work in this instance too. The voice of the American citizen is a most powerful thing.

I believe the lessons we've learned in health care can apply to this crisis. Together we must:

*Act with a sense of purpose.* Help defeat elected representatives who fail to support sensible gun legislation that includes background checks. We need to know the positions elected officials take on sensible gun legislation and vote for those who are willing to address the crisis. Go to [www.opensecrets.org/news/issues/guns](http://www.opensecrets.org/news/issues/guns) to learn their positions, and who receives gun lobby money.

*Recognize the importance of mental health.* Increase awareness and reduce the stigma of mental illness. Support funding for the identification, diagnosis, treatment and support of mental health disorders. Prohibit the sale of firearms to people who are at risk of harming themselves or others. It's also important that we don't demonize the mentally ill. Scientists estimate that only about one in five mass murderers are psychotic or delusional. They say most do not have any severe or diagnosable disorder; rather, they tend to be disgruntled and aggrieved individuals whose

anger eventually manifests in violence.

*Use an ounce of prevention instead of a pound of cure.* Prevent the sale of and access to firearms that serve no other purpose than to inflict mass casualties. Increase awareness and training to identify risk factors and better understand "red flag" laws that allow police, district attorneys, family members and school administrators to file a petition with the State Supreme Court if they have reason to believe a gun owner is a threat to himself or others.

*Know history.* A doctor wouldn't prescribe medicine without knowing a patient's background and history, to ensure that the medicine will cause no harm. Should we allow the sale of guns without the same degree of caution?

So far in 2019, 62 people have been killed in mass shootings. Enough is enough. I'm asking you, my fellow health care executives, and all who are concerned about this public health crisis to join me in using our collective voice to enact needed change. We are a nation that's grieving, but we should also be a nation that's angry and demands accountability on the part of our elected officials.

Sincerely,  
Michael J. Dowling

*Michael Dowling is the president and chief executive officer of Northwell Health.*

## LETTERS

at our Downtown Sounds or holding one of his famous Disco Nights at the Polish Hall. When there are concerts at Morgan Park, you can find Stevenson-Mathews there introducing himself to those who might not know him, meeting the community he already has befriended and taking many pictures with everyone whom he encounters.

CHRIS PETRELLA  
Glen Cove

### Vote for Perrone

To the Editor:

In a few weeks we will read all about the people who want to run for various offices in both our national and local elections.

As an avid follower of local government, I've seen such positive change in our city recently. Mayor Tim Tenke and Councilwoman Marsha Silverman have made some big changes in Glen Cove. I've also noticed the constant objection by the other council members that block Tenke and Silverman's progress at every opportunity.

I've met and spoken to many of the candidates running and strongly support John Perrone for council. He has been a strong advocate for our city as a representative on the Planning Board and Zoning Board.

Additionally, he has donated his time to several youth programs over the past 10 years. I've seen him personally assist in the mentoring of Glen Cove's youth. His ideas regarding re-evaluating our zoning codes are long overdue, and his ideas to revamp code enforcement and revitalize our downtown are new and fresh, which I can really get behind. I am confident that as a councilman he would do a great job in representing all of Glen Cove, not just a select few. Vote for him in November.

CYNTHIA HILL  
Glen Cove

### We need to condemn Trump's anti-Semitism

To the Editor:

Appealing to primitive religious prejudice to accuse Jews of disloyalty is anti-Semitic and must be condemned for the modern-day blood libel that it is. Trump's language is not just a dog whistle to his zealous admirers. It is instead a five-alarm fire siren to every American who believes in the United States as an aspirational nation. Trump's spirit is anything but aspirational. It is despicable and must be rejected.

American Jews have served in and made the ultimate sacrifice in every war in our nation's history. Mine is not the only family to have had a Gold Star Mother. I make this statement not as president of the National Association of Jewish Legislators of New York, not as a member of the board of directors of the National Association of Jewish Legislators or as a board member of the Nassau County Jewish Lawyers Association and not as former counsel to North Country Reform Temple Ner Tamid.

As a Jew elected to public office, and far

### FRAMEWORK Courtesy of the Lanteri family



Great reading for those of all ages — Cabo San Lucas, Mexico

more importantly as a citizen of the United States of America, I condemn Trump's bigotry.

It is our sacred American responsibility to stand together against injustice.

Should we fail to live up to that most solemn faith, then our nation will most surely perish.

ASSEMBLYMAN CHARLES LAVINE  
13th Assembly District



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