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VOL. 29 NO. 10

MARCH 5-11, 2020

## On a mission to stop veteran suicide



Courtesy Kevin Hertell

**KEVIN HERTELL, FAR** right, is spreading the word about the nonprofit Suicide Awareness & Remembrance Flag Corporation, above at Veterans of Foreign Wars Post 2912 in Wyandanch.

By MIKE CONN

mconn@liherald.con

The passion was apparent in Kevin Hertell's voice as he stood before the Glen Cove City Council on Feb. 25. The Air Force veteran, who came in uniform, founded the nonprofit Suicide Awareness & Remembrance Flag Corporation. He asked council members to consider flying the flag he created to memorialize the thousands of veterans who have died by suicide after returning home from war.

More than 100,000 veterans have taken their own lives since 2001, Hertell said, and it is time this epidemic is recognized.

"These fallen veterans have no monument, no memorials, no adequate media coverage," he said, "and they and their families are being ignored and forgotten by our country,

CONTINUED ON PAGE 3

# City of Glen Cove looks to upgrade its technology

By MIKE CONN

mconn@liherald.com

A planned City of Glen Cove information-technology infrastructure project would cost the municipality more than \$750,000 over the next five years, Mayor Tim Tenke said after a presentation on the proposal at a March 3 pre-council meeting.

Glen Cove IT Director Anthony Frisa presented the plan, which would cost the city a little over \$126,000 a year for the next half-decade. The City Council will vote on the plan at its next meeting on March 10.

"There has not been a comprehensive upgrade to our IT [at City Hall] and the other buildings in Glen Cove for forever," Tenke said.

The city would finance the project with a loan, which would be funded by the city's annual budget, Councilwoman Marsha Silverman said.

Phone lines would be updated and upgraded, Frisa said, noting that the city's phone system is 21 years old. Employees cannot durrently dial between city agencies, he said. Each agency has its own phone number and set of extensions, so residents who call in cannot be transferred from one agency to another. With the upgrade, all of that would change.

With the new system, Frisa also said, phone numbers could be easily reprogrammed if employees moved from one office to another, enabling them to keep the same extensions.

The digitalization of the city's phone lines would do away with its old copper lines, he said. City Hall and the Glen Cove Senior Center would be focal points of the project.

The phone line digitization CONTINUED ON PAGE 17



Christina Daly/Herald Gazett

**THE CITY IS** looking to upgrade its information-technology infrastructure, with City Hall being a focal point.

## **THURSDAY** MARCH 26 6:00-9:00PM

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**SPECIAL GUEST** 

Antoinette Biordi **Emmy Award Winning Reporter** News 12 Long Island



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#### 















## Plan to fly SAR flag is moving ahead

CONTINUED FROM FRONT PAGE

until now."

Hertell said he spent a year designing the flag, which displays a veteran's bowed head in the center of a gold star, and gold wreaths on a field of black. He was inspired by the Prisoners of War flag, and has spent the past year campaigning for the SAR flag's recognition. It now flies in 13 states.

Mayor Tim Tenke agreed informally to fly the flag downtown alongside the American and POW flags, and it will likely be the first city in the country to do so.

Although Hertell has not approached the Town of Oyster Bay yet, Supervisor Joseph Saladino said he believes that flying the SAR flag is a good idea. "We support our veterans and the combined efforts to raise awareness for those struggling with depression, PTSD and other issues after serving our nation," Saladino said. "Displaying this flag is an important way of letting others know that help and care is available for them."

Hertell said he plans to take the cause to the county next, and then the state. The goal, he said, is to have the flag recognized by Congress. He received a standing ovation at the end of his presentation.

Tenke said that veteran suicide must be addressed, and that he was willing to help Hertell spread awareness of the issue. The flag proposal does need to be approved, however, by a majority of City Council members. Tenke said it would be on the agenda at the council's March 10 meeting, and added that he was confident the flag would soon fly above the city.

"The end product that you put together is going to be a symbol throughout the entire nation for this issue," Tenke told Hertell. "I think if we can get enough people interested in it, then maybe we can do something about it and stop this terrible wasting of our veterans and get them the help they so desperately need when they come home."

Hertell, who served in the Air Force from 1999 to 2003, said that after his cousin, Air Force veteran Robert Dean, took his own life in 2016, he recognized that Dean's death could have been prevented if he had gotten the right treatment. Hertell's father, J. Kevin Hertell, is also a veteran — and a suicide survivor.

Veteran suicide is pervasive, Hertell said, because of a lack of mental health support for veterans returning from war. Because of the military's "warrior culture," veterans are often told to ignore their mental health. That stigma must end, he said.

"Myself, along with other organizations, are looking to reverse that," he said, "and normalize mental health and prevent veterans from taking their lives at a rate of over 20 a day."

Veteran leader Fred Nielsen, of Glen Cove, joined Hertell's effort after meeting him at a veterans' advisory meeting hosted by U.S. Rep. Tom Suozzi in November. Nielsen said he was taken by Hertell's story, particularly that he has twice dealt with veteran suicide.

"While those things were the stimulus that caused Kevin to respond," Nielsen said, "what's more fascinating is that there was already something magnificent inside



Photos Courtesy Kevin Hertell

#### HAD J. KEVIN

Hertell, above, killed himself, his son, Kevin, and his grandchildren Summer Terban-Williams, left, and Wolfgang Hertell, would not be here today.

HERTELL'S COUSIN, SENIOR Airman Robert Dean, died by suicide in 2016, but is survived by his son Cooper.

of Kevin.'

Nielsen, 73, said he has seen every life stage of those who return from war, and understands how difficult it can be. He said fear and doubt plague many veterans' minds, and not having anyone they can reach out to about their problems can be disastrous. Groups like SAR help validate veterans' feelings, Nielsen said.

"I think we're searching for the language," he said. "We're still searching for the gesture, the thing that will get through to the veteran."

Nielsen works with many youth organizations, like Boy Scouts. He explains to them the responsibilities of serving in the military, and paints a realistic picture of what service is like.

Reginald Butt, a former commander of the American Legion Quentin Roosevelt Post 4 in Oyster Bay, said that many organizations, including the U.S. Department of Veterans Affairs, are working to combat veteran suicide, and having a flag to symbolize that fight would help the cause. "We have a lot of veterans with PTSD, and they don't know where to go get help," Butt said, "and these groups can help them."

Saladino said that residents can also provide assistance to veterans who need help. "If you know of a veteran suffering from a behavior health issue," he said, "I implore you to help them seek help by calling the Long Island Crisis Center."

Nielsen and Hertell said they were pleased by Glen Cove's response. Nielsen said that Tenke respects veterans, and that he was leading from the front.

Hertell said that the support feels great, and shows his cause is growing. "Simply talking about [veteran suicide] makes a difference in the lives of the veterans who are suffering," he said. "They know that there are people who care."

## Veteran suicide statistics

Veteran suicide increased over the past decade and a half, and SAR is seeking to reverse that trend. Statistics to keep in mind:

- The number of veteran suicides per year increased from 5,787 in 2005 to 6,139 in 2017.
- The number of veteran suicides has exceeded 6,000 every year since 2008.
- In 2017, an average of 124 Americans died by suicide each day. Roughly 17 of them were veterans, even though veterans comprise less than 1 percent of the population.
- The suicide rate for veterans ages 18 to 34 increased by 76 percent from 2005 to 2017.

Source: U.S. Department of Veterans Affairs

## The SAR flag's design

Each component of the Suicide Awareness & Remembrance flag represents an aspect of the organization:

- The black background represents mourning the individual.
- The gold and the gold star represent a military member who has died.
- The points of the star represent the five branches of the military.
- The veteran faces left to pay homage to the POW flag, the primary inspiration for the SAR flag.
- The veteran is seen with bowed head in a somber position.
- The black circle around the veteran represents the military coming together to mourn the individual.
- The memorial wreath has 10 exposed rows of two leaves, which represent the 20 veterans who die by suicide daily.
- "Honor the Fallen" veterans are honored when awareness of the suicide epidemic is raised.

Source: Suicide Awareness & Remembrance

## Northwell to have coronavirus testing within a week

Northwell Health Labs expects to begin testing for the coronavirus within a week, now that the U.S. Food & Drug Administration has given the green light for outside labs to conduct the COVID-19 tests once appropriately validated.

At a news conference today with U.S. Senator Charles Schumer at the 101,000-square foot Core Lab within Northwell's Center for Advanced Medicine in Lake Success, Dr. Dwayne Breining, executive director of laboratory services at Northwell, said manual testing for coronavirus could begin this week, with 75-100 tests processed daily. Once the lab automates the process, it will have the capability to process hundreds and eventually thousands of tests daily, he said.

"Once the process is fully automated, we will have the ability to conduct tests within three-to-four hours of receiving samples at the lab and report the results immediately," he said.

Prior to this week, all nasopharyngeal swab samples from patients who met the criteria for testing established by the U.S. Centers for Disease Control & Prevention had to be sent to the CDC's lab in Atlanta for testing. The turnaround time for results was multiple days. To date, Northwell has referred only four samples from suspected cases to the CDC for testing.

"If the virus continues to spread (there is currently only one confirmed case in New York and about 86 nationwide), the ability to have local lab-testing capability is vitally important," Breining said.

Over the next month the lab is working with test manufacturers to make this testing available within Northwell's hospitals throughout New York City, Long Island and Westchester County, further expanding the health system's ability to respond to an epidemic. Those facilities are already doing rapid molecular testing for the seasonal flu using similar technology. "With local labs, you can test quicker and get the results quicker," Breining added.

The expanded ability to test patients for COVID-19 will greatly enhance Northwell's ability to manage patients with the potential infection. However, given the limited testing capacity and the CDC's current recommendations, patients with milder symptoms who do not require hospitalization will not be tested. Such testing is currently reserved for patients who have had contact with someone infected with the virus, or those who are very sick and will require hospitalization.

Over the past six weeks, Northwell invested more than \$5 million on coronavirus preparation, including more than \$2 million for lab testing and sup-

Constructed at a cost of \$59.6 million and opened in 2019, the Core Lab features North America's largest Roche Diagnostics automated testing line of its kind and one of the biggest in the world. It currently processes more than 20 million tests annually.

Throughout all of its hospitals and -Laura Lane contributed to this story



Courtesy Northwell Health

SEN. CHUCK SCHUMER and Northwell Health's Dr. Dwayne Breining tour Northwell Health's Core Lab in Lake Success, NY on March 2. Northwell will begin testing for COVID-19 this week.

approximately 800 outpatient locations, Northwell continues to maintain a vigilant approach to protecting patients, staff and local communities from the virus. The health system's clinical protocols are designed to quickly identify potential infectious patients as they enter our facilities, isolate them appropriately, prevent transmission of infections and protect front-line caregivers from potential exposure.

"Northwell is well-prepared to manage the challenges posed by the coronavirus, as evidenced by our response to previous infectious disease outbreaks, including our Anthrax response in 2001, SARS in 2003, swine flu in 2009 and Ebola in 2014," said Michael Dowling, Northwell Health's president and CEO. "It's important for people to remain calm and take practical steps such as routine handwashing to protect against not only the coronavirus but the flu, which has already affected 26 million Americans this season and killed more

Northwell Health has plans in place for all of its 23 hospitals, including Glen Cove, if people become infected with the coronavirus. Mary Mahoney, Northwell's vice president of emergency management and clinical preparedness, said that it would increase its isolation capacities in every hospital.

'We thought through what it would take if we had to add an additional 50, 100 or more isolation patients in our hospitals," Mahoney said. "While this disease does not require a specialized treatment unit, the CDC does require private rooms," she added. "We would have 30 beds available at Glen Cove Hospital, the equivalent of two hospital wings.'

## **CRIME WATCH**

### Arrests

- A female, 60, of Sea Cliff, was arrested for operating a motor vehicle under the influence of alcohol on Feb. 29.
- A male, 44, of Glen Cove, was arrest-

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ed for third-degree assault and seconddegree menacing on Bessels Lane on

- A male, 37, of Glen Cove, was arrested for endangering the welfare of a child on Glen Street on Feb. 28.
- A female, 30, of Glen Cove, was arrested for second-degree criminal contempt on Brewster Street on Feb. 27.
- A male, 18, of Syosset, was arrested for seventh-degree criminal possession of a controlled substance, second-degree unlawful possession of marijuana and failure to stop at a stop sign on Cedar Swamp Road.
- A male, 61, of Glen Cove was arrested for attempted third-degree assault and second-degree harassment on Glen Keith Road on Feb. 23.

Our offices are located at 2 Endo Blvd. Garden City, NY 11530 and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday,

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## THE WEEK AHEAD

## Nearby things to do this week



**Spiel** Mezzo soprano D'Anna Fortunato, pianist Doris Stevenson and Paul will perform composer David Schiff's "Vashti, or the Whole Megillah" at the North Country Reform Temple on March 9 at 6 p.m. 86

Crescent Beach Road, Glen

Cove. (516) 671-4760.

## **Caregivers support group**

This daytime support group is for caregivers, family and friends of individuals with Alzheimer's disease or dementia. Talk through issues, develop coping strategies, and learn about community resources at the Life Enrichment Center on March 10 at 1 p.m. 45 E. Main St., Oyster Bay. (516) 922-1770.



## **Gaughran LIRR town hall**

Join State Sen. Jim Gaughran for a town hall to discuss the Long Island Rail Road. Residents can share experiences, suggestions and ideas on how to improve commutes at Oyster Bay High School on March 12 at 7 p.m. 150 E. Main St., Oyster Bay. (516) 922-1811.

## A day to be Irish

Hofstra University's will celebrate St. Patrick's Day during its annual Irish Festival, on Sunday, March 8, from 11 a.m. to 5 p.m. The Mack Physical Education Center on Hofstra's North Campus will feature music and dance performances throughout the day, and the Tommy Mulvihill Band will return with some Irish tunes. Info: (516) 463-6582 or www.hofstra.edu/festivals.





### **Memorable tunes**

Peter Asher, of Peter & Gordon, will join forces with Jeremy Clyde, of Chad & Jeremy, on Sunday, March 8, at 3 p.m., for an afternoon of music and memories featuring songs and stories from their '60s heyday. Hear the stories behind the lives and music of these legendary duos from the era that drew again the face of popular culture. Info: (516) 413-3535 or www. myfathersplace.com.

## NYAW announces environmental grant

New York American Water is accepting applications for its Environmental Grant Program. Each year, the program — which supports innovative and community-based environmental projects— offers funding of up to \$10,000 for qualifying environmental projects that improve, restore or protect watersheds, surface water or groundwater supplies within the company's service area.

Last year, NYAW awarded a \$10,000 grant to Crossroads Farm in Malvern. It developed a teaching garden of drought-tolerant native plants and host workshops to promote the use of native species in residents' garden with a focus on water conservation and environmental stewardship. The teaching garden also installed a Rachio 3 smart irrigation controller for the garden's irrigation system to educate homeowners about weather, water usage and the opportunity to conserve.

Grants are awarded on a competitive basis and are selected by NYAWemployees based on criteria such as project goals, impact, innovation, design, collaboration, sustainability, community engagement and other requirements. Applicants are expected to include specific, measurable goals for projects in their proposals. At the conclusion of the grant project, the lead organization

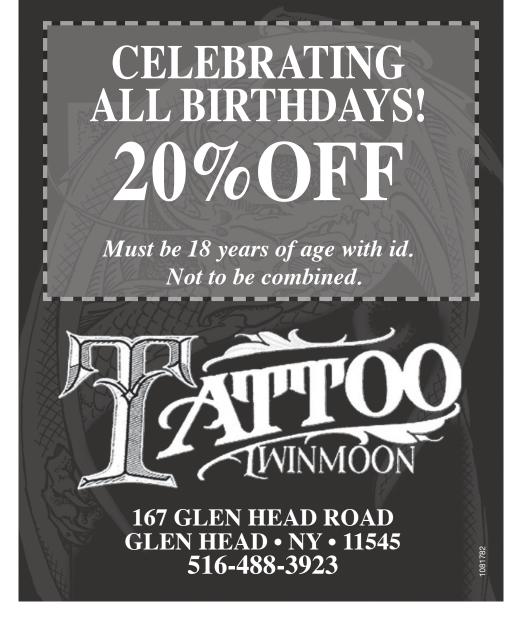
### How to qualify

To qualify, organizations must submit an application complete with the following information by March 31, 2020

- Description of the organizations seeking the grant
- Overview of the environmental project to be funded
- Location of the project, which must be in a NYAW service area
- Budget for the project
- Grant amount requested
- Sustainability of the project
- Timeframe for implementation of the project

must provide a written report on the project results and impact.

Grant recipients will be notified on April 30. For more information about New York American Water and its environmental stewardship and grants programs, visit www.newyorkamwa-



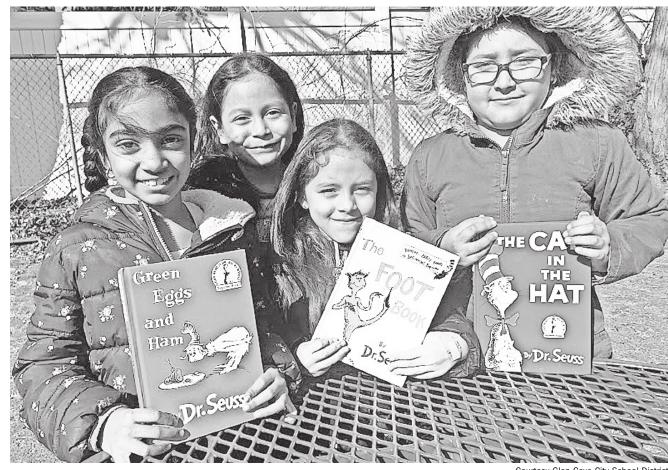
## **HERALD SCHOOLS**

## Reading is fun at Gribbin Elementary

Students from Gribbin Elementary School gathered outside with books in hand to celebrate Read Across America Day and Dr. Seuss' birthday on March 2.

Reading some of the famed author's most beloved titles, the stories helped students reinforce skills like identifying sight words and reading fluency. In addition, students learned how Dr. Seuss became an author and how his work still impacts people of all ages today.

Read Across America is a program that focuses on motivating children and teens to read through events, partnership and reading resources that are about everyone, for everyone.



Courtesy Glen Cove City School District

GRIBBIN STUDENTS GOT to read a multitude of Dr. Seuss's classic children's stories.

## Finley hosts its first History Day event

R.M. Finley Middle School recently hosted its first National History Day for all seventh and eighth-graders. The event is part of an innovative curriculum framework in which students learn history by selecting topics

of interest and conducting historical research using a variety of innovative technology.

Based on the theme of "Breaking Barriers in History," students worked with middle school social studies teachers on a variety of

topics to create websites that would educate others. Throughout the day, students practiced critical inquiry, how to ask questions of significance, the importance of time and place and were immersed in their research to create thorough and historically accurate websites.

Students from Glen Cove High School and Finley Middle School will continue on to compete in the National History Day Competition at Hofstra University on March 29.



Courtesy Glen Cove City School District

FINLEY MIDDLE SCHOOL seventh and eighth-graders created educational websites based off of historical events for the school's first History Day event.

## MSSN's latest poll tackles coronavirus, flu

By MIKE SMOLLINS

msmollins@liherald.com

Amid more than 100 Nassau County residents being put in voluntary isolation to be monitored for exposure to the coronavirus and one case being confirmed in Manhattan, Mount Sinai South Nassau Hospital in Oceanside released its latest "Truth in Medicine" poll, which focused on the virus.

In Nassau, the residents being monitored have been asked to remain away from people, including their families, for 14 days from the last time they were in China or may have been exposed to the virus. During that time, they will report their symptoms and daily temperature to county health officials.

On Sunday, Gov. Andrew Cuomo confirmed that a 39-year-old Manhattan woman contracted the coronavirus while travelling to Iran, marking New York's first known case of the illness. She has been isolated at her home after the diagnosis, Cuomo said.

According to MSSN's poll, which was taken before the case was reported, only slightly more than half of the residents surveyed in New York City and on Long Island would receive a vaccination to combat the spread of the coronavirus if one were to become available.

As the coronavirus death toll rises around the world, some 55 percent of residents polled said they would get a vaccine for the virus if one were discovered. Sixty-two percent of respondents to the poll—conducted among 600 area residents from Feb. 5-9—said they were highly con-

cerned about the coronavirus outbreak, with 72 percent reporting that they were less likely to travel overseas due to the scare. The poll also found that:

- Forty-eight percent of respondents said they were less likely to take mass transit
- Forty-six percent said they were less likely to attend large gatherings
- Seventy-two percent agreed visitor screening should be required before entering a hospital or public place.

**Dr. Aaron Glatt** 

Dr. Aaron Glatt, chairman of the Department of Medicine at MSSN, noted that much like the flu, many New Yorkers would not be in a hurry to seek out a coronavirus vaccine

"The poll showed that people aren't jumping to get vaccinated for the coronoavirus," he said. "I'm hoping people just didn't understand it. If it was something that really worked, I think people would be jumping to take it, even people who aren't normally in the vaccine camp."

While many respondents were worried about coronavirus, the flu has remained a much more significant risk to public health in the U.S., with at least 16,000 deaths reported since the start of the current flu season. Glatt noted that there are a lot of residents who also do not get vaccinated for influenza.



Courtesy MSSNt

**MOUNT SINAI SOUTH** Nassau Hospital Dr. Aaron Glatt said he was surprised that many residents do not get vaccinated for the flu, and noted that he was also shocked that the hospital's latest "Truth in Medicine" poll found that nearly half of those polled would not get one for the coronavirus if one were available.

"It always surprises me that people don't want to get the full protective benefits of something that's out there," Glatt said. "The vaccination is still good. It's still effective, not perfect, and I'm surprised that people aren't getting vaccinat-

ed."
COVID-19 spreads in similar ways to the flu and the common cold, but there is still much health experts do not know about the virus. The Centers for Disease Control warned that COVID-19 may have a long-lasting impact, and, while researchers are working on a vaccine to com-

bat it, one is not yet available. Results of the poll indicate that New Yorkers do not have a full understanding of how

deadly the flu can be. When asked how many people they thought had died from the flu in the country this year, 48 percent of respondents put the number at or below 1,000. The CDC, meanwhile, estimates between 16,000 and 30,000 people have died from the flu this season.

Although residents view the flu as a more serious threat to the nation than COVID-19, with 44 percent saying the flu is the biggest risk to the U.S. population compared to 21 percent for the coronavirus, respondents expressed more concern about the impact of the coronavirus (54 percent of respondents) than the flu (51 percent) on their family.

Physicians' offices, urgent care centers and hospital emergency rooms are being urged to obtain a full travel history from all patients, regardless of if they are presenting with symptoms.

"There is a flu epidemic on Long

## About the 'Truth in Medicine' poll

The Mount Sinai South Nassau "Truth in Medicine" poll is a quarterly survey of Long Island and New York City residents that aims to gather data about attitudes on key public health topics and help spur public education to improve public health. The poll was conducted from Feb. 5 to 9 via calls to 600 residents. The findings are subject to a sampling error of plus or minus 3.9 percent, according to MSSN.

The poll was created as part of the hospital's mission of improving educa-

tion around critical public health issues. The poll was conducted by a nationally recognized, independent polling firm, LJR Custom Strategies, which has offices in Washington and New Orleans. LJR has conducted more than 2,000 studies for a broad spectrum of health care, business, education, cultural and political clients in almost every state in the country and around the world.

MSSN began conducting the public health poll in January 2017. This is the hospital's first of 2020.

Island and across the state," MSSN Chief Medical Officer Dr. Adhi Sharma said. "Our hospital and many others are inundated with the flu and seeing more cases than in previous years. Protect yourself. Standard precautions, such as good hand-washing and observing proper coughing and sneezing etiquette, are still the rule of thumb to prevent against the flu, coronavirus and many other viruses."

Of those who responded, 75 percent said they had gotten the flu vaccine, while 84 percent said they frequently washed their hands as a way to protect themselves against viruses during flu season. Another 27 percent said they used herbal supplements, 29 percent said they stay home as much as possible and 45 percent said they try to avoid being around sick people.

"The flu shot is considered the single best preventive method against the

flu, so if you haven't been vaccinated, yet, please do so; it is not too late to get vaccinated," Sharma said.

Respondents to the poll showed they were fairly confident that the federal and state governments are adequately prepared to deal with a potentially large-scale outbreak of the novel coronavirus in the U.S., with 50 percent of metropolitan area residents saying they are confident government officials are ready to protect them. Some 36 percent said they felt that the government is not prepared and 14 percent were unsure or did not answer that question.

Overall, women were more likely than men to get a coronavirus vaccine if one were to become available. Younger respondents were also more likely to seek it than older respondents, and those who answered from New York City were more likely receive it than Long Island residents.

## **HERALD SPORTS** Veteran-led Hofstra eyes NCAAs

By ANDREW COEN

sports@liherald.com

Falling just short of an NCAA Tournament bid last season has added extra fuel for a veteran Hofstra women's lacrosse

Hofstra fell to James Madison in the Colonial Athletic Association title game last May with the league's automatic NCAA tourney invitation on the line in a rematch of a regular season 9-8 double overtime loss to the 2018 national champions that would have given the Pride a strong shot at an at-large bid. Those two defeats are fresh on the minds of Hofstra's returning players who are fueled to get the team over the hump this spring and achieve the school's first NCAA appearance since 2007.

"It's something we all come in here and dream of," said senior defender Darcie Smith, a former standout at Wantagh High School, on the goal of bringing Hofstra into the 26-team NCAA tourney field. "I think we have a good chance and I know once we get closer everyone will be so hungry for it."

Smith is leading Hofstra's quest for an NCAA berth as a tri-captain with fellow seniors Alyssa Parrella and Alexa Mattera. The Pride began the with a heartbreaking 9-8 defeat to then 16th-ranked USC before posting convincing victories against Bucknell, Wagner and Fairfield.

Parrella has rewritten the Hofstra record book holding marks now for most goals (203) and points (277) in program history. The senior midfielder was a Third-Team All American last year when she tallied 85 goals and 20 assists while ally tallying 22 draw controls.

"She is one of the best players in the country," said eight-year Hofstra head coach Shannon Smith of Parrella, the reigning CAA Player of the Year who scored eight goals in a 15-8 win at Wagner on Feb. 18. "She has a quick first step and she is a lethal goal scorer."

Mattera is also coming off a stellar junior campaign where she earned All-CAA First-Team honors with 39 goals and 68 draw controls. The senior midfielder opened her final collegiate season with a bang scoring four goals in Hofstra's season opener against USC and netted 11 for the month of February through the first

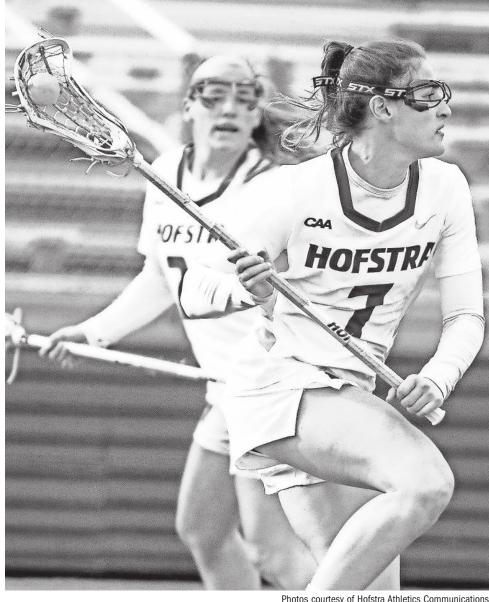


AS A JUNIOR last spring, Alexa Mattera ranked second on the Pride with 39 goals.

The Price boast a number of other scoring options including returning attackers Grace Langella, Amanda Guerra, Katie Whelan and Erin Demek along with freshman midfielder Taylor Mennella. Whelan, a Long Beach High School product, had a breakthrough sophomore season with 59 points on 30 goals and a team-leading 29 assists.

Hofstra's offense is getting plenty of extra possessions this seasons thanks to dominance in the draw circle by Smith. The Wantagh native recorded eight draw controls against both Wagner and Fairfield to move into second place in program history with 191. She credits the tutelage of Hofstra assistant coach Amanda Johansen, who had 258 draw controls during her playing career at USC, with being a driving force in her improvement in the circle the last two years.

"Having Amanda is awesome and every day I'm out there with her and she is helping me get better," Smith said. "I wouldn't be as successful as I am on the draws without the girls on my circle and



SENIOR MIDFIELDER ALYSSA Parrella not only set a Hofstra single-season record for goals in 2019 with 85, but also a new Colonial Athletic Conference mark.

without Amanda helping me every day."

Smith is also a key part of Hofstra's defense that also includes her former Wantagh teammate, Anna Kaufmann, who was fifth on the team in groundballs as a freshman last year. The defensive unit also features sophomore Erin Tierney, a CAA All-Rookie team honoree last year, junior Shannon Boyle and junior Sabrina Cristodero, who transferred from national powerhouse Florida. Cristodero returned home to Long Island where she

previously won three state championships at Saint Anthony's.

"She is probably the best defender in the country," said Coach Smith of Cristodero, who was ranked the 25th top recruit in the nation by Inside Lacrosse in 2017. "She is really pushing our attackers every day in practice."

Sophomore goalie Jess Smith backstops the strong Hofstra defense after establishing herself as one of the top netminders in the CAA as a freshman.

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## **HERALD NEIGHBORS**



Tammy Lanham/Herald Gazette

**GLEN COVE BID** and Mayor Tim Tenke honored Doug and Susan Goldstein and their family for their many years of service to Glen Cove residents.

## Glen Cove BID honors Charles of Glen Cove



Every year, the Glen Cove Business Improvement District holds a meeting in which it provides the community with an update on what took place during the previous year and offer a peek into what lies ahead in the coming year. The report includes a review of the BID's special events, capital improvements, economic developments, marketing and financial summary of 2019.

This year, the BID also used the event to honor Doug and Sue Goldstein, owners of local hardware store Charles of Glen Cove. The Goldsteins announced their retirement earlier this year and are closing the store, which has been open since the 1940s. They were presented with awards and certificates, with a slew of local and county dignitaries praising them for their decades of service to the community.

-Mike Conn

**COUNTY LEGISLATOR DELIA** DeRiggi-Whitton, above, presented the Goldsteins with certificates of recognition alongside members of the Glen Cove City Council.

**GLEN COVE MAYOR** Tenke, far right, welcomed guests alongside BID Executive Director Patricia Holman.

**THE MEETING INCLUDED** a cake to honor Charles of Glen Cove, which everyone enjoyed.





## **COMMUNITY UPDATE**

### Thursday, March 5

#### Paddle tennis and skeet shooting

Piping Rock Club, 150 Piping Rock Road, Locust Valley, 4 p.m. North Shore Land Alliance for some sporting fun. Win prizes and enjoy bourbon tasting, a cigar bar, a gourmet hot chocolate bar and exciting raffle items. (516) 922-1028.

#### **Evening of Enlightenment**

The Knights of Columbus, 81 Sea Cliff Ave., Glen Cove, 7 p.m. Join Sandy Riccardi as she lifts attendees' spirits by delivering messages from loved ones. Proceeds of this event will be going to the Diabetes Research Institute. \$40 includes coffee and cake. (516) 676-1828.

#### Cove Neck: O.B.'s Historic Enclave

Bayville Free Library, 34 School St., Bayville, 7 p.m. Looking out over the majestic waters of Oyster Bay, the village of Cove Neck has played an outsized role in the history of Long Island and the nation. Authors John Hammond and Elizabeth Roosevelt are the official historians of the Town of Oyster Bay and the Village of Cove Neck and will be signing copies of their book about Oyster Bay's "hidden enclave." (516) 628-2765.

#### Ticks and mosquitoes bites lecture

Locust Valley Library, 170 Buckram Road, Locust Valley, 7 p.m. Cornell University's Dr. Jody Gangloff-Kaufmann will address the different ticks on Long Island, their biology and the diseases they carry, along with how to protect oneself and others from being bitten by both ticks and mosquitoes. She will also address how to manage mosquitoes in the home landscape safely. (516) 676-1837.

#### **Community Leader Forum**

Grassroots, 671 Glen Cove Ave., Glen Head, 7 p.m. This forum will discuss the challenges facing the North Shore community and how residents can support building a foundation for success for children. In addition to North Shore CASA representatives, Adam Birkenstock from Long Island Council on Alcoholism and Drug Dependence will be presenting a talk on the positive influence that youth leaders can have on the decision-making of young people. (516) 671-1616.

### Saturday, March 7

#### **Byron Nernoff art reception**

Locust Valley Library, 170 Buckram Road, Locust Valley, 1 p.m. Enjoy an art reception and book discussion and signing of artist Byron Nernoff's memoir "Memories from the Attic." (516) 676-1837.

#### **Light Up Your Life**

Glen Cove Yoga, 50 Glen St., Glen Cove, 3 p.m. Participants will learn several different meditation techniques and awaken the Prana life force through life affirming breath practices. Learn how to use breath to enter meditation and deepen



Christina Daly/Herald

## **Nassau County Offices of Minority Affairs**

Learn about the services and programs offered by the Nassau County Office of Minority Affairs, Office of Hispanic Affairs and Office of Asian Affairs at the Glen Cove Library on March 10 at 6 p.m. Spanish translation will be available. 4 Glen Cove Ave., Glen Cove. (516) 676-2130.

your meditation experience. The powerful combination of meditation and breath practice allows attendees to reach deeper levels of consciousness and cultivate inner resources leading to inner calm, balance and clarity. (516) 277-1770.

#### Casino night

The Crescent Beach Club, 333 Bayville Ave., Bayville, 6:30 p.m. Enjoy a cocktail hour, followed by dinner and and open bar, silent auctions, music, casino tables and fabulous prizes. The best part is that all of the funds raised while having fun help save lives at the Cove Animal Rescue. (516) 628-3000.

#### **Mugwort Magic**

The Wells Cafe & Apothecary, 304 Sea Cliff Ave., Sea Cliff, 7 p.m. Discover a magical plant used for women's health and for working with dreams and connecting with spirit guides. \$35 includes cafe drink. (516) 671-2493.

## Sunday, March 8

#### The Story of the Yiddish Theatre

Glen Cove Library, 4 Glen Cove Ave., Glen Cove, 2 p.m. Dr. Diane Cypkin will tell, through English narration, the story of the Yiddish theatre and sing many of the memorable songs written and/or popularized by greats like Avrom Goldfadn, Boris Thomashefsky, Molly Picon, The Barry Sisters and more. (516) 676-2130.

#### Kindergartener meetup

Sea Cliff Village Library, 281 Sea Cliff Ave., Sea Cliff, 3 p.m. Children entering kindergarten in 2020 and their families can meet and get a head start on making friends. (516) 801-3402.

#### Supper at 2 Spring

2 Spring, 2 Spring St., Oyster Bay, 5 p.m. Share food, wine and community at 2 Spring for a Sunday Supper. This \$49 per person family style pre-fixe feast is inspired by their favorite home style classics. 20% of each meal will be donated to the Life Enrichment Center. Reservations are required. (516) 624-2411.

## Tuesday, March 10

#### Breakfast at Gemelli Market

Gemelli Gourmet Market North, 716 Glen Cove Ave., Glen Cove, 8 a.m. Join North Shore Biz Network (NSBN) for breakfast

Ryan Hedlund/Herald Guardian

## 16th annual Polar Bear Plunge

Take a dip in the chilly waters of Theodore Roosevelt Park on March 8 at 1 p.m. to benefit the Cerebral Palsy Assocation of Nassau County. 25 West End Ave., Oyster Bay. (516) 378-2000.

at Gemelli Gourmet Market North for breakfast and networking. Admission is \$5 and RSVP is not required. Food will be available for purchase. Attendees are welcome and encouraged to bring business cards. (516) 200-9746.

#### **Baseball in America**

Oyster Bay-East Norwich Library, 89 East Main St., Oyster Bay, 7 p.m. Evan Weiner will discuss the history of baseball in American culture. Topics include literature, songs, movies, stage, radio and television. (516) 922-1212.

### Thursday, March 12

#### St. Patrick's Day celebration

Life Enrichment Center, 45 E. Main St., Oyster Bay, 11:30 a.m. Enjoy lunch, a "Who's Wearing the Most Green" contest, as well as special entertainment and dancing (516) 922-1770.

#### **QPR** training for suicide prevention

Bayville Free Library, 34 School St., Bayville, 6:30 p.m. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. (516) 628-2765.

### Friday, March 13

#### Apple pie making

Gold Coast Library, 50 Railroad Ave., Glen Head, 2 p.m. Celebrated National Pie Day by making a classic seven inced round apple pie, using sliced canned apples and make pie dough from scratch. (516) 759-8300.

#### **Taste of the Irish Scone**

Restoration Oak, 227 Glen Cove Ave., Glen Cove, 6 p.m. Join Chef Courtney Citko in preparing ready-to-bake scones that can be taken home to baked and dazzle friends and family. In honor of St. Patrick's Day, Citko will offer a special Irish Soda Bread Scone that is sure to be divine. Tickets are \$40. There is also a session on March 14 at 4 p.m. (516) 200-6447.

### Saturday, March 14

### Spring Collections: Treble Ensemble

Christ Church, 61 East Main St., Oyster Bay, 8 p.m. Enjoy an evening of music featuring music by Lang, Lavoy, Rimkus, Valverde, Daley, Hagen, Dunphy, Runestad and Trumbore. (516) 922-6377.

#### HAVING AN EVENT?

Submissions can be emailed to Ilane@liherald.com.

## **NEIGHBORS** IN THE NEWS

KATHIE FLYNN, TRAVIS Yee and Vincenza Caruso were key speakers at the Inter Agency Council meeting.



## IAC meets at Trinity Lutheran Church

Twenty-three agencies were represented at the February meeting of the Inter Agency Council, which was held at Trinity Lutheran Church. Kathie Flynn, the agency's president, welcomed guests and introductions were made around the table. Vincenza Caruso shared the work that has been accomplished on the Age Friendly Glen Cove Initiative, including a grant which was applied for to improve a local park in April 2019, although it was not awarded. Additionally, a walk audit was conducted with Vision LI and AARP in July 2019.

Upcoming plans include a presentation in Atlanta on March 25-26, a spring advisory board meeting and working group meetings, finalization of the action plan for summer 2020, and submission and implications. Additionally, there are plans to apply for funding and search for low cost, quick action projects, and to increase social media visibility and public relations within the community.

Pastor Travis Yee spoke about his church, which is open to homeless men of the community on Mondays during the winter, from 9 a.m. to 4 p.m. Food is donated and one of the men cooks lunch for them all. The average number is 10 men. The items that are needed include deodorant, hoodies and hand sanitizers.

## Irene Scalfani elected chairwoman of **Tiegerman's Board of Directors**

The Tiegerman School Board of Directors has elected Irene Scalfani as the chair of the board. She is taking the reins after being a member of the board for four years. Irene and her husband John have been part of the Tiegerman family for many years. Whether it is golfing at Tiegerman's Annual Golf Outing, or volunteering at one of the many fundraising events. Irene and John are familiar faces within the community.

Irene is a graduate of St. John's University with a Bachelor of Science Degree in business. She has always worked in the financial services industry and is currently a managing director at Principal Financial Group, where she has worked for the past 12 years. In her spare time, Irene enjoys Pilates, spending time with family and roaming the aisles of TJ Maxx and Home Goods. Irene and John are "pawrents" to their rescued dog, Cuda, a Great Dane-Rhodesian mix, who provides unconditional love every



TIEGERMAN SCHOOL FOUNDER and CEO Dr. Ellenmorris Tiegerman, right, congratulated Irene Scalfani on her new position.

## JOB FAIR OPEN HOUSE

Wednesday, March 11th Two sessions • 10am-12pm & 4pm-6pm 2 Endo Blvd., Garden City

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## Inviting businesses to fly the flag

By LAURA LANE

llane@liherald.com

The friendship between Ralph Casey and Matthew Blass began over tea and bagels. But it was the removal of a pile of weeds that drew the men closer - so much so that Blass, a co-owner of Sea Cliff Bagel Café, agreed to become the first business in town to fulfill the dream of his favorite customer, Casey, to fly the American flag outside his store every day. And last Friday, the bagel shop, which is co-owned by Navy veteran Vincent Cefalu, became the first business to be honored for doing so by Glenwood Landing American Legion Post 336.

Casey is fond of telling the story of how his idea came to him. "I used to go to Matthew's store every morning, and got to know him," recalled Casey, who was the chaplain for the legion post for 11 years and the chaplain of the Nassau County Legislature in 2017. "I noticed that there were a lot of weeds out front, so I started weeding.'

Casey can still remember Blass's surprise. "He asked what I was doing," Casey said. "I said, 'Pulling the weeds,' and when Matthew asked why, I said, 'Because it seemed like the right thing to do."

Blass said he offered to pay Casey, but he refused the offer. He had a better idea, which he shared with Blass after a month of weeding last spring.

There was an empty flag pole among the weeds, which made Casey think of the displays of American flags he had seen while traveling around northern New York. "When you go to the little towns upstate, almost every store has a flag," he said. "In the Midwest, it seems like every house has a flag on it, too. I looked around Sea Cliff and Glen Head, and saw that there were only a few flags outside the stores, and those flags were ripped and shredded.'

He asked Blass if he would fly a flag outside his store. Blass agreed to do so, and shared the idea with Charles Faulkner, a Korean War veteran he had recently hired. Faulkner was grateful, Blass said, to be working somewhere where the flag would be flown.

There are actually two flag poles outside the shop, but one has been broken for



RALPH CASEY, OF the Glenwood Landing American Legion, right front, read the Prayer for the Flag at a ceremony honoring the Sea Cliff Bagel Café for flying an American flag. Shop co-owner Matthew Blass, in red, received a thank-you sticker from legion members including, from left, Rocco Douso, Richie Lindblom, Bill Laderer and Carl Ring.

business in 2006, both poles were operational, and Blass said he was proud to fly four flags, two American flags as well as a Navy and a POW flag. He flew a single American flag in January, but it was damaged, he said, and taken down.

Vincent J. Cefalu, the son of the shop's co-owner, said his father was also a Korean War veteran. "I believe in this country, and there's only one way to express that — with a flag," the younger Cefalu said. "Anything we can do to be patriotic and support our vets, we do. They are the people who deserve to be honored and respected. Freedom doesn't

Blass said he was happy to put the American and POW flags up two weeks ago. The Glenwood legion's color guard took part in the ceremony that Casey and former post Commander Bill Lanmony, Blass said, that included the Prayer for the Flag, which is read during the community's annual Flag Day ceremony, when legion members burn old, tattered flags.

"We want to instill in people's minds that flying the flag is a normal thing to do," Landerer explained. "Now people put a flag out only on holidays."

"I'd love to see flags all down Glen Head Road," said Richie Lindblom, a member of the color guard.

Another member, Carl Ring, said he sees the flying of flags outside businesses as a statement. "It would make the community more aware of the veterans," he said, "especially the Vietnam veterans who, when they came home, people were against."

Casey, who presented Blass with a thank-you label for the shop's window, said he was encouraged, and planned to speak to other store owners about following its lead.





BLASS AFFIXED THE label he received as a thank-you from the legion for flying an American flag outside the shop.



Photos courtesy Ralph DePas

MAYOR TIM TENKE, left, congratulated Vice President Matt Nartowicz, President and CEO Tony Capobianco and Chairman Aldo Verrelli on their accomplishment.

## Glen Cove family bank celebrates 20 years

By MIKE CONN

mconn@liherald.com

When Edward Capobianco pitched the idea for American Community Bank to his financial advisor Aldo Verrelli in 1998, he said it sounded like an excellent idea. Capobianco, a banker for decades, wanted to create a family-owned bank, one that is focused heavily on giving its customers the easiest and most comprehensive banking experience possible.

"He had all the experience and he always thought opening a bank would be a great thing," Verrelli said. "After he explained it to me, I said, 'Let's do it."

The two began building capital and planned how their new bank would operate. They opened the first branch at 300 Glen St. in Glen Cove in January, 2000. In celebration of its 20 years of service to Long Island, the city honored American Community Bank with a ribbon cutting.

Additionally, Richner Communications has awarded American Community with its 2020 Family Business Award.

"We are honored to recognize the Capobianco family at our inaugural event because they embody what the word community means," said Amy Amato, Richner's executive director of corporate relations and events. "As residents, it has allowed them to become deeply rooted and involved in charitable causes and local associations.'

Since its inception, American Community has established branches in Mineola and New Hyde Park, as well as Commack and East Northport in Suffolk, although the corporate office has always been in Glen Cove. Unfortunately, Capobianco was not able to see his business surpass two decades of success, as he died on 2019.

CEO Tony Capobianco, Edward's son, said maintaining its status as a familyowned business is pivotal to the success



PRESIDENT AND CEO Tony Capobianco was proud to display American Community's certificates of recognition.

and identity of American Community. He acknowledged that it can be difficult to keep up with larger banks in terms of basic services like ATM access and depos-

However, Capobianco said the company's leverage over its competition comes from its far superior ability to provide personal service to its clients, as well as easier access to financial experts. He said that customers know they will be better served on a personal level by a smaller bank, which he said gives American Community a large advantage.

"Being locally owned, individuals have the ability to speak directly to decision makers and we have the local community in the best interest," said Matt Nartowicz, vice president of the bank's Nassau branches.

Verrelli, now the bank's chairman, said the company treats its clients like CONTINUED ON PAGE 14

## **Volunteers Needed!**

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Courtesy Ralph DePas

CITY DIGNITARIES WERE on hand to celebrate alongside American Community Bank's representatives during their 20th anniversary ribbon cutting ceremony.

## Bank that treats 'clients almost like family' in G.C.

people, not just as numbers like many larger banks do.

'We treat all of our clients almost like family," he said. "We're involved in every loan that the bank makes and we know who our customers are."

It is this success that has made Capobianco proud of the presence American Community has had in Glen Cove these past 20 years.

"It means a lot," he said. "I think that it's challenging for smaller community banks these days, but we're up to the challenge and excited to continue on."

"It's a great achievement," Verrelli said. "We went from the one branch to five branches. We're growing the bank cautiously and we're hoping to get the bank to 10 branches soon.'

Capobianco said he was pleasantly surprised to see that American Community had won the Family Business Award. He said he is proud of the work he and the rest of his team do at American Community. And Verrelli added that the credit extends far past the bank's higher-ups.

"I think it's a great honor," Verrelli said. "Not just for us, but for our employees and our clients who made us what we

Although 20 years is a long time for any business to thrive, Capobianco said the people at American Community Bank are not even close to slowing down.

"We're honored and proud to serve the Glen Cove community for 20 years now," he said, "and we're excited to do it for another 20 years.

## GC Community Scholarship Fund releases honorees

Founded in 1958, the Glen Cove Community Scholarship Fund annually administers funds in the form of scholarships to deserving Glen Cove High School seniors. All proceeds from this event will be donated by the Glen Cove Council of PTAs to the Glen Cove Community Scholarship Fund for the GCHS Class of 2020 graduates.

The 2020 seventh annual Scholarship Luncheon will honor the following Diamond Club nominees:

- Kenneth Altamrano A teacher in the school district who taught second grade and who currently teaches STEM.
- Christina Braja A local parent and board member of the council of PTAs, as well as a past board member

of local school PTAs.

- Cheryl Carmody A Glen Cove resident and teacher in the district who teaches STEM.
- Zefy Petakas Christopoulos A Glen Cove resident and past PTA president who is very involved in the city.
- Maura Haff A Deasy Elementary School teacher who was born and raised in Glen Cove.
- Irene Kamola A kindergarten teacher at Gribbin Elementary School.

The luncheon will take place on March 8 from noon to 4 p.m. at the Metropolitan Caterers, 3 Pratt Blvd., Glen Cove. RSVP to joanneyeepta@yahoo. com.

## STEPPING OUT

Where to go, what to do, who to see

## Adventures in 'Jurassic World' A 'thrill-osaurus rex' is headed here

ids of all ages are in for a thrill when Feld Entertainment, those folks behind the big arena show extravaganzas, resurrects dinosaurs and adds their own stamp to the "Jurassic World" film franchise. "Jurassic World Live" takes audiences on an immersive journey through the dense jungles of Isla Nubar, so familiar to fans of the films, at NYCB Live's Nassau Coliseum, March 12-15, and March 19-22.

The spectacle features a bevy of mechanical and 'dino-teer'-driven dinosaurs. It's a lively and life-like bunch of dinosaurs - impressive in size, personality and mobility - as you are likely to have ever set eyes upon.

The show stars Madison Embrey as Dr. Kate Walker, a scientist who has created a decoder that makes it possible to communicate with dinosaurs, and to understand their thoughts, emotions and feelings. She is in the midst of developmental experiments using the device with a 'Troodon' dinosaur named Jeanie (Adair Moran); the two seem to be a happy experimental "couple "until some bad guys catch wind of what's going on and attempt to steal the technology, weaponize dinosaurs and use them for nefarious purposes.

There are chases and fight scenes and thrills and spills before Kate and Jeanie and the world — are made safe from the criminals.

According to NBCUniversal, the show came about because fans indicated that they want more ways to experience "Jurassic World," particularly interactive ways. "The thrilling action and largerthan-life experience of this live arena tour gives them the opportunity to engage in an all new and exciting way," says Vince Klaseus, President, Universal Brand Development.

That's where Feld Entertainment came in. The Feld team was asked if they were interested in creating a live show. A storyline was developed that worked for

both parties, and Feld was off and running.

Now the production is in the middle of a two-year national tour, which means shifting huge mechanical dinosaurs and arena-quality special effects around the country.

"It takes 28 truck trailers, traveling from city to city, to get this done," Adrian Baez, the production's tour director, says. "Two days of loading in, the drive time, then the "load-out," which takes five and a half hours. We travel with a full cast and animatronics team, and over 20 dinosaurs. We load them into crates and house them. The T-Rex has to go into two truck trailers to move him."

That T-Rex is 40 feet long, by the way, and has to be operated by remote control. As for the rest of the dinosaur characters (expect iconic dinosaurs including Blue the Raptor, Triceratops, and lots of Pteranodons), they're operated by 'dinoteers' inside the dinosaur models.

Jeanie's one of them.

The green dinosaur with black stripes and white outlines on the top of her back, neck, head, and tail is played by Moran, a petite five-foot New Yorker who has been with Feld for two years and loves her role as Dr Kate Walker's lizardy soulmate.

"Jeanie is really intelligent, communicates well, and helps the heroes win the fight against the bag guys," says Moran. "Troodons are predators, but she has trust for the doctor. Other people might have to watch out for her, of course!

The Troodon is also 140 pounds with a 10 foot tail. That means for Moran, learning the role was more than just understanding her character, but the physical demands of making her puppet work. For each show, she dons the entire Troodon head to toe, using her own legpower to move the creature around, and works its "expressions" inside a complicated cockpit by operating a panel of controllers (that includes buttons, levers and other devices) to make Jeanie's eyes, mouth, neck and head move.

"That was a long process," Moran admits. "There was a lot of physical training involved just to be able to carry 140 pounds of dinosaur on your back.

Then there's the whole question of acting; how to tell Jeanie's feelings through movements and reactions. How does she look when she's sad? How does she move when she's surprised? "Her facial expressions, her head movements, the way her body responds, all have to contribute to telling her part of the story,"

adds Moran. "Jurassic World Live" features a strong female lead and a storyline that fits neatly into the "Jurassic World" movie canon, which is currently in production with its third installment, scheduled for release to theaters in June 2021. By all accounts this is a lively show, featuring the films' unmistakable score, with plenty of special effects to make an impact, but still

Part of the reason the show appeals to all ages is that there's plenty of humor in it, consistent with the comedic elements built into all the

Jurassic movies.

But perhaps most important, according to the creative team, what makes the experience more than just a spectacle is the way it pulls on the heartstrings of the audience, based on the relationship between Dr Walker

and her beloved Troodon. "There's a lot to this show that is just plain caring, emotional and heartwarming," concludes Baez. "We don't give away the plotline, but there's a strong bond between Kate and Jeanie. At

the very end, when they are saying their goodbyes — if you leave without a tear in your eye, I'll be very surprised.'

See "Jurassic World Live" at Nassau Coliseum in Uniondale, Thursday through Sunday, March 12-15 and March 19-22. Times vary. Tickets start at \$15; available at www.jurassicworldlivetour.com or www. ticketmaster.com, (800) 745-3000 or at the Nassau Coliseum box office.

- George Wallace



## **ON STAGE Shakespeare**

The arrival of Hofstra's annual Shakespeare Festival means that we can soon look forward to spring. The festival celebrates 71 years with its first production of "Troilus and Cressida." a love story that takes place during the Trojan War. Considered one of Shakespeare's



Cooper, it's part of a trio that Shakespeare scholars say also includes "Measure for Measure" and "All's Well That Ends Well." As always, the main Shakespeare Festival play is accompanied the Festival Musicale, "A Garden of Earthly Delights," a program of pastoral music from the early 17th century. It includes works by John Dowland, Thomas Morley, John Bennet, Robert Johnson, Giovanni Battista Riccio, and Giulio Caccini. There is also a companion play, "What You Will," a one-hour adaptation of "Twelfth Night," which is an excellent introduction to the works of William Shakespeare for young

## WEEKEND

Out and About

Friday and Saturday, March 6-7, 8 p.m.; Sunday, March 8, 2 p.m.; Festival Musicale, Saturday March 7, 2 p.m.; "What You Will," Thursday, March 5, 11 a.m. and 8 p.m.; Friday, March 6, 11 a.m.; Sunday, March 7, 2 p.m. (with Festival Musicale). \$10, \$8 seniors and students. Hofstra University's John Cranford Adams Playhouse, South Campus, Hempstead, (516) 463-6644 or hofstratickets.com.

### **IN CONCERT Squirrel Nut Zippers with the Dirty Dozen Brass Band**

The two dynamic bands pair up for an adrenaline-filled double-bill of jazzy, bluesy swing. Since reactivating in mid-2016 Squirrel Nut Zippers (pictured) has been performing to packed houses across the country and around the world. As bandleader



Jimbo Mathus has said since the band's re-launch, "it's not a reunion, it's a revival! And the revival in 2018 included "Beasts of Burgundy," the band's first new studio album in 18 years, which debuted at #4 on the Billboard Jazz Albums Chart. SNZ is joined by New Orleans-based Dirty Dozen Brass Band. Dirty Dozen Brass has taken the traditional foundation of brass band music and incorporated it into a blend of genres including bebop jazz, funk and R&B/soul. The band is known for their unique sound, which they describe as a "musical gumbo." With over 40 years on the music scene, their name is synonymous with genre-bending romps and high-octane performances. Saturday, March 7, 8 p.m. \$59 and \$39. Tilles Center for the Performing Arts, LIU Post, Route 25A, Brookville. (800) 745-3000 or www.ticketmaster.com or www.

## **ARTS & ENTERTAINMENT**

**Coming Attractions** 

### **Performances**/ On Stage



The musical about a recording of an impromptu jam session involving Elvis Presley, Jerry Lee Lewis, Carl Perkins, and Johnny Cash in 1956, Thursday and Friday, March 5-6, 8 p.m.; Saturday, March 7, 3 and 8 p.m.; Sunday, March 8, 2 and 7 p.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or www.engemantheater.com.

#### Chippendales 'Get Naughty'

The all-male risque dancers perform, Thursday, March 5, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

#### On A Winter's Night

Christine Lavin and friends in concert, celebrating the 25th anniversary of the acclaimed "On A Winter's Night" CD, Thursday, March 5, 7:30 p.m. Jeanne Rimsky Theater, 232 Main St., Port Washington 767-6444 or www.landmarkonmainstreet.org.

#### **Triple Play: DSK**

The pop singer Dana Simone in concert, with Stephanie Lombardo and Kristen Ardito, Thursday, March 5, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

#### **Ballet Folclorico Nacional de Mexico** de Silvia Lozano

An evening of authentic Mexican dance and music with the innovative and theatrical group of dancers, Friday, March 6, 8 p.m. Tilles Center for the Performing Arts, LIU Post, Route 25A, Brookville. (800) 745-3000 or www.ticketmaster.com or www.tillescenter.org.

#### Boyz II Men

The R&B-hip hop group in concert, Friday, March 6, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Rd., Westbury. (800) 745-3000 or www.livenation.com.

#### Carie Karavas

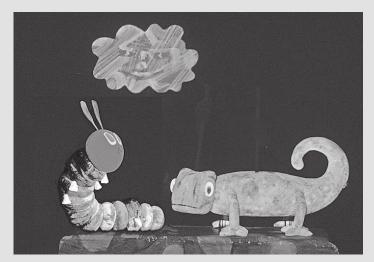
The wisecracking comic shares her humorous insights, Friday, March 6, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

#### Reel Big Fish

The ska punk band in concert, Friday, March 6, 8 p.m. With special guests Big D and Kids Table and Keep Flying, The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

#### **Broadway on Main Street**

Five Broadway performers recreate memorable musical theater moments, Saturday, March 7, 8 p.m. With Ali Ewoldt, LaVon Fisher-Wilson, Major Attaway, Judy McLane and



### **The Very Hungry Caterpillar** and Other Favorites

Eric Carle's beloved stories are retold on the Landmark on Main Street stage, on Saturday, March 14, at 11 a.m. and 2 p.m.

The acclaimed Mermaid Theatre of Nova Scotia recreates Carle's characters using black light and fanciful puppetry, with music and narration to tell the tales.

Follow along on the adventures of a very tiny and very hungry caterpillar as he eats his way through an amazing variety of foods on his path to becoming a beautiful butterfly in "The Very Hungry Caterpillar." Enjoy the adventures of "Little Cloud," who playfully transforms himself into various creatures, including a sheep, and an airplane, a shark and more - high up in the sky. "The Mixed-Up Chameleon" attempts to emulate the beautiful animals he sees at the zoo before coming to the conclusion that there is value in his own unique self.

Families are invited to visit the Nature Nerds Environmental Expo taking place between

Tickets are \$25 and \$18; available at 767-6444 or www.landmarkonmainstreet.org. Landmark on Main Street, Jeanne Rimsky Theater, 232 Main St., Port Washington.

Nic Rouleau. Jeanne Rimsky Theater, 232 Main St., Port Washington 767-6444 or www. landmarkonmainstreet.org.



#### **Dweezil Zappa**

The younger Zappa and his band in concert, Saturday, March 7, 8 p.m. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www. ticketmaster.com or www.paramountny.com.

#### **Steve Forbert**

The pop singer-songwriter in concert, Saturday, March 7, 8 p.m. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com

#### **Tracy Grammer and Jim Henry**

The acclaimed singer-songwriter. with multi-instrumentalist Jim Henry, presented by the Folk Music Society of Huntington, Saturday, March 7, 8:30 p.m.; open mic at 7:30 p.m. Congregational Church of Huntington, 30 Washington Dr., off Route 25A, Centerport. (631) 425-2925 or www.fmsh.org.

#### Urinetown

The satirical musical comedy, performed by Molloy College Cap21 Performing Arts stu-

dents, Saturday, March 7, 2 and 8 p.m.; Sunday, March 8, 3 p.m. Madison Theatre, Molloy College, 1000 Hempstead Ave., Rockville Centre. 323-4444 or www.madisontheatreny.org.

#### Asher and Clyde

Peter Asher and Jeremy Clyde join forces, Sunday, March 8, 3 p.m. Program features songs and stories from their '60s heyday. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www.myfathersplace.com.

#### Steve Hackett's Genesis Revisited

The former Genesis guitarist and his band on their latest concert tour, Sunday, March 8, 8 p.m. NYCB Theatre at Westbury, 960 Brush Hollow Rd., Westbury. (800) 745-3000 or www.livenation.com.

#### Straight Up With Stassi Live

Reality star and podcast host Stassi Schroeder on tour, Wednesday, March 11, 8 p.m. With special guests Beau Clark and Taylor Strecker. The Paramount, 370 New York Ave., Huntington. (800) 745-3000 or www.ticketmaster.com or www.paramountny.com.

#### Sylph Chamber Music

The ensemble in concert, Wednesday, March 11, 2 p.m. Program includes works by Mozart, Corelli, Saint-Saens, Shostakovich Ravel, Bizet and Jobim. Jeanne Rimsky Theater, 232 Main St., Port Washington 767-6444 or www.landmarkonmainstreet.org.

Songwriter producer Peter Mormoris and his band in concert, Thursday, March 12, 8 p.m. With rock 'n roll band Somehow Sorry. My Father's Place at the Roslyn Hotel, 1221 Old Northern Blvd., Roslyn. 413-3535 or www. myfathersplace.com.

#### For the Kids



#### Disney's Frozen Jr.

Musical based on the popular film about how princesses Anna and Elsa discover their hidden potential and the powerful bond of sisterhood, Saturday, March 7, 11 a.m.; Sunday, March 8, 10:30 a.m. John W. Engeman Theater, 250 Main St., Northport. (631) 261-2900 or www.engemantheater.com.

Investigate color, shape, form and texture with art activities based on a story, Friday, March 6, 10-11 a.m. Listen to stories while exploring various art materials and processes; followed by an art project. For ages 3-5. Registration required. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor.

#### **Studio Saturday**

Drop into Nassau County Museum of Art's Manes Center for hands-on activities inspired by the current exhibition, Saturday, March 7, 12-3 p.m. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. 484-9338 or www.nassaumuseum.org.

#### **Mutts Gone Nuts**

Canines and comedy combine in the fastpaced show, featuring talented four-legged performers, Sunday, March 8, 3 p.m. Jeanne Rimsky Theater, 232 Main St., Port Washington 767-6444 or

www.landmarkonmainstreet.org.

#### **Pizza and Paperbacks**

A book discussion for second-graders and up, Wednesday, March 11, 3 p.m.; also Friday, March 13, 12 p.m. (for children entering Kindergarten in 2020) and 3 p.m. (Kindergarten and Grade 1). Registration required. Sea Cliff Library, 300 Sea Cliff Ave., Sea Cliff. 671-4290 or www.seaclifflibrarv.org.

#### **Museums/Galleries** and more

#### **Locally Sourced: Collecting Long Island Artists**

An exhibition that kicks off the Heckscher's year-long centennial celebration, which underscores the museum's commitment to preserving and presenting the stories of Long Island's art through ther permanent collection. It brings together painting, sculpture, photography, and works on paper by dozens of artists to explore the themes of place, dialogue among artists, and landscape, with particular attention to the achievements of women artists of Long Island. Through March 15. Heckscher Museum of Art, Main St. and Prime Ave., Huntington. (631) 351-3250 or www.heckscher.org.

#### **Masters's Showcase**

Huntington Arts Council recognizes partici-

pating artists who have been honored in the previsous year's exhibits. Participating artists include Anjipan, Anne Barash Breitstein, Mary Brodersen, Christine Carbone, Fernando Carpaneda, Jon Duci, Jeffery Grinspan, Libby Hintz, Lucienne Mettam, Gabriella Grama, Maria Oliveira, Jonathan Pearlman, Alissa Rosenberg, Meryl Shapiro, Kate Sydney, Marie Winn. Main Street Gallery, 213 Main St., Huntington. (631) 271-8423.



#### Seashells... Nature's Inspired Design

An exhibit of seashells from around the world, from the collection of Garvies Point Museum, Garvies Point Museum and Preserve, 50 Barry Dr., Glen Cove. 571-8010 or www.garviespointmuseum.com.

#### **Theodore Roosevelt:** A Man for the Modern World

An exhibition that celebrates the presidency and legacy of Theodore Roosevelt, who is often considered the first modern president. Sagamore Hill National Historic Site, 20 Sagamore Hill Rd, Oyster Bay. 922-4788 or nps.gov/sagamorehill.

#### At the Movies

See "Suffragette," a drama that details the struggles of the fight for equality in early 20th century Britain, Thursday, March 5, 2 and 6:30 p.m.: also "Harriet," the biopic about the life and leagey of abolitionist Harriet Tubman, Thursday, March 12, 2 and 6:30 p.m. Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay. 922-1212 or www.oysterbaylibrary.org.

#### **Film Time**

See "Holiday," the 1938 romantic comedy classic starring Cary Grant, Friday, March 6, 2 p.m. Gold Coast Public Library, 50 Railroad Ave., Glen Head. 759-8300 or www.goldcoastlibrarv.org.

#### **Friday Flick**

See "Harriet," the biopic about abolitionist Harriet Tubman, Friday, March 6, 2 p.m.; also "A Beautiful Day in the Neighborhood," a drama based on the real life friendship between Fred Rogers and journalist Tom Junod, Tuesday, March 10, 2 p.m. Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove. 676-2130.



#### Having an event?

Submissions can be emailed to kbloom@liherald.com.

## Communication could be digitized in city buildings

CONTINUED FROM FRONT PAGE

project should be completed by the end of 2020. Frisa said.

The city also plans to add 75-inch television screens behind the council, as well as camera equipment by the dais or the public comment lectern. This would enable a city employee to project agenda items onto the screens so attendees could follow along, Frisa said.

Tenke said this would enable audience members to see photos or documents that residents might want to present to the council. Such exhibits cannot now be displayed.

Frisa said the screens would be positioned so as not to obstruct the view of the large windows behind the council's dais. New and improved live-streaming equipment could also be in the works,

The project may come in under budget, Frisa added. "The beauty of this," he said, "is that if I come under budget after all's said and done, now we just take that extra money, put it back toward the loan, and it lowers our pay-

Councilman Gaitley Stevenson-Mathews suggested a multi-directional microphone at the public comment lectern. Some residents do not speak directly into the microphone or walk around it, he said, making it difficult for the rest of the chamber to hear what is said. A multi-directional microphone would solve that problem. Frisa said the IT department would look into that.

#### THE OUESTION:

How do you feel about it the plastic bag ban?



We are doing our part with our charity's Rescuing Families, Inc. yard sales. We need to keep things out of the landfills.

#### Gina Cantone-Centauro Co-founder Family to the Rescue

This is a good start of what is so needed, which will lead to other eliminations of plastics in our society. Children need to be taught about the danger of plastic in on our environment.



The elimation of plastic bags is necessary because the bags were never properly disposed. Everyone will have to make adjustments.

Brian O'Connor



It's a great start and that's how we have to look at it. It's just the beginning of what needs to be done. The question is what should be done

### Denise Metzguer

Teacher

Love the idea! I've used cloth shopping bags for the past 20 years. When I get those plastic bags (occasionally) I use them for garbage can liners.

### Moiralee O'Leary O'Dea



The elimation of these plastic bags is necessary for our cleaned up. It's a start in the right direction.

Samantha Cools

## **NEWS BRIEF**

## 'Steel Magnolias' auditions to begin

The Glenwood Life Center, at 71 Grove St. in Glenwood Landing, will host auditions for a stage rendition of "Steel Magnolias" on March 16.

"Steel Magnolias," a stage play by American writer Robert Harling, is based on his experience with his sister's death. The play is a comedy-drama about the bond among a group of Southern women in Louisiana.

Set in a small town in the time of really big hair, six women gather in Truvy's beauty shop for gossip, friendship and support. The women are true "steel magnolias" -Southern belles who are flowery on the outside, but tough as steel inside. The play is alternately hilarious and touching as it moves from the excitement of Shelby's wedding to sadness as her friends mourn her loss. The dialogue is sharp and funny, and

all six roles are interesting and challenging.

Sides will be read from the script and are available at nsvillagetheatre.com. The director would like to see a glimpse of how actors would approach the character. Choose one character to focus on, but one should be familiar with the other scenes in case you are asked to read another charac-

Rehearsals are generally Mondays, Tuesdays, Thursdays and Fridays from 6 to 10 p.m. and Saturdays from 2 to 5 p.m. Actors will only be called if they are involved in the scene being rehearsed. Performances will be held on May 15 and 16, as well as May 28 to 30, at 7 p.m. Actors must be available on May 11 to 14 for tech and dress rehearsals. All rehearsals and performances will be at the Glenwood Life Center.

#### The cast of characters

Actors will have the chance to try out for the part of one of six characters.

- Truvy Jones The vivacious beauty shop owner who dispenses advice with lots of hairspray. 35 to 45 years old.
- Annelle Dupuy-Desoto A newly hired assistant who moves from unsure to wild to religious. 18 to 24 years old.
- Clairee Belcher A grand dame and widow of the former mayor who is elegant, sophisticated and a true beauty. 55 years old to late 60s.
- Shelby Eatenton-Latcherie The prettiest girl in town who loves pink and is strongwilled and passionate. Roughly 19 years old.
- M'Lynn Eatenton Shelby's mother who always knows what is best and is strong, stubborn and the heart of the piece. Age anywhere in the 40s and 50s.
- Ouiser (pronounced "Weezer") Bourdreaux A wealthy curmudgeon and a tough, eccentric character. 55 years old to late 60s.

## HERA Crossword Puzzle

#### ACROSS Docket entry

- Heidi's range
- One's years
- Greatly Inquisitive
- Present 15 Madison's
- place Exist
- Ardor
- Cuts into cubes
- Extra Rover's friend
- Difficult
- Hawk trainer
- Carte lead-in Eliot's Marner
- Rotation
- duration Outwardly curved on
- both sides 35 Bouquet
- holder Reed instrument
- Essential points
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- wear Grayish metallic element
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- Author Hunter
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- Portion of N.A. "Family Guy"
- daughter

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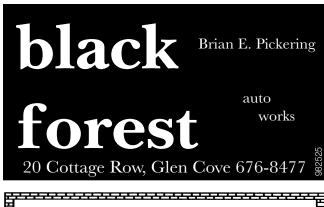
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FOR BIDDERS

PLEASE TAKE NOTICE that sealed bids will be received by the City of Purchasing Cove located at City Hall, 9 Glen Street, Glen Cove, N.Y. 11542 until 11:00 a.m. on March 27, 2020 at which time they will be publicly opened and read aloud and the contract awarded as soon thereafter as practicable

OF GLEN COVE CESSPOOL AND SEPTIC TANK PUMP-OUTS LOCATED IN GLEN COVE,

BID NO. 2020-002

Bidding Documents may be obtained at the Office of the Purchasing Agent, City Hall, 9 Glen Street, Glen Cove, N.Y. upon non-refundable payment of \$100.00 in cash or certified check payable to City of Glen Cove and bring a business card at the time of pick up. The Bidding Documents are available beginning March 6, 2020.

Each bid must be made Proposal form for this work prepared and in the manner designated therein. The bid shall be enclosed in an opaque sealed envelope addressed to the Purchasing Agent of the City of Glen Cove and marked on the outside with the name and address of the bidder, and the words "Bid for CITY OF GLEN COVE CESSPOOL AND SEPTIC PUMP-OUTS LOCATED IN GLEN COVE N.Y. BID NO (2020-002)"

The Contractor will be required to complete the form of "Evidence of Successful Completion Similar Projects included in the proposal

bidde successful comply with all Federal State Statutes relating to labor and Workers Requests Compensation. for Information regarding this Invitation should be sent only in writing via email to the Purchasing Agent of the City (yquiles@glencoveny.gov )No phone calls will be accepted.

The City reserves the right to reject any and all bids received, to waive any informality in the bids received and to accept that bid which in its judgement best serves the interests of the City. By: Yelena Quiles, By: Yelena Purchasing Agent

City of Glen Cove, New DATED:

February 2020 120636

PUBLIC AND LEGAL NOTICES... Printed in this publication can be found online. To search by publication name, www.mvpublicnotices.com

PUBLIC NOTICES NOTICE OF SI DISTRICT MEETING SPECIAL OF THE CITY SCHOOL
DISTRICT OF THE CITY OF GLEN COVE,
IN THE COUNTY OF
NASSAU, NEW YORK,
NOTICE IS HEREBY GIVEN

that pursuant to a resolution of the Board of Education of the City School District of the City of Glen Cove, in the County of Nassau, New York, adopted on January 8, 2020, a Special District Meeting of the qualified voters of said School District will be held on Thursday, March 19, 2020 from 6:00 o'clock A.M. to 9:00 o'clock P.M. (Prevailing Time) at the following places: School Election Districts Location Polling Place

High School, Dosoris Lane - Back Gym, Door # 13

Connolly School, Ridge Drive - Auditorium, for the purpose of voting upon the following Bond Proposition. You can visit the district's website at glencoveschools.org call 516-801-7001 vour polling location:

BOND PROPOSITION SHALL THE BOND RESOLUTION OF THE CITY SCHOOL DISTRICT OF THE CITY OF GLEN COVE ADOPTED BY THE BOARD OF EDUCATION JANUARY 8, ON 2020, 8, ENTITLED: "BOND RESOLUTION OF THE CITY SCHOOL DISTRICT OF THE CITY OF GLEN COVE, NEW YORK, ADOPTED JANUARY 8, 2020, AUTHORIZING CONSTRUCTION OF A D D I T I O N S , ALTERATIONS AND IMPROVEMENTS TO ALL
DISTRICT BUILDINGS AND SITES, AT THE ESTIMATED TOTAL COST OF NOT TO EXCEED \$46,353,852; APPROPRIATING SAID THEREFOR, AMOUNT INCLUDING \$425.000 GRANT FUNDS EXPECTED TO BE RECEIVED FROM THE STATE OF NEW YORK AUTHORIZING THE ISSUANCE OF NOT TO SERIAL BONDS OF THE

\$45,928,852 DISTRICT TO FINANCE THE BALANCE OF SAID APPROPRIATION," BE APPROVED? Bond Proposition shall appear on the ballots to be used for

voting at said Special District Meeting to be held on Thursday, March 19, 2020 in substantially the foregoing form. The voting at said Special District Meeting to be held on Thursday, March 19, 2020 will be conducted by ballot as provided in the Education Law and the polls will remain open o'clock A.M. from 6:00 and 9:00 o'clock P.M. (Prevailing Time) and as much longer as may be necessary to enable the voters then

present ballots.

to

HEREBY GIVEN that the qualified voters of District may register the Special Dist District the Special District Meeting to be held on Thursday, March 19, 2020 on any school day between the hours of 9:00 o'clock A.M. and 2:00 o'clock P.M. (Prevailing Time) in the main office of each of the school buildings of the District and in the office of the District Clerk in the Ruilding Administration and including Thursday, March 5, 2020. In addition, the Board of Registration shall meet on Thursday, March 5, 2020, from 9:00 o'clock A.M. to 7:00 o'clock P.M. (Prevailing Time), at the Administration Building, 154 Dosoris Lane, Glen Cove, New York, for the purpose of preparing the registers of the qualified voters of the City School District of the City of Glen Cove, New York. Any person will be entitled to have his or her name placed on such register, provided that he or she is known or proven to the satisfaction of the District Clerk, and the Board of Registration, to be then or thereafter entitled to vote at such Special District Meeting for which the registers prepared. Any Any person qualified to vote who is not currently unde permanent personal registration in the District by the last date found on the original or duplicate registers, or records, or list furnished by the Nassau County Boards of Elections, and has not voted at an intervening election, must, in order to be entitled to vote. present himself or herself

AND FURTHER NOTICE IS HEREBY GIVEN that the registers so prepared for Special District will Meeting will be completed on Thursday, March 5, 2020 thereafter filed in Office of the District Clerk of the Glen Cove School District, in the District Office, Administration Building, 154 Dosoris Lane, Glen Cove, New York, and will be open for inspection qualified by voter of between the f 9:00 o'clock District hours of and 3:00 o'clock P.M. (Prevailing Time), on day prior ay, March each Thursday, March 19, 2020, the date set for the Special District Meeting, Saturdays, and holidays, including the day set for the Special District

personally for registration or otherwise register with

Boards of Elections.

Nassau County

Meeting.
AND FURTHER NOTICE IS HEREBY GIVEN that applications for absentee ballots for the Special District Meeting may be applied for at the Office of the District Clerk at the

154 Dosoris Lane, Glen Cove, New York, between the hours of 9:00 o'clock A.M. and 4:00 o'clock P.M. (Prevailing Time) on any school day. However, such application must be received by the District Clerk at least seven (7) days before the Special District Meeting if the ballot is to be mailed to the voter, or the day before the Special District Meeting if the ballot is to be delivered personally to the voter. No absentee voter's ballot shall be canvassed unless it is received in the office of the District Clerk of the said School District no later than 5:00 o'clock . (Prevailing Time) on date of the Special District Meeting. A list of all persons to whom absentee ballots shall have been issued will be available during regular office hours in the Office of the District Clerk on each of the five (5) days prior to the day of the Special District Meeting. Information regarding the election districts are set forth on the District's

website ylencoveschools.org. A person shall be entitled to vote at said Special District Meeting only if such person is a qualified voter

BY THE ORDER OF THE BOARD OF EDUCATION Dated: January 8, 2020 Ida Johnson District Clerk 119723

LEGAL NOTICE REQUEST PROPOSALS FOR Auditing External Independent Services Auditor

For the North Central School Sea Cliff, New York Shore District, March 2, 2020

The North Shore Central School District, Sea Cliff, New York is a district of about 2,600 students, 650 full time employees, an operating budget for 2019-2020 of \$107,800,000.00, buildings, encompassing an area of approximately 9 square miles, offering educational instruction to grades through students in Kindergarten 12th grade. The District written firms of proposals from ndependent public accountants for its annual financial audit and related services for the fiscal years effective July 1, 2020 through June 30, 2025, subject to annual approval of the Board of Education of the North Central School The North Shore Central

District invites proposals for services from public accounting firms that have had experience in auditing school districts of similar size and scope, and that have staff capacity and expertise to do so for the Shore

School District.

ear Great Book Guru, Next week the Winfield Irregulars, with Sea Cliff's own Joe Hughes, will be performing at the Metropolitan Bistro on Sunday, March 15 at 4 p.m. It will be a grand afternoon of Irish folk music plus good food and drink. I

Lover of Irish Music and Myster-

am very excited, but there will be

plenty of time for a challenging

mystery. Any thoughts?

Dear Lover of Irish Music and Mysteries,

I am a great fan of Tana French, a writer of mysteries, that are all set in and around Dublin. An exciting new TV series Dublin Murders is based on some of these novels. "Faithful Place," is a favorite of mine. It is the name of a gritty, crime ridden Dublin housing project where Frank Mackay grew up. He left there as a teenager for many reasons: an abusive father, a detached mother, damaged siblings and most of all, a broken heart. Frank had planned a midnight elopement to England with his girlfriend Rosie Daly, but she never showed up, leaving him a note instead saying that she

had changed her mind. Neither Frank nor her family ever heard from her again.

The next 22 years saw Frank marry, have a child, divorce and eventually become a highly decorated undercover police officer, but he remained tortured by what he saw as Rosie's rejection. what he saw as Rosie's rejection. Estranged from family and friends, he never returned to Faithful Place. Then during a building demolition, Rosie's suitcase is unearthed and shortly

afterwards her body is found. Frank is forced to revisit people, places, and beliefs he had long ago abandoned. We soon realize a terrible crime had been committed. This is a tale of Irish despair, decay, and eventual redemption. Highly recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.



**ANN DIPIETRO** 

### **OBITUARY**

### **Ann Louise Recca**

Ann Louise Recca, of Glen Cove, died on Feb. 22. Beloved wife of the late Vincent; devoted mother of Jeannene (Tony) Strianse, Vincent (Judith) and Joanne; loving grandmother of Danae (Joe),

### Stephanie and Anthony; great-grand ANSWERS TO TODAY S PUZZLE mother of Joseph and Jacop. Solution time: 21 mins.

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## Announcements?

Engagement, wedding and birth announcements, with or without photographs, are welcome.

Photographs should be clear and hi-resolution. A contact name and telephone number must be included.

Deadline for submissions is noon Thursday, week prior to publication. Send to execeditor@liherald.com

## PUBLIC NOTICES

For a considered firm considered for the engagement, (10) copies of its proposal must be submitted Assistant Superintendent for Business at address below. proposals and sealed bids must be received by 2:00 pm on Friday, April 24, 2020.

Olivia Buatsi Assistant Superintendent for Business

Search for notices online at: www.mypublicnotices.com

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CALL 516-569-4000 x 232

TO PLACE AN AD

Notice of Public Meeting
PLEASE TAKE NOTICE
that the Glen Cove Recreation Commission will hold a Public Meeting on Wednesday, March 18, 2020 at 6:30 P.M., at Glen Cove City Hall, 9 Glen Street, Glen Cove, New York 11542 in the main chambers. Advisory

Project Committee will provide Recreation Commission with general project

and final draft preliminal design for the New York State Department of State Waterside Recreational Redevelopment Planning for the South Side of Gler Cove Creek.

All persons having an interest in the proposed project attend are invited to the Public Meeting.

By: Darcy Belyea Recreation Commission

## GLEN COVE

Incorporating Gold Coast Gazette

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MICHAEL CONN Assistant Editor

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#### **HERALD**

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## **HERALD EDITORIAL**

## Check for colon cancer, and stay in the pink

arch is Colorectal Cancer Awareness Month. Yes, we know what you're thinking: Another month, another issue I have to think about. Yes, it is, and we're hoping you pay close attention. This is all about your health.

Colon cancer is sometimes called colorectal cancer, a term that combines colon and rectal cancer, which begins in the rectum. Colon cancer starts in the large intestine, more commonly known as the colon — the final part of the digestive tract. Colorectal cancer typically affects older adults, though it can happen at any age. It usually starts as small, benign (noncancerous) clumps of cells called polyps that form on the inside of the colon. Over time, some of the polyps can mutate into cancers.

There is a subtlety to recognizing colon cancer. Polyps may be small and produce few, if any symptoms (see box). For this reason, doctors recommend regular screening to help prevent cancer by identifying and removing polyps before they become cancerous.

If colon cancer develops, many treatments are available to help control it, including surgery, radiation therapy and drug treatments such as chemotherapy, targeted therapy and immunotherapy. However, unlike, say, breast cancer, with its many national and regional organizations, there are comparatively few colon and colorectal cancer groups. One exception is the National Colorectal Cancer Roundtable, which has more than 100 partner members across the nation.

**During Breast Cancer Awareness** Month, in October, pro athletes wear pink-

## The symptoms

A person with colorectal cancer may experience no symptoms or many, including:

- Rectal bleeding or blood in the stool.
- A change in bowel habits, such as diarrhea, constipation or narrow stools lasting more than a few days.
- Unexplained abdominal pain or cramping.
- A persistent urge to have a bowel movement that does not go away after one.
- Unexplained weakness and fatigue.

- Unintended weight loss.
- A diagnosis of anemia.
- Women bloating that does not go away or is accompanied by unexplained weight loss.

Contact your doctor if any of these problems are severe or continue longer than you think they should. With rectal bleeding or blood in the stool, tell your doctor immediately.

Source: Memorial Sloan Kettering Cancer Center

accented uniforms to show their support for the battle against this insidious disease. Women are reminded that they can check for lumps, and those 40 and older are strongly encouraged to get mammograms. There are ads everywhere.

But no superstars don a special color for colon cancer, and getting a colonoscopy is the only certain way to determine whether you have colon cancer. Typically, the disease is associated with those over 50, and a colonoscopy isn't typically recommended until that age, unless there is a family history of colorectal disease. Physicians urge older adults to get colonoscopies, but there are no nationwide campaigns promoting

There should be. According to the Memorial Sloan Kettering Cancer Center, there has been an uptick in colon cancer among people in their 20s and 30s without a family history of the disease or typical

risk factors. If you are under 50 and are experiencing symptoms, speak with your doctor. Don't ignore your symptoms.

One factor that increases the risk of colon cancer is being overweight, according to the American Institute for Cancer Research. So, if you are older and could lose a few (or many) pounds, be sure to see your doctor.

Otherwise, minimizing the risk of colon cancer is as easy as eating whole grains and high-fiber foods and exercising moderately, including biking (less than 10 mph), walking briskly and playing doubles tennis. Avoiding processed meats and high amounts of red meat, and reducing your alcohol intake, can also help. The American Institute for Cancer Research considers drinking two or more alcoholic beverages daily a contributing factor to colon cancer.

The goal is to keep you in the pink. Brightly colored T-shirts are optional.

## **LETTERS**

#### Priest did a lot

To the Editor:

Re "St. Rocco's priest's legacy is questioned" (Feb. 13-19): I am a lifelong parishioner of St. Rocco and believe the Rev. Eligio Della Rosa did much good while he was there.

He purchased the property where the parish center is now for \$25,000, without the church going into debt. The parish center was built with funds raised under his leadership, and again, the church did not go into debt. Della Rosa had air conditioning installed in the church and needed repairs done to the pipe organ, which included the addition of pipes to expand the sound. Again, this was done without debt.

Della Rosa gave financial reports to parishioners to keep them informed. He started the religious education program and the children's choir. And to encourage parishioners to become more involved with the par-



## **OPINIONS**

## The bag ban is dumb

he measure

exempts no

fewer than 11

used types of

plastic bags.

other commonly

here's no polite way to say it: The ban on plastic shopping bags that took effect on Sunday is just plain dumb.

The law, the New York State Bag Waste Reduction Act (Environmental Conservation Law, Article 27, Title 28), outlaws the use of all "non-reusable" plastic bags by retailers, except as specif-

ically exempted by the act.





a reporter covering commodity petrochemicals, including the downstream derivatives from

which most plastics are made.

When I came to the beat, I was no friend of plastics or the companies that made them, and I'm still not an advocate. But I quickly realized that plastic is truly ubiquitous, and that the only way to avoid using it would be to revert to an 18th-century form of self-sufficiency few would want. Plastics figure in the manufacture or processing of products as

unlikely as cloth, fruits and vegetables, and paper. Pick up anything, and chances are it either contains plastic, is packed in plastic or plastic was somehow used in its manufacture.

What the lawmakers appear to have

wanted to ban were the thin bags, less than one-thousandth of an inch thick, used at most supermarket checkout counters. But the ban is so broad that many good alternatives were also nixed. And the number of exceptions to the ban is equally broad, so it is difficult to know whether the act will have any more than a merely cosmetic effect — if that.

According to the state
Department of Environmental Conservation, New Yorkers use about 23 billion
plastic bags a year. But the DEC doesn't
say how big a dent the new law will make
in that figure — and this is important,
because the act exempts just about every
other plastic bag available in supermarkets, including those used for meat, fish,
bakery goods, pharmacy items, produce
and the deli. Dry-cleaning, garbage and
construction bags are exempt as well, as
are those used for the millions of newspapers delivered across the state each
day. The act names 11 specific exemp-

Gov. Andrew Cuomo claims that eliminating the so-called T-shirt bags will save 12 million barrels of oil a year, without explaining how the figure was calculated or putting that figure in context. The U.S. uses more than 7 billion barrels of oil

annually. And cutting out plastic shopping bags is similarly unlikely to have much of an impact on the roughly 24 million metric tons of polyethylene, or PE, consumed in the U.S. each year.

None of the alternatives to the low-density PE from which the offending bags are mostly made are great. Anyone who has ever seen the aftermath of a clear-cut forest can bear witness to

the destructive power of the chainsaw. And paper bags are both thicker and much more expensive than plastic.

Many of the bags on sale last week as the ban took effect were made of a nonrecyclable type of woven polypropylene. And although all the plastic bags I examined were made in the U.S., the reusable bags were made in China and Vietnam.

But paper is biodegradable, right? Well, yes . . . and no. While it does break down naturally, most garbage collected in the U.S. goes into landfills specifically designed to avoid degradation. They are lined with plastic, and layers of garbage

alternate with layers of dirt to minimize the release of methane gas — a major contributor to greenhouse emissions.

Using the most modern equipment, PE bags are now virtually 100 percent recyclable. And the recycled resin can be turned back into the original product — not always the case with other types of plastics.

So what's the answer?

The problem with T-shirt bags is that they are too thin to be durable. But thicker bags, with heavier handles, are both durable and recyclable. European retailers have been selling them at checkout counters for more than 40 years. I first encountered them in 1979, and for the 13 years that I lived in Europe, I routinely carried a reusable shopping bag in my pocket or knapsack. They cost about 25 cents in today's money, and were so tough that a few of them are still in use in my home, 28 years after I moved back to the U.S. California, which has a much more robust recycling program than New York's, has opted for the heavier PE bags, too.

We are never going to eliminate plastic, but we can learn to use it more intelligently. Bag manufacturers could have told our legislators all this — if they had been asked.

Timothy Denton is the senior editor of the Seaford and Wantagh Heralds. Comments about this column? tdenton@liherald.com.

### **LETTERS**

ish, he established the Parish Council. Della Rosa had the children perform plays in the church auditorium and arranged for them to be performed at nursing homes for those who could not be at the church. These are just a few of the things Della Rosa did that I can remember.

LOUIS OPORTO Glen Cove

### Bag ban, a good start

To the Editor:

The skeptical question of the moment seems to be, "Is getting rid of plastic bags going to save the planet?" The answer is yes, no and maybe.

Yes, there are tiny particles from plastic bags and other disposable plastics degrading in the oceans. The plastics are impacting the ocean's ecosystems. The oceans are the heart of the planet, so fewer plastics can only make for a healthier planet.

No, reducing our plastic bag use will not single-handedly save the planet. Individuals, corporations and governments, domestically and globally, will need to make other changes, small and large, to do that.

Maybe bringing your reusable bag along for shopping will make you just a little more mindful of the other wasteful practices that we all engage in daily. Some of these are as easy to change as bringing your own bag.

Small voices together can be loud. Small acts can snowball and create impactful change. Let's open ourselves up to the idea that change can be good.

 $\begin{array}{c} {\rm JAYNE\ PASKOFF} \\ {\it Lynbrook} \end{array}$ 

## **CLARIFICATION**

In "Villa decision tabled by City Council, again," (Feb. 27-March 4), we should have added that, in November 2017, Livingston filed an \$11.3 million defamation lawsuit against Councilwoman Marsha Silverman and her wife Roni Epstein, in Nassau County Supreme Court. The case was dismissed in January 2019, and Livingston is now appealing.

## FRAMEWORK by Christina Daly



All headed in the same direction but one - Valley Stream

### **OPINIONS**

## 'Medicare for all' could cost you a bundle

he average

American

family pays less

for health care

than a single

Canadian.

've resisted writing about the Democratic presidential primary, lest readers interpret my criticism of a candidate as an endorsement of Donald Trump. It isn't.

That being said, I am compelled to write about Sen. Bernie Sanders — specifically, his prescription for socialized health insurance, known as "Medicare for all."



SCOTT BRINTON

The phrase is catchy. Most Americans love Medicare. Most understand that the system is efficient and effective. So, Sanders's logic goes, why not extend the system to all Americans?

It's a tempting idea. The lure of Canadian-style medicine is strong. We hear how cheap it is,

how universal it is. Millennials, saddled with tens of thousands of dollars in student loan debt and yearning to break free of their parents (who can blame them?), are buying into Sanders's message big time. In a recent Quinnipiac poll, 53 percent of Democratic voters under age 35 supported Sanders, compared with 3 percent who supported former Vice President Joe Biden received.

Is anyone, though, taking the time to study the implications of Sanders's proposal? If you haven't, hear me out.

The bottom line is this: Medicare for all could cost you thousands of dollars a year.

And after Trump's 2017 tax "reform" plan, which is costing many Long Islanders thousands (owing to the loss of the state-and-local-tax deduction), we can't take any more additional costs.

Let's begin with the false notion that

socialized medicine is free. It isn't. It must be paid for through taxes. Sanders (and Sen. Elizabeth Warren) are suspiciously fuzzy in their math. Essentially, they plan to tax the rich to pay for socialized health insurance, among other programs.

That, too, is a tempting notion, except if you're rich. The trouble is, we should spend our federal dollars to cut our deficit and debt — both of which, thanks to

Trump's profligate spending, combined with a massive corporate tax cut — have risen exponentially, and are unsustainable long-term

Yes, a hundred times yes — Republican budget hawks were right to want to curb spending and reduce the deficit and debt. I say "were," and not "are," because Washington's fiscal conservatives mysteriously disappeared when Trump took office in 2017.

Anyway, let's assume for a moment that the U.S., under a President Sanders, adopted Canadian-style socialized medicine. Canada is an excellent country to study for comparison's sake. It's close to the U.S. It's a highly developed, Democratic, largely middle-class nation, like the U.S. — the average per capita

income here is \$53,000 a year, compared with \$50,000 a year in Canada.

According to the Canadian Institute for Health Information, Canadians, on average, pay \$6,604 a year in taxes that go toward health care. There isn't a specific health tax,

so the figure is an estimate. They also pay an average of \$2,830 a year in out-of-pocket expenses — the Canadian health insurance system doesn't cover the cost of drugs (except in hospitals) or eye and dental care.

So, the average Canadian pays over \$9,400 a year for health care. Wealthier Canadians pay more than that. Poorer Canadians pay less.

Seventy percent of Canadian health care costs are paid

for through public funding — tax dollars — and 30 percent through private dollars — one's personal budget.

In the U.S., 49 percent of health costs are covered by public funding — Medicaid, Medicaid and Affordable Care Act subsidies (tax dollars, that is). Fifty-one percent are funded through employer-based insurance, according to the CIHI.

According to Investopedia, the average insurance premium for a family of four here is \$20,576 a year, 71 percent of which — or \$14,608 — is paid for by an employer. That leaves said family with an average premium of \$5,968 a year.

With out-of-pocket costs factored in, the average American family — not individual

— pays \$8,200 for health care, according to the Kaiser Family Foundation. Individuals pay less. That's important to remember, because the \$9,400 figure cited above for the average Canadian is the cost *per individual*.

Even with about a thousand dollars a year in Medicare/Medicaid payroll taxes factored in, the average American family pays less than an individual Canadian.

There is no question that the United States spends more — a lot more — on health care than Canada —\$13,722 per person here compared to \$6,448 there, according to the CIHI. However, the average American household assumes less of the cost of health care than does the average Canadian household — largely because, in a majority of cases, our employers assume the lion's share of the cost.

If we suddenly switched to a Canadianstyle health insurance system, do Sanders and Warren supporters believe U.S. employers would give the money they saved in insurance premiums to their workers, even in part? Many might, but many might not, particularly big corporations that can invest those dollars in overseas operations.

Enough talk of revolution. The ACA—a.k.a. Obamacare—was a sound step in the right direction toward insuring a greater number of Americans. It was evolution.

Next time: Why does the U.S. spend so much on health care, and what can we do about it?

Scott Brinton is the Herald Community Newspapers' executive editor and an adjunct professor at the Hofstra University Herbert School of Communication. Comments about this column? SBrinton@liherald.com.

## OK, don't travel, but read 'In the Distance'

ernan Diaz's

Pulitzer finalist

is the story of

how we become

decent people.

man walks into a publishing house. It isn't the first place he's gone to peddle his first novel. In fact, he has solicited numerous publishers around town in the hope of finding a buyer. He is unknown as a fiction writer, a professor at Columbia University whose only major work is a biography of Jorge Luis Borges.



RANDI KREISS

He connects with Coffee House Press, a tiny, independent, nonprofit publisher of artsy stuff. It buys his manuscript, expecting it will be a modest entry into the world of hard-to-categorize literature. Somehow, all the stars align, and his book, "In the Distance" becomes

a finalist for both the Penn/Faulkner Award and the Pulitzer Prize in literature.

This is a strange and wonderful thing, as is the book, a 256-page work that, according to the Pulitzer judges, is "a gorgeously written novel that charts one man's growth from boyhood to mythic status as he journeys between continents and the extremes of the

human condition."

Highfalutin language, but here's why you need to read this book: Great books are like magic carpets that carry us out of our troubled lives, and, my friends, we have troubles. I led a discussion of "In the Distance" last

week, as the coronavirus cases spiked and the stock market tanked. While enmeshed in the pages of the story, I couldn't think about anything else.

We meet Hakan, a lad from Sweden, who makes his way to America before the Civil War and sets out, first heading east (because he landed on the West Coast by mistake) and then heading west, searching for his long-lost brother. Some reviewers note

that this is a subversive Western, taking the clichéd tropes of the hearty pioneers, the industrious gold miners, the savage Indians, the gritty western towns, the fearsome natural world and turning it all inside out.

Like other wanderers before him, Hakan, who speaks no English and is a callow youth and then a man of monstrous size, learns how to be a human being in the world, which these days, as never before, is a worthy endeavor. He travels from adventure to

misadventure, finding luck and kindness and also sayagery and abuse.

The author, who abhors violence and guns, writes some scenes that depict striking brutality, explaining that he needed a counterbalance to the moments of grace

and love that he writes with such beauty and delicacy. There are descriptions that are hard to forget, like the bawdy house "lady" with infected gums that look like slimy worms.

We have read all the elements of the "go west, young man" adventure before, but Hernan Diaz makes it all new again, and necessary. Hakan's character evokes Ishmael in "Moby-Dick" and "Frankenstein." It is the story of how

we become decent people, who teaches us how to live in our bodies and how we survive personal violence and debilitating loneliness. Diaz describes how, on an elemental level, humans may find succor in nature, and how we are destroying that gift. There is a chapter that unfolds on the dazzling white expanse of the Great Salt Lake that manages to thrill and strike terror at the same time.

So, the story is as old as the ages and as

new as the headlines. Hakan is an immigrant, like all the pioneers and the white settlers. The "otherness" he encounters is written in the pages of today's newspapers and the policies of an American government that seems to have forgotten that we all landed here from somewhere else. Loneliness is universal, and Hakan's dark days resonate today, when so many people feel isolated and alone

The story of the story and how it got published is the background music of the book — a one-off, a long shot, a fortuitous meeting of the minds. Diaz found Coffee House Press, and their union became a singular moment in contemporary literature.

Borges, the subject of Diaz's biography, wrote, "I think that Paradise will be a kind of library." I can only hope that "In the Distance" will be on the shelves.

Read the opening lines: "The hole, a broken star on the ice, was the only interruption on the white plain merging into the white sky. No wind, no life, no sound. A pair of hands came out of the water and groped for the edges of the angular hole. ... A head emerged."

After reading that, I dare you to put it lown.

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Sea Cliff, NY SD #1. MLS# 3173331. \$659,000. Bryce Levy, c.516.330.8870



Port Washington, NY – Commercial Warehouse Approx. 9,800 Sqft Warehouse. \$1,300,000 Michael Tucker, c.516.428.9505



Old Brookville, NY SD #1. MLS# 3199160. \$1,749,000. Kimberly G. Bancroft, c.516.404.5053



Glen Cove, NY SD #5. MLS# 3189267. \$1,698,000. Huailing (Helen) Deng, c.917.859.7718 Allison Pehel, c.516.317.6742



Locust Valley, NY SD #3. MLS# 3197099. \$1,247,999. Carol A. Cotton, c.516.359.7946



Lattingtown, NY SD #3. MLS# 3184591. \$999,000. Kathryn K. Zoller, c.516.532.2043



Glen Cove, NY SD #5. MLS# 3096977. \$839,000. Nancy T. Hawkins, c.516.382.2002 Gina Jaklitsch, c.631.365.2332



Great Neck, NY - Commercial Office Space Inside Medical Center. MLS# 3195187. \$8,999/month. Inbar Mitzman, c.516.551.5727 Gina Jaklitsch, c.631.365.2332

Glen Head Office | 516.674.2000 240 Glen Head Road #2, Glen Head, NY

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