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**A tasty St. Patrick's Day**  
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MARCH 12 - 18, 2020

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Tammy Lanham/Herald Gazette

## Making new friends

At a prom for seniors hosted by Friends Academy on Feb. 27, members of the Glen Cove Senior Center, including Peggy D'Emic, shared stories about the old days with students like Zara Ward, who attends the Locust Valley school. More photos, Page 9.

# Worship in the time of the coronavirus

By **LAURA LANE**  
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"People are edgy," the Rev. Shawn Williams, the rector at St. Paul's Episcopal Church in Glen Cove, said of his congregants' reactions to the coronavirus. There was a drop in attendance at last Sunday's Mass, Williams said, which included two people who have cancer, which saddened him. "It's hard for people fighting an illness not to go to church," he said. "That's where they see their proxy family. If they have to isolate, they're losing two major sources of support."

According to the Centers for Disease Control and Prevention, older adults, as well as those with compromised immune systems and chronic medical conditions like heart disease, diabetes and lung disease, are at higher risk from the virus. The CDC recommends that people over 60 steer clear of crowds, avoid cruises and non-essential air travel, and stay home if there are cases of coronavirus in their

community.

A few weeks ago, Williams received instructions on minimizing exposure at Mass from Lawrence C. Provenzano, the Episcopal bishop of Long Island. Williams and other Episcopal priests were told to encourage

**W**e are a very affectionate church but are learning to greet each other without kissing.

**THE REV. JOHN YENCHKO**  
 North Shore Community Church

worshippers to stay in their pews during the sign of peace, and not to shake hands. Additionally, the chalice would no longer be offered to congregants. Williams said he understands the precautions are necessary, but he is disheartened.

"The ritual in worship is deeply ingrained," he said. "For a lot of people, these changes were the first real concrete manifestation of what we would have to do during the virus. It was the moment where it was like, 'This isn't something I only see on television. This is something that's affecting my life.'"

The Rev. Mark Applewhite, interim pastor at First Presbyterian Church in Glen Cove, said there were more worshippers last

CONTINUED ON PAGE 3

# School district and community prepare for third bond vote

By **JENNIFER CORR**  
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When Glen Cove City School District Superintendent Dr. Maria Rianna went to the district's elementary school to read a book called "If I Built a School" to students, she received some simple requests.

"In the book it talks about glass tubes and roofs that open to

let the sun in, and so much more . . . a perimeter pool and things like that," Rianna said. "But [the students] were saying, 'If you could fix our roof, if you can give us air conditioning, that would really help us, too.'"

After the failure of two bond proposals last year that would have funded repairs at all six schools, the district is moving forward with a third bond, total-

ing just over \$45.9 million, that will be put to a vote on March 19. It has been reduced by 40 percent, and is projected to cost the average Glen Cove homeowner, with a home assessed at \$500,000, \$20.23 a month.

The first bond, last March, totaled \$84.6 million, and the second, in October, was for \$78 million.

CONTINUED ON PAGE 24

2  
March 12, 2020 – GLEN COVE HERALD GAZETTE

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Rev. Fr. Kevin J. Dillon  
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Rev. Mark V. Applewhite  
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Josue Correa  
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# Steps being taken to minimize exposure

CONTINUED FROM FRONT PAGE

Sunday, most likely because people want to be connected. “We’re at a time when people are discrediting science,” he said.

Jewish leaders are also mindful of the CDC’s suggested precautions, said Irwin Huberman, rabbi of Congregation Tifereth Israel in Glen Cove. “We have rituals, like shaking each other’s hands when called to Torah,” he said. “Now we touch elbows. We don’t do anything that involves contact now.” When the synagogue, one of the largest congregations on the North Shore, celebrated Purim on Monday, congregants were given hand sanitizer and encouraged to use it when they entered.

Huberman said he has not seen attendance drop, but he is being extra attentive to older worshipers. A monthly class on the pioneers of Israel, which attracts many attendees who are 70 to 80, was scheduled for this week, but anticipating many absences, Huberman made arrangements for them to take part in a videoconference.

“We’ve had some emails from the children of our senior citizens saying they would appreciate it if their dad or mom didn’t come to synagogue,” Huberman said. “They asked if there is another way that I can include them. We are considering online services.”

The Rev. John Yenchko, pastor of Oyster Bay’s North Shore Community Church, a member of the Presbyterian Church in America, said there were fewer people at last Sunday’s service, but that may have been due to the change to daylight saving time.

Yenchko has made some changes to minimize worshipers’ exposure. Hand sanitizer is available and encouraged, especially before Communion. Bread is now handed to those who take part, rather than taken from a tray. And hugging and kissing are now discouraged. “I’m having hand-shaking withdrawal,” Yenchko said. “We’re a very affectionate church but are learning to greet each other without kissing.”

People from Asia and other countries are among the church’s members. Yenchko said he was not worried about them, as long as they have not traveled to those countries recently and are not exhibiting signs of the virus. “Our people are people of faith, and there’s no hysteria,” he said. “We trust in the Lord with all of our heart and are wise and cautious with the virus.”

There were a couple of members missing last Sunday at Hood AME Zion Church in Oyster Bay, said its pastor, the Rev. Linda Vanager — one of whom had flu-like symptoms. Vanager is taking precautions to keep worshipers healthy. The expression of fellowship has changed from a handshake or a hug to an elbow bump, she said. And she distributes communion wafers individually.

The congregation is small at Hood. Vanager said she would probably find out at the Wednesday Bible study whether people will be staying home. “I’m not sure if everyone who usually comes will,” she said. “To me it’s about common sense and faith. We don’t



Courtesy Pat Strassberg

**ACCORDING TO THE** Rev. Jeff Prey, the coronavirus outbreak hasn’t discouraged congregants from attending services at First Presbyterian Church of Oyster Bay.

even know how the virus is being spread.”

She acknowledged that she had a doctor’s appointment on Tuesday, and was advised to stay home. She did skip a meeting, but said she would be at Bible study.

The Rev. Jeff Prey, pastor of the First Presbyterian Church of Oyster Bay, said the outbreak has not noticeably affected his church yet. He is following the same protocols he has in the past during flu season. Congregants once tore a piece of bread from a loaf and dipped it in grape juice, but the bread is now pre-cut.

“No one seems worried right now,” Prey said. Hand sanitizers were placed around the church 10 years ago, which congregants seem to be using more, he said.

And the church’s custodian focuses on cleaning handrails, doorknobs and the restroom. “Panic breeds panic,” Prey said. “But I’m aware we don’t know what we don’t know, so I’m cautious.”

Sometimes, he added, people ignore their symptoms when they have the flu. “If the coronavirus causes people to think more selflessly than when they have the flu, it could be a good thing,” Prey said. “People who decided to work through the flu ended up infecting others. Maybe with this virus, they’ll stay home.”

But First Presbyterian worshipers are not replacing handshakes with fist-bumping. “It’s more like a bow from Japanese culture that we’re doing instead,” Prey said.

## When services are canceled due to the coronavirus

**Some churches and synagogues have online services, and others are considering making use of public-access television stations. We asked a few local places of worship what alternatives they provide.**

■ North Shore Community Church, Oyster Bay — Live-stream broadcast on Sunday at 9:30 and 11 a.m. Go to the home page, <https://northshorecommunitychurch.com/home>, and click on “Join Live Streaming.” Sermons are also available online.

■ Hood AME Zion Church, Oyster Bay — On Friday, from 6:30 to 7:30 p.m. the church offers a prayer service via a conference call. Church members are given a phone number and access code to join the call. The church

is considering offering live-streams of services and is looking for someone who can help create them.

■ First Presbyterian Church of Oyster Bay — No live-streaming of services.

■ First Presbyterian Church, Glen Cove — No live-streaming of services. If the virus worsens, the church may cancel the adult Sunday School class at 9 a.m., and have participants use the meeting and web con-

ferencing tool GoToMeeting instead.

■ St. Paul’s Episcopal Church, Glen Cove — Rev. Shawn Williams planned to meet with lay people who are leaders in the church on Wednesday, after press time, to discuss the logistics of doing a live-stream of the services. He said he was hopeful that live-streaming would be available by this Sunday or next Sunday.

■ Congregation Tifereth Israel, Glen Cove —

No live-streaming of services because of the restriction on the use of electricity on the Sabbath. Rabbi Irwin Huberman is exploring options should the situation get worse, which would involve legal action in the form of amendments to Jewish law. God would prefer streaming over no service at all, Huberman said. Additionally, a plan is being considered to have the Hebrew school offer its classes through Zoom or other online options.



## THE WEEK AHEAD

Nearby things to do this week

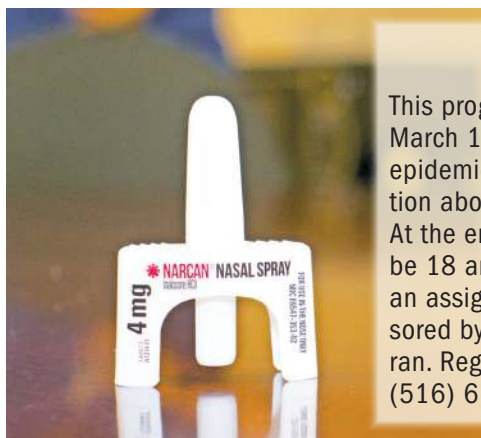
### St. Patrick's Day Celebration at the Mansion



Celebrate Saint Patrick's Day on March 17 at the Glen Cove Mansion with drinks, including green beer, live music and dinner specials starting at 8 p.m. The festivities will continue until the clock strikes midnight. The mansion is also offering overnight hotel deals with \$30 in food credits and a breakfast in the Garden Dining Room. The fun will be at 200 Dosoris Lane, Glen Cove. (516) 671-6400.

### Narcan Training

This program, at the Locust Valley Library on March 19 at 6:30 p.m., will address the opiate epidemic by providing the public with information about overdose prevention and treatment. At the end of the training, attendees, who must be 18 and older, will receive certification and an assigned Narcan kit. This program is sponsored by Nassau County Executive Laura Curran. Registration is required. (516) 671-1837 ext. 112.



### Salt Cave at the Glen Cove Library



Yajhayra Reyes of the Glen Cove Salt Cave will bring her mobile salt cave to the Glen Cove Library on March 21 at 10 a.m. The public is invited to see the benefits of salt therapy for themselves. Registration is requested. 4 Glen Cove Ave., Glen Cove. (516) 676-2130.

### Jazzin' it up

Planting Fields' Coe Hall welcomes the return of the Hot Club of Flatbush, on Friday, March 13, from 7 to 9 p.m. Inspired by jazz bands of the 1920s and '40s, guitarist Jayson Goodner, violinist Ben Swan and vocalist Gretchen Vitamvas will perform arrangements of Gypsy Jazz standards. Info: (516) 922-8600 or [www.plantingfields.org](http://www.plantingfields.org).



### Dinos on the loose

"Jurassic World" comes to life when the popular movie franchise is transformed in a live spectacle, appearing at NYCB Live's Nassau Coliseum, opening Thursday, March 12. Enter a world where adventure awaits with dinosaurs everywhere and journey to the jungles of Isla Nublar, through Sunday, March 22. Info: (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.jurassicworldlivetour.com](http://www.jurassicworldlivetour.com).



# Hofstra cancels classes amid coronavirus outbreak

By SCOTT BRINTON  
[sbrinton@liherald.com](mailto:sbrinton@liherald.com)

Hofstra University in Hempstead canceled in-person classes "out of an abundance of caution" for the upcoming week after a student reported to the school's health center Sunday with "flu-like" symptoms. The student had attended a conference at which a case of novel coronavirus was confirmed.

At press time Monday, the student was in isolation and was being tested, a statement on the university website read. Six other people with whom the student had close contact were asked to self-isolate pending test results.

Coronavirus (COVID-19) symptoms include fever, cough and shortness of breath, according to the World Health Organization. In more severe cases, it can become pneumonia.

Hofstra's week-long spring break will begin March 14. Residence and dining halls were open at the university as of

Monday, as were administrative offices. Students living off campus were asked to remain home, and any employees who were experiencing flu-like symptoms were asked to stay home as well.

The school also enhanced its disinfecting and cleaning protocols.

The university statement read, "Hofstra continues to work closely with local, state and federal health agencies, and we will update the campus community as additional information becomes available."

"We want to emphasize that this action is a precaution taken to provide peace of mind to students, faculty, staff and families. There are currently no confirmed cases of COVID-19 associated with the university."

On March 4, the university had already canceled "non-essential international" travel for the spring semester "until further notice."

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# HERALD SCHOOLS

## Select Chorale performs at Westminster Choir College

The Glen Cove High School Select Chorale performed at the Westminster Choir College High School Choral Invitational on Feb. 28. As one of six choirs invited from New York, Pennsylvania and New Jersey, the chorale had the distinct honor of working with Dr. Joe Miller, the conductor of the college's prestigious singing group, The Westminster Choir.

Each high school chorale invited practiced and performed with various conductors throughout the event, but Glen Cove's Select Chorale was given the opportunity to showcase their exceptional musicality as Miller demonstrated key choral concepts for the other choirs to learn from.

The School Select Chorale, under the direction of choral director Edward Norris, has performed at several festivals, invitational and choral competitions, as well as for President Barack Obama and at the Vatican.



Courtesy Glen Cove City School District

**EDWARD NORRIS DIRECTED** the Glen Cove Select Chorale during its performance at Westminster Choir College.

## Slime time at Glenwood Landing Elementary



Courtesy North Shore Central School District

**SECOND-GRADERS AT GLENWOOD** Landing Elementary had a fantastically fun and educational time learning to make slime.

Glenwood Landing's School-Wide Enrichment Services under the direction of Audra Marcantonio conducted an exciting science program for all second-graders called "Slime, Goo, and Ooze" hosted by the Long Island Science Museum on Feb. 25.

Students participated in a series of hands-on science investigations designed to deepen and extend the second grade science unit about states of matter. A representative from the Long Island Science Museum led students in various fun and interacted investigations with plastic that utilized their senses and explored properties of matter including solids and liquids.

Students were fascinated in the process of making the "Flubber" and "Gak." At first, they were complaining of how sticky the substance was. After stirring and creating a more solid matter, students were able to play with their goo or slime. This hands-on experience allowed for a greater understanding of the different states of matter and their properties. Students were able to bring a small ball of their slime home in a plastic bag.

## | GLEN COVE VALUES |

**VOTEYESMARCH19**

On March 19th the Glen Cove School District is asking the Glen Cove Community to vote on a Bond Referendum for a third time.

The District's Board of Education and central administration listened to the community and slashed the costs of the bond plan by more than 40%. That reduces the tax impact by over 40%. What was kept in were the absolute essentials of security to keep our children safe at school, health-related projects to help ensure our children's well-being and to bring our school district into ADA compliance, and educational improvements to give our children a 21st Century education. We support the children of Glen Cove. We support the efforts of the Glen Cove School District. We support this revised bond plan. We are asking you to please get out and vote!

- |  |  |   |  |
|--|--|---|--|
| Mike Abramson, GCHS class of 1995<br>Eileen Abramson<br>Melanie Arfman<br>Kris Baker<br>Bill Basdavanos<br>Chrissy Bencivenni<br>Mario Bencivenni<br>Brian Bifano, GCHS class of 1990<br>Donna Bifano, GCHS class of 1990<br>Salvatore Bifone, GCHS class of 1992<br>Arthur Buhr, III<br>Ashley Buhr<br>Scott Brennan<br>Dr. John Chicvak, DDS<br>RoseMarie Chicvak<br>Danielle Cohen<br>Millie Conte<br>Celina Cullen<br>Robert Cullen<br>Steven Dahlke<br>Joey Damiano, GCHS class of 1996<br>Marisa Damiano, GCHS class of 1997<br>Maria DeLuca<br>Roberto DeLuca, GCHS class of 1991<br>Judy DeMarino<br>Hilary DeRoy, GCHS class of 1995<br>Pete DeRoy, GCHS class of 1998<br>Carolyne Dilgard-Clark, GCHS class of 1995<br>Seymour Dilgard-Clark<br>Alexis DiMaggio<br>Joe DiMaggio, GCHS class of 1996<br>Lucia Dimaggio, GCHS class of 1992<br>Ralph Dimaggio, GCHS class of 1987<br>Barbara Dubin<br>Dr. Michael Dubin<br>Belinda Enrile, GCHS class of 1994<br>Victor Enrile, GCHS class of 1992<br>Karen Ferguson<br>Dena Field<br>Robert Field<br>Larry Fischer<br>Amy Franklin<br>Amanda Fugazy Brennan, Esq., GCHS class of 1991<br>Brian Fugazy, GCHS class of 2002<br>Kendra Fugazy<br>Louis Fugazy<br>Louis Fugazy, Jr., GCHS class of 1998 | City of Glen Cove Mayor Tim Tenke GCHS class of 1980<br>City of Glen Cove Deputy Mayor Maureen Basdavanos<br>Glen Cove Councilwoman Danielle Fugazy Scagliola, GCHS class of 1995<br>Glen Cove Councilwoman Eve Lupenko-Ferrante<br>Glen Cove Councilman John Perrone<br>Glen Cove Councilwoman Marsha Silverman<br>Glen Cove Councilman Gaitley Stevenson-Mathews<br>Glen Cove Councilman Rocco Totino, GCHS Class of 2005<br>Nassau County Legislator Delia DeRiggi Whitton<br>New York State Assemblyman Chuck Lavine<br>Madelyn Fugazy<br>Sasha Fugazy<br>Latisha Gibson-Reeves, GCHS class of 1996<br>Cantor Gustavo Gitlin<br>Liz Glaviano, GCHS class of 1990<br>Mark Glaviano<br>Gaetano Grella<br>Julia Grella<br>Tina J. Hamnet<br>Rabbi Irwin Huberman<br>Kimberley Hill Hudson<br>Allen Hudson III, GCHS class of 1991<br>James Huvane<br>Lorraine Huvane, GCHS class of 1991<br>Dr. Michael Israel, GCHS class of 1974<br>Michele Israel<br>Roni Jenkins, GCHS class of 1986<br>David Jimenez<br>Maureen Jimenez<br>Mai Kirby, GCHS class of 1993<br>Sumitra Kirby Bruce, GCHS class of 1992<br>Michael Ladeairous<br>Monica Ladeairous<br>Pat Landis<br>Valerie Lasser<br>Greg Lavine GCHS class of 1995<br>Meghan Lavine<br>Ronnie Lavine<br>Andres Ledesma<br>Heydi Ledesma<br>Joseph Leone<br>Lia Leone, GCHS class of 1994<br>Adreana Longobucco, GCHS class of 1993 | John Longobucco, GCHS class of 1994<br>Kim Maccarone<br>Rich Maccarone<br>Joe Marconi<br>LisaMarie Marconi<br>Judy DeMarino<br>Corey Martinez<br>Karen Martinez<br>Gina Martone Baker<br>Kathy McNally<br>Gil McNally<br>Francisco Medrano, GCHS class of 1998<br>Sapna Medrano, GCHS class of 1997<br>Honorable Joel Meirowitz<br>Damary Mercado, GCHS class of 1991<br>Hector Mercado, GCHS class of 1989<br>Tracy Mercado, GCHS class of 1991<br>Barbara Milanese<br>David Milanese, GCHS class of 1992<br>Karen Milanese, GCHS class of 1991<br>Tony Milanese, GCHS class of 1989<br>Brett Miller, GCHS class of 1994<br>Monica Miller<br>Patty Miller<br>Robert Miller<br>Christopher Moll<br>Amanda O'Brien, GCHS class of 1990<br>Michael O'Brien<br>Eileen Parsons, GCHS class of 1994<br>Alexander Papas<br>Julie Papas<br>Frank Petrizzo, GCHS class of 1988<br>Michelle Petrizzo | Annie Phillips<br>Vita Pipitone, GCHS class of 1994<br>Kaitlyn Poncet GCHS class of 2009<br>Sandra Potter, GCHS class of 1995<br>Thomas Potter<br>Angela Raimo<br>John Raimo<br>Mark Reeves<br>Dennis Reiner<br>Karen Haff Reiner<br>Denise Reynolds<br>Brian Rudy<br>Kathy Rudy<br>Kristen Rudy<br>Hector Santiago<br>Andrea Santiago<br>Filomena Scagliola<br>Marco Scagliola<br>Mark Scagliola, GCHS class of 1998<br>Tommy Scagliola, GCHS class of 1996<br>Bill Seery<br>Leonora Seid, GCHS class of 1972<br>Cassie Shannon<br>Marty Shannon<br>Faith Shapiro<br>Brian Simmons, GCHS class of 1985<br>Maria Simmons<br>Hon. Ralph V. Souzzi<br>Jane Beckham's-Souzzi<br>Angelina Stanco Stone, GCHS class of 1991<br>Jim Stevenson-Mathews<br>Karen Tenke<br>Robin Tenke<br>The Braja Family<br>The Glen Cove Youth Bureau<br>The Greco Family<br>The Markoulis Family<br>Grace Tortorici<br>Dino Velentzas<br>Kim Velentzas<br>Lauren Velentzas<br>Maria Venuto<br>Michele Walthers<br>Jeffrey Walthers<br>Rev. Roger Watson-First Baptist Church of Glen Cove<br>Dr. Mara Weigand<br>Mike Weigand<br>Carina Wieck, GCHS class of 1995 |
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# HERALD SPORTS

## Youthful Hofstra swings for CAA tourney

By **ANDREW COEN**  
sports@liherald.com

Hofstra's softball team is looking to build off a rebuilding season while sporting one of the youngest rosters in the nation for a second straight spring.

The Pride went 20-27 last year after welcoming 12 newcomers and returning just two starters from the 2018 team that captured a Colonial Athletic Association (CAA) title and reached the NCAA Tournament. With some experience now under their belt, the 2020 Hofstra team that is still comprised of mostly underclassmen is looking to take another step after just missing out on the CAA Tournament a season ago.

Hofstra was picked to finish sixth in the CAA preseason poll, which would leave it once again just outside qualifying for the five-team postseason tournament where the winner receives an automatic NCAA bid. The Pride began the season playing a grueling non-conference schedule and entered the week at 3-14.

"We're still a very young team," said second-year head coach Jay Miller, whose roster features 16 freshmen and sophomores. "We don't pay a lot of attention to preseason rankings and we're just looking to play ball."

Miller, who racked up more than 1,000 career wins during previous head coaching stops at Missouri and Mississippi State, saw strides last year amid a season of growing pains that finished 7-13 in the CAA. Reigning CAA Co-Rookie of the Year winner Meghan Giordano soared as a freshman hitting .378 with 10 home runs and despite a slower start to her sophomore campaign, Miller sees major potential in the Westchester County native.

"She can change the course of a game with one swing," said Miller of Giordano, who hit a grand slam in Hofstra's come-from-behind 10-7 win against Buffalo on March 7 at the George Mason Invitational.

Kasey Collins and Angelina Ioppolo also produced out of the gate as freshman and are looking to up their game to another level as sophomores. Collins hit .369 during her rookie campaign and was named to the All-CAA Second Team as well as the National Fastpitch Coaches Association (NFCA) All-Northeast Region Third Team. Ioppolo earned NFCA All-Region third



**MEGHAN GIORDANO STARTED** all 47 games at third base as a freshman in 2019 and led the Pride in batting average (.378), home runs (10) and RBIs (53.)

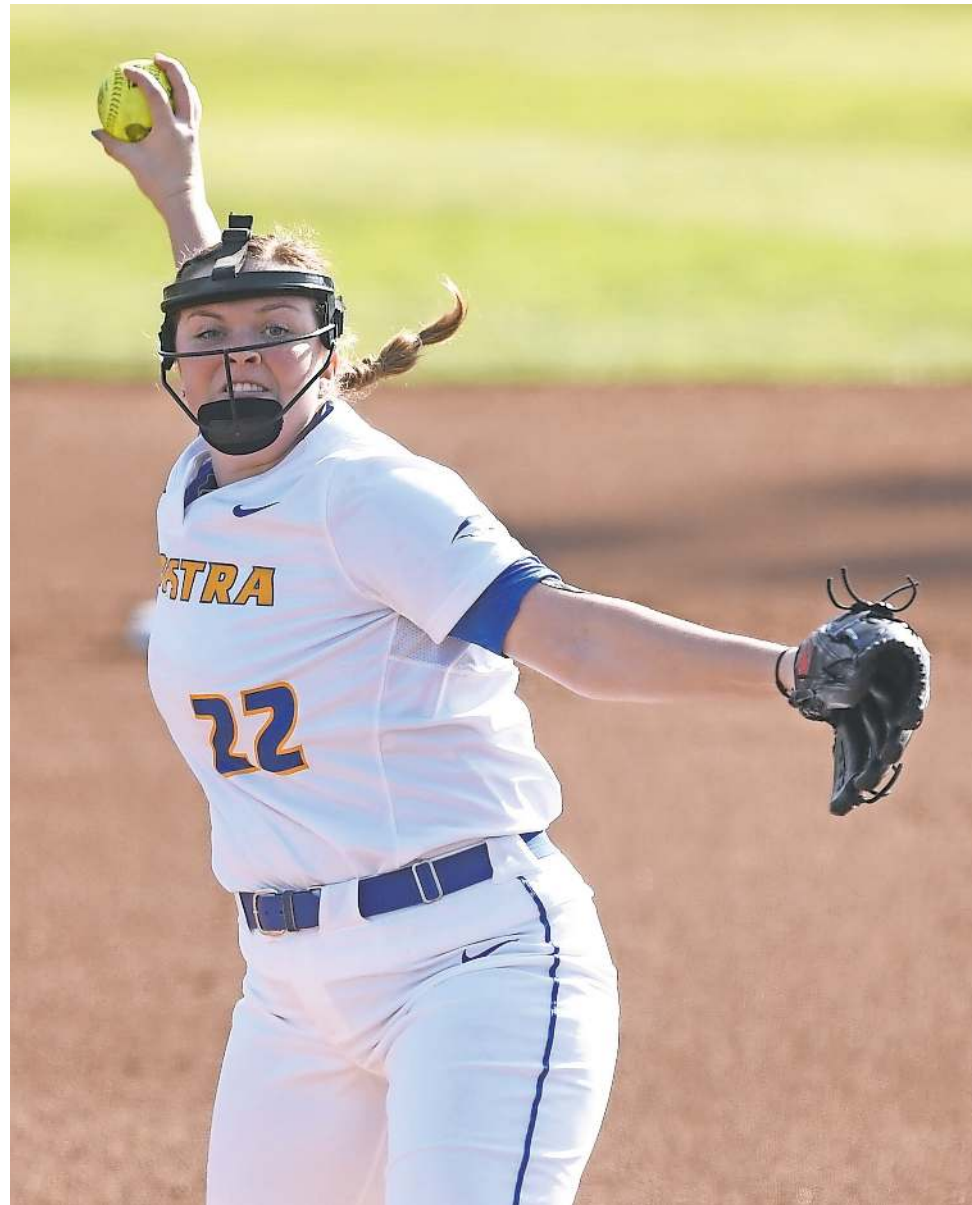
team honors after hitting .282 with 16 RBIs.

Senior Alexis Goeke, who is one of only two remaining players from the 2018 CAA title team, displayed power at the plate as a junior with four home runs to earn All-CAA First Team accolades as a designated player. Fellow senior Kristin Hallam, who was the 2019 CAA Defensive Player at shortstop, is red-shirting this season after undergoing shoulder surgery.

In the circle, Hofstra returns both starting pitchers in sophomores Mackenzie Suto and Madison Burns, who recorded 13 wins as a freshman and was named to the CAA All-Rookie Team. Miller also added two freshman hurlers in California native Nikki Mullin and Natalie Grubczak from suburban Chicago.

"We have four pitchers that can all throw very well," Miller said. "We can mix and match."

Freshman catcher Lindsay Hay is leading the pitching staff from behind the plate while developing into one of the Pride's leading hitters with one home run and three doubles through 17 games. Utility player Jordan Pietrzykoski is also quickly developing as a freshman with a team-leading .271 batting average and one home run.



Courtesy Hofstra Athletics Communications

**MADISON BURNS SPLIT** 26 decisions as a freshman last spring with a 3.79 ERA and 82 strikeouts.

Hofstra's next home game is scheduled against Seton Hall on March 24 at 4 p.m. The non-conference schedule also features games against local rivals Stony Brook on April 22 at 6 p.m. and Long Island University on April 24 at 4 p.m.

The Pride opens CAA play and its quest for a return to postseason play with a three-game series against Drexel at Bill Edwards Stadium starting with a Saturday doubleheader on March 28 at noon. The

Pride will also host three-game sets against CAA foes UNC-Wilmington on April 10-11 and College of Charleston on May 1-2. The challenging league road slate is highlighted by a visit to defending conference champion James Madison on April 18-19.

"If you want to win a conference championship you have to qualify first so that is the first step," he said. "Every weekend will be a battle."

### VIEW PHOTOS WE'VE TAKEN AT GAMES AND OTHER EVENTS IN YOUR COMMUNITY!



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# HERALD NEIGHBORS

## Senior citizens and Friends' teens go to prom

A dance floor was shared between Friends Academy students, members of the Glen Cove Senior Center and some other guests on Feb. 27 at the Senior Citizen Prom. Residents from across the North Shore, as well as local dignitaries, enjoyed food, music and good times with one another. The senior center's activities coordinator, Eric Shuman, even brought his three-year-old daughter, Brooke, along for the fun.

Friends Academy students hosted this free event, though they had plenty of time to dance and talk with the seniors. Their mission was to make sure the members of the senior center enjoyed their time at the prom, which they certainly did.



Photos by Tammy Lanham/Heald Gazette



**FRIENDS ACADEMY JUNIORS**, Top, Ezekiel Papoola, left, Alex Douglas and Billy Daal took to the dance floor.

**COUNCILMAN GAITLEY STEVENSON-MATHEWS**, above, left, Polly Duke, Margaret Neen and Sharon Collins showed off some moves.

**FRIENDS ACADEMY STUDENT** Ella Barry, far left, enjoyed dancing with her new senior friends.

**CHARLIE BOEHME AND** Sylvia Tierney, left, enjoy each other's company at the prom.

# COMMUNITY UPDATE

## Thursday, March 12

### St. Patrick's Day celebration

Life Enrichment Center, 45 E. Main St., Oyster Bay, 11:30 a.m. Enjoy lunch and a "Who's Wearing the Most Green" contest, as well as special entertainment and dancing. (516) 922-1770.

### Toddler Yoga

Glen Cove Yoga, 50 Glen St., Glen Cove, 1:30 p.m. An instructor from Yoga Rocks! Kids will be leading toddlers and preschoolers through developmentally appropriate yoga poses, songs and games. Registration is required. (516) 277-1770.

### QPR training for suicide prevention

Bayville Free Library, 34 School St., Bayville, 6:30 p.m. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help. (516) 628-2765.

## Friday, March 13

### AARP driving course

Locust Valley Library, 170 Buckram Road, Locust Valley, 9:30 a.m. Participants can come and update their driving skills. \$20 for AARP members, \$25 for non-members. (516) 671-1837.

### SNAP, Island Harvest Presentation

Glen Cove Senior Center, 130 Glen St., Glen Cove, 12:15 p.m. The Supplemental Nutrition Assistance Program helps low-income households by supplementing their monthly food budget. Island Harvest Senior Mobile Food Pantry delivers food directly to people in need and enables us to increase the availability of nutritious perishable and non-perishable items for people in low income and senior neighborhoods. Enjoy this important lecture to find out more about these important food programs. (516) 759-9610.

### Apple pie making

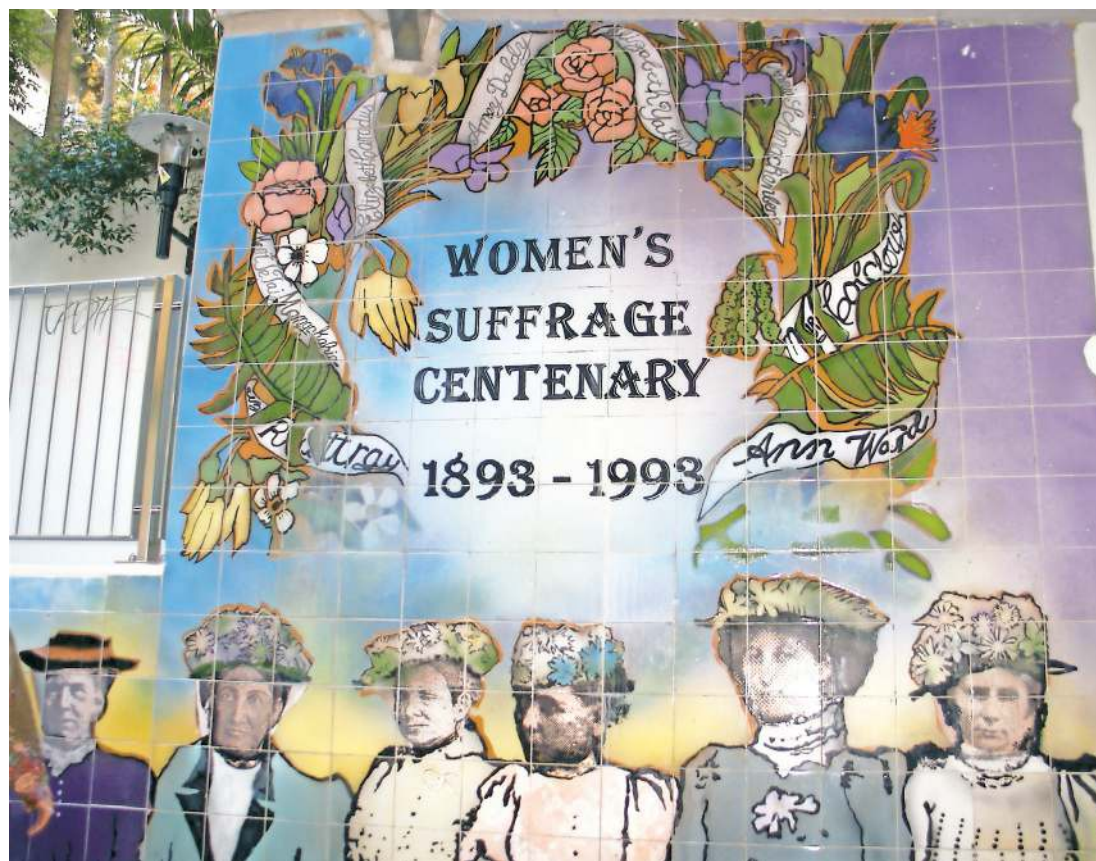
Gold Coast Library, 50 Railroad Ave., Glen Head, 2 p.m. Celebrate National Pie Day by making a classic seven inch-round apple pie using sliced canned apples and make pie dough from scratch. (516) 759-8300.

### Taste of the Irish Scone

Restoration Oak, 227 Glen Cove Ave., Sea Cliff, 6 p.m. Join chef Courtney Citko in preparing ready-to-bake scones that can be taken home to bake and dazzle friends and family. In honor of St. Patrick's Day, Citko will offer a special Irish Soda Bread Scone that is sure to be divine. Tickets are \$40. There is also a session on March 14 at 4 p.m. (516) 200-6447.

### Bayville haunted on St. Patrick's

Bayville Scream Park, 8 Baville Ave..



Courtesy Flickr

## Women's Month Celebration at G.C. Senior Center

The Glen Cove Senior Center will host a celebration of Women's History Month on March 16 at noon. Members are welcome to come pay tribute to women and their history with poetry, music and stories to raise awareness of women's issues worldwide. 130 Glen St., Glen Cove. (516) 759-9610.

Bayville, 8 p.m. is going green for St. Patrick's Day. There will be three haunted houses, with scary leprechauns galore who demand gold coins given to the guests. There will also be a St. Patrick's Day feast and "Leprechaun Axe Throwing." (516) 624-4678.

## Saturday, March 14

### 'Peter and the Wolf'

Locust Valley Library, 170 Buckram Road, Locust Valley, 2:30 p.m. Presented by Ballet Long Island, "Peter and the Wolf" is a classic tale complete with ballet, costumes, music and scenery. This program is perfect for children four years and older. Registration is required. (516) 671-1837.

### 'Open Mic Story Telling Night'

The Creative Arts Studio, 256 Sea Cliff Ave., Sea Cliff, 7:30 p.m. This event allows attendees to leave their name in a bucket for an opportunity to tell a personal story of theirs for five minutes. This event is hosted by NPR's "The Moth Radio Hour" story-teller Tracy Segarra. (516) 671-1000.

### Spring Collections: Treble Ensemble

Christ Church, 61 East Main St., Oyster Bay, 8 p.m. Enjoy an evening of music featuring music by Lang, Lavoy, Rimkus, Valverde, Daley, Hagen, Dunphy, Runestad and Trumbore. Tickets range

from \$10 to \$20 and can be purchased online. (516) 922-6377.

## Sunday, March 15

### Fifth annual St. Joseph Table

Church of St. Rocco, 18 3rd St., Glen Cove, 10 a.m. St. Joseph Table, sponsored by the Holy Name Society, returns. The event will begin with a Holy Mass with a banquet of food, drinks and des-

sert will follow in the Madonna Room. This event is free, though donations in honor of St. Joseph will be accepted. (516) 676-2482.

### "Documenting Hate" screening

Holocaust Memorial and Tolerance Center, 100 Crescent Beach Road, 1 p.m. Enjoy a screening of the PBS documentary, "Documenting Hate: Charlottesville & New American Nazis." A Q&A led by civil rights attorney Frederick Brewington will



Courtesy Flickr

## Beatles Shabbat Service

Head to Congregation Tifereth Israel on March 13 at 8 p.m. for music by the Fab Four as performed by congregation leaders and musicians. 40 Hill St., Glen Cove. (516) 676-5080.

follow. Seating is limited. RSVP is requested. (516) 571-8040.

## Monday, March 16

### AARP Tax Assistance

Oyster Bay-East Norwich Public Library, 89 East Main St., Oyster Bay, 10 a.m. AARP tax volunteers will be available Mondays through April 18 to help. Taxes are done by appointment. (516) 922-1212.

## Thursday, March 19

### Woman Suffrage Movement talk

Sea Cliff Village Museum, 95 10th Ave., Sea Cliff, 6 p.m. Local author, Antonia Petrash will be heading to the Sea Cliff Village Museum to discuss the women's suffrage movement. (516) 671-0090.

## Friday, March 20

### Ralph's Italian Ices re-grand opening

Ralph's Italian Ices of Glen Cove, 75 Forest Ave., Glen Cove. 11 a.m. As winter comes to an end, Ralph's Italian Ices is returning. (516) 686-6600.

### Scott Guberman live at Bahr Gallery

Bahr Gallery, 95 Audrey Ave., Oyster Bay, 7:30 p.m. Keyboardist Scott Guberman will be singing and playing a long set of music from the Grateful Dead. (516) 283-1967.

## Saturday, March 21

### Indoor Sea Cliff Maker's Market

The Creative Arts Studio of Sea Cliff, 256 Sea Cliff Ave., Sea Cliff, 12 p.m. Experience food and beverages from the Sea Cliff Hemp Company, Coastal Craft Kombucha and many more vendors. (516) 318-5487.

### Teen Yoga Workshop: Girls Night Out!

Oyster Bay Yoga, 9 Audrey Ave., Oyster Bay, 6 p.m. Girls ages 12 through 16 are invited to experience meditation, yoga, games and pizza. (516) 922-4222.

## Sunday, March 22

### "Thru the Eyes of a Survivor's Daughter"

Holocaust Memorial and Tolerance Center, 100 Crescent Beach Road, Glen Cove, 1 p.m. Enjoy the opening of a new temporary exhibition, "The Holocaust Thru the Eyes of a Survivor's Daughter: Sculptures by Tmima." RSVP and a \$10 donation is suggested. (516) 571-8040

## HAVING AN EVENT?

Submissions can be emailed to llane@liherald.com.

## NEIGHBORS IN THE NEWS



Courtesy Paula Frome

**ATTENDEES, INCLUDING MEMBERS** of LI group homes and local dignitaries, took part of an interfaith, special needs Seder.

### An interfaith special needs seder comes to the North Shore

Rabbi Janet Liss from North Country Reform Temple and Methodist Rev. Gia Hall hosted an interfaith, special needs seder on March 8. The theme of the seder was, "Everyone has a Seat at God's Table."

Approximately 30 residents of Long Island group homes attended the event where they learned about Passover from a Haggadah, Jewish text that sets forth the order of the Passover Seder, that was specifically written for the special needs population.

The attendees became familiar with the ceremony of the seder and the history of the Passover holiday. They tasted the ritual foods of the holiday including matzo, maror (bitter herbs), charoset (apple and grape juice compote) and karpas (spring greens). Matzo ball soup, homemade by the rabbi, was also served.

The seder was officiated by Jenna McMillan, a student cantor, who led the group in song.



Courtesy Bolivar Corella

Dr. Connie Pinilla was sworn in as a new North Shore Hispanic Chamber of Commerce member in March.

### North Shore Hispanic Chamber of Commerce swears in new member

On March 5, Dr. Connie Pinilla was sworn in as a new member of the North Shore Hispanic Chamber of Commerce. She will be drafting and finalizing bylaws and will help direct the chamber to do "the things in the right way." She graduated from St. John's Law School and has been a licensed New York State attorney for 22 years. She's an associate broker for Douglas Elliman Real Estate.

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# Snack smart

There's a way to grab that between meal munch without overdoing it

**S**nacks can be a fun and valuable part of a person's healthful eating plan — but they can also add unneeded calories, sugar, sodium and fat. So before you open that bag of chips or the type billed as "healthy" alternative, consider some advice from the Academy of Nutrition and Dietetics

"If you choose carefully, and plan ahead, sensible snacks can be part of any healthful eating plan," says registered dietitian nutritionist Isabel Maples. "Snacks can prevent overeating at mealtimes and throughout the day. For children and adults alike, snacks can supply foods and nutrients that we might miss in meals. Snacks especially offer a great way to eat more fruits, vegetables, whole-grains and low-fat dairy."

For active kids and teens, snacks can supplement meals. "Because children are still growing, they may need to eat more often to get the calories they need and provide foods that might be missing from their meals," Maples says.

"For adults, a healthy snack can provide an energy boost, and satisfy your mid-day hunger. If you haven't eaten for three or more hours, a snack can help bring up your blood sugar level for optimal energy. For older adults with smaller appetites or limited energy, several small meals including snacks may be easier for their bodies to handle," Maples says.

Maples offers ideas for biting into healthy snacks.

**Plan your snacks.** "Keep a variety of tasty, nutrient-rich, ready-to-eat foods nearby, for when you need a bite to take the edge off hun-



ger. Then, you won't be so tempted by less-healthy options from vending machines, convenience stores or the contents of your own kitchen." Snack ideas include fresh fruit, air-popped popcorn, whole-wheat crackers, dried fruit and nut mixes, almonds and fat-free yogurt.

**Make snack calories count.** "Snack on foods that fill the nutrient gaps in your day's eating plan. Think of snacks as mini-meals to help you eat more fruits, vegetables, whole grains and low-fat dairy — foods we often don't eat enough."

**Go easy on high-calorie snacks such as chips, candy and soft drinks.** "They often contain solid fats, and added sugars. Make these occasional choices that fit your day's plan."

**Snack when you're hungry — not because you're bored, stressed or frustrated.** "Exercise can actually be a great way to feed those emotional urges."

**Snack on sensible portions.** "Choose single-serve containers, or put a small helping in a bowl rather than eating directly from the package."

**Quench your thirst.** "Water, low-fat or fat-free milk and 100-percent juice are just a few options. Flavored waters might be high in added sugars, so check the label."

Photo: Just about all of us snack. And actually, snacking isn't "bad" for you if you do it in moderation and make healthy choices.

## Aging Well: How a Life Plan Community Might Help

What's your idea of successful aging? We each have our own unique lens through which we see and define success; however, the one thing we can all agree upon is that good health — both physical and emotional — is key. What steps are you taking today to achieve your health goals down the road? Did you know that your living choices can help create a healthier and happier future?

Life Plan Communities\* are a relatively new concept in senior living on Long Island, offering retirees an opportunity to live in active and amenity-rich independent apartment homes on a campus that also provides the safety net of assisted living, short-term rehabilitation and skilled nursing accommodations to meet changing levels of healthcare needs. Research on aging has shown that seniors who live independently in Life Plan Communities tend to have greater emotional, social, physical, intellectual vocational wellness than their demographically similar counterparts living in the community at large.

Fountaingate Gardens, Long Island's soon-to-be-built Life Plan Community in Commack, will offer a dynamic lifestyle with an exceptional array of services, just minutes away from the Island's beautiful parks and beaches and nearby popular attractions, and with easy access to city life. Part of the award-winning Gurwin Healthcare System, a fixture in the community for more than three decades, Fountaingate Gardens' 129-luxury apartment-style living is designed to enhance and support an already active lifestyle, without the burdens, distractions — and cost — of home ownership.

In terms of physical wellness, the community offers engaging indoor and outdoor activity options, including pickleball courts, gardening, full aquatic programming in our indoor saltwater pool, walking paths with fitness stations, and resistance and aerobic equipment in a fully-appointed fitness center, with exercise classes and personal trainers to ensure appropriate use of equipment. Fine and casual dining will include nutritious meal options sure to please even the most discriminating palate in our beautiful dining areas. For emotional and social wellness, Fountaingate Garden's Cultural Arts program will offer lifelong learning programs to broaden the mind, stimulate the soul and expand social circles — all an integral part of successful aging.

In addition to the services and amenities designed to promote wellness in the community, Fountaingate Gardens' proximity to destinations like the Suffolk Y JCC, the Commack Public Library and The Hamlet Golf & Country Club — just to name a few — provides residents with additional opportunities within walking distance to enhance all aspects of wellness.

Securing your future at Fountaingate Gardens provides peace of mind knowing that exceptional continuing healthcare is available on Gurwin's campus, should it ever be needed. Get in on the ground floor by speaking with one of our lifestyle counselors — take advantage of pre-construction pricing before we break ground this year, choose your location and customize your home! The choice you make today can determine whether you create a healthier, happier and more connected tomorrow! Call 631-715-2693 for more information!

**Fountaingate Gardens, an independent Life Plan Community soon to be built on the Gurwin Healthcare System campus in Commack, Long Island, features 129 luxury apartment homes. The community will provide an active, wellness-focused lifestyle with healthcare options that provide long-term peace of mind and financial security. Visit [www.fountaingateLI.org](http://www.fountaingateLI.org) or call (631) 715-2693.**



Call today for pre-construction benefits!

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INFORMATION CENTER

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[www.FountaingateLI.org](http://www.FountaingateLI.org)

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# Take control of your future —on your terms

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\* also known as a continuing care retirement community



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# Improving your diet

## Small changes lead to big results

**C**reate an eating style that can improve your health now and in the future by making small changes over time. Think of each change as a “win” as you build positive habits and find solutions that reflect your healthy eating style.

We all know that improving our diet can drastically improve overall health. Maintaining a healthy, balanced diet can reduce your risk for heart disease, cancers, and can help you experience a better quality of life and even live a longer life. Unfortunately, when many people think of improving their diet, they think of “going on a diet.”

They imagine something similar to a New Year’s resolution where they cut back on everything and make sweeping changes to their lifestyle. And while it is definitely a good idea to want to change your lifestyle and eating habits, most of us realize that “going on a diet,” as we tend to think about it, is really difficult and can even make us feel worse about ourselves if we fail.

Instead, those drastic, sweeping changes should be thought of as an end-goal of a healthy nutrition plan, and instead of changing everything about your diet all at once, it’s much more manageable to make small improvements along the way to help reach that end goal of a healthier diet.

### Start phasing out unhealthy snacks

If you look in your cupboard and your fridge — what do you see? For many of us, there might be potato chips, soda, and maybe even some

sugary treats like cookies. And while all of these things are okay to eat once in a while, the simple fact is that we tend to eat what’s convenient, and if the most convenient snacks in our home are not healthy options, it’s going to be hard to make the right nutritional choices on a day-to-day basis.

So, start taking some of those high-calorie, high-fat snack options off your grocery list and start replacing them with healthier alternatives. If it’s a crunch you crave, add some dehydrated apple crisps or your favorite veggie to your shopping list instead of chips or try making your own air-popped popcorn so you can control — and see — how much butter and salt you’re adding.

If it’s a sugary drink you need, try shopping for low-calorie 100 percent juice drinks for a more nutritious option — you can even get some unsweetened carbonated water to add to your juice if it’s the bubbles you love.

If you really need that sweet snack to satisfy a craving, try eating (and savoring) a mini candy bar or a piece of dark chocolate — remember that it’s okay to eat a little; just don’t let your afternoon chocolate nibble turn into a full-blown chocolate meal.

### Cook more meals at home (and with healthier ingredients)

We’ve all been there: you’ve had a long day (or week!) and the last thing you want to do is cook a meal, so you swing through the drive-through, call in a pizza for delivery, or nosh on



the first food you see in your kitchen.

There’s no doubt that going out to eat or getting “fast” food of any kind seems easier than cooking for yourself. But when you get convenient food, you’re almost always sacrificing good nutrition for saving time.

But how much time are you really saving? On average, one study found that a home cooked meal prepared entirely from raw ingredients takes 34 minutes of hands-on time and a total of approximately 52 minutes to make ready for the table.

Of course, that average time can be reduced by getting things like ingredients and utensils ready ahead of time. By the time you drive to a fast food joint during rush hour, wait in line, order your food, and then drive home — did it take less than 34 minutes of your time to get your food? From the moment you call in that pizza and wait for it to get delivered, did it take less than 52 minutes of waiting around? Even if fast food may seem faster, it’s almost never substantially faster than making your own meals.

Plus, the great thing about making your own meals is that you know what’s going into them. And for every recipe you find, there are almost certainly ways to make it healthier. Use less salt or look for low-sodium ingredients. Substitute the ground beef in a dish with ground turkey. Use whole wheat flour instead of white flour. Cook up some whole grain pasta instead of regular.

You could be more adventurous and substitute in unsweetened applesauce for sugar; you can even use fruit puree — like applesauce or mashed bananas — in place of oil or butter in most recipes. There are loads of more nutritious (and more cost-effective) ways to make your own meals healthier and more nutritious; plus, you might even find out that you enjoy cooking.

Above photo: Every choice you make to improve your diet matters. You don’t have to be perfect and you don’t have to completely eliminate foods you enjoy to have a healthy diet. The long-term goal is to feel good, have more energy, and reduce the risk of cancer and heart disease, among other health risks.

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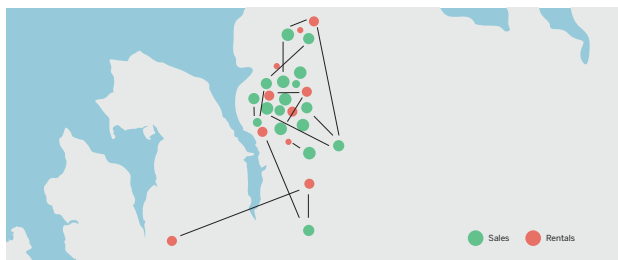
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- 3 Olympia Place, East Northport
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- 123 Brown Street, Sea Cliff
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- 40 Perry Avenue, Bayville
- 97 Altamont Avenue, Sea Cliff
- 36 Harbor Way, Sea Cliff
- 232 Franklin Avenue, Sea Cliff
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- 270 8th Ave #1, Sea Cliff, NY
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Katherine is a confident and highly motivated professional who works tirelessly to achieve the expectations of her clients and customers. Her greatest strengths are her positive attitude and communication skills, constantly maintaining dialogue with the parties involved to ensure they are aware of the progress in either buying or selling the property. Katherine was raised on the South Shore of Long Island and moved to the North Shore area over 20 years ago with her husband. They have 2 children who attend the highly acclaimed North Shore Schools. As an active member of the North Shore community, her knowledge of the area enables her to obtain the best property to fulfill the needs of her clients and customers.



**Katherine Kearney**  
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Katherine gives them the attention and dedication to obtain the best deal possible! She has an exceptional way of connecting the right home with the right buyer, with each transaction handled with the highest level of respect and confidentiality, expertise and professionalism.



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### Winning Family Team!

DayAnn McManus is well known for her honesty, integrity and loyalty. She has been a top producer with Richard B. Arnold Real Estate for over 10 years, and is now joined by her daughter Kayla, known for her enthusiasm and high level of professionalism. Together they bring an energetic team, working hard toward making the buying and selling process as smooth as possible. As 5<sup>th</sup> & 6<sup>th</sup> generation residents of the north shore, with their Knowledge and love for the community DayAnn & Kayla look forward to assisting you with all your real estate needs.



**DayAnn McManus**  
Licensed Assoc. Broker

**Kayla McManus**  
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### Love of Community!

Tom and his family moved to the area over 10 years ago and immediately immersed themselves in all the community has to offer. His children have played soccer for the North Shore Soccer Club, where he also coached, played lacrosse for the PAL, run CYO track, participated in summer theater, and been a member of Boy Scout Troop 195 in Glen Head where his son became an Eagle Scout. Tom is an avid boater and fisherman who loves all of the beaches and parks in the area. They say "it takes a village to raise a child," and Tom is exceedingly grateful for the 'village' that he's a part of and can often get carried away talking about how great it is to live in our North Shore community.



**Tom Doyle**  
Licensed  
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Salesperson

He's very glad to be a part of the amazing team at Richard B. Arnold, where everyone loves the area as much as he does!



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### Professional & Honest!

Deana has been working for Richard B. Arnold Real Estate for the past seven years as the Office Administrator. She now has a Real Estate Salesperson License as well and looks forward to working with clients and customers on a different level. She has a true passion for real estate and hopes to follow in her father’s footsteps. Her father, John Langone, has 30 years of experience in real estate. She grew up in Glen Head and attended North Shore Schools. Growing up on the North Shore, she has a vast knowledge and love for the community.

She is honest, professional and is excited help clients and customers with buying and selling their homes. Contact Deana today!



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Jenn was born and raised in Massachusetts. Growing up in small town in New England she knows and appreciates all that the North Shore community has to offer, so much so that this is where she and her husband chose to live when they moved here 6 years ago. Jenn, and her husband, Ryan and their three children live in Glenwood Landing. Their children attend North Shore schools and are involved in sports and activities. Jenn’s love of houses started as a young girl when she worked side by side with her father, a general contractor and skilled craftsman. She took that love even further by studying Architecture in college which transitioned into Interior Design. Being involved in various renovation/design projects both professionally and personally and is currently renovating her 100-year-old home. Jenn brings this knowledge and passion into her real estate career.

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Howard often remarks, before long I can say, “This is the property for you.” As Salesperson, Howard is professional, honest and charming.



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# Villa decision sent to the Planning Board

By **JENNIFER CORR**  
jcorr@liherald.com

The Glen Cove City Council voted to move Livingston Development's application to change its Villa project from its original proposal of 176 condominiums to a new one — 216 rental units — to the Planning Board at the council's March 10 meeting.

Four of the six City Council members, along with Mayor Tim Tenke, voted in favor of forwarding the application to the Planning Board for a recommendation on incentives, bonuses, conceptual site plan and application for waiver of hillside protection provisions.

Councilman Gaitley Stevenson-Mathews and Councilwoman Marsha Silverman abstained.

With the application moving forward, the Planning Board will be able to gather information on the project and make recommendations to the council. However, it would be the council that would decide the fate of the Villa project at 135 Glen Cove Ave. And the public will be able to attend the meetings when the proposal is discussed.

One of the points that Glen Cove City Council members wanted to make clear at the meeting was that they were not weighing in on the application.

"This resolution does not express approval or disapproval of the contents

and there will be future opportunities, as they have said, to agree or not agree with the Planning Board's recommendation after a future joint open hearing," Councilwoman Dr. Eve Lupenko Ferrante said.

President of Living Development Corp. Daniel Livingston's original proposal was for two buildings consisting of 176 condominiums, which was approved by the council in 2017.

The locals were not too happy with a new plan to build an apartment complex instead, that would add about 40 units. Livingston said that his company has "already outlaid \$32 million on this project."

He asked on Feb. 4 that the council not only submit his new proposal to the Glen Cove Planning Board, but also that it push for the city's Industrial Development Agency to grant additional incentives to build. Livingston's attorney, Kathleen Deegan Dickson, argued that a city code states that the council is legally obligated to pass the application onto the Planning Board.

The vote came after representatives of the developer made accusations against

Silverman and requested that she recuse herself from the vote due to possible bias since she lives on Rooney Court adjacent to the Villa project property.

In January 2019, a \$11.3 million defamation lawsuit from Livingston against the councilwoman and her wife, Roni Epstein, was dismissed. The case was originally filed in November 2017 in Nassau County Supreme Court and Livingston has since appealed.

Stevenson-Mathews has also expressed concerns about the proposal in the past. In fact, his election platform promised to halt residential development to Glen Cove as 2,000 more residents are expected with the completion of Garvies Point, Village Square and the Livingston projects.

"Forty additional units is the breaking point for me," he said at a pre-council meeting on Feb. 4. "I like the development, but only when it's smart and balanced." At Tuesday's meeting he said that it is the council's job to uphold the law but also to serve city residents.

Before the vote, some residents asked the City Council to vote the proposal down.

"I really do believe that you, as members of the City Council, are making a very crucial mistake in sending this to the Planning Board," resident Steve Martinez said. He later added, "You're affecting many neighborhoods here with this decision tonight."

Another resident, Jeff Perez, argued that Livingston's attorney, Deegan-Dickson, was the former council to the City of Glen Cove Planning and Zoning Boards. "It's an ethical violation," he said.

It was made clear by City Attorney Greg Kalnitsky that there is a three year "cooling down" period for attorneys. "When an attorney leaves the public service, they can eventually come back and represent clients before the board," Kalnitsky said. He later added, "There are special ethical rules that govern government attorneys who go into the private sector."

Tenke said that he believes the Planning Board is capable of making recommendations that will benefit the city. "We'll make recommendations and we will meet in a joint meeting between the council and the Planning Board," he told residents, "and you will have opportunities to voice your opinions during those times, but we need to follow what our code says at this point."

Ronny Reyes and Mike Conn contributed to this story.

**I really do believe that you, as members of the City Council, are making a very crucial mistake in sending this to the Planning Board.**

**STEVE MARTINES**  
G.C. resident

## Glen Cove City Schools Bond Vote



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40%\***

**TAXPAYER COSTS  
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**STATE  
AID RATE  
38%**

\* Total proposed bond plan is \$45,928,852. This is over 40% less than the October 2019 plan. With the district's 38% state aid rate, it is projected over \$15 million will be paid for by the state.

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**Thursday, March 19, 2020 • 6:00 a.m. – 9:00 p.m.  
Glen Cove High School or Connolly School**



# Northwell Labs begin manual testing of COVID-19

Northwell Health Labs received state and federal authorization to begin manual testing for COVID-19, the specific strain of the new coronavirus, on March 9, after Gov. Andrew Cuomo visited its diagnostic facility.

Using a testing process developed and approved by the state Department of Health, Northwell's lab expects to manually test 90 potential COVID-19 samples in the first full day, said Dr. Dwayne Breining, Northwell Labs' executive director. With one of North America's largest automated testing lines, the facility processes about 20 million tests annually.

Beyond the manual testing authorized on March 9, Northwell Labs is seeking the U.S. Food & Drug Administration's approval to use semi-automated testing within the next week. This would give the laboratory the capability to process hundreds of tests daily, with a plan to ramp up to thousands daily in the near future.

"Over the past week, we've been developing the test for COVID-19, thanks to the assistance we've received from New York State's DOH Laboratory," Breining said. "Now that the accuracy of our testing process has been validated, we can begin notifying providers and patients of their lab results and start gearing up for an automated testing process that would enable us to significantly expand the number of samples we can process."

While the expanded ability to test patients for COVID-19 will enhance North-



Courtesy Northwell Health

**STATE COMMISSIONER OF** health Howard Zucker, Gov. Andrew Cuomo, Dr. Dwayne Breining and Northwell President and CEO Michael Dowling toured Northwell Health Labs.

well's ability to manage patients with potential infection, testing will continue to be reserved for those at risk of severe disease and who have had confirmed close contact with an infected individual.

"Only people who meet that criteria will be tested, and that testing is currently being performed at hospital emergency departments and urgent care centers," said Dr. John D'Angelo, chairman of emergency medicine at Northwell, which

operates 18 emergency departments throughout New York City, Long Island and Westchester County.

"Even as our testing capacity increases," D'Angelo added, "we will continue to screen people judiciously so we can focus our attention on those most at risk for severe COVID-19 infection who require more-immediate and intensive medical attention. All others who are concerned about exposure but who have mild or no

symptoms should recuperate at home."

Built at a cost of \$60 million and opened in 2019, Northwell's Core Lab within the health system's Center for Advanced Medicine in Lake Success performs testing for Northwell's 23 hospitals and 800 outpatient facilities, as well as thousands of physician offices and dozens of other hospitals, including NYC Health + Hospitals.

At a news conference Sunday morning, Cuomo called on the federal government to speed up its authorization process to allow more clinical laboratories to begin testing for COVID-19.

"This is one of the most technologically advanced labs in the state of New York, and one of the most sophisticated labs in the United States of America," he said. "This lab can do high-throughput automated testing, which expands exponentially the number of tests that can be done. Let's increase as quickly as possible our testing capacity so we identify the positive people, so we can isolate them and be successful in our containment."

Several hours after the governor's news conference, Northwell received approval to move forward with manual testing.

To prepare its lab to begin COVID-19 testing, Northwell has invested more than \$2 million in recent weeks for lab supplies and equipment, part of an overall \$5 million outlay the health system has spent over the past seven weeks on coronavirus preparation.



## Voto de las escuelas de Glen Cove Bond



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**COSTOS DEL CONTRIBUYENTE REDUCIDOS EN MÁS DEL 40%\***

**TASA DE AYUDA ESTATAL 38%**

\* El plan total de bonos propuesto es de \$ 45,928,852. Esto es más del 40% menos que el plan de octubre de 2019. Con la tasa de ayuda estatal del 38% del distrito, se proyecta que el estado pagará más de \$ 15 millones.

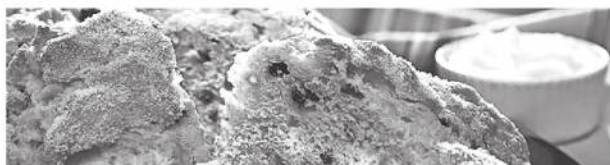
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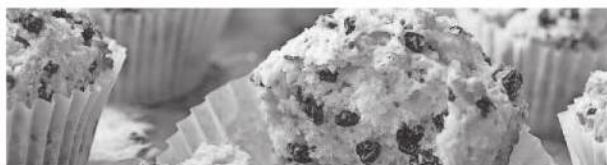
**jueves 19 de marzo de 2020 • 6:00 a.m. a 9:00 p.m.  
Glen Cove High School o Connolly School**

# STEPPING OUT

Where to go, what to do, who to see



Irish soda bread, whether traditional or in a new take, is welcome year round, but essential for your St. Patrick's Day menu.



Try Irish soda bread as a muffin, an Americanized version of this favorite treat.



A classic comfort food, Irish stew — in its many versions — is always satisfying and soul-soothing.

## Spring forth by donning green Get your Irish on for St. Patrick's Day

St. Patrick's Day's arrival on Tuesday, March 17, means that spring is close at hand. Put on some green, enjoy a parade or two and salute the Old Country.

And be sure to bring some Patrick's Day into your home. Favorites include corned beef and cabbage, of course, Irish stew and soda bread.

Among these quintessential foods, Irish Soda Bread is a tasty quick bread that everyone enjoys and is quite easy to make. It gets its name from the baking soda used as a leavener, instead of yeast. While the traditional version is made with only flour, buttermilk, salt and baking soda, there are all sorts of modern interpretations of this delectable bread that are worth trying.

### Irish Soda Bread

2 1/2 cups all-purpose flour  
3 tablespoons sugar  
2 teaspoons baking powder  
1 teaspoon baking soda  
1/2 teaspoon salt  
1/3 cup cold butter, cut into chunks  
1 1/4 cups buttermilk  
1/2 cup currants or raisins

Heat oven to 375° F. Line baking sheet with parchment paper; set aside.

Combine all ingredients except buttermilk and currants in bowl; cut in butter until mixture resembles coarse crumbs. Stir in buttermilk and currants just until moistened.

Turn dough onto lightly floured surface; knead gently 10 times. Shape into ball. Place onto prepared baking sheet. Pat into 6-inch circle. Cut 1/2 inch deep "X" in top of dough with sharp knife.

Bake 30-35 minutes or until golden brown. Serve warm — with hot tea and organic jam, Irish stew, traditional Irish cabbage dishes, or enjoy on its own.

### Bacon Cheddar Mini Soda Bread

5 slices thick cut bacon  
1 whole egg  
1 cup buttermilk  
2 cups all purpose flour  
1/2 teaspoon baking soda  
3/4 teaspoon cream of tartar

1/2 teaspoon salt  
1/2 teaspoon black pepper  
2 cups grated sharp cheddar

Preheat the oven to 425° F. Spray or brush a muffin pan with nonstick spray or melted butter; lightly add some flour to coat and shake the excess flour out.

Cook the bacon until crispy, let cool slightly and then chop it up.

In a small cup whisk together the egg and buttermilk. Using a stand mixer, combine the flour, baking soda, cream of tartar, salt, pepper, and cheddar.

Add the liquid ingredients to the flour along with the chopped bacon and mix on low speed for about 30 seconds.

Put dough on a work surface dusted with plenty of flour and roll into a ball shape. Divide the dough evenly into 9 pieces. Form each piece into a small ball shape and add to the prepared muffin pan.

Bake for 20-25 minutes and a toothpick comes out clean when inserted into the center.

### Irish Soda Bread Muffins

1 1/2 cups unbleached all-purpose flour  
3/4 cup white whole wheat flour  
2 teaspoons baking powder  
1/4 teaspoon baking soda  
1/2 teaspoon salt  
1/3 cup granulated sugar  
1 1/2 cups currants or raisins  
1/2 to 2 teaspoons caraway seeds, to taste  
1 large egg  
1 cup buttermilk, yogurt or sour cream  
6 tablespoons butter, melted; or 1/3 cup vegetable oil  
Sparkling white sugar, for topping

Preheat the oven to 400° F. Lightly grease a standard muffin pan; or line with papers, and grease the papers.

In a medium-sized mixing bowl, whisk together the flours, baking powder, baking soda, salt, sugar, currants or raisins, and caraway seeds.

In a separate bowl, whisk together the egg, buttermilk (or equivalent) and melted butter (or equivalent).

Quickly and gently combine the dry and wet ingredients; honestly, this won't take more than a few stirs with a bowl scraper or large spoon. As soon as everything is evenly moistened, quit; further stirring will cause the muffins to be tough.

Spoon the batter into the prepared pan, filling the cups about 3/4 full; the stiff batter will look mounded in the cups. Top with sparkling white sugar, if desired.

Bake the muffins for 20 minutes, until a cake tester inserted into the center of a muffin comes out clean. Remove them from the oven. Tip the muffins in the pan, so their bottoms don't get soggy. Wait 5 minutes, then transfer the muffins to a rack to cool.

### Irish Stew

1/4 cup vegetable oil  
1 1/4 pounds stew beef, cut into 1-inch pieces  
6 large garlic cloves, minced  
8 cups beef stock or canned beef broth  
2 tablespoons tomato paste  
1 tablespoon sugar  
1 tablespoon dried thyme  
1 tablespoon Worcestershire sauce  
2 bay leaves  
2 tablespoons (1/4 stick) butter  
3 pounds russet potatoes, peeled, cut into 1/2-inch pieces (about 7 cups)  
1 large onion, chopped  
2 cups 1/2-inch pieces peeled carrots  
2 tablespoons chopped fresh parsley

Heat oil in heavy large pot over medium-high heat. Add beef and sauté until brown on all sides, about 5 minutes. Add garlic and sauté 1 minute. Add beef stock, tomato paste, sugar, thyme, Worcestershire sauce and bay leaves. Stir to combine. Bring mixture to boil. Reduce heat to medium-low, then cover and simmer 1 hour, stirring occasionally.

Meanwhile, melt butter in another large pot over medium heat. Add potatoes, onion and carrots. Sauté vegetables until golden, about 20 minutes. Add vegetables to beef stew. Simmer uncovered until vegetables and beef are very tender; about 40 minutes. Discard bay leaves. Tilt pan and spoon off fat. (Can be prepared up to 2 days ahead. Cool slightly.)

Refrigerate uncovered until cold, then cover and refrigerate. Bring to simmer before serving.) Transfer stew to serving bowl. Sprinkle with parsley and serve.

— Karen Bloom  
kbloom@lherald.com

## IN CONCERT The Concert for Bangla Desh Revisited

George Harrison and Ravi Shanker's superstar 1971 concert comes to life once again, re-imagined by Wonderous Stories along with a full band. Wonderous Stories is well known for recreating major shows and entire classic albums. The band, along with a choir, horn section and sitars, plus special guests play the entire original concert in its entirety, approximately one and half hours. Their guests add to the fun, joining in to perform hits from the '60s and '70s. Guest artists include songwriter-guitarist Marshall Crenshaw, acclaimed bass guitarist Graham Moby and drummer Steve Holley. It's a 21st century take on one of the most memorable shows in rock history; a tribute to that famed concert George Harrison spearheaded on Aug. 1, 1971 at Madison Square Garden. The first large scale rock 'n roll benefit, it brought together rock legends Eric Clapton, Bob Dylan, Leon Russell, Badfinger, Billy Preston, and many more. Wonderous



## WEEKEND Out and About

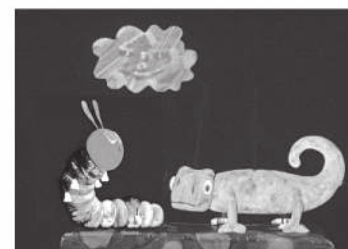
Stories revisits that experience with their special musical lovefest, in a tribute to the music of George Harrison and his great friends who performed at the original show. Friday, March 13, 8 p.m. \$71, \$56, \$51, \$46. Tilles Center for the Performing Arts, LIU Post, Route 25A, Brookville. (800) 745-3000 or [www.ticketmaster.com](http://www.ticketmaster.com) or [www.tillescenter.org](http://www.tillescenter.org).

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**HERALD**  
LEGAL NOTICE  
0312

# PUBLIC NOTICES

**LEGAL NOTICE (NOTICE AND SUMMARY OF BOND RESOLUTION FOR PUBLICATION) NOTICE**

The ordinance, a summary of which is published herewith, has been adopted on March 10, 2020, and the validity of the obligations authorized by such ordinance may be hereafter contested only if such obligations were authorized for an object or purpose for which the City of Glen Cove, in the County of Nassau, New York, is not authorized to expend money or if the provisions of law which should have been complied with as of the date of publication of this Notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the publication of this Notice, or such obligations were authorized in violation of the provisions of the constitution.

**G. TUMMINELLO**  
City Clerk

**BOND ORDINANCE OF THE CITY OF GLEN COVE, NEW YORK, ADOPTED MARCH 10, 2020, AUTHORIZING CITY-WIDE INFORMATION TECHNOLOGY INFRASTRUCTURE UPGRADES, INCLUDING ACQUISITION OF RELATED EQUIPMENT, STATING THE ESTIMATED MAXIMUM COST THEREOF IS \$575,000, APPROPRIATING SAID AMOUNT FOR SUCH PURPOSE, AND AUTHORIZING THE ISSUANCE OF \$575,000 BONDS OF SAID CITY TO FINANCE SAID APPROPRIATION**

The bonds are authorized to finance City-wide Information Technology infrastructure upgrades, including acquisition of related equipment. The maximum amount of obligations authorized to be issued is \$575,000. The period of probable usefulness is five (5) years.

A complete copy of the Bond Ordinance summarized above shall be available for public inspection during normal business hours at the office of the City Clerk, City of Glen Cove, City Hall, Glen Cove, New York,  
Dated: March 10, 2020  
Glen Cove, New York  
121050

**LEGAL NOTICE NOTICE OF SPECIAL DISTRICT MEETING OF THE CITY SCHOOL DISTRICT OF THE CITY OF GLEN COVE, IN THE COUNTY OF NASSAU, NEW YORK, NOTICE IS HEREBY GIVEN that pursuant to a resolution of the Board of Education of the City School District of the City of Glen Cove, in the County of Nassau, New**

York, adopted on January 8, 2020, a Special District Meeting of the qualified voters of said School District will be held on Thursday, March 19, 2020, from 6:00 o'clock A.M. to 9:00 o'clock P.M. (Prevailing Time) at the following places:  
School Election Districts Location of Polling Place  
A, B, C.: High School, Dosoris Lane - Back Gym, Door # 13  
D: Connolly School, Ridge Drive - Auditorium, for the purpose of voting upon the following Bond Proposition. You can visit the district's website at [glencoveschools.org](http://glencoveschools.org) or call 516-801-7001 for your polling location:  
**BOND PROPOSITION**  
**SHALL THE BOND RESOLUTION OF THE CITY SCHOOL DISTRICT OF THE CITY OF GLEN COVE ADOPTED BY THE BOARD OF EDUCATION ON JANUARY 8, 2020, ENTITLED: "BOND RESOLUTION OF THE CITY SCHOOL DISTRICT OF THE CITY OF GLEN COVE, NEW YORK, ADOPTED JANUARY 8, 2020, AUTHORIZING THE CONSTRUCTION OF A D D I T I O N S , ALTERATIONS AND IMPROVEMENTS TO ALL DISTRICT BUILDINGS AND SITES, AT THE ESTIMATED TOTAL COST OF NOT TO EXCEED \$46,353,852; APPROPRIATING SAID AMOUNT THEREFOR, INCLUDING \$425,000 GRANT FUNDS EXPECTED TO BE RECEIVED FROM THE STATE OF NEW YORK; AND AUTHORIZING THE ISSUANCE OF NOT TO EXCEED \$45,928,852 SERIAL BONDS OF THE DISTRICT TO FINANCE THE BALANCE OF SAID APPROPRIATION," BE APPROVED?**

Such Bond Proposition shall appear on the ballots to be used for voting at said Special District Meeting to be held on Thursday, March 19, 2020 in substantially the foregoing form. The voting at said Special District Meeting to be held on Thursday, March 19, 2020 will be conducted by ballot as provided in the Education Law and the polls will remain open from 6:00 o'clock A.M. and 9:00 o'clock P.M. (Prevailing Time) and as much longer as may be necessary to enable the voters then present to cast their ballots.

**FURTHER NOTICE IS HEREBY GIVEN** that the qualified voters of the District may register for the Special District Meeting to be held on Thursday, March 19, 2020 on any school day between the hours of 9:00 o'clock A.M. and 2:00 o'clock P.M. (Prevailing Time) in the main office of each of the school buildings of the District and in the office of the District Clerk in the

Administration Building up to and including Thursday, March 5, 2020. In addition, the Board of Registration shall meet on Thursday, March 5, 2020, from 9:00 o'clock A.M. to 7:00 o'clock P.M. (Prevailing Time), at the Administration Building, 154 Dosoris Lane, Glen Cove, New York, for the purpose of preparing the registers of the qualified voters of the City School District of the City of Glen Cove, New York. Any person will be entitled to have his or her name placed on such register, provided that he or she is known or proven to the satisfaction of the District Clerk, and the Board of Registration, to be then or thereafter entitled to vote at such Special District Meeting for which the registers are prepared. Any person otherwise qualified to vote who is not currently registered under permanent personal registration in the District by the last date found on the original or duplicate registers, or records, or list furnished by the Nassau County Boards of Elections, and has not voted at an intervening election, must, in order to be entitled to vote, present himself or herself personally for registration or otherwise register with the Nassau County Boards of Elections.

**AND FURTHER NOTICE IS HEREBY GIVEN** that the registers so prepared for the Special District Meeting will be completed on Thursday, March 5, 2020 and thereafter filed in the Office of the District Clerk of the Glen Cove School District, in the District Office, Administration Building, 154 Dosoris Lane, Glen Cove, New York, and will be open for inspection by any qualified voter of the District between the hours of 9:00 o'clock A.M. and 3:00 o'clock P.M. (Prevailing Time), on each day prior to Thursday, March 19, 2020, the date set for the Special District Meeting, except Saturdays, Sundays and holidays, including the day set for the Special District Meeting.

**AND FURTHER NOTICE IS HEREBY GIVEN** that applications for absentee ballots for the Special District Meeting may be applied for at the Office of the District Clerk at the Administration Building, 154 Dosoris Lane, Glen Cove, New York, between the hours of 9:00 o'clock A.M. and 4:00 o'clock P.M. (Prevailing Time) on any school day. However, such application must be received by the District Clerk at least seven (7) days before the Special District Meeting if the ballot is to be mailed to the voter, or the day before the Special District Meeting if the ballot is to

be delivered personally to the voter. No absentee voter's ballot shall be canvassed unless it is received in the office of the District Clerk of the said School District no later than 5:00 o'clock P.M. (Prevailing Time) on the date of the Special District Meeting. A list of all persons to whom absentee ballots shall have been issued will be available during regular office hours in the Office of the District Clerk on each of the five (5) days prior to the day of the Special District Meeting. Information regarding the election districts are set forth on the District's website - [glencoveschools.org](http://glencoveschools.org). A person shall be entitled to vote at said Special District Meeting only if such person is a qualified voter.

**BY THE ORDER OF THE BOARD OF EDUCATION**  
Dated: January 8, 2020  
Ida Johnson  
District Clerk  
119723

**LEGAL NOTICE CITY OF GLEN COVE ZONING BOARD OF APPEALS NOTICE OF PUBLIC HEARING PLEASE TAKE NOTICE** that a continued PUBLIC HEARING will be held by the Glen Cove Zoning Board of Appeals on Thursday, March 19, 2020 at 7:30 p.m. at the Council Chambers, City Hall, 9 Glen Street, Glen Cove, N.Y. when all interested persons will be given an opportunity to express their views  
**CASE # 2 - 2020**

The hearing will be on the application of Debra McCalla residing at 30 Oak Lane Glen Cove who seeks a Variance from Section 280-56(D)(12) of the Glen Cove Zoning Code to allow an addition to an existing one car garage. Applicant is proposing a 410 sq. ft. addition to an existing 447 sq. ft. garage (overall size 887sq.ft.) where the maximum land coverage for a garage is 500 sq. ft. The property is located within the R-2 One-Family Residence District and designated on the Nassau County Land & Tax Map as Section 23, Block 8, Lot 22 & 46. The application may be reviewed at the Glen Cove Building Department during normal business hours.  
Dated: February 3, 2020

**BY ORDER OF THE BOARD OF ZONING APPEALS OF THE CITY OF GLEN COVE**  
TERI MOSCHETTA,  
CHAIRPERSON  
121048

**PUBLIC AND LEGAL NOTICES...**  
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**LEGAL NOTICE CITY OF GLEN COVE ZONING BOARD OF APPEALS NOTICE OF PUBLIC HEARING PLEASE TAKE NOTICE** that a PUBLIC HEARING will be held by the Glen Cove Zoning Board of Appeals on Thursday, March 19, 2020 at 7:30 p.m. at the Council Chambers, City Hall, 9 Glen Street, Glen Cove, N.Y. when all interested persons will be given an opportunity to express their views.  
**CASE # 3 - 2020**

The hearing will be on the application of Nicole Loizides & Louis Albruzzese residing at 7 Margaret St., Glen Cove who seek Variances from Section(s) 280-30; 280-58 B (6) and 280-58 B (10) of the Glen Cove Zoning Code to renovate an enclosed patio and build a new addition to an existing kitchen. The property has an existing lot width of 50.15 feet when 65 feet is required. Applicant is proposing 5.4 ft and 3 ft side yard setback when 10 feet each is the minimum required and proposing 2,166 sq. ft lot coverage where 1,484 (20%) is the maximum land coverage permitted. The property is located within the R-3A One-Family Residence District and designated on the Nassau County Land & Tax Map as Section 31, Block E, Lot 125. The application may be reviewed at the Glen Cove Building Department during normal business hours.  
Dated: March 3, 2020

**BY ORDER OF THE BOARD OF ZONING APPEALS OF THE CITY OF GLEN COVE**  
TERI MOSCHETTA,  
CHAIRPERSON  
121049

**LEGAL NOTICE AVISO LEGAL AVISO DE UNA REUNION ESPECIAL DE LA BIBLIOTECA DEL DISTRITO EL 31 DE MARZO DE 2020, DE LA BIBLIOTECA PUBLICA DE GLEN COVE PARA VOTAR EN EL PRESUPUESTO DE LA BIBLIOTECA PUBLICA Y PARA ELEGI R A UN A D M I N I S T R A D O R BIBLIOTECA**

**POR MEDIO DEL PRESENTE SE NOTIFICA** que se llevara a cabo una reunion especial de los votantes calificados de la Biblioteca Publica de Glen Cove en conformidad con lo dispuesto en la Seccion 260 y 270 de la Ley de Educacion de Estado de Nueva York, en dicho Distrito el 31 de Marzo de 2020 entra las 9am y las 9pm Dicha reunion sera de ayuda para los siguientes fines:  
Para votar sobre las siguientes posiciones:

**SE HA RESUELTO** que el presupuesto propuesto de la Biblioteca Publica de Glen Cove, Deistro Escolar de la Ciudad de Glen Cove segun lo preparado por los Fideicomisarios de dicha Biblioteca publica para el ano 2020/2021, y segun se haya modificado, se apruebe por la presente; y que la cantidad de los mismos, menos los recibos, se aumenta mediante la recaudacion de un impuesto sobre bienes inmuebles gravables en dicho Distrito Escolar. Con el fin de elegir; un (1) Fideicomisario de la Biblioteca publica de Glen Cove por un (5) mandato de cinco anos. La votacion sobre los asuntos mencionados se emitira mediante urnas. **POR FAVOR, TOME NOTA** que la junta de la Biblioteca, en conformidad con lo dispuesto en la Seccion 260 y 2007 de la Ley de Educacion, convoca dicha reunion Especial de Distrito.

**SE DA AVISO ADICIONAL**, que las peticiones que nominan al candidato para el cargo de administrador de la Biblioteca Publica de Glen Cove deben presentarse al secretario entre las horas de 9am y las 5pm., a mas tardar el 2 de marzo de 2020, el trigesimo dia anterior a la eleccion, momento en el cual sera elegido el candidato asi nominado. Cada peticion de nominacion debe dirigirse al Secretario del Distrito, debe estar firmada por al menos veinticinco (25) votantes calificados del Distrito, debe ondicar la residencia de cada firmante y debe indicar el nombre y la residencia del candidato.

Los formularios de muestra las peticiones se pueden obtener del Secretario de Distrito en la Biblioteca Publica de Glen Cove, 4 Glen Cove Ave., Glen Cove, Nueva York

**SE DA ADVISO ADICIONAL**, que una copia de los gastos estimados propuestos para ser votados estara disponible en la Biblioteca Publica de Glen Cove, 4 Glen Cove Ave., Glen Cove, Nueva York, entra las 9am y 5pm todos lod dias, excepto los sabados, domingos o festivos durante los catorce dias anteriores a dicha reunion.

**SE DA ADVISO ADICIONAL**, que la Junta de la Biblioteca Publica de Glen Cove realizara una audiencia especial sobre el presupuesto el 17 de marzo 2020 en la Biblioteca Publica de Glen Cove, 4 Glen Cove Ave., Glen Cove, Nueva York. a las 7pm

**SE DA ADVISO ADICIONAL**, que los votantes calificados del Distrito pueden inscribirse entre las 9am y 4 pm. La fecha final para

registrarse para la reunion que se celebrara el 17 de marzo de 2020 es el 2 de marzo 2020. Si un votante ha votado en alguna eleccion en los ultimos 4 anos 2016 o si es elegible para votar conforme al Articulo 5 de la Ley Electoral, el o ella es elegible para votar en este eleccion. Todos las demas personas que deseen votar registrarse. La lista de registro preparede por la Junta de Elecciones de Condado de Nassau se Archivaran enla oficina del secretario de Distrito de la Biblioteca Publica de Glen Cove, 4 Glen Cove Ave, Glen Cove, Nueva York, y estara abierta a inpeccion por cualquier votante calificado Del Distrito entre las horas de 9am y 4pm hora vigente cualquier, dia despues del martes 3 de marzo 2020 y cada uno de los dis anteriores a la fecha establecids para la Eleccion de la Biblioteca y la Votacion de Presupuesto, excepto los sabados, domingos o dias festivos, incluida la fecha establecida para la reunion.

**BOLETAS AUSENTES POR FAVOR, TOME NOTA**, que las solicitudes de boletas de votacion en ausencia. Para la Eleccion de la Bibliotecs y la Votacion de Presupuesto se puede solicitar en las oficinas del Secretario del Distrito, de la Biblioteca Publica de Glen Cove, 4 Glen Cove Ave., Glen Cove, Nueva York. Tales solicitudes deben recibirse al menos (7) siete dias antes de las elecciones si se va a enviar la boleta al votante. Ninguna boleta de votante ausente sera votada a menos que haya sido recibida en la oficina de Secretario de Distrito, en la Biblioteca Publica de Glen Cove, 4 glen Cove Ave., Glen Cove, Nueva York a mas tardar a las 5:00 pm hora del dia, en el Fecha de la eleccion.

Gina Rant  
Oficinista  
119970

**LEGAL NOTICE NOTICE OF SPECIAL LIBRARY DISTRICT MEETING ON MARCH 31, 2020 OF GLEN COVE PUBLIC LIBRARY TO VOTE ON THE PUBLIC LIBRARY BUDGET AND TO ELECT ONE TRUSTEE OF THE GLEN COVE PUBLIC LIBRARY**

**NOTICE IS HEREBY GIVEN** that a Special meeting of the qualified voters of the Glen Cove Public Library will be held in pursuant to the provision of the Section 260 and 2007 of the Education Law of the State of New York at the Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove, New York, in said District on March 31, 2020 between the hours of 9 a.m. and 9 p.m. Said meeting will be held for the following purposes:  
To vote on the following propositions:

**RESOLVED** that the proposed budget of the Glen Cove Public Library, Glen Cove City School District, as prepared by the Trustees of the said public Library, for the year 2020/2021, and as the same may have amended, be and hereby is approved; and that the amount thereof, less receipts, be raised by the levy of a tax upon the taxable real property in the said School District. For the purpose of electing; one (1) Trustee of the Glen Cove Public Library for a (5) five-year term.

The vote on the aforesaid matters will be cast by ballot in a ballot box.

**PLEASE TAKE FURTHER NOTICE** that the Library Board pursuant to the provisions of Section 260 and 2007 of the Educational Law hereby calls said Special District Meeting.

**FURTHER NOTICE IS HEREBY GIVEN** that petitions nominating the candidate for the office of Trustee of the Glen Cove Public Library must be filed with the clerk between the hours of 9a.m. and 5p.m., no later than March 2, 2020, the thirtieth day preceding the election, at which time the candidate so nominated is to be elected. Each nominating petition shall be directed to the Clerk of the District, must be signed by at least twenty-five (25) qualified voters of the District, shall state the residence of each signer, and must state the name and residence of the candidate.

Sample forms of the petitions may be obtained from the Clerk of the District at the Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove, New York.

**FURTHER NOTICE IS HEREBY GIVEN** that a copy of the proposed estimated expenditures to be voted upon shall be made available at the Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove, New York, between the hours of 9 a.m. and 5 p.m. each day other than Saturday, Sunday or holiday, during the fourteen days preceding such meeting.

**FURTHER NOTICE IS HEREBY GIVEN** that the Board of Trustees of the Glen Cove Public Library will hold a special budget hearing on March 17, 2020 at the Glen Cove Public Library, 4 Glen Cove Ave., New York at 7p.m.

**FURTHER NOTICE IS HEREBY GIVEN** that the qualified voters of the District may register between the hours of 9a.m. and 4p.m. The final date to register for the meeting to be held on March 17, 2020 is March 2, 2020. If a voter has voted in any election within the last 4 years (2016) or if he or she is eligible to vote under

# Some residents continue to oppose bond

March 12, 2020 — GLEN COVE HERALD GAZETTE

CONTINUED FROM FRONT PAGE

The district Board of Education estimates that over 90 percent of the projects proposed in the bond would qualify for 38 percent reimbursement in state aid for capital improvements. According to a district news release, however, any bonds approved after July 2020 will receive a lowered state aid reimbursement rate of 25 percent.

Another significant factor relating to the new proposal is that Moody's Investors Service has raised the district's bond rating to Aa2, meaning that its bonds are considered high-quality investments,

which would lower the district's bond-related costs.

Some of the projects included in the bond would help district schools comply with Americans with Disabilities Act regulations, such as updates to restrooms, access to the Robert Finley Middle School gym and new elevators in the Deasy and Landing elementary schools.

All buildings besides Glen Cove High School and Finley would undergo heating, ventilation and air conditioning improvements. Doors and windows would also be replaced to help ensure student and faculty safety.



Jennifer Corr/Herald Gazette

**SUPERINTENDENT DR. MARIA** Rianna read letters from students offering suggestions on what they want to see in their schools.

"ADA compliance is extremely important," Rianna said. "In doing these projects, you're also getting the classrooms out of the basement and providing an appropriate classroom space that is also an increase in safety and security."

Danielle Fugazy Scagliola, a Glen Cove City Councilwoman and mother of four district students, is among the residents who have expressed their concerns about conditions in the schools. "I've had kids in the basement of Deasy, I've had kids at Landing with a leaky ceiling, a leaky roof," she said. "This isn't the best environment to put children in for them to learn."

Former Deasy first- and second-grade teacher Barbara Kirby-Dubin has known that struggle herself. While she said she is thankful she was in a room with an air conditioner, which is required of some rooms for students with individualized education programs, at times that caused problems as well. "What would happen is that the children who were closest to the air conditioner were telling me that they were cold, so we had to turn it off, and then everybody else was hot," recalled Kirby-Dubin, who retired from Deasy in 2006 but taught night classes until 2016.

According to Rianna, air conditioning units have compromised other windows in the building, making them less secure.

Rick Smith, a Glen Cove resident and

the owner of Piano Exchange, agrees the schools need some updates, but the amount that the district is asking for, he said, would be costly for him and other Glen Cove business owners and residents. So Smith has opposed all the bonds, and has urged residents to vote against this one. "Every way I can to keep these people in line and to keep them from stealing taxpayers' money, spending it foolishly, taking it unnecessarily, however you want to call it, I'm going to do," he said. "We suffer already for the high taxes there are."

Rianna and Fugazy Scagliola acknowledged that asking residents to pay more in taxes is not easy. "Anytime you ask people to dig into their wallet for something, that's hard," Fugazy Scagliola said, adding, "A stronger school district means better property values."

Rianna said the bond would also be an investment in Glen Cove's children, including a fifth-grader who wrote her a letter offering a couple of suggestions. "I want to make Connelly School as safe as possible," the child wrote. "There's some changes that need to be made to make the schools safer. For example, during a lockdown drill, can the doors lock from inside and prevent people from getting into the room? Bullet-proof glass would also be an addition to safety."

## HERALD Crossword Puzzle

### King Crossword

**ACROSS**

- 1 Satchel
- 4 Nowhere to be seen
- 8 Visored military cap
- 12 — out a living
- 13 State
- 14 Object of worship
- 15 Have a bug
- 16 Dilute
- 18 Up to
- 20 Finish
- 21 Second letter
- 24 Sponsorship
- 28 Negative aspect
- 32 Took the bus
- 33 Fire residue
- 34 Oodles
- 36 Wager
- 37 Amorphous lump
- 39 Onion rings, e.g.
- 41 Takes to the skies
- 43 Carry on
- 44 "That feels so good!"
- 46 Black board?
- 50 Exemplar of dullness
- 55 Cattle call
- 56 Leading man
- 57 Volcanic flow
- 58 Request
- 59 Floor cleaners
- 60 Gasoline, e.g.

1	2	3	4	5	6	7	8	9	10	11
12			13				14			
15			16				17			
18			19			20				
21			22	23		24		25	26	27
28	29	30				31		32		
33			34				35		36	
37			38		39			40		
41			42		43					
44			45			46		47	48	49
50	51	52				53	54		55	
56					57				58	
59					60				61	

- 61 Born
- 22 Twitches
- 23 Fire-fighting legend Red
- 25 Asian desert
- 26 Mid-month date
- 27 Green or Rogen
- 28 Slight touches
- 29 Norway's capital
- 30 "Halt!"
- 31 Icelandic poetry
- 35 More than just a few
- 38 Lullaby composer
- 40 Society newbie
- 42 Tool with teeth
- 45 50 percent
- 47 Muscat's land
- 48 Small winning margin
- 49 Oxen's harness
- 50 Water barrier
- 51 Berlin's "What'll —?"
- 52 Potential syrup
- 53 Greek cross
- 54 56-Across' partner

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## HERALD PUBLIC NOTICES

Article 5 of Election Law, he or she is eligible to vote at this election. All other persons who wish to vote must register. The registration list prepared by the Board of Elections of Nassau County will be filed in the Office of the District clerk of the Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove, New York and will be open for inspection by any qualified voter of the

district between the hours of 9a.m and 4p.m. prevailing time, on any day after Tuesday, March 3, 2020, and each of the days prior to the date set for the Library Election and Budget Vote, except Saturday, Sunday, or holiday, including the date set for the meeting.  
**ABSENTEE BALLOTS**

PLEASE TAKE FURTHER NOTICE that applications for absentee ballots for the Library Election and Budget Vote may be applied for at the office of the District Clerk, of the Glen Cove Public Library, 4 Glen Cove Ave., Glen Cove, New York. Such applications must be received at least (7) seven days before the elections if the ballot is to be mailed to the voter, or the day before the

election if the ballot is to be delivered personally to the voter. No absentee voter ballot shall be canvassed unless it shall have been received at the office of the District Clerk, Glen Cove Public Library, 4 Glen Cove Ave., New York, not later than 5:00p.m., prevailing time, on the date of the election.  
Gina Rant  
Clerk  
119968

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## OPINIONS

# Let's work together to defeat the coronavirus

**H**ow often do we hear that the most important thing in life is good health? That truth has been driven home by the coronavirus, a microscopic threat to health and life around the world.

Over the next few months, and possibly beyond, the No. 1 priority of governments at all levels must be to battle and



**ALFONSE  
D'AMATO**

defeat this public health enemy. That means focusing attention on all the ways to fight it.

First and foremost, the areas where the virus turns up must be identified, and it must be attacked aggressively and contained. That may impose some

serious inconveniences on us all, in terms of travel restrictions and limits on public gatherings. It may require that some will have to “self-isolate” to prevent the virus from spreading.

The cost of fighting this scourge will not be light. It will call for major expenditures of public funds. In Washington, there's little to be gained by fighting over the exact dollar amounts that will be needed to fight this battle. Congress should authorize and appropriate what-

ever sums are necessary to fund a major public health response. If more public money is needed as the situation develops, it should be ready and available.

Our state and local governments will be on the front lines of this fight, as will be our health care workers, hospitals and clinics. They, too, must be provided with whatever resources they need. Here on Long Island, our top-flight health care system deserves our wholehearted support as it prepares to deal with any coronavirus cases that may occur.

The media also has an important role to play in this fight. It does no good to sensationalize every new coronavirus case, or to second-guess the response of the federal government. President Trump has made it clear that his administration recognizes the seriousness of this challenge and will support all necessary measures to meet it. Political nitpicking and finger-pointing do little to advance the fight we face.

We are blessed in America with the best scientists in the world, and they should be given the resources and support to do their work. Scientists like the Centers for Disease Control and Prevention's Anthony Fauci — who led the suc-

cessful fight against AIDS — are now mobilizing the research and development for a vaccine and treatments for coronavirus. These new medicines may take months to bring to scale, but every effort should be made to give our scientists the support to shave as much time off this treatment response as possible.

Other nations' scientists — including in Israel — are also pursuing promising research to find treatments. The U.N.'s World Health Organization should be promoting a truly collaborative global R&D effort encouraging scientists everywhere to work together on this international health risk.

The other priority of the international community must be to calm financial markets and offer assurances that the world financial system will also surmount the coronavirus challenge. In the U.S., that means aggressive action by the Federal Reserve to shore up the economy by further lowering interest rates, and if necessary, taking other strong measures to ensure market liquidity.

Remember the “quantitative easing” during the 2007-09 financial meltdown? Something like it may be needed again. Just as our scientists must pursue all

ways to cure the virus, our financial leaders must pursue all ways to safeguard the health of our economy.

If this dark cloud has any silver lining, maybe it's that the coronavirus is a common enemy that can help bring the world together in a common cause. The various ongoing conflicts around the globe pale in comparison to the coronavirus threat.

It's sobering to remember that the Spanish flu epidemic of 1918 may have killed as many or more people than were lost in World War I. A disease that recognizes no borders and respects no politics or armies may be the one foe that succeeds in bringing us together.

President Ronald Reagan often mused in his best speeches about what would happen if invaders from a distant world came to Earth and threatened mankind with annihilation. He hoped that the threat to all would be a call to all to work for the good of all. As Reagan might now say, if the invader is stalking us as an invisible enemy within, all the more reason to take up the battle against it. It may bring out the best in mankind.

*Al D'Amato, a former U.S. senator from New York, is the founder of Park Strategies LLC, a public policy and business development firm. Comments about this column? ADAmato@liherald.com.*

## Are you working those friendship connections?

**L**ast week I had dinner with Jack, an old friend. We've known each other for 30 years, and he was my friend by extension, since his wife and I were best buddies for decades. She died about eight years ago. Since then, he and I have met up once or twice a year. Because we both loved her, we have woven together a new fabric of

friendship from loose threads.

This time he told me that he was feeling seriously stressed about keeping his friendships going. At age 80, living alone, in a new relationship with a woman he likes a lot, he said he is frightened of being alone. He

feels as if it's a full-time job to keep up with friends, follow their life events, make dinner plans and generally say yes to any invitation, even when it's something he doesn't want to do. The planning is burdensome, yet it's his lifeline.

My dinners with Jack are just OK. He

is still the unapologetic, self-centered man he always was. We mostly talk about him and his new toys and his kvetches and his worries. I go because we share memories of Margaret. We both miss her. A tough guy, he surprises me sometimes with a candid revelation. Last week he said, “I know it's foolish, but I wonder if Margaret knows what I'm doing and if she would approve of my life now.”

“I know she would,” I said, and I sensed that my words mattered. He said he is thinking about whether and how to provide for his new partner financially. He said he isn't sure if the new relationship will last.

I suggested that he not think about how it will end, but how wonderful it has been these past few years. I suggested he be generous. More than generous.

I was glad I joined him for dinner, because we had a real conversation and an emotional connection.

Also, his anxiety about the need to keep his friendships fresh and alive resonated with me big time. It confirmed my sense that friends are the saviors of

our senior years. As we get older, if we live geographically distant from family, friends become the most important people in our day-to-day lives.

Much has been written about the connection between loneliness and depression and cognitive loss.

The antidote to being lonely is being a friend and having friends, but it doesn't just happen. Especially as one gets older, friendships require more tolerance and good nature and forgiveness. Good pals sometimes forget a lunch date or don't call when we're sick or make a plan that excludes us when we wanted to be included. So, to keep our relationships

viable, we have to be forgiving.

This one doesn't hear so well, that one can't drive at night, another one clearly is drinking too much. We have to turn the other cheek and turn the other way because we all live in glass houses.

Even more, we have to keep reaching out to people, accepting their bids to get together or share an activity. We have to get out of the house because no one knows we're inside, feeling alone. We

**O**lder people have to work harder to tend the ties that bind us to one another.



**RANDI  
KREISS**

need to make the call, plan the dinner, send the email and be open to social connection.

As young parents it was easy for us to become friendly with our children's friends. During our working years, it was easy for a business friend to become a personal friend. As older people, we have to work harder to tend the ties that keep us bound to one another, responsible for another and in touch with one another.

The thing is, not every friend meets all of our standards or fills all of our needs, and neither do we hit the mark every time with the people who call us friends. But everyone can offer something.

When we were young and when we were working and parenting, friends were our distraction, our biking buddies and our carpool partners. Now friends are vital to our health and well-being.

Friendship-building is the new work of the over-70 crowd. Some friends, like Jack, you see twice a year. Some friends are evergreen, and some are seasonal.

No matter. Boomers need to tend that garden.

*Copyright 2019 Randi Kreiss. Randi can be reached at randik3@aol.com.*

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Gold Coast Gazette

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# HERALD EDITORIAL

## Let common sense prevail on coronavirus

**Y**ou would have to be living on a remote island not to be conversant on the coronavirus. The daily drumbeat of cable TV news has kept the once-barely-known ailment front and center in our lives.

We see the photos of people wearing masks in cities around the world, and of nearly empty airports, and we hear the reports of more cases in the U.S. and elsewhere. It's easy to understand why people are concerned, even fearful, but we must not panic.

Certainly, the virus, also known as COVID-19, is to be taken seriously, and not, as some commentators have said (yeah,

we're looking at you, Rush Limbaugh), as little more than a common cold. The symptoms are fever, cough and shortness of breath, and anyone experiencing those should seek medical attention. But we must maintain a sense of calm and perspective.

In certain cases, we see panic setting in. Some of the worst of it is the cruel treatment we have seen from time to time of people of Asian descent. There have been instances in which Asians have been yelled at, pushed and shoved, and in one case, sprayed with a disinfectant on a New York City subway train. That kind of behavior must stop.

Certainly, there are measures to be

taken: People should wash their hands often, cover their mouths and noses when they cough or sneeze, and stay home when they're sick.

Also, don't look to radical pundits for your news. Trust reliable sources, such as the Centers for Disease Control and Prevention or local government agencies. And keep your thoughts focused on practical, everyday matters, such as your job and the welfare of your family and friends.

We aren't trying to be overly sanguine here, but we need to keep our wits about us, and that means acting like sensible people have always acted in difficult times: with courage and optimism.

## It's time for the Legislature to act on tax plan

**N**assau County's property-tax assessment system has been in a shambles for decades. Homeowners who protested their tax bills have generally been given relief. Those who didn't grieve their taxes paid more than their fair share.

When Laura Curran was elected county executive two years ago, she immediately put forward a plan to undo the mess. It would phase in reassessment over five years to spread out potential tax increases for the roughly half of residents who have grieved their taxes in the past. The plan is still sitting in the County Legislature, awaiting approval by the Republican majority.

The system has been decaying since 2011, when then County Executive Edward Mangano stopped updating assessments, saying that freezing them would help him decide appeals quickly and save the county money.

The move did save \$20 million annually, but created a huge tax shift. Most property owners who challenged assessments every year — many of them affluent — were granted reductions. Others, who tended to be poorer and older, never challenged their assessments and paid a larger share of the tax burden.

The proportion of homeowners expected to see tax increases live in a North Shore legislative district that includes Plainview, Jericho, Old Westbury and Roslyn Heights. The biggest decreases will be seen in Hempstead, Westbury, New Cassel, Uniondale, Freeport and Roosevelt.

But the Legislature's Republican majority has been fighting Curran all the way. A week ago, Republicans got the public hearing they had demanded, ending the latest standoff between them and the Democratic county executive.

The Legislature must approve a separate

local law by July in order for Curran's phase-in to take effect before the first tax bills are mailed in October. Homeowners and prospective buyers have the right to know if the phase-in will become law.

Curran's plan is fair and reasonable. Nearly a decade has passed since the county's last reassessment. That caused a long gap, resulting in mass inaccuracies in home values, and a system that failed to maintain professional standards of fairness and accuracy.

Under Curran's plan, homeowners would still be able to grieve their tax bills if they disagreed with their assessments. "When our homeowners pay town, school, special district and county taxes," Curran said, "they deserve assurance that the amounts they are paying are fair and equitable."

We agree, and urge the Legislature's GOP majority to approve Curran's phase-in plan quickly.

## LETTERS

### Don't panic

To the Editor:

There's much and some unnecessary panic about this new strain of coronavirus. And while there is much we still do not know about the virus, including how bad or benign this outbreak will be, what we do know and has been the cause of much concern is that this outbreak has a higher mortality rate than the flu. While that statement is true, it needs to be understood in context to quell irrational fear.

The coronavirus, called COVID-19, is comparable to the SARS outbreak but does not appear to be anywhere near as fatal as SARS, which had a mortality rate of 10 to 20 percent. The mortality rate from this virus is in the 1 to 2 percent range at most — but it is more contagious than SARS.

This tells us that while the virus is unlikely to just disappear, it is important for people not to



## OPINIONS

# When will it be a woman's turn?

**W**e're living in fast-moving times, with rapid advances in technology and exploding social media, and mind-dazzling changes are happening every day in our lives. While there are many women advancing in the corporate world, however, the political world lags far behind when it comes to women advancing into high office.



**JERRY  
KREMER**

I have mixed feelings about Sen. Elizabeth Warren's political style, but of the six women who ran in the Democratic presidential primary, she had the most program proposals, and some of the freshest ideas for change at a time

when some change is needed. I don't support her plan for "Medicare for all," but she had many approaches to government that were new and interesting.

If you take a snapshot of the American political landscape, you'll see that women are beginning to make their mark at many levels, but are still dramati-

cally outnumbered by male politicians. There are 20 states that have never had a woman governor. There are currently nine states run by women, six of whom are Democrats.

The current House of Representatives has 102 women. There are 89 Democratic members and 13 Republicans. The Democratic Party has aggressively encouraged women to run for office, and has provided substantial funds from various sources for emerging candidates. The Republican Party is far behind in recruiting women, and provides no direct or indirect funding in primaries. U.S. Rep. Elise Stefanik, a Republican in New York's 21st District upstate, has tried to get her male colleagues to support more women for office, but the party has ignored her.

California is the national leader when it comes to electing women to federal office. Besides House Speaker Nancy Pelosi, there are 17 women Democratic members of Congress from that state. The next-best numbers are in New York, which has nine women in Congress. The

2018 election produced 35 new Democratic members, but only one Republican.

Women are making great advances in the State Legislature. Seventy of the 213 members of the Senate and the Assembly are women, which is a double-digit increase over the previous term. If you visit the chambers in both houses, as I frequently do, you can't help but be impressed by the large number of women who lead key committees.

The 2016 election was supposed to be the groundbreaking year for women. Many people assumed that Hillary Clinton had the best chance to become president, and early on it looked that way. But sexism didn't stop Clinton's effort. Key parts of her campaign were poorly run, and there were many Democrats who refused to support her. It wasn't about sex. It was about politics and personality.

Warren may have a gripe about the failure of the major women candidates to remain in the hunt for the Democratic presidential nomination, but that gripe should be with Sen. Bernie Sanders. Warren thought there would be a "third

lane" for her in the contest, where she could squeeze in between the male moderates and the male progressive. But there turned out to be only two lanes, and Sanders, with many ideas like her own, dominates the left wing of the party. In addition, he went out of his way to undermine her efforts by knocking her Medicare for all plan.

Despite being forced out of the race due to lack of support, Warren will no doubt play a major role at the Democratic Convention in July. Assuming she doesn't endorse either Sanders or former Vice President Joe Biden, she will have the chance to advance some of her ideas and will be able to get them into the party platform. That may not be what she originally had in mind, but she will still be relevant, and a factor.

There's no doubt that women will continue to play a major role in state and national politics, but the big prize may be elusive for many years to come.

*Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He now heads Empire Government Strategies, a business development and legislative strategy firm. Comments about this column? JKremer@liherald.com.*

**I**n state and national politics, they're still drastically outnumbered by men.

## LETTERS

panic. The idea of members of the general public running out to buy masks that do not work is an overreaction. Health care workers are the most vulnerable and need to exercise the most caution. The general public needs to go about their lives as they would during any normal flu season and exercise smart preventive measures such as frequent hand-washing. It is also important to remember that of those who do acquire the coronavirus, 99 percent will recover.

The virus is spread through coughing, sneezing and droplet transmission. There are theoretical concerns about the fecal/oral route and sputum to the eyes, could impact health care workers. That is why we recommend masks, eye protection, gloves and other precautionary measures and protocols for those which direct patient contact.

Infectious disease specialists and public health officials have learned lessons from our experience with SARS in 2003, H1N1 (the so-called swine flu) in 2009, Ebola in 2014 and other epidemics over the years. We are well-trained in isolation techniques and how to deploy teams that are educated and prepared to recognize the illness.

The key is to stay informed and exercise normal flu-like precautions. It is too soon to know if this coronavirus will be similar to a yearly flu or a bad respiratory virus that comes back each year. However, reliable information and informed caution are the best defense in protecting oneself from infection.

BRUCE FARBER, MD,  
Chief of infectious diseases  
at Northwell Health

### The latest on coronavirus from the governor

To the Editor:

Last week I declared a state of emergency to help New York more quickly and effectively contain the spread of the novel coronavirus.

Additionally, I directed the state Department of State's Consumer Protection Division to launch an investigation into reports of unfair price increases of consumer products such as household cleaning supplies and hand sanitizer amid the coronavirus outbreak, and launched a toll-free hotline — (800) 697-1220 — for New Yorkers to report suspected price gouging.

I will continue to provide updates and encourage people to act on the facts on coronavirus instead of the hype.

The emergency declaration gives the state certain powers to help local health departments that are very stressed. As those departments continue to monitor and quarantine people, we have a more expedited purchasing protocol to get them the tools they need to contain the spread of the virus.

This state of emergency declaration also allows, among other measures:

- Expedited procurement of cleaning

## FRAMEWORK by Christina Daly



As if launched by Kobe Bryant — Lido Beach

supplies, hand sanitizer and other essential resources.

- Qualified professionals other than doctors and nurses to conduct testing.

- Expedited procurement of testing supplies and equipment, personnel training,

and leasing of lab space.

- EMS personnel to transport patients to quarantine locations other than hospitals.

GOV. ANDREW CUOMO



## Available Real Estate and Recent Price Reductions



**Old Westbury, NY - Price Reduced**  
SD #15. MLS# 3111428. \$4,700,000.  
Huailing (Helen) Deng, c.917.859.7718



**Sands Point, NY - Waterfront**  
SD #4. MLS# 3198773. \$4,200,000.  
Linda Faraldo, c.516.984.9049



**Roslyn Harbor, NY - Price Reduced**  
SD #3. MLS# 3197669. \$2,380,000.  
Huailing (Helen) Deng, c.917.859.7718



**Glen Cove, NY - Price Reduced**  
SD #5. MLS# 3115882. \$1,795,000.  
Christina F. (Christy) Porter, c.516.835.5512



**Glen Cove, NY - Home Owners Association**  
SD #5. MLS# 3105909. \$1,195,000.  
Linda Faraldo, c.516.984.9049



**Oyster Bay, NY - Price Reduced**  
SD #6. MLS# 3146623. \$939,000.  
Kathryn (Cottie) Maxwell Pournaras, c.516.857.3011



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Sandi Lefkowitz. c.516.816.3461



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Jean Marie Stalzer, c.516.509.7564



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