



Parade for G.C. graduates

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Pride Flag flies in the downtown

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Regency receives donated masks

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In support of black owned businesses

David Thomson, an immigrant from Guyana, said there are not many black owned businesses in Glen Cove, but his business needs support, which he hoped to highlight when marching in a Black Lives Matter protest. Story, Page 6.



Courtesy David Thomson

A predicted win for Suozzi in primary

By **LAURA LANE**
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Primary results for the 3rd Congressional District race were not final at press time on June 24, but U.S. Rep. Tom Suozzi said he was confident he had won. With 340 precincts reporting in-person voting, he had captured 59 percent of the total vote among the three candidates running.

“Last night was a great night, and it’s amazing how many people voted,” said the Democrat in a Wednesday morning Zoom call. “The biggest enemy in a race is low voter turnout. More than double voted compared to the first time I ran [in a primary] in 2016.”

The 3rd District congressman noted he had 4,000 more votes than one candidate and 8,000 than the other.

Suozzi’s opponents in the primary, Michael Weinstock, an attorney, and Melanie D’Arrigo, an allied health professional, had not conceded as of Wednesday, Suozzi said.

As of Tuesday night, the Nassau County Board of Elections

had only counted results from in-person early and Election Day voting. Absentee ballots had not been tabulated. So the vote could not be finalized.

By state law, counting of absentee ballots could not begin until seven days after June 23, the last date by which the ballots

could be postmarked to count in the election. The state was waiting a week to ensure that all absentee ballots were returned and counted, said Bonnie Garone, counsel to the Nassau Democratic election commissioner.

Traditionally, people who cast absentee ballots tend to be older than those who vote in

person, said Suozzi, 57, a former Nassau County executive and Glen Cove mayor. “The younger voters are more likely to vote for my opponents,” he said. “Older voters voting absentee will be better for me.”

It was unclear at press time what percentage of the electorate voted by absentee ballot, and how many such ballots were

I do work across party lines to get things done, which I will continue to do.

U.S. REP. TOM SUOZZI

Salons, tattoo shops, indoor restaurants open in Phase 3

By **JENNIFER CORR** and **SCOTT BRINTON**

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Nassau was on track to begin Phase 3 of the state’s reopening protocols on Wednesday, according to County Executive Laura Curran and Gov. Andrew Cuomo.

During the third phase, restaurants will be permitted to

open for inside dining at 50 percent capacity, provided that diners wear masks and tables are at least six feet apart, with no more than 10 people at a table.

Spas and tattoo shops will also be allowed to reopen at 50 percent capacity. Waiting rooms will be closed. “Our books are going to be full,” said Carolyn Braband, a tattoo artist at Twin Moon Creations, in Glen Head.

“People are calling in. It’s good at the end of the day, but we definitely took a hit.”

Braband said that the coronavirus shutdown quarantine gave clients time to think about what they want in a tattoo. In the shop, which Braband described as sterile, there will be daily temperature checks, and health screenings for employees. Art-

CONTINUED ON PAGE 3

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CONTINUED ON PAGE 3

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Absentee ballots must be counted

CONTINUED FROM FRONT PAGE

mailed in on Tuesday. Because many people were concerned about the coronavirus pandemic, however, in-person voting was expected to be lighter than normal. Many people, officials said, would likely cast absentee ballots, which all voters were permitted to do, provided they had requested them.

Garone noted that counting of absentee ballots should be faster than in past years, as the Board of Elections now has a set of high-speed tabulation machines that should expedite the process.

Suozzi said he believes roughly 30,000 people voted by absentee ballot. Describing absentee ballots as more convenient, he said the expected large number of such ballots indicates Democrats are displeased “with the current occupant of 1600 Pennsylvania Ave.”

Suozzi’s campaign, he said, was entirely virtual because of the coronavirus pandemic. His campaign made 7,500 calls Tuesday alone and 130,000 in total.



Tom Suozzi

November.

He plans to travel to Washington, D.C., Thursday to vote on the criminal justice reform bill, which he said would be a partisan vote, at least for now.

“I do work across party lines to get things done, which I will continue to do,” he said.

New York Assemblyman Charles Lavine, a Democrat from Glen Cove, an attorney, has been in office for 15 years. He will face Republican challenger Andrew Monteleone in

Republican Assemblyman Michael Montesano, from Glen Head, a former New York Police Department police officer and detective, was elected to the Assembly in 2010. He will run against Democratic challenger Joseph Sackman this year.

State Sen. James Gaughran, a Democrat from Northport, will face Republican challenger Edmund Smyth and Green Party candidate Barbara Wagner.

Scott Brinton contributed to this story

Commitment to precautions to prevent Covid-19

CONTINUED FROM FRONT PAGE

ists and clients will wear mask during the one-on-one procedures.

“We’re in an industry that we’ve always had to be cautious of our health to begin with,” Braband said. “We’ve always viewed tattooing like a doctor’s office. It is a medical procedure at the end of the day.

People are calling in. It’s good at the end of the day, but we definitely took a hit.

CAROLYN BRABAND

Twin Moon Creations

So we’re just going to keep on top of those sanitation and cleaning guidelines, and we’ve added what the Department of Health has given us as well.”

Similarly, Glen Cove Massage is taking precautions to prevent the spread of Covid-19. “We’re required by New York state for the therapist to wear a face mask and a plastic safety shield, and to

wear either scrubs, a lab coat or an apron,” Jenny daBeer Charno, who owns the business, explained.

She said she would change facemasks, which are branded with “Glen Cove Massage,” between clients, who will not be allowed to wait in the waiting area. Additionally, daBeer Charno will schedule more time between appointments to clean anything a client comes in contact with: the restroom, the treatment room — where a high-efficiency particulate air filter will be installed — and door handles.

Because daBeer Charno’s practice focuses primarily on medical massages, most of her clients have conditions like back or neck pain, jaw clenching and headaches. “People are really, really eager to come back,” she said. “I’m really happy to be able to do something that will help them feel better.”

Yajhayra Reyes, the owner of the Glen Cove Salt Cave, said she was also looking forward to helping clients again. “[It’s]



Courtesy Flickr

CAROLYN BRABAND, A tattoo artist at Twin Moon Creations in Glen Head, said that the coronavirus shutdown gave clients time to think about what they want for their tattoos.

super exciting,” she said. “We’ve been waiting for forever to be able to reopen, and we’re just excited to ... have our customers come back to get all the benefits of salt therapy.”

In keeping with the state’s protocols, Reyes said, the group salt therapy room will be limited to four people instead of its normal eight, although private rooms will still hold two, and chairs will be thoroughly cleaned between each use. Additionally, she said, the Salt Cave had an

anti-viral ultraviolet light filtration system installed long before the outbreak, which she said provides extra protection against Covid-19.

Seven New York regions had already entered Phase 3. Only Long Island, New York City and Westchester had not.

Gov. Andrew Cuomo said at his next-to-last daily briefing on June 18 that he was in a “happy-go-lucky mood” because New York had tested 68,000 people overnight and found an average infection rate of .9

percent — the lowest it had been since the coronavirus pandemic began in mid-March. New York City’s infection rate was 1 percent, while Long Island’s was .7 percent.

By contrast, the infection rate at the peak of the pandemic in New York had reached 20 percent in New York City and 16 percent on Long Island.

Mike Conn contributed to this story.

School and community officials honor grads with a parade

By JENNIFER CORR

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The Glen Cove High School Class of 2020 was celebrated by City of Glen Cove leaders, Glen Cove City School District faculty and staff as well as onlookers at a car parade on June 18.

Students gathered in their cars at noon at the Eugene J. Gribbin Elementary School, with the procession starting 30 minutes later, upon the arrival of vehicles from the Glen Cove Police Department, Glen Cove Volunteer Fire Department and EMS.

Along the parade route, which led to the high school, people gathered to watch the graduates go by as they waved and cheered. And once the graduates arrived at Glen Cove High School, the GCVFD Ladder Trucks offered a grand welcome, displaying the American Flag.

There was no shortage of onlookers to cheer and congratulate the graduates as they made their way through the high school campus.

The students would eventually arrive at the "pit-stop" where Glen Cove City School District Superintendent Dr. Maria Rianna; Glen Cove High School Principal Antonio Santana; Allen Hudson III and Katie Prudente, assistant principals; City of Glen Cove Mayor Tim Tenke and other school and city officials were stationed.

"I was honored to be a part of the Glen Cove High School parade," Tenke said. "It was very special to see all of the graduating seniors coming up individually to take their pictures and I wish them the best of luck with their future endeavors. It was a very nice way to recognize their accomplishments for senior year."

Each student was able to sign a banner that will be displayed at the high school for years to come, take a photo with city and school officials and receive their yearbooks.

"We will always have that banner as a legacy to our school district," Rianna said. "[The Class of 2020] is resilient. They are strong, they are smart and they have such generous hearts. They've been a wonderful class."

"I've seen them have to adjust to a very different world in a very short peri-



Photos by Jennifer Corr/Herald Gazette

GLEN COVE VOLUNTEER Fire Department Ladder Trucks offered a grand welcome and farewell to the students, by displaying the American Flag.

od of time and I'm so proud of how they've made that adjustment and so many of them have really given time to the community to support younger children or the Glen Cove High School Pantry or just putting efforts into the community making masks," Rianna added. "If the future is in their hands, I'm looking forward to it."

The graduating class will get their "Pomp and Circumstance" on June 26, where there will be five separate graduation ceremonies in compliance with Gov. Andrew Cuomo's guidelines on restricted attendance at in-person graduation ceremonies.

Tentatively, senior prom is scheduled for July 30.

"I think the Class of 2020 is resilient," Santana said. "I think they're strong. They give me hope for the future."



CITY AND SCHOOL officials cheered for a graduate at the "pit stop," where students signed a banner, took a photo with school officials and received their yearbook.

MORE PHOTOS PAGE 5

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The Glen Cove Herald Gazette USPS 008886, is published every Thursday by Richner Communications, Inc., 2 Endo Blvd. Garden City, NY 11530. Periodicals postage paid at Garden City, NY 11530 and additional mailing offices. Postmaster send address changes to Glen Cove Herald Gazette, 2 Endo Blvd. Garden City, NY 11530. **Subscriptions:** \$30 for 1 year within Nassau County, \$52 for 1 year out of Nassau County or by qualified request in zip codes 11542, 11545, 11547, 11548 or 11579 **Copyright © 2020 Richner Communications, Inc. All rights reserved.**



Photo by Jennifer Corr/Herald Gazette



Photo courtesy Glen Cove City School District

A GLEN COVE High School graduate, above, was celebrated by her community while traveling in her decorated car on June 18.

GLEN COVE HIGH School graduates had a moment to shine at the car parade.



Photo by Jennifer Corr/Herald Gazette

THIS GRADUATE EXITED the car parade on a motorcycle, above.

AS GRADUATES MADE their departure from the Glen Cove High School campus, school faculty and community members cheered them on.



Photo by Jennifer Corr/Herald Gazette

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Supporting G.C's black business owners and leaders

By JENNIFER CORR

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This is the second part of a series.

According to www.BlackownedLongIsland.com, many Long Islanders want to support black-owned businesses and brands but are finding it difficult to locate them across the island.

After a group of Long Island's business leaders, consumers and influencers met to discuss challenges facing Long Island's black community and black business community, an advisory committee constructed goals and plans for what was to become Black Owned Long Island. This idea, according to the website, is not biased against other businesses on Long Island. Rather, it is a way for Black-owned businesses to connect with consumers interested in supporting black entrepreneurs, influencers, artists and professionals.

And in Glen Cove, organizations, business pages and residents have taken to social media to inquire about local black-owned businesses.

David Thomson, Extraordinary Auto Detailing

David Thomson, the founder and CEO of Extraordinary Auto Detailing in Glen Cove, migrated from Guyana to America living in Glen Cove for a least 20 years.

"Black people don't really have many businesses," he said. "There are just a few in Glen Cove."

Thompson founded Extraordinary Auto Detailing five years ago. "We gave it the name Extraordinary Auto because we give the extra," Thompson said. "Prices are great and the work is very professional."

Over the years business has picked up, he said, and even with a pandemic directly impacting local businesses his business should continue to thrive. "I got to do my



Courtesy Sonya Lowe

SONYA LOWE IS an advocate for local businesses through her involvement on the Glen Cove Chamber of Commerce Board of Directors and her position at NETcinity.

part to make sure my business is successful," he added.

Sonya Lowe, an affiliate of Netcinity

"NETcinity encourages neighbors to shop local and to

buy from the local people," said Sonya Lowe, an affiliate of NETcinity and a board director of the Glen Cove Chamber of Commerce.

NETcinity, an app that provides consumers with information on their local businesses, also allows people to see what local businesses are in town as they travel. "Shop local, keep the business local," Lowe said. "That's basically what it is."

Lowe has lived in Glen Cove for over a decade, with a constant mission to encourage residents to support the local businesses in the city. The app, she said, allows for local businesses to reach customers from up to five miles from their location.

Deidre Brown-Aguilar, The Kiddy Cove

"I'm bringing child care to the community and I'm trying to help the family when they need it the most, during working hours," said Deidre Brown-Aguilar, the owner of a Glen Cove child care center, The Kiddy Cove.

The Kiddy Cove, which has continued to be a place for children to go throughout the pandemic, has had measures in place to prevent the spread of Covid-19. "We check temperatures everyday," Brown-Aguilar said. "We wash our hands throughout the day. Toys are cleaned everyday."

Brown-Aguilar said that the day care has been helpful for essential workers, health care workers and first responders during the days of the pandemic. To go even further, she has even offered unconventional hours to assist essential workers.

"I think all businesses are important but it's especially important to support minority-owned businesses because we have a great presence here, but not in terms of owning a business," Brown-Aguilar said.

Glen Cove Hospital visitation reopens with new guidelines

Glen Cove Hospital has resumed visitation hours with guidelines to keep employees, patients and visitors safe.

- Visitation is from 2 to 6 p.m.
- Only one visitor at a time will be permitted at a patient's bedside.
- Total time for all visitors cannot exceed the four-hour maximum.
- Visitors must undergo symptom and temperature checks upon entering the facility.
- A hospital issued mask must be worn by the visitor at all times
- Visitors must wear appropriate personal protective equipment (PPE) for isolation rooms as recommended by the Department and Centers for Disease Control (CDC)
- All visitors are required to sign-in at the front desk and check in at the nursing station on the unit. Badges must be returned to front desk upon departure. No exceptions.
- No one under 18 years of age will be permitted to visit.
- The visitor must wash their hands or use hand sanitizer upon arrival to the patient's room and upon departure.
- The visitor must avoid physical contact, such as hugging, with the patient.

- Visitors are not to be permitted to wear personal gloves upon entry into the facility.
- Visitors will not be permitted access to hospital pantries. Instead, they should ask staff for assistance.
- No visitors will be permitted in the Emergency Department or Peri-Op Area.
- Visitors will not be permitted to visit with patients who are COVID positive.
- Visitors must remain in the patient's room throughout the visit except when directed by hospital staff to leave for procedures.

Isolation precautions

Anyone who visits a patient with an isolation sign on the door should stop at the nursing station before entering the patient's room. Isolation precautions create barriers that help prevent the spread of germs in the hospital and are needed to protect the visitor and the patient they are visiting. The precautions are also needed to protect other patients in the hospital.

When a patient is in isolation visitors may need to wear PPE (gloves, gown, mask). They cannot touch the patient and may not be allowed into a patient's room at all. Visitors who are ill will not be permitted to enter the hospital.

Glen Cove Hospital encourages visitors to remain closely connected to their loved ones through virtual visual means such as Skype or FaceTime.

How to use hand sanitizer

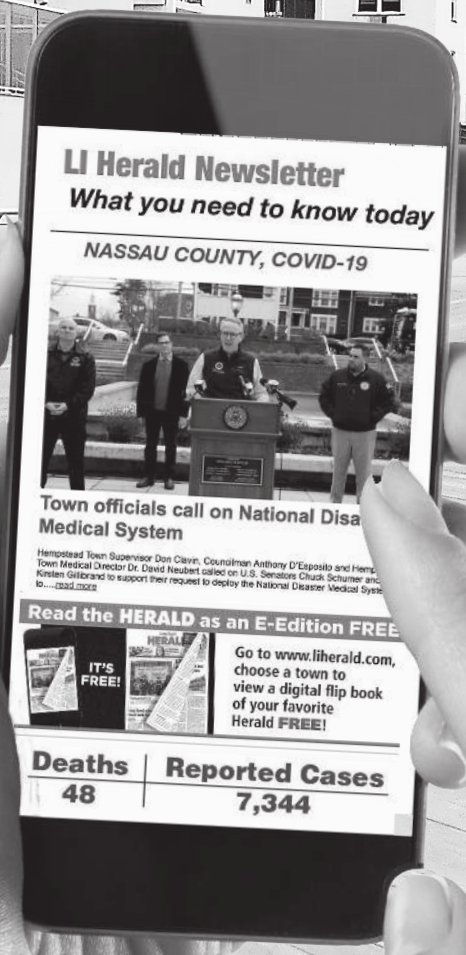
- Apply the product to the palm of one hand.
- Rub hands together.
- Rub the product over all the surfaces of hands and fingers until hands are dry for 20 seconds.

Five steps for effective hand washing

- Wet one's hands with clean, running water and use soap.
- Lather hands and rub together with soap. Lather the backs of hands, between the fingers and under nails.
- Scrub hands for at least 20 seconds, the time it takes to hum the "Happy Birthday" song from beginning to end twice.
- Rinse your hands well under clean, running water.
- Dry hands using a clean paper towel.

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What you need to know today.

Blind musician provides a unique insight on racism

BY MIKE CONN

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Born in 1945, lifelong Glen Cove resident Vinny Basile, 74, said he grew up in a time in which racism was normalized in the city. The youngest of 16 children growing up in Glen Cove's Orchard neighborhood, he said he was brought up racist, raised to think white people and black people could not and should not coalesce. Although everybody in his family saw the world through a prejudiced lens, Basile said he saw it in a different way, because he is blind.

Basile said he was born with glaucoma and had his left eye removed when he was three. By the time he was seven, he had lost his eyesight completely.

While he said he was terrified of losing his vision at first, Basile said it ultimately turned into a blessing. He said it motivated him to teach himself how to play drums, forming his first band, Vinny and the Venetian Blinds, when he was 13. This passion for music stuck with him for life, he said, as he has made a living performing as Vinny St. Marten in clubs throughout the world.

However, Basile said the greatest gift that came from his blindness was given to him as a 15-year-old at Glen Cove High School. He said a fellow classmate, a boy named Roy, was assigned to escort him throughout the building. The two became fast friends, he said, enjoying the time they spent together inside and outside of school.

It was not until two months into his friendship with Roy that Basile was asked a question by another classmate: "Why are you hanging out with that black kid?"

Basile said that, because of his blindness, he had no idea Roy was black. This was a major turning point in his life, he said, because it made him realize that racial identity does not determine a person's character. From that point on, he said he was determined to defy the racist practices he had been taught and use his unique perspective to help others come to the same conclusions.

Basile also recalled meeting a boy named Walter, who he said was born with a disfigured face. He said other children were cruel to Walter, but he befriended him nonetheless, a relationship which he said also would not have happened if not for his blindness.

"I met these two people, Roy and Walter, and they did more for me than any school or any therapist could do for me," Basile said. "Being friends with them and having an incredible relationship with them are stories that need to be told"

"I feel sorry for a lot of people who have eyesight," he added, "because that's the crux of a lot of problems."

Through his career as a musician and a motivational speaker, Basile said he has made it his mission to bring people together, regardless of their differences.

Elysa Sunshine, 69, said she has been Basile's musical partner for 45 years. She said Basile's self-awareness to grow out of his learned racism is one of his best qualities and something which has made making music with him a joy.

"The unique perspective that he brings



Courtesy Elysa Sunshine

VINNY BASILE, LEFT, and Elysa Sunshine have been making music together for 45 years.

is that he admits to being racist when he grew up," Sunshine said. "He illustrates events in his life that made him rethink all that and that kind of honesty is what we need today. [It's] what we've always needed."

Glen Cove resident Darlyne Genova, 73, said she has known Basile since she was 15. Although she grew up in Sea Cliff and attended North Shore High School, she said the two met through mutual friends despite coming from seemingly different worlds. She said racism was not nearly as present in Sea Cliff as it was in Glen Cove in the 1950s, and she said Basile defied the prejudice expected of white people in Glen Cove at the time.

"Vinny did not have that experience," Genova said. "Even to this day in his life, he is the most giving, open, honest person. He recognizes everybody by their voice and judges people on their heart and soul."

Basile said his message is as important now as ever given the large societal focus on race relations in the wake of George Floyd's death at the hands of Minneapolis police. Although it was written 15 years ago, he said his song "Think About It," is the perfect representation of how he tries to raise awareness and fight racism through his music.

"What would we do if our eyes were are closed, can you tell me?" Basile's lyrics say. "Would we hate what we see if we couldn't see what we hate?"

"The song and the message in it has been relevant for a very long time," said Sunshine, who wrote the song alongside Basile, "and sadly, today I think it has a particular importance."

The song can be found by searching "Think About It Vinny St. Marten" on YouTube. Basile's music and motivational programs can be found at [\[marten.com\]\(http://marten.com\).](http://www.vinnyst-</p>
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Basile said he is encouraged by demonstrators who are fighting against racism

today, something which he said gives him hope for the future.



Independence Day at Morgan Park cancelled

Consistent with Fourth of July cancellations and due to Covid-19 restrictions and concerns, the 2020 Morgan Memorial Park Fourth of July Firework Show has been cancelled.

"I apologize for that but we want to err on the side of caution here in Glen Cove," said City of Glen Cove Mayor Tim Tenke. "We usually get a couple thousand people that go to Morgan Park for that, so I think it's wise that we put on an even better show next year."

Herald File Photo

THE FIREWORKS SHOW at Morgan Memorial Park will not light up the sky this year because of the pandemic.



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GCPD hosting a virtual Town Hall to share its practices

BY JENNIFER CORR

Members of the Glen Cove Police Department, local religious leaders and local officials and elected leaders will gather on a virtual Town Hall July 2 at 7 p.m.

“The Glen Cove Police Department will share its policies, practices and procedures and/or other measures that are in place to reassure the community, especially black and brown community members, that improper policing, horrific examples of which we have been exposed to and reminded over and over again in recent weeks, will not take place in Glen Cove,” stated the City of Glen Cove Office of the Mayor Facebook page.

This Town Hall comes after George Floyd, 46, of Minneapolis was killed by Minneapolis Police Department officers, ultimately leading to a series of protests and several reforms in states across the U.S., including New York.

Gov. Andrew Cuomo signed the ‘Say Their Name’ Reform Agenda package on June 12.

The reforms include the repeal of Civil Rights Law 50-A, which privatized the records of police officers, firefighters and correction officers and bans chokeholds by law enforcement officers. The package also prohibits false race-based 911calls and appointed the Attorney General as the independent prosecutor in cases of police involved deaths.

State Assemblyman Charles Lavine,



Christina Daly / Herald Gazette

EARLIER IN THE month, protesters marched through Glen Cove and Sea Cliff to protest police brutality and racism.

who voted in favor of these reforms, will be among the speakers at the virtual Town Hall.

“We have to talk about reality and the reality is that there is in fact implicit racism and bias, not only in the United States, but everywhere in the world,” Lavine said. “Our advantage in our democratic system is that, when it works at its best, it provides us an environment in which we communicate. And sometimes that communication, the expression and that communication can also involve the expression of truth, but we don’t get to speak a language of aspiration, which is what being an American is all about,

without honest discussion.”

Lavine added that Tuesday, June 24 was Election Day, stating that Americans should participate in the democratic process by voting. “We are going to do our best to make sure that more Americans come out and vote on Nov. 3 because this is how we secure change,” he said.

The virtual Town Hall will also include Rev. Roger Williams and Deacon Sheryl Goodine of First Baptist Church of Glen Cove, Tenke, State Senator James Gaughran and Nassau County Legislator Delia DeRiggi-Whitton.

“This is an opportunity for the community and law enforcement in Glen Cove to

be out in front of other municipalities when it comes to anti-racist efforts that are needed in this transformative moment in our nation’s history,” William said. “I am hoping that everyone in the city will join us to be informed about how our police, who are sensitive to the tragic events in recent weeks, have trained and prepared our men and women sworn to protect and serve.”

“The death of unarmed Black men and women is a horrible reminder of a dark time in this nation’s history,” he added. “I am glad that our city has and is taking steps to not let that history be a part of our future.”

Sagamore Hill increases access to its park grounds

Following guidance from the White House, Centers for Disease Control and Prevention and state and local public health authorities, Sagamore Hill National Historic Site is increasing recreational access safely during the coronavirus.

The National Park Service is working with federal, state, and local public health authorities to closely monitor the Covid-19 pandemic and using a phased approach to increase access on a park-by-park basis.

Sagamore Hill has reopened access to:

- Park grounds.
- Walking paths and trails.
- Parking areas.

But with public health in mind, the following facilities remain closed:

- All buildings, including the Roosevelt Home and Old Orchard Museum
- All public restrooms
- The beach and Eel Creek bridge
- Public tours, programs and events remain suspended.

Park rangers remain on duty and normal regulations still apply. As services are limited and buildings remain closed to the public, the National Park Service urges visitors to:

- Check the Sagamore Hill website



Christina Daly / LI Herald

AS LONG ISLAND begins to reopen, Sagamore Hill Historic State is increasing its recreational access to park grounds.

before traveling to the park.

- Follow one-way directional signs along select trails.
- Park only in designated areas.
- Leave no trace, pack everything brought in.
- Maintain six feet of social distance from others.

- Use the restroom before visiting the park.

At Sagamore Hill, the operational approach is to examine each facility function and service provided to ensure those operations comply with current public health guidance and are regularly monitored.

Park officials will continue to work closely with the NPS Office of Public Health using CDC guidance to ensure

public spaces and workspaces are safe and clean for visitors, employees, partners and volunteers. While these areas are accessible for visitors to enjoy, a return to full operations will continue to be phased in.

The public should follow local area health orders, practice Leave No Trace principles, avoid crowding and avoid high-risk outdoor activities. The CDC has offered guidance to help people safely enjoy parks and open spaces to prevent the spread of infectious diseases including the coronavirus.

Sagamore Park officials will continue to monitor all park functions to ensure that visitors adhere to CDC guidance for mitigating risks associated with the transmission of Covid-19 and take any additional steps necessary to protect public health.

Virtual tours and other media such as photo galleries and films will continue to be offered on Sagamore Hill’s website. Those who are home schooling or not traveling during this time can enjoy a range of virtual experiences on nps.gov/sahi.

Details and updates on park operations will continue to be posted on the website nps.gov/sahi and social media channels. Updates about NPS operations will be posted on www.nps.gov/coronavirus.



GETTING BACK TO OUR LIVES BEGINS WITH OUR HEALTH.

To our fellow Long Islanders:

For months, we've all endured a crisis that has reshaped our world. And, although our daily lives will be affected for some time to come, we're beginning to move towards some sense of normalcy and optimism. Along with the desire to protect lives, we all want to get back to *living*.

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COURTNEY CALLAHAN

LOCUST VALLEY

COORDINATOR AND VOLUNTEER,
NOSH
LOCUST VALLEY

I'm part of an amazing group of moms. Although I don't have children, I have been a mom to many children. We all went into "mom wisdom" when we created NOSH. It was right when the pandemic hit. Someone said the other day that we've been doing this for 100 days, but I'm not sure.

All of us knew each other before the coronavirus. We were working on starting a women's shelter for seniors right before the virus hit. So we have always worked well together. I think working in groups is the best way. We all brainstormed on how we could help and spoke to someone at the hospital. She predicted food was going to be an issue. People would be too sick to go to the grocery store or wouldn't be able to go because they had toddlers. We looked at forming NOSH from a mom's heart. All we wanted was for no one to go to bed hungry and to worry.

NOSH is Yiddish for snack. I thought the name was perfect. We know we can't fix people's lives — that's not respectful. But we wanted people to know they could call us if something happened. It really has been about food dignity. I don't like the term food insecurity.

We wanted it to be a bag of love and dignity so people know we respect them and love them. So we make the food look like it is from a market. We use plastic bags and put our logo decal on it. We quickly found out that people are happy thinking the food is a market delivery, not a handout. This is what you would do for a friend that lost a job or was sick. We get to know everyone that we give the food to.

HERALD HOMETOWN HERO



JANINE WHITTING

GLEN HEAD

DIRECTOR, VILLAGE
PRESCHOOL OF SEA CLIFF

My job has changed dramatically. After we closed our doors, we sprung right into action, trying to keep some normalcy for the children that attend our school. I was able to lead Zoom conferences every day to try and keep a schedule for the kids.

Kids are used to routines. They're used to seeing their friends every day, and when that's taken away from them, it's scary. It was a scary place for all of us because there's so much unknown. I try to keep a schedule to help the children learn, do homework, share and be able to talk to each other. We try to keep the routine we would have in school to follow over with Zoom, and we would also drop off projects for the kids to do.

The kids were also assembling books that had pictures and keepsakes from different things throughout the year. Teachers were able to finish the books, so we were able to give parents all of the things their kids had been working on all year long. We wanted to see the kids one last time, and we wanted them to see each other, so we had a parade at the end where we were able to hand out all of the projects.

I'm hoping they had some normalcy in such an uncertain time; that really was the key. Just for them to be able to grasp onto something that was familiar; and it was really important to me that they were able to have something to look forward to.

HERALD HOMETOWN HERO



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JAIME TEICH

GLEN COVE

**MARKETING DIRECTOR,
SID JACOBSON JEWISH
COMMUNITY CENTER**

I'm the director of marketing and communications at Sid Jacobson Jewish Community Center. In my daily life, I have my hands involved in what we do for community support. I am all-hands on with the JCC. I also sit on the senior management team, so I'm heavily involved in executive decisions that we make as an agency. We closed doors March 12. We switched to a digital platform, and we can now serve thousands of people beyond our reach.

So when the pandemic hit, my original thought was that I wanted to make masks and then drive around areas of Long Island that are known to have individuals who are homeless. I wanted to do whatever I could to help them stay safe. But I failed at every attempt to make a mask. I couldn't follow the directions ... It was pretty bad.

I was connected with a number of women in the area who were making masks, and it sort of just turned into this thing where I reached out to a number of local organizations in our area, mostly in Glen Cove, that serve our population that are facing financial struggles, and then I just started collecting masks from mask makers on Long Island and then donated them back to the community in need. This became the Love Your Neighbor Project.

The majority of the time I'm working with organizations and non-profits that are working to provide resources like food and masks that are essential to our survival.



HERALD HOMETOWN HERO

ALLEN HUDSON III

GLEN COVE

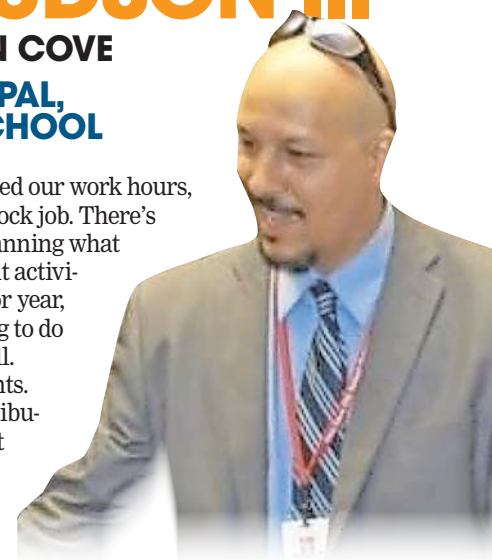
**ASSISTANT PRINCIPAL,
GLEN COVE HIGH SCHOOL**

I think, for one, the pandemic has increased our work hours, which I don't mind. It's an around-the-clock job. There's really no off-hours because we're either planning what we're doing in regards to planning different activities for the seniors to culminate their senior year, and what we're also in the process of trying to do is plan forward with what's to come this fall.

We feel really badly for the senior students. We had our lawn signs and senior gift distributions last week. I set up a Google Document for Principal Tony Santana, teachers, staff, and I to choose a number of students to deliver the packages. It was great. Teachers went and decorated their cars, and I went with my wife, Kimberly Hudson, along with a former student who dressed up in a mascot uniform. We pulled up in the school van that we decorated, playing music, and the kids loved it.

As an assistant principal, I'm primarily responsible at this time for the master schedules. Sometimes I come in late at night to work on that while I have a peace of mind because the pandemic has also brought about where myself, my wife and others have been taking on the task of running the Glen Cove High School Pantry, which has been quite a commitment.

We've had a number of people just donate, to the food pantry, books, games, puzzles and writing utensils, chalk... anything to entertain students, educate them as well, bring about a sense of normalcy and put a smile on their faces.



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If you have a special moment you would like to share, like a 100th birthday celebration, your child's athletic achievement or a simple outing with your family in our coverage area send us your photo and a short descriptive paragraph.

Email your submission to Senior Editor
 Laura Lane at llane@liherald.com

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This important work is sustained by your financial support, through donations and subscriptions. As we continue our coverage we are calling on individuals, businesses, and community foundations to help fund COVID-19 coverage and deliver life-saving news and information. Even \$25 can help.

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NEIGHBORS IN THE NEWS

PAT MARONE, LEFT, Edilma Sanchez, Edis Canales Yanes, Maria Silva, Jennifer Canales and Mirna Alfaro enjoyed a donation of PPE from the Laughter SAVES Lives Foundation.



Photo courtesy The Regency at Glen Cove Assisted Living

Laughter SAVES Lives Foundation donates to The Regency

Laughter SAVES Lives Foundation even during the pandemic is working to make people laugh, while raising money for first responders.

Last month, the foundation held a comedy ZOOMATHON that lasted for five hours featuring 18 comics including The

Regency at Glen Cove Assisted Living's very own chef, Pat Marone.

The virtual event raised almost \$12,000, which was used to purchase 4,000 N95 masks. The Regency Assisted Living was one of the recipient's of masks.

Polish Home donates to first responders

15

The Polish National Home of Glen Cove Vicinity, which was established in Glen Cove in 1922, cooked and delivered Polish meals for local first responders.

The home serves communities in Glen Cove, Locust Valley, Sea Cliff, Glen Head and other nearby communities by running blood drives, representing Glen Cove in the Pulaski Day Parade in New York City and hosting charitable events like the Polish Gift of Life, which supports Polish children that need heart surgeries.

Members of the home decided they wanted to help local first responders during the pandemic. Over the course of three weeks, Polish lunches were deliv-

ered by the organization to Glen Cove EMS, the Glen Cove Volunteer Fire Department, Glen Cove Hospital and the Glen Cove Police Department. The food was prepared by Eddy Podsiadlo with the help of Stas Kusma.

"Everyone likes the Polish treats," Peter Prudente of the Glen Cove Volunteer Fire Department said. "It's something different and it helps because sometimes we can't leave headquarters. The hospital workers can't leave the hospital and they are stuck there between their jobs. The lunch really comes in handy while in a pinch."



Photo courtesy Peter Prudente

THE POLISH NATIONAL Home of Glen Cove Vicinity made a special deliver of Polish lunches to Glen Cove EMS.

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Pride Month recognized with display of Pride Flag

The Pride Flag first flew in Glen Cove in June of 2016 in response to the shooting in Florida that killed 49 people and injured 53 others inside Pulse, a gay nightclub in Orlando.

The Pride Flag then flew last year in celebration of the 50th Anniversary of the Stonewall Rebellion in New York City on June 28, 1969, which, according to GLAAD, an American non-governmental media monitoring organization founded by LGBTQ members of the media, is considered the birth of the modern LGBTQ movement.

In both years that the flag was displayed, it was displayed from the flagpole on Bridge Street that is located in the center of the street just in front of the small police booth.

Unfortunately, the flagpole where the flag is typically flown was taken down after an auto accident and is still out for repair. City of Glen Cove Mayor Tim

Tenke felt it was important to keep the flag in the same central location and so for this year's tribute, the flag is being flown from a pole attached to police booth.

"I regret that we aren't able to fly the flag from the standard location, but wanted it to be in a place of prominence in the center of town," Tenke said. "Our LGBTQ community is an integral part of our community, city government and employees."



Courtesy Office of the City of Glen Cove Mayor Tim Tenke

FOR THIS YEAR'S tribute, the Pride Flag is being flown from a pole attached to the police booth.

Glen Cove Library happenings

Though the doors of Glen Cove Public Library may still be closed, many services and classes are still available.

Library Take Out

Like many restaurants, the library started offering take-out on June 22 too, but with books, movies and other forms of media.

A request or hold can be placed over the phone at (516) 676-2130 or on the website www.glencovelibrary.org. Once the library sends a confirmation that the items are ready, an appointment for pick-up will be scheduled. Curbside delivery will be available at the library Monday through Friday from 10 a.m. to 1 p.m.

Glen Cove Covid-19 Pandemic Project

The library is collecting personal experiences and stories from the Covid-19 pandemic. This project will document what it was like to live through these times for future generations.

Glen Cove residents can share their thoughts in written, audio and visual formats and there are three methods of contributing; sharing on social media by tagging @GlenCovePublicLibrary and using #GlenCovePandemicStories, sending stories told through writing, photography, audio or visual formats or participating in an oral history project designed to provide opportunities for diverse community members to contribute memories and perspectives of historical events.

Those ages 14 through 17 must have a guardian's consent to participate in the project. The program is not for children aged 13 or younger.

For further information, visit <https://www.glencovelibrary.org/wp-content/uploads/2020/05/Newsletter-June-2020-3.pdf>.



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Rallying for September schools reopening

By **MATTHEW FERREMI**
mferremi@iherald.com

Chants of “Classrooms not class Zooms” and “Classrooms are essential” could be heard through the crowd of roughly 50 parents and teachers from across Long Island who gathered on Franklin Avenue in Mineola to express their desire that schools reopen for in-person instruction in September.

The “Rally To Reopen Schools in September” took place on June 20 in front of the Theodore Roosevelt Executive and Legislative building. The event was organized by East Setauket residents Maria Sanders, Amalia Makroglou and Aristeia Lucas.

The three organizers are mothers of children in school, and Lucas works as an English as a second language teacher in the Sachem Central School District. Sanders noted that they chose Mineola as the rally location because it served as a “middle ground” location for attendees.

“Back in April, Cuomo said that the schools would be closed for two weeks to help our medical infrastructure and flatten the curve,” Sanders said. “Now we’re in June, and we’re still questioning September. [Gov. Andrew] Cuomo needs to act and tell us that schools need to open in September.”

Cuomo first closed all schools in the state on March 16 for two weeks because of the coronavirus pandemic. The governor continued to extend the closing, until on May 1 he announced that all schools would stay closed for the rest of the school year. The state has yet to release reopening guidelines.

Oceanside residents Steven and Randi Weinberg attended the rally with their two children, Noah and Stella. Randi noted how Noah, who is entering second grade in the Oceanside School District, has not enjoyed the distance-learning experience.

“He didn’t enjoy looking at the screen to learn and then having to turn to me for guidance,” she said. “I’m not a teacher;



Photos by Christina Daly/Herald

RALLY ORGANIZERS, FROM left, Amalia Makroglou, teacher Aristeia Lucas and Maria Sanders spoke to the crowd about why it is important to reopen schools in September.

I’m trained to do something else. There’s also that boundary between being a mom and being a teacher that has been hard for me to follow.”

Teachers in attendance included Carolyn Schwartz, a Rockville Centre resident who teaches English in the Baldwin School District. Schwartz said she believes a social divide will occur if distance learning continues.

“You are creating the largest divide on the planet if this keeps going on,” Schwartz said of distance learning. “For me as a middle class mother, I can get my child a tutor. Others may not be able to do that, depending on their financial circumstances, and that may cause their children to fall behind in school due to that.”

The dissatisfaction with distance learning extends to college for East Meadow resident Marie Lombardi noted her 20-year-old son decided to continue college

outside the state because of the uncertainty whether school will reopen here in September.

“My son just finished at Nassau Community and was set to attend Hofstra,” Lombardi said. “He decided to enroll at Quinnipiac University in Connecticut instead due to the unknown future for schools in New York.”

Sanders added that the importance of school is beyond education. “I recognize that some school districts have better distance learning than others, but school is much more than learning ABC’s and one, two, three,” she said. “It’s social learning, emotional learning and building relationships. We can’t teach them all of this in the comfort of our kitchens.”



THE WEINBERG FAMILY, from left, Stella, Randi, Noah and Steven of Oceanside, said they hope schools reopen in September.



THE RALLY TO Reopen Schools in September was held outside of the Theodore Roosevelt Executive and Legislative Building Mineola on June 20 to urge the state to reopen schools in September.



THE EDUCATORS IN attendance included Long Beach speech therapist Tammy Neumann of Oceanside, left, and Baldwin English Language Arts teacher Carolyn Schwartz, from Rockville Centre, right.

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LEGAL NOTICE NORTH SHORE CENTRAL SCHOOL DISTRICT ANNUAL FINANCIAL STATEMENT FOR FISCAL YEAR ENDED JUNE 30, 2019

GENERAL FUND		
Fund Balance - July 1, 2018		
Reserves	\$15,532,033	
Unappropriated Fund Balance	4,317,727	
Appropriated Fund Balance	7,552,660	
Fund Balance July 1, 2018		\$27,402,420
ADD: Revenues and Interfund Transfers		
Real Property Taxes, Interest & Star	94,943,968	
Other Local Revenues	2,279,923	
Revenue from State and Federal Sources	5,204,090	
Total Revenues		102,427,981
LESS: Expenditures and Interfund Transfers		
General Support	9,936,847	
Instruction	60,286,376	
Pupil Transportation	2,332,367	
Community Services	46,194	
Employee Benefits	24,767,523	
Interest	79,533	
Interfund Transfers	4,895,465	
Total Expenditures		102,344,305
Fund Balance - June 30, 2019:		
Workers' Compensation Reserve	2,072,065	
Unemployment Reserve	1,621,807	
Teachers' Retirement System Contribution Reserve	592,394	
Employee Retirement System Contribution Reserve	7,297,296	
Liability Reserve	111,134	
Employee Benefit		
Accrued Liability Reserve	344,632	
Capital Reserve	3,158,487	
Repairs Reserve	1,130,508	
Designated - LIPA	2,884,879	
Fund Balance to Reduce Tax Levy for 2019-2020	2,300,000	
Unappropriated Fund Balance for Encumbrances	1,660,895	
Unassigned Fund Balance	4,311,999	
Fund Balance - June 30, 2019		\$27,486,096
SPECIAL AID FUND		
Fund Balance - July 1, 2018	\$0	
ADD: Revenue and Interfund Transfers	\$1,328,640	
LESS: Expenditures and Interfund Transfers	1,328,640	
Fund Balance - June 30, 2019	\$0	
SCHOOL LUNCH FUND		
Fund Balance - July 1, 2018	\$207,880	
ADD: Revenues		
Revenues from Sales	1,308,996	
All Other Revenues	230,063	
Total Revenues		1,539,059
LESS: Expenditures		
Salaries and Fringe Benefits	755,394	
Net Cost of Food	556,297	
All Other Contractual		
Expenditures	64,243	
Total Expenditures		1,375,934
Fund Balance - June 30, 2019		\$371,005
CAPITAL FUND		
Fund Balance - July 1, 2018	\$ 7,008,694	
ADD: Revenue and Other Sources (including bond proceeds)	\$698,264	
LESS: Expenditures and Other Uses	2,246,558	
Fund Balance - June 30, 2019		\$5,460,400
DEBT SERVICE FUND		
Fund Balance - July 1, 2018		\$1,353,097
ADD: Revenue and Interfund Transfers		
Other Local Revenues	\$14,402	
Interfund Transfers	4,089,613	
Total Revenue		4,104,015
LESS: Expenditures and Interfund Transfers		
Debt Service Principal	3,379,329	
Debt Service Interest	760,284	
Total Expenditures		4,139,613
Fund Balance - June 30, 2019		\$1,317,499
TRUST AND AGENCY FUND		
Balance July 1, 2018		\$0
ADD: Total Assets	\$1,705,317	
ADD: Total Liabilities	1,705,317	
Fund Balance June 30, 2019		\$0
STATEMENT OF LONG TERM DEBT		
Bonds Payable-Serial		
Bonds Outstanding		\$22,099,960
Other Long Term Debt-Energy		
Performance Contract		2,046,304
Total Liabilities		\$24,146,264
STATEMENT OF OTHER FIXED ASSETS		
Land		\$1,544,932
Buildings & Improvements (Net of Depreciation)		72,283,767
Construction Work in Progress		747,077
Equipment (Net of Depreciation)		1,318,147
Improvements Other Than Buildings Net of Depreciation)		146,097
Other Capital Assets (Net of Depreciation)		630,396
Total		\$76,670,416

1093802

ALBATROSS FOUNDER ADAM

Selden, 50, of Melville, has grown his business during the coronavirus pandemic by supplying personal protective equipment.



Courtesy Adam Selden

Quick pivot provides big results

By J.D. FREDA

jfreda@lherald.com

Editor's note: Quotes attributed to Adam Selden are from an interview on June 8, 2020.

Many businesses have been forced to scale back aggressively since March because of the global coronavirus pandemic. A few, however, have been forced to expand.

For Adam Selden, 50, of Melville, a quick pivot in business direction during a crisis has created new possibilities for Albatross Manufacturing. The brand Albatross Manufacturing (albatrossmfg.com) falls under Selden's company, Quality Specialty Projects, which he founded in 2008. His company has distributed any number of items, but now it is focused on facemasks, which are in high demand these days.

"We had been doing some clothing and receiving government contracting, so we were working to supply products for those clients," Selden said. "Our biggest was actually the Army."

Selden secured a contract with the U.S. Army to supply their weight room and gym equipment for military fitness centers. He also worked closely with the American Red Cross, as his company supplied tarp materials for the foundation.

The Bayside, Queens native and University of Wisconsin-Madison alumnus was candid in saying business started to drop off in mid-2019.

"We had a really bad seven months from August 2019 to, really, March 2020," Selden said. "There was no federal funding, really, and we were working on government contracts." He went on to say that the onset of the coronavirus pandemic provided an opportunity to jump-start his business.

"When this whole thing kind of got started, the Red Cross came to us and said we had to get started into looking into masks," Selden said.

He and his business partner, Matt Delaney, of Manhasset, listened to that advice.

The pair scrambled to find manufac-

turers in China near the top of the year, but with the country facing serious pandemic restrictions, they were unable to secure a shipment immediately. Once the manufacturers were able to ship, though, Albatross received its first load, which it sent to the American Red Cross.

"Once we were able to, we switched over our company to do masks," Selden said. "After we sent our first order to the Red Cross, we started taking orders for locals on Long Island."

Selden, who had worked out of a Melville office with no warehouse to that point, then started shipping masks out of his home. After sending masks to roughly 8,000 homes, the Albatross founder knew he needed a new way to go about this.

With the help of Delaney, and the hiring of a few part-time employees, Albatross soon shipped hundreds of thousands of masks to residents across Long Island, with more than 100,000 of those coming to Nassau County.

Albatross even began donating masks to local fire departments and essential workers. "We would give the people at the gas stations masks; we donated hundreds of them," Selden said.

The company has since expanded. Selden said there are a few reasonable next steps, including distributing hand sanitizers, hand wipes and wall-mounted automatic thermometers to take the temperature of any person who walks past. The demand to expand in product and volume has forced Albatross to look toward securing a warehouse in Plainview.

"If we get this, we are going to need inventory, and I plan on hiring a staff to do that," Selden said. "We wouldn't be able to do the business without it. Because the way we've been operating, in the office in Melville, it's just me and Matt."

Selden said he would continue to build relationships with distributors to stimulate business growth and be able to reach more people.

Selden finished with, "When we first started this, I didn't think it would be end up being our business. We wanted to just give these out to the people. Then it turned into the business."

OPINIONS

We desperately need the changes that are coming

When it comes to race relations, there is no doubt that we are at a crossroad. Events dictate what our conduct must be going forward, and there is no doubt that the recent killings of unarmed black men have forced America to come to grips with the fact that many of our fellow citizens suffer because of ingrained racism. President Trump has admitted that there is some systemic racism, but he doesn't have the mind or heart to acknowledge that it is rampant in this country, and little has been done to bring it to a halt.



**JERRY
KREMER**

In my years in the Assembly, I learned a lot about racism from my colleagues, who told chilling stories about their sons or daughters being singled out for arrest just because the color of their skin invited different treatment. They spoke about failed health care systems that contributed to a higher mortality rate among black children. They spoke of overcrowded school classes with inferior teaching and a lack of basic supplies. While these stories were chilling, nothing they said prompted any dramatic action by the state.

A lot of us in office tried to find ways to help children of all kinds with pre-kindergarten programs, funding to reduce child mortality and extra state aid for school districts in heavily minority communities. But looking back over the years, these actions were a drop in the bucket, and didn't really make a dent in the system that short-changes millions of people.

If anything has forced us to confront the issue of race, it's been the invention of the cellphone. It is showing us how minorities are abused on a daily basis in many different ways, including police officers shooting unarmed black men in the back. That's recorded testimony to systemic abuse.

The demonstrations in the streets of this country and around the world bring out millions of young people of all races who are willing to speak out about conditions their elders have ignored. Police shootings that once were an occasional story that faded with time now go viral within minutes. The assault on a crowd outside the White House so the president could have a photo op showed how tone-deaf the leaders of this country are on issues of equality. The questions we now face is, what do we do to uproot this ugly system?

I understand the opposition to statues that glorify public officials who were slave-

holders or generals from the South who fought for slavery. Most are symbols that no longer belong in the public space. Doing away with the Aunt Jemima syrup brand or Uncle Ben's Rice is pure tokenism, and doesn't help a minority student get a job or stop a racial profiling incident. Congress and local governments around the U.S. have to come up with programs that defuse the tensions racism causes.

If you listen to the debate going on about banning chokeholds and a national system of reporting police conduct, you can see that there is still deep-rooted racism that dates back to the Civil War. There are probably some senators whose forebears were slaveholders, and growing up in a racist system has poisoned their hearts. Take a trip down to Richmond, Va., and you'll see statue after statue glorifying generals who fought for the South. Elsewhere, some of our military bases do the same.

The two houses of Congress have to come together to pass laws that attack the problems that the policing of minorities creates. The suggestion that police departments be "defunded" is an overreaction by a relatively small number of people who don't understand the challenges that law enforcement faces every day, but those departments have to be reorganized to deal

more effectively with spousal abuse and rape allegations.

Policing in America hasn't changed enough in the past 50 years. A commission appointed by President Barack Obama produced a road map for fairer policing, but federal law enforcement ignored its recommendations.

Now, in a very short period of time, local governments have sprung into action, passing laws banning chokeholds and acting against policemen who have serious disciplinary problems. Incidents captured on smartphones showing the use of unnecessary force have resulted in firings and suspensions. The New York State Legislature has passed a series of bills to address faults in the policing systems. Only time will tell whether they are all appropriate.

There is no doubt that passing new laws, firing rogue cops and funding important programs to stop racism are all important steps forward. Unfortunately, you can't legislate what's in people's hearts. We can only hope that more open eyes will change enough people's thinking to make a difference in the years ahead.

Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He now heads Empire Government Strategies, a business development and legislative strategy firm. Comments about this column? JKremer@liherald.com.

Let's end classroom education as we know it, they said

You probably haven't read "Teaching as a Subversive Activity" by Neil Postman and Charles Weingartner.

"What is it that students do in the classroom?" the authors ask. "Well, mostly they sit and listen to the teacher. Mostly they are required to believe authorities or at least pretend to such belief. It is practically unheard of for students to play any role in determining what problems are worth studying..."



**RANDI
KREISS**

"Teaching as a Subversive Activity" was published in 1969. The war in Vietnam was ablaze. The anti-war movement in the United States was galvanized,

and militants were taking over university offices, bombing draft offices and picketing ROTC buildings. In the midst of this civic unrest, when it seemed as if the country was so divided it might never come together again, Professors Postman and Weingartner wrote their book, which was called a "no-holds-barred assault on outdated teaching methods."

They were two obscure and uncelebrat-

ed professors who taught at Queens College during the Vietnam War years. As it happens, I was a student in Weingartner's class in secondary school education in 1968. I studied with him that year, and then took another class with him while working on my master's degree in education, all at Queens College. The background noise was Vietnam 24/7. In fact, during the worst of the protests, students commandeered our dean's office and threw his furniture out the window onto the quad.

I was a bystander to the drama, just trying to get my degree and get on with my life as a newly married woman and a newly hired English teacher.

I never forgot Weingartner's class and his "subversive" approach to education. He and Postman were captivating and provocative, and although many of their suggestions proved to be impractical, we knew inside that they were right. They were right to say that schools needed to stop the rote teaching and testing. Their emphasis on critical thinking and process was spot on. They said schools needed to do away with grades, tests, textbooks, courses and full-time administrators. They said teachers should be more like life coaches

(although the term didn't exist at the time) and not authority figures.

I thought about Weingartner's theories all the time I taught English. I was a good teacher, but we were constrained by a stagnant system in which students passively listened to teachers present "course content."

Now, in the midst of a global pandemic, we accomplished the unthinkable: We shut down the nation's schools and changed how kids learn.

Postman and Weingartner taught before the internet and devices and virtual teaching. It's hard to know what they would make of this. They might be glad kids were liberated from the classroom, but their vision of educating children was more dynamic than sitting down with screens. I remember Weingartner telling us future teachers to get our kids out of the classroom and into the world, where they could experience art and music and literature firsthand, with us along as guides.

Our school shutdown is a unique opportunity. If we can do that — and we did — why can't we task our best and brightest with making learning a process and not a product, as David Hill proposed in an arti-

Congress must attack the problems that the policing of minorities creates.

It took a pandemic to shut down the nation's schools and change how kids learn.

cle in Teacher magazine in 2000?

Teachers, Weingartner said, should ask provocative questions. "What bothers you most about adults?" "How would you distinguish good from evil?" "What are the most dangerous ideas floating through our lives today?" "Why do you think so?"

The professors encouraged students to be creative and tolerant, and to learn to deal with ambiguity and failure. They encouraged teachers not to be in the business of giving answers, but to let students think through problems on their own or in peer groups.

This problem-solving approach to teaching has found traction in recent years. But too much dead wood anchors our education system. Too many classroom experiences are based on lesson plans and note-taking and tests. "Don't plan a lesson," the professors wrote in their book. "Confront your students with some sort of problem that might interest them. Then allow them to work the problem through without your advice or counsel."

We are at a tipping point in education because of the pandemic, and we have an extraordinary opportunity to improve the public-school experience for our students and teachers. We could make some lemonade from this lemon.

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Established 1991
 Incorporating
 Gold Coast Gazette

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Twitter: @NSHeraldGazette

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Richner Communications, Inc.
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HERALD EDITORIALS

Why we must commemorate Juneteenth

On April 9, 1865, Confederate Gen. Robert E. Lee surrendered to Union Gen. Ulysses S. Grant at Appomattox Courthouse in Virginia, ending the Civil War, the bloodiest conflict in American history, in which an estimated 498,000 soldiers died in battle. With the surrender of the South, slavery ended with the stroke of a pen.

But not quite. News of the emancipation of slaves did not reach Texas, a slaveholding state, until June 19, 1865. On that day, Union forces arrived on Galveston Island to free Texas's slaves, who rejoiced in the streets. Since then, Juneteenth — a blend of June and 19th — has been celebrated in Texas.

It officially became a state holiday in 1980, but as of last year, only Texas recognized Juneteenth as a paid holiday for state employees.

Last week, Gov. Andrew Cuomo signed

an executive order proclaiming Juneteenth an official New York holiday, on which state employees will receive a paid day off, starting next year. It was the right move.

If you think about it, June 19, 1865, was effectively the day when *all* Americans were at last free. The Declaration of Independence and the Constitution applied to all white people, but not to all black people. Millions were held in bondage, beaten and defiled into subservience. According to the 1860 census, there were 4 million slaves in the U.S., accounting for 12.9 percent of the country's total population of 31 million.

For centuries, the U.S. held Fourth of July celebrations — as well it should have — but rarely, if ever, did we recognize that the hard-fought freedoms won during the Revolutionary War did not apply to millions for 76 years after the Constitu-

tion took effect.

Juneteenth — celebrated in Texas with cookouts, rodeos and street fairs — reminds us of that horrid reality, at the same time that it celebrates the victory over the evil of slavery.

We must remember and reflect on our nation's long history of enslavement if we are to understand our present-day systemic racism — and someday soon, we hope, overcome it.

The death of George Floyd in Minneapolis on Memorial Day unleashed a wave of hundreds of peaceful protests and a handful of riots. It was clearly an inflection point in our history, a moment that, it appears, will move the needle further toward freedom and justice for all, regardless of skin color. New York, we are pleased to say, is playing a leading role in that movement.

Mark July Fourth by reading the Declaration

Next week, the Herald Community Newspapers will publish the Declaration of Independence and a likeness of the American flag.

The Declaration will appear here, on our Editorial Page, as it long has during the week of the Fourth of July, and the flag will appear in the center of the paper.

We encourage families to stand on their stoops and front lawns and read the Declaration together, as messengers did across the 13 colonies in 1776.

For 39 years, the Merrick Historical Society, led by President Lawrence Garfinke, gathered on July Fourth at the Merrick Library and the Long Island Rail Road station to read the Declaration. All from the community and beyond were invited to attend, and the event attracted

many families with small children.

Because of the coronavirus pandemic, however, the society decided against the public reading, and is instead encouraging people to read the Declaration with their families at home. What a wonderful idea, we thought. What better way to learn about and teach our history — about the very moment our nation was conceived — than by reading the Declaration, line by line.

If you do so, take a photo and email it to us. Check Page 4 for details on how.

The Signing of the Declaration ushered in an entirely new era in history, when colonies would rebel against their sovereign, in our case the mighty British Empire. That rebellion brought forth a new era in government, when democracy — rule by

the people — began after thousands of years of monarchical rule in Europe and around the globe.

Thus began the great American experiment, as we like to call it.

For sure, it has been an imperfect experiment. As noted in the editorial above, not all were freed by the American Revolution that followed publication of the Declaration. Millions remained enslaved for the better part of a century.

The American experiment, however, has moved steadily toward greater freedom and justice for all people. It is up to our generation now to carry the mantle forward and form a more perfect union than that which we were given by working to eliminate systemic racism in all its forms.

LETTERS

Seeing racial bias in police realistically

To the Editor:

Alphonse D'Amato's column, "Yes, black lives matter!" (June 18-24), reeks of hypocrisy. His concern for black lives is as shallow as his "facts."

D'Amato reaches for the racist trope that the biggest threat to black citizens is other black Americans and their so-called gangs. He points out that the majority of black murder victims are killed by other people of color while failing to ever mention that, according to research, as of 2011, 83 percent of white murder victims were killed by other whites. According to FBI data, in 2015 whites were five times more likely to be killed by a white than a black person. In fact, white people seem to be a real threat to themselves.



OPINIONS

Going to the doctor in a Covid-19 world

Most people don't like going to the doctor. The truth? Even doctors don't like going to doctors. And now, in the time of the coronavirus, people's willingness to see their doctor is at an all-time low.

It's not a surprise, considering that the pandemic has many worried not only about themselves, but also about catching Covid-19 and bringing it home to their loved ones.

Still, while you may tell yourself that the crisis is a good reason not to see your physician, it's a mistake that could prove costly to your health and well-being.

Whether you suffer from an illness that requires testing and close monitoring, or have symptoms that are new, it's important to continue to see your doctor. With Covid-19 widespread, the best way to access health may seem unclear at first, but just as you continue relationships with friends and family by following safety protocols, your relationship with your doctor is one that can also be maintained safely.



ANIKA SAGAR

Here's how: First, stay connected. Call your doctor's office and ask about the options for a visit. There are two common options: the virtual visit, conducted by video chat or phone, and the traditional in-person visit. In either case, many of the same rules apply. Come prepared to ask questions and complete any required tests (like blood work) that are needed to make the time with your physician the most beneficial for both of you.

If a virtual visit is the right option for you, ask your doctor's office for any special instructions. What technology is needed? Will a smartphone or laptop work best? Do you need to download an app or program? Will the doctor call or send a website link via text or email? Make sure the battery for your phone or computer is fully charged and

that, if the consultation takes place during the day, you sit facing a window or place a lamp in front of you so the doctor can see you clearly on his or her screen.

If an in-person visit is the right option for you, ask your doctor's office for any

special instructions before you head to the office. Some may ask you to call them from the door when you arrive to make sure you don't have to wait in the waiting area. If you have a fever, cough or cold, or otherwise aren't well, *please* let the office know so proper precautions can be taken to care for you. Remember to wear a face covering and follow the social-distancing rules of the office, which will require you to be six feet away from others and be in an area with fewer than 10 people. Wash or sanitize your hands both before and after the visit and when you arrive back at home. And once you're at home again, put your clothes in the laundry.

No matter which option is right for you, make sure you call the doctor's office to follow up or schedule other appointments, and remember to keep the doctor up to date on how you're feeling. If at any time you feel ill, let your physician know right away.

By having a plan and a strategy, and exercising control of the situation, you

can reduce fear and anxiety about seeking medical care.

One more thing: If you don't have a primary-care doctor, it's important to find one who can help you on your health journey. Ask friends, family members or your insurance provider for recommendations. The best time to meet a new doctor is *before* you fall ill. This gives your doctor the chance to understand who you are and how he can help achieve your goal: to be the healthiest version of you.

Remember, although many things have changed as a result of the virus, we're in this together. Relationships remain essential — and that includes your relationship with your doctor.

Dr. Anika Sagar is a primary care physician for adults and an assistant professor of medicine at the Zucker School of Medicine at Hofstra/Northwell Health. Dr. Maria Carney is a geriatrician and palliative medicine physician for older adults, and a professor of medicine at the Zucker School.



MARIA CARNEY

LETTERS

As reported in The Los Angeles Times, white Americans living in white, Trump-supporting areas are 50 percent more likely to die from murder, gun violence and drug overdoses. The safest places to live are those that are racially diverse and more liberal. Shading his comments to hint that black Americans, especially young black men, are more dangerous than whites is an odious tactic. The truth is, people kill those with whom they have the most contact, white or black. Further, this has nothing to do with the issue of state-sanctioned violence against black people.

D'Amato lauds Trump for naming black Republican Tim Scott to head a committee on police misconduct without even mentioning that he is the only black Republican senator and that the appointment seems rather forced. The expectation that a president with a history of racial housing bias convictions, who is on record that the Central Park Five should be executed even after they were exonerated and said "very nice people" attend events sponsored by white supremacists can lead this country toward anything resembling racial equity and harmony is ludicrous. If it's still possible to shame D'Amato, the suggestion that Trump leads on anything, far less racial justice, should do it.

We need to deal honestly with the realities of racial bias in police culture that are reflected in every statistic available. We also need to face it that we, as a society, dump every problem we refuse to resolve and pay for (mental illness, homelessness, drugs, poverty) on the police, and this can no longer continue. The con-

cept behind defunding the police is not to get rid of the police, although this is how it is dishonestly portrayed. It is to demilitarize the police and limit their role to actual crime while taking some of the money available to build social services, housing and other societal needs to deal with what are social, not criminal, issues. This seems sensible to me, and despite all of D'Amato's and Trump's dishonest spin efforts, it seems sensible to most Americans as well.

CYNTHIA LOVECCHIO
Glen Cove

Let business owners reopen

To the Editor:

Re Randi Kreiss's column "Thank you very much, but I prefer to remain alive" (Jun 18-24):

Kreiss is entitled to her opinion, and common sense certainly dictates that one must be cautious during the coronavirus pandemic.

I don't know Kreiss's age or financial stability, but I think the owner of the bridge club is entitled and smart to open his establishment.

My family has two medical professionals, and we have a cancer survivor in our household, so I don't treat medical issues in a cavalier manner. However, we must try and restore some sense of normalcy and let businesses operate and allow people to earn a living. This will allow mortgages, rent, utilities, taxes and food to be

FRAMEWORK by Alyssa Seidman



Sherbet skies and silent sands — Long Beach

paid. It will also allow people the opportunity to recoup savings lost during the last three-plus months.

This nightmare is an unknown. People must use their intellect and choose how

they return to a normal day-to-day life.

PHILIP KIRK
Sea Cliff

Thank you-

to every organization, business, family, restaurant and individual that provided nourishment, messages of hope and inspiration.

Glen Cove Hospital is proud to be the full service provider for the healthcare needs of this community and we are grateful for your continued support.

