

GLEN COVE

HERALD

Gazette



Kiwanis of Glen Cove donates
Page 18



Tony Jimenez finds a kidney donor
Page 5



Making sure roads are safe
Page 9

\$1.00

NOVEMBER 26 - DECEMBER 2, 2020

VOL. 29 NO. 48



Christina Daly/Herald Gazette

A happy — and hearty — Thanksgiving

Ever Padilla, left, president of the North Shore Hispanic Chamber of Commerce, joined Shaquille and David Thompson at the NSHCC's second annual Thanksgiving Food and Turkey Drive, which provided 170 families with food for the holiday. Story, Page 16.

Interfaith Thanksgiving Service goes virtual, but is no less spirited

By **JENNIFER CORR**
jcorr@liherald.com

The Interfaith Thanksgiving Service, a decades-old tradition, went digital this year, giving Glen Cove's faith leaders, elected officials and residents a new perspective on what they are thankful for after a year full of challenges.

"We've all had plenty of

thorns in our lives, with the stuff we see on television, what we read in the newspaper, what happens in our communities, stuff that happens in our personal lives," said U.S. Rep. Tom Suozzi, a Glen Cove resident. "We all have thorns in our lives. But this Thanksgiving, lets really celebrate the roses in life, the things we're grateful for."

Rabbi Janet Liss, of North

Country Reform Temple, hosted the service, which was held on Zoom. The Rev. Lance Hurst, of First Presbyterian Church of Glen Cove; the Rev. Tommy Latham, of Glen Cove Christian Church; and the Rev. Roger Williams, of First Baptist Church of Glen Cove, also took part, leading their virtual congregants in prayers and songs.

CONTINUED ON PAGE 3

Seeking more diversity in school reading

By **JENNIFER CORR**
jcorr@liherald.com

As the Black Lives Matter movement grew over the summer, Sea Cliff resident and former Glen Cove City School District special education teacher Mary Ellen Cuomo said, she felt helpless in the battle to end racism.

"I felt like I couldn't do anything to help with the cause," said Cuomo, 68, who is now a real estate agent with Daniel Gale Sotheby International Realty. "I did do things like writing to the police and our representatives in the government, talking about things that I thought should change, but I didn't think that was enough, and I wanted to help with the cause."

Cuomo brainstormed with her daughter, Stephanie, a first-year educator in Philadelphia, on how they could get involved. They decided to start with chil-

dren.

When she worked in the Glen Cove School District, Cuomo said, "I saw that there weren't that many books that were racially diverse.

I saw that there weren't that many books that were racially diverse. Most of the books we were reading in the past were mostly about white children.

MARY ELLEN CUOMO
Former Glen Cove teacher

Most of the books we were reading in the past were mostly about white children. In 2019, I started to see one or two books in a few classrooms that [had] diverse kids as main characters."

In the interest of adding more books to district shelves that were written by or featured characters who are Black or Indigenous or others of color, the Cuomos launching an Instagram page called "bipoc_books_project" in July, along with a GoFundMe site to help fund their efforts.

"In order to end racism, first of all you have to educate your youth, because they're the ones who are going to

CONTINUED ON PAGE 4

NYU Winthrop Hospital is now NYU Langone Hospital—Long Island

New name. Same exceptional care. Close to home.

At NYU Langone Hospital—Long Island we continue to foster a rich tradition of providing world-class healthcare to local Long Island communities.

Patients of NYU Langone Hospital—Long Island have access to more than 350 inpatient and outpatient locations across Long Island, into Brooklyn, Queens, Manhattan and beyond.

To find a doctor,
visit nyulangone.org/doctors
or call **646-929-7800**.



Spreading message of hope, reflecting on the pandemic

CONTINUED FROM FRONT PAGE

Among the readings were “America’s Table,” a prayer written by Ken Schept and published by the American Jewish Committee (*see box*), and “A Thanksgiving Prayer,” by Rabbi Naomi Levy. More than 70 participants listened to songs about healing, hope and togetherness, including “How Good and How Pleasant it is that We are All Together,” from Psalm 133; “This Land is Your Land,” by Woody Guthrie; and “What a Wonderful World,” performed by Louis Armstrong.

“I think we can all agree that 2020 has been quite a strange year,” said Hurst. “I can still remember the relief I actually did feel in the middle of March, when I thought I was going to be able to work from home for a couple of weeks. I didn’t realize, though, that this pandemic would be what it is.”

Hurst went on to say that he did not expect to be preparing for Thanksgiving as Covid-19 continued to spread — or to be preaching at the interfaith service, having just joined First Presbyterian Church on Nov. 1.

“While I don’t think there’s any need for us to be grateful for a pandemic,” he said, “I do believe that stepping out of the ordinary does give us a chance to reconnect.”

Hurst led participants through a meditation focused on healing and connection, which was followed by a video of the Israeli youth choir Hazamir Hasharon performing “Heal Us Now.”

“It’s in Hebrew and in English, but if you listen to the words, it’s praying for us, it’s praying for all people, it’s praying for our country, it’s praying for the world,” Liss said. “All of us are experiencing loss now. Since March, our world is not the world that we’ve known, and it’s not what we want it to be. This Thanksgiving is not going to be what any of us wants it to be.”

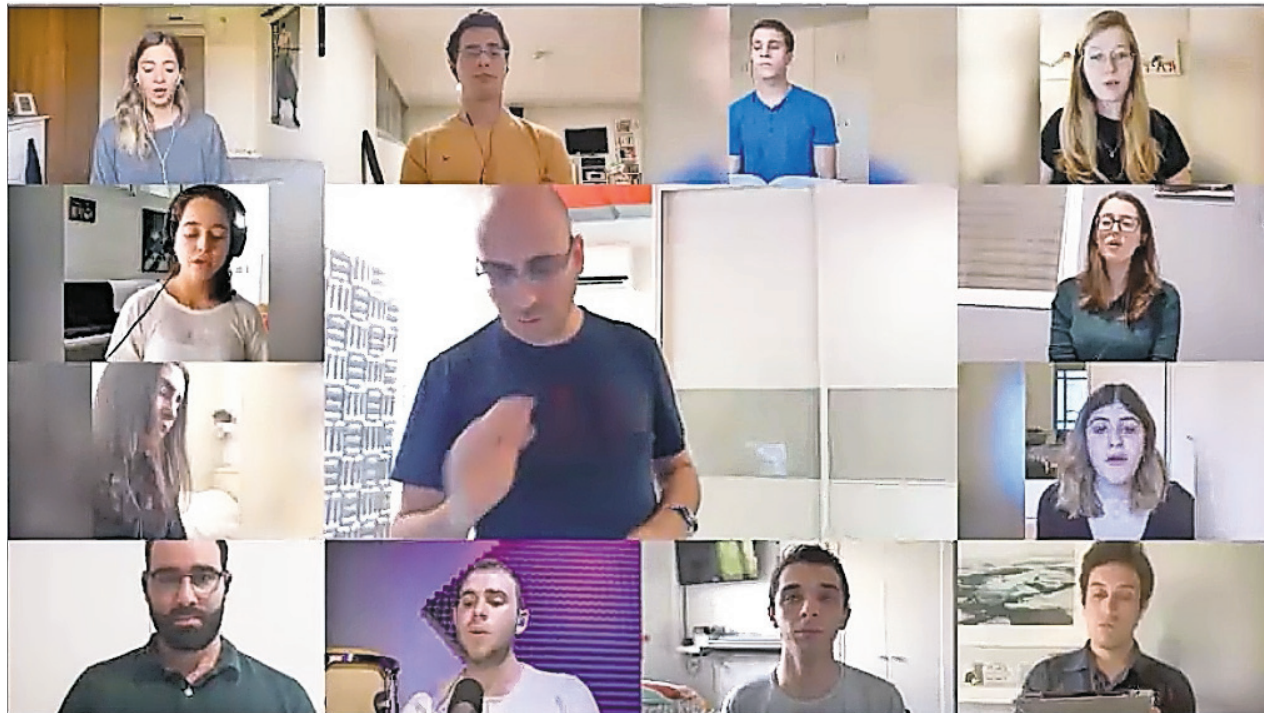
State Assemblyman Charles Lavine called the service inspirational and strengthening, as people prepared to celebrate Thanksgiving in small gatherings, or even alone, to protect loved ones.

“As opposed to every Thanksgiving, sacrifice and selflessness are what I think of as we gather,” Lavine said. “And those, of course, are the two core elements of faith, and how fitting that the faith-based community has put this wonderful event together.”

Glen Cove Mayor Tim Tenke said he also enjoyed this inclusive display, which represents Glen Cove as a community.

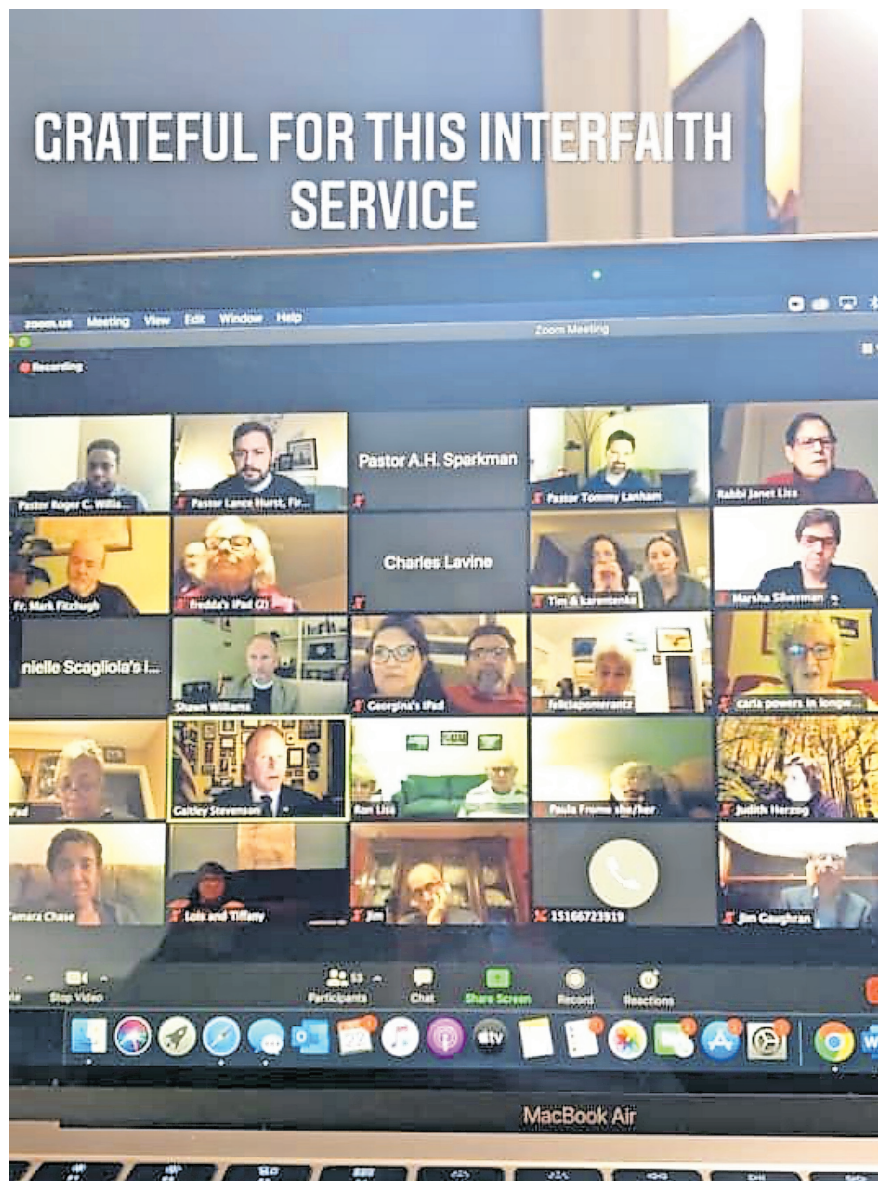
City Councilwoman Marsha Silverman said, “This time of year, I think we all reflect on what we’re grateful for, and this year it’s so simple — friends, family and good health. One thing that I think about often in Glen Cove and our surrounding area is our diversity. I counted nine or 10 faith leaders on this call, and the fact that we can all get together, regardless of our backgrounds, our beliefs, we have much more in common than we have in differences.”

Liss’s wife, Grace Blank, said that when she and Liss came to Glen Cove over 25 years ago, she never could have imagined the feeling of love and connection and the sense of belonging she would feel in the community. “We would love to see you in person — maybe next year, God willing,”



Courtesy North Country Reform Temple

THE INTERFAITH THANKSGIVING Service featured a video of the Israeli youth choir Hazamir Hasharon singing “Heal Us Now.”



Courtesy First Presbyterian Church of Glen Cove

THE DECADES-OLD INTERFAITH Thanksgiving Service was held digitally this year.

Blank said.

“I am so happy to have been able to listen in on this program this evening,” said Sheryl Goodine, a deacon at First Baptist Church of Glen Cove. “It is truly a blessing as we go into this season of giving.”

Then she asked those on the call to spread the word to those who were not.

“We always say in Glen Cove that we celebrate our diversity, we are inclusive,” Goodine said. “Well, let’s live it and, by example, show others what can be done. We live in a wonderful country, but there’s a lot of healing that needs to be done.”

A portion of “America’s Table,” by Ken Schept

The insightful questions of our children, innocently asked, compel us to reconnect with our past:

When our families came to America. How they got here. What they found. Why they came. At every table the answers are different, but much the same. Many of us were immigrants and refugees from all regions of the world, fleeing the afflictions of poverty and oppression. Drawn by the promise of a better life, we chose America and she took us into safe harbor. Not every journey was easy. The first arrivals sometimes shunned those who followed. Not every journey was voluntary. The first African slaves landed in Jamestown a year before the Pilgrims settled in Plymouth. Not every journey was righteous. Native Americans were devastated by a new nation’s need to conquer, cultivate, and build.

We are each part of America’s journey. We did not leave history behind, like unwanted baggage at immigration’s door. Our particular pasts and our shared present are wedded in hyphenated names: African-American, Irish-American, Italian-American, Korean-American, Polish-American.

We are not always on a first-name basis with one another. But we quickly become acquainted in playgrounds and classrooms, in college dorms and military barracks, and in offices and factories. We feel at home.

Fighting racism through more diverse reading

November 26, 2020 — GLEN COVE HERALD GAZETTE

CONTINUED FROM FRONT PAGE

grow up and end a cycle,” Mary Ellen said. “We figured that this is one way of helping, and plus, after all the protests and everything that went on in the summer, you don’t want these kids going back to school and finding out, oh, everything is the same.

“We felt that it was really important for these kids to see that something’s changing,” she added. “The books are changing, at least.”

By the fall, the Cuomos had collected over \$1,000 in donations to buy books from two independent book stores owned and operated by Black women — the Sisters Uptown Bookstore, in Manhattan, and the Lit Bar, in the Bronx.

“I went to the city and picked them up, and then I brought them into school and donated them,” Cuomo said. “I’m friendly with two of the teachers, and they said the kids are loving it, loving the books.”

English Language Arts Coordinator Bryce Klatsky used a metaphor about windows and mirrors in describing the books’ benefit. Students can see themselves and their experiences in literature — as in a mirror, he said — and also see people who are different, giving them a new perspective and an empathetic experience — as through a window.

“We’re excited that these books will serve different functions for students,” Klatsky said, “but certainly help our students just be a little more engaged and involved in their reading lives.”

For now, the books are being used as independent choice reading. “There is a longer-term strategy for integrating them into the curriculum,” he said, “but right now, students are benefiting from having these as options for their own reading.”

Klatsky added that teachers are also benefiting from Cuomo’s donation, because they will use the books in their own discussions of race and equity.

“It is very, very important that we are cognizant of our population, and support all those students in their learning,” district Superintendent Dr. Maria L. Rianna said. “We don’t tolerate racism, we do not tolerate bigotry, we do not tolerate ... bullying.” And it is important, she added, for students to know that they are equally important to the district, and that they should all have equal opportunities and



Courtesy Glen Cove City School District

FORMER GLEN COVE City School District educator Mary Ellen Cuomo donated books to the district featuring voices of Black and Indigenous people and other people of color. English Language Arts Coordinator Bryce Klatsky said the books would help students identify and learn from the authors and their characters.

support.

Cuomo said she hoped to donate more books featuring diverse voices to other area school districts. “We thought, on a

grand scale, that we could get more donations so that we can help other schools that didn’t have the money,” she said, “especially now that we have Covid.”

To donate or to learn more about the BIPOC Book Project, visit www.gofundme.com/f/bipoc-book-project.

HERALD
Community Newspapers

NOTIFICATION

The Herald is proud to provide the best local news for your community, but bringing you that coverage has become a little more expensive. Because of that, Herald home delivery rates will increase nominally, which we’ll roll out to our subscribers over the next several months. Periodic rate increases are required to maintain the highest quality standards — and Herald subscribers should expect nothing less. All of us at the Herald thank you and your fellow readers for your continued support.

HERALD COMMUNITY NEWSPAPERS

1110773

GLEN COVE
HERALD
Gazette

HOW TO REACH US

Our offices are located at **2 Endo Blvd. Garden City, NY 11530** and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday.

MAIN PHONE: (516) 569-4000

- **WEB SITE:** glenove.liherald.com
- **E-MAIL:** Letters and other submissions: glenove-editor@liherald.com
- **EDITORIAL DEPARTMENT:** Ext. 327 **E-mail:** glenove-editor@liherald.com **Fax:** (516) 569-4942
- **SUBSCRIPTIONS:** Press "7" **E-mail:** circ@liherald.com **Fax:** (516) 569-4942
- **CLASSIFIED ADVERTISING:** Ext. 286 **E-mail:** ereynolds@liherald.com **Fax:** (516) 622-7460
- **DISPLAY ADVERTISING:** Ext. 249 **E-mail:** sales@liherald.com **Fax:** (516) 569-4643

The **Glen Cove Herald** USPS 008886, is published every Thursday by Richner Communications, Inc., 2 Endo Blvd. Garden City, NY 11530. Periodicals postage paid at Garden City, NY 11530 and additional mailing offices. Postmaster send address changes to Glen Cove Herald, 2 Endo Blvd. Garden City, NY 11530. **Subscriptions:** \$50 for 1 year within Nassau County, \$60 for 1 year out of Nassau County or by qualified request in zip codes 11542, 11545, 11547, 11548 or 11579 **Copyright © 2020 Richner Communications, Inc. All rights reserved.**

Glen Cove's Anthony P. Jimenez finds a kidney donor

This originally appeared on Tony Jimenez's Facebook page

This Thanksgiving is a very special one for me. My health conditions were a little rough recently. I started dialysis and later found that I had a heart blockage that required triple bypass surgery. My kidney condition deteriorated to the point that I required a transplant. The transplant team determined that I could not be placed on the five year plus cadaver list. I needed to find a living donor. This is where gratitude comes in.

I'm not very comfortable asking for help in any situation and asking for someone to give me a kidney was beyond my capabilities. My friends and family led me by the hand in my quest. There are so many people that became involved. First my brother posted my story on Facebook and that led to several people willingly offering to donate. One was a single mom from Bayville another was a well-known political figure who started the process but was determined to not be a match. A few others were eliminated after answering a few questions.

When a good friend, Shannon, saw the story she pitched it to our local newspaper. The Herald Gazette (Oct. 2 liherald.com) picked up the story, leading to more candidates willing to share their body with me. A good friend from my past employment with the courts Danny, made contact with Newsday, who featured my



Courtesy City of Glen Cove

TONY JIMENEZ, OF Glen Cove, will be receiving a kidney on Monday, donated by his niece.

story. My former boss Bob contributed kind remarks. More exposure more offers. Unfortunately, still no perfect match.

My best friend, Nassau County Legislator Delia DeRiggi Whitton, always willing to help, began a campaign of support. She has a much larger net of followers and she placed an article in her legislative newsletter featuring myself and two others in need. This too led to others volunteering. One was a 78-year-old Vietnam veteran. Another offer came from a young

man from an African country who was willing to give me a kidney if I would sponsor him coming to the U.S.

My brother Phil, who is the administrator of a Jones Beach Facebook page, reached out through social media resulting in more positive results. One applicant wanted to know if I had enough time left for her to complete her pregnancy. Really unbelievable how giving some people are.

While this search continued a beauti-

ful niece of mine was quietly going through the medical process. She has been found to be a perfect match and she will give her gift to me. She is my special angel. Transplant surgery is scheduled for Monday, Nov. 30. I am elated at the prospect of improved health. As it turns out her brother Philip also was willing as was a cousin of mine from upstate. Thank you all.

Now I realize that there is no guarantee for success. I'm just in awe of the processes. There are so many people involved in this, friends, neighbors, relatives and total strangers that I feel like crying. I'm just a regular guy and being witness to this has more than restored my faith in mankind.

I cannot complete this without stating how important my wife Kathy and daughter Nina have been. Their love has carried me even when I find myself slipping into despair. Additionally, I had the support of two friends who donated kidneys to needy recipients. Pete and Coleen showed me that it could be done. Thank you Ann Marie, Elizabeth, Chad, Debbie and Jack who showed themselves to be special friends.

I am so filled with emotion for the love and kind words of encouragement from so many. I know thank you is not enough.

My final praise is for my Higher Power. I don't know what God has planned for my future but I do know I have faith in him leading the way. God bless and thank you to all.

I ♥ My Community

Stay connected to the schools, high school sports, local government, shopping, dining and more. Start or renew your **FREE** subscription to the Herald today!



Request it today and we'll mail you a FREE 3 year subscription*. Visit liherald.com/subscribe or order by phone at (516) 569-4000 x7. Hurry, offer ends soon.

HERALD
Community Newspapers

*Offer valid in select zip codes only, see website for details.



Light up your holidays * Lift your spirits!

North Country Reform Temple
Friday, December 11th at 7:00 pm

Bring the joy of the Festival of Lights
into your home and ours!

Join our virtual Temple Family
as we light our Chanukiot together.

Contact us to register at 671.4760
or office@ncrt.org

HERALD Covid-19 HOMETOWN HEROES

MADELINE RUBENSTEIN

SEA CLIFF

BOARD CHAIR, NORTH SHORE SOUP KITCHEN

I've been with North Shore Soup Kitchen for about seven years, and I've been chairman of the board of the North Shore Soup Kitchen for about three years. I've always been a volunteer, cooking and serving.

During the pandemic, because we were cafeteria-style lunch, we could no longer operate. As a result, we were inactive until we happened upon the NOSH food relief group that was created by Courtney Callahan and a bunch of Glen Cove civic leaders. When we saw what they were doing, we really wanted to participate.

We adopted NOSH, because we have non-for-profit legal status. Lately, we've been fortifying the organization, raising funds, raising awareness and trying to chart our course for the next year or two.

I have been going to NOSH most days, helping to train people and working with NOSH to create ways of how it can evolve. I've been helping to look for volunteers and coordinate food procurement. I tend to work in the office and work with the people administering the program.

I think the effect that NOSH has on families is enormous because I'm not aware of another organization delivering groceries to families in need. I think it's incredibly important.

Of course, helping these families is a good feeling. How could it not be?



HERALD HOMETOWN HERO

DANIELLE TAYLOR

OYSTER BAY

CO-FOUNDER, YOLO STRONG FOUNDATION

Over the course of the eight years, we've grown from the three members, including myself, that initially did our first race for Morgan Center, a pre-school for children with cancer, to over 200 women who've competed in our races.

Generally we compete in one or two races a year, but obviously due to Covid, we can't race this year. But there are a group of core girls, we call them the Phoenix Tribe, and they are the power of the YOLO Strong Foundation. They ensure all the sponsorships are received, they raise awareness about what we're doing through social media, they oversee our gala and our races, our website, and they make sure all of our funds are going directly to children and our core mission.

During Covid, we were aware of two families that were in need, both who have children with special needs. They had specific needs.

We were afforded the opportunity to team up with the Coach Meeting House restaurant in Oyster Bay during Oyster Week, and the girls from our core group, the Phoenix Tribe, raised awareness to the Coach Meeting House, and we held an opening day event for the fundraiser. We were able to raise almost \$4,000.

For one family, we paid for this little girl's music therapy for an entire year. Now she can go two times a month, and both her parents are essential workers. We also provided her with some arts and crafts and prepared a basket for her. Another family we adopted for the holidays. The third cause that we donated to is called Danny's Wish.



HERALD HOMETOWN HERO



American Heart Association.
Don't Die of Doubt™

Heart attacks and strokes don't stay home.

Don't avoid the ER out of anxiety.
Don't die of doubt.
Don't stay silent and don't stay home.
If you have an emergency, call 9-1-1.
When seconds count, the hospital is the safest place to be.

Heart.org/DontDieofDoubt

Locally supported by

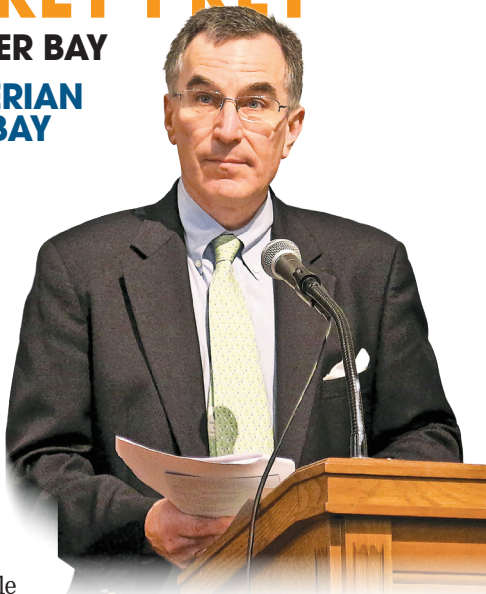


THEIR FRONT-LINE STORIES IN THEIR OWN WORDS

DR. JEFFREY PREY

OYSTER BAY

PASTOR, FIRST PRESBYTERIAN CHURCH OF OYSTER BAY



The onset of Covid-19 feels like a lifetime ago. When it first hit, we offered in-person worship without compelling people to go. Then the lockdown came. We had to scramble to create an online presence for our 200 families. We use Mailchimp for our emails so we got the word out right away and links for Zoom, but we were scrambling to do so. Sometimes we would have outages in the middle of our service, but overall, we have found Zoom to be a lifesaver. Everyone can be on the screen, and we almost feel like we are together. We used Zoom only until the middle of September. I led worship from my office.

Then we moved back into the sanctuary for in-person service, but only 15 to 20 people usually come. I suspect we will continue using Zoom.

The main challenge has been a lack of in-person fellowship, but most people say they are relieved that we have a form of fellowship, even if it is on Zoom. My congregation is very flexible and forgiving.

We are fortunate that no one from our church has died of the coronavirus. The People's Pantry did a great job. We asked them if they needed space to store the food because the town owned space they were using was no longer available. It has been a blessing for us to help them transition.

HERALD HOMETOWN HERO

COURTNEY CHAMBERS

SEA CLIFF

DIRECTOR, SEA CLIFF VILLAGE MUSEUM SEA CLIFF



Unfortunately, we've been closed during the pandemic, although we're trying to document the pandemic and its effects on Sea Cliff. We have about five North Shore High School interns who come in weekly to work behind the scenes in the archives, clipping articles from the Herald and helping me organize the document archive and the collections.

We wanted to document this moment in time and how it's affecting members of the community. We're also trying to collect artifacts that we can use for display and understanding in the future when we come back to look back on this crazy time in our history. We're accepting donations from community members of things that show how the pandemic has affected them. We've gotten a lot of masks, photographs and clothing articles — very tangible items that, 10 years from now, people will look at them here at the museum and say, "Oh, I remember that."

One that that we try to be cognizant of is that we're always making history as we go through time. We look back on Sea Cliff as this Victorian summer destination and our founding by the Methodist Church. We have this real sense of Sea Cliff as this Victorian community, but we're still here and we're still making memories. We want to preserve all aspects of our village, so it's really important that we document the present as well as the past. There's always a lot more to do, so we're always looking ahead.

HERALD HOMETOWN HERO

"MY PAPERLESS BILLING SAVES TREES."



MY SAVINGS. MY ACCOUNT.

Get Paperless Billing, MyAlerts, 1-Click Bill Pay, and much, much more, all with one fast, easy enrollment. What will you save with your My Account?

Enroll today at **PSEGLINY.com/MyAccount**



Applying to college amid the coronavirus pandemic

By **NICOLE ALCINDOR**
nalcindor@iherald.com

To help reduce Long Island high school seniors' worries while applying to college amid the coronavirus pandemic, Herald Inside LI hosted a webinar on Nov. 19 to guide them through a process that is at once similar, but very different than in years past.

Molloy College sponsored the hour-long Zoom session.

Because many entrance exams were canceled during the pandemic, a number of students have not taken the SAT or ACT, and certainly have not taken either or both of the tests more than once, as many high school students had in the past between their junior to

senior years. As a result, the webinar panelists said, many colleges are making such exams optional and giving greater weight to extracurricular activities, the number of Advanced Placement classes a student has taken and admissions essays.

"At Molloy College, we have a holistic approach when evaluating students for entry into the college, so we always look at more than just the academic average and the test scores that appeared on the student's transcript and on their file and we dig a little deeper," said Marguerite Lane, assistant vice president for enrollment management at Molloy. "We understand that many high school students were thrown into remote learning because of the pandemic, and that they might not have the best academic test scores, so we look at the entire picture of a student to see if the student is a good fit for Molloy to help them develop in their academics and career."

Frank Muzio, the guidance director for the Wantagh School District, said the district has held Common App workshops with students and is encouraging them to apply both to local colleges and those farther away.

"Students have adapted to this new normal in different ways and at different paces, and we want to make sure that all students have an application plan," he said. "This past year, we really had to do a lot of individual counseling to meet students and families where they are and to meet a wide spectrum of needs."

Anthony DeMartini, assistant principal of school counseling and wellness at Calhoun High School in North Merrick, said counselors had to pivot last winter and spring because of the pandemic, using Zoom and Google Classroom to keep in touch with students and meet with parents about the college applica-

tion process.

"We are in a Covid world right now, and students are concerned about if that is going to affect the list of schools that they apply to, or if they need to think about local schools, even though they might have been planning on going away for school, and they are also concerned about how their families should plan financially for the decision-making process," DeMartini said. "SAT and ACT scores are ingrained in our psyche, so it's shocking for many kids that we no longer have to submit them. However, we encourage students to submit SAT and ACT scores, and if they go test optional, their college essays should be exceptional."

The panelists also agreed that the topics students choose for their admission essays play a major role in their chances of acceptance to their desired schools.

"We are trying to steer kids away from choosing Covid-19 or pandemic-related stories for their college admissions essays because many people will write stories like that," Muzio said. "However, if a student's pandemic story demonstrates exceptional strength, then we will encourage them to write about it."

The owner of Standout College Prep, Bethany Goldszer, said she has noticed a big difference over the past year in the college admissions essays that students have submitted to colleges because of the stories students are telling about current events in the world.

"Kids on Long Island have a habit of being spoiled and entitled, but the college admissions essays have changed a lot to topics such as sexuality, gender, race issues, Covid-19-related stories and more," said Goldszer, who often serves as a liaison between parents and high school counselors and parents and college admissions officers. "I think in previous years students would have been afraid to discuss those topics, but now they talk about it. Kids are braver."

"I've noticed that students have put themselves out there more and have been more vulnerable in their college admissions essays — whether it's about Covid-19 or about social justice," Lane agreed.

Panelists also said they are encouraging students to fill out the Free Application for Federal Student Aid (FAFSA).

Finally, counselors are encouraging students to take a deep breath and relax. "We are trying to encourage kids to enjoy school," DeMartini said. "But, at the same time, we want them to know that they can get through the college application process."



VIEWFINDER

By **SUSAN GRIECO**

THE QUESTION: How do you cook a turkey?



You have to get something sharp to cut up the turkey. Put some salt on it, and then you put it on the stove for about 30 minutes. Or if you have a phone, you can Google it!

MADELINE K.
Kindergarten



Buy a turkey and cut it up. Put it in the oven, and cook it for 13 minutes with hot dogs. I love to eat the chicken part the best.

LIAM B.
Kindergarten



I think my dad has a baking soda box to put on it, but he never cooked a turkey before. I guess you put it in a pot or pan with cheese and M&Ms on it and then cook it. I don't eat the bone part, just the chicken part.

GIADDA I.
Kindergarten



I think you put some kind of grease inside it to make it soft to chew. When it comes out, you decorate it with salad for its hair, bones for its legs and a carrot for its nose.

Mackenzie U.
1st Grade



Buy a 10-pound turkey, season it with any type of spices, like pepper and hot sauce. Then put it in the oven for about 30 minutes.

SEBASTIAN H.
1st Grade



Put the turkey in the oven for 30 minutes, bring it out, then eat it with a fork with corn, chicken, rice, meatballs and broccoli. When you're done, put the plate in the sink, and then wash your hands.

MARYN H.
1st Grade

Santa Clause is coming to Glen Cove

The Glen Cove Downtown Business Improvement District has arranged for Santa to come to Downtown Glen Cove on Saturday, Dec. 5. Children will have an opportunity to take photos with Santa in Village Square, in a socially distanced manner that will include masks and plexiglass.

"I'm very happy that the Glen Cove Downtown BID is able to continue to spread cheer this Holiday season by providing a safe way for the children of our community to give Santa their Christmas lists," said Patricia Holman, executive director of the Glen Cove Downtown BID.

The event will kick off at 3 p.m. with the arrival of Santa via fire truck to the Village Square plaza. His cottage, decorated by sponsor Safavieh Home Furnishings, will be set up in the center of the plaza, the ideal backdrop for holiday photos. Children will receive candy canes and

popcorn balls upon their visit, sponsored by American Paving and Masonry. Masks are required at all times and attendees will be asked to maintain a distance of at least six feet.

At 4:45 p.m., the City of Glen Cove will host its annual Tree Lighting ceremony, the first one to take place in the center of the new Village Square.

"I want to thank the BID for always helping to keep our downtown looking and feeling festive and inviting, especially during the holidays," Tenke said. "Now more than ever we appreciate the joy the season has to offer. I'm sure young and old alike will enjoy visiting with this year's 'socially distanced' Santa and taking a picture by our beautiful Village Square Christmas Tree. Please remember that our downtown stores and restaurants are open and are counting on your support."



Herald File Photo

SANTA CLAUSE WILL be making a stop in Glen Cove on Dec. 5 for pictures in Village Square for children.

City working to prevent speeding on Shore Road, Glen Cove Avenue

By **JENNIFER CORR**
jcorr@liherald.com

Speeding on Shore Road was brought up as a discussion item at the City of Glen Cove Pre-Council meeting on Nov. 17.

City of Glen Cove Mayor Tim Tenke said he had a phone conference with members of the Shore Road Neighbors group about their concerns. Among them was speeding on Shore Road.

"Speeding is a problem throughout the city," he said, "and I spoke with the Chief of Police [William] Whitton and I asked him to focus, if he can, and he said he would, on Shore Road to make sure we have compliance with not only speeding, but parking."

Lora Cusumano of Shore Road Neighbors said that speeding along Shore Road has always been a concern among residents. In fact, she has noticed the same cars speeding at the same time every day, taking note of the type of car and the sound it makes. "They definitely think this is a race track," she said.

The city did lower the speed limit to 25 miles per hour, but Cusumano said that is not enough. "We definitely need patrols and people getting ticketed for speeding," she said, "because it's very dangerous."

Speeding along Shore Road creates dangerous conditions for residents in the area. "We are really worried that someone's going to get ran over," Cusumano said. "It's also very difficult to get out of your driveway."

Whitton said that the Glen Cove Police Department has run radar logs on that road. "There are isolated cases of people exceeding the speeding limit, however most of the traffic on that road way is traveling within the posted speed limit," he said.

That being said, Whitton added, GCPD will be monitoring the roadway for speeding and other traffic violations like failing



Courtesy Lora Cusumano

RESIDENTS ON SHORE Road report vehicles speeding, presenting dangerous conditions for children playing and residents walking.

to stop at a stop sign.

Tenke said that making sure that parking and traffic laws are being abided by would help enhance the quality of life on Shore Road.

"Shore Road in particular happens to be a cut through," Tenke said. "We want to be cognizant of the fact that there are people that do walk around there, walking their dogs. There's children playing and we just want to make sure it's safe for them."

Drivers who speed should beware, Tenke said. "We are going to be focusing on that and other areas in Glen Cove," he said. "Just be courteous to our fellow neighbors."

Glen Cove Councilman John Perrone said that parking along the Shore Road corridor as well as onto Glen Cove Avenue has also become a problem.

"The people are parking right up to the egresses of the driveways and it's causing a hazard as people are trying to leave the businesses on Shore Road and some of the driveways on Glen Cove Avenue," Perrone said. "It was brought to our attention regarding overnight parking there, long time parking, violating

that one hour or two hour rule that is posted."

Perrone said he spoke to Whitton about it and he said the police department would look into it.

The councilman also suggested marking a 10-foot buffer where cars could not park next to each of the driveways along the road to help prevent a car pulling out of the driveways from getting clipped by oncoming traffic.

"There have been incidents and accidents on Glen Cove Avenue, especially with people leaving the Sunset House, the parking on that side across from Speedway," Perrone said. "I personally witnessed an accident that occurred there, so I think it would be something worthwhile to look into."

Councilman Gaitley Stevenson-Mathews suggested posting a speed radar sign on Shore Road.

"We're hoping that if it's actually enforced, where they do ticket people as they speed down the street, that maybe, in the future, they are not going to speed down Shore Road again," Cusumano said. "There are many people that are repeat offenders."

ADVERTORIAL

Ask The Expert: STEVE BUERGER



The holiday season is usually a time that people want to feel settled into their homes, so the last two months of the year are not always considered a prime time to list a property. But there are some important things to consider about the real estate market during this time of year for both sellers and buyers.

People who place their homes on the market between Thanksgiving and Christmas are showing that they are serious about selling—and the same goes for buyers! If you are taking the time out of your holiday schedule to shop for a home, it likely means you are ready to make a purchase.

For those sellers who are torn about listing their homes now, or waiting until the holidays have past, keep in mind that buyer demand is still incredibly high. With a limited supply currently listed to meet that demand, your property is sure to get noticed.

Technology has also made a huge impact on real estate sales - especially during the holiday season. Real estate websites and phone apps allow today's buyers to shop for homes 24/7. Gone are the days when people were deterred from house hunting because of cold temperatures or some snow on the ground. Today, buyers can jump online and simply take a virtual tour. And this year, due to the pandemic fewer people will be traveling during the holidays. This means that perspective buyers will likely be spending more time online house hunting. Our agents even offer virtual showings, where you can virtually walk a property together and ask questions and get answers in real time.

The truth is, in today's market, if you are thinking of selling, it is ALWAYS a good time to list your property. And if you are eager to purchase a home, there is no time like the present. What better gift can you give to yourself than a place to call home?

If you have a real estate question you would like answered by one of our experts, or if you would like more information about buying or selling a property, please reach out to us at info@branchreg.com.



203 Glen Cove Avenue • Sea Cliff
516.671.4400
www.branchreg.com

HERALD SPORTS

Hofstra takes more aggressive approach

By **TONY BELLISSIMO**
tbellissimo@iherald.com

Last season was a difficult one for Hofstra's women's basketball program in terms of wins and losses, but there's plenty of reasons for second-year head coach Danielle Santos Atkinson to be optimistic about the future.

The Pride was unable to beat any of its Colonial Athletic Association rivals in 2019-20 and finished 3-27 overall while being outscored by an average of 15.6 points per game. Its victories came against Hartford, Morgan State and Campbell.

"There were a lot of factors going into my first season and our eyes were set on a bigger picture," said Santos Atkinson, a former Hofstra assistant who returned to campus last season to become the 12th head coach in program history. "We saw a lot of individual development and laid the foundation," she added. "This season we're looking to be much more aggressive at both ends of the floor. We want to play faster on offense and pressure the ball and generate more turnovers on defense."

The effort to close the gap on the rest of the CAA will be led by two full-time returning starters and one part-time returning starter, all of whom Atkinson is counting on to take their games to another level, along with a talented group of newcomers.

Jaylen Hines started all 30 games in 2019-20 and led the team in scoring (11.6 ppg), rebounding (8.8 rpg) and steals while shooting nearly 50 percent from the floor (139-for-281) to rank third in the conference. A 5-foot-10 redshirt junior forward, she poured in a career-high 30 points against Charleston and is a "walking double-double," Santos Atkinson said.

"Jaylen is our most proven player and she's returned with a lot more confidence," Santos Atkinson said. "She worked on her game and her body big time during the quarantine. She has great touch around the rim and a positive demeanor that makes her a leader."

Sophomore Sorelle Ineza started all but two games last season at point guard and chipped in 8 points per game with a team-leading 32 minutes per game and 85 assists. From Quebec, Canada, Ineza was named to the CAA All-Rookie Team. "We put an awful lot on Sorelle's shoulders last season," Santos Atkinson said. "Being a freshman point guard is tough. Her game evolved over the season and now we'll look to move her off the ball and give her more opportunities to shoot."

A couple of candidates to run the point are Rosi Nicholson, a junior coming off a strong season for Santa Fe Community College in Florida, and Jaysyni Knight, a junior transfer from the University of Pittsburgh who may not be eligible to play until next season pending a waiver decision on the NCAA's transfer policy.

Another former Pitt Panther, 6-foot-3 red-shirt junior forward Jaala Henry, practiced with the Pride all of last season while sitting

out under the transfer rule. "She knows our system and is ready to contribute major minutes," Santos Atkinson said. "She's versatile with good shooting range and rebounding ability."

Hofstra's third returnee with starting experience is junior guard JaKayla Brown, who averaged 6 points per game over 24 appearances, including a dozen starts. "JaKayla's worked hard during the offseason and is an improved shooter who'll help us at both ends."

Santos Atkinson believes the Pride will be a deeper squad than last season — and needs to be. "We want to play faster so we need fresh legs off the bench," she noted.

The Pride is scheduled to open the campaign with a non-conference game at Siena on Nov. 25. The CAA slate will once again include 18 games, but due to Covid-19 the format has been adjusted to limit travel and help ensure the health and safety of student-athletes, coaches and staff. In lieu of a traditional, home-and-home round robin schedule, teams will play against the same opponent at the same site on consecutive days, primarily weekends.

"On paper, the conference is just as strong as last season," Santos Atkinson said. "We're focused on the little things and what's going to make us competitive every single game."

The CAA regular season will tip off Friday, Jan. 1, and conclude on Sunday, Feb. 28. Games impacted by the pandemic could be made up at various alternate dates. Hofstra opens CAA action against William & Mary.

As of now, fans are not expected to be permitted to attend games. "No fans is something we'll have to get used to," Santos Atkinson said. "When it's game time, we just have to get locked in."



JAYLEN HYNES LED Hofstra in scoring and rebounding last season as a redshirt sophomore.



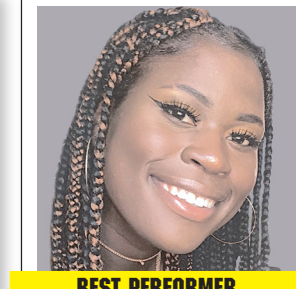

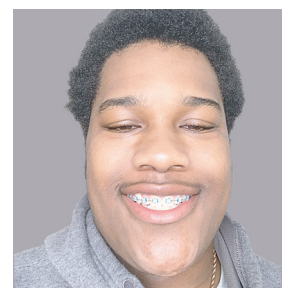






JUNIOR GUARD JAKAYLA Brown made a dozen starts for the Pride last season and averaged 6 points per game.

Photos courtesy Hofstra Athletic Communications

HERALD ALL-NASSAU THE COUNTY'S ELITE SENIOR ATHLETES

COACHES' CHOICE

 <p>BEST DEFENSIVE PLAYER</p> <p>MADDIE ROBERTI SOUTH SIDE HIGH SCHOOL SOCCER</p>	 <p>BEST OFFENSIVE PLAYER</p> <p>NICOLE KASSIMATIS SEAFORD HIGH SCHOOL SOCCER</p>	 <p>BEST PERFORMER UNDER PRESSURE</p> <p>SANTONA JOSEPH ELMONT HIGH SCHOOL SOCCER</p>	 <p>BEST TEAMMATE</p> <p>ABIGAIL IESON WEST HEMPSTEAD HIGH SCHOOL TENNIS</p>	 <p>MOST OUTSTANDING LEADER</p> <p>JENNA HALPIN LOCUST VALLEY HIGH SCHOOL FIELD HOCKEY</p>	 <p>MOST IMPROVED PLAYER</p> <p>CHRISTINA FORSANDER NORTH SHORE HIGH SCHOOL VOLLEYBALL</p>
 <p>BEST DEFENSIVE PLAYER</p> <p>JASON RICHARDSON ELMONT HIGH SCHOOL FOOTBALL</p>	 <p>BEST OFFENSIVE PLAYER</p> <p>DOLAPO BABALOLA WEST HEMPSTEAD HIGH SCHOOL VOLLEYBALL</p>	 <p>BEST PERFORMER UNDER PRESSURE</p> <p>DEREK RIVERA EAST ROCKAWAY HIGH SCHOOL SOCCER</p>	 <p>BEST TEAMMATE</p> <p>JACK SAVALLI MEPHAM HIGH SCHOOL FOOTBALL</p>	 <p>MOST OUTSTANDING LEADER</p> <p>MARIO DEPASQUALE OCEANSIDE HIGH SCHOOL FOOTBALL</p>	 <p>MOST IMPROVED PLAYER</p> <p>MARLON BELIZAIRE UNIONDALE HIGH SCHOOL VOLLEYBALL</p>

READERS' CHOICE

 <p>BEST ATTITUDE/SPIRIT</p> <p>SOPHIA SILCOX KENNEDY HIGH SCHOOL CHEERLEADING</p>	 <p>BEST WORK ETHIC</p> <p>ABIGAIL VOLPE EAST MEADOW HIGH SCHOOL CHEERLEADING</p>	 <p>FASTEST PLAYER ON THE FIELD</p> <p>ALYSSA ACCORDINO MACARTHUR HIGH SCHOOL SOCCER</p>	 <p>MOST LIKELY TO BECOME A COACH</p> <p>NICOLE DEVLIN CALHOUN HIGH SCHOOL SOCCER</p>	 <p>MOST LIKELY TO GO PRO</p> <p>RACHEL ARBITMAN HEWLETT HIGH SCHOOL TENNIS</p>	 <p>SMARTEST OFF THE FIELD</p> <p>NATALIE MENDOZA VALLEY STREAM CENTRAL HIGH SCHOOL SOCCER</p>	 <p>MOST LIKELY TO MAKE A HIGHLIGHT REEL PLAY</p> <p>ELLAGRACE DELMOND SOUTH SIDE HIGH SCHOOL SOCCER</p>	 <p>SMARTEST ON THE FIELD</p> <p>ALEXANDRA KELLY EAST MEADOW HIGH SCHOOL VOLLEYBALL</p>
 <p>BEST ATTITUDE/SPIRIT</p> <p>BENJAMIN SANCHEZ OCEANSIDE HIGH SCHOOL SOCCER</p>	 <p>BEST WORK ETHIC</p> <p>DANIEL ROMANO NORTH SHORE HIGH SCHOOL FOOTBALL</p>	 <p>FASTEST PLAYER ON THE FIELD</p> <p>ARMANDO VARDARO HEWLETT HIGH SCHOOL SOCCER</p>	 <p>MOST LIKELY TO BECOME A COACH</p> <p>MATTHEW MEAGHER OCEANSIDE HIGH SCHOOL SOCCER</p>	 <p>MOST LIKELY TO GO PRO</p> <p>ANTHONY DENICOLA CAREY HIGH SCHOOL FOOTBALL</p>	 <p>SMARTEST OFF THE FIELD</p> <p>HUGH ROSSHIRT SOUTH SIDE HIGH SCHOOL SOCCER</p>	 <p>MOST LIKELY TO MAKE A HIGHLIGHT REEL PLAY</p> <p>AQUAN WALKER LAWRENCE HIGH SCHOOL FOOTBALL</p>	 <p>SMARTEST ON THE FIELD</p> <p>RYAN BACI CALHOUN HIGH SCHOOL FOOTBALL</p>

OYSTER BAY BAYMEN

November 26, 2020 — GLEN COVE HERALD GAZETTE



ZACCHARY HORNOSKY

Football

A three-sport standout, Hornosky enjoyed an All-Conference campaign on the gridiron as a junior and desires to play at the next level. He had 21 receptions for 297 yards and 5 touchdowns, as well as two rushing TDs. He also started at free safety. Also plays basketball and track. "He's a passionate athlete who leads by example," coach Dan Ruskowski said.



NICK TARDUGNO

Cross-Country

Ranked at the top of Nassau Class C heading into his senior campaign on the trails, Tardugno is a two-time All-County runner who blew out the competition at last fall's state qualifier with a time of 16 minutes, 43.96 seconds. A high honor roll student, he placed fifth in the county championships. "He works extremely hard," coach Kevin Cotter said.



GRETA FLANAGAN

Cross-Country

A year-round runner with plans to compete at the college level, Flanagan followed an All-State 2018 cross-country season by capturing the state qualifier Class C race as a junior (19 minutes, 46.07 seconds) and placing second in the county championships. She's a captain and a three-time All-County recipient. She was part of the school record-breaking 4x800 relay last winter.

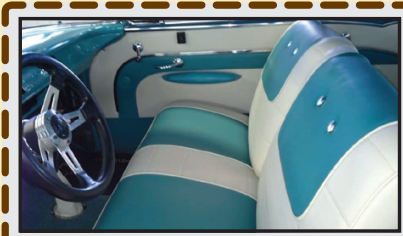


GABY TREBLE

Soccer

Perhaps nobody is looking ahead to their senior season more than Treble, who missed 2019 with a torn ACL. She'll be a fourth-year varsity starter and led the team in scoring as a sophomore All-Conference award winner. She also excels in track and field and carries a 95.2 GPA. "Her speed and strength are extreme assets," coach Nicole Schwartz said.

Custom & Antique Auto Upholstery & Convertible Tops



TRIM & TOP, INC

A FAMILY TRADITION SINCE 1946

15 Valley Road, Port Washington

516-883-1200

email: trimntop@hotmail.com

Follow us on
social media
@ trimntop



1103788

HERALD
ALL-NASSAU THE COUNTY'S ELITE SENIOR ATHLETES

GLEN COVE BIG RED



PHIL AGUILAR
Football

A three-sport starter, Aguilar was voted a captain for the upcoming football season by his teammates last fall. He's a third-year varsity performer and a key two-way leader, serving as a versatile offensive lineman and linebacker. He had 40 tackles in 2019. Also a wrestler and lacrosse player. "We can use him anywhere and he'll produce," coach Steve Tripp said.



MICHAEL BATTLE
Soccer

A four-year starter who controls the tempo in the middle of the field, Battle is seeking to take his talents to the next level. He earned All-Conference honors in 2019 while helping the Big Red to a 6-1-3 record in Conference A-1. He also plays basketball, baseball and track and has a GPA north of 90. "He's so poised," coach Brian Smith said.



ADDISON HUVANE
Soccer

A four-year starter who's led the Big Red defense at fullback, sweeper or stopper, Huvane is the "heart and soul of the program who wants to see her teammates achieve," coach Peter Falen said. She's captain material, a three-sport athlete, also competing in cheerleading and softball, a member of the student senate and high honor roll.



BRIANNA MALVINO
Volleyball

A three-sport standout with a GPA of 3.7, Malvino never played volleyball prior to her sophomore year and has made considerable strides in her first two seasons as a setter. In 2019, she averaged 12 assists and two service aces per match. Also a member of the basketball and softball teams, she'll be counted on to provide leadership for coach Matt Carbone.

PATCHMASTER

For The First Time on Long Island, PatchMaster, a National Company & Professional Drywall Repair Specialist, Comes to Long Island's North Shore!

WE DO THE DRYWALL REPAIRS YOU DON'T WANT TO DO!

WE PATCH:

- HOLES LEFT BY CONTRACTORS
- DENTS, SCRATCHES, NAIL POPS
- ACCIDENTAL DAMAGE
- CEILING DAMAGE
- CONCRETE CRACKS/DAMAGE



CALL TODAY!

(516) 341-1622

www.northshore.patchmaster.com

1102718

NORTH SHORE VIKINGS



JAKE LEDDEN
Football

Ledden is a dual threat for the Vikings and helped them reach the Conference III semi-finals. On the ground, he had 450 yards and 5 touchdowns. He also added 19 catches for 365 yards and two scores, and three interceptions. "He's the type of athlete who makes things happen when the team needs him the most," coach Dan Agovino said.



THOMAS BURFEIND
Cross-Country

A year-round distance runner, Burfeind was undefeated during the regular season in cross-country last fall and finished 10th in the Nassau Class B championship race with a 5K time of 17 minutes, 21.91 seconds. He earned All-County honors and was a captain and the Vikings' MVP. "He's the hardest worker and highly competitive," coach Jason Millard said.



ISABELLA TEDESCO
Soccer

An integral part of the Lady Vikings' run to the Long Island Class A title in 2017 as a starting freshman midfielder, Tedesco earned All-Conference honors as a sophomore and All-Class last fall. She'll be a senior captain and is a tenacious two-way standout looking to play at the next level. "She does everything with 100 percent effort," coach Lauren Gotta said.



SOPHIE ROSENCRANS
Cross-Country

She's a year-round runner who was part of an All-State 4x800 relay last winter. A three-time state qualifier in cross-country, Rosencrans finished fourth in the Nassau 3 championships last fall while helping the Lady Vikings capture the county crown for the 14th straight season. She's a high honor roll student who leads by example, coach Neal Levy said.

Enjoy the Safest & Cleanest Water You Can Get

We Will Customize A State Of The Art Filtration System Specifically For Your Home And/Or Business



YOU AND YOUR FAMILY DESERVE BETTER WATER.

RESIDENTIAL & COMMERCIAL WATER FILTRATION



Voted Best Water Services by Dan's Papers Readers

COMPLIMENTARY WATER TESTING and CONSULTATION

61A GLEN HEAD ROAD GLEN HEAD

516-801-0191

www.BetterWaterNY.com

GREAT CUSTOMER SERVICE & PRODUCT!

P. McLaughlin, East Hampton

1102722

HERALD ALL-NASSAU THE COUNTY'S ELITE SENIOR ATHLETES

LOCUST VALLEY FALCONS



SEAN MURPHY

Football

Nassau Conference IV's leader in sacks a year ago with 8, and the Falcons' leader in tackles for a loss, Murphy sets the tone on defense from an end spot and has the ability to wreak havoc against the pass and run. He's 6-foot-6, 255 pounds and also plays tight end. The All-County choice will be a captain, coach Casey Neilly said.



LUKE PANIAGUA

Football

Paniagua was a big reason why the Falcons played in the Conference IV championship game in 2019 and are ranked at the top of the heap this upcoming season. He had over 100 tackles from the linebacker spot and was the lead blocker for the ground attack. He earned All-County honors and is also a member of the basketball team.



MADELINE DRISCOLL

Tennis

Following a strong regular season in the No. 2 singles spot last fall, compiling a record of 10-4, Driscoll earned All-County honors with a tremendous showing in the Nassau doubles tournament. She'll likely be a captain and assume the top position in the lineup. "She thrives at the baseline and at the net," coach Mike Guidone said.



JENNA HALPIN

Field Hockey

A fifth-year starter and returning captain, Halpin led all of Nassau in points last season with 22 and all of Long Island in assists with 17. The center-midfielder has earned All-State, All-County and All-Conference awards and also plays basketball, lacrosse and track. Her GPA is 107. "She's an amazing leader and role model," coach Sandra Jozefowski said.

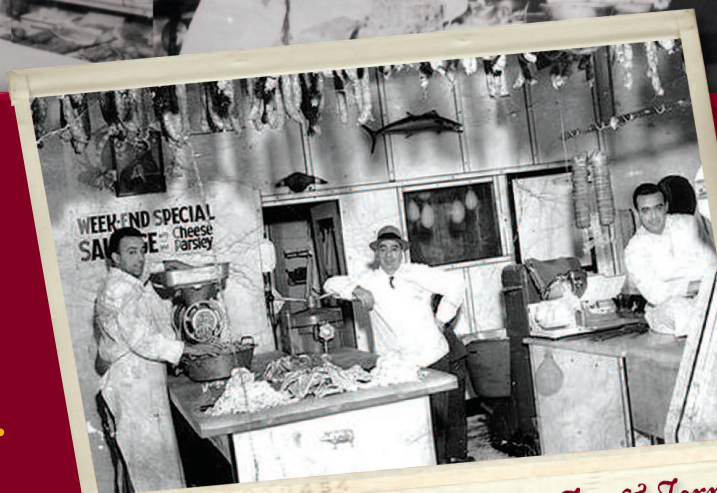
Our History

When Pasquale Iavarone opened his first butcher shop in 1919, he never had dreamed his name would live on as the successful chain of gourmet food shops throughout New York. Customers make an extra effort to shop at our locations, which is why we have consistently been named Best Delicatessen, Best Off-Site Catering, and Best Jarred Sauce!

By the 2000's, our locations expanded into full service, upscale gourmet markets, including a bakery, produce, seafood, and prepared foods. Today, the 4th generation of Iavarone's - Christopher, Jonathan, Michele, and Joseph Jr. - are on board to follow our mission to offer an enticing culinary journey to our customers. We achieve this by offering the finest quality of foods and products from our kitchen, and from around the globe!



*Sharing Over
4 Generations
of Italian
Culture with our
Community*



The Original Iavarone Bros, Joe & Jerry

IAVARONE BROS.
QUALITY FOODS

New Hyde Park Lake Success Center
Woodbury Woodbury Village Center

Wantagh Cherrywood Shopping Center
Maspeth Corner of 69th St. & Grand Ave.

IBFoods.com • 1.877.IBFOODS

1108772

HERALD NEIGHBORS



Photos by Christina Daly/Herald Gazette

MOJO PROVIDED THE tunes while volunteers provided the food to the many families passing through.

NSHCC feeds over 170 families during food drive



The North Shore Hispanic Chamber of Commerce hosted its second annual Thanksgiving Food and Turkey Drive at North Shore High School on Nov. 21. Dozens of organizers and volunteers joined the NSHCC in feeding over 170 families, something that is especially important, given the financial hardships presented to millions of Americans due to the coronavirus pandemic.

Food and funding were provided by over 30 organizations and people, including local businesses, elected officials, restaurants and the Long Island Herald.

THE FOOD DRIVE'S organizers included Gold Coast Business Association Vice President Judith Rivera, above left, NSHCC legal counsel Connie Pinella and NSHCC President Ever Padilla.

VOLUNTEERS MARSON MALDONADO, far left, treasurer of the NSHCC, and Connie Intranova delivered food bags to cars.

SHAQUILLE THOMPSON, NEAR-RIGHT, packed food into a trunk held open by NSHCC member Bolivar Corella.

**2 PART
SERIES**

**HERALD
Inside LI**

THE POWER OF 5G



What is 5G and how does it affect the Long Island community?

MODERATOR



Skye Ostreicher
Herald Community
Newspapers

PART ONE PANELISTS



Caitlin Brookner
Spokeswoman
New Yorkers For 5G



Matt Cohen
Vice President
Government Affairs and
Communications
Long Island Association



Jim Misewich
Associate Director
Energy and
Photon Sciences
Brookhaven National
Laboratory



Karmen Rajamani
Director
Crown Castle East Area

As the pandemic continues to force the majority of our interactions into the virtual space, fast and reliable online access is more important than ever before. Experts discuss:

- How the current digital divide impacts us
- How 5G will make us more efficient
- How 5G can strengthen the local economy
- Future advancements and job opportunities created by 5G

Submit your questions in advance by emailing insideli@liherald.com or ask them live

FREE LIVE WEBINAR

 **3 & 10** DEC

 **10 - 11** AM AM

REGISTER FOR PART ONE @ LIHerald.com/5G1

PRESENTED BY:



CAN'T MAKE THE LIVE WEBINAR? REGISTER AND YOU'LL RECEIVE THE RECORDING!



To sponsor a webinar or for more information contact Amy Amato at aamato@richnerlive.com or 516.569.4000 x 224

To be 20-something during the Covid-19 pandemic

By JENNIFER CORR

jcarr@liherald.com

The day before Thanksgiving is among the biggest days for outings at clubs, bars and lounges. In fact, according to Womply, a commerce analysis platform, "Thanksgiving Eve" is the third busiest weekday for bars and lounges.

The busyness of the day can be attributed to college students coming home, people visiting their hometowns and families coming for the holiday. But for many of Glen Cove's young adults, the day will not be the same.

"I would usually do a Friends-giving or something with my friends, people that usually wouldn't be here," said 24-year-old Glen Cove resident Breanna Cruz, a teacher's assistant at a local daycare center. "I have a really big family, so I know this year is going to be really different and it's depressing in a way, that we can't all be together."

Antwon Brown, 25, of Glen Cove, said that he'd usually be heading out and catching up with family at this time. "I have family that lives down South so when I would go down there we would go out, so it really just depends on where I am," he said. "More than likely I would be out an about."

Fellow Glen Cove resident Sydney Zaremba, a Hofstra University student, said that around this time she would usually get together with her group of friends who would be away at college. "It's different this year because a lot of my friends are around because they're online and virtual, so it's really not much of a need this year to reunite after a semester," she said.

Zaremba, 21, said that she has been spending time with a small group of friends who live together, having movie nights and



Courtesy Sydney Zaremba

SYDNEY ZAREMBA, LEFT, attended a brunch with Maya Brodtm during the pandemic days, making sure that everyone was masked up.

wine nights. Since going out to bars or clubs is also a no-go this year, Zaremba said her friends have been crafting their own experiences. "We try to make it as fun as possible," she said. "We're still having theme nights like we would if we were having a neon party or a wild-west party. We still try to do those things just among us. It's definitely made [this time] a lot easier and it gives us something to look forward to and to get outfits to wear. It definitely helps."

Brown, a concierge at a senior care facility, said that he's over the nightlife scene for now, but his heart goes out to those who

have just turned 18 or 21. "I'm not happy about it, but I'm happy I got the experience," he said. "There's kids who just turned 21 right now, that just turned 18 and they're just trying to get their first foot in the door of adult life."

Like countless others, Zoom and Facetime has been a way for Cruz to connect with family and friends, but of course, it's not the same as in-person connections.

Socially distant hangouts have also been one way to socialize. "When the weather was nicer I actually met up with my cousins," Cruz said. "We met up in a parking lot

and we all sat in our trunks with blankets and music. We got to hang out, but you know, at a distance."

"I thought that was really cute," Cruz said. "I really liked it."

To connect with family during this time, Brown said that he's done a Zoom call to celebrate his brother's birthday and a car parade for his grandmother's birthday. "We're just doing what we can," Brown said. "Zoom calls, Facetime, social distancing, small gatherings, things of that nature."

When asked what it's like to be a 20-something during a pandemic, Zaremba said that it's just hard. "I said to my parents, 'Selfishly I want this to be over because I don't want to live my 20s only being able to hang out with my friends in a house,'" she said. "I want to be able to do things."

Cruz said that little things like in-person interactions will not be something she takes for granted in the future. "Getting to go to new places, going to new restaurants, that's what my friends and I used to do," Cruz said. "Now I feel like places, like that gives me so much anxiety."

Brown said that he misses the normalcy of pre-pandemic life. "It's just weird now," he said. "We got to a point now in life that if you see somebody in a pizzeria or if you see someone in a restaurant or supermarket without a mask on, it's like . . . that's just weird."

Zaremba said she was looking forward to going to the city once the pandemic is over, going to parks, doing bottomless brunches and shopping trips with friends and once again enjoying night life. "I'm hoping that by my birthday in May it will be safe."

NEIGHBORS IN THE NEWS

Kiwanis Club of Glen Cove donates potted plants to food relief organizations

The Kiwanis Club of Glen Cove expressed appreciation for local food relief organizations NOSH and Porch Pantry by donating 35 plants for them to offer to volunteers and families. Kiwanis Club treasurer and amateur horticulturist Ann Marie Gailius prepared each pot with plants from her own garden.

In response to Covid-19 lockdowns, a group of concerned neighbors formed NOSH. Since then, they have safely delivered meals to families in the community who needed food assistance. Due to its success, NOSH is now a program within the North Shore Soup Kitchen.

The Porch Pantry is another community-based organization that jumped into action in response to the Covid-19 crisis. Recently it achieved its not for profit status. In just a few months this program grew from community members dropping off nonperishable's to private residences to food drives at other local organizations and businesses.

Both Nosh and The Porch Pantry have a goal to eradicate hunger within the North Shore community.

The Kiwanis Club of Glen Cove has been volunteering by assisting with donations and deliveries. "As a club we are happy to offer the potted plants as a gesture of appreciation to those involved with both organizations," said Rosemary Dilgard of the Kiwanis Club of Glen Cove.



Courtesy Kiwanis Club of Glen Cove

THE KIWANIS CLUB of Glen Cove donated potted plants to the food relief organizations NOSH and Porch Pantry.

Definition of anti-Semitism for educational purposes

By JENNIFER CORR

jcarr@liherald.com

At the Nov. 24 City Council meeting, the council voted in favor of adopting the non-legally bonding intergovernmental organization International Holocaust Remembrance Alliance's working definition of anti-Semitism.

The IHRA's working definition of anti-Semitism includes 11 contemporary examples of anti-Semitism in public life, media, schools and the work place (see sidebar).

"The City Council will ensure that the IHRA's working definition of anti-Semitism is available as an educational resource for the police department and other agencies responsible for addressing anti-Semitism and other forms of discrimination," said City of Glen Cove Mayor Tim Tenke.

Glen Cove is the first municipality in New York state to adopt this working definition, said Andrea Bolender, chair of the Holocaust Memorial and Tolerance Center of Nassau County in Glen Cove, which had requested that the city adopt the definition.

"We are within the city's limits and we approached them and said, 'How can we fight anti-Semitism if we haven't even described it?'" Bolender recalled. "How do we fight something if we don't know what it is?" The IHRA definition actually gives us the definition of what anti-Semitism is and it's a working definition of how to identify if something is anti-Semitic or not."

The working definition of anti-Semitism from the IHRA reads as follows:

"Antisemitism is a certain perception of Jews, which may be expressed as hatred toward Jews. Rhetorical and physical manifestations of anti-Semitism are directed toward Jewish or non-Jewish individuals and/or their property, toward Jewish community institutions and religious facilities."

As anti-Semitism is on the rise, Bolender said, it's especially important to take a leading role in combating it. At the Nov. 17 Pre-Council meeting, Tenke brought up some current statistics from the American Jewish Council surrounding anti-Semitism, such as the fact that nearly half of American adults are unfamiliar with the term "anti-Semitism" and 82 percent of Jewish adults believe that anti-Semitism has increased over the past five years, while only 43 percent of the general population does.

"Seventy-two percent of the general public says it makes no difference whether a Jewish person or organization considers an incident anti-Semitic and lastly 37 percent of Jews have been targets of anti-Semitic incidents over the past five years, yet three-quarters did not report it to authorities," Tenke said. "So, we really want to make sure that people understand what that means, especially in these times."

Several countries have adopted the IHRA's definition of anti-Semitism, Bolender said, including the United Kingdom, Israel, Austria, Romania and Germany. The U.S. State Department



Jennifer Corr/Herald Gazette

CITY OF GLEN Cove Mayor Tim Tenke, right, spoke at an event at the Holocaust Memorial and Tolerance Center of Nassau County that was dedicated to a Glen Cove veteran last month as center chair Andrea Bolender, left, watched.

also began using the working definition in 2016 and the U.S. Department of Education has adopted the definition for domestic use.

Councilman Gaitley Stevenson-Mathews said that he is hoping that Glen Cove, as the first municipality to adopt the working definition in New York, inspires other municipalities to do the same.

Stevenson-Mathews added that the resolution should include how proud the city is to adopt this definition.

"We could be a leader and the fact is that we have the Holocaust Memorial and Tolerance Center in our city limits," Tenke said,

Time last year, the Holocaust Memorial and Tolerance Center of Nassau County was subject to acts of vandalism. "This ugliness may be able to be

physically cleaned off . . . the hurt and fear will remain," then HMTc Chairman Steven Markowitz said in a news release at the time.

This working definition should give the Glen Cove Police Department and other departments within the city a reference on how to identify anti-Semitic crimes. "When you're looking at a criminal activity or a swastika that's drawn or wording, [the definition] gives people a guide post on whether it's anti-Semitic or is it not anti-Semitic," Bolender said.

"We're proud that Glen Cove, which is probably one of the most diverse communities on Long Island, was so willing to work with us," she said.

Ronny Reyes contributed to this story.

Herald Inside LI upcoming series on the power of 5G

By NICOLE ALCINDOR

nalcindor@liherald.com

As the coronavirus pandemic continues to force many of our daily interactions into virtual spaces, fast and reliable online access is more important than ever.

Herald Inside LI will hold a two-part series at 10 to 11 a.m. on the power of 5G and how it affects Long Island on Dec. 3 and 10.

Panelists will discuss how 5G could make for a safer and healthier community, how it could make people more efficient, how it could strengthen the local economy, and what future

advancements and job opportunities could be created by 5G.

Panelists for part one will include Caitlin Brookner, New Yorkers for 5G spokeswoman; Matthew Cohen, vice president of government affairs and communications for the Long Island Association; Jim Misewich, associate director of energy and photon sciences at Brookhaven National Laboratory; and Karmen Rajamani, director of Crown Castle East Area.

Register for part one at LIHerald.com/5G1. All part-one registrants will be registered for part two, set to take place on Thursday, Dec. 10 at 10 a.m.

Eleven contemporary examples of anti-Semitism

■ Calling for, aiding or justifying the killing or harming of Jewish people in the name of a radical ideology or an extremist view of religion.

■ Making mendacious, dehumanizing, demonizing, or stereotypical allegations about Jewish people as such or the power of Jewish people as collective — such as, especially but not exclusively, the myth about a world Jewish conspiracy or of Jewish people controlling the media, economy, government or other societal institutions.

■ Accusing Jewish people as a people of being responsible for real or imagined wrongdoing committed by a single Jewish person or group, or even for acts committed by non-Jewish people.

■ Denying the fact, scope, mechanisms (such as gas chambers) or intentionality of the genocide of the Jewish people at the hands of National Socialist Germany and its supporters and accomplices during World War II (the Holocaust).

■ Accusing the Jewish people as a people, or Israel as a state, of inventing or exaggerating the Holocaust.

■ Accusing Jewish citizens of being more loyal to Israel, or to the alleged priorities of Jews worldwide, than to the interests of their own nations.

■ Denying the Jewish people their right to self-determination by claiming that the existence of a State of Israel is a racist endeavor.

■ Applying double standards by requiring of it a behavior not expected or demanded of any other democratic nation.

■ Using the symbols and images associated with classic anti-Semitism (for example, claims of Jewish people killing Jesus or blood libel) to characterize Israel or Israelis.

■ Drawing comparisons of contemporary Israeli policy to that of the Nazis.

■ Holding Jews collectively responsible for actions of the State of Israel.

-International Holocaust Remembrance Alliance

HERALD Market Place

TO PLACE AN AD CALL 516-569-4000 PRESS 5

1110840

black forest auto works
 Brian E. Pickering
 20 Cottage Row, Glen Cove 676-8477

Chimney King, Ent. Inc.
 Chimney Cleaning & Masonry Services
 Done By Firefighters That Care
 chimneykinginc.com
 (516) 766-1666
FREE ESTIMATES
 • Chimneys Repaired, Rebuilt and Tuckpointing
 • Stainless Steel Liners Installed
 Fully licensed and insured
 Nassau • Suffolk • NYC

WIREMAN/CABLEMAN
 • Flat TVs Mounted • All Wires Hidden
 • High Definition Television Antennas Installed
 • Camera & Stereo Systems Installed & Serviced
 • Telephone Jacks, Cable TV Extensions & Computer Wiring Installed & Serviced
 • Surround Sound / Sound Bars
 • Commercial & Residential Repairs
CALL DAVE davewireman.com
 516-433-9473 (WIRE)
 631-667-9473 (WIRE)
 516-353-1118 (TEXT)
 Veterans 10% Off
FREE Estimates
 Lic 54264-RE
 All Work Guaranteed
 Credit Cards Accepted

15-YEAR RESIDENTIAL WARRANTY
ONE DAY GARAGE FLOORS
iPaint CONCRETE COATINGS
 • 4X STRONGER THAN EPOXY
 • NO HOT TIRE PICK-UP • 1 DAY INSTALLATION
 • WON'T CHIP OR PEEL • EASY TO CLEAN
 516.676.8469 • iPaintFloors.com

Family Owned & Operated
 Serving the North Shore Since 1988
Madison Taxi
 24/7 SERVICE
WE GUARANTEE ON TIME ARRIVAL
 • LOWEST PRICES
 • LOCAL & LONG DISTANCE
 • AIRPORT SERVICES (PICK-UP & DROP-OFF)
 • MULTI-LINGUAL DRIVERS
516-883-3800 www.MadisonTaxiNY.com
\$5 off ANY AIRPORT TRIP

JOB OPPORTUNITY
 \$18.50 P/H NYC • \$16 P/H LI
 CDPAP Caregiver Hourly Pay Rate!
 Under NYS CDPAP Medicaid program you can hire your family or friends for your care.
Phone: 347-244-7852

Back to Balance
 Dog Training & Rehabilitation
 We can help with: jumping, destructive behavior, biting, running away, pulling on leash, separation anxiety, puppy behavior & more
 backtobalancetraining.com
 because your dog is worth it.

DEMOLITION AND JUNK REMOVAL SERVICES
STRONG ARM CONTRACTING INC.
 We Rip-Out & Remove Anything & Everything! We Clean Up & Take Away!
 RESIDENTIAL & COMMERCIAL
516-538-1125
 FREE ESTIMATES

We Buy Antiques, Fine Art and Jewelry
 Same Day Service
 Free In-Home Evaluations
 40 Year Family Business
 Licensed and Bonded
Immediate Cash Paid
Syl-Lee Antiques
 www.syl-leeantiques.com
 516-671-6464

Expert Watch Repair
 • Repair, overhaul, and cleaning of fine timepieces
 • Crystal, battery, and watch band replacement
 Visit us for a **FREE** estimate!
 Sands Point Shop • 516-767-2970
 15 Main Street, Port Washington • SandsPointShop.com

UNWANTED CARS
QUICK CASH FOR ALL YOUR JUNK CARS, TRUCKS, AND VANS. CRASHED OR RUNNING CARS
 • NO TITLE • NO KEYS
 • NO PROBLEM
PROMPT SERVICE
CALL 631-255-8335

Dr. Efrat Fridman, LCSW
 Psychotherapist
 Individual, Couple and Family Therapy
 2 Pinetree Lane
 Old Westbury, NY 11568
 718-887-4400

TO ADVERTISE ON THIS PAGE

PLEASE CALL
516-569-4000 ext. 286

OR EMAIL
ereynolds@liherald.com

OPINIONS

Give thanks the election is over, and put the knives away

Besides the sad deaths of a quarter-million Americans, the pandemic claimed another victim this month: the re-election of President Trump.

Had the election been held in February, Trump would have won against any Democrat. Unemployment was historically low, there were more jobs than job seekers,



**JOHN
O'CONNELL**

incomes were up, 401(k)s were high, manufacturing was robust, deregulation liberated small business, he engineered a more assertive U.S. trade policy, no new wars were waged, hostilities were being reduced abroad, Middle East peace deals were coming and consumer

spending was strong.

Trump's February re-election wouldn't have been unanimous. Millions who prioritize the environment and climate change would have voted for a Democrat. People who disagreed with Trump's right-to-life stand would have opposed him. Citizens who find him repulsive wouldn't have voted for him. His obnoxious narcissism didn't help, though Gov. Andrew Cuomo's and former President Barack Obama's obvious vanity is overlooked by a worshipful media.

But the ante-pandemic Trump would have won. Even in November he garnered 4 million more votes than Obama did in 2008, 8 million more than Obama did in 2012, 8 million more than Hillary Clinton in 2016. Trump 2020 even beat Trump 2016 by nearly 11 million votes.

Yet still, to the cheers of nearly 80 million Biden voters, Trump is likely to have lost his re-election bid after his legal challenges conclude.

The virus exposed his myopic focus on the economy and jobs and his minimizing of other critical concerns. Trump all along has preached a gospel of nationalistic capitalism. John F. Kennedy's brilliant speechwriter, Ted Sorenson, once used the now famous aphorism, "A rising tide lifts all boats," in a presidential address. Trump not only believed in that theory, he achieved such an uplifted economy. Unemployment was at 3.5 percent in February, the lowest since 1969. Americans were working, getting paid more, saving more, spending more. The increased demand encouraged more trade under better trade deals, such as the U.S.-Mexico-Canada Agreement. Retirement savings plans were doing well, helping limited-income seniors feel more secure about paying their bills. Most people were living better: A pre-election poll —

that received little press attention — revealed that most people felt they were better off than they were four years ago.

Then the pandemic struck. Dr. Anthony Fauci, the director of the National Institute of Allergy and Infectious Diseases, told the president and the nation in January

that Covid-19 wasn't a major threat. That's all the rationale the country's CEO needed to continue prioritizing economic growth. He knew that a pandemic had the potential to reverse all of his economic accomplishments and cut America's flourishing growth off at the knees. While he took actions, like stopping incoming travel from China, ordering vaccine research and eventual distribution to commence at

warp speed, sending hospital ships to California and New York, and ramping up ventilator production, he eschewed leading a national, coordinated effort. Nor did he inspire an America-wide "Let's fight together" effort of mutual protection.

This lack of a federal-level, all-out war on the virus gave voters the impression that Trump saw the pandemic as an annoying distraction, eclipsing the sun from shining on his accomplishments. The virus wasn't a problem he could build, deal or fire his way out of. He ran for president to be the manager in chief, and he was good at it, but when the pandemic came,

we needed an empathizer and inspirer, a credible leader who could take — and eloquently explain — tough actions, and he wasn't that.

Covid-19 delivered the fatal wound. And when Trump caught the virus at the height of the campaign — probably by setting a poor example by not wearing a mask and ignoring social distancing — the spotlight narrowed onto his failure to lead, and all his achievements went dark.

He had fended off many cuts before. Long knives had been out even before Inauguration Day 2017: An indisputably far-left press in cahoots with social media moguls to censor MAGA speech; an infuriatingly condescending socialist elite; millionaire athletes and other entertainers; anarchists, arsonists and rioters disturbing the domestic tranquility and opposition-party conspiracies each drew blood. With little help, he prevailed against them all.

President-elect Joseph Biden's supporters can celebrate their victory this Thanksgiving weekend. Trump's fans should also be thankful, because the national pride they've relished for the last four years will prevail. Trump ignited it, but it was ours before him and will be ours after him. Reasonable patriots on both political sides make America great. We can all be thankful for that.

John O'Connell is a former executive editor of the Herald Community Newspapers. Comments about this column? OConnell11001@yahoo.com.

It wasn't easy: How I got to see my grandkids

The following is not a how-to for anyone else. It's just my story. We all have to maneuver our way through the grinding deprivations of the coronavirus as best we can.

We hadn't seen the kids or grandkids for nine months, since we were lucky enough to gather for an anniversary holiday in the Dominican Republic last February. Before we left for the D.R., we were worried about the mysterious and random deaths of tourists on the island over the year before. We didn't realize that the far



**RANDI
KREISS**

more deadly Covid-19 was already lying in wait there, and gaining ground in the U.S. We went, and everyone came home healthy, but toward the end of our stay we started hearing news about this novel coronavirus thing.

Having survived the D.R., we fully expected to go back to our lives and begin planning the next time we could see our children and grandchildren. We were on that imaginary road we all have in our

heads that rolls along into the future until we hit a wall.

Suddenly all of us got knocked sideways by Covid-19, and we began making adjustments and accepting life compromises we never could have imagined. Over the summer, we didn't visit our kids out West as we always do. We didn't visit the Florida kids, either, because Florida seems to be ground zero for foolishness when it comes to the virus.

We felt increasingly shocked and depressed by the stories of people toiling at risky jobs because they couldn't afford to stay home, at the same time caring for sick relatives and watching loved ones die. If you have a heart and a conscience, they keep hammering you to do something when there really was nothing to do except try to stay healthy and safe.

We stayed in touch with the family as the kids' schools closed down, and they appeared increasingly detached and sleepy and bored when we connected on Zoom or Facetime. We leaned in and asked questions and they answered, and their slightly distant politeness seemed to exacerbate the pain of separation and real communica-

tion.

A few weeks ago, my daughter in California said she wanted to visit and bring the kids. She really wanted to visit; I think she was worried that we might not be around forever. I suppose we're all feeling our mortality. And she was worried that Covid was getting worse and flying might become impossible.

As I wrote last week, we all decided that Thanksgiving was out of the question because of all the people who would be traveling over the holiday despite the warnings. We wanted to maximize safety.

My daughter flew three weeks ago. Two flights to get here: empty planes. Everyone in the airports and on board was masked. When they got here, they stayed in a rental rather than with us, and we lent them a car so we wouldn't drive anyplace together. They ate meals in their own place, although that's usually our best family activity.

It didn't feel good at all to pay for a rental when I have plenty of room for them. It felt worse to wear masks when we were together, to keep six feet of social distance, and not hug. After a nine-month separation, we didn't hug the people we love most in the

We invented the interlocking-elbow hug and the expressive-eyes love beam.

world.

The Florida kids came for 24 hours and stayed at a nearby hotel, just so the cousins could see one another before another year goes by.

We were together outside whenever possible, and when the weather was uncooperative we sat inside, apart, near open doors and windows. The kids spent a big part of each day going to school online at their rental space.

We invented the interlocking-elbow hug and the expressive-eyes love beam, and we went to parks when we could and walked around, taking in the fresh air and one another. I never noticed on Facetime how much they have grown this year, and how they carry themselves differently, and how one has become a bit more diffident as another displays a new boldness in the world.

We did it as best we could. I would say we never forgot the danger lurking among us. Our regimen was disciplined but not perfect. They flew back home a few days ago, having obtained proof of life and proof of love all around. It was a visit unlike any others: We all knew we were seizing a moment with no promise of when we could meet again.

Copyright 2020 Randi Kreiss. Randi can be reached at randik3@aol.com.

GLEN COVE HERALD

Established 1991
Incorporating
Gold Coast Gazette

LAURA LANE
Senior Editor

MICHAEL CONN
Assistant Editor

JUDITH RIVERA
ANGELA CALVO

Advertising Account Executives

OFFICE

2 Endo Boulevard
Garden City, NY 11530

Phone: (516) 569-4000
Fax: (516) 569-4942

Web: glencove.liherald.com

E-mail: glencove-editor@liherald.com

Twitter: @NSHeraldGazette

Copyright © 2020

Richner Communications, Inc.

HERALD

COMMUNITY NEWSPAPERS

Robert Richner

Edith Richner

Publishers, 1964-1987

CLIFFORD RICHNER
STUART RICHNER

Publishers

MICHAEL BOLOGNA

Vice President - Operations

SCOTT BRINTON

Executive Editor

JIM HARMON

Copy Editor

CHRISTINA DALY

Photo Editor

TONY BELLISSIMO

Sports Editor

KAREN BLOOM

Calendar Editor

RHONDA GLICKMAN

Vice President - Sales

ELLEN REYNOLDS

Classified Manager

LORI BERGER

Digital Sales Manager

JEFFREY NEGRIN

Creative Director

CRAIG WHITE

Production Coordinator

CRAIG CARDONE

Art Director

DIANNE RAMDASS

Circulation Director

HERALD COMMUNITY NEWSPAPERS

Baldwin Herald

Bellmore Herald Life

East Meadow Herald

Franklin Square/Elmont Herald

Freeport Leader

Glen Cove Herald Gazette

Long Beach Herald

Lynbrook/East Rockaway Herald

Malverne/West Hempstead Herald

Merrick Herald Life

Nassau Herald

Oceanside/Island Park Herald

Oyster Bay Herald Guardian

Rockaway Journal

Rockville Centre Herald

South Shore Record

Valley Stream Herald

Wantagh Herald Citizen

Sea Cliff/Glen Head Herald Gazette

Seaford Herald Citizen

MEMBER:

Local Media Association

New York Press Association

Published by

Richner Communications, Inc.
2 Endo Blvd. Garden City, NY 11530
(516) 569-4000

HERALD EDITORIAL

Giving thanks in 2020

In a year when so much has gone awry — so many lives lost, businesses battered, jobs vanished — it strains the imagination to think what we might be thankful for, particularly as the nation enters its second wave of the coronavirus pandemic. The coming months will likely be, as President-elect Joseph Biden has said, a “dark winter.”

Thanksgiving is, however, all about the audacious nature of hope.

The holiday, first celebrated in the fall of 1621, commemorates the struggle that the original Pilgrims faced and, against all odds, overcame in the New World — and the kinship they felt with the Native Americans who rescued them, helping to provide sustenance to a relatively small band of people who otherwise might have starved. The roughly 50 colonists at the original harvest celebration in Plymouth, Mass., were outnumbered by Native Americans two to one, according to History.com.

The 100 Pilgrims who arrived on the Mayflower had seen much death between 1620 and 1621: Some 78 percent of the women died during the first winter. Yet they persevered, and survived.

So shall the American people today — thanks in no small measure to our heroes

— the doctors, nurses, EMTs, firefighters, police officers, teachers, teachers’ aides, sanitation workers, railroad workers, subway and bus drivers, custodians, cooks, waiters and waitresses, supermarket employees and so many others — who have kept us safe, our education system up and running, and our economy moving. When many others were able to work from home, they put their lives on the line to do their jobs.

As a society, we should take a moment and reflect on their sacrifices over the past nine months.

We can also be thankful for our family and friends. We may not be able to shower them with hugs and kisses as we might want, but we can keep them in our thoughts and close to our hearts.

And we can be thankful for the miracles of modern science. Only 100 years ago, the 1918 pandemic ran wild for two years, killing 50 million worldwide, including 675,000 in the United States, according to the Centers for Disease Control and Prevention.

Thanks to technology that allows many of us to work remotely and socially distance, to date we have seen a tenth of the 500 million cases that the world did in

1918-19, and because of modern medical technology, the death toll thus far is one-fiftieth what it was then.

So, while the number of infections and deaths today is unacceptably high, it is not close to the level of suffering experienced a hundred years ago — and let us hope and pray that it remains that way.

Likely, it will. On Saturday, the innovative New York company Regeneron Pharmaceuticals received emergency-use authorization for its experimental antibody treatment for the coronavirus. President Trump received the treatment, and by all accounts it was highly effective. The drug is designed to prevent patients from becoming severely ill by imitating the body’s natural defense system. We can only say, wow!

If all goes well, the Regeneron treatment should prevent many deaths, enabling health officials to safely roll out at least one of the vaccines now in the pipeline without undue political pressure. By April, we could indeed round the corner on this terrible pandemic, says Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases.

Yes, there has been much despair this year, but there is much hope as well.

County does right by small businesses

We are pleased that Nassau County Executive Laura Curran is once again promoting small businesses ahead of the holiday season — which is vital this pandemic year.

Last Friday, Curran and county Industrial Development Agency Chairman Richard Kessel came to Rockville Centre to promote an innovative contest, aptly titled the Shop Safe, Shop Local Scavenger Hunt, and we are encouraging readers to take part in it.

The contest, which will be held for one week starting Saturday, will work like this: Complete four of eight tasks in your community, like buying breakfast at a local eat-

ery or making a purchase at a local shop, and take a photo of yourself — masked — at each location, along with the product you purchased and your receipt. Then email it to scavengerhunt@nassaucountyny.gov or share it on Facebook.

The first person who finishes all four tasks and registers them on each day of the contest will receive a \$100 gift card.

All purchases must be made at small businesses in a single community on the day of the contest. Online and delivery orders are eligible. The complete set of

instructions can be found at www.nassaucountyny.gov/shoplocal.

As we noted in last week’s editorial, “Remember to shop locally this holiday season”: “Despite the crisis, we encourage you to consider patronizing our mom-and-pop shops, many of which now offer their goods online. Abandoning our local businesses would be devastating on so many levels.”

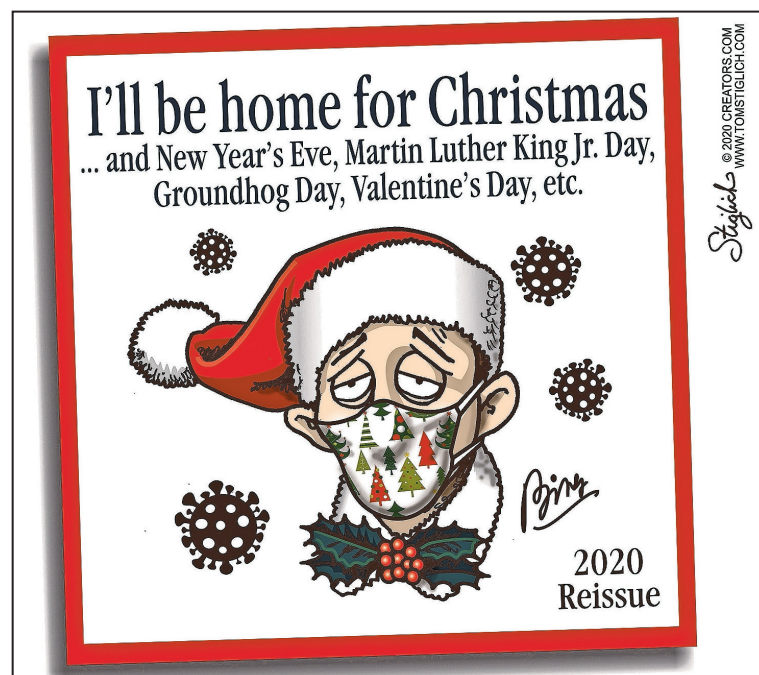
LETTERS

More praise for doctor’s column

To the Editor:

As Bob Prayer did in last week’s letters, I also applaud Dr. Eric Last’s column, “Surely we shouldn’t be fighting over wearing masks” (Nov. 12-18), on the urgency of wearing masks in fighting the coronavirus

pandemic. But while Last’s exhortation that we must “treat others as you’d want to be treated yourself” was well-intentioned, I believe it would fall on deaf ears when directed not only at those who, at this late date, scoff at the wearing of masks and social distancing, but also those who deliberately promote and take part in large, illegal social gatherings with no consideration of taking measures to counter the spread



© 2020 CREATORS.COM
WWW.TOMSTAJICH.COM

Stajich

2020
Reissue

OPINIONS

We need to pay attention to children's mental health

The coronavirus pandemic has created a variety of hardships that have left families and children in distress. Social isolation. A mounting death toll. An estimated 8 million Americans falling into poverty. We have entered uncharted territory, and uncertainty continues as cases continue to rise across the U.S.



SHARON SKARIAH

Grief is a normal reaction — grieving not just the loss of life, but also the loss of normalcy and freedom when a disaster occurs. So what happens when we add even more stress to families and their children, particularly when schools close?

The trickle-down effect of all this misfortune can dramatically weigh on kids, especially if they don't have access to mental health resources at home. Typically, mental health symptoms are identified at school, by their teachers and peers, social workers and guidance counselors.

Children need a routine and consistency. Remote learning and social isolation will continue to uproot them. Children

with autism also face challenges with irritability, anxiety and behavioral disturbances. And the erratic nature of schools' opening and closing (albeit temporarily) can have a lasting effect.

A recent study in *JAMA Pediatrics* showed that more than 22 percent of students in the Hubei province of China reported symptoms of depression, and more than 18 percent had anxiety symptoms, when schools closed for over a month. A second study, in the *Journal of Pediatrics*, determined that younger children (ages 3 to 6) were more inclined to show fear or clinginess, where older kids (6 to 18) were more likely to show inattention and persistent inquiry. Clinging, inattention and irritability were the severe psychological conditions demonstrated by children in all age groups.

School closures — short or long — are unfortunately bound to happen until a safe and effective vaccine is available. Prepare to take care of your child now.

First, children need outlets. In early childhood, play is important for development in the physical, verbal and emotional domains. Build that imaginary fort,

encourage storytelling, toast s'mores in your backyard. For adolescents, it's important that they develop their own sense of identity but also explore peer relationships. Encourage this — in a socially distanced, safe way.

Second, seek normalcy. The goal is to foster continued development, even if your children can't attend school in person. They want to feel safe — an important tool for parents to use during the crisis. Make sure you provide protection and consistency in an otherwise uncertain time. Talk to them about their feelings. Ensure their safety by creating an atmosphere of stability.

Third, adapt to the environment. Summer may be gone, but you can still enjoy the outdoors safely during the fall, and even on some nice winter days. When the extreme cold sets in, continue building on the elements of safety and fun you have already introduced. Have family game nights. Schedule a movie night. Cook and bake together as a family. Designate a reading hour. Although it may be colder, it's important to get exercise, so go for a walk or a hike or a brisk bike ride. There are also online exercises for kids, like yoga and others.

Fourth — and most important — pay attention. Younger children can't always express their distress, anxiety or fear. Their behavior may regress. Look for the signs, which include an increase in crying or neediness, more temper tantrums or somatic symptoms (headaches, stomach aches) than normal. Older children may also show increased anger and irritability.

If you think your children or adolescents may need a mental health professional, don't hesitate. They are acting that way because they need help. So watch out for them to verbalize any suicidal thoughts, ongoing sleep disturbances, a decline in overall functioning (hygiene, grooming), aggression or worsening substance use. If you see these signs, seek treatment.

Following these steps may help keep children mentally fit during one of our harshest times. Nothing can replace life as we knew it pre-Covid, but you can manage this new normal and keep your kids safe, too.

Sharon Skariah, M.D., is the director of child and adolescent psychiatry for Zucker Hillside Hospital. She is also an assistant professor at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell.

LETTERS

of the virus. The time for these selfish and greedy individuals to be reasoned with has long passed.

These people should be penalized for their actions, which continue to put the rest of us at even greater risk of acquiring the disease, and severe penalties should also be meted out to participants in these gatherings, not just their greed-bound organizers.

If anything, these miscreants should consider the 17th-century English poet John Donne's poem, telling us not to ask "for whom the bell tolls, it tolls for thee." They might also be reminded that, indeed, "no man is an island," as Donne wrote. It appears, though, that they do not realize or accept this concept, even though we are all in this fight — together.

ROBERT RUBALSKY
East Rockaway

We must protect communities of color

To the Editor:

The Washington Post last Friday published a new analysis of the impact of Covid-19 on people of color. It reported, "Nearly nine months after the virus exploded in

the United States, and amid big treatment strides, the disease continues to ravage African-American and other minority communities with a particular vengeance. Black, Asian, Native American and Hispanic patients still die far more frequently than white patients, even as death rates have plummeted for all races and age groups."

As Covid-19 continues to spread aggressively nationwide, it is crucial that government officials at all levels — federal, state and local — address the disproportionate impact of the pandemic on people of color. Immediate attention should be paid to issues such as the availability of testing facilities in communities of color, access to health care, inequitable treatment once access is provided and priorities for providing vaccines once they are available. The evidence is clear: Government owes it to all Americans to ensure fair and equal access to health care, regardless of race, in this pandemic — and always.

ELAINE GROSS
President, ERASE Racism

FRAMEWORK Courtesy Roni M. Chastain



The season's last splashes of color — Glen Cove

New benefits for 2021, with some of the lowest monthly premiums available!



FIDELIS CARE®

Our new Qualified Health Plan benefits help you choose how you stay healthy:

HSA-Compatible BRONZE plan

Use a Health Savings Account (HSA) to set aside money on a pre-tax basis to help cover and even lower your healthcare costs.

Dental and vision for children

Telehealth visits with \$0 copay

Talk with your Fidelis Care Representative today. We can answer all your questions and help you enroll by phone.

Now's the Time to Choose or Renew Your Coverage for 2021:

Enroll from November 1 – December 15, 2020 for coverage that begins January 1.



To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call 1-855-355-5777.



1-888-FIDELIS • fideliscare.org
(1-888-343-3547) TTY: 711

@fideliscare