

2.289

HERAL

When You're Having an "Out of Money Experience"

DEADLINE APPROACHING

MAIDENBAUM

THE LEADER IN PROPERTY TAX DEDUCTION

Apply online at mptrg.com/heraldnote or call 516.479.9171

Hablamos Español

Maidenbaum Property Tax Reduction Group, LLC 483 Chestnut Street, Cedarhurst, NY 11516

May No.

Virtually marking MLK Day in G.C.

Page 20



Fishermen upset by pier's closure

Page 9

00 JANUARY 21 - 27, 2021



Jennifer Corr/Herald

HELEN BREZIL'S GRANDDAUGHTER Lisa Lucatorto, far left, daughter Enid Brezil and granddaughter Diana Esquenet celebrated Helen's birthday through a window at the Regency at Glen Cove.

Regency resident Helen Brezil celebrates 100th birthday

By JENNIFER CORR

jcorr@liherald.com

On Jan. 12, Helen Brezil became the newest centenarian at the assisted-living facility the Regency at Glen Cove. She celebrated the big day with a birthday cake and decorations, but because of coronavirus restrictions, members of her family had to share the celebration from outside a window.

"I can't believe I'm 100

years old," Brezil said. "As a little girl growing up in the Bronx, to hear the age 100 was not imaginable. Now, look at me. I'm 100 years old."

Despite the physical barrier separating Brezil from her daughter, granddaughters and soon-to-be grandson-in-law, the love they shared was made evident in tears, waves, the blowing of kisses and the singing of "Happy Birthday To You."

"It's the first time I've seen

her in quite a while," said Helen's daughter, Enid Brezil. "I talk to her twice a day. And she looked beautiful. They take such good care of her. She has an aide who is just wonderful. She treats her like she's her mom. She makes sure she has the nails done and the hair done."

Helen said she has been a good and thoughtful person throughout her life, been blessed by, among things, six CONTINUED ON PAGE 5

Racing to get the vaccine

By JENNIFER CORR

jcorr@liherald.com

When the U.S. Food and Drug Administration issued the first emergency-use authorization for a vaccine that could prevent Covid-19 on Dec. 11, it created a

light at the end of a very long, dark tunnel.

But some eligible New Yorkers living on the North Shore have had difficulty making appointments to be inoculated at local hospitals, pharmacies and state-run sites. The state receives approximately 250,000 vaccines a week, and more than 7 million New Yorkers are now eligible for it.

"It's been a big challenge," said Glen Cove resident Howard Stillwagon, 72, a

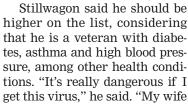
Vietnam veteran. "I tried to apply, and they said no because at that point they hadn't gone down to [age] 65."

After Jan. 12, when the state began offering vaccines to those 65 and older, Stillwagon tried again to make an appointment, only to be directed to a number of websites where he found no available appointments.

He spoke to his health care provider, to no avail. Then he tried the Veterans Affairs Medical Center in Northport. "I was

told they were just finishing their staff, the doctors, the nurses and the nursing homes out there," Stillwagon said. "I said 'OK, what's going to happen with us veterans?' They said they didn't know vet, and there were talks of doing it in the parking lot with the mobile units."





CONTINUED ON PAGE 3



Courtesy Glen Cove Hospital **DR. BRADLEY SHERMAN,**

medical director of Glen Cove Hospital, was given the inoculation.

Ask The Expert: MOLLY DEEGAN



With so much going on in the world today, I find a great deal of comfort in the notion of community. It can serve as an elixir for many of the problems and concerns we are experiencing in our everyday lives and businesses, and it allows us all to live a little on the same page despite our differences. To find our common humanity.

There is no question that Covid 19 has drastically changed the way we live. We have felt the isolation, the loneliness and sometimes the depression this pandemic has brought upon us, and we desperately crave "human connection".

While the residential sector of real estate in our area is thriving, many other sectors and businesses have suffered greatly. So, how do we make it through when the going gets tough?

Inman magazine recently published an article that resonated with me. In it they said, "creating a community is so much more than just connecting, but rather connecting **deeply** and **meaningfully**. Creating a culture of community will help everyone feel more appreciated, engaged and acknowledged — not just now, but always."

I couldn't agree more! Deep, meaningful connection is our clearest path forward.

A few ways we can cultivate this within our communities are:

- Try to inspire those around you. Take some time to encourage someone who might need it.
- Take time for SELF CARE. Meditate, walk, cook something new and different. Sometimes the smallest step makes the biggest impact.
- Show humanity and vulnerability. Ask someone how they are doing. You don't have to have any answers, just being present and empathetic, or being open to sharing your own feelings, is enough to feel less alone.

Maybe these suggestions seem like no brainers, but in practice, they can make a big difference. When people feel connected, they act as a positive force for themselves, and those around them.

If you have a question for one of our experts, give us a call or send an email to info@branchreg.com.



203 Glen Cove Avenue • Sea Cliff 516.671.4400 www.branchreg.com

HERALD NEIGHBORS



Photos by Jennifer Corr/Herald

REV. ROGER WILLIAMS of First Baptist Church of Glen Cove, fourth from left, stopped by the entrance of Glen Cove City Hall to pick up bags of hand sanitizer and masks for his congregants.

Distribution of masks and sanitizer

With cases of Covid-19 rising, the importance of wearing masks and washing hands is becoming crucial. A partnership between the Nassau County Office of Emergency Management and the City of Glen Cove will help ensure Glen Cove residents do both.

Joe Trimarchi of the OEM was able to secure thousands of masks and bottles of hand sanitizer for the City of Glen Cove. Glen Cove City School District students and City Council members helped make packs of re-usable masks and sanitizer, placing the packs in tote bags.

On Jan. 9, representatives from local organizations and churches stopped by the entrance of Glen Cove City Hall to pick up the tote bags. Among the churches and organizations that received Personal Protective Equipment that day were First Baptist Church of Glen Cove, the Glen Cove Senior Center and the Glen Cove Boys and Girls Club At Lincoln House.

There are still masks and hand sanitizer available for Glen Cove residents. Call

(516) 676-2004 for more information.





CHRISTINE RICE, THIRD from left, of the Glen Cove Senior Center, was able to pick up bags of hand sanitizer that she plans on distributing with the center's meal deliveries for members.

GLEN COVE CITY

Councilman Gaitley Stevenson-Mathews and Councilwoman Dr. Eve Lupenko Ferrante helped send off bags of sanitizer and masks to the Glen Cove Senior Center.

Getting a vaccine appointment is a challenge

CONTINUED FROM FRONT PAGE

has really bad asthma. I'm the one that goes to the supermarket a few times a week to get supplies. That's basically all I do."

Another veteran, Glen Head resident Robert A. Taylor, 83, had a different experience, however. "The process was simple," Taylor said, explaining that he went to the VA center in St. Albans, Queens, last Friday to receive his Phizer-BioN-Tech vaccine. "I was put into a little office with a nurse, and they had a syringe already in a plastic bag," he recalled. "It was all very safe. They had us sit for 15 minutes, because they said you could possibly have a reaction."

Taylor said he did not have one, and will return for his booster shot on Feb. 4. "I'm just grateful," he said. "I served my country, and this is just what you have to do, and I'm very proud of it."

Melissa Atkinson, a 75-year-old psychotherapist from Glen Cove, said that despite her age and the fact that she is an essential worker, she has been unable to make an appointment. "I'm frustrated and frazzled," she said.

Glen Cove resident Eva Jones, a dialysis nurse who works in a Covid-19 unit at a location she did not disclose, said she got her first dose on Jan. 7. "It was easy," she said. "I went to the ProHealth in Syosset. I had an appointment. I went in and a doctor administered it. I sat for 15 minutes to be observed, and that was it. I came home and I took Tylenol, and had no effects."

Jones said she had to advocate for herself to get the vaccine, because at first she was considered to be a third-tier priority, and she could not get any information on when she would be eligible. "I couldn't understand how a registered nurse treating Covid-positive cases could not be earlier than Tier 3," she said. State Assemblyman Chuck Lavine's office helped Jones get the information and guidance she needed to make an online appointment.

Lavine said his office has been trying its best to help eligible people get vaccines amid all the confusion about their distribution. "This all starts at the top," he said, referring to the departing administration. "The chaos over the federal distribution of the vaccines was predictable."



ourtesy Glen Cove Hospita

DR. USMAN KHAN, left, Dr. Scott Bodner and Dr. Danielle Rosemond, three physicians at Glen Cove Hospital, got their vaccinations, and were given cards certifying that they had done so.

Vaccine distribution

Vaccines developed by Pfizer and BioN-Tech, along with Moderna, are available at pharmacies, hospitals and through local health departments statewide, as well as a network of state-run sites distributing vaccines.

Vaccines are available in phases. New York is currently in Phase 1a and initial groups from Phase 1b.

Eligible New Yorkers in Phase 1a and 1b

- Health care workers. High-risk hospital workers, staff at nursing homes and other congregate care facilities, federally qualified health center employees, EMS workers, urgent care providers, individuals administering Covid-19 vaccines, all outpatient/ambulatory front-line, high-risk health care workers, staff of nursing homes.
- Residents of nursing homes and other congregate care facilities.
- Coroners, medical examiners and certain funeral workers.
- Individuals 65 and older.

- First responders and support staff for first responder agencies.
- Public safety communications.
- Other sworn and civilian personnel.
- Corrections.
- In-person college instructors.
- Pre-K through 12th-grade school faculty, staff and contractors.
- Grocery store workers.
- Child-care workers.
- Public transit.

- Individuals living in homeless shelters where accommodations must be shared by families not in the same household.
- Individuals paid or unpaid working in homeless shelters.

For more information and to check eligibility, go to www.Covid19vaccine.health. ny.gov or call the New York State Covid-19 Vaccination hotline at (833)-697-4829.

New York State Department of Health

Insurance policy to protect city and taxpayers

By MIKE CONN

mconn@liherald.com

The City of Glen Cove has entered into an insurance policy with U.S. Specialty Insurance Company, Mayor Tim Tenke announced during the City Council's Jan. 12 meeting, that aims to prevent taxpayers from having to pay off damages in the event of a catastrophic event involving city employees, vehicles or equipment. The motion was passed unanimously among councilmembers.

The city is set to spend \$53,833 per quarter, or \$215,332 annually, on the policy, Tenke said, which comes from the city's insurance fund this year and will be accounted for in every yearly budget moving forward. He said the city would be covered for up to \$11 million in damages under the new insurance policy.

An example of a catastrophic event, Tenke said two days after the meeting, would be if a Glen Cove Fire Department truck were racing to a fire and got in a car accident, resulting in the serious injury or death of somebody in the other car. If the city were still self-insured and courts ruled that the incident was the fault of the city's employee or vehicle, the city would likely have to float a bond to pay for damages, which Tenke said could exceed \$10 million in certain situations. He said this could then result in an increase of taxes for city residents. With the new insurance



Christina Daly/Heraldt

MEMBERS OF THE Glen Cove City Council said the city's new insurance policy will provide peace of mind for its residents.

policy, he said, residents would not have to worry about paying for such damages.

"I think it's a great start to start looking at our future and being fiscally responsible to the residents," Tenke said. "I think this is a great first step and I'm very proud of the council for agreeing with this and voting for it unanimously and supporting it on behalf of the residents."

"Being an attorney in the insurance industry, I know how important it is,"

Tenke later added. "Insurance is never glamorous, but when you need it, you're very happy that you have it."

Tenke noted that the City of Long Beach was recently found liable for roughly \$131 million in damages in a case that goes back 31 years by the Nassau County Supreme Court. Though the city is filing an appeal, the fact that it is self-insured could put the onus of paying for the damages on Long Beach residents, he said.

Councilman Rocco Totino said he also

works on the legal side of insurance with Ferro & Stenz, a Westbury-based law firm, working as legal counsel for GEICO. He is all for the new policy, he said, because is important for the city's taxpayers to know they are covered in the event of something catastrophic. Instead of potentially spending millions of dollars in damages, he said, the city is spending just over \$200,000 a year, which he said will strongly benefit residents for years to come.

"Taking this route and having this amount of coverage," Totino said, "definitely helps us out in the long run if there were a significant claim against us."

Councilwoman Marsha Silverman added that the policy also protects the city if somebody were to get hurt in a city building. This, along with the risk of potential catastrophic events like car accidents, gives the city a great deal of liability.

In a worst case scenario, Silverman said, the city going bankrupt would be a possibility if it were still self-insured. She said the new policy would prevent that from ever happening.

"I hope we never have to actually put a claim into it but God forbid, if we do, if something happens, the city is protected," Silverman said. "It's a real positive for everybody."

Darwin Yanes contributed to this story

CRIME WATCH

G.C. driver hits G.C. pedestrian who suffers multiple injuries

A car hit a pedestrian at the intersection of Glen Street and Pearsall Avenue in Glen Cove on Jan. 18 at 11:28 a.m. Vincenza Maruca, 87, of Glen Cove, was crossing Pearsall Avenue when the accident occurred. He suffered multiple injuries, including head and hip trauma. He was transported to Manhasset Hospital by Glen Cove Emergency Medical Services.

The 67-year-old driver, also from Glen Cove, remained at the scene of the accident.

"This was an unfortunate accident, there was no criminality involved," said Detective Lt. John Nagle, spokesman for the Glen Cove Police Department. "The driver remained at the scene and was cooperative with the investigation."

Arrests

- A On Jan. 11, a 40-year-old Glen Cove male was arrested for obstruction of breathing and endangering the welfare of a child on Skunks Misery Road.
- On Jan. 14, a 20-year-old Glen Cove male was arrested for criminal contempt in the second degree on Duck Pond Road.
- On Jan. 15, a 53-year-old Glen Cove male was arrested for criminal mischief in the fourth degree on Sea Isle Landing.
- On Jan. 16, a 28-year-old Glen Cove male was arrested for unlawful fleeing from a police officer in a motor vehicle, aggravated unlicensed operation in the third degree and failing to signal on Dosoris Lane; and two open warrants.

People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.



HERALD

HOW TO REACH US

Our offices are located at 2 Endo Blvd. Garden City, NY 11530 and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday,

MAIN PHONE: (516) 569-4000

- WEB SITE: glencove.liherald.com
- E-MAIL: Letters and other submissions: glencove-editor@liherald.com
- EDITORIAL DEPARTMENT: Ext. 327 E-mail: glencove-editor@liherald.com Fax: (516) 569-4942
- SUBSCRIPTIONS: Press "7" E-mail: circ@liherald.com Fax: (516) 569-4942
- CLASSIFIED ADVERTISING: Ext. 286 E-mail: ereynolds@liherald.com Fax: (516) 622-7460
- DISPLAY ADVERTISING: Ext. 249 E-mail: sales@liherald.com Fax: (516) 569-4643

The Glen Cove Herald USPS 008886, is published every Thursday by Richner Communications, Inc., 2 Endo Blvd. Garden City, NY 11530. Periodicals postage paid at Garden City, NY 11530 and additional mailing offices. Postmaster send address changes to Glen Cove Herald, 2 Endo Blvd. Garden City, NY 11530. Subscriptions: \$50 for 1 year within Nassau County, \$60 for 1 year out of Nassau County or by qualified request in zip codes 11542, 11545, 11547, 11548 or 11579 Copyright © 2021 Richner Communications, Inc. All rights reserved.

A 'class act,' Regency's Helen Brezil turns 100

CONTINUED FROM FRONT PAGE

great-grandchildren. "I am very lucky," she said.

"It's just really incredible to witness this and to see what a milestone this is," said her granddaughter Lisa Lucatorto. "It's rare that people get to celebrate this, and we're so fortunate to have this incredible woman as the leader of our family. We still get to see her smiling every day."

Enid described her mother as someone who has always looked forward and never back. She said she believed it was Helen's positive outlook on life that enabled her to reach this landmark. "If you have a bad day," Enid said, "she'll make your day great, because she'll [tell you] why you should be happy."

Helen grew up in the Bronx. When she was young, she had to become a caregiver for her four brothers because her mother suffered from glaucoma, which eventually blinded her. Helen has only one surviving younger brother, who is 85 and lives in North Carolina.

She met the love of her life, Jack Brezil, over eight decades ago, and they married in 1940. They raised two daughters, Enid and Jerri, in Manhattan, and later moved to Queens. Helen wanted to provide more for her daughters then she had growing up, and for decades she worked as a secretary at the Internal Revenue Service.

Jack died in 2010, and five years later Helen moved to the Regency. "She has a lot



Jennifer Corr/Herald

ENID BREZIL CHATTED with her mother inside the Regency, wishing her a happy birthday and telling her she looked beautiful.

of friends," Lucatorto said. "She is well loved here. You could see that they love her."

Brezil attends Shabbat services every Sunday, and was even able to celebrate a belated bat mitzvah with fellow Regency residents. "As a young Jewish girl in the 1930s, it was unheard of for a girl to have a bat mitzvah," she said. "To be able to have a bat mitzvah in my 90s was a day I will

never forget."

"She's just a class act," said Stella Shank, the Regency's longtime director of special projects. "Always smiling, always very appreciative. All the residents know her, and if it was a normal Regency day, we'd be having a big birthday bash with all the residents downstairs, but obviously with Covid, we've had to limit that. She's just someone fun to be around."



HELEN BLEW HER family members many kisses.

Brezil exercises almost every morning, Shank said, and often gets her hair and nails done. And, along with almost all of the Regency's residents, she will get her first Covid vaccination next week.

Her family members said they were looking forward to when there would no longer be a window between them. Helen herself often tells them that better days are ahead.

"I am a happy woman," she said. "I am appreciative of my life's blessings and my family. At the end of the day, that's what we have our family."



COMMUNITY UPDATE

Thursday, Jan. 21

Learn to be a spy

For children in kindergarten through second grade. Children can go undercover and learn how to write in secret letter and invisable ink, puzzle out spy decoders and make a mask. For more information, visit www.goldcoastpubliclibrary.org or call (516) 759-8300.

Friday, Jan. 22

Indian Pottery of San Ildefonso

Garvies Point Museum & Preserve, 50 Barry Drive, Glen Cove at 11 a.m. and 1 and 3 p.m. As part of the Native American Film Series, the 30 minute "Indian Pottery of San Ildefonso" documentary will be playing. Those over the age of 4 must wear masks and space is limited, so patrons should reserve their spot in advance. Museum admission is \$5 for adults and \$3 for children age 5 to 12. For more information, call (516) 571-8010 or visit www.garviespointmuseum.com.

Yoga with Morgan Rose

Virtual yoga class every Friday through April 10 at 9 a.m. Instructor Morgan Rose will be hosting virtual yoga classes. Register online at www.bayvillefreelibrary.org. The classes can be watched live over Zoom or at the patron's convenience, as the classes are recorded. The cost of the series is \$68 payable by check to the Bayville Free Library, 34 School Street #B, Bayville. For more information, call (516) 628-2765.

Saturday, Jan. 23

Yoga and meditation

Planting Fields Arboretum, 1395 Planting Fields Road, Oyster Bay from 9 to 10 a.m. Warm up the mind, body and spirit this winter season. There will be a yoga and meditation session in the historic Great Hall, led by instructors from Oyster Bay/Glen Cove Yoga. Masks are required during the session and mats and other equiptment will be stationed six feet apart. Screening questions will be asked upon arrival. Cost is \$10 to



Baikanthapur Tea via Wikimedia Commons

'Tea Across Time'

Virtual event on Jan. 26 at 7 p.m. The Bayville Free Library will be hosting Patty Hamrick, who studies Archaeological Anthropology. From the comfort of the couch, learn about how tea is grown and processed, the history of its global spread and where it comes from today. To register, visit www.bayvillefreelibrary.org or call (516) 628-2765.

\$18. For more information, call (516) 922-9210 or visit www.plantingfields.org.

Indoor winter market

Village Square, 100 Village Square at Bridge Street, Glen Cove. Farmers market from 10 a.m. to 2 p.m. The Sea Cliff/Glen Cove Winter Market offers a selection of locally grown vegetables, eggs, along with fresh baked bread, sweets, honey and other goods. Most products grown or produced on or near Long Island. For more information, call (516) 318-5487.

Sunday, Jan 24

'History of Jews in New York City'

Virtual lecture from 7 to 8 p.m. The Holocaust Memorial & Tolerance Center of Nassau County presents a series of four talks, given by Dr. Thorin Tritter, HTMC's museum and programming director, that will focus on the history of Jewish people in New York City. The lecture on Jan. 25 will focus on a look at early Jewish settlers in the Dutch colony of New Amsterdam and some of their experiences up to the American Revolution. Lectures on Feb. 1, 8 and 22 will follow. Admission is \$10. For more information, call (516) 571-8040 or visit www.htmcli.org.

Monday, Jan 25

'The Joy of Collage'

American Legion, 190 Glen Head Road, Glen Head at 4:30 p.m. For children in grades kindergarten through fifth grade, there will be a one-hour introductory collage class open to all skill levels. Each participant will learn the tech-

niques needed to make a masterpiece out of paper. Another class will be held for adults at the same location at 6:30 p.m. For more information, visist www. goldcoastpubliclibraryorg or call (516) 759-8300.

Tuesday, Jan 26

Virtual gala and concert for HMTC

Virtual gala and concert from 6:30 to 7:30 p.m. The Holocaust Memorial & Tolerance Center of Nassau County is presenting a virtual gala concert starring internationally known Israeli singer and Broadway star Dudu Fisher. The gala will also honor HTMC's founder and Holocaust Survivor, Boris Chartan, with a Lifetime Achievment Award. Gala hosts, David Langer and Dr. John Boockvar, stars of the Netflix original series "Lenox Hill," will also be honored.

Tickets are \$72 and sponsorships are available. For more information, call (516) 571-8040 or visit www.htmcli.org.

Wednesday, Jan 27

War World I and Hollywood'

Virtual lecture at 7 p.m. Hosted by the Gold Coast Public Library, Keith Crocker will present vintage film clips of both silent and early sound excursions into the subject of War World I, starting with the propaganda films of D.W. Griffith and Eric Von Stroheim. Films and made-for-television productions dealing with the war will also be discussed later on. For more information, visit www. goldcoastpubliclibraryorg or call (516) 759-8300.

Thursday, Jan 28

ESL Beginner, Intermediate class

Virtual classes from the Locust Valley Library. The intermediate class will take place from 5:30 to 6:45 p.m. and the beginner class will be from 7 to 8:30 p.m. Learn basic English for everyday situations and to improve listening skills. For more information, call (516) 671-1837.

HAVING AN EVENT?

Items on the Community
Update pages are listed
free of charge. The Herald
welcomes listings of
upcoming events,
community meetings and
items of public interest.
All submissions should
include date, time and
location of the event, cost,
and a contact name and
phone number. Submissions
can be emailed to
jcorr@liherald.com

5 things to know about your town

- The Glen Cove City Council will hold a public virtual meeting on Jan. 26.
- LVCSD has vacancies for substitute teachers. Visit www.lvcsd.k12.ny.us.
- Sea Cliff Architectural Review Board meeting to be held Jan. 25.
- Oyster Bay Youth Ice Hockey Program Session 2 will begin Feb. 6.
- City of Glen Cove has launched a new website at www.glencoveny.gov.

Portledge School Early Childhood Virtual Open House



Join us via zoom on January 27th at 9:30AM to learn about Portledge School's Early Childhood program! Meet an Early Childhood teacher and Program Director, Leigh DeMaria to learn more about how we teach little ones to think, discover their voices and to love school. See a lesson that demonstrates the wonders of the Reggio Emilia program and how your child too can find joy in learning as they explore create and excel with us at Portledge School.

PRE REGISTRATION IS REQUIRED AT PORTLEDGE.ORG/REGISTER

For more information contact, Melissa Worth at 750-3104.

CAN'T MAKE THAT DATE?

Call for a personal zoom or in person tour date.











MSSN doctors offer Covid-19 vaccine updates

By MIKE SMOLLINS

msmollins@liherald.com

Though it could take many months for the Covid-19 vaccine to reach the majority of people, a number of physicians remain optimistic about the progress made so far.

"We hope we will have enough vaccine for everybody in the next few months — that's months plural," said Dr. Aaron Glatt, the Department of Medicine chairman and chief of infectious diseases at Mount Sinai South Nassau hospital in Oceanside. "Until then, people have to make sure they're practicing how to stay safe and healthy."

Wearing a mask, Glatt appeared alongside MSSN Chief Medical Officer Dr. Adhi Sharma in a MSSN triage tent for a Jan. 14 Facebook Live session, at which the doctors updated the public about the vaccine and the latest on the coronavirus, as well as fielded viewers' questions. They stressed that those seeking a vaccine should not call the hospital or show up and wait in line, but should check the state Department of Health's website to set up appointments and get the latest news.

The doctors urged patience for those who are eager to get a Covid-19 vaccine, but have been unable to so far, noting that New York state only gets 300,000 doses per week, and nearly 20 million people need to be inoculated. They added that those who get a certain vaccine for their first dose (either Pfizer-BioNTech or Moderna) should receive the same type for their second, and they should be inoculated at the same facility each time.

Glatt cautioned that the vaccine takes 10 days to take effect, and that the Centers for Disease Control and Prevention advised people who cannot be vaccinated again in two weeks to get it as soon as they can, but should not restart the series if more than two weeks pass.

The doctors also urged people not to act as though they are immune to the virus because they have been vaccinated,



Peter Belfiore/Herald

DR. ADHI SHARMA, left, Mount Sinai South Nassau's chief medical officer, and Dr. Aaron Glatt, the hospital's Department of Medicine chair and chief of infectious diseases, gave an update on the coronavirus pandemic and the Covid-19 vaccine during a Jan. 13 Facebook Live session. Above, the doctors at an event before the pandemic started.

even though the two vaccines have been shown to be more than 90 percent effective in clinical trials. Glatt said the science is not there yet to determine whether someone can be vaccinated and still be a Covid-19 carrier, so people should continue to wear masks after they have been inoculated. Research will determine the vaccines' efficacy in time.

As of Jan. 14, MSSN had more than 100 Covid-19 patients in the hospital and was offering rapid testing, vaccinating those who were qualified and treating non-Covid patients who were in separate units of the hospital.

"We are certainly seeing a second surge relative to the holiday period from Thanksgiving to Christmas to New Year's," Glatt said. "It looks like there were a lot of events and people were exposed." He added that doctors believed the number of cases would decline in the coming weeks as more people return to avoiding mass gatherings and continue to mask and social distance.

Sharma said many Covid-19 patients were in critical care, and he lauded the hospital staff for its hard work. "Whatever we can do to stem this tide, we're doing it," he said.

With many pregnant women hesitant to receive a vaccine, Glatt said it was more dangerous for them to risk getting

Covid-19 than to be inoculated, and there was no evidence of the vaccines being dangerous to pregnant women or causing infertility. He added that even though pregnant women were not included in the clinical trials to develop the vaccines, 12 people involved in them did become pregnant after and have shown no issues so far.

The doctors also noted that the vaccines could be taken with blood thinners, and those with allergies can, for the most part, receive either of the two vaccines; however, people with a history of allergic reactions to vaccines should exercise caution. Studies are also underway to determine the vaccines' effect on children and teenagers under 16 years old, they said.

The vaccines have also been effective against the new strain of Covid-19, Glatt said, adding that even those who have had the virus should be vaccinated after waiting 90 days after recovering from the illness. Additionally, Glatt said, a person can get a Covid-19 vaccine and receive another inoculation, such as the shingles vaccine, but should separate the shots by two weeks.

Glatt said that while the slow distribution of the coronavirus vaccine is frustrating, people should be patient and work together to end the virus.

"We don't control the flow of the vaccine," he said. "It's all federal and flows through the state, and each state has a different distribution plan. Everyone is working really hard. There's no bad guy here. We've cleared out every dose of vaccine that we have. We'd love to have more, we'd love to give out more, but it's coming."

Key points

Dr. Aaron Glatt and Dr. Adhi Sharma offered the following answers to frequently asked questions about the Covid-19 vaccine:

- Those who are looking to get a Covid-19 vaccination at Mount Sinai South Nassau hospital should not call or show up to the hospital; they should visit the state Department of Health's website to see availability.
- Those who receive a certain vaccine for their first dose (either Pfizer-BioNTech or Moderna) should get the same type for their second, and they should be inoculated at the same facility each time
- The Centers for Disease Control and Prevention recommends that people

receive both doses within 14 days, but people who cannot should get their doses as soon as they can after the two-week period. If two weeks pass, they should not restart the series by getting the first dose again.

- There have been no issues found in pregnant women, those on blood thinners or anyone with allergies, though those with a history of allergic reactions to vaccines should exercise caution and inform the staff.
- Tests are under way to see if the vaccine causes any issues for teenagers and children under 16.
- Those who are vaccinated should wear masks and practice social distancing because they could still be carriers.

Representative Rice calls for Capitol metal detectors

Following the recent deadly domestic terrorist attack on the U.S. Capitol, Rep. Kathleen Rice, a Democrat from Garden City, and Rep. Jared Huffman, a Democrat from California, sent a letter to House Speaker Nancy Pelosi and others, calling on congressional leaders to install magnetometers, or metal detectors, at the Capitol permanently.

The letter, co-signed by 25 of Rice and Huffman's colleagues, came after reports that congressional members were allegedly armed on the House floor on the day of the attack in what would be a violation of existing House rules. It also reiterated Huffman's request to ban members from carrying firearms on Capitol grounds.

"I want to thank Speaker Pelosi for installing magnetometers outside the House floor after [the recent] insurrection and for her announcement that members of Congress who refuse to use them could face hefty fines," Rice said. "While there are already existing rules preventing firearms on the House

floor, it is apparent that several of my colleagues have no intention of respecting them. Requiring members to pass through magnetometers is a necessary security measure, and I believe this change must be made permanent to ensure the safety of all who work on the House floor."

"Threats of political violence are on the rise, even from within our own ranks. There is a long-standing rule preventing members from bringing guns to the House chambers, but it is becoming more and more clear that some of my colleagues choose to flout the rules," Huffman said. "Requiring members to go through magnetometers before entering the House floor is a necessary change, and I believe this baseline, commonsense security measure should be made permanent. Members of Congress are not above the rules, and we should be held to the same standards as every other person that enters the Capitol."

Pryibil Beach pier closed for repairs

By MIKE CONN and JENNIFER CORR

mconn@liherald.com, jcorr@liherald.com

The pier at Prybil Beach in Glen Cove is closed for repairs for the foreseeable

Mayor Tim Tenke said scuba divers discovered that some areas of the pier were broken during a beach cleanup earlier this month. He said the city hired engineers to investigate, who found that several areas of the pier were either broken. weakened or completely detached from the pier itself.

Some of the timber columns which hold up the pier have been worn down due to pounding waves and storms, Tenke said, making the pier an unsafe place for people to walk. The columns need to be reattached and re-secured before the pier can be used again.

"I'm not saying that it's an imminent risk of collapse," Tenke said, "but let's not push our luck and tempt fate.'

Tenke said the city would likely have an idea of the repairs' cost next month and work would begin as soon as possible. In the meantime, residents can fish from the beach.

Some residents were not happy with the closing of the pier, saying that it is one of the few spots for local fishing enthusiasts to go.

Anthony Esteves said it wasn't long before the Pryibil Beach pier closed that



Courtesy City of Glen Cove

THE PRYIBIL BEACH pier will remain closed for repairs until further notice.

he was fishing there, adding that he was shocked to see it closed.

"Up until late October you had 20 to 30 people fishing off that pier," Esteves said. "It's a very popular fishing spot and quite frankly the only decent one we have in Glen Cove. It's probably the best fishing spot on the entire Gold Coast."

Many anglers like himself take what they catch and bring the fish home to stock their freezers. Esteves said that fish is also given to local, less fortunate fami-

He agreed that the pier is in need of repairs but disagreed that it was at risk for collapsing. The pier should not be closed until the repairs are ready to be made, he reasoned.

"People pay a lot of money to live in this town," he said. "A lot of people who do not fish, they like to go see those million dollar sunsets at the end of the pier. It's a de-stressor; it's inspirational for artists and writers. It's nice to have the fresh

Fellow Glen Cover Adam Sotiryardis, an avid fisherman, said he prefers to fish to the left or the right of the pier during high-tide, which brings him the best results. But while he understands the need for the repairs, the closing of the pier, he said, speaks to the restricting of access to bodies of water for fish enthusiasts across the North Shore and across Long Island.

"Glen Cove is closing that parking lot at 9 or 10 p.m. and most of the fishing that people are trying to do at that pier is for nocturnal fish," said Sotiryardis, a member of several fishing organizations. "We're Long Islanders. We choose to live here because we're surrounded by water and we have access to fishing. But in the last 40 years, as areas off Long Island have become more affluent, people want to limit the access to the water."

Morgan Island comes to mind when thinking about limited access, he said. There are two legal fishing spots there with no parking on either side of the

To prevent more limited access to fishing, he said, the pier should be completed before fishing season begins again in the spring. "On April 15, everyone wants to go out and fish for striped bass," he said.

It is not clear when the repairs on the pier will be finished.



Inter Agency Council of Glen Cove

An Association of Human Service Agencies • Since 1971



The Inter Agency Council of Glen **Cove is Celebrating 50 Years of Delivering Human Services to the Glen Cove Community**









The Glen Cove IAC includes community leaders representing a variety of human and social service agencies serving the Glen Cove area. It reflects Glen Cove's rich cultural, ethnic and religious diversity and meets monthly to identify and address changing needs in the community.



Picture Yourself Here Next Summer



It's more than a home, it's a lifestyle. Year-round, resort-style living in Nassau County.

Country Pointe Plainview is an extraordinary community of exquisite brand new homes and exceptional amenities unmatched anywhere else in New York. Offering impeccable designs, superior construction and zero maintenance — you'll effortlessly fuel an unparalleled, more rewarding life every single day.

Priced from the upper \$600,000's* | Condominium suites, villas & townhomes
Walking distance to Country Pointe Plainview Shops | 29,000+ sq.ft. clubhouse
Two outdoor heated pools | Fitness center | Bocce & Tennis courts | Concierge service
Adjoining over 50 acres of park, the Greenbelt and walking trails

Call now, limited townhomes and villas remaining | 55+ resort-style community

Open 7 days a week for in person or virtual appointments



BeechwoodHomes.com | 516.619.8135

1427 Old Country Road, Plainview, NY 11803





Attend a virtual OPEN house

atholic elementary schools will be offering online open houses for Catholic Schools Week this year.

The global pandemic identified the strengths and weaknesses of schools and school systems in a way that had been previously unimaginable. Only a handful of schools were prepared to immediately move to remote learning, and fewer still were able to both execute a great remote program and then return their full compliment of students back into safe classrooms in the fall.

All of Long Island's Catholic Elementary Schools were among this exclusive group.

Now, almost a year from the onset of the pandemic, Catholic schools are celebrating Catholic Schools Week, the part of the school year where most families who were considering the advantage of a Catholic education get to visit and select which school is right for their children.

A Catholic Schools Week like none before

Because Long Island's Catholic schools make the safety of their current students and families the first priority, most schools have moved away from the large group celebration of Catholic education that has defined previous Open Houses.

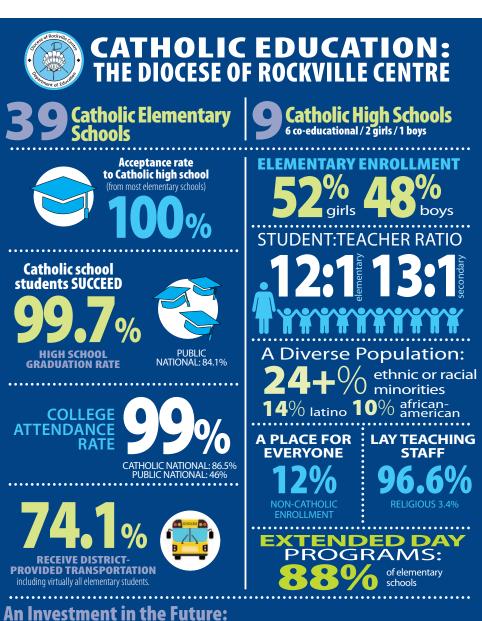
So how does a family looking for something better find a school this year?

This year Long Island's Catholic Elementary Schools are supporting the interests of aspiring families through a combination of virtual and in-person visiting opportunities.

licatholicelementaryschools.org
website: A visit to the central website for
Long Island's Catholic Elementary Schools
provides general insight into the advantages of a Catholic education, identifies
some of the key differences, and identifies
how the schools are organized to serve
students from Nursery School through
Eighth Grade. There are maps and
descriptions showing the locations and
summary information on each school,
and information on how to register and
the financial aid available to support you.
You'll find links to each school's website
and directions to locate each school.

School websites: Catholic Elementary Schools have websites that offer exceptional insights into each school community. On the school website you'll read about the mission and vision of the school, 'meet' the Principal through letters and regular communications with parents, learn about how the school is organized to address the needs of Early Childhood, Elementary and Middle School students and learn about the various sports, clubs and extracurricular activities available. Class pages describe the





Average tuition: elementary, \$5400; high school, \$11,000

TECHNOLOGY-ENABLED INSTRUCTION

100% of schools have Internet access • **100%** of schools utilize mobile devices (iPads or Chromebooks) • **100%** of students have access to

Google's G-Suite applications for education

educational focus at various levels and communicate the assignments and day-to-day activities. The school website will also provide insight into how parents can participate and support their child's education. Look for the 'I'm New' tab on the school's website.

Virtual Video Tours: Many schools have worked to facilitate your needs during the pandemic by putting together virtual video tours to give you a look inside their facilities, to allow you to meet some of their key staff members, and to give you a sense of the esprit-de-corps of their community.

Live Virtual Tours: During Catholic Schools Week, many schools will stage live online events to give you a chance to both see the facility and learn the academic, social and spiritual advantages the school offers. These sessions, lasting approximately 45 minutes will allow you to meet the principal, key staff members, and often parents from each community. The school will post the schedule of these events and allow you to select the time that works best for you.

One-On-One Virtual Visits with the Principal: Your student(s) needs are unique, and some of the advantages of Catholic school are individualized attention and differentiated instruction to meet each child's needs. You can schedule a one-on-one meeting with the principal of the school you select and be confident that your child(ren) will thrive in the environment.

Individual Family or Small Group
Tours: Some schools will offer visiting
times when small group tours will be
accommodated. These require an appointment. Tours will take place during scheduled windows when the school and the
classrooms will be open, and when teachers and staff will be available to answer
your questions. Often these are afternoons
or weekends when the school is scheduled
be deep cleaned prior to the students'
return. Faculty and staff place the continued safety and health of our current students and families above all else.

While the way prospective families will review and interact with the schools has changed, the Catholic school difference of addressing the 'whole child', academically, socially and spiritually remains. Visit the school's web site to schedule to visit virtually or in-person to see why a Catholic elementary education will help your student succeed in high school, in college, and in life. A Catholic education is an advantage that lasts a lifetime. Plan to learn more about the advantages of a Catholic elementary education this Catholic Schools Week.



OPEN HOUSE COGNIC

JANUARY 31, 2021 11AM-1:00PM FEBRUARY 3, 2021 5:30PM-7:00PM





CALL THE ADMISSIONS OFFICE TO SCHEDULE YOUR TOUR TIME 516.922.4888 WWW.STDOMS.ORG

Catholic Schools Week Virtual Open Houses • Jan. 31-Feb. 6

This year, our Open Houses will be at your house.



Attend a virtual Open House, and see the Catholic School difference from the comfort and safety of home.

To find a Catholic Elementary School near you, visit **www.LlCatholicElementarySchools.org**, and click on "Find A School".





The value of learning. The learning of values.

Www.LICatholicElementarySchools.org

The education you want for your kids, the Catholic Values you trust.

We know first-hand the value of a Catholic education. In order to help you pay for your children's school tuition at times of hardship, Ocean Financial is happy to provide a Catholic School Tuition Loan.

Available for grammar and high school education.

Maximum loan amount of \$7,000 or the annual tuition, whichever is less.

Payment terms of up to 36 months.

RATE AS LOW AS

FOR UP TO 36 MONTHS



Oceanside Branch 45 Atlantic Avenue Oceanside, NY 11572

Seaford Branch 4050 Merrick Road Seaford, NY 11783





Learn more about a Catholic School Tuition
Loan from Ocean Financial:

\$ 516,469,3455

■ www.OceanFinancial.org

▲ visit your local branch

*APR=Annual Percentage Rate. APR accurate as of 1/1/2021 for qualified applicants only, and is subject to change without prior notice. All offers of credit are subject to credit approval. Not all applicants will be approved and some may be offered credit at different rates and terms, all subject to approval. Catholic School Tuition Loans cannot be used to pay off other credit union loans and are one-time only loans. For terms of 36 months, estimated monthly payment of \$30.54 per \$1,000 borrowed. Membership conditions may apply.

Lead with Heart."

Sacred Heart Academy Congratulates and Welcomes

THE CLASS OF 2025



Representing outstanding Catholic, private and public schools throughout Long Island, this select group of exceptionally talented young women will continue their academic and spiritual development within an atmosphere that fosters courage, compassion and commitment.

Sacred Heart Academy is sponsored by the Sisters of St. Joseph, Brentwood.

1110110



OPEN HOUSE JANUARY 31, 2021 11AM-1:00PM FEBRUARY 3, 2021 5:30PM-7:00PM



INSPIRES

A St. Dominic Catholic Middle School Education Inspires students to Achieve and Strive for **Greatness with Opportunities**



LIU POST ENRICHMENT PROGRAM, WATERFRONT CENTER PARTNERSHIP, FAST ATHLETICS, STEAM, ST. FRANCIS HOSPITAL PARTNERSHIP, ADVANCED REGENTS CLASSES

> PLEASE GO TO OUR WEBPAGE WWW.STDOMS.ORG TO SIGN UP FOR A SCHEDULED TOUR

I (My Community)

Enjoy the best local news for your area with Herald Community Newspapers.

Stay connected with the schools, high school sports,
local government, shopping, dining and more!

Now, get the Herald delivered to your mailbox every week for **FREE!**



Order online at www.liherald.com/freelocal or call 516-569-4000 press 7



Support Local News

Please consider supporting this local newspaper by making a donation. An invaluable investment in one of your community's most trusted institutions.

www.liherald.com/local

Stay connected with the community and support local journalism.

The vaccine is here, but there's a big wait

By ANDREW GARCIA

agarcia@liherald.com

The public distribution of Covid-19 vaccines in New York state has begun, but the supply in Nassau County has not kept up with the high demand, according to officials

More than 55,000 doses of vaccines have been administered in Nassau, according to Executive Laura Curran, but as more people are vaccinated, the supply dwindles. Officials have relied on the steady influx of doses from the federal government, which sends roughly 250,000 vaccine doses a week to the state.

Under state guidance, all doses must be administered to eligible residents within the week that they are received.

In New York, a select group is currently eligible to receive the vaccine: those 65 and over, doctors, nurses and health care workers, first responders, teachers, and public transit, grocery store or public safety workers.

All appointments should be made through the state-run website, www.covid-19vaccine.health.ny.gov. There, residents can check if they are eligible, and appointments for both doses of the vaccine can be made

In Nassau, a state-run vaccination site has opened at Jones Beach, while Northwell Health has established sites at the Nassau University Medical Center and Belmont Park. Sites run by the county's Department of Health have also been established at Nassau Community College and the Yes We Can Community Center in



Andrew Garcia/Heral

SEVERAL COVID-19 VACCINATION sites have opened throughout Nassau County, Executive Laura Curran announced at a press conference. Last year, she held more than 100 press conferences on coronavirus updates alongside Department of Health Commissioner Lawrence Eisenstein, left.

Westbury.

Information from the county can be found at www.nassaucountyny.gov/vac-

Appointments for nearly all the available sites are booked. "We do not have enough vaccine supply to meet the demand," Curran said in an interview. "Anyone over 65 is eligible, health care workers, teachers, first responders, law enforcement, grocery store workers, transit workers — all of those people are eligi-

ble, and that's a lot of folks."

"We are begging for more," Curran added. "I'm hoping the supply chain right up to our federal government gets fixed, and we can get what we need down here."

Officials have been working on such a tight schedule that vaccines are often administered the day they arrive. When vaccination sites opened last Tuesday, for example, the doses administered that day had only arrived earlier that morning.

"That's how tightly we're moving it out

as quickly as we can," Health Commissioner Lawrence Eisenstein said at a news conference.

conference.

"It's a rolling process, so daily we are making our decisions and determinations," Eisenstein noted. "When we have vaccines, we schedule out as far as we can."

Those receiving the vaccines must make sure their second dose is of the same vaccine they were given for the first dose. The county DOH will reach out to residents who should be getting their second dose at a county-run site.

Through the state-run website, the second appointment should be made for the same site automatically. The website has run into problems, however, as the high traffic has caused the page to be inundated and sometimes crash.

Ralph Esposito, director of the Nassau County Veterans Service Agency, expressed concern for home-bound veterans and elderly residents who may not have the technical know-how to navigate a website. "My main concern are the veterans," he said. "We have to start with the weakest first."

Outreach programs for seniors are in the works, according to Curran. Officials are working to establish more sites at senior centers or houses of worship, and transport services are available through the VA. The Nassau County Office for the Aging will also assist seniors.

"We are ready to vaccinate the rest of the community as long as the supply chain is there," said Dr. Anthony Boutin, president and CEO of NuHealth.

Experts discuss Covid-19 relief for businesses

By ANDREW GARCIA

agarcia@liherald.com

Looking to relieve the economic burden felt by your business because of the Covid-19 pandemic? The latest episode of Herald Inside LI is here to help.

Four panelists gathered for the latest webinar, which focused on avenues of financial relief for small businesses. They included attorney Jessica Dennehy, business and legal strategist for Pivot & Slay; Robert Piechota, Long Island branch office manager for the SBA New York District Office for U.S. Business Administration; and Lou Pizzileo and Robert Tobey, CPAs and partners with Grassi Advisors and Accountants.

Skye Ostreicher, of Herald Community Newspapers and RichnerLive, moderated the discussion.

The episode premiered Dec. 8, as applications for a second round of paycheck protection program loans were soon approaching.

"This is really the hallmark of government response—it is in itself unprecedented," Piechota said.

There have been roughly 65,000 PPP loans offered on Long Island, Piechota said. PPP loans are designed to help business owners maintain payroll to employees or themselves, Piechota explained. Sixty percent of the loan must go to payroll, while 40 percent can go toward expenses.

Piechota also explained that economic injury disaster loans, or EIDLs, are available directly through the SBA. Application information about them can be found at sba. gov.

The employee retention program is also a "flexible" option, Tobey said, that could help some businesses stay



Herald Inside LI Photo

FROM LEFT, TOP row:

moderator Skye Ostreicher; Grassi CPAs Lou Pizzileo and Robert Tobey; Jessica Dennehy, business and legal strategist for Pivot & Slay; and Robert Piechota, Long Island branch office manager for the SBA New York District Office for U.S. Business Administration.

afloat. A home health care agency was forced to lay off trainers, for example, he said, but it qualified and recouped some losses.

"It puts real money in your pocket today," Tobey said. "It's a quick way to recover some cash that you can use to run your business."

Grassi advisers can help business owners navigate the "interplay" between the employee retention and payroll protection programs to maximize the credit received, Tobey said. "It's a really cool program," he said. "This is something that a lot of folks really haven't focused on. We picked up on this, and we think a lot of clients and businesses will be able to benefit in 2021."

"This is the biggest stimulus package since the New Deal," Pizzileo said. "For all its drama in the roll out, it's been a great program that's saved many, many businesses and many jobs."

What about businesses that did not apply for the first round of PPP assistance, but qualified? For them, the program is reopening in 2021, Pizzileo said, and it will be available in an expanded fashion.

Businesses that are temporarily shut down, but still plan to open, can also qualify for PPP loans, Tobey said.

The application period for the second round of PPP loans opened the week of Jan. 11.

Business owners planning to apply should gather records showing a 25 percent reduction in revenue, which is one criterion to qualify for the loan, Pizzileo said.

This webinar was sponsored by Grassi. Questions can be directed to the Grassi Crisis Response and Recovery hotline at (212) 223-6216 or response@grassicpas.com.

Herald Inside LI is a weekly webinar series. To view this full recording or attend future webinars, visit liherald.com/insideli.

HEALTH MEMO

What you should know about neurostimulation to treat chronic pain

s many as 50 million Americans have chronic pain. It interferes with their work, their activities of daily living, and almost every facet of their lives. Brian J. Snyder, M.D., is a partner and attending neurosurgeon with Neurological Surgery, P.C. (NSPC Brain & Spine Surgery), Rockville Centre, and a fellowship-trained, board certified expert in using neurostimulation to treat chronic pain, surgery for epilepsy, movement disorders, and refractory pain.

What causes chronic pain?

Chronic pain can have many causes. It can be caused by prior injury, medical disease, or prior surgery. Some patients may have chronic pain with no apparent cause.

What are some of the types of chronic pain?

- Low back pain (caused by arthritis, injury, etc.) Some patients with chronic low back pain may have had prior surgery and persist with that pain.
- Complex Regional Pain Syndrome (CRPS formerly known as RSD) Caused by nerve or tissue damage, sometimes very benign in nature resulting in a severe pain syndrome.
- Migraine and other headache/occipital neuralgia.
- Shingles (post-herpetic neuropathy).



Brian J. Snyder, M.D.

What are the treatments for chronic pain?

There are many treatments for chronic pain, including, but not limited to: Physical therapy and lifestyle modification, TENS, topical therapies, over the counter and prescription medication, and injections and nerve ablations.

What options exist when nothing else works?

Neuromodulation, or neurostimulation, is a group of procedures that involve placement of electrodes temporarily (an if successful), permanently in the nervous system. These treatment procedures interfere with the message for pain being sent to the brain.

These procedures include: spinal cord stimulation (SCS), dorsal roots ganglion stimulation (DRG), peripheral nerve stimulation (PNS), occipital nerve stimulation (ONS), motor cortex stimulation (MCS), and deep brain stimulation (DBS).

If a patient had an unsuccessful trial or implant for neurostimulation in the past, or has a device implanted that doesn't work very well, are they a candidate for one of these procedures?

Yes. The technology has advanced substantially in the last several years and there are new devices and new procedures that are allowing us to treat many new patients and to better treat patients that have older systems.

About Neurological Surgery, P.C. (NSPC Brain & Spine Surgery)

Founded in Freeport in 1958, Neurological Surgery, P.C. (NSPC Brain & Spine Surgery) has grown to become one of the largest, private neurosurgical groups in the U.S. with seven conveniently located offices on Long Island, including offices in West Islip, Commack, Port Jefferson Station, and Riverhead.

The practice's experienced neurosurgeons and interventional neuroradiologists are experts in "Bloodless" brain and spine surgery, including laser spine surgery, endoscopic spine surgery, ultrasonic spine surgery, radiosurgery, and other advanced minimally invasive techniques which are used to treat brain tumors, brain aneurysms, trigeminal neuralgia, herniated disc, spinal stenosis, chronic back pain, and other conditions. Please visit www. nspc.com to learn more.

To schedule an appointment for a consultation with Dr. Snyder, please call 516- 255-9031.



Where Patients Come First.

100 Merrick Road, Suite 128W, Rockville Centre, NY 11570 • 844-NSPC-DOC Health memos are supplied by advertisers and are not written by the Herald editorial staff.



Heart attacks and strokes don't stay home.

Don't avoid the ER out of anxiety. Don't die of doubt.

Don't stay silent and don't stay home.

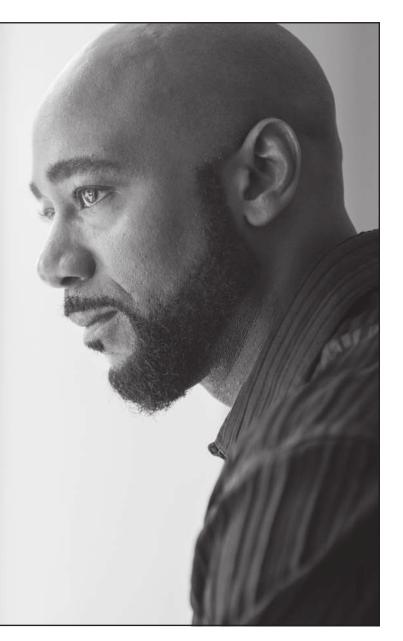
If you have an emergency, call 9-1-1.

When seconds count, the hospital is the safest place to be.

Heart.org/DontDieofDoubt

Locally supported by







NSPC is proud to announce that all of our world-class physicians are now in-network, participating providers with the New York State Health Insurance Program (NYSHIP). We're available for expert treatment of all brain and spine conditions.



Scan with your mobile device to schedule an appointment

nspc.com | (844) NSPC-DOC In-Network with The Empire Plan (NYSHIP)



Advanced Treatment Starts Here

Remembering Dr. King Jr. virtually

By JENNIFER CORR

icorr@liherald.com

Every year city officials and local community and faith leaders from across the North Shore gather for Dr. Martin Luther King Jr. day for a symbolic march from First Baptist Church of Glen Cove to Finley Middle School.

"Today we proudly present our 37th annual program, our first virtual program," said Sheryl Goodine, the chairperson of the City of Glen Cove Rev. Dr. Martin Luther King Jr. Birthday Commemorative Commission. "Covid-19 may have prevented us from participating in our traditional symbolic march this morning, but we refuse to let it stop us from celebrating the life and legacy of Rev. Dr. Martin Luther King Jr."

This year's presentation featured spoken word, music and dances. Glen Cove is one of two localities on Long Island that has offered consecutive and annual community programs in honor of King, said Goodine, a deacon of First Baptist Church of Glen Cove. The theme of this year's presentation was "His Truth is Marching On."

Remembering the lessons that King left behind after his assassination on April 4, 1968 is crucial at this time, Goodine said.

"We gather today to celebrate and give thanks for the life and legacy of the Rev. Dr. Martin Luther King Jr., whose prophetic ministry and witness furthered the cause of justice," said Mother Catherine, the Curate of St. John's of Lattingtown Episcopal Church, "so that all people who have suffered because of discrimination and oppression, especially our Black and Brown siblings in God's human family and those bound by the evils of racism and prejudice, may be free at last,"

City of Glen Cove Mayor Tim Tenke said as the United States is going through such a tumultuous time, the ability to gather as a community, whether it is virtually or in-person, is what makes the community as strong as it is.

"As Dr. King stated in 1963, 'Darkness cannot drive out darkness, only light can do that," Tenke remarked. "'Hate can not drive out hate, only love can do that.' Dr. King's life may have been tragically cut short at the age of 39, but his legacy and wisdom live on. Dr. King's imperatives to improve the standing of African Americans and minorities are as important today as it was over 50 years ago."



Photos Courtesy the City of Glen Cove Rev. Dr. Martin Luther King Jr. Birthday Commemorative Commission **A VIDEO OF** a Color Detail arranged by the Glen Cove Police Department and Volunteer Fire Department played during the virtual tribute to the Rev. Dr. Martin Luther King Jr.



The Wilcox family; Ronnie Wilcox, left, Cheron Jackson-Wilcox, Shanay Wilcox and Shania Wilcox of Glen Cove performed "Lord Lift Your Name on High" and "Total Praise" as part of the virtual tribute to Rev. Dr. Martin Luther King Jr.



MEMBERS OF AHRC Nassau, a program that supports those with intellectual and developmental disabilities, held up their tributes to the Rev. Dr. Martin Luther King Jr. as part of the virtual tribute.

Dr. Maria L. Rianna, superintendent of the Glen Cove City School District, said she wonders what King would say if he were here today. There is much work to do with the hearts, mind and humanity of those within the country to reflect on actions and words, Rianna said, to prevent repeating the mistakes of the past.

Over the summer, Tenke appointed Rev. Roger C. Williams to form a commission that would help the city address issues and concerns among the Black, Indigenous and People of Color community.

The committee comes after George Floyd of Minneapolis, Minn. was murdered by police officers on May 25. Outrage across the nation led to months of Black Lives Matter marches, protests and rallies taking a stand against inequality.

"Black Lives Matter was about the lifting up of every head on every Black and Brown body to the dignity of their humanity that God already gave them," Williams said. "For you see, this dehumanizing situation that took place over the summer had its roots in the historical prejudice that this nation had about Black people. Three-fifths of a person we were said to be."

Systemic racism has continued, Williams said. Even so, people need to be "a vessel of truth." This is what the nation and the community needs, he added. "That truth is marching on."

Participants in the 37th annual MLK tribute

- First Baptist Church of Glen Cove Deacon Sheryl Goodine, host.
- St. John's of Lattingtown Rev. Catherine Lane Wieczorek, invocation.
- Glen Cove Police Department and Volunteer Fire Department, color detail.
- Glen Cove High School Select Chorale, rendition of the "National Anthem."
- Student Jeremiah Dominique recited "Pledge of Allegiance."
- City of Glen Cove Mayor Tim Tenke, speaker.
- Glen Cove High School Vice Principal Allen Hudson III, host.
- Glen Cove City School District Superintendant Dr. Maria L. Rianna, speaker.
- Poet Laureate of Glen Cove Victoria Crosby, recited original poem.
- Liturgical Dance Ministry of the Nassau Alumnae Chapter of Delta Sigma. Theta Sorority, Inc. Diane Nne Adkins-Forte, Kristine Washington and Veta Williams presented a dance.
- Five Towns College student Andrew Culbreath, recited a Rev. Dr. Martin Luther King. Jr. speech made after the march from Selma, Ala. to the Capitol in Montgomery.
- Senior Director of Program Operations for AHRC Nassau (an organization that supports those with intellectual and developmental disabilities) Shaun Weathers, speaker.
- Head of Food Systems for NOSH, Linda Eastman, speaker.
- Wilcox Family of Glen Cove; Ronnie Wilcox, Cheron Jackson-Wilcox, Shanay Wilcox and Shania Wilcox performed renditions of "Lord Lift Your Name on High" and "Total Praise."
- Rev. Roger C. Williams of First Baptist Church of Glen Cove, speaker.



Tighten Your Belt, Fatten Your Wallet!





Skye Ostreicher Herald Community Newspapers



Veronica Ferrero AVP and Community Lending Coordinator Emigrant Mortgage Company, Inc.

PANELISTS



Marie Taylor, AAMS, CRPC Financial Advisor **Edward Jones**

ADDITIONAL PANELISTS TO BE **ANNOUNCED**

FREE LIVE WEBINAR





SPONSORED BY:

Edward Jones



AIDENBAUM



LEARN WAYS TO CUT EXPENSES & SAVE MONEY

The start of a new year is the perfect time to reassess your expenses. Experts discuss easy ways to put more cash back into your pocket, including how to:

- Pay off credit card debt and put your finances in order
- Refinance your home now with low rates
- Grieve your property taxes
- · Plus so many more easy and fun ways to save.

Sign up now to submit your questions or ask them live during the webinar

REGISTER @ LIHerald.com/CutExpenses

CAN'T MAKE THE LIVE WEBINAR? REGISTER AND YOU'LL RECEIVE THE RECORDING!



To sponsor a webinar or for more information contact Amy Amato at aamato@richnerlive.com or 516.569.4000 x 224



2021 Estate and Medicaid Planning

MODERATOR



Skye Ostreicher Herald Community Newspapers

PANELISTS



Frank G. D'Angelo, J.D.
Family Care Connections, LLC
Topic: 2021 Medicaid
Planning for Aging and Illness



Stephanie A. D'Angelo, Esq. D'Angelo Law Associates, PC Topic: Estate Planning, Responses to Covid-19

FREE LIVE WEBINAR









D'Angelo Law Associates, PC

Tune in to learn about:

ESTATE PLANNING, RESPONSES TO COVID-19:

- · Overview of a comprehensive estate plan
- How estate planning has evolved with the COVID-19 pandemic
- Updates to the New York Power of Attorney
- Estate planning considerations for your family and loved ones
- Tips to be sure you are prepared for the unexpected

MEDICAID PLANNING FOR AGING AND ILLNESS:

SPONSORED BY:

- General medicaid eligibility for both homecare and nursing homecare
- Updated income and resource criteria for eligibility for medicaid in 2021
- New rules governing asset transfers for homecare medicaid eligibility in 2021
- Accessing home care and the Nursing Home Transition And Diversion Program

Register to submit your questions for the panelists or ask them live during the webinar.

REGISTER @ LIHerald.com/PlanningAhead

CAN'T MAKE THE LIVE WEBINAR? REGISTER AND YOU'LL RECEIVE THE RECORDING!



To sponsor a webinar or for more information contact Amy Amato at aamato@richnerlive.com or 516.569.4000 x 224

118596

ON THE ROAD WITH A TAKEOUT QUEEN

Save the sauce to go

By CATHI TUROW

When I think of some of my favorite takeout dishes, I realize what I love most is the sauce. During these cold, stressful times, there are days I don't feel like picking up takeout and I'm too impatient to wait for a delivery. Of course, I'm not going to cook. So, I compromise. First, I grab takeout from eateries in our neighborhood and order extra portions of my favorite sauces and dressings. The next day, I add those sauces to simple stir fries and sandwiches I'm capable of creating myself (two ingredients or fewer). I'm excited to tell you about what's new to munch in our neighborhood, and what we can do when we SOS. (save our sauce).

■ Chopt Creative Salad Co. (383 Willis Ave., Roslyn Heights; choptsalad. com) Welcome to the land of salads and dressings. Though there are other Chopt shops on Long Island, this new one opened in Roslyn on Jan. 13. Never again must we travel far to pick up 22 different types of salads and bowls, including three new "destination bowls" (Moroccan, Oaxacan and Havana) and 29 homemade dressings. There's also a massive make-yourown-salad option. Many larger portions of the dressings are ready to be purchased separately in jars. I'm in love with the Smoky Bacon Russian Dressing.

The hint of bacon makes a powerful statement on every vegetable. I use the leftover dressing as a sandwich spread, and eat the rest out of the jar.

■ Mill Creek Tavern (275 Bayville Ave., Bayville; millcreekny.com) I stopped by to try the new, house made artisan hot chocolate bombs. Little chocolate spheres are filled with everything from candy canes to marshmallows to Lucky Charms. Drop one in a cup of steamed milk and watch it burst into



CATHI TUROW

the best hot chocolate ever. New vegan dishes will be added to the menu soon as well. I left the café with my favorite appetizer: three cheese spinach fondue. I used the leftover fondue as a stir fry sauce on my veggies, and a filling in my breakfast omelet.

 \blacksquare The Onion Tree (242 Sea Cliff Ave., Sea Cliff; theoniontree.com) Manager

Raquel and husband, Chef Jay, are focusing on and expanding the sophisticated comfort foods on their menu this season. That includes the return of Jay's Spicy Ramen dish and the new Kashmiri lamb curry dinner. Jay's curries combine a plethora of pleasing flavors that never turn me into a fire breathing dragon. Last night, I ordered the Veg Makhani curry dinner. This afternoon, I added canned vegetables to the leftover sauce and made a nice cold

■ Garden of Bacon (214-F Glen Cove Ave., Glen Cove, gardenofbacon.com) After devouring the Brussel sprouts with bacon, bacon brownies and plantbased Bombay spiced bacon, I'm sold. The chefs in this new shop bring bacon to the highest creative level. Whether you order standard or plant-based flavors (including cherry maple, sesame teriyaki and Buffalo BBQ), every dish is topped with hefty layers of bacon. The menu includes bacon-ized versions of salads, quiches, spreads, and the new BLT—which is flying off the shelves. Every day there's also a "bacon-eee item du jour." Yesterday I enjoyed a doughnut topped with candy bacon, brown sugar and maple glaze.

Any thoughts on what I can sprinkle on top of my oatmeal? See you next

The Takeout Queen is now on Facebook. Search for Oyster Bay Herald Guardian, Sea Cliff/Glen Head Herald Gazette or Glen Cove Herald Gazette.

OBITUARIES

Nicky Abbondandolo

Nicky Abbondandolo 62, of Glen Cove, died on Jan. 18. Beloved husband of Angie; loving father of Nicole; dear brother of Angie (Jay) and Enrico (Christina); also survived my several nieces and nephews. Abbondandolo was an avid fisherman and loved to cook. Service and interment held at a later date. Arrangements entrusted to Dodge Thomas Funeral Home.

Giovanni Calo

Giovanni Calo, 78, of Glen Cove, died on Jan. 17. Loving father of Gaetano (Tina); dear brother of Giuseppe, Luigi and Michele; beloved grandfather of Alissa, Giovanni, Gaetano and Angelo; also survived by many nieces and nephews. Visitation at Dodge-Thomas Funeral Home in Glen Cove on Thursday from 7 to 9 p.m. and Friday from 2 to 4 p.m. and 7 to 9 p.m. Mass at the Church of St. Rocco on Saturday at 10 a.m.. Interment to follow at Holy Rood

Allen "Skippy" Losee

Allen "Skippy" Losee, 89, of Glen Cove, died on Jan.16. Beloved husband of Janet; loving father of Allen Jay (Debra), Ronald (Christine) and Mark (Kerri); dear brother of Myron (Judy) and Pauline; proud grandfather of 6 and great-grandfather of 1. Founder of A. Losee & Sons and proud veteran of the U.S. Navy during the Korean War. He was a member of the VFW Post #347 and Glen Cove Little League Coach for 18 years. Services held privately at Dodge-Thomas Funeral Home of Glen Cove. Interment LI National Cemetery.

Rosa Chiriboga

Rosa Chiriboga, 101, of Glen Cove, died on Jan. 15. Beloved mother of Carlos, Yolanda Pazos, Marcy Rivadeneira; cherished grandmother of Myra Kirby (John), Edward Rivadeneira (Anna), Janet DeRosa, Jacqeline Mascolo (Richard); adored great-grandmother of Alexa Rivadeneira, Jessica DeRosa, Sarah Mascolo, Julia Rivadeneira, Dominick DeRosa, Olivia Mascolo, Caroline Kirby; also survived by many nieces and nephews. Chiriboga was a hard worker. She was independent and very loving. Private visitation at Dodge-Thomas Funeral Home in Glen Cove. Interment at St. Charles Cemetery.

Roseanne D. Sheehan

Roseanne D. Sheehan, 94, of Glen Cove, died on Jan.11. Sheehan is survived by her sons, Joseph and Kevin Sheehan, as well as many children who she was like a second mother or grandmother to; beloved sister to Patricia LaColla and her children, Anne, Bob, Jeanne, Rosemary, Sue and Peter and beloved by her community, of which she was an integral, well-loved member.

Sheehan was born on Feb. 25, 1926 in New York City to Margaret and Thomas Devine. She worked for a telephone company as a secretary then started her own company working as a freelance administrative assistant. She was a freelance organist at area churches, playing one final time at St. Patrick's Church in Glen Cove in early 2019. I

Informally, she was someone who seemed to be handed the handbook on life and how to put God first, live it to the fullest and how to take everyone in her orbit on the ride with her. She was an organizer of fun and travel. She even arranged for a meeting with the Pope. She enjoyed fun summer weekends at her house, piano playing, doing/teaching Irish jigs with friends and family and other activities celebrating the beautiful town of Glen Cove, so much so that she and her husband Joe were known to the mayors of Glen Cove. Sheehan was a very active member of her church. In addition to her work as the organist, she sang in choirs and attended church functions. She was a dedicated member of the Ladies Ancient Order of Hibernians.

Sheehan was buried with her beloved husband of 59 years, Joseph M. Sheehan, at Calverton National Cemetery. Arrangements entrusted to McLaughlin Kramer Megiel Funeral Home.

Obituary Notices

Obituary notices can be submitted by individuals as well as local funeral establishments. The name of the individual or funeral establishment submitting the obituary should be included. A contact phone number must be included. There is no charge for obituaries.

Send to: Ilane@liherald.com or 2 Endo Blvd., Garden City, NY 11530

PUBLIC NOTICES

LEGAL NOTICE NOTICE OF NOTICE HEARING **PUBLIC** CITY COUNCIL OF THE CITY OF GLEN COVE PLEASE TAKE NOTICE that a PUBLIC HEARING will be held by the City Council on Tuesday, will be held by the Chy Council on Tuesday, January 26, 2021 at 7:30 p.m. at the City of Glen Cove City Hall located at 9 Glen Street, Glen Cove, New York. The hearing will be on a proposed ordinance creating Chapter 168, Article XI of the City Code of Ordinances of the City of Glen cove to be entitled, "Registration Foreclosure Mortgage Properties"; providing for purpose, intent, and applicability of the

ordinance requiring the registration and maintenance of certain property mortgagees; providing for and enforcement COVID-19 Due to COVID-19 concerns, the public will only have virtual access to the meeting, pursuant

to NYS Executive Order 202.1, and subsequent orders thereafter. hearing may be accessed following www.zoom.us/join entering webinar ID number 813 2510 2196 and passcode number 144429. The hearing may also be accessed through a computer link located on the home page of the Cove web

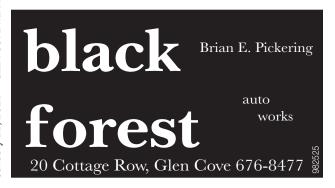
(https://alencovenv.gov/ci ty-council-meeting-livestream/), which link will be posted on the web site in advance of the meeting. Anyone wishing provide comment can svulin@glencoveny.gov in advance of the hearing. Public comments received prior to commencement of public hearing will be made part of the public record. In addition, live public comment may be received during the duration of the meeting by telephone, by dialing (929) 205-6099 and entering webinar ID number 813 2510 2196 and passcode

144429. Please note that although all interested persons who dial in will be given an opportunity to speak, all telephones will be muted until such time as the particular individual is authorized to

speak. If you have any questions about accessing this hearing, please contact Shannon Vulin via email

svulin@glencoveny.gov. The proposed ordinance may be viewed at https://glencoveny.gov/cit y-council-documents/. you are unable to access document. contact Shannon Vulin via email svulin@glencoveny.gov. 124471

HERALD MCIKET PICICE TO PLACE AN AD CALL 516-569-4000 PRESS 5













Dr. Efrat Fridman, LCSW

Psychotherapist Individual, Couple and Family Therapy

2 Pinetree Lane Old Westbury, NY 11568

718-887-4400

1046648

OPINIONS

What we do right now will echo in history

an ailing

nation

a new president,

but a new dose

of unity.

needs not only

merica is in a state of shock in the wake of the assault on the U.S. Capitol, a second impeachment of President Trump and months of denial of the validity of November's election. We have a new president who got the same number of electoral votes in 2020 as Trump did in



JERRY KREMER

2016. The losing side can scream, holler and moan and the winning side can make grandiose plans for a new era, restricted only by how much our federal budget can absorb.

But we need an armistice. The real question is. are the combatants ready to

move on, or do we spend another four years arguing over Georgia, mail-in voting and Twitter's right to ban people from its feed? In case you haven't noticed, roughly 4,000 people a day are dying of Covid-19, and the numbers are going up. The country is paying a heavy price for those who ignored warnings about holiday gatherings and the stupid people who still refuse to wear a mask because they consider it a political statement.

If you're looking for help from some of the members of Congress, you're seeking the wrong direction. It is shock-

ing to see some of them refusing to stop for a metal detector in the Capitol, a week after a howling mob broke into the House of Representatives with the chanted intent to "Hang Mike Pence!" and kill Speaker Nancy Pelosi. The debate over Trump's second impeachment revealed that there are still over 100 members of Congress who out of fear or stupidity are denying that an insurrection took place.

If Washington were a movie, we would be about to see the second run of what President Barack Ohama faced when he was elected. The nation has been crippled economically by a virus that knows no political distinctions. It steals the last breaths from the young and the old, the healthy and the infirm, and is still very much not under control. Millions of people are out of work. You may be one of the lucky ones who

have incomes and steady jobs, but it's more than likely that some of your neighbors need the help of the local food pantry, and line up for free grocer-

It doesn't take much vision to figure

out how bad things really are in our beloved country. Many thousands of businesses in New York state have closed for good in the pandemic. Whether it's a nail salon, a small restaurant, a children's clothing store or some other place that you've patronized for years, they are slowly disappearing, never to return again. Landlords are entitled to collect rent, and if local businesses can't

afford that rent, it's only a matter of time before the financial stresses cause more closings.

We have a new president and the opportunity to revive an ailing nation, but it will require a new dose of unity to make things happen. If you travel to places like Richmond, Va., or Nashville, Tenn., you can buy Civil War booklets, battle maps and even knockoffs of Civil War attire. Most of it is just for the tourists, but there are still plenty of

people who believe the South won the war and they were "cheated" by the North. After World War I, many Germans believed they had won the war even though they signed a treaty of surrender

Recovering from our current state of distress will not be easy. There are millions of true Trump believers who will stick to the lie that the election was rigged, and will resist any efforts to expand benefits into rural America and help their starving neighbors. There are lots of nut jobs out there with guns and loads of ammunition who are prepared to kill people who don't follow their demented thinking.

The country is at a turning point. We can continue to look at everything through a political lens, or we can begin the job of healing. We have to set aside our political grievances and be open to the need to be a more united nation. If America fails going forward, it will be our failure

Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He now heads Empire Government Strategies, a business development and legislative strategy firm. Comments about this column? JKremer@liherald.com.

Fear hovers over Biden inauguration week

can't help

to 12 years

ago, and what

thinking back

s I write this, after the mob attack on the Capitol and before this week's Presidential Inauguration, like many of you. I don't know what to believe. From one corner, I hear credible threats that violent groups are planning to attack state capitols, and Washington, D.C., at



KREISS

year only 1,000 invited guests will be there. The outgoing president will not attend. Tens of thousands of National Guard troops will be on site.

The inaugural parade will be "virtu-

fences have been erected the nation's capital. One commentator said last night that Washington the heavily fortified area in the middle of Baghdad.

Are you feeling, as I do, that so much has already been lost? In the same way that Islamic terrorists won once we started disrobing at airport check-ins, the

that we live our lives differently.

Twelve years ago, when Barack and Michelle Obama walked down Pennsylvania Avenue after his inauguration, what a promising moment it was. In a column dedicated to my granddaughter, I wrote: "Sabrina, when you vote for president for the first time in 2024, my guess is it won't matter much if the candidate is a woman or a man, gay or straight, white, Black, Hispanic or

this election in 2008. As President-elect Barack Obama said in his victory speech, 'Change has come to America.'"

We have come apart at the seams since then. Change has come, but not the change Obama envisioned.

We have become a country where delusional thinking takes hold among millions of people who act out their rage and frustration on elected officials and cherished landmark buildings, the iconic symbols of our democracy. We have become the place where, through incompetence, ignorance and even intentionality, a ferocious pandemic is raging across the country, as our leaders

have failed to take appropriate steps to keep us safe.

Last Friday, the FBI was publicly warning of violent attacks on state institutions in the days leading up to and including the inauguration. But the same agency failed to sound the alarm before Jan. 6, when it reportedly had intelligence indicating an imminent attack on the Capitol. How do we reconcile that?

As the alarms sounded last week, a relative of mine sent out a letter to the entire family. He said he knew he was

probably over-reacting, but he wanted to share a family plan for all of us to meet up in a worst-case scenario. In his mind, worst-case would be some kind of catastrophic attack in which phones and the internet would go down, leaving us with no means to communicate with one another. His proposed plan included a "regional" meeting place for the next month. It also detailed meeting places in other states and other countries in years going forward, with specific places for years ending in 0 and years ending in 5. He used the dates of our parents' birthdays for the particular meet-up days.

I assure you that this individual is solid and sober and believing that although a doomsday scenario is extremely unlikely, it has become more possible considering recent events. When the unthinkable happens right before your eyes, like the assault on the Capitol, you are moved to consider other unthinkable scenarios.

I was momentarily tempted to respond to him with a joke to ease the pressing anxiety. But I'm thinking, instead, it doesn't hurt to have a plan. I wrote back to him: "Thank you. This reminds us of what makes life worth living: one another."

Copyright 2021 Randi Kreiss. Randi can be reached at randik3@aol.com.

any time. From another corner. I read that every agency responsible for national security is on high alert and that thousands of National Guard troops have been

to keep us safe. Some people are echoing FDR: 'We have nothing to fear but fear

called into action

itself." But times have changed. Most Americans stood together with FDR in the World War II fight. Now we apparently have to fear the enemies within.

The media is running with the big story, and that story is the possibility of further anarchy.

Much of the original inauguration plan has been scrapped to offer better security to incoming President Joe Biden and his team. Usually, as many as 200,000 people attend the ceremony; this

al" across America. High around public buildings in looks like the Green Zone,

a promising moment it was. domestic terrorists have also gained ground. Their violence has necessitated

Asian. And it won't matter because of

Incorporating Gold Coast Gazette

LAURA LANE

MICHAEL CONN Assistant Editor

JUDITH RIVERA ANGELA CALVO

Advertising Account Executives

OFFICE

2 Endo Boulevard Garden City, NY 11530

Phone: (516) 569-4000 Fax: (516) 569-4942

Web: glencove.liherald.com E-mail: glencove-editor@liherald.com Twitter: @NSHeraldGazette

Copyright © 2020 Richner Communications, Inc.

HERALD

COMMUNITY NEWSPAPERS

Robert Richner Edith Richner Publishers, 1964-1987

CLIFFORD RICHNER STUART RICHNER

Publishers

MICHAEL BOLOGNA

Vice President - Operation

SCOTT BRINTON

Executive Edtitor

JIM HARMON Copy Editor

CHRISTINA DALY

Photo Editor

TONY BELLISSIMO Sports Editor

KAREN BLOOM

Calendar Editor

RHONDA GLICKMAN

Vice President - Sales

ELLEN REYNOLDS

LORI BERGER

Digital Sales Manager

JEFFREY NEGRIN

Creative Director

CRAIG WHITE Production Coordinato

> CRAIG CARDONE Art Director

DIANNE RAMDASS

Circulation Director

HERALD COMMUNITY NEWSPAPERS

Baldwin Herald Bellmore Herald Life East Meadow Herald Franklin Square/Elmont Herald Freeport Leader Glen Cove Herald Gazette Long Beach Herald Lynbrook/East Rockaway Herald rne/West Hempstead Herald Merrick Herald Life Nassau Herald Oceanside/Island Park Herald Oyster Bay Herald Guardian Rockaway Journal Rockville Centre Herald South Shore Record Valley Stream Herald Wantagh Herald Citizer Sea Cliff/Glen Head Herald Gazette Seaford Herald Citizen

MEMBER:

Local Media Association New York Press Association Published by

HERALD EDITORIAL

President Biden has his work cut out for him

e will need years, if not decades, to unravel and repair the damage that President Trump has done to the nation with his politics and policies.

Beyond his ineffectual, incoherent, even reckless approach to addressing the coronavirus pandemic, which has left the country in tatters, he worked continually to reverse sound policies and regulations developed over decades. Here are the Long Island-specific issues that we are hoping to see President Joe Biden address:

1. Climate change. There is no doubt that, long-term, global warming is among the most urgent issues facing Long Island. We are surrounded by the Atlantic Ocean, which is expected to rise in the coming decades as the Earth heats and the massive ice shelves of Greenland and the Antarctic melt away into the oceans as a result. It is unclear precisely how high the oceans will rise, but the range could be anywhere from one foot, if we were to act aggressively to limit carbon emissions, to as much as eight feet by the year 2100, if we were to continue on our current course, according to the National Oceanic and Atmospheric Admin-

We could live with a one-foot rise. Eight feet would be a disaster, with significant inland flooding. Whole swaths of the Island could be lost to the sea. Think about that: Eight decades from now (one human lifetime), much of our home island could be underwater if we don't curb our greenhouse gas emissions — now, not later.

Biden signaled weeks before he took

office that he would re-enter the 2015-16 Paris Agreement to limit greenhouse gases, which Trump pulled out of in 2017. Doing so would be an excellent start, but there is so much else to do — in particular, supporting our nascent green-energy industries, including solar and wind. Long Island is located in a region of the world known as the "Saudi Arabia of wind." Under Trump, however, the federal government has done all it can to stall the development of major oceanic wind farms off our coast. It's high time that the federal Bureau of Ocean Energy Management fast-track these projects.

2. Wetlands protection. Almost from the start of his presidency, Trump vowed to do away with an Obama-era rule that protected our streams, bays and wetlands from chemical contamination. The rule, known as the Waters of the United States regulation, covered roughly 60 percent of the nation's waterways, according to The New York Times.

Last January, Trump did away with the rule, but went further, allowing land owners and developers, for the first time in decades, "to dump pollutants such as pesticides and fertilizers directly into hundreds of thousands of waterways, and to destroy or fill in wetlands for construction projects," The Times noted.

Many citizens might not have noticed the loosening of a key environmental regulation, because Trump was six days into his first Senate impeachment trial at the time.

Wetlands are critical to buffering Long Island against hurricanes and tropical

storms, absorbing storm surge and thus protecting our mainland. Any effort to deregulate wetlands protection is a threat to the Island. The regulation must be restored.

3. SALT deduction: For many Long Islanders, there has been no single policy as economically consequential as Trump's Tax Cuts and Jobs Act, which limited the itemized deduction for state and local taxes. Beginning in 2018, married couples filing joint federal tax returns could deduct only \$10,000 for combined state, local and property taxes, or \$5,000 for those filing separate returns.

Average homeowners on Long Island lost tens of thousands of dollars in deductions as a result of the act. Where once area families might have had a combined \$35,000 or \$45,000 in deductions, suddenly they were forced to take the new standard deduction of \$24,000. Effective tax rates were lowered, yes, but not enough to make up for the deductions loss, so many Long Islanders saw their federal taxes increase.

We should also note that the tax rate reductions for individuals are set to expire in 2025, whereas Trump's corporate tax reductions are permanent. Talk about socking it to the little guy!

The loss of SALT deductions is fundamentally unfair, in part, because it forces people to pay federal taxes on top of state and local taxes that they have already paid. Clearly, this legislation needs reform, and with a new administration and a Democratically controlled Congress, we hope to see it overhauled.

LETTERS

'Long Way Up' is satisfying indeed

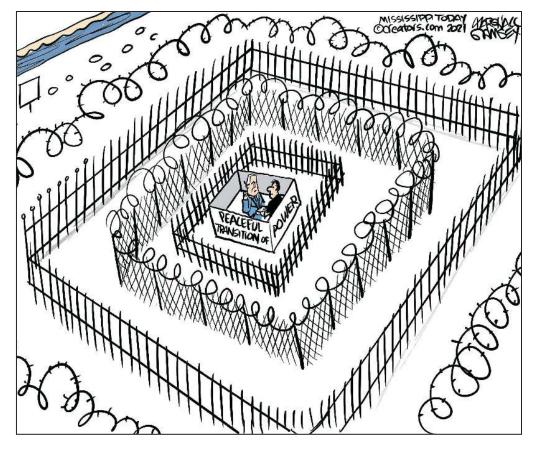
To the Editor:

Re Scott Brinton's column "'Long Way Up,' a deeply satisfying travelogue" (Dec. 24-30):

As someone who has lived and worked extensively in Latin America, I read with great interest Brinton's opinions on "Long Way Up." I have now watched all 11 episodes, and found them absolutely fascinating. Thank you. I would not have known about the series had it not been for Brinton's highly descriptive piece.

Americans are notoriously insular when it comes to geography. "Long Way Up" gives us an intriguing look into the warmth and character of the Indigenous people living along the diverse roadways of Latin America, but it also awes us with spectacular glimpses of rugged, snow-capped mountains; colorful, varying waterways; and vast, stark deserts, together with captivating views of renowned historical sites such as Machu Picchu, which I have visited three times.

The series reflects a lesser-known, yet highly admirable, humanitarian side of the famous actor Ewan McGregor and his pal Charley Boorman.



OPINIONS

Let the healing begin

situation sadly

reminiscent of

Capitol nearly

160 years ago.

the scene at the

n March 4, 1861, President-elect Abraham Lincoln stood on the East Portico of the U.S. Capitol to take the oath of office and deliver his first inaugural address.

Seven southern states had already split from the Union. Others would soon follow, and the day felt gloomy and worrisome.



JIM **BERNSTEIN**

There are so many similarities between the America of the early 1860s and the America of today. The Capitol, then as now, was heavily guarded by armed troops. Lincoln had to be spirited into Washington in the dark of night, so terrified were his guards and aides that

mobs would descend on his train and assassinate him.

Yet on that March afternoon, Lincoln delivered a message that he hoped would be healing. "We are not enemies, but friends," he said in a deep but gentle

voice. "We must not be enemies. Though passion may have strained, it must not break our bonds of affection.'

Unfortunately, the president's words did not stop the southern states from forming the Confederacy and attacking Fort Sumter, outside

Charleston, S.C. Jefferson Davis was sworn in as president of the Confederacy two weeks after Lincoln's inauguration.

Four years of war changed the face of America forever.

Yet once the Confederates surrendered at the Appomattox Court House in Virginia, Lincoln remained compassionate to the vanquished South and reached

out with a healing hand. Confederate troops were allowed to return home unharmed, and Lincoln began the process of Reconstruction and bringing the rebel states back into the Union.

This week, Donald Trump, one of the most polarizing presidents in American history, was scheduled to leave the White House after four tumultuous years. The

nation is badly in need of healing, and that enormous task is now in the hands of President Joe Biden and Vice President Kamala Harris.

The question that we face — and that $\label{lincoln} \mbox{Lincoln faced} -- \mbox{is simple, yet extraordi-}$

narily complex: How do we heal this country, tortured by a pandemic, unemployment, racism and division not seen for decades?

Lincoln's plan was to readmit the rebel states and extend to the country paths out of poverty. Nearly 160 years later, our American society is far more complex. Millions of people believe the 2020 election was "stolen," and that a "deep state" exists, and is preparing to

overthrow America and spread communism, socialism, Satanism, take your pick.

But somehow, we must begin the process of healing. A good place to start would be in the schools, from elementary to college. Education programs as simple as how a democracy works would be a big help. Courses in how to read a newspaper would be helpful, too. I have met a number of people who do not know the difference between an opinion column and a news story.

Public libraries could establish discussion groups on the meaning of the last election, and the underlying cause of the riot at the Capitol on Jan. 6. Speakers Republicans, Democrats, liberals and conservatives — could be called on to present their views, and the audience could question them and discuss their opinions.

Perhaps most important, people who have not spoken to one another during most of Trump's presidency could find ways to get together, even in small groups. They might begin by talking about their kids, the Buffalo Bills or the baseball season that's just around the corner. They might just find out how much they have in common, as opposed to what has divid-

Once people see one another as human beings, and not as caricatures out of a comic book, it becomes harder to scream oaths and obscenities across a room.

If we can do just this much, the healing process will have begun.

Jim Bernstein is the editor of the Long Beach Herald.

sharing his views on "Long Way Up."

CHRIS CARRINGTON Glen Head

Comparing Trump to Goebbels was out of line

To the Editor:

I get that the Herald has a point of view, and that it appears to despise Donald Trump. That said, it was disappointing that in last week's editorial, "It's high time truth prevails once again," the Herald compared Trump's assertion that he won the election to the propaganda of Joseph Goebbels, a person who committed unspeakable crimes against humanity. Nazi comparisons are overused, dishonest, and most of all disrespectful, as many millions of people died because of Goebbels's

The editorial did not address that, as opposed to the criminal behavior of Goebbels, the election audit proposed by Senators Ted Cruz and Josh Hawley was entirely legal, and would not have delayed the inauguration of President Joe Biden. But it would have assured tens of millions of Americans that the election results had an acceptable level of integrity, and it should have been done.

It was also disappointing that columnist Randi Kreiss wrote that we should do "more than take away [Trump's] Twitter account." What further action would she suggest, and where are we going with this? Further, when Twitter continues to allow such tweets as "Every day that ends in y

Again, many thanks to Brinton for should be Punch at Trumper Day," and one that calls for the president to be assassinated, it is plain that only some people who say some things will be censored by this social media platform.

> Applying standards fairly matters, even when Trump is involved. Making Nazi comparisons and deciding who to censor on social media platforms are not solutions that are healthy for society when the underlying issues are more complex. In my opinion, you underestimate the intelligence of your readers.

> > MICHELLE GRAHAM Oceanside

Democrats had a chance to heal

To the Editor:

The days and weeks after the Jan. 6 attack on the Capitol could have been a time for healing, since both parties were on the same page about the events of that day. This could have been a 9/11 moment when both sides agreed that the attack was on all of us. If Joe Biden were truthful about wanting to heal the nation, he would have used the opportunity to pull the country together. Instead, he is exploiting this tragic event for the advancement of the liberal Democratic cause. Not allowing President Trump to ride out his final days in office by attempting a second impeachment is the most divisive, vengeful political act that I have witnessed.

Trump was the first person in U.S. history with no political experience or military background to win the presidency. His

FRAMEWORK by Christina Daly



At the flea market - Bellmore

voice was heard by the working class and the forgotten Americans who have been taken for granted by Washington. His election was a protest vote against the establishment.

It took a non-politician not to get us into a war for the first time in over 50 years, to bring jobs back to the U.S., to lower unemployment, to put money in the working person's 401(k) and pocket, to support our troops and veterans, to support our law enforcement and first responders, to renegotiate bad trade deals, to stop North Korea from lobbing missiles over Japan, to stand up to China, to build more border wall, to open opportunity zones in minority neighborhoods, to negotiate two peace deals in the Middle East, to respect our flag, to put Operation Warp Speed into action, and I could go on. He did all this while the entrenched politicians from both parties, big tech, the media and Hollywood all fought against him.

The Democrats set out for revenge after the 2016 election because Trump defeated Hillary Clinton. Confucius said, "Before you embark on a journey of revenge, dig two graves." The 2022 midterm election will be interesting.

> TOM O'CONNOR North Bellmore



LONG ISLAND LIVING LIKE NEVER BEFORE



Elegant apartments, exquisite dining venues, exceptional amenities and impeccable service all set the new standard for senior living on Long Island. Live a life well-deserved at Encore Luxury Living.

LIVE YEAR-ROUND, OR TAKE ADVANTAGE OF OUR SHORT-TERM STAY OPTIONS. FULLY FURNISHED TURNKEY APARTMENTS ARE AVAILABLE FOR BOTH. A SENIOR RENTAL COMMUNITY

CALL FOR MORE INFORMATION OR TO SCHEDULE A VISIT

516.271.4488 encoreluxuryliving.com 300 Jericho Turnpike, Jericho, NY 11753



