

CORONA VIRUS
COMMUNITY UPDATE
 Infections as of May 24
4,095
 Infections as of May 18
4,090



Playground opens at Garvies Point
 Page 3



Rising Tide supports charity
 Page 12



Finley honor society inductees
 Page 20

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Jill Nossa/Herald

RYAN AGUILAR, SECOND from right, with, from left, his grandparents Barbara and Horace Brown; his parents, Deirdre and Raul Aguilar; his brother, Jaden, and Spider-Man, who made a special visit last Saturday.

GCHS junior continues to fight cancer

BY JILL NOSSA
 jnossa@liherald.com

For the past six months, the Aguilar family of Glen Cove has been dealing with a harrowing challenge: pediatric cancer. Ryan Aguilar, 17, a junior at Glen Cove High School, was diagnosed with osteosarcoma, a rare form of bone cancer, last November. To show support and raise his spirits, relatives, friends and neighbors organized a car parade past the Aguilar home on Doxey Drive last Saturday morning.

"I was surprised," Ryan

said, sitting on his front lawn after watching the procession. "I didn't think this would happen. It was nice to see everyone."

His grandparents Barbara and Horace Brown drove in from Brooklyn, but, like Ryan, were not told about what would be happening. "It's overwhelming," Horace Brown said of the parade. "We didn't expect it, and it's nice to see the support of the neighborhood and the community."

According to Ryan's mother, Deirdre Brown Aguilar, the family began taking regular

CONTINUED ON PAGE 2

There's a new name for a well-known itch – 'maskne'

By LAURA LANE
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Nancy Widman said that when she first noticed the rash on her neck, she didn't think anything of it. But it got worse, spreading down her throat onto her chest. Widman's doctor attributed her condition to the cloth masks she had been wearing to avoid getting Covid-19. She recommended that she switch to paper masks, and gave her a prescription for medication.

"She told me it was definitely from moisture from my mask, and gave me cortisone cream and prednisone," said Widman, who lives in Salisbury.

Dr. Paul Mustacchia, an internist and the chair of the Department of Medicine at Nassau University Medical Center, said he was familiar with mask-related acne, which was renamed "maskne" during the pandemic. "When I first heard the new name, I did a double-take," he said. "The name has no scientific relevance."

Maskne occurs when people wear tight-fitting masks for long periods of time. A mask creates a moist environment from breathing, talking or sweating, which can block pores, leading to acne or other skin conditions, including allergic contact dermatitis, rosacea, seborrheic der-

matitis and folliculitis (see box, Page 17).

But maskne is not new. Athletes who wear helmets or protective face and body gear have traditionally been susceptible to it.

Dr. Raman Madan, director of cosmetic dermatology and an assistant clinical professor at Northwell Health, attributes the increase he saw in maskne cases last May and June among non-athletes to pandemic mask wearing. In the early days of the health crisis, he said, people were reusing masks because they weren't widely available.

"In the beginning, people didn't know why they were get-

ting [maskne], but some put two and two together," Madan said. "I continue to see a steady flow of patients with it, but more than half are health care workers, because they wear N95 masks and a cloth mask over it, which creates more moisture."

Health care workers have been double masking, Mustacchia explained, to preserve their

N-95 masks. "The N-95 mask gives us a tight fit, creating a seal so organisms don't get in or out," he said. "That seal decreases the likelihood of contacting the virus but creates more moisture and heat."

NUMC has treated close to 2,000 acute Covid-19 cases, Mustacchia said, making mask-wear-

CONTINUED ON PAGE 17

Ask The Expert: MOLLY DEEGAN



Rightsizing is the new downsizing.

Let's face it. Downsizing sounds like...a downer. For many, it means moving on from beloved homes full of cherished memories where families were raised, or relocating to a new unfamiliar place to start over. But downsizing doesn't have to mean giving something up. Recent trends show that many people are opting to "rightsizing" instead.

Rightsizing is a little flexible in its meaning. For Baby Boomers, rightsizing isn't a move at all. It's reconfiguring and redefining your current space for a new adventurous phase of life. That could mean getting rid of old furniture, or a renovation with an eye towards more free time and the pursuit of personal interests and hobbies. If moving to a smaller space is part of the rightsizing equation, Baby Boomers are likely to chose smaller spaces with more amenities and upgrades.

For millennials, the term reflects a commitment to minimalism based on issues like climate change or budgetary constraints from heavy student debt loads. They don't want big things – they're fine with having just enough space. A smaller, energy efficient home is far more conducive to a lifestyle that puts a higher value on travel and experiences over huge TVs and massive dining room tables.

Both of these scenarios have impacted the market in different ways. One of the things I love doing with my clients is helping them figure out what is "right" for them based on where they are in life. Often, an open ear is all it takes to lessen the stress of a big decision.

If you're thinking about changing it up, reach out and let's explore the possibilities together.



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Photos courtesy Roni Jenkins

A STREAM OF vehicles drove down Doxey Road last Saturday in support of Ryan Aguilar.

Neighbors organize car parade to support teen with cancer

CONTINUED FROM FRONT PAGE

walks during the pandemic for exercise. In November, then 16-year-old Ryan started to complain of leg pain. An X-ray found a lesion on his right tibia, and the cancer diagnosis was confirmed on Nov. 18.

"This day forever changed our life," Deirdre said.

Ryan began chemotherapy soon afterward to shrink the tumor, and had surgery on Feb. 8 to remove it. He was in a wheelchair for weeks, but by Saturday was using just one crutch.

"He's almost walking, so this is a big improvement," his mother said, noting that his chemo treatments should be completed by late July. "The goal is to have him back in school by September."

Ryan, who stands 6 feet 2, is referred to by friends and family as the Gentle Giant, because "he's the sweetest teenager you will ever meet," Deirdre said, "with a smile that stretches from ear to ear."

Ryan loves listening to Post Malone, writes and self-publishes fan fiction and loves "everything Marvel." His favorite superhero, he said, is Spider-Man, whom he "loves everything about" — and the character made a special appearance at Saturday's parade.

The family set up a GoFundMe page last December, which has so far raised more than \$17,000 to cover medical expenses, lost wages and other costs associated with Ryan's cancer. In March, Glen Cove High School dedicated its annual talent show to Ryan and raised roughly \$4,000.

The day before the parade, the family received good news in the form of his lat-



FRIENDS AND NEIGHBORS organized the parade on wheels.

est test results, which show signs of improvement. One unfortunate result of the chemotherapy is some necrosis, or premature cell death, in Ryan's leg, but, his mother said, it can be treated. "I'm feeling optimistic," she said. "It's treat-

able, and we'll get through it."

"It's a good day," Ryan's grandmother Barbara Brown said with a smile.

To donate, go to www.gofundme.com/f/ryan-osteosarcoma.



Photos by Jill Nossa/Herald

JOE GRAZIOSE, EXECUTIVE vice president of residential development at RXR Realty, cut the ribbon for the new playground at Garvies Point on Saturday.

More milestones for Garvies Point development

By **JILL NOSSA**

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It was a long time in the making, but the Glen Cove waterfront is now not only available for public use, it's actually being used by residents for recreation. The road is open, sidewalks have been built and an esplanade and bike path stretches along the water, where cyclists, pedestrians and dog walkers are regularly out utilizing this resource. Earlier this year the dog park opened, and on Saturday, the playground officially opened with a ribbon cutting ceremony.

The Garvies Point Waterfront development took decades to get to this point, but once the construction started, it did not take long to see the transformation. Buildings have risen, the landscape has improved, and the waterfront is now usable. The entire project is still several years away from completion, but the roads, sidewalks and parks are open for public use, and several hundred residents have moved into the condominium and rental units.

"I think the project is bringing a good group of people," said Joe Graziose, executive vice president of residential development and construction at RXR Realty, "and I've heard on more than one occasion that the downtown has seen more shopping and activity."

According to Graziose, the development project has three unique components: the infrastructure, the public infrastructure and the private buildings. The mile-long Herb Hill/Garvies Point Road was finished last year and has been transformed into a "complete street" with new pedestrian sidewalks, sewer, water and electrical utilities, and storm management infrastructure. As part of the project, the roadway's grade was elevated and all utilities are being relocated underground to provide better resiliency against future storm events, Graziose said. The telephone polls, he said, are the only thing left to relocate at this point.

This project was supported by a \$2.5 million Empire State Development capital grant, recommended by the Long Island Regional Economic Development Council. In addition, Glen Cove worked with Nassau County and the New York Metropolitan Transportation Council to program over \$6.5 million dollars in Federal Highway Administration funding for construction of the roadway, administered through the New York State Department of Transportation.

"Ensuring that our cities are walkable and bikeable, with access to the amenities that make it unique and inviting, are vital to our placemaking efforts," said Eric Gertler, acting commissioner of ESD. "The strategic investment in Herb Hill/Garvies Point Road will help to revitalize and enhance an area of Glen Cove, allowing the community to better showcase part of the North Shore



MARCO MCMILLAN, LEFT practiced holding a chin-up on the monkey bars.

DESPITE THE HEAT, children enjoyed the playground.

and generate new interest from residents, visitors and businesses."

The road and utilities are vital to the development, but it's the public infrastructure piece that will attract the community at large. This part includes the dog park, the esplanade, the playground, and the marinas. Graziose explained that, with the city sold bonds on the open market for \$120 million to fund this part of the project, which will be repaid through taxes from the private buildings.

Currently, three residential buildings are complete and occupied: The Beacon, the luxury condominium building at 100 Garvies Point Road, is 60 percent sold; Harbor Landing North, with 177 rental units at 350 Herb Hill Road, is fully occupied; and Harbor Landing South, with 208 units, is at about 60 percent occupancy, Graziose said.

And more residential buildings, with both rentals and condos, are planned.

Given the "economic environment," Graziose said, RXR is in the process of amending the planned unit density for two sectors. Instead of constructing an office building in the commercial space, they want to create a 165-car parking lot. "The parking is desperately needed there," Graziose said.

And rather than dividing the property into 50 workforce condos and 122 market rentals, they will build 172 luxury rental units.

At the part of the development closer to the water, where an 11-story, 346-unit condominium building was planned, Graziose said they will instead divide that proj-

ect into three buildings, each 10 stories high, and build them one at a time.

"The market can't bear bringing on 346 condos at one time. It will fail," Graziose said. "We're looking at ways of continuing the process."

And the tax money from the buildings, he noted, will repay the bond, "so it's kind of important it gets going sooner rather than later."

He said public meetings on the subject are planned for next month.

Also being built is a new home for the Garvies Point Brewery, which will relocate to the Marina Support Building on Herb Hill Road, right on the water. The 7,500-square-foot brew pub is expected to be complete in March 2022. "It's going to be game changer," Graziose said.

The Angler's Club has a new building and marina, both of which are complete, and the other marina is expected to be complete next year.

On Saturday, many families gathered and children played on the new playground. Mr. Softee also supplied free ice cream—courtesy of RXR—to those in attendance.

Glen Cove resident Carrie Walter said she brings her dog to the Garvies Point dog park regularly and now that the playground is open, has been bringing her son to play. "This is awesome," she said. "He could play here for hours."

Good Shabbos, Long Island!

Friday May 28
Candle lighting 7:58
Torah reading: Beha'aloscha
Shabbos ends 9:08

Five Towns times from calendar of The White Shul in Far Rockaway

Please add prayers for our brothers and sisters in Israel. And explain and defend Zionism to those who do not understand that Zionism, and its fulfillment through establishment of the State of Israel, is the national liberation movement of the Jewish people.

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NOMINATE a HERO



Throughout the pandemic, healthcare workers, first responders, grocery and pharmacy personnel, and so many others, have been dedicated to supporting and assisting our community. They are true heroes who deserve our respect, praise and recognition.

As many remain on the front lines in 2021, we invite you to nominate a Hometown Hero to be featured in Herald newspaper editions throughout the year.

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To nominate, go to LIHerald.com/NominateAHero today!

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Tony Gallego, Gill Associates Photography

TOM MORSE, GAITLEY Stevenson-Mathews, Tony Anzalone, Vinny Martinez Sr., Joseph Moores, Jimmy Morse, Don Ranieri, Robert Curiano.

Sign at 'Vinny's Island' dedicated to Vietnam veteran

A small group of family members and friends came together for the dedication of a sign at the "Vinny's Island" beautification site at the intersection of School and Brewster Streets known as Vinny's Island Monday morning. The dedication was in honor of William (Billy) Joseph Morse, a U.S. Army Sergeant who died in Vietnam in May 1968. Sgt. Morse, who was 22 when he died, was a member of the 21st Infantry and was born and raised in Glen Cove. He fell in South Vietnam's Quang Tri Province from multiple wounds during a ground assault.

Every two years, Vinny Martinez, Sr., who maintains the site and is a veteran, pays tribute to a deceased

war veteran with the dedication of a sign. Vinny has previously honored many veterans, including WWI veteran Louis Capobianco, Korean War veteran Frank Pecorelli, and most recently Vietnam Marine Corps Veteran Joseph W. Tolbert, who passed away at the age of 70 after fighting Covid-19 in early 2020.

Attending the dedication ceremony were: Sgt. Morse's brothers, Jimmy and Tom Morse; veteran Vinny Martinez, Commander of American Legion Post 76, who organized the tribute; and fellow American Legion members Tony Anzalone, Robert Curiano, Joseph Moores, and Don Ranieri. Also in attendance was Gaitley Stevenson-Mathews.

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Getting married?

Email exceditor@liherald.com to put your engagement, wedding or baby announcement in the paper

GLEN COVE HERALD

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NEIGHBORS IN THE NEWS

Students, officers pay it forward

Kindergarteners and sixth-graders from Holy Child Academy in Old Westbury recently teamed up with the Glen Cove Police Department for a beach cleanup at Morgan Memorial Park. Their community service project, named "Pay it Forward" was based on the book the sixth-grade class just finished reading called "Pay it Forward" by Catherine Hyde Park. The book asked students to make a plan to change the world for the better. When asked, the HCA students indicated their desire to give back by cleaning a beach, and said that working with the Glen Cove PD was a "pleasure and an honor."



Courtesy Shannon Vulin

GCPD OFFICER DARREN PITTMAN,
Nicolas Nardone,
Charlotte Miceli, and
Sgt. Ryan Nardone

NEWS BRIEF

Daytime lane closures on Glen Cove Road

The New York State Department of Transportation advised motorists of daytime lane closures that began on Monday, May 24 on Glen Cove Road between Helen Street in the Town of North Hempstead and Cedar Swamp Road (State Route 107) in the Town of Oyster Bay to facilitate a highway resurfacing project. Lanes are subject to closure in either direction between 10 a.m. to 3 p.m. weekdays for approximately four months.

Electronic variable message signs have been posted in the area for updating motorists.

Motorists should follow the instructions of the flaggers for their safety and the safety of the highway work crew.

Motorists are urged to plan accordingly and drive responsibly in work zones. Fines are doubled for speeding in a work zone. Convictions of two or more speeding violations in a work zone could result in the suspension of an individual's driver license.

For up-to-date travel information, call 511, visit www.511NY.org or download the free 511NY mobile app.



LET US KNOW

News Brief items including awards, honors, promotions and other tidbits about local residents are welcome. Photographs may be emailed as well.

Deadline for submissions is noon Thursday, week prior to publication. Send to jnossa@liherald.com

DEMOCRATIC PRIMARY FOR CITY COUNCIL - VOTE JUNE 22ND Early voting June 12TH - June 20TH



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Danielle FUGAZY SCAGLIOLA

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Eve LUPENKO FERRANTE



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- ✓ Implemented a Five-Year Capital Plan
- ✓ Developed New Revenue Streams Bringing in Excess of \$300,000.00 Annually
- ✓ Acquired Liability and Cyber Insurance Protecting Residents from Potential Risk



Infrastructure

- ✓ Revitalized Our Parks, Beaches, Golf Course and Youth Sports Programs
- ✓ Rehabilitated and Improved the City's Water Supply, Stabilized the Water Fund Creating a Surplus
- ✓ Road and Municipal Parking Garage Improvements



Quality of Life

- ✓ Created a Safe Bright Downtown Atmosphere Allowing for Outdoor Dining
- ✓ Revitalized City Website Allowing Residents User Friendly Access to City News, Payment Options, Form/Permits, and Registration
- ✓ Implemented Foreclosure Registry Protecting Our Residential Neighborhoods
- ✓ Launched Pop Up COVID-19 Vaccination Sites for City Residents

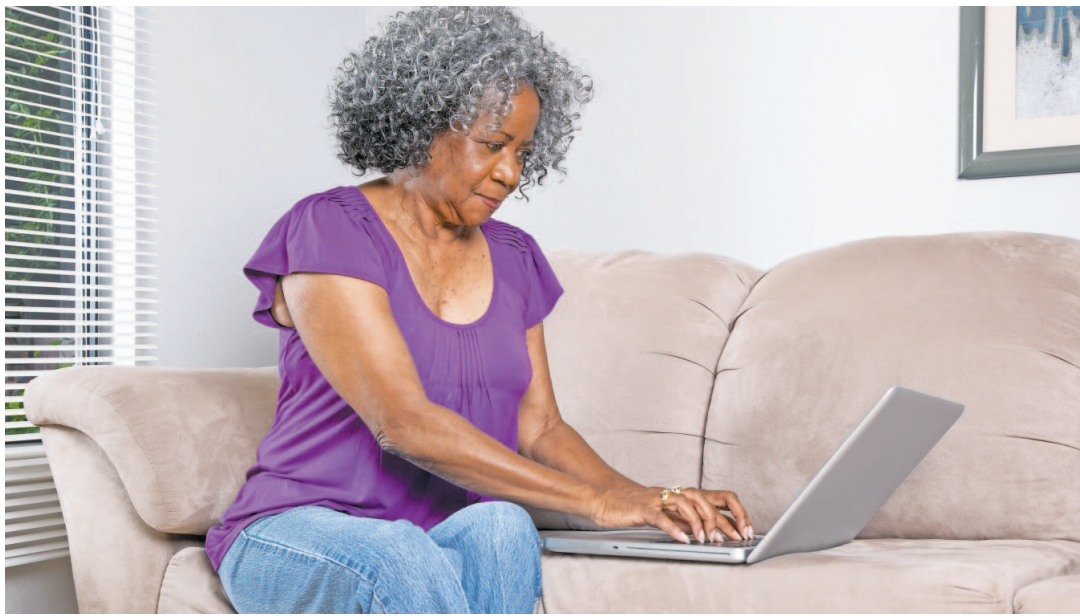
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Live your way — in your own home

Sometimes it's preferable to age in place

When Marguerite Sullivan's spouse passed away, the 78-year-old had no interest in moving. She's healthy, has many friends, and her two sons live nearby. Plus, she's a confident driver and gets herself to doctor's appointments and the grocery store.

Those are all important prerequisites for people who want to stay in their homes as they grow older, or "age in place."

"For those who wish to age in place, it's important to think not only about a plan for staying in your home, but also about your support network, especially during the Covid pandemic," explains Stacey Watson, head of life event planning at Fidelity. "Social connections are a critical element to living independently and aging well."

Here are things that aging singles or couples — and their children, other family members, or caregivers — should keep in mind when assessing the living situation.

Develop a real estate and housing strategy

As you plan for living in your later years in retirement, you should have a strategy for how to leverage any real estate assets along with a plan to support your need for future housing.

Real estate is an asset often used to fund retirement and to help pay for long-term health care expenses. Some people find it necessary to sell the family home to pay for higher levels of care or senior living accommodations. Some decide to sell after a spouse dies. Others may have a family member who moves back in to help take care of both the aging parent and the property. Whatever your situation, it makes sense to work with a financial advisor to help determine the role of real estate in your overall financial planning.

"As you consider your strategy for housing as you age, remember that your approach may have to adjust over time," says Watson. "What works today in terms of independent living, living with family, assisted living, or skilled nursing may not serve your needs indefinitely."

Explore the benefits of staying put

There are many reasons why aging in place can be a win. For starters, staying in your home can be less expensive than moving to an assisted-living community. There are the upfront costs of moving, an often steep entrance fee, and monthly payments for room and board, which can easily top \$3,000 a month or more.

Even more important are the psychological payoffs of not moving away from one's friends, medical

professionals, and faith community. Though these factors are hard to place a financial value on, they are a vital component of healthy aging.

Do a home safety check

"The first step in an aging-in-place plan is to run a complete safety check of your home to identify hazards," says Watson. "The good news is that many of the improvements that make it safer to stay in your house can be relatively easy and inexpensive."

Sullivan's children did just that. They walked around her house with an eye for any potential hazards that might cause trouble should her vision or mobility begin to deteriorate. Then they hired a home modification professional to help make needed changes.

Many of the improvements that may make it easier to stay in your house — such as raising electrical outlets to make them more accessible, and installing brighter outdoor lighting — aren't expensive.

Assess transportation

If you are at the point that you can no longer drive or walk to the grocery store or reach other important services, consider other transportation options.

You may need to make other arrangements, such as ride sharing with friends and neighbors, or transportation assistance that many companion-care services offer. When it comes to groceries and getting things like prescriptions filled, automatic delivery or online delivery can be a great option. A family or friend can help manage orders and accounts and can track order history to help make sure you get what you need.

Tap into a supportive community or network

Isolation can be a stumbling block to aging well. And it can creep up slowly. No matter how safe the inside of a home is, if there isn't enough interaction with a community, a plan can fall apart.

Part of aging in place successfully is being able to stay connected, and not fall into the depression that many people experience because they are isolated.

Getting comfortable on a computer so you connect online with your children, grandkids, and others is a good strategy. You might also investigate some of the companionship services available in the community, through websites such as Caregiving.org or tap into local resources.

Above photo: Develop a housing strategy that will serve your needs as you age. And equally as important, especially through the Covid-19 crisis and now as we emerge from it, avoid isolation. Find ways to stay in contact with friends, family, and neighbors on a daily basis — both via technology and in person.



Life enrichment

Live on your own terms and maintain the quality of life you want — at every age

Terms like 'active' and 'successful' are increasingly used to describe aging, especially with baby boomers refusing to ride off into the proverbial sunset in a wheelchair like their parents did. Instead, aging is being viewed as a privilege and an opportunity to truly enjoy those golden years.

But with health concerns and memory loss anxieties looming in the back of many seniors' minds, it can be hard to age gracefully without a bit of worry. However, with just a few lifestyle habits and hobbies, you can thrive in your senior years, making 70 the new 50.

Get Moving

Physical movement and exercise has been linked to a decreased risk of depression in seniors and has been linked as a complement to medication therapy for major depression. Further, physical activity can lead to decreased obesity, diabetes, and even memory issues. It's a win-win situation anytime you lace up your shoes and head out for some physical activity. Keep in mind that your exercise doesn't have to be rigorous - though many seniors love a good run or long swim; you can simply hit the pavement for a neighborhood walk or do a Silver Sneakers class at your local gym. Try yoga, tai chi, swimming, ballroom dancing, walking, running, biking, or any other activity that you love and gets your muscles moving.

Learn something new

You are never too old to learn, and many seniors over the age of 65 are choosing to learn a new skill or language as they enter retirement. Check out local colleges to see if they offer a senior discount or the option for you to audit courses that sound interesting to you. Or your nearby senior center. You'll find plenty of educational programming available there too.

Learning any new skill or language can be beneficial to keeping your brain functions sharp (if you use it, you don't lose it) and you will find yourself being proud of your new learning as well.

Meet Some New Faces

Socialization plays a major role in active and successful aging. Isolation can be easier to slip into as you age, and clearly even more of a concern once the pandemic took hold and upended our lives.

Friends have moved away or passed away, and it can be easy to spend an entire day or two — or even days — at home alone without anyone to talk to. However, isolation has negative consequences, including an increased chance of depression and memory issues.

Active and conscious socialization are the only way to be sure that you aren't intentionally isolating yourself. Find friends or peers that enjoy hobbies that you do, host coffee dates at your home, or plan weekly outings for your group of pals, now that we are emerging from the pandemic. Developing and nurturing your support system is crucial as you age.

Focus On Hobbies

Retirement is great in that it opens up time for you to explore your hobbies and other opportunities. However, if you don't fill that newly opened free time, you can end up bored, depressed, and feeling like you don't have a purpose. Try out new hobbies or dive further into a hobby that you've always enjoyed. That could even be pottery, writing or even joining a book club.

Hit The Road

Travel is a perk of retirement. Now that you have the time to hit the road, be sure you do it! See local sites, take day trips, or even plan excursions to more exotic locales, now that our world is returning to normalcy. Either way, you will get physical exercise, learn something new and meet new people — a trifecta that is sure to keep you aging well. Plus, traveling is fun! ■

Above photo: Those "golden years" can be fulfilling years. Push yourself to stay young no matter how old you are.

Older and lonely

A public health threat that's not much talked about

There is a public health threat looming across the United States that's not visible to most but affects nearly half of all Americans daily: loneliness. Social isolation is as bad for your health as smoking 15 cigarettes a day and is twice as harmful as obesity.

It's always been an issue among the aging population, but it's become even more concerning since the pandemic took hold and upended our lives. Seniors can suffer from prolonged loneliness that can quickly manifest into more serious issues.

Worst of all, loneliness is a contributing factor in senior suicides, which are rising in the U.S. While it is not something people like to think about, now more than ever, Americans must remove the stigma around mental health and spread awareness to better combat loneliness.

Loneliness does not have to be synonymous with getting older or with aging in place. Make an effort keep loneliness — and its negative health effects — at bay.

Intervene early: Spotting loneliness in yourself or someone you love can be difficult. The most common physical and behavioral signs of loneliness include persistent sadness, impaired cognitive performance, lower self-esteem, or lack of motivation and energy. Early intervention can positively affect one's quality of life, so it's important to address these symptoms as soon as possible before they become overwhelming.

Leverage technology: Technology can play a key role in reducing loneliness, ensuring seniors are always connected to loved ones and care

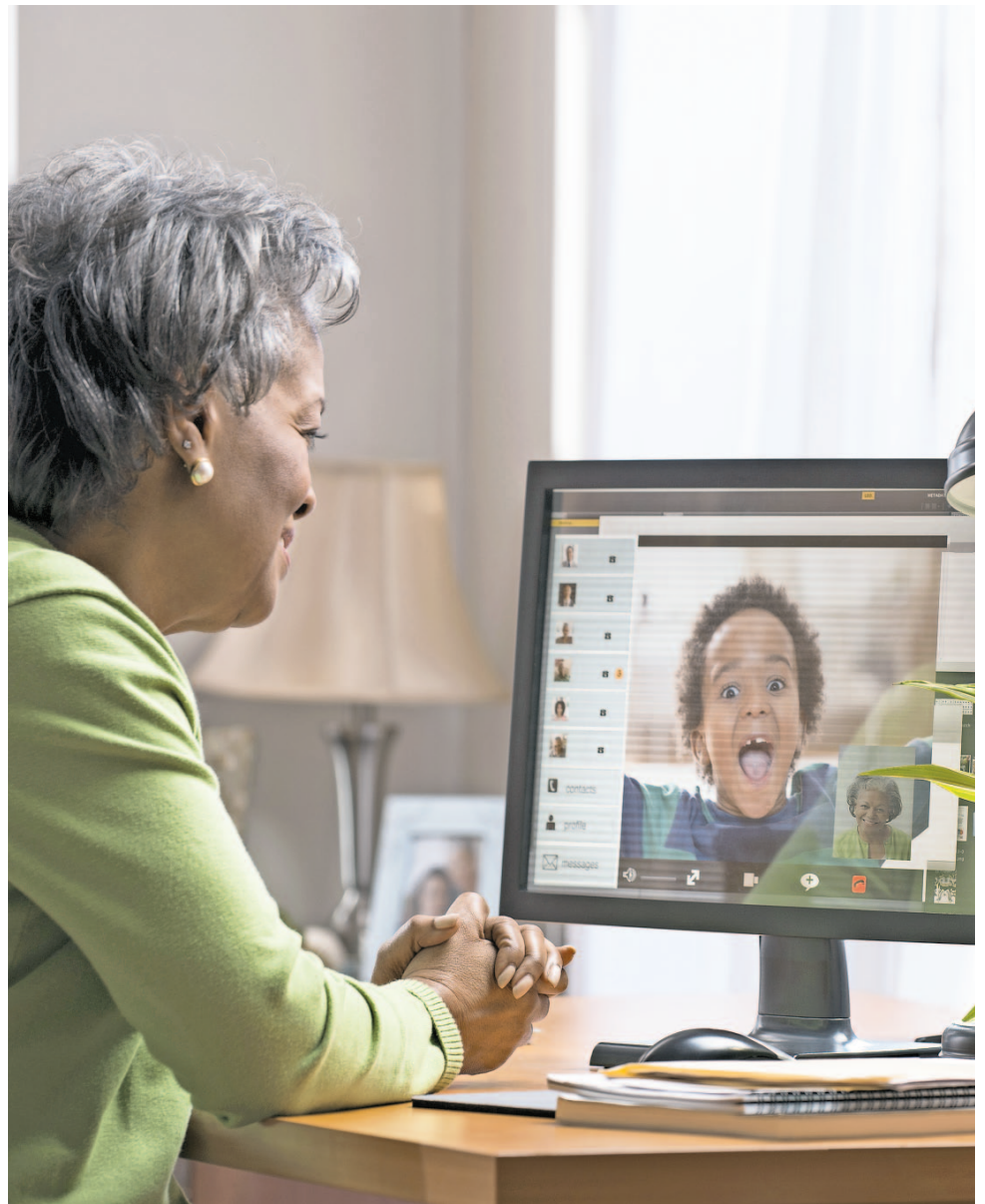
teams who can monitor and interact with them.

Over the last few years, older adults have made up the fastest growing segment of the online population. More and more people over the age of 60 are going online and connecting with the world through outlets such as Facebook, Google, Yahoo and Youtube. They are emailing, texting and even blogging, and it is having a positive impact on their lives, allowing them to communicate with family more often, reconnect with old friends, keep up with community developments and stay connected with others who share similar interests. And since the start of the pandemic, zooming with loved ones and friends.

Phone applications also represent major advancements in technology that help both seniors and caregivers in a number of ways. With any basic smartphone, seniors can now keep track of things like whether or not they've taken their medication, monitor vital signs such as heart rate and respiration, as well as keep track of their location and help them navigate where they want to go.

Make a connection: Connecting with people, purpose and passions will help eliminate feelings of isolation. Consider organizing a reoccurring social gathering, such as a book club or a group fitness class. Explore local activities organized by your library or senior community center. ■

Above photo: Too much time alone can be bad for your health, but modern technology can help keep you connected.



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COMMUNITY UPDATE

Friday, May 28

Movie at the Library

Gold Coast Public Library Annex, 50 Railroad Ave., Glen Head, 2 to 4 p.m. Watch "Nomadland" at the library. After losing everything in the Great Recession, a woman embarks on a journey through the American West, living as a van-dwelling modern-day nomad. With Frances McDormand and David Strathairn. (107 minutes). Room A will open at 1:40 p.m.

Yoga with Morgan Rose

Bayville Free Library, 34 School St. Bayville. Enjoy 15 weeks of all-levels yoga with Morgan Rose. You can join the live Zoom class on Fridays at 9 a.m. and/or watch the recording as many times as you like within the week. Classes run each Friday through Aug. 27, with the exception of July 16 and 23. The fee for this series is \$60 payable by check only to The Bayville Free Library. These classes began on May 7 but others can still join in; contact Kristy Fumante at adultprograms@bayvillefreelibrary.org.

Saturday, May 29

Beginner Yoga on Zoom

Through the Oyster Bay Library, 9:30 a.m. Join Kim Mercadante for her live Zoom yoga class. This class will run until the end of June. This class is geared towards beginners. To register, contact Marion Dodson at 516-922-1212 or mdodson@oysterbaylibrary.org

Sunday, May 30

Mini photo sessions at T.R. Park

Theodore Roosevelt Memorial Park, 25 West End Ave., Oyster Bay. Starting at 9 a.m., participants can capture themselves and their loved ones, including pets, with a free 30-minute photoshoot with local photographers. For more information, call (973) 281-4503.

Monday, May 31

Memorial Day



Roni Chastain/Herald

Memorial Day ceremonies

A Memorial Day ceremony to honor the war dead will take place in Glen Cove on Monday, May 31, at 11 a.m. at Veterans Memorial Monument Park at North Street and Forest Avenue. This year's honoree is Sgt. Ralph W. Young. Glenwood Landing American Legion Post 336 will host a parade and ceremony beginning at 9 a.m. on May 31, at the intersection of Willard Place and Glenwood Road in Glen Head, continuing to the American Legion Post and Memorial Park for a short memorial service.

Tuesday, June 1

Virtual Program: Seed Library

Through the Glen Cove Library, 7 p.m. Summer days are upon us, and it's time to plant warm season vegetables like cucumbers and beans. Join us for a presentation by Garden Designer and Professor Michael Verackca, who will introduce you to direct-seed crops suitable for the summer month and their basic cultural needs. You'll also learn space saving planting strategies, including bio-intensive, companion planting and crop succession strategies, to ensure a successful and productive garden through the hot summer months. Register at glencovelibrary.org.

Virtual Babysitting Workshop

Through the Gold Coast Public Library for grades six through 12. Michelle Vamos

will teach you the basics of babysitting in a one-hour PowerPoint presentation via prerecorded video, as well as provide forms and checklists to get you ready for your new childcare gig. Go to goldcoastlibrary.org to register.

Wednesday, June 2

Virtual Program: Reiki

Through the Gold Coast Public Library, 2 p.m. Reiki, The Gentle Healing Art, is a simple, natural, gentle yet powerful healing modality. The technique involves the use of gentle touch which promotes relaxation, stress reduction and pain management to support physical, mental, emotional and spiritual well-being. Reiki is a wonderful form of self-care, which is useful to improve our life-force energy and support the body's natural healing ability.

This program will be presented via Zoom. Go to goldcoastlibrary.org to register.

Exploring Long Island's Shipwrecks

Through the Glen Cove Library, 7 p.m. The waters off Long Island conceal hundreds of shipwrecks from all different time periods of American history. In this program, Michael Salvarizza and Christopher P. Weaver of Eco-Photo Explorers will discuss the fascinating history of shipwrecks from the Revolutionary War through modern times. You'll see what some of these wrecks look like today underwater. A discussion that highlights some of the marine life that inhabits these artificial reefs is included. Register at glencovelibrary.org.

Virtual Chef: Rotisserie Chicken

Through the Oyster Bay Library, 7 p.m. In this virtual program, Chef Rob Dell'Amore

will show participants five different ways to serve a rotisserie chicken to get the most bang for your buck. To register, contact Marion Dodson at 516-922-1212 or mdodson@oysterbaylibrary.org.

Thursday, June 3

Storytime on the Lawn

At the Bayville Free Library, 34 School St., Bayville, 12:30 p.m. Join Miss Selina on the library lawn as she takes her virtual storytimes live and in person, weather permitting. Bring a blanket to sit on. All ages are welcome. Call 516-628-2765 or email childrens@bayvillefreelibrary.org.

Friday, June 4

Long Island Chamber Music

Planting Fields Arboretum, 1395 Planting Fields Rd., Oyster Bay, 5:30 to 7:30 p.m. Long Island Chamber Music presents a program for violin and cello inspired by artist Everett Shinn's renderings of theater scenes. Featuring Gergana Haralampieva on violin and Sarah Ghandour on cello, the performance will showcase a diverse set of composers from the Baroque era to present day who are widely known for their music for opera and ballet. Tickets \$32 for members, \$40 for non-members.

HAVING AN EVENT?

Items on the Community Update pages are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to jnossa@liherald.com

5 things to know about your town

- There will be no garbage or recycling pickup on Memorial Day, May 31.
- Registration is open for swim lessons at Glen Cove's Prybil Beach.
- The Glen Cove Planning Board meets on June 1, 7:30 p.m.
- Sea Cliff Beach opens on May 29 for weekend use only until June 26.
- TOB residents have until June 1 to pay their school taxes.



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HERALD Covid-19 NURSES

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BAYVILLE

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Glen Cove



Nobody was prepared for this when it happened; it just hit out of nowhere. We wanted to be prepared, but the options just weren't there. The virus was out there back in January, but nobody prepared hospitals, doctors or nurses. We didn't have supplies, and the staffing shortages took over immediately within two to three weeks.

I'm a single mom with five kids. When I saw what was happening in Italy, I brought my kids into a meeting and I pulled out my life insurance policies. My kids never took me seriously until that moment. They suddenly realized how real this virus was and how it was going to impact our house. And they knew, because of my respiratory issues in the past, that I was at high risk.

About three weeks later the virus did hit our

house. I did my best to protect my kids, but my daughter, who was 10 at the time and has a heart murmur, got sick. It was frightening, but thank God she stabilized by July. I still live with long-term effects as a result of having Covid.

And I'm just blessed that I did pull through somehow. I did prepare ahead of time; I did put myself on treatment and took vitamins because I knew I was getting ready for a fight.

My colleagues and I came together with the knowledge that we were going to have a fight; a fight to protect and a fight to live, for not just our patients and residents but our families as well, and sacrifice our families because we were there for the higher good.

HERALD HOMETOWN HERO

EILEEN MCCARTNEY

EAST NORWICH

Nurse,
OBEN School District
Oyster Bay



When the schools closed on March 16 because of the pandemic. I started taking as many courses as I could to be prepared. I took what [Dr. Anthony] Fauci recommended — the Bloomberg School of Public Health contact tracing course. Contact tracing is not new to a school nurse, especially when it comes to head lice.

My phone was ringing all the time — every weekend, holidays, especially during the fall and winter. It was relentless. From home I monitored the WHO panels and conferences from the New York State Department of Health. In July and August, I worked on a response plan for the state as to how we would open our buildings. I wrote all of the procedures we would follow in the district.

Once everyone returned, we didn't see

Covid until after Thanksgiving. It was bad then, but very few cases were transmitted from our schools.

By January 2021, I was a full-time Vernon School nurse, a full-time Covid coordinator and the senior nurse for the district for the state and county who was required to do the reporting. This job took a toll on my health. I have elderly parents that used to take care of, which I had to delegate to my brother. My husband got a heart condition in July, which was the worst because I couldn't be there for him.

The biggest thing that makes me happy now is seeing the kids. I missed interacting with them. What I learned was to create a new job from the ground up, which I never did before.

HERALD HOMETOWN HERO



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LAURINE KEATING

MASSAPEQUA PARK

Resident Services Director,
Atria Senior Living
Glen Cove



I have been a resident services director for the past 14 years. During this pandemic, we were faced with many challenges. As a director, my main goal was to keep our residents safe, cared for and to help them feel less isolated during this demanding and lonely time. Speaking with families every day, reassuring them that their loved ones were safe and comforted as well as always keeping open communication was advantageous.

As a leader, I had to maintain structure, safety and a sense of comfort to my employees, residents and families. I truly feel that during this pandemic our community has grown closer and worked harder and together as a team. Our residents have built an everlasting trust within our community. Families have gained respect and sincere

gratitude knowing that their loved ones were being cared for, especially when they were distanced.

With the new guidelines and policies changing every day, there is a sense of comfort knowing that we're heading for a better tomorrow. What an amazing feeling of joy to see the smiles on the residents' faces and their families when they were able to see each other for the first time.

HERALD HOMETOWN HERO

DIANE GROTH

EAST MEADOW

Nurse,
East Meadow
High School



I started here in 1996, so it's been about 25 years.

In the beginning of the pandemic, we were remote, so all the nurses had to work at home. We had to call parents when we got any positive test results or students weren't online attending classes.

It was very different from what we traditionally do. And even now, if students call in sick, we have to call them back and find out why they're sick. If someone calls saying that they have Covid, then the Covid tracker will find out what students have to be called, what students have to be quarantined.

Kids were going out more and they were together more, and sometimes they would test positive. We would have to quarantine anyone who came in contact with them.

It's a little rough. Some students are more anxious and don't want to come back to school. They're afraid that they're going to get Covid. Other students don't understand why they have to quarantine if they're not sick just because they came into contact with somebody. They're full of a lot of questions. It's hard for them, but it seems to be relaxing and getting back to the old ways.

Working with the students is my favorite part. They're a lot of fun. They keep me young and can help you with the computer. They're finding themselves and are becoming young adults, and it's nice to work with that group.

HERALD HOMETOWN HERO



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ANGELO GRANDE, MEMBERSHIP chairperson; Kathryn Grande, immediate past president; John J. Maccarone, Kevin Maccarone, Jeff Bravura, John L. Maccarone, Richard Maccarone, First Vice President Joseph A. Gallo and President Tony Sciafani.

Loggia Glen Cove No. 1016 initiates five new members to lodge

Loggia Glen Cove No.1016, Inc., Order Sons and Daughters of Italy in America recently initiated five new members. Formed in 1920, Loggia Glen Cove No. 1016, Inc. is the oldest lodge on Long Island. If anyone is interested in joining the fraternal organization, call the mem-

bership chairperson Angelo Grande at 516-676-7436. The meetings are held on the first Wednesday of the month at 69 Glen St., Glen Cove, at 7:30 p.m.

Loggia Glen Cove No. 1016 celebrated its 101st. anniversary on May 3.

Rising Tide raises money for charity

Over the past four years, Rising Tide Natural Market, located in Glen Cove, saw an opportunity to help raise funds for charitable organizations that serve the community with the market's Charity of the Month project.

Healing Headbands Project (HHP) is a nonprofit organization that seeks to help families with children with a serious illness, and 2021 is the fourth year in a row in which Rising Tide has chosen HHP as its March Charity of the Month.

Rising Tide lends its help to HHP, and to each of its Charities of the Month -- for

every bag customers remember or forget to bring in for shopping, 10 cents is donated to the designated Charity of the Month. During March, Rising Tide raised \$536 to benefit HHP's projects.

"We love of assisting our local community outreach programs," Jerry Farrell, owner of Rising Tide, said. "It empowers our customers and we feel good about helping in a small way."

For more information on Healing Headbands Project, go to HealingHeadbands.com.



Photos courtesy Healing Headbands Project

RISING TIDE EMPLOYEES Ronald Cancino, Bill Lightner, Megan Battaglia and Lillian Potenza with Healing Headbands Project co-founder Barbara Grapstein, Rising Tide owner Jerry Farrell, and Healing Headbands Project co-founder Joanie Accolla

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FROM THE DESK OF THE GLEN COVE MAYOR

Memorial Day is a time to reflect and remember

As we approach the Memorial Day weekend, I hope you have an opportunity to enjoy some much deserved quality time with family and friends. We are grateful things are finally getting back to normal and are looking forward to a memorable summer. Although the traditional Memorial Day Parade was scaled down this year, it doesn't mean that Memorial Day has been cancelled. Beyond picnics and barbecues, I hope you will remember that Memorial Day gives us all a chance to reflect on and appreciate the many freedoms we are afforded in our country. As we enjoy the weekend with our loved ones, I hope you might join me and take a moment to remember those who made the ultimate sacrifice fighting to defend our freedom and way of life. We will honor the soldiers, sailors, marines and other service members, who gave their lives in service to our nation

with a ceremony on Monday, May 31 at 11 a.m. at Veterans Memorial Monument Park. Our veterans and first responders will then process past the park in a "March of Honor" to remember those we lost.

I hope you will also take the time to enjoy our beautiful city and all that we have been doing to prepare for a wonderful summer. Downtown is thriving with the opening of many new businesses and the Pedestrian Improvement Project is underway. We are welcoming back Downtown Sounds in Village Square and you can enjoy outdoor dining at many of our restaurants. The beaches and parks



Mayor Tim Tenke

have received a facelift with completion of the new bathrooms at Morgan Park, volleyball nets on the beach and July 4th fireworks in the park! Pryibil Beach has been upgraded with new sand, new trees, benches, picnic tables and the replacement of the old basketball court with two beach volleyball courts. The fishing pier is being repaired and due to re-open in July. Many families have asked about the playground at Stanco Park. This was a large project requiring new drainage and better ground covering. The work has been engineered, put out to RFP and construction has begun. We anticipate reopening at the

beginning of July. Our golf course is undergoing a total re-build of our pro-shop and offices. You will notice trailers in the parking lot so that business can continue as normal until the renovation is complete. Our driving range will also be undergoing upgrades. We are working tirelessly to re-open our beloved Crescent Beach. We hope to be ready for swimming this summer; however, gates will be open for residents to enjoy sunbathing and sunsets beginning on Memorial Day weekend. And a reminder that the parks and open space at Garvies Point are open to all Glen Cove residents to enjoy.

On behalf of my family and myself, I would like to wish each of you a safe and memorable summer and ask that you never forget the brave soldiers that paid the ultimate price for our freedom on this Memorial Day.

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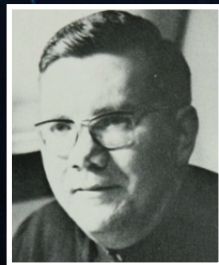
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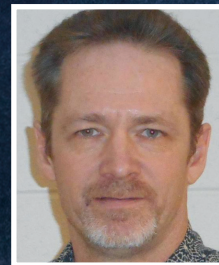
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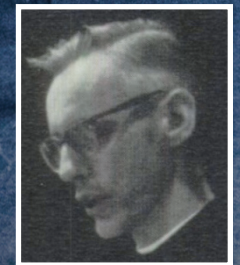
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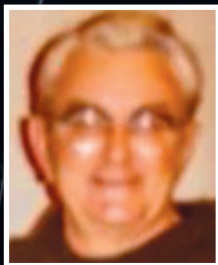
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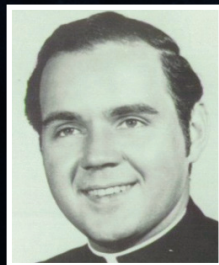
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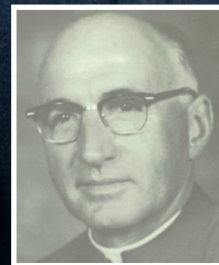
Finian (Robert) Magee



Joseph C. McComiskey



Brian A. McKeon



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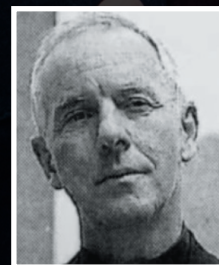
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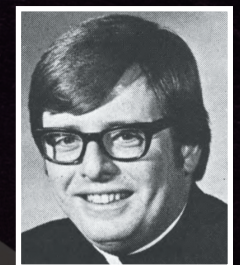
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Mask-related acne, 'maskne,' is no joke

CONTINUED FROM FRONT PAGE

ing critical.

How to avoid getting maskne

To avoid getting maskne, both doctors recommended washing your face twice a day with warm water and a gentle cleanser, and moisturizing your skin afterward to protect it.

Madan advised against using an astringent or a toner, because they deplete the skin's natural oils, which can cause inflammation and even more acne, he said.

"A lot of people chalk it up to being a mask problem and that there's nothing they can do about it but there are options," he said. "I recommend Tretinoin, which normalizes the skin and helps dry up oil glands. There are over-the-counter medications similar to Tretinoin that can also be used."

The key to killing bacteria on a mask is wearing a cloth mask that can be laundered, Mustacchia said. "Maskne is from bacteria that may be one's own native bacteria, which grows because of the warm covering from the mask," he explained. "Clorox during laundering is great, as are other products for colored fabrics."

Men with beards and mustaches who have maskne are challenged, he said. "It's best to keep the beard and skin clean and dry," Mustacchia advised. "Wax and anti-



Courtesy NeoBatfreak at Wikimedia Commons

SOME PEOPLE WHO have worn masks during the pandemic are experiencing mask-related acne, but medical workers have always had this problem, because they wear masks routinely.

bacterial ointment is not recommended. Although people can't see the maskne when someone has a beard, there's a great deal of itching, which is a sign that there is an underlying problem."

Even now, with mask mandates lifted in New York state for anyone outdoors, and for those who have been fully vacci-

nated, indoors or out, Madan said he continues to see many cases of maskne.

"I was surprised to see so many people with it," he said. "I guess it was inevitable, but it was not under my radar until it happened. I noticed I was breaking out, too, from my mask."

Skin conditions masks don't help

■ **Acne:** hair follicle and oil glands disorder when glands clog, causing pimples and cysts. Doctors say that wearing a mask can cause breakouts.

■ **Allergic contact dermatitis:** a type of dermatitis/eczema caused by an allergic reaction. The formaldehyde and bronopol often found in surgical masks can create an allergic reaction.

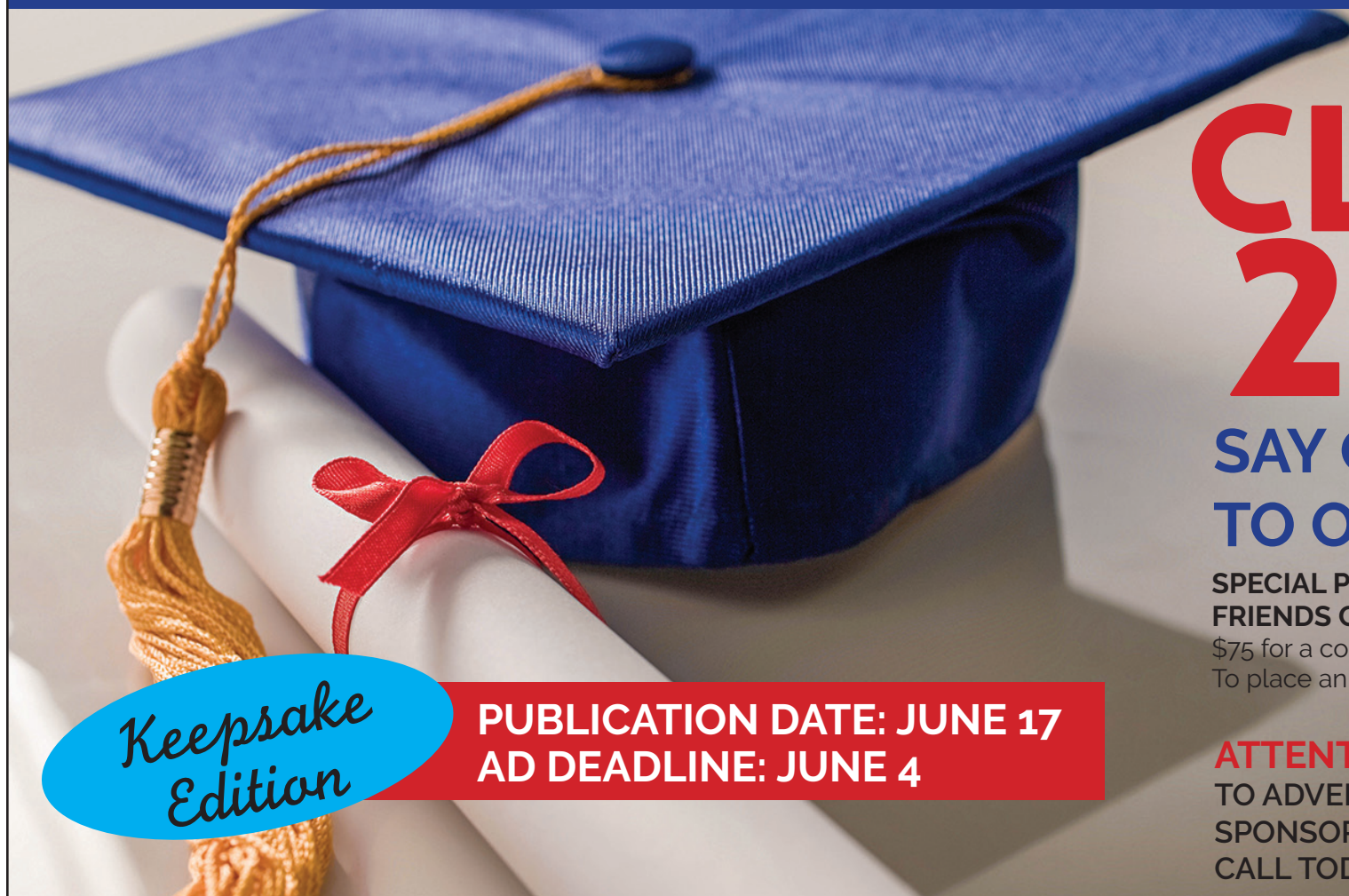
■ **Rosacea:** a chronic skin condition causing redness, pimples and/or broken blood vessels. It is worsened by heat and stress, and wearing a mask can cause flare-ups.

■ **Seborrheic dermatitis:** a condition that affects the scalp, causing scaly patches, inflamed skin and dandruff.

■ **Folliculitis:** an infection that can occur anywhere on the skin where there is hair. This usually happens when there is rubbing and sweating, which happens when wearing a mask.

-Loma Linda University Health

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OBITUARY

Patricia DiPietro

With profound sadness we announce the passing of Patricia DiPietro, a devoted mother, cherished wife, supportive crew chief, and accomplished get-away driver, on May 24, 2021. She was born in 1950 in Nyack and raised in Glen Cove, where she met and married her high school sweetheart. After years of traveling the country and living everywhere her husband crashed a race bike, she landed back on Long Island in Bayville. Pat was the most supportive mother and grandmother, and an honorary mother to many. Her smile lit up a room, her generosity was humbling, and she lived her life for everyone she met. You better have been hungry if you ever stepped foot in her home. She lived a life of love. Love for her family, love for animals, love for "American Idol," "The Voice" and any TV show her son worked on. Pat is survived by her husband Gary DiPietro, her daughter and son-in law Lindsay and Liam Wyant; her son and daughter-in-law David and Andrea DiPietro; her brothers Elton and Mike, and her grandson Grayson. A Memorial service will be held on Friday, May 28, from 2 to 4 and 7 to 9 p.m. at Whitting Funeral Home, 300 Glen Cove Ave., Glen Head. In lieu of flowers, the family prefers donations to be made in Patricia's honor to the American Cancer Society.

John T. Santo

John T. Santo of Glen Cove died on May 20, 2021, at age 74. Beloved brother of Priscilla Poole (Thomas), Robert (Madelaine), James (Carole) and the late Charles (Dorothy). Also survived by many loving nieces and nephews. Visitation and Prayer Service held at Dodge-Thomas Funeral Home of Glen Cove. Interment at East Hillside Cemetery.

John Patrick Fahey Jr.

Reverend John "Jack" Patrick Fahey Jr. of Shirley and formerly of Glen Cove, died at age 79, on Tuesday, May 18, 2021, at Long Island Community Hospital. He was born June 13, 1941 in Glen Cove to John P. Fahey, Sr. and Ann Kruger Fahey. He graduated from St. Patrick's Chaminade High School in 1958 and received his B.S. in political science from Adelphi University in 1966. He graduated Summa Cum Laude from New Brunswick Theological Seminary with a Master's of Divinity in 1986. He married Jean Lowery in February 1964. He loved preaching and singing and had a great sense of humor. He enjoyed vacationing in Montauk, St. Thomas, and Jamaica. He loved politics and religion and sought to never mix the two. A lifelong Democrat, he was very active in Glen Cove and Nassau

County politics from the 1960s to 1980s. He was at his happiest when he was surrounded by friends and family. He was a member of the Glen Cove Elks Club and was secretary in the 1970s to early 1980s. He was Pastor of Carpenter Memorial United Methodist Church from 1980-1988, Riverhead United Methodist Church from 1988-2000, and Lynbrook United Methodist from 2000 until his retirement in 2013. Rev. Fahey was in charge of Lay Speakers Classes Chaplain at Peconic Bay Hospital in the 1990s. He was a member of Riverhead and Lynbrook Rotary Clubs and Fire Chaplain of the Lynbrook Fire Department, and a 32nd degree Mason of the Masonic Order of Masons in Riverhead, Glen Cove, and Lynbrook. Lifetime professing member of the Order of Saint Luke. He is survived by his wife Jean, sons Edmond (Valerie) and Patrick (Diane), five grandchildren: Cullen, Catherine, Megan, Dillon, and Caroline, several cousins, and loved by so many friends. Visiting

at Dodge-Thomas Funeral Home of Glen Cove. Funeral service at St. James United Methodist Church of Lynbrook. Interment at East Hillside Cemetery. www.DodgeThomas.com

Obituary Notices

Obituary notices, with or without photographs can be submitted by individuals as well as local funeral establishments. They should be typed and double spaced. The name of the individual or funeral establishment submitting the obituary should be included. A contact phone number must be included. There is no charge for obituaries.

Send to: jnossa@liherald.com or 2 Endo Blvd., Garden City, NY 11530

THE GREAT BOOK GURU

Destructive dynasty

Dear Great Book Guru,
As May comes to a close, I am preparing for a strong summer of reading. I'd like to start with some non-fiction. What do you think is the best piece of non-fiction you have read this year?

—Strolling into Summer

Dear Strolling into Summer,

I have no problem choosing this one: "Empire of Pain," by Patrick Radden Keefe, author of "Say Nothing," another GBG pick.

Keefe writes about the Sackler family and how their dynasty changed the world forever. In exquisite detail, Keefe recounts their history from 1930's Brooklyn, to Creedmoor Psychiatric Hospital in Queens, to palatial mansions here and abroad. Arthur, Mortimer and Raymond are the three brothers whose lives, wives, children and grandchildren populate this book.

Known for their lavish gifts to the Metropolitan Museum (think Temple of Dendur), the Louvre, the Smithsonian

and many, many other institutions, their most enduring legacy will undoubtedly be the addiction crisis that has spread throughout the world fueled by their revolutionary advertising techniques and corrupt practices. Many consider Richard, one of the second generation Sacklers, to be the most responsible for the carnage, but others feel the oldest of the three brothers, Arthur, bears the largest share of blame. It was he who masterminded the family drug empire through inventive advertising, a glamorous drug sales force, lavish gifts

to physicians, a group of dedicated lawyers and a myriad of lies. His brothers and he became billionaires many times over as millions became addicted to their drugs. Keefe's book is an indictment of one family and a culture that allows the few to accrue so much. Highly recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.



ANN
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HERALD PUBLIC NOTICES

LEGAL NOTICE
NOTICE OF COMPLETION OF TENTATIVE ASSESSMENT ROLL (Pursuant to Section 506 of the Real Property Tax Law)

NOTICE IS HEREBY GIVEN that the Assessor of the City of Glen Cove has completed the Tentative Assessment Roll of Real Property for the year 2021. A copy of said assessment roll will be electronically available on June 1st, 2021 where it can be viewed at the City of Glen Cove, Department of Assessment website, <https://glencoveny.gov/assessment-department/>. In addition, the electronic roll will be available at the public terminal by the Assessment office.

On Grievance Day, Tuesday, June 15, 2021, the Board of Assessment Review will meet during the following times: 10am-12pm; 2-4pm; 7-9pm. to hear and examine all complaints in relation to assessments on the application of any property owner believing to be aggrieved in the 2nd Floor Conference Room at City Hall, 9 Glen Street, Glen Cove, New York. Property owners are not required to be present during the hearing. The Grievance application (RP-524) and instructions are available at <https://glencoveny.gov/assessment-department/> Dated: May 27, 2021 Michael A. Piccirillo City Assessor 126148

LEGAL NOTICE
NORTH SHORE CENTRAL SCHOOL DISTRICT SEA CLIFF, NEW YORK INVITATION TO BID: CARPENTRY SUPPLIES BID SCHOOL YEAR 2021-2022 Participating Districts: North Shore Central School District & Glen Cove School District

PUBLIC NOTICE is hereby given that sealed bids will be receive by the Board of Education, North Shore Central School District, 112 Franklin Avenue, Sea Cliff, New York, 11579, for Carpentry Supplies Bid Receipt Day & Time: June 8th, 2021 at 11.00am Bids will be received until the above-stated hour of prevailing time and date to the attention of John Hall, Director of Facilities at the Business Office of North Shore Central School District located at 112 Franklin Avenue, Sea Cliff, NY 11579. Promptly at 11:00am prevailing time on June 8th, 2021. Bids will be opened and read aloud by video conference/live stream arrangements for participation in which will be available on the District Website. Note: In the event closure of the business office makes such video conference impossible on the bid opening date, video conference or live bid opening will be conducted on the next day the office is accessible as will be indicated at least 24 hours prior on the district website.

OBTAINING DOCUMENTS: Specifications and bid forms may be obtained via email Monday through Friday, between the hours of 8:00am and 4:00pm, excluding holidays. Requests for bid documents must be sent via email to MathewCheravallil@northshoreschools.org. Bid Submissions: Each board of education reserves the right to waive any informalities in or to reject any or all bids, or to accept that bid which, in the Boards of Education's judgment, is in the best interest of the

School District. The Boards of Education further reserve the right to consider experience, service and reputation in the above referenced fields. In addition, the Boards of Education reserve the right to consider the financial responsibility and specific qualifications, set forth in the bid specifications, of the prospective bidder in evaluation of the bids and award of contracts
BOARD OF EDUCATION
North Shore Central School District
By: Elizabeth Ciampi, District Clerk
126150

LEGAL NOTICE
CITY OF GLEN COVE PLANNING BOARD NOTICE OF PUBLIC HEARING
PLEASE TAKE NOTICE that a PUBLIC HEARING will be held by the Planning Board on Tuesday, June 1, 2021 at 7:30 p.m. when all interested persons will be given an opportunity to express their views. The hearing will be on the application of Luigi Cerullo for Manilu Holdings Corp. which seeks a site plan approval to demolish an existing auto repair use located at 73 Cedar Swamp Road, Glen Cove, N.Y. and construct a new 2,500 square foot structure containing a 7 Eleven convenience store. The property is designated on the Nassau County Land & Tax Maps as Section 22, Block 20, Lot(s) 6 & 7 and located in the City's B-2 Peripheral Commercial District. Due to COVID-19 concerns, the public will only have virtual access to the meeting through the use of Zoom Webinar, a platform which will enable residents to watch a livestream of the meeting on the platform

or to call in and listen to the meeting in compliance with the Executive Order 202.1, as subsequently extended. A link to the hearing will be posted the Glen Cove website (www.glencoveny.gov) in advance of the hearing which can be accessed from the homepage by clicking the link labeled "Meeting, Minutes & Agendas" and then following the instructions thereafter. If you have any questions about accessing this hearing, please contact Rosa Rizzo, the secretary for the Planning Board, at rrizzo@glencoveny.gov. Please note that although all interested persons will be given an opportunity to speak, all microphones will be muted until such time as the particular individual is authorized to speak. Anyone wishing to comment on the application, but who cannot join the Zoom meeting, can submit comments to Rosa Rizzo in advance of the hearing. Public comments received prior to the commencement of the public hearing will be made part of the public record. Because the City Hall is closed to the general public, the above application may be viewed on the City's web site under the tab "Government" "Boards, Commissions and Agencies" and then under the "Planning Board" sub-tab. If you are unable to access the application, please contact Rosa Rizzo at the address above. Dated: March 16, 2021 BY ORDER OF THE PLANNING BOARD OF GLEN COVE JOHN DIMASCIO, CHAIRMAN 126152

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20 Finley MS inducts new members into Jr. Rho Kappa

May 27, 2021 — GLEN COVE HERALD

The Glen Cove City School District recently inducted 26 new members into the Robert M. Finley Middle School chapter of the Junior Social Studies Honor Society, Jr. Rho Kappa, advised by Thomas Smith and Amanda Corazza, in recognition that these students' demonstrated excellence in social studies as well as overall academic achievement. This was the second annual induction ceremony for Finley's Jr. Rho Kappa.

Jr. Rho Kappa Social Studies Honor Society is the only national organization for middle or junior high school students that recognizes excellence in the field of social studies. Through building-wide activities, members have demonstrated exemplary leadership, character, and citizenship. In the 2020-2021 school year, Jr. Rho Kappa student officers were led by Julia Petrizzo, president; Mia Lupinski and Michael Renga, co-vice presidents; Michelle Pinilla Hernandez, secretary; and Grace Guillen, treasurer.

Jr. Rho Kappa provides opportunities for exploration in social studies and promotes civic engagement in both school and the greater Glen Cove community. These students have participated in many acts of charitable service throughout the school year, such as "Pennies for the Pantry" and "Jeans for Troops." Most recently, members participated in the Finley History Day Research Project—where students



Courtesy Glen Cove Schools

TOP ROW, FROM left: Rose Tursi, Isabella Damiano, Kalia Sol'e Edwards, Amelia Decker, Isabella Santiago, Mason Foster, Michael Maza. **Bottom row, from left:** Arden Jimenez, Alyssa Weigand, Michelle Pinilla Hernandez, Natalie Macnow, Benjamin Napolitano.

researched historical topics surrounding the 2021 National History Day theme, "Communication in History."

This year's inductees are: Luke Benzinger, Leila Cullen, Nicolas John Chikvak, Isabella Damiano, Ameila Decker,

Kalia Sol'e Edwards, Jordan Flores Pardo, Mason Foster, Aidan Charles Ham, Arden Jimenez, Mia Lupinski, Natalie Macnow, Anna Miller, Kasey Joyce Miller, Benjamin Napolitano, Patrick O'Brien, Michelle Pinilla Hernan-

dez, Michael Renga, Isabella Santiago, Siena Scagliola, Cole Trotto, Rose Tursi, Christopher Villatoro Lopez, Alyssa Weigand, Ella Wohltmann, and Nicolas Velazco Lagos.

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OPINIONS

Mixed emotions on my birthday

Thursday is my birthday, and I must confess that I'm approaching it with mixed feelings. I'm not afraid of getting older, because there are only two choices. I'm extremely grateful for my beautiful family, and all the love and respect they give me throughout the year. But the



**JERRY
KREMER**

state of the world around me is unsettling, and it's hard to ignore if you care about the future of this planet.

Let me start with the good side. I get up each day feeling that I can reinvent myself and do something different, and that's

how I have lived my life. Thirty-plus years of public service have been very rewarding. Continuing my professional life is energizing. Being active in politics, and trying to make new laws from afar, is part of what keeps me motivated. But once I search the internet or turn the pages of the few newspapers still in print, things

change dramatically.

We all know the political system is broken and the country is badly divided. What is more distressing is that there is no one person or group out there that is capable of fixing things, because the divisions are so deep. Let's start with the U.S. Congress. There are 535 elected officials showing up each day at the Capitol, and many of them are happy to do nothing. Politics has always been about power, but in my lifetime, the powerful have occasionally done some great things.

It's one thing to do nothing, but on top of it, many of the players are just nasty. The meanness didn't start in recent weeks. It dates back to the mid-1990s, when Newt Gingrich became speaker of the House. He told his Republican colleagues that there could be no bipartisanship. He directed them not to sponsor legislation with any Democrats, and declared the Democratic Party the enemy. It took only a year or two before that same meanness trickled down into almost every legislative

body in the country.

In my eyes, there are two Republican parties. Here on Long Island there are Republicans and Democrats who talk to each other, even if they can't agree on everything. There are hundreds of local

officials who show up at work each day and serve all the people without any distinction. I can name dozens of officials on the other side of the aisle whom I consider to be friends. They are pleasant and willing to talk about projects and programs. We can't always agree on everything, but they are civil and gracious. At the highest level of government, however, life is a

daily slugfest.

There are so many examples of government malpractice that it's hard to pick the top one. The most current one is the attempt to create a bipartisan commission to investigate the January 6 insurrection, when hundreds of people stormed the U.S. Capitol and five people died in the process. Even Stevie Wonder could tell you that this was an attempt to overthrow the government

and stop the certification of the 2020 election. Yet there are numerous Republicans, including many who were hiding under their desks, who are now in deliberate denial about the entire event.

We have gone through a horrible period of lockdowns and widespread death as a result of the coronavirus pandemic. Every reputable medical voice urged us to take all necessary precautions to protect ourselves and our loved ones. In the face of all of this national distress, the wearing of a simple mask became a political statement, and millions of people currently refuse to get a vaccination that could save their lives.

So as I celebrate my birthday, I will bask in the warmth of my loved ones and close friends, and pray for continued good health. But at the same time, I am unable to ignore the national madness that is engulfing this great country called the United States of America.

Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He now heads Empire Government Strategies, a business development and legislative strategy firm. Comments about this column? JKremer@liherald.com.

What is Memorial Day about, if not memories?

Memorial Day events will take on new urgency this year as a kind of collective anti-insurrection rally. Political stability fractured on Jan. 6 when a mob stormed the U.S. Capitol at the urging of former President Donald Trump. As our friends on the other side of the



**RANDI
KREISS**

pond said in a headline posted by The Guardian, it was "ANARCHY IN THE USA."

That week, I wrote, "Even though I saw the mob storming the Capitol in real time, I still could not fully absorb the impact of what was happen-

ing. Trump followers were incited by the president of the United States to loot and destroy the Capitol building because, inside, a fully legitimate election was about to be formally signed and sealed."

The subsequent sound and fury distorted the disturbing truth of that day: Americans went to D.C. to thwart the processes of an orderly transfer of power.

Our democracy stands, but it is wob-

bling. As divided as we are, when we gather in our communities on Memorial Day and honor a common past, I hope we can summon the best of ourselves. I hope we can agree that the Jan. 6 insurrection, the violent manifestation of our political division, was an anomaly and must never happen again.

All my life, in the weeks leading up to Memorial Day (and I am going back decades), we could hear the marching band from Hewlett High School, several blocks away, practicing for the parade. In those days we had both a patriotic and a personal interest.

One year our son, Jason, played clarinet in the Franklin Elementary School band. We walked from our house to stand on Central Avenue in Woodmere and watch as the band halted at the Hewlett Veterans Memorial for a brief ceremony. Jason did his bit, catching my eye from the corner of his as he marched by. Men and women who had fought in World Wars I and II, Korea and Vietnam gathered in their old uniforms to pay their respects.

We have always been a country divided, lurching forward in fits and starts toward common democratic values and

respect for commonly held truths. But on Memorial Day it always seemed important to put our hands to our hearts and bless the memory of the servicemen and women who died fighting for this country. My wish is that we

Remember not only those who died, but what the battles were about.

gather again this Memorial Day to honor them and remember what those battles were about: equal rights for all our citizens, freedom from authoritarianism, respect for the truth and the integrity of our voting system.

Memorial Day was established in 1868 by General John A. Logan, a Union general in the Civil War. He called for a nationwide day of remembrance on May 30. He urged people to decorate the graves of "comrades who died in defense of their country during the late rebellion." So our common holiday identified the confederacy as a rebellion.

Today, 153 years later, we are still riven by rebellion, civil and uncivil. The January insurrection, a direct hit on the Capitol, made us seem closer than ever to losing the way of life and the kind of government we have fought to preserve. The threads of our Democracy are twisted and frayed; heaven

help us if they break.

I plan to attend a Memorial Day event to honor our past and commit to our common future. Wherever you live, you can find a parade this year or a memorial ceremony. You can listen to the sounds of the marching bands and hear that as the soundtrack of our democracy.

Many of the bands and ceremonies were canceled last year because of Covid-19 restrictions. This Memorial Day we will also remember those lost to a pandemic that has wrung this country dry of tears. One loss does not supersede another. Grief abounds. It is the common language of mothers who lost sons in battle and children who lost parents to a pandemic.

Memorial Day is our moment to come together, to heal the wounds of Jan. 6, to heal the sadness of this year.

I asked what Memorial Day is about, if not memories, and I know it is about love of country, not just in one's heart, but also as reason to participate. It is about getting up and out to the parade in your town, one foot in front of the other, to stand together and remember what it means to live in a free country and the need to defend that freedom, from threats here and abroad.

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HERALD EDITORIAL**Hurricane season starts June 1 – be prepared**

The official start of the Atlantic Ocean hurricane season is June 1 — next Tuesday. From now through November, we must be prepared for a storm to come out of nowhere and wreak havoc across Long Island, as Tropical Storm Isaias proved last summer. It was a swift-moving tempest that slammed Nassau County with heavy winds, knocking down more than a thousand trees and 338 electric and phone lines, leaving tens of thousands of residents without power for days.

As denizens of an island that juts 118 miles into the Atlantic, we must hope for the best and be prepared for the worst. Each year, the American Red Cross publishes a hurricane-preparedness checklist. We present it here.

Before a storm

- Listen to National Oceanic and Atmospheric Administration, or NOAA, Weather Radio for critical information from the National Weather Service.

- Make sure you have a three-day supply of water — at least one gallon per day per person.

- Be sure to have a three-day supply of food on hand.

- Bring in anything from your yard that can be picked up by the wind, such as bicycles and lawn furniture.

- Have a flashlight handy with extra batteries, and a battery-powered or hand-crank radio.

- Close windows, doors and hurricane shutters. If you don't have shutters, board up windows and doors with plywood.

- Check your first aid kit to ensure that it's well supplied.

- Turn the refrigerator and freezer to the coldest setting and keep them closed as much as possible so food will last longer if the power goes out.

- Have a seven-day supply of medications and medical items (hearing aids with extra batteries, glasses, contact lenses,

syringes, cane).

- Turn off propane tanks and unplug small appliances.

- Fill your vehicle's gas tank.

- Gather copies of personal documents (medication lists and pertinent medical information, proof of address, deed/lease to your home, passports, birth certificates, insurance policies).

- Create an evacuation plan with members of your household. Planning, and practicing, the plan will minimize confusion and fear during the storm.

- Have cellphones and chargers on hand.

- Create a family and emergency contact list.

- Learn about your community's hurricane response plan. Plan routes to local shelters, register family members with special medical needs and make plans for your pets to be cared for.

- Evacuate if advised by authorities. Be careful to avoid flooded roads and washed-out bridges.

- Be certain to have baby supplies (bottles, formula, baby food, diapers).

- Check pet supplies (collar, leash, ID, food, carrier, bowl).

- Because standard homeowners insurance does not cover flooding, you should have a flood insurance plan. For more information on flood insurance, visit the National Flood Insurance Program website, www.FloodSmart.gov.

Vital items

In your hurricane go bag, you should have:

- A multi-purpose tool

- Extra cash

- Emergency blanket

- Map(s) of the area

- Tools and supplies for securing your home

- An extra set of car and house keys

- Extra clothing, hat and sturdy shoes

- Rain gear

- Insect repellent and sunscreen

- Camera for photos of damage

After a storm

- Continue listening to NOAA Weather Radio or the local news for the latest updates.

- Stay alert for extended rainfall and subsequent flooding, even after the storm has passed.

- If you evacuated, return home only when officials say it is safe.

- Drive only if necessary, and again, avoid flooded roads and washed-out bridges.

- Stay away from loose or dangling electric lines and report them to the power company.

- Stay out of any building that has water around it.

- Inspect your home for damage. Take pictures of any damage, both of the building and its contents, for insurance purposes.

- Use flashlights, not candles, in the dark.

- Avoid drinking or preparing food with tap water until you're sure it's not contaminated.

- Check refrigerated food for spoilage. If in doubt, throw it out.

- Wear protective clothing, and be cautious when cleaning up to avoid injury.

- Watch pets closely, and keep them under your direct control.

- Use the phone only for emergency calls.

If your community has experienced a hurricane, or any disaster, register on the American Red Cross Safe and Well website, www.RedCross.org/SafeandWell, to let your family and friends know about your welfare.

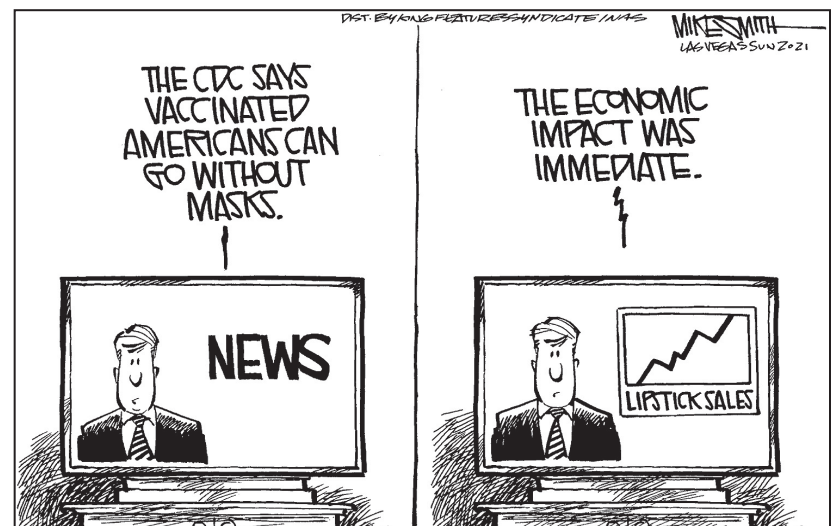
LETTERS**Looking forward to change**

To the Editor:

We are humbled by the outcome of the Board of Education election and honored to have the opportunity to serve the public. The Glen Cove community spoke loud and decisively that they

want to move forward supporting our schools and the entire community with new ideas, new energy and a new way of doing business.

The challenges our schools and students faced this past year were daunting. We cannot thank teachers, administration and staff enough for their dedication and creativity in facing these challenges. We'd also like to thank former



OPINIONS

I still plan to mask up

To mask or not to mask? That is the question — not only mine, but just about everyone else's, too.

The confusion about the necessity of masks came from the very government agency that is supposed to make sense of these things, the Centers for Disease Control and Prevention. Over a week

ago, the CDC announced dramatic changes in the way we live these days: People fully vaccinated against Covid-19 do not need to wear masks or practice physical distancing in virtually any indoor or outdoor setting.

Gov. Andrew Cuomo picked up from there, saying

that vaccinated New Yorkers need not mask up, indoors or out. "You are safe," he intoned.

So it's all over? Covid is gone? Not at all.

Remember, the CDC also points out that only about 119 million Americans — about one-third of the population — have been fully vaccinated. To reach herd immunity, the agency says, some 75 to 80 percent of Americans would need to be vaccinated.

So why the abrupt change in guidance? That's hard to say. But there have been two general reactions: confusion and disbelief.

"Frankly, I was shocked," said Dr. Leana Wen, an emergency physician, a visiting professor of health policy and management at the George Washington University Milken Institute School of Public Health and a frequent CNN contributor.

Same here, Dr. Wen. I'm fully vaccinated, but how do I know if the person standing next to me on the supermarket line is? I see wait staff at some restaurants who are masked. At others, they are not. I walk outside and some people are wearing masks, others are not. Is this what the CDC wanted, or expected? I don't think many of us did.

What happens on the beach this summer? Who's going to wear a mask, or even socially distance, on the sand? And how about concerts, where young people mostly didn't wear masks even when the CDC said they should? Same with theaters. Sporting events, weddings, confirmations, bar and bat mitzvahs, funerals and backyard barbecues.

The reality is, we were never very good when it came to pandemics. How could we be?

The influenza pandemic of 1918-19 was the most deadly flu outbreak in history, killing up to 50 million people worldwide, including around 675,000 in the U.S. Various state and local governments issued warnings, put out guidance and tried to

see that people followed the rules. Many did. Schools were closed, no-spitting ordinances were enforced, and people were encouraged to use handkerchiefs or disposable tissues in public.

But, like today, many refused to go along. Some complained that the masks were uncomfortable, ineffective and bad for business. Sound familiar? Even more

familiar, some public officials were caught in public

not wearing masks. After World War I ended, the sense of patriotism that fueled people to take precautions faded rapidly. There were, like today, some dissenters who even formed an Anti-Mask League in San Francisco. At the time, there was much discussion and debate about the quality of masks, just as there is today. Many masks then were made of gauze, and people didn't like how they looked.

"To entice people to get them to wear them, [cities] were pretty lax in terms of what people could wear," wrote J. Alex Navarro, assistant director of the Center

for the History of Medicine at the University of Michigan and one of the editors in chief of "The American Influenza Epidemic of 1918-1919: A Digital Encyclopedia."

Just like today, fashion stepped in. "Influenza Veils Set New Fashion: Seattle Women Wearing Fine Mesh With Chiffon Border to Ward Off Malady" was the headline of a story in the Seattle Daily Times in 1918. Historians say that these fashionable masks were not made of the best material and did not much help the cause.

To add to the deep feeling of unease among many, we read daily of the horror that the coronavirus has caused in India. Brazil, parts of Europe and Mexico remain hard hit.

Are we opening up too quickly?

Right now, to me, anyway, our experts appear to be issuing guidelines that may be too early. They do not speak with one voice. And we are relying on them to get it right.

Eventually, they, and we, *will* get it right, and life will resume the way we remember it pre-pandemic. Until then, however, I will mask up. And I will continue to say what we have been saying to one another from the dark beginning: Stay well!

Jim Bernstein is editor of the Long Beach Herald. Comments about this column? JBernstein@liherald.com.



JAMES BERNSTEIN

Our experts aren't speaking with one voice, and we rely on them to get it right.

LETTERS

Trustee Monica Alexandris-Miller and outgoing Trustees Rose Sekelsky, Mary Murphy and Gail Nedbor-Gross for their service to our schools and community.

DR. ANGELA RAIMO,
Board of Education trustee
MAUREEN JIMENEZ, MEGHAN
LAVINE, ANNE MARKOULIS,
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Seeking a second term

To the Editor:

I'm excited to announce that I'm running for re-election as Glen Cove city councilman alongside Mayor Tim Tenke. I've proudly served as your representative for almost two years, and in that time I've worked hard to help build the honest, effective government that you deserve. I'm proud of our progress, and I'm running for re-election to build on that success.

Back in 2019, I based my candidacy on a simple idea: Government should be accountable to voters. For too long it had been ruled by favors and deals, benefiting few and leaving taxpayers with the bill. When we arrived, our city's finances were a mess — we found growing debt, and we worked hard to rein in wasteful spending. We were dangerously close to a water shortage. Our equipment, parks, beaches

and roads were in disrepair. The mayor and this administration faced each of those problems head on.

Then the pandemic arrived. We did everything we could to provide PPE for our essential workers, moved quickly to implement common-sense safety measures assuring the health of our entire community, and were instrumental in the citywide food distribution effort. When vaccines became available, we worked as quickly as possible to get shots into arms. We coordinated with our county and state partners to set up pop-up sites in Glen Cove in order to get our essential workers, elderly and infirmed vaccinated.

Throughout the pandemic, I've been so proud of our community. The way we all pulled together with the smallest acts of kindness, compassion and hard work has truly been inspiring. When given the chance, there's nothing we can't overcome together. Alongside Mayor Tenke, we have worked hard to lay the foundation for our next chapter. I believe deeply in our city, and it's been an honor to serve you during my first term. I'm asking for your vote so that I may continue to build on our successes and fight for our residents in my second term.

JOHN PERRONE
Glen Cove city councilman

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Get To Know Filomena Tortorella...

As a licensed sales agent, Filomena's expertise of the North Shore area of Long Island is extensive and personal. Having grown up in Glen Head, she understands the community and all its little niches in a way that allows her to find homes that truly connect with her buyers.

Watching her father build his local business from the ground up gave Filomena the entrepreneurial tools and steadfastness needed to achieve the goals set forth with her clients. Trustworthy and reliable, she is a determined realtor who is sure to make your experience a positive one.

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