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VFW hall needs help to repair
Page 4



Hospital honored for stroke care
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\$1.00 VOL. 30 NO. 37

SEPTEMBER 9 - 15, 2021



Courtesy Shannon Vulin

Bubble fun at the playground

Students at Deasy Elementary School were welcomed back last week by the PTA with an outdoor party on the playground. The festivities included bubbles, balloons and shaved ice.

'Everybody wanted to do something' to help on Sept. 11

BY JILL NOSSA
jnossa@liherald.com

The morning of Sept. 11, 2001, was clear and sunny, a perfect day to hop on the newly operational, high-speed commuter ferry from Glen Cove to Lower Manhattan. Glen Cove resident Patty Bourne took the early ferry for the first time — and while she was one of the lucky

ones who eventually made it safely back to Long Island, she never expected to be one of the last few to have an enjoyable ride across the water that day.

"Having the ferry in Glen Cove was very exciting," Bourne said. "I usually took the train in when I had to go to the city, but I thought this was a good reason to try out the ferry. And it was very impressive — it felt like a

high-end airplane."

For Bourne, a former director of Glen Cove's Community Development Agency who worked in Suffolk County at the time, the situation was fortuitous. Because she had taken the early ferry west for a conference at Federal Plaza, she was already inside the building, in an interi-

CONTINUED ON PAGE 13

Remembering the 9/11 lost

BY JILL NOSSA
jnossa@liherald.com

Michele Puckett-Formolo remembers her father as a man who could light up a room. That quality is one of the things she misses most about him, 20 years later, since the light went out on John F. Puckett, of Glen Cove, on Sept. 11, 2001.

"He always made sure everyone around him was having fun," Puckett-Formolo, of Sea Cliff, said. "He just had that ability to be the light in a room."

Puckett, 47, was an audio engineer who worked with a number of high-profile artists, recording albums for musicians like Frank Sinatra, B.B. King, Johnny Mathis and Paul Anka. According to his obituary, several of those recordings went gold. He often set up the sound system for conferences at Windows on the World, on the top floor of the North Tower, which is where he was when the hijacked planes hit the tower.

According to his daughter, he had an engineer's mind, and was good with wires and gadgets. He

converted a truck into a sound studio, using it to record his own band's music as well as others.

"We would call him Mac-Gyver," she joked, "because you could give him two paper clips and a toothpick and he'd build you a raft."

It's affected me in every way. Just like with any milestone in anyone's life that's good or bad, it changes you.

MICHELE PUCKETT-FORMOLO
Sea Cliff

Puckett-Formolo remembers her father as a fun, happy person who always had a smile on his face. He was also an active musician, she said, and played bass in his band, 100 Percent Pure, which often played around Long Island.

She was 16 when her father died, and when she heard the news, she said, she was in denial. "He was one of the first people to be found," she recalled, "and I figured it wasn't him and he was still missing."

She said it took three months for her to believe that he had died.

Puckett was born in Chicago, but grew up in Las Vegas, his daughter said. Living in Las Vegas introduced him to show business — and some of the big players — enabling him to find his calling. He moved to Glen

CONTINUED ON PAGE 14



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Herald file photo

LOCAL VETERANS, INCLUDING the former commander of the Glenwood Landing American Legion Post 336 in Glen Head, are angry about the way the conflict in Afghanistan ended.

As Afghan War ends, local vets feel betrayal, anger

BY ANNEMARIE DURKIN

adurkin@iherald.com

Many of the more than 4 million American armed forces veterans or active-duty personnel who have served in the 20 years since the terrorist attacks of Sept. 11 are battling a sense of heartbreak, frustration and confusion after the U.S. withdrawal from Afghanistan and the Taliban takeover of the country — the same Taliban that harbored Al Qaeda terrorists who planned the attacks.

“The troop pullout is a real tragedy — we never should have left,” Robert Bazan, a former commander of Glenwood Landing American Legion Post 336, said. “Pulling out created a vacuum in the country that allowed the Taliban back into power.” Bazan, a retired Navy captain from Glenwood Landing, was deployed to Afghanistan in 2008 and served there for about a year.

President Biden followed through on his promise to remove American troops from Afghanistan once and for all, after noting that Al Qaeda’s founder, Osama bin Laden, was killed over a decade ago. After U.S. forces stayed in the country for another decade, Biden decided it was time to end the war.

“I refused to continue in a war that was no longer in the service of the vital national interest of our people,” Biden said in a speech on Aug. 31, announcing that the last of the American troops had left Afghanistan. “I simply do not believe that the safety and security of America is enhanced by continuing to deploy thousands of American troops and spending billions of dollars a year in Afghanistan.”

Researchers at Brown University estimate the U.S. has spent more than \$2.2 trillion on the conflict in Afghanistan since it began in 2001.

The U.S. invaded Afghanistan in October 2001 to oust the Taliban, which the Bush administration said was harboring



Roni Chastain/Herald

PRESIDENT BIDEN FOLLOWED through on his promise to remove American troops from Afghanistan once and for all on Aug. 31, ending America’s longest international conflict. The decision has left many local veterans feeling angry and betrayed.

bin Laden and other Al Qaeda figures linked to the 9/11 attacks. Since then, American forces have tried to ensure the country’s long-term security, democracy and prosperity, but veterans say their post-9/11 experiences left them frustrated not only with the long, grinding involvement in Afghanistan, but also with the American government’s flawed justifications for the Iraq War, which began in 2003.

“It’s all politically motivated, to grab headlines,” Bazan said. “The [Afghanistan] pullout isn’t serving the interest of American foreign policy or national security, and [is] allowing the Taliban to resurge in the country, almost definitely leading to further conflicts.”

“With the 9/11 anniversary coming up, I think whoever was involved got major political points for pulling out,” said Luke Whitting, of Glen Head, a corporal infantryman who served in Afghanistan in 2017 and 2018. “It was an absolutely terrible idea, and gave the Taliban all the propaganda they needed against America.”

NATO formally ended its combat mission in Afghanistan in December 2014, but kept around 13,000 troops there to help train Afghan forces and support counterterrorism operations. “We stopped combat in 2014 but stayed to provide training and humanitarian assistance for the national army and police,” Bazan said. “There was no reason for us to leave — we were there in a supportive

role to help keep the Afghan government stabilized. Withdrawing from Afghanistan left the entire country, and civilians who helped support the U.S., without support and fearful for their own lives.”

Now, in the absence of American troops, the Taliban has regained control of the country, prompting many to fear that all of the progress made in stabilizing the country will be lost. “I believe Afghanistan made a lot of strides in the last 20 years,” Whitting said. “Women have a lot more rights today than they did 20 years ago. We definitely did a lot of good over there. It’s heartbreaking to see how it’s all going back to how it was pre-9/11.”



Photos courtesy Glen Cove VFW 347

FIREFIGHTERS WORKED TO put out the fire at the VFW post on Hill Street last month.

VFW seeks support in aftermath of fire

For more than a century, the Glen Cove Chapter of the Veterans of Foreign Wars has helped the veteran community from their headquarters at 15 Hill Street. There have been holiday celebrations, picnics, remembrances, and a place to advise and assist those in need, from veterans of World War I to those from the recent wars in Iraq and Afghanistan. On Aug. 24, there was a devastating fire at the headquarters. Insurance will cover some of the loss, but not all.

According to VFW Commander Henryk Nowicki, the Post needs significant support to build back. "We are seeking the support of the community in hopefully raising a minimum of \$20,000 in the next month," Nowicki said last week.

According to officials, it will take \$20,000 to meet the shortfall in funding and for other much-needed renovations. The public can support the post by making financial contributions in the form of checks made payable to VFW Post 347 and mailed to James E. Donahue Post 347, 15



THE FIRE SIGNIFICANTLY damaged the building, with an estimated \$20,000 needed for repairs.

Hill St., Glen Cove, NY 11542. The VFW is a non-profit organization. Donations are tax-deductible as allowed by law.



Courtesy Tab Hauser

JOSEPH G. CAIRO Jr., center, received the Joseph M. Reilly Leadership Award. Cairo is the Nassau County GOP chairman.

Joseph Cairo receives leadership award

In a ceremony held last week at the Metropolitan in Glen Cove, the Joseph M. Reilly Leadership Award was given to Nassau County GOP Chairman Joseph G. Cairo Jr. The Joseph M. Reilly Leadership Award was established in the honor and memory of Reilly, a former assemblyman, mayor and

chairman. Cairo was given the honor this year for his many years of service and dedication to both political and non-political causes. On hand to give the award was Joe Reilly's wife, Margaret Reilly, and Pam Panzenbeck, along with local community leaders.

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Total infections as of Sept. 6

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A catastrophic fire broke out on Tuesday morning (Aug. 24th), destroying the headquarters of NOSH and the North Shore Soup Kitchen. Their food pantry had operated out of the building since April, and serves over 600 families on the North Shore each week.

In an effort to assist our friends at NOSH during this devastating time, Daniel Gale Sotheby's International Realty will be collecting canned & dry goods here at our office on Sea Cliff Avenue. You can also donate to their GoFundMe page by following the QR Code below:

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COMMUNITY UPDATE

Friday, Sept. 10

Movie at the Library

Gold Coast Public Library Annex, 50 Railroad Ave., Glen Head, 2 to 4 p.m. Watch "Lilies of the Field" (1963) at the library. Homer Smith (Sidney Poitier), an itinerant handyman driving through the Arizona desert, is persuaded by three East German immigrant nuns to build a chapel and teach them English.

Saturday, Sept. 11

Deep Roots Farmers Market

100 Garvies Point Road, Glen Cove, from 9 a.m. to 1 p.m. The weekly farmers market offers a selection of locally grown vegetables and eggs, fresh baked bread, honey, seafood and more.

9/11 Remembrance Ceremony

Beginning at noon at Morgan Memorial Park in Glen Cove, there will be an outdoor memorial ceremony that will include local dignitaries, clergy, veterans and first responders, as well as local musicians.

Town of Oyster Bay 9/11 Remembrance Ceremony

Beginn at 6 p.m. at the Theodore Roosevelt Park Western Waterfront 9/11 Memorial on West End ave in Oyster Bay, the names of Oyster Bay residents lost in the Sept. 11 attacks will be memorialized, in addition to town residents who have died in the years after the attacks from 9/11 related illnesses.

Sunday, Sept. 12

Waterfront Festival and Concert

The Town of Oyster Bay will host a Free Family-Fun Waterfront Festival and Free Concert at the Joseph J. Saladino Memorial Marina at TOBAY Beach. In addition to the free concert beginning at noon, the day of free family fun will feature marine and outdoor exhibits, a children's snapper derby, police boat demonstrations and much more.



Courtesy Town of Oyster Bay

"A Night to Remember," Music on the Harbor

Beginning at 5:45 p.m. at Sea Cliff Beach, there will be an outdoor memorial concert in which all proceeds will go directly to the Tunnel to Towers foundation. With performances by local bands Chicken Head and Triloggy, attendees can bring a chair and enjoy the live music as well as pay tribute to those the community lost on 9/11. The Tunnel to Towers Foundation provides support to first responders and their families in memory of firefighter Stephen Siller, who died on 9/11 helping others.

National Teddy Bear Day w/ Author Kathleen Bart

Hive Market and Maker's Space, 102 Audrey Avenue, Oyster Bay. Meet and greet local author, illustrator, and teddy bear expert Kathleen Bart. Bart will be autographing, and personalizing copies of her books. Bart is an Oyster Bay resident and the research for her book "A Tale of Two Teddies" was conducted at Sagamore Hill.

VAXapalooza

VAXapalooza, a judgment-free pop-up vaccination event, will be held from 10 a.m. to 12 p.m. in the parking lot of Branch Real Estate Group at 203 Glen Cove Ave in Sea Cliff. Both Covid vaccines and flu shots will be administered by The Med Station. The event will also have musical performances, giveaways and raffles from local businesses. The

event is only open to those receiving a vaccine and their support system. More information can be found at www.lynp.org/vax.

Monday, Sept. 13

Monday Jazz Night at La Bussola Ristorante

At 40 School St., Glen Cove, at 7 p.m. featuring pianist Danny Mixon, accompanied by bassist Bryce Sebastien, La Bussola Ristorante is putting on a Monday Jazz Night, to continue every Monday for the foreseeable future. There will be two shows each week, at 7 p.m. and at 8:30 p.m., each an hour long.

Tuesday, Sept. 14

Oyster Bay Cruise Night

Every Tuesday evening during the summer, the streets of Oyster Bay are filled with classic cars and spectators for Oyster Bay Cruise Night. Restaurants, shops, snacks and beverages, ice cream and shopping surround the collection of fun and interesting cars. Additionally, live music fills the streets with a band at every cruise night. Also, weekly raffles and giveaways for children. Each show starts at 5:45 p.m. and runs until dark.

Wednesday, Sept. 15

Tour the Pollock-Krasner House and Study Center

Beginning at 12 p.m. via zoom, go on a virtual tour of the Pollock-Krasner House and Study Center, the former home and studio of two of America's foremost abstract expressionist painters, Jackson Pollock and Lee Krasner, containing evidence of their creative processes. Register via email at seaclifflibrary@hotmail.com.

Thursday, Sept. 16

Movie Showing - Percy vs. Goliath

Beginning at 2 p.m. at the Oyster Bay - East Norwich Public Library. A true story of a small-town farmer taking on one of the largest agricultural and food manufacturing corporations. Percy Schmeiser, a third-generation farmer, is sued by a corporate giant for allegedly using their patented seeds. With little resources to fight the giant legal battle, Percy joins forces with up-and-coming attorney Jackson Weaver and environmental activist Rebecca Salcau to fight one of the most monumental cases all the way up to the Supreme Court.

HAVING AN EVENT?

Items on the Community Update pages are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to jnossa@liherald.com

5 things to know about your town

- The Glen Cove Senior Center Rose Shoppe Boutique is open Mon - Fri, 10 a.m. to 4 p.m.
- The Oyster Bay Town Board will meet on Sept. 14 at 10 a.m.
- The Sea Cliff Mini Mart scheduled for Oct. 3 has been postponed until October 2022
- The North Shore Board of Education will meet on Sept. 23.
- The Village of Sea Cliff Board of Trustees will meet on Sept. 13 at 6 p.m.

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HERALD SPORTS

Talented Hofstra has unfinished business

By **ANDREW COEN**
sports@liherald.com

A veteran-laden Hofstra women's soccer team is fueled for a return to the NCAA Tournament this fall after its abridged spring season ended in heartbreak.

Hofstra, which entered September ranked 25th in the national coaches poll, returned nearly every starter from a 7-1-1 team where the Pride led the nation in scoring per game, but were denied a chance to compete on the sport's biggest stage following a heartbreaking 1-0 loss to Elon in the Colonial Athletic Association (CAA) semifinals. The rare spring season due to the pandemic created a far shorter than normal offseason.

"Last season came to an abrupt end and were deeply disappointed, but the fortunate thing this year was it was a quick turnaround," said 16-year head coach Simon Riddiough, whose team opened with a 4-1 start after wins against Stony Brook, Albany, Brown and Columbia along with a near upset of seventh-ranked Penn State in 2-1 defeat. "It is good to get back at it."

The Pride were tabbed as the unanimous CAA favorite with three players earning pre-season conference player of the year accolades including senior forward Miri Taylor, fifth-year midfielder Lucy Porter and junior defender Anja Suttner. Forward Lucy Sheppard and midfielder Jordan Littleboy, who like Porter are using an extra year of eligibility allowed because of last year's shortened season, received pre-season All-CAA honorable mention nods.

Porter, a reigning First Team-All American, notched her first goal in a 3-0 win at Columbia Sept. 2. Heavy defensive focus on Porter has paved way for seven different scorers led by four goals apiece from Taylor and Sheppard. Freshmen Georgia Brown and Ellen Halseth have both notched two goals.

Brown, a freshman from England, provides Hofstra with a bright future along with local newcomers Leah Iglesias (Carle Place) and Olivia Pearse (Seaford), who scored her first career goal in Hofstra's 4-0 win against Brown on Aug., 27.



MATTHEW VOWINKEL LED the Pride with 6 goals and 5 assists on the way to earning All-CAA First Team honors.

"She is a supreme athlete," said Riddiough of Pearse. "We're excited about her future."

Another backyard product that Riddiough hopes makes strides this fall is junior forward Cailey Welch, a former standout at North Shore High School who has battled back from injuries.

Pride men eye CAA crown

The Hofstra men's soccer team will look to get over the hump this fall of achieving its NCAA Tournament aspirations following three years of near misses.

The Pride were knocked off in the CAA finals by James Madison in penalty kicks last April making the third season a row its season ended in a shootout to the Dukes on the conference tournament stage.

"It is tough to take, but it makes you stronger," said 33-year head coach Richard Nuttall. "I feel like we have a well-balanced team this season."

Hofstra returns 10 starters from last season's 5-2-3 team including pre-season All-CAA selections Matthew Vowinkel, George O'Malley, Storm Strongin and



Photos courtesy Hofstra Athletic Communications

LUCY PORTER RANKS third on Hofstra's all-time goal-scoring list with 41 and is considered one of the top 15 collegiate players in the nation according to Top Drawer.

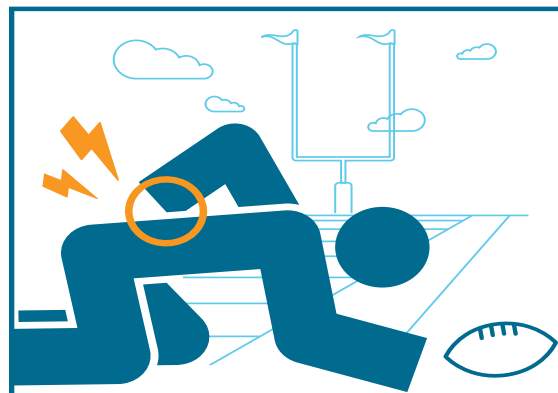
Wessel Speel.

Vowinkel enters his final collegiate season as a graduate student ranked sixth in program history with 29 career goals and was drafted in the third round of 2021 Major League Soccer SuperDraft by FC Cincinnati. The Chaminade High School graduate headed in a goal off a cross from Strongin in Hofstra's season-opening victory at Rhode Island on Aug. 26.

Strongin, a fellow grad student who began the season with 15 career assists, will be another key facet of the offense along with Stefan Mason, Ryan Carmichael and Jason Ramirez. Mason tallied the lone goal in Hofstra's 1-0 win at Stony Brook on a penalty kick.

O'Malley anchors the backline in his third season as team captain along with local defenders Mason Tatafu and Shane Salmon in front of Speel in net. Salmon, a junior from West Hempstead, was a two-time All-Catholic League selection at Kellenberg, while Infuso, a sophomore, hails from Merrick and played four years at Bellmore JFK.

Hofstra commences its CAA schedule at Northeastern on Sept. 11. Its first CAA home match is on tap for Sept. 18 versus Drexel. The schedule includes nine total matches at Hofstra Soccer Stadium highlighted by a CAA finals rematch against JMU on Oct. 23.



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Become a better version of yourself

Healthy habits you should hold on to post-pandemic

It's easy to feel like we're never going to get our lives back from what Covid-19 has wrought. While the Delta wave continues to impact our well-being, try to look at what might be considered a silver lining to this pandemic. Have you noticed you've developed healthier habits in the past year and half? Spending more time outside? Talking more with your partner, or re-connecting with old friends? You're not the only one.

Many are reporting a better connection with family and friends, picking up new hobbies and even increasing their physical activity.

Some changes — including positive ones — came into our lives by necessity during the pandemic. Here are some healthy habits to come out of the pandemic, that you will want to maintain for the long haul.

Appreciating nature

As many workplaces temporarily closed or moved to a working-from-home model, people found time to take meaningful breaks, often spending their lunches, mornings or evenings accompanied by green scenery. Connecting with nature is one of the key pillars to supporting your mental health. If you're returning to your workplace, why not try and start a new habit of walking at lunchtime? Or when meeting with a friend or colleague for coffee, opt for sitting outside.

Getting physical

While some of us found that our fitness goals took a bit of a hit from the pandemic, many actually increased their physical activity. Reports indicate that globally, those who exercised one to two times per week before Covid-19 have now increased their activity by 88 per cent.

A return to normality and an office schedule can be daunting if you've recently picked up a new healthy habit. Time can be a big factor in delaying exercising, so make an effort to schedule your exercise routine into your work day, just like a meeting or a lunch break. As restrictions lift on in-person classes, you can return to gyms or yoga studios for regular solo or group workouts if that appeals to you or continue with your at-home exercise routine.

Making time for 'me'

When we were in shutdown mode last year, we suddenly realized we had some time to kill. A lot of time.

Many folks took this ample opportunity to learn new skills or refresh old ones, sometimes even starting a project they'd be putting off for a few years.

Mental health experts tell us that taking on these tasks in the middle of a pandemic was actually more beneficial than just killing boredom. Psychiatrist Dr. John Reilly says that doing regular mental challenges trains our mental pathways, improving their effectiveness. "Your ability to reason and make good decisions depends on how well your brain interprets and processes information. By challenging yourself, you improve the effectiveness of your mental pathways, and refresh old or unhelpful

thought patterns."

"If you've found something you enjoy doing during the pandemic, try keeping it up for 30 minutes twice a week," he says. "Or if you find you're short on time, instead of watching TV in the evenings, try a Sudoku or a crossword, or even a documentary instead of your regular show."

Connecting more

Anecdotal evidence indicates that many are connecting on a more emotional level with their housemates, partners and families. Psychologists are telling us that people have become more tolerant of each other — despite some initial frustration of being in close quarters during lockdown.

Dr. Reilly says that the uncertainty of the future has forced us to re-evaluate the foundations of our own lives, and that's led to some relationships coming closer together.

"Quality time," says Dr. Reilly, "is crucial to keeping this increased connectedness going." You can adapt what we began at the start of the pandemic. For those living with their partner, you could schedule a regular date night at home where you make each other dinner or complete a puzzle together. For those looking to maintain their positive relationships with friends and family, if you are not able to do an in-person visit, try staying in touch over weekly calls or video chats.

Being adaptable

While change can be uncertain, chaotic and challenging — it does have a silver lining. It teaches our body to combat stress.

There's a reason why so many news reports are comparing the current circumstances to World War II. Those who lived through the Great Depression and World War II faced all kinds of challenges that younger generations are only now beginning to get a glimpse of. Coming out of the Depression led our ancestors to adjust to a different kind of life, and psychologists believe that the coronavirus could do the very same for younger generations.

"Simple things like the way we greet each other are likely to change, but more impactful changes like the way we connect with each other on a deeper, more authentic level are likely to come out of the pandemic," says Dr. Reilly.

While this change to being more resilient will likely happen naturally, there are some steps you can take to support your personal growth.

"Think positively; consciously change negative thoughts if they cross your mind," says Dr. Reilly. "You can also try listening to a guided meditation and anchoring yourself in the present."

Above photo: The Covid-19 pandemic will eventually come to an end, but that doesn't mean you should give up on healthy habits you adopted during these trying times.



It all starts at home

Health boosters you may already have on hand

When it comes to good health, everyone knows the steps to take, whether it's making time to get to the gym, researching the latest superfoods, and so forth.

While these avenues to health certainly can be beneficial, everyone — and that means both kids and adults — also can turn to many health boosters in their own homes to help them achieve their goals of living healthier lifestyles.

Lemon water: Lemon water is now being touted as a beneficial addition to one's daily diet. Lemon water can help reduce acidity in the body, including removing uric acid, a main cause of inflammation. Lemons contain pectin fiber, which can aid in weight loss by helping to fight hunger pangs. Lemons also contain a load of vitamin C, which can give the immune system a boost.

Yogurt: Probiotic pills can help return healthy bacteria to the digestive system, but so can eating yogurt regularly. Look for yogurts that contain live and active cultures for optimal benefit.

Cycling: If you haven't yet during the pandemic dusts off that bicycle that has been hiding in your garage, what

are you waiting for? Cycling is an excellent form of cardiovascular exercise, and riders can tailor their intensity levels to correlate to their ages and abilities. Many folks — kids and adults — find cycling an enjoyable form of activity because it gets them outside and often doesn't feel like exercise.

Fruits and vegetables: Most of us don't eat nearly enough of fruits and veggies! Produce offers many of the vitamins and minerals people look to supplements to provide. Including diverse fruit and vegetable choices in one's diet can improve health in various ways, including providing a boost to the immune system.

Honey: Honey is a valuable superfood that can boost overall health. In addition to soothing sore throats, it can serve as an antibiotic and wound healer, provide allergy protection, increase calcium absorption, and provide a source of energy without the insulin spike associated with other forms of sugar. Just remember, not to give honey to infants under one year old.

Above photo: Lemon water is all the rage these days. It's a simple habit that can yield big results, medical experts say.

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What you should know about Trigeminal Neuralgia (TN) and dentists

People routinely visit their dentist for evaluation of suspected dental disease. Trigeminal neuralgia (TN), a facial nerve compression syndrome, frequently causes pain in the mouth and teeth. "As such," according to neurosurgeon Michael H. Brisman, M.D., NSPC Brain & Spine Surgery, "there are commonly overlapping concerns between the TN patient and the dentist."

How is TN similar to other dental problems?

TN can cause pain anywhere in the face, from the top of the head to the bottom of the jaw. TN most often causes pain in the cheek and jaw areas, including the gums and teeth.

How is TN different from other dental problems?

The critical difference in symptoms is that TN patients will experience attacks of pains that are sudden, brief, sharp, and excruciating, usually described as either "electric shocks" or "stabbing." These pains usually radiate to include a much larger area than just one tooth.

Is TN frequently confused with dental disease?

Yes. TN patients often experience severe pain in their teeth and gums, which frequently leads them to visit a dentist. Dentists may suspect a dental cause for the pain and offer various procedures to try to help.

Can TN be caused by problems with the teeth or gums, or by dental procedures?

No. TN is usually caused by a small blood vessel compressing the trigeminal nerve at the root entry zone, an area where the nerve enters the brain.

Can dental work cause nerve pain syndromes?

Yes, but very rarely. Signs that suggest a procedure may have caused a nerve pain syndrome include: (1) the pain syndrome occurs soon after the procedure; (2) the nerve affected was in the region of the procedure; (3) the pain is predominantly dull or achy in nature, and (4) there may be numbness in the affected area. Such nerve injury pain usually improves with time.



Michael H. Brisman, M.D., Attending Neurosurgeon, NSPC

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Many escaped Manhattan by way of G.C. ferry

CONTINUED FROM FRONT PAGE

or conference room, when the first plane hit the World Trade Center's north tower.

Back in Glen Cove, as the tragedy unfolded, the ferry played an integral part in bringing people to safety. An estimated 6,000 people were evacuated by ferry from Manhattan that day.

The high-speed ferry had been operating since mid-May that year, with two 45-minute trips to the city in the morning and two back to Glen Cove in the evening, with another craft going to New London, Conn. That Tuesday morning, however, the ferry became an emergency vehicle, helping those who desperately wanted to get out of Manhattan. "It was an exhausting all-day effort, all hands on deck," U.S. Rep. Tom Suozzi recalled, "and Glen Cove was an important site for evacuating people for the whole tristate region."

Suozzi was the mayor of Glen Cove at the time, and was running for Nassau County executive in the primary that was supposed to be held that day. Soon after he learned about the attacks on the twin towers, Suozzi recounted, a Glen Cove Hospital emergency room doctor called him to let him know that the hospital could take patients from the World Trade Center if they could get there. Suozzi called the ferry operators and told them they needed to repurpose the boat, and they agreed.

"I went into emergency-management mode," Suozzi said. "All I could think was, I have to do everything I can right now to help."

Asking for volunteers

In addition to getting people out of the city, he said, his plan was to transport volunteer doctors, nurses and emergency responders to the site of the attacks to help the survivors. When he called Nassau County Emergency Management, however, he was informed that New York City Emergency Management was headquartered in the World Trade Center. So Suozzi continued making calls to see who could help, and even went on CNN, asking doctors, nurses, firefighters and medics who wanted to volunteer to come to Glen Cove and take the ferry to Manhattan.

The ferry terminal became a central hub of activity, as volunteers gathered — including all of Glen Cove's volunteer firefighters and EMS personnel — while local restaurants delivered food. "Every member of the EMS showed up that day," Tony Jimenez, a former City Councilman and volunteer EMS, said. "Every member of the Fire Department reported. Hundreds of people showed up to volunteer to help that day. That was the feeling: Everybody wanted to do something."

At around 3:45 p.m., Suozzi said, he received word from Richard Sheirer, commissioner of New York City Emergency Management: "Don't bring anyone in. There are no survivors."

"It was quite deflating," Suozzi said.

In the era before smartphones, when not everyone had cellphones, communication was an issue. On top of that, the volume of calls the ferry terminal received in response to Suozzi's plea for help caused the phone system to crash. And

there was no clear communication between various agencies and departments in charge.

"People kept repeating things they'd heard from survivors, but there was nobody to talk to about what was really happening," Suozzi recalled. "All these people were very anxious, because they wanted to do something. They were worried about their relatives, and they wanted to help."

Finally, he said, several people were designated to take the ferry to Manhattan and find out what was happening. "It turned out they really didn't need the help," Suozzi said, "because there weren't any survivors."

Suozzi estimated that the two ferries made between 20 and 30 round trips that day, and the people who arrived were from all over Long Island as well as New Jersey and Connecticut. They had seen the ferry as the easiest way to get out of New York City.

Jimenez was one of several people who took the ferry into Manhattan to aid with potential recovery. But, he said, when they arrived, they could do little but confirm that medical help wasn't needed. "There were very few survivors with severe injuries, but a lot of walking wounded," he said, "and a lot of injuries caused by all of the smoke, particles in their eyes and lungs."

The 'ghost people'

Those who gathered at the Glen Cove ferry terminal soon coined a term for the evacuees who disembarked there, covered in soot and ash. "The 'ghost people' had an entire cement color, covered head to toe," Jimenez said. "Most were just relieved as they got off the ferry, and some had no idea how to get off the Island ... they just wanted to get out of Manhattan, so they came here. Then arrangements were made, and a group of volunteers drove people home, and buses were lined up to take people to their home destinations."

Mike Basile, a volunteer with Glen Cove EMS for more than 30 years, also took the ferry into Manhattan. He went back two days later to help with the recovery efforts at ground zero. "It was a tough time," he said, "like nothing I've ever seen before."

Steve Nelson was a critical-care EMT and captain of Glen Cove EMS at the time. He and a small crew took an ambulance and were part of a caravan of first responders heading into the city. They ended up at a New York City Fire Department EMS station under the FDR Drive. "By the time we got there, anyone who needed help initially had been helped," Nelson recalled. "We ended up hanging out at the station, [and] took a ride down to South Ferry around 11 p.m. It was as if the building was snowing. It was a horrible burning electrical type of smell. It

was awful. Slept in the ambulance, went back down in the morning, treated a couple of cuts and scrapes, and headed out in late afternoon. There was very little for us to do."

Nelson, who became Glen Cove's EMS chief in 2002-03 and is still an active member, said the anniversary makes him emotional every year. "It's a day one can never forget, seeing what we saw," he said. "Every year it's an incredibly sad day for me. I've shed tears nearly every year on the 11th, and there's no reason to expect it'll be any different this year."

Close calls

Frank Harrington was a resident of Locust Valley in 2001, though he has since moved to Miami. That morning, he got up early to hand out Suozzi campaign literature in at the Manhattan set Long Island Rail Road Station. "I was having a ball," Harrington recalled. "It was a beautiful day. One thing I think about periodically is how many [commuters] I gave pamphlets to who didn't make it home that night."

Harrington worked for Marsh McLennan, on the 94th floor of Tower One.

While on the train from Douglaston, he called his boss to tell her he'd be late. By the time he arrived at Penn Station, he knew something wasn't right. He stayed in Midtown, and eventually got a cab back to his car in Douglaston.

"I've never had a bad day since," Harrington said. "I've had miserable moments, but never a bad day."

He said he does joke with Suozzi about "owing my life" to him. "If I hadn't been passing out literature, I would not be with us," Harrington said. "It was a very tragic day, but I was very lucky. I lost a lot of colleagues, friends. ... That little act had huge ramifications."

Patty Bourne, who took the ferry for the first time that morning, also counts herself as lucky. The other passengers, she recalled, were a mix of commuters and people going in to do some sightseeing, as she noticed some mothers with children. "I always think about them, and wonder what happened to those other people," Bourne said. "Were they protected?"

She also thinks about the strength of New York City. "In the last 15 years or so, I see how resilient we are as a population," she said. "The location is active again now. We rebuilt and moved on."

But, she said, she also believes in the power of prayer, and thinks it might have helped that the world was praying together. "It could've been so much worse," Bourne said. "So many people were heroes and heroines that day."

It was an exhausting, all-day effort, all hands on deck, and Glen Cove was an important site for evacuating people for the whole tristate region.

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John Puckett could 'light up a room'

CONTINUED FROM FRONT PAGE

Cove in the 1980s, purchasing a house on Laurel Avenue — the street that now bears his name. On the 10th anniversary of 9/11, the City of Glen Cove dedicated streets to each of the four victims of the attacks who called the city home.

Puckett-Formolo has remained local, while her brother, Michael Puckett, 39, lives in Scotland. The loss of her father has had a big impact, she said, though at times — such as on her wedding day, without her father to walk her down the aisle — she has felt it more strongly.

"It's affected me in every way," Puckett-Formolo said of the loss. "Just like with any milestone in anyone's life that's good or bad, it changes you."

She does not dwell on the negatives surrounding that day, however, she said. "I like to look at the bright side of things, too," she said. "It showed you the beauty in people that surround you and those that come to comfort you. You get to see the beauty as well as that horrible pain. I like to look like at both sides and think, it's a horrible tragedy that happened to so many people. There were a lot of people that were in your same shoes and felt your pain, and even if they didn't lose a loved one . . . everyone was feeling pain during



Courtesy Michele Puckett-Formolo

JOHN F. PUCKETT

that time."

Puckett-Formolo attends the annual Glen Cove Sept. 11 remembrance ceremonies, which always acknowledge her father and the three other Glen Cove men who died that day: Matthew McDermott, Joseph Zuccala and Edward Lehman. Of the milestone anniversary, she said, 20 years sounds big, though is not necessarily a bigger year.

"But it's going into two decades of the last time I saw my father," she said, "which makes it a little more unbelievable that it's been so long."

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Dear Falling into Fall,

"The Quiet Boy," by Ben Winters, is a compelling read and a fascinating combination of genres. At first glance it is a legal thriller but then we soon see it is a complex family drama, and then suddenly, we realize we are in a deadly sci fi horror tale.

The novel begins in 2019 at a fast-food restaurant where we meet the salad man, depressed and unhappy with how his life is going. The next chapter brings us back to 2008, where his story begins. Jay Schenk is an "ambulance chaser," a lawyer always in search of a lucrative

accident or malpractice case. He is well liked and well connected, so when his source tells him about a teenager — Wesley Keener — who after an operation from a sport's injury is now in a zombie state — walking in circles, unable to speak, recognizing no one — Schenk imagines he has found the case of a lifetime. He easily convinces the family to hire him and soon we are in 2019. His career is over, his son and he are estranged, his clients are facing a murder charge and Wesley continues to stare, never seeing, walking endlessly and ever

quiet. This is a story of parents and children, science and myth, good and evil. Recommended!

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Glen Cove Democratic Headquarters opens

Last week, Glen Cove Mayor Tim Tenke and his slate for Glen Cove City Council, Dr. Eve Lupenko-Ferrante, John Perrone, Danielle Fugazy Scagliola, Marsha Silverman, Gaitley Stevenson-Mathews, and Roderick Watson opened their Glen Cove Democratic Headquarters, located at 17 Glen Street in downtown Glen Cove to an enthusiastic crowd of supporters.

Mayor Tenke said his commitment to continue to improve the city's finances and infrastructure is his team's number one priority. He also spoke about continuing to upgrade parks and beaches, ball fields, the Glen Cove Municipal Golf Course, and attracting new businesses to the downtown area.

"We are a diverse group of

individuals," Tenke said of his team, "all looking to achieve the same goal: To make Glen Cove a place where our residents are proud of."

Also in attendance were Leg. Delia DeRiggi-Whitton, who is running for Nassau County Legislator in the 11th district; State Senator James Gaughran, and former Glen Cove Mayor Donald DeRiggi.

The headquarters will be a hub for community members to learn more about the local Democratic party, register to vote, obtain yard signs in support of Democratic candidates, and volunteer with the campaign.

Those interested in joining or volunteering can visit the headquarters, go to the party's website at www.glencovedems.org, or find Glen Cove Democratic Party on Facebook.



MAYOR TIM TENKE, center, along with other Democratic candidates, at the headquarters on Glen Street.

Courtesy Glen Cove Democratic Committee

G.C. Hospital earns national recognition in stroke care

Glen Cove Hospital has earned the American Heart Association/American Stroke Association's Get With the Guidelines (GWTG) Stroke Gold Plus with Honor Roll Elite and Target: Type 2 Diabetes Honor Roll Achievement Award. The hospital also received GWTG's Heart Failure Silver Achievement Award.

"These two prestigious honors from the American Heart Association reflect our staff's extraordinary commitment to providing high-quality, evidence-based care in treating patients with stroke and heart failure both in the hospital and in an outpatient setting," said Kerri Anne Scanlon, RN, executive director of Glen Cove Hospital. The hospital is a New York State Department of Health-designated stroke center. It also has an acute rehabilitation unit providing specialized stroke care.

The hospital earned the award by meeting specific quality achievement measures for stroke patients. These indicators include evaluation the proper use of medications and other stroke treatments aligned with the most up-to-date guidelines of speeding recovery and reducing death and disability for stroke patients. Before discharge, patients are educated about managing their health, scheduling a follow-up visit and other care interventions.

"Taking care of stroke patients is a collaborative effort," said Scott Bodner, MD, chair of Glen Cove's stroke committee and co-director of the hospitalists program. "Our highly trained physicians are focused on quickly and efficiently treating stroke patients and saving lives."

Recognizing and quickly treating stroke is paramount. Stroke is a leading cause of death in the United States and is a major source of serious disability for adults. About 795,000 people nationwide have a stroke each year, according to the



Courtesy Northwell Health

GLEN COVE HOSPITAL leaders celebrate their recent clinical achievements in stroke and heart failure care. From left: Maureen Wallace RN, director quality management and performance improvement; Scott Bodner, MD, co-director of hospital medicine and chair of Glen Cove's stroke committee; Rose Graziosi, RN, clinical quality improvement specialist; and Kerri Anne Scanlon, RN, executive director.

American Heart Association/American Stroke Association.

"Glen Cove's recognition for managing heart failure in patients focuses on improving quality of life and preventing disease progression," Bodner said. "We also provide our patients with the needed support to manage their illness upon discharge from the hospital."

The goals of the hospital's heart failure program include decreasing hospitalizations and emergency care visits as well as reducing symptoms or maintaining stabilization.

More than 6.5 million adults in the United States are living with heart failure, according to the U.S. Centers for Disease Control and Prevention. Heart failure is a condition in which the heart cannot pump enough oxygenated blood to meet the needs of the body's other organs. Common symptoms include: Shortness of breath during daily activities, trouble breathing when lying down, weight gain with swelling in the feet, ankles or stomach, and feeling tired or weak. Many heart failure patients can lead a full, enjoyable life when their condition is

managed with proper medications or devices and with healthy lifestyle changes.

"Patient care is our top priority at Glen Cove Hospital," Scanlon said. "We are continually improving the quality of care for patients in our community with stroke and heart failure by implementing the American Heart Association's Get With The Guidelines initiatives."

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OPINIONS

The summer whizzed past. Strap in for what's ahead.

I think everyone will concede that the summer went by too quickly. But despite the speed at which two months have passed, the world around us continued to function, and both good and bad things happened. In this short period of time, New Yorkers have seen the resignation of their gover-

nor and our first major storm experience. The weeks and months ahead will no doubt present us with new challenges.

We have a new governor, Kathy Hochul, who has hit the ground running, and established herself as a major political figure.

She has appointed

a number of highly experienced staff members, and will make many more changes in order to erase the Cuomo footprint. Her new head of the Department of Financial Services is Adrienne Harris, who has worked as a special assistant to the White House and a senior adviser in the U.S. Treasury Department. DFS is a

complex agency, and needs a level-headed leader.

Hochul has not been reluctant to wade into controversial areas. She has signed an executive order to require masks in all schools, and is pushing hard to get unvaccinated New Yorkers to get their shots as soon as possible. She called a special session of the Legislature to extend the eviction moratorium and also to move forward on the legalization of marijuana. Up to this point, the state had done a miserable job of distributing federal funds to New Yorkers who are behind on their rent.

Like many appointed public officials who plan to seek election to their new positions, she has a short time to establish herself as a strong governor, in the hope that she can ward off a 2022 primary challenge. The legislative leaders are making a sincere attempt to work with her, many out of relief that the Cuomo era is over. But time will tell whether they can work as an effective team, because Albany is a place where egos can collide on a moment's notice.

While many of us were lounging on a beach or escaping on a golf course, politicians around the country were doing loads of mischief. Despite the fact that at least six states were all but drowning in Covid cases thanks to the Delta variant,

their governors were busy banning mask mandates and telling everyone to make believe the disease had disappeared. Florida Gov. Ron DeSantis, whose state is racking up new cases, is actively battling school districts and cruise lines, who are just trying to keep people of all ages from getting sick.

The so-called red state governors are having a field day passing laws intended to restrict people from voting and to ban virtually all abortions. To date, over 400 laws have been introduced in 38 states to restrict the general public's, and especially minorities', opportunities to vote. The Texas legislature has passed a law banning abortions six weeks after a fetal heartbeat is detected. Having four daughters, I've learned that most women don't even know they're pregnant at that stage. In June, a number of states with

Republican governors decided that people were declining to go to work because they were getting an extra \$300 in federal unemployment benefits. Assuming that those people were all a bunch of slackers, state officials decided to stop giving out the federal dollars, assuming that this would force the recipients to leave home and go back to work. Their judgment has proven wrong, as unemployment statistics haven't changed, and the people who were staying home continued to do so.

A final note about who's running for public office these days. It seems that during the past year, there were 23 new people elected to the State Legislature. Only six had any government experience, and four had held a job in the private sector. That left 13 who came into public office with few if any credentials. There's no moral to this story. It's just circumstantial evidence that it's hard to find experienced people to run for office, and that's a big loss for all of us.

Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He now heads Empire Government Strategies, a business development and legislative strategy firm. Comments about this column? JKremer@liherald.com.



**JERRY
KREMER**

A dog's tale: the view from inside the canine carry-on

I can't stretch out, I can hardly breathe, but even inside this dog carrier, the air is better than the smoke out in Lake Tahoe. As the family pet, I went along on the summer vacation out West. Think of me as your four-legged eyewitness to one family's encounter with environmental disaster.



**RANDI
KREISS**

As my human reported last week, we headed to Tahoe last month to visit kids and grandkids. We expected a month of R&R on the Truckee River. My human dad, super-anxious about the trip, fixated on my food and my, um, movements. I'm not talking

Beethoven. He carried blue New York Times plastic bags across the country because those are his favorite disposables.

We flew to Denver and drove 16 hours to Tahoe. A different hotel every night, weird hallway smells, walks on scorching asphalt and very super-sized people not wearing masks, which I resent because if something happens to my humans, I'm toast.

In Tahoe, we stayed at my sister's house and at a rental house in the moun-

tains. My sister has a new, irritating puppy. He ate my food and chewed up my travel bed. He sneaked up on me and jumped on my back for reasons I don't understand. The rental house was worse. At night I walked outside in blackout conditions, the heavy musk of bear in the air.

Then smoke from the fires swept into Tahoe and smothered our air. People have no idea how ash and the absence of any poop-worthy grass can affect a dog.

Then the humans started to misbehave. Tensions escalated into tiffs, and sniping ensued. Someone growled, "Who's idea was it to come out here, anyway?" And, "Who peed in the kitchen?"

The humans clearly had no idea what to do. Some knucklehead decided that an escape to San Francisco would work. Did I have a say?

New hotel room, new "pet relief" area. So stressful. My human dad brought along the blue plastic Times bags because sometimes even humans need comfort toys.

The San Francisco air was clear and in the "healthy" range on www.airnow.com. While I cooled my paws in the hotel, my people walked the Embarcadero and

toured the Botanical Gardens. But it was all an illusion of relief.

Back in Tahoe, air quality misery was now compounded by "extremely high and dangerous risk of fire." CalFire texted that news to people's phones every few hours.

We moved yet again, from the rental house back to my sister's house, just for safety, to be under one roof. That meant back to the devil dog.

Family tensions erupted again. Light the grill or don't risk a spark? Walk me around the block or let me roam the yard? Take the kids to town or hide from the smoke? Everyone was supercharged, and displaying all the symptoms of loving but dysfunctional families everywhere. Lots of shouting, some crying, endless could-have, should-have, and who's feeding the dogs? I'm here to tell you that either no one fed me or everyone fed me. I hate when the humans become unreliable.

After a few days of simmering under one roof, my humans decided to leave, give up the rental house a month early, return our car to the wrong location (Reno instead of Denver) fly out of Reno ASAP, and then home.

So I'm writing on the RNO-to-DEN leg.

I heard news of hurricane-remnant flooding in New York, but we're homeward bound, escaping the fires and ready for the wind and rain. A leg up to my compatriots splashing through flooded streets.

Tomorrow we fly back to the God-bless-America-I-hope-I-never-travel-again-better-than-a-mound-of-peanut-butter-glorious East Coast. We worry about the family we left in Tahoe, and yeah, even the new puppy. How's a little guy supposed to feel safe outside and comfortable inside when Noah's Ark is burning? My humans' grandkids just sent a photo of a bear looming at the edge of their property. Who's going to tell the little guy to stay away?

The kids have several plans in play while hoping for shifting winds. Meanwhile, we fly east.

It is undignified to travel inside a "dog-gie carry-on" bag, but I fell for the old peanut butter trick. She who shall not be named tossed a peanut butter cookie into the bag, and I dived for it. Again.

Over the past three weeks I have slept in nine different beds. Now we're cruising at 34,000 feet and I'm in a canvas tote, stuffed under the seat of some overstuffed dude. Nothing seems quite right, even in a dog's world.

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HERALD EDITORIALS

Reflecting on the Sept. 11 attacks 20 years later

The Sept. 11 attacks on the World Trade Center and the Pentagon and in Shanksville, Pa., set off a cascade of worldwide catastrophes over the subsequent two decades — the wars in Afghanistan and Iraq and many other terrorist attacks, in multiple countries. September 2001 seems like a lifetime ago, but for those old enough to remember that terrible year, it remains a haunting memory, a fever dream that we try to lock in the backs of our brains but is ever-present.

For those of us in Nassau County that day, we could only watch in horror as gray-black smoke plumes spiraled out of the twisted, shattered remains of the twin towers upward into an otherwise perfect azure sky. The plumes were visible from points across the county.

Shortly after the attacks, people started to gather on the beach in Lido and at the Norman J. Levy Park and Preserve in Merrick — the highest point on the South Shore — to watch the billowing smoke, staring silently in stunned disbelief.

The United States homeland was under attack for the first time since World War II, and at that moment, we had no idea who the invader was, or the future suffering in distant lands that the attacks would bring. It was all incomprehensibly terrifying.

In a front-page story in the Herald's Sept. 13-19 issue, "Terror at the Towers," reported by Scott Brinton, Carrie James, Laura Lane, Jeff Lipton, Larry Maier and Cindy Roth, this is how we described the scene:

"A wave of fear and despair raced across [Nassau County] Tuesday morning

I'm really scared. It's so scary if we have something of a World War III. I'm really, really scared.

ROLLEN CAJOLES

after terrorists slammed two hijacked jetliners into the World Trade Center, sending the Twin Towers crumbling into Lower Manhattan.

"In the afternoon, surviving victims of the attack filtered into Nassau by Long Island Rail Road, like refugees from a war zone. Many, who were still shaking dusty, white debris from their clothes, were not from the area but had taken the first train they could out of the city and gotten off at the first possible stop."

We sent our reporters to the train stations to meet the survivors of the attacks.

Sylvia Melendez, who worked in Lower Manhattan, described the chaos after the towers crashed to the ground. "The rush of clouds of debris forced everyone out into the streets," she said. "Everyone was running away."

Here in Nassau, people were glued to their TVs and radios, watching and listening, hoping for the best but fearing the worst. "I've been listening all morning," Luisa DeGirolamo, who worked at La Margherita Pastry Shop in Bellmore Village, said. "I'm devastated. I can't get over it."

Rollen Cagoles, of East Meadow, said, "I'm really scared. It's so scary if we have something of a World War III. I'm really,

really scared."

Many parents rushed to their children's schools to pick them up and take them home, fearful of further attacks. "A lot of people came and pulled their kids out because they didn't want them to be in a place with a large group of people," said Pat Brace, PTA president of Bowling Green Elementary School in East Meadow. "They thought they would be a target."

Nassau police doubled patrols around municipal buildings, schools, houses of worship and transportation lines. Police also diverted westbound traffic away from New York City. Motorists who had to travel major thoroughfares were advised to stay home.

The military closed down the airspace over Long Island, with unlighted F-16 fighter jets streaking overhead above John F. Kennedy International Airport into the night of Sept. 11 to 12.

Nearly 500 Long Islanders died in the attacks at the World Trade Center or later succumbed to 9/11-related illnesses. Each one was a life extinguished too soon. We must remember all of them — their essential goodness, their essential humanity.

In the coming days, there will be solemn ceremonies in remembrance of the dead. Consider attending one to show your support for the victims, or stop and pause for a moment at 8:46 and 9:04 a.m. on Saturday and reflect on or say a prayer for the victims. In this way, you will help to keep their memories alive for generations to come. "Never forget" should never become a trite slogan. It should be a motto by which we live.

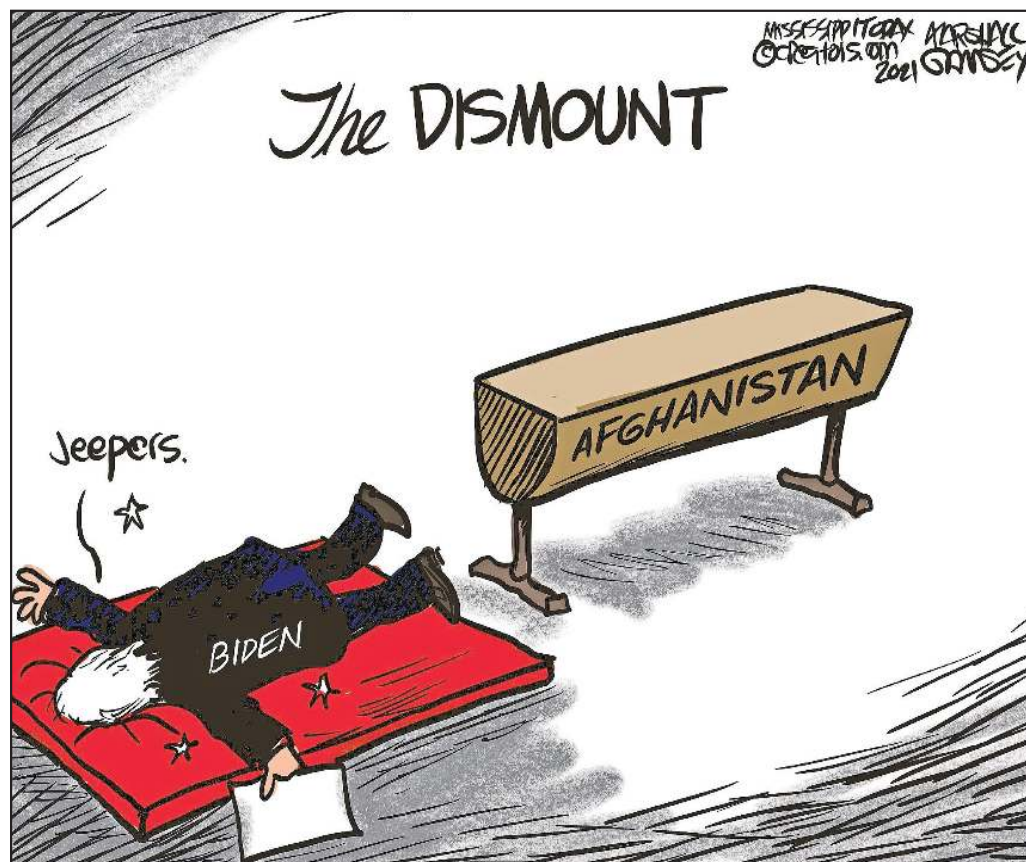
LETTERS

After the fire, support the VFW

To the Editor:

On the morning of Aug. 24, I received a text message from my friend Joe Moores: "I just heard there is smoke at the VFW. FD is there." Of course, my heart sank. As most know, the post was built more than 100 years ago by veterans who had returned from World War I. While not an official historic landmark, it is an integral part of our historic landscape and, even more important, a place of pride for our veterans and our community. It has hosted countless celebrations, picnics and tributes, and assisted all of our veterans, from WWI through our more recent wars in Iraq and Afghanistan.

While I'm not a veteran, I come from a military family, and I'm especially honored to lend a hand from time to time in helping the post. Interestingly, while my friendship with Joe, who is a veteran and a member of the post, began thanks to our shared interest in history, especially as it relates to those who have served, it is through Joe's commitment to serving the community as a volunteer for NOSH, a program of the North Shore Soup Kitchen, that I've gotten to know him over the past year.



OPINIONS

In celebration of teachers

When talking with my grandkids about returning to school this fall — to the building, with other kids, not the dining room table — I was reminded of a school day of my own years ago.

“Bobby,” I heard my name called on the second-floor landing of A. B. Davis High School in Mount Vernon, N.Y. The caller was Mr. Leone, Joseph Leone, my biology teacher and college adviser. “Why haven’t you signed up for the SATs?” he asked.



ALAN SINGER

Neither of my parents had attended college, my mother had died eight years earlier, and my father, a vacuum cleaner salesman, had his hands full with two active kids. When I think about the controversies surrounding school openings this fall, I think, too, of the critical role of teachers in the lives of their students. That certainly was the case for me.

Mr. Leone wasn’t alone in affecting my life for the better. I was going to drop out of college after my first year not only because of the cost, but also because I

questioned why I was there. I entered to be a minister, but had become disillusioned with organized religion. My college adviser, Mildred Martin, helped me sort through the financial and philosophical questions and urged me to appeal my financial aid award, and I continued as her student.

Other teachers stand out as well. Miss Calabrese and Miss King, in elementary school, “Pop” Phillips in high school, Mark Ebersole in college, and Kay Moore and Robin Williams in graduate school.

The past year of living and learning with Covid in our path and in our shadows revealed the inequalities of access to teachers like the ones I’ve known. When teachers are diverted from their main responsibilities, teaching and advising, they can’t fulfill their roles to the fullest. It is especially difficult for them to be effective when students lack access to broadband and Wi-Fi, a quiet place to study, and supportive adults to help them with difficult assignments.

A distinguished psychologist once said that we human beings are the “teaching species.” All species must learn enough to leave the nest, but humans turned teaching into a “calling,” a vocation dedicated to preparing the next generation

with knowledge, skills and values. As a result, teachers have a moral, social, civic and historical responsibility for not only educating each new generation but also, in this way, creating the future.

We must remember the vocation, the calling, of teaching. As the historian Jacques Barzun said, “Teaching is not a lost art, but the regard for it is a lost tradition.”

At the beginning of our nation, John Adams and Thomas Jefferson stated that public education was at the heart of democracy. “The whole people must take upon themselves the education of the whole people and be willing to bear the expenses of it,” Adams

wrote. “There should not be a district of one mile square without a school in it, not founded by a charitable individual, but maintained at the public expense of the people themselves.”

Jefferson expressed similar sentiments. It is unfortunate, therefore, that some local school boards see teachers simply as employees, instead of as those who inspire discovery and awaken students’ imaginations, as Mark Van Doren and Robert Frost said.

But while the Founders argued that schooling was a local responsibility, they were adamant about the public benefits

to the nation. They believed that education should be public; is critical to democracy because it prepares an informed citizenry, able to ask questions; is important because it prevents aristocracy and promotes meritocracy; should be free from religion and ideology; should be equal and equally available to all citizens; and is a public investment that is worth the cost.

While the ideals of the Founders founded on the compromises made to create a republic, they nevertheless created within the Constitution the mechanisms for correcting early mistakes and providing the means for continuing the pursuit of a “more perfect union,” which we have shown the ability to do.

As we help our kids and grandkids, or relatives or neighbors’ kids, prepare for a new school year, let us acknowledge the noble profession of teaching, perhaps by remembering our own teachers, and do what we can to fulfill the Founders’ aspirations for true equality of education in America.

Robert A. Scott, Ph.D., is president emeritus of Adelphi University; the author of, or contributor to, 18 books and monographs; and the author of hundreds of articles on higher education and social issues. His latest book is “How University Boards Work” (Johns Hopkins University Press, 2018; Eric Hoffer Prize awardee, 2019).

LETTERS

Since last July, Joe has been helping me make deliveries of food to 18 families in need in the Landing area every Thursday. With the same regimental commitment that I’m sure he brought to his job as a soldier, he continues to bring it as a driver for NOSH. And as remarkable and important as Joe’s story is, it isn’t unique. Our veterans, who served valiantly in war and peace, continue to serve our communities in countless ways. I feel it’s our turn to give back.

As I understand from Joe, insurance will not completely cover repairs from the recent fire, and the post has set a goal of \$20,000 to help meet the shortfall and make some improvements to the hall. My hope is that the people of Glen Cove and beyond will triple that goal with our giving. Checks can be mailed to James E. Donahue Post 347, 15 Hill St., Glen Cove, N.Y. 11542. Please make checks payable to VFW Post 347. Let’s pay tribute to our veterans by supporting them as they continue to support us.

GAITLEY STEVENSON-MATHEWS
Glen Cove city councilman

Cuomo should be impeached

To the Editor:

Re Robert Rosenberg’s column “History repeats itself in Albany — again and again” (Aug. 26-Sept. 1): I agree with Rosenberg’s opinions, and would add that former Gov. Andrew Cuomo would indeed get the last hurrah and make “the State Legislature and state government look like a ship of fools” if it gave him a free pass on the nursing home deaths scandal and his subsequent cooking of the books to make it appear less egregious than he would have had us believe. Interestingly, Gov. Kathy Hochul revealed immediately that these deaths were undercounted by some 12,000.

By ordering nursing homes to accept Covid-19 patients, Cuomo, threatening owners with penalty if they did not comply, exposed many more confined elderly to the virus, potentially causing their deaths. With all due respect, I consider manslaughter to be an even more serious crime than the sexual harassment charges that forced Cuomo’s resignation.

Given the present state of affairs, it is now the State Legislature (and, ultimately, the State Senate) that is on trial, and it remains to be seen whether play-

FRAMEWORK by Christina Daly



The Never Forget Concert — Jones Beach

ing politics will take precedence over what *must* be done in the name of justice. How can anyone trust Cuomo now? He contends that he will not seek future political office, but only impeachment

would close the book on that possibility, definitively and conclusively.

ROBERT RUBALSKY
East Rockaway

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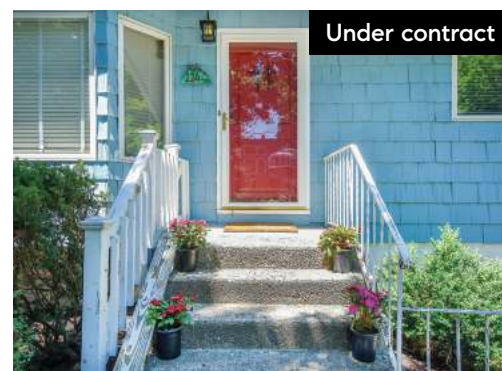
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