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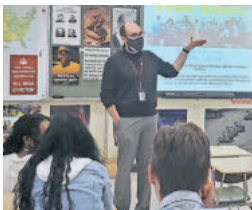
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**G.C. Sons of Italy
celebrate**
Page 3



**Teen Court more
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Page 11

\$1.00 VOL. 31 NO. 22

MAY 26 - JUNE 1, 2022

Experts address mental toll of Covid on Long Island

By **WILL SHEELINE**
wsheeline@liherald.com

For many on Long Island, it may seem as if the coronavirus crisis is finally nearing an end. But mental health experts and social service workers predict that the pandemic's impact on mental health will continue to be felt for some time.

According to research from the Kaiser Family Foundation, four in 10 Americans began suffering from anxiety or depression during the pandemic, up from one in 10 in 2019. Those conditions were manifested in a variety of ways. Over 30 percent of American adults reported struggling to sleep and eat, while another 12 percent reported increases in substance use, particularly alcohol and marijuana.

Local social service workers such as Austin Hansen, from the Youth and Family Counseling Agency in Oyster Bay, say they have seen those trends continue. Hansen, who works with people from ages 10 to 70, said that many of his clients began using drugs or alcohol as a coping mechanism during the pandemic.

"I've definitely seen an increase in people using substances at this time to cope with the pandemic and to cope with that isolation and not having those

CONTINUED ON PAGE 9



Courtesy GSM Communications

AS PART OF 'Glen Cove Salutes,' Ralph Comitino, president of Public Works CSEA, left, and Lydia Wen, librarian at Glen Cove Public Library, hung banners of veterans across Morgan Park on May 3.

Remembering the community's heroes

By **LETISHA DASS**
ldass@liherald.com

The City of Glen Cove is honoring its veterans on Memorial Day weekend with a display of banners imprinted with photos of them. The public library, the Veterans Affairs office and the Public Works Department installed 52 banners across Morgan Park on May 3 as part of an effort called "Glen Cove Salutes."

"It was a lot of work, but it was worth it, because these are the men and women of our military," Ralph Comitino, president of the Glen Cove Public Works Civil Service Employees Association, said.

CONTINUED ON PAGE 12

Nursing goes beyond bedside at G.C. Hospital

By **LETISHA DASS**
ldass@liherald.com

National Nurses Week, recognized May 6 to 12, has passed, but the work of nurses continues to be the backbone of health care.

Theresa Dillman, Glen Cove Hospital's chief nursing officer and associate executive director of patient care services, became a registered nurse when she was 21. She said she received "instant gratification" on the job.

Once Dillman was offered the opportunity for leadership, however, she seized the chance, moving up the ladder as a nursing leader at hospitals such as North Shore University Hospital and Lenox Hill Hospital over the course of the past 15 years. Her advice and motivation for her career success: not to settle.

"For nurses, always have a quest for lifelong learning, and honestly challenge the status

quo," Dillman said. "Be innovative. Think outside the box. Don't settle."

With her new role as a leader at Glen Cove Hospital, she has applied her passion for patient care to helping her nurses. "My goal is to support our nurses within their full scope of practice," Dillman said.

Every day she aims to provide the resources and tools to help her nursing team in their education, leadership development, and ability to stay motivated and inspired.

"For me, as the nurse exec," Dillman said, "I empower and give my nurses the autonomy to critically think [and] to question when something doesn't feel appropriate."

"It's all about listening to our staff, and hearing what they have to say, and doing things to support them," said Kerri Scanlon, executive director at Northwell Hospital and a registered

CONTINUED ON PAGE 10

It's all about listening to our staff, and hearing what they have to say, and doing things to support them.

KERRI SCANLON
Executive director,
Northwell Hospital



Herald file photo

GLEN COVE PUBLIC Library held their 2022 to 2023 budget and trustee elections on March 29.

Budget at Glen Cove Library

Although library elections and budget votes across Nassau County were held with the school board elections last week, Glen Cove Public Library held theirs on March 29. During that election, the library passed their 2022-2023 budget of \$3.3 million, receiving 111 votes in favor and 25 votes against.

An estimated \$63,000 has been earmarked for the programs at the library for adults, teens, and children. The library has a literacy program for adults, such as English classes and computer courses in Spanish. Youth programs include homework help, story hour, and recreational activities for children.

Plans are for part of the budget to be used for renovation of the library roof and windows, Joanna Cabo, director of Glen Cove Public Library, said. Along with the vote, Neil Ackerman, who ran unopposed, was re-elected for his board of trustee position, receiving 127 votes.

Are you a three generation or more high school graduating family?

If your family has multiple generations (you, parent, grandparent, great-grandparent) graduating from the same highschool, please contact us. We would like to feature you in an upcoming graduation section

HERALD
Community Newspapers

If you would like to be interviewed for this special feature, please contact Amanda by Friday May 27 at **516-569-4000 ext 249** or email amarte@liherald.com

Adult Survivors Act passes N.Y. State Assembly

The New York State Assembly voted to pass the Adult Survivors Act, which will open a one-year “lookback” window that suspends the statute of limitations for survivors who were sexually abused at age 18 or older. Last month, the State Senate voted unanimously to pass ASA and with the State Assembly vote, the bill will be put in front of Governor Kathy Hochul to sign into law.

The Adult Survivors Act was preceded by the landmark Child Victims Act, which provided child sex abuse survivors with an extraordinary opportunity to seek justice and accountability for decades-old crimes. The CVA lookback window was opened in 2019 and closed last year in August 2021. Throughout this two-year period, Pfau Cochran Vertetis Amala LLC and the Marsh Law Firm filed nearly 500 cases that are currently pending in state court, including nearly 300 cases against the Catholic Church, 150 cases against the Boy Scouts of America New York, and 40 cases concerning public school and foster care abuse.

“The Child Victims Act opened an unprecedented pathway to justice for thousands of child sex abuse survivors, who had long assumed the door would remain closed,” Jason Amala of PCVA Law, an attorney who has represented thousands of sex abuse survivors across the nation, said. “The ASA will open this door for thousands more adult survivors who are still waiting for their rightful opportunity to stand up to their abusers, and the institutions that protected them, and finally seek justice.”

HERALD NEIGHBORS



Photos courtesy Neil Miller

THE BELATED CENTENNIAL celebration for Glen Cove Loggia No. 1016 Order of Sons and Daughters of Italy was a big one, attracting many to join in the fun, even if they weren't Italian.

G.C. Loggia celebrates belated anniversaries



PRESIDENT JOSEPH GALLO, above, spoke to his members at the belated 100th anniversary of Glen Cove Loggia No. 1016 Order of Sons and Daughters of Italy dinner.



MICHELE MENT, ABOVE, right, enjoyed the delicacies at Verdi's buffet.

JOHN LA RUCCIA, far right, spoke of what the club meant to him during the celebrations.

KATHRYN GRANDE, RIGHT, a former president, spoke to club members that came together for the belated 100 and 101 anniversary of Glen Cove Loggia.



Glen Cove Loggia No. 1016 Order of Sons and Daughters of Italy had a jubilant evening on May 22 in honoring its 100, 101, and 102 anniversaries. The celebration, which was held at Verdi's of Westbury, was postponed in 2020 due to Covid. This year was packed with fun and the recognition of the work of past presidents and members. Mayor Pamela Panzenbeck and Legislator Delia DeRiggi-Whitton joined in the festive night as well.

Formed by Giuseppe A. Nigro with several fellow immigrants in April of 1920, Loggia Glen Cove was Long Island's first OSIA Lodge. Nigro immigrated from Sturmo when he was a teenager and within a few years opened a coal and lumber yard in Glen Cove. Joining Giuseppe were 10 other Italian Americans: Charles Anzalone, Carmine Caggiano, Vincent Gambino, Angelo Genova, Antonio Grazioso, Domenick Izzo, Arcangelo Macedonia, Pasquale Nigro, Giuseppe Sanfratello and Giuseppe Trimarchi. The ceremony to officially open the lodge was held in the Orchard House and was attended by the Italian ambassador, the Mayor of Glen Cove, and other dignitaries.

Improvements coming to City Stadium

By LETISHA DASS

ldass@liherald.com

Parents continue to be concerned about conditions at John Maccarone Memorial City Stadium. Issues including a lack of dugout covers for baseball and softball fields, worn out bleachers, fences that need repaired, and old dugout benches

If we're not doing this stuff for the kids, what are we doing?

DANIELLE FUGAZY SCAGLIOLA
Councilwoman

are on a list parents say they have sent to the city, including Mayor Pam Panzenbeck.

A mother of two, Megan Sujeski, of Glen Cove, said that while Glen Cove Baseball and Softball Association have done their best, it's the city that must take care of the property and establishment.

"The issue remains with the city and their budget," Sujeski said in a statement.

Parents have come together to show their support for the change. Michael Cervini, a father whose son plays in the Glen Cove Baseball and Softball Little League, has been advocating for the city to put more money in the fields to help the workers and the community.

"They have to commit some of that money to improving the facilities," Cervini said.

Panzenbeck and the city have banded together to repair the home of the city's baseball, football, soccer, softball, and lacrosse teams. Plans are to allocate an estimated \$125,000 in funds from capital borrowing and the coronavirus stimulus, American Rescue Plan Act, to help.

"We got extra men coming in [and] extra seasonals coming in to try and get [the] fields in better condition," Panzenbeck said.

Ralph Comitino, Glen Cove Public Works Civil Service Employees Association president said he'd like to see the changes done soon. "We live here. We want it done," he said.

A mother of two, Megan Sujeski, said



Letisha Dass/Herald

A BLEACHER AT Field 7 in John Maccarone Memorial City Stadium is covered in yellow tape due to damages. New bleachers will be ordered by the city.

that the fences at Field one is bent out of shape from children climbing it. The wooden bleachers are not American With Disabilities Act complaint, lacking guardrails and are out of date, and the aged wooden dugout benches are causing children to get splinters.

"We have a lovely city," Sujeski said. "I pay so much money in taxes. So, like, this should be, first and foremost in their minds to do this for our kids to have good, solid places for our kids to play."

Cervini added that having the dugouts left uncovered could be unsafe for the children on hot summer days without shade.

"It's about your kids," Cervini said. "That's where you should be putting the money for the future."

Throughout the years, Cervini said, he has put in at least \$10,000 to help install three dugout covers at the fields, buy ladders to help the workers, and raise donations for the batting cages. "We just got to keep the momentum," Cervini said.

Councilwoman Danielle Fugazy Scagliola, a mother of four, said she is at the fields every day and has been working to have the issues addressed.

"We need to update as a city," Fugazy Scagliola said. "We need to take better care of our assets and that stadium is an asset. It's an asset to our kids. A lot of communities don't have field space like we do, but we have to take care of it."

Plans to address the safety concerns for the children are underway. Spiro Tsirkas, director of the city's youth services and recreation, said he has received quotes on new fences, 20 three-foot bleachers, two large bleachers, 20 aluminum dugout benches, dugout covers, and is working on finding contractors for the turfs at the fields.

"We understand there's a lot of things that need to be done," Tsirkas said. "And right now, our focus is the bleachers."

Even so, the results will take time, Tsirkas added, because the work will be done throughout the year and won't be complete in time for this year's season.

So far, new basketball hoops, batting cages, scoreboards, and fixing the retaining wall by Campy Field are projects that the city is currently working on with the help of Fugazy Scagliola. The field at Pascucci Soccer Fields has been remodeled as well. "Change is happening," Fugazy Scagliola said.

The Glen Cove Baseball and Softball Association held their first annual Glen Cove Youth Sports Dinner to help raise donations for the field and youth sports. Tsirkas said the fundraiser is a good start to achieve the city's the goals to repair the fields.

"It's the first time a fundraiser like this was done and with the sole purpose of raising money for the fields, and to try and offset some of the costs," Tsirkas

said.

The workers at the fields have been working double time to maintain the parks and fields. However, Comitino, said that he does not have the manpower, but his team is doing their best. Right now, he has at least nine workers in total under fulltime or seasonal employment.

Once the parks and beaches get more workers, Comitino added, then everything will be done.

"Not that I'm saying that all workers are not doing the right job. They're all doing the right job," Comitino said. "It's just that it takes a little time because we're short staffed."

Each worker manages more than City Stadium. A part of their job is to maintain all Glen Cove beaches and parks such as Prybil Beach, Pascucci Soccer Field, and Morgan Park. "We're always here," Comitino said. "Our ears are always open to anything. If anybody has any suggestions, come to us. We'll we have no problem listening."

CRIME WATCH

Arrests

■ On May 16, a 29-year-old female from Amityville was arrested for second-degree aggravated unlicensed operation, operating unregistered motor vehicle, and numerous other vehicle traffic law violations on Hill Street.

■ On May 17, a 29-year-old male from Glen Cove male was arrested for third-degree assault on Grove Street.

■ On May 18, a 51-year-old male from Glen Cove male was arrested for second-degree assault, fourth-degree criminal possession of a weapon, and endangering the welfare of a child on Walnut Road.

People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.

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St. Patrick's Church renovations proposed

By LETISHA DASS
ldass@liherald.com

St. Patrick's Roman Catholic Church has accepted the purchase and development proposal from Mill Creek Residential, a leading developer, builder and investment management company in rental housing, to renovate the church's campus. Rev. Dom Gabriel Rach shared the news with the parish and Glen Cove community during an informational session on May 13 at the church.

Included in the plans are the revamping of the church's Romero Hall to accommodate special events such as weddings, the church's October Fest, and the Hispanic services, which are primarily held at the parish hall. Along with the upgrade, the renovations would address infrastructural needs of the building such as heating, ventilation and air conditioning.

"I'm really excited to be able to repurpose this, spruce it up a little bit, and make it available for many more future parish events," Rach said.

Instead of having the parking lot across the street from the church on Pearsall Avenue, a two-deck parking lot for roughly 200 cars would be built adjacent to the building, which would have access from the parish hall and eliminate the need for the driveway parking spaces.

As part of the plans, the church's parking lot on Pearsall Avenue would be sold



Letisha Dass/Herald

IN THE PLANS for St. Patrick's renovations are the construction of a two-deck parking lot created adjacent to Romero Hall.

to Mill Creek, whose own proposal is to build 300 apartments on the property

There are mixed reviews surrounding the overall plans. Councilwoman Danielle Fugazy Scagliola, who is a parishioner of St. Patrick's, doesn't support it.

"It's just grossly over developed," Fugazy Scagliola said. "And I think as of right there, there's about something like 14 homes, and they're looking at over 300 units. It's too much. That's for sure.

Peter Luzynski, who is a parishioner of the church and lives in Glen Cove, said

he is concerned.

"We have enough apartments," Luzynski said. "What about the congestion going up and down the hill [of the church]. They better do a study [on] how it's going to affect traffic. I see nothing but problems with that. I hate to see Glen Cove turn into Queens."

But he agreed that the church needs to be rebuilt but he said it shouldn't be at the expense of another apartment building which the city doesn't need.

Koorosh Leibowitz, of Glen Cove, who

was on the CDA last year, said that instead of apartments, there should be more support for businesses in the plans.

"Glen Cove doesn't need more apartments," Leibowitz said. "It needs to build infrastructure that will support economic development. This comes in the form of opening attractive businesses that will bring in investment and expenditure."

In the plans, traffic to and from the campus and the parking lot would be limited to the main driveway for the church on Pearsall Avenue, Rach added, "but we'll have to make sure that whatever we do, the traffic coming in and off campus goes smoothly."

Much work is needed at St. Patrick's campus, which was first built in 1856. Rach said the roof of the church needs to be repaired. The church tower, bell, and masonry, has concrete that is cracking and is susceptible to falling. For now, the church has placed bridgework below the tower for safety.

The school building, that has been closed since June 2019, has patchwork on the roof which needs replaced as does the heating systems.

"We've been lucky," Rach said. "We've managed to kind of avoid some of the major damage."

The convent, which has been closed and unused since 2019, has major damages, such as water recursions, potential

CONTINUED ON PAGE 7

GLEN COVE HERALD - May 26, 2022

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Pride Month at First Presbyterian Church of Glen Cove

Friday, June 3rd at 7 PM:
Screening of "Purple"
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Friday, June 10th at 7 PM:
Pride Social Hour

Sunday, June 12th at 10 AM:
Guest Preacher Rev. Marian Edmonds-Allen, Executive Director of Parity

Sunday, June 19th at 10 AM:
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COMMUNITY UPDATE

Friday, May 27

Curator led tour of Coe Hall

Come by Planting Fields Arboretum from noon to 1 p.m. for a curator led tour of the historic Coe Hall. Join Meredith Brown, Planting Fields Foundation's director of museum affairs and chief curator, on the last Friday of each month for an exclusive tour of Coe Hall, covering Planting Fields' history and the foundation's collections, and learn about what it takes to care for the collections of a historic house museum and its landscape.

'C'mon C'mon'

Join the Gold Coast Public Library for a movie day watching the film "C'mon C'mon" from 2 to 4:30 p.m. When his sister asks him to look after her son, a radio journalist, played by Joaquin Phoenix, embarks on a cross-country trip with his nephew to show him life away from Los Angeles. The movie is 104 minutes long. For further information, contact the library at (516) 759-8300.

Saturday, May 28

41 Players

Stop by Still Partners in Sea Cliff from 8 to 11 p.m. and get ready to rock with 41 Players, a New Orleans style funk and soul group from Brooklyn who have been playing and recording together since 2010.

Sunday, May 29

Oyster Bay Market

Visit the Oyster Bay Market from 10 a.m. to 2 p.m. to shop some of the best local products and produce. The mission of the Oyster Bay Market is to improve local food security, teach entrepreneurship skills and support local producers, makers and businesses, all while enriching the cultural heritage of the community.

Monday, May 30

Sea Cliff Memorial Day parade

Sea Cliff will be returning to its annual parade that starts at Memorial Park at 9



Herald file photo

Cruise Night is coming to Oyster Bay

The OBEN Chamber of Commerce Cruise Night Car Show resumes at 5:45 p.m. on May 31. Every Tuesday evening during the summer, the streets of Oyster Bay are filled with classic cars and spectators. Unlike other car shows, this weekly event occupies the main road through Oyster Bay. Restaurants, shops, snacks, beverages and shopping surround the amazing collection of fun and interesting cars. Live music fills the streets with a band at every cruise night.

a.m. with village organizations marching. The parade will make its way to Clifton Park, where a brief ceremony will be held, paying respect to and remembering the men and women who gave their lives for their country.

Oyster Bay Memorial Day parade

The annual Oyster Bay Memorial Day parade is returning this year at 10 a.m., beginning at the Gulf station on South Street, followed by an open house at Raynham Hall Museum. Local veterans, youth organizations, and Raynham Hall educators dressed in Revolutionary clothing will remember the fallen. After the parade, rediscover the American Revolution at Raynham Hall with free Augmented Reality demonstrations in the museum's education center, play historic games on the lawn, and enjoy space for picnicking in the garden.

Glen Cove Memorial Day parade

Glen Cove will be holding its Memorial Day parade at noon at School Street in downtown Glen Cove. Residents are encouraged to come out to support the community and pay their respects to the fallen.

Tuesday, May 31

Route 25A

Bayville Free Library will host a discussion of Route 25A over Zoom at 7 p.m. In this fascinating program, Eco-Photo Explorers will explore the historic past of Route 25A, and examine its special place in the lives of Long Islanders through photographs and stories. Register at the website for a spot. For more information contact Kristy Fumante at (516) 628-2765.

Wednesday, June 1

Walk-a-thon

Join the Oyster Bay Life Enrichment Center at 10:30 a.m. as they kick off their Walk for a Cause event. During the first two weeks of June, individuals and teams from all walks of life will come together in support of the Life Enrichment Center's programs and services that make a big impact for seniors in our community. Registration is \$30 per participant, \$10 for students. Register any one of three ways: online with credit or checking info, print a form and mail it to the center, or stop by the center to register in-person.

Bouncing baby storytime

Visit the Bayville Free Library at 10:30 a.m. for a storytime with babies aged newborn to 23 months and their caregivers. To register with your child, contact

Jennifer Russo at (516) 628-2765.

Pig storytime

Join the Locust Valley Library for a very special pig storytime from 4 to 5 p.m. Children aged four to eight will hear some pig stories, learn a little about pigs, and meet a real life piggie. Each child will leave with a take-home pig craft.

Thursday, June 2

'Letters from Iwo Jima'

Visit the Oyster Bay-East Norwich Public Library as they continue their Clint Eastwood Thursday movie marathon with "Letters from Iwo Jima," which will be shown at 2 and 6:30 p.m. The film is rated R, and runs for 141 minutes. The film depicts the Battle of Iwo Jima from the perspective of the Japanese soldiers of the Imperial Army, and is a companion to his other World War II film, "Flags of Our Fathers." No registration required to attend, and seating is first come, first serve.

Virtual conversations with Saul

Join a Zoom call at the Glen Cove Public Library from 7 to 8 p.m. to practice conversation in English. This is a class for ESL Advanced students. For more information, contact Maria Fernanda Pardo at (516) 676-2130.

HAVING AN EVENT?

Items on the Community Update pages are listed for free. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to wsheeline@liherald.com

5 things to know about your town

- The Town of Oyster Bay Zoning Board of Appeals will be meeting on June 2 at 7 p.m.
- The Village of Sea Cliff Planning Board will meet on June 8 at 7 p.m.
- The Village of Sea Cliff Village Court will meet on June 8 at 7:30 p.m.
- The Town of Oyster Bay Planning Board will meet on June 9 at 7 p.m.
- The North Shore Schools will hold a retirement recognition at the High School Theater on June 9 at 7:45 p.m.

Bid to build apartments on Pearsall Avenue

CONTINUED FROM PAGE 5

mold, window plasters falling apart, and damage in the kitchen. In the plans, the church has the choice to demolish the convent or let it continue to fall into disrepair.

The church would need at least \$3.3 million to address the renovations for the school, parish hall, church roof repairs, and the bell tower according to Rach, who received estimations in 2015 from Nicholson and Gallo-way Inc., a company that specializes in repair and resto-ration counseling.

“There are a lot of challenges,” Rach said. “We have to pick and choose where we apply a little bit of funds.”

Currently, the church does not have any funds or cash flow to address the issues. To acquire funds the church would need to sell the parking lot on Pearsall Avenue, which would help fund the project and leave savings for the church’s future.

“I intend this to be a future building activity, where we take the gains from this potential sale,” he said, “and we’ll use it to start something to quickly put the parish of St. Patrick on kind of a financial solid ground, not just for the short term, but also the medium term, [and] hopefully for the next 166 years.”

Mill Creek, the developer, would buy the property as well as handle the renovations for the church. Elisabetta Coschignano, an attorney, from Sahn Ward Braff Koblenz LLC, representing Mill Creek at the City Council meeting, said that the developer is waiting to present the proposal before the city’s planning board, which is required, and that the plan is in its initial planning phases.

“I can’t imagine the community would be very wel-coming to this kind of overdevelopment,” Fugazy Scagliola said. “It’s too big. We can’t have any green space.”

A date has not been set for the hearing and Mayor Pamela Panzenbeck said that she isn’t sure when it will



Herald file photo

ST. PATRICK'S ROMAN Catholic Church needs quite a few renovations and hope to sell the church’s parking lot on Pearsall Avenue to secure the needed funding.

GLEN COVE HERALD – May 26, 2022

be.

“I do understand that church’s need for money,” Fuga-zy Scagliola said. “They have an asset that they can sell, and I get that they want to monetize that. All understand-able, but it has to be something palatable.”

Angela Riccardi Jecklin, of Glen Cove, said that she would prefer to see more stores opened in the area instead of apartments, which would have very few units set aside for affordable housing.

“We need some brand name stores of our own like a mini Target or a Marshalls first,” Jecklin said. “There are nothing but pet stores and restaurants and super-markets in Glen Cove.”

Michael Gary, a longtime resident of Glen Cove, said while people are assuming that only outsiders would be moving into the apartments, the proposal would provide housing options to locals who cannot afford to buy or rent a home. “Not to mention the elderly who may not want the burden of maintaining a home and yard,” he added. “Even if newcomers move in, this will only help local businesses because there will now be increased demand for their services.”

“I do not know what the future will bring,” Rach said. “But I do know that this is an opportunity that will allow us to make use of an asset we have to take care of our-selves.”

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Courtesy Jessy Panzer

JESSY PANZER HAS done many air shows before, but will fly in the Bethpage Air Show for just the second time — and her first time back in her ‘single-seat pink airplane.’

Bethpage Air Show flies back into the sky

Annual event — featuring the U.S. Navy Blue Angels — takes off Saturday, May 28

By **BRENDAN CARPENTER**

bcarpenter@liherald.com

Alexa Wahl was just 7 when her family began attending the Bethpage Air Show. Standing on Jones Beach and staring at the sky, she would watch the planes soar past quickly and gracefully.

It was from that very moment Wahl realized she wanted to be a pilot.

Now 23, the Deer Park resident spent time in high school “Googling every possible profession” because she felt becoming a pilot wasn’t possible for her. Nothing excited her quite like flying. So why not? Wahl decided to go for it.

With no experience and just a dream, Wahl enrolled in the Aviation Center at Farmingdale State College. After four years of learning to fly, she graduated from the program last December. Wahl’s now an instructor at the center — currently the only woman in such a role — mentoring future pilots.

Yet, it was Michael Canders who helped her realize her dream. A military pilot for the U.S. Air Force and U.S. Navy for more than four decades, Canders is an associate professor and the college’s aviation center director. It was ultimately up to him who the five aviation center pilots would fly in this year’s Bethpage Air Show. One of his top choices? Wahl, of course.

“I was so surprised to be asked,” Wahl said. “I worked so hard, and it definitely paid off. But it still feels too good to be true.”

Wahl and the other pilots from the center will open the show on Saturday, May



Courtesy Alexa Wahl

ALEXA WAHL, A recent graduate of the Aviation Center at Farmingdale State College, will fulfill her childhood dream of flying in the Bethpage Air Show.

28 at 10 a.m., as the first group. Wahl will pilot the third plane in the line, flying a PA-28-161, otherwise known as a Piper Warrior 3. It is the same plane she trained with at points in the program, and is classified as “low-wing,” meaning it’s more stable and easier to control, making it better for new pilots to operate.

Wahl will join the 44 other pilots from the Aviation Center at Farmingdale State College who have flown in the air show. Her mentor, Canders, will narrate the flights at the show and talk about the program for all the viewers to hear.

For some pilots, however, this air show will not be their first rodeo in the sky. Jessy Panzer is a true air show veteran. The Colorado Springs-based pilot was introduced to planes by her father, who worked at Duncan Aviation, a privately owned business jet service provider.

He died in an accident when Panzer was just 10.

When she is not doing air shows, Panzer works as a corporate private jet pilot. She began flying in air shows back in 2004, and the 43-year-old has since made her way to about 15 shows a year, except

Want to go?

The 2022 Bethpage Air Show is set for Saturday, May 28 and Sunday, May 29 from 10 a.m. to 3 p.m.

Jones Beach is located off Meadowbrook Parkway South. Admission is free, but there is a \$10 parking fee charged on-site, but is waived for those with a New York State Parks Empire Pass. This year’s show is headlined by the U.S. Navy Blue Angels. For more information, visit BethPageAirShow.com.

for the coronavirus-ravaged 2020 dates.

Panzer has flown solo as well as in duos and trios depending on the show. This will be her second time flying at Bethpage, but her first time doing it solo.

“I’ll be back in my single-seat pink airplane,” she said.

Panzer said she loves doing shows because “to see everyone’s faces after I perform, especially the little girls, makes it all great.” Panzer wants those girls to leave the show saying, “If she can do it, I can do it, too.”

“I am very excited to be invited back to Bethpage,” Panzer added. “All performers work so hard to practice and maintain the planes so we can wow everyone in 10 minutes. A great show is going to be put on.”

Impact of Covid predicted to be long-term

CONTINUED FROM FRONT PAGE

social connections,” Hansen said. “I’ve seen that in many of my clients, and their significant others, with alcohol and marijuana intake going up, absolutely.”

Children and young adults were significantly more likely than adults to show symptoms of depression or anxiety. According to Kaiser Foundation research, 56.2 percent of 18- to 24-year-olds suffered from those conditions at the height of the pandemic, while younger children also suffered in high numbers.

Ellen Ritz, a member of the National Alliance on Mental Illness’s New York Board, explained that the psychological stress was compounded by the impact of anxious family members living together. Ritz, a former president of NAMI’s Nassau/Queens division, frequently works with the North Shore Coalition Against Substance Abuse, which often holds its meetings in Sea Cliff. She also runs NAMI’s Family Support Group, which offers families strug-

gling with mental health issues the chance to share and deal with their experiences together.

“What I have seen, in general,” Ritz said, “is that when a parent is beside themselves or feeling a tremendous amount of anxiety, or maybe two of them are fighting, the children don’t feel safe, and then they can become anxious or depressed. So the most important thing for parents is to make sure they’re not yelling or fighting in front of their children, as that can seriously affect [children’s] nervous system.”

BARBARA RAKUSIN
Executive director,
Youth and Family
Counseling Agency

Women were another vulnerable group, shown to be 9 percent more likely than men to suffer anxiety during the pandemic, according to Kaiser. They were also more likely to suffer domestic abuse from partners, with a 10 percent increase in domestic violence arrests in 2020 reported by the New York City Police Department.

Barbara Rakusin, executive director of the Youth and Family Counseling Agency, said she had helped four indi-

A pandemic’s toll on mental health

- In 2019, only 11 percent of Americans were reportedly suffering from anxiety or depression, but by 2021 it was 41.1 percent.
- 18- to 24-year-olds were the most likely to report depression or anxiety among all adult age groups.
- Police reported an increase in calls reporting domestic violence in cities

across the country by an average of 19.3 percent during times of quarantine.

- Globally, the prevalence of depression and anxiety remains 25 percent higher than pre-pandemic levels.

—Source: Kaiser Family Foundation, American Journal of Emergency Medicine, World Health Organization

viduals who began experiencing domestic abuse, both physical and emotional, during the pandemic.

“Not surprisingly, but I think disturbingly, I took several phone calls for domestic violence during that time,” Rakusin recalled.

“One of the calls I took while I was working from home required I get on another phone and request police intervention.”

Statistics indicate that although things have improved, communities have a long way to go to shake off the effects of Covid. New York state currently ranks third in the country in the

total number of people suffering from mental illness, and second in the number of teens suffering from depression, according to data from Mental Health America.

For Rakusin, these statistics are not surprising. She said she believes that the impact of the pandemic will be long-lasting, and must continue to be addressed. “I think as far as the impact, we’re not done,” she said. “I think we’re going to be seeing the psychiatric and psychological impact for a long time. People have been traumatized, and trauma stays a long time and becomes inter-generational if it’s not handled.”

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Nurse leaders explain their passion for caring

May 26, 2022 – GLEN COVE HERALD

CONTINUED FROM FRONT PAGE

nurse. “That’s really our mission.”

In a more hands-on approach, Dillman walks throughout the day with her clinical nurses and helps them when needed. For example, one day she noticed that a nurse was having difficulty putting in an IV line. She stepped in to help. “I’m here to support you,” Dillman recalled saying to the nurse. “And I’m also going to roll my sleeves up, if needed, to put in an IV to [help] a patient.”

Dillman’s skills as a leader were evident before she became an administrator. Nurses are essential to every patient’s case, she said, and must be able to handle and dictate every step of their care. “Whether you’re at the bedside or an administrator, they’re the undesignated leaders of their unit,” Dillman said.

“Nursing is a very instrumental and global part of the health care team where you really get to see everyday components of a patient’s care delivery,” said Francine Kelly, associate executive director of quality management at GCH and an RN. “And we have the ability to touch every component of care and interact with the family.”

Education and teamwork are essential to bolstering the development and growth of the profession. Many high-ranking administrators in the hospital are nurses.

“Nursing is becoming an opportunity in our state to wanting to really push for advanced nurses working at the highest degree of their licensure,” Scanlon said.

Scanlon earned her master’s as a prepared nurse practitioner at Columbia, which she does not currently practice, and Dillman and Kelly are Doctors of Nursing.

“My graduate degree has allowed me really to look at how can we better provide care, and it starts with our doctors and with our nurses,” Scanlon said.

At the hospital, nurses are given an opportunity to partake in clinical practices and research to further cultivate their skills in patient care. Like university classes, the hospital has dedicated education units with a simulation lab to help nurses enhance their knowledge of medical procedures on cadavers. There are fellowships, residency programs, critical care advancement and other educational initiatives to bolster each nurse’s career.

The pandemic has placed a spotlight on stress management in the workplace as well as sharpening skills, Kelly said. At GCH, there is a room called the Watson Room, where nurses are given a chance to decompress and recharge. As a leader, Kelly looks to see how she can help understand and manage her teams through the stress of the job.

“Everyone perhaps needs a little something different to help them get through their day or manage their worries or concerns while they’re doing a very pivotal job of caring for our patients,” Kelly said.



Photos by Letisha Dass/Herald

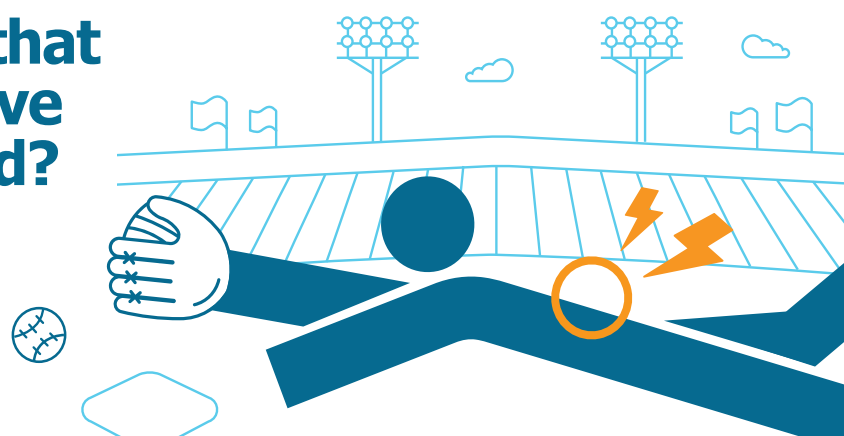


MATTHEW MENDOZA, ABOVE, a registered nurse, practiced cardiopulmonary resuscitation on a lifelike but mostly plastic stand-in for a live patient. Jennifer Dixon, above left, a registered nurse and nurse educator, oversaw the training.

THERESA DILLMAN, FAR left, associate executive director of patient care services, spoke with RN and nurse educator Sharda Haridat about the clinical practice for continued nurse training at Glen Cove Hospital.

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Teen Court program more popular than ever

By ROXY AMID

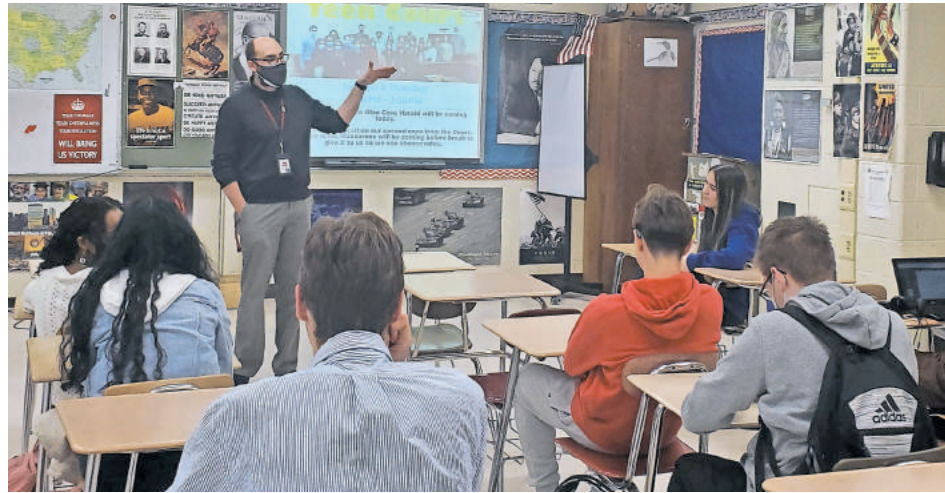
glencoveeditor@lherald.com

Since its inception in 2002, Glen Cove's Teen Court program has gained statewide attention for its unique and hands-on approach to educating high school students about the judicial system. This half-credit after school elective allows students to actively participate in real trials of cases involving teenage offenders.

It is City of Glen Cove Judge Richard J. McCord and the Nassau County District Attorney's office who decide which first offender teenagers arrested for crimes in Glen Cove will have the opportunity to go through the Teen Court program for peer mediation.

The program is directly supervised by McCord and long-time Glen Cove attorneys John and Kevin Maccarone, specialists in criminal law. They work closely with Glen Cove High School teacher and Teen Court advisor, Christopher Contorno to prepare students for trials by sharing their knowledge of the legal process and ensuring that the arguments and statements are legally valid. With their combined supervision, the students alternate as judge, juror, prosecution and defense after each trial period. Currently, there are 30 student members of Teen Court.

"This year we had so many students that we didn't have enough roles for all of the students," Contorno said. "We had



Courtesy Office of Richard J. McCord, Esq.

GLEN COVE'S TEEN Court program has become popular with several students from Glen Cove High School joining this year.

our highest enrollment this year."

Due to the increased popularity of Teen Court, this year's program has incorporated the use of student mentors, GCHS seniors who have prior experience in the program and want to continue participating.

"I think public speaking and a general knowledge of how courts work is good for students to have going into college and going into adult life, especially if you're going to continue in mock trial in college or for a law degree," said Colin Gallagher, 18, a Glen Cove High senior and mentor. "Also in life, having a basic understand-

ing of legal proceedings, how to speak and present formally, is just good for people to have"

Student mentors don't take on active roles but help their classmates prepare and develop their case strategy.

Typically, Teen Court participants see two cases in the first half of the school year and two cases in the later half. The program was briefly suspended because of the pandemic but resumed this past September, which Contorno said caused slowdowns in the court system. As a result, trial dates and selections were briefly halted this school year.

Teen Court's last two cases took place at Glen Cove City Court on Feb. 15 and March 22. The case in February included a defendant charged with harassment and criminal mischief, while the defendant in March was charged with numerous moving violations including reckless driving, leaving the scene of an accident and driving with a suspended license.

Contorno, who has been with the district for 14 years as a history teacher, has also taught mock trial. He said exposing students and youth offenders to the legal process and allowing both parties to have a learning experience is essential to judicial education.

"It's really nice to be a part of it and get the kids this kind of experience and I hope it continues on for years to come," Contorno said. "The kids really like it too."

McCord's long-time motto is: "Education is the best form of crime prevention." His goals for Teen Court are to give participants familiarity with the court system, while learning first-hand the repercussions of violating the law. Additionally he hopes to make the proceedings less frightening and more educational for youthful offenders with penalties that are appropriate to the violation.

"This is the first year where we've had student mentors and I was very impressed with it. These kids take this very seriously," McCord said. "They're very well prepared."

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Banners of vets hang proudly in Morgan Park

CONTINUED FROM FRONT PAGE

“And they should be recognized 24/7.”

Lydia Wen, the librarian who spearheaded the banner initiative, created a virtual tour in which families can upload the reflections of their loved ones and see additional photos of them.

“The reflection is a combination of prose and also pictures,” Wen explained. “In some cases, it’s scanned pages of books that have featured the veteran.”

To start off the city’s tradition of laying wreaths at veterans’ monuments for Memorial Day, there will be an unveiling ceremony for the banners at noon on May 29 at the veterans memorial by the entrance to Morgan Park at the corner of Landing Road and Germaine Street.

A banner honoring U.S. Rep. Tom Suozzi’s father, Joseph, will hang near the stage where Joseph’s wife, Marguerite, started the Morgan Park Music Festival, close to a banner featuring his cousin Vincent Suozzi.

The Scarfo family has three banners dedicated to the late brothers Joseph, John and Anthony Scarfo. Rosemary Maneri, Joseph’s daughter, wanted to pay tribute to her father and his pride in serving his country, and encouraged her cousins, the children of John and Anthony, to do the same.

“I saw the military banner that Lydia [Wen] had posted, and I wanted to do it for my dad,” Maneri said. “And then his brothers came to my mind, so I contacted my cousins, and we were all in agreement. We wanted all three of them up.”

The family emigrated from Italy in 1937. Deneen Jackson, John Scarfo’s daughter, said that service was the brothers’ way of giving thanks to the United States.

“My father was the only one born here,” Jackson said. “So their contribution to America was to fight for their country and to give back, to thank them for letting them have a wonderful life here in America.”

While her father did not keep any records of his service, Jackson said, she knows that he served in the Army until

Virtual veteran banner experience

Glen Cove Public Library now offers a virtual tour of the banners of veterans on display in Morgan Park. Go to www.glencovelibraryhistoryroom.com/about-1 to view the banners and their stories.

he was discharged in 1963.

“Our father was the rock of our family,” she said. “He was the best. The best father anybody could ever have.”

Joseph Scarfo, who died in 2011, kept records of his time in the Army in World War II, which Maneri used when writing his story for the library’s virtual tour.

“It wasn’t hard at all because my father wrote down everything,” Maneri said. “He was very good at that stuff. He was meticulous, and he documented everything.”

Joseph Scarfo was working at Republic Airport in 1942 when he was drafted into the Army. He was sent to France as part of the Timberwolf Division of the 413th K Company, known for their night fighting.

While searching a house in Cologne, Germany, on his 23rd birthday in March 1944, Scarfo was hit with shrapnel from a bomb, and was left paralyzed from the waist down.

He was honorably discharged in 1946, and returned home to Bella Vista in Glen Cove. He served as grand marshal of the Memorial Day Parade in 1987.

“He was proud of his country,” Maneri said. “And he always said he could do it again.”

Her father’s banner hangs near those of his brothers. Maneri said when she saw it for the first time on Tuesday with her husband and daughter, she was so emotional that she couldn’t speak. “See-



Courtesy GSM Communications

THE SCARFO FAMILY, of Glen Cove, has banners dedicated to the late brothers Joseph, John and Anthony Scarfo. Anthony’s and John’s are hanging next to each other.

ing those banners up, and remembering not just them, but all the Glen Covers that served, I think is a well-deserved tribute,” she said.

Comitino said he was honored to install the banners. The project hit close to home for him because his father served in the military as well. “He’s not here now,” Comitino said, “but my father would have been proud.”

Wen expects to add more banners next year. If all of those that have been created return and more are added, she hopes to have at least 92 hanging next year. “I have

a waitlist started already,” she said.

The virtual tour will soon include a map for visitors to use at the park to use, with a QR code to indicate the location of every banner.

The ongoing project will continue, as Wen collects more veterans’ stories. And the banners will remain up until Veterans Day.

“From an archival perspective, I want the stories behind each one,” she said. “It’s wonderful to have a picture of who they were [and] how they are remembered.”

NEWS BRIEFS

New art exhibition opening in Oyster Bay

The Bahr Gallery, an Oyster Bay art gallery dedicated to vintage, first-edition, psychedelic rock poster art, has a new exhibition, “British Invasion,” which will be opening at the gallery on June 2. There will be two free opening wine and cheese receptions that evening and on June 4 from 6 to 8 p.m.

“Technically, this exhibition features posters from the second British Invasion which happened in the late 1960s, a few years after the first wave in 1964-65,” Ted Bahr, the exhibit curator and gallery owner said. “The second British invasion featured bands like the Yardbirds and Led Zeppelin, Cream, Pink Floyd, the Who,

Traffic, Jethro Tull, Moody Blues and others.”

Highlights of the exhibition include a rare 1966 Beatles at Candlestick Park (their last live concert), three rare 1967 posters from British psychedelic poster designers Hapshash and the Coloured Coat, a rare “Who playing Tommy at the Fillmore East” poster from 1969, early Pink Floyd and Rolling Stones and a variety of oversized day-glo Beatles posters that will be shown at the Bahr Gallery for the first time.

The back galleries have artwork from San Francisco-based rock concert poster artists.

First Presbyterian Church to celebrate Pride

June is Pride Month, and the First Presbyterian Church of Glen Cove has big plans to celebrate it. First Presbyterian is an open and affirming church located at 7 North Lane in Glen Cove, with pastor Reverend Lana Hurst (she/her).

On June 3 at 7 p.m., the church will show a screening of the documentary “Purple.”

The short film will be followed by a conversation about what it means to be good neighbors in an intensely divided political climate.

The next event will be a Pride Social Hour at 7 p.m. on June 10, a chance to

spend time with fellow LGBTQIA+ folks and allies. Attendees will also have the chance to hear from Reverend Marian Edmonds-Allen, executive director of Parity, a New York based national nonprofit that works at the intersection of faith and LGBTQIA+ concerns, and her work of building bridges between faith organizations and the LGBTQIA+ community. Alcoholic and non-alcoholic beverages will be available.

On June 12, the Rev. Marian Edmonds-Allen will lead a 10 a.m. worship. Finally, on June 19, New York City drag theologian Marge Erin Johnson will be leading the 10 a.m. worship.

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HERALD

Rep. Suozzi fights for SALT repeal Page 2

Fall music fest this weekend Page 8

Auxiliary police chief appointed Page 10



Celebrating art and autos
Artist Dean Adams spent last Saturday afternoon painting some of the cars on display at the Art and Automobiles event in downtown Glen Cove. Story, more photos, Page 3.

'She has an eye for it'

Teen creates music video for local songwriter

BY JILL NOSSA
jnossa@liherald.com

With the prevalence of iPhones, editing software and platforms such as YouTube and TikTok, anyone with a digital camera can create and share videos. Having the tools doesn't necessarily mean a person has talent, but for 16-year-old Ava Solange of Glen Cove, an amateur interest in videography led to a paid opportunity.

The high school junior already has a portfolio of completed video projects, including a professional music video. Initially she said, her interest was in photography. But, she added, "As I started working with my camera more, I realized I could film videos."

Like many teens, Ava taught herself how to use the camera by making TikTok videos, and expanded the scope of her projects. This summer, after hearing a song by singer-songwriter Chris Armata of Oyster Bay, she decided to bigger: shoot and edit a music video. She created a video for Armata's song "Gratitude" while vacationing in Southern California, assisting her mother and her aunt as subjects.

"I knew that I'd have some nice shots for scenery, and I thought that would go well with the song," Ava said. "I was just picturing a lot of fun dancing and a good time, because that's what the song is about — appreciating the happy moments."

After four days of filming with her iPhone and a drone, she spent two days editing down about 90 minutes of footage for the three-minute song. "I had to look for the best parts of the videos and see what went well with the song and the rhythm of the song," she explained.

Using the drone footage in

feel like it really captures the vibe and the feeling that the music gives you.

AVA SOLANGE

A new school year, more Covid challenges

BY JILL NOSSA
jnossa@liherald.com

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THE GREAT BOOK GURU

Time marches on

Dear Great Book Guru, I had such a wonderful time at the Porchfest this weekend and I met many new and old friends. It got me thinking that there's a whole wide world out there and perhaps I should get out of my reading comfort zone, which is mysteries, and try a new genre. Any suggestions?

—Porchfest Reveler



**ANN
DIPIETRO**

Dear Porchfest Reveler,

I loved Emily St. John's latest novel, "Sea of Tranquility." This short novel spans four centuries and we visit each through time travel. The book opens in 1912 with a young aristocrat Edward St. Andrew banished from his English ancestral home to the Canadian wilderness for a minor infraction. While wandering in the woods, he hears a haunting melody and glimpses a visitor from another time:

Gaspary Roberts. Gaspary will reappear in the 21, the 23, and 25th centuries and while there is much different about these times, there is much the same. Pandemics decimate countries, book tours take place and hotels employ security guards. It's a strange mixture of future and present as characters appear, disappear, and then reappear century after century. The Sea of Tranquility is home to moon colonists who escape the travails of earth living only to find themselves living the very lives they were trying to escape. This a beautifully written, albeit challenging read that takes us through

time in search of clues as to what the future holds for humanity. Highly recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.

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NEWS BRIEF

North Shore Soup Kitchen serves hot dinners

The North Shore Soup Kitchen will begin serving a free hot sit-down dinner each Monday from 5:30 p.m. to 6:30 p.m., starting June 6. Meals will be served in

the basement of The First Baptist Church at 7 Continental Place. Lunch will continue Tuesdays and Thursdays from noon to 1 p.m.

Pride flag raising in downtown

The annual Pride flag raising will be held in Downtown Village Square, by the flagpole on Bridge St, on June 2 at 5:30 p.m. Spearheaded by Marsha Silverman, the flag raising has been held every year since 2019 to bring awareness of June as Pride Month. Glen Cove High School Gender and

Sexualities students have been invited to attend. This year's keynote speaker will be Juli Grey-Owens, executive director of Gender Equality N.Y., Inc.

"I think it's important to teach our youth its okay to be who you are but also fight for what's right for others," Silverman said.



Let us Know

News Brief items including awards, honors, promotions and other tidbits about local residents are welcome.

Photographs may be emailed as well. Deadline for submissions is noon Thursday, week prior to publication.

Send to llane@liherald.com

ON THE ROAD WITH A TAKEOUT QUEEN

Online dating with food

I'm a sucker for menu descriptions. I imagine it's like online dating with food. You can't just read about what's in a dish. You need to taste it to know if it matches its description. So, on a menu, if I see lobster salad with arugula, black olives, peaches and candied walnuts, I'll say to myself, "That sounds delicious, but is it really good?" This month, I found four eateries where the new menu descriptions are perfect matches with their meals.



CATHI TUROW

■ **Flourish** (6 Glen Head Rd., Glen Head) When you walk into this new, beach-y colored café, you'll never want to leave. Begin with fine coffees and teas or try a tahini mocha latte. Move on to an innovative list of breakfasts and lunches. Here's the crispy rice salad menu description: "Crispy rice, cabbage, carrot, cucumber, onion, chili lime vinaigrette, yogurt. This dish doesn't hold up well after sitting for a long time, the rice won't stay crispy! Best for quick trips or scarfing down in the car if you don't wanna come in or hang out."

Other menu titles are "LA Girl" and "Gabagool." I tried the brown butter roasted cauliflower picatta (a cauliflower steak with feta, covered with chickpea, golden raisin, lemon and chili sauce). It was beyond amazing. For dessert, I tried a thick slice of brioche covered with lemon-y mango sauce, topped with Pebbles cereal. The flavors break the mold and make music in your mouth.

■ **Wild Honey** (1 East Main St., Oyster Bay) After a two-year hiatus, Wild Honey is open for lunch again with a brand new, super creative midday menu. I read the description for the herb crusted flounder salad online: "Flounder, chopped iceberg lettuce, green

apples, radishes, toasted pecans, honey mustard vinaigrette." I thought to myself, "Could this be as good as it sounds?" Yes! The filet mignon Texas toast, mushroom truffle tater tots and blackberry point oysters are next on my list. Welcome back Wild Honey, for both lunch and dinner.

■ **Cliffside Café at Sea Cliff Beach** (56 The Blvd., Sea Cliff) The café has just reopened for the season, with co-owners Jason and Tara Potter returning as the chefs. Have a seat at the tables right on the beach and enjoy breakfasts ranging from overnight oats (with peanut butter, chia seeds, almond milk, bananas,

coconut), to avocado toast, to a wonderland of eggs. Lunches are easy to hold in your hand on the beach and include lobster rolls, burgers, tacos, Cubanos and wraps. Most exciting is there will be experimental pop-up dinners on specific evenings. Shrimp cocktail, soft shell crabs, oysters and more will be served Seafood Shack Style.

■ **Stellina** (76 South St., Oyster Bay) In this new, authentic Italian cafe, the dishes I ordered were delightfully different than their beautifully written menu descriptions. The zucchini flowers were not slices of zucchini cut into flower-like shapes. They were actual zucchini florets, combined with an incredible sauce. The pizza with pistachio cream wasn't on a flat slice of pizza dough. Instead, I was served a wonderfully sweet, fried ball of dough dripping with cream. A real treat. The menu includes chicken, veal, seafood, meat dishes and pasta produced in Gragnano, Italy.

So that's my list. How about yours? Have you tried new takeout in town? Please tell me about it at: cturowtakeout@gmail.com.

HERALD PUBLIC NOTICES

LEGAL NOTICE

PLEASE TAKE NOTICE THAT the Glen Cove City Council adopted the following Ordinance at the City Council Meeting of May 24, 2022:

BE IT ORDAINED, that the City Council hereby amends Sec. 265-51 Schedule XIX: Loading Zones of the Code of Ordinances, as it relates to Glen Street, as indicated:

Delete:

Name of Street	Side	Time Limit: Hours/Days	Location
Glen Street	South	All/All	From a point 625 feet east of Pulaski Street to a point 44 feet east therefrom

Add:

Name of Street	Side	Time Limit: Hours/Days	Location
Glen Street	South	All/All	From a point 604 feet east of Pulaski Street to a point 45 feet east therefrom

This Ordinance shall take effect 3 days after publication.

Tina Pemberton
City Clerk
131680

LEGAL NOTICE

NOTICE OF COMPLETION OF TENTATIVE ASSESSMENT ROLL (Pursuant to Section 506 of the Real Property Tax Law)

NOTICE IS HEREBY GIVEN that the Assessor of the City of Glen Cove has completed the Tentative Assessment Roll of Real Property for the year 2022. A copy of said assessment roll will be available on June 1st, 2022, where it can be viewed on-line at <https://glencoveny.gov/assessment-department/> and in person at the City of Glen Cove Assessor's Office.

On Grievance Day, Tuesday, June 21, 2022, the Board of Assessment Review will meet during the following times: 10am-12pm; 2-4pm; 7-9pm. to hear and examine all complaints in

relation to assessments. The Board of Assessment Review will convene at the City of Glen Cove, City Hall. Grievances must be filed by end of day at 9pm on Grievance Day. Property owners are not required to be present during the Board of Assessment Review hearings.

The Grievance application (RP-524) and instructions are available at <https://glencoveny.gov/assessment-department/> Dated: May 26, 2022
Michael A. Piccirillo
City Assessor
131677

LEGAL NOTICE

NOTICE TO BIDDERS

Notice is hereby given that sealed bids for the following projects will be received by the Purchasing Agent of the City of Glen Cove, located at City Hall, rear entrance, 9 Glen Street,

Glen Cove, New York no later than 10:00 a.m. prevailing time on Friday, June 17, 2022 at which time they will be opened and read aloud:

On-Call HVAC Services
Bid No. 2022-004

Construction Services for the Lead Service Line Replacement Program
Bid No. 2022-007

Specifications are available for download at <https://www.bidnetdirect.com/new-york/cityofglencove>. Registration is free and instructions are available on <https://glencoveny.gov/bid-rfps/>

The opening of both bids will take place on Microsoft Teams via the following link: https://teams.microsoft.com/join/19%3ameeting_YWUwODE3NDktMzNiZS000Tc2LWFIMTgtYjdjOWlyZzA

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If you cannot join online, you can call into this meeting by calling 1 (929) 229-5717 and entering the conference ID No. 426 434 522#. All participating parties should choose either the call-in method or the preferred method of joining the meeting via Microsoft Teams, but not both, to avoid reverberation of speakers. Each proposal must be submitted on the forms provided in the bid package, in a sealed envelope with the name of the bidder, the bid name, and number marked clearly on the outside of the envelope. Yelena Quiles
Purchasing Agent
City of Glen Cove
May 24, 2022
131679

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OPINIONS

My friend Mike, and his new interest in guns

My friend Mike is a gentle soul with a quick sense of humor. We met when we studied journalism at Long Island University's Brooklyn Center and worked endlessly on the school newspaper, Seawanhaka. I still see Mike once in a while, when a few of the old Seawa-



**JIM
BERNSTEIN**

nhaka gang get together at a diner.

Mike would joke as always on those afternoons over lunch, and regale us with stories about his latest trip to Italy, where he and his wife have relatives. Our conversations also took place online.

Mike has always been with us on the issues of the day — our disbelief and fear at the rise of the radical right and the demise of what was once the Republican Party, our dislike of the gun culture, our deep sympathy with the people in Ukraine, our disgust with Russian President Vladimir Putin.

But after the back-to-back mass mur-

ders over the weekend of May 14-15, in Buffalo and Orange County, Calif., I received an unusual email from Mike.

"If you can't beat 'em, join 'em," he began. He wrote that a cousin from Italy had been visiting, and went to a local gun range. He described the costs involved — \$25 for a short "first time" course with an instructor, renting a gun for \$25 per hour plus the cost of ammunition and the use of a target.

He continued, apparently with some excitement, "They have all different kinds of pistols and some rifles." His cousin had tried out a pistol, her friend had shot a rifle, and then they switched.

She had urged Mike and his family visit the range. Then his note became alarming: "I've never fired a gun in my life," he wrote, "but I think I may stop off at this place sometime this week and get my feet wet."

And then: "Maybe after learning how to shoot, I pick up a small but lethal handgun. I could get one legally, but it's a huge hassle. I could always travel one weekend to a state with no gun laws and

buy one there. I'm just getting spooked by knowing that so many wackos in New York may have a gun."

I quickly wrote to ask if he was serious. His response was heartbreaking. "I'm serious about going to the range for some fun shooting," he wrote. "Just for the experience. I am semi-serious about the gun." In the back of his mind, he concluded, "I see myself shooting some a-hole who approaches me on the street asking for money."

Maybe that shouldn't have been a surprise. America has become the gun capital of the world. In 2021, Americans bought about 19.9 million firearms, the gun industry's second-busiest year on record. Our country has also become the mass-shooting capital of the world. The shooting in Buffalo was the 198th such incident this year. And the year isn't half over.

Mike watched the coverage of Buffalo just like the rest of us. He reads the newspapers the same as we do. But he seems to have come to different conclusions. He may, he thinks, need a gun. The rest of us old college newspaper

I could always travel one weekend to a state with no gun laws and get one there.'

guys don't think we do.

We all have different thoughts and different reasons for thinking the way we do. And that's fine. But I can't help wondering what happened to the Mike I've known for so many years, the guy who wrote funny columns for the college newspaper and is still funny after all these years.

What is it he is afraid of? And why?

Many others have the same feelings and fears, and I have the same questions for them. I have no desire to own a gun. Why do they? Why do they see the senseless killing of Black shoppers in Buffalo, worshippers at a synagogue in Pittsburgh or a mass shooting in New Orleans, and think the solution is to arm themselves?

The National Rifle Association has always preached that "the only way to stop a bad guy with a gun is with a good guy with a gun." But the proliferation of guns has never seemed to me a solution to the proliferation of guns.

Mike is a good guy who may well want a gun. The trouble is, how many other good guys are out there who feel same way? And why?

Jim Bernstein is the editor of the Long Beach Herald. Comments about this column? JBernstein@liherald.com.

When the coronavirus pandemic hits home

Two Sundays ago my husband tested positive for Covid-19. He was at home on the East Coast and I was visiting grandkids on the West Coast. It was the very last night of my trip; he called to say he had a cold, so we did the Covid home test together on FaceTime.



**RANDI
KREISS**

He aced it, and not in a good way. He had Covid. I had been away for a week, but was leaving at 4:30 the next morning for home. He managed on his own for 16 hours while I flew across the country and into ground zero for germs.

I was super anxious all the way home, perseverating about vaccinated older people getting very sick. Dying. We have lost friends, and we have lived through all the dreadful accounts of ventilator hell. Since the beginning, we have been exceedingly careful with ourselves and others. How could this happen? Would it go well? Would I be next?

After two years of hiding out and

hunkering inside and ordering in meals and missing family and friends, Covid still found us. After tracking the first available vaccines like bloodhounds and traveling two hours each way to get our jabs, Covid still found us.

In our 54 years together, we've been through some stuff. Now my husband and I needed to get him through a global pandemic that has already killed 1 million Americans.

I know how to be a good nurse, but there's sometimes a mash-up among the head and the heart and the sense of humor. I can take blood pressure and use an oximeter and make chicken soup and basically devote my day to hydrating the patient. I also can worry myself sick with all the what-ifs. I can also laugh at the absurd.

I developed my own prescription for loving care laced with a bit of dark humor. In the initial phase of my husband's illness I was scared, so I was all in. No joking at all. As he improved, however, and when he started asking for seconds of dessert, and fluffed pillows, my inner Nurse Ratched

emerged.

We set him up in our bedroom, and I moved into another room. Our rule was that, with a mask, he could come out for meals at a table in our den. I would put his food out and go back to the kitchen, which was my space. Initially he was grateful for every morsel of food and gesture of kindness. As the days moved along, he suggested I had overcooked his eggs and handed him the wrong salad dressing.

You're so right. This. Isn't. About. Me. (I don't really buy that.) But I've been doing all the cooking, cleaning, laundry, dog walks, dishwashing, obsessive, never-ending handwashing, and disinfectant spraying.

Don't get me wrong; he is a model patient. I am not a model nurse. Not as bad as the fabled Ratched, who did a job on Jack Nicholson in "One Flew Over the Cuckoo's Nest," but I'm no Walt Whitman, either. Yes! You didn't know? He didn't just write poetry; he was a skilled nurse.

We are now five days in since my husband tested positive. The CDC says

In the initial phase of my husband's illness I was scared, so there was no joking.

he can go out and play. According to new guidelines, I was never required to isolate if I felt OK. We are not following these guidelines. We are both isolating until he tests negative. I will then test, and we'll move on from there.

Have no doubt: This Covid thing is one nasty bug. My husband has just about every pre-existing condition you can have, and he is feeling every one of his 76 years. The take-home lesson is this: We might be very sick or dead without the vaccines. Thank heaven and whatever powers may be, thank our scientists and our medical community and all the friends and neighbors and fellow Americans who took vaccines and boosters. I have no doubt at all that my husband's apparent mild course of illness is because he has some protection from the vaccines. We were also able to get him Paxlovid, the anti-viral drug from Pfizer, and that seems to help, too.

Today I can say, so far, so good. I hope he continues to do well. I hope I don't get sick. Now I must make him a tuna sandwich, not too much mayo, a little bit of onion. Lightly toasted bread.

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HERALD EDITORIAL

Your voice is more important now than ever

It's likely the eve of the destruction of *Roe v. Wade* — an act likely to be met with cheers or outrage, depending on which side of the landmark 1973 U.S. Supreme Court abortion case people land on.

And what comes next could very well be up to your state legislator.

How the court could change course so dramatically in less than 50 years is something scholars will debate for a long time. But it's not exactly unprecedented. In fact, it's not even uncommon.

The court has overturned its own decisions more than 230 times since 1810, according to the Library of Congress. That makes such actions an almost annual event, on average.

Many of those mind changes were for the better. Like the famous *Brown v. Board of Education of Topeka* ruling in 1954, which upended the "separate but equal" policy established by Justice Melville Fuller's court with *Plessy v. Ferguson* in 1896.

Miranda v. Arizona in 1966 created the "you have the right to remain silent" *Miranda* rights we see over and over on cop shows. But *Miranda* actually overturned two rulings from just a decade earlier, both involving criminal suspects who were denied access to lawyers during police interrogations.

And there have been decisions that just made things worse. Like *Citizens United v. FEC*, which has helped shape the "soft

money" political landscape we have today. In 2010, the court, led by Chief Justice John Roberts, ruled that giving money to political campaigns — no matter how much money — was an extension of free speech granted by the First Amendment.

That ruling wiped out two previous Supreme Court decisions, including one brought by Sen. Mitch McConnell against the McCain-Feingold Act, which limited such campaign expenditures.

Many of these legal "course corrections," for lack of a better term, were met with controversy. And if the Supreme Court does indeed overturn *Roe v. Wade* in the coming weeks, its ruling will reverberate through a large number of elections and a wide range of legislation to come.

Yet what's before the court isn't a criminalization of abortion. Instead, it would likely return the country to what existed before *Roe* — individual states creating a mish-mash of laws ranging from full legalization of the procedure to its outright ban.

New York has a complicated history with abortion. While many believe the state would remain pro-choice, it wasn't always that way here. In fact, abortion has been legal in New York only since 1970 — legislation signed into law just three years before *Roe* of a procedure that had been outlawed, for the most part, since 1830.

But abortion access will completely disappear in other states — the quickening

of a process that has been under way for the past couple of decades.

The future of abortion in New York will almost assuredly lie with Albany. State lawmakers will be compelled to respond to the ruling, and could put in place laws codifying the original *Roe* ruling, dismantle legalization, or possibly finding some space in between.

No matter which direction legislators lean, what is certain is they need to hear from you. For abortion? Against abortion? With conditions? No conditions? This is the time to speak up and be a part of the legislative process.

We spend a lot of time reading — and hearing — about individual lawmakers' positions. In the end, however, their job is to represent their constituents. That's us. But they can't represent us if they don't know our positions on legislation before them, or the bills that could wind up on their desks thanks to the actions of the Supreme Court.

Call your Assembly member or state senator. Write them letters. Send them emails. Visit their district offices. Don't wait for someone else to speak for you, because if everyone waits, then no one is speaking.

And with high court changing so dramatically in recent years, it's more important than ever to establish those relationships with lawmakers, because what happens next truly depends on you.

LETTERS

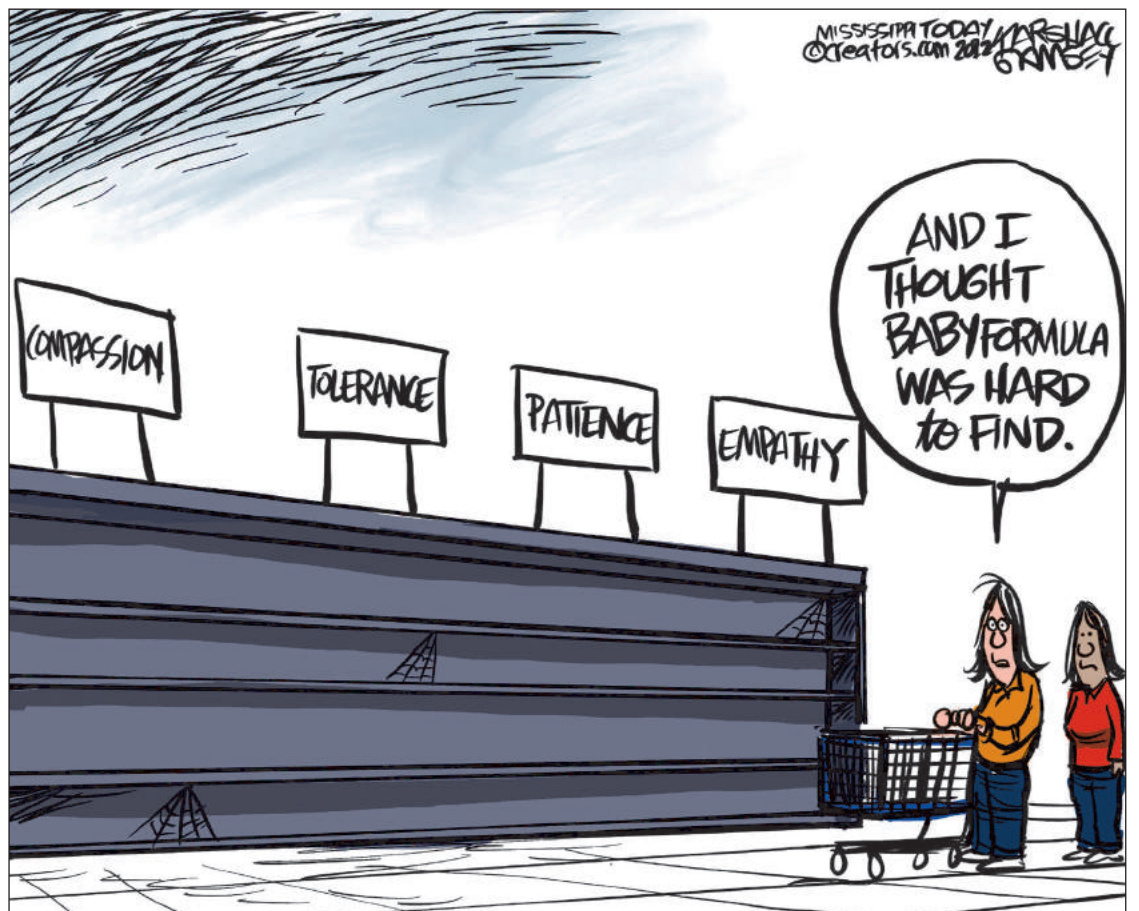
My body, my choice? Please!

To the Editor:

The argument about a woman's right to control her body is confusing to me. It seems to apply only when certain parts of society want it to. They say confession is good for the soul, so perhaps that's why *Randi Kreiss* felt the need to share with us that she had an abortion ("Threat to choice has women on the march," May 12-18). The following week, a reader shared that she'd had two abortions ("Randi's 'raised voice for women,'" May 19-25).

I'm happy that this reader was financially and emotionally ready to welcome children after her abortions. If all of our parents waited for that, I wonder how many of us would have been born. That's not so much a judgment of these two ladies who shared their abortion stories, but more a commentary on our society.

But where were these same coura-



OPINIONS

A leaking Supreme Court puts us at risk

Let's be clear. The calculated illegal leak of a draft decision by the U.S. Supreme Court is akin to leaking the launch codes for America's nuclear arsenal. It puts American democracy and institutions at grave risk.

As challenging as it may be given the passions of both sides, we need to put aside whether we agree or disagree that the draft *Roe v. Wade* decision is a correct interpretation of the Constitution and appreciate the far larger issue: that the leak is a cynical effort to corrupt the confidential deliberative process of our judiciary. It not



RONALD J. ROSENBERG

only improperly sought to create a national firestorm prior to the court's issuing a final decision, but also to destroy the necessary confidentiality, internal trust and mutual respect needed among the justices and staff.

Unlike the other two branches of government — Congress and the executive branch — which have elected office holders who are answerable to their constituents every two, four or six years — the

federal judicial branch has unelected judges and justices who are appointed for life. The reason our founders provided for this was to attempt to immunize them from the outside forces and partisan influences that are involved in getting re-elected or re-appointed.

The founders of this great republic enacted a Constitution that provided for an executive branch and a legislative branch, both of which are answerable to the citizens — and thus also subject to being lobbied and picketed by them. Judges, meanwhile, are obligated to decide matters impartially, without bias, prejudice or partisan influences, based solely on facts properly admitted into evidence in court and in accordance with applicable law. It is illegal for anyone to attempt to intimidate or influence judges outside court proceedings to try to get them to achieve your desired outcome. Picketing their homes or otherwise trying to intimidate judges or their families is a serious crime, and a threat to the premise of the judicial branch.

Chief Justice John Roberts's statement after the leak only hinted at his level of anger when he described it a "betrayal of the confidences of the

Court." And words alone will not heal the historic damage done to the integrity of the court or sufficiently punish the leaker(s). In its wake, Roberts instructed the marshal of the court to conduct an internal investigation into source of the leak to Politico for the purpose of punishing those involved.

There are those in Washington, however, who suggest that assigning this responsibility to an office whose role is not even remotely one of investigations is akin to asking a shop teacher to construct the Hoover Dam. He or she might be able to do it, but you wouldn't put a lot of trust in the final product.

At a time when the very integrity of the high court has been violated, there are voices calling for a stronger response. Glenn Fine, of the Brookings Institute, has written that what is needed is an investigative office worthy of its name and prepared for its purpose. In a recent commentary, Fine wrote, "This situation is why I argued ... that the federal judiciary needed an experienced, professional, permanent internal investigative office — an inspector general."

Also in question is what happens to the traitorous individual who is ulti-

mately identified as the leaker? If he or she is an attorney working for one of the justices, the absolute minimum threat should be a highly publicized, humiliating permanent disbarment. The leaker should also face criminal charges, and if there is no current statute providing for criminal prosecution, Congress should immediately enact and implement one.

A news service quoted Michael Frisch, described as a former disciplinary counsel in Washington, suggesting that if the perpetrator is an attorney, "It's going to be a career-defining, if not career-ending moment."

Americans need to understand that this leak went far beyond the question of *Roe v. Wade*.

It sought to politicize part of our democracy that was deliberately set above and beyond politics by our founders. You may agree or disagree with the rulings of the Supreme Court, but it is designed to reflect the highest principles of what we call a democratic republic. Damage it and you damage that crucial foundation upon which America has been built and thrived for 233 years.

Ronald J. Rosenberg has been an attorney for 42 years, concentrating in commercial litigation and transactions, and real estate, municipal, zoning and land use law. He founded the Garden City law firm Rosenberg Calica & Birney in 1999.

Chief Justice John Roberts's statement only hinted at his level of anger.

LETTERS

geous people who are defending "my body, my choice" when we were corralled to get the Covid shots? Those who chose not to lose their jobs included firefighters, police, nurses and doctors who had no choice but to work to save all of us. And I would love for someone to explain to me why my family will have to take a Covid test to get back into the U.S. in July after a family vacation. Are there not thousands of illegals crossing our border every day who are neither tested nor made to be vaccinated?

Get ready, people: "My body, my choice" is going to open up a whole new Pandora's box. Physician-assisted suicide, or "medical aid in dying," is legal in 10 states and the District of Columbia, and 10 years down the road, or sooner at the rate we're going, I can bet you, in keeping with the disrespect for human life and the need for doing selfishly what is good for *us*, we'll be looking at the following:

Getting rid of elderly parents who have begun to be a financial, emotional and social burden — or a husband who has Alzheimer's, and whose wife is emotionally drained, can no longer afford to care for him at home and can't afford long-term care because that will deplete her financial security.

Disabled children, homeless people and then the mentally ill will all be at risk in this disposable society we are creating for ourselves. Many of us are looking around and not recognizing this country that we love so much. The "my body, my choice" movement is bringing all of this to a head.

How dare that reader speak of "religion-saturated politics" and how it should not be allowed to damage this country more than it already has. Spare me your preaching, sister, because you've got it all backward.

JANE DANTONA GROGAN
Lynbrook

FRAMEWORK by Tim Baker



A performance by Jack 'Blackjack' Ryan — ESPN's national 3-point champ — at the Chabad Center in Merrick for its Lag B'Omer barbecue and family fun day on May 19.

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