

Supplies given to kids for school

Page 3



Students returning to the classroom

Page 4





FRED STROPPEL, BEHIND the bar, in 1947 with several tavern patrons.

Stroppel's 'Last Call' at the museum, a step back in time Exhibit to illustrate stages of tavern's existence

By ROKSANA AMID

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Glen Cove's North Shore Historical Museum is inviting visitors to step back in time when it recreates the iconic Stroppel's Tavern.

Visitors of the museum's "Last Call" exhibit event on Sept. 24 can expect to see vintage style swinging doors, original signs and music that were popular at various stages of the tavern's existence. Tables will be set up to replicate the feeling of being inside the historic tavern.

Originally located a short walk north of the Glen Street train station, Stroppel's was a family-owned business that passed down through generations of Stroppel men. It ultimately became a key locale in the Glen Cove community.

In 1838, a two-story five

room hotel opened on the property which housed visitors stepping off the train for overnight stays. It later became Stroppel's Tavern when Frederick Herman Stroppel purchased the property in 1870 and added the tavern in 1890 that took up one third of the building.

There's not much information about how the tavern was **CONTINUED ON PAGE 5**

Glen Cove Hospital marks 100 years

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successful

liver and heart

transplants but

there is nothing

more important

than for a patient to

get back something

meaningful to them.

KERRI SCANLON

executive director.

Glen Cove Hospital

By LAURA LANE

Pediatrician Dr. John Sheehy's earliest memories of Glen Cove Hospital, apart from his

parents working there as physicians, includes rabbit hunting.

"My older brother and I went to what is now the doctor's parking lot and chased the bunnies around. It was a big field at the time," Sheehy said. "Sometimes we'd catch one and want to take it home. But Mom never thought that was a good idea."

But Sheehy's connection with the hospital, now marking its cen-

tennial, goes further back than he can recall. He was born there 73 years ago as were eight of his siblings.

Sheehy began practicing at Glen Cove Hospital in 1978. His sister Eileen followed the family tradition as a pediatrician there

four years later.

"When I began working at the hospital, I already knew many of my parent's friends who would say hello. And it seemed like everyone knew everyone at Glen

Cove Hospital," he said. "There was a lot of camaraderie there. And people who worked there often lived in the community and they stayed working at Glen Cove Hospital for 20 vears.'

Kerri Scanlon, the executive director at the hospital, said the feeling of community is what sets Glen Cove Hospital apart from other hospitals.

"What makes Glen Cove Hospital so special is def-

initely the people," Scanlon said. "The staff and physicians have such a collaborative professional relationship. There is no hierarchy. People work together. There is a real community feeling here

CONTINUED ON PAGE 15

SAVE THE DATE: 10.26.22

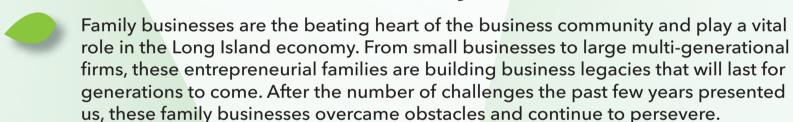


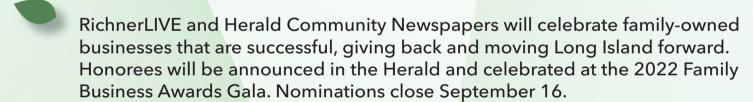
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Photos by Roksana Amid/Herald

MEMBERS OF THE Nassau County and Glen Cove PBA along with Nassau County Legislator Delia DeRiggi-Whitton and school Superintendent Dr. Maria Rianna worked together to distribute bags to students in the district.

Supplies for success at Glen Cove High School

By ROKSANA AMID

ramid@liherald.com

ver 1,000 students are primed to start the school year at the Glen Cove City School District with the tools they will need to learn and thrive thanks to the Nassau County Police Benevolent Association, the Glen Cove PBA and Legislator Delia DeRiggi-Whitton who worked together to hand out backpacks and school supplies at the Glen Cove High School on Aug. 29.

To ensure that children within the district have the same opportunity as others to start the school year prepared, this drive-through event distributed free backpacks donated by the Nassau County PBA. Each bag given to the students was filled with classroom essentials including notebooks, pens, and crayons valued at roughly \$30. Parents received free Covid-19 test kits as well.

The supply drive initially began in Westbury in 2019, and quickly grew in popularity during the pandemic.







EDUARDO RAMOS,

LEFT, Caroline Ramos, Angie Ramos and Danesi Ramos with Tommy Shevlin received school supplies to ensure a successful start to the school year.

DERIGGI-WHITTON, LEFT, AND Rianna both

distributed the items to students in the district.

OVER 1,000 SUDENTS

waited on line to obtain a colorful backpack which were filled with essential school supplies like pens, pencils and notebooks.

Back to class and to a normal school day in Glen Cove

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By ROKSANA AMID

mid@liherald.com

For the first time since March of 2020, the start of the school year in the Glen Cove City School District won't be focused entirely on the coronavirus pandemic. For the past few years Covid-19 dictated how schools across Long Island operated. Outbreaks determined when schools went virtual and when students could return to the classroom. Now, with plans for schools to be open, students and parents can shift their focus on back-to-school shopping and seeing old friends.

The 2022-23 academic year, which begins Sept. 1, will be memorable for what's missing — social distancing, masking and remote learning. There will also be no state requirements for contact tracing and daily testing.

"We're following guidelines that were provided by the New York State Department of Health," said Glen Cove School Superintendent Dr. Maria Rianna.

The Department of Health states that in some situations, quarantine is no longer recommended for people who are exposed to Covid-19. And if a child is exposed to Covid-19 they no longer need to quarantine unless they test positive.

Also:

■ Students and staff with symptoms, such as cough or fever, sore throat, vom-

iting or diarrhea will be sent home.

■ If a student or staff member has tested positive for Covid-19 and are waiting to go home, they should wear a well-fitting mask and distance from others.

■ For those presenting symptoms, students and staff who test positive for Covid-19 should isolate for five days, with day one as the first full day after symptom onset. Those with symptoms may go back to school if they are fever free for 24 hours without feverreducing medication. They should wear a mask through day 10 of isolation. If Covid-19 symptoms reappear or worsen after ending isolation, they must re-start their isolation period.

The Centers for Disease Control and Prevention recommends that individuals wear a mask if there is exposure for 10 full days in indoor settings regardless of vaccination status, or when students or staff come to school with symptoms or develop symptoms at school. If a school is experiencing a Covid-19 outbreak, masks can be added as a prevention strategy regardless of the Covid-19 com-

munity level.

The Department of Health also states that schools should remain open for inperson teaching and learning. At Glen Cove High School, students who are isolating at home or otherwise sick will use

Google Classroom, a free file-sharing program that uses Google Docs, Google Sheets, Google Slides and Google Calendar to stay updated on assignments while recovering at home. Rianna said that the district will be using Zoom as an administrative resource for meetings, not as an instructional tool for students.

"We still have to be mindful of making sure to keep our staff, students and families safe," Alexa Doeschner, the district's assistant superintendent,

said. "If a child has a symptom, like a fever or cough, they will be kept home so we can see how that develops. We are making sure that any sick child is not coming into the building with symptoms."

When asked about the reaction within the school's community to the new Department of Health guidelines, Doeschner said that scientific developments and an increased understanding of the pandemic has eased most of the anxiety.

"I think everyone has embraced the idea that we have moved forward," she said. "We have a grasp on how to work with the Covid virus."

A former teacher within the district, and now the newly appointed principal of the Landing Elementary School, Jacklyn Burnett, said she's excited to return to her school this year, and so are teachers she's interacted with throughout the summer.

"The idea of pulling a small group of students to work with them on specific skills, that was something that was very difficult, if not impossible to do during the height of the pandemic," Burnett said.

She added that being able to work with students closely within the classroom is something that excites teachers, but it doesn't mean that they've forgotten that there is still work to do in terms of meeting students' academic, social and emotional needs. Burnett said that just because things seem like they're returning to normal, the impact of Covid-19 will be long lasting.

"Much of the conversation is about how we will approach those student's needs," she said. "We don't want to forget that this impacted students in a variety of ways and it's not going to go away in a short amount of time."

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'Last Call,' a final farewell to beloved tavern

CONTINUED FROM FRONT PAGE

operated during prohibition, but many Long Island residents and business owners sought the help of "rum runners." These Long Island farmers and fisherman were enlisted to store liquor in their barns. When the alcohol reached Strop-

pel's, most customers sat at the back entrance of the rectangular room that was designated for women.

Frederick Herman Stroppel passed his business down to his son Frederick (Dutch) Stroppel, who then passed it to his son, John Stroppel, who was the final owner of the tavern in 1997.

John's son, Jack Jr. Stroppel, brother to play-wright Frederick Stroppel, initially planned to take ownership of the tavern, but died before he could do so, succumbing to complications with multiple sclerosis.

The Stroppel family decided to reconsider the tavern's future. "I think the culture was changing as far as people going out to drink and it was difficult for a lot of bars to stay open in those days," Frederick Stroppel said.

Stroppel's is now listed as a historic landmark. The building is owned by American Community Bank which replicated some of the original structure like the tavern's former porch and narrow windows after it was torn down.

"If you were a fan of Stroppel's, or you knew someone who was, you'll feel right at home," said Amy Driscoll, the director at North Shore Historical Museum, referring to the upcoming exhibit.

Much of the tavern's memorabilia remains in the Stroppel family and will be donated to the museum including the building's original front and back doors, pictures of patrons, barstools, a picture of the many roosters that walked behind the building, and uniforms from softball teams associated with Stroppel's Tavern.

Frederick Stroppel said his family's business was a place where the community would get their information about events and people in

the community.

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the city, and I

think it'll be fun to

have a little event

and bring back

short time.

the memory for a

TERRY STROPPEL

"It's one of those things that's missing nowadays," Fredrick Stroppel said. "A community center where people could really engage with each other and talk about old times."

Frederick Stroppel said that during the tavern's operating hours of 8 a.m. to 4 a.m. patrons could walk in at a certain time and know who was going to be there.

ne and know who was going to be there. As a writer, Stroppel credits his early



Courtesy Fred Stroppe

THE FRONT DOOR of Stroppel's Tavern is one of several items that have been donated to the North Shore Historical Museum.

understanding of human nature to his time working there as a teenager. His grandparents lived in the upstairs portion when he was growing up.

"It was a little crazy sometimes, but on the whole, it was a very calm place to be," he said.

Terry Stroppel, the wife of the late Jack Stroppel, said being at the tavern was like being with extended family. "Everybody just got along and respected each other," Terry recalled.

The Stroppel family have seen many

posts on their social media accounts from former patrons or people who had relatives that frequented the tavern. People shared their memories of events like horseshoe tournaments.

"Not everybody's around, unfortunately," said Terry. "But it's history in the city, and I think it'll be fun to have a little event and bring back the memory for a short time."

Stroppel's 'Last Call' will be at the North Shore Historical Museum, 140 Glen St., on Sept. 24 from 6 to 8 p.m.



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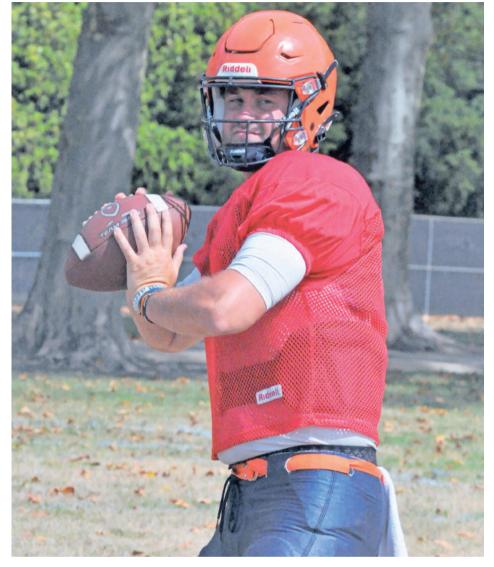
HERALD SPORTS

Blend of talent leads the Nassau Lions





LINEBACKER JACK WINEY returns as one of the leaders of a traditionally strong Nassau CC defense. New quarterback Luke Sprague, at right, will direct the Lions' offense.



By TONY BELLISSIMO

tbellissimo@liherald.com

lean on a mix of returning starters and newcomers to lead the way this season. The Lions were the No. 1-ranked NJCAA Division III program most of last season and are looking to get back to the championship game (Red Grange Bowl in Glen Ellyn, Illinois) after falling just short to DuPage, 34-29, after beating the Chaparrals by two points during

assau Community College's football team will

the regular season. "Last year was a challenge coming off the canceled 2020 Covid season, but I thought we handled it quite well." Nassau CC head coach Jamel Ramsay said. "It was a tough ending. We were down pretty big at halftime, fought back to take the lead in the last minute but couldn't hold on.

'We're excited about the opportunity to return to that stage," he added. "We have strong returning talent and I thought we added some nice pieces to fill voids."

The Lions, who finished 6-4 last season, traditionally field a fierce defense and Ramsey believes the foundation is in place for the unit to thrive again.

Sophomores Jack Winey, Khristan Hernandez, Jordan Campbell and Jaylen Ware are all returning starters, while freshman Devyon Wright could prove the most significant newcomer.

Winey, a former standout at Lindenhurst High School, and Ware lead the linebacker corps. Both are returning starters who go sideline to sideline and excel at tackling, Ramsay said. "Jack was one of our defensive leaders last

2022 Schedule

Aug. 27	Sussex CC	Away	4 p.m.
Sept. 3	Lackawana	Away	1 p.m.
Sept. 10	Hudson CC	Away	1 p.m.
Sept. 17	Monroe	Home	1 p.m.
Sept. 24	Minnesota St.	Away	noon
Oct. 8	Eric CC	Home	1 p.m.
Oct. 16	Sacred Heart	Away	1 p.m.
Oct. 22	Hockin	Away	1 p.m.
Nov. 5	Hudson CC	Home	1 p.m.
Nov. 12	Connecticut St.	Home	1 p.m.

year and came into camp in outstanding shape," the coach noted. "Jaylen is similar. He's a tough, strong kid."

Hernandez is a shutdown cornerback who'll get the toughest weekly assignment in the secondary, Ramsay said. "He's not the biggest guy (5-foot-9) but he can go against big receivers and shut them down," Ramsay said. "He has great all-around skills and is one of our vocal leaders'

Campbell will spearhead the pass rush from the edge and comes off an impressive first season. "I'm excited to see what he can do after last year," Ramsay said.

Wright, from Dix Hills, is one of the defensive X-factors. He's been dynamic in camp and will start at safety. "He looks to be a force to be reckoned with," Ramsay

Offensively, Ramsay is looking for the Lions to take things up a notch under the direction of new quarterback Luke Sprague, a transfer from LIU-Post. "He's a tremendous pocket passer with an extremely strong arm," Ramsay said. "We feel he's someone who can elevate our offense to another level for the next two years.'

Sophomore John Beaubrun, a Valley Stream Central High School graduate, leads the receiver corps and is also a key on special teams as a return option. "John had some big catches and a handful of touchdowns last year," Ramsay said. "He has good speed and hands and runs sharp routes.'

Versatile sophomore tight end Greg King, a 6-foot-4 target, also returns and will provide yardage through the

The feature running back is former Sewanhaka High School standout Brian Lowry. "He's a tough downhill runner with deceptive speed," Ramsay said. "He's patient and strong and we're looking for him to build on last year."

Anchoring the offensive front is sophomore center Kwami Frimpong, a talented all-around lineman and a leader in the huddle. "He's crucial to everything we do on offense," said Ramsay, who is also counting on returning starting sophomores Shamar Riley (tackle) and Kasper Borawski (guard) to get the job done in the trenches.

The special teams legwork will be handled by kicker Thomas Zebransky and punter Nick George.

"We have a lot of challenges on the schedule that we're pumped about," Ramsay said.

BACK TO CLASS: 2022-23 SCHOOL YEAR

Peer pressure

Getting your kids ready to face the challenge

By Chelle Cordero

The first time you hold your child in your arms, you make promises to love, protect and always be there to guide him or her. Then reality intrudes.

Unfortunately for us and fortunately for them, things such as school force us to release our little ones for a while and put them in the care of teachers and school administrators, who must oversee several kids at once. Suddenly, our precious bundle faces a must-be-decided-now quandary and finds that mommy or daddy isn't there to make all the decisions. Sometimes the situation is even scary. Challenges face our children in the form of peer pressure, drugs, sex and bullying.

Clinical psychologist and author Dr. John Duffy says: "Parents do need to talk with their kids about bullying, sex and peer pressure. Many parents I've worked with over the years will provide time for a lecture, often a one-time-only lecture. But they will often fail to provide time for ongoing discussion of these topics, which is what children really need. They need to know that we as parents are available to them as guides should they need help navigating the world of peer pressure."

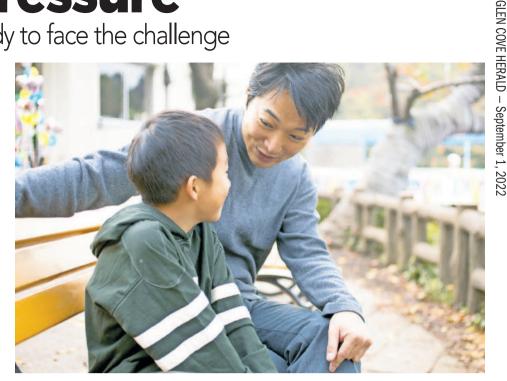
"I work with teens and tweens. They are at particular risk for peer pressure to participate in sexual activity, drink or smoke pot. Many are bullied in ways we could not have even imagined a generation ago (texting, social media). They need parents who can help them in real time. The stronger the connection between parent and child the likelier a parent's word will be heeded and the likelier a parent's limits will be honored."

When you have that all-important conversation, Dr. Fran Walfish recommends: "The most important thing your child or teen needs on his first day of school is to not feel lonely or isolated. Talk with your kid about what it takes to be a good friend. Include what feels comfortable and what doesn't. Teach your child to follow her instincts '

"Most kids know right from wrong. Teach your kid to listen to his internal voice and follow his intuition, not the crowd. I would wait to discuss sex and cyber-bullying and other issues so as not to bombard and overwhelm your child before school starts. Too much talk can raise anxiety when your goal here is preparation and to reduce anxiety."

Stay Involved — And Communicate

Keeping the lines of communication open is vital. Your child needs to know that you are willing to listen, discuss his or her experiences and not judge. Learn to listen to your child; don't just lecture him and assume he will do only what you've told him. Lead by example; it's hard to persuade a child not to drink while you're knocking back a frosty mug of beer. Make sure that your child is involved in activities that inspire a sense of belonging; being a vital member of a team will encourage her to feel good about herself. Make sure you know what television shows



and movies your child is seeing, and talk with him about the values and situations portrayed.

"I'd position it more as 'making good choices' versus 'peer pressure,' because big picture, if your kid makes good choices throughout life, he/she is setting himself/herself up for success," advises Amy Kossoff Smith, founder of The MomTini Lounge. "I'd advocate sitting down before school to talk about your routine/expectations, and in that context, say that there will be

many opportunities to decide what is best for him/her and that you hope he/she will come to you for advice when needed and will make good choices, especially when presented with ideas or opportunities that may not lead to a good out-

Photo: Peer pressure starts when kids are young, so it's important to talk with your kids about it early.

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Wednesday, 10/12/2022 7:00 PM

BAY (Oyster Bay and surrounding areas) Wednesday, 10/19/2022 7:00 PM

BELLMORE

Thursday, 10/6/2022 7:00 PM

CARLE PLACE/ WESTBURY

Tuesday, 10/11/2022 7:00 PM

CENTRAL PARK

(Bethpage, Plainview, and Old Bethpage) Thursday, 10/13/2022 7:00 PM

EAST MEADOW

Monday, 10/3/2022 7.00 PM

ELLM (East Rockaway, Lake- HARDSCRABBLE view, Lynbrook, and Malverne) Wednesday, 10/19/2022 7:00 PM

ELMONT

Saturday, 10/1/2022 10:00 AM

FLORAL PARK/ BELLEROSE

Wednesday, 10/12/2022 7:00 PM

FREEPORT

Tuesday, 10/11/2022 7:00 PM

GARDEN CITY

Wednesday, 10/12/2022 7:00 PM

GLEN COVE

Thursday, 9/29/2022 7:00 PM

GREAT NECK

Wednesday, 10/26/2022 7:00 PM

(Farmingdale and N. Massapequa) Monday, 10/24/2022 7:00 PM

HEMPSTEAD

Friday, 10/28/2022 5:00 PM

HERRICKS

Wednesday, 9/21/2022 7:00 PM

HICKSVILLE

Monday, 10/17/2022 7:00 PM

ISLAND BEACH (Island Park and Long Beach)

Tuesday, 10/11/2022 7:00 PM JERICHO/SYOSSET

Thursday, 9/22/2022 7:00 PM

MANHASSET

Tuesday, 10/18/2022 7:00 PM

MASSAPEQUA

Tuesday, 10/25/2022 7:00 PM

MERRICK

Tuesday, 10/25/2022 7:00 PM

NORTH BELLMORE Thursday, 9/22/2022

7:00 PM

OCEANSIDE

Tuesday, 10/18/2022 7:00 PM

PARK (New Hyde Park, Garden City Park, and parts of Floral Park) Thursday, 9/29/2022 7:00 PM

PLAINEDGE

Wednesday, 10/26/2022 7:00 PM

PORT WASHINGTON

Tuesday, 10/18/2022 7:00 PM

ROCKVILLE CENTRE

Tuesday, 10/25/2022 7:00 PM

ROOSEVELT

Friday, 10/28/2022 5:00 PM

SEAFORD/WANTAGH

Tuesday, 10/11/2022 7:00 PM

SHORE (Glen Head, Glenwood Landing, Sea Cliff) Thursday, 9/29/2022 7:00 PM

THE PLAINS

(Island Trees and Levittown) Wednesday, 9/21/2022 7:00 PM

UNIONDALE

Friday, 10/28/2022 5:00 PM

scouts

of nassau county

VALLEY STREAM/ FIVE TOWNS

Thursday, 10/27/2022 7:00 PM

WARM (Williston Park, East Williston, Old Westbury, Albertson, Roslyn and surrounding areas,

Mineola) Monday, 10/3/2022 7:00 PM

WEST HEMPSTEAD/ FRANKLIN SQUARE

Thursday, 10/13/2022 7:00 PM







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BUSINESS BRIEFS

Lu is new CIO at Northwell

Sophy Lu brings her 12 years of health system experience to Northwell Health, becoming the company's new chief information officer. She succeeds the retiring John Bosco, who first took on that role in

Lu was once Northwell's deputy CIO before becoming a senior vice president. She'll oversee 1,900 team members and thousands of technological services.

"It's gratifying to be able to promote great candi-



Sophy Lu

dates from within the health system," said Michael Dowling, Northwell's president and chief executive, in a release. "While John Bosco left big shoes to fill, Sophy Lu is an outstanding leader in her field, and a logical choice for this key

Lu joined Northwell in 2010, becoming chief applications officer seven years later. Before that, she was designing and building a liquified natural gas plant in Indonesia, as well as designing several air separation plants for the industrial gas industry.

She earned her degree in chemical engineering from Bucknell University in Pennsylvania

DEC seeks comments on **Hempstead village apartments**

Neighbors around a planned apartment complex in the Village of Hempstead have a chance to share their comments about the projects over the next few weeks.

The state's environmental conservation department is considering a brownfield cleanup application from Carman Place Apartments LLC — associated with Rochester developer Conifer Realty — for what is expected to be a 228-unit complex on the corner of Bedell, Columbia and Main streets.

The soil, groundwater and soil vapor have been contaminated over the years by a number of different businesses that have been located at the site, according to the developer.

That includes a dry cleaner, auto service station, and businesses that stored fuel oil in underground tanks.

The state program provides tax incentives for redevelopment of brownfields. The developer has already secured some incentives through the Town of Hempstead's Industrial Development Agency after pledging significant funds toward surrounding sewer and water infrastructure projects, matching state grants, according to published reports.

Apartment units there are said to be earmarked for families and individuals making no more than \$117,000 per year.

Comments on the brownfield program application are accepted through Oct. 8 by mailing to project manager Melissa Sweet, 625 Broadway, Albany, N.Y., 12233, or emailing her at melissa.sweet@dec.ny. gov. Comments also can be phoned in at (518) 402-9614.

The developer says it expects to have its brownfield remediation plan approved by the end of the year, and have it completed by next summer.

Schnepper joins guidance center board

Michael Schnepper — a partner in Rivkin Radler's Commercial Litigation, Insurance Coverage and Insurance Fraud Practice Groups — has joined the board of directors for North Shore Child & Familv Guidance Center.

Schnepper is a longtime supporter of the guidance center's mission to bring



hope and healing to children and families facing mental health challenges, according to a release. He has served as co-chair of the center's annual Jonathan Krevat Memorial Golf & Tennis Clas-Michael Schnepper sic fundraising event.

"We feel extremely fortunate to have Michael joining us," said Paul Vitale, the president of the guidance center's board of directors, in a release.

"He has been a vital force in making the Krevat Cup a huge success year after year, and he approaches the role with enthusiasm, creativity, and a wonderful sense of humor."

With three locations in Roslyn Heights, Manhasset and Westbury, the not-for-profit serves young people up to 24 years old when it comes to emotional well-being through diagnosis, treatment, prevention, training, parent education, and research and advocacy.

More money to help minority-owned businesses

Ascend Long Island — a program supporting economic development in underserved parts of Nassau, Suffolk and Queens counties — has been infused with \$850,000 in new funds from JPMorgan Chase, Suffolk County officials, and Northwell Health.

Launched in 2019, Ascend Long Island has received more than \$2 million from Chase to date, providing management education to more than 50 Black and Latino small business entrepreneurs through Hofstra University, as well as market opportunity, and access to capital.

To learn more about Ascend Long Island, visit the organization online at AscendLI.com.

New hire? Promotion? Something to share?

Business Briefs are published monthly across all the Herald Community Newspaper group. If you have news to share – personnel, location openings, or simply something new or different — email us at execeditor@liherald.com.



TUESDAY SEPTEMBER 13, 2022 6:00PM

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Adelphi University 1 South Ave, Garden City (516) 233-5744 www.adelphi.edu

Adelphi, founded in 1986 as the first private, coeducational university on Long Island, is a modern metropolitan university with an individualized and unique way to tackle learning. The faculty is dedicated to transforming the lives of students through education and a welcoming and inclusive community. The highly ranked school offers over 120 undergraduate and graduate programs as well as extracurricular activities.

BEST DAY CARE:

Five Towns Early Learning Center 112 Wahl Ave, Inwood (516) 239-4660 www.fivetownselc.org

Five Towns is one of the oldest child care centers in Nassau County, established in the 1930s as a private care center. The center has cared for the children of working parents for well over 70 years, providing stimulation, education, breakfast and afternoon snacks and so much more. They have also created a scholarship fund with the support of the local community to assist families who are unable to pay for care.



BEST TRADE SCHOOL:

Nassau BOCES Joseph M. Barry Career & Technical Education Center 1196 Prospect Ave, Westbury (516) 622-6800 www.nassauboces.org

A key resource in the state, Nassau BOCES offers life changing state-of-the-art programs for students of all ages with any ability. It is a cost-effective way to gain an education in specific fields and gain hands-on experience that is useful for future careers. They also have a Long Island High School for the Arts, special education programs and even outdoor education.

BEST BEAUTY SCHOOL:

Long Island Nail Skin & Hair Institute 3709 Hempstead Tnpk, Levittown (877) 958-1649 www.nailskinhairinstitute.edu

For over 22 years, Long Island Nail Skin & Hair Institute has been teaching aspiring beauticians the way of the industry, from digital courses on trends, as well as hands on experience in spa rooms on real clients on campus, a beauty store where students can purchase professional products and a beauty lounge that hosts a number of vendors and partners each demonstrating the latest technology, trends and more. Dana Persico, CEO & Executive Director, has been committed to her vision, whose hard work has given the beauty school students the ability to get real world first-hand opportunities.

BEST PRE-SCHOOL/NURSERY SCHOOL:

Bellmore United Methodist Nursery School 2640 Royle St., Bellmore (516)-221-1483 www.bellmoreumc.org

Bellmore United Methodist's goal is to provide an environment that is stimulating and engaging that way children develop socialization skills and confidence. Children are meant to feel good about themselves and want to go to school. The faculty focuses on ensuring that their first school experience is positive and enjoyable. For pre-kindergarten students there are additional enrichment classes from language and literature to science and math and more.

BEST LEARNING CENTER/TUTOR:

Long Island Children's Museum 11 Davis Ave, Garden City (516) 224-5800 www.licm.org

Long Island Children's Museum builds children self-confidence through dancing, crafting and moving through their multisensory programs. They are exclusively tailored for young minds and bodies to develop communication and cooperation skills in a loving environment. Even adults of any age can benefit from the interactive programs. From theatre and music to storytelling and art, children will become well rounded curious individuals.



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GLEN COVE HERALD — September 1, 2022

STEPPING () U

By Karen Bloom

ike everything else in our rapidly changing culture, artistic styles, technique and process continue to evolve. Such is the case with printmaking.

Hofstra University Museum of Art's new exhibit, "Off the Press," explores the relationship between the artist and the complexities of the printmaking craft.

"Our goal with all our exhibits is to make our permanent collection accessible to the public," says Karen Albert, the museum's director and curator. "And one of the big strengths of our collection (5,200 pieces in all) is the print collection."

A print, in the broadest definition, is a work of art composed of ink on paper created through an indirect transfer process. Four major printmaking methods have developed over the centuries: relief, intaglio, and the planographic techniques of lithography and screenprinting.

When:

Where:

Now, through Jan. 27

David Filderman Gallery, 9th

floor of the Joan and Donald

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"Printmakers may choose between methods to produce a distinct type of image or line quality," Albert explains." Artists will choose the technique based on how they want the final image to look. This exhibition will give viewers insight into how and why such artistic choices are made."

Visitors can view 30 prints — works dating from the late 16th century to the 21st — by Romare

Bearden, Helen Frankenthaler, Henry Moore, Alison Saar and Andy Warhol, among otherss. A woodblock and copper etching plate are also on display.

"It's helpful to get an understanding of the process to see how it's made," Albert says. "How ink sits on a plate and how it's transferred is different. Also notice the image is reversed, it's the opposite of what it is on the plate."

The works on view are small sampling of the museum's collection of more than 2,200 prints in a range of media and processes, Albert says. "What you're seeing are essentially all my favorites."

Of particular note, she cites Romare Bearden's "The Family" for his use of tinting and photo engraving. And Henry Moore's "13 Standing Figures," which visually relates to a sculpture that resides on Hofstra's South Campus.

Woodcuts, the oldest form of printmaking, appeared in fifth century Chinese art, and in Europe since the 15th century. Early prints — most commonly woodcuts, wood engravings and metal plate engravings — were often produced to provide illustrations for publications and, in the hierarchy of artists, printmakers were considered "lesser than" painters and sculptors.

European and American artists began experimenting with printmaking in the late 19th to early 20th century. More recent decades saw the establishment of printmaking studios, where well-





known artists created new and innovative prints. As techniques have evolved — especially now with digital technology — artists have pushed the boundaries of traditional printmaking. Many contemporary artists view their graphic work as an integral part of their oeuvre and, for some, it is their primary expressive medium.

The public is invited to the exhibit's opening reception at the Emily Lowe Gallery on Thursday, Sept. 8 from 4:30 to 6:30 p.m. The reception includes remarks by Albert and refreshments.

Top left: Romare Bearden (1911-1988), The Family, an aquatint and photoengraving from the portfolio 'An American Portrait', 1776-1976 (1975). It was a gift of Carole and Alex Rosenberg.

Top right: Henry Moore (1898-1986), '13 Standing Figures,' issued with the book 'Heads, Figures and Ideas' by George Rainbird and New York Graphic Society (1958). It was a gift of Dr. and Mrs. Joseph Tucker.

Bottom: Andy Warhol (1928-1987)'s 'Queen Ntombi Twala of Swaziland (1985)on screenprint and diamond dust on Lenox Museum Board. It was a gift of The Andy Warhol Foundation for the Visual Arts Inc, which also holds the copyright.



Still 'Wild About Harry'

Local musicians gather with fans of Harry Chapin for that rousing tribute to Chapin's musical legacy postponed from its original date in July. Stuart Markus, with his band Gathering Time, are prepared to lead Long Island's top musical talents in spirited renditions of Chapin's many hits. It also will be livestreamed on the 'Just Wild About Harry' (The Harry Chapin Tribute Show) Facebook page and available for later viewing This year's concert — the 19th annual, and 17th at the park – marks the 50th anniversary of the release of Chapin's breakout hit 'Taxi.' As always, visitors are asked to bring donations of non-perishable food items to be collected by Long Island Cares.

Tuesday, Sept. 6, 7:15 p.m. Free admission. Harry Chapin Lakeside Theatre, Eisenhower Park, East Meadow. For information, visit NassauCountyNY.gov/parks.



The Struts

The U.K. glam rock powerhouse visits Long Island ready to rock 'n' roll. The Struts have been massively embraced by some of the greatest icons in rock history. Along with opening for Foo Fighters, The Rolling Stones and Guns N' Roses, the band was handpicked by Mötley Crüe as the supporting act for their last-ever performances. They've toured incessantly since their formation, including worldwide headline shows and major festivals like Lollapalooza, Governors Ball and Isle of Wight When Covid-19 brought touring to a halt. The Struts created their third album "Strange Days" in a charmed and frenzied burst of creativity.

Saturday, Sept. 11, 8 p.m. \$65, \$45, \$35, \$25. The Paramount, 370 New York Ave., Huntington. (800) 745-3000. Ticketmaster. com or ParamountNY.com.

September 1, 2022 — GLEN COVE HERALD

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THE SCENE





Howie Mandel

The host of "America's Got Talent" and "Deal or No Deal," Howie Mandel visits NYCB Theatre at Westbury, 960 Brush Hollow Rd., Westbury, with an all-new stand-up set, Friday, Sept. 9, 8 p.m. Mandel has remained a constant force in show business for more than 30 years. He can currently be seen on NBC's flagship series "America's Got

Talent" where he has served as a judge for 11 seasons. He recently finished production on his new documentary "Howie Mandel: But Enough About Mes," among othr recent projects. For information/tickets, visit TheTheatreAtWestbury.com or LiveNation.com or call (516) 247-5200.





Apple of My Eye Head into

apple season at Long Island

Children's Museum, Sunday, **Sept. 11,** 12-2 p.m. Discover fascinating facts about New York's role as the secondlargest apple producing state in the country. Make an apple craft to take home. Long Island Children's Museum, Museum Row, Garden City. For information, call (516) 224-5800 or visit LICM.org

Oyster Bay Market

Come to the Oyster Bay Market in the center of downtown Oyster Bay, 11 a.m.-3 p.m., rain or shine **every other Sunday**. Take part in improving local food security, learning entrepreneurship skills, and support local producers, makers and businesses while enriching the cultural heritage of the community. For further information go to OysterBayMainStreet.org.

Colonial Day 2022

Visit Raynham Hall Museum, **Sunday, Sept. 18**, for the eighth annual Colonial Day. Enjoy a family-friendly afternoon as Raynham Hall, at 30 W Main St., in Oyster Bay, home of Revolutionary War spy Robert Townsend, is filled with costumed colonial adult and child re-



enactors who bring the 18th century to life with period music, colonial cooking demonstrations and musket firing. For more information call the museum at (516) 922-6808.



Planting Fields Foundation Golf Classic

Head to the Mill River Club, for the annual Planting Fields Foundation Golf Classic, Tuesday, Sept. 20, 10:30 a.m.-8:30 p.m. Enjoy a fun-filled day of golf on the picturesque greens on the beautiful Gold Coas, 103 Mill River Rd., in Oyster Bay, To register, visit PantingFelds.org, or call (516) 922-8676 for information.

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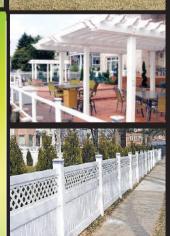
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Art talk

Grab your lunch and join Nassau County Museum of

Art Docent Riva Ettus for her popular "Brown Bag Lecture" live, via Zoom, Thursday, **Sept. 15**, 1 p.m. She'll discuss the current exhibition, "Other Worlds than This: The Supernatural in Art." Participants are invited to ask questions at the end of the program. Register at least 24 hours in advance to receive the program Zoom link. Also Oct. 13. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. (516) 484-9337 or NassauMuseum.org.

Ella: First Lady of Song

Enjoy the inspiring story of Ella Fitzgerald's remarkable journey from homeless teenager to the world's first lady of song, **now through Saturday, Sept. 10**,



at the Madison Theatre, on the Molloy University campus. Virtuosa Freda Payne brings Fitzgerald to life with an elegance, resonant beauty and transcendent voice that captures the immortal songstress. 1000 Hempstead Ave., Rockville Centre. For tickets and information visit MadisonTheatreny.org or call (516) 323-4444.

50 Mile Relay

Greater Long Island Running Club's Ocean to Sound 50 Mile Relay for Survivors of Domestic Violence, presented by PSEG Long Island, will take place on Sunday, **Sept. 25**, 8 a.m.-4 p.m. The northward, winding, 50-mile race begins at Jones Beach and ends at Theodore Roosevelt Memorial Park in Oyster Bay, with a party following. For information, contact (516) 349-7646 or visit GLIRC.org.

Strolling Through the Village

Reserve a foursome at Sherlock Holmes Real Estate or Daniel Gale Sotheby's in Sea Cliff to participate in the Strolling through the Village Tournament on Sept. 10. Day of registration and walking ticket sales start at 8 a.m. on the Village Green, with a shotgun start at 9:15 a.m. The course includes 19 holes, mostly in private yards, with the 19th hole featuring a hole in one contest. With breakfast, lunch, access to a tiki bar, a putting green and a closing ceremony with awards, including two green jackets. \$10 fee; all funds raised by this event, sponsored by the Good of the Village Association, will be used to support Sea Cliff's libraries, museums, public spaces and more. For information, call (516) 671-1717.



End of the Season Benefit

The Oyster Bay Main Street Association invites the community to their annual End of the Season Benefit, **Thursday, Sept. 22**, 6 to 9 p.m., at the Mill River Club, 103 Mill River Rd., in Oyster Bay. Enjoy cocktails, sushi, light fare and music. For further information, go to OysterBayMainSreet.org.



Bluefish Tournament

Head to Theodore Roosevelt Memorial Park in Oyster Bay, **Sept. 18**, 4:30 a.m.-4 p.m. for the 36th annual Town of Oyster Bay Bluefish Tournament. Enjoy hours of fishing followed by a tailgate party with food, raffles, awards and prizes. Registration is limited to the first 350 boats, so sign up early by contacting the Town of Oyster Bay Parks Department, Recreation Division, at (516) 797-7945.

Toyuskanash: Bridges exhibit

Kids can make, view and talk about art, through Sunday, Sept. 4, with four Indigenous artists at Long Island Children's Museum. Toyuskanash, the Algonquin word for bridges, brings together artists from the Shinnecock Nation to explore their traditional



and contemporary culture and how they bridge gaps in history and knowledge with surrounding communities. The exhibit highlights the artwork of fine art photographer Jeremy Dennis, painter and tradition bearer Denise Silva-Dennis, beadwork appliqué and ribbon work artist Tohanash Tarrant and painter David Bunn Martine. Each artist's creative process is featured during residencies; including artist-led workshops during each residency and daily activities for visitors led by museum staff that draw inspiration from their artwork, process and media. Visit the museum on Museum Row, Garden City. For more information, call (516) 224-5800 or go to LICM.org.

Items on The Scene page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to thescene@liherald.com.

Having an event?





Crisis center says, 'Let's walk, let's talk'

Suicide prevention fundraiser returns in-person to Long Beach

By JORDAN VALLONE

/allone@liherald.com

eptember is Suicide Prevention Month, and for the first time in since the start of the coronavirus pandemic, the Long Island Crisis Center will raise money and awareness — simply by walking.

Its 14th annual event, "Let's Walk, Let's Talk-Stepping Together to Prevent Suicide," is slated for Sunday, Sept. 18 on the Long Beach boardwalk. It's one of the Bellmore-based crisis center's biggest events, but had to take place virtually the last couple of years to help protect its participants from

e're all coming from this likeminded place of wanting to support one another.

TAWNI ENGEL

associate executive director, Long Island Crisis Center Covid-19. Since its first journey in 2009, the crisis center walk has provided a chance for people to come together and raise awareness for suicide prevention, said Debra Katz, a volunteer counselor for the center's crisis hotline. Many use the day as an opportunity to remember those they may have lost.

"I think that, for people who

have lost loved ones to suicide, even though their loved ones are always on their minds and in their hearts every day, the walk is exclusively for their memory," Katz said

And there is always strength in numbers, said Tawni Engel, the crisis center's associate executive director.

"We're all coming from this like-minded place of wanting to support one another," said Engel, who worked her way from an intern in 2008 to her current leadership role about a year ago.

"It's a somber day, but we try to keep it upbeat."

The walk's festivities kick off at 10:30 a.m., at 1 Laurelton Blvd. Besides the actual walkers, those showing up can expect music, Engel said, along with informational tables and booths from various organization. The morning program also honors the crisis center's person of the year, and feature speeches about suicide awareness.

The walk itself starts at 11:30.

Those joining the physical part will find a specific walking path to follow, said Susan Slagg, the crisis center's operations manager. But there is no pressure for anyone to walk the entire time.

"I always say (the event) is good for the non-walkers, too," she said. "The walk is more for people to get together, and bring attention to the important cause. There is no skill needed."

Pre-pandemic, the walk attracted upward of 500 people, Engel said. Cur-



Herald file photos

THE LONG ISLAND Crisis Center's annual suicide prevention walk is slated to return in-person on Sunday, Sept. 18, after a two-year hiatus caused by the coronavirus pandemic.



THE LONG ISLAND Crisis Center's annual suicide prevention takes place on the Long Beach boardwalk on Sunday, Sept. 18. In the past, it has raised more than \$50,000, and included some 500 participants.

rently, there are a number of people registered, and donations have started to come in. too.

"Our goal this year is \$50,000," Engel said. "In the past, we've definitely surpassed that."

A big part of the crisis center's work is helping those identify as part of the greater LGBTQ community. Engel has worked extensively in the past with the center's LGBTQ+ youth organization, Pride for Youth. There is direct correlation between what the crisis center and Pride for Youth does because, Engel said, "suicide numbers are so high in the LGBTQ+ community."

The crisis center has been hard at work preparing for the walk.

"We have paid staff working on it, and a lot of volunteers," Slagg said. "Everyone has worked really hard to make it happen. I know from our people — our staff and volunteers — we're really excited to bring it back together."

The Long Island Crisis Center was founded in 1971, and has spent the past half-century as a round-the-clock suicide prevention and crisis intervention center. It offers family counseling, support group, and various forms of health education.

Katz has volunteered as a counselor for five years, deciding to join after she retired from teaching.

"I wanted to do something meaningful, that would give back," she said. "It has really added a lot to my life."

Help raise money for crisis center

Want to join the Long Island Crisis Center on its 'Let's Walk, Let's Talk-Stepping Together to Prevent Suicide' event on the Long Beach boardwalk? It's set to begin at 10:30 a.m., on Sunday, Sept. 18.

To join a team, register for the walk, or to make a donation, visit LonglslandCrisisCenter.org/TheWalk.

Volunteer counselors go through rigorous training, taking part in shadow calls with counselors already on the job. Anyone interested in volunteering can call the crisis center's business line at (516) 826-0244.

The National Suicide Prevention Hotline has simplified from what used to be a complicated 10-digit toll-free number to just 988.

"For people who are really in crisis and feeling suicidal, they don't have to remember this long number," Katz said, adding that "988 is a great thing."

Phone numbers with a 516 area code are routed directly to the Long Island Crisis Center. If the Bellmore facility is backed up, another nearby center will intercept and lend a hand, Slagg said.

The Long Island Crisis Center rents space from the Bellmore Presbyterian Church, and its offices are just behind the sanctuary at 2740 Martin Ave.

For more on the crisis center and the programs it offers, visit LongIslandCrisis-Center.org.

Hospital's 'community feel' creates excellence

CONTINUED FROM FRONT PAGE

that creates excellence."

Amy Driscoll, the director of North Shore Historical Museum, said 100 years ago, it was the hospital that was the final milestone ensuring that the City of Glen Cove would become a year-round community.

The Morgans, Pratts and other leaders in industry made Glen Cove their home, building sprawling mansions during the early 20th century. Banks, a railroad company and mail service followed but not having a hospital was problematic, which became painfully apparent during the influenza epidemic in 1919.

"Locust Valley Library became an infirmary and our museum quarantined Glen Cove pregnant women to keep them safe," Driscoll said. "That's when everyone realized this wasn't working."

It was the affluent leaders in industry, including the Pratt family, and Henry Davidson, an American banker and philanthropist, who donated large sums of money to have a hospital built.

The city's first healthcare facility, Glen Cove Community Hospital opened its doors in 1922 as a small three story 19-bed facility on Glen Street. The hospital soon outgrew itself and was moved to a new building on Saint Andrews Lane, where it is today.

The hospital's name was changed several times over the years beginning in 1925, when it was called the North Country Community Hospital. In 1956 it was renamed Community Hospital at Glen Cove and then North Shore University Hospital at Glen Cove in 1990. In 2015 Glen Cove Hospital joined Northwell Health.

Sheehy's family have given 186 years of combined service to Glen Cove Hospital when combining his mother, Adelaide Scanlon; father, Tom Sheehy; sister Eileen; and her husband Dr. Carlo Annese's time as doctors there. All three of Sheehy's daughters were born at the hospital as were his

parent's 23 grandchildren.

"A lot of the staff I work with today I took care of their children, or my mother did," John Sheehy said. "There's always been a family sense at Glen Cove Hospital."

U.S. Rep. Tom Suozzi was born at Glen Cove Hospital, as were his brothers and sisters. His mother, Marguerite, was an operating room nurse there in the 1940s and 1950. His father, Joseph, was a member of the hospital board. Suozzi's three children were also born in Glen Cove Hospital.

"We have all been to the emergency room for stitches, breaks, and high fevers, as well as to visit loved ones who are sick, or to pay our last respects to our closest friends and family," Suozzi said. "(Glen Cove Hospital) is woven into the very fabric of our lives."

The hospital has grown. Today, it's a full-service community hospital recognized for its acute rehabilitation programs, head and neck surgery capabilities and women's surgical care.

"The hospital is in great shape and in the black for the first time in over 10 years," Scanlon said. "We opened a new rehabilitation center in October, have 50 new physicians and opened another medicine multi-specialty center in the community. We are in a true growth pattern." Scanlon has been at the hospital for three years and has served the Northwell hospital system for 28 years. She said from the beginning she was impressed by Glen Cove Hospital.

"There was an 83-year-old man who was a Pulitzer Prize pianist who had Parkinson's disease," she said. "In three weeks after being treated at our hospital he was giving a concert to the entire community. I'm used to successful liver and heart transplants but there is nothing more important than for a patient to get back something meaningful to them. I knew I was in the right place."



Courtesy North Shore Historical Museum

UNLIKE TODAY, NURSES in the 1960s were required to don their caps while working at the hospital.



IN THE MID
1920s,
Glen Cove
Hospital
utilized
ambulances like this
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Bid No. 2022-017
Specifications are available for download at https://www.bidnetdirect.

com/newyork/cityofglencove. Registration is free and instructions are available on

on https://glencoveny.gov/bi The opening of both bids will take place on Microsoft Teams via the following link: https://teams.microsoft.com/l/meetup-

m/i/meetupjoin/19%3ameeting_NTk 3YTk1MGMtNDMwZi00M zc5LTg3NzctNjk3NzNhMM FmZTA0%40thread.v2/0? context=%7b%22Tid%22 % 3 a % 2 2 a d 8 4 c f 9 0 -

b365-48caa128-2fc44a1c8d4c%22 %2c%220id%22%3a%2 25572a325-bb66-4fa7bf28-52c2fbc992d4%22

Or join by entering a meeting ID Meeting ID: 274 454 863

32
Passcode: aWWDjy
Or call in (audio only)
(929) 229-5717
Phone Conference ID:
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For Bid No. 2022-017, a site walkthrough will take place at the Glen Cove Golf Course at 109
Lattingtown Road, Glen
Cove, NY 11542 on

September 9, 2022 at 10:00 a.m. Bidders shall RSVP by emailing purchasing@glencoveny.g

Each proposal must be submitted on the forms provided in the bid package, in a sealed envelope with the name of the bidder, the bid name, and number marked clearly on the outside of the envelope. Yelena Quiles Purchasing Agent City of Glen Cove August 26, 2022 133811

To Place A Notice Call 516-569-4000 x232

LEGAL NOTICE
Notice of Public Meeting
PLEASE TAKE NOTICE
that the City of Glen Cove
and Glen Cove
community Development
Agency (CDA) will hold a
Public Engagement Event
regarding the New York
Forward (NYF) grant
application from 9:00 Taburday

September 10 at the Deep Roots Farmers Market located at 100 Garvies Point Road in Glen Cove, NY 11542.

NYF is a State program that provides grant funding to revitalize downtowns and reinvigorate local and regional economies. At the Public Engagement Event, residents, businesses, and stakeholders will have the opportunity to provide feedback about the community's vision for downtown revitalization and potential projects to advance revitalization.

All persons having an interest in downtown Glen Cove are invited to drop by the Public Engagement Event anytime between 9:00 and 11:00 a.m. on September 10.

Search for notices online at: www.newyorkpublicnotices.com

OBITUARIES

Irene Kreyer

Irene Kreyer, 84, a long-time resident of Glen Cove, N.Y. who recently relocated to Vienna, Virginia, died on Aug. 6, 2022, in Leesburg, Virginia.

Born on Jan. 31, 1938, she was the daughter of the late Stephen Nemeth and the late Rose Mate Nemeth. She was the loving wife of the late Kenneth Kreyer. All have been happily reunited in the Kingdom of Heaven.

Irene is survived by her brother, Stephen Nemeth; loving children Stephen Kreyer (Laura) of Vienna; Karen Kreyer of Glen Cove, N.Y.; and grandchildren Brett (Jena Calvitti), Allison, and step granddaughter Amanda Evans. Lovingly known as Gram to her family, she will be missed by all.

A Catholic funeral mass will be held on Sept. 3, 2022 at 9 a.m. at St. Hyacinth Church in Glen Head, N.Y. Interment will be in Holy Rood Cemetery, Westbury, N.Y., immediately following mass. Friends and family are welcome to attend.

Online condolences may be made to the family at www.loudounfuneralchanel.com

Victor H. Barahona

Victor H. Barahona, 88, of Glen Cove, N.Y. died on Aug. 23, 2022. Beloved husband of Flora. Loving father of Hugo (Marlene), Alberto (Gladys), Julissa, Gino (Saida) and Jose. Cherished grandfather of Anthony, Kevin, Walter, Stefany and Victor. Adored great-grandfather of Abigail. Also survived by many loving nieces and nephews. Visitation was at Dodge-Thomas Funeral Home. Mass of Christian Burial was at St. Patrick RC Church. Interment followed at East Hillside Cemetery. Online condolences can be made at www.dodgethomas.com.

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OPINIONS

Where has all the competence gone?

nstitutions

have only

ever been as

competent as

the people in

them and who

lead them.

any of our institutions are failing us, and unless our faith in their competence and fairness is restored, I think we're doomed. Institutions from Congress, to the Centers for Disease Control and Prevention, to the upper echelons of the Justice Department and FBI, from officials in Albany, the postal service, dis-



JOHN O'CONNELL

postal service, district attorney offices, and in some public-school systems and colleges, institutions created by the people to serve the people seem obsessed with serving themselves and not with doing a competent, not to mention great job.

Policies that are clearly destructive

of good community order and safety — like the laissez-faire repeated release of violent criminals back to the streets — are imposed on citizens whose objections are ignored. Not only do such anti-civilization, get-out-of-jail-free policies further victimize us, they also erode our confidence in the institutions we thought existed for our benefit.

Abhor or admire him, Donald Trump was elected in 2016 in major part because most voters craved a return to competence after years of pedantic lectures but no achievement. Many of us think we've returned to wondering if anyone knows what they're doing.

Politicians aren't the only ones undermining our confidence in institutions. Since Covid-19 attacked us from Wuhan,

China, we've looked to our public health organizations for reliable information. We understood that such a novel virus would make immutable guidance impossible. Faced with something so complicated and so new, we all accepted that scientists would need time to gather and analyze data before they could define the pandemic, predict its progress and develop vaccines and treatments.

What bothered so many of us is the supreme arrogance of the government's public health community in the face of its amazing incompetence. "The greatest enemy of knowledge is not ignorance; it is the illusion of knowledge," said historian Daniel Boorstin (it may have been Stephen Hawking).

The Communicable Disease Center, the predecessor of the CDC, was formed in 1946. The CDC's mission, according to its website, is to work "24/7 to protect America from health, safety and security threats, both foreign and in the U.S. Whether diseases start at home or abroad, are chronic or acute, curable or prevent-

able, human error or deliberate attack, CDC fights disease and supports communities and citizens to do the same. CDC increases the health security of our nation. As the nation's health protection agency, CDC saves lives and protects peo-

> ple from health threats." It had 76 years of experience to prepare for what to do if a highly contagious virus started killing Americans.

In the 1880s, Congress commissioned the Marine Hospital Service with examining passengers on arriving ships for signs of infectious diseases in order to prevent epidemics. To specialize in that work, the MHS set up a small lab (on Staten Island), which would grow to be known as the

National Institutes of Health. So the NIH has had about 130 years learning how to use medical science and best public health practices to prevent viral illnesses from becoming pandemics that might kill millions.

And yet in the winter of 2020 Americans had the impression that the CDC and the NIH didn't know what the hell they were doing, even though they condescendingly acted like know-it-alls. That was a disastrous blow to our respect for those institutions. Worse than that was a suspicion that their leaders, Drs. Anthony Fauci and Francis Collins, knew more

about China's infectious disease research than they were letting on. It's hard to tell what's worse: Thinking our institutions are incompetent, or suspecting they're hiding the whole truth from us.

Less critical than a bungling government and inept disease-control regime, there are other examples of once reliable and now ineffective institutions. Are you getting your mail as regularly and accurately delivered as you once did? How do you assess the common sense and general intelligence of most college grads you deal with on a daily basis? Do they inspire you with confidence in the future? When you deal with a business in person or by phone do you feel like they know what they're doing? When you read supposedly fact-based articles in newspapers do you quickly see the bias or advocacy going on? Do you think new fellow employees are less able than the ones they replaced? What other examples of incompetence do you frequently encounter?

Institutions have only ever been as competent as the people in them and who lead them. It's up to us to demand that our federal, state, county, local and school district institutions act competently. It's up to people who call themselves journalists to discover and report the unbiased whole truth, without trading that truth for access to those institutions. It's up to us to vote.

John O'Connell is a former executive editor of the Herald Community Newspapers. Comments? oconnell11001@yahoo.com.

A remedy for TB (Trump Burnout): the beach

e have become

'breaking news'

that intrudes on

beams out from

our phones or

televisions.

addicted to

was thinking of redacting my column in the spirit of the moment. I spent all morning waiting for the redacted version of the warrant authorizing the search of Mar-a-Lago to drop and so it has, and so what?

This endless cycle of "breaking news" doesn't actually advance our knowledge of how and when Donald Trump might be



RANDI KREISS

held accountable for any alleged crimes. Will he ever pay for his egregious misbehavior and the immorality which has stained our standing in the world? He is not going away. And neither are his people. I can tell by the dread in my

We must find our own peace of mind and cultivate our own sources of comfort as we support our democracy. As Labor Day approaches, we need to grab what's left of summer and head to the beach. This is what we can do for ourselves as human beings living in challenging times

heart.

Long Islanders are truly blessed with a natural remedy for stress since most of us

are within driving distance of open water. Battered by the sights and sounds of real life, we go to the ocean to recharge our batteries.

I flee, escaping television, the internet,

the book banning, the war raging in Ukraine, the suffocating heat across the land. and of course the hair ball of Trumpism that is entangling some very bright and should-have-known-better officials in a nest of lies and conspiracy. Most thinking Americans are concerned about our security and standing in the world. We are worried all over again about women's reproductive rights, racism, gun control and nothing less than the stability of our democracy.

We have become addicted to "breaking news" that intrudes on our phones or beams out from televisions. We don't want to hear it and we can't stay away.

The Mar-a-Lago search warrant is one of hundreds of hyped up turns of events in the unfolding story of the Trump years. The man has taken up residence in people's minds, pushing out benign stuff like recipes and happy vacations and memories of leaders we have respected

and even loved.

 \boldsymbol{A} reliable antidote to Trump is escape into nature.

School days are approaching; if it's Thursday, it must be soccer practice or

extra help classes, or ballet or orthodontist or religious school or play dates or flu shots or ... hopefully ... therapy appointments. It's all about lists and checking off items and jumping into the car or onto the computer or back to the market for something you forgot.

Our homes need to be ready for cold weather ahead. Folks are thinking about cutting back the garden and checking the oil burner.

We can do what we have to do, and still walk the beach for a reboot.

All over again I wonder at the deep, glorious expanse of white sand stretching down to the surf. This week the sun was brilliant in a blue sky studded with darling puffs of white. Oil tankers rode the horizon. The waves were lively, crashing around the rock jetties. I walked along the beach and took notice of everything I could hear: my rubber soles scuffing on the sand, the cawing of the seabirds roost-

ing around me, a jet leaving a ghost trail overhead.

A few people, widely scattered, were enjoying the day. One lone fisherman stood out on the rocks. The scene was solitary; the heartbeat slowed, the mind quieted and I felt like my better self as I set new footprints into the sand.

At the tip of one jetty someone had placed a large American flag, which was tattered by the wind. If I knew how to write music, I would have composed an anthem from that image.

It was a perfect experience. Isn't this the most we can hope for—to leave our worries behind or at least set them aside for a while- and immerse ourselves in a setting of peace and beauty? It is the timelessness of the beach, the endless rhythms of the tide that remind us how beautiful and big this earth is and how relatively small our concerns are.

Man, how lucky to live near the beaches that curl around Long Island like strands of pearls. And this is the best season to get out there. If you are reading this on Long Island, there is a beach somewhere not too far away.

Suffering from TB? Head to the shore. Assemble ingredients. Mix well. Enjoy.

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Gold Coast Gazette

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HERALD EDITORIAL

Want to ensure democracy? Invest in education

ummers are for beaches, barbecues and outdoor concerts. But for Fave, each and every day of her summers during her college years were spent inside a hot factory, pushing a button many times over.

It was tedious, but it came with a paycheck. One that, by the time her summer was over, she could fund just about every single cent of the upcoming fall and spring semesters toward her goal of shaping young minds as an elementary school teacher.

And here she was, in front of a class of students, sharing her tenacity. Her

Except this was the early 1980s. A time when tuition, fees, room and board cost just under \$3,000 for the whole year little more than \$10,000 in today's money. But that's not the same for teachers walking into our classrooms today as fall classes begin — not just across Nassau County, but across the country.

That number is now just under \$29,000, according to the Georgetown University Center on Education and the Workforce, as reported by Forbes last spring. While those numbers haven't moved too much since the start of the coronavirus pandemic, they've certainly climbed significantly over the past 40 years — nearly three times the rate of inflation.

Going to college is supposed to prepare our best young minds for the future. Instead, it creates significant burdens, with recent graduates carrying debts with them in six figures, many times before they even buy their first car, let alone their first house.

Student loans are typically structured to only be present for the first 10 years of a graduate's career. But a 2013 study by One Wisconsin Institute say that is more like the first 21 years of a career. That means many college graduates are helping to secure student loans for their kids, while still paying off their own.

It's a "circle of life" that shouldn't even exist. Yet it does. And whether we are product of colleges from the 1980s or today, it affects each and every one of us. For one, the number of high school seniors choosing college after graduation is dropping. Just 15.9 million pursued undergraduate degrees in 2020, according to the U.S. Department of Education's Institute of Education Sciences. That's from a peak of 18.1 million in 2010, and has steadily declined ever since.

Yet, more than \$1.6 trillion in student loans remain outstanding for 45 million people, according to the White House. That's an average of \$36,000 per student.

Such a debt load also makes it harder for new college graduates to get started on their own, independent lives. In fact, more than half of college students surveyed by Pew Research Center said they were back home living with their parents in late 2020 — the highest percentage since the Great Depression, Sure, we could blame Covid-19, but those numbers were already past 47 percent and climbing even before the pandemic.

Yet, the federal government's plan to forgive up to \$20,000 in student debt for anyone not among the super-wealthy is wrong — not because it's wiping away student debt, but because it's not wiping away enough of it.

President Biden's own numbers paint a horrifying picture for America's postsecondary education system. The cost of a public four-year university has skyrocketed nearly 200 percent since 1980, but federal aid through Pell Grants has grown just 20 percent.

In 1980, Pell Grants could offset 75 percent of your total college expenses. Now? It's barely 30 percent. That's not how a country makes education a priority and it's certainly not how a country remains a superpower.

This grant forgiveness isn't a handout. It's simply our government trying to catch up on the commitment made to each and every young person so many years ago. That means ensuring public funding is there while controlling costs at public universities. And at the very least, make community college free.

Even the Founding Fathers felt education was essential in ensuring democracy, although it would take decades to establish broad-access public schools for children. In 1910, just one out of every 10 people had high school diplomas. Today, it's above 90 percent.

Investing in education makes a difference — but so does not investing in education. Except that creates the kind of difference we'd rather not experience.

Faye was able to fund her college by not only pressing a button over and over again at a factory all summer long, but because of Washington's commitment to her education.

Biden's move on restoring that commitment is a start, but there's still a long way to go.

LETTERS

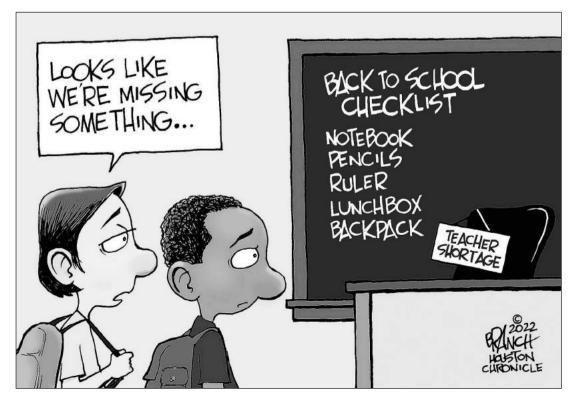
Veterans, too, need to learn to teach

To the Editor:

OMG! I read Randi Kreiss's column "Florida Gov. DeSantis: teachers need to be educated" (Aug. 11-17), about allowing veterans to teach in Florida classrooms.

Like Randi, I am a retired teacher, having completed all the requirements necessary for teachers in New York state. That anyone, including our veterans, would have the nerve to accept this position and stand up in front of 25 impressionable children and think he/she can teach without having had the methods courses or the hands-on student teaching experience is simply arrogant. It says that my degrees in education are unnecessary.

Do they know how to write a lesson plan? Do they know how to handle class-



Why the heck should health care be affordable?

ecause as

far as I can

see, health care

be affordable. It

should be free.

shouldn't just

s election season heats up, we are once again hearing the same worn-out message parroted by Democrats hoping to get elected. You know it: "I support access to quality, affordable health care." But no one ever questions why health care should be this way

Because as far as I can see, health care



MATTHEW ADARICHEV

shouldn't just be affordable. It should be free.

Under rare circumstances, like in rural areas of the country, getting access to health care is genuinely difficult. There are situations in which there is a real shortage of doctors, and they

must be addressed. But for the vast majority of Americans, the real barrier to health care is its prohibitively high

You have "access" to health care in the same way you have "access" to a Lamborghini. What's stopping you? Go get one! Clearly, the problem isn't supply; the cars are there. It's the fact that for most Americans, it's way too expensive.

The difference is, you can live without a Lambo, but you can't live without health care.

When did the idea that we should pay for necessary medical procedures become accepted? It's as barbaric as demanding payment to breathe air. And the concept of affordability is completely subjective. A million-dollar procedure is affordable

to a billionaire, but for those who live in poverty, coughing up a couple of thousand dollars a year or even a couple of hundred - for bare-bones private insurance is onerous.

I'm not suggesting that our good, hardworking doctors work for free. Rather, we ought to provide everyone in the country with universal health care through a single-payer program. Everyone would pay into a pool, and the government would use that

money to pay doctors for treatment. The list of potential benefits is long. If you lost your job, you wouldn't lose your health insurance. Small businesses wouldn't have to bear the enormous cost of employee health care. Unions would

no longer have to negotiate for health care benefits; 100 percent coverage would finally be achieved; and we would no longer lose 45,000 Americans a year due to a lack of health insurance.

The program would also save us money. A study from Yale University estimated that a single-payer system would save us \$450 billion per year. Another

study, from the University of Massachusetts Amherst, put the price tag of singlepayer at just under \$3 trillion, compared with the \$4.1 trillion the American Medical Association estimated we spent on health care in 2020, meaning single-payer

could save us \$22 trillion over 20 years.

Of course, there are concerns about higher taxes. Frankly, I wouldn't mind paying higher taxes if it meant that my fellow Americans would receive the care they needed. But call it whatever you want. You already pay "taxes" to private insurance companies in the form of premiums, copays and deductibles. And when expensive emer-

gency services are utilized for preventable health problems, you foot part of the

Contrary to popular opinion, government programs are extremely efficient. Social Security spends less than 1 percent of its budget on administration, and Medicare spends 2 percent, compared with a low estimate of 17 percent among private insurers, who spend many of your "tax" dollars on profits and marketing rather than health care.

A final worry is, "Would I lose my existing health insurance?" No. It's a precarious time in America right now, but no one's coverage would be taken away.

Your current health insurance would be phased into the new plan over several years, during which you could still access services.

The path forward is clear: We need to move toward a single-payer system in the U.S. It will save money, lives, nerves, and a whole lot of paperwork. Luckily, we don't need to move forward alone. We can look to our Pacific ally, Taiwan, which already has an outstanding single-payer system. Taiwan has a higher life expectancy, a lower infant mortality rate and a lower maternal mortality rate — all for less than we spend in the U.S.

If you want to reform our brutal health care system, find and call your state senator at nysenate.gov/find-mysenator. There is legislation that has passed the Assembly called the New York Health Act, which would enact singlepaver in New York state. Contact your U.S. representative as well, or call Sen. Chuck Schumer, at (202) 224-6542, or Sen. Kirsten Gillibrand, at (202) 224-4451. Remind them that single-payer is a policy supported by a majority of Americans.

Health care policy shouldn't be about providing "access to quality, affordable health care." It should be about providing quality health care, period.

Matthew Adarichev is a public policy major at Hofstra University, a political activist and an aspiring journalist whose work has appeared in the Hofstra Chronicle and the Anton Media Group.

LETTERS

room issues, discipline and difficulties? Will they stay up at night tweaking the next day's lesson to make it even better? Will they create hands-on lessons? Can they do the new math required (or maybe not required in Florida) of elementary school children, and will they teach history the way it happened? Oh, I forgot books have been censored or removed in

My guess is that the children in Florida will be deprived of a decent education, which will render them ignorant and eventually produce the next generation of voters DeSantis wants. My blood is still boiling.

> JANE GLUCKMAN Rockville Centre

The high court 'took no one's rights away'

To the Editor:

Ilana Greenberg's column in the Aug.

18-24 issue, "Scientists grapple with meaning of life.

Why should judges?" was well thought out and insightful. She walked the fine line between sides. She pointed out that the goalposts are always changing with the science, and that judges may not be the best people to make that determination. I agree — but her argument fell flat when she discussed the recent Supreme Court decision.

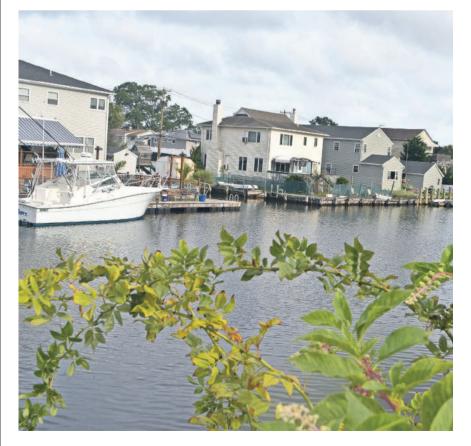
Greenberg states, "the Supreme Court should not infringe on my personal right to make that choice." My understanding is that the court took no one's rights

It ruled that the "right" to an abortion is not based in the Constitution, and that any laws about abortion should come from the people, through their state or federal representatives. So the court didn't take Greenberg's rights away; it put those rights back into her hands! What is she going to do about it?

> JOHN HARDING Freeport

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FRAMEWORK by Tim Baker



A waterway vista from Newbridge Road Park - Bellmore.

UPSL SOCCER IN OYSTER BAY! FIRST HOME MATCH OF FALL SEASON

Theodore Roosevelt Memorial Park



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