HERAL



Fashion show at the Regency

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SEPTEMBER 29 - OCTOBER 5, 2022



Chamber's Fall Family Fair fun

Page 19

\$1.00





Courtesy Jewish History Museum

THIS PHOTO FROM the 1940s of Schiffman's Cleaners and Dyers, a family business on Glen Cove Avenue, is included in the exhibition at the Long Island Jewish Museum. Today the block is the site of Sorenson's Lumber.

On exhibit: Island's Jewish history

By ROKSANA AMID

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An exhibition from the Long Island Jewish History Museum highlighting the careers of Long Island's Jewish population, from early-20th-century farmers and tailors to modern bagel store owners and retailers, will go on display on Oct. 3 at the Holocaust Memorial and Tolerance Center of Nassau County in Glen Cove.

The year-long exhibit is different from what most would expect from the HMTC, since most exhibits have centered on the Holocaust. The exhibit, titled

CONTINUED ON PAGE 5

Fairfield Metro living conditions are focus of complaints

By ROKSANA AMID

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Lynn Calcaterra recalls feeling a wave of exhaustion while putting her belongings on the kitchen counter of her Fairfield Metro apartment. She wasn't feeling well after a breast cancer treatment. When she reached for a protein shake to ease her fatigue, she realized she was being watched.

Out of the corner of her eye, Calcaterra saw a mouse sitting in the drain of her kitchen sink. "My first instinct was to scream," she said.

Calcaterra, who doesn't sleep well on the nights after

she receives treatment, said that her encounter with the mouse, in April, had only worsened her physical and mental state. It wasn't the only time she had seen mice in her apartment. And she isn't the only resident feeling stressed over the unwelcome rodents.

Since March, residents of Fairfield Metro, on Glen Street, say they have submitted multiple service requests on the Fairfield portal, an online resource used to address issues in the complex and for paying rent. Residents say they have also called customer service representatives and mainte-

y first instinct was to scream.

LYNN CALCATERRA

Fairfield Metro resident

nance workers. pleading for help.

Residents Jasmine Fell and Ilan Levin said that Fairfield was unresponsive, so they both mailed certified letters to the corporate office in Melville, and still received no response.

At press time, Fairfield had not responded to multiple calls and emails from the Herald requesting comment. A visit to the corporate office on Sept. 20 was also unsuccessful, with a Herald reporter denied entry past security. When a representative was reached that day by phone, officials did not address the mouse problem or other concerns residents have raised, from stained carpets to leaky ceilings to appliances from ren-

ovated apartments taking up parking spaces in the garage.

Numerous residents said that Fairfield offered them minimal help, and left them feeling as if their concerns were not being taken seriously. When it comes to the mice, it's common for residents to receive sticky paper mouse traps from the

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BEST FRIENDS SONJA Coven and Anna Vaccaro, who met at the Regency, walked the runaway together, with Vaccaro wearing a purple faux mink coat.



STEPHANIE CRAWFORD, ACCOMPANIED by her aid Maritza Rose modeled in the fashion show by wearing a plaid Dolce and Gabbana shirt from Worth Repeating.

Regency raises Alzheimer awareness in style

By ROKSANA AMID

ramid@liherald.com

red carpet, purple balloons and high-end fashion isn't a combination most people would expect for an event about Alzheimer's awareness. But that's what visitors found at the Regency at Glen Cove on Sept. 21 at the "A Day Never to Forget Fashion Show," held to highlight the need for research for the disease nicknamed the silent killer. The Regency's Safe Har-

who have Alzheimer's and B ut as long as they're happy dementia. To keep the resiin the moment doing an activity with a big smile on their faces. that's what we look forward to.

STELLA SHANK

executive director, Regency

dents engaged with the community they modeled at the fashion show. They wore high-end clothing donated by Glen Cove resident and Worth Repeating owner Betsy Gibs, that included designer names like Chanel and Prada. But the most noticeable accessories worn on the runway were wide smiles While the event raised awareness for the disease, it

bor residence is for people

was also a time to celebrate being with friends and family. "We should do more events like this," Chippy Kirshner, a Safe Harbor resident said.

The fashion show served as a precursor to the Regency's participation in the Walk to End Alzheimer's event at Eisenhower Park on Oct 2. The world's largest event to raise funding and awareness to the disease, they've has currently raised \$150,253 of their \$288,500 goal.

Alzheimer's is a progressive disease that begins with mild memory loss which often leads to an inability to



ERNST AND BRIDGET Santangelo celebrated 63 years of marriage over the summer and say they enjoy spending as much time together as they can.

carry on conversations and respond to the environment. Changes in the brain can begin years before the first symptoms appear, with symptoms of the disease often appearing after age 60.

'Sometimes people with dementia and Alzheimer's might not recall what they did 15 minutes or an hour ago, or even yesterday," said Stella Shank, executive director of the Regency. "But as long as they're happy in the moment doing an activity with a big smile on



CHIPPY KIRSHNER STOLE the show with her twirls down the runway wearing a velvet jumpsuit.

their face, that's what we look forward to."

Engaging with other people in social situations helps those suffering from Alzheimer's and other forms of dementia. Erica Ferrara, Safe Harbor's director said that events like the fashion show are important to residents. And it's the responsibility of the Regency to give residents a forum showing that they can still be part of the Glen Cove community,

Fairfield Metro tenants voice safety concerns

CONTINUED FROM FRONT PAGE

complex to combat the problem.

Several residents who spoke to the Herald insisted on anonymity, fearing retaliation from Fairfield.

At one point, Levin said, he asked if the building's exterminator could look for entry points in his apartment that mice could possibly crawl through, but he was told that the exterminator doesn't provide that type of service.

"I asked them to at least move the fridge and the stove (to) just see if there's any mice there," Levin said. When the building's concierge contacted Levin, he was informed that the exterminator's responsibility is only to set traps. Levin was further advised to pray he doesn't see any more mice.

Levin said that living at Fairfield has caused him and his wife anxiety.

"We're scared to walk around our apartment and see mice walking and crawling around," Levin said. "We've barely been using our stove because that's where I've seen a lot of them, in the kitchen."

Many renters on Long Island come across the name Fairfield Properties at some point during their apartment search. That's because the Melvillebased company owns 13,260 rental units, which is roughly about one-fifth of all units in private apartment buildings on Long Island. Fairfield spent more than \$2.12 billion on properties since 2013, and recently acquired the former Avalon complexes of Glen Cove in 2021.

Calcaterra said that since Fairfield took over, she feels the complex has taken a downward spiral. "I can't believe with the amount of money we pay in rent that we have mice," said Calcaterra. Her base rent for her two-bedroom apartment is \$2800. And she pays \$70 in common fees per month.

Fell said Fairfield markets itself as a luxury apartment complex but residents pay for a premium that barely meets expectations. Since the infestation, she has spent \$200 of her own money to combat rodents in her apartment

"It's amazing that they can get away with these things and rent apartments out at such a high price," Fell said.



Roksana Amid/Herald photo

FAIRFIELD METRO RESIDENTS complain that appliances from renovated apartments that are stored in the garage limit parking space.



A LEAK IN the ceiling outside an apartment is one of the many concerns residents have with the building's infrastructure.

The infestation of mice in her apartment led Fell to give her registered emotional service dog, Tito to her parents because she was worried about potential interactions the dog would have



A DRIED URINE stain in a hallway of the complex, which residents can't avoid walking on.

with the mice. She's also avoided one of her closets, because she suspects that mice are living there.

"I've blocked them in because I don't even want to know what's in my closet," Fell said. She checked on her closet once only to find it full of mice feces.

"I just hope Fairfield doesn't try and retaliate with all of us speaking out about the issue that's going on."

HERALD

HOW TO REACH US

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ISAAC RAFF, THE fourth of Barnet

was born in 1899

all of his 92 years

and lived almost

in Sea Cliff. He

took care of his

stationary store

on Sea Cliff

Avenue.

mother, never

and Rebecca

Step back in time at Jewish History Museum

CONTINUED FROM FRONT PAGE

"Earning A Living: 300 Years of Jewish Businesses on Long Island," profiles over 60 businesses — farmers, manufacturers, retailers and those of other occupations.

Teaching and learning about the Holocaust provides an essential opportunity to inspire critical thinking, societal awareness and personal growth. The Holocaust spanned geographic boundaries, affected all segments of societies, and has been the focus through much of Jewish history.

However, having the new exhibit at HMTC is a reminder that there is more to Jewish history than their darkest hours.

"I always thought that people would assume that the Jewish community was really based on the Holocaust, and it's not," said Andrea Bolender, chairwoman of the board at the Memorial and Tolerance Center, whose father, a Long Island butcher was a Holocaust survivor.

On display are over 100 artifacts that tell the stories of how the Jewish communities on Long Island supported their families. One such example is Louis Cohn's sewing machine from 1910 that has been used by four generations of the Cohn family at the Amityville Men's Shop, a tailor and clothier that has been in business for over 110 years. Another is a stock certificate for ownership of shares in Rothman Pickle Products, an enterprise started by Joseph and Katie Rothman in East Northport in 1914.

Historical records have documented the growth of the Jewish population on Long Island after World War II. Less attention has focused on settlers dating back to the early 1700s.

"Long Island is the fourth largest Jewish community in the United States today, yet has been overlooked for its historical significance in the American Jewish landscape," said Brad Kolodny, president of Jewish Historical Society of Long Island, the organization that has created the Long Island Jewish History Museum. "Most people are aware of the Jewish population growth in Nassau and Suffolk counties after World War II, but our history goes back much further than that."

The exhibit, Kolodny added, is the most ambitious project the Jewish Historical Society has put together since its inception in 2021.



Many Long Island Jews had jobs in manufacturing, which is a focus of the exhibition, including a late-19th century ice harvesting operation in Amityville, an East Northport sauerkraut factory and a rubber company based in Setauket.

Interesting personalities and uncommon ways of earning a living are showcased. Harry Brause, a liquor store owner in Glen Cove, became a bootlegger during prohibition after his store closed. During Prohibition, Brause sold liquor to wealthy mansion owners on the Gold Coast by going into Hempstead Harbor on a boat.

After Prohibition, the Brause Liquor Store re-opened and existed for seven more decades. In Sea Cliff, Brause's sister, Rebecca Raff, ran a dry cleaning and tailor shop with her husband until he passed away in 1914. After her husband's death, Raff ran the business herself for 40 years in secret.

Other interesting personalities include the first Jewish policeman in Glen Cove, Izzy Goldstein. Also highlighted is George Morton Levy, a lawyer in Freeport., who founded Roosevelt Raceway in Westbury and revised the flagging sport of harness

The largest area of the exhibit is about retail. Starting with peddlers who came out to Long Island in the 1880s who went from town to town and from farmhouse to farmhouse, earning a living by selling whatever they could carry out in a horse



IN THE EARLY 1900s, a number of Jewish farmers settled on Long Island's East End, including cattle dealers, a duck farmer and dairy farmers. The exhibit features tools they used to maintain their farms.

and wagon. The retail portion of the exhibit runs the gamut from clothing stores to liquor stores and restaurants.

The exhibition doesn't only feature businesses that are long gone. Some modern companies highlighted at the museum remain, including the popular Bagel Boss franchise and Fortunoff, the most recognizable modern Jewish-owned business on Long Island.

The exhibit about Long Island Jewish owned businesses concludes the tour of the museum. It comes at the end of HTMC's permanent exhibits detailing the events of the Holocaust.

"You feel there's hope, there's pride," said Steven Kantorowitz, who sits on the board of the Historical Society. "It's a good feeling after you've seen the sadness of what happened to the Jewish community in Europe."

Admission to the Long Island Jewish History Museum is free and is covered under the suggested donation to enter the Holocaust Memorial and Tolerance Center in Glen Cove.







Photos courtesy of Damian Becker/Mount Sinai South Nassau

NEARLY \$700,000 WAS raised during Mount Sinai South Nassau's Soirée Under the Stars earlier this month at The Seawane Club in Hewlett. Among those attending were, from left, Soirée co-chair Wayne Lipton, board of directors co-chair Anthony Cancellieri, Soirée co-chair Jeff Gold, as well as honorees Felix Nazario, Rita Regan and Peter Cannuscio. Joining them were Mount Sinai South Nassau president Dr. Adhi Sharma, and Dave Bonagura, co-chair of the Mount Sinai South Nassau board of directors.

Soirée Under the Stars has strong return

Honored were Peter Cannuscio, Felix Nazario and Rita Regan at hospital fundraiser

STAFF REPORT

Just under \$700,000 was raised at the Sept. 17 return of Soirée Under the Stars at The Seawane Club in Hewlett.

The Mount Sinai South Nassau fundraiser was the first in-person gathering of this kind since the start of the coronavirus pandemic, and honored Peter Cannuscio, Rita Regan and Felix Nazario.

unds
will help
support the
hospital's \$400
million longterm strategic
growth initiative,
designed
to improve
services for
patients across
the South
Shore.

Cannuscio is executive vice president and chief operating officer of Axis Construction Corp., which has played a key role in a number of Mount Sinai construction projects in recent years, including the 60,000-square-foot multi-specialty medical office building in Wantagh, as well as the urgent care center in Long Beach.

A registered nurse, Regan is the hospital's patient experience and care coordination vice president. Nazario is the hospital's environmental services administrative director. Both were instrumental in the hospital's approach to Covid-19 during the pandemic, overcoming daily challenges to help keep both patients and staff members as safe as possible from the virus.

Funds will help support the hospital's \$400 million long-term strategic growth initiative,

designed to improve services for patients across the South Shore. That includes a new four-story patient pavilion — the J Wing — as well as the \$35 million medical arts pavilion in Long Beach, and the new Wantagh medical arts building.

The expansion of the hospital's emergency department will nearly double its size to accommodate more than 80,000 patient visits each year, and feature dedicated treatment areas for pediatric and behavioral health patients.





MOUNT SINAI SOUTH Nassau president Dr. Adhi Sharma, left, honored Peter Cannuscio, Rita Regan and Felix Nazario at this year's Soirée Under the Stars, which raised nearly \$700,000 for ongoing construction projects in Nassau County.

MARRIED BROADWAY STARS

Orfeh and Andy Karl entertained the guests gathered at The Seawane Club in Hewlett earlier this month for the Mount Sinai South Nassau Soirée Under the Stars. The event raised nearly \$700,000 for ongoing hospital construction projects in Nassau County.

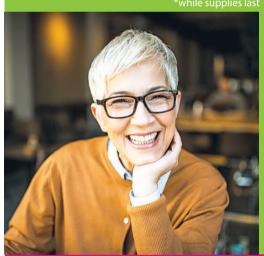


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Reframe your perspective

No, you're not too busy to focus on your health

t can feel like maintaining a healthy lifestyle is an overwhelming challenge that doesn't fit within the realities of daily life. It's tough to hold down a full-time job, eat well, keep up with that fitness regimen, make homemade green juice, spend quality time with your family/partner, and meditate daily.

Of course, healthy living can incorporate all of these things (if you want it to), but it doesn't have to be defined by grandiose displays of health and fitness.

If you've been struggling to get into a new and healthy routine, and/or break out of those pandemic-induced "bad habits," you're not alone. When we feel stressed or overwhelmed, we often start to neglect our basic needs, whether that means sleeping less or eating more junk food than usual. If this sounds like you, it might be time to go back to basics, whether that is drinking more water or exercising more.

So much of healthy living is really made up of small things we do daily — things that are so small they don't feel momentous, but that, done consistently over time, add up to produce big results. Consider implementing these tips into your wellness lifestyle.

Eat Chili Peppers

You might want to bring some spice to your life. A study found eating chili peppers was associated with a lower risk of cardiovascular disease. In addition, for the people who ate chili peppers.

In addition, for the people who ate chili peppers regularly, the all-cause mortality risk was 23 percent lower than those who didn't. Upping your intake can be as easy as sprinkling red pepper flakes or chili powder into your food.

Do Your Best To Stay Positive

Past research has shown being an optimist contributes to 11 to 15 percent longer life span, on average, and to greater odds of achieving "exceptional longevity" in this case, living to 85 years old or longer). While it's hard to stay positive all the time, making it your mission to cut down on pessimistic thinking can do you good.

Take At Least 4,400 Steps A Day

Taking 10,000 steps a day is kind of the gold standard in terms of health, but that's not always going to happen.

So rest assured: Research shows those who took at least 4,400 a day had a 41 percent lower mortality rate than those who took only 2,700 steps. But don't stop there: The benefits only grew up until 7,500 steps, where they plateaued. Also, when you do walk, walk quickly because another study found fast walkers tend to live longer.

Eat Like Japanese Centenarians

The residents of Okinawa, Japan, have the longest life expectancy in the world. Part of that is due to what they're eating, and seven prime foods stand out: bitter melons, tofu, sweet potatoes, turmeric, brown rice, shiitake mushrooms, and seaweed. Make them part of your repertoire for a long, healthy life, too.

Eat The Rainbow

Pick brightly-colored foods in the produce aisle. These are high in antioxidants (antioxidants remove free radicals in our body that damage our cells) and make a more appealing plate. Here are a few examples to look out for:

- White (bananas, mushrooms)
- Yellow (pineapples, mangoes)
- Orange (oranges, papayas)
- Red (apples, strawberries, tomatoes, watermelons)
- Green (guavas, avocados, cucumbers, spinach,leafy green, broccoli)
- Purple/Blue (blackberries, eggplants, , plums, prunes)

Limit Your Sugar Intake

It is no secret that sugar is linked to weight gain, diabetes, acne and even heart disease. We all love the occasional sweet snack to satisfy a craving, but according to a study done by Harvard, the average American consumes 22 teaspoons of hidden added sugar per day. Often these sugars are disguised in jarred tomato or pasta sauces, beverages, soups, prepped meals and dressings.

Try to be conscious of what you are putting in your body, and make healthy trades or substitutions if a product contains more than the AHA recommended daily amount of sugar (6 teaspoons). If you really enjoy sweets and don't want to give them up, consider a sugar alternative to help you enjoy your favorite snacks.

Photo: It's within our power to reset our routines and habits.

It's your time

Wellness doesn't have a beginning or an end

With the arrival of fall. those days of nesting and winter hibernation, along with the upcoming holiday overindulgence, are all rapidly approaching. This is the moment to refocus on your healthy lifestyle choices and incorporate any changes you may want to implement before you get sidetracked by the holiday season. In order to be successful with any plan, it is important to determine what your goals are if you're wondering how to make lifestyle choices.

Are you trying to avoid health problems, feel better, have more energy, take part in a sport, be able to play with your children or grandchildren, sleep better, decrease medications, live longer, or generally interest-



ed in how to be healthy? Whatever your reasons, once you've identified ways to be healthy, you will have an easier time sticking with it.

Focus on healthy lifestyle changes

Healthy weight management isn't about depriving yourself of calories. Consider what else you can do to help with you to live better. Are you exercising regularly? Getting a good night sleep? Engaging in other stress-reducing activities?

Stress is not your friend when you are trying to shed some pounds or inches, because it results in increased levels of the hormone, cortisol, which results in increased carb cravings which can negate these healthy lifestyle tips.

Set realistic and achievable goals

Setting unrealistic goals will only result in disappointment and may cause you to give up on your journey. If those "pandemic pounds" are still a nuisance and your goal involves pounds lost, one to two pounds weekly is a reasonable weight loss

Set one goal that has nothing to do with weight

For instance, you might want to fit into a particular article of clothing that has historically been too tight. Or maybe you want to keep up with your dog when you're out for a brisk walk — without getting winded. Goals focused around healthy living are more sustainable than those driven only by weight loss.

Engage in daily structured activities, including exercise

The more exercise becomes part of your daily routine, the easier it will be to get it done. If you have time, exercise first thing in the morning before you have time to come up with excuses.

Make healthy eating a daily activity

Healthy eating doesn't have to be boring — mixing up your meals is a big component to sticking with your program. Keep more fruits, vegetables, beans and whole-grain foods at home and at work. Focus on adding healthy food to your diet, plant-based as much as possible, rather than just taking unhealthy foods away. Keep in mind that restricting foods can cause good intentions to backfire. You do not need to be perfect, and you don't need to eliminate all the foods you enjoy. Make small changes over time. A healthy lifestyle includes nourishing both your body and soul.

Adopt new habits slowly

For instance, if you know you can't give up your morning latte, then try having it with non-fat milk and no flavoring. It might seem boring at first but in a few weeks, the old flavored latte would probably taste way too sweet. Once your taste buds get used to not having artificial sweeteners, naturally sweet foods will be more pleasing to your palate — and routine.

Photo: Maintaining a healthy lifestyle doesn't have to be a daunting task. Small steps can lead to big changes.

YOUR HEALTH — with a Focus on Wellness

Queens Long Island Renal Institute provides dialysis patients care, safety and convenience

he award-winning Queens Long Island Renal Institute focuses on care, safety and convenience for kidney dialysis patients in the New York metropolitan area. Located in the lobby level of Parker Jewish Institute for Health Care and Rehabilitation with its own entrance, the center provides care to Parker's residents and patients as well as to the general public.

Queens Long Island Renal Institute offers the finest quality of care, state-of-the-art technology and uncompromised dignity, in a bright, ultramodern and comfortable setting.

The center is a certified 5-Diamond Status Facility, and is recognized for its demonstrated commitment to quality improvement by building and promoting a culture of patient safety. To earn this status, dialysis facilities must apply for the recognition each year. They must complete the program's Culture of Safety module each year. A facility's entire staff - including dieticians, management, nurses, medical directors, social workers and technicians - must participate in the program in order to qualify.

Licensed by the New York State Department of Health, QLIRI is led by a dedicated, interdisciplinary team of experienced nephrologists and dialysis registered nurses, a



renal social worker, and a registered renal dietitian. The team is ready to meet the individual needs of dialysis patients and families, and provides individual and family health education, as well as nutritional counseling and social work services

QLIRI is outfitted with an in-center chronic hemodialysis. It features comfortable, state-of-theart, private treatment stations with personal TVs. There is also a homelike reception area with a large-screen TV as well as free wireless access. It accommodates stretchers, and offers valet parking.

"With Queens Long Island Renal Institute conveniently located in Parker's first-floor lobby, we continue to safely and comfortably meet the needs of our patients and residents, as well as members of the New York community who also benefit from our services," said Michael N. Rosenblut, President and Chief Executive Officer of Parker Jewish Institute for Health Care and Rehabilitation.

About Parker Jewish Institute for Health Care and Rehabilitation

Parker Jewish Institute for Health Care and Rehabilitation, which is headquartered in New Hyde Park, is a leading provider of Short Term Rehabilitation and Long Term Care. At the forefront of innovation in patient-centered health care and technology, the Institute is a leader in teaching and geriatric research. Parker Jewish Institute features its own medical department, and is nationally renowned as a skilled nursing facility, as well as a provider of community-based health care, encompassing Social Adult Day Care, Home Health Care, Medical House Calls, Palliative Care and Hospice.



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UHF Honors Parker Jewish Institute's Chief Medical Officer Igor Israel, MD, as a Quality Improvement Champion

arker Jewish Institute is proud to announce that Chief Medical Officer Igor Israel, MD, was honored recently by United Hospital Fund as a Quality Improvement Champion. Dr. Israel was recognized for his efforts to improve quality of care, patient safety, and the patient experience at Parker.

The fourth annual Tribute to Excellence in Health Care event was held in person at Cipriani 42nd Street in New York City, after two years of virtual events due to the Covid-19 pandemic. Dave A. Chokshi, MD, former Commissioner at the New York City Department of Health and Mental Hygiene, gave the keynote address.

Dr. Israel and his fellow honorees — physicians, nurses, physician assistants, pharmacists and a broad range of other health care workers — were each selected by a senior executive at their institution. They represent New York City, as well as Long Island, Westchester, the Hudson Valley, New Jersey, Connecticut, and Rhode Island, and were drawn from hospital systems, long-term care facilities, home care organizations, independent practice associations, federally qualified health centers, medical groups, and behavioral health organizations.



Parker Senior Vice President of Patient Care Services, Colleen Ariola; Senior Vice President of Nerken Center for Research Lorraine Breur; President & CEO Michael Rosenblut; Chief Medical Officer Dr. Igor Israel; Vice President of Corporate Engagement Lina Scacco; and Associate Medical Director Dr. Arpan Philip at the Tribute to Excellence in Health Care event.

"Today's celebration of health care excellence is part of UHF's broader work to build an effective and equitable health care system," said UHF president Anthony Shih, MD, in his opening remarks. "We have some of the best health care institutions in the world, many represented in this room, but we all recognize that we must relentlessly continue to improve

Parker Jewish Institute • (718) 289-2212 • Iscacco@parkerinstitute.org

Health memos are supplied by advertisers and are not written by the Herald editorial staff.

quality." The tribute was created to recognize and nourish this essential work, he said.

"Parker Jewish Institute is so proud of Dr. Israel, whose guidance, expertise and empathy complement our mission at Parker, where are team members are inspired every day to provide top-quality health care with dignity and compassion to our residents and patients," said Michael N. Rosenblut, Parker's President and CEO.

"I am honored to be recognized by the United Hospital Fund as a Quality Improvement Champion along with my esteemed peers in health care," Dr. Israel said. "Together, we are making a difference in the region."

Cary A. Kravet, a UHF board member and trustee of Northwell Health, was the event chair, and TD Bank was the Lead Sponsor of the Tribute.



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Weapons and drugs found at Nassau County jail

Bv MALLORY WILSON

Twenty inmates are under investigation at the Nassau County Correctional Facility after weapons and drugs were found in the jail in East Meadow.

The contraband was found during a raid as part of an operation to clean up the jail under the new leadership of Acting Sheriff Anthony LaRocco and Commissioner of Corrections Michael Sposato, a former county sheriff,

'I authorized (LaRocco) to conduct a shakedown in the correctional facility to be sure that the facility was safe from any weapons, drugs or other contraband,' Blakeman said outside the jail on Sept. 14. "The results of the raid were startling."

Corrections officers conducted the raid, called "Operation Clean Slate," and uncovered books with weapons made in the jail hidden inside, a black ceramic straight-edge razor blade with the glove used to make it, two X-Acto razor blades, assorted paper laced with synthetic cannabinoids, and possible narcotics. Assorted pills were found along with a jail-made bat, a lighter, and numerous other items.

"This is unacceptable, and will not be tolerated as long as I am sheriff," LaRocco said. "My number one priority will be to keep inmates and our officers safe."

Blakeman admitted that the officials were shocked by the amount of contra-



BLAKEMAN, SECOND FROM right, with officials from the Nassau County Correctional Center, displayed the contraband that "Operation Clean Slate" turned up in the jail. Items included weapons and drugs.

band found.

LaRocco announced that an ongoing investigation would be conducted to determine how the contraband was smuggled into the correctional center, and those responsible will be held accountable. Blakeman pointed out that the incident has been handed to the Nassau County Police Department's Third Squad for an investigation.

There's no protocol in place at the jail stating how many raids or sweeps are to be conducted, but no one at the facility knew when the last one had been con-

ducted.

Sposato, sheriff of the center for 10
years before being replaced by Vera
Fludd has a long track record with sev-Fludd, has a long track record with several concerns including correctional facility safety issues and inmate health-

Blakeman said when he first came into his position of county executive in January 2022, that there were three things of "paramount concern," to him. One being the security of the facility to protect the surrounding community and the county, the safety of the corrections officers, and three being the humane treatment of the prisoners that were charged to guard.

He said he believes the new team he put in position will make sure his goals

"Now with cashless bail," Blakeman said, "we are seeing less prisoners in our iails, but much more violent prisoners and therefore, we have to do a better job."

New York State's bail reform law passed in 2020 called for the release of most non-violent criminal defendants while they await trial or a plea deal. Blakeman has been vocal about his dislike of the bail reform law, and in January, signed an executive order requiring the county Police Department to issue daily reports with pending criminal case data and the bail status of those rearrested.



HERALD NEIGHBORS



AFTER THE SOFTBALL game, the Glen Cove Fire and Police departments joined in to celebrate the end of the game and practice good sportsmanship.

Tab Hauser/Herald

Friendly competition at Guns vs. Hoses game

he Glen Cove Fire
Department won the
annual Guns vs. Hoses
softball game on Sept. 9
against the Glen Cove Police
Department in a 17-16 win.

The annual event, which was a nail-biter was played at the John Maccarone Memorial Stadium.

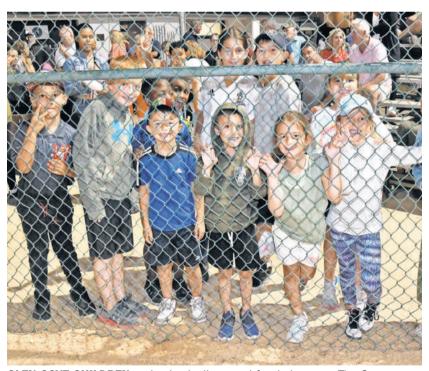
The night's events also included the United States Merchant Marine Academy Color Guard, who rendered their regimental colors while marching for the game's opening.

Before the game commenced, Shye Roberts, a senior at Glen Cove High School, sang her rendition of the "National Anthem."

The annual event is a great opportunity to enjoy time with family and friends, and to support Glen Cove's first responders.



SOFIA PAOLILLO ATTENDED her first Guns vs. Hoses game with her father, Chris Paolillo, who played for the Glen Cove Police Department.



GLEN COVE CHILDREN enthusiastically rooted for their teams. The Guns vs. Hoses softball game is a family-friendly event.

Shoot-out do your knee in? We've Got Specialists





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04 40

STEPPING QUE

ONZZIM up the joint

A new season of tunes at the Madison Theatre

Il the right notes and then some. The stage is set for the latest edition of the Madison Theatre's popular jazz series. This year's lineup, as always, includes both returning favorites and newcomers who are sure to keep that vibe grooving along.

"Our jazz series is always special for us," says Artistic Director Angelo Fraboni. "We're one of the only venues on the island to do smooth jazz and our audience and musicians love to be here. They love our venue — the way it's laid out, the acoustics and sound system. It's a comfortable setting for jazz. We all have a great time."

And the jazz world has taken notice. The "jazz groupies," as Fraboni describes his patrons,

come from all over — as far away as Texas and California. "They fly in for these shows and we make sure they have a fabulous experience."

This season is highlighted by the return of the Grammy-winning sax player Gerald Albright (Oct. 8) and the sax-flautist Kirk Whalum (Nov. 19), along with the acclaimed saxophonist-bandleader Branford Marsalis (Jan. 20) and the genre-defying Boney James (April 7).

"Gerald Albright is a world-class player," Fraboni enthuses, who has recorded numerous

Madison Theatre, Mollov

University campus, 1000

MadisonTheatreNY.org

or call the box office at

Hempstead Ave.,

Rockville Centre

Oct. 8-April 7

For tickets, visit

(516) 323-4444

successful solo albums when he isn't busy assisting an impressive roster of popular R&B artists.
"Top to bottom," Albright says,
"Whether in concert, listening to my music over the radio or CD player, I always want my listeners to see on a musical journey with different

be taken on a musical journey with different textures, rhythms, chord progressions and moods. I want people to know where I've been and where I'm going, and to let them hear that I'm in a really good place in my life." Kirk Whalum is a familiar presence on the

Madison stage with his gospel concerts. "He's a popular mainstay here," Fraboni says. "He always brings something different every time. In a career spanning decades, Whalum has a sound that is uniquely his; it is a sound that leaves an indelible imprint on the listener.

And at long last Fraboni welcomes Branford Marsalis. As he puts it: "Branford is Branford — what more is there to say!" His appearance here has been over three years in the making, delayed by the pandemic and inclement weather last year. "I've been wanting to get him here since I first came to Molloy (as artistic director). I'm very excited to finally have him come."

The "rock star of the smooth jazz world," according to Fraboni, Boney James is a fitting finale to the concert series. "Boney is a showman from head to toe." One of the most successful instrumental artists of our time, James has accumulated numerous awards and recorded 17 albums, all the while



Boney James



Gerald Albright



Kirk Whalum



Branford Marsalis Quartet

continuing to defy genres. "I firmly ascribe to the concept that music is 100 percent subjective," he says. "If you're hearing music and it sounds good and beautiful to you, then that makes it beautiful. It's all within the listener. It's not important for other people to tell you how they react."

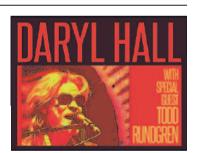
Karen Bloom



Rufus Wainright

One of the great vocalists, songwriters, and composers of his generation, Rufus Wainwright is on tour with songs from his Grammynominated "Unfollow the Rules," his first non-operatic album in eight years. Considered the bookend to his debut album (that garnered him Best New Artist by Rolling Stone in 1998), it's seen as a summary and climax of all his previous albums, a work of true maturity, met with great critical acclaim. Long lauded for his sophistication and wit, he's now working at the peak of his powers, his music guided by passion, honesty, and a newfound fearlessness, according to his peers. Expect a glorious mixture of deep emotion, drama, wit, solace, uplift, entertainment and absolute musical bliss, a journey that not many artists can take vou along on

Friday, Sept. 30, 8 p.m. \$80, \$68, \$58. Jeanne Rimsky Theater at Landmark on Main Street, 232 Main St., Port Washington. (516) 767-6444 or LandmarkOnMainStreet.org.



Daryl Hall

A special pairing is fit for a special concert. Daryl Hall is joined by an old friend, special guest and fellow Rock and Roll Hall of Famer, Todd Rundgren, for Tilles Center's Gala 2022 performance. Hear tunes from Hall's first-ever solo retrospective album, "BeforeAfter," plus some Hall & Oates classics. Taken as a whole, BeforeAfter draws unexpected and satisfying connections between the esoteric and accessible sides of Hall's creativity. Hall is a modern-day renaissance man, an inductee into the Rock and Roll Hall of Fame with the bestselling duo of all time, the star of his very own award-winning web series-turned-TV staple, "Live from Daryl's House," as well as a successful venue owner with Daryl's House, a restored music space in Pawling, N.Y.

Saturday, Oct. 1, 8 p.m. \$375, \$255, \$175, \$129, \$99. Tilles Center for the Performing Arts, C.W. Post Campus, Rte. 25A, Brookville. (516) 299-3100 or TillesCenter.org. September 29, 2022 - GLEN COVE HERALD

HESCENE





Masters of Illusion

Enter the magical world of illusion at NYCB Theatre at Westbury, 960 Brush Hollow Rd., Westbury, with the Masters of Illusion, Sunday, **Oct. 9,** 8 p.m. This 21st century magic show is unlike anything you have seen before. Watch closely as you experience things that just can't be done ... or can they? Cutting-edge illusionists Dan Sperry, Michael Turco and Naathan Phan perform sleight-of-hand, perplexing interactive mind magic,

hilarious comedy, dangerous escapes and large scale illusions that baffle and astound their audience. For information/tickets, visit TheTheatreAtWestbury.com or LiveNation.com or call (516) 247-5200.

GCFD Blood Drive

The Glen Cove Volunteer Fire Department encourges all to donate at its Blood Drive, Friday, Sept. 30, 2-8 p.m., 10 Glen Cove Ave. For appointments visit nybc. org or walk in; for info call Pete Prudente at (516) 606-0014.



Deep Roots Farmers Market

Find all sorts of goodies at the Deep Roots Farmers Market, weekly, 100 Garvies Point Rd., Glen Cove. Enjoy more than 30 vendors featuring local organic produce, eggs, honey, breads, sweets, fresh pastas, prepared food and more, plus weekly guest art and craft vendors.

Ouartet de Rock & Roll

Go on a musical adventure with a musical history of rock & roll, at North Shore Historical Museum, Thursday, Sept. 29, 140 Glen St., Glen Cove, To buy tickets, visit nshmgc.org.



Veterans meet

The Gus Scutari Veterans of Foreign Wars Post 3694, located at 20 Queens Street in Syosset, invites all eligible veterans to join them for their monthly meeting at 7:30 p.m. Veterans are also encouraged to reach out if in need, and for any questions call (516) 921-7956.



St. Francis Hospital **Outreach Bus**

St. Francis Hospital brings its outreach buys to the Bayville Free Library's parking lot, 34 School St., Friday, Sept. 30, 10 a.m.-2 p.m. Obtain a free health screening, including a brief cardiac history, blood pressure, and a simple blood test for cholesterol and diabetes for adults 18 and older. Free flu shots will be available, although Covid-19 vaccines will not. No appointment necessary. For questions contact Kristy Fumante at (516) 628-2765.









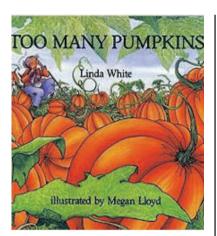
Art talk

Grab your lunch and join Nassau County Museum of

Art Docent Riva Ettus for her popular "Brown Bag Lecture" live, via Zoom, **Thursday, Oct. 13,** 1 p.m. She'll discuss the current exhibition, "Other Worlds than This: The Supernatural in Art." Participants are invited to ask questions at the end of the program. Register at least 24 hours in advance to receive the program Zoom link. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. (516) 484-9337 or NassauMuseum.org.

Storybook Stroll

Bring the kids to Old Westbury Gardens for a storybook adventure, Saturday, **Oct. 1**, 10:30-11:30 a.m. Stroll the gardens and listen to Linda White's "Too Many Pumpkins." Later create a unique take home craft. For ages 3-5. Old Westbury Gardens, 71 Old Westbury Rd., Old Westbury. For information visit OldWestburyGardens.org or contact (516) 333-0048.



Glen Cove's Great Garage Sale & Craft Fair

Find treasures or just browse at the the city's Garage Sale event, Saturday, Oct. 1, 9 a.m. to 2 p.m., at Pryibil Beach Parking Lot on East Beach Road. To become a vendor or for any questions, call Rose Melillo of Public Relations, Office of the Mayor of the City of Glen Cove at (516) 676-2004.



Friends of the Library open house

Join the Friends of the Glen Cove Library for an open house, Thursday, Oct. 20, 4-8 p.m., at 4 Glen Cove Ave., in Glen Cove, Meet current members and learn what the Friends do. The event includes music, refreshments, a slide show of Glen Cove history, tours of the Library's History Room, as well as a 'Meet the Author,' featuring Glen Cove author Belinda Celis Basaca, who will discuss her book, "Mom, I Wanna Be a Fighter."

Dog Show

Dog lovers are encouraged to visit Planting <u>Fie</u>lds Arboretum, at 1395



Planting Fields
Rd., in Oyster
Bay, for a canine
event, hosted
by the Westbury
Kennel

Association Sunday, Oct. 2, 8 a.m. to 5:30 p.m. Watch numerous breeds vie for American Kennel Club championship titles. Wellbehaved, on-leash, family dogs are



welcome. Doggie U K9 Academy instructors will offer guided agility run-throughs for inexperienced dogs to try, Plus canine obedience and trick demos, vendors with pet-related merchandise, guided show tent tour, education booth, raffle prizes and food concessions. For more information, call (516) 922-3541.



'Guys and Dolls'

Plaza Theatrical 's fall season offers Broadway at its show-stopping best, Thursday, **Sept. 29**, 2 p.m.; Saturday, **Oct. 1**, 7:30 p.m.; Sunday, **Oct. 2**, 2:30 p.m. Also continuing **Oct. 6-9**. Hailed by many as the perfect musical comedy, this Tony-winning favorite follows a rowdy bunch of gamblers, gangsters, and sassy showgirls in a wild game of chance in bustling 1950s Manhattan, performed at Plaza's stage at the Elmont Library Theatre, 700 Hempstead Tpke., Elmont. \$49, \$45 seniors. Elmont. For tickets, call (516) 599-6870 or visit PlazaTheatrical.com.

Having an event?

Items on The Scene page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to thescene@liberald.com.



Long Island's Top Lawyers honored by Herald

Benefits are more than just professional, but also community

By MOHAMED FARGHALY

mfarghalv@liherald.com

eserving attorneys from across the region gathered in Bethpage on Sept. 13 to be honored at the third annual Top Lawvers of Long Island.

Spearheaded by RichnerLive — the events division of Richner Communications and Herald Community Media lawyers were awarded for their achievements in a wide range of fields, including bankruptcy, estates and trusts, business and commercial litigation, criminal, cyber security, divorce mediation, elder law, education, emerging companies and venture capital, environmental, franchise law, government relations, taxes, and real

Maria Girardi, an associate with Jaspen Schlesinger LLP, says she finds success thanks to the access she has to senior attorneys in the firm, providing invaluable wealth of experience.

Christine-Marie Lauture, owner and managing attorney of Lauture IP PPLC, was a first-time attendee earning her first Top Lawver award.

"It's nice to be recognized on Long Island," Lauture said.

'When people think of New York, thev always think of Manhattan, So, it's good to have a wide variety of practice areas of amazing attorneys out here on Long

Amy Amato, executive director of corporate relations and events for Richner, expressed gratitude to the nearly 250 attendees.

A portion of the ticket proceeds were directed towards the Nassau County Bar Association, the go-to source for legal advice and services for both the legal and local community in Nassau and the Feal-Good Foundation

The event itself was led by lifestyle television personality Judy Goss, who was joined on stage by retired Herald publisher Cliff Richner.

"On behalf of my brother and myself, I want to thank you all for being part of this special evening where we celebrate the achievements of the Long Island law community," Cliff Richner said.

chief executive Stuart Richner.



Tim Baker/Herald photos

TOP LAWYER HONOREES enjoying dinner during the awards ceremony with friends, family and loved ones.

where we recognize many of Long Island's best and brightest legal professionals who have excelled in their areas of practice," Stuart Richner said, after the event. "But to them, it's not just practicing their craft, It's giving back to their communities every way they know how. And that's what this night is all about."

Jared Behr, an associate at Salenger Sack Kimmel & Bavaro LLP, was awarded a rising star in the legal community.

"What exemplifies a lawyer who wins an award like this is someone with a bit of altruism," Behr said. "You need to think that you are working to do good every day, and have a lot of dedication to the people you are trying to help.

Another Top Lawyer award went home with Alyson Bass of Bass & Associates of NY PLLC, for her dedication to meeting the legal needs of the Long Island community she served for more than 16 years.

It's a wonderful networking event and I'm honored to be recognized and supported for the work we do at the firm, said Donna-Marie Korth, Partner Certilman Balin Adler & Hyman, LLP.





DONNA-MARIE KORTH OF Certilman Balin Adler & Hyman LLP standing with Cliff Richner during the cocktail hour. Guests enjoyed 'Legal-tinis' and appetizers.

SARA DIRECTOR OF Barasch & McGarry receiving her special award in the category Lawyers for the 9/11 Community. As a 9/11 survivor herself, Director provides unique insight and compassion toward their clients.

Top Lawyers of Long Island **sponsors**

The third annual Top Lawyers of Long Island from RichnerLive was sponsored by:

- Grassi Advisors and Accoun-
- Greenberg Traurig LLP
- Certilman Balin Adler and Hyman LLP
- Jaspan Schlesinger LLP
- Barasch and McGarry-Lawyers for the 9/11 Community
- Vishnick McGovern Milizio
- Ruskin Moscou Faltischek PC
- Salenger Sack Kimmel and Bavaro LLP
- Nixon Peabody,
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- Tully Law Group
- Mejias Milgrim Alvarado and Lindo PC
- Quatela Chimeri PLLC
- Olive It Boutique
- Supreme Judicial Services

Community Media, RichnerLive at annual event



Tim Baker/Herald photos

JARED BEHR OF

Salenger, Sack, Kimmel & Bavaro LLP and guests strike a pose on the patio during the networking hour.

JOHN MCENTEE
FROM Greenberg
and Traurig LLP
poses with his
crystal award in
between Cliff
Richner and host
Judy Goss.
McEntee has
been selected to
head up the
Greenberg and
Traurig LLP Long
Island office.





CLIFF RICHNER AND Host Judy Goss pose with Bernard McGovern and Morris Sabbagh from Vishnick McGovern Milizio LLP. Vishnick McGovern Milizio LLP won Top Law Firm (11-50 Employees).

Top Lawyers of Long Island honorees

Winners of Top Lawyers of Long Island from RichnerLive and Herald Community Media included:

- Alyson Bass of Bass & Associates of NY, PLLC
- Jared S. Behr of Salenger, Sack, Kimmel & Bavaro, LLP
- Roy W. Breitenbach of Harris Beach PLLC
- Donna-Marie Korth of Certilman Balin Adler & Hyman, LLP
- Andrew S. Lewner of Westerman Ball Ederer Miller Zucker & Sharfstein, LLP
- Adam Uris of Townsend, Mottola & Uris Law
- Erika L. Conti of Sahn Ward Braff Koblenz PLLC
- David L. Mejias of Mejias, Milgrim, Alvarado and Lindo, P.C.
- Alissa L. Van Horn of Van Horn & Friedman, P.C.
- Jennifer B. Cona of Cona Elder Law PLLC
- Michael Ettinger of Ettinger Law
- Sima Ali of Ali Law Group, PC
- Tara Daub of Nixon Peabody LLP
- Ruth B. Kraft of Vigorito, Barker, Patterson, Nichols and Porter, LLP
- Sami Groff of Nixon Peabody
- Jay Silverman of Ruskin Moscou Faltischek, P.C.
- Christine-Marie Lauture of Lauture IP, PLLC
- John McEntee of Greenberg Traurig Long Island Office
- Rondiene E. Novitz of Cruser, Mitchell, Novitz, Sanchez, Gaston & Zimet, LLP
- Joseph A. Quatela of Quatela Chimeri PLLC
- Timothy Sini of Nixon Peabody
- Jon A. Ward of Sahn Ward Braff Koblenz PLLC
- John J. Fellin of The Law Offices of John J. Fellin, PLLC
- Morris Sabbagh of Vishnick McGovern Milizio, LLP

- Natascia Ayers of The Law Office of Natascia Ayers
- Jason A. Greenberg of Law Offices of Jason A. Greenberg, PC
- Philip J. Rizzuto of The Rizzuto Law Firm
- Asaf A. German of The Law Office of Asaf German, PC
- Karen J. Tenenbaum of Tenenbaum Law. P.C
- Andrew M. Cohen of Law Offices of Andrew M. Cohen
- Ilana F. Davidov of Davidov Law Group
- Candace Dellacona of Offit Kurman Attorneys at Law
- Brian A. Tully of Tully Law Group, PC
- A. Thomas Levin of Meyer, Suozzi, English & Klein, P.C.
- Ronald J. Rosenberg of Rosenberg Calica & Birney LLP
- Michael H. Sahn of Sahn Ward Braff Koblenz PLLC
- Sara Director of Barasch & McGarry
- Bernard McGovern of Vishnick McGovern Milizio, LLP
- Joseph G. Milizio of Vishnick McGovern Milizio. LLP
- Veronica Renta Irwin of Supreme Court, Nassau County; Long Island Hispanic Bar Association; Nassau County Women's Bar Association
- Maria Girardi of Jaspan Schlesinger LLP
- Chad J. LaVeglia of Law Office of Chad J. LaVeglia PLLC
- Alyssa L. Zuckerman of Lamb & Barnosky, LLP

These firms also were honored:

- Vishnick McGovern Milizio, LLP
- Sahn Ward Braff Koblenz PLLC
- Nixon Peabody LLP
- Jaspan Schlesinger LLP

To learn more about the honorees, and to see more pictures, visit RichnerLive.com/toplawyerawards



THE WEEKLY LIST:

STAY PHYSICALLY AND MENTALLY FIT WITH LONG ISLAND'S BEST FOR SENIORS

Nominations are now open! Visit www.lichoiceawards.com from September 15 - October 9 to nominate your favorite businesses for 2022! Nominate once a day per email address.

BEST 55+ COMMUNITY:

Country Pointe - Plainview Charles B Wang Blvd, Plainview (516) 614-4657 www.beechwoodhomes.com

Whether you find yourself in a villa, condominium suite or townhouse, you'll find comfort and excitement. These abodes are designed to enhance life by offering a myriad of dynamic amenities. From hitting the courts to play tennis, bocce or pickleball, taking laps in one of two heated pools, swim lanes or relaxing in the oversized hot tub, there will never be a dull moment. Visit the poolside bar or the Countryside shops for convenient necessities and culinary experiences.

BEST LOCAL PHARMACY DRUG STORE:

Picker Pharmacy 18 Atlantic Ave, Lynbrook (516) 599-0079 Call or Visit Directly

Picker Pharmacy is the local retailer of Neema Pharmacy Inc. that provides medical supplies and equipment that accepts medicare. The pharmacists store, prepare and dispense medical preparation and/or prescriptions for local patients with care. They provide other professional services such as health screenings, education classes, disease state management and collaborative practice.

BEST HEARING AID CENTER:

Hearing Center of Long Island 46 Rockaway Ave, Valley Stream (516) 872-8485 www.hearingcenterofli.com

The doctors and staff at the Hearing Center of Long Island take a unique approach to treating hearing loss and tinnitus by implementing their five core values when evaluating their patients. They ensure that they are evolving with the advancement of technologies, skills and techniques so they provide the best results possible. They also educate their patients on the effects of untreated hearing loss.

BEST ASSISTED LIVING FACILITY:

Maple Pointe at Rockville Centre 260 Maple Avenue, Rockville Centre (516) 764-4848

www.chelseaseniorliving.com

Maple Pointe has been providing a comfortable, safe and secure home for over 30 years for those who may need the extra hand pursing daily activities and tasks while maintaining an independent atmosphere. Offering personalized support within a nurturing environment, freedom of choice and individuality through exercise, wellness activities, memory coaching, spiritual activities and worship and much more to promote healthy physical and mental health.



BEST PAIN MANAGEMENT:

Pain Management of Long Island Multiple Locations (833) 660-7246 www.paininstituteli.com

The key to the Pain Management of Long Island is balance. Their regimen is tailored for each individual, combining traditional with state-of-the-art minimally invasive treatments. While staying up-to-date with the ever changing technology, equipment and techniques to combat your pain. The staff of expert and kind doctors strive to bring advancements and innovative alternatives to treat chronic pain.

BEST NURSING HOME:

South Shore Rehabilitation & Nursing Center 275 W Merrick Road, Freeport (516) 623-4000

www.southshorerehab.net

This facility made for sub-acute services and long-term care, has been around for over 60 years providing quality care to their patients. The staff like to keep up-to-date with medical advancements so they can provide optimal care to the ever changing needs of their patients. The center also opened the first sub-acute respiratory and ventilator-weaning units, which has returned hundreds of patients who were thought to be ventilator dependent for the rest of their lives.

BEST MEDICAL SUPPLY:

Health Mart Pharmacy
29 Atlantic Ave, Freeport
(516) 377-4050
www.healthmartpharmacyfreeport.com

Health Mart offers durable medical supplies and equipment from wheelchairs and walkers to orthopedic braces and supports and daily living aids. They provide free hyper local delivery and shipping that way you can receive the care you need at your convenience within the comfort of your home. Easy prescription filling, set reminders and more through their free app as well.

BEST ELDER LAW ATTORNEY:

Stephanie D'Angelo, Esq. D'Angelo Law Associates, PC 901 Stewart Ave #230 (516) 222-1122 www.dangelolawassociates.com

With over 30 years of legal experience and passion to work, D'Angelo Law Associates has grown to become a strong law firm with long-lasting client relationships that span across generations. Their belief in a truly customized approach while identifying short and long term needs makes sure that each client achieves their goals. They offer estate planning and administration, working with executors, administrations and trustees to oversee each step.



A more
MODERN grid
for greater
RELIABILITY







Photos courtesy Peter M. Budraitis

CHILDREN WAITED PATIENTLY for their turn to play in one of the inflatables at the fall festival.



THERE WERE PLENTY of carnival games for all ages, which were popular at the event. Some people even went home with a prize.

ON THE ROAD WITH A TAKEOUT QUEEN

Obsessions to go

CATHI TUROW

ince I avoid cooking whenever possible, I love when I taste an amazing new dish in a restaurant and want to eat it again and again. That way, when it's time to hop in my car and grab a meal, I don't have to think about where I want to go. I just make a beeline to the restaurant with the dish I'm obsessing with. This month, I found opening and reopening eateries plus new goodies

on menus. Each place has a dish I'm obsessing with. Here are four opportunities to try deliciously addictive takeout.

■ Roslyn Seafood Gourmet (444 Willis Ave., Roslyn Heights) It's back! This fish market has a huge following. When it closed its doors in 2020 for a renovation that was supposed to take a month or so, who knew it would reopen

17 months later? Now it's back with the freshest fish ever, plus side dishes including mushrooms stuffed with fresh crabmeat. I'm obsessed with the fully cooked salmon burgers. I eat so many every week, I'm surprised my skin hasn't turned hot pink. Last week, I noticed a gorgeous slice of uncooked salmon that seemed to call out, "Take me home!" I did, and over-cooked it until it was rubbery. Still, it was delicious. How was that possible? I asked the son of the seafood shop owner. He told me his father buys all the fish for the store and he's meticulous about quality. If a type of fish is delivered that isn't fresh, he'll send it right back. Works for me!

■ Pascucci Deli (602 Cliff Ave., Sea Cliff) This new deli, across the street from North Shore High School, is a perfect place for students, teachers and everyone

else to grab meals to go. There are wraps, meat, chicken and pasta dishes, granola parfaits, freshly made breakfasts, and sandwiches with names like "The Freshman" and "The Sophomore." I'm in love with the teriyaki chicken nuggets. I could eat those crispy little fried guys in light teriyaki sauce every day for the rest of my life. Also try the huge cookies with monster-sized chocolate chips sitting next to the cash register.



chocolate goo. There's a cannoli parfait too or create your own version with any cake in the shop.

■ Sea Cliff Shave Ice (247 Sea Cliff Ave., Sea Cliff) After hiking up the hills in Sea Cliff, there's nothing more refreshing than a cup of Sea Cliff Shave Ice. The great news is the shop will remain open through Halloween. Favorite fall flavors such as Cinnamon Apple Crisp, Pumpkin Spice Latte and Butter Pecan Pie are back. Plus, there's a new flavor I'm in love with: Peppermint Patty. It's made with mint chocolate flavor, vanilla ice cream, a snow cap, chocolate chips and York candy.

That's all for now. It's time to pick up a salmon burger. See you next month!

Cathi Turow can be reached at: cturowtakeout@gmail.com

Family Fall Festival great fun

The first Glen Cove Fall Family Festival, hosted by the Glen Cove Chamber of Commerce on Sept. 24, was a big success. Hundreds of people, including many families came out to enjoy the free event that was at Simpkins Park in Garvies Point.

Under sunny skies children could be found enjoying the bounce house and other inflatables that included a slide, while other festival goers played the many carnival games with some taking home a prize. And there were many venders there too offering a variety of unique items.

Everyone appeared to be having a great time so much so that the chamber has begun planning next year's festival.



PLEASE TAKE NOTICE THAT the Glen Cove City Council adopted the following Ordinance at the City Council Meeting of September 27, 2022:
BE IT ORDAINED, that Sec. 265-46. Schedule XIV: Parking Prohibited Certain Hours of the Code of Ordinances as it

relates to Dickson Street and Garvies Point Road, is hereby amended as follows Remove

Name of Street

Hours/Days Location From 11:00 P.M. to 6:00 A.M., All days; all vehicles are prohibited except Garvies Point Road Both authorized vehicles with boat trailers and stickers.

Name of Street Hours/Days

Dickson Street 2:00 a.m. to 5:00 a.m./All From a point 104 feet North of Herb Hill Road to a point 640 feet therefrom

Garvies Point Road Both 2:00 a.m. to 5:00 a.m./All days; all vehicles are prohibited except authorized vehicles with boat trailers and stickers.

This Ordinance shall take effect 3 days after publication

Tina Pemberton

City Clerk 134424

LEGAL NOTICE

PLEASE TAKE NOTICE THAT the Glen Cove City Council adopted the following Ordinance at the City Council Meeting of September 27, 2022:

BE IT ORDAINED, that Sec. 265-49. Schedule XVII: Time Limit Parking of the Code of Ordinances as it relates to Garvies Point Road, is hereby amended as follows: Add:

Name of Street Time Limit; Hours/Days Location

Garvies Point Road 45 feet therefrom 30 Minutes/All From a point 536 feet West of Herb Hill Road to a point

This Ordinance shall take effect 3 days after publication.

Tina Pemberton City Clerk 134423

LEGAL NOTICE PLEASE TAKE NOTICE THAT the Glen Cove City Council adopted the following Ordinance at the City Council Meeting

PELSE TAKE NOTICE THAT the Gleff Covering Council adopted the following Graniance at the City Council Meeting of September 27, 2022:

BE IT ORDAINED, that Sec. 265-51. Schedule XIX: Loading Zones of the Code of Ordinances, as it relates to Dickson Add:

Name of Street Time Limit; Hours/Days

From a point 60 feet North of Herb Hill Road to a point Dickson Street 44 feet therefrom

This Ordinance shall take effect 3 days after publication.

Tina Pemberton

City Clerk

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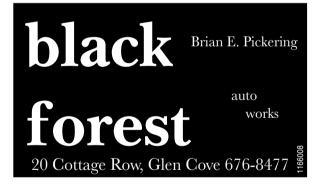


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OPINIONS

Why we need to go back to the moon

es, there are huge

problems here

on Earth, but

we have to

muti-task.

hy do we have to go back to the moon? Ever since NASA started trying, unsuccessfully so far, to launch its unmanned Artemis I spacecraft, which is supposed to explore some regions of the moon, lots of voices have been heard decrying the effort. It's too expensive, they say. We did that already. What's to

JAMES BERNSTEIN

billion.

be gained? We have other priorities here on Earth.

Those are challenging questions. We put a dozen astronauts on the moon in six missions between 1969 and 1972, and we spent about \$25 billion doing so. In today's dollars, that's about \$250

For those who were around on July 20, 1969 — the day Neil Armstrong stepped onto the surface of another world for the first time in human history — it may be hard to understand why we wouldn't want to relive that glory. And glory it

may be, but we must deal with some of

the issues raised by the naysayers.

One of them, perhaps the most important, is priorities. The Earth's climate is in desperate trouble, beset by life-threatening heat waves, melting polar ice caps and drying lakebeds. Pollution is so

dense in some Asian cities that people are forced on many days to wear masks or stay at home. Couldn't billions of dollars be better spent combating climate change?

Yes, money could, and must, be spent for that purpose, and soon, too. But we have to multi-task. While we must legislate against air-polluting companies and work cooperatively with our largest competi-

tor, China, to bring environmental order to our plant — and at the same time battle those who claim that it's all a hoax — we must move forward, as we always have, ever since we invented the wheel.

Once Artemis I gets off the ground, some exciting missions are ahead. A manned lunar fly-by, Artemis II, may come as soon as 2024. The first manned landing, Artemis III, might happen as early as 2025. And this time we won't

just plant a flag on the moon and say, "We did it."

One of the biggest reasons for a return to the moon is that it will serve as a steppingstone to Mars. We are already examining some rocks that could con-

tain clues to the presence of some kind of microbial life on Mars. Human inspection of those rocks could provide some extraordinary insight into the origins of life in the universe.

Could Mars one day be made habitable by humans? We won't find that out unless we go there. We should remember that the rock samples brought back from the moon by the

Apollo astronauts told us much about the moon's geological history, including its physical and chemical makeup.

A narrower goal may be found on the moon itself. NASA has announced 13 potential landing sites, all in the moon's South Pole region. NASA scientists say that ice has been confirmed inside craters that never see any sunlight. We all know that where there is water, frozen or otherwise, there may be, or may have

been, life.

Those sites "are some of the best places to go for lunar geology and understanding lunar ice," Bethany Ehlmann, associate director of the Keck Institute for Space Studies at the California Institute of Technology, told National Public Radio recently.

Our Apollo missions all led to new technologies in electronics, aerospace and medicine. A more advanced program focused on returning to the moon, with an eye toward reaching Mars, is bound to lead to even more such advances.

A NASA study from 2013 estimated that commercial products that have emerged from the space agency's research return between \$100 million and \$1 billion annually to the U.S. economy. Many of those had their origins in the Apollo program.

Lastly, but by no means least important, re-energizing our moon/Mars efforts is going to inspire thousands of young people to become engineers, technicians, lunar geologists and astronauts. What an exciting future they face. But we must get going first.

James Bernstein is editor of the Long Beach Herald. Comments? Jbernstein@ liherald.com.

When Nazis killed 6 million, where was America?

e could have

done more, and

saved lives. We

need to own

our history.

implore readers to watch the new six-hour, three-part series on PBS, "The U.S. and the Holocaust," by Ken Burns, Lynn Novick and Sarah Botstein. Please find time to see this series, and bring your teenagers along. Make it a teaching moment.

After 70 years, you might think there's nothing new to say about the horror of 6



RANDI KREISS

but the horror of 6 million Jews killed by a political regime intent on wiping out an entire people. However, this TV series shifts the lens and explores the story of America's inaction as the Holocaust

surged in Europe.
A few remaining survivors of the death camps

speak to the camera and remember the moments that their parents sent them away or hid them in the woods or gave them a hug goodbye that turned out to be forever. The story is especially painful through the eyes of those kids who lived through unthinkable sorrow and now are old men and women who calmly speak of the days when mothers and fathers were rounded up by Nazis and taken to extermination camps. The only reason was that they were Jewish, and

Germany, under Hitler, embraced ancient anti-Semitic tropes, demonizing the Jews and targeting them for elimination.

What did the United States know, and when did it know it? I asked my own parents, who were in their 20s during World

War II here in America, and they said they knew nothing about the death camps until the end of the war. But ample evidence exists that the American government at the time, under President Franklin D. Roosevelt, saw the aerial photographs of the deportation trains and the camps.

The Burns documentary demonstrates that the deeply rooted antisemitism that existed in Europe for gener-

ations was alive and gathering strength in the U.S. during the 1920s, '30s and '40s. Celebrities like Charles Lindbergh and Henry Ford, and political leaders like Calvin Coolidge — who ran on the slogan "America must be kept American" — were openly antisemitic. Religious leaders like Father Charles Coughlin preached hatred and racial separation from the pulpit. We may know this history, but seeing the contemporaneous newsreels and photos reveals the anti-Jewish sentiment that was gaining traction among the American people.

The documentary works on several levels, resonating today, as American politicians shuffle immigrants around the country like political chess pieces.

One review stated, "Burns' film . . . connects our nation's history of antise-

mitic bigotry to the racist immigration legacy that Republicans are establishing in the present. It is, at once, a window into the past and a mirror showing present-day America an ugly reflection of who we

Another review, at MSNBC.com: "In (Coolidge's) slogan, we can hear the roots of the racist, Trump-obsessed 'Make America Great Again' movement.

"Coolidge's successor, Herbert Hoover, took his predecessor's antisemitism even further when he instructed his State Department to refuse visas to anyone who might need public assistance, which included many Jews who had escaped Germany with little to their name in the lead-up to Hitler's reign.

"President Donald Trump revived that policy, known as the 'public charge' rule."

It is unlikely that the folks who are in the book-banning business in America would consider exposing their schools to a TV series documenting this country's blatant and persistent antisemitism, but if they did, they might learn that genocide doesn't begin with tanks rolling into neighborhoods. It begins with book bans and rules restricting free speech and laws against gay marriage and gender identity.

What we are witnessing today in the U.S. are warning signs of the genocidal wave that tore Europe apart in the 1930s and '40s. We find antisemitic leaflets in our driveways; we are told that our children can't read "The Diary of Anne Frank"; we read in the news that groups of migrants are hustled around the country by hollow men like Florida Gov. Ron DeSantis to score political points.

The seeds are sown. They have always been in our soil. We need to monitor this garden very carefully. A good beginning is to watch "The U.S. and the Holocaust." We could have done more. We could have saved lives. But too many citizens and American leaders believed what, decades later, became the chants of "Jews will not replace us!" They believed the lies, and they did nothing to stop the deportations and killings.

We need to own our history. If we deny the resurgence of bigotry and antisemitism, they will surely consume our democracy.

Copyright 2022 Randi Kreiss. Randi can be reached at randik3@aol.com.

Gold Coast Gazette

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HERALD EDITORIAL

Banning books is un-American

ast week was Banned Books Week, a time to spotlight censorship and attempts across the country to take books off library shelves.

You may not have noticed that in the past several months, a number of libraries in the U.S., including some in schools, have pulled books from their shelves, and though they might not have burned them, they have effectively prohibited people from reading them.

Book bans have become more frequent in this country, and the censoring efforts appear to be organized. It's not just random parents pushing the bans. PEN America, an organization that celebrates and defends free expression, reports that some 50 groups have been created, most of them since last year, to challenge books, and they were involved in nearly half of the book removals.

More than 1,600 books were banned from American schools over the past year, impacting 4 million students who might now be exposed to ideas that could help them grow and learn, according to PEN America. A majority of those books highlight LGBTQ+ and racial themes. We find it abhorrent that, as has been the case for many decades, ideas that people disagree with, and possibly fear, are the subject of book bans.

Here on Long Island, there was the infamous Island Trees book ban in 1975.

A community group complained to the Island Trees Board of Education about 11 books that group members considered "anti-American, anti-Christian, anti-Semitic and just plain filthy." The district removed nine of the books from its schools' libraries. Five students, led by Steven Pico, then a high school senior, challenged the district's decision.

The case wound its way to the Supreme Court, where, in 1982, the court ruled in the students' favor, noting that the right to read is implied by the First Amendment of the Constitution. Indeed, reading freely is fundamental to the education of citizens of a healthy democracy.

Nearly 50 years after Island Trees, however, a similar scenario is unfolding in this country. "This is a dangerous time for readers and the public servants who provide access to reading material," Deborah Caldwell-Stone, director of the American Library Association's Office for Intellectual Freedom, said. "Readers, particularly students, are losing access to critical information, and librarians and teachers are under attack for doing their jobs."

That should not be. We have more access than ever to written material and ideas, from books to eBooks to websites. full of ideas that should be read, discussed and considered thoughtfully. The vitality of our lives, and the possibility of creating a more enlightened world, depends on the freedom to exchange

ideas. Banning books that some find objectionable will only take us backward as a society.

Because books explore and illuminate differing points of view, they help to build connections among people by deepening their understanding of those points of view. Those who censor books are creating barriers to the building of relationships among diverse thinkers, and instead feed the divisiveness that threatens to do so much damage to this country.

As the keepers of books, librarians are on the front lines of this battle. One local librarian said it is not up to her to prohibit people from reading books. From the adult section to the children's room, her philosophy is to let the people decide what they will read, and, in the case of children, let their parents decide what is appropriate for them.

We urge everyone, regardless of politics, to adopt the theme the ALA promoted for this year's Banned Books Week — "Books Unite Us. Censorship Divides Us" — and reject the idea of censoring books.

"If you can read, you can rule the world," a teacher once told her seventhgrade junior English class. You might not be interested in ruling the world, but you should want to understand it, and do your part to help make the world more enlightened and less divided. Reading books, not banning them, is one of the best ways to do that.

LETTERS

I'm not running

To the Editor:

I was honored to serve as a city councilman for the City of Glen Cove during the peak of the pandemic, a time that was challenging for our city. While I lost my reelection campaign by a slim margin in 2021, I am proud of my record of serving and honored that given my record, experience, and involvement in the community, I am often approached about running for office in the future.

Given my familiarity with the many different aspects of our community, my administrative and leadership experience, and my efforts to unite the community, I feel I'd be a strong mayor or upper-level elected official. However, jumping into a campaign is just not where my heart or focus is right

I am a firm believer in having balance in one's life — family, faith, community. At this juncture, throwing my hat in the ring to run for council, mayor, or an upper-level political office is not something I will be looking to pursue in 2023.

Why am I sharing this now? One, in fairness to friends, neighbors and supporters I



OPINIONS

So you think the governor's a shoo-in in November?

growing

of Democrats

recognize the

election holds.

threat the

number

s it any surprise that Gov. Kathy Hochul's once insurmountable lead in the polls is eroding when public opinion surveys are analyzed carefully?

While Hochul has a stunningly large campaign war chest, suggesting that she can buy an overwhelming number of broadcast and print ads and direct-mail campaigns, what you can't fix with money

is a tone-deaf political campaign.





pastime, to her most recent self-destructive advocacy of congestion pricing, the governor is sleepwalking through a campaign of missteps.

She would not be the first officeholder to assume a victory party on election night only to discover that incumbency held false promise and led to errant assump-

Consider County Executive Laura Curran's loss to Bruce Blakeman last November. That wasn't the first time that a New York incumbent was stunned by a loss. Ed Mangano did the same thing to Tom

Suozzi. Republican Alfonse D'Amato ran a flawless campaign in 1980 in a heavily Democratic state and was returned for another six years in 1986 after a first term that made him unbeatable. Similarly, George Pataki stunned Mario Cuomo in a gubernatorial race that

many thought was Cuomo's to lose. And so he did.

By now, a growing number of New York Democrats recognize the threat that November holds for them. As a result, they are seeking to change the conversation. Rather than address the issues they are directly responsible for, they are turning to national politics, where there remains a white-hot divide over issues

like abortion. Similarly, they are seeking to make the Jan. 6, 2021, Capitol riot a local

It's a classic political tactic. If you don't like where the conversation is going, change the subject. In this case, Democratic strategists are telling their candidates they need to motivate their base or prepare for a dismal election night.

Understandably, reminding Democratic voters that their incumbent candidates voted to dismantle criminal laws that protect law-abiding citizens isn't a recipe for success. Nor is a reminder that those same incumbents voted to impose a hefty surcharge on Long Islanders driving into

Manhattan. Or a reminder that progressives have captured your party, and the lurch to the left is so profound that you may not recognize New York later in this decade.

Hochul isn't new to the cynical game of

politics. She is a veteran of the hard-knock school of Buffalo Democratic machine politics. That's why she is appearing at every downstate ribbon-cutting or other photo op that her schedulers can squeeze on to her calendar. The irony is that many of the project unveilings she is celebrating were pushed through by her predecessor, Andrew Cuomo.

The LIRR third track project? That was Cuomo,

but his name was never mentioned during Hochul's celebratory news conference in August.

The new LaGuardia Airport terminals? Once again, it was Hochul welcoming 21stcentury improvements made possible by Andrew the Abdicated.

The Penn Station upgrades? Another Cuomo legacy project. And there is no reference by the Hochul administration to the political strong-arming Cuomo engaged in to get the project moving.

Potholes? Well, here she tips her hat to D'Amato, whose critics sought to minimize his achievement of bringing hundreds of millions of dollars to New York's aging infrastructure by suggesting he was the "pothole senator." Instead, in his 1986 campaign, D'Amato ran with the endorsements of many of the state's Democratic mayors, who had never seen a U.S. senator in their cities, much less a federal grant.

That the state's Democratic leaders seek to divert attention from policy issues their candidates are responsible for, to national issues that remain Washington's purview, reveals a justifiable nervousness. One current poll has Hochul and her Republican opponent, Lee Zeldin, separated by 11 percentage points. That reveals a continuing slide for an incumbent who may have money to burn on ads but is confronting a skeptical electorate whose quality of life

Nick Langworthy, the GOP state chairman, recently said of Democrats, "They are terrified their base is not going to show up. ... There's a lot of campaign left to fight here, and if they think people are going to just take a couple of hot-button issues and that's going to define the race, they're dreaming.

One suspects that Election night 2022 will not have a called winner in New York's most high-profile contest until the morn-

Ronald J. Rosenberg has been an attorney for 42 years, concentrating in commercial litigation and transactions, and real estate, municipal, zoning and land use law. He founded the Garden City law firm Rosenberg Calica & Birney in 1999.

LETTERS

want to be clear about where I stand. And Hooray for snow days! as most people know, with a brother who served two tours of duty in Afghanistan, a To the Editor: father who served in the Navy during

I so agree with the Herald's editorial in WWII, and a mother who served in the the Sept. 15-21 issue, "Schools are right to Cadet Nurse Corps, I have always appreciresurrect the snow day." I'm an old ladv ated the importance of honoring our veternow of 76, but in 1952 there was a huge, ans. I am proud to be an officer of the Phoefierce but wonderful snowstorm that did nix Rising Foundation. The foundation is indeed come "unbidden," but was a wonder young and developing, and I believe has the to behold. I lived then in a railroad apartpotential to contribute in a significant way ment in Brooklyn, so I ran to the living to the veteran community. I feel I have room window, the only one that faced the something to offer in serving the organizastreet. The snow had eclipsed the mailbox tion and do not want my involvement in a across from us on Park Place. I could barely make out the sign for Womrath's bookstore. My father took a picture of it, and that photo still evokes the pleasure of child-

> I was in a parochial "grammar school" then. We had no phone yet, but it was assumed that the nuns had common sense. All the kids on the block were out in their snowsuits. I saw Marty and Tommy, Janet and Elinor making snowballs, and after much pleading, my mother let me join them. Marty and Tommy made an igloo that day, and it was perfect. I wanted to bring down my doll and play house in it!

Marty was my upstairs neighbor, so he let me stand inside it. I was amazed that it was warmer inside than out.

Later, we kids went inside the vestibule

of the church to the inner hall and placed our wool gloves on the radiator. The smell of the steaming wet wool was headier than the incense used in church.

A day off from school in the days before Zoom, when nearly everyone's mom stayed home, can't be compared to the post-pandemic world, unless of course you're 76 and looking back on it. Our youngest daughter remembers her days off from the Floral Park-Bellerose School. I remember her making a snowman with my husband, and how happy she was having hot chocolate with a marshmallow. Whatever was lost in class time was gained in memory, like an eloquent poem or the lyrics of a song that stay with us long after the last notes have been played.

> PATRICIA KELLY Rockville Centre

CORRECTION

In "Recognizing outstanding volunteers for selfless service," (Sept. 22-28) we should have said that the names of the recipients of the Phoenix Rising awards were shared at Morgan Memorial Park on Sept. 18.

FRAMEWORK by Tim Baker



How many of these are left? Valley Stream

political campaign to compromise the work at hand. It's just too important. Another factor in deciding not to run is that I want to take this next year to catch up with my family that I haven't seen since the pandemic.

Thank you to all who have been supportive of my past campaigns and other ventures. I may be calling on you again, but at this time I hope you understand my reasoning. Please know that your support and friendship have always been valued and will continue to be valued.

It truly is, and must be, about community always!

> GAITLEY STEVENSON-MATHEWS Glen Cove



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