

No Overpromising. No Misleading. Just Real Savings.

MAIDENBAUM
THE LEADER IN PROPERTY TAX REDUCTION

Sign up today. It only takes seconds. Apply online at mptrg.com/heraldnote or call 516.715.1266

Maidenbaum Property Tax Reduction Group, LLC
483 Chestnut Street, Cedarhurst, NY 11516

Hablamos Español

1276514



Who will be in Hall of Fame?
Page 3

LET'S REVIEW YOUR INSURANCE
AUTO • HOME • LIFE

FOOD DRIVE -
Accepting donations
11/1 - 11/16
Pictures with Santa 12/7
12-2 PM • All Welcome

Celeste Gullo
516-671-0001
60 Glen Head Rd Glen Head
CGullo@allstate.com
www.CELESTEGULLO.com

Local experienced insurance agents
English & Spanish

1282510

VOL. 33 NO. 46 NOV. 7 - 13, 2024 \$1.00

On dramatic night, North Shore incumbents are returned to office

By **ROKSANA AMID**

ramid@liherald.com

North Shore voters turned out in record numbers in Tuesday's election, deciding critical races and social issues that have dominated the national conversation. With a focus on abortion, the economy and the state of American democracy, voters made bold choices, electing local leaders and approving a new Equal Rights Amendment to the state Constitution.

Incumbent Congressman Tom Suozzi and Assemblymen Charles Lavine and Jake Blumencranz secured wins, along with State Sen. Jack Martins.

The passage of Proposition 1, the Equal Rights Amendment, was one of the night's standout results. The amendment updates New York's Constitution to protect against discrimination based on ethnicity, national origin, sexual orientation, gender identity, pregnancy outcomes, guaranteeing reproductive health care autonomy. Civil rights advocates across the state celebrated the amendment as a foundational step for expanding protections in a changing legal landscape.

"I am extraordinarily pleased that the voters of New York passed the Equal Rights



Adrienne Daley/Herald

Tom Suozzi was re-elected to another term in Congress.

Amendment by a two-to-one margin," Lavine said. "It's critically important that we have these rights embedded in our state Constitution. This is a victory for every New Yorker."

In one of the closest races of the night, Suozzi, a Democrat, narrowly defeated his Republican challenger, Michael J. LiPetri Jr., to retain his seat in the 3rd Congressional District. Suozzi won 50.18 percent of the vote, to LiPetri's 49.64 percent.

"The reason I won is because people know me, and they know that I reject extrem-

ism," Suozzi said. "I'm a Democrat, a true-blue, dyed-in-the-wool Democrat. But I'll work with anyone to solve problems, because I'm a true-blue, dyed-in-the-wool American."

He emphasized the frustration among his constituents with divisive politics. "People are sick and tired of the extremism," Suozzi added. "They're sick and tired of people attacking each other all the time. They want us to work together and get things done." Suozzi said he planned to con-

CONTINUED ON PAGE 9

Does G.C. have a housing crisis?

Seniors say they're concerned about rising costs for homes and rentals

By **BRIAN NORMAN**

bnorman@liherald.com

Housing prices in Glen Cove have soared in recent years, making it difficult for residents, especially seniors, to buy or rent a home in the city. Many

There, representatives of the Glen Cove Age-Friendly Center of Excellence and the Long Island Housing Coalition gave attendees an update on the work being done to address the

issue, along with a panel including Assemblyman Chuck Levine; Laura Harding, president of ERASE Racism; Sharon Mullon, fair housing coordinator of the Long Island Housing Partnership; Ian Wilder, executive director of the Long Island Housing Service; Jeanmarie Buffet, senior vice president of housing and development at

Community Development Long Island; and Ann Fangmann, executive director of the Glen Cove Community Development Agency.

Darek Stein, a senior housing policy associate with ERASE Racism, an organiza-

Since 2016, the average home amount has gone up 46 percent in Glen Cove.

DAREK STEIN
ERASE Racism

tion that highlights disparities in housing opportunities, moderated the discussion, and began it with some background about housing in Glen Cove.

"Since 2016, the average home amount has gone up 46 percent in Glen Cove," Stein said. "The current average total is about \$743,000, with the median cost of rent being around \$3,000. This issue isn't unique to Glen Cove, per se, but these numbers show the importance of addressing these issues and taking the steps that need to be done, and what I think can be done to fix it."

Member of the panel answered attendees' questions, and touched on what their

CONTINUED ON PAGE 7

★ ★ ELECTION RESULTS ★ ★		
Office	Leading	Opponent
3rd Congressional District	Thomas Suozzi (D) 5%	Michael LiPetri Jr. (R) ... 49%
State Senate District 7	Jack Martins (R) 55%	Kim Keiserman (D) 45%
Assembly District 13	Charles Lavine (D) 55%	Ruka Anzai (R) 45%
Assembly District 15	Jake Blumencranz (R) 58%	William L. Murphy (D) ... 42%

Unofficial results as of midnight Tuesday

Celebrating 150 years of Methodism

November 7, 2024 – GLEN COVE HERALD

By WILL SHEELINE

wsheeline@liherald.com

The United Methodist Church of Sea Cliff will celebrate its 150th anniversary on Nov. 17. The festivities will honor not only the church's enduring presence in the village but also its deep roots in the founding history of Sea Cliff.

The celebration will begin with a commemorative service at 10 a.m., led by the bishop of the New York Annual Conference of the United Methodist Church. A luncheon will follow in the church's fellowship hall. Members of the congregation, former churchgoers, and community residents are invited, though reservations are requested.

"It's a time for us to reflect on the church's legacy and celebrate its connection to the community," said Sarah Halliday, a trustee of the church board. "What the church is doing is bringing together a lot of information so that people who are interested can learn more about our history."

The church traces its origins to the Sea Cliff Grove and Metropolitan Camp Ground Association, which purchased 240 acres of land in 1871. This early Methodist association transformed the land into a summer camp meeting destination, complete with a boardwalk, steamboat pier, water works, and a massive wooden tabernacle that could seat 5,000. Thousands came from New York

City by train and boat, gathering in tents for worship and fellowship.

As families began settling in Sea Cliff year-round, a permanent Methodist congregation took shape. By 1874, the church held regular services in a small building on 14th Avenue, which was later known as the "Old Chapel." This building eventually housed a variety of community events and even served as a meeting place for other religious congregations that emerged in Sea Cliff.

The church's growing congregation moved to a new frame structure on Sea Cliff Avenue in 1879. Over the decades, this building became a central feature of village life, hosting community meetings and social events. The congregation flourished until 1913, when it required larger, more modern facilities. By 1914, the church had built a brick building on the same site, which served its needs for over half a century.

By the 1960s, the congregation had once again outgrown its building. With a new site purchased on Carpenter and Downing Avenues, the church dedicated its current building in 1968, when the old church became Sea Cliff's Village Hall and Village Library. According to Halliday, the church's modern design was inspired by the tents that housed their earliest worshippers.

The church has seen changes over the decades, adapting to meet the needs of the Sea Cliff community.

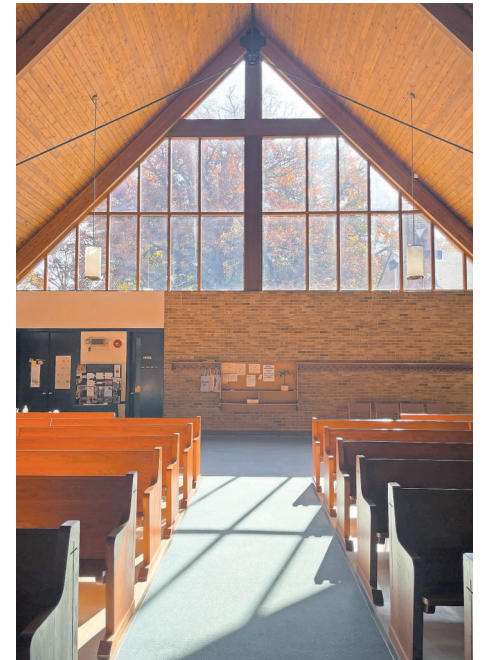
"We want to reconcile our passion with the Sea Cliff community," said Pastor Miyeong Kang. "We want to be actively involved in Sea Cliff as a spiritual hub for this community."

While the village is no longer made up entirely of Methodists, individual church members continue to be active in the community. Kang noted that many members volunteer with local organizations, and the church participates in the annual Sea Cliff Thanksgiving service, which brings together multiple faith communities.

The church's history and relationship with Sea Cliff will be a focal point of the anniversary. In preparation, church members gathered historical documents, and the church's music minister has been compiling its written history. Halliday explained that this material helps celebrate the church's role in the village's past while providing a sense of continuity for today's congregation.

"Sea Cliff was founded by Methodists, and our church remains a reminder of those roots," she said. "Many of the small houses in the village center trace back to those original camp meeting families, and our church was part of that beginning."

As the church celebrates its 150th anniversary, Kang expressed hope for a renewed role in the community. "New families have moved to Sea Cliff, espe-



Courtesy United Methodist Church of Sea Cliff

The United Methodist Church of Sea Cliff will celebrate its 150th anniversary in its current building, which the congregation moved into from what is now Village Hall.

cially since the pandemic, and some have found their way to us," she said. "We hope to strengthen our relationships with the broader community and to be a place of connection and support for those seeking a spiritual home."



ASSISTED LIVING | MEMORY CARE

SUNRISE OF GLEN COVE

Discover Vibrant Senior Living

Conveniently situated on Forest Avenue, Sunrise of Glen Cove offers best-in-class senior care within an engaging atmosphere. In addition to highly personalized support, residents enjoy activities based on their passions, frequent social events, and fresh cuisine tailored to their tastes.

For a limited time, you can receive special pricing on select suites.

 ©2024 Sunrise Senior Living

Learn about pricing and availability and book a tour by calling 516-786-2755 or visiting SunriseGlenCove.com.

**Restrictions may apply. Cannot be combined with any other offer.*


SUNRISE
SENIOR LIVING
GLEN COVE



Photos courtesy Darcy Belyea

Anthony Bozzella was inducted into the Glen Cove Hall of Fame in 2016.

Who will be in the Hall of Fame next ?

By **ROKSANA AMID**

ramid@liherald.com

The Glen Cove Hall of Fame is actively seeking nominations to honor the city's standout athletes and sports contributors, inviting the community to recognize those who have significantly impacted Glen Cove's athletic scene. Established in 1983, the Hall of Fame celebrates individuals who have made remarkable contributions to sports, including athletes, coaches, administrators, and managers. Since its inception, 224 people have been inducted, each of whom exemplifies excellence and dedication to their sport and community. The committee hopes to welcome a new class of inductees for 2025.

The nomination process, led by a committee of 11 dedicated members, emphasizes candidates' athletic achievements beyond high school and their positive influence within the community. "We're looking for well-rounded candidates," said committee member Darcy Belyea. "Just because someone played on a team doesn't guarantee induction. We really want people who've gone on to excel outside the high school realm or made a lasting impact in athletics." Candidates can come from diverse sports backgrounds—everything from traditional sports like baseball, basketball, and football to race car driving and sports administration.

For treasurer Leslie Baptista, the Glen Cove Hall of Fame is also a family legacy. Her father founded the organization when he served as Glen Cove's Recreation Supervisor, and today the Hall's



The Glen Cove Hall of Fame is at Glen Cove City Stadium.

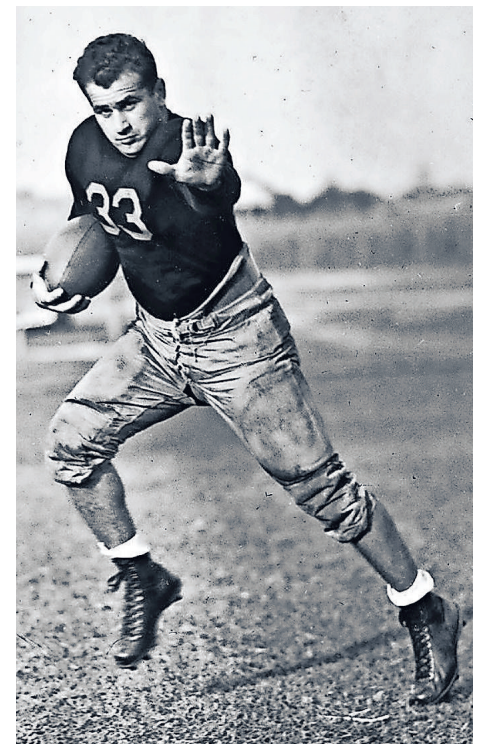
monument stands proudly at the John Maccarone Memorial Stadium, named in his honor. "We don't have a building or museum," Baptista explained, "but down at the stadium, there's a monument listing the names of all the inductees. It's a tribute to those who have left a lasting mark on Glen Cove athletics."

Recently, the committee expanded from seven to 11 members to increase community involvement and bring fresh perspectives. "Some of our original members are aging, and we wanted to involve new people who might know younger athletes and community members," Baptista said. "This way, we can continue honoring the next generation."

To be eligible for induction, candidates must have lived or worked in Glen Cove for at least five consecutive years, with a minimum of four years since

their high school graduation. While candidates cannot nominate themselves, nominations are open to family members, friends, coaches, or colleagues who believe someone deserves recognition. "We want to honor people who've continued to excel and contribute to their sport after high school," Baptista added, noting that the Hall of Fame has previously inducted professional athletes as well as local sports figures who made an impact in college and beyond.

In addition to honoring past achievements, the Hall of Fame committee is committed to supporting young athletes. Each year, they provide \$4,000 to \$5,000 in scholarships to Glen Cove High School seniors who excel in sports. "It's something my father started, and we're proud to continue," said Baptista. "Every year, we attend the Sports



Dr. Sidney Canarick. Inducted for Football with the inaugural class of 1984.

Awards evening in June to present the scholarships, keeping the legacy of Glen Cove athletics alive."

To nominate a candidate for the Glen Cove Hall of Fame's 2025 induction class, email glencovehalloffame@gmail.com to request an application. The deadline for submissions is February 1, 2025. Through these inductions, the Glen Cove Hall of Fame celebrates the city's athletic excellence and inspires future generations to reach new heights.

G.C. Superintendent will retire in 2025

November 7, 2024 – GLEN COVE HERALD

By **ROKSANA AMID**

ramid@liherald.com

Maria L. Rianna, Superintendent of the Glen Cove City School District, announced her retirement at the end of the school year in June 2025, marking the close of a transformative career in education. During the October 23 Board of Education meeting, the Board formally accepted her retirement.

Rianna has led the GCCSD since 2013. Over her tenure, Rianna revitalized the district, overcoming financial challenges, enhancing academic programs, and fostering trust within the community.

Her journey in education began early, fueled by a passion for learning and helping others.

“Even when I was really young, I loved school and helping others learn,” she said.

Despite advice that job opportunities in education were scarce, she pursued her dream, earning certifications in elementary, special education, and later administration. “I realized intelligence isn’t ‘one-size-fits-all,’” she said. “I wanted to reach those students who just needed to learn differently.”

Her career spanned various roles across Long Island. Prior to Glen Cove, Rianna served as Assistant Superintendent for General Administration in Smithtown Central School District,



Roksana Amid/Herald

After tears of joy and many hugs, Maria Rianna, center, and Board of Education members gathered to celebrate the results of the 2022 bond referendum.

overseeing curriculum, instruction, and professional development from 2011 to 2013. Before that, she was Deputy Superintendent in the Port Jefferson School District from 2000 to 2011, responsible for curriculum alignment, personnel recruitment, and federal grants. She briefly stepped in as Interim Superintendent there, gaining experience in

top-level district leadership.

Rianna’s journey also included time as Director of Special Education in William Floyd School District, where she managed a \$15 million special education budget and secured \$1.2 million in retroactive reimbursements. Her extensive career in Patchogue-Medford Schools spanned multiple roles, from English

and Language Arts Coordinator to Assistant Director of Special Education, illustrating her depth of experience in student support services.

Arriving in Glen Cove in 2013, Rianna faced significant financial challenges. The district was operating under a deficit, and facilities required urgent updates. She led efforts that transitioned the district from a deficit to a surplus, restoring financial stability.

“When I first came here, we were in poor financial shape,” she said. “Through transparency and community collaboration, we were able to build trust and make responsible choices that put us on solid financial ground.” Her financial management allowed the district to focus on critical improvements, including Glen Cove’s 2023 bond, which funded facility renovations and modernizations.

Under her leadership, She expanded educational opportunities through programs like robotics, virtual enterprise, and research. Her efforts raised the graduation rate from 74 percent to 90 percent, emphasizing her commitment to academic excellence.

“It’s about creating an environment where every student can explore their interests and feel confident,” she said. “My hope is that we’ve prepared each student to reach their fullest potential, with the tools they need to take on the world.”

Attorney advertising



Protecting Your Future
with Michael and Suzanne Ettinger
Attorneys-at-Law



The Medicaid Asset Protection Trust is Nothing to be Afraid Of

“The oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear is fear of the unknown.”

— H.P. Lovecraft

Many people are afraid of using a Medicaid Asset Protection Trust (MAPT) to protect their assets from being depleted for the cost of long-term care. Shining a bit of light on the subject may help eliminate this fear of the unknown. Contrary to what many believe, including many lawyers, CPA’s and financial advisors, you do not give up control when entering into the MAPT, even though it is called an irrevocable trust.

First, you reserve the right to change the trustee at any time. Yes, you must name one or more children as the trustee (manager) of the MAPT but it is a simple matter to change the trustee at any time for any reason or for no reason at all. It is up to you.

Secondly, you reserve the right to change who you leave your trust estate to upon death.

Circumstances change and your MAPT gives you the flexibility to “roll with the punches”.

Thirdly, while the MAPT only allows you to take the income (interest and dividends) from the trust, you may still make gifts of principal tax-free to your children at any time, in any amount. If you give more than \$18,000 per person per year you must report the gift but there is no tax—the IRS just subtracts it from the amount you can give at death, currently over thirteen and a half million. We like to say that most of our clients are “comfortably under”.

Finally, you may revoke an irrevocable trust in New York on consent of all the parties. If you and your children all sign it may be undone. What if one of them will not sign? Not a problem. Remember we said you may change the trustee and who you leave it to. We simply remove the unwilling participant as trustee and beneficiary and then revoke the trust on consent of all the parties!

ETTINGER LAW FIRM
ELDER LAW ESTATE PLANNING SINCE 1991
trustlaw.com

Trusts & Estates • Wills & Probate • Medicaid

FREE CONSULTATION: 516-327-8880 x117 or email info@trustlaw.com

100 Merrick Rd., Rockville Centre • 3000 Marcus Ave., Lake Success
Other offices in Huntington • Melville • Islandia

Visit us at trustlaw.com to learn more or search Ettinger Law on YouTube for our elder law estate planning videos

1276888

Glen Cove High School Booster Club

ANNUAL

Poinsettia

FUNDRAISER

Order now via phone using the QR code or at www.gchsboosterclub.com

Pick Up Saturday December 7 9:30AM-12pm

Glen Cove High School
Cafe B
Back Parking Lot
By the Gym

Thanks for your support & Happy Holidays!

1276888

GLEN COVE
HERALD

HOW TO REACH US

Our offices are located at 2 Endo Blvd. Garden City, NY 11530 and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday.

MAIN PHONE: (516) 569-4000

- **WEB SITE:** glencove.liherald.com
- **E-MAIL:** Letters and other submissions: glencove-editor@liherald.com
- **EDITORIAL DEPARTMENT:** Ext. 327 E-mail: glencove-editor@liherald.com
- **SUBSCRIPTIONS:** Press "7" E-mail: circ@liherald.com Fax: (516) 569-4942
- **CLASSIFIED ADVERTISING:** Ext. 286 E-mail: ereynolds@liherald.com Fax: (516) 622-7460
- **DISPLAY ADVERTISING:** Ext. 249 E-mail: rglickman@liherald.com Fax: (516) 569-4643
- **PUBLIC NOTICES:** Ext. 232 E-mail: legalnotices@liherald.com

The Glen Cove Herald USPS 008886, is published every Thursday by Richner Communications, Inc., 2 Endo Blvd. Garden City, NY 11530. Periodicals postage paid at Garden City, NY 11530 and additional mailing offices. Postmaster send address changes to Glen Cove Herald, 2 Endo Blvd. Garden City, NY 11530. Subscriptions: \$50 one-time payment within Nassau County or \$60 outside of Nassau County or by qualified request in zip codes 11542, 11545, 11547, 11548 or 11579 Copyright © 2024 Richner Communications, Inc. All rights reserved.

Dementia support group at Regency

Safe Harbor at The Regency will host an Alzheimer's and Dementia Support Group meeting on Nov. 13, at 2 p.m.. The session aims to provide emotional support, guidance, and resources for those affected by Alzheimer's and related dementias, including caregivers, family members, friends, and anyone impacted by these conditions.

The support group will be facilitated by Michele Wachter, a certified Dementia Practitioner and Certified Alzheimer's Disease and Dementia Care Trainer. Wachter is a seasoned advocate for families, referral partners, clients, and caregivers, with extensive experience in Alzheimer's and dementia care. Her role involves offering compassionate guidance, sharing coping strategies, and connecting participants with resources to help them navigate the complex challenges of caregiving and managing dementia.

According to recent data, the prevalence of Alzheimer's disease is on the rise, making support systems for

those affected more critical than ever. This support group offers a safe and welcoming environment for open discussions, where participants can share experiences, seek advice, and gain emotional support from others facing similar challenges.

The session is free of charge, and all are welcome to attend, including spouses, adult children, and friends of those with Alzheimer's or dementia. The goal of the group is to foster community connections, reduce isolation, and enhance caregivers' well-being by offering practical tools and emotional reassurance.

This event is part of an ongoing effort to address the growing impact of dementia within the community, reflecting The Regency's dedication to holistic support and compassionate care.

Safe Harbor at The Regency provides resources for those dealing with Alzheimer's and dementia. For more information or to reserve a spot, potential attendees can contact Safe Harbor directly.



Courtesy Lora Cusumano

Mayor Pamela Panzenbeck, Phyllis Satz, Ann Kelly, Carol Kennedy, Barbara Gavosto, Marie Graziose and Linda Wotzak, participated in the fundraiser for the Manhasset Women's Coalition Against Breast Cancer.

Nine Holes raise \$6,500 for coalition

Women from the Nine Holes Glen Cove golf league gathered on Sept. 26 for their annual fundraiser for the Manhasset Women's Coalition Against

Breast Cancer. The group raised \$6,500 for the organization, which offers support services for women who develop breast cancer.

Glen Cove Chamber of Commerce Presents

GALAPALOOZA!

Five Hours of Elegant Dining & Dancing, Featuring Live Doo Wop Music & Comedy Show

Nov 22
FRIDAY

6:30pm - 11:30pm

EVENING ATTIRE

The Crescent
BEACH CLUB

333 Bayville Ave, Bayville
Gala Info: (516) 676-6666

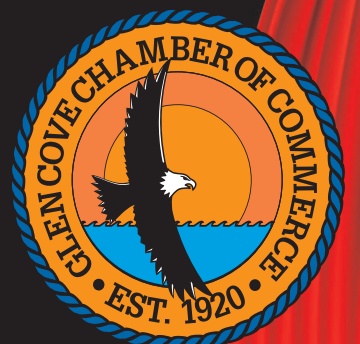
Full Bar ~ Cocktail Hour ~ Dinner ~ Desserts ~ Live Music
Comedy Show ~ Fabulous Raffles ~ Silent Auction



The Tribunes
Royal Doowop Entertainment



Chris Monty
Stand-up Comedian



Pre-Sale
\$160pp
(until Nov 17)

RSVP Online, Discover Our Honorees, & Explore Sponsorship Opportunities!
GlenCoveChamber.org/Gala • (516) 676-6666

Pence reflects on Jan. 6 at LIA luncheon

November 7, 2024 - GLEN COVE HERALD

By **ROKSANA AMID**

ramid@liherald.com

One week before Election Day, former Vice President Mike Pence spoke candidly to about 700 people at the Long Island Association's annual fall luncheon at the Crest Hollow Country Club, in Woodbury. In an hour-long interview led by LIA President Matt Cohen, Pence, 65, spoke with conviction to a politically diverse crowd about the state of American politics, his break with Donald Trump, and the Republican Party's future.

Pence didn't mince words when expressing his views on the current political landscape, telling attendees he could not support the Democratic ticket of Vice President Kamala Harris and Minnesota Gov. Tim Walz, but he also acknowledged his decision not to endorse the Republican ticket.

"I could never support the Democrat ticket," Pence said. "But I'm also not endorsing our ticket. I have real concerns about the direction of the Republican Party today."

Pence's remarks reflected his unease with what he described as a growing populist influence in the GOP, a shift he feels strays from the party's conservative principles. He voiced worries about those in the party who, he believes, are increasingly willing to "walk away from our allies and American leadership in the world" and ignore the national debt,



Roksana Amid/Herald

Long Island Association President Matt Cohen spoke with former Vice President Mike Pence about a range of topics, including his break from Donald Trump, the future of the Republican Party and the importance of upholding constitutional values.

while "marginalizing the sanctity of life."

One of the most poignant moments of the luncheon came as Pence recounted his actions on Jan. 6, 2021, when a violent mob attacked the U.S. Capitol, some chanting threats against him. Pence explained that he was guided by the oath he took on President Reagan's Bible, which he considered both a commitment to the American people and a promise to God.

"The Bible says in Psalm 15, 'He keeps his oath even when it hurts.' I know something about that," Pence said, adding that it is against the spirit of the presidency to dictate what votes were or were not counted.

As Pence described it, his differences with Trump surfaced only in the final days of their administration, when Trump, influenced by a group of lawyers outside the administration, became convinced that Pence had the authority to

overturn the election results. Despite their disagreements, Pence recalled that he and Trump "never had a cross word" throughout their four years together, and even reconciled shortly after Jan. 6, parting "very amicably." He noted, however, that as time went on, Trump returned to much of the same rhetoric that had fueled the events of Jan. 6, solidifying their separation.

Pence said that the Republican Party needed to return to what he described as "mainstream conservatism." He spoke of the importance of maintaining strong American leadership on the world stage, fiscal responsibility, limited government and traditional values. As he sees it, the GOP must decide whether to adhere to those principles or follow "the siren song of populism unmoored to conservative principle."

Beyond his concerns about his party's trajectory, Pence expressed a broader worry for the nation's divided politics. "Our politics are more divided than any time in my life," he said. "But I'm not convinced the American people are as divided as their politics." He added that he hoped we would ultimately unite to face common challenges.

Pence closed on an optimistic note, acknowledging that while many Americans feel their values are being "trampled on and disrespected," the U.S. can still uphold its role as "the leader of the free world."



HWLCO
HIA-LI Annual Womens Leadership Conference

Ignite Your Inner Fire

Leading with Passion and Purpose

NOVEMBER 15, 2024 | 8:30AM - 12:30PM
HILTON LONG ISLAND, MELVILLE

 <p>KEYNOTE Linda Army CEO Bethpage Federal Credit Union</p>	 <p>MODERATOR Domenique Camacho Moran Partner Farrell Fritz</p>		
PANELISTS			
 <p>Tracey Edwards SVP Sands New York</p>	 <p>Christine Flaherty Senior VP Real Estate Dev. & Facilities Catholic Health</p>	 <p>Carolyn Mazzenga Office Managing Partner Marcum LLP</p>	 <p>Gwen O'Shea CEO Community Development Corporation of Long Island</p>
FIRESIDE CHAT			
 <p>MODERATOR Kristen Reynolds President/CEO Discover Long Island</p>	 <p>SPECIAL GUEST Erin Colton Anchor News 12 Long Island</p>		

TO REGISTER, VISIT WWW.HIA-LI.ORG OR CALL (631) 543-5355
Tickets: Members - \$100 | Non-members - \$115

1276631



REBMANNS MILLER BROTHERS
Plumbing • Heating • Air Conditioning



LENNOX

SAVINGS UP TO \$2,500 + **NO INTEREST IF PAID IN FULL WITHIN 18 MONTHS**

Install a Lennox AC, Heating or Air Purification System now for Ultimate Comfort and Ultimate Savings



PLUS SAVE WITH THESE OFFERS!

<p>\$145 + TAX BOILER OR FURNACE TUNE-UP PER SYSTEM</p>	<p>\$100 OFF ANY NEW WATER HEATER INSTALL</p>	<p>\$125 + TAX HEAT PUMP TUNE-UP PER SYSTEM</p>
---	---	---

(516) 874-7006 **REBMANNPLUMBING.COM**

*Limited time offers. Some restrictions apply. Prior sales excluded. May not be combined with any other offer. No monthly interest will be charged on the promo purchase if you pay the promo purchase amount in full within 18 Months. If you do not, monthly interest will be charged on the promo purchase from the purchase date. Minimum monthly payment of 2.5% required over 18 months. Excludes call out fees, drain cleaning, service agreement and special quoted. Lincensed & Insured #1773910000.

1275186

Addressing the housing crisis in the city

CONTINUED FROM PAGE 1

organizations are trying to do to help with housing issues in Glen Cove.

“One of the things that ERASE Racism advocates for is the changing to zoning that allows for accessory dwelling units for seniors who own their homes,” Harding said. “This allows for seniors and other homeowners to stay in their homes, and be able to afford to live in their homes.”

Mullon added that the Long Island Housing Partnership is working with towns in Suffolk County to start an Accessory Dwelling Unity program, aimed at supporting low- to middle-income homeowners.

“The ADU program as it stands is an offer to a homeowner for \$125,000 maximum to either bring an apartment they have up to code or build something new,” Mullon explained. “We are currently working with four towns in Suffolk County on this program.”

Fangmann spoke about efforts to deal with the issue in Glen Cove. “I am going to start out and say that housing is one of Glen Cove’s strengths,” she said. “We have the Samuel Pierce apartments, which are located right next door, and are low-income rental buildings with 90 to 95 percent of residents being seniors. We also have Garvies Point, which was 56 acres of brownfield and Superfund property which is now being reconstructed, with 600 of the 1,100 units fin-



Residents and panelists gathered for a presentation of current and past housing trends in Glen Cove.

ished, as well as 28 units of amenities for each living space.”

Carol Waldman, the founder of Age-Friendly Glen Cove, addressed the panel about her experiences working with seniors who have been struggling to afford housing.

“I’ve listened to questions and con-

cerns from thousands of seniors and hundreds of their family members who struggle with housing issues, and not a week goes by where we are not having these difficult conversations,” Waldman said. “Nobody should have to be in that desperate of a situation when it comes to housing, especially not the



Brian Norman/Herald photos

Laura Harding, President of ERASE Racism, addressed the panel and residents about the senior housing issues in Glen Cove.

elderly.”

“This is a multifaceted issue,” Fangmann said. “You have policy issues, actual workers to build the new housing needed, existing housing inventory and how we grow that inventory, making landlords be good landlords and marketing conditions right now. There is no simple answer, and changes need to be made on almost every single level.”



COMPASS

Glen Cove
51 HIGHLAND ROAD
 3 BD | 3 BA | \$1,595,000

Hot Off the Press... Just In!! Doctors Row!!

Charming and elegant colonial with a wrap-around porch, entry foyer, front parlor, rear parlor with fireplace, formal dining room, butler’s pantry, gourmet EIK, primary suite with primary bath and walk-in closet, two additional bedrooms with walk-in closet and bathroom, laundry on the second floor, walk-up attic, finished basement, IG pool, patio, detached garage, and in pristine condition!!

Call my “Sell” phone for your private inspection
516.398.3984



Mishelle Berger Calo
 Licensed Associate Real Estate Broker
 mishelle.bergercalo@compass.com
 M: 516.398.3984 | O: 516.500.8271
 41 The Plaza, Locust Valley, NY 11560



MISHELLE
 BERGER
 CALO

Mishelle Berger Calo is a licensed associate real estate broker affiliated with Compass, a licensed real estate broker and abides by Equal Housing Opportunity laws. All material presented herein is intended for informational purposes only. Information is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. This is not intended to solicit property already listed. Photos may be virtually staged or digitally enhanced and may not reflect actual property conditions.

Project 2025 plan for culture, health care

By JENNA ZAZA & LORI SAXENA

Special to the Herald

Third in a series.

Written by the conservative Heritage Foundation, Project 2025 is a 922-page book detailing overhauls of the executive branch and proposing radical policy changes regarding the economy, culture, education and health care.

The controversial plans have Democrats in a tizzy, the Trump campaign distancing itself from the ideas and saying they would embrace the mandate's demise. However, six of his former Cabinet secretaries and more than 140 people who played a role in the project also worked in his administration, according to a CNN report.

At its core, the initiative seeks to reshape the federal government, but its impact extends to the local level.

"The next President has a moral responsibility to lead the nation in restoring a culture of life in America again," Heritage Foundation officials wrote in the project foreword.

Culture

Project 2025 is steeped in dividing culture wars saying, "The next conservative President must make the institutions of American civil society hard targets for woke culture warriors." Its top goal is to prioritize the nuclear family model "as the centerpiece of American life" by rolling back hard-fought LGBTQ+ and Black rights.

It calls for the reversal of the 2015 Supreme Court case that legalized same-sex marriage in all 50 states. Widespread anti-LGBTQ+ policies could significantly erode cultural and familial support for queer individuals.

"This policy document gives extended protections that violate individual civil and human rights," Kiana Abbady, board chair of Long Island Progressive Coalition, said. "There would be no such thing as non-traditional families, that would only be the nuclear family, and that goes back to the denial of LGBTQ rights."

Child protection rhetoric of anti-LGBTQ+ has a long history but the ideology behind the project's "optimal child-rearing" family structure emerged in the late 1990s from religious conservative groups. Saying that children grew up best in households with both a man and woman parental figure. That argument is considered to be false, according to the American Psychological Association.

"So when [the project] says they want to prioritize nuclear family values, that is coded language," said Jillian Gaeta, co-founder of Roots to Revolution and a New York City public school teacher. "What that means is they think that women who don't have children ... that couples who are gay and adopting children also have less value in our society."

The project proposes limiting opportunities for people of color by stamping out all diversity, equity and inclusion initiatives at the federal, state and local



Jenna Zaza/Herald

Project 2025, a plan conceived by the conservative Heritage Foundation, could change the U.S. if Donald Trump is elected president.

level. DEI creates jobs, boosts the bottom line for companies and contributes significantly to the economy, according to research by McKinsey & Company.

According to a Suffolk County disparity study final report, persons of color "experience the greatest disparity, as they are significantly less likely to own a business." It also discovered that there are statistically "significant disparities" in business earnings for minorities.

"The elimination of these programs that encourage economic advancement and economic opportunity for hard working Americans based on the color of their skin is abhorrent and it's disappointing," Abbady said.

Critics of the mandate argue that the proposed policies risk overextending government power to enforce rigid gender binaries and strip away support for marginalized communities.

"It was working on, for decades, to have the United States be a white, Christian, authoritarian nation," Claudia Borecky, president of the Bellmore-Merrick Democratic club, said.

Health care

Project 2025 proposes decentralization of federal programs like Medicaid, increasing privatization, and implementing grant caps on health care.

A 2023 study in the international Journal of Environmental Research and Public Health of 1,695 healthcare facilities in Nassau County, revealed a disproportionate distribution of services, with the majority of facilities clustered in two affluent zip codes. Areas with high social vulnerability have a significantly sparser distribution of healthcare services.

Parts of Suffolk County are federally designated Medically Underserved

Areas due to insufficient access to primary care, according to the Health Resources and Services Administration. These regions rely on federally qualified health centers and federal programs such as Medicaid.

Project 2025 aims to encourage health care funding that is specific to the needs of local communities and competition with private insurers. Decentralization could lead to reducing federal funding and limitations on Medicaid, which could exacerbate barriers in accessing medical care for vulnerable populations.

Currently, just over 25 percent of Suffolk County residents and a little more than 23 percent of Nassau County residents are enrolled in Medicaid, according to a United Hospital Fund report.

Michelle Jones, a nurse at Flushing Hospital, who is on the board of directors for the New York State Nurses Association, said these proposals would substantially increase the cost of health care if implemented.

"The cost of health care is going to skyrocket, and so is the cost of medication," she said. "This, is going to put profit over patients and over the front-line workers who take care of these patients. This project will erode people."

The project's proposed health care policies also include reforming the Department of Health and Human Services into an anti-abortion-focused Department of Life.

Liberal organizations, such as EMILY's List, have pledged to invest money and resources into flipping House seats currently held by anti-abortion Republicans.

"Project 2025 outlines tracking women's pregnancies, including abortion, miscarriages, stillbirths ... dismantling sex education, and replacing birth con-

trol programs," Yari Aquino, an EMILY's List representative, said. "The way to stop Project 2025 from happening is to elect ... Democratic pro-choice women up and down the ballot."

The Long Island Coalition for Life remains determined to influence public policy in a direction that bans abortion statewide with no exceptions.

"Our ultimate goal is to protect every preborn son and daughter in the womb, to end abortion and to bring back respect for the right to life of all people," Celeste Broyles, a representative of the Coalition, said. "We don't discriminate against babies who may have been conceived in rape ... all babies deserve the right to life."

In 2022, former State Sen. Anna M. Kaplan and Assemblywoman Gina L. Sillitti highlighted ongoing local abortion restrictions. Several communities still had "trigger laws" on the books that were passed in the early 1970s and were intended to limit the establishment of abortion clinics and impose stringent regulations on access. Hempstead, Huntington and Oyster Bay towns and the villages of Freeport and Williston Park had local abortion restrictions.

"Every person should have autonomy over their body and have the right to discuss that with their provider," Jones said. "Under the project, people are defined by their role in their family, but even then they are a single person with the right to make decisions."

Jenna Zaza and Lori Saxena are reporters with The SBU Media Group, part of Stony Brook University's School of Communication and Journalism's Working Newsroom program for students and local media.

'People are doubling down on common sense'

CONTINUED FROM PAGE 1

tinue pushing for bipartisan solutions to such pressing issues as economic relief and health care reform.

In the race in the 7th State Senate District, Martins, a Republican, secured his seat with a comfortable 55 percent of the vote, while Democrat Kim Keiserman earned 44 percent. Martins's campaign focused heavily on affordability and economic stability, issues that he said resonated across his district. "We feel all of the issues that affect our communities," he said. "I think people are doubling down on common sense, core values."

Martins emphasized that he would oppose policies he viewed as harmful to suburban communities, like congestion pricing and regionalization of school districts. "We want to, and need to be, the voice for our communities," he said.

In Assembly District 13, incumbent Democrat Lavine won with 54 percent of the vote, over Republican Ruka Anzai, who garnered 45 percent. Lavine's campaign prioritized funding for education, environmental protection and improving infrastructure.

"My first priority is passing an effective state budget," he said. "We need to ensure sufficient funding for education on Long Island and across New York, and we must do more to protect our environment." Lavine also noted his pride in the passage of the Prop 1, seeing it as an important moment for civil rights in the state.

In the 15th Assembly District, Blumencranz, a Republican, emerged victorious with 58 percent of the vote, easily defeating Democrat William L. Murphy, who received 41 percent of votes. Blumencranz, who is in his second term, focused on affordability and accessibility for younger families on Long Island. "We worked really hard in this race," he said. "It was just



Adrienne Daley/Herald

Charles Lavine was re-elected to the Assembly.

about getting our message out, and I think we have a winning message."

Blumencranz also stressed his commitment to bipartisanship, which he believes resonated with his constituents. "We want to make Long Island a more affordable place to live," he added, pledging to prioritize these issues in the upcoming budget discussions.

On the presidential front, Donald Trump surprised



Tim Baker/Herald

State Sen. Jack Martins won his race against his first-time opponent, Kim Keiserman.

many by winning Nassau County, a traditionally Democratic stronghold, by over 5 percentage points. Nassau has voted Democratic in presidential races since 1992, making Trump's win a notable shift. Trump also led in Suffolk County, signaling a changing political climate on Long Island.

Additional reporting by Brian Norman.

Experience the Joy of Fine Wine and Spirits!

Serving our community since 2009
Family owned and operated

- Fine Selection of Domestic and Imported Wine
- Reasonable Prices and Value
- Specialty and Major Liquor brands
- Convenient Location and store Hours next to Glen Street train Station
- Great Service
- Ask Us About Delivery

10%
off
Wine

offer expires
November 29th, 2024

5%
off
liquor

offer expires
November 29th, 2024



Joy wine & liquor

Joy Wines and Spirits
288 Glen Street
Glen Cove
516-676-4444

smartbuywine77@gmail.com



Northwinds Symphonic Band

Helen P. Bauer, Director and Conductor
Brandon Bromsey, Associate Conductor
Melinda Edwards, Maitresse de cérémonie

invite you to their annual Fall Concert

A Tribute to Our Veterans

Sunday, November 17, 2024 • 3:00 pm

Wunsch Arts Center

Robert M. Finley Middle School

1 Forest Avenue, Glen Cove, NY 11542

FREE ADMISSION

For information call: (516) 375-4957

Featuring music by George Gershwin
John Philip Sousa, Irving Berlin & others

The band will also perform "In Their Honor"
by the Long Island composer, Carl Strommen

Featured soloists:

Karen Murphy, vocal • John Preator, vocal
Gaitley Stevenson-Mathews, vocal
Justin Wheeler, trumpet

Thanks to our sponsors



DiStefano
Charitable Trust



There will be a special tribute to veteran
Vinnie Martinez, Sr. in celebration of the
40th Anniversary of Vinnie's Island.





Mike Monahan/Herald photos

Dogs and their owners lined the field of the Harry Chapin Lakeside Theatre for Barkfest.

The best in canine creativity at Barkfest

Nassau County's Eisenhower Park came alive with dogs and spirit on Oct. 26 for the annual "Barkfest."

A "Barkfest" is a community event where dog owners are invited to dress their pets in Halloween costumes and participate in festivities that often include parades, contests, and social gatherings. These events celebrate the bond between humans and their canine companions, fostering community spirit and providing a platform for local businesses and organizations to engage with residents.

Such events also provide an opportunity for community members to socialize, share in festive activities, and strengthen neighborhood ties. By involving pets, these gatherings tap into the joy and companionship that dogs bring, enhancing the overall community experience.

As Long Island's largest free pet

costume contest and parade, pooches of all shapes, sizes and breeds came dressed up, for a chance to be named winner.

The event took place at the Harry Chapin Lakeside Theatre in Field 6 of the park, drawing a great turnout of Nassau County residents, and of course, their dogs.

The event was sponsored by the Nassau SPCA, Long Island's K98.3 radio, and CSEA Nassau Local 830.

From 1 to 3 p.m., dogs that stopped by were able to linger and meet other friendly faces, and their owners were able to help pets in need, by bringing a pet food donation for local organizations that were at the event with tents.

For more on the work of Nassau County's SPCA, and upcoming events, visit NassauCountySPCA.org or call (516) 576-2921.

—Jordan Vallone



Nassau County's Barkfest in Eisenhower Park brought pups together from near and far. Darla rocked a police costumer, alongside her owner Rosemarie Sehmied.



Dogs and their owners lined the field of the Harry Chapin Lakeside Theatre for Barkfest.



Coffee and donuts, anyone? Both could be found on East Meadow pup Seaver, with rabbit, Marshmallow, with their owners Sophia and Cynthia DeFranco.



Some pups, and their owners, took on a spooky theme. Ani and Mark Keurian from East Meadow, with their pup, Penny.

Nassau Legislature adopts 2025 budget

By WILL SHEELINE

wsheeline@liherald.com

The Nassau County Legislature has approved County Executive Bruce Blakeman's proposed \$4.2 billion budget for 2025. The plan, which keeps property tax rates flat and prioritizes investments in law enforcement and children's early-intervention programs, sparked considerable debate and split votes on key legislative committees.

"I'm very pleased that the Republican Majority unanimously passed our no tax increase budget over the objections of Democrats who wanted a tax increase to give them more money to squander away on wasteful spending," Blakeman said in a statement after the vote on Oct. 30. His office did not respond to requests for further comment.

The Legislature's Finance Committee voted unanimously to advance the budget, while the Rules Committee was divided, with Republican members in favor and Democratic members, including Minority Leader Delia DeRiggi-Whitton, abstaining. DeRiggi-Whitton cited concerns over the budget's reliance on reserves, the lack of movement on assessment reform, and financial uncertainties as reasons for the Democratic caucus's stance.

Blakeman's budget allocates significant funds for law enforcement and public safety, setting aside resources for two police cadet classes and two correction officer classes, totaling 206 new hires. The allocation is designed to address anticipated retirements and maintain adequate staffing in the Nassau County Police Department, which currently has 2,576 officers.

The spending plan also funds 38 additional full-time positions, primarily in health and human services as well as law enforcement, which will bring the county's workforce to 7,517.

Despite the additions, DeRiggi-Whitton said she was

Using such a large chunk of reserves in one year leaves us vulnerable to future budget challenges, especially if unexpected costs arise.

DELIA DERIGGI-WHITTON

Minority leader,
Nassau County Legislature

concerned about the budget's anticipated 30 percent reduction in police overtime expenses. She argued that the assumption lacks justification, given historical trends and expected police demands, noting that similar overtime cuts in the past have led to strain on public-safety services.

"There's no real evidence to back up the notion that we'll see a decrease in overtime needs," DeRiggi-Whitton said. "With the same head count, expecting a 30 percent reduction seems overly optimistic and potentially risky for the county."

The budget includes a \$22 million boost in funding for early intervention and preschool services, bringing the total allocation to \$185 million. The funds support speech, occupational and physical therapy services for children with special needs. Earlier this year, the county increased its reimbursement rates for service providers, addressing what had been among the state's lowest rates.

Blakeman's proposal keeps property taxes flat, in keeping with his commitment to avoid new tax burdens. But DeRiggi-Whitton argued that the spending plan falls short of delivering on Blakeman's original campaign promises of tax relief and a reformed property assess-

ment system.

"For the third year in a row, we're seeing a budget that doesn't address his campaign's core promises," she said. "Homeowners are still waiting for the tax cuts and assessment reform that were central to his platform."

Another sticking point for DeRiggi-Whitton and her Democratic colleagues is the budget's heavy reliance on reserves, specifically federal funds from the American Rescue Plan Act. According to the Nassau Interim Finance Authority, the county has a \$207.4 million operating deficit, which the administration plans to offset by drawing on nearly \$200 million in reserves. DeRiggi-Whitton likened this to dipping into a household's savings account to cover ongoing expenses.

"This one-time money is being used to patch budget gaps instead of creating sustainable financial plans," she said. "Using such a large chunk of reserves in one year leaves us vulnerable to future budget challenges, especially if unexpected costs arise."

In addition to the budget, legislators approved several key appointments during the meeting. Joseph Adamo, who had been serving as acting county assessor, was confirmed as the permanent assessor, despite questions about his certification status.

Jose Lopez was also confirmed as the permanent commissioner of the Department of Social Services, receiving bipartisan support. Lopez has served under both Democratic and Republican administrations, and brings extensive experience to the role.

The Legislature also approved a pay increase for Nassau County election commissioners, raising their salaries from \$180,000 to \$210,000.

The budget's passage in the Republican-majority Legislature shifts the focus to NIFA, which will review the county's financial plan. Its meeting to discuss the budget is scheduled for Nov. 20.

JOIN OUR
Wellness Team




THE REGENCY
ASSISTED LIVING

Willing to Train | **Experience with Seniors Preferred** | **Competitive Benefits**

TO APPLY Contact Silvana Gullo at: Silvana@regencyglen Cove.com or scan QR code above.

94 School Street, Glen Cove, NY 11542
TheRegencyAtGlenCove.com/Employment

1276310

 **TLC**
COMPANIONS

HOME CARE

**LONG ISLAND'S PREMIER
HOMECARE AGENCY**




**Care BEYOND
COMPARE**

516-719-0909

"EVERYBODY NEEDS A LITTLE TLC"

1276805

HEALTH MEMOS

The Parker Jewish Institute Gala is set for Nov. 12 at the Queens Museum

The Parker Jewish Institute is hosting its 2024 gala, at 5:30 p.m., on Tuesday, Nov. 12, at the Queens Museum, in Flushing Meadows Corona Park. This year's gala will feature musical performances, food, a Resident Art Auction, and fun. This year's honoree is EmPRO Insurance, which will be recognized for its dedication in serving and protecting the health care community.

All of the funds raised will support Parker's mission of enhancing programs and services for the Institute's patients and residents, as well as support the thousands of people who access the Institute's continuum of services each year. Parker continues to meet the challenge of a rapidly increasing adult population, with both innovation and growth, while maintaining the warmth and compassion that have consistently distinguished Parker's services.

The 2024 gala will include dinner by Abigail Kirsch, as well as elegant kosher and Indian cuisine upon request. Serving as the evening's Master of Ceremonies is Marla Diamond, the longtime radio reporter from WCBS 880. The evening will



also feature Radio Host and Rabbi Joseph Potasnik. Wanda Houston is the evening's musical guest, performing a mix of jazz and R&B. The attendees can participate in the Resident Art Auction, which has been curated to include the works of Parker's talented artists.

"We are really looking forward to this year's gala at the iconic Queens Museum, and express our deepest gratitude to our donors and sponsors, said Michael N. Rosenblut, The Parker Jewish Institute's President and CEO. "Our wonderful volunteers help make a meaningful difference to so many older adults across

our community."

Sponsorship opportunities are still available. To learn more about the sponsorships, as well as tickets and donations, please visit parkerinstitute.org/event/parkers-annual-gala

About The Parker Jewish Institute for Health Care and Rehabilitation

The Parker Jewish Institute for Health Care and Rehabilitation is headquartered in New Hyde Park, New York. The facility is a leading provider of Short-Term Rehabilitation and Long-Term Care. At the forefront of innovation in patient-centered

health care and technology, the Institute is a leader in teaching and geriatric research. Parker Jewish Institute features its own medical team, and is nationally renowned as a skilled nursing facility, as well as a provider of community-based health care, encompassing Home Health Care, Medical House Calls, Palliative Care and Hospice. Parker Jewish Institute is also home to Queens-Long Island Renal Institute (QLIRI), providing patients with safe, comfortable Hemodialysis treatments in a relaxed setting, as well as PRINE Health, a Vascular Center offering advanced vascular services. The Center and QLIRI further Parker's ability to expand access to essential health-care services to adults in the greater New York metropolitan area. For more information, visit parkerinstitute.org or call (877) 727-5373.



Parker Jewish Institute
HEALTH CARE AND REHABILITATION

Parker Jewish Institute • (718) 289-2212 • iscacco@parkerinstitute.org

Health memos are supplied by advertisers and are not written by the Herald editorial staff.

Queens-Long Island Renal Institute offers Home Hemodialysis; Certified Home Health Care

Queens-Long Island Renal Institute (QLIRI), located at The Parker Jewish Institute, now offers a state-of-the-art Home Hemodialysis Program. Those patients who also require Certified Home Health Care can access it conveniently through QLIRI's affiliate, Parker Jewish Institute.

QLIRI's Home Hemodialysis Program allows patients to transition from an in-center setting to receiving hemodialysis from the comfort of their home, using the Tablo Hemodialysis System. Enrolled patients are first trained by a registered nurse. The nurse provides step-by-step guidance four days a week over the course of four weeks, or longer if necessary. Through training, patients learn to use the system before transitioning to home hemodialysis.

If needed, patients of Parker's Certified Home Health Care Agency receive individualized nursing, medical, and

rehabilitation services, so they can maintain maximum independence in the comfort of their homes. Home-care services can include skilled-nursing care; physical, occupational and speech therapy; home-health aides; medical social services; medical supplies; and 24-hour telephone availability.

Call (718) 289-2600 with questions. To learn more about QLIRI's Home Hemodialysis Program, visit qliri.org. For more on Parker's Certified Home Health Care, visit parkerinstitute.org.



Queens-Long Island
Renal Institute, Inc.



Queens-Long Island Renal Institute is located at the Parker Jewish Institute.

Queens Long Island Renal Institute • 271-11 76th Ave., New Hyde Park • (718) 289-2600

Health memos are supplied by advertisers and are not written by the Herald editorial staff.



Parker Jewish Institute
FOR HEALTH CARE AND REHABILITATION

**PARKER CARE.
THE BEST.
FOR THE BEST.**



**THEY GAVE YOU THE BEST
NOW IT'S YOUR CHANCE
TO GIVE THEM THE BEST**

Post-Acute Care | Sub-Acute Care | Short-Term Rehabilitation | Long-Term Care | Hospice Care | Palliative Care
Inpatient/Outpatient Dialysis | Home Health Care | Medical House Calls | Center for Research and Grants

271-11 76th Avenue, New Hyde Park, NY 11040 | 877-727-5373 | parkerinstitute.org

1243571

DESIGNED FOR THE COMFORT AND CONVENIENCE OF Dialysis Patients



The **Queens-Long Island Renal Institute, Inc.**, offers the finest quality of care, state-of-the-art technology and uncompromised dignity, in a bright, ultra-modern setting.

QLIRI provides:

- In-Center Chronic Hemodialysis
- Home Dialysis
- Experienced Nephrologists and Dialysis Registered Nurses
- Comfortable, State-of-the-Art, Private Treatment Stations
- Personal TV/DVD and Free Wireless Access
- Homelike Reception Area
- Social Work Services
- Nutrition Counseling
- Individual and Family Health Education
- Stretcher Capability
- Valet Parking and Medical Transportation Available
- Quality Start



Queens-Long Island **271-11 76th Avenue | New Hyde Park, NY**
Renal Institute, Inc. QLIRI.ORG | 718-289-2600



LOCATED ON THE LOBBY LEVEL OF
Parker Jewish Institute
FOR HEALTH CARE AND REHABILITATION

1263003

Watch the waistline

Healthy replacements for calorie-laden foods

Many people count their blessings on Thanksgiving — and throughout the season. Few, however, count their calories. Overindulging at the dinner table is a long-standing Thanksgiving tradition — one that continues through New Year's festivities — and often paves the way for a season of poor nutritional habits with long-lasting ramifications.

The American Council on Exercise says that the average adult consumes 3,000 calories and 229 grams of fat at a typical Thanksgiving meal. That is well above the USDA-recommended guidelines of 2,000 calories and 65 grams of fat that most adults should consume in an entire day.

With so many options available on the table, it is easy to see how overeating is commonplace. Rather than loosening your belt and succumbing to too many fattening foods, try making some smart food substitutions that won't compromise taste but will cut calorie intake.

Fill up on lean protein. Turkey, the cornerstone of the holiday meal, is a lower-fat, lean source of filling protein. Rather than indulge in too many starchy side dishes, have turkey be the bulk of your festive dinner. When preparing turkey, use fresh herbs and low-fat vegetable stock to keep the meat moist and flavorful, avoiding butter



and oils, which just tack on extra calories.

Serve steamed veggies. Rather than sweet potatoes covered in butter and marshmallows or breaded and fried vegetables that are unrecognizable, serve produce lightly steamed so it retains its nutritional value and flavor.

Swap out white starches for whole grains. Stuffing is a popular side dish on Thanksgiving and throughout the season.

But stuffing can be full of empty calories. Instead of serving white rice or bread stuffing, make your own using brown rice and whole grain breads. Add protein-rich nuts and dried fruits to add flavor and fiber as well.

Skip double-crust pies. Two-crust pies with a bottom crust and a top layer have more calories than ones with just a crust on the bottom. Opt for low-calorie pumpkin

pie or add a little gelatin to pie fruit filling and skip the top crust on traditional two-crust pies. Dessert also can be pared down to fresh fruit tarts or low-fat gelatin trifles.

Cut down on courses — including the pre-feast hors d'oeuvres. Having an excess of food is not only unhealthy but wasteful. Trim courses from the Thanksgiving meal to save time, money and calories. Does anyone really show up for the cheese and crackers appetizers? Focus on the main course and chances are no one will miss the extra food. Plus, their waistlines won't miss it either.

Dilute ciders and juices. Liquid calories quickly add up. Offer plenty of fresh water and keep sugary drinks to a minimum. When serving apple juice or cider, dilute it with water, which will stretch it out further and cut down on the calories.

Take frequent breaks. It can take anywhere from 15 to 30 minutes for the body to register that it is full. Failure to give the stomach time to send messages to the brain that you are full could mean you eat more than is necessary.

Photo: The holiday season is a time of family, friends and — often — overeating. Make a few changes to favorite foods and forgo the holiday gift no one wants: those extra pounds.

IT TAKES MSK. A lung cancer treatment that can lead to a fast recovery.


Memorial Sloan Kettering
Cancer Center

Because where you're
treated first matters.

When Sandra was first diagnosed with lung cancer, she was told she'd need major surgery. After getting a second opinion at MSK, she was relieved to hear she could have a minimally invasive procedure that would shorten her time in the hospital.

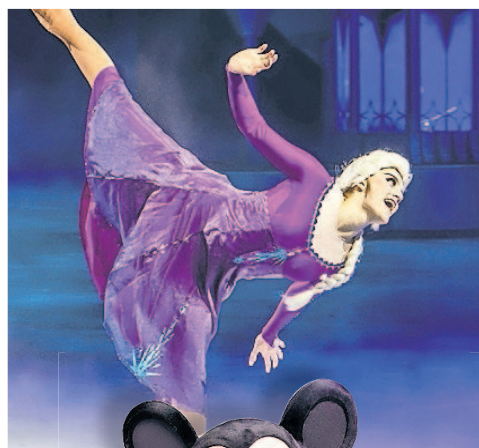
"I came home from MSK on a Wednesday, and by Monday, I was walking the neighborhood again," she says.

Go to [MSK.org/LungCancerCare](https://www.mskcc.org/LungCancerCare) or call 888-957-2024 to reach a cancer expert today.

©2024 Memorial Sloan Kettering Cancer Center. All rights reserved.

Sandra
Treated for lung cancer

STEPPING OUT



Magical moments on ice Join the party with **MICKEY** and his pals



By Karen Bloom

The latest dose of Disney magic arrives with a rockin' start to the holiday season. Disney On Ice glides into UBS Arena with "Let's Dance," on Nov. 13, to the delight of families who enthusiastically embrace every Disney moment. This time around Mickey and the gang are groovin' at the DJ table and everyone's on the guest list.

Audiences feel the electric atmosphere from the get-go as Mickey, Minnie, Donald, and Goofy remix favorite tunes into colorful stories. "Wish," an homage to Disney's 100th anniversary that debuted in the show last fall before the film's release in theaters — is back in a big way. Now, the entire Kingdom of Rosas is in the spotlight. Wish, Asha, Valentino, Star, and King Magnifico come together for "This Wish," "I'm a Star" and "This Is The Thanks I Get?!"

Go on a journey to Arendelle and the Enchanted Forest in "Frozen 2" with Anna, Elsa, Kristoff, and Olaf as they are reminded that "Some Things Never Change."

Also escape to the Pride Lands with Simba and Nala. Audiences should "Be Prepared" as Scar and the hyenas plot to take over the throne. Timon and Pumbaa remind us it's best just to say "Hakuna Matata" as everyone celebrates the "Circle of Life" as represented in "The Lion King."

Skilled maestro Sebastian strikes a chord "Under the Sea" when he conducts Ariel, her seven sisters and a colorful orchestra of sea creatures. Everyone will be singing along as Ariel serenades Prince Eric in "The Little Mermaid."

And, of course, everyone will immediately "Know The Way" when Moana journeys from the island of Motunui to save her home from Te Ka.

These unforgettable characters and their adventures come alive as audiences are transported to world where imaginations soar — and in true Disney spirit "anything can happen if you just believe."

So it goes with Mikaela Hyryläinen. The skater, who grew up and still makes her home in Finland, joined the Disney On Ice ensemble in 2019 after concluding her competitive skating career — and is living her dream. Proof that 'Disney magic' knows no boundaries.

A Disney fan since childhood, naturally, her first experience with the ice spectacle came about in 2006-07 when she attended a production as a young child with her Mom in Helsinki.

"I remember telling my mother that I enjoyed it so much that I would love to do something similar in the future. So that's actually where everything started for me."

Of course, Hyryläinen is quite partial to Elsa.

"Elsa's my favorite since she comes from the Nordic countries like I do. She has these powers with snow and ice. It's something that when I was growing up I really enjoyed, playing in the snow and all that. It's cool that Disney has a character like her."

As always the skating brings a new dimension to the stories we know so well. Solos, pairs, fast-paced ensemble numbers, along with acrobatic routines, keep everyone in awe of what they're seeing.

As Hyryläinen puts it: "We not only do the show on the ice, we also bring it into the air."

She is especially enthusiastic about a segment in "The Little Mermaid" — Under the Sea — when the seven daughters of Triton 'fly' with aerial hoops.

"They do splits and spins and all sorts of exciting tricks in the air," she explains.

Expect to see acrobatic stunts throughout the show.

"We have swaypoles, freestyle skaters leaping off ramps, also other kinds of aerial acts that are so special. They help us tell the stories on an even deeper level."

While the entire production always gets an enthusiastic response, audiences are especially fond of the "Circle of Life."

"We see Simba and Nala on the Pride Rock and there are all kinds of

different animals. We have flamingos, giraffes, impalas, obviously Timon and Pumbaa and even Zazu. It's a huge celebration of Simba and Nala and their new cub," she notes.

In fact 'celebration' is an apt descriptive of the entire spectacle. The show encourages fans, as per the Mouse House, to "celebrate the magic of courage, love and adventure."

And that pretty much sums it up for Hyryläinen.

"There's nothing more heartwarming than seeing young kids whose eyes light up when they see you and see certain characters on the ice," she says. "They're singing so loud, they're clapping, they're dancing, they're having the best time. I'm so happy bringing the Disney magic to all the kids who attend our shows."

"I'm living my best life, getting to bring the stories to life. Plus, this job has taken me to so many cool places in the world. I couldn't be more grateful for the path I chose."

A final takeaway from Hyryläinen: "As long as you believe in the magic, as long as you have goals, as long as you have dreams, there's nothing to stop you."

Photos courtesy Feld Entertainment

What starts out as a party transforms into an adventure with Mickey and his crew spinning tunes to get it all going.

Ailey II

Ailey II, which bills itself as "the next generation of dance," continues its 50th anniversary of bringing "off-the-charts energy" to the stage. Ailey II is universally renowned for merging the spirit and energy of the country's finest early-career dance talent with the passion and creative vision of today's outstanding and emerging choreographers. Founded in 1974 as the Alvin Ailey Repertory Ensemble and led by Sylvia Waters for 38 seasons, Ailey II has advanced Alvin Ailey's vision for more than five decades. The program includes Ailey's Streams, an abstract exploration of bodies in space, danced to a percussion score; Houston Thomas' world premiere Down the Rabbit Hole, a continuation of the choreographer's Follow the White Rabbit (2022); also Francesca Harper's Luminous, a work that pays homage to the 50th anniversary of Ailey II and the artists who paved the way for future generations.

Friday, Nov. 8, 8 p.m. Tickets start at \$35. Tilles Center, LIU Post campus, 720 Northern Boulevard, Brookville. Tickets available at tillescenter.org or (516) 299-3100.



The Seven Wonders

The Seven Wonders "go [their] own way" when the band brings their popular Fleetwood Mac show to the Madison Theatre. The concert features all your favorite Fleetwood Mac songs — "Go Your Own Way," "Dreams," "You Make Lovin' Fun," "Rhiannon," and more — delivered in a powerful performance by a band whose chemistry is as electric as the original. Certainly not your average tribute band, these musicians take it to the next level. While their collective performance experience spans decades, their presence and energy are vivacious, paying homage to the live show of the original Fleetwood Mac. Their onstage charisma invokes the styles of the original band in its prime. It's a true testament to music's timelessness. Their performances have been turning heads since their inception.

Friday, Nov. 8, 8 p.m. \$50-\$60. Madison Theatre, Molloy University, 1000 Hempstead Ave., Rockville Centre. Tickets available at madisontheatreny.org or (516) 323-4444.

THE SCENE



Nov. 17

Madeleine Peyroux

The acclaimed jazz singer, songwriter and interpreter brings her tour to the Landmark stage, Sunday, **Nov. 17**,



at 7 p.m., following the spring release of "Let's Walk," her first album in six years. The new songs present sides of the artist only touched on in the past. The collection is her most diverse, intimate and bold work as she shares thoughtful and revealing views on personal and societal concerns. Peyroux offers hope through understanding and community by using one of our most unifying means, music. Peyroux is highly acclaimed for her dusky, lyrical style and affinity for reinterpreting classic jazz, blues, and folk standards. Her extraordinary journey is one of the music industry's most compelling. Emerging in her teens Much like songbird Edith Piaf, Madeleine Peyroux spent her teenage years busking the busy streets of Paris. Just like the 'little sparrow', Madeleine befriended the city's street musicians and made its Latin quarter her first performing stage. Years later, Peyroux would cite iconic Piaf as an influence on her music and record a rendition of the classic La Vie En Rose, soulfully capturing the tune's romanticism and melancholy. Peyroux drew favorable comparisons to the legendary Billie Holiday, and eventually caught the attention of the record industry. Her debut album, 1996's "Dreamland," featured a bevy of noted jazz artists and drew accolades for her distinctive take on blues and jazz standards. Her follow-ups, 2004's "Careless Love" and 2006's "Half the Perfect World," fared even better, charting on the Billboard 200 and achieving gold status. Overwhelmed by her initial success, Peyroux has continued to cut a low-key, if no less lauded, career path.

Though her intimate sound certainly owes a debt to Holiday, she has continued to evolve, carving out her own stylistic niche that balances a modern sensibility with a respect for older vocal traditions. Nine albums and twenty-plus years since her debut, "Dreamland," Peyroux continues to challenge the genre lines of jazz, venturing into the fertile fields of other contemporary genres with unfading curiosity. Madeleine's thirst for creative exploration is unfading and her willingness to face creative challenges remains as solid now as it was three decades ago. \$70, \$65, \$58. Jeanne Rimsky Theater at Landmark on Main Street, 232 Main St., Port Washington. Tickets available at landmarkonmainstreet.org or (516) 767-6444.

In concert

Plaza Theatricals' welcomes Andy Cooney with his "Irish Celebration," Sunday, **Nov. 17**, 2:30 p.m. Cooney's outstanding voice and dynamic stage have filled the rafters of Lincoln Center and The National Concert Hall in Dublin, Ireland. His talent and versatility provide the ability to deliver a variety of songs directly to the hearts of the audience.

Cooney is surely one of the greatest singing sensations on the Irish music scene today. Christened "Irish America's Favorite Son" by The New York Times, it is a title he richly deserves. See the show at 700 Hempstead Tpke., Elmont. \$40, \$35 seniors. Elmont. For tickets, call (516) 599-6870 or visit PlazaTheatrical.com.

Game Time

Drop by Bayville Free Library, Wednesdays, 1-4 p.m., for casual table games. Bring your own games or use games offered by the library such as; cards, Canasta, Mah Jongg, Scrabble, chess, checkers, backgammon, and jigsaw puzzles. No registration required. 34 School St. For more information, visit BayvilleFreeLibrary.org or call (516) 628-2765.

Chart-topping concert program

Enjoy decades of chart toppers with 4 Ways From Sunday, at Glen Cove Library, Sunday, **Nov. 17**, 2:30 p.m. Clap and sing along to memorable, time-tested classics of the 1950s through the 1980s. It's sure to be a tuneful goomd tiem. Registration required. 4 Glen St. Visit GlenCoveLibrary.org or (516) 676-2130.

Blue Gracias: The Music of Jerry Garcia and Dave Grisman

Enjoy a tribute to the collaboration of Joe Ciampa, Frank Ferrara Tom Kaelin, Andy Magrath, Jerry Garcia and mandolinist Dave Grisman, at concert hosted by Sea Cliff Arts Council, Saturday, **Nov. 9**, at 7 p.m. \$20. 86 Roslyn Ave., Sea Cliff. Visit seacliffartscouncil.org for more information.

Big band comes to little village

Bayville Arts Council hosts a 17-piece jazz and dance band, Friday, **Nov. 8**, 8 p.m. Under direction of Cameron Carrella the Big Band Night showcases musicians playing some of the music they love, playing the classic tunes of America's greatest bands from the 1940s to '60s. Free to attend for all residents. 88 Bayville Ave.

MORE UNBUBBLIEVABLE THAN EVER!

Gazillion
Bubble Show!

"IT WILL BLOW YOUR MIND!"
-OPRAH

1274866

Telecharge.com or 212.239.6200
New World Stages 340 W. 50th St.

For Groups or Birthdays 212-302-0995
GazillionBubbleShow.com

GET TICKETS

Fuel Up before You Work out at the Big Kahuna Cafe

- Fresh Fruit Smoothies and Fruit Cups
- Wraps, Sandwiches, and Salads
- Burgers, Quesadillas
- Chicken Wings and Tenders
- Kids parties,
- Catering and Events

Located at Glen Head Racquetball Club
Big Kahuna Courtside cafe
95 Glen Head Road
Glen Head
516 234 9420



Whiskey & Wings Benefit

Enjoy a tasty evening that pairs Buffalo wings and whiskey, benefiting the Alzheimer's Association Long Island Chapter, Thursday, **Nov. 7**, 5-8 p.m., at Amber Court of Westbury. With raffles and 50/50. 3400 Brush Hollow Road, Westbury. RSVP to Laura LaFauci at llafauci@ambercourtal.com or call (631)-383-4341.

Talking birds

The South Shore Audubon Society invites all to a lecture program, "Galápagos Species: Why Birders' Life Lists May Be Wrong," with Prof. Russell Burke, of Hofstra's Biology Department, Tuesday, **Nov. 12**, 7:30 p.m., at Freeport Memorial Library. The Galápagos Islands are famous for unusual animals and plants. Counting them all requires thinking about what we mean by the term "species." Discussion involves determining what a species is. 144 W. Merrick Road (at S. Ocean Avenue) in Freeport. For more information about the program or South Shore Audubon, go to SSAudubon.org.

Lost In Pixels: Leonard Antinori's Digital Fine Art

Sea Cliff Arts Council presents, "Lost in Pixels," a digital art exhibit, opening Friday, **Nov. 8**, 6-8 p.m. Leonard Antinori, a lifelong instructor and artist, comes to Sea Cliff Arts Council following a long career as a faculty member and arts administrator. The overall concept is a reaction to the inundation of the digital into our contemporary existence — a new Cubism for the 21st Century.

Each digital figure illustrations begins quite conventionally, with a live model using traditional media. Once completed, the drawing is digitized into Adobe Photoshop deconstructing the original image into a complex arrangement of overlapping pixels that engulf one's visual field into millions of tiny geometric pixels of color and light. 86 Roslyn Ave., Sea Cliff. Visit seacliffartscouncil.org for more information.



Art explorations

Converse, collaborate and create at Family Saturdays at Nassau County Museum of Art. The drop-in program continues Saturday, **Nov. 9**, noon-3 p.m. Get inspired by the art and objects in the galleries and then join educators at the Manes Center to explore and discover different materials to create your own original artwork.

Kids and their adult partners connect while talking about and making art together. A new project is featured every week. \$20 adult, \$10 child. Registration required. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. Visit NassauMuseum.org for more information and to register or call (516) 484-9337.

On exhibit

Nassau County Museum of Art's latest exhibition "Seeing Red: Renoir to Warhol," reveals the many meanings, connotations, and associations of this powerful color in art. Evoking strong emotion, red can represent the human condition. Its myriad variations have come to signify authority as well as love, energy and beauty. Red warns us of peril and commands us to stop, but it can also indicate purity and good fortune. Red boldly represents political movements and religious identities. From the advent of our appreciation for this color in antiquity to its continued prominence in artistic and popular culture, this exhibition will span various world cultures through a range of media.



It features more than 70 artists, both established and emerging, ranging from the classical to the contemporary. American portraitists such as Gilbert Stuart imbued red in their stately paintings of prominent individuals to conjure authority. Robert Motherwell, Ad Reinhardt, and other major abstract painters displayed a deep fascination with red in their commanding compositions that evoke a sense of chromatic power. And, of course, Andy Warhol is known for his bold and imposing silkscreened portrait of Vladimir Lenin saturated in bright red to his signature Campbell's Soup Cans. On view through Jan. 5. Nassau County Museum of Art, 1 Museum Dr., Roslyn Harbor. (516) 484-9337 or NassauMuseum.org.



Board games from days gone by

Enjoy an evening of learning and playing historic games at Old Westbury Gardens' Westbury House, Friday, **Nov. 8**, 7-9:30 p.m. The Long Island Tabletop Gaming Expo takes visitors on journey through 5,000 years of board game history, from

its roots in ancient times to more familiar examples from the time of the Phipps family. A brief lecture on board game history includes a presentation of each of the featured games. All are fully playable, and you can try them out yourself.

Games include: Senet, The Royal Game of Ur, Three Man's Morris, Six Man's Morris, Nine Man's Morris, Twelve Man's Morris, Mancala, Go, Chess, The Royal and Most Pleasant Game of The Goose, Backgammon. The Landlords Game (transition to the modern Monopoly). \$15. 71 Old Westbury Rd., Old Westbury. For information contact (516) 333-0048 or visit OldWestburyGardens.org.

Having an event?

Items on The Scene page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to thescene@liherald.com.

Imported Authentic Italian Specialty Foods, Smoked Meats and Fish, Cold Cuts, Breads and Imported Regional Italian Cheese.

Unique Items:

- Italian Nuttella
- Assorted Tuna and Seafood Specialties
- Perugia Chocolates
- Home Made Olive Oils
- 10 Types of Imported Olive Oils
- Imported Panettone Best Quality
- Cheese from Around Italy
- Home Made Sausage and Prime Meats
- Dried Home made Sausage Made on Premises
- Home made Ravioli
- Home Made pasta made on premise

* Catering * Special Events



Contact US

Call: 516.676.3745
Email: razzanoglencove@aol.com
286 Glen Street, Glen Cove



NOW IN PREVIEWS ON BROADWAY

TONY AWARD® WINNER JAMES MONROE IGLEHART IS

"A KNOCKOUT LOUIS ARMSTRONG!"

Chicago Tribune

A WONDERFUL WORLD

The **LOUIS ARMSTRONG** Musical

GET TICKETS

LOUISARMSTRONGMUSICAL.COM STUDIO 54 254 W 54TH ST

1274916

WEDNESDAY
NOVEMBER 20 • 6:00-9:00PM
 The Heritage Club at Bethpage
 99 Quaker Meeting House Road Farmingdale



PURCHASE TICKETS
[TCOA24.eventbrite.com](https://tcoa24.eventbrite.com)
 or **SCAN HERE**



KEYNOTE SPEAKER
MICHAEL J. DOWLING
 PRESIDENT &
 CHIEF EXECUTIVE OFFICER
 NORTHWELL HEALTH

For more information or to sponsor this event,
 contact Amy Amato,
 at aamato@richnerlive.com
 or 516.569.4000 x224

MEET THE 2024 AWARD WINNERS*

ACCOUNTING:

- JOHN FITZGERALD**
 Managing Partner
Citrin Cooperman
- GURJIT SINGH**
 Chief Information Officer
Prager Metis CPAs
- DIANE L. WALSH**
 Chief Marketing Officer
Prager Metis CPAs

BANKING & FINANCE:

- STUART H. LUBOW**
 President & Chief Executive Officer
Dime Community Bank
- DAVID A. PERLMUTTER**
 Managing Partner
Forest Hills Financial Group
- MARK SANCHIONI**
 Senior Vice President &
 Chief Banking Officer
Ridgewood Savings Bank
- JOSEPH TEDESCO**
 President & Chief Executive Officer
Ocean Financial Federal Credit Union

- JOHN BURKE**
 Managing Director
 Global Head of Business
 & Professional Services
Citi Commercial Bank

- BIOPHARMA:**
PATRICIA ECKERT, CPA
 Chief Financial Officer
Enzo Biochem, Inc.

- COMMUNICATIONS:**
ANDREW RAINONE
 Senior Vice President, Business Sales
Optimum Business

- EDUCATION:**
MARIA CONZATTI, Ed.D.
 Chief Administrative Officer
Nassau Community College
- TIMOTHY E. SAMS, Ph.D.**
 President
SUNY Old Westbury

ENGINEERING & CONSTRUCTION:

- LOUIS BEKOFSKY**
 Principal, Managing Partner
VHB
- WILLIAM MAXWELL**
 Vice President
The Whiting-Turner Contracting Company
- BILLY HAUGLAND II**
 Chief Executive Officer
Haugland Group LLC
- ANDREW J. SOLANO**
 Managing Partner
Emtec Consulting Engineers
- GAS/UTILITIES:**
CHRISTINA ARMENTANO
 Chief Operating Officer &
 Executive Vice President
Paraco
- JOHN RHODES**
 Chief Executive Officer
Long Island Power Authority (LIPA)
- ROSS TURRINI**
 Chief Operating Officer, New York Gas
National Grid

- ENERGY:**
JIM FLANNERY
 Chief Operating Officer
National Grid Ventures, US Northeast

- HEALTHCARE:**
MARIANELA CASAS, MPA
 Chief Operating Officer
Association for Mental Health and Wellness

- STACEY C. JACKSON-HARLEY**
 RN MA BSN
 Chief Operating Officer
Harmony Healthcare

- ANDREW MINTZ**
 Chief Executive Officer
The Smilist

- MICHAEL N. ROSENBLUT**
 President & Chief Executive Officer
Parker Jewish Institute For Healthcare and Rehabilitation

- AMY SILVA-MAGALHAES**
 Chief Operating Officer
The Bristol Assisted Living

- JOSEPH VERDIRAME**
 Chief Executive Officer
Alliance Homecare

- AMIT SHAH, MD**
 Partner & Vascular Surgeon
PRINE Health

- HOSPITALITY:**
MICHAEL LESSING
 Chief Executive Officer
Lessing's Hospitality Group

- LEGAL:**
NICOLE JOSEPH, MSc
 Chief Operating Officer & Finance Director
CM Law PLLC

- JULIE WYETZNER**
 Executive Director &
 Chief Operating Officer
Cona Elder Law PLLC

- MICHAEL H. SAHN**
 Managing Partner
Sahn Ward Braff Coschignano PLLC

- HOWARD M. STEIN**
 Managing Partner &
 Co- Chair of the Real Estate Practice Group
Certilman Balin Adler & Hyman, LLP

- NOT-FOR-PROFIT:**
PHIL ANDREWS
 President
Long Island African American Chamber of Commerce

- LISA BURCH, MPH**
 President & Chief Executive Officer
EPIC Long Island, Inc.

- RANDELL M. BYNUM**
 Chief Executive Officer
Girl Scouts of Nassau County

- MATTHEW COHEN**
 President & Chief Executive Officer
Long Island Association, Inc.

- ERIKA FLORESKA**
 President
Long Island Children's Museum

- JEFFREY FRIEDMAN**
 Chief Executive Officer
CN Guidance and Counseling Services

- DAN LLOYD**
 Chief Executive Officer and Founder
Minority Millennials, Inc.

- DIANE MANDERS**
 Interim Chief Executive Officer &
 Executive Director
Habitat for Humanity of LI

- JOHN MCGUIGAN**
 Chief Executive Officer
AHRC Suffolk

- JEFFREY L. REYNOLDS, Ph.D.**
 President & Chief Executive Officer
Family and Children's Association

- LUIS VAZQUEZ**
 President & Chief Executive Officer
Long Island Hispanic Chamber of Commerce

- REAL ESTATE:**
JOSEPH A. FARKAS
 Chief Executive Officer & Founder
Metropolitan Realty Associates LLC

- RETAIL:**
ROBERT KAY
 Chief Executive Officer
Lifetime Brands, Inc.

- SPORTS & ENTERTAINMENT:**
CHRIS R. VACCARO
 President & Executive Officer
Suffolk Sports Hall of Fame

- TECHNOLOGY:**
AMY E. NEWMAN
 Senior Vice President, Administration
Canon U.S.A., Inc.

- TRANSPORTATION:**
ROBERT FREE
 Acting President
Long Island Rail Road

- MARLON TAYLOR**
 President
New York & Atlantic Railway

- COREY J. MUIRHEAD**
 Executive Vice President
Guardian Bus Company

- MICHAEL D. TORNABE**
 Chief Operating Officer
Guardian Bus Company

**List still in formation*

SPECIAL THANKS TO OUR EVENT SPONSORS

GOLD SPONSORS



SILVER SPONSORS



HERALD NEIGHBORS



Photos courtesy Rose Ann Telese

Dana Plunkett of LifeVac, and Vasili Tsirkas open a package containing LifeVac.

Trish McCauley Rotarian demonstrates how to use LifeVac on a test dummy.



Glen Cove Rotary promotes LifeVac device

At the Aug. 14, Glen Cove Rotary Club lunch meeting, Dana Plunkett of LifeVac presented the powerful simplicity of the LifeVac choking rescue device. Held at La Famiglia Restaurant, the session educated attendees on the device's ease of use and life-saving capabilities. LifeVac, widely regarded as the leading device for choking emergencies, has saved over 3,000 lives in choking emergencies globally. The device operates without power and uses a straightforward three-step process: Place, Push, Pull—allowing anyone to use it effectively, even on themselves in the event of a choking emergency while alone.

The Rotary Club had initially planned a fundraiser to supply LifeVacs to Glen Cove schools. However, they discovered a promotion directly from LifeVac, offering a free device to any school that reached out. Club members quickly shared this opportunity with Glen Cove School District Superintendent Maria

Rianna and administrators at the Tiegerman Schools, providing them with a link to order a LifeVac for each school at no cost.

Plunkett emphasized LifeVac's impact, positioning it as an essential safety tool for families and an ideal gift for new parents. The LifeVac's growing popularity underscores its importance in households and institutions alike, as it has proven its worth in real-life scenarios. For those interested in purchasing one for personal or family use, LifeVacs are available at lifevac.net or through their customer service line at 1-877-543-3822.

The Rotary Club, known for its commitment to "Service Above Self," welcomes community members interested in making a difference. Prospective members can reach out to Club President Toya Davis at TDavis@tiegerman.org.

—Roksana Amid

THE GREAT BOOK GURU

A Brooklyn Saga

Dear Great Book Guru, I have noticed recently many families have moved here from Brooklyn. People say that Sea Cliff has a certain Brooklyn feel. Do you have a book to recommend that is set in Brooklyn so I can judge this for myself?

Burgeoning Interest in Brooklyn

Dear *Burgeoning Interest in Brooklyn*,

I recently read *VISITATION STREET* by Ivy Pocho-da, but the Brooklyn she writes about bears little resemblance to Sea Cliff or the Brooklyn most of us have experienced. In many ways it is closer to the communities described by Dennis Lehane in "Mystic River" or "Gone Baby Gone."

Visitation Street is in Red Hook, a neighborhood devastated by the Balkanization tactics of city planner Robert Moses. The novel opens with two young girls floating in the waters of the

Gowanus Canal. Val is rescued but June remains missing.

We meet a mysterious array of characters, all of whom are marginally connected to the missing girl. Fadi, the enterprising Lebanese bodega owner who loves his adopted community and tries to bridge the gap between old time residents and the affluent newcomers; Jonathan, a local musician-teacher whose life is being destroyed by grief and guilt; Cree, a boy from the projects, whose father was murdered years before; Ren, a young graffiti artist recently released from prison; and Lil, the alcoholic bartender

whose bar attracts new and old residents, all troubled.

While the author describes these damaged characters in exquisite detail, the most vivid portrait is that of Red Hook. Highly recommended!

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.



ANN DIPIETRO

NEWS BRIEF

Glen Cove's CTI hosts annual tag sale

Congregation Tifereth Israel will hold its annual Community Tag Sale from Nov. 9-11 at 40 Hill Street, Glen Cove, featuring a wide variety of new and gently used items, including clothing, jewelry, housewares, small appliances, and vinyl records. Proceeds from the sale will benefit both CTI and the United Breast Cancer Foundation.

The event kicks off with an Early Bird Preview on Nov. 9, from 7-9 p.m., with a \$10 admission fee. The main Tag Sale follows on Nov. 10, from 9 a.m. to 4 p.m., offering free admission. On Nov. 11, from 10 a.m. to 2 p.m., "Bag Day" allows shoppers to fill a bag of remaining clothing and linens for a set price. For more information, call (516) 676-5080 or visit ctionline.org.

HERALD 1107 PUBLIC NOTICES

LEGAL NOTICE
NOTICE OF SALE
SUPREME COURT
COUNTY OF NASSAU,
U.S. BANK NATIONAL
ASSOCIATION AS LEGAL
TITLE TRUSTEE FOR
TRUMAN 2016 SC6 TITLE
TRUST, Plaintiff, vs.
DAVID A. JOHNSON
A/K/A DAVID JOHNSON,
ET AL., Defendant(s).
Pursuant to an Order
Confirming Referee
Report and Judgment of
Foreclosure and Sale duly
entered on August 3,
2023, I, the undersigned
Referee will sell at public
auction on the front steps
on the north side of the
Nassau County Supreme
Court, 100 Supreme Court
Drive, Mineola, NY 11501
on December 3, 2024 at
2:00 p.m., premises
known as 111 Elm

Avenue a/k/a 111 Elm
Street, Glen Cove, NY
11542. All that certain
plot, piece or parcel of
land, with the buildings
and improvements
thereon erected, situate,
lying and being in the
City of Glen Cove, County
of Nassau and State of
New York, Section 23,
Block 71 and Lot 54 f/k/a
Section 23 Block F and
Lot 1742. Approximate
amount of judgment is
\$368,589.13 plus interest
and costs. Premises will
be sold subject to
provisions of filed
Judgment Index
#607335/2020.
Brian J. Davis, Esq.,
Referee
Friedman Vartolo LLP, 85
Broad Street, Suite 501,
New York, New York
10004, Attorneys for

Plaintiff
Firm File No.: 193350-1
149733

Place a notice by phone at
516-569-4000 x232 or email:
legalnotices@liherald.com

LEGAL NOTICE
NOTICE IS HEREBY GIVEN
that a Public Hearing
shall be held on Tuesday,
November 12, 2024, at
7:30 p.m. in the Council
Chambers at Glen Cove
City Hall, 9 Glen Street,
Glen Cove, NY to discuss
Local Law --2024,
amending the zoning
district designation of the
MTA park and ride and
the first two lots south of
the MTA railroad right-of-
way on the west side of
Cedar Swamp Road,
which lots are identified
on the Nassau County
Land and Tax Map as

Section 21, Block H, Lots
264, and 312, to add
these lots to the Orchard
Neighborhood
Redevelopment Incentive
Overlay district; and to
amend the text of
§280-73.4 (Orchard
Neighborhood
Redevelopment Incentive
Overlay (RIO-ON) District)
of the Code of the City of
Glen Cove to add a new
use identified as, "Transit
Oriented Development
(TOD) mixed-use
commercial and
residential structures, by
special use permit of the
Planning Board. All
interested parties will be
given an opportunity to
be heard.
Tina Pemberton
City Clerk
149928
To Place A Notice Call 516-569-4000 x232

HERALD Market Place

TO PLACE AN AD CALL 516-569-4000 PRESS 5

1276824

AAA CHEAP TREE
 Removals • Pruning • Trimming
 Hazard Tree Identification & Storm Damage Prevention
 Grading & Lawn Installations

ALL PHASES OF TREE WORK
The Best for Less! • Over 33 Years
 Owner Operated by ISA Certified Arborist
FREE ESTIMATES 631-254-0045
GUARANTEED BEST PRICE!
 AAACheapTree.com • angieslist.com/review/243137
 Fully Lic/Ins #H2083620000

1252418

*We Buy Antiques, Coins,
 Fine Art and Jewelry*

Same Day Service
 Free In-Home Evaluations
 45 Year Family Business
 Licensed and Bonded

Immediate Cash Paid

Syl-Lee Antiques
 www.syl-leeantiques.com
 516-671-6464



1274188

WIREMAN/CABLEMAN

- Flat TVs Mounted • All Wires Hidden
- High Definition Television Antennas Installed
- Camera & Stereo Systems Installed & Serviced
- Telephone Jacks, Cable TV Extensions & Computer Wiring Installed & Serviced
- Surround Sound / Sound Bars
- Commercial & Residential Repairs

CALL DAVE davewireman.com
 516-433-9473 (WIRE)
 631-667-9473 (WIRE)
 516-353-1118 (TEXT)

Veterans 10% Off
FREE Estimates
 Lic 54264-RE
 All Work Guaranteed
 Credit Cards Accepted

HANDYMAN SERVICES

1274067

E. BOOTH Painting INC.

PAINTING • PAPER HANGING
 FAUX FINISHING • POWER WASHING
INTERIOR • EXTERIOR
516.759.2107

1276695

WE BUY & SELL GOLF CLUBS
 Come in and trade your old clubs for cash!!!

ACTYVE GOLF WAREHOUSE
 Monday - Friday 11-6
 Saturday and Sunday 11-4
 750c Stewart Avenue
 Garden City, NY 11530
 516-779-4974



1276387

Dr. Efrat Fridman, LCSW

Psychotherapist
 Individual, Couple and Family Therapy

2 Pinetree Lane
 Old Westbury, NY 11568
 718-887-4400

1274047

Family Owned & Operated
 Serving the North Shore Since 1963

NORTH SHORE TRANSPORTATION

24/7 SERVICE

WE GUARANTEE ON TIME ARRIVAL

- **LOWEST PRICES**
- **LOCAL & LONG DISTANCE**
- **LIRR SERVICES** TO AND FROM MANHASSET & PORT WASHINGTON STATIONS
- **AIRPORT SERVICES** (PICK-UP & DROP-OFF) ALL AIRPORTS - BLACK CARS
- **MULTI-LINGUAL DRIVERS**
- **24 HOUR COURIER** & DELIVERY SERVICE AVAILABLE

516-627-6666

1261831

black forest auto works
 Brian E. Pickering

20 Cottage Row, Glen Cove 676-8477

1240174

INSECT & DISEASE MANAGEMENT
 FERTILIZATION & SOIL CARE
 PRUNING • CABLING & BRACING

516-334-0648
 bartlett.com

345 Union Avenue
 Westbury, NY 11590
 The F.A. Bartlett Tree Expert Company

BARTLETT TREE EXPERTS
 SCIENTIFIC TREE CARE SINCE 1907

1270169

Open Positions at the Viscardi Center • Nassau County, NY

Manager, Supported Employment: \$55,000-\$60,000
 Manager, Day Habilitation: \$60,000-\$65,000
 PT Vocational Trainer Assistant - \$18-\$20/hour

For over 70 years, the Viscardi Center has been providing a lifespan of programs and services that educate, employ, and empower children and adults with disabilities.

Call (516) 465-1432 or email humanresources@viscardicenter.org for more information about these and other career opportunities with us.

Abilities, Inc.
 at The Viscardi Center

1268585

EOE

**DEMOLITION • JUNK REMOVAL • CLEANOUTS
 POST CONSTRUCTION CLEANING**

STRONG ARM CONTRACTING INC.
*We Rip-Out or Remove Anything & Everything!
 We Clean It Up & Take It Away!*

RESIDENTIAL & COMMERCIAL
516-538-1125
strongarmcontractingli.com
 FREE ESTIMATES & REASONABLE RATES

1263565

GUARANTEED BEST PRICE BECAUSE WE CARE

TREE SERVICE **FREE ESTIMATES**

WE CARE TREE SERVICE

OWNER OPERATED
 RESIDENTIAL / COMMERCIAL

2023 **LONG ISLAND CHOICE AWARDS** 2024

CERTIFIED ARBORIST ON STAFF
 TREE REMOVAL • LAND CLEARING • PRUNING
 STUMP GRINDING • ELEVATING • STORM PREVENTION
 80 FT. BUCKET TRUCK

**CALL OWNER DIRECT
 CHRIS 516-216-2617**

ALL MAJOR CREDIT CARDS ACCEPTED
WWW.WECARETREESERVICE.COM
 Nass. Lic. # 185081 Suff. Lic# HI65621

1271570

TO ADVERTISE ON THIS PAGE

PLEASE CALL

516-569-4000 ext. 286 OR EMAIL ereynolds@liherald.com

OPINIONS

If only politics could emulate Notre Dame-Navy football

I've been a lifelong lover of sports, particularly baseball and college football. The rivalries. The tension. The thrill of victory. The agony of defeat. Watching warriors in the arena.

Having said that, I'm generally not one of those guys who equate the gridiron, the playing field, the rink, the tennis court or the boxing ring with the challenges of everyday life or those facing the nation. But there are exceptions. One in particular:



PETER KING

I truly wish that the almost century-long football rivalry between the U.S. Naval Academy Midshipmen and Notre Dame's

Fighting Irish could serve as a model for the world of politics and government.

Beginning in 1927, Navy and Notre Dame have played each other 98 times on the gridiron, missing only the 2020 season because of the coronavirus pandemic. While Notre Dame has pretty much dominated the series, winning 82 of the games, this rivalry transcends so much of what passes for college sports

and "student-athletes" today.

While every Notre Dame-Navy game is intense and hard-fought, there is no trash talk or demeaning the other team or its players. At the end of the game, no matter who wins or loses, the players on both teams stand respectfully together for the playing of their respective alma maters.

A further differential between this and other rivalries is that these players are truly students, who must meet academic standards. Notre Dame always ranks at or near the top of colleges across the country in the percentage of athletes who graduate and receive degrees. Navy has similar standards, and its graduates are also obligated to serve five years of active military duty after graduation. Understandably, this has made it increasingly difficult to recruit top high school players who have dreams of going on to make millions of dollars in the National Football League rather than being shot at in combat. Certainly since the Vietnam War, Navy hasn't been the football powerhouse it was during the 1940s and '50s.

While Notre Dame has managed dur-

ing most of these years to compete at a high level, it has never considered dropping Navy from its schedule, thanks to a commitment it made after World War II, which Notre Dame survived only

At the end of the game, no matter who wins, the players on both teams stand together.

because of Navy. As a private Midwest school with no large benefactors at the time and so many students being drafted into the war effort, Notre Dame was faced with imminent financial collapse. The Naval Academy saved the day by setting up a major training base on the Notre Dame campus, providing the university with fiscal solvency and ensuring its survival as an academic institution — and a football colossus. The Fighting Irish won the national championship in three of the four years following the end of the war.

Realizing and appreciating how obligated it was to Navy for its very survival, Notre Dame made a solemn commitment to keep Navy on its football schedule for as long as Navy wanted. So the rivalry and the series have continued all these years. But it goes beyond a financial obligation. There is a mutual respect between the schools that's reflected at every level, including Notre

Dame's emulation of Navy with its first-rate naval Reserve Officers' Training Corps program.

No matter how often I've seen it, I am always moved by the pregame ceremonies, with each school acknowledging the other's traditions, and the postgame alma mater camaraderie among the players, no matter how hard the battle or how bitter the defeat.

Think how gratifying it would be if our national leaders could follow the lead of Notre Dame and Navy. Fight hard but respect the other side. Look for common ground in the national interest without fear of being labeled a Republican In Name Only or a traitor by your own party.

No, politics is not college football. But our political leaders could learn something by emulating the best of college football, exemplified by the Fighting Irish and the Midshipmen.

And yeah, Notre Dame did beat Navy in this year's game, 51-14, on Oct. 26. But even in the win-at-all-costs world of college football, the score was almost secondary in this unique traditional rivalry. Go Irish! Go Navy!

Peter King is a former congressman, and a former chair of the House Committee on Homeland Security. Comments? pking@liherald.com.

It's time for a new era of political civility

Election Day has come and gone. While the results are unofficial or pending, the passing of this period is the happiest thing that has happened to me in years. By any measure, the 2024 election season has been a brutal, emotional and unsettling

time. Our nation has been bruised, battered and ripped apart by the tensions that elections can cause, and now, happily, the campaigns have come to an end.

Depending on the results, we will soon either be talking about the winners' plans for the future or steel-

ing ourselves for days and weeks of bitter court battles. It may be that the lawyers will be fully engaged in what they do best, but it's long past time for the country to begin thinking about how we can start the healing process that is so badly needed.

So much of the division that we have been experiencing is the product of a political system that has no referee to stop any foul play or ugly communica-

tion. I have witnessed many campaigns over the years, and I have been involved in my own. But more recent campaigns have sunk to levels of conflict that previously were impossible to imagine.

The root cause of the bitterness can be attributed to the candidates, but the real cause is money, money and money. Since the U.S. Supreme Court allowed unlimited expenditures in elections, billions of dollars have poured into shadow committees, none of which care about dignity, decency or fair play. These "dark" committees, whose backers are unknown and well hidden, are not reluctant to drag campaigns into the gutter.

The average voter has no idea who or what is behind a political television commercial, except those that mention a candidate by name and voice that candidate's approval. But there are countless commercials, mailings and social media postings that are misleading. They may mention some committee, but you will never know who is really behind the presentation.

You would think that members of Congress, who are often the object of smear campaigns, would want to pass a

law that would change how the political system is funded. But there are too many elected officials who like the current system and have no desire to clean it up. Many of them represent safe districts,

and are happy to be able to beat up a challenger using phantom funding.

The use of untraceable money isn't just something that is connected to the campaign process. The same donors spend fortunes throughout the year, wining and dining legislators, favoring them with extravagant trips and coming up with countless other imaginative ways to curry favor with members of

Congress. Some legislators get so much financial support from some industries or special-interest groups that it's fair to say that they've been captured and are fully owned by them.

If the divisions in our country are linked to too much money in the system, how can America be healed? The answer is in the hands of the public. It may be unfair to suggest that the voters have any responsibility for the bitterness that we have experienced, but voters can't be excused from helping to cure a government evil.

Recent campaigns have sunk to levels of conflict previously unimagined.

The thing that makes certain elected officials happy is the fact that average citizens are too busy to monitor the conduct of their legislators. Over the course of a typical year in office, members of Congress vote on dozens of bills, and the people back at home have no knowledge of how they vote. It's the responsibility of the media to devote more space to reporting on how our representatives vote.

But to make our world a little more civil, voters must demand that Congress make a serious effort to clean up our corrupt campaign system. At least once or twice a year, call your congressman or congresswoman and ask what he or she is doing to change how we elect our officials. Don't talk to a staff member. Insist on talking to the person who represents you.

It isn't a hopeless task to seek changes in the election process. Nothing is written in stone, and you can make things happen. It's time for an American political climate change.

Jerry Kremer was an assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He now heads Empire Government Strategies, a business development and legislative strategy firm. Comments about this column? jkremer@liherald.com.



JERRY KREMER

GLEN COVE HERALD

Established 1991
Incorporating
Gold Coast Gazette

ROKSANA AMID
Senior Reporter

RHONDA GLICKMAN
Vice President - Sales

OFFICE
2 Endo Boulevard
Garden City, NY 11530

Phone: (516) 569-4000
Fax: (516) 569-4942
Web: glencove.liherald.com
E-mail: glencove-editor@liherald.com

Twitter: @NSHeraldGazette

Copyright © 2024
Richner Communications, Inc.

HERALD

COMMUNITY NEWSPAPERS

Cliff Richner
Publisher, 1982-2018

Robert Richner
Edith Richner
Publishers, 1964-1987

STUART RICHNER
Publisher

JEFFREY BESSEN
Deputy Editor

JIM HARMON
Copy Editor

KAREN BLOOM
Features/Special Sections Editor

TONY BELLISSIMO
Sports Editor

TIM BAKER
Photo Editor

RHONDA GLICKMAN
Vice President - Sales

AMY AMATO
Executive Director of
Corporate Relations and Events

LORI BERGER
Sales Director

ELLEN REYNOLDS
Classified / Inside Sales Director

JEFFREY NEGRIN
Creative Director

CRAIG WHITE
Art Director

CRAIG CARDONE
Production Coordinator

DIANNE RAMDASS
Circulation Director

HERALD COMMUNITY NEWSPAPERS

Amityville Record
Babylon Beacon
Baldwin Herald
Bellmore Herald
East Meadow Herald
Franklin Square/Elmont Herald
Freeport Herald
Glen Cove Herald
Hempstead Beacon
Long Beach Herald
Lynbrook/East Rockaway Herald
Malverne/West Hempstead Herald
Massapeqa Post
Merrick Herald
Nassau Herald
Oceanside/Island Park Herald
Oyster Bay Herald
Rockaway Journal
Rockville Centre Herald
Sea Cliff/Glen Head Herald
Seaford Herald
South Shore Record
Uniondale Herald Beacon
Valley Stream Herald
Wantagh Herald

MEMBER:

Americas Newspapers
Local Media Association
New York Press Association
Glen Cove Chamber of Commerce

Published by
Richner Communications, Inc.
2 Endo Blvd. Garden City, NY 11530
LIHerald.com
(516) 569-4000

HERALD EDITORIAL

Now the real work begins

As the Herald reaches your mailbox, the election results may or may not be fully tallied. Regardless of outcomes, one truth remains constant: Long Island is our shared home, and its future depends far more on what unites us than what divides us.

Although the voting machines are making their way from the gymnasiums of schools and recreation centers back into storage, democracy doesn't pack up and leave town when the polls close. The real measure of our community's strength is found in how we work together on the other 364 days of the year. And on that score, Long Island's story is nothing short of remarkable.

Look around our communities. The volunteer firefighter rushing to an emergency call isn't asking whether the home in danger voted red or blue. The teacher staying late to help struggling students isn't checking their parents' party registration. The civic association working to preserve local wetlands isn't conducting political litmus tests at its meetings.

What binds our communities together runs deeper than partisan politics. We

all want our children to thrive in Long Island's excellent schools. We share concerns about protecting our sole-source aquifer — the water beneath our feet that sustains every one of us. We worry about young families being priced out of our neighborhoods, and about our seniors being able to age in place in the communities they helped build. We take pride in our beautiful shorelines and want to preserve them for future generations.

These challenges don't come with party labels attached. Potholes don't care how you voted. High property taxes affect everyone's wallet. Delays on the Long Island Rail Road don't discriminate based on political affiliation. The solutions to these shared challenges won't come from political grandstanding, but rather from the often unsung work of community engagement: attending town halls, participating in school board meetings, joining civic associations, supporting local businesses, and staying informed about local issues.

Whether it's addressing water quality concerns, tackling the housing crisis, preparing for rising sea levels or ensuring that our downtowns remain vibrant,

the solutions will come from sustained community engagement, not just periodic trips to the polls. This means neighbors working with neighbors, towns collaborating with towns, and citizens engaging with their government at all levels.

As your community newspaper, the Herald has chronicled Long Island's journey through countless election cycles. We've seen the political pendulum swing back and forth, but we've also witnessed something more fundamental: the enduring strength of our communities when residents commit to the daily work of democracy.

So whether you're pleased or disappointed with Tuesday's results, remember that the most important work happens between elections. Get involved. Stay informed. Attend local meetings. Join community organizations. Talk with neighbors who see things differently than you do. Model behavior you'd be proud for your children to emulate.

The ballot you cast on Tuesday mattered. But what you do today, tomorrow, and every day after could matter even more. Let's all work together for a prosperous Long Island.

LETTERS

Peter King always fought for us

To the Editor:

I enjoy former Congressman Peter King's commentary in the Herald, and I've appreciated his efforts to support Long Island through the years.

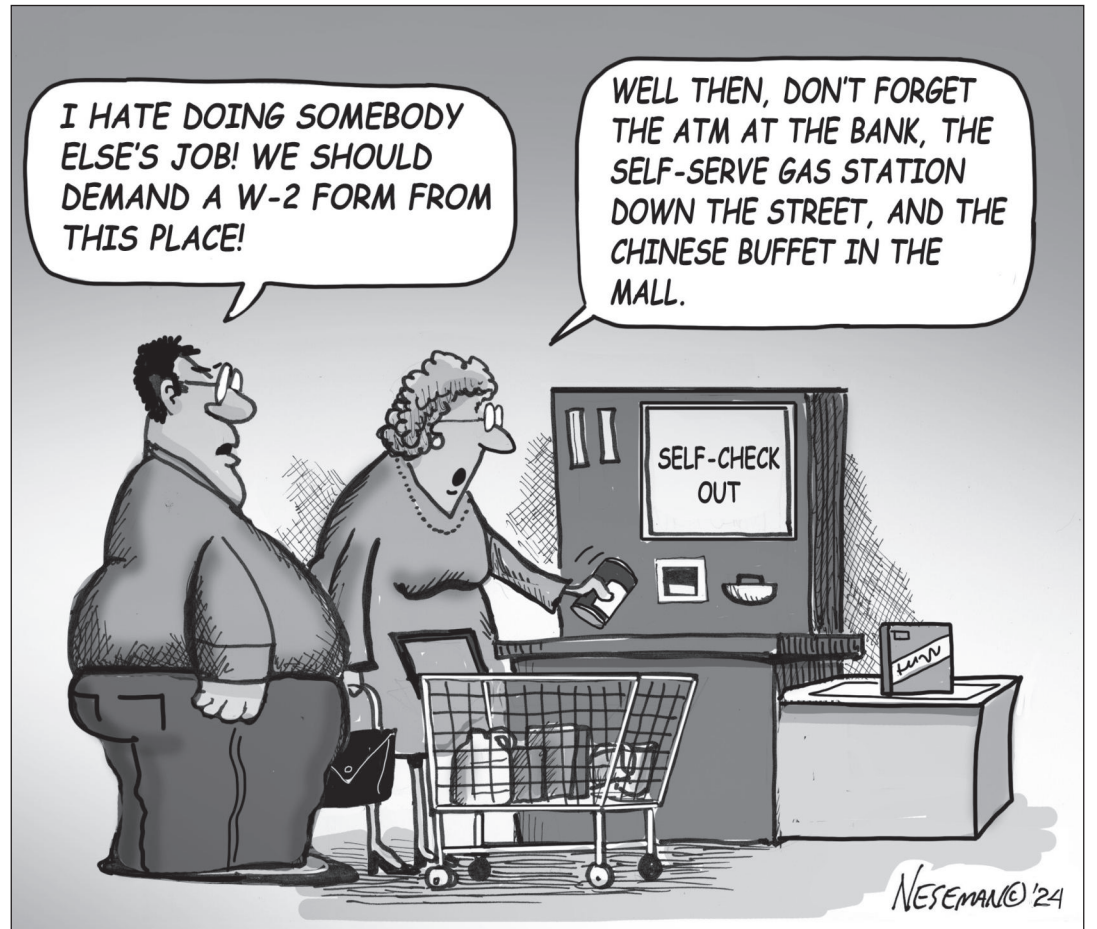
The various natural disasters that have recently occurred across the country bring back memories of Superstorm Sandy and Sept. 11, and the many federal and state officials who fought King's efforts for relief. I think it would make an interesting column to see how many of those elected officials are now clamoring for similar relief in *their* jurisdictions.

TOM JAFFA
Rockville Centre

So who collects all those lawn signs?

To the Editor:

Election Day has come and gone. It reminds me of the 1960s television show "The Outer Limits." With the end of around-the-clock commercials by politicians, political parties, political action groups and special-interest groups, we



now return control of your TV to you — until the next election cycle. No more telephone robo calls, text messages or candidate campaign mailings clogging mailboxes and weighing down our hard-working postal employees.

Finally, some peace and quiet!

Candidates who claimed they cared about the environment should now do their part. Winners and losers should have their campaign staff and volunteers pick up all the

OPINIONS

L.I. urgently needs sustainable waste management

As Long Island grows, so does the stress on the region's infrastructure, resources and properties. With nearly 3 million residents calling Nassau and Suffolk counties home, Long Island is facing a waste management crisis of unprecedented proportions.

Long Island produces approximately 7 million tons of waste annually. This



**ADEL
OMRANI**

immense volume, comprising everything from household trash to commercial and construction debris, is straining a region that is already stretching its waste management infrastructure upsettingly thin. And with the imminent closure of the Brookhaven

Landfill, the region's last major landfill, the crisis will only escalate, underscoring the critical need for sustainable solutions — particularly waste-to-energy systems — to address the growing environmental and logistical pressures. There's no other way to put it, really: Current waste management practices on Long Island are becoming increasingly unsustainable.

Landfills are a dead end. They're shutting down all over the Northeast, forcing

waste to be transported farther and farther — an ecological and environmental catastrophe burdening residents, businesses and municipalities alike. Long-distance transportation of waste adds to traffic congestion, exponentially increases the likelihood of illegal dumping, pollutes the air, and exacerbates greenhouse gas emissions.

Long Island urgently needs a more sustainable waste management strategy.

Reworld, a leader in sustainable waste solutions for over three decades, offers a solution to this growing crisis. With four strategically located thermomechanical treatment facilities — in Westbury, West Babylon, East Northport and Ronkonkoma — we've been instrumental in helping Long Island manage its waste more efficiently. These facilities are waste ecosystems, and employ a variety of sustainable capabilities that extract valuable resources from what many of us toss in our kitchen bins at home.

For example, each of these facilities houses waste-to-energy technology. By converting waste into renewable energy, we reduce the Island's reliance on landfills while simultaneously generating electricity, thus contributing to the region's energy needs in a sustainable

manner.

Throughout our more than 30 years on Long Island, we've been focused on working with community groups and environmental advocates to lead the way in developing and implementing

advanced solutions to help the region achieve its environmental goals. The journey toward a sustainable future, however, is a collective one. It requires the active participation of residents, businesses and municipalities in waste reduction, recycling and support for sustainable waste management practices.

Our commitment to sustainability also extends to our metal-recovery services, where we recycle over 60,000 tons of ferrous and non-ferrous materials each year. To put this in perspective, the recovered metal could form a chain of paperclips that wraps around the Earth 85 times. This dedication to resource recovery highlights our mission to minimize waste and maximize the value of discarded materials.

For example, improper disposal of medications, whether flushed or thrown away, can lead to pharmaceutical contamination of groundwater, potentially affecting both the environment and public health. That's why we partner with

municipalities throughout the year across Long Island to help organize pharmaceutical take-back events. This gives residents a way to safely and responsibly dispose of expired and unused prescription drugs. By facilitating proper disposal methods, Reworld and its municipal partners are helping reduce the risk of contamination, and help keep our communities safe and healthy by protecting critical infrastructure.

In addition to community programming, Reworld is also driving innovation in sustainable waste solutions on Long Island by implementing new technology at our facilities. We've developed advanced thermal-treatment methods and integrated high-efficiency combustion systems with cutting-edge environmental controls. Our Long Island plants operate with an unprecedented level of efficiency and environmental responsibility.

Long Island stands at a critical crossroads. The decisions we make today will shape the future of our waste management infrastructure. We can no longer rely on outdated methods that damage our environment and strain our communities. By embracing sustainable practices, we can reduce landfill dependency, lower our carbon footprint and create a healthier, cleaner environment for future generations.

Adel Omrani is president, East Region, of Reworld.

We can no longer rely on outdated methods that damage our environment.

LETTERS

thousands of campaign signs that litter our roads and highways. Perhaps they could use leftover campaign funds to hire homeless or unemployed people to collect this litter, along with people who have been sentenced to perform community service.

If candidates refuse to clean up after themselves, your local village, town or county department of highways or public works should do the job and send candidates the bill.

LARRY PENNER
Great Neck

Let's turn the seasonal page, not just on weather

To the Editor:

We are entering a different season in America. It's not a season everyone likes or voted for, but it's changing. For some it's better, for some it's worse. For some it's good news, and for some it's

bad.

Your perspective colors your season. If you love autumn, then you have enjoyed the current season in much of America. You haven't enjoyed it if you've been in the path of a hurricane, but you've enjoyed it if you live in most any other place in America. We've had a dry fall, but it's been beautiful.

Political seasons are hard on the nation. We've been inundated by political advertisements for months. The presidential campaign went on forever. We are so ready to move on.

There's always a new season around the corner. It's best for all of us if we can make the best of each one. They pass by, so enjoy them, love them, roll with them.

Try to make the best of your current season in life. It's not always easy. We don't like the seasons when we're sick, and seasons that are difficult, and even harsh and cruel, come to us all if we live long enough. So, enjoy the good ones.

DR. GLENN MOLLETTE

FRAMEWORK by Lisa LaMagna & Billy Reyes



In between changings of the guard at Buckingham Palace — London

Comments about our stories? Send a letter to the editor to exeditor@liherald.com.

**THE HIGHEST RATED
LOCAL REAL ESTATE
PROFESSIONAL**



125+ TOTAL ONLINE REVIEWS



For Sale



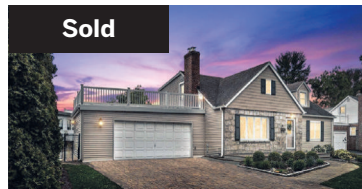
71 Park Way, Sea Cliff, NY | \$1,299,000

Introducing Columbia Cottage, circa 1880, a beautifully preserved gem in the heart of Sea Cliff. Featured in Gaslight & Gingerbread: A Photographic Recollection of Sea Cliff, this home has only grown more enchanting with time, blending modern updates with historic charm. The idyllic front porch, framed by lush greenery and water views, invites you to relax before even stepping inside.



Sold

2B Walnut St, Glenwood Landing, NY



Sold

17 Glen Ln, Glen Head, NY



Sold

29 Radcliff Blvd, Glen Head, NY



Sold

15 Preston Ave, Sea Cliff, NY*



Sold

33 The Glen, Glen Head, NY



Sold

5 Franklin Ave, Sea Cliff, NY



Sold

1 Honey Ln, East Northport, NY



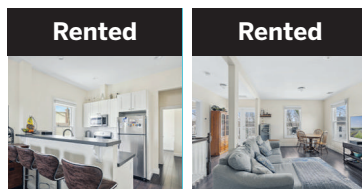
Pending

11 Miller St, Glen Cove, NY



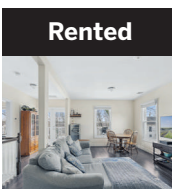
Pending

19 Greenhill Ln, Huntington, NY



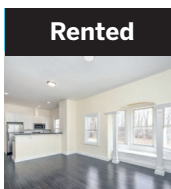
Rented

15 Summit Pl #1W
Glen Cove, NY



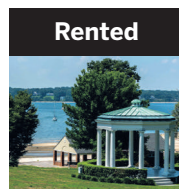
Rented

15 Summit Pl 2F
Glen Cove, NY



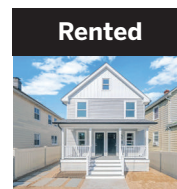
Rented

15 Summit Pl #1E
Glen Cove, NY



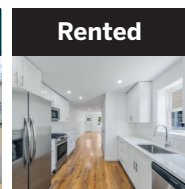
Rented

46 Maple Ave
Glen Cove, NY*



Rented

48 Maxwell Ave
Oyster Bay, NY*



Rented

48 Maxwell Ave
Oyster Bay, NY

Damian's 2024 Real Estate Transaction Activity.

Damian Ross | Associate Real Estate Broker | c.516.369.5868

266 Sea Cliff Avenue, Sea Cliff, NY | damianross@danielgale.com

Visit Online: damianross.danielgale.com



Daniel
Gale

Sotheby's
INTERNATIONAL REALTY

danielgale.com

Client testimonials reflect the unique experiences of individual clients and do not guarantee a similar outcome for everyone. Your results may differ depending on your specific circumstances and approach. Each Office is Independently Owned and Operated. *Sold/Rented with previous brokerage.

